

CHAPTER III

THE YEARS AT THE TOP: 1958-1965

1958

There were many missing faces when the Seminoles began their fall drills. Among the missing were ten lettermen of the 1957 squad that had helped run up a 4-1 record. The most prominent departed Seminoles were pole vaulter Warren Strickland, middle distance runner Ken Segner, and versatile Joe Davis. These three men were involved in setting or sharing five school records. However, the 1958 senior dominated team possessed a powerful appearance.

In giving a preseason prognosis, Coach Mike Long characterized the shot and discus events as areas of "definite weakness," but stated "our running strength could possibly be enough to even things out" (FSU Track Brochure File, Spring Sports 1958).

The running strength that Coach Long alluded to was headed by Jack Terwilliger, the bantam speedster. Terwilliger was the 1957 Florida AAU champion in the 220-yard dash and the second fastest Seminole in FSU track history with a :09.7 100-yard dash clocking. Jim Casteel, returning after a three-year absence, was the 1957 Florida AAU quarter-mile champion. Mike Conley, the 1957 Florida AAU mile champion; and Doyle Ruff, the 1957 Florida AAU half-mile champion, comprised the remaining components of an awesome lineup in the running events.

The presence of school record holders Jerry Henderson and Richard Ellwood in the javelin and pole vault, respectively, aided in making the 1958 Seminole dual meet squad the most powerful in the 10 years of track and field at Florida State University.

Finding itself halfway up the mountain of success, the Tribe band worked hard during the off-season. Jack Terwilliger described one of Coach Long's practice drills:

We did what was called the 50-second killer. You would start on the whistle and run like crazy as far as you could in 50 seconds. Where you were at the end of 50 seconds, he put a stake in the ground with your name on it. The first three or four weeks in the fall, you'd be short of the quarter-mile mark. As the weeks went by, that stake would get closer and closer to the 440 pole. Until one day, it was way past it. This was a little bit of psychology Coach Long used in his training. (Terwilliger, 1975)

With the long arduous hours of practice behind them, a small group of Seminoles drove by car to the Atlantic Coast Conference Indoor Championship on March 1 in Chapel Hill, North Carolina (FSU Track Office Files, 1 March 1958). The Seminoles were led by Mike Conley's 4:27.5 win in the mile run. Conley's time paired the indoor mile run record with his outdoor school record.

The mile relay team captured the final event with a school record clocking of 3:29.5. The Tribe finished in second place, nine points behind Virginia Military Institute's winning point total of 26.

The FSU caravan of private cars made an unexpected stop on the return trip home. Coach Mike Long's 1953 Nash Rambler was the lead car with him at the wheel. Doyle Ruff, the half-mile school record holder, had purchased some chewing tobacco. He asked Coach Long if he could chew the tobacco in the car. Knowing that the half-miler was

inexperienced in these matters, the knowledgeable mentor grinned his approval. The inevitable happened very quickly and the FSU parade stopped quickly to let the pale green athlete out of the car. A much wiser young man subsequently returned to his seat (Long, L.S., 1976).

The Seminoles traveled in full strength to participate in the Coliseum Relays on February 13 in Montgomery (FSU Track Office Files, 13 February 1958). The Tribe's 28 points bested Alabama's 23 1/2 and the rest of an outstanding field which included seven Southeastern Conference schools.

Mike Conley led the charge with school and meet records in both the mile and two mile runs. He ran away from a talented field with a very fast 4:18.1 mile time and blitzed the two-mile contingent with a fantastic 9:50.3. The short dirt track was renowned for its reluctance to release fast times. Conley tells of the price he had to pay for his records.

I had blisters up and down both sides of my feet. I lost the big toe nail and every year, at about Montgomery meet time, I lose it again. I must have lost 20 of them by now. (Conley, 1976)

Mike Conley demonstrated his sprint speed by running the third leg on the victorious and school record setting mile relay. The team of Terwilliger, Doyle Ruff, Conley, and Jim Casteel flashed to a 3:27.3 clocking. Richard Ellwood tied his own FSU record in the pole vault with a jump of 13' 2" that earned him third place in the competition.

A successful indoor season had primed the Seminoles for their first outdoor meet against the Paladans of Furman in Tallahassee on

March 27 (FSU Track Office Files, 27 March 1958). The Tribe shattered Furman, 101 1/3 to 34 2/3, in their home opener.

The Seminole jerseys were prominent at the victory stand as Florida State won 13 of 16 events. Jim Casteel won three individual events and ran on two winning relays. He won the quarter-mile in the near school record time of :49.5; zipped over the low hurdles in :24.3; and broad jumped 21' 2" for his three individual triumphs. Casteel anchored the winning 440-yard relay team of Jack Terwilliger, Gary Butner, and Ted Keen, which set a new FSU school and track mark with a time of :42.2. He ran the third leg of the mile relay team composed of Charley Nye at lead-off, Doyle Ruff second, and Jack Terwilliger at the anchor position. The foursome earned the victors' plaudits with an outstanding track record time of 3:21.6 (Tallahassee Democrat, 28 March 1958).

Jack Terwilliger burned the 100-yard dash in :09.7. His winning time tied his own personal best and was only one-tenth of a second off the school record.

Doyle Ruff edged teammate Charley Nye with a track record 1:57.2 clocking in the 880-yard run (Tallahassee Democrat, 28 March 1958). He missed his own school standard by only one-tenth of a second.

At the mile and one-half pole, Tom Keeney started a drive that overtook Furman's Rodney Davis and carried him to victory in the grueling two-mile run (Tallahassee Democrat, 28 March 1958). Earlier in the mile run, Keeney had placed second to running mate Mike Conley.

The Seminoles had only two days rest before the fifteenth running of the Florida Relays in Gainesville (FSU Track Office Files, 29 March 1958). The Tribe went on a rampage against the best in the South. The Seminoles finished the day with 39 unofficial points and the team title (Tallahassee Democrat, 30 March 1958). However, the points were considered unofficial as the meet was not technically scored.

The typical response to the Seminole outburst was summarized by Jack Terwilliger:

We went down there and surprised some folks by winning the whole doggone thing. Coach Long, the "Fox," was primarily responsible for the victory through his shrewd splitting of people into relays. (Terwilliger, 1975)

The Seminole quartet of Terwilliger, Gary Butner, Richard Ellwood, and Jim Casteel set the order of the meet by capturing the 440-yard relay in a time of :42.7. Florida State edged Louisiana Technical Institute, Louisiana State University, and the University of Florida.

Florida State University was just getting started. The two-mile relay team of Ben George, Charley Nye, Doyle Ruff, and Mike Conley whipped the likes of North Carolina, Clemson, and North Carolina State with a clocking of 7:50.8. Doyle Ruff relived the greatest 880 he ever ran:

The 1958 Florida Relays were the last run on the old black cinder track. FSU had a team spirit that year that I've never seen matched. We were truly a "team" team. This was a priceless factor in any relay event, and this was a relay meet.

I was assigned to run third leg of the two-mile relay, handing off to the greatest all-round runner I'd ever seen at FSU, Mike Conley. You must recall that Mike was a miler whose

standard mile relay leg was in the :48's. Well, Mike was so good that it wasn't uncommon to look at him like money in the bank. Charlie Nye ran a good second leg, but couldn't overcome the deficit handed him by a courageous Ben George. Charlie did give me the baton in second place, but we were really in second place. Bishop, the two-miler/miler and Jim Beatty's running mate from North Carolina was already onto the first curve when I turned.

I've read of people lifting automobiles off of injured persons and I've often heard of other areas of extraordinary feats. The common denominator in all of these stories was a great sense of urgency followed by a characteristic lack of memory regarding the specific act. I don't know whether my third leg would fall under such a category, but I do qualify for the loss of memory aspect.

From that moment to this day, I do not remember the first curve. My first awakening occurred at or near the 220 mark when I realized I was about to run up the back of that blue shirt. Once my mind computed what just took place, I eased off and matched pace at a 10-yard distance. All I could think of was that I blew it and I'd be lucky just to be able to pick my legs up during the last 220 yards. I began to pray that Mike would use all of his ability in the last leg. My strategy immediately became one of trying to steadily narrow that 10 yards as much as possible to the handoff zone. At 330 yards out, I couldn't believe how good I felt and was still hesitant to move, but in the last curve I thought "what the hell" and took him. I gave Mike a three-yard lead and needless to say, he put it on ice. As if it were a photograph in front of me, I can still see Mike's crazy grin all the way down the home-stretch. I cannot confirm a split. Coach Long thought at the time that it must have been around 1:51.0. Not bad for a 1:56.0 half-miler. I just couldn't figure out how to do that all the time. (Ruff, 1975)

Florida State University focused the talents of Jim Casteel, Gary Butner, Jack Terwilliger, and Mike Conley on the sprint medley relay. The Seminoles handed a stinging defeat to a quality field that included Duke University. Duke's relay team was strengthened by the presence of Dave Sime. In the 1960 Olympic Games, Dave Sime was the silver medalist in the 100-meter dash.

The Seminoles were in good position after the first two legs by Jim Casteel and Gary Butner. The baton passed to Terwilliger on

the third leg and the spunky sprinter matched strides with the great runner from Duke. At the end of Terwilliger's 220-yard leg, the Seminoles were in the hunt. Mike Conley took control of the stick and strangled the field with his strong anchor leg. The Tribe had flashed to a new school and Relays' record with a time of 3:24.6 (Tallahassee Democrat, 30 March 1958). This mark stood as a school record for 16 years.

In addition to running on three victorious relay teams, Jim Casteel captured the broad jump with a leap of 22' 10". Jerry Henderson topped the javelin field with a throw of 200' 7-1/2". Jack Terwilliger finished fourth in a strong 100-yard dash field with a :10.1 effort.

The mile relay team of Terwilliger, Conley, Ruff, and Casteel blew the final event apart with their Florida Relays and school record run of 3:14.4 (Tallahassee Democrat, 30 March 1958). The quartet had lowered the school record by 6.4 seconds; a mark that would hold until 1969.

Jack Terwilliger remembers his lead-off leg that split :48.6 (Tallahassee Democrat, 30 March 1958) and which gave the Seminoles a commanding lead:

In my senior year, I finally learned how to run that old Florida track. You could not go out real fast with those long straightaways and expect to finish.

I can remember coming around the first curve and heading down the straightaway. I eased up behind a runner from the University of Alabama who had the lead. When the straightaway ended, I moved up on him and let him hear my cleats--then backed off going around the curve. Coming off the curve, I kicked like crazy and flew by him so fast, he just died in his tracks.

We had a lead at the first exchange, I'd say about five or six yards, and by the time Casteel finished, I don't think that the second place team had cleared the curve. (Terwilliger, 1975)

The Seminoles had signaled their intention to be the best in the South by winning all four relays entered and capturing two individual events. The Seminole opponents were placed on notice in a very eye-catching fashion.

The Seminoles continued their display of team power by dumping Roanoke College in Tallahassee on April 2 (FSU Track Office Files, 2 April 1958). The 70 to 43 decision marked the first loss for Roanoke College in 37 consecutive dual meets (Tallahassee Democrat, 3 April 1958). The last defeat for Roanoke College had been at the hands of Clemson University in 1953.

Mike Conley copped a distance double by taking the mile run with a time of 4:23.4 and flowed to victory in the two-mile with a school record time of 10:10.9.

The school record in the 440-yard dash took a beating when Jim Casteel bested teammate Doyle Ruff with a time of :49.0. The versatile Casteel won the low hurdles in :24.5 and the broad jump at 22' 3/4". Somehow, he found enough energy to finish second in the 220-yard dash behind Jack Terwilliger's winning :22.4. Terwilliger had earlier breezed to victory in the 100-yard dash in :09.9.

Roanoke head coach, Elwood Fox, expressed his admiration for the FSU track team by saying, "I have to hand it to Florida State. This is the best track team I have seen anywhere in some time" (Tallahassee Democrat, 3 April 1958).

The Florida State University Seminoles made their biennial sojourn to Gainesville in search of their first dual meet victory over the Florida Gators. April 14 was the date of Florida State's 72 11/15 to 53 4/15 triumph over the fighting Gators of the University of Florida (Florida Times-Union, 15 April 1958). The Tribe won every flat race and held their own in the field events to deal bitter defeat to their intrastate rival.

Mike Conley won the meet opening mile run in a smooth 4:21.4 clocking. The fluid striding distance runner slipped under the 10-minute mark as he flowed to victory in the two-mile run in 9:57.0. The Seminoles were accustomed to his 10 points in the distance events (Ruff, 1975).

The quarter-mile title fell to Jim Casteel's impressive :48.7 effort. The Seminoles lost the next event, the 120 yard high hurdles, but Terwilliger put the Seminoles back in the groove with his :10.0 race in the 100-yard dash.

Doyle Ruff led a Tribe sweep in the 880-yard run with a fine clocking of 1:58.8. Charlie Nye finished second and likeable Ben George was third.

The Gators clipped the top two spots in the 220-yard low hurdles. However, the Seminoles turned the tables in the very next event. Jack Terwilliger bested Jim Casteel with a fine one-turn furlong time of :21.9.

A school record was toppled by Jerry Henderson's strong arm in the javelin. Henderson hurled the spear 215' 6-1/2" to up his school

mark by over 12 feet. Richard Ellwood copped the pole vault with a fine vault of 13' 1-1/2".

After holding a lead at the end of the second leg, the Seminoles closed out the meet by running away with the mile relay. Ellis Goodloe, an outstanding sprinter for the University of Florida, took the baton on the third leg and set dead aim on FSU's Mike Conley, as the smooth striding Seminole was about 10 to 12 yards in front of him. By the 220-yard mark, Conley's lead had dwindled to only four or five yards. However, Goodloe had given the first 220 yards his best shot and had not only not caught the "distance runner," but was now losing ground. For all practical purposes, the race between the two men was over. Conley continued to flow through his quarter-mile toward a split in the high 47s, while Ellis Goodloe struggled the remaining yards on wooden legs (Long, L.S., 1976). The anchor leg by Jim Casteel was merely a matter of form and at the conclusion of his run, the Seminoles owned a 3:22.4 victory.

The Tribe traveled by car to Philadelphia on April 23 for the Pennsylvania Relays. The Seminoles won one event and finished second in another in this most prestigious of all relay carnivals (New York Times, 27 April 1958).

When Jerry Henderson unleashed his winning throw in the javelin, Coach Mike Long turned to a companion in the bleachers and said, "that looks to be about 217' 1" (Long, L. S., 1976). The throw was officially measured at 217' 4"--a new FSU record.

The sprint medley relay team of Jim Casteel, Gary Butner, Jack Terwilliger, and Mike Conley chased Villanova to a sparkling time of 3:22.5. The Seminole quartet finished a very respectable second.

Misfortune struck the Seminole mile relay team as Jack Terwilliger answered the gun slowly and came out of the first turn dead last. He swerved to the outside of the pack on the backstretch and started to move into contention. Terwilliger stayed on the outside as he entered the last turn and continued to move up. Four teams, including FSU, passed the baton simultaneously. Disaster struck when Doyle Ruff was spiked in the confusion and pulled a hamstring muscle. Florida State was out of the race (Long, L.S., 1976). Coach Mike Long commented on the Seminole performance:

I thought our boys did very good. When you get a boy hurt it sort of puts a damper on it and give you a let down. Up until that time that Ruff was hurt, FSU was performing very well. We would have given them a good race in the mile (relay) if Ruff hadn't gotten hurt. We were in as good a position as could be expected that early in the race. (Tallahassee Democrat, 27 April 1958)

The Seminoles invited the University of Miami into their lair on May 1. The Tribe knocked the wind out of the Hurricanes by a 88 to 41 margin (Tallahassee Democrat, 2 May 1958).

Mike Conley began the meet on an auspicious note by taking the mile run with a school record time of 4:14.2. Jim Casteel took the hint and blasted through the quarter-mile in only :48.5. He followed up that school record performance by eclipsing Wes Minton's low hurdle mark by four-tenths of a second with a time of :23.6. Casteel added the broad jump to his credit by traversing 22' 1/4" for this third win of the day.

Jack Terwilliger joined John Poston as one of the two fastest Seminoles afoot by hurrying to a :09.6 clocking in the 100-yard dash. Terwilliger explained his record tying performance as:

Just one of those days you feel particularly good. There was not much good competition. During the race, I heard a commotion behind me and it wasn't until after the race, I learned that our pole vaulter, Richard Ellwood, was running in the hundred and had fallen at the finish. (Terwilliger, 1975)

The winning side of Terwilliger's ledger received an additional entry when the speedster captured the 220-yard dash with his personal best time of :21.1.

A couple of sophomore runners called attention to their presence by winning the 880-yard run and the two-mile run. Charley Nye sailed to a 2:01.0 romp in the half-mile and Tom Keeney became the second fastest two-miler in Seminole track history with his 10:16.2 victory.

Jerry Henderson unleashed a prodigious throw of 227' 5" in winning the javelin. He had improved his own school record by over ten full feet.

The Florida State squad received only two days rest before turning their attention to the Florida AAU Championships. The Tribe found the Gainesville track to their liking and defeated the University of Florida for the second time by a 41 2/3 to 37 margin (FSU Track Office Files, 3 May 1958).

Mike Conley controlled the mile with a winning time of 4:25.6. The senior distance running ace poured on the coal in the two-mile run, steaming to victory in an FSU and Florida AAU record setting time of 9:55.6 (Tallahassee Democrat, 4 May 1958). That race marked the first

time a Seminole had ever run under 10 minutes in the outdoor two-mile run.

The promise Charley Nye had shown in the Miami meet was fulfilled in the Florida AAU half-mile. The Orlando runner won the 880-yard run in a school and AAU record shattering time of 1:56.5 (Tallahassee Democrat, 4 May 1958). The old FSU standard bearer in the half-mile, Doyle Ruff, finished third.

The 220-yard dash was the scene of personal triumph for Jack Terwilliger. The Dade City senior topped arch rivals Ellis Goodloe of Florida, ageless Buddy Fowlkes, and teammate Jim Casteel with a sparkling one curve time of :21.8. Buddy Fowlkes, the former standout sprinter at Georgia Tech, was used by veteran observers as a standard of measure for sprinting excellence (Long, L.S., 1976). Terwilliger had just joined a select circle of dashmen who had bested Buddy Fowlkes. The magnitude of the feat was not lost on him:

The only time I beat Jim Casteel was in the Florida AAU in my senior year. Not only did I beat Casteel, but also Ellis Goodloe of Florida, and Buddy Fowlkes.

There was a very sharp curve at Florida and being short, I practiced running close to the line. I had a very good curve and managed to hold on to win.

That was my last individual race of my career at Florida State. I am probably more proud of the Florida AAU 220-yard dash victory than anything else in my senior year.

Everytime we ran a 220, I'd be out in front and then I'd see a long leg come out in front of me and Casteel would move by--Casteel first and Terwilliger second.

I've wondered to this day if Jimmy let me win that race because it was my last race in college. He was that type of guy. In fact, the guys at Florida State were like that. They wouldn't just let you win, but were people who cared. I think that was the success of our track team. (Terwilliger, 1975)

Jim Casteel powered through the quarter-mile in a Florida AAU record :48.0 to best his 440-yard school record for the second time in three days (Tallahassee Democrat, 4 May 1958). He ran the anchor leg on the victorious mile relay that clinched the 1958 Florida AAU championship for the Seminoles with a fast time of 3:21.0.

A two-man Seminole contingent traveled to Houston for the Meet of Champions on June 7. Coach Long took Mike Conley and Jim Casteel in his own private car (Long, L.S., 1976).

The mile run developed into one of the best races of the meet. The top runners, including Conley, remained tightly bunched throughout the race. The competition did not really begin until there were only 220 yards left to run. Five different men took their turn at leading the race during those final yards. Coming off the last curve, Coach Long felt that his athlete would win (Long, L.S., 1976). Conley was timed at 4:05.7, only three-tenths of a second behind Oklahoma's Hodgeson's winning time of 4:05.4 (FSU Track Office Files, 7 June 1958). Mike Conley described his race:

The early parts of the race are a blur, but I remember that the 1:58 or 1:59 half-mile split scared me, I couldn't believe it. I remember coming off the curve with two guys in front of me and I caught one of them, but not the other. (Conley, 1976)

Although advancing to the semi-finals in the quarter-mile, Jim Casteel failed to place in the 440-yard dash.

The Seminoles traveled to Berkeley for the NCAA Outdoor Track and Field Championship on June 13-14. Coach Mike Long entered Mike Conley in the mile run and Jim Casteel in the 440-yard dash. Neither man was able to find the magic necessary to snare a place.

Summary. The Tribe had concluded the most impressive stint in their ten-year history of track and field. The Seminoles were undefeated in dual meet competition and battered arch rival Florida for the first time in their third encounter. The Tribe won the Coliseum Relays Championship, the unofficial Florida Relays title, and the Florida AAU crown.

Individual and relay school records fell like rain as the onslaught by talented performers bettered 12 university marks. Many of these records would last for years.

Mike Conley was considered by many of his contemporaries to be the most impressive runner on the talented 1958 squad. Charley Nye, school record holder in the half-mile, explained why:

One day, Conley would work-out with you in your event and just run away from you. Then the next day, he would be gone. You wouldn't see him for another month or so. Just when your ego was recovering, he would return and do it to you all over again. (Nye, 1975)

Mike Conley set two pairs of distance records in 1958. On February 13 in Montgomery, Conley spun-out two races that were simply incredible. He turned the slow indoor dirt track in an astonishing 4:18.8 for the mile. Later that same night, Conley dropped the FSU indoor two-mile record to 9:50.3.

Coach Long observed that, "Conley ran only as fast as necessary to win" (Long, L.S., 1976). Since Conley was better than his competition, no one was ever sure how fast he would have run if exposed to more national level competition (Long, L.S., 1976).

The outdoor equivalents to Mike Conley's indoor mile and two-mile school records were also set in 1958. On May 3 in the Florida

AAU meet, Conley lowered the FSU record in the two-mile run to 9:55.6. The mile record was established at the Meet of Champions in Houston with a sterling 4:05.7 clocking. The mile record stood untouched for 17 years.

Jim Casteel set two individual school records in his first varsity year back at Florida State University after a three-year lay-off. He lowered the quarter-mile school record to :47.0 in the Georgia AAU. This mark remained unbroken for eighteen years. Casteel broke his old school record of :49.4 four times during the 1958 campaign. He also captured the 220-yard low hurdle standard with a sparkling time of :23.6.

Jerry Henderson became the first Seminole to win an event in the Pennsylvania Relays. His toss of 217' 4" topped a quality field of spear-throwers. One short week after the Pennsylvania Relays, Henderson uncorked a prodigious school record setting throw against the University of Miami. His javelin traveled 227' 5" before the tip bit the ground. An injury during practice cut his throwing career short:

I hurt my arm trying to strengthen it by throwing half of a vaulting pole. I should have realized you couldn't snap your arm with that much weight. I reinjured the elbow and that was that. (Henderson, 1975)

Richard Ellwood finally snagged the pole vault record with a vault of 13' 4" (FSU Track Brochure File, Spring Sports 1959). He had previously shared the record with Warren Strickland at 13' 2".

The Florida AAU half-mile was won by surprising FSU sophomore Charley Nye. His 1:56.5 clocking erased the old school record held by Doyle Ruff who ran third in that race. Jack Terwilliger grabbed a

share of John Poston's 100-yard dash record by ripping to a :09.6 clocking against the University of Miami on May 1.

The Seminoles rewrote four relay entries in the school record books. The Tribe set three of them on that memorable at the 1958 Florida Relays. The Seminole foursome of Ben George, Charley Nye, Doyle Ruff, and Mike Conley raced to victory in the two-mile relay with a time of 7:50.8.

The sprint medley quartet of Jim Casteel, Gary Butner, Jack Terwilliger, and Mike Conley overcame the efforts of a great Duke University team and sped to a sterling school and Florida Relays record time of 3:24.6. Their school record withstood the test of time for fifteen years.

The mile relay was the final event in the 15th Annual Florida Relays. Seminoles Terwilliger, Conley, Ruff, and Casteel were ready. This foursome raced to victory and established a school record that resisted the attempts of the next 10 generations of Tribe mile relays to better that mark until yielding in 1969. The fast four covered the mile in 3:14.4.

The lone relay mark that was not set in the Florida Relays occurred in the Furman University dual meet on March 27. Jack Terwilliger, Gary Butner, Ted Keen, and Jim Casteel signaled their readiness to run in the 440-yard relay with a record shattering time of :42.2.

The Seminoles had celebrated their 10th anniversary with the best team in FSU history. The key word throughout the season was

"team." Jack Terwilliger felt that their team spirit was the reason for their extraordinary success:

We had a fantastic amount of team spirit. People understand how you can get excited about football or basketball, but a track team? We really did. There were team meetings before the meet and we got fired up. There were guys stationed around the track encouraging their teammates. There was a sense of caring--I really mean caring. I feel that the spirit was largely responsible for our success. (Terwilliger, 1975)

Jack Terwilliger was not alone in his judgment that team spirit was the cornerstone of the FSU success story. Jerry Henderson related how team spirit contributed to the overall effort:

I've never seen a team with greater spirit. The members are always helping each other, even after they have run their events and would have normally be expected to rest. (Tallahassee Democrat, 9 May 1958)

1959

Coach Mike Long was embarking on his fifth year at the helm of the Seminole track juggernaut. Long's tracksters had compiled a 20-3 win-loss record for an amazing .870 winning percentage. The Tribe track program had reached a zenith in 1958 when they captured the Coliseum Relays, Florida Relays, Florida AAU, and performed well in the Pennsylvania Relays. For the first time since the conception of the program in 1949, Florida State rang up an undefeated dual meet record as they emerged victorious over four quality opponents.

The lockers of sprint star Jack Terwilliger, distance standout Mike Conley, and ace javelin thrower Jerry Henderson would stand empty in 1959. However, the Seminoles confidently awaited the opening of the new season. This confidence sprang from the presence of Jim

Casteel, holder of two individual school records, and school standard bearers Charley Nye in the half-mile and Richard Ellwood in the pole vault. The coaching staff was expecting strong performances from juniors Ted Keen in the sprints, Claude Grizzard in the low hurdles, and Tom Keeney in the distance events (Long, L.S., 1975). The maturation of sophomores Kent Mills in the distance races and Charles Drago in the weights, into solid point contributors was a key factor in the aspirations of the 1959 Seminoles.

The only weak event on paper was the javelin, an area traditionally strong for the Tribe. The lack of an adequate replacement for the departed Jerry Henderson left the Seminoles vulnerable in the spear throwing event.

With an increase of \$1,700, the track budget moved over the \$10,000 mark. The total operating budget for track and field for 1959 was set at \$10,200 (FSU Athletic Office Budget File, 1958-1959).

The Florida State track men put the athletic department's money to good use by successfully defending their Coliseum Relays championship in Montgomery on February 14 (FSU Track Office Files, 14 February 1959). The Tribe outpointed runner-up Georgia Tech and a host of strong contenders. The final tabulation showed Florida State with a 10 1/2 point bulge in the 31 1/2 to 21 victory over Georgia Tech.

Jim Casteel led the Seminoles with victories in the 60-yard dash and broad jump with efforts of :06.4 and 22' 2", respectively. Casteel's effort in the 60-yard dash tied the meet record (Tallahassee Democrat, 15 February 1959). The talented Avondale, Georgia, senior ran the anchor leg on FSU's winning mile relay. Charley Nye, Ron

Harrison, and Doyle Ruff joined Casteel in the relay that recorded a 3:30.7 clocking. Despite not winning another event, the Seminoles used their strong depth to accrue their remaining 16 1/2 points.

The Seminoles put their show on the road outdoors as they invaded Coral Gables on March 7 to do battle with the University of Miami (FSU Track Office Files, 7 March 1959). The Seminoles were led on the warpath by Jim Casteel's twin victories in the 440- and 220-yard dashes. He was timed :50.5 in the quarter-mile and sped through the furlong in :21.3.

Fulfilling the promise of greatness, Ted Keen grabbed the third slot on the all-time Seminole sprint list with his :09.7 victory in the 100-yard dash. The FSU high hurdle mark, set by Wes Minton in 1953, was broken by the flashing feet of a young man returning to his high school track. Tom Chivers related his feelings about that race:

The :15.1 record was my most enjoyable race. I had many of my high school friends there, as I had practiced in high school on that track. I can even remember my old scoutmaster observing the meet. Also, FSU really walked over Miami that meet. (Chivers, 1975)

Kent Mills continued the runners' assault on the school record book by taking the two-mile run with a fine time of 9:52.5. Doyle Ruff and Ron Harrison closed out the outstanding individual running performances with a 1:59.1 clocking in the half-mile and a :24.2 effort in the 220-yard low hurdles, respectively.

The field event men showed that they were equally adept at record smashing by destroying the old FSU marks in the shot put and discus. Don Ostergaard flipped the ironball 49 feet even to whip Schroeder of Miami and FSU's Charles Drago. The Florida State

weightmen exchanged places in the discus as Charles Drago took top honors in the discus with a heave of 147' 9-1/2". Again, Schroeder was second and Ostergaard finished in the show slot.

The Seminole quartet of Roy Jones, Charley Nye, Doyle Ruff, and Jim Casteel floated to an easy 3:27.3 triumph in the meet-concluding mile relay. The Tribe had run up a 90 1/3 to 41 2/3 winning margin.

March 14 in Baton Rouge was a long, miserable afternoon for the Seminoles. Louisiana State University, early season favorites to win the Southeastern Conference, brought Florida State's seven-meet-winning streak to a screeching halt. Led by all-American football halfback Billy Cannon and Ralph Fabian (Tallahassee Democrat, 15 March 1959), the Tigers won 11 of 16 events on their way to an 86 to 50 triumph (FSU Track Office Files, 14 March 1959).

Tom Keeney became the second fastest miler in Seminole track history by the virtue of his 4:21.5 win in the mile run. The remaining four Tribe victories were achieved by Jim Casteel in the 440-yard dash (:48.3), Kent Mills in the two-mile run (10:01.5), and with Steve Long and Richard Ellwood sharing the top spots with LSU track men in the high jump and pole vault. Steve Long, the eldest son of FSU mentor Mike Long, gained his position with a leap of 5' 10", and Ellwood cleared 13' 1" in the pole vault for his share of first place.

The Seminoles journeyed to Hollywood, Florida, for the Hollywood Invitational on March 17. The Seminole foursome of Charles Nye, Ron Harrison, Doyle Ruff, and Jim Casteel captured the invitational mile relay with a time of 3:19.4 (Miami Herald, 18 March 1959). The team entry had been limited by the meet selection committee.

The Seminoles returned to Tallahassee to face Furman University on the 26th of March. The Tribe pounded to an overwhelming 108 to 28 defeat of the Paladians (FSU Track Office Files, 26 March 1959).

Doyle Ruff regained his school record by beating Charley Nye with a 1:56.0 victory in the 880-yard run. Tom Chivers tied his own school mark in the 120-yard high hurdles when only :15.1 elapsed between the firing of the gun and his breaking of the finish yarn.

The second fastest 220-yard dash by a Seminole was run by Jim Casteel as he captured the furlong with a brilliant :21.0. Richard Ellwood upped his school standard in the pole vault by one-half inch with his winning jump of 13' 4-1/2".

The fourth school record was broken when Kent Mills took a mere 9:54.6 to complete the two-mile circuit. The sophomore outdistanced all of his competition.

Coach Mike Long removed two of his stars from the mile relay and gave two reserves an opportunity to run. The foursome of Towes, Taylor, Ruff, and Nye copped the final event with a time of 3:28.9.

The Seminoles returned to the scene of their greatest day in track and field on March 28 to compete in the 16th Annual Florida Relays (FSU Track Office Files, 28 March 1959). On a cold and windy day (Tallahassee Democrat, 29 March 1959), the Tribe was only able to duplicate one of their four 1958 relay victories.

The foursome of Roy Jones, Charles Nye, Doyle Ruff, and Tom Keeney successfully defended their two-mile relay crown. Running on a new grasstex surface (Long, L.S., 1976), this fast stepping Seminole team raced to a 7:49.1 school-record setting victory.

Florida State University was in the thick of the battle for the title in the hotly contested mile and sprint medley relays, but the Seminoles emerged with only a third place finish in the mile relay and a fourth in the sprint medley to show for their efforts.

Tying for first place, Richard Ellwood was one of three men to clear 12' 11" in the pole vault. Kent Mills ran the fastest race of his life in the two-mile run, establishing a new school record, only to find his clocking of 9:31.4 fast enough for fourth place.

The Seminole entertained the University of Florida on April 11 in Tallahassee (FSU Track Office Files, 11 April 1959). The fans were treated to a parade of Seminole winners as Florida State stormed to an 82 1/6 to 48 5/6 dismantling of the Gators.

The meet was opened on a winning note for the Tribe as Tom Keeney captured the mile run with a time of 4:25.6. His second win came in the two-mile, overtaking teammate Kent Mills in the late stages of the race (Tallahassee Democrat, 12 April 1959), to become the third Seminole ever to run under 10 minutes with a strong 9:53.6 triumph.

Jim Casteel was another Seminole double winner as he loped to a :49.2 victory in the quarter-mile and devastated the 220-yard dash field in :21.2. Ted Keen performed well despite running a 100 degree temperature before the meet. The Atlanta native sped to victory in the 100-yard dash (:09.8), finished a close second to Casteel in the 220-yard dash, and placed second in the pole vault (Tallahassee Democrat, 12 April 1959).

Florida's Ron Allen edged FSU's Doyle Ruff, in a near dead heat, in the 880-yard run. The race was so close that both men were

awarded the time of 1:54.9, a new record for both schools (Tallahassee Democrat, 12 April 1959).

The shot put event was the scene of intense competition as FSU's Charles Drago and Don Ostergaard both broke the existing school mark and failed to win. Drago's throw was measured at 49' 8" and Ostergaard's heave at 49' 5-1/2", but Beaver of Florida won the event at 50' 4".

Continuing his steady progress, Steve Long became the third Seminole in FSU history to clear six feet in the high jump by winning the event at 6' 1/2". Competing in his fourth and final Florida-Florida State dual meet, Richard Ellwood found the winning combination in the pole vault. His jump of 13' 7" established a new school mark. The team of Roy Jones, Charley Nye, Doyle Ruff, and Jim Casteel ended the meet happily for the home town crowd by taking the mile relay with a time of 3:23.3.

The Seminole caravan traveled to Greenville, South Carolina, for the second annual News-Piedmont Relays on April 18 (FSU Track Office Files, 18 April 1959).

Inclement weather inhibited performances (Long, L.S., 1976), but did not prevent the Seminoles from entering the winning five relays. First, the Seminoles captured the 440-yard relay with a slow time of :43.01. Then Florida State bested Furman University, Citadel, and the University of Tennessee in the sprint medley relay with a time of 3:35.02.

Now it was the distance men's turn, as they continued the winning parade by adding the distance medley to the Seminole collection

of victories. They were on the track for 10:38.05 to set a new school standard for the infrequently run event. The sprinters returned to the fore and established a new school mark in the 880-yard relay with a quick time of 1:30.5.

Field event men Charles Drago and Richard Ellwood were making things happen on the field. Drago threw the platter 153' 3-1/2" for victory in the discus. His throw was a new school record as he became the first Seminole to propel the discus more than 150 feet. Richard Ellwood coordinated the use of muscle and pole in vaulting 13' 4". This was the best performance of the day in the pole vault.

The action reverted to the track for the mile relay. The Seminoles made it five for five in the relay events with a fine 3:25.0 winning effort. The Seminoles had run up a 74 1/2 point total to register a 25-point triumph over Furman University. Jim Casteel was selected as the most outstanding athlete of the 1959 News-Piedmont Relays (Tallahassee Democrat, 19 April 1959).

The Tribe returned to the track on April 24-25, in the Pennsylvania Relays (FSU Track Office Files, 24-25 April 1959). The Seminoles placed third in the college two-mile relay behind the University of Michigan and Pennsylvania State. The Tribe mile relay grabbed third in the Big 50-Mile Relay Series as North Carolina College won the event in 3:14.7 and Georgetown University was second.

Florida State University's next competition was on May 2 for the Florida AAU Championships held in Tallahassee. The Seminoles completely outclassed a seven-team field. With only four first place performances, the Tribe used its depth advantage to garner 61 9/10

points to bury the second place Florida Gators. The University of Florida managed to gather a meager 29 1/2 markers (FSU Track Office Files, 2 May 1959).

Jim Casteel took his specialty, the quarter-mile, in :49.0. Doyle Ruff was only one and five-tenth seconds off his school mark with a new Florida AAU record setting 1:56.4 triumph in the 880-yard run (Tallahassee Democrat, 3 May 1959).

FSU's only double winner Charles Drago unleashed a school and Florida AAU record shattering throw of 154' 10-1/2" in the discus. He also gained a measure of revenge over Beaver of Florida with a shot put victory of 49' 1". A new Florida AAU record in the two-mile run of 9:43.5 by Kent Mills (Tallahassee Democrat, 3 May 1959) rounded out the Seminole contingent in the winner's circle.

The Seminoles closed out their season in Atlanta on May 23 for the Georgia AAU Championships. Florida State's sole win came in the mile relay, but FSU used their overall depth to great advantage in accumulating 52 points, well over Georgia Tech's second place total of 32 1/2 markers (Tallahassee Democrat, 24 May 1959).

The Seminoles captured seven seconds and three thirds before the team of Claude Grizzard, Charley Nye, Doyle Ruff, and Jim Casteel won the last event of the meet. The Tribe foursome moved the baton through the mile in 3:23.8.

Summary. The 1959 squad had been faced with the unenviable task of following in the large footprints left on the track by the talented team of 1958, and they came through with flying colors. The team had won three of four dual meets losing only to the Southeastern

Conference champions (University of Georgia, 1976) Louisiana State University. The Tribe captured the Coliseum and News-Piedmont Relays titles and added the Florida and Georgia AAU championships to their victory ledger.

The 1959 edition of Tribe track found the solution to the nagging absence of a weightman which had plagued the team since the graduation of Jerry Jacobs in 1956. Charles Drago and Don Ostergaard shared a new FSU mark in the shot put at 49' 8". Drago grabbed the discus record for himself with a throw of 154' 10-1/2".

Four Seminole standouts closed out their careers at Florida State University in record breaking fashion. Richard Ellwood completed his four-year stint at FSU with a new school mark of 13' 7-3/4" against the Florida Gators. Doyle Ruff finished his career in comparable style with a new FSU record-setting performance of 1:54.9 in the 880-yard run against the University of Florida on April 11.

Tom Chivers set a school record in the 120-yard high hurdles against the University of Miami on March 7 with a time of :15.1. He tied his record on March 26 against the Furman Paladans.

On four different occasions, Kent Mills ran under Mike Conley's two-mile standard. It was ironic that his school record time of 9:31.4 gained him only fourth place in the Florida Relays.

The Seminoles rewrote the record book entry in one relay and made two new relay postings. The Tribe ran the 880-yard and distance medley relays for the first time in the News-Piedmont Relays on April 18. Florida State was successful in both attempts with victory

clockings of 1:30.5 in the 880-yard relay and 10:38.05 in the distance medley relay.

The team of Roy Jones, Charles Nye, Doyle Ruff, and Tom Keeney raced to first place in the two-mile relay, establishing a new record time of 7:49.1, in the Florida Relays.

1960

The Seminole track program had reached a plateau of prominence during the 1957-58 and 1958-59 seasons. The difficult task of maintaining this position of leadership stared the 1960 Seminoles squarely in the face. The task was made more demanding by the loss of five school record-holders after the 1959 season. Doyle Ruff (880-yard run), Tom Chivers (high hurdles), Richard Ellwood (pole vault), Jim Casteel (440-yard dash and low hurdles), and Charles Drago (discus).

The Tribe's losses had been great; however, the Seminoles' chances for success were bolstered by the return of sprinter-vaulter Ted Keen; Ron Harrison, 440-yard dash man; Tom Keeney, miler/two-miler; Kent Mills, school record holder in the two-mile run; and Don Ostergaard, co-holder of the shot put school record. Moving up from the freshman squad were promising point earners Bill Davis, Jack Brocksmith, Dave Ellis, Ed Hays, Terry Long, Quentin Till, and Bill Welch.

The only weakness appeared, once again, to be in the javelin, as the responsibility rested solely on the young shoulders of sophomore Jim Maroon. The 1960 Seminoles possessed outstanding talent. If the young athletes matured, the prospects for a rewarding season would be bright.

The financial situation for FSU spring sports darkened at a time when the cost of living index was steadily on the rise (U.S. Department of Health, Education, and Welfare, 1975). Every spring sport absorbed a setback with track being slashed \$2,100 (Athletic Office Budget File, 1959-1960). The austerity program spelled hardship for a sport already operating on a financial shoestring.

Florida State University began and ended their abbreviated indoor schedule by competing in the Third Annual Coliseum Relays on February 20 in Montgomery (Montgomery Advertiser, 21 February 1960). The Coliseum Relays record leap of 6' 2-1/2" by FSU's Steve Long provided the lone Seminole victory. The mile relay provided a classic example of racing strategy overcoming superior talent.

The 1960 FSU track brochure listed Claude Grizzard as 6' 2" and 190 pounds (FSU Track Brochure File, Spring Sports 1960), attributes he used to his advantage in the mile relay. Every time the Northeast Louisiana lead-off man gave Grizzard a glimpse of daylight on the inside on the turn, he would drive into the opening, forcing his lighter opponent to the outside. Claude Grizzard described the result:

I ran the first leg of the mile relay against, among others, one of the Styron twins from Northeast Louisiana State. Between the two twins, they had won practically every event. During the race I was able to pass my opponent twice on the inside. He was just too fast for the tight turns and had to move into the second lane. I handed the baton off to Quentin Till in first place. (Grizzard, 1975)

Using good racing strategy and his physical tools, Claude Grizzard had overpowered a more talented opponent. However, the Tribe eventually finished second in this event.

The Tribe struggled for points but Northeast Louisiana State University, led by the Styron twins, dominated the meet with 43 points. The University of Kentucky was second with 20 points and the Tribe fell to the show slot with 16 markers after having won the championship in 1958 and 1959.

The outdoor season began with an encounter against the University of Miami on the Seminole's home track on March 12. The Tribe rode the school record performances of Ron Harrison, Don Ostergaard, and Steve Long to a resounding 95 to 41 smashing of the Hurricanes (FSU Track Office Files, 12 March 1960).

Through the efforts of Claude Grizzard, Quentin Till, Ron Harrison, and Bill Davis, the Seminoles opened the meet with a swift 1:31.0 victory in the 880-yard relay. The Seminoles went on to capture 13 of 16 events.

In addition to appearing in the 880-yard relay, Ron Harrison scored three victories by taking the 100-yard dash in :09.8, the 220-yard dash with a time of :20.7, and the low hurdles at :24.0. Although Harrison's time in the furlong of :20.7 bested John Poston's school record, a strong following wind invalidated his record bid (Tallahassee Democrat, 13 March 1960).

Don Ostergaard took the shot put with his school record setting throw of 52' 4-1/4". A second school record occurred in the high jump as Steve Long bounded over the bar at 6' 5-3/4". Long's mark also set a new track record for the high jump (Tallahassee Democrat, 13 March 1960). A substitute mile relay composed of Don Roberts, Terry Long,

Quentin Till, and Bill Davis ended the meet with a Seminole victory in 3:27.7.

The Seminoles chalked up their second dual meet win in as many starts against Furman University in Tallahassee on March 21. The Tribe employed power and depth in accumulating an $87 \frac{2}{3}$ to $52 \frac{1}{3}$ winning margin (FSU Track Office Files, 21 March 1960). Ron Harrison and Tom Keeney keyed the victory effort with two victories apiece. Keeney coped both the one and two-mile runs with times of 4:28.5 and 10:01.0, respectively. Competing in four events, Harrison won two, finished second once, and ran the second leg on the triumphant 440-yard relay team. The tall sprinter's only defeat came when teammate Ted Keen ran :10.0 in the 100-yard dash. Harrison galloped through the 220-yard low hurdles in :23.8, only two-tenths of a second off the school record. He finished the day with a :21.0 performance in the 220-yard dash.

Running in only his second varsity meet, Bill Welch broke Tom Chivers' school record in the 120-yard high hurdles with a winning time of :15.0. Don Ostergaard raised the school record in the shot put for the second consecutive meet. He heaved the shot 52' 8-1/2" only to finish second behind Furman's Ken Garrett. For the second week in a row, Steve Long captured the high jump with a fine jump of 6' 2-3/4".

With two dual meet victories under their belts, the Seminole thinclads geared up for their rematch with Louisiana State University. The lone Tribe loss of the 1959 season had come at the hands of the Tigers. The meet was held on March 24 in Tallahassee. The Seminoles parlayed strong running and clutch field event performances into a

very satisfying 79 1/2 to 55 1/2 victory (FSU Track Office Files, 24 March 1960).

Tom Keeney opened the meet on the right foot for the Tribe with a strong run in the mile. His victory was clocked at 4:21.8. Quentin Till followed Keeney's winning example by taking the 440-yard dash in :49.7. He became the third Seminole ever to crack the 50-second barrier in the quarter-mile.

Before the start of the 100-yard dash, Ralph Fabian, LSU's premier sprinter, asked the officials if the finish yard could be lowered so it would not hit him in the face (Tallahassee Democrat, 25 March 1960). Actually, he had little to worry about as FSU's Ron Harrison broke the tape for him in both the 100- and 220-yard dashes. Harrison's times were a very fast :09.7 for the hundred and a :21.2 clocking for the furlong.

Florida State managed to win only two field events, but captured both second and third places in the four field events won by the Tigers. FSU's Steve Long made the LSU high jumpers his third victim in a row with his winning leap of 6' 3". Jeff Clark won the discus with a heave of 140' 1/4" for Florida State's second field event victory. Claude Grizzard, Tom Keeney, Bill Davis, and Quentin Till added the mile relay points to the Seminole total with a respectable 3:25.2 performance.

The Seminoles entered their third meet in five days by taking part in the 17th Annual Florida Relays on March 26. The Tribe turned in some fine efforts, but had little to show by the end of the day (FSU Track Office Files, 26 March 1960).

A school record shattering throw of 53' 7-3/4" by Don Ostergaard netted him only a fourth place finish. Steve Long jumped 6' 2-1/4" in the high jump and found himself in an identical position. Ken Mills toured the two miles in 9:48.8, receiving another fourth place result.

In relay races, the Seminoles continued to meet frustration. The mile relay of Grizzard, Davis, Till, and Harrison obtained the highest finish when their 3:16.5 clocking placed them second. It was the second fastest mile relay ever run by a Seminole team; yet, Northeast Louisiana State won easily in 3:12.5.

The 440-yard relay and the sprint medley relay both finished fifth. Ted Keen, Bill Davis, Quentin Till, and Ron Harrison became the second fastest Seminole 440-yard relay contingent with a quick :42.7 clocking. The sprint medley relay foursome of Till, Harrison, Keen, and Tom Keeney registered the second fastest Florida State time ever with a 3:30.0 effort.

A small number of Seminoles traveled to Austin for the 33rd Annual Texas Relays on April 1-2 (FSU Track Office Files, 1-2 April 1960). The 880-yard relay team of Ted Keen, Bill Davis, Quentin Till, and Ron Harrison lowered the school record of this rarely run event to 1:29.1. The Seminoles placed third; however, only three teams managed to finish the race. Steve Long was the only other Seminole placer, tying for third in the high jump with a leap of 6' 0".

Entering their third consecutive relay carnival, Florida State University successfully defended their News-Piedmont title by

outdistancing Furman University 100 1/5 to 77 3/5 on April 16 in Greenville, South Carolina (Tallahassee Democrat, 17 April 1960).

The Seminoles were paced by victories in three relays and four individual events. The Tribe quartet of Ted Keen, Bill Davis, Quentin Till, and Ron Harrison copped the 440-yard relay with a sparkling time of :42.6. A school record resulted in the half-mile relay when the men who had comprised the quarter-mile relay returned to the track, blasting to a 1:28.1 clocking.

The powerful stride of Ron Harrison carried him to a :09.8 triumph in the 100-yard dash. For his work in three winning relays and his victory in hundred, Ron Harrison was awarded the outstanding athlete of the meet trophy.

Three Seminoles earned themselves victory honors in the field events. Jim Maroon hurled the javelin 181' 8" for his first victory as a Seminole. The high jump gold medal went to Steve Long as he cleared 6' 3-1/4". Keith Crawford became the fourth Seminole to broad jump over 23 feet with his winning leap of 23' 1".

The Tribe brought a successful afternoon to a satisfying conclusion with a victory in the mile relay. The team of Quentin Till, Lloyd Evans, Claude Grizzard, and Ron Harrison sped to a 3:22.5 clocking.

With the series between the two schools tied at two all, Florida State University returned to Gainesville on April 25 for their annual confrontation with the University of Florida. Double victories by Tom Keeney and Ron Harrison keynoted a hard fought 79 1/2 to 56 1/2 Seminole victory (FSU Track Office Files, 25 April 1960). The Tribe triumphs in the 440-yard and mile relays were instrumental in FSU's

winning effort. Keen, Davis, Till, and Harrison opened the meet with a :42.9 win in the quarter-mile relay. Tom Keeney followed with a command performance in the mile run of 4:25.3 and continued his mastery in the two-mile race with a 10:08.2 clocking.

Bill Welch took the high hurdles in :15.3, while Don Ostergaard added the shot put title with a toss of 51' 5-1/2". Ron Harrison topped the 100-yard dash field with a time of :10.0 and then pulled teammate Ted Keen to a sweep of the top two places in the furlong with a :21.6 clocking. Claude Grizzard copped the 220-yard low hurdles to complete the Seminole's entries in the winner's circle.

The mile relay team of Till, Davis, Grizzard, and Harrison added the finishing touches to a fine meet by taking the final event in 3:22.0. The total team effort was demonstrated by sixteen Seminoles breaking into the scoring column. A University of Florida athlete made the dual meet win over the Gators even more satisfying.

After the dual meet with Florida, one of the Florida runners said to Coach Long, "the better we get, the worse you beat us." Knowing the intense rivalry between the two schools, you can appreciate why this comment would make our victory even sweeter. (Grizzard, 1975)

The Seminoles won the Florida AAU Championships for the third year in a row on May 7 on their own track. FSU used school record performances by Ron Harrison, Bill Welch, and Claude Grizzard as a springboard to a 65 3/4 to 39 1/4 rout of runner-up University of Florida (FSU Track Office Files, 7 May 1960). Florida State University had their team revved up as the Tribe broke three school and two Florida AAU marks before a heavy rain slowed down the last few events (Tallahassee Democrat, 8 May 1960).

Ron Harrison won the 220-dash with a school, track, and Florida AAU record shattering :20.3. Harrison's time fell only three-tenths of a second off of the world record (Florida Flambeau, 10 May 1960); however, his victory did not come easy. Bob Sher, University of Miami sprinter, grabbed an early lead before giving way to Harrison at the hundred-yard mark. Harrison established a slight lead and was able to maintain that lead, even though, both Sher and third place Buddy Fowlkes broke the old Florida AAU record with times of :20.4 and :20.9, respectively (Florida Flambeau, 10 May 1960).

The FSU school record in the 120-yard high hurdles dipped under the 15-second mark as Bill Welch copped the short hurdle event with a :14.9 clocking. A third FSU record was tied in the 220-yard low hurdles when Claude Grizzard burst from the field and sped to a :23.6 clocking. The put of 50' 5-3/4" by Don Ostergaard set a new Florida AAU mark and wound up FSU's record-setting exploits.

Tom Keeney was the meet's only two-event winner with victories in the mile and two-mile runs. Henry Wadsworth of the University of Florida lost his chance when the rain turned the pole vault runway into a quagmire. He had to settle for a four-way tie for first in the pole vault after having won the high jump earlier in the afternoon. Ed Hays of FSU was one of the four men sharing the pole vault title at 13' 0" (Tallahassee Democrat, 8 May 1960). Jeff Clark signaled a warning for future opponents in the discus with his winning toss of 145' 4".

The rule prohibiting athletic competition during final examination week was still in effect for the Georgia AAU meet on May 29.

Florida State University was forced to compete their track team on an unattached basis.

The official attitude against athletic competition during final examination week did little to deter a small, determined band of Seminoles. Ron Harrison and Tom Keeney combined to win four events and score a combined total of 21 1/4 points (Atlanta Constitution, 30 May 1960).

The quarter-mile and 220-yard dash titles were captured by the pounding feet of Ron Harrison. Harrison recorded a :48.0 in the 440-yard dash before speeding to a new Georgia AAU record time of :20.7 in the furlong.

An all-time personal best of 4:18.4 by Tom Keeney in the mile run resulted in a win for FSU's number one distance runner. Elated by his mile triumph, Keeney outdistanced his competitors in the two-mile with another personal record performance of 9:42.3.

Ten Seminoles entered into the scoring for the Tribe as Florida State University fell two points shy of the Georgia AAU title. The official record shows Georgia Tech winning the meet with 44 points and the Atlanta Striders Track Club second with 33 markers, as the Seminoles were not officially entered as a team.

Summary. Facing a rough schedule with a rebuilding team, the 1960 Seminoles became only the second team in the 12-year history of track and field at Florida State University to go undefeated in dual meet competition. The Seminoles defeated the University of Miami, Furman University, Louisiana State University, and the University of Florida in dual meet competition. Extending their winning skien over

their intrastate rivals, the Tribe made it three in a row over the Florida Gators and six over the Miami Hurricanes. Florida State added the News-Piedmont Relays and Florida AAU Championships to their victory catch.

The year had produced five new school records. Ron Harrison ended his brilliant career by lowering the FSU standard in the 220-yard dash to an awesome :20.3. Harrison's time bettered the old mark set by John Poston in 1952 by one-half second. That differential equates to over five full yards on the track.

Ron Harrison became the first track man at FSU to ever be selected by the Florida Flambeau as the FSU athlete of the year (Florida Flambeau, 20 May 1960). Coach Mike Long was in total agreement with Harrison's selection:

I think that's tremendous. Ron's a wonderful person and athlete. He's modest and unassuming and his character is above reproach. He's been a tremendous influence on the squad this year.

Ron came here from Florida Southern in his sophomore year, and came out for track. He was enthusiastic about the sport, but didn't quite know what he was suited for, so he said to me, "If you can find something that I can do, I'd like to do it."

Actually Ron is a versatile man in track. He tried his hand at pole vaulting and high jumping first, but he found this year that the 220 was probably his best event. (Long, L.S., 1960)

The standards in both hurdle events received either alteration or addition. Bill Welch removed Tom Chivers' name from the board by becoming the first Seminole to run under 15 seconds in the 120-yard high hurdles with his time of :14.9 in the Florida AAU Championships. In the same competition, Claude Grizzard tied Jim Casteel's school record of :23.6 in the 220-yard low hurdles.

Mike Long's eldest son made coaching a little easier for him by winning the high jump in three of four dual meets and placing in both the Texas and Florida Relays. Steve Long bettered Lloyd Lassen's old school mark of 6' 2" on four different occasions, eventually raising the record to 6' 5-3/4".

1961

The 1961 season loomed very prosperous for the Seminoles as 13 of 18 lettermen returned from the undefeated team of 1960. However, the top point getters, Ron Harrison and Ted Keen, along with hurdler Claude Grizzard and miler Tom Keeney were among those who had completed their eligibility.

The weight events were solid with the school record-holder in the shot put, Don Ostergaard, returning. He was joined by Jeff Clark in the discus. Steve Long, school standard bearer in the high jump, was back for his final season. Sophomore Herb Kraft and junior Ed Hays were called upon to deliver in the broad jump and pole vault, respectively.

The Seminoles were light in the javelin yet running events appeared to be strong enough to compensate for the deficiency. Craig Johnson and Quentin Till held down the sprint events. The high hurdle event boasted the presence of school record-holder Bill Welch. The wisdom of moving Terry Long from the middle distance events to the 220-yard low hurdles was a major question to be answered early in the season. The Seminoles were not deep in the distance events, but expected Kent Mills, FSU's record-holder at two miles, and Don Roberts to represent the Tribe well.

The financial situation was moderately eased for the track team with the infusion of \$2,400 into the operating budget (Athletic Office Budget File, 1960-1961). However, the Tribe possessed only \$3,950 in the scholarship fund. The cost of a full scholarship at Florida State University was rated at \$984 in 1961 (FSU Bulletin, 1961). In application, the Seminoles had only four full scholarships at their disposal. With 16 events to cover, the Seminole mentor gave only partial scholarships (Long, L.S., 1976). Therefore, the identification and development of latent talent was the cornerstone of FSU's track program. The Tribe's successes on-the-track were a great tribute to Mike Long's on-the-field coaching ability.

The Seminoles, under the direction of Mike Long, had won 27 and lost only four for a winning percentage of .871. The mentor was heading into his seventh year at the track helm.

The 1961 indoor season had a very depressing beginning in the Fifth Annual Coliseum Relays in Montgomery on February 4. The Seminoles finished a distant sixth with only eight and one-half points (Montgomery Advertiser, 5 February 1961).

The Tribe collected their meager winnings with Steve Long's fourway tie for second place in the high jump at 6' 1", Bill Davis' runnerup placing in the 880-yard run, and a second by the mile relay team.

After three weeks of much needed practice, Florida State University began to put their act together in the Memphis Relay Carnival in Memphis on February 25 (FSU Track Office Files, 25 February 1961).

The Seminoles garnered their only victory in the high jump where Steve Long and George Smith shared first place with identical jumps of 6' 1-1/2". The Tribe used third place finishes by Terry Long in the 60-yard low hurdles, Herb Kraft in the broad jump, and the 20-lap relay team to run up the remaining bulk of their 30 1/2 point total. Although the Seminoles finished fourth in the meet, the gap between the Tribe and their leading competitors had lessened.

With the indoor season over, the Seminoles ran under the bright Miami sunshine on March 11 against the University of Miami. Former Miami high school athletes running for the Tribe returned home to haunt the Hurricanes. When the day had ended, Florida State had won 14 of 15 events and compiled the third largest victory margin in their 13 years of track at the university (Miami Herald, 12 March 1961).

The 102 to 29 defeat was spearheaded by Quentin Till, whose family resided in Coral Gables. Till scored 11 1/4 points for the Seminoles by winning the 440-yard dash (:49.6), 220-yard dash (:22.8), and anchoring the mile relay.

Quentin Till was joined by two other Miami athletes competing for Florida State. Bill Davis copped the 880-yard run in 1:58.0, while Jeff Clark spun the platter 153' 9-1/2' for victory in the discus.

Miami broad jumper Frank Lloyd suffered his first intercollegiate defeat when FSU's Herb Kraft leaped 22' 11-3/4" for victory. The sole FSU record performance was in the 120-yard high hurdles as Bill Welch nipped teammate Dave Ellis with a time of :14.8. The mile relay team of Craig Johnson, Tom Houston, Bill Davis, and Quentin Till

mercifully brought the meet to its end with a victory snatching clocking of 3:22.5.

The Seminoles met the University of Alabama for the first dual meet ever between the two schools on March 23 in Tallahassee. The Tribe won five of six field events and used depth in the running events to ease out a 71 1/2 to 59 1/2 victory (FSU Track Office Files, 24 March 1961).

Don Ostergaard copped his specialty with a put of 53' 3". With the bar resting at 6' 5" and his competitors eliminated from further competition, Steve Long catapulted his lean 6' 1" frame over the cross-bar to win the event.

The 100- and 220-yard dashes were the only running events won by the Seminoles. Both sprint races were captured by Craig Johnson with times of :10.0 and :21.7, respectively.

With only the discus and mile relay remaining, and the Seminoles holding a fragile seven-point lead, the young foursome of Tom Houston, Craig Johnson, Bill Davis, and Quentin Till salted away the Tribe triumph with the fastest dual meet mile relay ever run by a Seminole quartet. The 3:17.5 clocking also established a new track record (Tallahassee Democrat, 25 March 1961). The victory over the University of Alabama illustrated the progress the young Seminoles were making as the Crimson Tide had finished ahead of the Tribe in both the Coliseum Relays and the Memphis Relay Carnival.

The 18th Annual Florida Relays were not very productive for the Florida State Seminoles. The Tribe managed only one second, one

third, and two fifth place finishes (FSU Track Office Files, 25 March 1961).

The sprint medley team composed of Quentin Till, Bill Davis, Terry Long, and Craig Johnson sped to a 3:26.8 clocking that earned them only third place in the Florida Relays, yet was the second fastest sprint medley ever run by a FSU team. George Smith cleared 6' 1-3/4" in the high jump to tie for fourth. A put of 51' 7-1/2" landed Don Ostergaard a fifth in the shot put.

FSU's mile relay clocking of 3:16.0 was the second fastest time ever for a Seminole team, but still fell far short of Princeton's winning time of 3:13.1. Florida State nosed out the University of Alabama, Citadel, and Auburn University for second place as only nine-tenths of a second separated second place from fifth.

The Seminoles sailed to their third dual meet victory of the young season by overpowering Furman University on March 27, in Tallahassee (FSU Track Office Files, 27 March 1961). Using their strength in the field events, the Tribe rolled up an 86 to 45 advantage over the 1961 indoor Southern Conference champions (Tallahassee Democrat, 28 March 1961).

The Seminoles swept all six field events with the high jumpers leading the charge. Steve Long and George Smith tied for first with jumps of 6' 4-1/2". Mike O'Brien finished third with a leap of 6' 2". It was the first time that three Seminoles had jumped over six feet in the same meet.

Herb Kraft became the third FSU jumper to cover more than 23 feet in the broad jump with his winning jump of 23' 3-1/2". A personal

record jump of 13' 1" gave Franklin Ford the top spot in the pole vault.

The Tribe managed to win only three of the foot-races. Both hurdle races came to the Seminoles through the efforts of Bill Welch and Terry Long. The high hurdles were captured by Welch in :15.0 with Long second. Long reversed the order of finish with Welch in the 220-yard low hurdles with a personal best clocking of :23.9. Quentin Till raced to the remaining victory in the quarter-mile in :49.7.

The Seminoles and Louisiana State University conducted their annual meeting on April 8 in Baton Rouge (FSU Track Office Files, 8 April 1961). The confrontation was a typical struggle between the schools that was not decided until the final event.

The Seminoles won only three running events from the defending Southeastern Conference champions (Tallahassee Democrat, 9 April 1961). Quentin Till captured the 440-yard dash with the tremendous time of :47.7. His clocking was the fastest quarter-mile ever run by a Seminole around two curves. The school record :47.0 set by Jim Casteel in the 1958 Georgia AAU meet was run around only one curve.

A personal best time of 1:55.1 was required from Bill Davis in order to win the 880-yard run. A personal achievement of the same magnitude was demanded of Terry Long in the 220-yard low hurdles. The second son of Coach Mike Long responded with a winning effort of :23.8. Kent Mills came up with his best time of the 1961 campaign with his winning clocking of 9:45.5 in the two-mile run.

The Seminoles split the field events with the Tigers as Steve Long captured the high jump at 6' 4-1/4"; Herb Kraft won the broad

jump with a leap of 23' 3-1/4"; and Jeff Clark topped the discus field with a throw of 142' 9-3/4".

Louisiana State University led FSU by only four points going into the final event, the mile relay. It was a titanic struggle that was won by the Tigers in 3:17.4. This victory established LSU's winning margin of 70 to 61.

The Seminoles traveled to Greenville, South Carolina, for the Third Annual News-Piedmont Relays on April 13-14. The cold temperatures held down the performance standards, but not the winning Seminole parade. Florida State won only two of the six relay events, but finished second in the other four. The efforts of the Seminoles in individual events produced five more winners (FSU Track Office Files, 13-14 April 1961).

Mike Hamilton, Terry Long, Craig Johnson, and Quentin Till raced to victory in the 880-yard relay. Their time of 1:28.5 established a new school record.

Teammates and close friends off the track, Don Ostergaard and Steve Long turned in record shattering performances. Ostergaard upped his school mark in the shot put to 54' 1/2". A new News-Piedmont Relays record was set with Steve Long's winning leap of 6' 3-1/2" (Tallahassee Democrat, 15 April 1961). The field event men closed out the Tribe's winning efforts in individual events with Jeff Clark's toss of 151' 1" in the discus and Herb Kraft's leap of 23' 1/2" in the broad jump. The Seminoles used their team strength to compile 112 3/4 points, winning the championship by a comfortable 38 point margin over Furman University.

Florida State University chalked up their seventh straight winning dual meet season as they exterminated the University of Florida in Tallahassee on April 21. The Seminoles extended their winning streak over the Gators to four with a 104 1/3 to 30 2/3 defeat of their archrivals (FSU Track Office Files, 21 April 1961). The Tribe captured 14 of 16 events which included Terry Long's school record performance in the 220-yard low hurdles.

Junior Terry Long capped his long slow struggle for athletic success with a school record blast in the 220-yard low hurdles. He cut four-tenths of a second off the record held jointly by Jim Casteel and Claude Grizzard with his time of :23.2.

Craig Johnson scored two sprint victories by taking the 100- and 220-yard dashes. His winning times were a sparkling :09.8 and :21.5, respectively. Johnson also led off the winning 440-yard relay and ran second leg on the victorious mile relay. The other members of the :42.9 440-yard relay team were Keith Crawford, Terry Long, and Quentin Till.

Dave Ellis produced the first win of his track career at Florida State with a :15.1 clocking in the 120-yard high hurdles. The development of the talented hurdler had been slowed by periodic hamstring tears. Ed Hays became the second Seminole in 1961 to clear 13 feet in the pole vault with his winning jump of 13' 1".

The mile relay of Dave Ellis, Craig Johnson, Bill Davis, and Quentin Till spun out a winning 3:22.5 effort that powered the Seminoles to a 73 2/3 point victory margin. It was the largest margin of

victory enjoyed by either team in the history of the series (Tallahassee Democrat, 22 April 1961).

Selected Seminole entries competed in the Pennsylvania Relays on April 28-29 in Philadelphia (New York Times, 30 April 1961). The consolation division of the high jump was the most productive for the Seminoles as George Smith was second at 6' 4" and Steve Long tied for third with a jump of 6' 2".

Don Ostergaard placed second in the consolation division shot put with a throw of 51' 1/4". The sprint medley relay team completed the Seminoles' success by finishing third in the nonchampionship division.

Florida State University captured their fourth Florida AAU Championship in a row on May 6 in Gainesville (Florida Times-Union, 7 May 1961). FSU won five individual events before icing their victory by winning the mile relay.

Quentin Till had a superlative day by winning the 440-yard dash in :48.1, tying the ageless Buddy Fowlkes in the 220-yard dash with a :21.4 clocking, and anchoring FSU's Florida AAU record setting mile relay team.

The Seminoles reigned over the hurdle events as Dave Ellis skimmed over the 42-inch barriers to register a :15.0 victory and Terry Long dominated the 220-yard low hurdles in :23.8. The field events provided additional firepower for the Tribe. A throw of 51' 7-3/4" by FSU's Don Ostergaard was the best toss of the day in the shot put. Herb Kraft continued his steady progress in the broad jump with a winning leap of 23' 1/4".

The Seminole mile relay team composed of Tom Houston, Craig Johnson, Bill Davis, and Quentin Till grabbed the five first place points with a Florida AAU record clocking of 3:19.8, driving the Seminoles' aggregate total to 55 markers. The University of Miami trailed with 42 points.

The Seminoles completed their season by competing in the Georgia AAU meet on May 20 in Atlanta (Atlanta Constitution, 21 May 1961). Despite winning only one event, the Seminoles collected 42 points by grabbing five seconds and utilizing numerous fourth and fifth place finishes. This placed the Tribe second, only four points shy of Auburn University's winning total of 46. Quentin Till contributed the Seminoles' lone victory as he copped the quarter-mile in :48.1.

Two Seminoles tasted defeat in their specialties for the first time during the 1961 campaign. In a duel of short hurdlers, Terry Long finished second to Ron Ablowich of Georgia Tech in both the 220-yard low hurdles and the 440-yard intermediate hurdles. Herb Kraft dropped the broad jump as he finished second to Carr of the University of Georgia.

Summary. With the season at an end, the Seminoles could pause and reflect back upon their year with satisfaction. The Tribe had returned 13 of 18 lettermen from the 1960 squad and had begun the season with high hopes. The 1961 team lived up to their advanced billings by capturing the News-Piedmont and Florida AAU Championships. The only dual meet loss was to the LSU Tigers as the Seminoles swept to a 4-1 record. The Tribe battled LSU, the 1960 Southeastern Conference track champions, down to the wire before losing the mile relay and the meet.

FSU easily defeated the University of Miami, the University of Alabama, Furman University, and the University of Florida. The Tribe continued their mastery over the Florida Gators with a decisive 104 1/3 to 30 2/3 win.

The Florida State track men rearranged the record board by setting six new school records. Don Ostergaard improved his shot put record to 54' 1/2". However, his close friend, Steve Long lost his high jump mark to junior George Smith's leap of 6' 6" in the Florida AAU meet.

Juniors Terry Long and Bill Welch lowered the school marks in both hurdle events. Choosing a most opportune time, Terry Long whipped through a :23.2 record setting run in the 220-yard low hurdles against the University of Florida. Bill Welch set his record of :14.8 in the 120-yard high hurdles in the first meet of the outdoor season against the Miami Hurricanes.

The 880-yard relay team composed of Quentin Till, Terry Long, Bill Davis, and Craig Johnson streaked to a 1:28.5 school record in the News-Piedmont Relays. Quentin Till ran to a :47.7 victory in the quarter-mile against Louisiana State University, thereby becoming the fastest Seminole for a quarter-mile run around two curves.

1962

The 1962 FSU track team had inherited an impressive legacy. Under the tutelage of Mike Long, no Seminole track team had ever suffered more than one defeat in a single season and two squads had gone

undefeated. The 1962 Seminoles were aware of their heritage and expected to add to FSU's track reputation (Long, T. N., 1976).

The Florida State track program had certainly not been built with the expenditures of large amounts of money. Budgetary fluctuations continued to plague the Tribe track program. The scholarship line item was increased by a desperately needed \$1,000, raising the total number of full scholarships to five, however, the money was obtained by reducing track's operating budget (Athletic Office Budget Files, 1961-1962).

This year's confident attitude was created by a power base that consisted of returning school record-holders Quentin Till (440-yard dash), George Smith (high jump), Bill Welch (120-yard high hurdles), and Terry Long (220-yard low hurdles). Strong performers, such as Jeff Clark in the weight events, sprinter Craig Johnson, and Herb Kraft in the broad jump, provided the Seminoles with tremendous point making potential.

The Tribe would call upon Dick Roberts and Jim Lankford to handle the distance events while Bill Davis and Jack Brocksmith were expected to control the middle distance races. Ed Hays, a rapidly improving performer, was a figure to watch in the pole vault. The overall strength of the Seminoles was the key to their success, as the field events appeared to be the best in years.

The Seminoles opened their season with a dismal showing in the Coliseum Relays on February 3 in Montgomery. FSU scored 9 1/3 points and finished a disappointing fifth (FSU Track Office Files, 3 February 1962).

Tom Bourne was the only Seminole to win an event. He cleared 6' 2" on his winning jump, falling only one-half inch short of Steve Long's indoor school record. The only other noteworthy Seminole performance came in the shot put when Jeff Clark established a new Tribe standard with a throw of 50' 3". Clark finished third in the final shot put standings.

The Seminoles quickly bounced back in the Second Annual Memphis Junior Chamber of Commerce Indoor Track Carnival on February 23-24. Florida State had traveled to the meet in station wagons. When the team arose the following morning to go to the meet, they had to scrape the snow off of their vehicles. Over an inch of snow had fallen during the night (Long, T. N., 1976).

The track meet was held in a converted cattle arena where the sides of the building did not touch the ground. This gap allowed the wind to whip across the arena. Terry Long related that he was distracted at the start of the 60-yard low hurdle preliminary by the snow drifting across the straightaway (Long, T. N., 1975).

The heat for the building was provided by four huge blowers stationed in each corner. The only warm spots in the house were directly in front of the heaters. The overall inside temperature during the morning preliminaries was a chilly 33 degrees.

The temperature did not cool the Seminoles as Florida State captured two relays and one individual event on the way to a 59 1/2 to 51 victory over runner-up Alabama (FSU Track Office Files, 23-24 February 1962).

The team of Craig Johnson, Terry Long, Bill Davis, and Quentin Till raced to victory in the eight-lap relay. Quentin Till overcame an almost insurmountable deficit on the anchor leg to give the Seminoles a spine-tingling victory.

Quentin was so far behind that he could look across the track and see the leader. You could tell that he was going to give it a shot. However, at the pace he was setting, I thought that he had to tie up, but as Quentin got closer, he got stronger and the leader began to falter. The man in front was a fine runner, but I don't think he could believe that Till could give him a race. Till's anchor leg ranks as one of the greatest efforts a Florida State man has given. (Long, L. S., 1976).

Davis Ellis joined Johnson, Davis, and Till in the 12-lap relay as this contingent grabbed another win in meet record time. The irregular size of the track and the odd number of laps run made the relay times virtually meaningless for comparative purposes.

Decked out in a pair of white thermal underwear under his track uniform, George Smith tied for first in the high jump at six feet even (Long, T. N., 1975). Jeff Clark upped his school record in the shot put to 51' 4-4/5". It was the second meet in a row that an outstanding throw failed to net Clark a victory as he had to settle for the runner-up spot.

A small band of Seminoles journeyed to Louisville, Kentucky, on February 17 for the Mason-Dixon Games. The 600-yard run produced the only Seminole place in the meet. In a three-way blanket finish, FSU's Quentin Till was picked second with the top three runners being given the same time. Till's clocking of 1:11.2 established a new Seminole standard for the 600-yard run (Louisville Courier-Journal, 18 February 1962).

The Seminoles began the 1962 outdoor season with a traditional opener against the Miami Hurricanes. The meet was run in Tallahassee on March 10 (Tallahassee Democrat, 11 March 1962).

Dick Roberts finished between a pair of Hurricane milers with a fine time of 4:22.5 in the first event. It was the first outdoor meet for Roberts in a Seminole uniform. His time placed him third on the all-time list of Seminole milers.

As the fourth Tribe sprinter to run :09.7, Craig Johnson raced to victory in the 100-yard dash. Quentin Till copped the remaining two sprint races with fine times of :48.8 and :22.3 in the 440- and 220-yard dashes, respectively.

The 880-yard run was a Seminole show as sophomore Jack Brocksmith won in 1:56.0, closely followed by Bill Davis in 1:56.7. It was the first time two Seminoles had run under 1:57.0 in the same race. Seminoles Mike O'Brien and George Smith tied for first in the high jump at 6' 1-1/2". Tom Bourne made the vertical jumping event an all-Seminole affair by taking the third spot.

Jeff Clark broke into the win column with a throw of 53' 10-1/2" in the shot put. Herb Kraft fell just short of the school record in the broad jump as he broke sand at 23' 5-1/4". Although Kraft missed the school record, he did win the event. The pole vault went to Ed Hays with a jump of 13' 5-3/4".

The background preceding Terry Long's school record setting dash in the 220-yard low hurdles merits mentioning. The stocky hurdler had neglected his training over the Christmas holidays. Consequently, the indoor season turned into a struggle for the senior. A week prior

to the Miami meet, he had made the mistake of wondering out loud to Coach Long, his father, on why his performances had not been coming around. Mike Long had never mentioned his disapproval of his son's training habits over the holidays, yet once Terry had broached the subject, a frank, 45-minute discussion followed on how he should be running after that type of holiday training (Long, T. N., 1975).

Motivated to run well, Terry Long skimmed over the 10 low hurdles in a meet, track, and school record time of :22.9. After hearing of his time, he came running back down the track shouting, ":22.9! :22.9!" The first man to speak was Coach Mike Long who brought his son back to earth with, "It was good, but it wasn't that good" (Long, T. N., 1975). Despite the value of this psychology, the time was "that good." It was the leading collegiate time in the nation to that date! (Long, T. N., 1975).

Seminoles Craig Johnson, Jack Brocksmith, Bill Davis, and Quentin Till finalized the score at 76 1/2 to 53 1/2 with their 3:22.9 victory in the mile relay. The Tribe had opened the season on a victorious note.

FSU went after their second win of the season against the Paladins of Furman University. The Seminoles hosted their visitors on March 16. With hospitality displayed only off the track, the Tribe onslaught overpowered the Paladins by a 82 to 54 margin (FSU Track Office Files, 16 March 1962).

The Seminole runners were unable to perform up to their normal standards, but the field event meet took up the slack. Terry Long was

the only footracer to turn in a fast time as he sped to a :23.5 victory in the 220-yard low hurdles.

Jeff Clark scored twin victories in the weight events. The 255-pound giant exploded the iron ball 52' 6" and tossed the discus 154' 8-1/4". Herb Kraft uncorked another 23-foot jump in the broad jump when he traversed 23' 3-1/8" down the pit to victory.

The top spot in the pole vault was shared by Ed Hays of Florida State and Keel of Furman at 13' 7". The only man to clear 6' 3" in the high jump was George Smith of FSU.

The mile relay team of Craig Johnson, Terry Long, Bill Davis, and Quentin Till raced to victory in 3:19.4, bringing the meet to a close.

The Seminoles met the University of South Carolina in the first dual meet competition between the two schools, on March 24 in Columbia, South Carolina. Florida State finished on the long end of an 81 to 50 score (FSU Track Office Files, 24 March 1962).

Quentin Till led teammate Terry Long to a Seminole sweep of the top two places in the quarter-mile with a time of :48.5. Long ran a personal best of :49.4 (Long, T. N., 1975). The 880-yard run winner was Bill Davis of FSU with an excellent time of 1:55.4.

The Seminoles captured five of six field events as the Tribe grabbed 40 of the 54 available points. The big blows were struck by Jeff Clark in the shot put and discus as he won both events with efforts measuring 49' 10-3/4" and 151' 9", respectively.

The school record set by Richard Ellwood in 1959 was broken by the 13' 11" vault of Ed Hays. Herb Kraft jumped 23' 4-1/2" for his

third straight victory in the broad jump. The Seminoles received a relatively easy victory in the javelin as Barry Topper hurled the spear 177' 3-1/2".

An interesting subplot unfolded in the South Carolina meet. Terry Long and Spike Olsen were very close friends and extremely competitive on the track. On the bus trip to Columbia, Olsen declared that he was going to beat Long in the 220-yard low hurdles (Olsen, 1976). Olsen had never beaten the school record holder in the low hurdles. Spike Olsen remembered the race:

I won my only hurdle race as a varsity performer. I got a good start and blazed by Terry and nipped him in :25.0. I never let Terry forget I beat him. However, he was sick from running an earlier quarter-mile. . . . As I think back over that year, Terry was tops and I had few chances to win with him running. However, his presence made me better and I don't think we ever placed lower than first and second or first and third that year in dual meets. (Olsen, 1976)

The story differs only slightly when told by Terry Long:

I had a personal record in the 440-yard dash of :49.4. Unfortunately, I got really sick and the dry heaves continued right up to the time the gun went off. It was the only time that Dad (Coach Mike Long) ever told me that I did not have to run.

I moved into the set position and my stomach contracted again almost causing me to false start. I started off slow and finished faster narrowly losing to Spike. (Long, T. N., 1975)

Florida State University and Louisiana State University renewed their annual battle on March 29 in Tallahassee. The teams had swapped victories for three years with each winning on their home track. Now it was Florida State's turn to have the home track advantage. The resulting FSU 85 to 50 victory was keyed by their ability to win both relays (FSU Track Office Files, 29 March 1962).

Spike Olsen, Hutch Johnson, Terry Long, and Quentin Till flashed to a sparkling :42.4 victory in the 440-yard relay. After running against the LSU hurdler on the third leg of the 440-yard relay, Terry Long topped the low hurdlers with a superb :22.6 clocking.

Jeff Clark set a new school record in the first of his twin victories with a throw of 55' 3-1/4" in the shot put. His throw of 150' 3-1/8" was the best toss in the discus. The school record that had eluded Herb Kraft for so long became his with the winning jump of 23' 7-3/4" in the broad jump.

The second fastest high hurdle time in Seminole track history snared the top spot in the 120-yard high hurdles for Dave Ellis who won with a sparkling :14.9 mark. Craig Johnson of Florida State shared first place in the 100-yard dash with Fornaris of LSU as both men were timed in :09.7.

A superb time of 1:56.2 brought Bill Davis top honors in the 880-yard run. The mile relay team of Dave Ellis, Leon Smith, Jack Brocksmith, and Craig Johnson closed out the meet with a winning effort of 3:24.5.

The 19th Annual Florida Relays was the second meet in three days for the Seminoles. March 31 was a difficult day for the Tribe. The effort was there but the victories were not (FSU Track Office Files, 31 March 1962).

The two-mile relay team of Dick Roberts, Leon Smith, Jack Brocksmith, and Bill Davis carved out a new school record of 7:49.0, which only gained them a third place. Roberts led off in about 1:57.0,

CHRISTIAN BOND

followed by Smith's 1:59.0 leg, and Brocksmith and Davis were both clocked in the 1:57s.

The mile relay ran the second fastest time in Seminole track history. Craig Johnson began with a :49.3 effort. Terry Long took the baton and :49.9 seconds later passed the stick to Bill Davis. Another :48.6 seconds elapsed before the baton was in the possession of Quentin Till. The anchorman turned the oval in a blazing time of :47.3. The total elapsed time of 3:15.0 placed the Seminoles second.

Terry Long set a Florida Relays record in the preliminary of 250-yard intermediate hurdles with a fast :27.7. His many races robbed him of his edge and Pete Rowe of Florida overtook him in the last few yards of the final (Long, T. N., 1975). He finished two-tenths of a second behind Rowe's winning time of :28.0.

A good mark of 53' 2-3/4" earned FSU's Jeff Clark a third place in the shot put. Ed Hays vaulted 13' 6" to tie for fourth in the pole vault.

The Seminoles loaded into private cars on April 6 and headed for Austin to compete in the Texas Relays. The Tribe came away with only a tie for fifth in the pole vault and a sixth place finish in the 880-yard relay to show for their efforts (New York Times, 8 April 1962).

The vault of 13' 6" by Ed Hays gave Florida State its tie for fifth in the vault. The foursome of Craig Johnson, Terry Long, Bill Davis, and Quentin Till broke FSU's half-mile relay record by nine-tenths of a second with a time of 1:27.6, but still finished well back in sixth position.

The Seminoles attended the News-Piedmont Relays on April 12-13. The times and performances were not outstanding, but the garnet and gold took home their share of victories. The Tribe won the distance medley and mile relays, while finishing second in the sprint medley, two-mile, and 440-yard relays (FSU Track Office Files, 12-13 April 1962).

Jeff Clark captured both the shot put and discus. He hurled the ball 51' 9-1/2" and the platter 146' 4-1/2" for his two triumphs. Ed Hays turned in the outstanding Seminole performance of the meet with his school record shattering jump of 14' 2". He became the first Seminole vaulter to scale the 14-foot barrier in the pole vault.

The News-Piedmont Relays had changed their format and for the first time there was no team title. The Seminoles had to be content with their individual performances after having won the title in 1960 and 1961.

During the period of April 24 through 29, the FSU track team did not accomplish much more than covering over 2,000 miles in two university station wagons. The primary Seminole objective was to make a good showing in the Pennsylvania Relays, but the meet results showed the Tribe collecting only two thirds, one of which was a tie.

Jeff Clark tossed the iron ball 50' 9-1/2" for third in the shot put (New York Times, 29 April 1962). A jump of 13' 6" by Ed Hays gave the Tribe their tie for third in the pole vault (New York Times, 29 April 1962).

The Seminole bus headed for Gainesville on April 21 for the Tribe's seventh dual meet encounter with the University of Florida

(FSU Track Office Files, 22 April 1962). Before the afternoon was over, the Seminoles owned a 83 to 53 victory over the Gators.

The Tribe was led by Terry Long as the senior hurdler competed in four events in which either a meet or school record was set. The fleet hurdler ran on both Seminole relays and competed in the two hurdle events.

The 440-yard relay foursome of Quentin Till, Hutch Johnson, Terry Long, and Craig Johnson began the competition with a Seminole victory, establishing a new FSU record of :42.0.

On the Wednesday preceding the meet, Dave Ellis pulled a hamstring and was lost for the Florida meet (Long, T. N., 1975). With only two days of practice on the high hurdles, Long topped the 120-yard high hurdle field with an FSU record setting :14.7. Long came back in his specialty, the 220-yard low hurdles, to zip to victory in a school record breaking run around one turn of :23.4. He ended the day by running the lead-off leg on the mile relay team that set a meet record of 3:18.8. Long was joined by Jack Brocksmith, Bill Davis, and Craig Johnson.

The Seminoles received twin victories by Dick Roberts and Jeff Clark. Competing in his first Florida dual meet, Dick Roberts dominated the mile and two-mile runs with times of 4:28.7 and 10:06.8, respectively. Jeff Clark was equally intimidating in the weight events as he captured the shot put and discus. The imposing Clark tossed the shot 52' 11" and heaved the discus 143' 4". The Tribe's Allen Williams was second in both events.

Bill Davis looked good in his victory run in the half-mile. His time was a creditable 1:56.5. Ed Hays was at the top of a Seminole sweep in the pole vault with a jump of 13' 6". In the second slot was Bill Crotty, with Franklin Ford finishing third.

The Tribe entered the Florida AAU meet in search of their fifth straight victory, but encountered the consolidated forces of the greater Miami region. The University of Miami joined their varsity and freshman squads to form the Miami Athletic Club. The combination proved too strong for the Seminoles as the Tribe fell by three and one-half points to the Miami Athletic Club (FSU Track Office Files, 4 May 1962).

Jack Brocksmith won the 880-yard run with a school record setting 1:54.5. The low hurdles belong to Terry Long for the second year in a row. The shot put was captured by Jeff Clark with a fine throw of 53' 7-1/3". The final FSU victory in an individual event was by Ed Hays in the pole vault with a jump of 13' 6". The mile relay team consisting of Craig Johnson, Jack Brocksmith, Bill Davis, and Quentin Till won the mile relay in 3:19.2.

The loss of Herb Kraft in the broad jump with a pulled hamstring proved to be the difference in the meet (Long, L.S., 1976). He was a consistent 23-foot jumper and his specialty was won at only 22' 7". His five points could have won the meet. However, a team must compete with the people ready to participate on a given day. The Miami Athletic Club gained a hard fought 50 to 46 1/2 victory over the Seminoles of Florida State.

Summary. The 1962 Seminoles headed by captains, Jeff Clark and Quentin Till, sped to their third undefeated dual meet season in Florida

State history. This talented collage of track men added the Memphis Indoor Carnival Championship and a second in the Florida AAU meet to their collection of scalps. The Seminoles, during Mike Long's eight-year tenure at Florida State had won 36 of 41 dual meets including 20 out of the last 22. The 1962 squad was certainly one of the most powerful in the school's track history as the Tribe established nine new school records.

Terry Long led the charge with two individual marks and participation on two record setting relay teams. He eased Bill Welch's 120-yard high hurdle record away from him by clipping one-tenth of a second off the old mark with a :14.7 clocking against the University of Florida. In the space of two years, Long cut one full second off of Jim Casteel's and Claude Grizzard's record low hurdle mark by eventually running :22.6. At the end of the competitive track season, Long's :22.6 was the third fastest collegiate time run in the nation.

The 440-yard relay contingent of Craig Johnson, Hutch Johnson, Terry Long, and Quentin Till set a new university mark of :42.0. In the Texas Relays, the team of Craig Johnson, Terry Long, Bill Davis, and Quentin Till raced to a 1:27.5 clocking in the 880-yard relay. This record was still standing at the conclusion of the 1974 season, a tribute to the speed of these four young men.

The Seminoles changed the entry in the record book for the two-mile relay. Dick Roberts, Leon Smith, Jack Brocksmith, and Bill Davis banded together to break the school mark at the Florida Relays. It is mute testimony to the ever increasing level of competition in the South that the school record time of 7:49.0 only placed them third.

Captain Jeff Clark concluded his track career at FSU with a very productive senior year. It was highlighted by his school record throw in the shot put of 55' 3-1/4" against LSU. He was a strong competitor all year and it seemed inevitable that the record would fall to his efforts.

Junior Herb Kraft finally tagged the broad jump record after many jumps over the 23-foot barrier. He unleashed his record jump of 23' 7-3/4" against the Tigers of LSU. He did not suffer a dual meet loss in his specialty all year.

Four years of dedicated work culminated in a school record vault of 14' 2-1/2" for Ed Hays at the News-Piedmont Relays. Ed Hays made steady progress from a jumper at struggling to clear 12 feet to a school record holder.

The spring of 1962 brought to a close the track career of Quentin Till. The bantam battler did not better his school record for the quarter-mile run around two curves, but he did establish an indoor standard for the 600-yard run of 1:11.2 in the Mason-Dixon Games. His mark remained intact for 12 years. Till had a lightning split on the anchor leg of the mile relay of :47.3 in the Florida Relays. The man was aptly described by freshman teammate Floyd Lorenz, "as a skinny little guy whose running style was all wrong, but he always ran to win. He seemed to have an awfully big heart" (Lorenz, 1975).

1963

A big challenge faced the 1963 Seminole track team as only six of the nineteen lettermen from the powerful 1962 squad were returning

for the new campaign (FSU Track Brochure File, Spring Sports 1963). Not only were lettermen lost, but five of the missing 13 were school record holders. One of the five record holders, Terry Long, still had one season of indoor eligibility remaining.

The 1963 team centered around the six returning lettermen and a foursome of promising sophomores. Co-captains Craig Johnson and Herb Kraft led the returnees that included Allen Williams, Dick Roberts, Jim Lankford, and Hutch Johnson. Among the sophomores heavily counted upon were hurdler-jumper Floyd Lorenz, sprinters Jerry McDaniel and Al Cato, and half-miler Ross Winter.

The Seminoles were going to have to offset weak areas in the pole vault, javelin, and hurdles by strong performances in the sprint and weight events. The young Seminoles would have to mature rapidly.

FSU's financial situation brightened considerably in the Fiscal Year 1962-63. The Tribe's operating budget was raised by over \$3,500. In addition, the scholarship portion of the budget was increased by \$3,000. The Seminoles began the 1963 season in the best financial shape of their 15-year history (FSU Athletic Office Budget File, 1962-1963).

Florida State opened their indoor season at Montgomery in the Coliseum Relays on February 16. The young Tribesmen gathered in an important 35 to 23 1/2 victory over second place Southwestern Louisiana State University (FSU Track Office Files, 16 February 1963). The Seminoles set four indoor school marks and tied another.

Allen Williams exploded the shot 54' 6" to obliterate the old mark of 51' 8" set by Jeff Clark the year before in Memphis. The

60-yard low hurdles standard was lowered by Terry Long as he raced to a quick :07.0 victory. Herb Kraft set the indoor equivalent to his outdoor broad jump record with a winning leap of 22' 5-3/4".

Dick Roberts became the first Seminole to break the two-minute barrier indoors in the 880-yard run with his 1:59.5 victory. In coping the 60-yard dash, Craig Johnson paired his name with Jack Terwilliger's in FSU's school record book at :06.3.

For the first time, the Coliseum Relays had split the competition into a Southeastern Conference division and a nonconference division. This division had aided the Seminoles in their quest for the title.

Florida State returned to Memphis on February 23 in hopes of repeating their 1962 victory. The hope for a consecutive Memphis Junior Chamber of Commerce Relays Carnival triumph faded slowly as the Seminoles finished third with 35 points (FSU Track Office Files, 23 February 1963). The championship was won by Clemson University with 53 points, as the University of Georgia grabbed second with 43 markers.

Several Seminoles turned in outstanding performances. Allen Williams continued his upward trend in the shot put with a long throw of 55' 4-1/2". His winning throw also set a new Seminole record for the indoor shot put. Only one-tenth of a second off his school record, Terry Long captured the 60-yard low hurdles in :07.1.

The Tribe won two other events as Dick Roberts copped the mile run (4:37.5) and the twelve-lap relay team of Al Cato, Tom Houston, Doug Ferry, and Jerry McDaniel duplicated FSU's 1962 relay victory.

The Memphis Junior Chamber of Commerce Relay Carnival brought FSU's indoor season to a close. The Tribe had won the nonconference division of the Coliseum Relays and had finished third in the Memphis meet. The actual meet experience had been sorely needed and it was now time for the Seminoles to apply their lessons in the outdoor season.

The Seminoles began their campaign as usual with the traditional Miami dual meet in Coral Gables on March 9 (Miami Herald, 10 March 1963). The Tribe had won the last nine encounters with the Hurricanes, but expected the 1963 meet to be very tough.

FSU received fine performances from sprinters Al Cato and Craig Johnson. Sophomore Cato became the fifth Seminole sprinter to run :09.7 as he ran to victory in the 100-yard dash. He dominated the furlong as he clocked a swift :22.0. The Tribe's control of the sprint races was made complete by Craig Johnson's :49.4 triumph in the quarter-mile.

The mile run was won by FSU's Dick Roberts in 4:24.0; however, the Miami distance runners were able to take Roberts in the grueling two-mile as a strong late kick by Bill Payne carried him by Roberts for second place. Byron of Miami won the race after having finished second in the mile run.

The 120-yard high hurdles were a fiasco as the ninth and tenth hurdles were mis-set causing the stride pattern of the hurdlers to be thrown off. All three leading men fell with Dankes and Turek of Miami outscrambling FSU's Floyd Lorenz to the finish line (Lorenz, 1975).

The field events produced double victories for two Seminoles. Bill Giswold copped the high jump at 6' 3/4" and established a school record in the triple jump, a new event, of 42' 1/2". Allen Williams won both the shot put and discus with throws of 55' 2-3/4" and 157' 8", respectively. Williams' heave in the discus was a new school record.

The mile relay team of Al Cato, Tom Houston, Craig Johnson, and Jerry McDaniel brought the Tribe from four points back to an apparent one point win with their 3:21.1 triumph. Subsequently, the coaches were eating supper when they received word to the effect that the Miami team was claiming the victory. A phone call to the Miami coach verified this story (Long, 1976). Later, Coach Bob Downes was quoted in the Miami Herald as saying:

FSU was credited with three points for being second in the pole vault. That was wrong. Gene McCleary of our squad actually was second and Bill Giswold was third. That means two points have to be subtracted from FSU's total and two points added to our score. So we win, 70 1/2 to 69 1/2. (Miami Herald, 10 March 1963)

Coach Mike Long contended that the confusion occurred over third place in the shot put. Long refused to accept the results, and the meet was scored as a victory by both teams. As described by Miami Herald sports writer, Luther Evans, "it was an interesting, but weird meet from start to finish" (Miami Herald, 10 March 1963).

Florida State's next competition was on their home track on March 16 against Furman University. The Paladins reversed the tables on the Seminoles for the first time in four meetings (FSU Track Office Files, 16 March 1963).

The Florida State 440-yard relay team composed of Jerry McDaniel, Hutch Johnson, Al Cato, and Craig Johnson opened the meet with a blazing :41.7 school record setting performance that powered them to victory. The Seminoles were unable to sustain their momentum in the footracing competition as Furman captured seven of the eight remaining running events. The only Seminole to break Furman's stranglehold was Hutch Johnson, using a :09.5 in the 100-yard dash. Johnson's time was better than the existing school record, but was disallowed due to a strong favoring wind (Long, L.S., 1976). The Tribe was dealt a severe blow when Al Cato, leading Hutch Johnson at the 40-yard mark in the 100-yard dash, tore a hamstring and was lost for weeks (Long, C. M., 1976).

Allen Williams copped the shot put with a throw of 55' 8-1/4" and outstripped the discus field with a heave of 148' 3-3/4". The throw in the shot put erased Jeff Clark's old school mark of 55' 3-1/4". Within the space of one short month, Al Williams had broken both Jeff Clark's indoor and outdoor shot put records. Bill Giswold established another school record with a leap of 45' 1/4" in the triple jump.

The score was 68 to 63 in favor of Furman going into the final two events, but outstanding performances by Furman's Patterson in the two-mile and the Paladin mile relay closed the door on the Seminoles' chances of victory. The final tally showed Furman with 78 and the Tribe with 67.

Eleven days later, the Tribe hosted small Roanoke College and the Seminoles blasted the visitors 106 to 33 (FSU Track Office Files,

27 March 1963). It was the largest dual meet victory margin since the Seminoles mauled Howard College 109 to 17 in 1950.

The Seminoles won 12 of the 15 events and were not pressed in many of the races. Together, Bill Giswold and Allen Williams won five of the Tribe victories. Giswold won three jumping events by leaping 6' 4-1/4" in the high jump, 42' 3/4" in the triple jump, and 21' 2-3/4" in the long jump. Upping his school record in the shot put for the second time in as many meets, Allen Williams flipped the ball 55' 11". He threw the discus 152' 5-1/2" for his second win of the day.

In the third meet in which the 330-yard intermediate hurdles were run, Craig Johnson gained a school record when he topped the field with a time of :39.8. The hurdle victory was his second win of the day as he had previously captured the 440-yard dash in :50.0.

All 195 pounds of ex-footballer Jerry McDaniel wheeled around one curve for a quick :21.9 clocking in the furlong. The quality of the promising sophomore's first varsity victory in the 220-yard dash tabbed him as one to watch in future races.

The Florida Relays of 1963 was not a good meet for the Seminoles. Allen Williams' victory in the discus and his second place finish in the shot put were the only places accrued by the garnet and gold (FSU Track Office Files, 30 March 1963). When the tape was pulled taut, Williams' throw in the discus measured 154' 4".

The University of Tennessee rode into Tallahassee on April 1. After taking over the Volunteer's track program, Coach Chuck Rohe had introduced a disciplined regime that would ultimately yield tremendous results. The immediate outcome, however, was a team with only eight

members on the traveling squad. The small Tennessee team was competitive, but the outcome of the meet was never in doubt. The Seminoles won 10 of the 14 events, sweeping all three places in four events.

Keeping his school record binge in the shot put alive, Allen Williams uncorked a 56' 2" beauty. He became the first Seminole to hurl the shot over 56 feet. Williams decimated his opposition in the discus with a toss of 155' 4".

The winning jump of 6' 5-3/4" in the high jump by Bill Giswold left him only one-quarter of an inch shy of George Smith's school record. Giswold entered into a tie with Steve Long for the second best jump by a Seminole. In the triple jump, Giswold won his second event of the day with a 44' 2-1/8" effort.

Jerry McDaniel clipped one-tenth of a second off his personal best in the furlong by sprinting to a :21.8 victory. With the meet safely in hand, the mile relay was cancelled by mutual consent.

Florida State University bussed to Columbia, South Carolina, on April 6 for the first running of the Carolina State-Record Relays. The Tribe was less than auspicious in the relay races with only a second in the quarter-mile relay and a fourth in the mile relay to show for their efforts (FSU Track Office Files, 6 April 1963). The remaining three FSU places were gathered by Allen Williams' second in the shot put (52' 10-1/2") and a third in the discus (145' 11"), and Bill Giswold's third in the high jump with a leap of 6' 0".

April 29 was the day of the annual battle between Florida and Florida State. The meet was held on the Gator track, but the home track advantage did little to help the Florida Gators, as the Seminoles

sprinted away to a 95 1/2 to 49 1/2 victory (FSU Track Office Files, 29 April 1963).

Jerry McDaniel led the Seminole charge with twin victories in both 440-yard dash and 220-yard dash. He was clocked in :49.8 and :22.0, respectively.

An unexpected winner was produced in the 120-yard high hurdles when Franklin Ford, normally a pole vaulter, took the event with a personal best time of :15.0. Ford also placed second in both the broad jump and pole vault.

Allen Williams glided across the circle and released an impressive toss of 54' 1" in the shot put. His victory led Clark Robinson and Wayne Jaeger to a Seminole sweep of the shot put. The same threesome swept the discus, with Williams winning at 144' 10" and Jaeger and Robinson exchanging places. Bill Giswold copped the high jump with a leap of 6' 4".

The Florida dual meet brought to a close the varsity team competition for the 1963 season. The varsity team combined with local area athletes and former Seminole runners to form a powerful Tallahassee Athletic Club (TAC). TAC entered both the Florida and Georgia AAU Championships (Long, L.S., 1976).

Florida State University entered two men in the Drake Relays on April 27 in Des Moines, Iowa, (FSU Track Office Files, 27 April 1963). The school paid for Al Williams' trip, but Bill Giswold stopped off in Des Moines on his way home to Madison, Wisconsin, for spring break (Long, L.S., 1976). The two Seminoles represented the garnet

and gold well with a third in the shot put by Williams and Giswold's fourth in the triple jump.

Allen Williams was the only Seminole to qualify for the United States Track and Field Championships in Houston on June 7-8 (FSU Track Office Files, 7-8 June 1963). Williams uncorked a throw of 57' 3-1/4" that earned him fifth place. He followed up his great shot putting with a throw of 157' 5-1/2" in the discus to finish a very respectable sixth.

The first Seminole ever to place in the National Collegiate Athletic Association Track and Field Championship was Allen Williams in the shot put on June 13-15 (FSU Track Office Files, 13-15 June 1963). The hefty Atlanta native hurled the iron ball 57' 7" for fourth.

Summary. The Seminoles began the year with only a few veteran performers, and injuries weakened their effectiveness. Dick Roberts incurred a hairline fracture of his right foot. Although he continued to compete, his practice routine was disrupted (Roberts, 1975). Herb Kraft reinjured his hamstring and was lost for the majority of the season. Naggng muscle injuries plagued Craig Johnson for much of his senior year (Long, L.S., 1976).

The injuries did not always select veterans as Al Cato suffered one of the most severe hamstring tears seen by Coach Mike Long in his coaching career (Long, L.S., 1976). The proud sprinting corps of Florida State often ran on only one or two cylinders.

The Seminoles opened their season by winning the Coliseum Relays title in Montgomery, Alabama. The Tribe slowly gained momentum to run up a 4-1 dual meet record.

Florida State University track men rewrote five school records. The shot put mark was bested five times by junior Al Williams before he set the top mark of the season at 59' 10" at the Georgia AAU Championship. His throw was the fourth best collegiate throw in the country in 1963 (FSU Track Brochure File, Spring Sports 1964). Williams's fourth place finish in the NCAA Track and Field Championship was the highest ever achieved by a Seminole.

In the 1963 Georgia AAU, Al Williams became the first Seminole to ever throw over 160 feet with the discus, as he tossed the platter 160' 7".

Two new events were added to the dual meet order of events during the 1963 campaign. The 330-yard intermediate hurdles replaced the 220-yard low hurdles. The official reasoning was based upon the fact that the 220-yard low hurdles did not appear in Olympic competition and the 400-meter intermediate hurdles did. The 330-yard intermediate hurdles were added to provide a transition distance before moving to the longer event (Long, L.S., 1976). Craig Johnson was able to take advantage of this situation and carve out a niche in the Seminole record books with a :39.8 clocking against Roanoke College.

The triple jump was the second change in the order of events. This event was also added because of its inclusion in international competition (Long, L.S., 1976). Bill Giswold hopped, stepped, and jumped his way into the record book with a triple jump of 45' 4-3/4". The lanky Giswold had a fourth place finish in the prestigious Drake Relays to his credit.

In one of its rare appearances as a complete team, the quarter-mile relay team of Jerry McDaniel, Hutch Johnson, Al Cato, and Craig Johnson raced to a :41.7 school record in the opening race of the Furman-FSU dual meet. Injuries kept this talented foursome from ever running as a team again.

Injuries played a significant role in the destiny of the 1963 Tribe track team. The young team responded with courage when debilitating accidents plagued the veteran members of the squad. The record speaks highly of the ability of the Seminoles to rise to competitive challenges.

1964

The young Seminoles of Florida State had weathered a season of adversity in 1963. The addition of promising sophomores made the outlook for the forthcoming 1964 campaign much brighter. The only lettermen not returning from the 1963 team were school record holders Craig Johnson (sprints and hurdles) and Herb Kraft (broad jump).

The Tribe looked to the sprint races for their strength. Jerry McDaniel was the Seminole's most powerful runner and especially tough in the 440- and 220-yard dashes. He led off the 440-yard relay and ran the anchor leg on the mile relay. Hutch Johnson and Al Cato handled the 100-yard dash, with Bob Sable adding relay strength and depth.

The return of both Dick Roberts and Jim Lankford gave the Seminoles a competitive entry in the distance events. The hopes of the Tribe in the middle distance races rested on Hank Raehn and Ross Winter. Doug Ferry split his duties between the quarter-mile and the

330-yard intermediate hurdles, while Floyd Lorenz shuttled between the high jump and the high hurdles.

The specter of Allen Williams loomed over the weight events in the South. His shot put of 59' 10" in 1963 was the best toss ever in the South and placed him fourth in the 1963 NCAA Track and Field Championship (FSU Track Brochure File, Spring Sports, 1964). Williams was not as strong in the discus, yet he did throw over 160 feet in 1963.

The Seminoles faced the new season without experienced performers in the broad jump, triple jump, and javelin. Don Pharis was the sole Tribe entry in the pole vault.

Florida State had to develop its talent in some field events and keep their sprint strength healthy to achieve their goals in 1964. The Seminoles possessed talent, but did not have great overall depth, thus compounding the need to avoid injuries to key personnel.

As the Seminoles geared up for the indoor season, Al Cato summarized the traveling style dictated by financial restriction and how the track men responded to the situation:

As you well know, we never traveled in luxury. Those station wagons carried us for many miles; to the Penn Relays, and to Miami for the Orange Bowl track meet. We didn't have a great deal of money and the conditions weren't plush, but we always had a great time. We always traveled and spent the bare minimum of time necessary in order to get to the track meet, do our best, and return to campus. The track program was never really funded as were other sports so Coach Long got along on what he had. We never lacked for anything we needed. Oh, we could have always used a lot more, but we were provided with what we needed to get the job done.
(Cato, 1975)

Florida State University had several of its quality performers invited to participate in the Orange Bowl Track Meet run in conjunction

with the Orange Bowl football extravaganza (Miami Herald, 2 January 1964). Allen Williams and Jerry McDaniel had two impressive second place finishes behind world class performers. The shot put was dominated by Gary Gubner, reigning NCAA champion (FSU Track Brochure File, Spring Sports 1964), with a throw of 59' 7-1/2". Williams bested all other challenges for the runner-up position.

The incomparable Robert Hayes was the victor in the 220-yard dash with an awesome time of :20.4. He was followed by FSU's Jerry McDaniel who clocked a fine :21.0 for second place.

A humorous incident occurred the night before the meet, as Al Cato was caught in a minor lapse of good judgment prior to the competition:

One of the most humorous situations occurred while at the Orange Bowl track meet in Miami the year Alabama with Namath, lost to Texas. We had the meet the next morning at the University of Miami track. Some of us were hungry at about 9:00 p.m. that night. Some of us went down to get something. The thing that appealed to me was a concoction called a "black cow." It's a huge mixture of ice cream, chocolate syrup, nuts, coke, etc. Just as I was about to begin my feast--Coach Long walked in. Imagine my face! His only comment, among the catcalls from everyone with me, was "don't lose tomorrow." Out of the nine entries in the 100-yard dash, I came in seventh. Not too spectacular! However, that was the year Bob Hayes and company were running! (Cato, 1976)

The Seminoles embarked upon their indoor season by entering the Chattanooga USTFF Championships on February 8 in Chattanooga. The Tribe met with little success as three seconds and one fourth place finish accounted for their slim 10-point total (Chattanooga Daily-Times, 9 February 1964).

The second place finishes were achieved by Jerry McDaniel (600-yard run), Dick Roberts (mile run), and Allen Williams (shot put).

The mile relay slipped into the number four slot in the final event to move the Tribe into seventh place in the meet.

The Seminoles completed their 1964 indoor season at the Coliseum Relays in Montgomery on February 15. The Tribe fell just short of duplicating their 1963 victory. Northeast Louisiana State University eased ahead of the Seminoles by a 42 to 39 score (FSU Track Office Files, 15 February 1964).

The Florida State track men set two new indoor school records and tied a third. Al Williams exploded the iron ball 56' 1" to raise his own school standard in the shot put.

As the only pole vaulter on the traveling squad, Don Pharis was off to a very good start. He vaulted 13' 6" to establish a new indoor school record, yet finished second in the meet. On his own volition, Pharis did not practice his event much during the fall as he competed full time on the cross-country team (Long, L.S., 1976).

Floyd Lorenz won the high jump with a leap of 6' 2". He was only one-half inch off the indoor school record held by Steve Long.

With a 1:15.3 600-yard run, Jerry McDaniel copped the final win for the Florida State team. Northeast Louisiana State University had a one point lead over the Seminoles prior to the mile relay, and by losing this crucial event to Northeast, FSU dropped the meet championship by three points.

The Seminoles hosted the Miami Hurricanes on March 6. FSU copped 11 of the 16 events on the way to a very satisfying and undeniable 89 1/2 to 55 1/2 victory (FSU Track Office Files, 6 March 1964).

The Seminole quartet of Jerry McDaniel, Hutch Johnson, Bob Sable, and Al Cato demonstrated the Tribe's determination as they flashed to a :41.6 victory that earned them school record honors (Tallahassee Democrat, 7 March 1964).

The Tribe displayed their speed by capturing all of the sprint events. Bob Sable became the sixth Seminole to run :09.7 as he sped to victory in the 100-yard dash. Jerry McDaniel added the 440- and 220-yard dashes to his credit with a :48.3 and :21.9, respectively.

There were two school records set in addition to the 440-yard relay. Doug Ferry snatched Craig Johnson's 330-yard intermediate hurdle title from him with a :38.9 clocking that established a new track, meet, and school record (Tallahassee Democrat, 7 March 1964), and a jump of 14' 5-1/4" in the pole vault gained Don Pharis both victory and a school record.

Very creditable winning performances were turned in by Allen Williams and Floyd Lorenz. Williams won the shot put with a toss of 55' 3", while Floyd Lorenz was taking the high jump at 6' 4-1/2".

Hank Raehn came up with a personal best time of 1:56.4 to win the half-mile. After the meet had been safely tucked away, FSU entered the powerful foursome of Doug Ferry, Tom Houston, Ross Winter, and Jerry McDaniel in the mile relay. The Tribe was successful in the relay with a time of 3:20.4.

The Paladins of Furman were the only team to defeat the Seminoles in dual meet competition in 1963. The meeting in Tallahassee on March 14, 1964 was a different story. The Tribe won 12 of the 16 events which included a sweep of the field events (Tallahassee

Democrat, 15 March 1964). Florida State fell one point shy of the century mark as they jolted the Paladins 99 to 45.

The sprint relay team continued to perform well as they won the opening event with a very quick :41.7 clocking. Al Cato used a tail-wind to his advantage in notching a :09.5 victory in the 100-yard dash. A 15-mile per hour favoring wind was over the allowable limit and kept the time out of the record book.

Al Williams won both the shot put and discus throws. It was a feat he was to repeat often during the year. His throw in the shot measured 56' 5-1/2". After leaving his hand, the discus first cut the earth six and one-half inches past the 150-foot mark.

The Seminoles gained control of the meet early and took many of the better performers out of later events. This maneuver gave the younger Seminoles a chance to display their talents, consequently reducing the number of outstanding performances.

Florida State University hosted the second meeting with the University of South Carolina on March 26. The Tribe was paced by Dick Roberts, Allen Williams, and Jerry McDaniel as each man accounted for two individual victories apiece in the rain dampened 91 to 54 triumph (Tallahassee Democrat, 27 March 1964).

Remaining undefeated, the FSU 440-yard relay team of Jerry McDaniel, Hutch Johnson, Bob Sable, and Al Cato pranced to a :42.5 win in the opening event (FSU Track Office Files, 26 March 1964).

The second event of the meet found Dick Roberts capturing the first of his two wins of the day. His 4:22.1 clocking in the mile run was followed by a superlative 9:54.5 triumph in the two-mile. Roberts

became the fourth Seminole to ever run the two-mile under 10 minutes. The shot put and discus were won by Allen Williams with throws of 55' 10-1/2" and 153' 8-1/2", respectively.

Jerry McDaniel captured the 440-yard dash in :48.4 and the fur-long in :21.9. McDaniel did not have a chance to run his customary anchor leg on the mile relay when Ross Winter pulled a hamstring after taking the baton on the third leg of the relay.

Florida State returned to the winner's circle in the 21st Annual Florida Relays on March 28 (FSU Track Office Files, 28 March 1964). The 440-yard relay team of Jerry McDaniel, Hutch Johnson, Bob Sable, and Al Cato stormed to victory with a :41.4 clocking that clipped two-tenths of a second off the school record set by this same foursome earlier in the season.

Al Williams took top honors in the shot put with a 56' 3" effort and finished second in the discus. Although finishing fifth, the distance medley relay team of Irv Watson, Tom Houston, Hank Raehn, and Dick Roberts established a new FSU record with their 10:27.9 clocking.

On April 4 Florida State University embarked upon their most difficult weekend of dual meet competition in 16 years. In a three-day span, the Tribe was facing two of the toughest teams in the Southeastern Conference with both meets away from home. The weekend began against the Florida Gators in Gainesville (FSU Track Office Files, 4 April 1964).

The Gators came up with most of the outstanding running times, but the Tribe hung tough and used twin victories by Al Williams to close out their rivals by a 74 to 71 tally.

Al Williams won the shot put with a fine throw of 56' 4-1/2" and then threw the discus 151' 11-1/2" for his second triumph of the day. Jerry McDaniel lost the quarter-mile for the first time in the 1964 season to a :47.5 clocking by Florida's Pete Rowe. McDaniel came back in the 220-yard dash with a vengeance and redeemed himself with a very fast :21.5.

With one of his best days as a Seminole, Darryl Guthrie led Floyd Lorenz to a Tribe sweep of the first two places in the 120-yard high hurdles with a time of :15.4. Guthrie had finished second in the javelin competition, while Lorenz had topped the high jump field with a leap of 6' 2-1/4".

A very unfortunate injury struck the Seminoles, costing the Tribe the services of Dick Roberts. Having severely blistered the bottoms of his feet in the mile run, Roberts was unable to run in the two-mile and would be lost to the Seminoles for their dual meet with Tennessee on the following Monday.

The premeet figuring by Coach Long had predicted the Florida meet to be extremely close. The pole vault competition appeared to be wide open after conceding the top spot to FSU's Don Pharis. Unfortunately, the Tribe had only one pole vaulter. Bill Crotty had vaulted for the Seminoles before leaving the program after his sophomore year for personal reasons. He told what transpired during the week prior to the Florida meet:

I had dropped out of the track program during my junior year. Coach Long approached me about vaulting in the FSU-Florida meet at Gainesville. He had evidently figured out, down to three points, that we had a chance of losing, but if

I could place third in the pole vault, we could possibly win. Of course, I couldn't turn him down. The only thing I asked was that I drive down myself as I wanted to bring my girl friend (now my wife Barb) with me. So, off we went with my fiber glass pole strapped to my Corvette. As I remember, we did win. (Crotty, 1975)

The pole vault unfolded better than Coach Long had hoped. Don Pharis won the event as expected with Bill Crotty stepping out of his self-imposed retirement to capture the second position. Thus, very valuable points were added to the Seminole side of the ledger.

With the Tennessee Volunteers awaiting the Seminoles only two days hence, Coach Mike Long elected not to run the mile relay after the meet had been mathematically won. The Seminoles boarded their bus for home minus their miler, Dick Roberts, who had stayed behind with his younger brother--a runner for the University of Florida.

Sunday morning found the Tribe meeting at Tully Gymnasium for a long car ride to Knoxville (Long, L.S., 1976). FSU was due to battle the University of Tennessee on Monday, April 6 (FSU Track Office Files, 6 April 1964).

Monday morning dawned with thunderclouds darkening the skies and soon the heavens released its burden on the earth below. By meet time, the rain had stopped; however, the Tennessee cinder track was unrunable and the meet was moved to a local high school track (Long, L.S., 1976). Mud was the order of the day. For the most part, the recorded performances were not indicative of the competitive effort expended.

Jerry McDaniel proved to be the best Tribe mudder as he copped the 440-yard dash in :49.9 and the furlong in :22.5. Disregarding the

conditions, Allen Williams topped the shot put and discus fields with a 56' 1-1/2" throw in the shot and a 156' 3" effort in the discus. Floyd Lorenz jumped 6' 3" for top honors in the high jump despite treacherous conditions.

The strange high school surroundings confused the meet officials in the hundred-yard dash. After a phenomenal time of :09.5 was recorded by FSU's Hutch Johnson, the officials checked the track markings and found that they had run only 91 yards (Tallahassee Democrat, 8 April 1964).

There were two efforts that did not win, but held the keys to the Seminole victory. Ross Winter hung tough in the half-mile and split two outstanding Tennessee runners. Doug Ferry plowed through the mud for a second between two fine Tennessee hurdlers in the 330-yard intermediate hurdles. His time was a remarkable :39.5.

When interviewed concerning the Tennessee meet, Darryl Guthrie gave a laugh and related this story:

The Tennessee meet was my most embarrassing meet in track. After the javelin was over, I went over to ask Coach Long if I could run the intermediate hurdles. He, of course, said, "yes." I had forgotten how the mud would affect the stride pattern. The first two hurdles went alright, but the mud and fatigue soon took hold. I hit the next hurdle--boom--down I went. The guys went past me or were already past me. Not being too smart and just walking off the track, I got up and, boom, hit another hurdle and went down. Finally, covered with mud from head to toe, I finished, long after everyone else. The crowd gave me a standing ovation. (Guthrie, 1976)

The meet was tied at 70 points apiece with only the mile relay remaining when Coach Mike Long called Jerry McDaniel aside. He wanted his star to talk to Hank Raehn, the lead off runner, and help him

relax before the crucial relay. McDaniel's reply to the request was, "who's going to help me relax?" (McDaniel, 1976). Whatever, McDaniel told him worked as Raehn and the mile relay team ran well and Florida State won the meet 75 to 70.

The Tribe had just beaten the University of Florida and the University of Tennessee, the indoor Southeastern Conference Champions, in the space of three days. Coach Mike Long was ecstatic with the performance of his team over their difficult weekend. "Probably the greatest track weekend we've ever had at FSU," exclaimed the happy mentor. He went on to observe that "strangely enough, FSU participants in the Tennessee meet appeared fresher than the UT runners" (Tallahassee Democrat, 8 April 1964).

The dual meet with the University of Tennessee brought to a conclusion the team competition for the Seminoles. The varsity squad was joined by FSU's freshman team and local area athletes to compete in both the Florida and Georgia AAU Championships as the Tallahassee Athletic Club.

Jerry McDaniel represented FSU in the Drake Relays special 220-yard event on April 24 in Des Moines. The powerful Seminole sprinter finished third in a school record shattering :21.2. McDaniel's time was a school record for the furlong run on the turn. Henry Carr of Arizona State won the race in :21.0 (New York Times, 25 April 1964).

Summary. The Seminoles had stayed reasonably healthy throughout the year and it paid dividends with an undefeated dual meet season. The Tribe victims included the University of Miami, Furman University,

the University of South Carolina, the University of Tennessee, 1964 SEC Champions (University of Georgia, 1976), and for the seventh year in a row, the University of Florida.

The Seminoles reset two indoor and five outdoor school standards. Don Pharis and Allen Williams both set their school records in the Coliseum Relays. A vault of 13' 6" wrote Don Pharis's name into the record book, while Williams blasted the shot 56' 1" to establish his new indoor standard.

The 440-yard relay team was undefeated all season and blistered the track in :41.3. The foursome of Jerry McDaniel, Hutch Johnson, Bob Sable, and Al Cato were the men to handle the baton for the Tribe.

Jerry McDaniel reset the one curve furlong school mark with a fast :21.2 clocking. The powerful junior was undefeated in dual meet competition in his specialty.

Using his cross-country conditioning to good advantage, Don Pharis added the outdoor pole vault record alongside his indoor title. He sailed over 14' 7-1/2" to better the old mark held by Ed Hays by over seven inches.

In his first year as an intermediate hurdler, Doug Ferry captured the school record with a fine :38.0 effort. He had been a consistent runner all season. Hank Raehn closed out his senior year by lowering the school record in the 880 to 1:54.2, and thus joining a very distinguished league of FSU half-milers.

1965

Florida State had the perfect combination of seasoned performers and young sophomores that could continue the Tribe's winning string which extended back to the loss to Furman University on March 16, 1963. The Seminoles lost two school record holders from the 1964 team with the graduation of Allen Williams (shot put and discus) and Hank Raehn (Half-mile). Distance runners Richard Roberts and Jim Lankford were among the graduating lettermen (FSU Track Brochure File, 1965).

The sprint events were again the area in which the Seminoles' strength lay. The school record setting quarter-mile relay team returned three of its members, missing only Hutch Johnson. He was replaced by Pensacola Junior College speedster Ken White.

Jerry McDaniel controlled the 440- and 220-yard dashes, and he had suffered only one dual meet loss during the entire previous season. Al Cato, Ken White, and Bob Sable formed a very strong threesome in the 100- and 220-yard dashes.

The loss of Al Williams, the South's premier weight man, was impossible to fill as a man of his calibre is not often found. Footballer Dave Braggins and Ray Hoxit had the task of keeping the Seminoles competitive in the weight throwing events.

Hank Raehn was gone in the half-mile, and juniors John Brogle and Ross Winter were called upon to fill the vacancy. Winter had shown promise with his vital second place finish in the victory over the University of Tennessee in Knoxville.

Bill Nelson, Tom Graham, and Irv Watson bore the pressure of carrying the colors in the distance events. The graduation of Dick Roberts and Jim Lankford left the Tribe without an experienced performer in the distance races.

The graduation of Don Pharis left Hull Carr, a freshman sensation in the pole vault, as the lone Seminole vaulter. Carr showed extraordinary promise, but the seconds and thirds would be hard to come by.

The Tribe's fortunes in the horizontal jumping events rested on youngsters Sid Gainey and Don Casteel, younger brother of the former school record holder in the 440-yard dash, Jim Casteel. The two talented sophomores were expected to shore up events that had been weak for the past two years.

Floyd Lorenz returned in the high jump and high hurdles. The senior from Muscata, Illinois, had steadily improved throughout his career at Florida State. His steadying influence in the field events was desperately needed as five of seven field events were manned by sophomores.

The intermediate hurdles had the ideal blend of a school record holder and a young talented sophomore. Doug Ferry was embarking on his final season as a Seminole and would receive help from sophomore Steve Landis.

The schedule was obviously tougher than in the past, but the Tribe had the manpower to duplicate their 1964 undefeated season. FSU had three SEC opponents in Tennessee, Auburn, and Florida on their schedule, plus tough encounters with Furman and South Carolina. The

promising young Seminoles had to come through while the veterans needed to maintain their winning desire for the dream of an undefeated season to materialize.

The season opener in Montgomery on February 13 was a mixture of excitement and disappointment. The Seminoles fought to a 34 to 34 tie with Northeast Louisiana State in the ninth running of the Coliseum Relays (FSU Track Office File, 13 February 1965). Florida State had to come from behind to grab a share of the title with the team that had defeated them by three points the year before.

Victories were hard earned as three of the four wins called for school record setting performances. The two-mile relay team composed of Irv Watson, John Brogle, Bill Nelson, and Ross Winter scampered to victory in an FSU record time of 8:06.7.

The question concerning the possible vulnerability of FSU in the broad jump was answered when Sidney Gainey sailed to a new indoor mark of 23' 1". This jump gave the slender Georgian the Coliseum Relays broad jump title.

The high jump was a long-lasting event with the Seminoles struggling hard for points. In a pressure cooker situation, Floyd Lorenz mustered the best indoor jump of his career to take the event with a new FSU indoor record of 6' 7".

The mile relay was the concluding event. The Seminoles had to win as they trailed by two points. If they were successful in the mile relay and if Northeast Louisiana State finished third or lower, the meet would belong to the Seminoles. The Tribe flashed around the oval in 3:28.1 as they edged out Northeast Louisiana State who finished

second. It was the second fastest indoor mile relay for a Seminole team. The final standing showed Florida State and Northeast Louisiana State tied. The team picked Floyd Lorenz to call the flip of the coin to decide which team would receive the meet trophy. As he described it:

I remember the Coliseum Relays in 1965 when I had to jump my PR (personal record) for the team to tie for first. That evening the team allowed me to call the flip to see which team would get the trophy. We took it home! (Lorenz, 1975)

The Seminoles took a small squad to the Southeastern USTFF Championships in Chattanooga on February 19-20. There were fine performances by several Seminoles in the unscored competition (FSU Track Office Files, 19-20 February 1965).

Sidney Gainey upped his indoor broad jump record to 23' 6-1/4", earning third place for his efforts. The broad jump had ceased being a questionable event for the Tribe.

Continuing to jump well, Floyd Lorenz cleared 6' 6" to finish second in the high jump competition. Hull Carr tied Don Pharis's indoor mark in the pole vault with his third place vault of 13' 6".

The Seminoles gathered at Tully Gymnasium on March 5 to load into four university station wagons for the long journey to Coral Gables. On the following day, the Seminoles unloaded on the Miami Hurricanes by a tune of 104 to 41 (Miami Herald, 7 March 1965).

With a stiff cold wind wreaking havoc with the quality of performances, the Seminoles captured seven of nine running events and swept all three places in the 220-yard dash and the 330-yard

intermediate hurdles. Jerry McDaniel won two individual events with a :48.6 clocking in the quarter-mile and a :21.8 effort in the 220-yard dash.

With times of :15.0 and :39.5, Steve Landis won the 120-yard high hurdles and the 330-yard intermediate hurdles. A strong showing by Landis in practice had prompted Coach Mike Long to take Doug Ferry, FSU record holder in the 330-yard intermediate hurdles, out of the hurdles and return him to the quarter-mile (Long, L.S., 1976).

Led by a school record-setting performance by Don Casteel, the Seminoles won 35 of the 63 available points in the field events. In his first varsity outdoor meet, Casteel bounded 46' 2-1/2" in the triple jump for a new FSU school record.

The home opener for the Tribe took place on March 13. The Paladins of Furman University visited Tallahassee without witnessing the usual southern hospitality. The Tribe dropped the baton in the 440-yard relay, and this was followed by a Furman victory in the mile run as the Paladin's Curt Hollifield copped the win. The remainder of the meet, however, belonged to the Seminoles as they captured 12 of the 14 remaining events (Tallahassee Democrat, 14 March 1965).

Jerry McDaniel turned in a very fast double in the 440- and 220-yard dashes by winning the quarter-mile in :48.1 and the furlong in a track record setting :21.5. Ken White became the sixth Seminole to run :09.7 as he blazed to victory in the 100-yard dash. He finished second in the 220-yard dash with Al Cato in third, making the furlong a Seminole sweep. The 5' 9" Steve Landis showed high stepping form by

taking the 120-yard high hurdles in :14.9 and the 330-yard intermediate hurdles in a school record time of :37.6.

Don Casteel and Sidney Gainey dominated the horizontal jumping events. Casteel bettered the school record in the triple jump by bounding 47' 3". Displaying his high flying form, Sidney Gainey sailed 23' 3" on his winning jump in the broad jump.

Darryl Guthrie became the fourth best javelin thrower in Florida State's track history with his winning heave of 188' 1/4". The mile relay team of John Brogle, Bill Nelson, Doug Ferry, and Jerry McDaniel held onto the stick to record a 3:21.3 victory. The overcast skies and muddy track had depressed superior marks, but did little to inhibit the Seminoles' scoring ability as they overwhelmed Furman 96 to 49. The victory drove FSU's winning string to 10. The last team to defeat the Tribe had been Furman on March 16, 1963.

The Seminoles of Florida State made their presence felt in the Twenty-second Annual Florida Relays. The 440-yard sprint relay team of Jerry McDaniel, Bob Sable, Ken White, and Al Cato successfully defended their 1964 relay crown. The Seminoles also gathered a second, third, and fifth in the one mile, two-mile, and sprint medley relays, respectively (FSU Track Office Files, 27 March 1965).

Irv Watson led off the two-mile relay that turned in a school record clocking of 7:42.1, almost seven full seconds below the previous record. John Brogle, Bill Nelson, and Ross Winter completed the team. Despite their record setting efforts, they had to settle for third.

Sidney Gainey, Don Casteel, and Ken White all swept to victory in school record setting or tying performance. Improving with each

meet, Sidney Gainey cracked the 24-foot barrier with a jump of 24' 1-1/2". One of his victims was his older brother competing for the University of Georgia. Don Casteel moved over the 48-foot mark with school record setting triple jump of 48' 6". It was his third school record jump in as many meets. Ken White joined earlier Seminoles Jack Terwilliger and John Poston in the record book with his :09.6 dash to victory in the 100-yard dash. The Seminoles closed out the day with Floyd Lorenz copping a second in the high jump, and Steve Landis running third in the 330-yard intermediate hurdles.

Florida State traveled to Auburn on April 2 to do battle with Auburn University. The Seminoles came away with a 95 to 50 triumph (FSU Track Office Files, 2 April 1965). The win marked the first home meet loss suffered by the Tigers in 21 meets (Tallahassee Democrat, 8 April 1968).

Bill Nelson captured the mile run with a 4:20.4 clocking, with Irv Watson finishing third with a time of 4:21.5. The quarter-mile was won by Jerry McDaniel in :48.1. Ken White led Al Cato to a 1-2 Seminole finish in the 100-yard dash. White's race was timed in :09.8, while Cato was one-tenth of a second back at :09.9.

John Brogle and Ross Winter fought to another 1-2 Tribe finish with outstanding times of 1:55.1 and 1:55.4, respectively in the 880. A double win was scored by Floyd Lorenz as he copped the 120-yard high hurdles in :15.0 and the high jump at 6' 5".

An all-Seminole cast, starring Darryl Guthrie, dominated the javelin. A personal best toss of 190' 6" by Guthrie won the event, as Gary Oates and David Thompson finished second and third with throws of

187' 7" and 178' 8-1/2", respectively. Guthrie explains the circumstances surrounding his throw:

My best throw came in the Auburn meet and I was using someone else's javelin. The Auburn man had a wooden javelin and you know psychology--I thought it was lighter. All three PSU throwers used the wooden javelin and finished first, second, and third. (Guthrie, 1976)

The two Georgians, Don Casteel and Sidney Gainey, continued to perform well. Casteel upped his school mark for the fourth consecutive meet with a winning jump of 48' 9-1/2". Falling only one-half inch short of his school record, Sidney Gainey bested all the broad jumpers with a leap of 24' 1".

A funny thing happened on the way to the finish line in the 330-yard intermediate hurdles. A first-hand account is given by Curtiss Long:

The track at Auburn ran behind the stands in Cliff Hare stadium. The 330-yard intermediate hurdles started on the backstretch, so none of the contestants could see the north curve. Steve Landis was in lane two, Smith of Auburn in lane three, and I was in the fourth lane. Running well and making stride easily for a change, I came off the fourth hurdle and disappeared behind the stands. Much to my dismay, the fifth flight of hurdles had not been placed on the track. I did the only thing I could think of--nothing! Just kept on running, hoping that my stride would be right for the fifth hurdle. It wasn't and I chopped wildly and almost climbed over the sixth hurdle. Later I learned that Landis had run around his hurdle, but I never did know what Smith of Auburn had done. Landis won the race with Smith catching me late for second. My third place time of :39.4 was the second best of my career. I just wish that I could have run a clean race. (Long, C. M., 1976)

The officials validated the race which had produced the fourth and fifth fastest 330-yard intermediate hurdles races in Seminole history.

Florida State met the Gamecocks of South Carolina on April 5. The Seminoles ran extremely well as the Tribe captured eight of the 10

footraces, but managed to win only three of the seven field events (FSU Track Office Files, 5 April 1965).

FSU's fine quarter-mile relay team opened with a quick :41.8 victory. Showing the mile field his heels, Irv Watson became the fourth fastest miler in Seminole track history with a 4:19.8 clocking.

These two opening victories were followed by the superlative efforts of Jerry McDaniel and Ken White. McDaniel won the 440-yard dash, only one-tenth of a second off the two-curve school record with a clocking of :47.8. Bursting from the blocks, Ken White sped to victory in a school record time of :09.5. John Poston's record, set in 1952 and tied by Jack Terwilliger in 1958 and Ken White in 1965, had finally been broken.

Floyd Lorenz copped the high hurdles in a fast :14.8 and leaped 6' 4" for victory in the high jump. Although finishing second in the 880-yard run, Ross Winter established a new FSU record with a clocking of 1:54.0 (Tallahassee Democrat, 6 April 1965).

In his third race of the day, Jerry McDaniel topped teammate Al Cato in the 220-yard dash with a very quick time of :21.4. The mile relay marked McDaniel's final appearance in the meet. The powerful quarter-miler split :46.5 on the anchor leg, but failed by inches to overcome a seven-yard headstart by the Gamecock anchorman (Tallahassee Democrat, 6 April 1965).

The final score was 85 to 60 in favor of the Seminoles. It marked the fourth victory in a row for the Tribe against the University of South Carolina.

The Seminoles of Florida State concluded their dual meet season on April 10 in Tallahassee against the Gators of Florida (FSU Track Office Files, 10 April 1965). Florida State carried a seven to two advantage in the series with Florida winning the last seven meets in a row.

The match-up between John Anderson, a standout sprinter for the University of Florida, and FSU's sprinting corps held the keys to victory. The 440-yard relay team opened up the meet with a "come from behind" (Roberts, 1976) victory in :41.8. The Gators had an outstanding team and led through the first three men. John Anderson was anchoring for Florida against Al Cato of Florida State. Coming out of the turn extremely fast, Cato overcame Anderson's early advantage, taking a one-half step lead. The two men raced to the tape with Cato holding on for the victory (Roberts, 1975).

Bill Nelson and Irv Watson registered a sweep of first and second places in the mile run, with Nelson turning in a sparkling 4:16.5 for first place. Nelson's time moved him into the number two slot on the Tribe's all-time list.

FSU's Jerry McDaniel and Doug Ferry dominated the one lap race as McDaniel's winning time of :47.7 tied the school record for the quarter-mile run around two turns set by Quentin Till in 1961.

The stage was set for Al Cato's match race with John Anderson in the 100-yard dash. Cato described his feelings before the big race:

This obviously has to be one of the highlights of my career at FSU. As I recall, Ken White had already set the school record at :09.5. This was the last meet of the year and possibly the last time I would ever run competitively. Florida was

and still is a rival and I don't like losing to them, so it was really a big meet for me.

John Anderson, the Florida sprinter, and I had gone head-to-head on several occasions during the year with no clear cut winner on any occasion. I was really keyed up for this meeting between John and myself. I also was anxious to beat Ken White and get the school record for myself.

As I recall, just prior to the 100, our relay team had just won the 440-yard relay with me anchoring it and just beating out John at the wire. I was ready to make it a double by beating him in the 100-yard dash. As it turned out, I was the winner and lucky enough to tie the school record and share it at :09.5 with Ken White. (Cato, 1975)

Many Florida State athletes were turning in career-best performances that night. Steve Landis tied his own school record in the 330-yard intermediate hurdles with a winning time of :37.6.

Florida had two fine shot putters in Leach and Winkler, and the event figured to be one of critical importance. FSU's Dave Braggins responded by winning the shot put competition with a throw of 50' 5-1/2". It was the first time he had thrown over 50 feet.

Sidney Gainey and Don Casteel handled the horizontal jumping events with performances of 23' 2" and 46' 1-1/2" in the broad jump and triple jump, respectively. Floyd Lorenz bounded over 6' 4" for victory in the high jump.

The 220-yard dash was an exciting event for the Seminoles. Jerry McDaniel had never lost a dual meet 220-yard dash race during his three-year career at Florida State University. The announcer stated this fact to the crowd just prior to the start of the race (Roberts, 1975). With 215 yards of the race covered by flying feet, the leader was Al Cato. With his streak in jeopardy, Jerry McDaniel was charging hard in second place. Hampered by a sore hamstring, Ken White was in third and struggling to hold on after going out extremely fast.

Florida's John Anderson was running a strong fourth. Jerry McDaniel continued to charge and nipped Cato by two-tenths of a second. His winning time was :21.5 as Cato turned in a personal best of :21.7 for second. Ken White was unable to hold off the fast closing Anderson and slipped to fourth (Roberts, 1975).

The only event remaining was the mile relay and despite having the meet closed out, the 3,000-plus crowd wanted another Seminole victory. Running on the third leg of the relay, Al Cato remembered how the race unfolded:

One of the most memorable performances by Jerry McDaniel happened on this night against Florida. Jerry had led the 440-yard relay with an outstanding first leg. He had won the 220-yard dash going away. He had won the open 440-yard dash. The only event left to complete the devastation of Florida was the mile relay. Jerry was the anchor man. Unfortunately for Jerry, I had to run the third leg and I was never a quarter-miler. Again, I was paired against John Anderson. Doug Ferry led off for us and gave us a slight lead. John Brogle ran the second leg and came in to pass the baton to me with a step on the Florida man. For 330 yards John and I did battle like I never did before. I was going full bore all the way. Coming off the curve, the "bear" caught up with me and my legs would not move. John passed me and there was nothing I could do. I finally staggered in and passed the baton to Jerry who was already 20 yards behind. Gaining ground steadily, McDaniel passed Brown of Florida in the homestretch before the screaming Seminole fans. This was one of the many times "The Horse" lived up to his name. (Cato, 1975)

The 85 1/2 to 58 1/2 shellshocking of the Florida Gators brought to conclusion the dual meet season. The Seminoles competed in the Florida and Georgia AAU Championships as the Tallahassee Athletic Club. Although the Seminoles had finished their dual meet season, members of the squad continued to compete in selected meets. The Tribe traveled to the Pennsylvania Relays on April 23-24. The Seminoles were not able to win an event, but placed high in several

contests. The quarter-mile relay team tasted defeat for the first time in the 1965 season. The Tribe foursome finished third with a respectable time of :42.3 (New York Times, 25 April 1965).

Don Casteel had the highest Seminole place as he covered 46' 6-1/4" in the triple jump, earning second place. A :53.6 clocking in the 440-yard intermediate hurdles garnered a fifth place and a new FSU record for Steve Landis (New York Times, 24 April 1965).

On the first day, Ken White won his heat in the 100-yard dash with a time of :09.6. However, he could only muster a fourth place in the finals on Saturday.

The high jump and broad jump were the only other events the Tribe placed in, as Floyd Lorenz cleared 6' 4" for sixth in the high jump and Sidney Gainey wound up fifth in the long jump at 22' 11" (New York Times, 24 April 1965).

The final competition for the Seminoles occurred on June 11-12 in the Third Annual USTFF Track and Field Championships. Sidney Gainey and Don Casteel continued to excel for the Seminoles. The two young sophomores became the second and third Seminoles to place ever in national competition. Gainey captured fifth in the broad jump with a leap of 22' 6-1/2", while Casteel won fifth in the triple jump with a leap of 46' 9-1/4" (FSU Track Office Files, 11-12 June 1965). Jerry McDaniel competed in the 220-yard dash, but was unable to place in the finals.

The threesome of Jerry McDaniel, Sidney Gainey, and Don Casteel competed in the NCAA Track and Field Championships on June 17-19 in

Berkley, California. None of the three men was able to garner a place.

Summary. The 1965 Seminoles completed their second undefeated dual meet season in as many years. Florida State had now defeated their last 13 opponents in head-to-head competition. The Seminoles rewrote seven school records and tied two more in the process.

Seniors Al Cato and Jerry McDaniel provided leadership on and off the track. McDaniel, the man called "Horse" by his teammates, remained undefeated in dual meet competition during his career in the 220-yard dash. He tied his own curve 220-yard dash school record as he drove to a :21.2 clocking.

Al Cato overcame a tendency towards hamstring trouble to blast to a :09.5 clocking in the Florida dual meet. His time tied him with Ken White for the school record. Earlier in the season, White had become the first Seminole to run :09.5 in the 100-yard dash.

Three sophomores began their Seminole track careers in a big way. Sidney Gainey became the first Seminole to crack the 24-foot barrier in the broad jump as he floated to a 24' 1-1/2" victory in the Florida Relays. Don Casteel broke the school standard in the triple jump in four consecutive meets before finally letting the record rest at 48' 9-1/2". New school records were set in the 330- and 440-yard intermediate hurdles by Steve Landis. Landis lowered Doug Ferry's 330-yard intermediate hurdle mark with a :37.6 clocking. His fifth place finish in the Pennsylvania Relays earned him the 440-yard intermediate hurdle record at :53.6.

Two men broke the school record in the half-mile. Ross Winter first accomplished the feat with a 1:54.0 clocking in the South Carolina dual meet. John Brogle bested Winter's mark with a 1:52.2 clocking during the dual meet with the University of Florida. Earlier in the year, these two men had teamed with Bill Nelson and Irv Watson to set a school record in the two-mile relay at the Florida Relays. They shaved seven and one-tenth seconds off the old school mark with their 7:42.1 clocking.

The end of the 1965 season brought to a close the most prosperous era in Seminole track history. It had begun in 1958 and the following seven years saw many of the best performances in the Tribe's track history.

Every school record was broken during this eight-year span of time. The FSU track team ran up a 34 and 3 dual meet record against the best teams in the South. Florida State demonstrated their complete dominance over the Florida Gators by winning all eight of their annual encounters.

The pride and confidence during this era set these athletes apart from those who had preceded them. Al Cato's comment on his successful evening against John Anderson, in the FSU-Florida dual meet exemplified the attitude of Mike Long's teams during this year. He remarked, "I ran him four times, and I wanted to beat him four times, and I only won three" (Roberts, 1975).