

## Coaching Staff

# Rick Trickett

ASSISTANT HEAD COACH/OFFENSIVE LINE  
GLENVILLE '72 • FIRST SEASON AT FSU



### TRICKETT'S QUICK FACTS

**Years as a Collegiate Coach:** 34

**Born:** Masontown, WV

**Family:** Married to Tara and has three sons, Travis (quarterbacks graduate assistant at Alabama), Chance (college sophomore) and Clint (high school sophomore quarterback at North Florida Christian)

**Coaching Stops:**

- 1973 — Glenville (linebackers coach)
- 1974-75 — Indiana, PA (linebackers coach)
- 1976-77 — West Virginia (defensive line coach)
- 1978-79 — West Virginia (offensive line coach)
- 1980-81 — Southern Illinois (offensive line coach)
- 1982-85 — Southern Mississippi (offensive line coach)
- 1985 — New Mexico (offensive line coach)
- 1986-88 — Memphis (offensive line coach)
- 1989-92 — Mississippi State (offensive line coach)
- 1993-98 — Auburn (offensive line coach)
- 1999 — Glenville State (head coach)
- 2000 — LSU (assistant head coach/offensive line coach)
- 2001-06 — West Virginia (assistant head coach/offensive line coach)

- One of the most respected offensive line coaches in the country, Trickett is in his first season with the Seminoles
- 2006 Broyles Award nominee
- Behind his offensive lines, West Virginia had three top five rushing offenses and five top 15 rushing offenses in the last five seasons
- After just one season on the job with the Mountaineers, the West Virginia running game went from 35th in the nation in 2001 to second in the country in 2002 behind

- the Trickett-coached line
- In 2006 as the offensive line coach at West Virginia, the Mountaineers were second in the nation in rushing, third in scoring offense and fifth in total offense. Only two other schools in the last 10 years have finished in the top five of each of those categories
- Coached four players drafted in the first round in a six-year span at Auburn
- More than 20 of Trickett's former players have gone on to play in the NFL
- Has coached six All-American offensive linemen in his career
- Thirty players have won all-conference honors under Trickett
- Four of five of his offensive linemen made all-conference at West Virginia the last two years
- Has mentored 13 players that have been named either first or second team freshmen All-Americans
- In one season at LSU Trickett coached three all-SEC linemen
- Received a master's degree from Indiana (Pa.) in 1975
- Was an all-conference strong safety at Glenville
- Trickett is a U.S. Marine Corps veteran



### TRICKETT'S #1 PICKS

Victor Riley (Chiefs No. 1 Draft Choice in 1998)  
Willie Anderson (Bengals No. 1 Draft Choice in 1996)  
Wayne Gandy (Rams No. 1 Draft Choice in 1994)  
Kendall Simmons (Steelers No. 1 Draft Choice in 2001)