

*The Champions Beyond the Game award honors former women athletes who have excelled in life after college sports. One of our two Champions is from the era when athletic scholarships were not available to women, while our other Champion benefited from a scholarship. We honor our "Champions" and learn how the lessons they learned from athletic competition helped them achieve success in life.*



# CHAMPIONS

# CHAMPIONS BEYOND THE GAME CELEBRATION

*September 26, 2010*

INTRODUCTION	Glenda Thornton   FSU College of Law 1989
INVOCATION	Cassandra Jenkins   FSU 1979/1981
WELCOME	Helen Proctor, <i>Capital City Bank</i> Mary Coburn, <i>FSU Vice President of Student Affairs</i>
OPENING REMARKS	Randy Spetman, <i>Athletics Director</i>
INTRODUCTION OF A CHAMPION <i>Pre-Scholarship Era</i>	Ashley Stager, <i>Women's Softball</i>
CHAMPION'S ACCEPTANCE	Myrt Herndon, <i>2010 Champion</i>
INTRODUCTION OF A CHAMPION <i>Scholarship Era</i>	Kim Williams, <i>Women's Track &amp; Field</i>
CHAMPION'S ACCEPTANCE	Tracy Pepoon, <i>2010 Champion</i>
INTRODUCTION OF COACHES & PLAYERS	Allison Rich, <i>Senior Associate Athletic Director</i>
FEMINA PERFECTA AWARD	Jan Wells   FSCW 1942 Billie Jones   FSU 1972
A THANK YOU TO DONORS	Pilar McShine, <i>Track, Cross Country</i>
CLOSING	Glenda Thornton

## MYRT HERNDON | *2010 Champion*



Myrtis E. Herndon was a 5 sport athlete and National Honor Society member at Miami Edison before coming to FSU. At Florida State, she was a 4 sport athlete, member of F Club, and received the highest athletic distinction of Emblem Wearer. Myrt earned a B.S. in Education in 1954 after which she returned to Miami where she instructed Girl's P. E. at Nautilus Junior High. She continued her education in 1957 at Northern Illinois University where she was a graduate teacher while earning her Masters in Education. Before finishing that degree, she began as Assistant Professor of Physical Education at Hiram College (Ohio). Myrt taught there until 1962 when she dedicated two years to the Peace Corp, teaching in Bangkok. Mert came back to the states, teaching at eight year old USF before returning to Hiram College in 1966. She became Professor of Physical Education, Exercise/Sports Science and was active in many organizations including the USOC. Until her retirement in 1995, she published over 14 books and articles on physical education and sport, winning awards from the International Olympic Committee. Myrt earned her Doctorate from Ohio State University in 1991 and currently serves as Professor Emerita at Hiram College, where the Softball Field proudly bears her name.

## TRACY PEPOON | *2010 Champion*



Tracy Pepon came to FSU from Fort Walton Beach, Florida. At FSU she earned a Bachelor of Science degree in Marketing in 1993, a Bachelor of Science Degree in Multinational Business in 1994, and a Masters of Business Administration in 1998. She joined the FSU Cross Country and Track teams as a walk-on, eventually earning a full scholarship. During her years competing for the Seminoles, Tracy was recognized as the Cross Country team's Most Valuable Performer (1992- 1993) and as the Track team's Distance Most Valuable Performer (1993-1994). While at FSU, Tracy was also on the Dean's List and Conference Academic Honor Rolls. Following completion of her MBA, Tracy joined International Business Machines (IBM) in New York, where she has led numerous key marketing initiatives for the corporation. She has been identified as one of IBM's "Next Generation" of leaders, received multiple awards for marketing excellence and was selected to represent IBM at UCLA's Women's Leadership Institute. Tracy also led a team to create the 25,000-member strong "Super Women's Group" which was recognized by the prestigious national Women's Congress and Women in Technology as a paragon of networking and retention programs. Tracy has continued her love of running, even representing IBM at Penn Relays. Additional hobbies include sailing, painting, and community activism.

*Femina Perfecta, meaning "complete woman" is given to a member of each of the nine teams. The recipient of this award exemplifies the motto on the University seal, which has three torches and the words VIRES, ARTES, and MORES, and the words under the torches on the Florida State College for Women seal FEMINA PERFECTA. This represented the goal of the college for all students. She will not necessarily be the most intellectual, fastest, strongest, top scorer, funniest, etc., but should be the one who is invaluable to the team and who will always make a difference.*

FEMINA



PERFECTA

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