2001-02 Women's Outlook

he 2001-2002 Lady Seminole swim team, under the tutelage of third-year coach Neil Harper, will embark on the season with one of the most talented and deepest teams in school history. The Lady 'Noles, led by All-American senior Christy Cech and fellow senior and NCAA Championship qualifier Keryn Krynauw, are focused and ready to improve on last season's 8-5 record and fifth-place finish at the Atlantic Coast Conference Championship.

Sprint Freestyle

Look for the Sprint Free to be one of the Lady Seminoles' strongest events this season. Senior All-American, and co-team captain, Christy Cech will lead the charge this year. Cech set the FSU school record in the 50 Free last season with a mark of 22.54 at the NCAA Championship on her way to a fourth-place finish overall. At the ACC Championship, Cech placed third in both the 50 and 100 Free, and broke the school record in the 100 Free earlier in the year with a time of 49.36. The additions of freshman Jennifer Lyes and University of Hawaii transfer Elizabeth Parkinson will bolster the Lady 'Noles in the sprint events and help anchor a strong sprint relay squad. Lyes is a former three-time British national champion in the 50 Free in her age group. Other Lady 'Noles who will provide depth in the sprint events are senior Amber Goodwin, junior Alison Cucchi and freshmen Emily Breen, Christie Pesece and Kayce Zemina.

Distance Freestyle

This year the Lady Seminoles have a strong, healthy group of competitors in the distance events that will vie for a top spot at the conference level. Senior Lisa Kirsch, who finished 12th last season at the ACC Championship, and sophomore Jennifer Smith, who turned in a 14th-place finish at conference, will lead FSU in the distance events. Sophomore Amy Lo will provide strong depth to the squad. Strong newcomers Golda Marcus and Angela Leach will push the upperclassmen for time in the pool.

Butterfly

The Lady Seminoles added a lot of strong depth this season in the Butterfly events and may have an even deeper 100 Fly squad than the Sprint Free. Senior Candice Nethercott, a finalist at the ACC Championship in the 100 Fly, leads the way after barely missing the qualifying mark for her second-consecutive NCAA appearance. Freshman Lisa How, who placed sixth at the 2000 United Kingdom Olympic Trials in the 100 Fly, will be looked upon to lead the team in the 200 Fly. Junior Margaret Colley and sophomores Loren Hansen and Tonya Rasor round out FSU's top returnees. Freshmen Emily Armond, a high school All-American, and Emily Breen, Georgia high school state champ, will look to shore up the 100.

Backstroke

Senior and team captain Amber Goodwin will provide strong leadership as she leads the Lady Seminoles in the Backstroke events. Goodwin placed sixth in the 200 Back and seventh in the 100 at last year's ACC Championship. Margaret



Christy Cech

Colley will be a strong contributor in both the 100 and 200 events following a 15th-place finish in the 100 at the ACC Championship. Junior Betsy Nagy will provide good depth after reaching the ACC final in the 200 last year and finishing 16th. Freshmen Laura Kenney and Jennifer Lyes will also both provide strong depth in the 100.

Breaststroke

The Breaststroke events may not be FSU's deepest events, however the Lady Seminoles' top three swimmers have the ability to be the best in the conference. Senior Keryn Krynauw leads the way after qualifying for the NCAA Championship in both the 100 and 200 Breast events. Krynauw broke her previous school-record in the 200 with a time of 2:14.93 and placed third and sixth in the 200 and 100, respectively, at the ACC Championship. Emma Dutton, a sophomore who joined the team last spring, made an immediate impact placing fifth at the ACC Championship in both the 100 and 200 Breast, just missing qualifying times for the NCAA meet. Junior Kristan Keelan will be third on the depth chart in 2001-2002 following an impressive showing at the ACC Championship where she set personal-best times in the 100 and 200.

Individual Medley

In the Individual Medley events, the Lady Seminoles will look to newcomers Laura Kenney and Jennifer Henshaw to lead the squad. Kenney, a freshman All-American in the IM, posted times in both the 200 and 400 in high school close to the NCAA qualifying marks. Henshaw, a junior, joins the Lady 'Noles following an impressive two-year stint at Cleveland State where she won the Midwestern Collegiate Conference title in the 400 and set the CSU record with a time of 4:25.84. Sophomore Loren Hansen, who placed in the 200 IM at the ACC meet, is expected to have a career-year following a strong summer workout. Emma Dutton will also provide depth in the 200.

2001-02 Men's Outlook



The 2001-2002 Seminole men's swimming team, under head coach Neil Harper who is in his third year at the helm, will head into the season with strong aspirations to improve on last season's 6-7 record. The 'Noles finished last season undefeated in the Atlantic Coast Conference and placed fourth at the conference championship. Junior Devin Crock will lead the charge as the Seminoles' lone returning ACC champion.

Sprint Freestyle

The Seminoles enter the 2001-2002 season with a good core of swimmers in the Sprint Freestyle events. Junior Nnamnse Ammons will lead the squad in the sprint events, following an impressive sophomore campaign. Ammons finished sixth in the 50 Free and ninth in the 100 Free at the ACC Championship last season and will head the relay squad after turning out incredible split times last year. Junior Joey Marshburn will compete with Ammons as the top sprinter this year after taking the 2001 spring semester off due to personal reasons. Rounding out the top returnees in the sprints are seniors Matt Carmen and Steven Forson and sophomore Michael Paulus. All three returnees will be heavily counted on in the relay and short distance events. Freshman Michael Averett will support the 'Noles in the 50, 100 and 200 events. Devin Crock will provide added depth after a good run in the sprint relays at the ACC meet and may figure in both the 50 and 100.

Distance Freestyle

The Distance Freestyle will be an untested area for the Seminoles in 2001-2002, as coach Harper will count on a young group consisting of sophomores and freshmen to score points for the team. This year will be one for the young men to gain valuable experience as well as an opportunity to develop and succeed in the future. Sophomores Jeff Boatright and Michael Clarke are the only returnees from last season. Each have experience in the 500, and will help bring along the freshmen. The freshmen group consists of Ted Bradley, Sky Hoagland, Alan Ribeiro and Andrew Skaggs. While all the freshmen swam competitively in the 500 as preps, Bradley and Ribeiro also have high school experience in the 1000.

Butterfly

Look for the Butterfly events to be a strong point for the Seminoles due to the squad's quality and depth. Devin Crock will lead the team in the 100 Fly coming off an extraordinary sophomore year in which he won the ACC title, swimming his best time of the season, 48.09, in the final. Richie Armond, a junior transfer from the University of Georgia, specializes in the 100, and he will push Crock for the top spot in that event. Freshman Michael Averett, a two time Florida high school state champion and All-American in the 100 Fly, will look to provide added depth and success for the 'Noles this season. Sophomores Matt Wheeler and Jeff Boatright will lead the 200 Fly. Both were qualifiers for the 2000 U.S. Olympic Trial and gained valuable experience as freshmen last year. Wheeler placed ninth in the 200 Fly, while Boatright placed 13th and 18th in the 200 and 100 Fly, respectively, at the ACC Championship.

Backstroke

The Seminoles will look toward the senior leadership of team captain Jonathan Kaplan to lead the squad in an event that will depend on youth to play a big role. Kaplan is the most experienced in the backstroke, specializing in the 200. Michael Clarke will provide good depth for the 200 Back, as will Devin Crock. Freshman Chris Lang earned high school All-American honors and will be joined by fellow first-year teammates Ted Bradley and Andrew Castro to compete for a spot in the 200. The graduation of last season's most valuable performer Greg Main-Ballie left a void in the 100 Back that will be hard to fill. Coach Harper will look for his 200 Back swimmers to compete for the open spots in the 100 event.

Breaststroke

The Breastroke will be one of the Seminoles' strongest events this season. The top three swimmers in the 100 and 200 Breast, sophomores Wickus Nienaber and Tal Stricker and junior Justin Betts, will have a likely opportunity to qualify for the NCAA Championship. Both Nienaber and Stricker have proven international careers. They joined the 'Noles in January and just missed qualifying times for the NCAA meet. Nienaber placed third in 100 and 200 Breast at the ACC Championship, while Stricker finished fourth in the 200 and ninth in the 100. Betts placed fifth at the ACC meet in the 100 as a sophomore. Senior Richard Cowling, the team's co-captain, finished seventh in the 100 Breast at the ACC meet and will look to not only be a leader in the event, but also push for the top spot.

Individual Medley

The 200 Individual Medley will be led by Richard Cowling, Justin Betts and Tal Stricker, all who have proven their talent in the event. Cowling placed eighth last year in the 200 IM at the ACC Championship, while Stricker finished 17th overall. Jonathan Kaplan, Michael Clarke and Matt Wheeler, who are more suited for the longer event, will run the 400 IM. Kaplan finished 19th at the ACC meet in the 400 IM, while Clarke earned a first-place finish in the dual meet versus NC State.



Wickus Neinaber



2001-02 Diving Outlook

ith a young and promising men's and women's diving squad on the forefront for the 2001-02 season, Florida State Head Diving Coach Patrick Jeffery's expectations are nothing short of great.

The Lady Seminoles, led by Chelsie Lerew, recorded a straight sweep in the one-meter dive, claiming first, second and third place in last year's ACC Championship. Josh Edelman's dominant first-place finishes in both the one- and three-meter diving competitions at the ACC Championship highlighted the men's season.

Women's Team

This year's Lady Seminoles look to expand on last season's success with all members returning for competition. Leading the pack is sophomore Chelsie Lerew who placed first in the one and three-meter events as a freshman and was named the Most Valuable Diver at the ACC Championship. She has been training all summer and has also been hitting the weight room hard. Coach Jeffrey feels Lerew has become an excellent leader and he expects great things from her again this year, including qualifying for NCAA competition and the Olympic Trials.

Closing in on Lerew's heels is freshman Tiffany Manning. Also a coveted gymnast, Manning has been wowing Coach Jeffery since she stepped foot onto Florida State's campus, and he believes she can and will dominate the ACC in the three-meter event. Manning will also be competing on the 10-meter platform with hopes of qualifying for the NCAA meet.

Senior leadership and team depth will come from two divers who are both very competitive at the ACC level. Team captain Caren Hirai and Michelle Sekeres placed second and third, respectively, in the one-meter at the ACC Championship last season, completing the sweep for the Lady Seminoles.

With the talent Coach Jeffrey has assembled, the Lady Seminoles should be the favorite at the ACC Diving Championship and vie for a great deal of NCAA postseason competition.

Men's Team

Like the women, FSU men's team also expects to dominate at the ACC Championship again this season. Team captain Josh Edelman returns after an impressive freshman season in which he swept both the one-meter and three-meter titles at the conference meet. That performance earned Edelman the honor of ACC Most Valuable Diver. During team competition last year, Edelman placed first four times on one-meter and twice on three-meter.

Complimenting Edelman will be freshman Louie Gagnet. Coach Jeffery called Gagnet a hard worker who is loaded with talent in all three diving events, and he looks for him to be a solid addition to the program. Gagnet, who hails from Mission Viejo, Calif., placed first in the one- and three-meter events at 2001 West Junior Nationals and was also a finalist in the platform at the Junior Nationals.



The 2001-02 Diving Team