



MEN'S QUALIFYING MARKS

2008 NCAA Division I

Men's Indoor Track and Field Qualifying Standards

<i>(Sea Level)</i>		Automatic		Provisional		<i>(Sea Level)</i>		Automatic		Provisional	
Event		FAT	MT	FAT	MT	Event		FAT	MT	FAT	MT
55 Meters		6.14 [@]	—	6.26 [@]	—	Mile Relay					
60 Meters		6.63 [@]	—	6.74 [@]	—	(Under 200m/220 yds)*		3:10.70	3:10.4	3:14.80	3:14.5
55-Meter Hurdles		7.17 [@]	—	7.38 [@]	—	(200m/220 yds)*		3:09.10	3:08.8	3:13.20	3:12.9
60-Meter Hurdles		7.70 [@]	—	7.91 [@]	—	(Banked or Over 200m/220 yds)*		3:07.50	3:07.2	3:11.60	3:11.3
200 Meters						Distance Medley Relay—Meters[#]					
(Under 200m/220 yds)*		21.33	—	21.73	—	(200m/220 yds or less)*		9:36.20	9:35.9	9:47.90	9:47.6
(200m/220 yds)*		21.08	—	21.48	—	(Banked or Over 200m/220 yds)*		9:34.00	9:33.7	9:45.70	9:45.4
(Banked or Over 200m/220 yds)*		20.83	—	21.23	—	Distance Medley Relay—Yards[#]					
400 Meters						(200 m/220 yds or less)*		9:39.70	9:39.4	9:51.40	9:51.1
(Under 200m/220 yds)*		46.95	46.9	48.05	47.8	(Banked or Over 200 m/220 yds)*		9:37.50	9:37.2	9:49.20	9:48.9
(200m/220 yds)*		46.55	46.3	47.65	47.4						
(Banked or Over 200m/220 yds)*		46.15	45.9	47.25	47.0						
800 Meters[#]											
(200m/220 yds or less)*		1:48.80	1:48.5	1:51.10	1:50.8						
(Banked or Over 200m/220 yds)*		1:48.20	1:47.9	1:50.50	1:50.2						
Mile[#]											
(200m/220 yds or less)*		4:00.30	4:00.0	4:04.80	4:04.5						
(Banked or Over 200m/220 yds)*		3:59.50	3:59.2	4:04.00	4:03.7						
3,000 Meters[#]											
(200m/220 yds or less)*		7:55.80	7:55.5	8:06.30	8:06.0						
(Banked or Over 200m/220 yds)*		7:54.50	7:54.2	8:05.00	8:04.7						
5,000 Meters[#]											
(200m/220 yds or less)*		13:48.90	13:48.6	14:11.90	14:11.6						
(Banked or Over 200m/220 yds)*		13:47.00	13:46.7	14:10.00	14:09.7						
1,600-Meter Relay											
(Under 200m/220 yds)*		3:09.70	3:09.4	3:13.60	3:13.3						
(200m/220 yds)*		3:08.10	3:07.8	3:12.00	3:11.7						
(Banked or Over 200m/220 yds)*		3:06.50	3:06.2	3:10.40	3:10.1						

@ Qualifying times attained at altitude of 6,000 feet and above, add .04 seconds. Times attained at altitude of 3,000–5,999 feet, add .02 seconds.

	Metric	Metric
High Jump	2.24	2.14
Pole Vault	5.50	5.20
Long Jump	7.85	7.50
Triple Jump	16.10	15.40
Shot Put	19.30	17.75
35-Pound Weight	21.50	19.50
Heptathlon	5,650 points	5,300 points

* Size of track

Altitude adjustment available

2008 NCAA Division I

Men's Outdoor Track and Field Regional Qualifying Standards

Event	FAT	MT	Altitude Adjustment 3k-5,999/6k+		Metric
100 Meters	10.55	—	+0.03/+0.06	High Jump	2.10
200 Meters	21.35	—	+0.07/+0.12	Pole Vault	5.05
400 Meters	47.20	46.9	+0.11/+0.21	Long Jump	7.34
800 Meters [#]	1:50.40	1:50.1		Triple Jump	15.00
1,500 Meters [#]	3:47.80	3:47.5		Shot Put	16.80
Mile [#]	4:06.00	4:05.7		Discus	51.70
3,000-Meter Steeplechase [#]	9:07.00	9:06.7		Javelin	61.60
5,000 Meters [#]	14:12.00	14:11.7		Hammer	56.80
10,000 Meters [#] — Auto	28:45.00	28:44.7		Decathlon — Auto Decathlon — Prov # Altitude adjustment available	7,500 points
10,000 Meters [#] — Prov	29:30.00	29:29.7			6,900 points
110-Meter Hurdles	14.30	—	+0.04/+0.08		
400-Meter Hurdles	52.51	52.2	+0.11/+0.21		
400-Meter Relay	40.66	40.4	+0.12/+0.24		
440-Yard Relay	40.86	40.6	+0.12/+0.24		
1,600-Meter Relay	3:10.00	3:09.7	+0.44/+0.84		
Mile Relay	3:11.10	3:10.8	+0.44/+0.84		

Altitude adjustment available

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CHAMPIONS