

2003-04 SWIMMING & DIVING MEDIA GUIDE

A Note to the Media, Fans and Opponents



Michael Smoose

Swimming and diving contact Michael Smoose of the Florida State University Sports Information Office is ready to assist you with any questions or requests that you may have about the 2003-2004 swimming and diving program, media guide, coaches and student-athletes. Please do not hesitate to phone, fax or write to the sports information office at P.O. Box 2195, Tallahassee, Florida 32316, (850) 644-1403 phone, (850) 644-3820 fax, if we can further assist you.

HOW TO COVER THE SEMINOLES

Members of the media are supplied with weekly press releases, including current individual bests, as well as conference and national rankings and information on upcoming events. Results and statistics may be obtained in the sports information office. If you would like to schedule personal interviews with the coaches or players, contact Michael Smoose in the FSU sports information office at least 24 hours in advance. Coach Neil Harper is generally available in his office during weekday mornings. Athlete's home phone numbers will not be released.

WHERE THE HOME MEETS WILL BE HELD

The 2003-2004 home meets will be held at the Bim Stults Aquatic Center and the Bobby E. Leach Center, both located on the FSU campus.

FSU Media Outlets

NEWSPAPERS

TALLAHASSEE DEMOCRAT: P.O. Box 990, Tallahassee, FL 32302 • Phone: (850) 599-2169 • Fax: (850) 599-2301

FSVIEW: 1235 Airport Road, Tallahassee, FL 32304 • Phone: (850) 561-6653 • Fax: (850) 561-6578

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ON THE COVER: NCAA participants Tiffany Manning, Wickus Nienaber and Emma Dutton.

MEDIA GUIDE CREDITS

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2003-04 WOMEN'S OUTLOOK

Last season saw what the Florida State University women's swimming and diving team could do with a roster entirely consisting of Neil Harper's recruits. This season the Seminoles want to make that next jump to the top echelon of the Atlantic Coast Conference.

With only six swimmers and divers missing from last year's squad that finished third at the Atlantic Coast Conference Championships, after a 11-2 dual meet record, the 2003-04 edition should be the strongest under Harper and one of the best in the annals of Florida State swimming and diving.

"It's definitely a defining year for us and I think this can be the strongest team we've had," Harper said. "Our expectations are to be successful in dual meets and then to really do well at the conference meet. Another goal for us is to qualify more people for the NCAA meet. We had seven competitors there last year and we want to build on that."

Of the 16 returning letterwinners, seven come back with All-ACC accolades, the most by a Florida State squad since joining the league in 1992. Giving the Seminoles even more reasons to be optimistic is that three swimmers and one diver return with All-America credentials, while two more swimmers having NCAA meet experience under their belts.

Without a doubt the strength of the women's squad will be the depth in the senior and junior classes. Coach Harper already has an established base with such swimmers as All-Americans Emma Dutton, Loren Hansen and Emily Breen, as well as ACC champion and school record holder Andree-Anne LeRoy.

"We didn't lose much to graduation so we have a great nucleus of seniors and juniors," Harper added. "We have a big senior group and they have to make the most out of it and they want to make the most out of it. I think that's evident at practice every day. A couple of years ago I felt like I was leading them, but now there are a lot of leaders on the team."

Last year the quartet accounted for 74 dual meet victories and nine top-eight finishes at the ACC championships. Dutton holds the school record in the 100 breaststroke—the event she won at the league meet—while she, Hansen and Breen were on the 200 and 400 free relay teams that rewrote the FSU record books in 2002-03. In her first year with the Seminoles, LeRoy, the conference champion in the 200 IM, set the school record in that event and the 400 IM. One of the benefits that coach Harper enjoys is that the talent on the team doesn't stop with the aforementioned swimmers. Junior Lisa How's name reads all over the career top-ten list like graffiti on a New York City subway and senior Rachel Dong knows what it's like to step onto the blocks at the NCAA Championships. The Seminoles could also get a big boost this year from the likes of Katie Byrnes, Angie Leach, Amy Lo, and Golda Marcus.

"The biggest difference is that everyone has realized their part," Harper noted. "They've recognize that they don't need to be the best in any one event. If they can help out by being second in one event or third in another, the team gets stronger. We've shuffled some people around and as we've brought in new kids it allows us to move others to their stronger areas or an area where we are weaker as a team."

Because of the low number of departures, Florida State only brought in two new swimmers this season. Rookie Lauren Brick could be the heir-apparent to Dutton in the

breaststroke, while Katie Ronan will provide added depth.

It's hard to believe that the diving team could get any better, but every year diving coach Patrick Jeffrey's squad always has the best talent in the league and this year will be no different. Even though the Seminoles lost five-time ACC champion and All-American Chelsie Lerew to injury, two-time All-American Tiffany Manning and 2002 ACC one-meter champion Courtney McClow are the best one-two punch in the league. The past two seasons Florida State has swept the first three places on both boards.

"I think this is one of the most talented teams that we've had," Jeffrey said. "With so many talent kids on one squad, you don't have to depend on one person coming through all the time. I've got more divers across the board that want to get better so they learn on the first time and it gives us more time to get down to working on what is going to make them better."

"We're looking at getting into the finals of the NCAA championships instead of just qualifying. In couple years hopefully we're going to be looking at someone winning the NCAA or getting into the top three."

Even though five-time champion Chelsie Lerew is gone, stepping in to take her place is someone with the same talented bloodlines. Rookie Brittany Lerew joins the team this season with as high of expectations as her sister. Fellow high-school All-America newcomers Taryn Ignacio and Camille Akridge give the Seminoles perhaps the best diving recruiting class in the country.

Throughout the year Florida State will be continually challenged with a difficult schedule. Within the ACC, the Tribe is one of four ranked schools, while the Seminoles face preseason No. 2 Florida and No. 16 Michigan in dual meet action. At the Texas A&M invitational, Florida State will be up against number eight SMU, UCLA (No. 11), the 17th-ranked host Aggies and No. 19 Notre Dame.



Lisa How

2003-04 WOMEN'S ROSTER

NAME	EVENTS	YR.	HOMETOWN (HIGH SCHOOL)
Camille Akridge	DIV	Fr.	Orlando, Fla. (Edgewater)
Emily Breen	FR, FL	Jr.	Savannah, Ga. (H.V. Jenkins)
Lauren Brick	FR, BR	Fr.	Culpeper, Va. (Culpeper County)
Katie Brynes	BK	Sr.	Fort Lauderdale, Fla. (Cardinal Gibbons / Washington State)
Rachel Dong	BR, FL, IM	Sr.	Paramount, Calif. (Valley Christian / Washington State)
Emma Dutton	BR, IM, FR	Sr.	Bradford, England (Benton Park)
Loren Hansen	IM, FL	Sr.	Pensacola, Fla. (Washington)
Lisa How	FL, IM, FR	Jr.	Preston, England (Hutton Grammar)
Laura Kenney	IM, BK, FR	Jr.	Plano, Texas (Plano Senior)
Taryn Ignacio	DIV	Fr.	Richmond, Ky. (Model Laboratory)
Angie Leach	FR	Jr.	Leesburg, Fla. (Leesburg)
Brittany Lerew	DIV	Fr.	Orlando, Fla. (Lake Highland)
Andree-Anne LeRoy	BK, IM	Sr.	Nanaimo, B.C., Canada (Nanaimo District Secondary / Washington State)
Amy Lo	DIST	Sr.	Longwood, Fla. (Lake Brantley)
Tiffany Manning	DIV	Jr.	Mission Viejo, Calif. (Capistrano Valley)
Golda Marcus	DIST	Jr.	Coral Springs, Fla. (American Heritage)
Courtney McCLOW	DIV	Jr.	Jacksonville, Fla. (Forrest)
Tonya Rasor	Fly, Free	Sr.	Niceville, Fla. (Niceville)
Katie Ronan	FR, BK	Fr.	Pensacola, Fla. (Washington)
Jennifer Smith	DIST	Sr.	Pensacola, Fla. (Washington)
Kayce Zemina	FR	Jr.	Plantation, Fla. (Plantation)

COACHING STAFF:

Head Coach: Neil Harper, 5th Season (Louisiana State, 1988)

Associate Head Coach: Andy Robins (William & Mary, 1983)

Diving Coach: Patrick Jeffrey (Ohio State, 1988)

Assistant Coaches: John Fedena (Delaware, 1998), Anne Blachford (Florida State, 2000)



2003-04 MEN'S OUTLOOK

Last season the Florida State University men's swimming and diving team started its trek towards the top of the Atlantic Coast Conference. The Seminoles know what it takes to get to the top of the mountain, but if they want to be king of the hill in the ACC, they are going to have to make a near perfect final push.

In his fifth year at Florida State, deck boss Neil Harper feels that he has the team that can unseat five-time defending champion Virginia. He says that with good reason as the Seminole are coming off a record-tying 11-2 record last season and a second-place finish at the conference championships.

"It was a good jump last year from fourth to second," Harper said. "However, the leap it took to jump two spots will be even bigger to go one more. To make that next jump, we've got to have a perfect meet, all guns blazing, but that's not impossible."

This year's Seminole squad will be a mixture of the old guard and new blood. Anchoring the roster is a talented group of 17 returning letterwinners, including three All-ACC selections. Added to the mix in 2003-04 are 13 newcomers with some impressive credentials.

Any discussion of the men's team starts with senior Wickus Nienaber, the only returning NCAA participant from last year. Last season he posted a pair of top-30 finishes at the national meet after earning All-ACC honors. Nienaber set a new school mark with his second-place finish of 1:58.30 at the league summit.

"He's the one we all gain strength from," Harper said. "We've counted on him many times to up, most importantly right near the end of the meet in the 200 breaststroke. We've counted on him to give us a win and get us the necessary points to try to win the meet on the last relay. A lot of people look at it as, here is someone all the way from Swaziland who has made the most out of his talents and if he can do it, so can we. I think he inspires them."

If Nienaber is the core of the team, then surrounding him in the outer core has to be the sprint freestyle group. Harper is able to walk the deck a little bit easier knowing that Florida State opponents have to face the three-headed monster of senior Michael Paulus, sophomore Joel Roycik, and junior Michael Averett.

Earning the first All-ACC honors of his career, Paulus was a member of the winning 200 free relay at the conference meet. No league rookie turned in a faster time in the 100 freestyle than Roycik as he placed third with an NCAA B-cut of 44.39, the fourth-fastest mark in school history. A member of two top relays, Averett also scored points in both the 50 and 100 freestyles during the ACC championships.

"There is a trio there of Joel, Michael and Mike who will be the mainstay of our 50, 100 and 200 freestyle," Harper noted. "They're very fast and very talented. They have learned a lot and I think our team looks at them as being able to step up and win some key events for us."

With six All-ACC selections gone from last year's squad, a lot of the Seminoles' success will hinge on how the sophomores and freshmen from 2001-02 step up. Junior Alan Ribeiro could make a move into the top echelon of conference freestylers and sophomore Chris Vythoukas is as versatile as they.

"Both Alan Ribeiro and Chris Vythoukas have a chance to have a breakout year," Harper admitted. "Alan has come in with new goals and he's already outperforming what he

did last year. Chris is very talented and he's another swimmer who has really progressed well and if he continues his progression he will be a big part of our success."

One area Harper tried to address with his recruiting was the distance events. That void appears to be filled for the next four years by the tandem of Tommy Bishop and Steve Roof. A pair of transfer from Toledo will be welcome additions in 2003-04. Senior Justin Lawrance and Stephan Connor will help the Tribe in the backstroke, butterfly and freestyle events.

"The fact that we've added these newcomers shows that we think a little higher and we've set our goals a little bit higher," Harper said. "When you look at Tommy Bishop and Steve Roof, with some good national credentials, we've never had people in the events that they swim. That's an area where we've been weak before, but now they give us a new dimension."

Sometimes a loss can be a positive and that might be the case for this year's diving team. The old standby, All-American Louis Gagnet has graduated, but diving coach Patrick Jeffrey thinks that that might inspire any one of his divers to step up and answer the challenge.

"Before it was Louis who was the guy who was going to win, now the guys think 'Maybe I can win today,'" Jeffrey said. "They've been coming through with some good performances. They are much more intent on having the best practice that day or best meet when before it was never going to happen with Louis around."

One Seminole who appears to be on the inside track is junior Sam Hood. Last season he was one step away from the NCAA Championships with his performance at the NCAA Diving Zone Qualifier. Sophomores Stuart de la Rosa and Peter Crane are looking to build off their first trip to the ACC meet.

The road to the ACC championships should have the Seminoles well prepared as they face several strong opponents. At the Texas A&M invitational, Florida State will face ninth-ranked Virginia, along with the host 15th-ranked Aggies. Dual meet action will see the Tribe take on No. 6 Florida and Alabama, who is knocking on the top-25 door.



Michael Paulus

2003-04 MEN'S ROSTER

NAME	EVENTS	YR.	HOMETOWN (HIGH SCHOOL)
Michael Averett	FL, FR	Jr.	Davie, Fla. (Pine Crest)
Jason Beinlich	DIV	So.	Ridley, Pa. (Ridley)
Tommy Bishop	DIST	Fr.	Houston, Texas (Cy-Creek)
Ted Bradley	FR, BK	Jr.	St. Petersburg, Fla. (Northeast)
Andrew Castro	FR, FL, BK	Jr.	Miami, Fla. (Ft. Lauderdale St. Thomas Aquinas)
Stephan Connor	FL, FR	So.	Burr Ridge, Ill. (Hinsdale Central / Toledo)
Peter Crane	DIV	So.	Fairport, N.Y. (Fairport)
Stuart de la Rosa	DIV	So.	Erdenhiem, Pa. (Springfield Township)
Paul Erben	BR	Fr.	Panama City, Fla. (Bay)
Jared Heine	BK, FL	So.	Honolulu, Hawaii (Damien Memorial)
Sam Hood	DIV	Jr.	Philadelphia, Pa. (Perkiomen Valley / LaSalle)
Brett Irvin	FR, IM	Fr.	Boca Raton, Fla. (Ft. Lauderdale Pine Crest)
Derek Jones	DIV	Fr.	Jacksonville, Fla. (First Coast)
Alex Kennon	FR	Fr.	Eagle Lake, Fla. (Lake Region)
Justin Lawrance	BK	Sr.	Sloane Park, South Africa (Bryanston / Toledo)
Michael Paulus	FR	Sr.	Somerset West, South Africa (Paul Roos Gym)
Robert Lee	BK, IM	Fr.	Altamonte Springs, Fla. (Lake Brantley)
Mark Moss	DIV	Fr.	Palm Harbor, Fla. (University)
Wickus Nienaber	BR, IM	Sr.	Manzini, Swaziland (Sisekelo)
Mark Nicholls	FL, IM	Fr.	Charlotte, N.C. (South Mecklenburg)
Alan Ribeiro	FR	Jr.	Rio de Janeiro, Brazil (Ft. Lauderdale (Fla.) Cardinal Gibbons)
Steve Roof	FR	Fr.	Canton, Ohio (Central Catholic)
Joel Roycik	FR	So.	Winter Park, Fla. (Winter Park)
Curtis Schroeger	Div	Jr.	Shawnee Mission, Kan. (Mission North / SW Missouri State)
Andrew Skaggs	DIST	Jr.	Jacksonville, Fla. (Bolles)
Tal Stricker	BR, IM	Sr.	Ramat-Gan, Israel (Tichon Hadash)
Chris Vythoulkas	BK, FL, FR	So.	Nassau, Bahamas (Ft. Lauderdale (Fla.) Cardinal Gibbons)
Steve Webb	DIST	So.	Pleasanton, Calif (Foothill / Saint Louis)
Matt Wheeler	FL, IM	Sr.	Houston, Texas (Langham Creek)



HEAD COACH NEIL HARPER

5TH YEAR • LOUISIANA STATE '88



To say that Neil Harper's tenure at Florida State has been anything less than successful would be an understatement. Starting his fifth season with the Tribe, Harper has raised the bar for the women's program while maintaining a high level of competition on the men's side.

When Harper returned to Tallahassee in the fall of 1999, the women's team had not finished higher than fourth at the ACC meet since 1995. Within two years, the Seminoles equaled their best result with a pair of third-place finishes. At the men's competition, FSU has been no lower than fourth, and last season the Tribe matched its best finished when it placed second.

In conjunction with the improved times in the pool and on the board, the accolades have increased for both the women and men. Florida State has earned 26 All-ACC awards on the women's side in the last four seasons, five more than the

previous eight years combined. In that same time span, the men have picked up 23 all-conference honors, just one short of best total during the first four years of a coaching tenure. Last year between the two teams the Seminoles produced 18 All-ACC awards (9 women, 9 men), the highest combined total and a single-season high for both teams.

At last year's league summit Florida State amassed 11 ACC champions, the most since the 1995 squad tallied 19. The women had four individuals and two relays atop of the winner's stand, the highest total in eight years. Within the men's competition, three individuals and two relays were the top dogs in the league, a number not reached since the 1999 meet.

All told the women's team has won 15 league titles during Harper's tenure — one more than the previous eight years of ACC competition — while the men are one behind with 14 championships.

Taking it one level higher, the Seminoles are making their presence known at the NCAA Championships. For only the second time in school history, Florida State has had at least one women's All-American in four-straight seasons. All told, the Tribe has produced eight All-Americans during Harper's four years while the men broke through with their first honoree last season. During his 15 years of coaching, Harper worked with 43 athletes who have produced 116 All-American honors.

As to be expected, the Tribe has been rewriting the school's record books. Fifteen of the women's 23 school marks have fallen during Harper's tenure, including four last season. Within FSU's all-time top ten individual times, 60 of the marks belong to Harper students. What might be even more impressive is that in the last four years, FSU has produced one of the top two times in 11 of the 13 events, with all 13 containing at least one Harper swimmer in the top three. The men have had their share of records as well, taking down four marks with 39 entries into the top ten last year.

For the second year in a row, both programs produced double-digit dual meet victories. The men equaled the best single-season win total in school history with 11 victories, while the women's 12 triumphs were second in the FSU annals. Within the national rankings, the men ended the year in the top 25 for the second season in a row with a final rating of No. 25. The women's team finished the 2002-03 campaign tied for 24th.

Harper has coached the last three summers at the biggest international swimming events. In 2000 he was a member of the South African Olympics coaching staff in Sydney, Australia. The following year he traveled to Fukuoka, Japan to coach Wickus Nienaber in the FINA World Championships. During the summer of 2002 he mentored Nienaber at the 2002 Commonwealth Games in Manchester, England, where he was joined by former Seminole All-Americans Stephen Parry and Brett Peterson, as well as current FSU sophomore Chris Vythoulkas. This summer he coached Nienaber at the FINA World Championships for the second time in three summers. Nienaber posted three lifetime best marks which set Swaziland national records.

In May of 1999, Harper returned for his second stint in Tallahassee after two years as the women's head coach at Ohio State. In two seasons with the Buckeyes, Harper's team posted a 15-12 mark while qualifying six athletes for the NCAA Championships. In the classroom, Ohio State excelled just



Neil, Paige, Katherine and Kelly Harper

as well as both of his teams received NCAA All-Academic selections. Within the conference, the Buckeyes received more than 20 Academic All-Big Ten Conference honors during his two seasons.

From 1994-97, Harper served as the top assistant at Florida State under Don Gibb. One of his main duties was to coordinate the Seminoles recruiting efforts. His work with the recruiting speaks for itself as during that time Florida State produced numerous All-Americans, including FSU's first NCAA champion Stephen Parry in the 200 butterfly. As a top aide, Harper was also in charge of the team's strength and conditioning, while working with the stroke and individual medley swimmers. His work in the pool produced the school's first All-Americans in ten years as current assistant Anne Blachford (200 IM), Helen Jepson (200 fly) and Samantha White (100 breast) all enjoyed NCAA success.

A 1988 graduate of Louisiana State University, Harper served as an assistant at his alma mater following graduation up until his first appointment with the Seminoles. During his six years in Baton Rouge, La., he helped Tiger swimmers earn 21 NCAA All-America honors and seven Southeastern Conference titles. During the 1991 season, both the men and women posted one of their best finishes at the NCAA meet as both came away with a 14th-place showing.

As a competitor, Harper is one of the top swimmers in school history. He first made his name in the SEC when he won the 100-yard backstroke at the 1986 meet. Throughout his career, Harper collected four league titles while participating at the NCAA meet in seven events. During his final year, LSU finished sixth at the NCAA championships, the highest finish in school history. He still ranks on the Tigers' all-time top ten in four different categories.

The London native represented Great Britain in the 1984 and 1988 Olympics as a member of the 400-meter medley relay with sixth and fourth-place finishes respectively.

The 38-year-old Harper is married to the former Paige Busch, who was also an All-American and SEC champion in the 100-yard breaststroke at LSU. The couple has two daughters, Katherine (9) and Kelly (7).



HARPER'S COACHING RESUME:

- 1999-present: Head coach, Florida State University
- 1997-99: Head women's coach, Ohio State University
- 1994-97: Assistant coach, Florida State University
- 1988-94: Assistant coach, Louisiana State University

INTERNATIONAL EXPERIENCE:

- 2003: Swaziland World Championship Team (Barcelona, Spain)
- 2002: Commonwealth Games (Swaziland)
- 2001: Swaziland World Championships Team (Fukuoka, Japan)
- 2000: South African Olympic Team (Sydney, Australia)

ASSISTANT COACHES



Andy Robins
Associate Head Coach
9th Year
William & Mary, 1983

For nearly a decade now, there has been one consistent factor for the Florida State swimming and diving program: associate head coach Andy Robins. The 2003-04 campaign marks year number nine in the Garnet and Gold for the Yorktown, Va. native. He has been a major factor in the Seminoles' success.

Head coach Neil Harper recognized Robins' contribution to the program and last season elevated him to the position of associate head coach. In addition to his on-deck duties, Robins' responsibilities include recruiting, organizing team workouts, performance data, team travel and

home meet management.

Since Robins arrival in 1995, Florida State has only had one sub-.500 season with 101 dual meet victories. At the ACC Championships, the men have finished no lower than fourth with a trio of runner-up finishes, while over the last two seasons the women have posted a pair of third-place finishes.

On the deck his primary duty is to focus on the sprinters, a group that has been very successful over the years. Overall, 19 Florida State sprinters have earned All-ACC honors with three Seminoles going on to capture NCAA All-America accolades. All three of the men's All-America 200 and 400 free style relays (1996, 1998 & 1999) happened under Robins' watch, as did the women's 200 and 400 free relay teams in 2000.

Without a doubt Robins' best pupil was Brendon Dedekind, the 1998 NCAA champion in the 50-yard freestyle. The following year Dedekind added another title in 100-yard breaststroke as part of his 15 All-America honors. Most recently Christy Cech earned national honors in 2001 and 2002 in the 50 free. Other Seminole All-Americans who have worked with Robins include Stephan Parry, Julio Santos and current assistant coach Anne Blachford.



Out of the possible 40 top times in the 50 and 100-yard freestyle, 33 of the times have been recorded with Robins on the staff. That includes seven marks set last year, including Emma Dutton ranking third and fourth in the 100 and 50-yard free, as well as Joel Roycik's number four rating in the 100 free.

Even prior to his graduation from college, Robins has been actively involved in coaching and his involvement with local swimming and diving dates back nearly 20 years. His association with swimming in the Big Bend began in 1985 when he took a position with the Area Tallahassee Aquatic Club. Robins took over the head coaching duties for ATAC in 1993 and led the squad to a top ten finish at the 1996 Junior National Championships.

In conjunction with his work with ATAC, Robins served as the head coach at Leon High School in Tallahassee from 1986-91. After only his second year on the job he was named High School Coach of the Year by the *Tallahassee Democrat*.

He also served as head coach for the Florida All-Star Team in 1990 and 1991 after spending the previous two seasons as an assistant coach. Away from the pool Robins served on the Florida Swimming Board of Directors, the House of Delegates and the Technical Planning Committee from 1987-98.

A 1983 graduate of The College of William & Mary with a bachelor's in psychology, he earned his master's in science education from Florida State in 1987. While in college, Robins swam both the backstroke and distance freestyle events. His swimming accomplishments at William and Mary include setting the school record in the 1650 freestyle while also serving as co-captain.

The 43-year-old Robins and his wife Karen have four children, Beth (25), Kurt (24), Jenna (18) and Annemarie (7).

ROBINS' COACHING RESUME:

2002-present: Associate Head Coach, Florida State
 1995-2001: Assistant Coach, Florida State
 1993-97: Head Coach, ATAC
 1990-91: Head Coach, Florida All-Stars
 1989: Assistant Coach, Florida All-Stars
 1986-91: Head Coach, Leon High School
 1985-92: Assistant Coach, ATAC



Patrick Jeffrey
Diving Coach
5th Year
Ohio State, 1988

Under the term dominance in the dictionary, one might find a photo of Patrick Jeffrey and the Florida State diving team. During his first four seasons in Tallahassee, the Seminole divers have become the envy of the Atlantic Coast Conference. Since Jeffrey's arrival in 1999, Florida State has captured 13 out of the 16 ACC championships on the board.

The 2003 conference championships were no different as the Seminoles swept both diving events in the men's and women's meets. In fact, a diver from a school other than Florida State has not won a diving title since Jeffrey's first season in 1999-2000. Within that stretch, five different Seminoles have claimed league titles with seven divers named All-ACC.

Over the last two seasons, that success has carried over to the national level where the Tribe is starting to make its mark. At last year's NCAA Championships, both of Florida State's NCAA All-Americans came from the board as Tiffany Manning earned her second All-America accolade on the ten-meter platform, while Louis Gagnet earned the men's first award in four year with his performance in the three-meter event.

Every year that Jeffrey has been with Florida State it has claimed at least one conference title on the men's side. Brent Burkman collected the men's first diving title since 1992 when he won the one-meter event. The following year Josh Edelman swept both events and for the past two years Gagnet was crowned champion on the one and three-meter boards. Florida State's four-straight championships on the one-meter and three more in the three-meter haven't been equaled in nearly 20 years.

During Jeffrey's second year the women's program started controlling the league when Chelsie Lerew won her first of five titles. She added All-America honors to her resume in 2002 on the one-meter board. In 2002, current junior Courtney McClow got into the act when she won the one-meter event. The past two seasons, Florida State has had the top three divers on the three-meter board and top three of four in the one-meter event.

This past summer saw three Seminoles have some success at the Speedo National Diving Championships in Indianapolis, Ind. Manning had the highest showing with a 12th-place finish on the ten-meter platform to go along with a 13th-showing in the one-meter event. McClow finished 18th on the one-meter board as did Sam Hood on the platform following a 16th-place mark in the one-meter.

Jeffrey's wealth of diving knowledge is a direct result of his own career. During his time at Ohio State, he captured five national championships in various events. At the 1988 NCAA Championships he became the only diver in NCAA history to win three events in the same year as he captured titles on the one-meter, three-meter and ten-meter platform events. That season he was named the NCAA Diver of the Year.

On the international scene, Jeffrey was a finalist on the ten-meter platform at the 1988 Seoul Olympics and the 1996 Olympics in Atlanta. He is a three-time U.S. National Diving Champion in the ten-meter competition, while holding a pair of titles in the three-meter event. In addition, he

won bronze medals at the 1991 and 1995 Pan-Am games. He also competed as a member of the US's 1989 and 1995 World Cup teams as well as at the 1993 Goodwill Games.

Jeffrey's coaching experience is just as extensive as his diving career. On a world stage he has coached the 2000 US Olympic team along with the 1997 and 1999 Senior World Cup squads. Most recently he mentored the 2001 US World Championships team in Fukuoka, Japan. He has served as the Senior National team coach from 1997-2000 with a one year stint (1998) with the Junior National Team. Under Jeffrey's tutelage, divers have won four US Senior National titles, three Junior National championships, and a pair of third place finishes for the Senior Men's team.

The 38-year-old Jeffrey graduate from Ohio State in 1988 with a degree in journalism and advertising.

JEFFREY'S COACHING RESUME:

2001:	US World Championship Team
2000:	US Olympic Team
1999-present:	Diving Coach, Florida State
1998:	Junior National Team
1997:	US World Cup Team
1996-present:	Senior National Team
1996-99:	Diving Coach, Florida Atlantic



John Fedena
Assistant Coach
3rd Year
Delaware, 1998

Over the past two years, the Florida State distance swimmers have greatly benefited from working with assistant coach John Fedena. As he begins his third season with the Seminoles, Fedena has raised the bar for the distance swimmers and made the group an intricate part of Florida State's success.

Since his arrival in Tallahassee for the 2001-02 season, the Seminoles have recorded nine of the top distance times in school history. On the women's side, Loren Hansen and Lisa How posted the second and third best times in the 500 freestyle at the ACC championships, while Alan Ribeiro added his name to the men's top ten in the same event. Hansen became FSU's first distance swimmer to earn All-ACC honors since Helen Jepson in 1995. In addition, the women's 800 free relay set the school record as it won the conference title.

In only his second season, the distance program made tremendous strides with several personal-best times that ranked among the school's best. All told, five different top-



ten times were recorded in 2001-02, the most since the 1990 squad had six entries.

During Fedena's two seasons at Florida State, three Seminoles have made NCAA "B" cuts in the 500 free. The first was Angie Leach in 2001-02 followed by Hansen and How last year.

Prior to accepting the position with the Seminoles, Fedena spent two years as a graduate assistant for the women's program at the University of Georgia. During his second season with the Bulldogs, the squad reached the peak of collegiate swimming with a national championships. While in Athens, Ga., the Bulldogs won ten national championships with 19 swimmers earning All-America honors.

The New Castle, Del., native began his coaching career in 1996 with the Delaware Club swim team. His tenure ended four years later when he accepted the position in Athens, Ga. Besides his duties with Georgia, Fedena also coached the Athens Bulldogs club team. In addition, he has been a top instructor at numerous swim camps, including Georgia, the University of Michigan and Delaware.

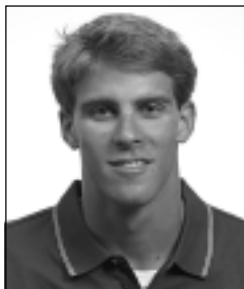
Still active in the pool himself, Fedena qualified for the 50 and 100-meter freestyle, as well as the 100-meter butterfly at the 2001 Southern Sectional Championships. During his college career, he was a two-year letterwinner for the Blue Hens, while helping the team to the 1997 conference championship.

The 28-year-old Fedena graduated from Delaware in 1998 with a bachelor's degree in health and physical education. He added a master's degree in sports administration from Georgia in 2001.

GRADUATE ASSISTANTS



Jonathan Kaplan



Brady Skaggs



*FRONT ROW: Andy Robins, Neil Harper, Patrick Jeffrey;
BACK ROW: Jonathan Kaplan, John Fedena, Anne Blachford,
Brady Skaggs*



Anne Blachford
Assistant Coach
3rd Year
Florida State, 2000

For the past two seasons, assistant coach Anne Blachford has been passing along the knowledge she used to become an All-American at Florida State to improve current crop of Seminoles. Now in her third year with the program, the Brampton, Ontario, native continues to work with the stroke and individual medley groups as well as assisting with the sprinters.

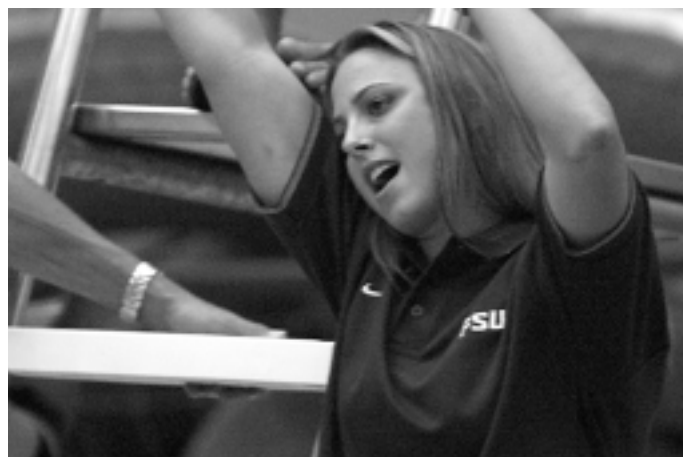
The effect of Blachford's work has had an immediate impact on the Florida State program. During the last two seasons, Seminole swimmers have set six individual records in the stroke and IM events as well as three medley relay records between the men and the women's program. On the national scene, three stroke specialist and six relays have gone on to garner All-America accolades during the last two seasons.

The 2002-03 campaign saw the number of Seminole All-Americans more than triple on both the men's and women's side. Emma Dutton and Justin Betts both received national awards for their performance in the 100-yard breaststroke. Andree-Anne Leroy earned All-America honors in the 200-yard IM and in the process, broke Blachford's school record.

As a team the women's 200 and 400 free relays earned All-America honors while setting school records and the men's 200 medley relay earned the honor for the second year in a row to go along with top honors for the 200 free relay for the first time in four years. Since Blachford joined the staff, four of the five women's relay records have been broken. Away from the pool deck, Blachford's duties include recruiting, marketing and promotions, working with boosters and alumni, coordinating events and awards, assembling the team's travel plans as well as developing workout programs.

A four-year letterwinner for the Seminoles, she earned her first Honorable Mention All-America honors in 1997 for her performance in 200-yard individual medley. Three years later she added three more national accolades as a member of FSU's 200, 400 and 800-yard freestyle relays. Blachford currently ranks in the top ten of five categories, including the 200 IM where she rates second.

The 27-year-old Blachford received her sport management degree from Florida State in 2000.



2003-04 HOMETOWN ROSTER



UNITED STATES

FLORIDA (24) — Altamont Springs: Robert Lee (Lake Brantley); Boca Raton: Brett Irvin (Pine Crest); Coral Springs: Golda Marcus (American Heritage); Davie: Michael Averett (Pine Crest); Eagle Lake: Alex Kennon (Lake Region); Fort Lauderdale: Katie Byrnes (Cardinal Gibbons); Jacksonville: Derek Jones (First Coast), Courtney McClow (Forrest), Andrew Skaggs (Bolles); Lakewood Ranch: Steve Webb (Foothill); Leesburg: Angie Leach; Longwood: Amy Lo (Lake Brantley); Miami: Andrew Castro (Fort Lauderdale St. Thomas Aquinas); Niceville: Tonya Rator; Orlando: Camille Akridge (Edgewater), Brittany Lerew (Lake Highland); Palm Harbor: Mark Moss (University); Panama City: Paul Erben (Bay); Pensacola: Loren Hansen (Washington), Katie Ronan (Washington), Jennifer Smith (Washington); Plantation: Kayce Zemina; Pompano Beach: Alan Ribeiro (Cardinal Gibbons); St. Petersburg: Ted Bradley (Northeast); Winter Park: Joel Roycik

PENNSYLVANIA (3) — Erdenhiem: Stuart de La Rosa (Springfield Township); Philadelphia: Sam Hood (Perkiomen Valley); Ridley: Jason Bienlich

TEXAS (3) — Houston: Tommy Bishop (Cy-Creek), Matt Wheeler (Langham Creek); Plano: Laura Kenney

CALIFORNIA (2) — Mission Viejo: Tiffany Manning (Capistrano Valley); Paramount: Rachel Dong (Valley Christian)

GEORGIA (1) — Savannah: Emily Breen (H.V. Jenkins)

HAWAII (1) — Honolulu: Jared Heine (Damien Memorial)

ILLINOIS (1) — Burr Ridge: Stephan Connor Burr Ridge (Hinsdale Central)

KANSAS (1) — Overland Park: Curtis Schroeger (Shawnee Mission North)

KENTUCKY (1) — Richmond: Taryn Ignacio (Model Laboratory School)

NEW YORK (1) — Fairport: Peter Crane

NORTH CAROLINA (1) — Charlotte: Mark Nicholls (South Mecklenburg)

OHIO (1) — Canton: Steve Roof (Central Catholic)

VIRGINIA (1) — Culpeper: Lauren Brick (Culpeper County)

INTERNATIONAL

ENGLAND (2) — Bradford: Emma Dutton (Benton Park); Preston: Lisa How (Hutton Grammar)

SOUTH AFRICA (2) — Sandton: Justin Lawrance (Bryanston); Somerset West: Michael Paulus (Paul Roos Gym)

BAHAMAS (1) — Nassau: Chris Vythoukaskas (Pompano Beach Cardinal Gibbons)

BRAZIL (1) — Rio de Janeiro: Alan Ribeiro (Ft. Lauderdale Cardinal Gibbons)

CANADA (1) — Nanaimo, British Columbia: Andree-Anne Leroy (N.D.S.S)

SWAZILAND (1) — Manzini: Wickus Nienaber (Sisekelo)

ISRAEL (1) — Ramat-Gan: Tal Stricker (Tichon Hadash)

2003-04 WOMEN'S BIOS



Camille Akridge
Diving
5-6 • Freshman
Orlando, Fla.
(Edgewater)

HIGH SCHOOL: Won the state diving championships in 2002 while at Colquitt County high school in Georgia...Qualified for the national team seven times. Notched four third-place finish with one second-place score on the one-meter board...Also played four years of soccer in high school, earning First-Team All-Region honors each season...Dove for Team Orlando along with Seminole teammate Brittany Lerew for Lerew's father Jay.

PERSONAL: Born August 14, 1985...Majoring in pre-physical therapy...Daughter of Geni Akridge...Sister Chaltsy Akridge played tennis at Mercer.



Emily Breen
Free • Fly • Back
5-9 • Junior
Savannah, Ga.
(H.V. Jenkins)

NCAA ALL-AMERICAN
TWO-TIME ALL-ACC
TWO-TIME ACC ACADEMIC HONOR ROLL

TOP TIMES:

50 Free: 23.39 100 Free: 50.65
100 Back: 56.61 100 Fly: 54.41

2002-03: 2003 NCAA All-American...Competed in three relays and two individual events at her first NCAA Championships...Ranks in the FSU top ten in four events and broke one relay record...Earned NCAA All-America honorable mention honors in the 200-freestyle relay following a 16th-place finish at the national meet (1:32.95)...Member of 400 free relay that finished 17th (3:20.76), while taking part in the 200 medley relay which placed 19th (1:42.82)...Competed in two individual events at the NCAA Championships, finishing 25th in the 100 butterfly with the third-fastest time in school history (54.41) and 55th in the 100-freestyle...Earned a trio of all-conference honors at the ACC meet...Top individual finish was a third-place showing in the 100 fly with a NCAA B-cut time of 55.03...Member of the winning 400 free relay that broke the school record (3:20.76)...Captured her third All-ACC honor while taking part in the winning 200-free relay (1:31.91, NCAA B-cut)...Came in sixth with a time of 50.84 in the 100 free at the conference championships...Won the consolation final of the 50 free (23.40), finishing ninth

overall...Placed third in the 400-medley and fourth in the 200 medley relays...Took part in the winning 200 free relay, while finishing second in the 100 fly (54.80), 400 free relay and 800 free relay at the Georgia Invitational (Dec. 6-8)...Broke into the FSU all-time top ten with three other swims, placing third in the 50 free (23.39, ninth all-time) and 100 back (56.61, third) and fourth in the 100 free (50.65, third)...Participant in the winning 200 and 400 free relays at the SMU Classic (Oct. 25-26) while finishing second in the 100 free and third in the 100 back...Won ten individual events and took part in 11 relay victories during the dual meet season...Came away with multiple victories during seven meets, including a pair of three-win competitions...Won the 100 free, 400 free relay and 400 medley relay against ACC opponents Georgia Tech (Nov. 2) and NC State (Jan. 10)...Picked up second ACC Academic Honor Roll.

2001-02: Shared Most Improved honors after a successful freshman campaign...Member of the winning 400 medley relay, while taking part in the second-place 200 medley quartet that produced a new school record of 1:51.58 at ACC meet...Posted an 11th-place 100-yard freestyle mark of 51.10 at the ACC Championships, the fifth-fastest time in school history...Swam the third-fastest 100-backstroke time in Tribe history with her tenth-place 56.70...Thirteenth-place mark of 56.15 in the 100 free established the seventh-best time in Seminole lore...Scored a fourth-place finish as part of the 400 free relay at the Georgia Invitational, while adding a personal 11th-place mark in the 100 backstroke...Claimed stake to four individual first place finishes and two relay titles during the dual meet season...Scored a pair of victories in the 100 back and 100 free against UNC-Wilmington...Selected for ACC Academic Honor Roll.

HIGH SCHOOL: Four year member of the H.V. Jenkins swim team under the direction of Amy Woodall...Named team MVP for the 2000 season and recipient of the squad's sportsmanship award...Georgia All-Star and state meet qualifier all four years...Set the state 4A record on her way the state title in the 100 butterfly...Recognized as the 1999 Citgo Exemplary Athlete of the Year...Named 2001 H.V. Jenkins Female Academic Athlete of the Year...Swam for Jamey Myers on the Georgia Coastal Aquatic Team...Also a member of the cross country team her sophomore and junior seasons, earning Georgia Guardian All-City Athlete honors in both sports...Three-year member of the National Honor Society...Earned the Presidential Education Award her senior year.

PERSONAL: Born October 10, 1982...Majoring in elementary education...Daughter of John and Lorraine Breen.



Emily Breen



Lauren Brick
Breaststroke • Freestyle
5-11 • Freshman
Culpeper, Va.
(Culpeper County)

HIGH SCHOOL: Highlighted prep career with a tremendous senior season...Earned a spot in the Senior National meet after winning 100 breaststroke at the Speedo Eastern Sectional meet...YMCA national champion in the 100 breast and high school All-American her final year...Earned All-State honors her final two seasons... Owns the Eastern Zone 100 breaststroke record with a 1:02.74 as a junior...Coached by Jeff Faust at Culpeper.

PERSONAL: Born May 18, 1985...Majoring in interior design...Daughter of Jonathan and June Brick...Father swam at Clemson.



Lauren Brick



Katie Byrnes
Backstroke
5-8 • Senior
Fort Lauderdale, Fla.
(Cardinal Gibbons / Washington State)

ACC ACADEMIC HONOR ROLL

TOP TIMES:

100 Back: 56.74

200 Back: 2:01.23

2002-03: Scored two top-20 finishes at the conference meet and added one time to FSU's top ten list in her first year...Swam the tenth-fastest time in school history in the 100 backstroke (57.93) to place 17th at the ACC Championships...Finished 18th in the 200 back at the conference championships...Supported the team with seven top-three finishes in dual meets and two relay victories...Top finishes were a pair of second-place marks in the 100 backstroke against Florida Atlantic (Oct. 11) and Utah (Nov. 23)...Member of the winning 200 medley relay versus Indian River (Nov. 9) as well as UNC-Wilmington and North Florida (Jan. 4)...ACC Academic Honor Roll.

AT WSU (2000-02): Record-setting performances at Washington State, leaving the school with top ten times in the 100 back (56.74), 200 back (2:01.23) and 400 individual medley (4:32.15)...Finished 15th in the 200 back at the 2001 Pac-10 Championships with a time of 2:03.36. Posted the sixth-best 100 back time in WSU lore with her 22nd-place showing at the PAC-10 meet...Ninth on WSU's all-time list in the 400 IM with a time of 4:34.57.

HIGH SCHOOL: Lettered all four years at Cardinal Gibbons...Finished seventh in the 100 back and ninth in the 100 free at the state championships her senior year...Qualified for the junior national team in the 100 and 200 backstroke...First-Team all-conference as a junior...Reached her first state meet as a sophomore...Swam for Ft. Lauderdale Swim Club.

PERSONAL: Born July 23, 1982...majoring in elementary education...Daughter of Laurie Von Behren and Philip Byrnes.

Katie Byrnes





Rachel Dong
Breast • Fly • IM
5-6 • Senior
Paramount, Calif.
(Valley Christian
/ Washington State)

NCAA QUALIFIER
ACC ACADEMIC HONOR ROLL

TOP TIMES:

100 Fly: 54.75 100 Breast: 1:03.54
 200 Breast: 2:20.09

2002-03: Added a top ten time to FSU's career list with her third-place finish of 55.10 at the Georgia Invitational. Mark rates as the fifth-best in school history...Placed eighth in the 100-butterfly at the ACC Championships with a NCAA B-cut time of 55.67...Also scored points with a 12th place finish (1:04.54) in the 100 breaststroke...Member of two top-five relays at the ACC meet, taking part in the 200 (fourth) and 400 (third) medley relays...Member of the winning 200-free relay at the Georgia Invitational (Dec. 6-8), while placing third in the 400-free relay...Took part in the winning 200 free relay at the SMU Classic. Added top ten finishes in the 100 fly (sixth) and 100 breast (eighth)... Collected three dual meet victories with 11 top-three finishes, while taking part in eight relay wins...Won the 100 fly against Florida Atlantic (Oct. 11) and Utah (Nov. 23) while beating everyone to the wall in the 100 free versus UNC-Wilmington and North Florida (Jan. 4)...Part of four winning 400 free relay, a trio of top 400 medley relays and one winning 200 medley relay...Selected for ACC Academic Honor Roll.

AT WSU (2000-02): Competed in her first NCAA Championships as a sophomore, swimming the 100 butterfly and 100 breaststroke...Mark of 54.75 in the fly set a new school record...Top times with the Cougars included 50 free (23.70), 100 free (52.09), 100 breast (1:03.54), 200 breast

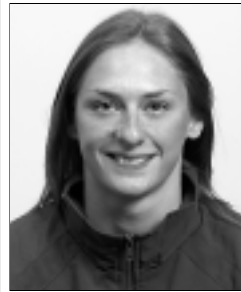


Rachel Dong

(2:20.09) and 200 IM (2:06.55)...Originally broke the school's 100 fly time as a freshman, clocking in at 55.68 for a 14th-place showing at the Pac-10 meet...Swam the lead-off leg of the Cougars' record-setting 400 free relay, while taking part in 200 free and 200 medley quartets that set new school marks...Member of the WSU's top ten in the following events: 100 fly (1st), 50 free (2nd), 100 breast (2nd), 200 breast (2nd), 100 free (4th) 200 IM (8th) and 200 free (10th)...Recipient of the Coaches' Award and Most Improved honors.

HIGH SCHOOL: Garnered All-America recognition as a senior in the 100 breaststroke...Also nationally ranked in NISCA's top 20, and top 16 in her age group, in the 100 breast...As a junior she claimed the CIF championship in the 100 fly and 100 breast...Placed sixth at the state championships her sophomore year in the 100 breast...Team MVP all four years at Valley Christian.

PERSONAL: Born April 30, 1982...Majoring in Exercise Science...Daughter of Thommy and Michelle Dong.



Emma Dutton
Breast • IM • Free
5-8 • Senior
Bradford, England
(Benton Park)

NCAA ALL-AMERICAN
TWO-TIME NCAA QUALIFIER
TWO-TIME ALL-ACC
ACC ACADEMIC HONOR ROLL

TOP TIMES:

100 Breast: 1:01.87 200 Breast: 2:15.31
 200 IM: 2:01.71 50 Free: 23.11

2002-03: 2003 NCAA All-American and four-time All-ACC selection...Completed one of the best individual seasons under coach Neil Harper with one individual and one relay record as well as four of the top times in school history...Swam in her second-straight NCAA Championships, competing in three relay events and two individual races...Named Honorable Mention All-American in the 200-freestyle relay with a 16th-place finish at the national meet (1:32.95)...Took part in a pair of top 20 relays at the NCAA meet. Swam on the 17th-place 400 free relay (3:20.76) and 200 medley relay that finished 19th (1:42.82)...Placed 18th in the 100-breaststroke, turning in the best individual performance by a Seminole swimmer at the NCAA Championships...Added individual finishes of 27th and 31st in the 50-freestyle (23.11, second all-time at FSU) and 100-free (50.28), respectively...Won the ACC title in the 100 breast in a school-record time of 1:01.87...Member of the conference champion 200 free (1:31.91) and 400 free relays (3:20.76)...Time at the 400 distance is a new school record...Swam the second-fastest 200-breast time in FSU history (2:15.31) to finish third at the league summit and earn her fourth all-conference honor...Added top five finishes with a 2:01.94 in the 200 IM (fourth) and as a member of the 400 medley (third) and 200 medley relays (fourth)... Finished first in the 200-IM (2:01.71), in the second fastest time in school history, 100-breast (1:01.92) and 200-free relay at the Georgia Invitational (Dec. 6-8). Added a second-place finish in the 100-free with her 50.27 ranking third

in school history...Member of the winning 400 medley relay, while adding a trio of top ten finishes at the SMU Classic (Oct. 25-26)...Won an amazing team-high 18 individual events during dual meet action. Also took part in six winning relays...Had 11 meets with two or more wins. Won three individual events — 100 breast, 200 breast and 200 IM — versus North Carolina and Rutgers (Jan. 11), while touching the wall first in two individual events and one relay against Georgia Tech (Nov. 2) and Indian River (Nov. 9)...Named ACC Academic Honor Roll.

2001-02: Shared team MVP honors...Participated in her first NCAA Championships, taking 31st in the 100 breaststroke (1:03.38) and 56th in the 200 individual medley (2:04.72) and 100 free (51.03)...Staked a then career-best time, and second-fastest mark in school history, of 1:02.35 to place fourth in the 100 breast at the ACC meet...Clocked a 2:02.83 in the 200 IM, the second-best time in FSU lore, during a fifth-place showing at the league summit...Scored points with her sixth-place time of 2:17.92 in the 200-yard breast...Member of the winning 400 medley relay, while taking part in the second place 200 medley relay—which set the school record at 1:41.58—and 400 free quartets...Produced the third-best 100 free mark (50.78) and recorded the ninth-best time in the 50 freestyle (23.57) at the Georgia Invitational...Invite also saw her take part in the winning 200 free relay as well as producing an eighth-place finish in the 100 breast...Contributed seven individual wins and a trio of relay victories...Won a pair of events against UNC-Wilmington, taking the 100 breast (1:05.87) and 200 IM (2:06.10)...Member of the 400 free relay that defeated South Carolina with a time of 3:23.75.

2000-01: Joined the Seminoles during the spring semester...Made an immediate impact in the breaststroke and individual medley events...Finished fifth in both the 100 and 200 breaststroke events and tenth in the 200 IM at the ACC Championships.

PERSONAL: Born February 11, 1982...Majoring in creative writing...Daughter of Jeff and Loraine Dutton.



Emma Dutton



Loren Hansen
Freestyle • Butterfly
5-8 • Senior
Pensacola, Fla.
(Washington)

NCAA ALL-AMERICAN
ALL-ACC

TOP TIMES:

100 Free: 51.41	200 Free: 1:49.25
500 Free: 4:50.18	200 Fly: 2:01.46

2002-03: 2003 NCAA All-American...Emerged as an elite swimmer with a pair of All-ACC honors and three of the top ten times in school history...Earned NCAA All-America Honorable Mention honors as a member of the 200-freestyle relay that placed 16th at the national meet with a time of 1:32.95... Took part in a pair of top 20 relays at the NCAA meet. Swam on the 17th-place 400 free relay (3:20.76) and 200 medley relay that finished 19th (1:42.82)...Turned in individual finishes of 44th (200-freestyle) and 46th (500-freestyle)...Took part in the winning 400 free relay at the ACC meet that set the school record with a time of 3:20.76...Earned All-ACC honors following a third-place finish in the 200-free with the third-fastest time in FSU history and NCAA B-cut of 1:49.25...Swam on the 800 free relay that placed third with a school record time of 7:23.31...Placed fifth in the 200 butterfly after posting the fourth-fastest time in school history (2:01.46) during the prelims...Also finished seventh at the ACC meet in the 500-free (4:50.57)...Placed second in the 500-free at the Georgia Invitational (Oct. 6-8) with the second-fastest time in school history and NCAA B-cut of 4:50.18...Took part in a pair of second-place teams at the meet in the 400 and 800 free relays...Notched a trio of top ten finishes at the SMU Classic (Oct. 25-26)...Posted 25 top three finishes during the dual meet season, including nine first-place marks. Also added eight relay titles...Collected six multi-win meets, including four wins — 200 and 500 free, 100 breast and 200 medley relay — against Indian River (Nov. 9)...Also won the 200 and 500 free as well as 400 free relay at NC State (Jan. 10).

2001-02: Swam a 1:51.67 in the 200 free at the Georgia Invitational to rank seventh all time in Seminole history...Rates seventh all-time with a ninth-place finish in the 500 free (4:56.59) at the meet...Completed the 200 free with a time of 1:53.36 to finish 15th at the ACC Championships...Also finished 17th in the 200-yard butterfly...Notched eight top five finishes, including four victories...Took part in the 400 free relay that came in first with a time of 3:30.40 against No. 8 Florida...Placed first in three different freestyle events, taking the 100 versus Georgia Tech (53.11), the 200 distance at Florida Atlantic (1:52.56) and 500 at Miami (5:03.57)...Doubled up the Hurricanes with a triumph in the 200 IM (2:09.02)

2000-01: Placed 18th, 19th, and 21st in the 100 fly, 200 fly and 200 IM, respectively, at the ACC Championships...Finished second twice in the 200 IM against Alabama and Turman State, producing her top time of the year (2:08.57) against the Crimson Tide.

HIGH SCHOOL: Served as team captain her senior year...Earned prep swimmer of the week honors at least once during each of her last three seasons...Captured dis-



trict championships her final three years...State runner-up as a sophomore and junior while taking part in winning relays those years...Northwest Florida champion sophomore, junior and senior years, earning her All-Northwest Florida honors each of those seasons...Set new school records during her sophomore and junior campaigns...All-America Interscholastic as a sophomore...Varsity Athletic Award winner her last three seasons...Junior National qualifier...Four-year honor roll member...Academic All-American as a sophomore, junior and senior...National Honor Society member her last year in school.

PERSONAL: Born on March 25, 1982...Majoring in economics...Daughter of William and Julie Yancey.



Lisa How
Butterfly • IM • Freestyle
6-1 • Junior
Preston, England
(Hutton Grammer)

TOP TIMES:

200 Free: 4:51.97 200 Fly: 2:00.69
 200 Back: 2:01.19 400 IM 4:21.49

2002-03: Notched four of the best times in school history and took part in one winning relay during an outstanding sophomore campaign...Member of the record-setting 800 freestyle relay that placed third at the ACC meet with an NCAA B-cut of 7:23.51...Swam the second-fastest 200 butterfly time in FSU history (2:00.69) during the ACC prelims before finishing fourth overall...Finished 10th in the 400-IM at the league summit with the second-fastest time in school history at 4:21.49...Turned in the third-fastest 500 free time (4:51.97) with an 11th-place showing...Produced the third-fastest 200-backstroke time in Seminole history (2:01.19) at the conference meet...Notched a pair of top ten finishes at the SMU Classic...Strong dual meet contributor with eight individual victories and 21 top-three finishes...Posted two victories in a pair of meets, winning the 200 fly and 400 IM at Florida Atlantic (Oct. 11) as well as the 200 fly and 800 free relay versus UNC Wilmington and North Florida (Jan. 4).

2001-02: Set a new Seminole record in the 400 individual medley with a time of 4:21.97 to place ninth at the ACC Championships...Established the third-best FSU time in the 200 butterfly (2:02.01) and 200 IM (2:04.66) during

the preliminaries of the conference championships...Finals times produced a third-place finish in the 200 IM and eighth-place showing in the 200 fly...Notched nine first-place finishes throughout the year, including seven in the 200 fly...Left the pool with a first-place finish against eighth-ranked Florida in the 200 medley (2:07.90)...Member of the ACC Academic Honor Roll.

HIGH SCHOOL: Swam all four years at Hutton Grammar for coach David Evitts...Three-time national age group champion from 1997-99...Placed sixth at the 2000 Olympic Trials in the 100 and 200 fly.

PERSONAL: Born May 15, 1983...Majoring in marketing...Daughter of Stuart and Barbara How.



Taryn Ignacio
Diving
5-2 / Freshman
Richmond, Ky.
(Model Laboratory)

HIGH SCHOOL: Earned All-America honors her senior season...Finished second at the state meet as a junior and senior...Named First-Team All-Region her final three years...Dove for Mike Lyden on the Kentucky Dive club.

PERSONAL: Born February 1, 1985...Majoring in exercise science...Daughter of Darryl and Cindy Weaver.





Laura Kenney

IM • Backstroke
5-9 • Junior
Plano, Texas
(Plano Senior)

TWO-TIME ACC ACADEMIC HONOR ROLL

TOP TIMES:

200 IM: 2:05.64 400 IM: 4:24.42
200 Back: 2:03.32

2002-03: Competed in two individual events at the ACC Championships, recording a pair of top 20 finishes... Notched a season-best 400 IM time of 4:25.96 in a 17th showing at the ACC Championship... Added a 20th place finish in the 200-IM as she hit the wall with a season-best time of 2:05.65 and a 19th-place showing in the 200-back (2:04.50)... Dual meet season included eight top three finishes... Highlight was a first place mark in the 200 backstroke against UNC Wilmington and North Florida (Jan. 4)... Named ACC Academic Honor Roll.

2001-02: Made her mark immediately with a great performance at the Georgia Invitational where she posted three of the top times in school history... Swam a 4:24.42 in the 400 individual medley, placing her second in FSU lore. Came back to notched the sixth-best 200 backstroke time (2:03.32) and the seventh-fastest 200 IM mark (2:05.92)... Point scorer at the ACC Championships with her performances in the individual medley races. Placed 11th in the 200 IM, while coming in 13th at the 400-yard race... Notched eight top three finishes, including victories in the 200 back against UNC-Wilmington, LSU/Louisiana-Monroe/Rice and South Carolina... Named to the ACC Academic Honor Roll.

HIGH SCHOOL: Three-year member of the varsity team under the direction of coach Craig Harris... Earned All-America honors and was named Regional Swimmer of the Year her senior season... Named First-Team All-State and All-Area by the *Dallas Morning News* following her junior and senior campaigns... Eleven-time Junior National finalist from 1996-2000... Swam for the Plano Swimmers club team.

PERSONAL: Born January 31, 1983... Majoring in interior design... Daughter of William and Linda Kenney.



Laura Kenney



Angie Leach

Freestyle
5-9 • Junior
Leesburg, Fla.
(Leesburg)

TWO-TIME ACC ACADEMIC HONOR ROLL

TOP TIMES:

200 Free: 1:53.89 500 Free: 4:58.21
1,650 Free: 16:56.43

2002-03: Highlighted sophomore season with two of the top-ten times in school history... Best finish at the ACC Championships was a 13th-place mark of 17:15.85 in the 1650-freestyle... Added an 18th-place finish of 4:58.21 in the 500-free... Scored two top five finishes at the Georgia Invitational (Dec. 6-8), taking fifth in the 1650-free (17:00.03, ninth all-time) and 200-breast... Provided eight top-three finishes in dual meet action... Best outing was a pair of second-place finishes in the 500 and 1,000 free at Miami (Oct. 12)... Selected for ACC Academic Honor Roll.

2001-02: Established the third-best time in Tribe history for the 1,650 free with a ninth place, NCAA B-cut time of 16:56.43 at the ACC Championships... Scored points with a pair of top 16 finishes at the Georgia Invitational, taking ninth in the 1,650 free and 14th in the 500 yard race... Eight victories, including six blue ribbons in the 1,000 free, were apart of her 11 top three finishes... Recorded her best time in the 1,000 free with a second-place 10:13.93 against South Carolina... Selected for the ACC Academic Honor Roll.

HIGH SCHOOL: Four year member of the Leesburg squad... Named MVP and Swimmer of the Year all four seasons with the Yellow Jackets... State finalist in the 500 freestyle her junior and senior years... Won 200 and 500 freestyle at the conference championships her final three years... District champ in the 500 free all four years of her career... Broke her own school record with a time of 5:01.00... Captained the squad as a sophomore and junior... Swam on the Lake Count Aquatics club team for Billy Wells... National Honor Society member her final two years.

PERSONAL: Born June 3, 1983... Majoring in psychology... Daughter of Bill and Ginger Leach.



Angie Leach



Brittany Lerew

Diving
5-2 / Freshman
Orlando, Fla.
(Lake Highland)

HIGH SCHOOL: Captured the 2001 and 2002 state championships...Set the state record with a score of 556.00...Brought home a trio of national championships (200-02), earning her All-American honors...Took home regional and zone championships in 2003...Seven-time member of the U.S. National team...Dove for Team Orlando, along with fellow FSU diver Camille Akridge, for Lerew's father Jay.

PERSONAL: Born July 1, 1985...Undecided on major...Daughter of Jay and Wendy Lerew...Sister Chelsie was an All-American diver for the Seminoles.



Brittany Lerew



Andree-Anne LeRoy
Backstroke • IM
5-9 • Senior
Nanaimo, British Columbia
(Nanaimo District Secondary / Washington State)

TWO-TIME NCAA QUALIFIER
ALL-ACC
ACC ACADEMIC HONOR ROLL

TOP TIMES:

200 IM: 1:59.59 400 IM: 4:18.40
200 Back: 1:59.64 100 Back: 56.24

2002-03: Broke three school records, won an ACC title and qualified for three events at the NCAA Championships in her first year at FSU... Top finish at the NCAA Championships was 27th in the 200-IM, followed by a 39th-place finish in the 400-IM and 46th-place mark in the 200-

backstroke...Broke the school record in the 200-IM with a NCAA-cut time of 1:59.59 on her way to winning the conference title...Set her second record (4:18.40) at the ACC meet with a third-place finish in the 400-IM...Helped topple the 800 free relay mark with a third-place finish of 7:23.51...Also scored points with a 14th finish in the 200-back...Named ACC Swimmer of the Week (Jan. 6) after winning the 100 back, 200 IM and 200 breast versus UNC-Wilmington and North Florida (Jan. 4)...Won the 400-IM (4:19.52) and added a second-place finish in the 200 IM (2:01.90) and 200 back (2:01.06, second all-time at FSU) at the Georgia Invitational (Dec. 6-8)...Scored four top ten finishes at the SMU Classic (Oct. 25-26)...Won six individual events with 18 top-three finishes during dual meet action...Took home a pair of blue ribbons — 200 IM and 400 free relay — at Miami (Oct. 12)...Beat everyone to the wall in the 200 back at Florida Atlantic (Oct. 11) while taking the 100 back at Utah (Oct. 23)...Member of ACC Academic Honor Roll.

AT WSU (2000-02): Competed in her first NCAA Championships in 2002, taking part in the 200 backstroke, 200 individual medley and 400 IM...Set the school record in the 100 back (56.24), 200 back (1:59.64), 200 IM (2:01.73) and 400 IM (4:21.67)...Other top times include a 100 free mark of 51.16 and a 1:51.27 in the 200 free...Originally set the WSU 400 IM mark as a freshman with a time of 4:24.16 to finish 11th at the Pac-10 Championships...Secured another record-setting performances as a rookie, taking down the 200 mark (2:05.53) in a 12th-place showing...Member of the 400 free relay, which set a new school record and finished seventh at the conference meet...Away from WSU competition she swam at the Canadian National Championships, finishing with top ten performances in the 100 back & 200 back (seventh) and 200 IM (tenth).

HIGH SCHOOL: As a senior, finished seventh in the 200 individual medley, ninth in the 400 IM and 11th in the 100 back at the 2000 Canadian Spring Nationals...Placed tenth in the 100 back and 200 IM at the Canadian Olympic Trials...During her junior year she finished fifth in the 200 IM at the Summer Nationals, following a sixth-place finish in the event at the Spring Nationals...Participated in the 1998 World Cup in Edmonton...Qualified for the Canadian National Championships as a sophomore...Also competed at the US Open in Indianapolis...Member of the Canadian National Youth swim team during her freshman campaign...Took part in the 1997 Canadian Summer Games team.

PERSONAL: Born February 23, 1982...Majoring in psychology...Daughter of Lucie Poirier and Jean-Pierre LeRoy.



Andree-Anne LeRoy



Amy Lo
Distance Freestyle
5-8 • Senior
Longwood, Fla.
(Lake Brantley)

THREE-TIME ACC ACADEMIC HONOR ROLL

TOP TIMES:

200 Free: 1:51.79 500 Free: 4:55.87
 1,650 Free: 17:05.19

2002-03: Member of the 800 free relay that broke the school record (7:23.61) with a third-place finish at the ACC meet...Added to FSU's point total with a squad-best 12th-place finish (17:14.71) in the 1,650 free...Posted top 20 finishes with season-best times in the 200 free (1:53.36) and 500-free (4:58.60)...Member of two top five relays—800 free and 400-free—at the Georgia Invitational (Dec. 6-8), while placing eighth in the 1,650 free...Added six top-three finishes in dual meets...Best meet came against UNC-Wilmington and North Florida (Jan. 4) as she won the 500 free, placed second in the 200 free and took part in the winning 800 free relay....Selected for third ACC Academic Honor Roll.

2001-02: Showed strong progress during the season and was named Most Improved...Accomplished the fourth-fastest 500 freestyle time in FSU history (4:55.87) at the ACC Championships...League meet also saw her record the eighth-best 1,650 free time (17:03.19) in a 12th-place finish...Established the ninth-quickest time in Florida State history for the 200 free (1:51.79), taking 11th at the conference summit...Also scored points with a 15th-place finish in the 500 free....Produced points at the Georgia Invitational with top-16 finishes in the 500 free (tenth), 200 free (12th) and 1,650 free (16th)...Hit the wall first on three occasions as part of her five top three finishes during dual meet competition...Accomplished a first-place title in the 200 free against UNC-Wilmington to go along with top honors in the 500 free against Florida Atlantic and Indian



Amy Lo

River...Earned ACC Academic Honor Roll accolades.

2000-01: Finished 16th in the 1,650 freestyle and 24th in the 500-yard distance at the ACC Championships...Notched five top three finishes throughout the year...Member of ACC Academic Honor Roll.

HIGH SCHOOL: Captured conference and district titles her last two years...Served as co-captain her final season...Named Most Improved swimmer her junior year...Two-time All-American and Junior National qualifier in four events...State finalist as a junior and senior with a runner-up spot during her junior campaign...NISCA state top 16...National Student-Athlete Day Award winner as a junior...National Honor Society member her last three years...Who's Who Among American High School Students & Who's Who in High School Sports

PERSONAL: Born July 16, 1982...Majoring in communications...Daughter of Chia-Ton and Mary Lo.



Tiffany Manning
Diving
5-5 • Junior
Mission Viejo, Calif.
(Capistrano Valley)

TWO-TIME NCAA ALL-AMERICAN
TWO-TIME ALL-ACC

TOP SCORES:

1M Diving: 315.05 3M Diving (6): 301.65
 3M Diving (11): 475.60 10M Platform: 419.20

2002-03: Captured All-America and multiple All-ACC honors for the second time in her career...Earned Honorable Mention All-America accolades as her season-high score of 393.45 on the ten-meter platform placed her tenth at the NCAA Championships...Also finished 25th on the one-meter and 26th in the three-meter event at the national meet...Captured All-ACC honors for the second-straight year on both boards with a pair of second-place finishes...Advanced to the platform semifinals at the 2003 Speedo National Diving Championships...Finished 12th with a tally of 369.99...Placed 13th in the quarterfinals on the one-meter (214.08)...Three victories highlighted ten top three finishes on the three-meter board during the dual meet season...Added seven top three marks in the one-meter event...Victory list on the three-meter board included stops at Georgia Tech (Nov. 2), UNLV & BYU (Nov. 22) and LSU (Jan. 25).

2001-02: Earned First-Team All-America honors after her seventh-place finish on the ten-meter platform at the NCAA Championships...Named ACC Rookie of the Year...Shared FSU Most Valuable Diver honors...Concluded the national meet with a 23rd-place finish on the three-meter and a 27th-place mark in the one-meter event...Took second on the three-meter board, while posted a third-place finish in the one meter at the ACC Championships...Topped all competitors against LSU, Louisiana-Monroe and Rice with a winning score of 315.05 on the three-meter board...Also had top three finishes against nationally ranked Alabama and Florida.

HIGH SCHOOL: Four year member of the Capistrano Valley diving team under coach Don Cholodenko...Earned All-America honors all four years of her prep career...Named team MVP as a freshman, junior and senior...Dove for Mission Viejo Nadadaores club team.

PERSONAL: Born on June 28, 1983...Majoring in exercise science...Daughter of Dan and Nancy Manning.



Tiffany Manning



Golda Marcus
Distance Freestyle
5-2 • Junior
Coral Springs, Fla.
(American Heritage)

TOP TIMES:

200 Free: 1:53.42 500 Free: 4:59.18
1,650 Free: 17:22.12

2002-03: Had a breakout year with three top-20 finishes at the ACC Championships and four dual meet victories... Scored valuable points with a 16th finish in the 1650-freestyle at the ACC Championships (17:22.12)...Also placed 20th in the 500-free with a season-best time of 4:59.18 while turning in another 20th-place finish and a season-best time of 1:54.86 in the 200-free...Notched a pair of victories (500 and 1,000



Golda Marcus

free) against Miami (Oct. 12). Also won the 1,000 free versus Florida Atlantic the day before and beat everyone to the wall at Utah (Nov. 23), as well as UNC-Wilmington and North Florida (Jan. 4).

2001-02: Third on the team in the 1,000 freestyle with a time of 10:19.73...Swam the fifth-fastest 200 and 1,650 free-style times in school history at 1:53.42 and 17:30.66, respectively...Placed eighth in the 800 free relay, 18th in the 200 free and 19th in the 1,650 free at the Georgia Invitational.

HIGH SCHOOL: District champion her junior and senior years under coach Nobutaka Tan...State qualifier three-straight years...Won the sectional relay championship her senior year...Team's MVP her sophomore through senior seasons...Qualified for the Junior Nationals six-straight years beginning in the seventh grade...Swam for the Fort Lauderdale Club team.

PERSONAL: Born March 15, 1983...Majoring in english...Daughter of Barbara Marcus...Has dual citizenship in the United States and El Salvador.



Courtney McClow
Diving
5-4 • Junior
Jacksonville, Fla.
(Forrest)

TWO-TIME ALL-ACC

TOP SCORES:

1M Diving: 289.25 3M Diving (6): 297.60
3M Diving (11): 462.35

2002-03: All-conference diver on the one-meter for the second-straight year after a third-place finish at the ACC Championships...Added a fourth-place finish in the three-meter event...Qualified for the quarterfinals of the one-meter board at the 2003 Speedo National Diving Championships. Finished 18th with a score of 204.93...Finished third on the one-meter and fourth on the three-meter boards at the SMU Classic...Had nine top three finishes on the one-meter and seven more in the three-meter event during dual meets...Won both the one and three-meter boards against Florida (Nov. 19)...Also captured the three-meter event at Florida Atlantic (Oct. 11) and Utah (Nov. 23) as well as UNC-Wilmington and North Florida (Jan. 4).

2001-02: Shared Most Improved honors...Had the best finish of her career by capturing the ACC title on the one-meter board with a 289.25...Also placed eighth in the three-meter competition with a score of 405.70...Notched a pair of top five finishes at the Georgia Invitational, placing third on the three-meter board, followed by a fourth-place mark in the one-meter event...Garnered three first-place finishes during the three-meter competition against James Madison, William & Mary and Clemson as part of her six top three performances.

HIGH SCHOOL: Won the state championship under the tutelage of coach Roberta Russel...Captured the district crown both her junior and senior years...Brought home a conference championship as a junior...Team's MVP three-straight seasons...Earned Most Improved Diver award following her freshman season...Dove for North Florida Diving club

PERSONAL: Born August 24, 1983...Majoring in child development...Parents Mark and Pamela McClow are Florida State alums.

Courtney McClow



Tonya Rasor
Butterfly • Freestyle
5-3 • Senior
Niceville, Fla.
(Niceville)

ACADEMIC ALL-ACC

TOP TIMES:

50 Free: 25.00 100 Free: 54.94
100 Fly: 57.02

2002-03: Highlighted junior campaign with a top-25 finish at the ACC meet...Placed 22nd in the 100 butterfly in a season-best time of 58:04...Other top times at the conference meet included a 100 backstroke time of 1:01.10 and 54.94 in the 100 free...Top individual finishes were a pair of fourth-place marks against Florida Atlantic (Oct. 11) and Utah (Nov. 23) in the 100 fly...Selected for ACC Academic Honor Roll.

2001-02: Placed 18th in the 100 butterfly (57.02) at the Georgia Invitational...Meet also produced a season-best times of 25.00 in the 50 freestyle and 100 backstroke mark of 59.49...Posted a time of 1:57.57 versus nationally ranked Alabama...Named to the ACC Academic Honor Roll.

2000-01: Finished third in the 50 freestyle and fourth in the 100 freestyle against North Florida...Compiled fifth-place finishes in the 100 butterfly against LSU and 100 free versus Texas.

HIGH SCHOOL: Served as captain her senior year... Selected for the team's Academic Award...Four-year var-

sity letterwinner...Captured district titles all four years while advancing to the state finals each of those years...South-eastern Swimming Hall of Fame selection her freshman and senior years...Team MVP as freshman and senior... Named USA Swimming Scholastic All-American her junior year...Invited to train at the US Olympic Training Center as a sophomore and junior...Junior National qualifier her freshman, sophomore and junior seasons...Collected 28 YMCA All-America honors...Who's Who Among American High School Students and Who's Who in Sports All-Stars... National Science Merit Award her freshman year...National Honor Society as a junior and senior.

PERSONAL: Born September 23, 1981...Majoring in english...Daughter of Ronald and Carol Rasor.



Tonya Rasor



Katie Ronan
Freestyle • Backstroke
5-9 • Freshman
Pensacola, Fla.
(Washington)

HIGH SCHOOL: Capped off senior season with FHSAA Area 1 All-Star accolades...Named Athlete of the Year by the *Pensacola News Journal*...Picked as the team's Swimmer of the Year her junior year...Garnered team's Athlete of the Year...Earned Academic Excellence Award as a sophomore and senior...Named Most Dedicated Athlete as a freshman...Swam for coach Whit Wise at Washington... Who's Who Among High School Students.

PERSONAL: Born September 25, 1984...Majoring in civil engineering...Daughter of Kevin and Vicki Ronan.



Katie Ronan





Jennifer Smith
IM • Distance Freestyle
5-7 • Senior
Pensacola, Fla.
(Washington)

TWO-TIME ACC ACADEMIC HONOR ROLL

TOP TIMES:

200 Free: 1:54.93 500 Free: 5:01.35
 1,650 Free: 17:22.49 400 IM: 4:33.17

2002-03: Tallied a season-best mark in the 1,650 free of 17:22.45 in a 17th-place showing at the ACC meet... Also finished 21st in the 200 free... Top times included 5:01.35 in the 500-free and 1:54.93 in the 200-free... Scored nine top five finishes throughout the dual meet season... Won the 1,000 free against Georgia Tech (Nov. 2) as well as UNC-Wilmington and North Florida (Jan. 4)... Beat everyone to the wall in the 1,650 free at Utah (Nov. 23)... Member of ACC Academic Honor Roll.

2001-02: Registered a 13th-place finish in the 1,650 free at the ACC Championships with a time of 17:04.20, the ninth-fastest in school history... Credited with a time of 4:33.17 in the 400 individual medley at the conference summit... Scored points with a 14th-place finish in the 1,650 free at the Georgia Invitational... Notched a first-place finish in the 1000 free against nationally-ranked Alabama with a time of 10:20.29... Recorded her season-best time of 10:19.61 in the 1,000 free against Florida... Meet with the Gators also saw her post a top time of 5:02.72 in the 500 free... Secured a season-best time of 2:10.71 in the 200-yard medley against Georgia Tech... Member of the ACC Academic Honor Roll.

2000-01: Finished 14th at the ACC Championships in the 1,650 freestyle, 16th in the 400 individual medley and 21st in the 500 freestyle... Finished first in the 1,000 free against North Florida, LSU and nationally ranked Alabama... Hit the wall first against NC State in both the 400 IM and 500 free... Added six more runner-up finishes.

HIGH SCHOOL: *Pensacola News Journal's* 1999 Swimmer of the Year... Pensacola Sports Association's 2000 Senior Scholar Athlete... Junior National qualifier in six events... NISCA All-American... Second-place finish in the 500 free with a sixth-place finish in the 200 free at the state meet... National Honor Society member.

PERSONAL: Born April 30, 1982... Majoring in marketing... Daughter of Kevin and Cindy Smith.



Jennifer Smith



Kayce Zemina
Freestyle
5-9 • Junior
Plantation, Fla.
(Plantation)

ACC ACADEMIC HONOR ROLL

TOP TIMES:

50 Free: 24.46 100 Free: 53.14
 200 Free: 1:55.59

2002-03: Competed in seven dual meets before missing the remainder of the season to a knee injury... Notched four top-five marks during her shorten dual meet season... Also swam on the winning 200 free relay against Indian River (Nov. 9).

2001-02: Best times came at the Georgia Invitational where she posted times of 24.46 (50 free), 53.14 (100 free), and 1:55.59 (200 free)... Also took part in a trio of top three relays during the dual meet season... Named to the ACC Academic Honor Roll.

HIGH SCHOOL: Swam four seasons at Plantation under coach Walt Richardson... Earned team MVP honors each of her four years... Named Second-Team All-County by the *Ft. Lauderdale Sun-Sentinel* as a senior after honorable mention accolades her first three years... Captained the squad her junior and senior seasons... Holds the school record in the 50 and 100 free... State finalist all four years of high school... Earned NISCA Academic All-America honors as a senior... Swam for the Fort Lauderdale swim club for coach Duffy Dillon... National Honor Society member from 10th to 12th grade.

PERSONAL: Born October 7, 1983... Majoring in insurance/risk management... Daughter of Charlie Zemina... Sister Paige swam at Florida.

