

# MEN'S TRACK AND FIELD RECORDS

## 100 METER DASH

FSU Outdoor Record	10.06	2005	Walter Dix
Mike Long Track Record	10.11	1988	Andre Cason, Texas A&M
ACC Outdoor Record	10.07	1996	Alvis Whitted, N.C. State
Collegiate Record	9.90	2004	Ato Bolden, UCLA

## 200 METER DASH

FSU Outdoor Record	20.08	1980	Mike Roberson
Mike Long Track Record	20.32	2004	Jimmy Hackley, Unattached
ACC Outdoor Record	20.09	2000	Shawn Crawford, Clemson
Collegiate Record	19.75	1988	Joe DeLoach, Houston

## 400 METER DASH

FSU Outdoor Record	44.87	2005	Ricardo Chambers
Mike Long Track Record	45.32	2005	Ricardo Chambers, FSU
		1999	Ken Harnden, Unattached
ACC Outdoor Record	44.59	1994	Derek Mills, Georgia Tech
Collegiate Record	43.50	1992	Quincy Watts, USC

## 800 METER RUN

FSU Outdoor Record	1:46.19	1986	Ocky Clark
Mike Long Track Record	1:46.24	1994	Mark Everett, Ga. Tech
ACC Outdoor Record	1:43.16	1989	Paul Ereng, Virginia
Collegiate Record	1:41.77	1984	Joaquinn Cruz, Oregon

## 1,500 METER RUN

FSU Outdoor Record	3:38.92	2005	Tom Lancashire
Mike Long Track Record	3:42.81	1987	Danny Collins, Ga. Tech
ACC Outdoor Record	3:37.27	1998	David Krummenacker, Ga. Tech
Collegiate Record	3:31.71	1987	Abdi Bile, George Mason

## 3,000 METER STEEPLECHASE

FSU Outdoor Record	8:30.12	2005	Andrew Lemoncello
Mike Long Track Record	8:26.46	1986	Brian Abshire, Auburn
ACC Outdoor Record	8:21.72	1981	Hans Koeleman, Clemson
Collegiate Record	8:05.4	1978	Henry Rono, Wash. St.

## 5,000 METER RUN

FSU Outdoor Record	13:46.01	2004	Joep Tigchelaar
Mike Long Track Record	13:45.20	1982	Barry Brown, Florida TC
ACC Outdoor Record	13:24.46	1984	Sijjn Jaspers, Clemson
Collegiate Record	13:08.04	1978	Henry Rono, Wash. St.

## 10,000 METER RUN

FSU Outdoor Record	28:33.81	2003	Joep Tigchelaar
Mike Long Track Record	29:06.56	1983	Jim Spiezza, FSU
ACC Outdoor Record	28:31.51	1999	Nolan Swanson, Wake Forest
Collegiate Record	27:22.47	1978	Henry Rono, Wash. St.

## 110 METER HIGH HURDLES

FSU Outdoor Record	13.27	1987	Arthur Blake
Mike Long Track Record	13.27	1990	Arthur Blake, Mazda TC
ACC Outdoor Record	13.00	1979	Renaldo Nehemiah, Md.
Collegiate Record	13.00	1979	Renaldo Nehemiah, Md.

## 400 METER INTERMEDIATE HURDLES

FSU Outdoor Record	49.15	1995	John Rothell
Mike Long Track Record	48.64	1992	Derrick Adkins, Bud Light TC
ACC Outdoor Record	47.90	2000	Angelo Taylor, Ga. Tech
Collegiate Record	47.10	1991	Samuel Matate, Auburn

## 4X100 METER RELAY

FSU Outdoor Record	38.92	2004	Baker, Sterling, Dzingai, Nabe
Mike Long Track Record	39.15	1984	Butler, Krulec, Smith, Lattany, Bud Light TC
ACC Outdoor Record	38.82	2002	Clemson
Collegiate Record	38.04	1998	TCU

## 4X400 METER RELAY

FSU Outdoor Record	3:03.78	1986	Williams, McKenzie, Waddell, Johnson
Mike Long Track Record	3:03.34	1985	Krehnbrink, Hind, Bernard, Armour, Ga. Tech
ACC Outdoor Record	2:59.95	1992	Georgia Tech
Collegiate Record	2:59.91	1988	UCLA

## HIGH JUMP

FSU Outdoor Record	7'5.75"	1993	Kevin Crist
Mike Long Track Record	7'6"	1997	Cameron Wright, Una.
ACC Outdoor Record	7'6"	1986	Victor Smalls, Clemson
		1996	Omar Dixon, NC State
Collegiate Record	7'10"	1989	Hollis Conway, S.E. Louisiana

## LONG JUMP

FSU Outdoor Record	26'0.5"	2001	Joe Allen
Mike Long Track Record	27'6.75"	1982	Larry Myricks, Unattached
ACC Outdoor Record	26'2.75"	1996	Eric Bowers, Ga. Tech
Collegiate Record	28'8.25"	1995	Erick Walder, Arkansas

## TRIPLE JUMP

FSU Outdoor Record	54'6"	1992	Kelsey Nash
		2004	Rafeeq Curry
Mike Long Track Record	56'5.25"	2000	Jonathan Edwards, Unattached
ACC Outdoor Record	55'3"	1979	Dennis Ivory, Maryland
Collegiate Record	58'9.5"	1995	James Beckford, Blinn

## POLE VAULT

FSU Outdoor Record	18'6.5"	1992	Jeff Bray
Mike Long Track Record	18'6.5"	1992	Jeff Bray, Florida State
ACC Outdoor Record	18'6.5"	1992	Jeff Bray, Florida State
Collegiate Record	19'7.5"	1996	Lawrence Johnson, Tennessee

## HAMMER

FSU Outdoor Record	215'8"	1986	Horatio Garcia
Mike Long Track Record	223'11"	1987	Jim Driscoll
ACC Outdoor Record	204'1"	1997	Matt Helinski, Clemson
Collegiate Record	257'0"	1995	Balazs Kiss, USC

## SHOT PUT

FSU Outdoor Record	67'0.25"	2005	Garrett Johnson
Mike Long Track Record	65'9"	1988	Chris Volgenale
ACC Outdoor Record	68'4.25"	1986	Mike Spiritoso, Clemson
Collegiate Record	72'2.25"	1992	John Godina, UCLA

## DISCUS

FSU Outdoor Record	212'6"	1979	Brad Cooper
Mike Long Track Record	211'4"	1986	Brad Cooper, Bahamas TC
ACC Outdoor Record	212'9"	1996	Andy Bloom, Wake Forest
Collegiate Record	232'4"	1992	Kamy Keshmiri, Nevada

## JAVELIN

FSU Outdoor Record	250'4"	1981	Hank Langee
Mike Long Track Record	255'9.25"	1994	Siggi Einarson
ACC Outdoor Record	243'6"	2001	Brian Kollar, Virginia
Collegiate Record	292'4"	1990	Patrick Bodin, Texas

## DECATHLON

FSU Outdoor Record	7612	1981	Rohn Stark
Mike Long Track Record	8203	1987	Gary Armstrong, Unattached
ACC Outdoor Record	7920	1992	Stephen Dunphy, Virginia
Collegiate Record	8322	1986	Mike Ramos, Washington

# MEN'S TRACK AND FIELD INDOOR RECORDS

## FLORIDA STATE INDOOR RECORDS

EVENT	ATHLETE	T/M	YEAR
60m Dash	Philip Riley	6.56	1994
60m Hurdles	Arthur Blake	7.56	1988
200m Dash	Walter Dix	20.37	2005
400m Dash	Ricardo Chambers	46.05	2005
800m Run	Rob Circelli	1:48.86	1991
Mile Run	Tom Lancashire	4:00.64	2005
3,000m Run	Herb Wills	8:04.10	1982
5,000m Run	Herb Wills	14:00.10	1982
4x400m Relay		3:08.67	1984
(McKenzie, Carr, Washington, Ross)			
Long Jump	Joe Allen	25'9"	2001
Triple Jump	Rafeeq Curry	54'0.5"	2005
High Jump	Shawn Brown	7'3 3/4"	2001
Shot Put	Garrett Johnson	66'8.75"	2005
35lb. Weight	B.J. Linnenbrink	68'7 1/4"	2002
Pole Vault	Jeff Bray	18'1/2"	1993

## ACC MEN'S INDOOR CHAMPIONSHIPS MEET RECORDS

EVENT	ATHLETE	SCHOOL	T/M	YEAR
60m Dash	Shawn Crawford	Clemson	6.56	2000
60m Hurdles	Todd Matthews	Clemson	7.73	2001
200m Dash	Shawn Crawford	Clemson	20.43	2000
400m Dash	Reggie Harris	UNC	45.94	1992
800m Run	David Krummenacker	GT	1:47.77	1998
Mile Run	Tony Waldrop	UNC	3:56.4	1974
3,000m Run	Nolan Swanson	Wake	8:03.5	1999
5,000m Run	Yehezkel Halifa	Clemson	14:04.79	1989
4x400m Relay		GT	3:08.48	1998
(T. Motiejunas, J. Motiejunas, Krummenacker, Taylor)				
Distance Medley Relay		Wake	9:52.23	2002
High Jump	William Skinner	Maryland	7'3.25"	1987
Long Jump	Allen Johnson	UNC	26'8.5"	1993
Triple Jump	Mike Patton	N.C. State	54'4.5"	1988
Pole Vault	Jeff Bray	FSU	18'0.5"	1993
Shot Put	Vikas Gowda	UNC	64'3.75"	2005
Weight Throw	Spyridon Julien	VT	75'9.5"	2005

## NCAA MEN'S INDOOR

EVENT	ATHLETE	SCHOOL	T/M	YEAR
60m Dash	Leonard Miles-Mills	BYU	6.45	1999
60m Hurdles	Reggie Torian	Wisconsin	7.47	1997
200m Dash	Shawn Crawford	Clemson	20.26	2000
400m Dash	Alleyne Francique	LSU	45.35	2002
800m Run	Paul Ereng	Virginia	1:44.84	1989
Mile Run	Tony Waldrop	UNC	3:55	1974
3,000m Run	Alistair Cragg	Arkansas	7:38.59	2004
5,000m Run	Suleiman Nyambui	UTEP	13:20.4	1981
High Jump	Hollis Conway	SW-LA	7'9 1/4"	1989
Long Jump	Miguel Pate	Alabama	(8.59m)	2002
Triple Jump	Charlie Simpkins	Baptist	57'5"	1981
Pole Vault	Jacob Davis	Texas	19'2 1/4"	1999
Shot Put	Terry Albritton	Stanford	70'6 1/2"	1977
Weight Throw	Scott Russell	Kansas	(24.72m)	2002
4X400m Relay		Oklahoma	3:04.25	1998

# MEN'S TRACK AND FIELD TOP TEN

## 100 METERS

1.	Walter Dix	10.06	2005
2.	Mike Roberson	10.07	1979
3.	Jonathan Carter	10.17	1996
4.	Jimmy Daniel	10.24	1985
5.	Don Merrick	10.24	1977
6.	Deion Sanders	10.26	1988
7.	Clark Waddell	10.28	1985
8.	Jessie Forbes	10.29	1978
	Kevin Johnson	10.29	1978
	Cedric Nabe	10.29	2004

## 200 METERS

1.	Mike Roberson	20.08	1980
2.	Brian Dzingai	20.12	2004
3.	Walter Dix	20.18	2005
4.	Ronnie Taylor	20.39	1982
5.	Ron Harrison	20.54	1960
6.	Arthur Blake	20.63	1987
7.	Deion Sanders	20.71	1987
8.	Don Merrick	20.72	1977
9.	Clarke Waddell	20.76	1986
10.	Kevin Ansley	20.77	1994

## 400 METERS

1.	Ricardo Chambers	44.87	2005
2.	Walter McCoy	44.99	1981
3.	Michael Jennings	45.55	2001
4.	Kevin Ansley	45.68	1994
5.	Thomas Johnson	45.69	1985
6.	Carter Williams	45.85	1985
7.	Vince Washington	45.85	1985
8.	Sean Campbell	45.92	2004
9.	Ronnie Taylor	45.94	1982
	Clark Waddell	45.94	1985

## 800 METERS

1.	Ocky Clark	1:46.19	1986
2.	Phillip Rolle	1:46.58	1981
3.	Palmer Simmons	1:47.30	1980
4.	Rob Circelli	1:47.42	1991
5.	Mark Grey	1:47.89	1994
6.	Tim Middlekoop	1:48.06	1994
7.	Tom Lancashire	1:48.30	2005
8.	George Gardner	1:48.37	1986
9.	Tyrone Frederick	1:48.44	1974
10.	Rob Gomez	1:48.80	1980

## 1500 METERS

1.	Tom Lancashire	3:38.92	2005
2.	Ocky Clark	3:43.02	1986
3.	Maarten van den Heuvel	3:43.10	2002
4.	Rob Gomez	3:43.60	1982
5.	Tom Herron	3:45.30	1980
6.	Ian Hornabrook	3:46.35	2005
7.	Iason Frank	3:47.10	1990
8.	Cliff Cook	3:47.20	1978
9.	Bobby Shakleford	3:47.30	1982
10.	Andrew Lemoncello	3:47.52	2005

## 3000M STEEPLECHASE

1.	Andrew Lemoncello	8:30.12	2005
2.	Bobby James	8:52.70	1976
3.	Doug Overfelt	8:53.39	1981
4.	Jacob Hoesly	8:58.52	1987
5.	Ronnie Treadway	8:59.34	1984
6.	Trey Culbertson	9:02.83	1993
7.	Mike Sautter	9:03.70	1978
8.	Richard Corbett	9:04.77	1988
9.	Ian Hornabrook	9:04.86	2004
10.	Eric Critzer	9:05.57	2005

## 5000 METERS

1.	Joep Tigchelaar	13:46.01	2004
2.	Herb Wills	13:53.26	1982
3.	George West	13:55.10	1976
4.	Larry Greene	14:05.83	1983
5.	Greg Doss	14:07.45	1985
6.	Andrew Lemoncello	14:07.54	2005
7.	Ken Misner	14:09.54	1971
8.	Ian Hornabrook	14:11.82	2004
9.	Donnie Cook	14:15.80	1978
10.	Del Ramers	14:18.74	1972

## 10,000 METERS

1.	Joep Tigchelaar	28:33.81	2003
2.	Andrew Lemoncello	28:44.97	2005
3.	Ken Misner	28:55.34	1971
4.	Herb Wills	28:58.74	1982
5.	Larry Greene	29:20.50	1983
6.	Eddie Rodriguez	29:35.53	2004
7.	Paul Waldron	29:43.10	1981
8.	David Keen	29:47.20	1989
9.	Donnie Cook	30:14.40	1978
10.	Alex Miletich	30:19.19	2005

## 110 METER HURDLES

1.	Arthur Blake	13.27	1987
2.	Phillip Riley	13.39	1996
3.	Mike Roberson	13.64	1977
3.	Danny Smith	13.64	1974
5.	Marcus Dixon	13.65	1993
6.	Rodney Lawson	13.68	1989
7.	Leander McKenzie	13.81	1984
8.	Danyne Brown	13.90	2003
9.	Iain Harnden	13.90	2000
10.	Darren Nutt	13.91	1992

## 400 METER HURDLES

1.	John Rothell	49.15	1995
2.	Leander McKenzie	49.33	1985
3.	Iain Harnden	49.68	2000
4.	Mike Kelly	50.04	1969
5.	Matt Mason	50.16	2001
6.	John Citron	50.48	1979
7.	Danyne Brown	50.60	2003
8.	Byron Taylor	50.63	2001
9.	Eric Riley	50.71	1984
10.	Tim Franklin	50.71	1996

## LONG JUMP

1.	Joe Allen	26'0.5"	7.94	2001
2.	Mark Freeman	25'11.5"	7.91	1983
3.	Billy Close	25'8.5"	7.83	1988
4.	Vesco Bradley	25'6.75"	7.79	1975
5.	James Milton	25'4"	7.72	1992
6.	Zyris Hill	25'1.75"	7.66	1999

# MEN'S TRACK AND FIELD TOP TEN

7.	Kelsey Nash	25'	7.62	1993
8.	Kolby Jones	25'	7.62	2003
9.	Greg Allen	24'11.75"	7.61	1984
10.	Kevin Johnson	24'11.25"	7.60	1978

## TRIPLE JUMP

1.	Kelsey Nash	54'6"	16.61	1992
2.	Rafeeo Curry	54'6"	16.61	2004
3.	Leon Hutchins	54'2.25"	16.51	1982
4.	Mario Lowe	52'10.25"	16.11	2002
5.	Willie Johnson	52'9.5"	16.09m	2005
6.	Andy Latimar	52'7.5"	16.04	1985
7.	Joe Allen	52'4"	15.95	2001
8.	Henry Finney	51'10"	15.80	1976
9.	Charlie Harris	51'8.25"	15.75	1974
10.	Eric Robinson	51'5.25"	15.68	1987
11.	Anthony Washington	51'0.75"	15.56	1994

## HIGH JUMP

1.	Kevin Crist	7'5.75"	2.28	1993
2.	Shawn Brown	7'4.5"	2.25	2001
3.	Kenny Smith	7'4.25"	2.24	1984
4.	Darrel Wills	7'3.5"	2.22	1986
5.	Tom Stitt	7'2.5"	2.20	1987
6.	Christian Bland	7'2.25"	2.19	2002
7.	Larry Saver	7'2"	2.19	1980
8.	Anthony Washington	7'1.75"	2.18	1994
9.	Jeff Nedimyer	7'1"	2.16	1976
	Gary Snells	7'1"	2.16	1988

## SHOT PUT

1.	Garrett Johnson	67'0.75"	20.44	2005
2.	Dorian Scott	66'4"	20.21	2005
3.	Mike Bell	60'8"	18.48	1987
4.	Ken Lanier	60'2"	18.34	1979
5.	Allen Williams	59'10"	18.23	1963
6.	John Fallone	59'8.5"	18.20	2004
7.	Scott Peterson	59'5"	18.21	1992
8.	Greg Jack	56'10.75"	17.34	1997
9.	Ryan Carson	56'4.75"	17.19	1994
10.	Ray Nuredini	56'4"	17.17	1980

## DISCUS

1.	Bradley Cooper	212'6"	64.78	1979
2.	Garrett Johnson	199'4"	59.15	2005
3.	Jody Lawrence	182'4"	55.58	1999
4.	Eric Chambers	179'8"	54.76	1992
5.	Harry Glenn	178'9"	54.48	1980
6.	Marqus Johnson	176' 7"	53.83	2001
7.	Dan Royal	174'7"	52.54	2004
8.	Dorian Scott	172'7"	52.61	2005
9.	Earl Johnson	171'7"	52.30	1986
	Donald Heaven	171'7"	52.30	1998

## HAMMER

1.	Horatio Garcia	215'10"	65.80	1987
2.	Andrew Diakos	200'4"	61.07	2005
3.	B.J. Linnenbrink	195'2"	59.48	2002
4.	Mark Sleeman	192' 4"	58.62	1987
5.	Iosh Bowling	187'9"	57.22	2002
6.	Jody Lawrence	187'2"	57.04	1999
7.	William Shirk	180'10"	55.08	1993
8.	Ryan O'Donnell	171'4"	52.22	2001
9.	Eric Chambers	165' 10"	50.56	1991
10.	Mike Brinkman	165'0"	50.30	1984

## POLE VAULT

1.	Jeff Bray	18'6.5"	5.65	1992
2.	Larry Carr	18'1"	5.51	1989
3.	Tom Reither	17'6"	5.34	1988
4.	Jeff Atkinson	17'2.75"	5.27	2002
5.	Phares Rolle	17'1"	5.21	1976
6.	Jason Dean	17'0.75"	5.20	1999
7.	Dusty Harmon	17'	5.18	1983
	Brian Fitzsimmons	17'	5.18	1986
9.	Patrick Gerberich	16'6.75"	5.05	2003
	Matt Hurley	16'6.75"	5.05	2005

## JAVELIN (NEW)

1.	Lou Angelo	233'10"	71.28	1994
2.	Justin Johnston	232'10"	70.97	1997
3.	Tom Fetters	230'5"	70.24	1989
4.	Gabe Arola	210'10"	64.26	1997
5.	Greg Jack	210'8"	64.22	1996
6.	AJ Hove	196' 9"	59.97	2003
7.	Marshal Louis	195'0"	59.44	1998
8.	Greg Gorski	170'6"	51.98	2001
9.	Marcus Johnson	164'11"	50.26	2001
10.	Gary Visser	158'4"	48.26	2001

## JAVELIN (OLD)

1.	Hank Langee	250'4"	76.34	1981
2.	Eric Alain	250'	76.20	1977
3.	Randy Hutchinson	235'11"	71.66	1973
4.	Jim Buck	233'6"	71.18	1971
5.	Jery Henderson	227'5"	69.32	1958

## DECATHLON

1.	Rohn Stark	7612	1981
2.	Darius Jones	7269	1999
3.	Tom Reither	7193	1985
4.	Dore Louis	6848	1998
5.	Charlie Galloway	6829	1971
6.	Mark Nugen	6800	1980
7.	Lenx Jackson	6792	1984
8.	Gary Visser	6534	2002
9.	Chris Keen	6526	1993
10.	Mark Napier	6491	1998

## 4X100M RELAY

1.	Baker, Sterling, Dzingai, Nabe	38.92	2004
2.	Roberson, Walker, Merrick, Forbes	39.24	1977
3.	Baker, O'Neal, Sterling, Dix	39.30	2005
4.	Carter, Blake, Sanders, Smith	39.40	1988
5.	Butler, Johnson, Roberson, McCoy	39.42	1980
6.	Roberson, Forbes, Williams, Merrick	39.44	1976
7.	Carter, Dixon, Nash, Ansley	39.47	1994
8.	Riley, Carter, Dunn, Colombo	39.50	1996
9.	Carter, Nash, Dixon, Ansley	39.54	1993
10.	Lawson, Blake, Mayhew, Smith	39.55	1987

## 4X400M RELAY

1.	Williams, McKenzie, Waddell, Johnson	3:03.78	1986
2.	Nelson, Ross, McCoy, Simmons	3:04.29	1980
3.	McKenzie, Washington, Gordon, Johnson	3:04.33	1980
4.	Nelson, Rolle, Brown, McCoy	3:04.66	1981
5.	McKenzie, Ross, Carr, Washington	3:05.50	1984
6.	Greg Johnson, Wood, Raf. Curry, Chambers	3:05.58	2005
7.	Jennings, Campbell, Robinson, Johnson	3:05.65	2002
8.	Campbell, Paiva, Martin, Raf. Curry	3:05.79	2004
9.	Nelson, Caruthers, McCoy, Simmons	3:05.84	1979
10.	Jefferson, Nash, Carter, Ansley	3:06.28	1993

W = WIND AIDED