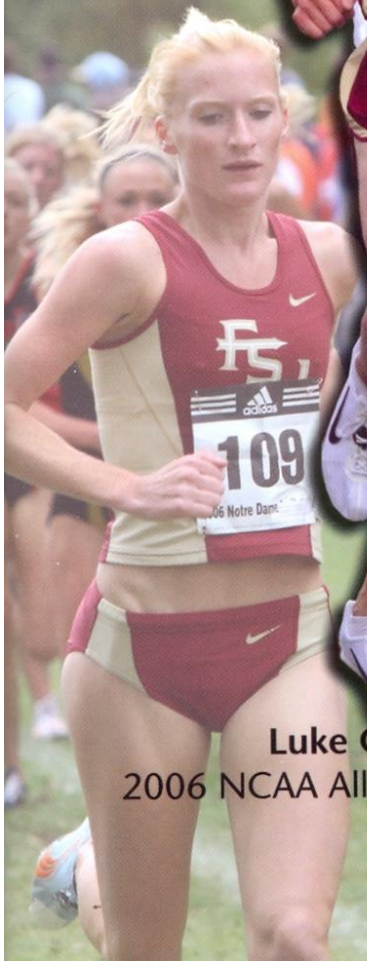


# Florida State University

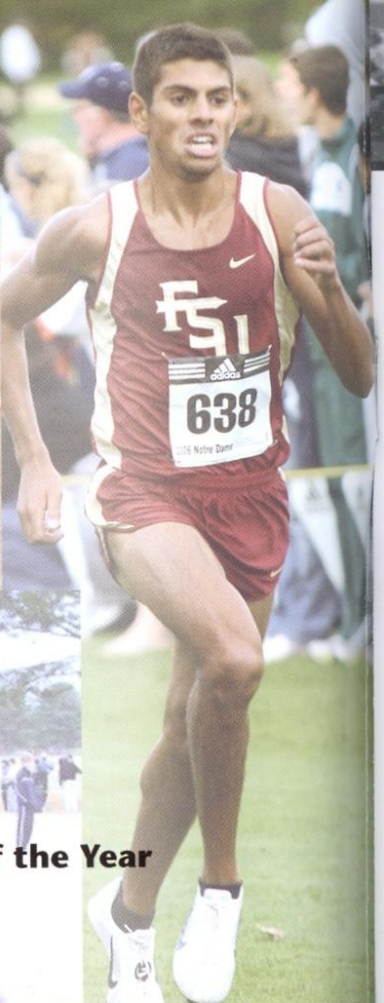
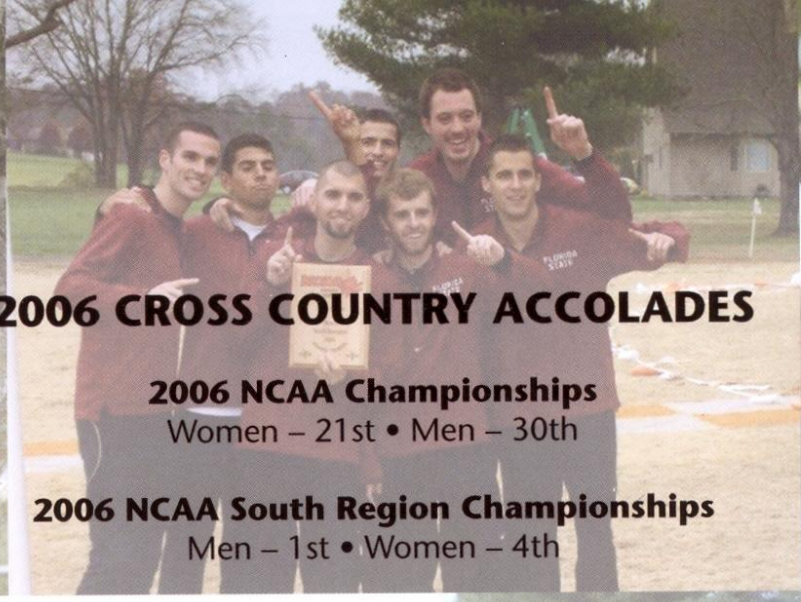


Susan Kuijken  
2006 USTFCCCA All-America

Luke Gunn  
2006 NCAA All-South Region



## 2007 Cross Country Media Guide



**2006 CROSS COUNTRY ACCOLADES**

**2006 NCAA Championships**  
Women – 21st • Men – 30th

**2006 NCAA South Region Championships**  
Men – 1st • Women – 4th

**2006 ACC Championships**  
Men – 2nd • Women – 4th

**2006 USTFCCA All-American**  
Susan Kuijken

**2006 NCAA South Region Women's Cross Country Athlete of the Year**  
Susan Kuijken

**2006 NCAA All-South Region Team**  
Men

- Tom Lancashire
- Andrew Lemoncello
- Luke Gunn
- Mark Buckingham

**Women**

- Susan Kuijken
- Amy Huss
- Jessica Crate
- Abi Wilshire



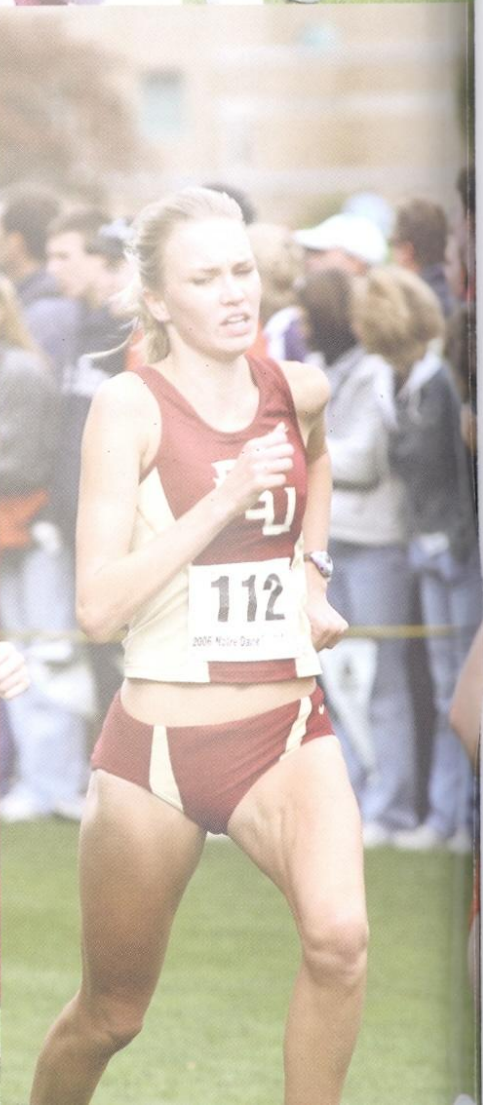
**2006 All-ACC Team**  
Men

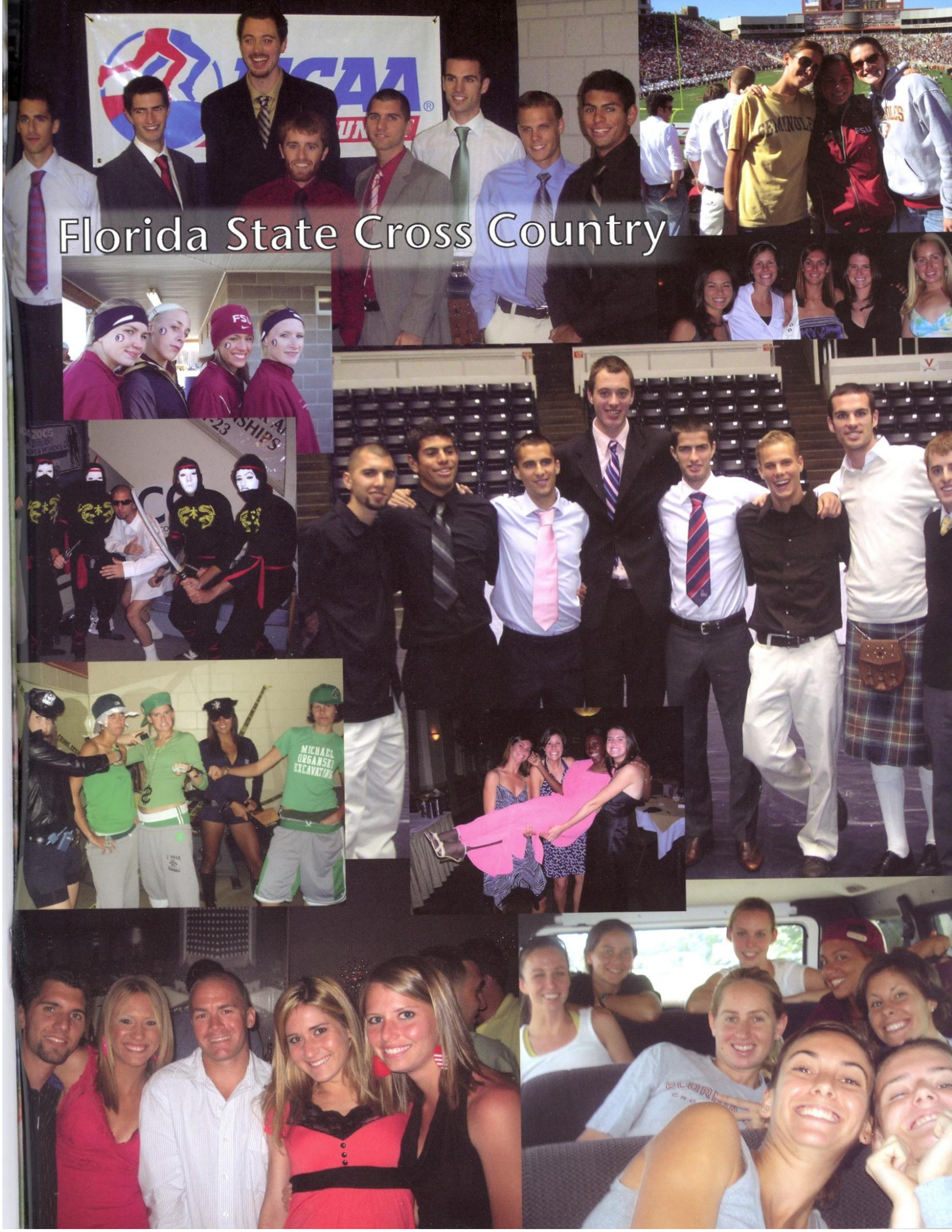
- Andrew Lemoncello
- Tom Lancashire

**Women**

- Susan Kuijken

**ACC Performer of the Week**  
Andrew Lemoncello (October 16)





# Florida State Cross Country





# 2007 Florida State Men's & Women's Cross Country Schedule

**DATE ..... MEET ..... LOCATION ..... TIME**

**AUGUST**

Friday ..... 31 ..... at Covered Bridge Open ..... Boone, N.C. .... 5:45 pm

**SEPTEMBER**

Friday ..... 7 ..... at Mountain Dew Invitational (B Team) ..... Gainesville, Fla. .... 6:30 pm

Saturday 15 ..... Across the State Relay ..... Daytona Beach, Fla. .... All Day

Saturday 22 ..... Florida State Invitational ..... Tallahassee, Fla. .... All Day

Friday ..... 28 ..... at Notre Dame Invitational ..... Notre Dame, Ind. .... 5 pm

Saturday . 29 ..... at Auburn Invitational (B Team) ..... Auburn, Ala. .... 10:30 am

**OCTOBER**

Saturday . 13 ..... at NCAA Pre-Nationals ..... Terre Haute, Ind. .... 11 am

Saturday . 13 ..... at Great American Invitational (B Team) ..... Birmingham, Ala. .... 9 am

Saturday . 27 ..... at ACC Championships ..... Charlottesville, Va. .... 10 am

**NOVEMBER**

Saturday . 10 ..... at NCAA South Region Championships ..... Gainesville, Fla. .... 10 am

Monday . 19 ..... at NCAA Championships ..... Terre Haute, Ind. .... 12 pm

All times are Eastern.

