



swimming & diving

1998/1999 MEDIA GUIDE • MEN/WOMEN

FLORIDA STATE UNIVERSITY

FLORIDA STATE QUICK FACTS

| | |
|-----------------------------|--|
| Location | Tallahassee, Florida |
| Enrollment | 30,200 |
| Nickname | Seminoles |
| School Colors | Garnet and Gold |
| Home Facility | Bim Stuils Aquatic Center Bobby E. Leach Center |
| Affiliation | NCAA Division I |
| Conference | Atlantic Coast |
| President | Talbot "Sandy" D'Alemberte |
| Athletic Director | David Hart, Jr. |
| Associate Athletic Director | Kim Record |
| Sports Information Director | Rob Wilson |
| Swimming SID | Mandi Copeland |
| Contact Office Phone | (850) 644-5656 |
| Home Phone | (850) 893-0420 |
| SID Fax Phone | (904) 644-3820 |
| SID Mailing Address | P.O. Box 2195 Tallahassee, FL 32316 |
| Head Coach | Don Gibb (Florida, '85) |
| Diving Coach | Russ Bertram (Indiana '89) |
| Assistant Coaches | Cashel Mack (Drury College, '92) Andy Robins (William & Mary, '83, Florida State, '87) |
| Team Manager | Frank Bradley |



1998-99 Seminole Seniors



Florida State Media Outlets

NEWSPAPERS

TALLAHASSEE DEMOCRAT

P.O. Box 990
Tallahassee, FL 32302
Phone: (850) 599-2166
Fax: (850) 599-2301

FSVIEW

P.O. Box 20331
Tallahassee, FL 32316
Phone: (850) 561-6653
Fax: (850) 561-6578

THE OSCEOLA

402 Dunwoody Street
Tallahassee, FL 32304
Phone: (850) 222-7733
Fax: (850) 224-3627

FLORIDA TIMES-UNION

One Riverside Ave., Suite 304
Jacksonville, FL 32301
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Fax: (850) 681-2961

ORLANDO SENTINEL

336 E. College Ave., Suite 303
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TELEVISION/RADIO

WCTV-TV (CBS)

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Fax: (850) 668-3851

WTWC-TV (NBC)

8440 Deer Lake Road
Tallahassee, FL 32312
Phone: (850) 893-9892
Fax: (850) 893-6974

WTXL-TV (ABC)

8927 Thomasville Road
Tallahassee, FL 32312
Phone: (850) 893-1313
Fax: (850) 668-1460

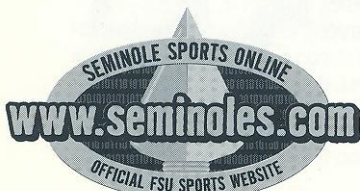
WNLS-SPORTS RADIO

325 John Knox Road, Suite E-200
Tallahassee, FL 32303
Phone: (850) 386-6143
Fax: (850) 385-8789

ON THE COVER:

Front Cover: 1998-99 Swimming & Diving Team. Photo by Ryals Lee.

Back Cover: Westcott Building on FSU's main campus; Chief Osceola and Renegade. Photo by Ryals Lee.



swimming & diving

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Sandy D'Alemberte
FSU President



Dave Hart
Athletics Director



Kim Record
Associate Athletics Director



Mandi Copeland
Swimming SID

A Note To The Media, Fans, And Opponents

Seminole swimming and diving sports information directors Mandi Copeland is ready to assist you with any questions or requests you might have about the 1998-99 Seminole swimming and diving program, media guide, coaches, and student athletes. Please do not hesitate to phone, fax, or write to the sports information office at: P.O. Box 2195; Tallahassee, Florida 32316; (850) 644-5656, Fax (850) 644-3820 if we can further assist you.

Covering The Seminoles

Members of the media will receive weekly press releases, including updated conference and national rankings and information on upcoming events. Results and releases may be obtained in the sports information office or off the Atlantic Coast Conference faxback system. If you would like to schedule personal interviews with the coaches or athletes, contact Mandi Copeland in the Sports Information office 24 hours in advance. Head Coach Don Gibb is generally available on his office during weekday mornings.

Where The Home Meets Will Be

1998-99 Seminole Swimming & Diving home meets are held at the Bim Stults Aquatic center and the Bobby E. Leach Center, both located on the Florida State Campus.

ACC Faxback

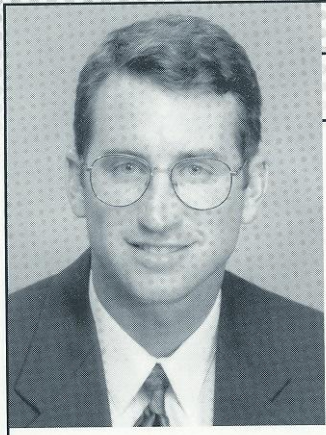
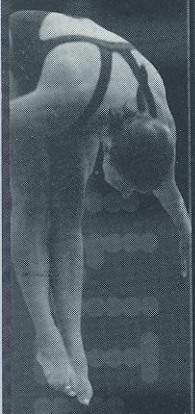
To access ACC Faxback, dial (336) 854-5859 from the handset on your fax machine. Proceed by pressing 1 twice, then enter the document number you wish to order followed by the pound key. Once your order has been confirmed, you will be asked to press the start button on your fax machine.

| | |
|---------------------------------|-------|
| ACC Weekly Release | 5950 |
| Florida State Release | 31950 |
| Florida State Roster & Schedule | 31954 |

MEDIA GUIDE CREDITS

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Don Gibb

HEAD COACH (FLORIDA '85)

Entering his sixth year as head coach, Don Gibb looks to improve on both team and individual performances from last season and use the gained experience to further enhance the program.

Gibb, the 1995 and 1998 ACC Men's Coach of the Year, continues to strengthen the men's and women's programs on the regional and national levels. He earned his 25th victory in 1996-97 and has had two National Champions in the past two years. Gibb coached the team to a third place finish at the ACC Championships in 1998. The accolades which the swimmers from his men's team received last season includes two ACC individual champions and two relays at the conference meet in Charlottesville, ACC Swimmer of the Year and garnered the ACC Coach of the Year award. Six Seminole swimmers also participated in the NCAA Championships in Auburn competing in five relay events and five individual events. Coach Gibb's swimmers accumulated seven All-American finishes, a thirteenth place team finish and the school's second swimming national champion as Brendon Dedekind won the 50 Freestyle event after breaking the pool record in the preliminaries.

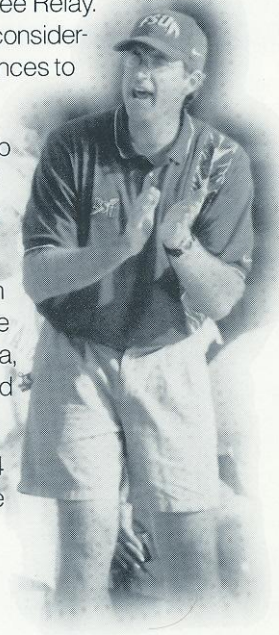
Coach Gibb also led the women's team to a 5-2 season and a 6th place finish in the ACC meet. The women also took fourth at both the Georgia Invitational and Auburn Invitational. Their success at the ACC meet included a second and third place finish in the 100 Breast, a third place finish in the 800 Free Relay and top eight finishes in the 200 Breast, 200 IM, 100 and 200 Free and the 400 Free Relay.

Gibb coached the ladies to many consideration times for the NCAA's and used the top performances to reflect on the season to come.

Prior to becoming head coach for the Seminoles, Gibb spent one year as an assistant on the Seminoles' staff and was the top assistant for the University of Florida's men's program for five seasons.

Gibb, who graduated from the University of Florida in 1985 with a degree in psychology, swam for the Gators for two seasons (1981-1983). While at Florida, Gibb was an SEC and NCAA Champion and ranked top 25 in the world three years in a row.

Gibb and his wife Gena of 13 years, herself a 1994 graduate of the Florida State School of Nursing, have two daughters, Sarah (8) and Emily (2).



COACH GIBB'S FLORIDA STATE COACHING RECORDS:

| OVERALL | CONFERENCE | | ACC | NCAA |
|----------------|------------|-----|--------|------|
| 1993-94 | | | | |
| Men | 6-6 | 2-2 | 3rd | 39th |
| Women | 6-5 | 2-2 | 3rd--- | |
| 1994-95 | | | | |
| Men | 4-6 | 1-3 | 2nd | 25th |
| Women | 3-7 | 2-2 | 3rd | 38th |
| 1995-96 | | | | |
| Men | 5-4 | 1-0 | 3rd | 18th |
| Women | 4-5 | 1-0 | 4th | 34th |
| 1996-97 | | | | |
| Men | 10-0 | 3-0 | 2nd | 9th |
| Women | 5-5 | 1-1 | 4th | 30th |
| 1997-98 | | | | |
| Men | 6-1 | 1-0 | 3rd | 13th |
| Women | 5-2 | 1-0 | 6th | NA |

Assistant Coach Biographies

Russ Bertram DIVING COACH (INDIANA '89)



Russ Bertram joined the Florida State staff in August as the diving coach for the Seminoles.

Bertram comes to Florida State from Fort Lauderdale where he spent two years as a Junior Olympic Diving Coach and Business Operations Manager for Fort Lauderdale Diving, Inc. His responsibilities included private instruction at all levels of competition as well as M.I.S. Operations, accounts receivable, desktop publishing and customer relations.

Prior to coaching, Bertram was the Administrative Assistant for U.S. Diving, Inc. in Fort Lauderdale from 1990-96 where he worked with the National Technical Director to implement national programs designed to prepare U.S. athletes for world and Olympic competitions. He served as the Assistant to the

Director of Education, Safety, and Development for U.S. Diving from 1992-95 producing and editing videos for springboard and platform diving and produced the visualization training tapes for members of the 1992 and 1996 U.S. Olympic Diving Teams.

Bertram received his B.S. in Business Operations and Systems Management from Indiana University in 1989. He attended Ohio State University as a graduate assistant diving coach and studied clinical and mental health counseling. Bertram also created, administered and coached a university-sponsored diving program for local children.

As a competitor, Bertram is a seven-time member of the U.S. Diving National Team, a five-time U.S. Diving National Champion and a finalist in the 1992 and 1996 U.S. Olympic Diving trials.

Cashel Mack ASSISTANT COACH (DRURY COLLEGE '92)



Cashel Mack enters her third year as assistant coach with Florida State's swim program. Although Mack will have responsibilities with both the women's and men's squads, but her primary duties will be in assisting with the women's team. Mack will handle many administrative duties for the swimming program including assisting with recruiting, planning the travel itineraries, overseeing the academic support, and supervising strength training and conditioning.

Mack came to FSU after serving as the head age group coach for Clearwater Aquatics in Clearwater, Fla. since August of

1993. Mack was nominated the 1996 Florida Age Group Coach of the Year. Prior to her head coaching position in Clearwater, Mack served as graduate assistant coach at her alma mater Drury College in 1993. She helped the 1993 Drury team to a NAIA Championship that year.

While a student-athlete at Drury, Mack swam the sprint freestyle and butterfly events. She was named Most Valuable Swimmer in 1989 and 1990 and was captain of Drury's first NAIA Championship women's team in 1992.

Mack graduated in 1992 from Drury College with a degree in elementary education.

Andy Robins ASSISTANT COACH (WILLIAM AND MARY '83, FLORIDA STATE '87)



Andy Robins continues as assistant coach with the Seminoles for his third year.

In addition to his on deck coaching duties, he will assist with recruiting and organizing team workout information and data.

Robins has been actively coaching in the swimming field since 1980. He has held various assistant and head coaching positions, especially in the local Tallahassee area. Beginning in 1985,

Robins began coaching for the Area Tallahassee Aquatic Club and eventually became head coach for A.T.A.C. in 1993. Robins led A.T.A.C. to a top 10 finish at the Junior Nationals.

Other local swimming coaching positions Robins has held include coaching Leon High School in Tallahassee from 1986-1991.

His hard work at Leon earned him recognition as the *Tallahassee Democrat's* High School Coach of the Year in 1987.

Robins also served as head coach of Florida's All-Star Team in 1990 and 1991, after previously holding the assistant coaching position for the team in 1989.

Robins also served on the Florida Swimming Board of Directors and House of Delegates, from 1987 to 1998.

A graduate of William & Mary, Robins swam both the backstroke and distance freestyle events. His swimming accomplishments at William and Mary include setting a school record in the 1650 free.

Robins and his wife Karen have 4 children, Beth (20), Kurt (19), Jenna (13), and Annemarie (2).



Women's Roster

1998-99 FLORIDA STATE UNIVERSITY WOMEN'S SWIMMING ROSTER

Head Coach
Don Gibb
Assistant Coaches
Cashel Mack,
Andy Robins
Diving Coach
Russ Bertram



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| Name | Class | Event | Hometown |
|--------------------------|-------|----------------------|-----------------------------|
| Kristen Adams | SO | Free | Greer, SC |
| Anne Blachford | JR | Breast, IM, Free | Brampton, Ontario, CAN |
| Kirsti Carrihill | JR | Diving | Harare, Zimbabwe |
| Liska Dedekind | SO | Free | Pietermaritzburg, Natal, SA |
| Sherri Fowler | SR | Fly, IM | Silver Spring, MD |
| Amber Goodwin | FR | Back, Free | Midland, TX |
| Tanya Gurr | JR | Free | Harare, Zimbabwe |
| Caren Hirai | FR | Diving | McLean, VA |
| Karin Holmstedt | SO | Free | Nodinge, Sweden |
| Lisa Kirsch | FR | Distance Free | Winter Springs, FL |
| Brianna Kloote | FR | Middle/Distance Free | Whitmore Lake, MI |
| Amber McClain | FR | Distance Free | Midland, TX |
| Kristie McRoberts | SR | Free, Back | Albany, GA |
| Ann Parker | SO | Free | Wellington, FL |
| Tenelle Ramer | SR | Free | Goshen, IN |
| Katie Ruscoe | JR | Free, Fly | Port Richey, FL |
| Marya Sabesky | JR | Diving | Winnipeg, Manitoba, CAN |
| Sarah Scobey | JR | Sprint Free, Back | Winter Park, FL |
| Mara Toole | SR | Fly, Free | Tampa, FL |
| Summer Washburn | FR | Back, IM | Apollo Beach, FL |
| Samantha White | SR | Breast, Sprint Free | Ormond Beach, FL |
| Katie Wright | SR | Sprint Free, Fly | Marietta, GA |

Men's Roster



1998-99 FLORIDA STATE UNIVERSITY MEN'S SWIMMING ROSTER

Head Coach
Don Gibb
Assistant Coaches
Cashel Mack,
Andy Robins
Diving Coach
Russ Bertram
Team Manager
Frank Bradley



| Name | Class | Event | Hometown |
|--------------------------|-------|-------------------|---------------------------------------|
| Keam Ang | SO | Fly, Free | Perak, Malaysia |
| Brent Burkman | JR | Diving | Reston, VA |
| Danny Chocron | JR | Free | Caracas, Venezuela |
| Ross Clement | JR | Back | Gloss, England |
| Richard Cowling | SO | IM | Southampton, England |
| Julian Daily | SR | Free, Fly, Back | Cincinnati, OH |
| Brendon Dedekind | SR | Free, Breast | Pietermaritzburg, Natal, South Africa |
| Kerwin Deese | SR | Back, IM | Titusville, FL |
| Kevin Flanagan | JR | Back, Free | Honolulu, HI |
| Jonathan Fry | FR | IM, Back | Chesterfield, VA |
| Glen Gonzales | JR | Diving | Pensacola, FL |
| James Henley | SR | Breast, IM | Baton Rouge, LA |
| Greg Jackson | SO | Fly, IM | Midlothian, VA |
| Jonathan Kaplan | FR | IM, Breast | Winter Haven, FL |
| Greg Main-Baillie | SO | Back, Free | Pietermaritzburg, Natal, South Africa |
| Will McReynolds | SO | Free, IM | Apopka, FL |
| Matt McVittie | SR | Sprint Free, Back | Chelsea, MI |
| Ben Nuttall | JR | Diving | Thunder Bay, Ontario, CAN |
| Chad Onken | SR | Free, IM | Midlothian, VA |
| Stephen Parry | SR | Fly, Free | Liverpool, England |
| Brett Petersen | JR | Breast, IM | East London, South Africa |
| Juilo Santos | SR | Free, Breast | Botouiejo, Ecudaor |
| Bill Schultz | JR | Distance Free, IM | Bowie, MD |
| Michael Singelton | FR | IM | Richmond, VA |
| Seth Swisher | JR | Free | Boulder, CO |

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Women's 1998 Outlook

The 1998-99 season looks very promising for the Lady Seminoles after last year's 5-2 record and a sixth place finish at the ACC Championships. The return of All-Americans Anne Blachford and Samantha White and a solid recruiting class will provide Florida State with the necessary strength to score at the NCAA Championships.

Co-captain Samantha White, a senior from Ormond Beach, Florida, looks to return to the NCAA Championships this year. White completed last season finishing 3rd in the 100 Breast, 9th in the 200 Breast and was a member of the 6th place Medley Relay at the ACC Championships. Anne Blachford, a junior from Brampton, Ontario, returns stronger than ever this year. She sat out the first three meets of last season after breaking her collarbone before the Miami meet but returned for the Auburn Invitational and competed the rest of the season. Blachford completed the season at the ACC Championships finishing 2nd in the 100 Breast, 4th in the 200 Breast, 5th in the 200 IM and was a member of the 6th place 400 Medley Relay. FSU also returns two of its top scorers from the 1997-98 season in Sherri Fowler and Kristen Adams. Fowler, a senior from Silver Spring, Maryland, is third on the FSU All-Time Top 10 list for her times in the 200 Fly and 400 IM. She finished 12th in the 200 IM and 13th in both the 400 IM and 200 Fly at the ACC Championships last spring. Adams, a sophomore from Greer, South Carolina, holds the second spot on the FSU All-Time Top 10 list for her 500 Free time and holds the third place spot in the 100 and 200 Free. She finished 6th in the 200 Free, 8th in the 100 Free and 9th in the 500 Free and was a member of the 3rd place 800 Free Relay, 5th place 400 Free Relay and 6th place 400 Medley Relay at the ACC Championships. Divers Marya Sabesky and Kirsti Carrihill also return for the Seminoles. Sabesky, a junior from Winnipeg, Manitoba, Canada, finished 7th on the 3-meter and 10th on the 1-meter at ACC's and competed at the NCAA Zonal Regional Championships. Carrihill, a junior from Harare, Zimbabwe, also competed at the NCAA Zonals and finished 21st on the 3-meter at the ACC Championships.

Florida State welcomes strong recruiting class which will help add the necessary strength in scoring. NCAA hopefuls Tanya Gurr, Summer Washburn and Amber Goodwin will lead the newcomers this season. Gurr,

a junior from Harare, Zimbabwe, joins the Seminoles after spending two years at Indian River Community College. She was an NJCAA All-American her freshman and sophomore years in the 50, 100 and 200 Free and holds the NJCAA record in the 200 Free. Gurr was a member of the Zimbabwe National Team from 1994-96 and will be a strong point scorer at the ACC Championships. Goodwin, a freshman from Midland, Texas, was an All-American and all-state swimmer in Texas. She received All-American and all-state honors in the 50 Free and 100 Back her junior and senior years and received honors her sophomore year in the 400 Free Relay and 200 Medley Relay. Goodwin was also the Texas state champion in the 100 Back in 1997 and holds the state record in the 200 Back. Washburn joins the Seminoles from Apollo Beach, Florida where she was first team all-conference for three years in high school. She was an all-state in the 100 Back and 200 IM her sophomore, junior and senior years and was an All-American in the 100 Back and 200 IM.



SHERRI FOWLER

Washburn was state champion in the 100 back and will play an important role in the Back and IM events. Caren Hirai joins the diving squad this year and should have an immediate impact. The freshman from McLean, Virginia was a first team all-region and all-district all four years of high school and was the most valuable player from 1995-98. She was an All-American and Academic All-American her senior year and earned honorable mention recognition as a sophomore and junior. She finished second in the state and was team captain her junior and senior years and garnered McLean High School Female Athlete of the Year her final year. She will provide depth to the diving squad at the ACC Championships.

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Outlook

Men's 1998 Outlook



After placing 13th at the NCAA Championships last year, the Seminoles look to excel in the 1998-99 season with the return of seven NCAA qualifiers and six All-Americans.

Leading the way are two National Champions, Brendon Dedekind and Stephen Parry. Dedekind, a senior and international swimmer from Natal, South Africa, brought home FSU's second swimming national championship last year after winning the 50 Free at the NCAA Championships. He is a member of the gold medal World All-Star team from the Goodwill Games and competed in the World Championships last year in Australia where



BRENDON DEDEKIND

he finished 6th in the 50 Free. Dedekind also finished 4th in the 100 Breast and 10th in the 100 Free at the NCAA's last year. He is a five-time Individual All-American and has won seven events at the ACC Championships, including the 50 Free the last three years, the 100 Breast in 1998 and 1997 and the 100 Free in 1997 and 1996. Parry, a senior co-captain and international swimmer, joined Dedekind at the Goodwill Games and represented his home country of Great Britain in the World Championships. Parry was FSU's first ever swimming national champion as he won the 200 Fly at the 1997 NCAA Championships. He finished 4th in the 200 Fly and 14th in the 200 Free last year at the NCAA Championships and was on the 7th place Free Relay and 8th place Medley Relay teams. Parry also finished 3rd in the 200 Fly and 4th in the 200 IM and 100 Fly at the ACC Championships last year, was the ACC Champion in the 200 Free and 200 Fly in 1997, and was named ACC Co-Swimmer of the Year that year along with Dedekind.

Two seniors and two juniors round out the All-American. Seniors Matt McVittie and Julio Santos will provide leadership to the squad. McVittie, a co-captain from Chelsea, Michigan, competed in the 50 and 100 Free and was on the 7th place 200 and 400 Free Relays at the NCAA Championships. He also finished 5th in the 50, 100 and 200 Free at the ACC meet. Santos, who transferred from Indian River Community College last year, also competed in the 50 and 100 Free and was on

the 7th place 200 and 400 Free Relay teams and the 8th place Medley Relay team. He finished 2nd in the 50 Free and 6th in the 100 Free at ACC's. Juniors Kevin Flanagan and Brett Petersen also return for the Seminoles. Flanagan, who came to Florida State from Honolulu, Hawaii, was a member of the 7th place 200 and 400 Free Relays at NCAA's and a member of the 200 and 400 Free Relay champion teams at the ACC's. Petersen, who has competed in international meets for South Africa, competed in the 100 Breast and was on the 8th place 200 Medley Relay at NCAA's, finished 2nd in the 100 Breast and was a member of the 1998 ACC Champion 200 Medley Relay team.

The diving squad returns three juniors this year who should provide valuable scoring. Brent Burkman will provide consistency and has the potential to qualify for Senior National Meet this year. The junior from Reston, Virginia finished 3rd on the one and three meter springboard competition last year at the ACC's and competed at the NCAA Zone Regionals. Glen Gonzales, the junior from Pensacola, Florida, will be a strong competitor this year and has the ability to make the NCAA's. He finished fourth on the one and three meter competition at the ACC's and competed at the NCAA Zone Regionals. Ben Nuttal, who came to FSU from Thunder Bay, Ontario, could place among the top three at the ACC's and qualify for NCAA's. He finished 8th on the 1-meter and 9th on the 3-meter springboard competition at last year's ACC meet and also competed at the NCAA Zone Regionals.

The Seminoles newcomers are three freshman this year, two from Virginia and one from Florida. Jonathan Fry comes to FSU from Chesterfield, Virginia where he swam all four years of high school. He was an all-metro selection his freshman, junior and senior years and will add depth in the IM and Backstroke events. Jonathan Kaplan, a Back and IM swimmer from Winter Haven, Florida, was a four-time most valuable swimmer in high school. His solid work ethic will allow him to score high in the IM and breast events. He qualified for the state championships all four years and was third in the 200 IM at the state championships his sophomore year. Michael Singelton, an IM swimmer from Richmond, Virginia, was a team captain his junior and senior years and is a versatile swimmer who will compete for a spot on the ACC team. He was a second team all-metro his senior year and represented the state of Virginia in U.S. Swimming his junior and senior years.



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Women's Biographies

• Sherri Fowler



**Senior, 5-5
Fly, IM**
Silver Spring, MD
>Rockville Montgomery Swim Club
>Good Counsel High School

Potential NCAA qualifier and focused swimmer...looks to score high at ACC's again this year...best events are the 400 IM, and 200 Fly. **1998:** Finished 12th in the 200 IM and 13th in the 400 IM and 200 Fly at ACC's...improved her personal bests in many events, including the 500 Free (5:02.11), 200 Fly (2:03.67) and 200 IM (2:06.42). **1997:** Swam on the 4th place 800 Free Relay team at ACC's...also placed 8th in the 400 IM and 9th in the 200 Fly...personal best times 1:54.08 in the 200 Free and a 59.15 in the 100 Fly...**1996:** Conference runner-up in the 200 Fly and was also 16th in the 200 IM...personal best times include a 2:04.7 in the 200 Fly, 2:07.32 in the 200 IM and 4:25.5 in the 400 IM...named to All-ACC team...**PREP:** High school All-American...Metro Area champion...used to dive for the Good Counsel High School...**PERSONAL:** Born February 14, 1977...greatest ambition is to make NCAA's...majoring in Communications.

• Kristie McRoberts



**Senior, 5-10
Free, Back**
Albany, GA
>Americus Blue Tide
>Westover High School

Leads distance free squad and will be looked at for valuable leadership throughout the season ... the team's top scorer in the 500 Free her sophomore year...is currently training for the mile...looks to score high at ACC's. **1998:** Finished 14th in the 1650 Free at the ACC's...personal best times include 10:24.26 in the 1000 Free and 17:29.71 in the 1650 Free. **1997:** Competed at ACC's in the individual Free and Relay events...member of the 4th place 800 Free Relay team...individually placed 8th in the 200 Free, 14th in the 1650 Free, and 15th in the 500 Free...**1996:** 13th in 200 free and 15 in the 100 Back at ACC's...also on the 4th place 400 Free Relay...personal best times include a 58.7 in 100 Back, 1:53.74 in 200 Free and 5:05.64 in the 500 Free...**PREP:** Holds private school state record in the 500 Free and 100 Back...Most Valuable Swimmer during all four years...**PERSONAL:** Born October 12, 1976...athlete she most admires is Jackie Joyner Kersey...majoring in Counseling and Art History.

• Tenelle Ramer

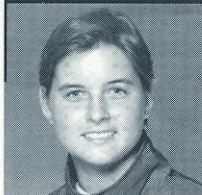


**Senior, 5-7
Free**
Goshen, IN
>Michiana Marlins
>Goshen High School

Has been a great asset in the sprint and middle distance free events, finds herself involved in her toughest year of nursing school...looks to contribute at the ACC meet...loves to race...was big in the middle distance events last year. **1998:** Finished 14th in the 200 Free and 17th in the 50 and 100 Free at ACC's...was a member of the 5th place 400 Free Relay team at ACC's. **1997:** Competed in 6 events at ACC's...member of the 3rd place 200 Free Relay team...also a member of the relay teams that placed 4th in the 400 and 800 Free events...placed 8th in the 200 Free, 9th in the 100 Free, and 10th in the 50 Free...**1996:** At the conference meet, took 2nd in the 100 Free and 3rd in both the 50 and 200 Frees...also swam on the 1st place 200 Medley Relay, the 2nd place 200 Free and 400 Medley Relays, and the 4th place 400 Free Relay...named to the All-ACC team...personal best time include a 23.9 in 50 Free, 51.57 in 100 free, and 1:51.3 in the 200 free...**PREP:** High school All-American...state runner-up in the 100 Free...Most Valuable Swimmer all four years...**PERSONAL:** Born March 9, 1977...nicknamed "Tenelly"...majoring in Nursing.



• **Mara Toole**



Senior, 5-4
Sprint free, Fly
Tampa, FL
>Greater Tampa
Swimming
Association
>Plant High School

Swims the sprint free and fly events, and is a positive role model for the Lady Seminoles. Awarded the National Association of Academic Advisors Achievement Award for athletes who have overcome great personal, academic or emotional odds to achieve academic success while participating in intercollegiate athletics...selected as one of the captains for the women's team last year ...a team leader who sets a great example for the team...had a great comeback after dealing with some medical problems...an ACC Academic Honor Roll selection. **1998:** Competed in the 100 Fly, and 50 and 100 Free events at ACC's. **1997:** Personal best times include a 24.98 in the 50 Free, 55.38 in the 100 Free, and a 58.79 in the 100 Fly...**1996:** Provided the team with valuable depth in the butterfly events...personal best times include a 24.8 in the 50 Free, 57.77 in the 100 Fly, and 2:12.19 in the 200 Fly...**PREP:** Holds four school records...Hillsborough County Swimmer of the Year in 1991...state runner-up in the 100 Fly as a senior..**PERSONAL:** Born February 19, 1976...cousin Kent Corral played football at FSU from 1970 to 1971...greatest sports memory was her final swim at the high school state championships her senior year...athlete she most admires is Summer Sanders...majoring in Elementary Education.

toole

• **Samantha White**



Senior, 5-6
Breast, Sprint Free
Ormond Beach, FL
>Daytona Beach SA
>Seabreeze High School

A team captain who will be looked upon for great things in the breast stroke events and in relays... expects to be a returning NCAA qualifier...a strong part of the Medley Relay teams. **1998:** Finished 3rd in the 100 Breast, 9th in the 200 Breast and was on the 6th place 400 Medley Relay at ACC's. **1997:** Placed 9th in the 100 Breast at NCAA's...ACC Champion in the 100 Breast event...was the runner-up in the 200 Breast event...member of the 2nd place 200 and 400 Medley Relay teams...personal best times include a 24.22 in the 50 Free, 54.37 in the 100 Free, a 1:02.32 in the 100 Breast, 2:17.17 in the 200 Breast, and a 2:12.41 in the 200 IM...**1996:** Selected as 2nd team All-American and an All-ACC selection...conference runner-up in both the 100 and 200 Breast, and placed 14th in the 200 IM...swam on the 1st place 200 Medley Relay and 2nd place 400 Medley Relay...at NCAA's she finished 13th in the 100 Breast...personal best times include a 1:03.23 in the 100 Breast and 2:19.22 in the 200 Breast..**PREP:** State Champion in the 100 Breast in her senior year...conference and district record holder in the 100 Breast ...1993 Junior National Champion in the 200 Breast..**PERSONAL:** Born November 14, 1976...nicknamed "Sam"...majoring in Accounting.

white



fsu swimming & diving





• **Katie Wright**



**Senior, 5-10
Sprint Free, Fly**
Marietta, GA
>Swim Atlanta
>Walton High School

As one of the captains she will be a great asset, not only as a leader, but also in the sprint free and fly events...exhibits a great work ethic...loves to race...is a big part of the relay teams. **1998:** Finished 17th in the 100 Fly at ACC's...improved her personal best time in the 100 Fly to 58.22. **1997:** Member of the 4th place 400 Free Relay team at ACC's...individually placed 14th in the 100 Free...personal best times include a 24.27 in the 50 Free, 52.22 in the 100 Free and 1:59.98 in the 200 Free. **1996:** Selected to the All-ACC team...Took 7th in the 100 Fly at ACC's, also finished 11th in the 50 Free and 14th in the 100 Free...swam on the 1st place 200 Medley Relay and the 2nd place 200 Free Relay...personal best times include a 24.29 in the 50 Free, 53.2 in the 100 Free, and 58.39 in the 100 Fly...**PREP:** Most Valuable Swimmer senior year...1993-95 All-County selection...state champion in the 100 Free her senior year...**PERSONAL:** Born December 13, 1976...father was an All-American swimmer at Alabama...athlete she most admires is Summer Sanders...majoring in Communications.



• **Anne Blachford**

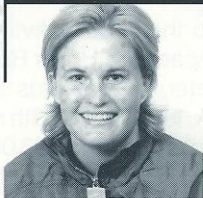


**Junior, 5-7
FREE, BREAST,
IM**
Brampton, Ontario
>Etobicoke Swim
Club
>Bramalea S.S. High
School

Has come back from healing a broken collar bone and will play an important factor at the NCAA meet...compete in IM and breast stroke and will play an important role in the relays...a very versatile swimmer for the team...expected to be a repeat NCAA qualifier...won the team award for the Most Valuable Swimmer...school record holder in the 200 IM. **1998:** Finished 2nd in the 100 Breast, 4th in the 200 Breast, 5th in the 200 IM, and a member of the 6th place 400 Medley Relay at ACC's. **1997:** Competed in NCAA's and finished 13th in the 200 IM and 23rd in the 100 Breast...accomplished seven top four finishes at ACC's...placed 2nd in the 200 IM, and 200 & 400 Medley Relays...placed 3rd in the 100 & 200 Breast, and 200 Free Relay...placed 4th in the 400 Free Relay...**PREP:** Had a stellar career at Bramalea S.S...**PERSONAL:** Born October 1, 1976...greatest ambition is to win an NCAA...greatest sports memory was being a national bronze medalist in Canada...athletes most admired Stephen Parry and Brendon Dedekind...majoring in Sport Management.



• **Kirsti Carrihill**



Has elegant lines...will be a strong contender this year at ACC's. **1998:** Finished 21st on the 3-meter and 23rd on the 1-meter springboard at ACC's...competed in the NCAA Zonals Diving Championships in the 1 and 3-meter. **1997:** Personal best dives include scores of 284.80 in the 1-meter and 362.10 in the 3-meter event...**PREP:** Multi-talented athlete that competed in field hockey, tennis, and squash, as well as diving...**PERSONAL:** Born May 4th, 1978...nicknamed "Zim"...greatest ambition is to be an Olympian...the people she most admires are her parents and her teammates...majoring in Psychology.

Junior, 5-3
DIVING
Zimbabwe, South Africa
>Dominican Convent High School

• **Tanya Gurr**



Her personal bests in the 100 and 200 free will place her as a strong contender at he NCAA level. She will be a strong point scorer at the ACC meet in the free events and relays. At **IRCC:** Was a NJCAA All-American her freshman and sophomore years in the 50, 100 and 200 Free...holds the NJCAA record in the 200 Free. **Prep:** Was a member of the 1994, 1995 and 1996 Zimbabwe National Team. **Personal:** Born April 6, 1977...greatest ambition is to swim in the 2000 Olympics...person she most admires is her father...majoring in Fashion Merchandising

Junior, 6-0
FREE
Harare, Zimbabwe
>Indian River Community College

• **Katie Ruscoe**



Swims mid distance and some distance events...best events are in the 200 and 500 Free...will add depth in these events. **1998:** Improved personal best times in the 200 Free to 2:01.10, 500 Free to 5:18.50 and 1000 Free to 11:17.40... **1997:** Personal best times include a 2:06.46 in the 200 Free, 5:30.32 in the 500 Free and a 18:40.99 in the 1650 Free...**PREP:** Team MVP her senior year...**PERSONAL:** Born December 11, 1978...born in England...athlete she most admires is Janet Evans...majoring in Health Administration.

Junior, 5-6
FREE, FLY
Port Richey, FL
>300 Club-Gainesville High School



fsu swimming & diving





fsu swimming & diving



• **Marya Sabesky**



**Junior, 5-2
DIVING**

Winnipeg,
Manitoba, CAN
>Pan Am Diving Club
Silver Heights
>>Collegiate School

MVP on the diving team last year... has the talent to break into the school diving records...could be a force on the Canadian diving scene...an ACC Academic Honor Roll selection. **1998:** Finished 7th on the 3-meter and 10th on the 1-meter springboards at ACC's...competed in the NCAA Zonal Championships in Athens, GA. **1997:** Placed 8th in both the 1-meter and 7th on 3-meter events at ACC's...personal best scores include a 363.00 in the 1-meter event, and a 434.65 in the 3-meter event...**PREP:** Made honor roll in high school all four years...**PERSONAL:** Born May 5, 1978...greatest ambition is to go to the Olympics...greatest sports memory was diving in the 1993 Canada Games...double majoring in Marketing and Advertising.

sabesky

• **Sarah Scobey**



**Junior, 5-9
SPRINT
FREE, BACK**

Winter Springs, FL
>Longwood Aquatic
Wave
>Bishop Moore High
School

A value to the team in the sprint free and back events, as well as an asset in the sprint relays... received award for the Most Improved Swimmer at FSU her freshman year...plays an important role on the sprint relays. **1998:** Finished 19th in the 100 Back and competed in the 50 Free at the ACC's...improved her 100 Back personal best to 59.67. **1997:** Member of the 3rd place 200 Free Relay team and the 4th place 400 Free Relay team...individually placed 7th in the 50 Free...personal best times include a 23.80 in the 50 Free, 53.18 in the 100 Free and a 2:19.14 in the 200 Back...**PREP:** Was an All-American in the 200 Free Relay her senior year...played a major roll in leading team to district title and runner-up at states...**PERSONAL:** Born July 10, 1978...greatest sports memory was swimming the anchor leg and out touching her high school's rival team on the 200 Free Relay at district meet...athlete she most admires is Dan Jansen...majoring in Biology.

scobey

• **Kristen Adams**



**Sophomore,
5-5 FREE**

Greer, S.C.
>Riverside High
School
>Spartaquatics

Team MVP last year and achieved NCAA "B" times last year...comes in focused this year for a great season...expected to do well in the middle distance free events...will be a big part of the relay teams as well. **1998:** Finished 6th in the 200 Free, 8th in the 100 Free and 9th in 500 Free at ACC's...also a member of the 3rd place 800 Free Relay, the 5th place 400 Free Relay, and 6th place 400 Medley Relay at ACC's. **PREP:** YMCA All-American...YMCA National Champion in the 200 free in 1996 and 1997...South Carolina State Champion in the 50, 100, and 200 Free as well as the 200 and 400 IM in 1997...Senior National Qualifier in the 200 Free...Junior National Qualifier in the 50, 100 and 500 Free, 200 Fly, and 200 and 400 IM...**PERSONAL:** Born June 21, 1979...a member of the National Art Honor Society...majoring in Elementary Education.

adams



• Liska Dedekind



**Sophomore,
5-10
SPRINT
FREE, BACK**
Natal, South
Africa
> Pietermaritzburg
Girls High School

Expecting great things in the sprint free and back events and will be a key player in the sprint relay events...looking for her to move on the NCAA level this season. **1998:** Joined the team in January...finished 13th in the 100 Back, 16th in the 50 Free was a member of the 6th place 200 Medley Relay ACC's.**PREP:** Swimming honors.**PERSONAL:** Born December 15, 1978...greatest ambition is to represent South Africa in 2000 Olympics...double major in Dietetics and Fitness and Nutrition.

• Karin Holmstedt



**Sophomore,
5-8
FREE**
Nodinge, Sweden
> Burgardens
Gymnasium

A valuable addition to the freestyle roster...will be big in the sprint events, especially the 50 and 100 Free...also expected to compete in the sprint relays. **1998:** Finished 12th in the 50 Free, 14th in the 100 Free and 16th in the 200 Free at the ACC's...personal best times include 23:84 in the 50 Free, 52.09 in the 100 Free and 1:54.02 in the 200 Free. **PREP:** Was 50 Free Junior Sweden Champion in 1994, second in the 100 Free and third in the 200 Free...also on the relay gold medal teams from 1994-1997...has been swimming for fifteen years..**PERSONAL:** Born March 25, 1978...was a member of the Swedish Handball Champion Team for the 1996-97 season...won the Adlerbeits Academic Award...double majoring in Marketing and Business.

• Ann Parker



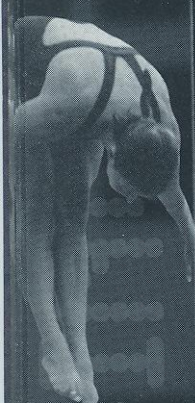
**Sophomore,
5-8
FREE**
Wellington, FL
> Wellington High
School

A very hard worker...best events are in the 100 and 200 Free...looks to play more of a leadership role this season...a potential NCAA qualifier in the 200 Free and 800 Free Relay. **1998:** Finished 12th in the 200 Free at the ACC's...personal best times include 52.89 in 100 Free, 1:52.80 in the 200 Free, 5:06.62 in the 500 Free, 59.64 in the 100 Fly, 2:23.05 in the 200 Fly and 2:13.29 in the 200 IM.**PREP:** MVP all four years...All-American as a junior and senior...high school state champion in 200 Free as a sophomore, junior, and senior...second in 100 Fly at state sophomore and junior year..**PERSONAL:** Born April 2, 1979...Honor roll student who graduated top 10% in her class...member of class council all four years...student government secretary senior year...majoring in Pre-Medicine.



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• **Amber Goodwin**



Freshman, 5-7
BACK, FREE
Midland, TX
> Lee High School

Will be a great asset to the sprint squad...her hard work in the pool and weight room will help boost her competitive times. **PREP:** All-American and all-state swimmer in the 400 Free Relay and 200 Medley Relay as a sophomore...All-American and all-state in the 50 Free and 100 back junior and senior years...Texas state champion in the 100 Back in 1997 and holds Texas state record in the 200 Back...state runner up in the 100 Back in 1996 and 1998...member of the Spanish Honor Society and treasurer of her junior class... also was a cheerleader in high school. **PERSONAL:** Born April 12, 1980...people she most admires are her parents...majoring in Pre-Law.

• **Caren Hirai**



Freshman, 5-2
DIVING
McLean, VA
> McClean High School

PREP: Was First Team all-regional, all district and MVP all four years of high school...placed second in the state and was team captain her junior and senior year...All-American her senior year and honorable mention her sophomore and junior year...McLean High School Female Athlete of the Year her senior year...Academic All-American as a senior...National Honor Society member as a junior and senior...honor roll all four years...also played lacrosse. **PERSONAL:** Born September 7, 1980...came to FSU for a new location...enrolled in FSU undergraduate studies.

• **Lisa Kirsch**



Freshman, 5-4
Winter Springs, FL
> Oviedo High School

As a hard worker with great goals, she will be a great asset in the distance free events. **PREP:** Rookie of the Year in 1994-95...11th at state in 500 sophomore year...16th at state in 500 junior year...4th at state senior year in 500...MVP senior year...four nationals and juniors competitions...school record every year in 500 free...member of honor roll all four years...**PERSONAL:** Born January 25, 1980...majoring in Exercise Physiology



• **Brianna Kloote**

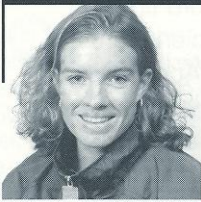


Freshman, 5-4
Whitmore Lake,
Michigan
>Pinckney High
School

Will help with the depth in the distance free events. **PREP:** All-state freshman, sophomore, and senior year...MVP junior year...swimmer of the year senior year...**PERSONAL:** Born October 5, 1980...majoring in pre Physical Therapy.

kloote

• **Amber McClain**

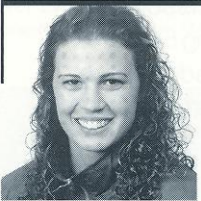


Freshman, 5-5
Inverness, FL
>Citrus High School

A hard worker with goals of being a point scorer at the ACC meet, she adds depth and motivation to the distance squad...**PREP:** Was 9th in the 1500 Free, 10th in the 200 Free and 11th in the 500 Free at YMCA nationals in 1997-98 as a high school qualifier...was a state swimming championships qualifier all four years...holds the school record in six events and was MVP all four years...made the Dean's List all four years...member of the National Honor Society all three years...graduated 10th in her class...was secretary of Student Council and secretary of National Honor Society. **PERSONAL:** Born October 20, 1979...wants to attend law school after graduation...majoring in Political Science.

mcclain

• **Summer Washburn**



Freshman, 5-10
Apollo Beach, FL
>Bloomingdale High
School

A hard worker who will fill in the backstroke and IM and is a potential ACC finalist. **PREP:** First team conference three years...all-state sophomore, junior, and senior year in 100 back and 200 IM...three second places junior year at state...all-american in 100 back and 200 IM...state champion in 100 back...runner-up in 200 IM at state...national merit scholar...member of honor roll...**PERSONAL:** Born November 4, 1980...greatest ambition is to receive a doctorate degree...majoring in Psychology.

washburn



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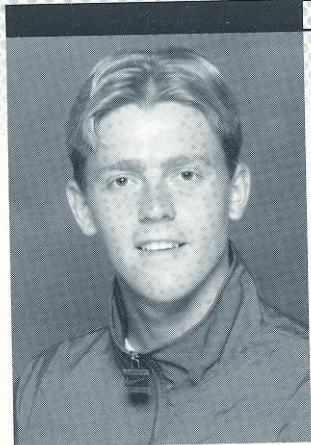




Brendon Dedekind Bio and Story



fsu swimming & diving



**Senior, 6-3, 180
FREE, BREAST**
**Pietermaritzburg,
Natal, South
Africa**
> **S.E.A.L.S.**
> **Maritzburg
College**

Career Best Times

| | |
|------------|---------|
| 50 Free | 19.17 |
| 100 Free | 43.14 |
| 200 Free | 1:38.22 |
| 100 Breast | 53.24 |

Coach Gibb on Dedekind:

"Brendon's presence on the team has taken the program to a higher level. Since his arrival four years ago, the program has not only been able to compete at a higher level nationally but he has also attracted higher caliber recruits to our program. In addition to his abilities as an athlete, Brendon is more importantly a very well rounded student and an outstanding all-around person. He will be a contender at the 2000 Summer Olympic Games in Sydney and look for him on the medal platform."

Brendon Dedekind

Outstanding all-around swimmer... a member of the Gold medal World All-Star team at the Goodwill Games this summer...finished 6th in the 50 Free and competed in the 100 Free at the World Championships in Perth, Australia in January.....holds school records in the 50 and 100 Free, 100 Breast, and a member of the 200,400 and 800 Free Relay as well as the 200 and 400 Medley Relay record holders. **1998:** NCAA National Championship in the 50 Free where he swam a 19.17 in the preliminaries...finished 4th in the 100 Breast, 10th in the 100 Free, and was on the 7th place 200 and 400 Free Relay teams as well as the 8th place Medley Relay team at the NCAA's...won the 50 Freestyle in a pool record time of 19.52, 100 Breast in pool record time of 54.48, and finished 2nd in the 100 free at the ACC Championships...also a member of the champion 400 Free Relay,200 Free Relay, and the meet record 200 Medley Relay as well as the 3rd place 800 Free Relay. **1997:** Won the 1997 50 Free in an ACC Meet record time of 19.26, the 100 Breast in an ACC record time of 53.24, and the 100 Free in an ACC Meet record time of 43.14...was also a member of three ACC Relay champion teams ...named to the All-ACC Swim Team and All-ACC Academic team...named Swimmer of the Meet at ACC Championships and Co-Swimmer of the Year with teammate Stephen Parry ...finished 3rd in the 50 Free, 4th in the 100 Free, and 5th in the 100 Breast at the NCAA Championships...first swimmer to achieve All-American honors in three individual events in one meet...broke his personal best time in the 50,100, and 200 Free. **1996:** At ACC's, won the 50 and 100 Free and was on the record setting 200 Free Relay...placed 4th in the 200 Free and on both 2nd place 400 Free and 400 Medley relays at ACC's...placed 9th in the 50 Free and was on both 9th place 200 Free and 200 Medley Relays at NCAA's.**PREP:** Received honors for swimming at Maritzburg in 1992...received colours for Water Polo in 1993. **PERSONAL:** Born February 14, 1976...nicknamed "Skinny Man" or "Jav"...greatest ambition is to break the world record in the 50 and 100 Free... at the 1996 Summer Olympic Games in Atlanta, placed 5th in the 50 Free and 26th in the 100 Free...South Africa national champion in the 50 and 100 Free...4 time South Africa and Africa Record holder...finished 4th at the Pan-Pacific Games and 3rd at the World University Games in 1997...Silver Medalist at the 1998 Commonwealth Games...greatest sports memory was placing 5th in the 50 free at the 1996 Atlanta Olympics...athletes he most admires are Tom Jager and Francois Pienaar... majoring in electrical engineering.

dedekind - bio



From rags to riches

Swimming in a lane with six or seven people is not the ideal training conditions for an Olympic swimmer. But for Brendon Dedekind, it was the starting point for what would soon become much success internationally and in collegiate competition.

"Swimmers from South Africa who would go to the US to train always came back swimming much faster times" Dedekind said. "Even at a young age, I wanted to train in the US. It was a dream for me."

After the 1992 South African Nationals, he began to pursue that dream. Dedekind sent out 32 applications to United States universities and received many prospect questionnaires, but no scholarships materialized. So in 1993 he enrolled in engineering classes in South Africa and gave up on the dream.

"You have to be on a good scholarship to get to a school abroad," Dedekind said. "Without that money, the exchange rate is too high for athletes to attend school in the US. Many foreign athletes would do anything for some of the facilities you have here."

But in 1993, the tables began to turn for Dedekind and he started to see the dream becoming a reality. Then FSU assistant coach Neil Harper received a phone call from former LSU teammate, Darryl Cronje, a fellow South African swimmer, telling him about a South African swimmer who could be an asset to the team. Not too long after, Dedekind received a call from Head Coach Don Gibb offering him a scholarship.

"I really liked the ideas Don put forward over the phone, the way he wanted to train sprinters, so I signed...and the rest is history," Dedekind laughed.

History is exactly where Dedekind has placed himself. He started at Florida State in January of 1995 and immediately saw the differences in training.

"The biggest difference to me was the facilities, the pool and weight room, and the support structure. There was such a positive atmosphere on the pool deck and away from the pool which made it easier to train and take my swimming to the highest level of competition."

When he first came to Florida State, Dedekind had no international swimming experience behind him. Dedekind envisioned swimming at a university for four years and contributing as a team player while training for the 2000 Olympics. He never even thought about the 1996 Olympics in Atlanta let alone the NCAA title. When he realized he might have a shot

at the 1996 Olympics, he returned home and qualified for a spot on the South African Olympic team. At the Olympics, Dedekind surprised his country and fellow swimmers as he qualified for the finals in the 50 Free and finished 5th. But 1996 was just the beginning.

"Making the finals in the Olympics was just a stepping stone for the 2000 Olympics, Dedekind said. "I hope to medal in Australia."

The stepping stones also began on the collegiate level for Dedekind in 1994. As a freshman, he qualified for the NCAA Championships at the University of Texas. He had seen pictures of the pool and swimming at such a major university was overwhelming. Although he made the consolation finals in the 50 Free and won the heat finishing 9th, he was still overcome by the facility and the stronger, faster swimmers. This gave him more incentive to train and work harder and it all paid off.

The following March, Dedekind started to make his mark in FSU swimming history. The 1997 NCAA Championships were held at the University of Minnesota and with one NCAA meet under his belt, Dedekind felt more relaxed and less overwhelmed by the enormity of the competition. He qualified in the 50 and 100 Free and the 100 Breast and made it his goal not only to make the finals but to win the events that night. became the first swimmer in FSU history to garner All-American honors in three events in the same year with his top 5 finishes in the three events. Dedekind also swam in the fastest heat of the 50 Free in NCAA history. That same year, teammate Stephen Parry won the 200 Fly event at the NCAA's, becoming the first FSU swimmer to win an individual title.

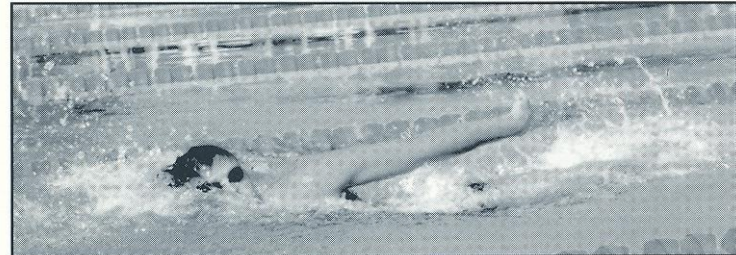
"After swimming in that fast of a heat and with Steve winning the 200 Fly, I knew I had to train harder," Dedekind said. "Steve winning made me want to push myself harder. He and I are very competitive and push each other, but we are still the best of friends."

In the 1998 NCAA meet at Auburn, Dedekind's goal was make the finals. His 19.17 qualifying time in the 50 Free set a new pool record and gave him the top seed going into the evening competition.

"I took the races as just another race," Dedekind said. "It was really exciting to win the 50 Free but I was still not satisfied with my time. I think I could have swam faster that night."

With an NCAA individual title under his belt and a summer of international competition behind him, Dedekind has set his sights on defending his title. He also will strive to win the 50 and 100 Free and 100 Breast at NCAA meet in March. Beyond this is his hope for Florida State as a team.

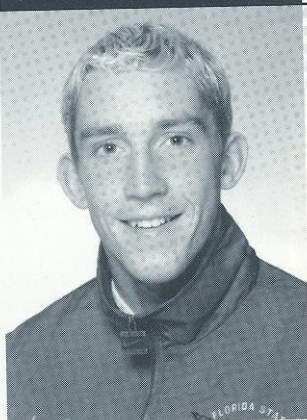
"We have the potential to do the best FSU has ever done at the NCAA meet but we'll have to come to gether at the right time," Dedekind said. "We could have two national champions this year and all our relays could all final. We've got a lot of seniors leaving this year and it would be nice to see such a good group of guys go out with a bang!"



fsu swimming & diving



Stephen Parry Bio and Story



**Senior, 6-5, 188
FLY, FREE,
IM, BACK
Liverpool, G.B.
City of Liverpool
>Liverpool Blue
Coat School**

Career Best Times

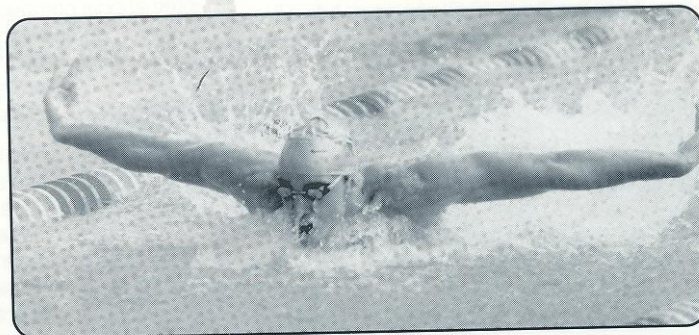
| | | |
|------|------|---------|
| 200 | Free | 1:36.18 |
| 500 | Free | 4:23.28 |
| 1000 | Free | 9:34.66 |
| 100 | Fly | 47.16 |
| 200 | Fly | 1:43.69 |
| 100 | Back | 48.87 |
| 200 | Back | 1:47.91 |
| 200 | IM | 1:49.15 |
| 400 | IM | 3:53.47 |

Coach Gibb on Parry:

"Stephen accomplished what most people thought was unattainable at Florida State when he won the National Championship in the 200 Fly. His accomplishment is a direct reflection of his hard work ethic and commitment to excellence. He has set an example for his teammates as he excels both in the pool and in the classroom. He also has been a valuable leader in his four years at Florida State. Look for Stephen on the medal platform as he will be a contender at the 2000 Summer Olympics in Sydney."

Stephen Parry

Florida State's first National Swimming Champion...holds school record in the 200 Fly, 500 Free, 200 Free, 200 Im and 100 Fly...was a member of the gold medal World All-Star team this summer at the Goodwill Games...finished 3rd in the 200 fly at the Commonwealth Games.... 6th in the 200 Fly and competed in the 100 Fly at the World Championships in Perth, Australia in January...is currently 11th in the world in the 200 fly and 21th in the 100 fly...won the 100 and 200 Fly at the British National Championships, 3rd at the Europeans, and 4th at the World University Games in 1997. **1998:** Finished 4th in the 200 Fly and 14th in the 200 Free and was a member of the 7th place Free Relay and 8th place 200 Medley Relay at the NCAA's...finished 3rd in the 200 Fly and 4th in the 200 IM and 100 Fly at ACC's...was on the ACC Champion 200 Medley Relay, 400 Medley Relay team and 3rd place 800 Free Relay teams. **1997:** Won the 200 Free and 200 Fly at ACC's, was on the 200 and 400 Free Relays champion team...was named ACC-Co Swimmer of the Year with teammate Dedekind...was the first National Champion in swimming for FSU winning the 200 Fly...finished 9th in the 100 Fly at NCAA's...an All-American...was team captain last season and is team captain for the 1997-98 season...holds school records in 200 Free, 500 free, 200 IM, 100 and 200 Fly. **1996:** Took 2nd in the 200 Fly at ACC's and was 5th in the 500 Free...also swam on the 3rd place 800 Free Relay...placed 10th in the 200 Fly at NCAA's...made All-ACC and the ACC Honor Roll...also made second team All-American. **PREP:** Junior European Champion in the 200 Fly in 1994...British National Champion in the 200 Fly in 1994 1995 and 1996, and in the 100 Fly in 1996...finished 6th in the 200 Fly at 1995 World University Games in Tokyo, Japan. **PERSONAL:** Born February 8, 1977...Greatest ambition is for Olympic success and team championships...athlete he most admires is Edwin Moses...majoring in Marketing and finance.





a national champion

Since its inception in 1949, the Florida State men's swimming and diving program has had 19 men and 8 relay teams earn the distinction of All-American. In 1961, Curt Genders won FSU's first diving NCAA title on the one and three meter springboards. And now, 36 years later, Seminole swimmer Stephen Parry has again made history for the program, bringing home FSU's first individual swimming NCAA championship.

Parry, now a junior, trained in crowded pools and limited facilities in Liverpool, Great Britain, but from that setting came great accomplishments. He was the 1994 Junior European Champion and the 1995 England National Champion in the 200 Fly. When Parry came to FSU, he brought with him his greatest ambition — to make the Olympic finals. Parry chased that dream competing to qualify for the 1996 Summer Olympic Games in Atlanta. He finished second at the British Olympic Trials but did not reach Great Britain qualifying times.

"I was disappointed," Parry said. "The Olympics has been a goal for me for a long time. I just didn't swim as well as I could have."

"Stephen supported Rob (Braknis) and Brendon (Dedekind) at the Olympics but I think watching his teammates swim in Atlanta really hit home for him," Head Coach Don Gibb said. "He knew he should be at the Olympics and realized he had to work that much harder to make it. Juggling school, swimming and a personal life was a challenge and he realized he would have to prioritize."

Parry found his first year at FSU to be a challenge, having to adjust to a new training program, a new school, and new country all together. But it was after the British Trials that he knew he had to change something. He returned to FSU with a new ambition — a team victory at the Atlantic Coast Conference Championships and a top five finish in the NCAA. He took advantage of the training facilities and started working harder and longer.

"Coming from Liverpool, the training facilities were completely different," Parry said. "It took the summer of '96 for me to realize what I had available to me."

All his hard work and dedication paid off for Parry. He improved his times throughout the season, but saw the biggest improvements at the ACC Championships. Going into the championships, Parry was ranked first in the 200 Fly and he did not disappoint. Not only did he win the event, but he set an ACC record in the process. He went on to win the 200 Free and was on the

200 and 400 Medley Relay Champion teams, leading to Co-Swimmer of the Year honors in the Atlantic Coast Conference.

At the NCAA championship meet in Minneapolis, Minnesota, Parry and his teammates achieved several honors. Dedekind became the first FSU swimmer to achieve three All-America finishes and all five Seminole relay teams scored for the Seminoles. But perhaps the greatest accomplishment came on the night of March 29th when Parry, who was seeded first in the 200 Fly going into the finals, won the first national championship for swimming in FSU history. His pool record time of 1:44.28 won him the title and helped him restore some confidence.

"I wasn't really thinking about it (the championship) at the time," Parry said. "Going into the race seeded first, there was some pressure but I wasn't expecting to win. It was more of a shock than anything else. I just swam the race the way coach planned it out. It really didn't hit me until I got back to Tallahassee that I had won a national championship. And it wasn't even until this summer that I realized I'm as good as the best swimmers in the nation."

Parry continued to compete internationally this summer, representing England in the European Championships and winning a Bronze Medal in the 200 Fly. He next competed in the World University Games in the 200 Fly and finished fifth overall.

"The Europeans were exciting," Parry said. "I was representing my country and was pleased with finishing third. I was just excited to be there. As for the World University Games, it wasn't my best swim but swimming against the best swimmers in the world made me realize I am among the best."

Parry's competed this summer in the Commonwealth Games in Malaysia where he finished 3rd in the 200 Fly. After a summer of international competition, he has set his sights on training for another year of collegiate swimming, but the Olympic experience still sits in the back of his mind.

"Stephen Parry has just scratched the surface," Gibb said. "The national championships and this summer have proved to him he is on of the best in the country and the world. He learned how to prioritize this summer realizing he's one of the best because of his dedication and hard work. The 2000 Olympics are a realistic goal for him."



fsu swimming & diving



Men's Biographies

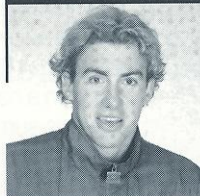
Julian Daily



Senior
6-4, 190
FREE, FLY,
BACK
Cincinnati, OH
>Cincinnati Marlins
>Seven Hills High
School

Has an improved work ethic...could be an NCAA qualifier in the the 100 Fly and 100 Back this year...personal best times include a 45.50 in 100 Free, 52.30 in the 100 Back, and 50.60 in the 100 Fly...**1998:** 15th in the 100 Fly and 16th in the 100 Free at the ACC's...**1997:** Finished 14th in the 100 Free at ACC Championships...**PREP:** Cincinnati Inquirer Male Swimmer of the Year his senior year...Seven Hills Male Athlete of the Year...**PERSONAL:** Born August 16, 1978...nicknamed "Jules"...greatest sports memory was finishing 2nd at Junior Nationals in the 100 free...athlete he most admires is Muhammed Ali...majoring in International Business.

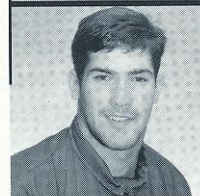
Kerwin Deese



Senior
6-2, 175
BACK, IM
Titusville, FL
>Brevard Swim
Association
>Titusville High School

Will add much needed depth to the backstroke events...has potential to score at ACC's...very hard worker...**1998:** Finished 7th in the 200 back and 14th in the 100 back at the ACC Championships...was named to the ACC Academic Honor Roll for the third straight year. **1997:** made the All-ACC Academic Honor Roll...**1996:** Competed in back and IM events for FSU...personal best times include a 58.37 in 100 Back and 1:54.00 in the 200 Back...**PREP:** Cape Coast Conference and District Champion in 1994...state runner-up in 1994...Florida Today Space Coast MVP as a senior...**PERSONAL:** Born July 19, 1977...greatest ambition is to swim in the Olympics...speaks fluent French...athlete he most admires is Tom Dolan...majoring in International Business.

James Henley

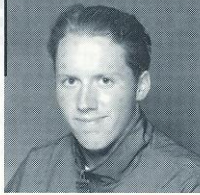


Senior
6-0, 170
BREAST, IM
Baton Rouge, LA
>Bengal Tiger Aquatic
Club
>Baton Rouge High
School

Needs to finish senior year as an ACC finalist...with commitment and hard work could make the NCAA's in the 100 Breast...good student...**1998:** Finished 16th in the 100 Breast at the ACC's...**1997:** Improved his best times in 100 Breast 56.50, 200 Breast 2:03.97, and 200 IM 1:54.42... **1996:** Finished 14th in the 100 Breast and 15th in the 200 Breast at ACC's...made ACC Honor Roll ...**PREP:** State high school champion in 100 Breast as a junior... ranked 2nd nationally in the 200 Breast as a junior...**PERSONAL:** Born May 4, 1977...greatest ambition is to manage a professional sports team...athlete he most admires is Michael Jordan...greatest sports memory was making his first Junior National cut...majoring in Sport Management.



• **Matt McVittie**

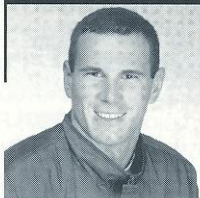


Senior
6-2. 160
SPRINT FREE,
BACK
Chelsea, MI
>Club Wolverine
>Chelsea High School

Looked upon for leadership as a co-captain...looks to improve performances in the 50, 100 and 200 Free...should qualify and score again at NCAA's... swam the 50 and 100 free at the US Senior Nationals... member of school record 200 and 400 Free Relays...ranks 7th in school history in the 50 Free, 6th in the 100 and 7th in the 200 Free...**1998:** Competed in the 50 and 100 Free and was a member of the 7th place 200 and 400 Free Relays at the NCAA's...finished 5th in the 50, 100, and 200 Free at the ACC's...was a member of the ACC Champion 200 and 400 Free Relay and the 3rd place 800 Free Relay... **1997:** Was on the ACC 200 and 400 Free Relay champion teams...finished 7th in 100 and 200 Free at ACC's...an All-American...**1996:** Placed 6th in the 100 Free, 8th in the 200 Free, and 10th in the 50 Free at ACC's...was also on the ACC record setting 200 Free Relays, and was on the 2nd place 400 Free and 3rd place 800 Free Relays...swam on both 9th place 200 and 400 Free Relays at NCAA's...personal best times include a 20.69 in the 50 Free, 45.46 in the 100 Free, and a 1:38.83 in the 200 Free...named All-ACC and second team All-American last... **PREP:** State champion in the 200 IM, and in the 100 and 200 Free...made All-State for the 100 Back, 200 IM, and the 50, 100, and 200 Freestyle...also named All-American for the 100 and 200 free...**PERSONAL:** Born March 22, 1977...greatest ambition is to win the team title at NCAA's...greatest sports memory was being on the 7th place relays at NCAA's...majoring in Communications.

mcvittie

• **Chad Onken**



Senior
6-2. 180
FREE, IM
Midlothian, VA
>Poseiden Swim Club
>Midlothian High School

Potential to be an ACC Finalist this year...could be a "breakthrough" year for him...a versatile and very positive individual...good team player... member of the 1997 National Open Water Championship Team...**1998:** Competed in the 100 and 200 Free and 200 IM at the ACC's. **1997:** Finished 16th at the ACC's in the 200 IM...**1996:** Attended The University of Tennessee...personal best times include a 1:51.90 in 200 IM, 46.14 in 100 Free, and 1:41.83 in the 200 Free...**PREP:** Junior National qualifier all four years...team captain and record holder in the 200 IM...honor roll junior and senior year...**PERSONAL:** Born March 10, 1977...greatest ambition is to make Olympic Trials... athlete he most admires is Eric Namesnik...majoring in Pre-Law.

onken

• **Julio Santos**



Senior
6-2. 160
FREE, BREAST
Botouiejo, Ecuador
>Indian River Community College

Made an immediate impact last year after transferring...will again be a threat in the sprint events...will score heavily at both the ACC's and NCAA's...best times include 19.74 in the 50 Free, 44.55 in the 100 Free and 1:41.36 in the 200 Free. **1998:** Competed in the 50 and 100 Free and was on the 7th place 200 and 400 Free Relay teams and 8th place Medley Relay team at the NCAA's...finished 2nd in the 50 Free and 6th in the 100 Free at the ACC's...was on the ACC Champion 200 and 400 Free Relay teams...**1997:** Swam at Indian River Community College... National Junior College All American 1996 and 1997 in three events...NJCAA champion and record holder in the 50 Free and 100 Free...MVP in 1996...**PREP:** Ecuadorian Swimmer of the Year in 1994-95...best athlete of his state 1993-1995...**PERSONAL:** Born November 21, 1976...made the dean's list at IRCC represented Ecuador at the 1996 Olympics in the 400 Free Relay.....double majoring in Multinational Business and Marketing.

santos



fsu swimming & diving



• **Brent Burkman**



Looks to provide depth for the diving events...has the ability to go to Senior Nationals on 1 and 3 meter and tower. **1998:** Finished 3rd on the 1 and 3-meter springboard at the ACC Championships...All-ACC Academic Honor Roll. **1997:** Finalist at the ACC Championships on the 1 & 3-meter... finished 7th...made the All-ACC Academic Honor Roll... **PREP:** Qualified for All-American consideration. **PERSONAL:** Born March 3, 1978...greatest ambition is to win the ACC Championships on the 1 & 3-meter springboard...majoring in Business.

Junior
5-8, 145
DIVING

Reston, VA
>Northern Virginia Dive Club
>South Lakes High School

• **Danny Chocron**

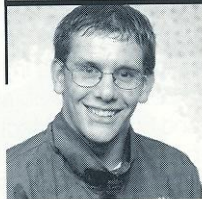


Looks to improve on his performances in the distance events...outstanding open water swimmer.....won the 15K Open Water at the US Nationals this summer in Newport Beach, CA...finished third at US National 10K Open Water Championships at Clemson, SC... won two silver and two bronze medals at the 1997 Maccabiah World Games...was fourth in the 25K open water event at the 1997 Pan Pacific Games ...a member of the 1997 US National Open Water 10K Champion team...President of the Student Athlete Advisory Committee and represents the swim team. **1998:** finished 13th in the 1650 at the ACC Championships. **1997:** Finished 11th at the ACC Championships in the 500 Free and 13th in the 1650 Free...is ninth in the 500 Free (4:31.89) and sixth in the 1650 Free (15:45.35) on the FSU All-Time Top Ten Times...a member of the All-ACC Academic Honor Roll...**PREP:** At 1994 World Swimming Championships, finished 16th in the 1500m Free...5th in 1995 Pan American Games in the 1500m...US National Champion and All-American in the 5K Open Water at US Senior Nationals...graduated high school with honors...**PERSONAL:** Born October 31, 1973...greatest ambition is to win a world title before he finishes his swimming career...greatest sports memory was breaking the national record when he finished 16th at World Championships in 1994... athlete he most admires is Rafael Vidal...majoring in Business.

Junior
5-9, 169
DISTANCE FREE

Caracas, Venezuela
>Bolles Swim Club
>Moraygluces Herzl-Bialik

• **Ross Clement**



Rebounding from a disappointing season but should step it up this year.....ability to score in the backstroke and IM events. **1998:** Finished 15th in the 200 back and 17th in the 400 IM at the ACC's...**1997:** Finished 14th in the 200 Back and 16th in the 100 Back at ACC's...personal best times include 52.40 in the 100 back, 1:52.15 in the 200 back, and 4:48.73 in the 500 free...**PREP:** Swam all four years of high school...1993 national junior champion in the 200 back...finished 5th in the 1996 British Olympic Trials...**PERSONAL:** Born April 19, 1977...greatest ambition is to make the 2000 Olympics...greatly admires his father...majoring in Sports Management.

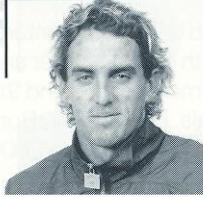
Junior
5-9, 155
BACK

Gloss, England
>Dene Magna High School





• **Kevin Flanagan**



Junior
5-II, 145
BACK, FREE
Honolulu, HI
>OCST
>Punahou High School

A very competitive hard worker...has to step it up this year to score at the NCAA's in the individual events...swam for Olympic champion Randy Gaines, hopes to follow in his former coaches' footsteps...**1998:** Was a member of the 7th place 200 Free Relay at the NCAA's... Finished 8th in the 50 and 100 free and 13th in the 100 back at the ACC's...was a member of the ACC Champion 200 and 400 Free Relay teams...**1997:** added depth in all performances...dropped almost 2 seconds on his best 100 Free time to 45.74...also bettered his 100 Back time to 52.08 and 200 Free time to 1:42.1...**PREP:** All-American consideration junior year...state champion twice in the 100 Free and once in the 100 Back...made dean's list four straight years...**PERSONAL:** Born August 8, 1978...greatest ambition is to final at NCAA's...majoring in Business.

flanagan

• **Glen Gonzales**

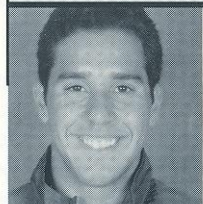


Junior
5-7, 175
DIVING
Pensacola, FL
>Pensacola Dive Team
>Pine Forest High School

Has improved and will be a strong competitor...has ability to make the NCAA meet and to challenge at ACC's...will be a big surprise. **1998:** Finished 5th in the 1 and 3 meter springboards at the ACC's and competed at the NCAA Zone Regionals. **1997:** Added depth to the diving team and worked especially hard on his dives. **PREP:** Top five finisher at state high school meet all four years...30th at Junior Nationals in 1995...**PERSONAL:** Born December 5, 1977...nicknamed "Mud"...greatest ambition is to win NCAA's...majoring in Computer Science.

gonzales

• **Nelson Mora**



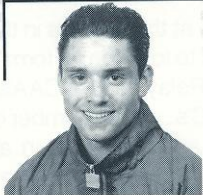
Junior
6-0, 160
FREE, FLY
Caracus, Venezuela
>Champagna
>University of Miami

Joined the team in January from the University of Miami...experience as an All-American will add depth and leadership...international experience gives him the ability to compete at highest levels of competition. **AT MIAMI:** Garnered honorable mention All-American honors after finishing 12th in the 200 Fly at the 1997 NCAA Championships...won the 200 Fly in a championship record time of 1:47.63, finished 4th in the 500 Free and 8th in the 100 Fly at the 1997 BIG EAST Championships...recorded Miami's top times in the 100 Fly (49.87) and 200 Fly (1:47.28) in 1997...earned all-conference honors in 1997...member of the 1996-97 BIG EAST Academic All-Stars...made the 1997 spring dean's list. **PREP:** Represented Venezuela in the 1996 Summer Olympics...finished 20th in the 200m Fly at the Olympics...gold medalist in the 200m Fly at the 1995 Pan-Pacific Games. **PERSONAL:** Born February 6, 1976...majoring in Multinational Business.

mora



• **Ben Nuttall**



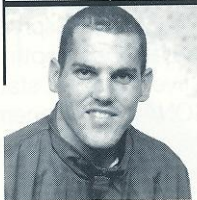
Has the potential to be a finalist in both boards...has great attitude and talent...will contend for top three at ACC's and a possible NCAA qualifier. **1998:** finished 8th on the 1-meter and 9th on the 3-meter springboard at ACC's...**1997:** finished 6th on the 1-meter diving and 9th on 3-meter at ACC's...**PREP:** 14th on Tower at Canadian Senior Nationals...**PERSONAL:** Born March 21, 1977...nicknamed "Nutz"...greatest ambition is to dive for Canada in the 2000 Olympics...majoring in Mechanical Engineering.

Junior
5-6, 155
DIVING

Thunder Bay,
Ontario

>Thunder Bay Diving
Club
>Hammarskold High
School

• **Brett Petersen**



Coming off an outstanding summer season...finished 4th in the 100m Breast at the Commonwealth Games this summer...swam a 1:02.7 in the 100m Breast at the Commonwealth Games this summer...should vie for an ACC Championship honors in the 100 and 200 Breaststroke events...expected to return and score at the NCAA's...will remain an integral part of the Medley Relay teams...personal best times include 54.77 in the 100 Breast and 2:02.93 in the 200 Breast. **1998:** Competed in the 100 Breast and was on the 8th place 200 Medley Relay at the NCAA's... finished 2nd in the 100 Breast and was on the ACC Champion 200 Medley Relay team at the ACC's...named to the ACC Academic Honor Roll. **1997:** Member of the ACC Champion 200 Medley Relay team, which also finished 7th at NCAA's...competed in the 100 Breast event at NCAA's...individually finished 7th in the 100 Breast at ACC's...swam a team best time in the 200 Breast event for the year in 2:02.93...ninth best time on the team in the 50 Free at 21.57...**PREP:** Swam for the South Africa National Team at the Africa Games (1995), European Grand Prix (1996) and African Nationals (1997)...**PERSONAL:** Born September 9, 1976... greatest ambition is to swim for South Africa in the 2000 Olympics...majoring in Business Management.

Junior
6-3, 185
BREAST, IM

East London,
South Africa

>Selborne College

• **Bill Schultz**



Looks to improve in the distance and IM events after disappointing season last year...has displayed a tremendous commitment to be successful in the distance and IM events... member of the Student Athlete Advisory Committee...**1998:** Finished 9th in the 1650 Free, 11th in the 500 Free, and 13th in the 400 IM at the ACC's...**1997:** Bettered his 1000 Free time to 9:34.91...finished 10th in the 400 IM and 12th in the 1650 Free at the ACC's...member of the 10K Open Water US National Team Champions... was 3rd in the 15K Open Water...personal best times include a 4:34.00 in the 500 Free, 9:47.20 in the 1000 Free, and 4:00.56 in the 400 IM...**PREP:** Made Honor Roll senior year...**PERSONAL:** Born December 11, 1977... greatest ambition is to gold medal in the 400 IM in the 2000 Olympics...greatest sports memory was his first Junior National cut...majoring in Business.

Junior
5-10, 152
DISTANCE,
FREE

Bowie, MD

>NAJSC
>Bowie High School



• **Seth Swisher**



Junior
6-3, 190
FREE
Boulder, CO
>Boulder Poseidons
>Fairview High School

With a healthy season, could be one of the top Seminole performers in the mid-distance freestyle events...capable of finaling at ACC's in middle distance with hard work...**1998:** Competed in the 200 and 500 Free events at the ACC Championships...**1997:** Bettered his personal bests in the 100 Free to 47.40 and the 200 Free to 1:43.33...**PREP:** State Finalist in 100 Free senior year...team captain junior and senior year...MVP senior year...Junior National Qualifier senior year...**PERSONAL:** Born May 25, 1978...greatest ambition is to make collegiate All-American...greatest sports memory was qualifying for Junior Nationals...majoring in Communications.

swisher

• **Keam Ang**

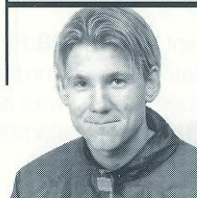


Sophomore
5-8, 154
FLY, FREE
Perak, Malaysia
>Wolfson High

High level performer in both butterfly events...gained valuable experience at the NCAA's last season...should score again this season in the fly events at NCAA's...also an asset on the relays. **1998:** Finished 4th in the 200 Fly and 7th in the 100 Fly at the ACC's...was a member of the ACC Champion 200 Medley Relay.**PREP:** 1995 Florida Long Course Swimmer of the Year...1996-97 NISCA All-American... honors student at both Bolles and Wolfson...**PERSONAL:** Born December 6, 1978... undecided major.

ang

• **Richard Cowling**



Sophomore
6-1, 158
IM
Southampton,
England
>Millfield School
(Somerset, England)

Should contribute in the IM and breaststroke events...will compete in the 200 and 400 IM. **1998:** Competed in the butterfly and IM events at the ACC's...personal best times included 59.95 in the 100 Breast, 2:16.37 in the 200 Breast, 53.10 in the 100 Fly, 1:59.40 in the 200 Fly and 1:57.99 in the 200 IM. **PREP:** competed in the England Junior Internationals in 1996 and 1997...competed in the British Junior Nationals in 1997... **PERSONAL:** Born March 28, 1979...traveled the world for a year after graduation...greatest ambition is to make the 2004 Olympic Finals...majoring in Marine Biology.

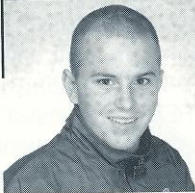
cowling



fsu swimming & diving



• **Greg Jackson**



Sophomore
5-11, 145
FLY, IM
 Midlothian, VA
 >Waubonsie Valley
 High School

Will be a key factor in the 200 Fly and IM events...**1998:** Competed in the 100 Fly and 100 Back at Acc's...top times include 51.20 in the 100 Fly, 1:55.06 in the 200 Fly and 52.27 in the 100 Back...**PREP:** Co-Captain of the swim team...also ran cross country for two years and track for one...Leadership Award Winner...member of a high school National Champion 200 Free Relay... was an honor roll student all four years of high school.. **PERSONAL:** Born December 24, 1978.....wants to attend dental school after graduation...majoring in Biology

jackson

• **Greg Main-Baillie**



Sophomore
6-2, 186
BACK, FREE
 Pietermaritzburg,
 South Africa
 >Maritzburg College

All-around swimmer...with dedication should follow in the shoes of 10 time ACC champ Rob Braknis...finished 2nd in the 50-meter Free, 8th in the 200 Free, and 10th in the 100 Free at the US Junior Nationals in Auburn this summer...was also a member of the 3rd place 800 Free Relay team and 15th in overall scoring...**1998:** Finished 6th in the 200 Back, 9th in the 100 Back, and 10th in the 200 IM at the ACC's...**PREP:** Received honors for swimming in 1995...played water polo for five years and has been swimming for nine..**PERSONAL:** Born August 26, 1978...majoring in Information Science.

main-baillie

• **Will McReynolds**



Sophomore
6-0, 165
FREE, IM
 Apopka, FL
 >Apopka High School

Adds depth in the sprint free and IM events...will be an asset in the point totals...**1998:** Finished 13th in the 100 Free and 15th in the 50 Free at the ACC's. **PREP:** State Champion in the 50 Free...state runner-up in 100 Free...junior national finalist...MVP all four years... was an honor roll student all four years of high school. **PERSONAL:** Born May 11, 1979...nicknamed Wilbur...majoring in Business.

mcreynolds

fsu swimming & diving





• **Jonathan Fry**

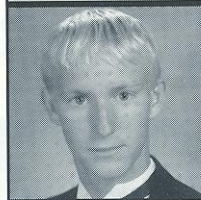


Freshman, 5-9
Chesterfield,
Virginia
>Manchester High

Will add strength and speed this year and could make a large drop in his times. **PREP:** All-Metro freshman, junior, and senior years...member of honor roll all four years...member of Who's Who Among American High School Students junior and senior year...**PERSONAL:** Born January 1, 1980...greatest ambition is to qualify for NCAA championship...majoring in Marine Biology.

fry

• **Jonathan Kaplan**

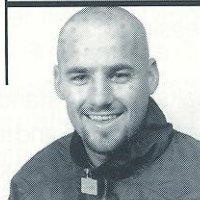


Freshman
5-8
Winter Haven, FL
>Winter Haven High
School

Has a superior work ethic...will score high in the IM and Breast events. **PREP:** MVP all four years in high school...state qualifier all four years...was third in the 200 IM at the state championships sophomore year...member of honor society...**PERSONAL:** Born December 19, 1979...greatest ambition is to participate in the Olympic Games...majoring in Sports Management.

kaplan

• **Michael Singleton**



Freshman
5-10
Richmond, Virginia
>Monacan High
School

A versatile freshman...will compete for a spot on the ACC team. **PREP:** Team captain junior and senior year...second team all metro senior year...athlete representation to US Swimming for Virginia junior and senior years...member of honor roll all four years...**PERSONAL:** Born August 21, 1979...greatest ambition is to make the NCAA championships...majoring in Biology.

singleton



fsu swimming & diving





This is Tallahassee

Near, but far from the glaring strips of neon amusement, and the castles and crowds of Disney, lies another magical place in the Sunshine State — one of pow-wows, plantations, politics and great pride. Often described as “The Other Florida” with its deep-rooted history, rolling hills, canopy roads of moss-draped oaks, cool climate and Southern-style hospitality; it is a Florida few have seen. It is Tallahassee — Florida with a Southern accent.

Best known as Florida’s capital, Tallahassee is an intimate neo-metropolitan city where the power of state government, the academic and the artistic are complemented by subtle, old-fashioned charm. It is the perfect two- or three-day diversion for the more than 41 million annual visitors to Florida and 13 million residents.

Tallahassee touts a menagerie of sights including one of the world’s deepest freshwater springs, site of America’s first Christmas, a wildlife habitat, Capi-

tile, rich soil and four distinct, yet pleasant, seasons breed floral brilliance and natural vitality year-round.

Like the city itself, the story of how Tallahassee was chosen as the state capital is rich in history. In 1823, two explorers set out — one on horseback from St. Augustine and the other by boat from Pensacola — to find a permanent, central location for the Legislature to convene. The two met at a beautiful site that the Creek and Seminole Indians called “tallahassee” — derived from the words “talwa” meaning town and “ahasee” meaning old. The rendezvous point remains Florida’s capital.

The “old town” has undergone many changes, but one thing remains the same — it is still a government town fiercely proud and dedicated to preserving its heritage. The Capitol buildings, both old and new, epitomize Tallahassee’s perseverance.

The 22nd floor of the New Capitol provides a pan-



tol buildings, fascinating museums of history, sprawling plantations, highly acclaimed fishing and hunting adventures and nearby beaches. Spirited area festivals range from celebrations of Tallahassee’s spectacular spring and swamp stomps to genuine rattlesnake roundups and seafood festivals.

With the Gulf of Mexico just 20 miles south and the Georgia border only 14 miles north, Tallahassee rests between the foothills of the Appalachian Mountains and the juncture of Florida’s panhandle and peninsula. Nearer in miles to Atlanta than to Miami, Tallahassee more closely resembles its Southern neighbors than Florida in topography, climate and lifestyle.

Accentuating Tallahassee’s Southern persona are lush rolling hills, likened to the seven hills of Rome, and five “official” canopy roads of patriarch oaks. The fer-

ramic scope of a sophisticated Southern city awash in a sea of flowering azaleas, snowy dogwoods, towering pines, fragrant magnolias, and hundreds of shimmering lakes, springs, swamps, rivers and sink holes. Special legislative viewing galleries are open during the legislative session.

Below, in the shade of giant live oaks, proudly stands the Old Capitol, originally constructed in 1845 and restored to its 1902 splendor complete with red-and-white candy-striped awnings, a dome adorned with stained glass, antique furnishings and political memorabilia.

Across from the Old Capitol are the 40-foot twin granite towers of the Vietnam Veteran’s Memorial, and the blue stone Union Bank, Florida’s oldest surviving fi-

fsu swimming & diving

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