

FLORIDA STATE UNIVERSITY



Emily Breen
All-American



Lisa How
All-American



Lauren Brick
All-American



Joel Roycik
ACC Champion



2004-2005 SWIMMING & DIVING MEDIA GUIDE

TABLE OF CONTENTS



Michael Smoose

A Note to the Media, Fans & Opponents

Swimming and diving contact Michael Smoose of the Florida State University Sports Information Office is ready to assist you with any questions or requests that you may have about the 2004-2005 swimming and diving program, media guide, coaches and student-athletes. Please do not hesitate to phone, fax or write to the sports information office at P.O. Box 2195, Tallahassee, Florida 32316, (850) 644-1403 phone, (850) 644-3820 fax, if we can further assist you.

How To Cover the Seminoles

Members of the media are supplied with weekly press releases, including current individual bests, as well as conference and national rankings and information on upcoming events. Results and statistics may be obtained in the sports information office. If you would like to schedule personal interviews with the coaches or players, contact Michael Smoose in the FSU sports information office at least 24 hours in advance. Coach Neil Harper is generally available in his office during weekday mornings. Athlete's home phone numbers will not be released.

Where the Home Meets Will Be Held

The 2004-2005 home meets will be held at the Bobby E. Leach Center, located on the FSU campus.

FSU Media Outlets

NEWSPAPERS

Tallahassee Democrat: P.O. Box 990, Tallahassee, FL 32302

• Phone: (850) 599-2169 • Fax: (850) 599-2301

FSView: 1235 Airport Road, Tallahassee, FL 32304 • Phone:

(850) 561-6653 • Fax: (850) 561-6578

The Osceola: 402 Dunwoody Street, Tallahassee, FL 32304 •

Phone: (850) 222-7733 • Fax: (850) 224-3627

Florida Times-Union: P.O. Box 1949; Jacksonville, FL 32231

• Phone: (850) 224-7515 • Fax: (904) 359-4147

Orlando Sentinel: 36 E. College Avenue, Suite 303,

Tallahassee, FL 32301 • Phone: (850) 222-5564 • Fax: (850) 224-0979

TELEVISION/RADIO

WCTV – TV (CBS Affiliate):

4000 County Road 12, Tallahassee, FL 32315

Phone: (850) 906-0477 • Fax: (850) 668-3851

WTXL – TV (ABC Affiliate):

7927 Thomasville Road, Tallahassee, FL 32312

Phone: (850) 893-1313 • Fax: (850) 668-1460

WFLA – Sports Radio 1270 AM:

325 John Knox Road, Building G, Tallahassee, FL 32303

Phone: (850) 422-3107 • Fax: (850) 514-4441

Contents

2004-05 Women's Roster	2
2004-05 Men's Roster	3
Women's Outlook	4-5
Men's Outlook	5-6
Head Coach Neil Harper	7-8
Assistant Coaches	8-12
2004-05 Hometown Roster	13
Women's Bios	14-24
Men's Bios	25-38
Swimming & Diving Facilities	39-40
2004-05 Swimming & Diving Review	41-44
NCAA Time Standards	45
This Is The ACC	46
ACC All-Time Records	47
Women's ACC Summary	48
Men's ACC Summary	49
ACC Honor Roll	50
All-Time ACC Champions	51
Women's All-Americans	52
Men's All-Americans	53
All-Time Top Ten	54-55
Women's Team Records	56
Men's Team Records	57-58
Honors & Awards	59
National Champions	60-61
Olympics	62-65
International Heritage	66-67
This Is Tallahassee	68-71
Premier Program	72-75
This Is Florida State	76-79
FSU Support Services	80-81
Life Skills & Student Services	82
NCAA Compliance Information	83
FSU Board of Trustees	84



MEDIA GUIDE CREDITS

The 2004-2005 Swimming and Diving guide is a publication of the Florida State University Sports Information Office. Written and edited by Michael Smoose. Edited by Tina Thomas. Designed by Cade & Associates Advertising, Inc. Photography by Michele Edmunds, Ryals Lee, Ross Obley, Patrick Jeffrey, Tom Casazza, Brandon Goodman, Neil Harper and Wickus Nienaber. Special thanks to the FSU Photo Lab. Printed by Boyd Brothers Printing.



DR. T.K. WETHERELL
President, Florida
State University



DAVE HART
Athletics Director



PAM OVERTON
Senior Associate
Athletics
Director/SWA





NAME	EVENTS	YR.	HOMETOWN (HIGH SCHOOL)
Camille Akridge	DIV	So.	Orlando, Fla. (Edgewater)
Romy Altmann	BK	So.	Cape Town, South Africa (German International School)
Emily Breen	FR, FL, BK	Sr.	Savannah, Ga. (H.V. Jenkins)
Lauren Brick	FR, BR	So.	Culpeper, Va. (Culpeper County)
Carrie Ellis	FR	Sr.	Valrico, Fla. (Durant/Virginia)
Renee Gajda	DIST FR	So.	Gold Coast, Australia (Miami)
Elise Hatfield	DIST FR	Fr.	Merritt Island, Fla. (Merritt Island)
Lisa How	FL, IM, FR	Sr.	Preston, England (Hutton Grammar)
Courtney Hudak	BK, IM	Fr.	Sarasota, Fla. (Riverview)
Laura Kenney	IM, BK, FR	Sr.	Plano, Texas (Senior)
Lindsay Kenney	FL, FR	Fr.	Plano, Texas (Senior)
Abbie King	FR	Fr.	Brunswick, Maine (Brunswick)
Angie Leach	DIST FR	Sr.	Leesburg, Fla. (Leesburg)
Brittany Lerew	DIV	So.	Orlando, Fla. (Lake Highland)
Golda Marcus	DIST FR	Sr.	Coral Springs, Fla. (American Heritage)
Courtney McCLOW	DIV	Sr.	Jacksonville, Fla. (Forrest)
Katie Metka	FR, BK	Fr.	Largo, Fla. (Palm Harbor)
Kristin Oxford	DIST, FR	Fr.	Charlotte, N.C. (Providence)
Stacy Rademacher	BK, FL, IM	Fr.	Charlotte, N.C. (South Mecklenberg)
Katie Ronan	FR, BK	So.	Pensacola, Fla. (Washington)
Kate Skaggs	BK, FR	Fr.	Jacksonville, Fla. (Bolles)
Lauren Sprag	FR, FL	Fr.	Durban, South Africa (Westville Girls' High)
Brittany Stevens	FL, FR	Fr.	Peachtree City, Ga. (Starr's Mills)
Keri Whitehurst	FR, FL	Fr.	Christensen, US Virgin Island (St. Croix Country Day School)
Leah Woodard	FR	Fr.	San Antonio, Texas (Churchill)
Kayce Zemina	FR	Sr.	Plantation, Fla. (Plantation)

COACHING STAFF:

Head Coach: Neil Harper, 6th Season (Louisiana State, 1990)

Associate Head Coach: Andy Robins (William & Mary, 1983)

Diving Coach: Patrick Jeffrey (Ohio State, 1988)

Assistant Coaches: Liz Klink (Connecticut, 2001), James Barber (Auburn-Montgomery, 1993)

Graduate Assistants: Jonathan Kaplan, Justin Betts, Kirk Hampleman



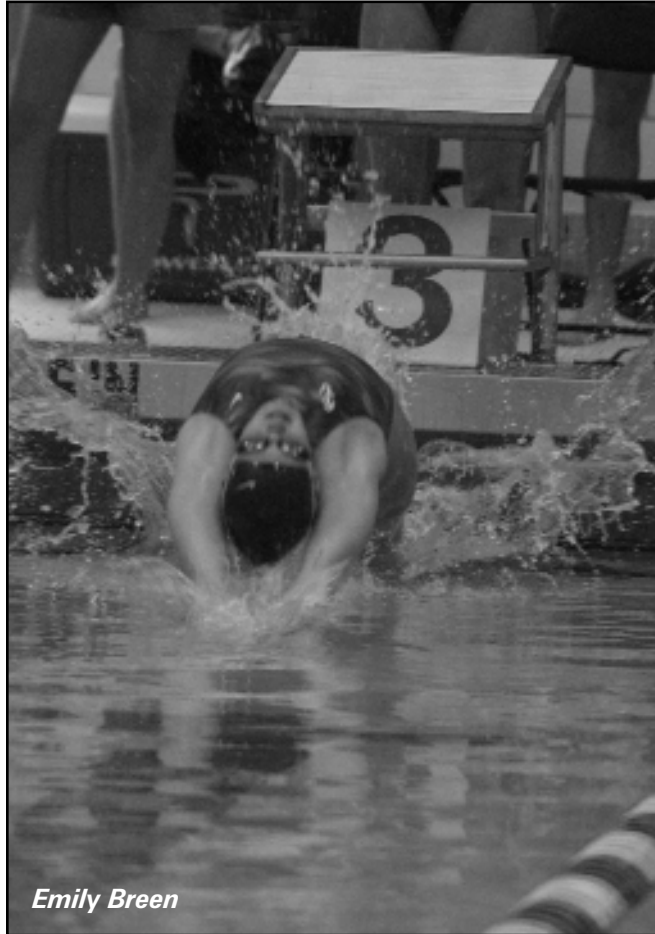
2004-05 MEN'S ROSTER



NAME	EVENTS	YR.	HOMETOWN (HIGH SCHOOL)
Michael Averett	FL, FR	Sr.	Davie, Fla. (Pine Crest)
Jason Beinlich	DIV	Jr.	Ridley, Pa. (Ridley)
Thomas Bishop	DIST, IM	So.	Houston, Texas (Cy-Creek)
Jarryd Botha	BK	Fr.	Worcester, South Africa (Paul Roos Gymnasium)
Brendan Burke	FL, BK	Fr.	West Des Moines, Iowa (Valley)
Andrew Castro	FR, FL, BK	Sr.	Miami, Fla. (Ft. Lauderdale St. Thomas Aquinas)
Stephan Connor	FL, FR	Jr.	Burr Ridge, Ill. (Hinsdale Central / Toledo)
Peter Crane	DIV	Jr.	Fairport, N.Y. (Fairport)
Euan Dale	IM, BR	Fr.	Berwickshire, Scotland (Millfield School)
Stuart de la Rosa	DIV	Jr.	Erdenhiem, Pa. (Springfield Township)
Edward Denton	FR, FL	Fr.	Maidenhead, England (Millfield School)
David Ellis	FR	So.	Valrico, Fla. (Durant)
Paul Erben	BR	So.	Panama City, Fla. (Bay)
Matt Hammond	FR	Fr.	Daytona Beach, Fla. (Spruce Creek)
Jared Heine	BK, FR	Jr.	Honolulu, Hawaii (Damien Memorial)
Brett Irvin	FR	So.	Boca Raton, Fla. (Ft. Lauderdale Pine Crest)
Billy Jamerson	BR	Fr.	Savannah, Ga. (Sandy Creek)
Derek Jones	DIV	So.	Jacksonville, Fla. (First Coast)
Dan Keeling	BK, IM, BR	Fr.	Westminster, Colo. (Standley Lake)
Alex Kennon	FR, FL	So.	Winter Haven, Fla. (Lake Region)
Bobby Langsett	DIST	Sr.	Ft. Lauderdale, Fla. (Ft. Lauderdale High / Florida Atlantic)
Mark Nichols	FL, IM, FR	So.	Charlotte, N.C. (South Mecklenburg)
Ian Powell	BK, FL	Fr.	Guernsey, Channel Islands (Millfield School)
Alan Ribeiro	FR	Sr.	Rio de Janeiro, Brazil (Ft. Lauderdale (Fla.) Cardinal Gibbons)
Steve Roof	DIST, FL	So.	Canton, Ohio (Central Catholic)
Joel Roycik	FR, FL	Jr.	Winter Park, Fla. (Winter Park)
Curtis Schroeger	DIV	Sr.	Shawnee Mission, Kan. (Mission North / SW Missouri State)
Andrew Skaggs	DIST	Sr.	Jacksonville, Fla. (Bolles)
Alex Tilbrook	DIV	Fr.	Largo, Fla. (Seminole Osceola)
Chris Vythoukas	BK, FL, FR	Jr.	Nassau, Bahamas (Ft. Lauderdale (Fla.) Cardinal Gibbons)
Kyle Young	FR	Fr.	Oviedo, Fla. (Oviedo)



WOMEN'S OUTLOOK



Emily Breen



Lauren Brick

STROKE

It's no secret that the strength of the women's team lies in the stroke events. Florida State was the only school at the ACC meet to have at least one top three finish in six of the eight stroke events while winning both medley relays. Three of those six came from Emily Breen as the senior looks to take the next step from conference finalist to champion. Another Seminole looking to make that jump will be senior Lisa How after her third-place mark in the 200 butterfly. Both How and Breen earned Honorable Mention All-America honors for their work on FSU's relays at the NCAA meet.

No longer in Dutton's shadow, sophomore Lauren Brick will now hold down the top spot in the breaststroke. As a freshman, she placed second in the 100 breaststroke and earned All-America honors for her work on the two medley relays. Florida State could also get big contributions from senior Laura Kenney in the backstroke and individual medley events.

Newcomers Romy Altmann and All-American Katie Skaggs already have backstroke times that would rank them in the FSU all-time top-ten and could allow Harper to use Breen in other areas. Another member of the Kenney family will help in the stroke events as All-American Lindsay Kenny will bolster the butterfly events as well as fellow All-American Stacy Rademacher.

2004-05 SWIMMING & DIVING SEASON PREVIEW

When Neil Harper and his staff took over at Florida State University in the fall of 1999, the first priority was to build the Seminoles into one of the top programs in the Atlantic Coast Conference. Now that the Tribe is become a staple in chase for the league title, Harper and his team has set their sites on a national scale. The 2003-04 season was one of the best at Florida State with the influx of what Harper calls his best recruiting class, big things could be expected for the 2004-05 campaign.

THE WOMEN'S TEAM

By sheer numbers, last season may have been the best in the 29-year history of the program. The 15 wins are a school and conference record and the 17th-place finish at the NCAA Championships was the best Seminoles best ever. However, the Seminoles will be without the luxury of two-time All-American and ACC Swimmer of the Year Emma Dutton and the likes of NCAA participants Rachel Dong, Andree-Anne LeRoy and Loren Hansen.

One comforting fact for the Seminoles is that three of their seven participants from last year's national summit are back. With the loss of eight seniors, the newcomers will be expected to step in right away, but many have the capabilities of being impact swimmers as soon as they don the Garnet and Gold.

DIVING

If the ACC was the American League, then the Florida State women's divers would be the New York Yankees. Diving coach Patrick brings back three divers that competed at the NCAA Diving Zone "B" Qualifier.

With one ACC title under her belt, senior Courtney McClow will challenge for the titles at this year's league meet and look to make her first NCAA Championships. A year wiser, sophomore Brittany Lerew will look to follow her older sister Chelsie's footsteps and capture a league title. After a freshman season riddled with injuries, Camille Akridge will only continue the improvement she showed at the end of the year.



Courtney McClow



MEN'S OUTLOOK



Lisa How

SPRINT

A residual effect of the talented new swimmers in the stroke events is that it will allow Harper to utilize swimmers such as Breen in weaker areas and with the departure of Dutton and Dong the Seminoles will need to address their sprint events. Senior Kayce Zemina made big strides in 2003-04 and could be integral part of Florida State's success this year.

Two All-American signees will be called upon to also pick up the slack in the sprint events. Abbie King captured the state title in the 50 and 100 free her senior year and US Open qualifier in the 50 free. Leah Woodward has been a state finalist in the sprint events all four years during her high school career.

DISTANCE

The area where the Seminoles can make up the most amount of ground on the rest of the conference is the distance freestyle. An addition to the squad in the spring, sophomore Renee Gadja made a big impact on the middle distance events, scoring points and notching top-ten times in the 200 and 500 freestyle. Senior Angie Leach and Golda Marcus put up top times in the mile last season and could break through into the top 16.

Between Gadja and the addition of newcomer Kristin Oxford, the Seminoles could have a strong combination in the middle distance for years to come. An All-American in the 200 and 500 free, Oxford took part in the US Olympic Trials this past summer, competing in the 200 free.

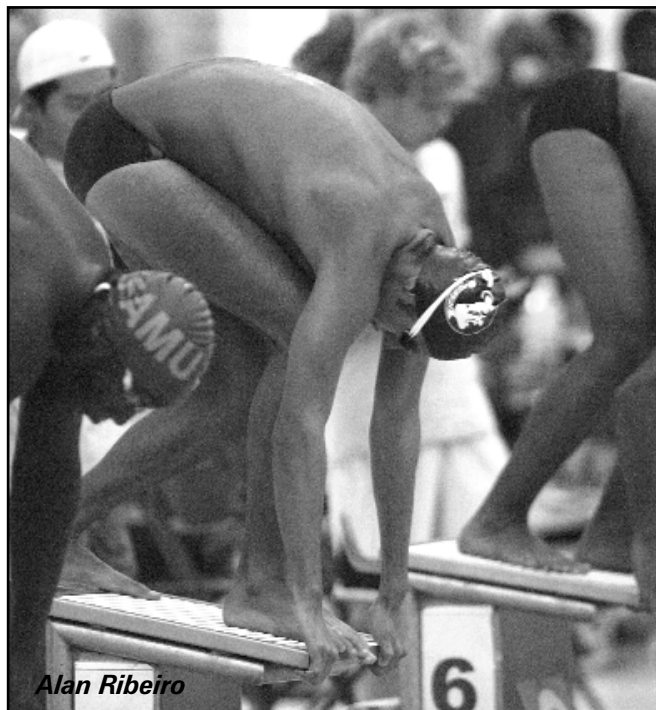
THE MEN'S TEAM

A true testament to how far the program has come, the 2003-04 season may have been considered a "down" year for the men's team by some standards. Unlike the women's team, the men only lost five members of last year's squad that finished second at the ACC Championships, but one included in that group is conference champion Wickus Nienaber.

With a young nucleus of talent that gained a lot of experience last season, Harper hopes that his men's squad can make that next step towards competing with Virginia for the conference title. In addition to the 15 of the 19 point scorers from last year's meet, Florida State adds a host of talent that already have times that would rank in the school's and league's top ten.

STROKE

As is to be expected given the area of expertise of the coaching staff, the men's stroke group is just as strong as the women's. All three of the Seminoles' ACC Championships in 2004 came from the stroke events, including the first career title for Joel Roycik, last year's team MVP. The junior became just the second Seminole to win the 100 butterfly and earned his first trip to the NCAA Championships.



Alan Ribeiro

Also making a breakthrough in 2004 was Roycik's classmate Chris Vythoulkas. A 2004 Olympian for the Bahamas, he captured his first All-ACC honors by placing third in the 100-yard backstroke. Vythoulkas also made it to the finals of two other events, swimming in the 100 fly and 200 backstroke, while swimming the backstroke leg of the winning 200 medley relay.

The departure of Nienaber leaves a hole for Florida State in the breaststroke events, but Harper feels that he has more than adequately filled vacancy. Along with sophomore Paul Erben, who made a huge jump at the conference meet, Harper is bringing in national record holder and All-American Billy Jamerson. Newcomer Euan Dale holds Scottish national records in the 400 IM and his converted time is faster than the school record, while Jarryd Botha's backstroke times already rank him in the top ten.

SPRINT

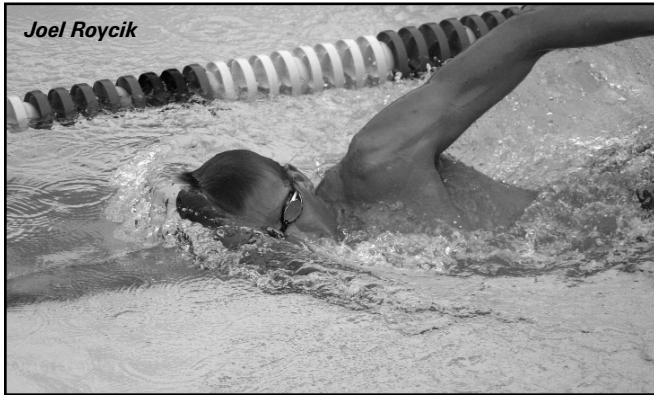
Just like the stroke group, Florida State's sprinters saw an emergence of young talent last season. Along with victory in the butterfly, Roycik added a third-place finish in the 100 freestyle and a fourth-place mark in the 50 free. Joining Roycik in the finals of the 100 freestyle was junior Michael Averett as he placed sixth while earning his first all-conference award as a member of the 200 medley relay.

Pushing Brett Irvin, last year's top freshman in the sprints, and Alex Kennon will be a pair of talented rookies. Edward Denton has top times in the 50, 100 and 200 freestyle that would have been on the conference's top ten list. Harper kept one of the state's best sprinters in the Sunshine State as Daytona Beach's Matt Hammond was runner-up in the 50 at last year's state meet.

DISTANCE

Traditionally the weakest part of the team, the distance squad got a big boost from a pair of freshman last season. Within his first month of competition, Thomas Bishop was already rewriting the record books as he took down a ten-year old mark in the 1,000 freestyle. An US Olympic Trials participant, he nearly missed another record in the 1,650 during a seventh-place swim at the ACC meet, the best finish by a Seminole in the event during Harper's five seasons.





Joel Roycik



Michael Averett

Right on Bishop's heels last season was his classmate Steve Roof. He produced a pair of top-16 finishes in the 500 and 1,650 free. Showing his diversity, Roof also placed tenth in the 200 fly at the conference championships. At the ACC Championships he produced the third best 500 free time in school history.

DIVING

No faction of the men's team personified the squad's youth more than the divers. All five of the divers representing Florida State at the ACC Championships were either sophomores or freshmen. Junior Stuart de la Rosa will try to get the streak of Seminole ACC Champions going again after a sixth-place mark in the one-meter competition and sophomore Curtis Schroeger will build on his ninth-place showing on the three-meter board. Giving the returnees a run for their money will be newcomer Alex Tilbrook, last year's Florida state champion in the one-meter board.

ACC

An already strong league got a little bit deeper this fall with the addition of Miami and Virginia Tech. The Hokies' men's team has been top three at the Big East Championships, while the women's team has finished no lower than fourth.

Once again the favorite in both conference meets will be Virginia with the Seminoles and Tar Heels close behind.. The Cavalier men

have won the last six league titles, while the women are going for their third in a row. A school besides Virginia or North Carolina has not won a team title in either meet since 1997 when the Clemson men brought home the trophy. This year's ACC Championships will be hosted by Georgia Tech.

SCHEDULE

It has always been Harper's philosophy to schedule the toughest opponents possible in order to get his teams ready for the conference and NCAA Championships and 2004-05 is no exception to the rule. The women's schedule features nine teams that scored points at last year's NCAA meet, including three top ten squads, while the men's ledge has seven NCAA teams.

The Seminoles biggest challenge will come on January 29 when it hosts men's and women's defending champion Auburn. Florida State will get an early feel for where they are at when they travel to the West Coast to take on the University of California and the University of the Pacific. The Seminoles have Tuesday, November 16, circled in big Garnet and Gold ink as it plays host to rival Florida at the Leach Center.

Before Christmas, FSU competes at Georgia Invitational, hosted by a UGA squads that finished second (women) and tenth (men) at last year's national summit. In addition, the Seminole men will take part in the Dallas Morning News Classic.



2004-05 FSU Swimming and Diving Team



HEAD COACH



NEIL HARPER HEAD COACH 6TH YEAR LOUISIANA STATE '90

Every year Florida State University swimming and diving head coach Neil Harper seems to set the bar a little bit higher for the Seminoles, but as he enters his sixth season on the deck for the Tribe the 2004 Atlantic Coast Conference

Women's Coach of the Year still enjoys the challenge and keeps clearing the bar by a large margin.

Since Harper returned to Tallahassee in the fall of 1999, the women's team has continued to make huge strides, not only in the league, but on a national level. This was never more evident than last season when the Seminoles proved their mettle at the NCAA Championships.

Florida State finished the national summit in 17th place, the best finish in school history and tops among league schools. FSU moved up 19 spots from 2003 when it finished 36th and the 600 percent jump from nine points to 84 points was the best improvement in the country in 2004.

During the dual meet season the women's team set a school and conference record with their 15 victories. The 15 triumphs in 2003-04 propelled Harper's record on the women's side to 58-15 for winning percentage of .795 that ranks him second in the history of the ACC. The men's team racked up nine victories last year, moving him into second place all-time in school history with a 43-18 (.705) mark.

As to be expected, the women's team accomplished many feats that haven't been replicated in some time. Florida State had multiple All-Americans—Emma Dutton and Tiffany Manning—for the first time since 2002 and Dutton's pair of honors made her the first Seminole since Kathy Isackson in 1988 to garner more than one award in the same year. In addition, all four of FSU's relays earned Honorable Mention All-America status.

At the ACC Championships the Seminoles were well represented on the winner's stand with 12 titles between the two squads—the most since the 1995 squad amassed 19—with the men finishing second for the second year in a row and the women adding a third-place finish. The league schools also thought a lot about Harper's teams outside the water as both the men and women earned the ACC Sportsmanship Award.

While the women's team has made huge strides during Harper's tenure, the men's program has maintained its standing as one of the best programs in the conference. Matching its best finish at the conference meet, the men's squad placed second as it took home a trio of championships, including the 200-yard medley relay, a race that Florida State has won six of the last eight years.

The men's team continued its streak of five-straight years of at least one individual champion under Harper as Wickus Nienaber took home the 100-yard breaststroke title and Joel Roycik captured the gold medal in the 100-yard butterfly.

On the award's stand at the conference meet, Florida State has won 24 individual titles on the women's side and 17 more during the men's meet since Harper took over in 1999. The women's championships during Harper's tenure are ten more than the previous eight years, while the men's total is the second-best haul in a five-year span.

In conjunction with the improved times in the pool and on the board, the accolades have increased for both the women and men. Florida State has earned 36 All-ACC awards on the women's side in the last five seasons, the third-highest total in the league



since 2000. During that same time span, the men rank second with their 29 all-conference honors. The women's ten selection in 2004 are a school record for men or women and tie the 2003 Virginia and 2001 North Carolina squads for the most since 1998.

At the national level, the Tribe has produced ten All-Americans during Harper's five years while the men broke through with their first honoree in 2003. During his 16 years of coaching, Harper worked with 44 athletes who have produced 119 All-American honors.

As to be expected, the Tribe has been rewriting the school's record books. Sixteen of the women's 23 school marks have fallen during Harper's tenure, including nine marks that were reset or broke in 2004. On the men's side, four records have fallen during Harper's watch, including the second-oldest record in school history as freshman Thomas Bishop took down the 1,000-yard freestyle mark last season.

Not only are more of the Florida State records held by Harper's swimmers, but the all-time top ten contains more of his athletes than any other coach in the program's history. Within the women's lists, 58 of the best times in Seminole lore—nearly half of all entries—have been set during Harper's five years, including either the number one or two spots in all but one event. The men's team has put its name down 44 times since Harper's arrival in 1999.

Harper's acumen in the pool extends internationally as he has coached at the biggest international competitions in the last five years. This summer he was on the deck for his fourth Olympic Games as he traveled to Athens, Greece, to coach Wickus Nienaber as the head man for the Swaziland contingency. Nienaber was just one of four Harper's pupils competing in the Olympics as junior Chris Vythoulkas swam for the Bahamas and senior Golda Marcus carried the El Salvador flag.

In 2000 he was a member of the South African Olympic coaching staff in Sydney, Australia. The following year he traveled to Fukuoka, Japan to coach Nienaber in the FINA World Championships. During the summer of 2002 he mentored Nienaber at the 2002 Commonwealth Games in Manchester, England, where he was joined by former Seminole All-Americans Stephen Parry and Brett Petersen, as well as Vythoulkas. During the summer of 2003 he returned to the FINA World Championships with Nienaber.

In May of 1999, Harper returned for his second stint in Tallahassee after two years as the women's head coach at Ohio State. In two seasons with the Buckeyes, Harper's team posted a 15-12 mark while qualifying six athletes for the NCAA Championships. In the



Neil, Paige, Katherine and Kelly Harper





classroom, Ohio State excelled just as well as both of his teams received NCAA All-Academic selections. Within the conference, the Buckeyes received more than 20 Academic All-Big Ten Conference honors during his two seasons.

From 1994-97, Harper served as the top assistant at Florida State under Don Gibb. One of his main duties was to coordinate the Seminoles' recruiting efforts. His work with the recruiting speaks for itself as during that time Florida State produced numerous All-Americans, including FSU's first NCAA champion Parry in the 200 butterfly. As a top aide, Harper was also in charge of the team's strength and conditioning, while working with the stroke and individual medley swimmers. His work in the pool produced the school's first female All-Americans in six years as former assistant coach Anne Blachford (200 IM), Helen Jepson (200 fly) and Samantha White (100 breast) all enjoyed NCAA success.

A 1988 graduate of Louisiana State University, Harper served as an assistant at his alma mater following graduation up until his first appointment with the Seminoles. During his six years in Baton

Rouge, La., he helped Tiger swimmers earn 21 NCAA All-America honors and seven Southeastern Conference titles. During the 1991 season, both the men and women posted one of their best finishes at the NCAA meet as both came away with a 14th-place showing.

As a competitor, Harper is one of the top swimmers in school history. He first made his name in the SEC when he won the 100-yard backstroke at the 1986 meet. Throughout his career, Harper collected four league titles while participating at the NCAA meet in seven events. During his final year, LSU finished sixth at the NCAA championships, the highest finish in school history. He still ranks on the Tigers' all-time top ten in four different categories.

The London native represented Great Britain in the 1984 and 1988 Olympics as a member of the 400-meter medley relay with sixth and fourth-place finishes respectively.

The 39-year-old Harper is married to the former Paige Busch, who was also an All-American and SEC champion in the 100-yard breaststroke at LSU. The couple has two daughters, Katherine (10) and Kelly (8).



HARPER'S COACHING RESUME:

1999-present: Head coach, Florida State University
 1997-99: Head women's coach, Ohio State University
 1994-97: Assistant coach, Florida State University
 1988-94: Assistant coach, Louisiana State University

INTERNATIOANL EXPERIENCE:

2004: Swaziland Olympic Team (Athens, Greece)
 2003: Swaziland World Championship Team (Barcelona, Spain)
 2002: Commonwealth Games (Swaziland)
 2001: Swaziland World Championships Team (Fukuoka, Japan)
 2000: South African Olympic Team (Sydney, Australia)

ASSISTANT COACHES



ANDY ROBINS
 ASSOCIATE HEAD COACH
 10TH YEAR
 WILLIAM & MARY, 1983

It's seems like only yesterday that Andy Robins was joining the coaching staff at Florida State University, but Neil Harper's top aide starts his tenth season in the Garnet and Gold with the onset of the 2004-05 campaign.

An invaluable component in the rise of Florida State swimming and diving, Robins' contribution to the program were rewarded in 2003 as he was elevated to the position of associate head coach. In addition to his on-deck duties, Robins' responsibilities include recruiting, organizing team workouts, performance data, team travel and home meet management.

Since Robins arrival in 1995, Florida State has only had one sub-.500 season with 125 dual meet victories. At the ACC Championships, the men have finished no lower than fourth with four runner-up finishes, while over the last three seasons the women have posted a trio of third-place finishes.

On the deck his primary duty is to focus on the sprinters, a group that has been very successful over the years. Overall, 20

Florida State sprinters have earned All-ACC honors with three Seminoles going on to capture NCAA All-America accolades. All three of the men's All-America 200 and 400 free style relays (1996, 1998 & 1999) happened under Robins' watch, as did the women's 200 and 400 free relay teams in 2000.

Of the stable of talented pupils that Robins has coached, the most recent to earn All-America honors was Christy Cech as she took home national accolades in the 50 free in 2001 and 2002. Other Seminole All-Americans who have worked with Robins include Stephan Parry, Julio Santos and Anne Blachford.

Out of the possible 40 top times in the 50 and 100-yard freestyle, 34 of the times have been recorded with Robins on the staff. Last season saw two swimmers move up on the top ten list as Emma Dutton—the ACC champion in the 50 free in 2004—jumped up to number two all-time, while senior Emily Breen entered the 50 free at number nine and fourth in the 100 free.

Another one of Robins' rising stars is junior Joel Roycik. The 2004 ACC champion in the 100 butterfly, he competed in three events at the NCAA Championships, including the 50 and 100 freestyles.

Even prior to his graduation from college, Robins has been actively involved in coaching and his involvement with local swimming and diving dates back nearly 20 years. His association with swimming in the Big Bend began in 1985



ASSISTANT COACHES

when he took a position with the Area Tallahassee Aquatic Club. Robins took over the head coaching duties for ATAC in 1993 and led the squad to a top ten finish at the 1996 Junior National Championships.

In conjunction with his work with ATAC, Robins served as the head coach at Leon High School in Tallahassee from 1986-91. After only his second year on the job he was named High School Coach of the Year by the Tallahassee Democrat.

He also served as head coach for the Florida All-Star Team in 1990 and 1991 after spending the previous two seasons as an assistant coach. Away from the pool Robins served on the Florida Swimming Board of Directors, the House of Delegates and the Technical Planning Committee from 1987-98.

A 1983 graduate of The College of William & Mary with a bachelor's in psychology, he earned his master's in science education from Florida State in 1987. While in college, Robins swam both the backstroke and distance freestyle events. His swimming accomplishments at William and Mary include setting the school record in the 1650 freestyle while also serving as co-captain.

The 44-year-old Robins and his wife Karen have four children, Beth (26), Kurt (25), Jenna (19) and Annemarie (8).



PATRICK JEFFREY

DIVING COACH
6TH YEAR
OHIO STATE, 1988

To the other teams in the Atlantic Coast Conference, hearing about the success of Florida State University divers might sound like a broken record, but to diving coach Patrick Jeffrey it is music to his ears. His divers continued their dominance in the ACC in 2003-04 and show no signs of slowing down

Since Jeffrey's arrival in 1999, Seminole divers have captured 15 of the 20 championships on the board. Within that stretch, six different Seminoles have claimed league titles with nine divers named All-ACC. Florida State claimed its fourth-straight women's Diver of the Meet Award at last year's league championships as Tiffany Manning won both boards.

With as much as a stranglehold as Florida State divers have had over the last five, the accomplishments of the women's team at last year's conference meet might have even exceeded Jeffrey's expectations. The Seminoles captured the top five spots on the one-meter board then took first through third during the three-meter competition.

Over the last three seasons, that success has carried over to the national level where the Tribe is starting to make its mark. Jeffrey's divers produced their fifth All-America award as Manning captured fifth-place honors on the platform—the highest finish by a Seminole at the national meet since 2001. Manning third All-America award makes her just the third Seminole to earn the honor in three different seasons.

During the previous year, Louis Gagnet captured the men's first All-America honor since 1999 and the first by a diver since Paul Spray during the 1992 season.

Four out of the five years that Jeffrey has been with Florida State it has claimed at least one conference title on the men's side. Brent Burkman collected the men's first diving title since 1992 when he won the one-meter event. The following year Josh Edelman swept both events and for the past two years Gagnet was crowned champion on the one and three-meter boards. Florida State's four-straight championships on the one-meter and three more in the three-meter haven't been equaled in nearly 20 years.

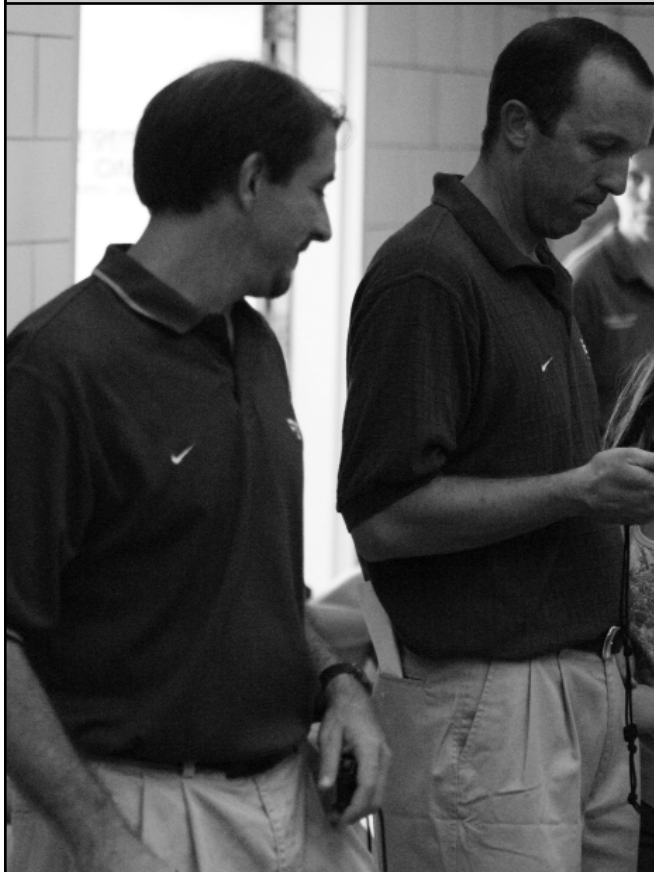
During Jeffrey's second year the women's program started controlling the league when Chelsie Lerew won her first of five titles. She added All-America honors to her resume in 2002 on the one-meter board. In 2002, current senior Courtney McClow got into the act when she won the one-meter event. The past three seasons, Florida State has had the top three divers on the three-meter board and top three of four in the one-meter event.

The summer of 2003 saw a pair of Seminoles have some success at the Speedo National Diving Championships in Indianapolis, Ind. Manning had the highest showing with a 12th-place finish on the ten-meter platform to go along with a 13th-showing in the one-meter event. McClow finished 18th on the one-meter. Manning qualified for this year's US Olympic Trials, but did not compete due to an injury.

Jeffrey's wealth of diving knowledge is a direct result of his own career. During his time at Ohio State, he captured five national championships in various events. At the 1988 NCAA Championships he became the only diver in NCAA history to win three events in the same year as he captured titles on the one-

ROBINS' COACHING RESUME:

2002-present:	Associate Head Coach, Florida State
1995-2001:	Assistant Coach, Florida State
1993-97:	Head Coach, ATAC
1990-91:	Head Coach, Florida All-Stars
1989:	Assistant Coach, Florida All-Stars
1986-91:	Head Coach, Leon High School
1985-92:	Assistant Coach, ATAC





ASSISTANT COACHES

meter, three-meter and ten-meter platform events. That season he was named the NCAA Diver of the Year.

On the international scene, Jeffrey was a finalist on the ten-meter platform at the 1988 Seoul Olympics and the 1996 Olympics in Atlanta. He is a three-time U.S. National Diving Champion in the ten-meter competition, while holding a pair of titles in the three-meter event. In addition, he won bronze medals at the 1991 and 1995 Pan-Am games. He also competed as a member of the US's 1989 and 1995 World Cup teams as well as at the 1993 Goodwill Games.

Jeffrey's coaching experience is just as extensive as his diving career. On a world stage he has coached the 2000 US Olympic team along with the 1997 and 1999 Senior World Cup squads. Most recently he mentored the 2001 US World Championships team in Fukioka, Japan. He has served as the Senior National team coach from 1997-2000 with a one year stint (1998) with the Junior National Team. Under Jeffrey's tutelage, divers have won four US Senior National titles, three Junior National championships, and a pair of third place finishes for the Senior Men's team.

The 39-year-old Jeffrey graduate from Ohio State in 1988 with a degree in journalism and advertising.



LIZ KLINK
ASSISTANT COACH
1ST YEAR
CONNECTICUT, 2001

Going into the 2004-05 swimming and diving season, Liz Klink knew that she would be coaching in the Atlantic Coast Conference, but what she didn't know is that she was going to be working in Florida as opposed to Virginia. A two-year assistant at Virginia Tech, Klink is the newest member of 2004 ACC Coach of the Year Neil Harper's staff at Florida State University.

"Florida State is one of the top athletic departments in the country and has a lot to offer its student-athletes in not only getting a great education, but also allowing them to compete against the best athletes in the country," Klink said. "Neil has worked really hard over the last five years to establish both teams as two of the best in the country and I look forward to working with him and the student athletes."

For the past two seasons, the 24-year-old Klink has been helping two-time Big East Conference Coach of the Year Ned Skinner build the Hokies into one of the emerging programs in the league. Last season Va. Tech took third on the women's side, its best second-best finish ever and the program's highest since 2001. During her first year in Blacksburg, Va., the men's squad posted its highest finish ever with a second-place showing.

"Liz has gained a lot of knowledge in a short period of time and her results speak for themselves," Harper said. "She has the ability to really relate to the athletes and has a good rapport with the parents as well. She brought some great athletes to Virginia Tech and she will be able to do the same for Florida State. She'll complement our staff very well."

Handling mostly the distance swimmers, Klink's star pupil in 2004 was freshman Gus Calado. The first Big East Champion in school history in a distance event, Calado was named Big East Outstanding Swimmer of the Year after setting the conference record in the 500-yard freestyle on his way to the league title.

On the women's side she had just as much of an impact, especially in the 500 and 1,650-yard freestyle. At last year's Big East Championships, the Hokies had three swimmers in the finals of both events. During Klink's first year, Virginia Tech only had one per race. One of those competitors was Jamie Spradlin, who set the school record in the 1,650 and 1,000 that season. 2003 also saw the women's team take down the 800-free relay mark.

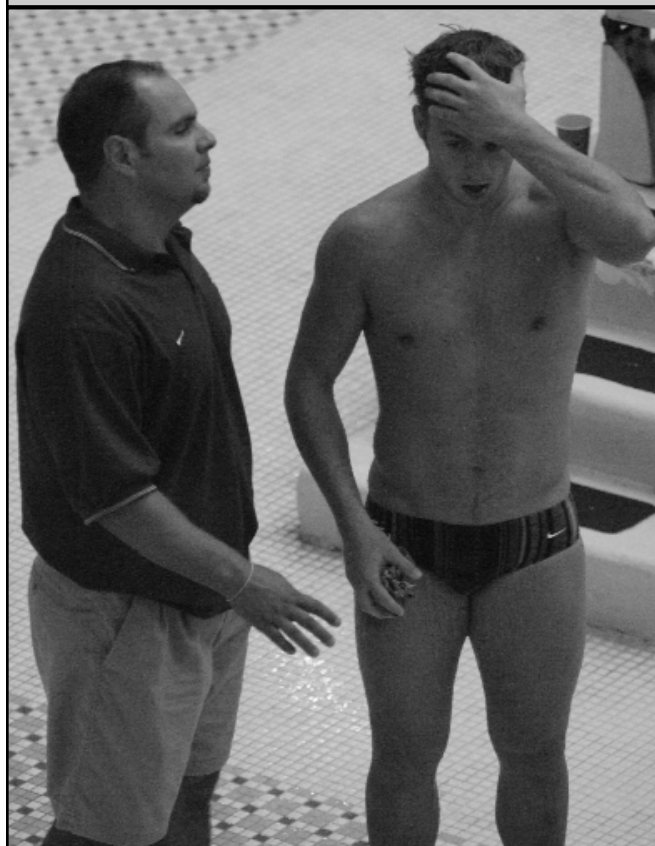
"She had success coaching middle distance at Virginia Tech and we welcome her experience in those areas, but she can coach all aspects," Harper added. "I think our kids will be very excited to have Liz on board and have her knowledge on the deck at Florida State."

Before she was one of the top assistants in the league, Klink was one of the top swimmers in the Big East. She swam four years at the University of Connecticut, specializing in the middle distance events. When she completed her career in 2001, Klink held the school record in the 500 freestyle and was a member of the record-setting 400 and 800 freestyle relays. During her freshman season she helped lead the Huskies to their best finish at the conference championships in the last eight years as UConn swam to a sixth-place finish. Klink excelled in the classroom just as well as she did in the pool, earning a spot on the Big East Academic All-Star team each of her four years at UConn. She completed her career with the Huskies by earning the 2001 UConn Club Outstanding Senior Student-Athlete Award.

That year she also won the Connecticut Counseling Program's

JEFFREY'S COACHING RESUME:

2001:	US World Championship Team
2000:	US Olympic Team
1999-present:	Diving Coach, Florida State
1998:	Junior National Team
1997:	US World Cup Team
1996-present:	Senior National Team
1996-99:	Diving Coach, Florida Atlantic





Intercollegiate Athlete Award for academic excellence and was a member of the student-athlete advisory committee. As a freshman in 1998, she participated in the NCAA Y.E.S. (Youth Education through Sports) Clinic and attended the NCAA Leadership Conference two years later.

"Being a younger coach has its advantages in that I'm not that far removed from going through the same experience that the current student-athletes are going through right now," Klink noted. "The recruiting process can be incredibly stressful for juniors and seniors and having gone through it recently I can talk them through it. It's not so much the school getting to know them, but rather the student-athlete finding the school that is right for them."

Prior to joining the coaching staff at Virginia Tech, Klink served as a volunteer assistant for the Huskies while she pursued her master's degree. Her coaching career dates back to her four-year stint as a coach for the Shongum Lake Swim Team in Randolph, N.J.

"Neil has improved both teams to the point where the men are back to where they were in the late 90's and he has taken the women's program on his shoulders and done an amazing job with them," Klink added. "I'm very excited about the prospects of taking both teams to the next level and becoming a dominant team in the ACC, building on the women's 17th-place finish at the NCAA meet last year and how each of them did at conference."

A native of Mt. Arlington, N.J., Klink graduated from Connecticut in 2001 summa cum laude in elementary education before adding a master's degree from UConn in same field.



JAMES BARBER

ASSISTANT COACH

1ST YEAR

AUBURN-MONTGOMERY, 1993

With the wealth of swimming and diving talent that resides in the Sunshine State, 2004 Atlantic Coast Conference Coach of the Year Neil Harper is always looking for more ways to bring that talent to Tallahassee. Harper has one more advantage on his side as he has completed his coaching staff with one of the state's best club coaches.

Prattville, Ala., native James Barber will join the Seminole coaching staff this year after an extensive career that has seen him succeed at every level. The 31-year-old Barber most recently served as head coach of Club Makos in Gulf Breeze, Fla., a post he has held since the fall of 1998.

"It's a great opportunity," Barber said. "Neil has put Florida State swimming in a position where they are the biggest, fastest and meanest fox in the woods that is chasing the rabbit. It's exciting to come in and work for someone who has his eyes set on the top and Neil is not the kind of person to settle for anything else from his athletes and coaches. It's exciting to work for someone who is that passionate about swimming. It's a well know fact that Florida State is one of the fastest rising team in the country."

Since taking over at Club Makos six years ago, Barber has been producing national caliber swimmers. Including in this group have been former Seminole Loren Hansen and Kyle Cormier who both participated at the US Nationals and US Junior Nationals. Last season Cormier was crowned champion in the 200 freestyle at the Florida High School Athletic Association Championships.

Even though this is his first season with the Seminoles, the proof of Barber's work has already been felt at Florida State. Hansen, a senior on last year's team, earned NCAA Honorable Mention All-America honors in 2003, participated on two record-setting relays and is ranked in the FSU all-time top five in three different events.

"Within the state of Florida he is very well known," Harper said. "James has served on many committees and boards and he is highly respected in the club and high school scene throughout the entire southeast. James is going to strengthen our recruiting in some areas in the southeast that we haven't been very successful in. His knowledge and contacts in those areas will bolster our recruiting efforts there too."

All told, Barber has had 18 Junior National qualifiers in over 40 events, 20 national age group top 16 performers and 21 titles at the Southeastern region of the Local Swim Committee Championships – a branch of USA Swimming. In addition to his coaching duties, the last two years Barber has served as the Aquatics Director at The Club, home to Club Makos.

Some of Barber's most valuable coaching experience came prior to the completion of his master's degree in exercise physiology at the University of South Alabama. For one year he served as an assistant coach with the United States Resident National Team. While in Colorado Springs, Colo., he worked with several world class athletes, including Amy Van Dyken and B.J. Bedford. Van Dyken – the first American female athlete to win four gold medals in a single Olympics (Atlanta, 1996) took home the gold in the 50 free at the 1998 World Championships. Prior to the World Championships, Bedford won the 50 free and 100 backstroke at the national championships.

"I'm really excited to learn from Neil and (associate head coach) Andy (Robins)," Barber added. "I've been very fortunate in my career to spend a lot of time with the greatest coaches in the world and I feel just as fortunate to be at Florida State. Neil has coached several international superstars and All-Americans and is one of the most well respected and well liked coaches in the country."

Coaching has been a part of Barber's life dating back to his undergrad days at Auburn University at Montgomery, where he graduated with a bachelor's degree in exercise science in 1993. He got his first coaching job as the head age group coach for the Montgomery YMCA Barracudas in Montgomery, Ala. In his three years there he coached more than a dozen LSC champions with countless other LSC finalists.

"James brings a tremendous scientific approach to swimming," Harper added. "Having worked at the national training center in Colorado Springs with the resident team has given him great scientific knowledge and we're really looking forward to him sharing that knowledge with us and benefiting our training in yet another area. He's going to be a great asset to our program."

From there he moved to Mobile, Ala., where he served as Senior Coach for the City of Mobile Swim Association while pursuing his master's degree. Taking over a rather inexperienced program, he built the team up to the point where regular finalists at the LSC meet. His next coaching stint had him in the same position for the Colorado Spring Swim Team while also coaching the US National Team.

Barber was recently married to the former Angie Bixler.



STAFF

GRADUATE ASSISTANTS



**JUSTIN
BETTS**



**KIRK
HAMPLEMAN**

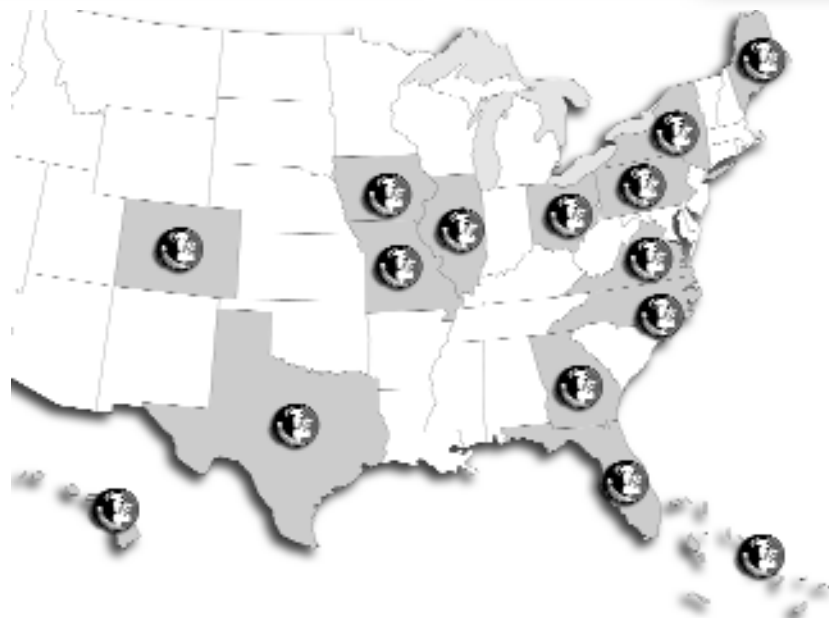


**JONATHAN
KAPLAN**



LEFT TO RIGHT: Jessi Prah, Athletic Trainer; Violet Faria, Team Manager; Justin Betts, Graduate Assistant; Andy Robins, Associate Head Coach; Liz Klink, Assistant Coach; Neil Harper, Head Coach; James Barber, Assistant Coach; Patrick Jeffery, Diving Coach; Kirk Hampleman, Graduate Assistant; Jonathan Kaplan, Graduate Assistant; Aubrey Dreker, Diving Manager

HOMETOWN ROSTER



United States

FLORIDA (25) Boca Raton: Brett Irvin (Ft. Lauderdale Pine Crest); Coral Springs: Golda Marcus (American Heritage); Davie: Michael Averett (Pine Crest); Daytona Beach: Matt Hammond (Spruce Creek); Winter Haven: Alex Kennon (Lake Region); Ft. Lauderdale: Bobby Langsett (Ft. Lauderdale High); Jacksonville: Kate Skaggs (Bolles), Andrew Skaggs (Bolles), Derek Jones (First Coast), Courtney McClow (Forrest); Largo: Katie Metka (Palm Harbor), Alex Tilbrook (Seminole Osceola); Leesburg: Angie Leach (Leesburg); Merritt Island: Elise Hatfield (Merritt Island); Miami: Andrew Castro (Ft. Lauderdale St. Thomas Aquinas); Orlando: Camille Akridge (Edgewater), Brittany Lerew (Lake Highland); Oviedo: Kyle Young (Oviedo); Panama City: Paul Erben (Bay); Pensacola: Katie Ronan (Washington); Plantation: Kayce Zemina (Plantation); Sarasota: Courtney Hudak (Riverview); Valrico: Carrie Ellis (Durant), David Ellis (Durant); Winter Park: Joel Roycik (Winter Park)

TEXAS (4) Houston: Thomas Bishop (Cy-Creek); Plano: Laura Kenney (Senior), Lindsay Kenney (Senior); San Antonio: Leah Woodard (Churchill)

GEORGIA (3) Peachtree City: Brittany Stevens (Starr's Mills); Savannah: Emily Breen (H.V. Jenkins), Billy Jamerson (Sandy Creek)

NORTH CAROLINA (3) Charlotte: Kristin Oxford (Providence), Stacy Rademacher (South Mecklenburg), Mark Nichols (South Mecklenburg)

PENNSYLVANIA (2) Erdenhiem: Stuart de la Rosa (Springfield Township); Ridley: Jason Beinlich (Ridley)

COLORADO (1) Westminster: Dan Keeling (Standley Lake)

HAWAII (1) Honolulu: Jared Heine (Damien Memorial)

ILLINOIS (1) Burr Ridge: Stephan Connor (Hinsdale Central)

IOWA (1) West Des Moines: Brendan Burke (Valley)

MAINE (1) Brunswick: Abbie King (Brunswick)

MISSOURI (1) Shawnee Mission: Curtis Schroeger (Mission North)

NEW YORK (1) Fairport: Peter Crane (Fairport)

OHIO (1) Canton: Steve Roof (Central Catholic)

VIRGINIA (1) Culpeper: Lauren Brick (Culpeper County)

International

ENGLAND (3) Guernsey: Ian Powell (Millfield School); Maidenhead: Edward Denton (Millfield School); Preston: Lisa How (Hutton Grammar)

SOUTH AFRICA (2) Cape Town: Romy Altmann (German International School); Worcester: Jarryd Botha (Paul Roos Gymnasium)

AUSTRALIA (1) Gold Coast: Renee Gajda (Miami)

BAHAMAS (1) Nassau: Chris Vythoukias (Ft. Lauderdale (Fla.) Cardinal Gibbons)

BRAZIL (1) Rio de Janeiro: Alan Ribeiro (Ft. Lauderdale (Fla.) Cardinal Gibbons)

SCOTLAND (1) Berwickshire: Euan Dale (Millfield School)

VIRGIN ISLANDS (1) Christensen: Keri Whitehurst (St. Croix Country Day School)



WOMEN'S BIOS



CAMILLE AKRIDGE

DIVING
5'6" • SOPHOMORE
ORLANDO, FLA. (EDGEWATER)

Top Scores:

1M DIVING (6): 276.70
1M DIVING (11): 481.50
3M DIVING (6): 266.54
3M DIVING (11): 444.25

NCAA ZONE QUALIFIER

2003-04: Rebounded from a preseason shoulder surgery—earning the team's Warrior Award—to qualify for the NCAA Zone "B" Championships (March 12-13) during her first year with the Seminoles...Finished 18th on the one-meter board at the competition with a score of 481.50...Had her best meet of the season at the ACC Championships (Feb. 18-21), taking fourth in the one-meter competition while placing sixth on the three-meter board...Tallied season-high scores of 276.70 on the one-meter while adding an 11-dive 444.25 in the three-meter at the meet...Recorded five top five finishes during the dual meet season.

HIGH SCHOOL: Won the state diving championships in 2002 while at Colquitt County high school in Georgia...Qualified for the national team seven times...Notched four third-place finishes with one second-place score on the one-meter board...Also played four years of soccer in high school, earning First-Team All-Region honors each season...Dove for Team Orlando along with Seminole teammate Brittany Lerew for Lerew's father Jay.

PERSONAL: Born August 14, 1985...Majoring in Biological Sciences...Daughter of Tommy Geni Akridge...Sister Chaltsy Akridge played tennis at Mercer.



Camille Akridge



EMILY BREEN

FREE • FLY • BACK
5'9" • SENIOR
SAVANNAH, GA. (H.V. JENKINS)

Top Times:

50 FREE: 23.36
100 FREE: 50.41
100 BACK: 55.48 - FSU RECORD
100 FLY: 54.15

TWO-TIME NCAA ALL-AMERICAN THREE-TIME ALL-ACC TWO-TIME ACC ACADEMIC HONOR ROLL

2003-04: Competed at the 2004 US Olympic Trials in the 100-meter butterfly, taking 49th place with a time of 1:03.19...Earned her second All-America honors, taking home Honorable Mention accolades for her efforts in the Florida State relays at the NCAA Championships (March 18-20)...Collected All-America certificates as a member of the 200 (14th-place) and 400 (16th-place) freestyle quartets as well as the 200 (11th-place) and 400 (12th-place) medley relays...Also swam three individual events with her best finish coming in the 100 butterfly where she notched a time of 54.52 to place 20th...Member of all four of the Seminoles' ACC Championship relays at the conference meet (Feb. 18-21) with gold medals in the 200 and 400 free and 200 and 400 medley...Captured All-ACC honors in seven events—three individual, four relays...Her leadoff backstroke legs in the 200 (1:40.84) and 400 (3:41.93) medley quartets helped set new school records. 200 mark was also an ACC meet record...Notched a trio of top three individual finishes at the league meet...Reset her own school record with a second-place time of 55.48—the 46th-best time in the NCAA in 2003-04—in the 100 backstroke. Also placed second in the 100 free, swimming a time of 50.41 to place her fourth in school history and third in the ACC in 2004...Added a career-best tally of 54.15—the second fastest time in Seminole lore—during a third-place 100 fly swim at the league meet...Scored eight NCAA "B" cuts times during the season, including two of her last three races in the 100 free and 100 fly...Ranks in the top ten in school history in four different events...Swam in the finals of three events at the Texas A&M Fall Invitational (Nov. 21-23)...Named Most Improved Swimmer by the coaches at the annual team banquet...Notched ten victories during the dual meet season while never finishing any lower than third in her 13 races...Best dual meet of the season came against 16th-ranked Michigan (Nov. 7) as she posted two victories as well as a second-place swim...Commended for her work in the classroom as a member of the ACC Academic Honor Roll.

2002-03: 2003 NCAA All-American...Competed in three relays and two individual events at her first NCAA Championships...Earned NCAA All-America honorable mention honors in the 200-freestyle relay following a 16th-place finish at the national meet (1:32.95)...Member of 400 free relay that finished 17th (3:20.76), while taking part in the 200 medley relay which placed 19th (1:42.82)...Competed in two individual events at the NCAA Championships, finishing 25th in the 100 butterfly with the third-fastest time in school history (54.41) and 55th in the 100-freestyle...Earned three all-conference honors at the ACC meet...Top individual finish was a third-place showing in the 100 fly with a NCAA B-cut time of 55.03...Member of the winning 400 free relay...Captured her third All-ACC honor while taking part in the winning 200-free relay (1:31.91, NCAA B-cut) ...Came in sixth with a time of 50.84 in the 100 free at the conference championships...Won the consolation final of the 50 free (23.40), finishing ninth overall...Placed third in the 400-medley and fourth





in the 200 medley relays...Took part in the winning 200 free relay, while finishing second in the 100 fly (54.80), 400 free relay and 800 free relay at the Georgia Invitational (Dec. 6-8)...Broke into the FSU all-time top ten with three other swims, placing third in the 50 free (23.39) and 100 back (56.61) and fourth in the 100 free (50.65)...Participant in the winning 200 and 400 free relays at the SMU Classic (Oct. 25-26) while finishing second in the 100 free and third in the 100 back...Won ten individual events and took part in 11 relay victories during the dual meet season...Came away with multiple victories during seven meets, including a pair of three-win competitions...Won the 100 free, 400 free relay and 400 medley relay against ACC opponents Georgia Tech (Nov. 2) and NC State (Jan. 10)...Picked up second ACC Academic Honor Roll.

2001-02: Shared Most Improved honors after a successful freshman campaign...Member of the winning 400 medley relay, while taking part in the second-place 200 medley...Posted an 11th-place 100-yard freestyle mark of 51.10 at the ACC Championships ... Scored a fourth-place finish as part of the 400 free relay at the Georgia Invitational, while adding a personal 11th-place mark in the 100 backstroke...Claimed stake to four individual first place finishes and two relay titles during the dual meet season...Scored a pair of victories in the 100 back and 100 free against UNC-Wilmington...Selected for ACC Academic Honor Roll.

HIGH SCHOOL: Four year member of the H.V. Jenkins swim team under the direction of Amy Woodall...Named team MVP for the 2000 season and recipient of the squad's sportsmanship award...Georgia All-Star and state meet qualifier all four years...Set the state 4A record on her way the state title in the 100 butterfly...Recognized as the 1999 Citgo Exemplary Athlete of the Year...Named 2001 H.V. Jenkins Female Academic Athlete of the Year...Swam for Jamey Myers on the Georgia Coastal Aquatic Team...Also a member of the cross country team her sophomore and junior seasons, earning Georgia Guardian All-City Athlete honors in both sports...Three-year member of the National Honor Society...Earned the Presidential Education Award her senior year.

PERSONAL: Born October 10, 1982...majoring in elementary education...daughter of John and Lorraine Breen.



Emily Breen



LAUREN BRICK
BREASTSTROKE • FREESTYLE
5'10" • SOPHOMORE
CULPEPER, VA. (CULPEPER COUNTY)

Top Times:

100 BREAST: 1:02.48
200 BREAST: 2:21.08
50 FREE: 24.36

NCAA ALL-AMERICAN
ALL-ACC

2003-04: Made an immediate impact for the Seminoles, earning Honorable Mention All-America honors during her first year in Tallahassee...Swam the breaststroke leg of the 200 medley relay that took 11th, while also taking part in the 12th-place 400 medley relay...Individually, placed 26th in the 100 breast with a time of 1:02.96, her second-fastest time of the year...Finished second at the ACC Championships (Feb. 18-21) with a time of 1:02.72, the second fastest time in the league...Also notched a season-best time of 2:21.08 during the 200 breaststroke at the league meet to hit the wall in 17th-place...Member of the 200 medley quartet that set the school and conference meet record (1:40.84)...Captured All-ACC honors in both the 100 breast and 200 medley relay...Placed third in the 100 breaststroke at the Texas A&M Fall Invitational (Nov. 21-23) with a career-best time of 1:02.48, the fastest 100 breaststroke time by an ACC freshman in 2003-04, third quickest in school history and 24th in the NCAA...Scored 11 top three finishes during the season, including four victories...Notched four NCAA "B" cuts in the 100 breast throughout the year with one at the 200-yard distance...Upbeat demeanor earned her the team's Spirit Award at the annual team banquet.

HIGH SCHOOL: Highlighted prep career with a tremendous senior season...Earned a spot in the Senior National meet after winning 100 breaststroke at the Speedo Eastern Sectional meet...YMCA national champion in the 100 breast and high school All-American her final year...Earned All-State honors her final two seasons...Owns the Eastern Zone 100 breaststroke record with a 1:02.74 as a junior...Coached by Jeff Faust at Culpeper.

PERSONAL: Born May 18, 1985...Majoring in interior design...Daughter of Jonathan and June Brick...Father swam at Clemson.



Lauren Brick



WOMEN'S BIOS



CARRIE ELLIS
FREESTYLE
5'8" • SENIOR
VALRICO, FLA. (DURANT / VIRGINIA)
Top Times:
50 FREE: 23.64
100 FREE: 50.12
200 FREE: 1:49.94

ALL-AMERICAN • ALL-ACC

AT VIRGINIA (2001-02): Highlighted her only year with the Cavaliers by earning All-America honors as a member of UVA's 200 freestyle relay (1:31.46) that placed eighth at the NCAA Championships...Captured Honorable Mention All-America stats as member of the 400 freestyle relay (3:19.81)...Both relay times are still Atlantic Coast Conference records...Placed 26th in the 100 freestyle at the national meet with a career-best time of 50.12...Scored a trio of top-16 finishes at the ACC Championships...Best placing was a sixth-place, NCAA "B" cut time of 50.62 in the 100 freestyle...Also finished ninth in the 200 free with another NCAA qualifying time of 1:49.94, while her 23.64 in the 50 free place her 11th...Both 100 and 200 times would rank in the FSU all-time top ten.

HIGH SCHOOL: Took her shot at the 2000 Olympics, participating in the US Olympic Trials in the 100 freestyle...Also swam at the US Spring Nationals that year, placing in the top five on the 400 and 800 freestyle relays...Earned NISCA All-America and US Swimming Scholastic All-America honors her last three years in high school...Captured a trio of state championships, winning the 50 and 100 freestyle as a junior, while taking part in the winning 400 freestyle relay as a senior...Finished as the runner-up in the 50 and 100 freestyle during her sophomore and senior years...Competed at the 1999 US Junior Nationals in the 50 free...Member of the National Honor Society.

PERSONAL: Born August 29, 1983...Majoring in exercise physiology...Daughter of Mike and Susan Ellis...Young brother David is a member of the men's team...Grandfather played football at Ohio University and served as captain...A dean's list student since enrolling in Florida State in the fall of 2002, this is her first season the Seminole swim team.



RENEE GAJDA
DISTANCE FREESTYLE
5'8" • SOPHOMORE
GOLD COAST, AUSTRALIA (MIAMI)
Top Times:
100 FREE: 52.21
200 FREE: 1:49.85
500 FREE: 4:57.29

2003-04: Joined Florida State during the spring semester, making an immediate impact on the middle distance group...Dropped four seconds off her fastest time in the 200 freestyle at the ACC Championships (Feb. 18-21). Scored a ninth-place finish with a time of 1:49.85, the fifth-fastest time in school history...Also broke in the FSU top-ten with a mark of 4:57.29 at the league meet... Took part in the 800 free relay that set the school record with a third-place 7:23.37...Posted a time of 52.21 in the 100 free during the bonus heat of the conference summit...Scored top three finishes in six of the seven races she swam during the dual meet season.



Renee Gajda



ELISE HATFIELD
DISTANCE FREESTYLE
5-9 • FRESHMAN
MERRITT ISLAND, FLA.
(MERRITT ISLAND)

HIGH SCHOOL: Posted a pair of top-eight finishes at the Florida High School Athletic Association Championships in the 500 freestyle during her high school career...Best showing was a fourth-place mark as a sophomore. Came back two years later to score a sixth-place finish...Owns the Merritt Island school record in the 500 free at 5:03.29...Two-year recipient of Who's Who Among American High School Athletes...National Honor Society member and as well as French National Honor Society.

PERSONAL: Born December 28, 1985...Undecided on major...Daughter of Marie-France Ausee



LISA HOW
BUTTERFLY • IM • FREESTYLE
6'1" • SENIOR
PRESTON, ENGLAND (HUTTON GRAMMER)
Top Times:
100 FLY: 54.49
200 FLY: 2:00.41
400 IM: 4:21.49
500 FREE: 4:49.56

NCAA ALL-AMERICAN • ALL-ACC

2003-04: Competed at the British Olympic Trials...Made the jump to All-America status during her junior year as a member of three relays that earned Honorable Mention status at the NCAA Championships (March 18-20)...Collected her first All-America certificates for her part in the 400 medley relay (12th-place) as well as 200 (14th-place) and 400 (16th-place) freestyle relays...Swam one individual event at the national meet, taking 34th in the 100 butterfly...Brought home four All-ACC honors for her work on



three relays and one individual event...Member of three winning relays at the ACC Championships (Feb. 18-21), taking part in the 400 medley relay as well as the 200 and 400 freestyle quartets...Took part in the 800 free relay that set the school record with a third-place 7:23.37...Best individual finish came during the 200 butterfly where she posted a career-best mark of 2:00.41—placing her 47th in the NCAA in 2003-04—to finish third...Scored a season-best mark at the 100-yard distance as her 54.80 placed her sixth...Time in the 200 places her second in school...Posted her best time ever in the 500 freestyle at the Texas A&M Fall Invitational (Nov. 21-23) as she hit the wall in 4:49.56—the sixth-best time in the ACC last year—to take eighth-place and ranked second on the school's all-time list. Trip to Texas also produced two more NCAA "B" cuts and sixth-place finishes, including a career-best 54.49 in the 100 fly that ranked her 37th in the NCAA...Toted seven NCAA "B" standards marks during the year, including four in the 200 fly...Her 12 dual meet victories came in five different events as part of 16 top three finishes.

2002-03: Notched four of the best times in school history and took part in one winning relay during an outstanding sophomore campaign history...Swam the second-fastest 200 butterfly time in FSU history (2:00.69) during the ACC prelims before finishing fourth overall...Finished 10th in the 400-IM at the league summit with the second-fastest time in school history at 4:21.49...Turned in a 500 free time of 4:51.97 with an 11th-place showing...Produced the third-fastest 200-backstroke time in Seminole history (2:01.19) at the conference meet...Notched a pair of top ten finishes at the SMU Classic...Strong dual meet contributor with eight individual victories and 21 top-three finishes...Posted two victories in a pair of meets, winning the 200 fly and 400 IM at Florida Atlantic (Oct. 11) as well as the 200 fly and 800 free relay versus UNC Wilmington and North Florida (Jan. 4).

2001-02: Placed ninth at the ACC Championships with a time of 4:21.97 in the 400 IM...Established a season-high in the 200 butterfly (2:02.01) and 200 IM (2:04.66) during the preliminaries of the conference championships...Finals times produced a third-place finish in the 200 IM and eighth-place showing in the 200 fly...Notched nine first-place finishes throughout the year, including seven in the 200 fly...Left the pool with a first-place finish against eighth-ranked Florida in the 200 medley (2:07.90)...Member of the ACC Honor Roll.

HIGH SCHOOL: Swam all four years at Hutton Grammar for coach David Evitts...Three-time national age group champion from 1997-99...Placed sixth at the 2000 Olympic Trials in the 100 and 200 fly.

PERSONAL: Born May 15, 1983...Majoring in marketing and finances...Daughter of Stuart and Barbara How.



Lisa How



COURTNEY HUDAK
BACKSTROKE • IM
5'7" • FRESHMAN
SARASOTA, FLA. (RIVERVIEW)

HIGH SCHOOL: A finalist at the FHSAA meet her last three seasons at Riverview, she scored a pair of tenth-place finishes in the 100-yard backstroke...Rounded out her prep career with a 14th-place mark in the event...Added the 200-yard individual medley to her state finals resume, placing 12th as a senior, following a tenth-place mark as a junior...Captured all-area honors her final two seasons while earning team MVP her freshman, sophomore and senior years...Also served as Riverview's captain her senior year...Swam for Mike Stewart on the Rams' squad, while Larry Shafe was her club coach for the Sarasota YMCA Sharks squad.

PERSONAL: Born April 29, 1986...Undecided on major...Daughter of Mark Hudak.



LAURA KENNEY
IM • BACKSTROKE
5-9 • SENIOR
PLANO, TEXAS (PLANO SENIOR)

Top Times:

200 IM: 2:04.70
400 IM: 4:22.46
200 BACK: 2:03.32

TWO-TIME ACC ACADEMIC HONOR ROLL

2003-04: Scored valuable points for the Seminoles in three consolation-final swims at the ACC Championships (Feb. 18-21)...Top event was the 400-yard individual medley where she touched in at 4:25.68 to take 11th...Added a season-best time of 2:04.73 in a 13th-place swim during the 200 IM, while hitting the wall in 14th-place with a 200-yard backstroke time of 2:04.23...Swam her best time of the year in the 400-yard IM at the Texas A&M Fall Invitational (Nov. 21-23) as she placed 11th with a mark of 4:25.16...Also posted two other top-16 times at the meet...Came on strong during the second half of the dual meet season with seven top three finishes, including a victory against Alabama (Jan. 23) in the 400 IM.

2002-03: Competed in two individual events at the ACC Championships, recording a pair of top 20 finishes...Notched a season-best 400 IM time of 4:25.96 in a 17th-place showing at the ACC Championships...Added a 20th place finish in the 200-IM as she hit the wall with a season-best time of 2:05.65 and a 19th-place showing in the 200-back (2:04.50)...Dual meet season included eight top three finishes...Highlight was a first place mark in the 200 backstroke against UNC Wilmington and North Florida (Jan. 4)...Named ACC Academic Honor Roll.

2001-02: Made her mark immediately with a great performance at the Georgia Invitational where she posted three of the top times in school history...Swam a 4:24.42 in the 400 individual medley, placing her third in FSU lore. Came back to notch the tenth-best 200 backstroke time (2:03.32) and the fourth-fastest 200 IM mark (2:05.92)...Point scorer at the ACC Championships with her performances in the individual medley races. Placed 11th in the 200 IM, while coming in 13th at the 400-yard race...Notched eight top three finishes, including victories in the 200 back against UNC-



WOMEN'S BIOS



Wilmington, LSU/Louisiana-Monroe/Rice and South Carolina...Named to the ACC Academic Honor Roll.

HIGH SCHOOL: Three-year member of the varsity team under the direction of coach Craig Harris...Earned All-America honors and was named Regional Swimmer of the Year her senior season...Named First-Team All-State and All-Area by the *Dallas Morning News* following her junior and senior campaigns...Eleven-time Junior National finalist from 1996-2000...Swam for the Plano Swimmers club team.

PERSONAL: Born January 31, 1983...Majoring in interior design...Daughter of William and Linda Kenney...Joined this year on the team by her younger sister Lindsay.

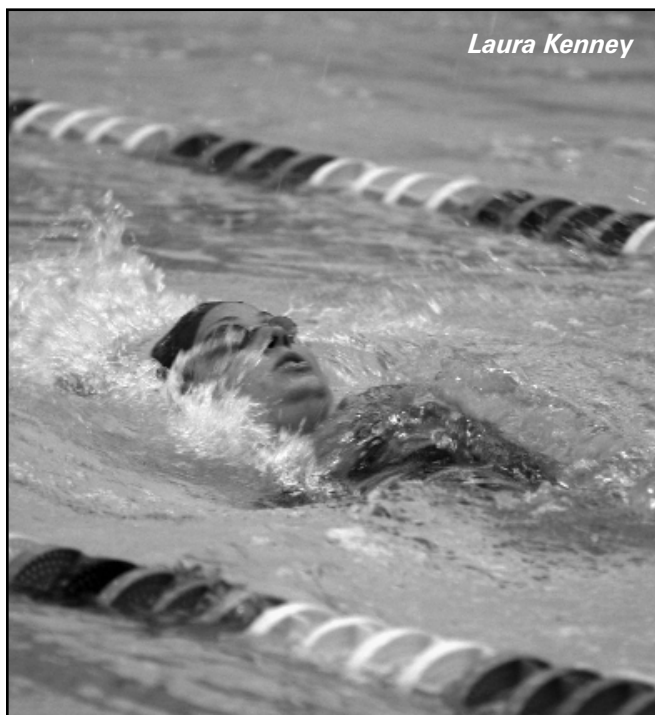


ABBIE KING

FREESTYLE
5'9" • FRESHMAN
BRUNSWICK, MAINE (BRUNSWICK)

HIGH SCHOOL: Set a career best in the 50-yard freestyle as she won the title at the YMCA National meet with a time of 23.51...Improved one spot in the event in each of her last three years with a second place finish in 2003 after a third-place mark the year before...Capped off her prep career by winning both the 50 and 100 freestyle at the Maine Class A State Championships for Brunswick High School, earning her All-State honors...Captured both events at the Kennebec Valley Athletic Conference championships and set four league records on her way to Swimmer of the Meet honors. A US Senior National qualifier in the 50 free, she has earned her way to the US Open on four different occasions...Two-time US Junior Olympic champion (2003 & 2004) in both the 50 and 100 freestyles... Holds nine YMCA state records to go along with her 42 team, pool and age group records for the Long Reach Swim Club under coach Jay Morissette...Other top times include a 52.01 in the 100 freestyle, 1:55.95 in the 200 free as well as 58.45 in the 100 butterfly...Member of the National Honor Society.

PERSONAL: Born June 2, 1986...Undecided on major...Daughter of Bruce and Evelyn King...Attended the same high school as Florida State freshman men's basketball player Ralph Mims.



Laura Kenney



LINDSAY KENNEY

BUTTERFLY • FREESTYLE
5'7" • FRESHMAN
PLANO, TEXAS (PLANO SENIOR)

HIGH SCHOOL: Finished her prep career with a total of 18 All-America certificates...Claimed district and regional Swimmer of the Year honors her last two seasons...An All-State selection her first three years, she won the state title in the 100 butterfly her junior season, putting her on the *Dallas Morning News* All-Area team for the third year in a row...Also collected sectional titles in the 200 butterfly and the 400 individual medley...Earned a spot in the US Senior National meet in the 100 and 200-meter butterfly races...Did not compete for Plano Senior her senior year, instead training with her club team City of Plano Swimmers under the direction of Steve Mateer.

PERSONAL: Born July 18, 1986...Undecided on major... Daughter of William and Linda Kenney...Younger sister of Seminole senior Laura Kenney.



ANGIE LEACH

DISTANCE FREESTYLE
5'9" • SENIOR
LEESBURG, FLA. (LEESBURG)

Top Times:

200 FREE: 1:53.89
500 FREE: 4:57.37
1000 FREE: 10:13.55
1,650 FREE: 16:56.43

THREE-TIME ACC ACADEMIC HONOR ROLL

2003-04: Continued improvement with a pair of personal-best times during her junior campaign...Improved her personal-best time in the 500-yard free to 4:57.37 with an 18th-place showing at the ACC Championships (Feb. 18-21). That time broke her into the Seminoles' all-time list at number ten...Scored her first career-best mark during the dual meet season as she hit the wall with a time of 10:13.55 to take third against Alabama (Jan. 23). Placed in the top three on 12 different occasions during the dual meet season, including three victories...Captured a blue ribbon with her time of 17:15.10 in the 1,650 free against Georgia Tech (Jan. 17)...Recognized for her schoolwork with a nod on the ACC Academic Honor Roll.

2002-03: finish at the ACC Championships was a 13th-place mark of 17:15.85 in the 1650-freestyle...Added an 18th-place finish of 4:58.21 in the 500-free...Scored two top five finishes at the Georgia Invitational (Dec. 6-8), taking fifth in the 1650-free (17:00.03, ninth all-time) and 200-breast ...Provided eight top-three finishes in dual meet action...Best outing was a pair of



second-places finishes in the 500 and 1,000 free at Miami (Oct. 12)...Selected for ACC Academic Honor Roll.

2001-02: Established the third-best time in Tribe history for the 1,650 free with a ninth place, NCAA B-cut time of 16:56.43 at the ACC Championships...Scored points with a pair of top 16 finishes at the Georgia Invitational, taking ninth in the 1,650 free and 14th in the 500 yard race...Eight victories, including six blue ribbons in the 1,000 free, were part of her 11 top three finishes...Recorded her best time in the 1,000 free with a second-place 10:13.93 against South Carolina...Selected for the ACC Academic Honor Roll.

HIGH SCHOOL: Four year member of the Leesburg squad...Named MVP and Swimmer of the Year all four seasons with the Yellow Jackets...State finalist in the 500 freestyle her junior and senior years...Won 200 and 500 freestyle at the conference championships her final three years...District champ in the 500 free all four years of her career...Broke her own school record with a time of 5:01.00...Captained the squad as a sophomore and junior...Swam for Lake Count Aquatics club team for Billy Wells...National Honor Society member her final two years.

PERSONAL: Born June 3, 1983...Majoring in psychology... Daughter of Bill and Ginger Leach.



BRITTANY LEREW

DIVING

**5-2 • SOPHOMORE
ORLANDO, FLA. (LAKE HIGHLAND)**

Top Scores:

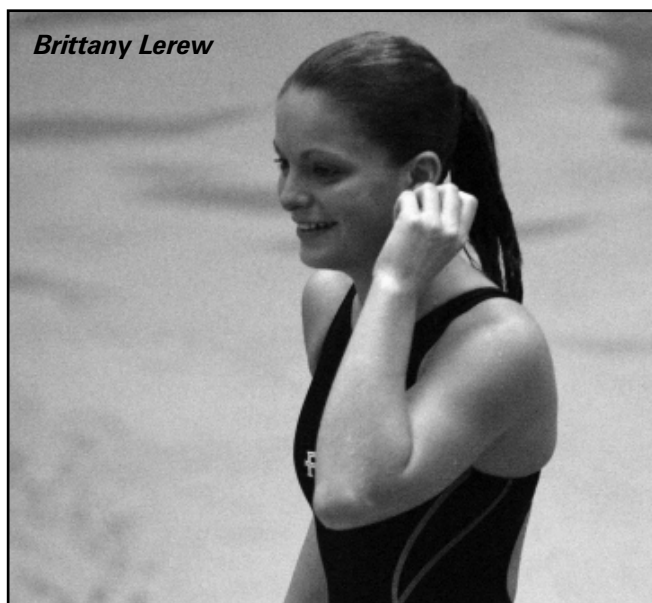
**1M DIVING (6): 311.20
1M DIVING (11): 509.70
3M DIVING (6): 338.25
3M DIVING (11): 500.35**

ALL-ACC NCAA ZONE QUALIFIER

2003-04: Earned All-ACC honors during her first year with the Seminoles as a valuable part of a tremendously strong diving team...Became the second member of her family to earn All-ACC honors with her second-place career-best score of 500.35 on the three-meter board at the conference championships (Feb. 18-21)...Also scored points for FSU by taking fifth on the one-meter board with a score of 274.40...Went on to score a pair of top-15 marks at the NCAA Zone "B" Championships (March 12-13) with a score of 509.70 (14th-place) in the one-meter and a three-meter tally of 470.60 (11th)...Started her collegiate career off with a bang, winning both the one and three-meter boards against Miami and Florida A&M (Oct. 10)...Posted the third-best score in the conference and surpassed the record set by her All-America sister Chelsie—a record that was broken earlier in the year by Courtney McCloy—with a 338.25 on the three-meter-board versus North Carolina State (Jan. 9)...Also topped her older sister with a one-meter composite score of 311.20 against Florida International and FAMU (Oct. 18)...Only finished lower than third once in 14 events with eight victories.

HIGH SCHOOL: Captured the 2001 and 2002 state championships...Set the state record with a score of 556.00...Brought home a trio of national championships (200-02), earning her All-American honors...Took home regional and zone championships in 2003...Seven-time member of the U.S. National team...Dove for Team Orlando, along with fellow FSU diver Camille Akridge, for Lerew's father Jay.

PERSONAL: Born July 1, 1985...Majoring in Business...Daughter of Jay and Wendy Lerew...Sister Chelsie was an All-America diver for the Seminoles.



WOMEN'S BIOS



GOLDA MARCUS

DISTANCE FREESTYLE
5'2" • SENIOR
CORAL SPRINGS, FLA.
(AMERICAN HERITAGE)

Top Times:

200 FREE: 1:51.63
500 FREE: 4:55.11
1,000 FREE: 10:08.78
1,650 FREE: 17:14.58

2004 OLYMPIAN

2003-04: Represented El Salvador on its Olympic team, swimming the 400 and 800 meter freestyles. Finished 24th in the 400 free at 4:22.27 while her 8:59.81 won her heat of the 800 free and placed her 21st overall...Continued steadied improvement by lowering all four of her career-best times...Notched a pair of top 20 finishes at the ACC Championships (Feb. 18-21) placing 18th in the 1,650 freestyle—in a personal-best time of 17:14.58—to go along with a 19th place time of 4:59.02 in the 500 free...Set career-best 500 time at the Texas A&M Fall Invitational (Nov. 21-23) with 4:55.11...That meet also produced a lifetime-best of 1:51.63 in the 200 free...Initial career-best time in 2003-04 came in the 1,000 free (10:08.78) against #16 Michigan and Michigan State...Recorded seven top three finishes during the year, including victories against Florida International and Florida A&M in the 1,000 free and a 500 free blue ribbon versus Florida Atlantic and Indian River CC (Nov. 1).



Golda Marcus

2002-03: Had a breakout year with three top-20 finishes at the ACC Championships and four dual meet victories...Scored valuable points with a 16th-place finish in the 1650-freestyle at the ACC Championships (17:22.12)...Also placed 20th in the 500-free with a season-best time of 4:59.18 while turning in another 20th-place finish and a season-best time of 1:54.86 in the 200-free...Notched a pair of victories (500 and 1,000 free) against Miami (Oct. 12). Also won the 1,000 free versus Florida Atlantic the day before and beat everyone to the wall at Utah (Nov. 23), as well as UNC-Wilmington and North Florida (Jan. 4).

2001-02: Third on the team in the 1,000 freestyle with a time of 10:19.73...Swam season best times in the 200 and 1,650 freestyle at 1:53.42 and 17:30.66, respectively...Placed eighth in the 800 free relay, 18th in the 200 free and 19th in the 1,650 free at the Georgia Invitational.

HIGH SCHOOL: District champion her junior and senior years under coach Nobutaka Tan...State qualifier three-straight years...Won the sectional relay championship her senior year...Team's MVP her sophomore through senior seasons...Qualified for the Junior Nationals six-straight years beginning in the seventh grade...Swam for the Fort Lauderdale Club team.

PERSONAL: Born March 15, 1983...Majoring in english...Daughter of Barbara Marcus...Has dual citizenship in the United States and El Salvador.



COURTNEY McCLOW

DIVING
5'4" • SENIOR
JACKSONVILLE, FLA. (FORREST)

Top Scores:

1M DIVING: 325.75
3M DIVING (6): 339.50
3M DIVING (11): 480.90
10M PLATFORM: 353.55

THREE-TIME ALL-ACC NCAA ZONE QUALIFIER

2003-04: Earned All-ACC honors for the third time in her career with a pair of top-three finishes at the league meet (Feb. 18-21)...Place second on the one-meter board, nailing down a score of 301.65. Also added a career-high third-place mark of 480.90 during the three-meter competition...Competed at the NCAA Zone "B" Championships (March 12-13). Highest of three top-16 finishes came on the one-meter board where she notched an 11-dive score of 540.45...Broke the school's six-dive mark on the three-meter board against Florida International and Florida A&M (Oct. 18) with a tally of 339.50...Career-best 325.75 in the one-meter competition would have also set the FSU mark, but was bested by teammate Tiffany Manning...Advanced the finals on all three boards during the Texas A&M Fall Invitational (Nov. 21-23). Best showing came on the platform where she notched a fifth-place mark of 343.55...Notched 13 top three finishes during the dual meet season...Love of the sport and high level of team camaraderie earned her the Coaches Award at the annual team banquet...Participated at the Speedo National Diving Championships during the summer...Best finish was a tenth-place mark during the platform competition with a semifinals score of 381.87. Took 24th during the one-meter board at 182.04 while her 182.50 on the three-meter placed her 28th. Named team captain for 2004-05 while serving as a SAAC representative.

2002-03: All-conference diver on the one-meter for the second-straight year after a third-place finish at the ACC Championships...Added a fourth-place finish in the three-meter event...Qualified for the quarterfinals of the one-meter board at the 2003 Speedo National Diving Championships. Finished 18th with a score of 204.93...Finished third on the one-meter and



fourth on the three-meter boards at the SMU Classic...Had nine top three finishes on the one-meter and seven more in the three-meter event during dual meets...Won both the one and three-meter boards against Florida (Nov. 19)...Also captured the three-meter event at Florida Atlantic (Oct. 11) and Utah (Nov. 23) as well as UNC-Wilmington and North Florida (Jan. 4).

2001-02: Shared Most Improved honors...Had the best finish of her career by capturing the ACC title on the one-meter board with a 289.25...Also placed eighth in the three-meter competition with a score of 405.70...Notched a pair of top five finishes at the Georgia Invitational, placing third on the three-meter board, followed by a fourth-place mark in the one-meter event...Garnered three first-place finishes during the three-meter competition against James Madison, William & Mary and Clemson as part of her six top three performances.

HIGH SCHOOL: Won the state championship under the tutelage of coach Roberta Russel...Captured the district crown both her junior and senior years...Brought home a conference championship as a junior...Team's MVP three-straight seasons...Earned Most Improved Diver award following her freshman season...Dove for North Florida Diving club

PERSONAL: Born August 24, 1983...Majoring in child development...Parents Mark and Pamela McCLOW are Florida State alums.



Courtney McCLOW



KATIE METKA
FREESTYLE • BACKSTROKE
5'6" • FRESHMAN
LARGO, FLA. (SEMINOLE)

HIGH SCHOOL: Finished off her prep career by helping Seminole high school to a third-place finish at the 3A state championships...Earned a gold medal as a member of the winning 200 freestyle relay, while taking part in the 400 free quartet that placed third...A state qualifier her last three years in high school, she won the Pinellas County Athletic Conference title in the 50 and 100 freestyle as a junior on her way to earning team MVP honors...Finished as the runner-up in both events her senior campaign...Holds the school record in the 50 (24.37) and 100 free (52.70), while taking part in the top 200 and 400 freestyle relays in school history...Also notched a personal-best 100 backstroke time of 1:00.10...Sectional participant and Junior National qualifier in the freestyle events...Named to the SHS Honor Roll...Also ran track in high school...Swim coach was Tom Haight.

PERSONAL: Born April 19, 1986...Undecided on major...Daughter of Bill and Ruth Metka.



KRISTIN OXFORD
DISTANCE FREESTYLE
5'8" • FRESHMAN
CHARLOTTE, N.C. (PROVIDENCE)

HIGH SCHOOL: Took part in the 2004 US Olympic Trials, posting a time of 2:07.89 in the 200 free...Earned All-America status in both the 200 and 500 freestyle...Finished off her prep career by being named MVP of the North Carolina 4A meet by capturing four state titles while helping Providence High School to its second team title in three years...Won individual titles in 200 and 500 freestyle, posting times of 1:05.07 and 4:58.08, respectively...Also took part in the winning 200 and 400 freestyle relays...Picked up Swimmer of the Year honors from the *Charlotte Observer* as well as PHS Athlete of the Year and United State's Marine Corps Distinguished Athlete Award...The Southwestern Conference record holder in the 200 and 500 freestyles, she won both events at the conference meet all four years and was named team MVP in each of her four seasons...Loan state title during her junior campaign was a gold medal in the 200 freestyle...Earned her first Swimmer of the Year honors from the *Observer* as a sophomore when she captured two state titles, winning the 500 free while taking part in the 400 freestyle relay...High school coach was Sandy Martin while Dave Gibson was her club.

PERSONAL: Born September 7, 1985...Undecided on major...Daughter of Duke and Toni Oxford...Swam on the Mecklenburg Aquatic Club with fellow freshman Stacy Rademacher and sophomore Mark Nicholls.



WOMEN'S BIOS



STACY RADEMACHER
 BACK • FLY • IM
 5'9" • FRESHMAN
 CHARLOTTE, N.C. (SOUTH MECKLENBURG)

HIGH SCHOOL: Earned All-America status for her efforts on the 400 free relay, a squad that also captured the state title as part of South Mecklenburg's team championship her junior year... Garnered All-America consideration in the 100 backstroke, 100 butterfly and 200 individual medley... A member of the *Charlotte Observer* All-Area team, she capped off her senior year by being named Southwestern Conference Swimmer of the Year and Outstanding Athlete... Captured the league championships in the 100 fly and 100 back, setting in the school's butterfly record in the process... Also won the regional title in the 100 backstroke her junior year after capturing the conference title plus regional and team MVP honors ... Picked up her first league title in the 100 backstroke as a sophomore to go along with a second 200 IM title... Stood on top of the winner's stand for the first time as a freshman after capturing the 200 IM crown... The Southwestern 4A champion in the 200 IM, she made her first appearance at the US Senior Nationals in 2003, taking part in both the spring and summer competitions... Also excels in the classroom with Academic All-American, North Carolina scholar, CMS scholar and National Honor Society accolades. Top times including 57.62 in the 100 with a 57.48 in the 100 fly... Coached by Ellen Mullis at South Mecklenburg and Dave Gibbson coached her at Mecklenburg Aquatic Club.

PERSONAL: Born Month July 12, 1985... Undecided on major ... Daughter of Paul and Jacquie Rademacher... High school teammate of sophomore Mark Nicholls. Also swam on the Mecklenburg Aquatic Club with fellow freshman Kristin Oxford.



KATIE RONAN
 FREESTYLE • BACKSTROKE
 5'9" • SOPHOMORE
 PENSACOLA, FLA. (WASHINGTON)

Top Times:
 100 BACK: 58.39
 200 BACK: 2:10.76
 500 FREE: 5:06.47
 1,650 FREE: 17:35.08

ACC ACADEMIC HONOR ROLL

2003-04: Made tremendous strides during her first season with the Seminoles, culminating in lifetime-best times at the ACC Championships (Feb. 18-21)... Dropped more than four seconds off her previous fastest time when she hit the wall at 5:06.47 in the 500-yard freestyle... Dropped three seconds for a personal-best time of 17:35.08 during the 1,650 freestyle... Also added a career-best mark of 58.39 in the 100-yard backstroke... Placed in the top five nine times during the dual meet season, including a victory in the 1,000 freestyle against UNC-Wilmington and North Florida (Jan. 3)... Also performed well in the classroom during her first year, earning ACC Academic Honor Roll recognition.

HIGH SCHOOL: Capped off senior season with FHSAA Area 1 All-Star accolades... Named Athlete of the Year by the *Pensacola News Journal*... Picked as the team's Swimmer of the Year her junior year... Garnered team's Athlete of the Year... Earned Academic Excellence Award as a sophomore and senior... Named Most Dedicated Athlete as a freshman... Swam for coach Whit Wise at Washington... Who's Who Among High School Students.

PERSONAL: Born September 25, 1984... Majoring in engineering ... Daughter of Kevin and Vicki Ronan.



Katie Ronan





KATE SKAGGS
BACKSTROKE • FREESTYLE
5'6" • FRESHMAN
JACKSONVILLE, FLA. (BOLLES)

HIGH SCHOOL: Capped off her prep career as member of the winning 400 freestyle relay at the state meet...Individual finishes included a second place time in the 100 backstroke (58.12) to go along with a third-place finish in the 200 freestyle...Won the FHSAA backstroke title as a junior with a career-best time of 57.70 and was a member of the winning 200 medley relay...Claimed three All-America awards from the National Interscholastic Swimming Coaches Association, making 2003 the third year in row that she received national merit... A member of the *Florida Times-Union* First-Coast Team and Pinch-a-Penny All-Area squad, she holds the 200-meter backstroke mark (2:19.69) at the Florida Senior Championships...Member of the highly successful Bolles' high school program that captured the state title all four years of her high school career...Other top times include a 1:50.6 in the 200 free and a 100 free mark of 52.5...Both 100 backstroke and 200 free times would rank her in the FSU top-ten...Swam for Jeff Poppell at Bolles.

PERSONAL: Born June 9, 1986...Undecided on major...Daughter of Ken and Bonnie Skaggs...Younger sister of Seminole senior Andrew Skaggs. Older brother Brady swam at Georgia Tech and was a graduate assistant for Florida State for two years. Father swam at Tennessee.



BRITTANY STEVENS
BUTTERFLY • FREESTYLE
5'3" • FRESHMAN
PEACHTREE CITY, GA.
(STARR'S MILL)

HIGH SCHOOL: A state qualifier and finalist all four years of her prep career, she capped off her senior year by taking third in the 100 butterfly and earning All-American honors in the event...Awarded the Fayette County Swimmer of the Year honors as a freshman and senior to go along with four varsity letters and the appointment as team captain her final season...Named the Panthers' Most Outstanding swimmer in 2001-02-03 and was deemed Most Improved as a senior...Owns the school record for the 100 butterfly (57.02) and 50 freestyle (24.94) as well as teaming up to set county marks in the 200 medley and free relays...Also holds both marks for her club team Southern Crescent Aquatics Team (SCAT)...Qualified for the Junior National meet in the 100 fly...Member of the Georgia zone team in 2004...Coached by JB Campbell at Starr's Mill and Jamey Meyers at SCAT.

PERSONAL: Born Month February 18, 1986...Undecided on major...Daughter of Dave and RoseAnn Stevens...Swam on the same club team as fellow freshman Billy Jamerson...First swimmer from Starr's Mill to earn a Division I scholarship.



LAUREN SPARG
FREE • FLY
5'7" • FRESHMAN
DURBAN, SOUTH AFRICA
(WESTVILLE GIRLS' HIGH)

HIGH SCHOOL: Dominated the South African Age Group National meet in the 50 and 100-meter butterfly every year since she was 12 years old...Posted five top three finishes at the South African Open Championships...Best finish was a second-place mark in 2002 in the 100 fly...Finished third in the 50-meter butterfly from 2001-03 and added another bronze medal at the 100 fly in 2003...Ranked number one among the high school ranks in all four strokes at the 50-meter distance...Earned South African Open Colours for her silver medals in the 50 and 100-meter butterfly at the 2003 All-Africa Games...Top long-course times include 50 free (27.27), 100 butterfly (1:02.40) and 200 butterfly (2:23.00)...Coached by Graham Hill.

PERSONAL: Born June 26, 1984...Undecided on major...Daughter of Dalton and Monica Sparg...First member of her family to attend college in the United States.



KERI WHITEHURST
FREESTYLE • BUTTERFLY
5'8" • FRESHMAN
CHRISTIANSTED, US VIRGIN ISLAND
(ST. CROIX COUNTRY DAY SCHOOL)

HIGH SCHOOL: Scored a trio of top five finishes at the 2004 CARIFTA Championship – the Caribbean Junior Championships ...Best finish came in the 100-meter freestyle where she posted a long-course mark of 1:01.07 to finish second...Added a third-place 2:13.21 in the 200 freestyle while notching a fifth-place finish in the 100 butterfly at 1:11.05...Swam four times in the finals of the Caribbean Island Swimming Championships (CISC)...Finished third in both the 100 and 200 freestyle races with long course times of 1:02.55 and 2:15.86, respectively...Hit the wall one spot back with a time of 28.95 in the 50 free...Scored a trio of fourth-place finishes at the 2003 CARIFTA meet...Touched the wall with a 100 meter time of 1:01.96 followed by a 200 free tally of 2:13.73...Member of the Virgin Islands' national team since 1999...Member of the Honor Roll at St. Croix Country Day School...Coached by Susanna Woodward.

PERSONAL: Born April 28, 1986...Majoring in Exercise Science...Daughter of James and Cynthia Whitehurst.



WOMEN'S BIOS



LEAH WOODARD
FREESTYLE
5'8" • FRESHMAN
SAN ANTONIO, TEXAS
(WINSTON CHURCHILL)

HIGH SCHOOL: Multiple All-America recipient, including her junior season when she earned five awards, including a pair of individual accolades...A state finalist each of her first three seasons at Churchill, she anchored several state championships relays...Earned All-State and All-City honors while capturing a regional championships in the 50 free to go along with a district title in that event the following year...Garnered Most Outstanding Freshman Swimmer followed by Most Outstanding Female Swimmer two years later... Holds the school record in the 50 (23.86) and 100 free (52.03). Coached by Mark Elley for Winston Churchill and the San Antonio Wave club team.

PERSONAL: Born June 8, 1986...Undecided on major...Daughter of Angella Woodard.



KAYCE ZEMINA
FREESTYLE
5'9" • SENIOR
PLANTATION, FLA. (PLANTATION)

Top Times:
50 FREE: 24.00
100 FREE: 52.40
200 FREE: 1:55.57

ACC ACADEMIC HONOR ROLL

2003-04: Continued her improvement with three personal-best time at the ACC Championships (Feb. 18-21)...Advanced to the bonus swims of the evening session with 19th-place marks in the 50 and 100-yard freestyle. Posted career-best times with marks of 24.00 and 52.40, respectively...Also recorded a personal-best of 1:55.57 in the 200-yard freestyle...Notched ten top-five finishes throughout the dual meet seasons, including a victory in the 100

freestyle against UNC-Wilmington and North Florida (Jan. 3)...Earned the Warrior Award at the annual team banquet for overcoming a knee injury sustained during her sophomore year...Named to the ACC Academic Honor Roll.

2002-03: Competed in seven dual meets before missing the remainder of the season to a knee injury...Notched four top-five marks during her shortened dual meet season...Also swam on the winning 200 free relay against Indian River (Nov. 9).

2001-02: Best times of the year came at the Georgia Invitational where she posted times of 24.46 (50 free), 53.14 (100 free), and 1:55.59 (200 free)...Also took part in a trio of top three relays during the dual meet season...Named to the ACC Academic Honor Roll.

HIGH SCHOOL: Swam four seasons at Plantation under coach Walt Richardson...Earned team MVP honors each of her four years...Named Second-Team All-County by the Ft. Lauderdale Sun-Sentinel as a senior after honorable mention accolades her first three years...Captained the squad her junior and senior seasons...Holds the school record in the 50 and 100 free...State finalist all four years of high school...Earned NISCA Academic All-America honors as a senior...Swam for the Fort Lauderdale swim club for coach Duffy Dillon...National Honor Society member from 10th to 12th grade.

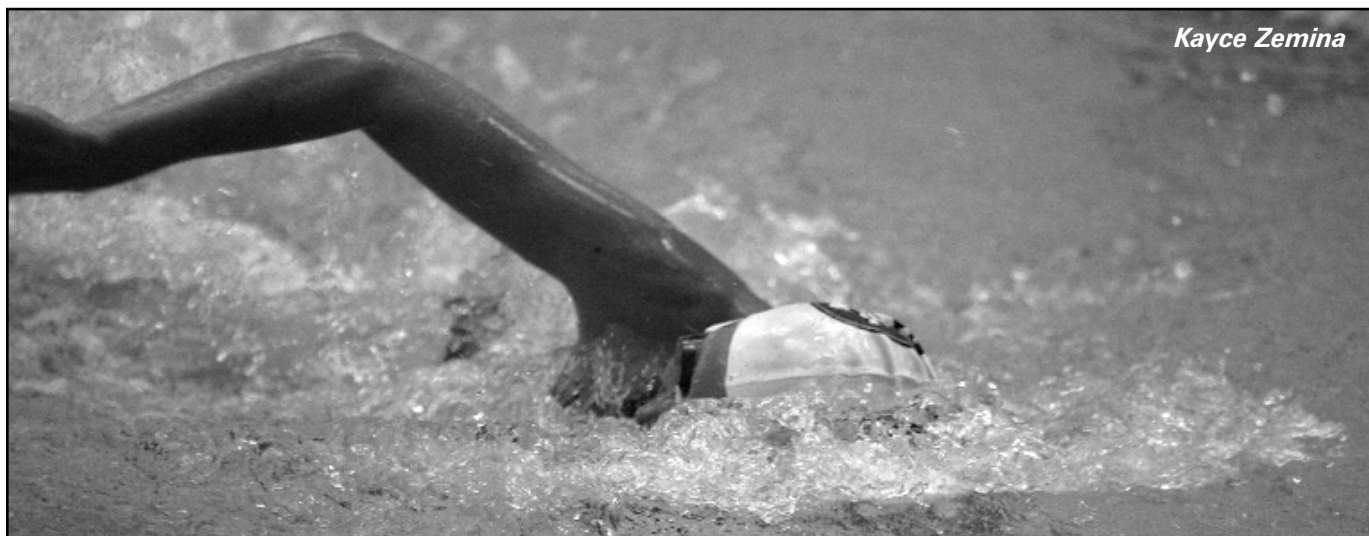
PERSONAL: Born October 7, 1983...Majoring in insurance/risk management...Daughter of Charlie Zemina...Sister Paige swam at Florida.

ROMY ALTMANN

BACKSTROKE
6'0" • SOPHOMORE
CAPE TOWN, SOUTH AFRICA
(GERMAN INTERNATIONAL SCHOOL OF CAPE TOWN)

HIGH SCHOOL: Will join the Seminoles for the spring semester...Swept the backstroke events at the 2004 All-Africa Games with gold medals in the 50, 100 and 200 events...Added a silver medal in the 100 backstroke and a third-place finish at the 200-meter distance at the 2004 South African Senior Nationals...Collected six gold medals at the 2002 All-Africa Games...Advanced to the finals of the 50, 100 and 200 backstroke at the World Cub Championships...Won the 2003 Sports Writer Award as the top female athletes in the Western Cape.

PERSONAL: Born August 17, 1983...Majoring in political science... Daughter of Fritz and Sylvie Altmann



Kayce Zemina



MEN'S BIOS



MICHAEL AVERETT
FREESTYLE • BUTTERFLY
6' 2" • SENIOR
DAVIE, FLORIDA (PINE CREST)

Top Times

50 FREESTYLE: 20.38
100 FREESTYLE: 44.95
200 FREESTYLE: 1:40.81
100 FLY: 48.55

ACADEMIC ALL-ACC • ALL-ACC

2003-04: Swam the butterfly leg of the Seminoles winning 200 medley relay at the ACC Championships (Feb. 25-26), earning the first All-ACC honors of his career... Scored valuable points at the league meet with a trio of swims in the consolation finals... Posted an NCAA "B" cut and career-best time of 48.55, ranked sixth in the ACC, to take seventh in the 100 butterfly. Time ranks as the ninth-fastest in school history... Also placed seventh with a personal-best time of 44.95—the seventh-fastest time in the league last year—in the 100 free... Third top-16 finish was a ninth-place showing in the 50 free (20.42)... Leadoff split of 20.38 in the 200 free relay was a personal-best and ranked sixth in the conference... Member of the second-place 200 free and 400 medley relays... Scored three top-five finishes at the Texas A&M Fall Invitational (Nov. 21-23), including a third-place mark of 45.27 in the 100 free. Meet also saw him produced a fourth-place finish in the 100 fly while hitting the wall in fifth during the 50 free... Recorded 12 top-three finishes during the dual meet season... Excelled in the classroom, earning ACC Academic Honor Roll accolades.

2002-03: Earned co-Most Improved Swimmer honors as awarded by the coaching staff... Swam on the 400-free relay team that placed second at the ACC Championships with an NCAA B-cut

time of 2:57.67... Member of the 800-free relay squad that finished fourth at the ACC meet with a team-best time of 6:41.75... Season-best 50-free time of 20.71 came in an 11th-place finish at the league championships... Scored points with a 13th-place finish in the 100-free with a time of 45.43... Swam at the time the tenth fastest 100-fly time in school history, going 49.10 at the ACC meet... Member of two winning relays (200 medley and 400 free) at the Georgia Invitational (Dec. 6-8), while also finishing third in the 100-free (45.08) and sixth in the 100-fly (49.70)... Earned two relay victories during the dual meet season... Took part in the winning 200-medley relay team against Indian River (Nov. 9) and 200-free relay team against UNC-Wilmington (Jan. 4).

2001-02: Garnered ACC Swimmer of the Week honors on January 4... Won the consolation final for a ninth-place finish in the 100 butterfly at the ACC meet... Also placed 20th in the 100 free at the conference meet... Member of the second-place 400 free relay at the Georgia Invitational, while swimming on the fourth place 200 medley and 200 free relays that placed eighth... Notched three top 15 individual finishes at the meet, topped by an 11th place mark in the 100 freestyle... Turned in the second-fastest FSU times of the season in the 200 free (1:41.76) and 100 butterfly (49.73)... Anchored the winning 400 free relay against nationally-ranked Florida... Placed first in the 100 and 200 free against Georgia Tech... Took first place honors in the 100 free and 100 fly versus UNC-Wilmington... Earned ACC Academic Honor Roll accolades.

HIGH SCHOOL: Swam all four years at Pine Crest under coach Jay Fitzgerald... All-American in the 100 fly... Two-time state champion in the 100 fly and 200 medley relay... All-County in the 100 fly, 200 medley and 400 free relays... Won 100 fly and 100 free at the conference championships to go along with top honors in both events at the district meet... Team MVP his senior season... Florida Merit Scholarship award recipient.

PERSONAL: Born April 13, 1983... Majoring in sports management... Son of Robert and Lynda Harris.



Michael Averett



MEN'S BIOS



JASON BEINLICH

DIVING
5'11" • JUNIOR
RIDLEY, PA. (RIDLEY)

Top Scores:

1M DIVING: 314.65
3M DIVING (6): 323.63
3M DIVING (11): 448.45

ACC ACADEMIC HONOR ROLL NCAA ZONE QUALIFIER

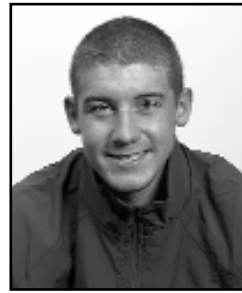
2003-04: Qualified for the NCAA Zone "B" Championships (March 12-13) on his way to earning Most Improved Diver accolades...Scored points with a pair of top 16 showings at the ACC Championships (Feb. 25-28)...Notched the second-best finish on the team with his 11th-place score of 245.20 on the one-meter board. Added a tally of 396.10 to place 13th in the one-meter competition...Placed in the top ten on both boards at the Texas A&M Fall Invitational (Nov. 21-23) with an eighth-place career-best mark of 448.45 on the three-meter board while taking ninth in the three-meter at 249.20...Finished third or higher on eight occasions during the dual meet season, including three victories...Won the three-meter board in consecutive meets against Florida Atlantic and Indian River (Nov. 1)—scoring a career-best 323.63 that ranked eighth in the league—and Clemson (Nov. 8) to go along with a one-meter victory on the one-meter board versus LSU (Jan. 31)...Career-best mark of 314.65 on the one-meter board against Florida A&M (Oct. 18) was the ninth-best in the league last year 2002-03: Posted seven top-five victories throughout the year...Top finish of the year was a third-place mark on the three-meter board against UNC-Wilmington (Jan. 4)...Best one-meter tally a fifth-place 256.50 against Indian River (Nov. 9)...Ranked in the top 25 on both boards at the ACC Championships. Finished 23rd on the three-meter board with an 11-dive mark of 358.50...Academic All-ACC Honor Roll selection.

HIGH SCHOOL: Two-time high school All-American...Twice earned all-state honors...Named All-Delaware County...Broke the Delaware County diving record with a six-dive total of 340.75...Mark is also the Ridley record, as well as his 11-dive score of 495.000

PERSONAL: Born October 24, 1983...Criminology...Son of Mary and Stephen O'Prey.



Jason Beinlich



THOMAS BISHOP

DISTANCE FREESTYLE • IM
5'11" • SOPHOMORE
HOUSTON, TEXAS (CY-CREEK)

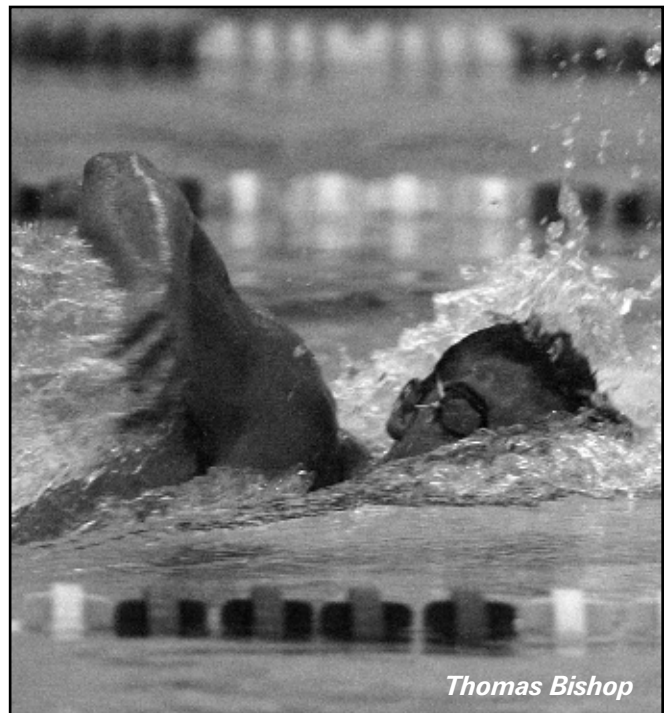
Top Times:

500 FREE: 4:28.10
1000 FREE: 9:13.71 - FSU RECORD
1,650 FREE: 15:24.79
400 IM: 3:54.76

2003-04: Participated at the 2004 US Olympic Trials in the 1,500-meter freestyle, taking 15th place with a time of 15:42.48...Had a breakout season as a freshman leading the Seminoles' distance program...Made his mark on the FSU record books by breaking a ten-year-old record in the 1,000 free. Broke Chip Haberstroh's record with a time of 9:13.97, the league's sixth-best time, against Florida (Nov. 11)...Nearly reset the school record in the 1,650 free at the ACC Championships (Feb. 25-25) as his seventh-place mark of 15:24.79—the 34th-best time in the country last year—is just 0.17 off the mark and an NCAA "B" cut. Time ranked seventh in the ACC last year...Also scored points with a 12th-place time of 4:29.30 during the 500 freestyle...Took 17th in the 400 individual medley at 4:03.96...Scored a trio of top-six finishes at the Texas A&M Fall Invitational (Nov. 21-23)...Took third in the 500 free with a career-best time of 4:28.10 that is tied for fourth on the FSU top ten list...Aggie meet also saw him post a third-place time of 3:54.76 that ranks fourth in school history...Scored the first NCAA "B" cut of his career with a 15:26.66 in the 1,650 free...Started his collegiate career off with a bang, winning six of his first eight races...Only finished lower than third once—a fourth place mark in the 400 IM—in 22 dual meet races with 13 victories.

HIGH SCHOOL: Earned All-America honors his senior season...Placed fourth in the 1,500-meter free at the US Nationals...Member of the US National Distance Team.

PERSONAL: Born July 26, 1985...Undecided on major...Son of Tom and Deb Bishop.



Thomas Bishop





BRENDAN BURKE
BUTTERFLY • BACKSTROKE
5'11" • FRESHMAN
WEST DES MOINES, IOWA (VALLEY)

HIGH SCHOOL: Will bolster the Seminoles stroke events, particularly backstroke and butterfly...Earned eight All-America honors, including four individual honors, during his four year at Valley High School...A four-time First-Team All-State selection, he was runner-up at the state meet his last two seasons...Served as team captain his senior year, while earning his fourth all-district and all-conference accolades...Highlighted junior season with district Swimmer of the Year honors...Has been a member of two Senior National qualifying relays, while also meeting the criteria for the US Open where he posted a 100 butterfly time of 50.38... Top times include 50.38 in the 100 fly to go along with a 52.74 in the 100 backstroke... Also excelled in the classroom where he was an Academic All-American, member of the National Honor Society and a four-year member of Valley's honor roll. ...Club coach was Kelly Nordell.

PERSONAL: Born June 3, 1985...Undecided on major...Son of Jerry and Deborah Burke...Father played college football at Loras.



ANDREW CASTRO
FREESTYLE • FLY • BACKSTROKE
6'0" • SENIOR
MIAMI, FLA. (FT. LAUDERDALE ST. THOMAS AQUINAS)

Top Times

100 BACK: 53.16
200 BACK: 1:57.63
100 FLY: 51.18
100 FREE: 47.76

2003-04: Continued his progress, resetting all of his career-best marks during his junior campaign...Two of his four best times came during the ACC Championships (Feb. 25-28)...First standard that fell came in the 100 butterfly where he notched a time of 51.18...Came back the next day to hit the wall with a time of 47.76 in he 100 freestyle...Swam his best backstroke races during the Texas A&M Fall Invitational (Nov. 21-23)...Placed 16th with a career-best tally of 53.16 in the 100 backstroke while his personal best 1:57.63 rated him 15th at the meet...Had six top five finishes during the dual meet season, including a third-place showing in the 100 backstroke against Florida A&M (Oct. 10)...Recognized for his work in the classroom as a member of the ACC Academic Honor Roll.

2002-03: Showed strong improvement during his second year with the Seminoles...Posted ten top-five finishes with four appearances inside the top three...Member of the winning 200 medley relay team against Indian River (Nov. 9)...Swam to top 15 finishes at the Georgia Invitational (Dec. 6-8), placing 12th in the 100 back (53.52), while touching in 15th in the 100 butterfly with a personal-best 51.51...Scored his top 200 fly time against LSU (Jan. 25), posting a time of 1:59.51...Also notched a top mark of 53.42 in the 100 back versus North Carolina and Rutgers (Jan. 11).

2001-02: Turned in the fifth-fastest Florida State times in the 100-yard backstroke and 200 butterfly...Finished 22nd in the 100 back at the Georgia Invitational.

HIGH SCHOOL: Swam all four years at St. Thomas Aquinas for coach Alex Pusseldi...Named team MVP his freshman and sophomore years...Received the Coaches Award his junior year...Named to the 2001 Pinch-a-Penny high school All-Area team...Earned Second-Team All-Broward County honors his freshman through junior years before a First-Team selection as a senior...Member of seven FHSAA state champion relay teams...Helped lead the Raiders to four-straight state team titles.

PERSONAL: Born August 8, 1983...Majoring in information studies...Son of Edmundo and Gladys Castro.



Andrew Castro



MEN'S BIOS



STEPHAN CONNOR
BUTTERFLY • FREESTYLE
6'1" • JUNIOR
BURR RIDGE, ILL.
(HINSDALE CENTRAL / TOLEDO)

Top Times:

200 FREE; 1:40.00
500 FREE; 4:31.19
100 FLY; 49.58
200 FLY; 1:56.92

2003-04: Notched two top 16 finishes at the ACC Championships (Feb. 25-28), helping the Seminoles to a second-place finish...Lowered his career-best marks in four different events throughout the year...Scored a 14th-place finish with a personal-best time of 1:40.00 in the 200-yard freestyle...Added a new low of 49.58 to take 15th in the 100-yard butterfly...Posted two more career-best times at the Texas A&M Fall Invitational (Nov. 21-23)...Placed tenth with a career-best time of 4:32.15 during the 500 freestyle...Hit the wall with a time of 1:56.92 in the 200 butterfly...Earned 12 top-five finishes during the dual meet season.

AT TOLEDO (2002-03): Scored a pair of fourth-places finishes at the 2003 Mid-American Conference Championships...Took fourth in the 500 free after swimming a career-best 4:31.19—the third-best time in Toledo history—during the prelims...Came back the next day to finish fourth with a time of 1:40.22, ranking him fifth in Rocket lore, in the 200 free...Finished league summit with a nine-place showing in the 100 free (46.23), the ninth best UT time...Member of the Rockets' winning 800-free relay at the league meet.

HIGH SCHOOL: Nine-time NISSCA high school All-American...Named team MVP his senior year...Crowned Illinois High School Association champion in the 100-yard butterfly.

PERSONAL: Born August 10, 1984...Majoring in criminology...Son of Scott and Yamina Connor.



Stephan Connor



PETER CRANE
DIVING
6'0" • JUNIOR
FAIRPORT, N.Y. (FAIRPORT)

Top Scores

1M DIVING: 308.00
3M DIVING (6): 297.70
3M DIVING (11): 410.15
10M PLATFORM: 361.50

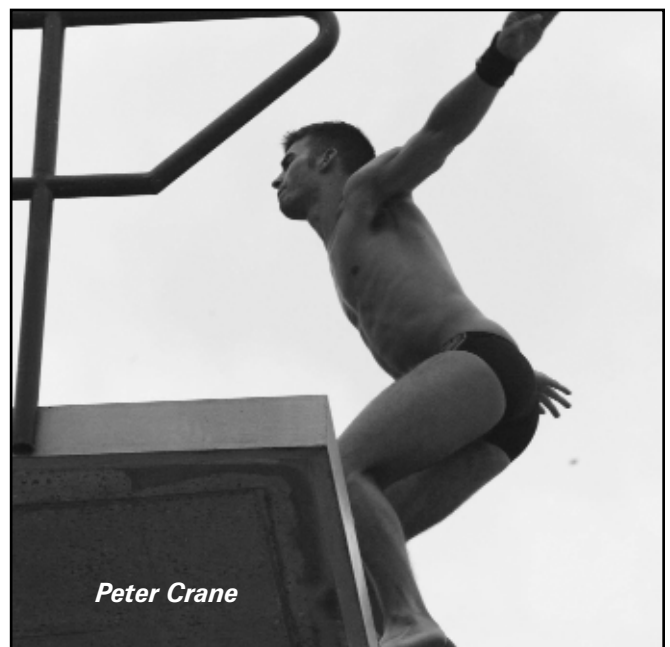
NCAA ZONE QUALIFIER

2003-04: Scored a pair of top-16 finishes at the ACC Championships (Feb. 25-28), picking up valuable points for the Seminoles... Best showing was a 12th-place mark of 242.60 on the one-meter board...Came back later in the competition to finish 15th during the three-meter competition with a tally of 394.95...Posted three top-ten marks at the Texas A&M Fall Invitational (Nov. 21-23)...Highest mark was a career-best 361.50 to take third on the platform...Added an 11-dive career-high of 410.00 on the three-meter board...Notched a pair of personal-best scores against Florida A&M (Oct. 18)...Started with a 308.00 on the one-meter—the tenth-highest score in the ACC last season—before adding a three-meter score of 297.70...Posted 13 top five finishes during the dual meet campaign, including a victory on the one-meter board against Florida Atlantic and Indian River CC (Nov. 1)...Elected team captain and SAAC representative.

2002-03: Top mark on the one-meter was 231.80...Finished 14th at the ACC Championships on both the one- and three-meter springboards...Scored 410.15 in 11 dives on the three-meter at the conference meet.

HIGH SCHOOL: Two-time high school All-American...Six-time All-Monroe County Diver...Holds the Fairport six and 11-dive records...Competed at the summer Junior Olympics five times starting at age 12...One year prior he began his seven-year run at the winter Junior Olympics...Best finish was a ninth-place showing...Mother, Susan, served as diving coach at Fairport...Took home the National English Merit award.

PERSONAL: Born January 14, 1984...Majoring in management...Son of Jeffrey and Susan Crane...Sister Lindsey was a member of the Virginia swimming and diving team.



Peter Crane





EUAN DALE
BREASTSTROKE • INDIVIDUAL
MEDLEY
5'10" • FRESHMAN
BERWICKSHIRE, SCOTLAND
(MILLFIELD SCHOOL)

HIGH SCHOOL: Will join the Seminoles for the spring semester...Broke a 14-year-old Scottish record at the 2004 British Olympic Trials with a time of 4:24.32 to earn a bronze medal in the 400-meter individual medley. Time conversion would break the Florida State school record...Just missed another national record with his 200-meter IM time of 2:04.00 during a third-place swim...Prep coaches were Helen Benley and Richard Thorpe while Doug Campbell served as the coach for his Millfield team.

PERSONAL: Born December 18, 1985...Majoring in business...Son of Ronald and Patricia Dale...Attended the same high school as teammates Edward Denton and Ian Powell...Decendent of author Robert Louis Stevenson, who wrote such novels as Treasure Island and the *Strange Case of Dr. Jekyll and Mr. Hyde*.



EDWARD DENTON
BUTTERFLY • FREESTYLE
6'1" • FRESHMAN
MAIDENHEAD, ENGLAND
(MILLFIELD SCHOOL)

HIGH SCHOOL: Posted a pair of second place finishes at the Great Britain National meet with a 23.60 in the 50 free and a 100 meter freestyle time of 51.70...Won gold at the British nationals in 2001 in the 200, 400 and 1,500-meter freestyle while taking second in the 50 and 100 free...Top times include 20.62 (50 free), 44.98 (100 free) and 1:41.60 (200 free)...Times in the 50 and 100 free would have placed him in the ACC's top ten last season...Coached by Doug Campbell.

PERSONAL: Born January 1, 1986...Majoring in business...Son of Andy and Yvonne Denton...Attended same high school as teammates Euan Dale and Ian Powell.



STUART DE LA ROSA
DIVING
5'9" • JUNIOR
ERDENHIEM, PA.
(SPRINGFIELD TOWNSHIP)

Top Scores:
1M DIVING: 307.10
3M DIVING (6): 306.75
3M DIVING (11): 460.70

NCAA ZONE QUALIFIER

2003-04: Stepped up as the most consistent diver on the team after the departure of All-American Louis Gagnet, earning Most Valuable Diver honors at the annual team banquet...Had the best finishes of any Seminole at the ACC Championships (Feb. 25-28) with a pair of top-ten marks.... Scored Florida State's best finish on the boards, taking sixth with a mark of 282.55 on the one-meter board...Came back to post a tenth-place score of 415.15 during the three-meter competition...Efforts during the year earned him a spot at the NCAA Zone "B" Championships (March 12-13)...Reset all three of his career-high marks, including a 306.75 on the three-meter board against NC State (Jan. 9) that ranked tenth in the ACC in 2003-04...New standard on the one-meter board was a 307.10 versus Florida A&M (Oct. 18)...Notched an 11-dive three-meter score of 460.70 to take fifth at the Texas A&M Invitational (Nov. 21). Also finished fourth on the one-meter with a 289.25...Posted 11 top-three finishes during the dual meet season, including the winning three-meter score against the Crimson Tide.

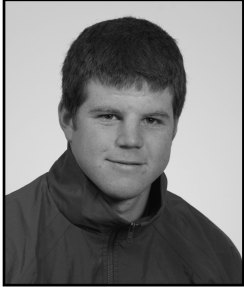
2002-03: Had an impressive showing at the ACC Championships by scoring points with an eighth-place finish on the one-meter...Added a 10th-place finish on the three-meter springboard with a season-high 11-dive total of 414.05...Top mark on the one-meter was 268.80

HIGH SCHOOL: Named all-state his sophomore, junior and senior seasons...Pennsylvania State 2A one-meter champion...Three-year Eastern National qualifier on the one and three-meter boards.

PERSONAL: Born November 14, 1984...Majoring in psychology...Son of Casey and Len Arlen.



MEN'S BIOS



DAVID ELLIS
FREESTYLE
6'4" • SOPHOMORE
VALRICO, FLA. (DURANT)

HIGH SCHOOL: Finished off his high school career by finishing third in the 50-yard freestyle at the Florida State High School Athletic Association meet...Earned all-state honors each of his four years at Durant High School...Captured team MVP honors his final season...Top times include a 21.67 in the 50 free and a 100 free time of 48.80.

PERSONAL: Born July 10, 1985...Majoring in engineering...Son of Mike and Susan Ellis...Older sister Carrie is a member of the women's team...Grandfather played football at Ohio University and served as captain.



MATT HAMMOND
FREESTYLE
6'2" • FRESHMAN
DAYTONA BEACH, FLA.
(PORT ORANGE SPRUCE CREEK)

HIGH SCHOOL: A four-time state finalist at the FHSAA meet, he had his best performance during his senior year...Capped off prep career by taking second in the 50 free along with a fourth-place mark in the 100 free...Member of Spruce Creek's 3A state championships 200 medley relay team, he earned All-Central Florida and All-Volusia/Flagler County honors from the *Orlando Sentinel*...The team captain his final season, he also swam on the Hawks' third-place 400 freestyle relay...Earned a spot in the US Junior National meet during his junior year...Won the 100 freestyle at the district championships...Collected his first All-State award as a freshman, helping Spruce Creek to the team state championship...Coached by Steve Lochte for both Spruce Creek and the Daytona Beach Swimming club.

PERSONAL: Born December 22, 1985...Undecided on major...Son of Myron and Diane Hammond.



PAUL ERBEN
BREASTSTROKE
6'6" • SOPHOMORE
PANAMA CITY, FLA. (BAY)

Top Times:

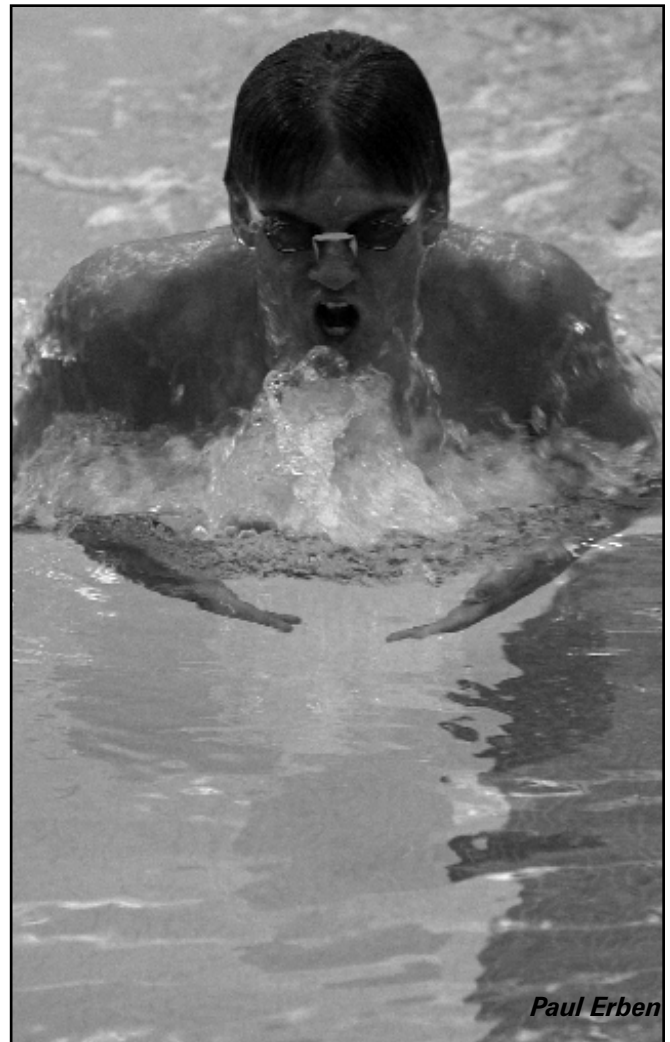
100 BREAST: 55.46
200 BREAST: 2:04.02
200 IM: 1:56.61

ACC ACADEMIC HONOR ROLL

2003-04: Surprised many in his inaugural trip to the ACC Championships (Feb. 25-28) with a pair of top 12 finishes, including a swim in the finals of the 100 breaststroke...Dropped his 100 breaststroke time by nearly seven seconds from his first collegiate swim with a sixth-place time of 55.46...Mark was an NCAA "B" cut and the first sub-56.00 100 breaststroke time by a Seminole freshman since Wickus Nienaber in 2001...Slashed four seconds off his previous best time in the 200 breaststroke, finishing 11th with a time of 2:04.02...Efforts at the conference championships made him the obvious choice for Most Improved Swimmer at the annual team banquet...Also added a 200-yard individual medley tally of 1:56.61...Showed early promise during the Texas A&M Invitational, finishing fourth in the 100 breast with at time of 56.97...Posted ten top-five finishes during the dual meet season...Earned high marks in the classroom as a member of the ACC Academic Honor Roll.

HIGH SCHOOL: Capped off senior season with a state championship in the 100 breaststroke (58.79)...Four-time district and county champion...Posted his best times in the 100 and 200 breaststroke at the 2003 spring COD3 southeastern meet, touching in at 58.26 and 2:08.08 respectively...Named team MVP all four years...Swam at Bay for coach Pam Schlinas...Member of Panama City club team under the direction of Jeremy Vail.

PERSONAL: Born September 13, 1984...Majoring in Biological Sciences...Son of Julia and Steve Erben...Sister Andrea swam at North Carolina.



Paul Erben





JARED HEINE

BACKSTROKE
5'9" • JUNIOR
HONOLULU, HAWAII (DAMIEN)

Top Times:

100 BACK: 50.68
200 BACK: 1:50.75

2003-04: Point scorer for the Seminoles at the ACC Championships (Feb. 25-28) with a pair of top-16 finishes in the backstroke events...Best finish came at the 100-yard distance where he scored a personal-best by hitting the wall with a time of 50.68 to place 15th. Time also places him tenth in school history...Added to FSU's point total with a 16th-place mark of 1:51.09 in the 200-yard back...Broke into the Seminole top-ten list for the first time in his career by scoring a personal-best time of 1:50.75 in the 200 backstroke, placing him sixth, at the Texas A&M Fall Invitational (Nov. 21-23)...Placed third or higher nine times during the dual meet campaign.

2002-03: Highlighted his season with his performance at the ACC meet...Placed 18th in the 100-back with a top time of 51.25...Earned a 22nd-place finish in the 200-back with his season-best mark of 1:52.19.

HIGH SCHOOL: Named team captain his senior year at Damien...Selected as team MVP his sophomore and junior seasons.

PERSONAL: Born September 6, 1984...Majoring in Management Information Systems...Son of Claudine Heine.



BRETT IRVIN

FREESTYLE
6'4" • SOPHOMORE
BOCA RATON, FLA. (PINE CREST)

Top Times:

50 FREE: 21.36
100 FREE: 46.21
200 FREE: 1:40.19

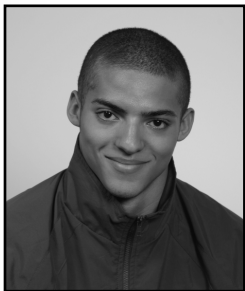
2003-04: Qualified for the evening session of the ACC Championships (Feb. 25-28) in a pair of events during his initial trip to the conference summit...Picked up points for his performance in the 200-yard freestyle, taking 16th in a career-best time of 1:40.19...Swam in the bonus heat of the 100 free where his personal-low of 46.21 placed him 19th...Added a third career-best time, touching in at 21.36 during the 50 free...Ten top-five finishes highlighted his performances during the dual meet portion of the schedule.

HIGH SCHOOL: Scored All-America honors each of his four years at Pine Crest...Also garnered four All-County and All-State selections...State champion in the 100 free his junior and senior campaigns...Participated in the US Open his junior season...Served as team captain his last two years...Won MVP and Coaches Award as a senior...Swam for Jay Fitzgerald on the Pine Crest high school and club teams.

PERSONAL: Born July 27, 1984...Majoring in Biological Sciences...Son of Michael and Debbie Irvin.



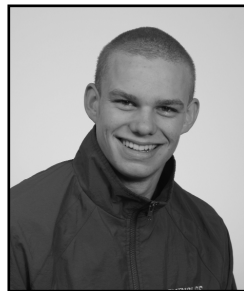
MEN'S BIOS



BILLY JAMERSON
BREASTSTROKE
6'0" • FRESHMAN
SAVANNAH, GA. (SANDY CREEK)

HIGH SCHOOL: A two-time member of the US Junior National team in 2003 and 2004, he captured four national titles at the NCSA Junior National Championships, winning the 50 and 100 yard breaststroke both years...Earned All-America honors his final two years in high school to go along with All-State honors for Sandy Creek High School...Mark of 25.63 in the 50-yard breast is a Junior National record...Twice qualified for the US Senior National meet in the 100 meter breaststroke...Traveled to Australia with the U.S. Junior National Team, placing third in the 50 meter breaststroke at the Queensland Open State Championships...Holds three Georgia state records in the 100 breaststrokes with age group marks in the 100 yard and meter races as well as the high school record...Three-time team MVP as well as the 2003 Fayette County Swimmer of the Year award.

PERSONAL: Born October 9, 1985...Undecided on major...Son of Dr. John and Shearon Jamerson...Swam on the same club team (Georgia Coast Aquatic Club) as senior Emily Breen before joining the Southern Crescent Aquatic Team where he was a teammate of fellow freshman Brittany Stevens.



DAN KEELING
BACKSTROKE • BREASTSTROKE • IM
5'9" • FRESHMAN
WESTMINSTER, COLO.
(STANDLEY LAKE)

HIGH SCHOOL: Two-time Colorado High School Athletics Association 5A champion in both the 200 individual medley and 100 backstroke... A two-time All-American in the 100 back and 200 IM, he has qualified for the US Open in the short course 400 IM and long-course 200 IM...Originally set the state record in the 200 IM as a junior before resetting the market 1:51.55 as a senior...Qualified for the US Open meet in the 200 and 400 IM as well as 100 breaststroke in the short course and long course competition...Swam at the US Junior National meet in March, posting four top 16 times. Best showing was a seventh-place mark in the 50 backstroke... Captured the Colorado state title last season in the 200 IM and 100 back...Dominated the 2004 Western Region Section Championships with a five top-eight finishes...Set nine of his personal-best long-course meter times at the meet...Top short-course yard times included: 100 backstroke (52.01), 200 IM (1:51.55) and 400 IM (3:59.43)...Swam for Brett Stoyell on the North Jeffco Swim Team.

PERSONAL: Born December 11, 1985...Undecided on major...Son of Greg and Collen Keeling



DEREK JONES
DIVING
5'9" • SOPHOMORE
JACKSONVILLE, FLA. (FIRST COAST)

Top Scores:

1M DIVING: 254.18
3M DIVING (6): 262.87
3M DIVING (11): 399.70

2003-04: Came on during the second half of his freshman season to contribute to FSU's point total at the ACC Championships (Feb. 25-28) with a top-16 finish...Eleven-dive career-high 12th-place mark of 399.70 helped him secure Most Improved Diver honors at the annual team banquet...Showed early promise at the Texas A&M Fall Invitational (Nov. 21) with a pair of 12th-place finishes on the one and three-meter boards...Posted a career-best 262.87 in a fourth-place showing against NC State (Jan. 9)...Notched a career-best one-meter total of 254.18 against Florida Atlantic and Indian River CC (Oct. 18).

HIGH SCHOOL: Qualified for the state championships his junior and senior seasons...Conference title holder his senior year...Also advanced to the state tournament in tennis...Team MVP of both the First Coast swimming and tennis teams...Dove for Melissa Moses-Hymes on the North Florida Divers.

PERSONAL: Born March 19, 1985...Majoring in nursing...Son of Michael and Lorri Jones.



ALEX KENNON
FREESTYLE
6'1" • SOPHOMORE
WINTER HAVEN, FLA. (LAKE REGION)

Top Times:

50 FREE: 21.33
100 FREE: 46.46
100 FLY: 51.83

ACC ACADEMIC HONOR ROLL

2003-04: Posted his best times of the season at the Seminoles two biggest meets of the year...Two of his three personal-best marks came at the Texas A&M Invitational (Nov. 21-23)...Top 16 finishes produced career-best times of 21.33 in the 50 free to go along with a 100 freestyle time of 45.46...Also notched a 51.83 in the 100 butterfly during the ACC Championships (Feb. 25-28)...Collected seven top five finishes during the dual meet campaign...Positive attitude everyday at practice and in competition earned him the Coaches Award at the annual team banquet...Strong performance in the classroom earned him ACC Academic Honor Roll status.

HIGH SCHOOL: Four-year letterwinner for Gene Moore at Lake Region...Earned the team's Sportsmanship Award as a junior...Award Best Relay Start as a sophomore...Swam for Gene Moore at Lake Region...Also a member of the Thunder cross country team.

PERSONAL: Born January 12, 1985...Majoring in Biological Sciences...Son of Don and Debbie Kennon.





MARK NICHOLLS

BUTTERFLY • IM
5'1" • SOPHOMORE
CHARLOTTE, N.C.
(SOUTH MECKLENBURG)

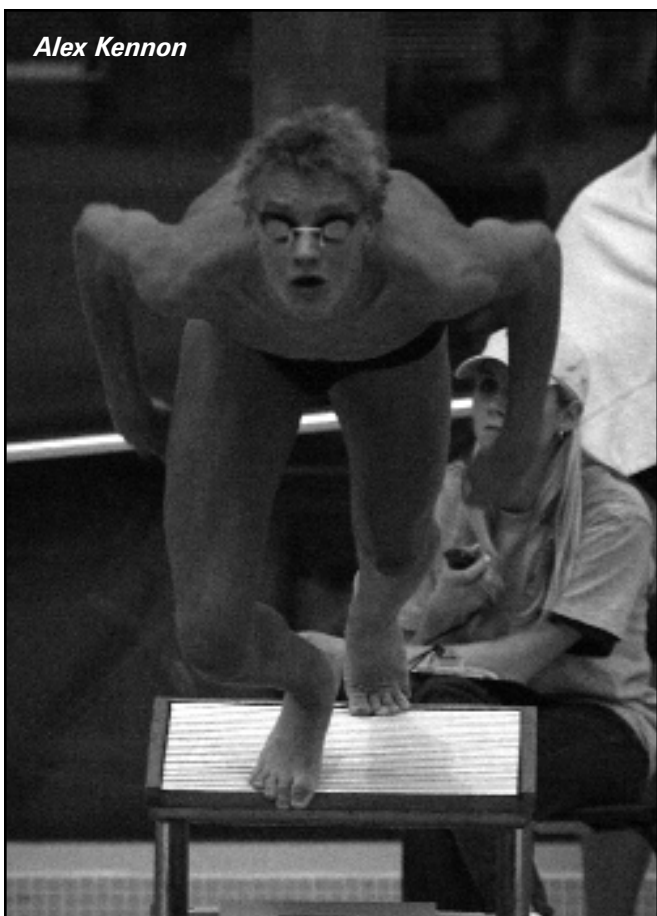
Top Times:

100 FLY: 51.85
200 FLY: 1:51.98
400 IM: 4:06.84
500 FREE: 4:39.99

2003-04: Had his best meet of the season at the Texas A&M Fall Invitational (Nov. 21-23)... Participated in the bonus heat during the evening session in two events at the ACC Championships (Feb. 25-28)... Placed 17th with a time of 1:52.08 in the 200 fly, followed by a 22nd-place 400 IM mark of 4:07.07... Notched eight top-five finishes during his first dual meet season, including a second place mark—his highest of the year—in the 200 fly against Georgia Tech (Jan. 17).

HIGH SCHOOL: Ended high school tenure with a regional championship in the 100 butterfly his senior year... Earned a pair of all-conference accolades as a junior and senior... Named All-Region his final two seasons... Southern Zone champion in the 200-yard butterfly... Shared team MVP honors his last year... Named captain as a sophomore... Swam for coach Ellen Mullis and for Dave Gibson on the Mecklenburg Aquatic club.

PERSONAL: Born May 15, 1985... Majoring in communications... Son of Tony and Sandy Nicholls... Sister Claire swims at NC State... High school teammate of freshman Stacy Rademacher... Both swam on the Mecklenburg Aquatic Club with rookie Kristin Oxford.



IAN POWELL

BUTTERFLY • BACKSTROKE
5'8" • FRESHMAN
GUERNSEY, CHANNEL ISLANDS
(MILLFIELD SCHOOL)

HIGH SCHOOL: Won a gold medal at the British National Youth Championships, taking first in the 200 meter backstroke... Also finished second in the 10 meter backstroke and fourth in the 200 meter butterfly... Will provide a strong presence in both the backstroke and butterfly events... Top times in short course meters include 100 backstroke: 56.90 (50.98 – converted), 200 backstroke: 2:00.79 (1:48.23) and 200 butterfly: 2:04.11 (1:51.81)... Converted 200 back time would rank him fourth in FSU history... Long course meters marks: 100 back (59.09), 200 back (2:05.58) and 200 fly (2:04.21)... Swam for Doug Campbell on both the Millfield School and club teams.

PERSONAL: Born December 16, 1985... Majoring in Business... Son Allan and Pam Powell... Attended same high school as Seminole teammates Euan Dale and Edward Denton.



ALAN RIBEIRO

FREESTYLE
6'2" • SENIOR
RIO DE JANEIRO, BRAZIL
(FT. LAUDERDALE (FLA.) CARDINAL
GIBBONS)

Top Times:

200 FREE: 1:39.61
500 FREE: 4:29.60
1,650 FREE: 15:58.52

2003-04: Continued to show improvement by posting new career-best times in both the 200 and 500-yard freestyle at the ACC Championships (Feb. 25-28). Scored valuable points for the Seminoles in both events as he scored a pair of top-16 finishes... Started the league summit by notching a personal-best 1:39.75 to finish 13th in the 200 freestyle... Came back at the 500-yard distance to hit the wall with a 15th-place 4:29.60. Mark in the 500 free moved him up to eighth on the school's all-time top ten... Member of the 800 freestyle relay that finished third... Finished in the top six of both the 200 and 500 free at the Texas A&M Fall Invitational (Nov. 21-23)... Placed third in the 200 with a time of 1:39.61, while his 4:32.88 in the 500 free was sixth... Posted 12 top-three finishes during the dual meet season with five victories, including four in the 200 free... Started the season by finishing no lower than third in his first seven races, including victories in three of the first five.

2002-03: Turned in a 500 free time of 4:30.50 to finish a team-best 15th at the ACC Championships... Placed 14th in the 200-free at the ACC meet, accomplishing a season-best mark of 1:40.42 in the prelims... Top Seminole finisher in the 1650-free at the league championships with an 18th-place time of 15:59.31... Took the 200 free at Miami (Oct. 12), won the 1,000 free versus Indian River (Nov. 9) and beat everyone to the wall in the 500 free against LSU (Jan. 25).

2001-02: Turned in top Seminole times in the 200, 500 and 1,650 freestyle races at the ACC Championships... Top finish was an 18th-place mark in the 1,650... Finished 14th in the 200 free at the Georgia Invitational and 20th at the 500-yard distance... Picked up a pair of victories against Miami in the 200 and 500 freestyle... Also



MEN'S BIOS



won the 200 free versus Maryland, UNC-Wilmington and Indian River... Captured the 500 free against Florida Atlantic.

HIGH SCHOOL: Four-year competitor at Cardinal Gibbons by coach Duffy Dillon... Named team captain and MVP in 2000... Coaches Award recipient the previous year... First-Team All-American in the 100 free, 200 free and 400 free relay, with a honorable mention accolades in the 200 free relay... Originally set the school record in the 200 free, 200 free relay and 400 free relay in 1999, before breaking all of the marks as a senior... Placed fourth at states in the 200 and 500 free in 1999, followed by a fifth place finish in the 500 free and sixth-place 200 free finish the following year... Two-time district champion in the 200 free—1999 & 2000—with a 500 free title in 1999 and a 2000 100 free crown... Won a trio of championships at the Catholic State meet... Named All-County in the 100 free (First-Team) and 200 free (Second-Team)... Brazilian age group national champion in the 400 free... US Open qualifier in the 100, 200, 400, 800 and 1,500 meter freestyle and a Junior National participant in the same events... Swam for Ft. Lauderdale club team.

PERSONAL: Born July 9, 1983... Majoring in management... Son of Alan and Natashe Ribeiro.



STEVE ROOF
DISTANCE FREESTYLE • FLY
5'10" • SOPHOMORE
CANTON, OHIO
(CENTRAL CATHOLIC)

Top Times:

500 FREE: 4:26.62
1000 FREE: 9:20.54
1,650 FREE: 15:35.44
200 FLY: 1:50.57

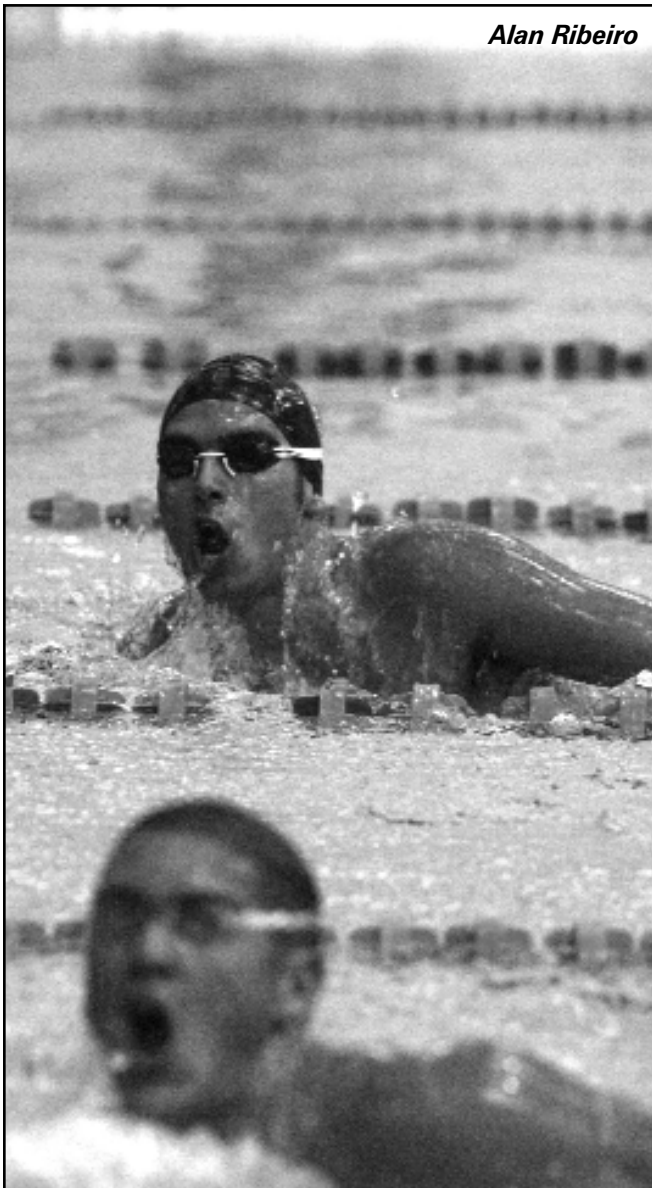
ACC ACADEMIC HONOR ROLL

2003-04: Stepped in and immediately contributed to the Seminoles' line-up... Scored valuable points with three top-16 finishes at his first ACC Championships (Feb. 25-28)... Ninth-place swim of 4:26.62 in the 500 freestyle made the NCAA "B" cut list... Finished one spot back in the 200 butterfly where his career-best time of 1:50.57 places him just outside the top ten... Took 12th in the 1,650 freestyle with a mark of 15:44.01... Member of the 800 freestyle relay that finished third... Produced his first NCAA consideration time at the Texas A&M Fall Invitational (Nov. 21-23)... Posted four top-six finishes at the meet, including a fourth-place a career-best 4:26.62 that ranks third in school history... Aggie Invite also saw him produce a personal-best 15:35.44 in the 1,650 free that places him seventh in FSU history... Swam his best 1,000 free time of the year (9:20.54) in a third-place finish against Alabama (Jan. 23)... Notched five victories during the dual meet portion of the schedule with 21 top three finishes. Failed to finish in the top three on only three occasions... Accolades in the classroom including ACC Academic Honor Roll.

HIGH SCHOOL: State champion his junior year in the 500-yard freestyle... Came back the next year to finish second in the 200 and 500 free... Senior national qualifier in the 1,000 free... Named Stark County Swimmer of the Year (2001-03) by the **Canton Repository**... Holds multiple Central Catholic pool records... Four-year MVP... Top times include: 200 free (1:40.10), 500 free (4:28.10), 100 free (9:15.00), 200 butterfly (1:52.50) and 200 individual medley (1:55.00)... High school and club coach Sam Sieple swam at Florida State.

PERSONAL: Born August 22, 1984... Majoring in Biological Sciences... Son of Terry and Pam Roof.

Alan Ribeiro



Steve Roof





JOEL ROYCIK
FREESTYLE • BUTTERFLY
6'3" • JUNIOR
WINTER PARK, FLA. (WINTER PARK)

Top Times

50 FREE: 20.32
100 FREE: 44.39
200 FREE: 1:39.61
100 FLY: 47.53

NCAA PARTICIPANT
TWO-TIME ALL-ACC
ACC ACADEMIC HONOR ROLL

2003-04: Made the jump to the elite level in the ACC with a breakout performance during his sophomore campaign...Stood on top of the podium at the ACC Championships (Feb. 25-28) as the league's top swimmer in the 100-yard butterfly—only the second Seminole to win the event—with his NCAA "B" standard time of 47.53. Mark ranks as the second-fastest in the school history and was the 19th-best in the country during 2003-04...Also took third in the 100 free with an NCAA conditional standard of 44.46...Rounded out league championships with a fourth-place 20.32 in the 50 free...Victory and third-place finish earned him All-ACC honors for the second year in a row...Took part in four relays that posted top three finishes at the ACC Championships, including second-place marks in the 200 free and 400 medley...Earned FSU Most Valuable Swimmer Award as one of only two Seminoles to qualify for the NCAA Championships (March 25-27)...Best finish at the national meet came in the 100 fly where he placed 34th with time of 48.98. Also placed 49th in

the 100 free and 52nd in the 50 free...Recorded a trio of top three finishes at the Texas A&M Fall Invitational (Nov. 21) for his efforts in the 100 free (second), 50 free (third) and 100 fly (third)...Finished no lower than third in all 19 races during the dual meet season with nine victories in four different events...Two of his victories came against sixth-ranked Florida as he won the 50 and 100 freestyle...Also posted multiple triumphs against Florida Atlantic and Indian River CC (Nov. 1) as well as Georgia Tech (Jan. 17).

2002-03: Third-place mark in the 100 free at the ACC Championships was the best time turned in by a league rookie...NCAA B-cut time of 44.39 earned him All-ACC honors and is the fourth-fastest time in school history...Only freshman member of the 400-free relay team that finished second at ACCs with a NCAA B-cut time of 2:57.67...Placed 11th in the 200-free with a season-best time of 1:39.65...Finished 12th in the 50-free with a mark of 20.73 at the league summit after swimming a time of 20.68 in the preliminary round...Member of the winning 400 free relay and runner-up 200 medley crew at the Georgia Invitational (Dec. 6-8)...Led all freshmen in dual meet competition with eight wins, including four individual victories...Produced two victories against Miami (Oct. 12) in the 50 and 100 free, while winning the 100 yard distance against Georgia Tech (Nov. 2) and LSU (Jan. 25)...Took part in winning relays against Tech, Utah (Nov. 23), UNC-Wilmington (Jan. 4) and NC State (Jan. 10)...All-ACC Academic Honor Roll.

HIGH SCHOOL: Finished prep career by winning a pair of state titles his senior year...Placed first in the 50 freestyle at the 2000 FHSAA Championships with a state-record time of 20.41...Won the same event the year before, touching the wall with a time of 21.03...Also captured the 100 butterfly (49.53) as a senior, moving up one spot from his junior year when he placed second with a 50.68.

PERSONAL: Born June 8, 1984...Majoring in Criminology...Son of Mark and Mary Susan Roycik.



Joel Roycik



MEN'S BIOS



CURTIS SCHROEGER
 DIVING
 5'7" • SENIOR
 SHAWNEE MISSION, KAN.
 (MISSION NORTH/SW MISSOURI STATE)
Top Scores:
 1M DIVING: 306.50
 3M DIVING (6): 306.85
 3M DIVING (11): 517.10

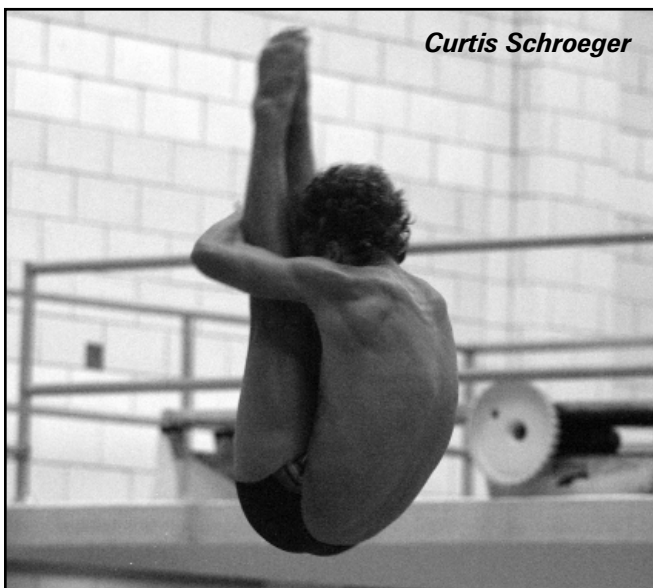
TWO-TIME NCAA ZONE QUALIFIER ACC ACADEMIC HONOR ROLL

2003-04: Point scorer for the Seminoles at the ACC Championships (Feb. 25-28) with top 16 finishes on both the one and three-meter boards...Posted Florida State's best finish on the three-meter board, taking ninth with a total of 419.15...Added a 13th-place mark of 241.10 during the one-meter competition...Competed at the NCAA Zone "B" Qualifier (March 12-13) on both the one and three-meter boards...Scored a pair of top ten finishes at the Texas A&M Fall Invitational (Nov. 21-23), taking seventh on the one-meter and tenth during the three-meter...Finished in the top five nine times during the dual meet season, including a season-best second-place finish on the one against UNC-Wilmington (Jan. 3). Meet as saw him post a season-high 293.85 on the three-meter board...Best one-meter tally came during the second meet of the year against Florida A&M as he posted a 300.20...Excelled in the classroom as a member of the ACC Academic Honor Roll.

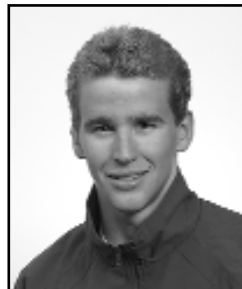
AT SWMS (2001-03): Named All-Missouri Valley Conference after a third-place finish (517.10) on the three-meter board at the league summit...Twice chosen as MVC Diver of the Week...Two-time NCAA Zone Diving qualifier. Highest finish at the meet was an 11th-place finish on both boards...Six-dive score of 306.85 during his freshman year ranks as the sixth-best mark in school history...All-MVC Academic Honor Roll...Member of dean's list all four semesters.

HIGH SCHOOL: Highlighted prep career with a fourth-place finish at the state meet his senior year...Placed ninth in the state the year before...Earned First-Team All-City and Honorable Mention All-Metro honors his final season.

PERSONAL: Born March 15, 1983...Majoring in musical theater...Son of Mathew and Mary Schroeger.



Curtis Schroeger



ANDREW SKAGGS
 DISTANCE FREESTYLE
 5'10" • SENIOR
 JACKSONVILLE, FLA. (BOLLES)
Top Times:
 200 FREE: 1:46.34
 500 FREE: 4:37.45
 1000 FREE: 9:45.14
 1,650 FREE: 16:02.55

2003-04: Made improvements throughout the season, improving his personal-best times in four events during his junior campaign...Had his best meet of the year at the Texas A&M Fall Invitational (Nov. 21-23) as he posted three career-best marks...Finished 19th with a personal-best time of 4:37.45 in the 500 freestyle...Add new career standards in the 200 freestyle (1:46.34) and 1,650 free (16:02.55)...Posted his best 1,000 time with a 9:45.14 against NC State (Jan. 9)...Eight top five finishes highlighted his dual meet campaign, including a victory against Florida A&M (Oct. 18) in the 1,000 free.

2002-03: Had an impressive dual meet showing against Miami, winning the 500-free (4:58.65) and placing second in the 1000-free...Top time in the mile was a 16:29.56.

2001-02: Second on the squad in the 1,650 freestyle with a time of 16:13.90...Swam the fourth-best 1,000 free mark (9:59.55) as well as the fourth-quickest 500 free (4:47.70)...Placed 14th at the prestigious Georgia Invitational.

HIGH SCHOOL: Four-year letterwinner at Bolles...Received a lifetime letter award as a senior.

PERSONAL: Born July 8, 1982...Majoring in sports management...Son of Ken and Bonnie Skaggs. Younger sister Katie is a member of the FSU women's team...Older brother Brady swam at Georgia Tech and was a graduate assistant for Florida State for two years. Father swam at Tennessee.



Andrew Skaggs





ALEX TILBROOK

DIVING
6'0" • FRESHMAN
LARGO, FLA. (SEMINOLE OSCEOLA)

HIGH SCHOOL: Capped off his prep career by capturing the FHSAA 1A state title for Seminole's Osceola high school...Posted a winning score of 546.00 on the one-meter board after winning the district title with a tally of 576.85...Finished runner-up in the event as a sophomore and junior...Earned All-America status his first three years for the Warriors...Named team MVP following his sophomore campaign...Placed fourth in the Pan-Am Junior Trials to go along with a sweep of both boards at the American/Canadian Challenge...Four-year competitor at the US Junior he took eighth at last year's competition on the three-meter board... Took part in the Speedo National Diving Championships, taking 27th in the three-meter competition...Member of the dean's list his last three years in high school after earning honor roll status as a freshman...Coached at Osceola by Tony Perrielle...Dove for the West Florida Lightning Aquatics team.

PERSONAL: Born September 21, 1985...Undecided on major...Son of Wayne and Jackie Tilbrook.

scored big points with his time of 48.95 to finish sixth in the 100 butterfly after a season-best 48.89 in the prelims ...Helped the Seminoles finish second in the 400-medley relay at the ACC Championships with a season-best time of 3:15.60...Florida State's top finisher in the 200-back with his 17th-place finish of 1:48.81, ranking him fifth in Seminole lore ...Won the 100 back (50.39), while posting two other top-ten finishes at the Georgia Invitational (Dec. 6-8). Also took part in a pair of top five relays (200 medley and 400 free)...Won six events during the dual meet season, including two individual titles in the 100-back against Utah (Nov. 23) and UNC-Wilmington (Jan. 4)...Member of winning 400 medley quartets against Georgia Tech (Nov. 2), N.C. State (Jan.10) and LSU (Jan. 25), while helping the Seminoles beat North Carolina and Rutgers (Jan. 11) in the 400 free relay.

HIGH SCHOOL: Member of the Bahamian national team at the 2002 Commonwealth Games...Participated at the 1999 Pan American Games as a member of the national squad...Gold medal winner at the Multi Caribbean Island Swimming Championships.

PERSONAL: Born February 15, 1984...Undecided on major...Son of George and Katherine Vythoukas.



CHRIS VYTHOULKAS

BACK • FLY
5'11" • JUNIOR
NASSAU, BAHAMAS (FT. LAUDERDALE
(FLA.) CARDINAL GIBBONS)

Top Times:

100 BACK: 49.00
200 BACK: 1:48.81
100 FREE: 45.68
100 FLY: 48.50

2004 OLYMPIAN • ALL-ACC

2003-04: Participated in the 2004 Summer Olympics in Athens, Greece for the Bahamas. Won his heat of the 100-meter backstroke, finishing 38th overall, with a personal best time of 58.31...Separated himself as one of the best swimmers in the conference with his first All-ACC honors at the ACC Championships (Feb. 25-28) during his sophomore campaign...Captured his first league title by swimming the backstroke leg of the 200 medley relay. Also swam on three more top-three relays...Produced a top-three finish with his second-place 49.21 in the 100 backstroke. Swam a 49.00 during the prelims of the event, ranking him third in school history and 45th in the country...Scored his second finals appearance in the 100 butterfly where he swam a seventh-place mark of 48.50, rating him eighth in Seminole lore...Made it to the evening session of his third event when he placed 11th during the 200 backstroke with a time of 1:50.11 to place him eighth all-time at Florida State...Took part in five different events at the Texas A&M Fall Invitational (Nov. 21-23) with four top-ten finishes...Best event was the 100 butterfly where he finished second...Hit the wall to finish third in the 100 backstroke...Did not finish any lower than fifth in 11 dual meet races with a victory against UNC Wilmington (Jan. 3) in the 100 back highlighting his year.

2002-03: Turned in his top 100-yard backstroke performance of the year at the ACC Championships, placing fifth at 49.70...Swam a season-best 100 back time of 49.56 during the prelims...Also



Chris Vythoukas



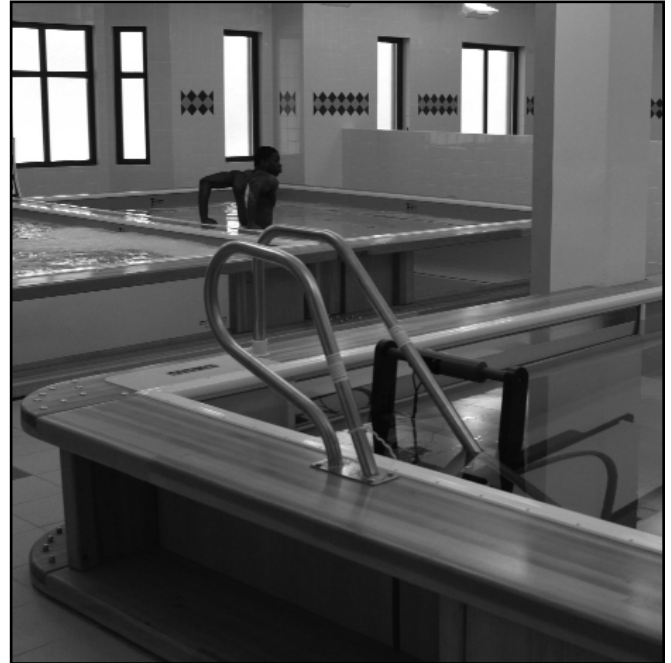
MEN'S BIOS



KYLE YOUNG
FREESTYLE
6'2" • FRESHMAN
OVIEDO, FLA. (OVIEDO)

HIGH SCHOOL: Earned All-America status his senior year in the 500-yard freestyle with All-America consideration for the 200 freestyle...Garnered All-Seminole County honors from the *Orlando Sentinel* after medaling in the 200 and 500 freestyle at the FHSAA 3A state meet...Best finish was a fourth-place showing in the 200 free...Participated in the US Senior Nationals, posting a time of 15:57.55...Qualified for the US Junior National meet in the 500, 1,000 and 1,650 freestyle, earning a medal in the 1,650 free...Also advanced to the US Open in the 1,650 free...YMCA Champion and record holder in the 1,500-meter freestyle...Served as team captain his junior and senior years for the Lions...Swam on the Oviedo High School and YTO club team for Charlie Rose, a former All-America swimmer at Florida State.

PERSONAL: Born June 9, 1986...Undecided on major...Son of Gary and Julia Young.



JARRYD BOTHA
BACKSTROKE • FREESTYLE
6'6" • FRESHMAN
WORCESTER, SOUTH AFRICA
PAUL ROOS GYMNASIUM

HIGH SCHOOL: Will join the Seminoles for the spring semester...Placed second at the 2003 South African Open National Swimming Championships in the 200 backstroke, while taking fourth in both the 50 and 100 back...Converted career-best times of 49.21 and 1:47.32 in the 100 and 200 backstroke would rank him in FSU top five...Coached by Pierre de Roubaix...Member of the Student Council at Pall Roos.

PERSONAL: Born March 10, 1985...Undecided on major...Son of Pieter and Jenny Botha



BOBBY LANGSETT
DISTANCE FREESTYLE
6'2" • SENIOR
FT. LAUDERDALE, FLA.
(FT. LAUDERDALE / FLORIDA ATLANTIC)

AT FAU (2001-02): Placed third at the National Independent Conference Championships as a sophomore in the 1,650 free (15:26.2) and added a seventh-place 4:26.9 in the 500 free. Both marks would rank third on the FSU all-time charts...Transferred to Florida Atlantic following his freshman season at Florida.

HIGH SCHOOL: Grabbed the state championships in the 200 individual medley in 2000...Set the US Junior National record in the 500 freestyle...Placed sixth at Junior Nationals in the 800 meter freestyle.

PERSONAL: Born June 20, 1983...Majoring in business...Son of Greg and Kathy Langsett...Member of the US Distance team with fellow Seminole Thomas Bishop.



FACILITIES

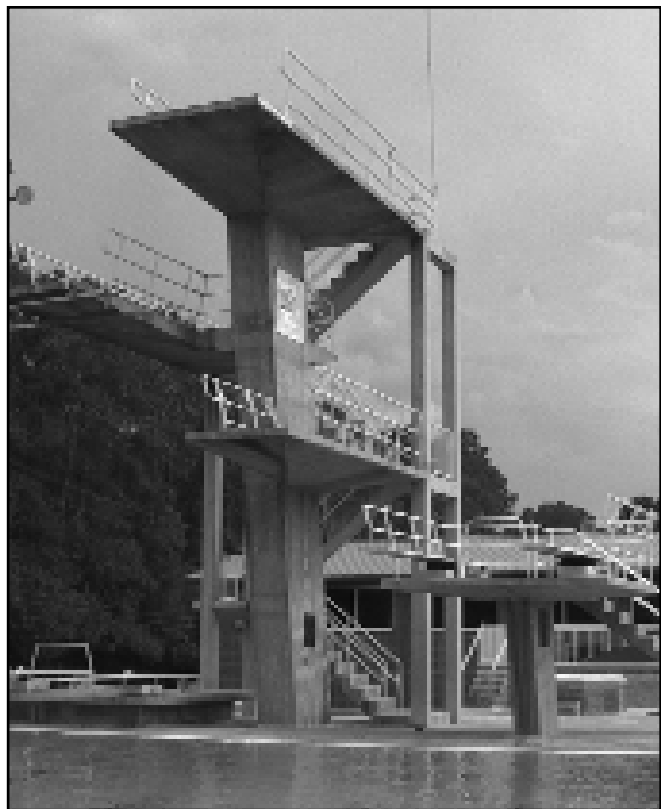


LAURIE SWIGER
Facilities Manager

Bobby E. Leach Center Pool

The Leach Pool is a 16-lane by 25-yard indoor swimming facility with two 1-meter and two 3-meter diving boards. A complete spa area is located just off the pool deck and is equipped with two whirlpools, two steam rooms, and a sauna. A wet classroom is located just off the pool for instruction. The Leach Pool is open Monday through Friday from 6:15

a.m. until 11:00 p.m. and weekends from 10:00 a.m. until 9:00 p.m. Please call the Leach Center at 644-0556 for up-to-date hours as various University events and practice sessions may limit the availability of the pool. The Leach Center Pool was the host to the 1993 ACC Championships.





FACILITIES

FUTURE HOME OF FLORIDA STATE SWIMMING AND DIVING IN THE WORKS

All good things must come to an end. For the Florida State University athletics department the end came in the form of the closing of the Bim Stults Aquatics Center in the fall of 2003, but the horizon looks promising with plans for a new facility taking shape.

Formerly the outdoor home of the Seminole swimming and diving program, the Stults facility was closed because an aging filtration system in the pool was beyond repair. The Tribe currently trains on campus in the Bobby E. Leach Center with long course training and platform diving in various pools throughout the area.

But the days of using a potpourri of training facilities will soon be a distant memory for Florida State. In conjunction with Seminole Boosters, the athletics department is currently in the process of raising additional money to begin construction for the new aquatics center which might be built in two phases.

"Currently a definite site has not been identified for the new facility," FSU athletic director Dave Hart said. "The current site of the Stults pool will probably serve as the site of a new classroom

building so other potential sites are being considered and feasibility studies are ongoing.

The design for the new aquatics center is a part of the athletics department's master facility plan. Preliminary sketches feature a 50-meter long course setup and a 25-yard competition configuration in the main area and separate diving well. The unnamed facility will also have locker rooms for both the men's and women's teams, as well as offices for the coaching staff along with seating for spectators.

"After meeting with President Wetherell and Mr. Hart, I'm excited about the commitment that Florida State has to the swimming and diving program and its future," FSU head coach Neil Harper said. "Many of the elite teams in the country have made huge strides after moving into new facilities and this could be the final piece of the puzzle that elevates us to that level. We've improved tremendously over the last few years, but the new facility will put us on an even playing field with the top programs when it comes to recruiting and competing."



2003-2004 REVIEW



WOMEN POST ACC-BEST 17TH-PLACE FINISH AT NCAA MEET

All season long, head coach Neil Harper said that he had the best women's team that he has ever coached Florida State. The Seminoles proved him correct as they placed 17th at the NCAA Championships, the best finish in school history and tops among ACC schools. FSU had three individuals and four relays earn All-America status.

MEN PLACE SECOND, WOMEN TAKE THIRD AT LEAGUE SUMMIT

Florida State continued to show that is one of the top programs in the ACC with a pair of top three finishes at the conference championships. The men's team was again the runner-up, while the women were just beat out for second place by North Carolina. The women's team did dominate the awards stand where it won nine event titles, including four of the five relays. FSU's men's program captured two individual wins and a relay victory.

HARPER NAMED ACC WOMEN'S COACH OF THE YEAR

Ever since he took over the program five years ago, Neil Harper has been building Florida State into one of the best in the nation. This season he got some recognition from his peers as he was named 2004 ACC Women's Coach of the Year. The award is a first for a Seminole deck boss in the Atlantic Coast Conference

SCHOOL AND ACC HISTORY MADE AS WOMEN'S TEAM POST 15 WINS

A 37-point victory at LSU by the women's team did more than give Neil Harper a win over his alma mater, it made history. The win in the regular-season finale was the 15th of the year, breaking FSU's school and league record of 14 that it set in 2002. The women finished the year ranked 17th in the CSCAA dual meet poll.

DUTTON CLEANS UP ON POST-SEASON AWARDS

From the start of the year to the end, no women's swimmer dominated the conference like Emma Dutton. The senior capped off a tremendous season with ACC Swimmer of the Year honors, the first by a Seminole. Dutton won a pair of All-America accolades in the 100 and 200 breaststroke, resetting her own school records along the way. Named ACC Swimmer of the Meet, she became just the third swimmer in conference history to win seven titles in a single meet.

MANNING EARNS THIRD-STRAIGHT ALL-AMERICA AWARD

Diver Tiffany Manning's name is becoming synonymous with success at the NCAA Championships. The junior became just the third Seminole to capture All-America honors three years in a row. Manning dominated the conference meet, winning the one and three-meter titles as she was name Diver of the Meet.

FSU Women (Third Place)

200 Medley Relay	1st Place (1:40.84)
200 IM	Andree-Anne LeRoy, 3rd Place (2:02.77)
50 Freestyle	Emma Dutton, 1st Place (22.64)
200 Freestyle Relay	1st Place (1:32.03)
One-Meter Diving	Tiffany Manning, 1st Place (312.45) Courtney McClow, 2nd Place (301.65) Taryn Ignacio 3rd Place (287.00)
100 Butterfly	Emily Breen, 3rd Place (54.15)
100 Breaststroke	Emma Dutton, 1st Place (1:00.94) Lauren Brick, 2nd Place (1:02.72)
100 Backstroke	Emily Breen, 3rd Place (55.48)
400 Medley Relay	1st Place (3:40.81)
100 Freestyle	Emily Breen, 2nd Place (50.41)
200 Breaststroke	Emma Dutton, 1st Place (2:12.76)
200 Butterfly	Lisa How, 3rd Place (2:00.41)
Three-Meter Diving	Tiffany Manning, 1st Place (538.75) Brittany Lerev, 2nd Place (500.35) Courtney McClow, 3rd Place (480.90)
400-Yard Freestyle Relay	1st Place (3:21.86)

FSU Men (Second Place)

200 Medley Relay	1st Place (1:28.95)
100 Butterfly	Joel Roycik, 1st Place (47.53)
100 Breaststroke	Wickus Nienaber, 1st Place (54.18)
100 Backstroke	Chris Vythoulkas, 2nd Place (49.21)
100 Freestyle	Joel Roycik, 3rd Place (44.46)
200 Breaststroke	Wickus Nienaber, 2nd Place (1:59.01)



Emma Dutton



Wickus Nienaber



2003-2004 REVIEW



Joel Roycik

NIENABER RETURNS FROM ILLNESS TO CAPTURE ACC TITLE

2003-04 was supposed to be a banner year for Wickus Nienaber, but his senior year didn't go as planned. While back home competing for Swaziland at the All-Africa Games, Nienaber contracted malaria and had to miss most of the season. He came back for the ACC Championships and all he did was produce a gold medal in the 100 breaststroke.

ROYCIK CAPS OFF BREAKTHROUGH YEAR WITH ACC CHAMPIONSHIP

Last season Joel Roycik raised some eyebrows as a freshman when he earned All-ACC honors. This year he solidified himself as one of the top swimmers in the conference. He topped off a great sophomore campaign by winning the 100 butterfly at the ACC Championships, only the second time a Seminole has won the event. Roycik completed his breakout season with a trip to the NCAA Championships.

2003-04 Women's Results

15-2 Overall / 2-0 ACC

10/10	Miami	W, 141-94
	Florida A&M	W, 157-67
10/18	Florida International	W, 140-77
	Florida A&M	W, 141-62
11/1	Florida Atlantic	W, 182-106
	Indian River CC	W, 203-88
11/7	at #16 Michigan	L, 146-136
	Michigan State	W, 199-83
11/8	at #16 Michigan	W, 103-47
11/11	at #2 Florida	L, 132.50-104.50
11/21-23	at Texas A&M Fall Invitational	Fourth (1,337.5)
12/07	at CAMO Diving Invitational	NTS
12/31	vs. Maryland-Baltimore County	W, 71-14
1/3	at North Florida	W, 140-88
	UNC-Wilmington	W, 139-88
1/9	North Carolina State - *	W 148-93
1/17	at Georgia Tech - *	W 143-86
1/23	Alabama	W, 149-93
1/3	at LSU	W, 137-100
2/18-21	at ACC Championships	Third (611 points)
3/18-20	at NCAA Championships	17th (84 points)

2003-04 Men's Results

9-3 Overall / 2-1 ACC

10/10	Florida A&M	W, 143-82
10/18	Florida A&M	W, 139-87
11/01	Florida Atlantic	W, 190-83
	Indian River C.C.	W, 209-69
11/08	at Clemson - *	L, 137-106
11/11	at #6 Florida	L, 146-97
11/21-23	at Texas A&M Fall Invitational	Second (2,175.5)
12/31	vs. Maryland-Baltimore County	W 57-29
1/03	vs. UNC-Wilmington	W 134.50-97.50
1/09	North Carolina State - *	W, 134-103
1/17	at Georgia Tech - *	W 138-101
1/23	Alabama	L, 133-110
1/31	at LSU	W, 122-121
2/25-28	at ACC Championships	Second (537)
3/25-27	at NCAA Championships	NTS





DIVERS CLEAN UP AT CONFERENCE MEET

Every year the podium during the presentation of the diving awards looks like a Seminole team meeting. That was no different in 2004 as Florida State swept the top three spots at the women's meet. In a rare feat, FSU had the top five divers on the one-meter board.

BISHOP BREAKS 1,000 RECORD VERSUS THE GATORS

One source of dismay for the Seminoles in the past has been the distance events. That changed this season with the addition of freshmen Tommy Bishop and Steve Roof. Bishop put his name down in the Florida State record books when he broke a nine-year-old school record with a time of 9:13.97 in the 1,000 freestyle against Florida.

SEMINOLES ADD SOME GARNET AND GOLD FLAVOR TO THE SUMMER OLYMPICS

Three members of the 2003-04 FSU squads represented their respected countries at the 2004 Summer Olympic Games in Athens, Greece. Senior Wickus Nienaber carried the flag for his native Swaziland while Neil Harper served as the head coach for the Swaziland contingency. Sophomore Chris Vythoulkas represented the Bahamas, while junior Golda Marcus was a member of the El Salvador squad. In addition, five other Seminoles qualified for their country's Olympic Trials meet.

SEMINOLES ARE STRONG IN THE CLASSROOM AND IN THE POOL

In building strong programs in the pool, the Florida State coach have also increased the Seminoles' performance in the classroom. Of the three Florida State student-athletes selected for the ACC's Weaver-James-Corrigan Postgraduate Scholarship, two came from the swimming and diving program. Seniors Tonya Rasor and Michael Paulus received the highest academic honor bestowed by a the conference.

YOU'RE A GOOD SPORT CHARLIE BROWN

There are many ways to measure the success of a coaching staff. Besides the usual assessment of wins and losses or by the clock, another gauge is what your peers think about your work outside the realm of competition. This said, the teams in the ACC must think highly of the work of Neil Harper and his staff. As determined by a vote from the league's teams, both the Seminole men's and women's teams were awarded the ACC Sportsmanship Award.



RECORDS SET IN 2004

<i>Name</i>	<i>Event</i>	<i>New Record</i>	<i>Old Record</i>
Thomas Bishop	1000 Free	9:13.97	Chip Haberstroh (9:14.69), 1994
Emily Breen	100 Back	55.48	Emily Breen (55.62), 2003
Andree-Anne LeRoy	200 Back	1:59.50	Jodi Kreig (2:00.69), 1995
Emma Dutton	100 Breast	1:00.84	Emma Dutton (1:01.87), 2003
Emma Dutton	200 Breast	2:12.38	Keryn Krynauw (2:14.93), 2001
Tiffany Manning	1 Meter Diving (6)	331.05	Chelsie Lerew (303.8), 2002
Courtney McClow	3 Meter Diving (6)	339.50	Chelsie Lerew (324.35), 2002)
Breen, Dutton, Dong, How	200 Free Relay	1:31:51	1:31.89 (2000)
How, Hansen, LeRoy, Gajda	800 Free Relay	7:23.37	7:23.51 (2003)
Breen, Dutton, Brick, Dong	200 Medley Relay	1:40.81	1:41.58 (2002)
LeRoy Dutton, How, Breen	400 Medley Relay	3:40.81	3:42.00 (2002)





Final CSCAA Poll

Women's

1. Auburn
2. Georgia
3. Florida
4. California
5. Stanford
6. Arizona
7. UCLA
8. Texas
9. Wisconsin
10. SMU
11. Penn State
12. Indiana
13. Texas A&M
14. Maryland
15. No. Carolina
16. Michigan
17. Southern Cal
18. Florida State
19. Virginia
20. Notre Dame
21. Missouri
22. Arizona State
23. Princeton
24. Hawaii
25. Minnesota

Men's

1. Auburn
 2. Stanford
 3. Texas
 4. California
 5. Florida
 6. Georgia
 7. Minnesota
 8. Virginia
 9. Arizona
 10. Michigan
 11. Wisconsin
 12. Tennessee
 13. Southern Cal
 14. Texas A&M
 15. Arizona State
 16. Pittsburgh
 17. Washington
 18. Northwestern
 19. Brigham Young
 20. Hawaii
 21. Kentucky
 22. Indiana
 23. Princeton
 24. North Carolina
 25. Harvard
- Others Receiving Votes:
Florida State



Andre-Anne LeRoy

2003-04 FLORIDA STATE SWIMMING & DIVING AWARDS TEAM AWARDS

- Most Valuable Swimmer: Emma Dutton (Women), Joel Roycik (Men)
- Most Valuable Diver: Tiffany Manning (Women), Stuart de la Rosa (Men)
- Most Improved Swimmer: Emily Breen & Emma Dutton (Women), Paul Erben (Men)
- Most Improved Diver: Tiffany Manning (Women), Derek Jones & Jason Beinlich (Men)
- Coaches Award: Courtney McClow (Women), Alex Kennon (Men)
- Captains Award: Rachel Dong, Matt Wheeler, & Tiffany Manning
- Warrior Award: Camille Akridge, Rachel Dong & Kayce Zemina, Wickus Nienaber
- Spirit Award: Lauren Brick

Lauren Hansen



2005 NCAA QUALIFYING STANDARDS



MEN'S

EVENT	25-Yard Course		25-Meter Course		50-Meter Course	
	A STANDARD	B STANDARD	A STANDARD	B STANDARD	A STANDARD	B STANDARD
50 Freestyle	:19.74	:20.33	:22.04	:22.70	:22.69	:23.37
100 Freestyle	:43.53	:44.83	:48.59	:50.04	:50.04	:51.54
200 Freestyle	1:36.19	1:39.07	1:47.36	1:50.58	1:49.94	1:53.23
500 Freestyle	4:19.63	4:27.41	3:47.15	3:53.96	3:54.96	4:02.00
1,650 Freestyle	15:05.87	15:33.04	15:03.17	15:30.25	15:29.10	15:56.97
100 Butterfly	:47.25	:48.66	:52.74	:54.31	:53.39	:54.99
200 Butterfly	1:44.93	1:48.07	1:57.11	2:00.62	1:59.24	2:02.81
100 Backstroke	:47.43	:48.85	:52.94	:54.53	:54.52	:56.16
200 Backstroke	1:44.02	1:47.14	1:56.10	1:59.58	1:59.57	2:03.16
100 Breaststroke	:54.00	:55.62	1:00.27	1:02.08	1:02.43	1:04.31
200 Breaststroke	1:57.35	2:00.87	2:10.98	2:14.91	2:15.67	2:19.74
200 Individual Medley	1:46.69	1:49.89	1:59.08	2:02.65	2:03.35	2:07.05
400 Individual Medley	3:47.29	3:54.10	4:13.68	4:21.28	4:21.26	4:29.09
200 Freestyle Relay	1:18.47	1:20.82	1:27.58	1:30.21	1:30.20	1:32.90
400 Freestyle Relay	2:54.21	2:59.43	3:14.44	3:20.26	3:20.25	3:26.25
800 Freestyle Relay	6:26.08	6:37.66	7:10.90	7:23.82	7:21.24	7:34.47
200 Medley Relay	1:26.72	1:29.32	1:36.79	1:39.69	1:39.34	1:42.32
400 Medley Relay	3:12.36	3:18.13	3:34.69	3:41.13	3:40.35	3:46.96

1-Meter Diving Points—Dual 290/300*** / Championship 465

3-Meter Diving Points—Dual 310/320*** / Championship 480

Platform Diving Points—Dual 290 / 10 dives 430 / 14 dives 620

***qualifying point total when using six optional dives with standard D.D.

WOMEN'S

EVENT	25-Yard Course		25-Meter Course		50-Meter Course	
	A STANDARD	B STANDARD	A STANDARD	B STANDARD	A STANDARD	B STANDARD
50 Freestyle	:22.88	:23.56	:25.54	:26.30	:26.01	:26.78
100 Freestyle	:49.78	:51.27	:55.56	:57.23	:56.57	:58.27
200 Freestyle	1:47.61	1:50.83	2:00.11	2:03.70	2:01.60	2:05.24
500 Freestyle	4:45.46	4:54.02	4:09.75	4:17.24	4:14.88	4:22.52
1,650 Freestyle	16:23.54	16:53.04	16:20.60	16:50.01	16:43.62	17:13.72
100 Butterfly	:53.75	:55.36	:59.99	1:01.79	1:00.40	1:02.21
200 Butterfly	1:58.11	2:01.65	2:11.82	2:15.78	2:12.71	2:16.69
100 Backstroke	:54.47	:56.10	1:00.80	1:02.62	1:01.55	1:03.40
200 Backstroke	1:58.24	2:01.78	2:11.97	2:15.92	2:13.61	2:17.61
100 Breaststroke	1:02.00	1:03.86	1:09.20	1:11.28	1:11.27	1:13.41
200 Breaststroke	2:14.25	2:18.27	2:29.84	2:34.33	2:32.56	2:37.13
200 Individual Medley	2:00.67	2:04.29	2:14.68	2:18.72	2:17.13	2:21.24
400 Individual Medley	4:15.93	4:23.60	4:45.64	4:54.20	4:49.19	4:57.86
200 Freestyle Relay	1:31.01	1:33.74	1:41.58	1:44.63	1:43.43	1:46.53
400 Freestyle Relay	3:18.95	3:24.91	3:42.05	3:48.70	3:46.08	3:52.86
800 Freestyle Relay	7:11.65	7:24.59	8:01.76	8:16.20	8:07.75	8:22.37
200 Medley Relay	1:39.90	1:42.89	1:51.50	1:54.84	1:53.40	1:56.79
400 Medley Relay	3:38.32	3:44.86	4:03.67	4:10.97	4:07.81	4:15.24

1-Meter Diving Points—Dual 255/265*** / Championship 375

3-Meter Diving Points—Dual 270/280*** / Championship 425

Platform Diving Points—Dual 260 / 9 dives 365

***qualifying point total when using six optional dives with standard D.D.



THIS IS THE ACC

The Tradition

Consistency. It's the mark of true excellence in any endeavor.

However, in today's intercollegiate athletics, competition has become so balanced and so competitive that it is virtually impossible to maintain a high level of consistency.

Yet the Atlantic Coast Conference has defied the odds. Now in its 52nd year of competition, the ACC has long enjoyed the reputation as one of the strongest and most competitive intercollegiate conferences in the nation. And that is not mere conjecture, the numbers support it.

Since the league's inception in 1953, ACC schools have captured 91 national championships, including 47 in women's competition and 44 in men's. In addition, NCAA individual titles have gone to ACC student-athletes 116 times in men's competition and 57 times in women's action.

The conference had an immediate impact on the national college football scene in the fall of 1953 when the University of Maryland captured the first of what would eventually be five national football titles for the ACC. Clemson laid claim to the league's second national title in 1981 while Georgia Tech followed suit in 1990. Florida State pocketed national titles No. 4 and 5 in 1994 and 1999, respectively.

2003-04 in Review

The 2003-04 academic year concluded with the league pocketing three more national team titles and six individual NCAA crowns. In all, the ACC has won 48 national team titles over the last 14 years.

The ACC's 2003-04 national champions were Wake Forest in field hockey, North Carolina in women's soccer and Virginia in women's lacrosse.

The Championships

The conference will conduct championship competition in 25 sports during the 2004-05 academic year - 12 for men and 13 for women.

The first ACC championship was held in swimming on February 25, 1954. The conference did not conduct championships in cross country, wrestling or tennis during the first year.

The 12 sports for men include football, cross country, soccer, basketball, swimming, indoor and outdoor track, wrestling, baseball, tennis, golf and lacrosse. Fencing, which was started in 1971, was discontinued in 1981.

Women's sports were initiated in 1977 with the first championship meet being held in tennis at Wake Forest University.

Championships for women are currently conducted in cross country, volleyball, field hockey, soccer, basketball, swimming, indoor and outdoor track, tennis, golf, lacrosse, softball and rowing.

A History

The Atlantic Coast Conference was founded on May 8, 1953, at the Sedgefield Inn near Greensboro, N.C., with seven charter members - Clemson, Duke, Maryland, North Carolina, North Carolina State, South Carolina and Wake Forest - drawing up the conference by-laws.

The withdrawal of seven schools from the Southern Conference came early on the morning of May 8, 1953, during the Southern

Conference's annual spring meeting. On June 14, 1953, the seven members met in Raleigh, N.C., where a set of bylaws was adopted and the name became officially the Atlantic Coast Conference.

Suggestions from fans for the name of the new conference appeared in the region's newspapers prior to the meeting in Raleigh. Some of the names suggested were: Dixie, Mid South, Mid Atlantic, East Coast, Seaboard, Colonial, Tobacco, Blue-Gray, Piedmont, Southern Seven and the Shoreline.

Duke's Eddie Cameron recommended that the name of the conference be the Atlantic Coast Conference, and the motion was passed unanimously. The meeting concluded with each member institution assessed \$200.00 to pay for conference expenses.

On December 4, 1953, conference officials met again at Sedgefield and officially admitted the University of Virginia as the league's eighth member. The first, and only, withdrawal of a school from the ACC came on June 30, 1971, when the University of South Carolina tendered its resignation.

The ACC operated with seven members until April 3, 1978, when the Georgia Institute of Technology was admitted. The Atlanta school had withdrawn from the Southeastern Conference in January of 1964.

The ACC expanded to nine members on July 1, 1991, with the addition of Florida State University.

The conference expanded to 11 members on July 1, 2004, with the addition of the University of Miami and Virginia Polytechnic Institute and State University. On October 17, 2004, Boston College accepted an invitation to become the league's 12th member starting with the 2005-06 academic year.



FSU's Hardware from 2003-04



2004 Swimmer of the Meet, Emma Dutton and Diver of the Meet, Tiffany Manning



ACC ALL-TIME RECORD



ACC WOMEN'S RECORDS

Event	Time	Name (School)(Year)
50 FREESTYLE		
Conference:	22.40	Richelle Fox, North Carolina, 1998
ACC Meet:	22.45	Christy Watkins, North Carolina, 2002
100 FREESTYLE		
Conference:	48.84	Mitzi Kremer, Clemson, 1989
ACC Meet:	49.35	Richelle Fox, North Carolina, 1998
200 FREESTYLE		
Conference:	1:44.78	Mitzi Kremer, Clemson, 1989
ACC Meet:	1:46.36	Jessi Perruquet, North Carolina, 2004
500 FREESTYLE		
Conference:	4:39.18	Mitzi Kremer, Clemson, 1989
ACC Meet:	4:42.35	Cara Lane, Virginia, 2002
1000 FREESTYLE		
Conference:	9:24.84	Mirjana Bosevska, Virginia, 2000
1650 FREESTYLE		
Conference:	15:53.49	Cara Lane, Virginia, 2003
ACC Meet:	15:58.64	Cara Lane, Virginia, 2001
100 BACKSTROKE		
Conference:	53.12	Brielle White, Virginia, 2004
ACC Meet:	53.63	Brielle White, Virginia, 2004
200 BACKSTROKE		
Conference:	1:57.13	Brielle White, Virginia, 2004
ACC Meet:	1:57.13	Brielle White, Virginia, 2004
100 BREASTSTROKE		
Conference:	1:00.45	Danica Wizniuk, Virginia, 1999
ACC Meet:	1:00.52	Danica Wizniuk, Virginia, 1999
200 BREASTSTROKE		
Conference:	2:11.12	Katie Hathaway, North Carolina, 2002
ACC Meet:	2:11.82	Danica Wizniuk, Virginia, 1999
100 BUTTERFLY		
Conference:	52.34	Richelle Depold, North Carolina, 1997
ACC Meet:	53.45	Richelle Fox, North Carolina, 1998
200 BUTTERFLY		
Conference:	1:57.66	Kelly Weeks, North Carolina, 2003
ACC Meet:	1:58.41	Melanie Buddemeyer, North Carolina, 1985
200 INDIVIDUAL MEDLEY		
Conference:	1:59.31	Mirjana Bosevska, Virginia, 2002
ACC Meet:	1:59.31	Mirjana Bosevska, Virginia, 2002
400 INDIVIDUAL MEDLEY		
Conference:	4:09.75	Mirjana Bosevska, Virginia, 2002
ACC Meet:	4:11.76	Mirjana Bosevska, Virginia, 2002
200 FREE RELAY		
Conference:	1:30.98	Virginia (Georoff, Ellis, Crane, Roesch), 2002
ACC Meet:	1:31.34	Maryland (Novotny, Catterson, Adamkova, Bowman), 2001
400 FREE RELAY		
Conference:	3:19.81	Virginia (Roesch, Ellis, Georoff, Dykehouse), 2002
ACC Meet:	3:20.45	North Carolina (Watkins, Hathaway, Perruquet, Acuff), 2001
800 FREE RELAY		
Conference:	7:13.33	North Carolina (Hanson, Weeks, Smith, Perruquet), 2004
ACC Meet:	7:13.33	North Carolina (Hanson, Weeks, Smith, Perruquet), 2004
200 MEDLEY RELAY		
Conference:	1:40.27	Virginia (Iffland, Wizniuk, Forster, Cronk), 1999
ACC Meet:	1:40.69	Virginia (Iffland, Wizniuk, Forster, Cronk), 1999
400 MEDLEY RELAY		
Conference:	3:39.28	Virginia (Iffland, Wizniuk, McCubbins, Cronk), 1999
ACC Meet:	3:39.28	Virginia (Iffland, Wizniuk, McCubbins, Cronk), 1999

ACC MEN'S RECORDS

Event	Time	Name (School) Year
50 FREESTYLE		
Conference:	19.14	David Fox, NC State, 1993
ACC Meet:	19.25	Brendon Dedekind, Florida State, 1998
100 FREESTYLE		
Conference:	42.96	Brendon Dedekind, Florida State, 1999
ACC Meet:	42.96	Brendon Dedekind, Florida State, 1999
200 FREESTYLE		
Conference:	1:35.59	John Davis, North Carolina, 1990
ACC Meet:	1:35.59	John Davis, North Carolina, 1990
500 FREESTYLE		
Conference:	4:16.32	Ian Prichard, Virginia, 2001
ACC Meet:	4:16.32	Ian Prichard, Virginia, 2001
1000 FREESTYLE		
Conference:	8:54.56	Fran Crippen, Virginia, 2003
1650 FREESTYLE		
Conference:	14:46.05	Fran Crippen, Virginia, 2003
ACC Meet:	14:47.99	Shilo Ayalon, Georgia Tech, 2003
100 BACKSTROKE		
Conference:	47.72	Stephen Parry, Florida State, 1999
ACC Meet:	48.10	Rob Braknis, Florida State, 1995; Ted Brisson, North Carolina, 1998
200 BACKSTROKE		
Conference:	1:42.67	Luke Wagner, Virginia, 2001
ACC Meet:	1:43.39	Rob Braknis, Florida State, 1995
100 BREASTSTROKE		
Conference:	52.60	Ed Moses, Virginia, 2000
ACC Meet:	52.60	Ed Moses, Virginia, 2000
200 BREASTSTROKE		
Conference:	1:53.99	Ed Moses, Virginia, 2000
ACC Meet:	1:54.79	Gary Marshall, Virginia, 2002
100 BUTTERFLY		
Conference:	46.86	Tucker Shade, North Carolina, 1998
ACC Meet:	47.09	Tucker Shade, North Carolina, 1998
200 BUTTERFLY		
Conference:	1:42.84	Michael Raab, Virginia, 2003
ACC Meet:	1:43.54	Doak Finch, Virginia, 2000
200 INDIVIDUAL MEDLEY		
Conference:	1:46.20	Bo Greenwood, Virginia, 2002
ACC Meet:	1:46.20	Bo Greenwood, Virginia, 2002
400 INDIVIDUAL MEDLEY		
Conference:	3:44.99	Bo Greenwood, Virginia, 2002
ACC Meet:	3:44.99	Bo Greenwood, Virginia, 2002
1-METER DIVING		
ACC Meet:	560.25	Paul Spray, Florida State, 1992
3-METER DIVING		
ACC Meet:	621.05	Louis Gagnet, Florida State, 2003
200 FREE RELAY		
Conference:	1:18.75	Florida State (Santos, Flanagan, McVittie, Dedekind), 1998
ACC Meet:	1:18.78	Florida State (Dedekind, Coelho, McVittie, Braknis), 1997
400 FREE RELAY		
Conference:	2:55.22	Florida State (Dedekind, Coelho, McVittie, Braknis), 1997
ACC Meet:	2:55.22	Florida State (Dedekind, Coelho, McVittie, Braknis), 1997
800 FREE RELAY		
Conference:	6:26.71	North Carolina (Monasterio, Hamrick, Summerlin, deFabrique), 1993
ACC Meet:	6:29.13	Virginia (Wagner, Anderson, Johnson, Prichard), 2001
200 MEDLEY RELAY		
Conference:	1:27.49	Florida State (Parry, Petersen, Ang)1999
ACC Meet:	1:27.73	NC State (Holloway, Proto, Magnusson, Solt), 2000
400 MEDLEY RELAY		
Conference:	3:11.60	Virginia (Mousetis, Moses, Finch, Johnson), 2000
ACC Meet:	3:11.60	Virginia (Mousetis, Moses, Finch, Johnson), 2000



WOMEN'S ACC SUMMARY



	Conference				Overall			
	W	L	T	Pct.	W	L	T	Pct.
Maryland	6	0	0	1.000	11	0	0	1.000
Florida State	2	0	0	1.000	15	2	0	.882
North Carolina	4	1	0	.800	7	3	0	.700
Virginia	4	2	0	.667	6	4	0	.600
NC State	2	5	0	.286	5	6	0	.455
Clemson	1	4	0	.200	10	5	0	.667
Georgia Tech	1	4	0	.200	4	7	0	.363
Duke	0	4	0	.000	5	5	0	.500

ACC Championship Results Charlottesville, Va., February 18-21

1. Virginia	675
2. North Carolina	623.5
3. Florida State	611
4. Maryland	506
5. Clemson	294.5
6. Georgia Tech	282
7. Duke	262
8. NC State	229

ACC Meet Individual Champions

50 Free	Emma Dutton, FSU	22.64
100 Free	Jessi Perruquet, UNC	49.99
200 Free	Jessi Perruquet, UNC	1:46.36
500 Free	Rachael Burke, UVa	4:43.24
1650 Free	Kimi Kelly, UVa	16:04.33
100 Breast	Emma Dutton, FSU	1:00.94
200 Breast	Emma Dutton, FSU	2:12.76
100 Fly	Gigi de Toll, Md	• 53.66
200 Fly	Kelly Weeks, UNC	1:59.04
100 Back	Brielle White, UVa	• 53.63
200 Back	Brielle White, UVa	• 1:57.13
200 IM	Katie Ness, Duke	2:00.27
400 IM	Amy Baly, UVa	4:16.20
One-Meter Diving	Tiffany Manning, FSU	312.45
Three-Meter Diving	Tiffany Manning, FSU	538.75
200 Free Relay	Florida State	1:32.03
400 Free Relay	Florida State	3:21.86
800 Free Relay	North Carolina	• 7:13.33
200 Medley Relay	Florida State	1:40.84
400 Medley Relay	Florida State	3:40.81

•ACC Meet Record

ACC Awards

ACC Meet Most Valuable Swimmer	Emma Dutton, Florida State
ACC Meet Most Valuable Diver	Tiffany Manning, Florida State
ACC Swimmer of the Year	Emma Dutton, Florida State
ACC Freshman of the Year	Kimi Kelly, Virginia
ACC Coach of the Year	Neil Harper, Florida State

Top 8 ACC Finishers In NCAA Championships

100-Meter Back	4th-Brielle White, UVa	59.80
Platform Diving	5th-Tiffany Manning, FSU	424.25
1500-Meter Free	2nd-Rachael Burke, UVa	15:55.27
	6th-Kimi Kelly, UVa	16:04.99
200-Meter Free	3rd-Jessi Perruquet, UNC	1:57.96
100-Meter Breast	8th-Emma Dutton, FSU	1:07.97
200-Meter Breast	8th-Emma Dutton, FSU	2:28.66

NCAA All-Americans

Emma Dutton	Florida State
Tiffany Manning	Florida State
Jessi Perruquet	North Carolina
Rachael Burke	Virginia
Kimi Kelly	Virginia
Brielle White	Virginia

All-Atlantic Coast Conference Team

Duke:	Katie Ness
Florida State:	Emily Breen, Lauren Brick, Rachel Dong, Emma Dutton, Lisa How, Taryn Ignacio, Brittany Lerew, Andree-Anne LeRoy, Tiffany Manning, Courtney McClow
Maryland:	Jenny Brian, Megan Knepper, Elizabeth Lavell, Alexandra Malanina, Marina Mulyayeva, Gigi de Toll
North Carolina:	Becky Acker, Jessie Brosch, Lizzy Bruce, Virginia Hanson, Jessi Perruquet, Amanda Smith, Kelly Weeks
NC State:	Rebecca Perry
Virginia:	Amy Baly, Corey Berg, Rachael Burke, Katie Gordon, Kimi Kelly, Rory Schmidt, Brielle White

Emily Breen, All-ACC



MEN'S ACC SUMMARY



	Conference				Overall			
	W	L	T	Pct.	W	L	T	Pct.
Virginia	6	0	0	1.000	10	1	0	.909
Clemson	4	1	1	.750	13	2	1	.844
North Carolina	3	1	1	.700	7	4	1	.625
Florida State	2	1	0	.667	9	3	0	.750
Georgia Tech	2	3	0	.400	4	7	0	.363
NC State	2	5	0	.286	7	6	0	.538
Maryland	1	5	0	.167	4	8	0	.333
Duke	0	4	0	.000	5	5	0	.500

Top 8 ACC Finishers In NCAA Championships

1500 Free	4th-Ian Prichard, UVa	15:03.27
200 Fly	5th-Michael Raab, UVa	1:55.47
200 Back	7th-Luke Wagner, UVa	1:55.73

NCAA All-Americans

Yuri Suguiyama	North Carolina
Ian Prichard	Virginia
Michael Raab	Virginia
Luke Wagner	Virginia

ACC Championship Results

Charlottesville, Va., February 25-28

1. Virginia	848.5
2. Florida State	537
3. North Carolina	507
4. Clemson	436
5. Georgia Tech	392
6. NC State	334.5
7. Maryland	283
8. Duke	123

ACC Meet Individual Champions

50 Free	Cullen Jones, NCS	19.70
100 Free	Cullen Jones, NCS	43.59
200 Free	Yuri Suguiyama, UNC	1:37.33
500 Free	Fran Crippen, UVa	4:17.90
1650 Free	Ian Prichard, UVa	14:55.13
100 Breast	Wickus Nienaber, FSU	54.18
200 Breast	Vanja Rogulj, UVa	1:56.62
100 Fly	Joel Roycik, FSU	47.53
200 Fly	Michael Raab, UVa	1:45.23
100 Back	Luke Wagner, UVa	48.58
200 Back	Mark Henly, Clem	1:43.78
200 IM	Bo Greenwood, UVa	1:48.10
400 IM	Fran Crippen, UVa	3:47.16
One-Meter Diving	Eric Shulick, Clem	314.60
Three-Meter Diving	Eric Poitras, UNC	538.95
200 Free Relay	Virginia	1:19.94
400 Free Relay	Virginia	2:57.75
800 Free Relay	Virginia	6:29.59
200 Medley Relay	Florida State	1:28.95
400 Medley Relay	Virginia	3:13.01

ACC Awards

ACC Meet Most Valuable Swimmer	Fran Crippen, Virginia
ACC Meet Most Valuable Diver	Eric Poitras, North Carolina
ACC Swimmer of the Year	Fran Crippen, Virginia
ACC Freshman of the Year	Vanja Rogulj, Virginia
ACC Coach of the Year	Mark Bernardino, Virginia

All-Atlantic Coast Conference Team

Clemson:	Mark Henly, Rob Kummer, Eric Shulick
Florida State:	Michael Averett, Wickus Nienaber, Michael Paulus, Joel Roycik, Chris Vythoulkas
Georgia Tech:	Ryan Bishop
Maryland:	Chris Brandenberger, Mark Hill
North Carolina:	Josh Glasco, Eddy Matkovic, Eric Poitras, Yuri Suguiyama, Patrick Woodruff
NC State:	Vitor Assuncao, Cullen Jones
Virginia:	Pete Amstutz, Andrew Barber, Ryan Berg, Fran Crippen, Bo Greenwood, Jon Haag, Rick Hancock, Stefan Hirniak, Greg Imboden, Adam Kerpelman, Ethan McCoy, John Millen, Ian Prichard, Michael Raab, Vanja Rogulj, Luke Wagner



**Joel Roycik,
ACC Champion**



2004 ACC HONOR ROLL



1993:

Dorotea Bralic
Robert Caicedo
Kristen Campbell
Anne Castello
Nadezda Cenanovic
Brian Davey
Ann Evins
John Haynes
Meghan Henning
Brad Hoffman
Helen Jepson
Ronda King
Ruth Kominski
Valerie Moore
Jason Porter
Christine Steinberg
John Tyler
Claudia Wilson

1994:

Shauan Alberathie
Dorotea Bralic
Kristen Campbell
Anne Castello
Eduardo Coelho
Brian Davey
Elizabeth Engel
Ann Evins
Margaet Fox
Maider Gaztanaga
Jose Gutierrez
John Haynes
Brad Hoffman
Helen Jepson
Ruth Kominski
Shannon McHugh
Jlleanne Peluso
Mathew Schmauch
John Tyler
George Willard
Claudia Wilson
Jennifer Withrow

1995:

Shaun Abernathie
Thomas Bendixon
Dorotea Bralic
Meghan Brennan
Kristen Campbell
Colleen Carpenter
Eduardo Coelho
Cara Duncan
Mathew Dunn
Elizabeth Engel
Maider Gaztanaga
Ryan Gratzick
Caroline Hamilton
John Haynes
Julia Henderson
Sarah Henderson
Andrew Hjortaaas
Brad Hoffman

Helen Jepson
Ruth Kominksi
Pamela Kuznia
Shannon McHugh
Jose Merino
Julieanne Peluso
Claudia Wilson
Jennifer Withrow

1996:

Amy Armond
Thomas Bendixen
Meghan Brennan
Kristen Campbell
Neikuan Chia
Eduardo Coelho
Brendon Dedekind
Kerwin Deese
Mathew Dunn
Nathan Eley
Jennifer Engelbrecht
Maider Gaztanaga
Corey Geraghty
Ryan Gratzick
Caroline Hamilton
John Haynes
Julia Henderson
Carlos Henley
Helen Jepson
Shannon McHugh
Stephen Parry
Tenelle Ramer
Mathew Schmauch
David Semesco
Timothy Welsch
Claudia Wilson
Katherine Wright

1997:

Rachel Amman
Amy Armond
Brent Burkman
Neikuan Chia
Danny Chocron
Eduardo Coelho
Brendon Dedekind
Kerwin Deese
Jennifer Engelbrecht
Kevin Flanagan
Maider Gaztanaga
Corey Geraghty
Ryan Gratzick
Caroline Hamilton
Sarah Henderson
Helen Jepson
Pamela Kuznia
Cindy Marion
Shannon McHugh
Ben Nuttall
Stephen Parry
Marya Sabesky
Karin Schmedeman
Danielle Stafford

Maria Toole
Claudia Wilson
Kile Zellar

1998:

Kristen Adams
Rachel Amman
Brent Burkman
Katie Decker
Kerwin Deese
Jenny Engelbrecht
Kevin Flanagan
Sherrí Fowler
Polly Jaskowski
Cindy Marion
Kristie McRoberts
Matt McVittie
Stephen Parry
Brett Petersen
Tenelle Ramer
Kevin Rowley
Marya Sabesky
Sarah Scobey
Danielle Stafford
Mara Toole
Tim Welsch
Katie Wright

1999:

Kristen Adams
Danny Chocron
Brendon Dedekind
Liska Dedekind
Kerwin Deese
Jenny Engelbrecht
Kevin Flanagan
Jonathan Fry
Amber Goodwin
Tanya Gurr
James Henley
Caren Hirai
Jonathan Kaplan
Amber McLain
Matt McVittie
Ben Nuttall
Chad Onken
Ann Parker
Steven Parry
Marya Sabesky
Michael Singleton
Mara Toole
Summer Washburn
Samantha White
Katie Wright

2000:

Kristen Adams
Summer Bell
Brent Burkmen
Christy Cech
Danny Chocron
Devin Crock
Liska Dedekind

Jill Deviese
Kevin Flanagan
Steven Forson
Shannon Goff
Amber Goodwin
Tanya Gurr
Caren Hirai
Karin Holmsted
Jonathan Kaplan
Kristan Keelan
Keryn Krynauw
Karen Lawsky
Megan Lock
Amber McLain
Nelson Mora
Elizabeth Nagy
Marya Sabesky
Wiliam Schultz
Seth Swisher
Christine Williams

2001:

Kristen Adams
Summer Bell
Christy Cech
Margaret Colley
Alison Cucchi
Joshua Edelman
Steven Forson
Michael Franks
Caren Hirai
Jonathan Kaplan
Kristan Keelan
Lisa Kirsch
James Korton
Amy Lo
Elizabeth Nagy
Candice Nethercott
Michael Paulus
Tonya Rasor
Marya Sabesky
Seth Swisher
Lauren Walker
Matt Wheeler

2002:

Emily Armond
Michael Averett
Justin Betts
Megan Boyle
Emily Breen
Christy Cech
Michael Clarke
Margaret Colley
Devin Crock
Alison Cucchi
Jennifer Henshaw
Caren Hirai
Lisa How
Jonathan Kaplan
Kristan Keelan
Laura Kenney
Lisa Kirsch

Keryn Krynauw
Angie Leach
Amy Lo
Jennie Lyes
Elizabeth Nagy
Wickus Nienaber
Liz Parkinson
Michael Paulus
Christina Pesce
Tonya Rasor
Meredith Roberts
Jennifer Smith
Jessica Walker
Matt Wheeler
Kayce Zemina

2003:

Jason Beinlich
Emily Breen
Katie Byrnes
Margaret Colley
Devin Crock
Rachel Dong
Emma Dutton
Louis Gagnet
Samuel Hood
Laura Kenney
Angie Leach
Andree-Anne Leroy
Amy Lo
Elizabeth Nagy
Elizabeth Parkinson
Michael Paulus
Tonya Rasor
Joel Roycik
Jennifer Smith
Matthew Wheeler

2004:

Michael Averett
Justin Betts
Emily Breen
Katie Byrnes
Andrew Castro
Rachel Dong
Emma Dutton
Paul Erben
Loren Hansen
Alex Kennon
Angie Leach
Andree-Anne LeRoy
Amy Lo
Elizabeth Parkinson
Michael Paulus
Tonya Rasor
Katie Ronan
Steve Roof
Curtis Schroeger
Jennifer Smith
Tal Stricker
Matthew Wheeler
Kayce Zemina



ACC ALL-TIME CHAMPIONS



Women's ACC Champions:

- 1993** Dora Bralic, 100 Breast
Helen Jepson, 200 Fly
- 1994** Dora Bralic, 100 Breast
- 1995** Erin Gillooly, 3M Diving
Helen Jepson, 100 Fly & 200 Fly
Jodi Kreig, 100 Back & 200 Back
Allison Smith, 100 Breast
200 Medley Relay
400 Medley Relay
- 1996** Jodi Kreig, 100 Back
200 Medley Relay
- 1997** Samantha White, 100 Breast
- 2000** Christy Cech, 100 Free
Tanya Gurr, 200 Free
400 Free Relay
- 2001** Chelsie Lerew, 1M Diving &
3M Diving
- 2002** Christy Cech, 100 Free
Chelsie Lerew, 3M Diving
Courtney McClow, 1M Diving
400 Medley Relay
- 2003** Emma Dutton, 100 Breast
Chelsie Lerew, 1M Diving &
3M Diving
Andree-Anne Leroy, 200 IM
200 Free Relay
400 Free Relay
- 2004** Emma Dutton, 50 Free, 100 Breast
& 200 Breast
Tiffany Manning, 1M Diving &
3M Diving
200 Free Relay
400 Free Relay
200 Medley Relay
400 Medley Relay

Men's ACC Champions:

- 1992** Desmond Koh, 200 Breast
Paul Spray, 1M Diving & 3M Diving
- 1993** Ignacio Merino, 200 Fly
Rob Braknis, 100 Back
- 1994** Rob Braknis, 100 Back
- 1995** Frank Bradley, 200 IM
Rob Braknis, 50 Free, 100 Back
& 200 Back
Chad Haberstroh, 400 IM
200 Free Relay
200 Medley Relay
400 Medley Relay
- 1996** Brendon Dedekind, 50 Free
& 100 Free
Chad Haberstroh, 400 IM
200 Free Relay
- 1997** Rob Braknis, 100 Back & 200 Back
Brendon Dedekind, 50 Free, 100
Free & 100 Breast

- Stephen Parry, 200 Free & 200 Fly
200 Free Relay
400 Free Relay
200 Medley Relay
400 Medley Relay

- 1998** Brendon Dedekind, 50 Free
& 100 Breast
200 Free Relay
400 Free Relay
200 Medley Relay
400 Medley Relay
- 1999** Brendon Dedekind, 50 Free, 100
Free, & 100 Breast
Stephen Parry, 200 Free, 200 Fly
& 200 Back
200 Free Relay
400 Free Relay
800 Free Relay
200 Medley Relay
400 Medley Relay
- 2000** Brent Burkman, 1M Diving
200 Free Relay
- 2001** Devin Crock, 100 Fly
Josh Edelman, 1M Diving
& 3M Diving
Greg Main-Baillie, 50 Free
- 2002** Louis Gagnet, 1M Diving
& 3M Diving
200 Medley Relay
- 2003** Justin Betts, 100 Breast
Louis Gagnet 1M Diving &
3M Diving
200 Free Relay
200 Medley Relay
- 2004** Wickus Nienaber, 100 Breast
Joel Roycik, 100 Fly
200 Medley Relay

ACC Performers of the Week

Men

2001. . . . Greg Main-Baillie, Oct. 30
2002. . . . Michael Averett, Jan. 7
Wickus Nienaber, Jan. 28
2003. . . . Louis Gagnet, Nov. 11
Joey Mashburn, Dec. 9
Wickus Nienaber, Jan. 6
2004. . . . Michael Paulus, Jan. 5

Women

2001. . . . Keryn Kynauw, Dec.4
2003. . . . Andree-Anne Leroy, Jan. 6
2004. . . . Emma Dutton, Nov. 24
Lisa How, Jan. 5

ACC Selections: 1992-2003

Men's

- Robert Caicedo, 1992-93
Desmond Koh, 1992
Paul Spray, 1992
Rob Braknis, 1993-94-95+97
Ignacio Merino, 1993-94-95
Chip Haberstroh, 1994-95-96-97
Dustin Bengston, 1995
Frank Bradley, 1995
Eduardo Coelho, 1995-96-97
Sean Gerrard, 1995
John Haynes, 1995-96
Brendon Dedekind, 1996-97-98-99
Matt McVittie, 1996-97-98-99
Stephen Parry, 1996-97-98-99
Brett Petersen, 1997-98-99-00
Keam Ang, 1998-98
Kevin Flanagan, 1998-99-00
Julio Santos, 1998-99
Greg Main-Baillie, 1999-00-01
Nelson Mora, 1999
Nnamnse Ammons, 2000+02-03
Brent Burkman, 2000
Joey Mashburn, 2000+02-03
Devin Crock, 2001-02-03
Josh Edelman, 2001
Wickus Nienaber, 2001+03-04
Justin Betts, 2002-03
Louis Gagnet, 2002-03
Matt Carmen, 2003
Joel Roycik, 2003-04
Michael Paulus, 2003-04
Michael Averett, 2004
Chris Vythoulikas, 2004

Women's

- Dora Bralic, 1993-94
Julie Henderson, 1993
Helen Jepson, 1993-94-95
Erin Gillooly, 1995
Ruth Kominski, 1995
Jodi Krieg, 1995-96
Allison Smith, 1995
Sherri Fowler, 1996
Sarah Henderson, 1996
Tenelle Ramer, 1996
Samantha White, 1996-97
Katie Wright, 1996
Anne Blachford, 1997-98+00
Tanya Gurr, 1999-00
Marya Sabesky, 1999
Kristen Adams, 2000
Christy Cech, 2000-01-02
Caren Hirai, 2001
Keryn Krynauw, 2001
Chelsie Lerew, 2001-02-03
Michelle Sekeres, 2001-02
Emily Breen, 2002-03-04
Emma Dutton, 2002-03-04
Tiffany Manning, 2002-03-04
Courtney McClow, 2002-03-04
Candice Nethercott, 2002
Loren Hansen, 2003
Andree-Anne Leroy, 2003-04
Jennie Lyes, 2003
Liz Parkinson, 2003
Lauren Brick, 2004
Rachel Dong, 2004
Lisa How, 2004
Taryn Ignacio, 2004
Brittany Lerew, 2004



WOMEN'S ALL-AMERICANS

Women's Individual All-American

1975	Susan Clark Katie Jones Mary Montgomery Jackie Walker	50 Fly, 100 Fly, 100 IM 100 Back 400 Free 400 Free
1976	Laura Barber	50 Back, 100 Back
1977	Laura Barber Susie Yates	100 Back 50 Free
1978	Terri Miller Jana Wilkins	400 IM, 1650 Free 100 Fly
1980	Lenore Gribble Lisa Nencioni Sharon Spuler	100 Fly 100 Breast 50 Breast
1981	Lenore Gribble Meg McCully Sharon Spuler	100 fly 50 Back, 100 Back 50 Breast
1982	Kim Foster Lenore Gribble Laurie Lehner Meg McCully Sharon Spuler	200 Back 50 Fly, 100 Fly 50 Fly, 100 Fly, 50 Free, 100 Free 50 Back, 100 Back, 200 Back 50 Breast, 100 Breast
1993	Sara Linke	200 Free, 500 Free
1984	Sara Linke	200 Free, 500 Free
1985	Wendy Fuller	1M Diving
1988	Kathy Isackson	100 Fly, 200 Fly
1989	Kathy Isackson Danielle Van Dyke	100 Fly 100 Breast
1995	Helen Jepson	200 Fly
1996	Samantha White	100 Breast
1997	Samantha White Anne Blachford	100 Breast 200 IM
2001	Christy Cech	50 Free
2002	Christy Cech Tiffany Manning Chelsie Lerew	50 Free Platform Diving 1M Diving
2003	Tiffany Manning	Platform Diving
2004	Emma Dutton Tiffany Manning	100 Breast, 200 Breast Platform Diving

Women's All-American Relays

200 Free

1976	Laura Barber, Kim Reeves, Patty Taylor, Ritchie Dorrier
1977	Laura Barber, Ritchie Dorrier, Susie Yates, Jana Wilkins
1982	Sharon Spuler, Lenore Gribble, Laurie Lehner, Simone Kusseling
2000	Christine Williams, Christy Cech, Tanya Gurr, Anne Blachford

400 Free

1975	Mary Montgomery, Susan Clark, Jackie Walker, Kathy McHardy
1976	Laura Barber, Kim Reeves, Ritchie Dorrier, Kathy McHardy
1977	Laura Barber, Ritchie Dorrier, Jana Wilkins, Susie Yates
1978	Terri Miller, Jeanne Dowdle, Laura Barber, Jana Wilkins
1979	Jeanne Dowdle, Lisa Davidson, Kim Dunlap, Kathi Miller
1982	Sharon Spuler, Laurie Lehner, Lenore Gribble, Stacey Deck
2000	Kristen Adams, Anne Blachford, Tanya Gurr, Christy Cech

800 Free

1977	Laura Barber, Sara Shuster, Nancy Pfaff, Beth Jones
1978	Terri Miller, Jackie Bajus, Jana Wilkins, Sara Shuster
2000	Kristen Adams, Anne Blachford, Tanya Gurr, Christy Cech

200 Medley

1975	Katie Jones, Penny Knutsen, Susan Clark, Mary Montgomery
1977	Terri Wiking, Kim Krueger, Jana Wilkins, Susie Yates
1978	Laura Barber, Jeanne Dowdle, Jana Wilkins, Jackie Bajus
1980	Kim Dunlap, Sharon Spuler, Lenore Gribble, Jeanne Dowdle
1981	Meg McCully, Sharon Spuler, Lenore Gribble, Kim Foster
1982	Meg McCully, Sharon Spuler, Laurie Lehner, Simone Kusseling
1988	Stacia Evans, Jennifer Hazard, Kathy Isackson, Krissy Myers

400 Medley

1981	Meg McCully, Sharon Spuler, Lisa Nencioni, Lenore Gribble
1982	Meg McCully, Sharon Spuler, Lisa Nencioni, Lenore Gribble

WOMEN'S ALL AMERICANS



LENORE GRIBBLE
All-American, 1980-82



SHARON SPULER
All-American, 1980-82



HELEN JEPSON
All-American, 1995



SAMANTHA WHITE
100 Breast, 1996-97



ANNE BLACHFORD
200 IM, 1997



CHRISTY CECH
All-American, 2001

MEN'S ALL-AMERICANS



Men's Individual All-Americans

1950	Roger Slater	1M Diving
1951	Roger Slater	1M Diving
1954	Ernest Stock	100 Breast
1959	Curt Genders	1M Diving
	Buck Hiles	400 Free
	Robert Weber	1M, 3M Diving
1960	Curt Genders	1M, 3M Diving
	Robert Weber	1M, 3M Diving
1961	Curt Genders*	1M, 3M Diving
	Buck Hiles	100 Fly
1962	Paul Thompson	220 Free, 440 Free
1969	Phil Boggs	1M Diving
1970	Phil Boggs	1M, 3M Diving
	Dean Jerger	50 Free
	Phil Boggs*	1M, 3M Diving
1978	Steve Allbritton	50 Free
1979	Kevin Connell	200 Breast
1985	Dan Akre	200 Breast
	Mike Kowalski	100 Back
1986	Mike Kowalski	100 Back
1991	Paul Spray	1M, 3M Diving
	Craig Zettle	100 Breast
1992	Paul Spray	1M, 3M Diving
	Craig Zettle	100 Breast
1994	Ignacio Merino	100 Fly
1995	Rob Braknis	200 Back
	Ignacio Merino	200 Fly
1996	Brendon Dedekind	50 Free
	Chip Haberstroh	400 IM
	Stephen Parry	200 Fly
1997	Brendon Dedekind	50 Free, 100 Free, 100 Breast
	Stephen Parry*	100 Fly, 200 Fly
1998	Brendon Dedekind*	50 Free, 100 Breast
	Stephen Parry	200 Fly
1999	Brendon Dedekind*	100 Breast, 50 Free, 100 Free
	Stephen Parry	100 Fly, 100 Back, 200 Fly
	Julio Santos	50 Free
	Brett Petersen	100 Breast
2003	Louie Gagnet	3M Diving

* National Champion

Men's All-American Relays

200 Free Relay

1996	Brendon Dedekind, Eduardo Coelho, John Haynes, Matt McVittie
1998	Kevin Flanagan, Brendon Dedekind, Matt McVittie, Julio Santos
1999	Brendon Dedekind, Julio Santos, Kevin Flanagan, Matt McVittie

400 Free Relay

1996	Brendon Dedekind, Eduardo Coelho, Matt McVittie, John Haynes
1998	Matt McVittie, Julio Santos, Brendon Dedekind, Stephen Parry
1999	Matt McVittie, Brandon Dedekind, Kevin Flanagan, Stephen Parry

800 Free Relay

1974	John Hegert, Bob Horne, Steve Meisel, Cliff Schlak
1976	Larry Brown, Steve Meisel, Mike Gratton, Cliff Schlak

1990 Vance Tankersly, Dieter Holtz, Scott Mundell, Charlie Rose

1991 Jose Gutierrez, Dieter Hotlz, Scott Mundell, Charlie Rose

1999 Matt McVittie, Nelson Mora, Julio Santos, Stephen Parry

200 Medley Relay

1995 Robert Braknis, Ignacio Merino, Dustin Bengston, Eduardo Coelho

1998 Brett Petersen, Brendon Dedekind, Stephen Parry, Julio Santos

400 Medley Relay

1995 Robert Braknis, Ignacio Merino, Dustin Bengston, Eduardo Coelho

1999 Stephen Parry, Brett Petersen, Keam Ang, Brendon Dedekind

MEN'S ALL AMERICANS



BRENDON DEDEKIND
All-American, 1996-99



MATT McVITTIE
All-American, 1996-99



STEPHEN PARRY
All-American, 1996-99



KEVIN FLANAGAN
100 & 400 Free, 1998-99



BRETT PETERSEN
100 Breast, 400 IM Relay, 1998-99



JULIO SANTOS
All-American, 1998-99



NELSON MORA
800 Free, 1999



LOUIS GAGNET
3M Diving, 2003





ALL-TIME TOP TEN

Women's Top Ten Personal Bests

500 Freestyle

1. Christy Cech	22.54	2001
2. Emma Dutton	22.64	2004
3. Laurie Lehner	22.77	1982
4. Jennie Lyes	22.96	2003
5. Tanya Gurr	23.19	1999
6. Anne Blachford	23.27	1999
7. Rush Kominski	23.28	1995
8. Stacia Evans	23.29	1988
9. Emily Breen	23.36	2004
10. Krissy Myers	23.39	1988

100 Freestyle

1. Christy Cech	49.36	2001
2. Laurie Lehner	50.01	1982
3. Emma Dutton	50.27	2003
4. Emily Breen	50.41	2004
5. Jennie Lyes	50.64	2003
6. Tanya Gurr	50.78	1999
7. Liz Parkinson	51.06	2003
8. Anne Blachford	51.16	1997
9. Kristen Adams	51.26	2001
10. Tenelle Ramer	51.27	1996

200 Freestyle

1. Tanya Gurr	1:48.14	2000
2. Christy Cech	1:48.45	2001
3. Loren Hansen	1:49.25	2003
4. Sara Linke	1:49.39	1984
5. Renee Gajda	1:49.85	2004
6. Kristen Adams	1:50.02	1999
7. Susan North	1:50.10	1988
8. Tenelle Ramer	1:51.30	1996
9. Golda Marcus	1:51.63	2004
10. Kathy Isackson	1:51.75	1990

500 Freestyle

1. Sara Link	4:45.80	1984
2. Lisa How	4:49.56	2004
3. Loren Hansen	4:50.18	2003
4. Kristen Adams	4:53.82	1998

5. Kristie McRoberts	4:55.33	1997
6. Golda Marcus	4:55.11	2004
7. Amy Lo	4:55.87	2002
8. Kathy Turner	4:55.97	1989
9. Missy Connolly	4:56.34	1990
10. Renee Gajda	4:57.29	2004

1650 Freestyle

1. Missy Connolly	16:39.79	1990
2. Merrie Brennan	16:56.33	1989
3. Angie Leach	16:56.43	2002
4. Helen Jepson	16:57.43	1993
5. Lisa Kirsch	16:59.52	1999
6. Karen Acre	17:00.58	1984
7. Terri Miller	17:02.58	1978
8. Amy Lo	17:03.19	2002
9. Jennifer Smith	17:04.20	2002
10. Suzie Gunn	17:07.10	1991

100 Breaststroke

1. Emma Dutton	1:00.84	2004
2. Samantha White	1:02.32	1997
3. Lauren Brick	1:02.48	2004
4. Anne Blachford	1:02.57	2000
5. Rachel Dong	1:03.20	2004
6. Keryn Krynauw	1:03.48	2000
7. Danielle Van Dyke	1:03.86	1989
9. Allison Smith	1:04.13	1995
9. Dorotea Bralic	1:04.29	1993
10. Kelly Brock	1:04.38	1997

200 Breaststroke

1. Emma Dutton	2:12.38	2004
2. Keryn Krynauw	2:14.93	2001
3. Samantha White	2:17.17	1997
4. Danielle Van Dyke	2:17.87	1989
5. Dorotea Bralic	2:18.44	1993
6. Anne Blachford	2:18.44	1993
7. Andree-Anne LeRoy	2:18.45	2004
8. Allison Smith	2:19.16	1995
9. Rachel Dong	2:19.18	2004
10. Kristan Keelan	2:20.35	2001

100 Butterfly

1. Laurie Lehner	53.42	1982
2. Emily Breen	54.15	2004
3. Candice Nethercott	54.17	2002
4. Lisa How	54.49	2004
5. Kathy Isackson	54.80	1989
6. Rachel Dong	55.10	2003
7. Helen Jepson	56.05	1995
8. Rush Kominski	53.05	1995
9. Emily Armond	56.09	2002
10. Margaret Colley	56.29	2003

200 Butterfly

1. Helen Jepson	2:00.28	1995
2. Lisa How	2:00.41	2004
3. Kathy Isackson	2:00.99	1988
4. Loren Hansen	2:01.46	2003
5. Sherri Fowler	2:03.67	1998
6. Candice Nethercott	2:03.75	2002
7. Kathy Turner	2:03.90	1990
8. Amy Armond	2:04.00	1996
9. Paige Schiff	2:04.34	1992
10. Kathleen McCubbins	2:04.91	2000

100 Backstroke

1. Emily Breen	55.48	2004
2. Jodi Krieg	55.92	1995
3. Liska Dedekind	56.01	1999
4. Andree-Anne LeRoy	56.09	2004
5. Amber Goodwin	56.86	1999
6. Katie Byrnes	57.54	2004
7. Cindy Marion	57.59	1997
8. Kiki Steinber	57.65	1993
9. Meg McCully	57.71	1982
10. Jennie Lyes	57.79	2003

200 Backstroke

1. Andree-Anne LeRoy	1:59.49	2004
2. Jodi Krieg	2:00.69	1995
3. Lisa How	2:01.19	2003
4. Betsy Nagy	2:02.01	2003
5. Kiki Steinberg	2:02.07	1993
6. Katie Byrnes	2:02.19	2004
7. Amber Goodwin	2:02.67	2000
8. Claudia Wilson	2:03.04	1994
9. Cindy Marion	2:03.01	1997
10. Laura Kenney	2:03.32	2002

200 Individual Medley

1. Andree-Anne LeRoy	1:59.59	2003
2. Anne Blachford	2:01.60	1997
3. Emma Dutton	2:01.71	2003
4. Laura Kenney	2:04.01	2004
5. Lisa How	2:04.66	2002
6. Jodi Krieg	2:04.76	1995
7. Natalie Deschamps	2:04.97	1993
8. Dorotea Bralic	2:05.81	1994
9. Summer Bell	2:06.11	1999
10. Sherri Fowler	2:06.42	1998

400 Individual Medley

1. Andree-Anne LeRoy	4:18.40	2003
2. Lisa How	4:21.49	2003
3. Laura Kenney	4:22.46	2002
4. Claudia Wilson	4:24.58	1994
5. Natalie Deschamps	4:24.62	1983
6. Sherri Fowler	4:27.05	1997
7. Merrie Brennan	4:28.27	1991
8. Maider Gaztanaga	4:28.43	1997
9. Amy Armond	4:28.55	1996
10. Anne Spaeder	4:28.66	1989



Helen Jepson



Men's Top Ten Personal Bests

50 Freestyle

1. Brendon Dedekind	19.17	1998
2. Julio Santos	19.74	1998
3. Greg Main-Baillie	20.00	2001
4. Eduardo Coelho	20.06	1996
5. Rob Braknis	20.07	1995
6. Kevin Flanagan	20.22	2000
7. Joey Marshburn	20.23	2003
8. Nnamse Ammons	20.25	2002
9. Michael Paulus	20.27	2003
10. Matt McVittie	20.28	1998

100 Freestyle

1. Brendon Dedekind	42.96	1999
2. Matt McVittie	44.03	1999
Greg Main-Baillie	44.03	2001
4. Joel Roycik	44.39	2003
5. Rob Braknis	44.46	1995
6. Julio Santos	44.46	1999
7. Eduardo Coelho	44.49	1996
8. Stephen Parry	44.54	1999
9. Joey Marshburn	44.87	2003
10. Skip Laing	44.91	1995
Nnamse Ammons	44.91	2002
Matt Carmen	44.91	2002

200 Freestyle

1. Stephen Parry	1:36.18	1997
2. Brendon Dedekind	1:38.22	1997
3. Scott Mundell	1:38.25	1991
4. Matt McVittie	1:38.33	1999
5. Jose Gutierrez	1:38.47	1991
6. Fernando Jacome	1:38.48	2003
7. Vance Tankersley	1:38.51	1990
8. Skip Laing	1:38.58	1989
9. Dustin Bengston	1:39.02	1995
10. Nelson Mora	1:39.22	1999

500 Freestyle

1. Stephen Parry	4:23.28	1997
2. Vance Tankersley	4:25.10	1988
3. Steve Roof	4:26.62	2004
4. Scott Mundell	4:28.10	1991
4. Thomas Bishop	4:28.10	2004
6. Henrick Janguall	4:28.89	1987
7. Chip Haberstroh	4:29.15	1995
8. Alan Riberio	4:29.60	2004
9. Thomas Bendixen	4:30.00	1993
10. Dan Niemer	4:30.07	1982

1650 Freestyle

1. Chip Haberstroh	15:24.62	1994
2. Thomas Bishop	15:24.79	2004
3. Henrick Janguall	15:26.85	1987
4. Mike Russell	15:30.53	1986
5. Brian Davey	15:34.03	1993
6. Danny Chocron	15:34.80	2000
7. Steve Roof	15:35.44	2004
8. Chris Plaisted	15:36.94	1995
9. Bill Schultz	15:38.19	2000
10. Kris Zuments	15:45.64	1988

100 Backstroke

1. Stephan Parry	47.72	1999
2. Rob Braknis	48.10	1995
3. Chris Vythoukas	49.00	2004
4. Greg Main-Baillie	49.25	1999
5. Mike Kowalski	49.37	1986



Justin Betts

6. Devin Crock	49.76	2003
7. Steven Forson	50.42	2001
8. Kevin Flanagan	50.57	2000
9. Kerwin Deese	50.93	1999
10. Jared Heine	50.68	2004

200 Backstroke

1. Rob Braknis	1:43.39	1995
2. Stephen Parry	1:44.90	1999
3. Greg Main-Baillie	1:47.80	1999
4. Brad Hoffman	1:48.44	1992
5. Chris Vythoukas	1:48.81	2004
6. Greg Miller	1:49.77	1992
7. David Semesco	1:49.64	1997
8. Justin Lawrance	1:49.81	2004
9. Kerwin Deese	1:50.46	1998
10. Jared Heine	1:50.75	2004

100 Breaststroke

1. Brendon Dedekind	53.16	1999
2. Brett Petersen	53.64	2000
3. Wickus Nienaber	54.18	2003
4. Justin Betts	54.29	2002
5. Craig Zettle	55.03	1991
6. Tal Stricker	55.25	2002
7. Paul Erben	55.46	2004
8. Mike Roder	55.89	1990
9. Dan Akre	55.96	1985
10. Richard Cowling	56.03	2001

200 Breaststroke

1. Wickus Nienaber	1:58.30	2003
2. Justin Betts	1:59.55	2003
3. Tal Stricker	1:59.68	2002
4. Ignacio Merino	2:00.01	1993
5. Brett Petersen	2:01.10	1999
6. Dan Akre	2:01.27	1985
7. Desmond Koh	2:01.65	1992
8. James Henley	2:02.73	1997
9. Matt Schmauch	2:03.29	1995
10. Kevin Connell	2:03.51	1977

100 Butterfly

1. Stephen Parry	47.16	1997
2. Joel Roycik	47.53	2004
3. Devin Crock	48.03	2002

4. Brendon Dedekind	48.04	1999
5. Igancio Merino	48.38	1994
6. Eduardo Coelho	48.38	1997
7. Keam Ang	48.40	1999
8. Chris Vythoukas	48.50	2004
9. Michael Averett	48.55	2004
10. Dustin Bengston	48.62	1995

200 Butterfly

1. Stephen Parry	1:43.69	1997
2. Keam Ang	1:46.29	1999
3. Nelson Mora	1:46.44	1999
4. Ignacio Merino	1:47.11	1994
5. Dustin Bengston	1:47.15	1995
6. David DeGruchy	1:48.32	1984
7. Chris Plaisted	1:49.12	1995
8. Devin Crock	1:49.95	2003
9. Matt Wheeler	1:50.08	2002
10. Sean McKenzie	1:50.43	1991

200 Individual Medley

1. Justin Betts	1:48.61	2003
2. Stephen Parry	1:49.15	1998
3. Frank Bradley	1:49.56	1995
4. Tal Stricker	1:49.69	2002
5. Richard Cowling	1:49.80	2001
6. Greg Main-Baillie	1:50.00	1999
7. Desmond Koh	1:50.55	1992
8. Ignacio Merino	1:50.70	1995
9. Matt Schmauch	1:50.89	1995
10. David DeGruchy	1:50.96	1984

400 Individual Medley

1. Chip Haberstroh	3:50.76	1994
2. Stephen Parry	3:53.47	1996
3. Desmond Kohn	3:53.69	1992
4. Thomas Bishop	3:54.74	2004
5. Brad Hoffman	3:56.11	1992
6. Charlie Rose	3:56.52	1990
7. George Willard	3:58.06	1991
9. Kevin Murphy	3:58.07	1995
9. Matt Schmauch	3:58.26	1995
10. Mike Lockhart	3:58.42	1988



WOMEN'S TEAM RECORD



WOMEN'S ALL-TIME SERIES RECORDS

School	W	L	T	Pct.
Alabama	7	7	0	.500
Arizona	0	1	0	.000
Army	1	0	0	1.000
Auburn	3	8	0	.273
Brigham Young	1	0	0	1.000
Brenau College	5	1	0	.830
Brevard CC	1	0	0	1.000
Charleston College	1	0	0	1.000
Cincinnati	0	1	0	.000
Clemson	3	3	1	.500
Colorado State	1	0	0	1.000
Daytona Beach CC	6	0	0	1.000
Duke	1	0	0	1.000
East Carolina	1	0	0	1.000
Florida	0	29	0	.000
Florida A&M	6	0	0	1.000
Florida Atlantic	18	0	0	1.000
Florida International	1	0	0	1.000
Furman	1	0	0	1.000
Georgia	6	8	0	.429
Georgia Southern	6	1	0	.857
Georgia State	2	0	0	1.000
Georgia Tech	3	0	0	1.000
Harvard	0	1	0	.000
Houston	0	1	0	.000
Howard	1	0	0	1.000
Indian River CC	17	3	0	.850
James Madison	2	0	0	1.000
UL-Monroe	6	0	0	1.000
Louisiana State	6	13	0	.316
Maryland	5	0	0	1.000
Maryland-Baltimore Co.	1	0	0	1.000
Miami	16	11	0	.593
Miami (OH)	1	0	0	1.000
Michigan	1	1	0	.500
Michigan State	2	0	0	1.000
Minnesota	0	1	0	.000
Miss. Women's College	2	0	0	1.000
Nebraska	3	0	0	1.000
New Orleans	2	0	0	1.000
UNLV	1	0	0	1.000
North Carolina	0	6	0	.000
UNC-Wilmington	4	0	0	1.000
NC State	14	2	0	.875
North Florida	4	0	0	1.000
Notre Dame	1	0	0	1.000
Ohio State	1	0	0	1.000
Oklahoma State	1	0	0	1.000
Rice	1	0	0	1.000
South Carolina	4	4	1	.500
South Florida	11	1	0	.917
Southern Illinois	1	0	0	1.000
Southern Mississippi	2	0	0	1.000
Tampa	8	0	0	1.000
Tennessee	2	0	0	1.000
Texas	0	1	0	.000

Texas A&M	0	1	0	.000
TCU	1	0	0	1.000
Truman State	1	0	0	1.000
Tulane	6	0	0	1.000
Utah	1	0	0	1.000
Vanderbilt	2	0	0	1.000
Villanova	1	0	0	1.000
Virginia	0	6	0	.000
Virginia Tech	1	0	0	1.000
Washington State	2	0	0	1.000
West Virginia	1	0	0	1.000
William & Mary	1	0	0	1.000
Total	185	107	2	.633

WOMEN'S YEAR-BY-YEAR RECORDS

Under Terry Maul

Year	W	L	T	Pct.
1976	2	4	0	.333
1977	8	4	0	.667
1978	6	3	0	.667
1979	10	2	0	.833
1980	9	3	1	.731
1981	11	1	0	.910
1982	6	2	0	.750
1983	6	3	0	.667
1984	7	2	1	.750
1985	3	6	0	.333
1986	7	5	0	.583
1987*	7	4	0	.636
1988*	9	3	0	.750
1989*	8	5	0	.615
1990*	10	5	0	.667
1991	3	5	0	.375
1992	7	6	0	.538
1993	6	5	0	.545
Total	125	68	2	.647



Under Don Gibb

Year	W	L	T	Pct.
1994	6	5	0	.546
1995	3	7	0	.300
1996	5	4	0	.556
1997	6	6	0	.500
1998	5	2	0	.714
1999	4	4	0	.500
Total	29	28	0	.509



Under Neil Harper

Year	W	L	T	Pct.
2000	9	4	0	.643
2001	8	5	0	.615
2002	14	2	0	.875
2003	12	2	0	.857
2004	15	2	0	.882
Total	58	15	0	.795



MEN'S TEAM RECORD



MEN'S ALL-TIME SERIES RECORDS

School	W	L	T	Pct.
Alabama	8	10	0	.444
Arizona	0	1	0	.000
Arkansas	0	1	0	.000
Army	1	0	0	1.000
Auburn	0	12	0	.000
Bethany	1	0	0	1.000
Birmingham Southern	1	0	0	1.000
Bowling Green	2	0	0	1.000
Brevard CC	1	0	0	1.000
Brigham Young	0	1	0	.000
Cincinnati	0	1	0	.000
Clemson	8	3	0	.727
Daytona Beach CC	5	0	0	1.000
Darton	1	0	0	1.000
Drexel	1	0	0	1.000
Duke	2	0	0	1.000
East Carolina	13	1	0	.930
Emory	11	1	0	.917
Evansville	4	0	0	1.000
Florida	22	44	1	.336
Florida A&M	5	0	0	1.000
Florida Atlantic	12	0	0	1.000
Furman	2	0	0	1.000
Georgia	39	12	1	.765
Georgia Southern	6	0	0	1.000
Georgia State	2	0	0	1.000
Georgia Tech	25	1	0	.961
Harvard	0	1	0	.000
Howard	1	0	0	1.000
Indian River CC	17	1	0	.944
Jacksonville Navy	4	0	0	1.000
James Madison	2	0	0	1.000
Kentucky	4	0	0	1.000
LaSalle	1	0	0	1.000
Louisiana State	11	8	0	.579
UL-Monroe	6	0	0	1.000
Louisville	2	0	0	1.000
Maryland	5	0	0	1.000
Maryland-Baltimore Co.	1	0	0	1.000
Miami	29	15	0	.660
Miami (OH)	2	0	0	1.000
UNLV	1	0	0	.000
NW Louisiana	1	0	0	1.000
North Carolina	11	8	0	.579
North Carolina State	9	11	0	.450
UNC-Wilmington	4	0	0	1.000
Notre Dame	1	0	0	1.000
Oberlin	1	0	0	1.000
Pensacola Navy	2	2	0	.500
Rice	3	0	0	1.000
Rutgers	1	0	0	.000
St. Bonaventure	1	0	0	1.000
Sewanee	4	0	0	1.000
South Carolina	10	9	0	.526
South Florida	22	0	0	1.000
Southern Illinois	0	2	0	.000

SMU	2	5	0	.286
Southern Mississippi	2	0	0	1.000
Tampa	7	1	0	.875
Tennessee	0	4	0	.000
Texas A&M	8	2	0	.800
TCU	1	0	0	1.000
Truman State	1	0	0	1.000
Tulane	19	5	0	.792
Utah	1	0	0	.000
Vanderbilt	1	0	0	1.000
Villanova	1	0	0	1.000
Virginia	2	3	0	.400
Virginia Tech	1	0	0	1.000
Wake Forest	1	0	0	1.000
West Virginia	1	0	0	1.000
William & Mary	1	0	0	1.000
Totals	373	162	2	.696

MEN'S YEAR-BY-YEAR RECORD

Under Bob Stults



School	W	L	T	Pct.
1949	3	5	0	.375
1950	7	2	0	.778
1951	7	0	0	1.000
1952	5	2	1	.688
1953	7	1	0	.875
1954	9	0	0	1.000
1955	6	0	0	1.000
1956	9	2	0	.818
1957	9	3	0	.750
1958	10	1	1	.875
1959	8	1	0	.889
1960	10	0	0	1.000
1961	9	1	0	.900
1962	11	1	0	.917
1963	6	3	0	.667
1964	7	0	0	1.000
1965	9	0	0	1.000
1966	7	1	0	.875
1967	9	2	0	.818
1968	4	4	0	.500
1969	8	2	0	.800
1970	8	3	0	.727
1971	8	3	0	.727
1972	4	6	0	.400
1973	5	5	0	.500
Totals	185	48	2	.793

Under Terry Carlisle




School	W	L	T	Pct.
1974	4	5	0	.444
1975	5	4	0	.556
1976	6	3	0	.667
1977	5	5	0	.500
Totals	20	17	0	.541




MEN'S TEAM RECORD




Under John Stafford

	School	W	L	T	Pct.
	1978	9	2	0	.818
	1979	6	2	0	.750
	1980	5	5	0	.500
	1981	4	5	0	.444
	1982	6	2	0	.750
	Totals	30	16	0	.652

Under Bill Shults


	School	W	L	T	Pct.
	1983	5	3	0	.625
	1984	3	9	0	.333
	1985	4	4	0	.500
	1986	8	5	0	.615
	Totals	20	21	0	.489

Under Bill Shults & Terry Maul


	School	W	L	T	Pct.
	1987	7	4	0	.636
	1988	8	3	0	.727
	1989	5	5	0	.500
	1990	7	4	0	.636
	Totals	27	16	0	.628




Under Terry Maul

	School	W	L	T	Pct.
	1991	4	2	0	.667
	1992	10	4	0	.714
	1993	8	4	0	.667
	Totals	22	10	0	.688

Under Don Gibb

	School	W	L	T	Pct.
	1994	6	6	0	.500
	1995	4	6	0	.400
	1996	5	4	0	.556
	1997	10	0	0	1.000
	1998	6	1	0	.857
	1999	6	1	0	.857
	Totals	37	18	0	.673

Under Neil Harper

	School	W	L	T	Pct.
	2000	7	3	0	.700
	2001	6	7	0	.462
	2002	10	3	0	.769
	2003	11	2	0	.846
	2004	9	3	0	.750
	Totals	43	18	0	.705

Florida State Swimming & Diving Hall of Fame



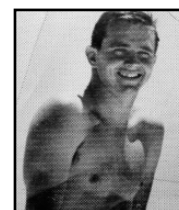
PHIL BOGGS
Inducted 1977



BILL SHULTS
Inducted 1978



CURT GENDERS
Inducted 1979



BUCKY HILES
Inducted 1980



ROGER SLATER
Inducted 1994



MIKE KOWALSKI
Inducted 1995



MIKE TSCHIRRET
Inducted 1998



BRENDON DEDEKIND
Inducted 2004



HONORS & AWARDS



Women's School Records

Event	Swimmer (Year)	Time/Score
50 Free	Christy Cech (2001)	22.54
100 Free	Christy Cech (2001)	49.36
200 Free	Tanya Gurr (2000)	1:48.14
500 Free	Sara Linke (1984)	4:45.80
1000 Free	Missy Connolly (1990)	10:01.62
1650 Free	Missy Connolly (1990)	16:39.79
100 Fly	Laurie Lehner (1982)	53.42
200 Fly	Helen Jepson (1995)	2:00.28
100 Back	Emily Breen (2004)	55.48
200 Back	Andree-Anne LeRoy (2004)	1:59.50
100 Breast	Emma Dutton (2004)	1:00.84
200 Breast	Emma Dutton (2004)	2:12.38
200 IM	Andree-Anne LeRoy (2003)	1:59.59
400 IM	Andree-Anne LeRoy (2003)	4:18.40
200 Free Relay	Emily Breen, Emma Dutton Rachel Dong, Lisa How (2004)	1:31.51
400 Free Relay	Jennie Lyes, Loren Hansen Emily Breen, Emma Dutton (2003)	3:20.76
800 Free Relay	Lisa How, Loren Hansen Andree-Anne Leroy, Renee Gajda (2004)	7:23.37
200 medley relay	Emily Breen, Lauren Brick Rachel Dong, Emma Dutton (2004)	1:40.81
400 medley relay	Andree-Anne LeRoy, Emma Dutton Lisa How, Emily Breen (2004)	3:41.93
1 Meter Diving		
6 Dives	Tiffany Manning (2004)	331.05
11 Dives	Wendy Fuller (1985)	431.60
3 Meter Diving		
6 Dives	Courtney McClow (2004)	339.50
11 Dives	Chelsie Lerew (2002)	544.75

Women's MVP

Year	Swimming	Diving
1985-86	Karen Acre	Patsy O'Toole
1986-87	Karen Acre	Silaron Warning
1987-88	Kathy Isackson	Susan Pollack
1988-89	Kathy Isackson	Susan Pollack
	Danielle Van Dyke	
1989-90	Kathy Isackson	Susan Pollack
1990-91	Kristan Chambers	Susan Pollack
1991-92	Dorotea Bralic	Terry Lukes
1992-93	Helen Jepson	Julia Henderson
1993-94	Dorotea Bralic	Susan Petry
	Helen Jepson	
1994-95	Helen Jepson	Erin Gillooly
1995-96	Samantha White	Sarah Henderson
1996-97	Anne Blachford	Marya Sabesky
1997-98	Kristen Adams	Marya Sabesky
1998-99	Anne Blachford	Marya Sabesky
1999-00	Tanya Gurr	Marya Sabesky
2000-01	Christy Cech	Chelsie Lerew
2001-02	Christy Cech	Chelsie Lerew
	Emma Dutton	Tiffany Manning
2002-03	Emma Dutton	Tiffany Manning
2003-04	Emma Dutton	Tiffany Manning

Bold indicates active swimmers.



Men's School Records

Event	Swimmer (Year)	Time/Score
50 Free	Brendon Dedekind (1998)	19.17
100 Free	Brendon Dedekind (1999)	42.96
200 Free	Stephen Parry (1997)	1:36.18
500 Free	Stephen Parry 1997	4:23.28
1000 Free	Thomas Bishop (2004)	9:13.97
1650 Free	Chip Haberstroh (1994)	15:24.62
100 Fly	Stephen Parry (1997)	47.16
200 Fly	Stephen Parry (1998)	1:43.69
100 Back	Stephen Parry (1999)	47.72
200 Back	Rob Braknis (1995)	1:43.39
100 Breast	Brendon Dedekind (1997)	53.16
200 Breast	Wickus Nienaber (2003)	1:58.30
200 IM	Justin Betts (2003)	1:48.61
400 IM	Chip Haberstroh (1994)	3:50.76
200 Free Relay	Brendon Dedekind, Julio Santos Matt McVittie, Kevin Flanagan (1998)	1:18.75
400 Free Relay	Brendon Dedekind, Eduardo Coelho Matt McVittie, Rob Braknis (1999)	2:55.22
800 Free Relay	Brendon Dedekind, Stephen Parry Darren Milun, Matt McVittie (1997)	6:32.86
200 Medley Relay	Stephen Parry, Brett Petersen Keam Ang, Brendon Dedekind (1998)	1:27.49
400 Medley Relay	Rob Braknis, Brett Petersen Stephen Parry, Brendon Dedekind (1997)	3:13.28
1 Meter Diving		
6 Dives	Phil Boggs (1971)	360.90
11 Dives	Paul Spray (1991)	581.65
3 Meter Diving		
6 Dives	Louis Gagnet (2003)	380.92
11 Dives	Louis Gagnet (2003)	621.05

Men's MVP

Year	Swimming	Diving
1985-86	Mike Kowalski	Ben Seguin
1986-87	Jim Van Farowe	Ben Seguin
1987-88	Vance Tankersley	Ben Seguin
1988-89	Craig Zettle	Zach McIver
1989-90	Charlie Rose	Zach McIver
1990-91	Craig Zettle	Paul Spray
1991-92	Brad Hoffman	Paul Spray
1992-93	Rob Braknis	Rob Ciacedo
	Ignacio Merion	
1993-94	Ignacio Merion	Jair Castrillion
1994-95	Rob Braknis	Derek Banta
1995-96	Brendon Dedekind	Cory Geraghty
1996-97	Brendon Dedekind	Cory Geraghty
	Stephen Parry	
1997-98	Brendon Dedekind	Brent Brukman
	Stephen Parry	
1998-99	Brendon Dedekind	Brent Burkman
1999-00	Brett Petersen	Brent Burkman
2000-01	Greg Main-Baillie	Josh Edelman
2001-02	Justin Betts	Louis Gagnet
	Wickus Nienaber	
2002-03	Justin Betts	Louis Gagnet
2003-04	Joel Roycik	Stuart de la Rosa

Bold indicates active swimmers.



NATIONAL CHAMPIONS



Ever since the inception of the program in 1949, the men's swimming and diving program has been recognized as one of the best in the nation. Overall the men's team has had 21 individual receive 56 All-America certificates with 15 more accolades from the relays. Just 12 years after the program was started, the Seminoles had their first national championships and since then a Seminole has been on top of the podium at the NCAA Championships four more times. Here is a look at the Florida State national champions:



Curt Genders

One-Meter Diving (1961)

Before Dave Cowens, Deion Sanders or Charlie Ward, Curt Genders was considered to be "Possibly the greatest athlete in Florida State history" in the 1964 swimming and diving media guide.

The moniker was well earned as Genders became the first swimmer or diver to ever earn All-America honors in three different seasons as he picked up the award from 1959-61 on the one-meter board as well as three-meter board or "high board" as it was called back in the 1960's.

A native of Sarasota, Genders saved his best NCAA meet for his last. During the 1961 competition, he defeated a pair of Olympians on his very last dive to claim the title on the one-meter board, a first for Florida State swimming and diving.



Phil Boggs

One-Meter Diving (1971)

Ten years after Curt Genders brought home the program's first national championships and once again it was on the one-meter diving. While most of the swimmers and divers recruited by Florida State today have national accolades, Boggs was not well known outside of his hometown of Akron, Ohio.

Despite standing in at just 5-foot-5, Boggs was actively involved in diving, football, baseball and track, but it wasn't until his junior year that he fully turned his attentions to the springboard. Working with FSU graduate Dick Wells at Firestone High School, he began his journey to national recognition and eventually an Olympic gold medal.

Following a satisfactory freshman season, instead of returning to Ohio, Boggs spent the summer in Ft. Lauderdale, training with coach Bill Barton. Barton's work that summer had a tremendous impact as the very next season Boggs placed fourth on the one-meter board at the 1969 NCAA Championships. His All-America certificate was the first by a Seminole diver since Genders in 1961.

"It was fun," Boggs said of his summer under Barton's tutelage. "He was the first person to tell me that I had the opportunity to compete on the national level."

The improvement continued the next year as he moved up two spots on the one-meter board while adding All-America recognition during the three-meter competition. His final season Boggs climbed to the top of the diving mountain with a national championships on the one-meter.

At the time, Boggs' five All-America awards tied him with Genders for the most in the program's history and the diving duo currently rates third. Five years after winning the national championships for the Seminole, Boggs went on to claim a gold medal on the one-meter board at the 1976 Olympics in Montreal.



Stephen Parry

200 Butterfly (1997)

Within the first 23 years of the program, Florida State had a pair of national champions, but after Phil Boggs in 1971, it would be another 36 years before a Seminole stood on top of the podium at the NCAA meet. Florida State returned to men's swimming and diving glory in 1997 when Stephen Parry put the program back on the map.

Parry trained in crowded pools and limited facilities in Liverpool, Great Britain, but from that setting came great accomplishments. He was the 1994 Junior European Champion and the 1995 England National Champion in the 200-fly.

Parry found his first year at FSU to be a challenge, having to adjust to a new training program, a new school and new country all





Brendon Dedekind

together. But it was after the British Trials that he knew he had to change something. He returned to FSU with a new ambition — a team victory at the Atlantic Coast Conference Championships and a top five finish in the NCAA. He took advantage of the training facilities and started working harder and longer.

“Coming from Liverpool, the training facilities were completely different,” Parry said. “It took the summer of ‘96 for me to realize what I had available to me.”

All his hard work and dedication paid off for Parry. He improved his times throughout the season, but saw the biggest improvements at the 1997 ACC Championships. Going into the championships, Parry was ranked first in the 200-fly and he did not disappoint. Not only did he win the event, but he set an ACC record in the process. He went on to win the 200 Free and was on the 200- and 400-medley relay champion teams, leading to Co-Swimmer of the Year honors in the ACC along with Brendon Dedekind.

At the 1997 NCAA championship meet in Minneapolis, Minnesota, Parry and his teammates achieved several honors. Dedekind became the first FSU swimmer to achieve three All-America finishes and all five Seminole relay teams scored for the Seminoles. But perhaps the greatest accomplishment came on the night of March 29th when Parry, who was seeded first in the 200-fly going into the finals, won the first national championship for swimming in FSU history. His pool record time of 1:44.28 won him the title and helped him restore some confidence.

“I wasn’t really thinking about it (the championship) at the time,” Parry said. “Going into the race seeded first, there was some pressure but I wasn’t expecting to win. It was more of a shock than anything else. I just swam the race the way coach planned it out. It really didn’t hit me until I got back to Tallahassee that I had won a national championship. And it wasn’t even until this summer that I realized I’m as good as the best swimmers in the nation.”



Brendon Dedekind

50 Free (1997) & 100 Breaststroke (1998)

Swimming in a lane with six and seven people is not the ideal training conditions for an Olympic swimmer. But for Brendon Dedekind, it was the starting point for what would soon become a successful career in collegiate and international competition.

After the 1992 South African Nationals, he began to pursue that dream. Dedekind sent out 32 applications to United States universities and received many prospect questionnaires, but no scholarships materialized. So in 1993 he enrolled in engineering classes in South Africa and gave up on the dream.

In 1993 the tables began to turn for Dedekind and he started to see the dream becoming a reality. Neil Harper, an assistant coach

at FSU at the time, received a phone call from former LSU teammate, Darryl Cronje, a fellow South African swimmer, telling him about a South African who could be an asset to the team. Not too long after, Dedekind received a call from then assistant head coach Neil Harper offering him a scholarship.

As a freshman in 1995, he qualified for the NCAA Championships at the University of Texas. Although he made the consolation finals in the 50-free and won the heat finishing ninth, he was still overwhelmed by the facility and the stronger, faster swimmers. This gave him more incentive to train and work harder for the next season.

The following March, Dedekind started to make his mark in FSU swimming history. With one NCAA meet under his belt, Dedekind felt more relaxed and less overwhelmed by the enormity of the competition at the 1997 Championships at Minnesota. That year he became the first swimmer in FSU history to garner All-America honors in three events as he finished in the top five of the 50 and 100 freestyle—including the fastest 50 free heat in NCAA history—as well as 100 breaststroke.

In the 1998 NCAA meet at Auburn, his 19.17 qualifying time in the 50 free set a new pool record and gave him the top seed going into the evening competition. That night, Dedekind dominated the competition and became only the second swimmer in FSU history to win an individual title, taking first in the 50 free.

“I took the race as just another race,” Dedekind remarked. “It was really exciting to win the 50-free, but I was still not satisfied with my time. I think I could have swam faster that night.”

Satisfaction came in his senior year, but not in the 50 free. Dedekind entered the 1999 NCAA Championships qualified in the 50 and 100 free and the 100 breaststroke. He walked away with yet another title, but this time it was in the 100-breast.

A participant in the 1996 and 2000 Summer Olympic Games, Dedekind’s Florida State career will come full circle in the fall of 2004. This September he will become just the eighth member of the swimming and diving program – and the first since 1998 – to be inducted into the Florida State Athletics Hall of Fame.



Phil Boggs



FSU'S OLYMPIC



Steven Parry and Neil Harper

Florida State's Swimming & Diving Olympic Heritage

For an athlete, the highest honor a nation can bestow upon them is to have them represent their country in the Olympic Games. Since the 1976 Games in Montreal, Canada, the Summer Olympics have had a Garnet and Gold feel to them. All told, 13 current and former Florida State swimmers and divers have represented 11 different countries.

Dating back to Florida State's first Olympic representative in the pool, diver Phil Boggs at the 1976 Games, the Seminoles have had at least one representative in all but two of the last eight Olympics. At the 2004 Games in Athens, Greece, Florida State had five representatives – the second highest total in school history – and former Seminole Parry produced the school's second medal in the pool as he took the bronze in the 200-meter butterfly.

The last three Olympic Games have been especially bountiful for Florida State representation at the aquatics center. Eleven of the Seminoles' 13 Olympians took part in either the Atlanta, Sydney or Athens Games. The 2000 Olympics saw FSU's highest participation as six former Seminoles competed at the event. In the last two Games, Florida State has had eight different participants.

Success was immediate for the Seminoles the first time they had an athlete in the pool at the Olympics. Diving for the United States, Boggs captured the school's first medal when he won gold during the springboard event in Montreal. It would be another 28 years before a Seminole would appear on the medal stand after Great Britain's Stephen Parry captured the bronze in the 200-meter butterfly.

While Parry ended Florida State's 28-year medal drought, a different dry spell of almost equal length was halted as well in Athens. In 1980, Wendy Fuller became the first female FSU swimmer or diver, and only the second overall, to compete in the Olympics when she dove for her native Canada. It wasn't until

2004 when the Seminoles had their second female in the water as Golda Marcus, competing for El Salvador, swam in the 400 and 800-meter freestyle.

Besides being only the second female Olympian in the program's history, Marcus is part of another elite group. She and teammate Chris Vythoulkas—a member of this year's Bahaman team—are two of only four FSU swimmers to ever compete in the Olympics while still part of the active roster. The first pair of current Seminoles to compete in the Games was South African Brendon Dedekind and Rob Braknis of Canada when they swam in the 1996 Atlanta Games.

Up until this year, no Seminole had participated in more than two Olympic Games. All of that changed in 2004 as Julio Santos made his third appearance in the games for Ecuador. A two-year All-American, Santos made his first trip to the Games in 1996 then returned in 2000. All told, five Florida State swimmers and divers have participated in more than one Olympics.

Florida State has been well represented on the pool deck by a pair of coaches. Head coach Neil Harper, an Olympian himself in 1984 and 1988, served as the head coach for South Africa in 2000, while returning in 2004 as a member of the Swaziland coaching staff. Diving coach Patrick Jeffrey made the trip to Atlanta in 1996 as member of the US coaching staff.

With a strong group of returning letterwinners and incoming freshman who placed high at their country's Olympic trials, Florida State should be well represented in the Olympics for years to come.

2004 Florida State Olympic Performances



STEPHEN PARRY

200 Butterfly
Bronze Medal
1:55.52 – New
British Record



GOLDA MARCUS

400 Freestyle
24th – 4:22.27
(heat winner)
800 Freestyle
21st – 8:59.81



WICKUS NIENABER

100 Breaststroke
42nd - 1:04.74



JULIO SANTOS

50 Freestyle
43rd – 23.43



CHRIS VYTHOULKAS

100 Backstroke
38th - 58.31
(heat winner)



TRADITION

GARNET AND BRONZE

Every swimmer that participates in the Olympic Games dreams of being on the medal stand and having a dignitary place that medal around their neck. From the world record holders all the way down to person seeded last in lane eight, the dream is there. It's what drives them to get up at 5:30 a.m. every morning for practice instead of hitting the snooze bar one more time and what makes them swim one more lap instead of hitting the showers even though their body aches.

Every Olympian daydreams of seeing their flag rise to the rafters and for former Florida State University swimmer Stephen Parry that dream became a reality. In 2004 he became the first Seminole in 28 years to capture a medal as he took home bronze in the 200-meter butterfly.

"I'm really, really proud. It's an amazing feeling, a fantastic feeling," Parry said. "I know it's an old cliché, but it really is a dream come true. I'm so proud to be a part of the British team and give them this medal."

The fulfillment of that dream almost became a nightmare for Parry. Swimming for Great Britain, a ton of pressure had been put on Parry and his teammates after the squad came up dry in the medal count in Sydney, a first for Britain since the 1936 Olympics.

Perhaps it was the weight of an entire country on his shoulders or the internal pressure following a fourth-place finish at the 2003 World Championships, irregardless, the preliminaries of the 200 butterfly on August 16 did not go as planned. In fact, the prelims were almost Parry's only swim of the entire meet. The 16th and final swimmer in the semifinals, he was a tenth of a second from being in the stands for the race instead of in the pool.



Stephen Parry receiving his Olympic bronze medal.



FLORIDA STATE'S SWIMMING AND DIVING OLYMPIC TIMELINE



PHIL BOGGS
United States
1976, Montreal
GOLD MEDAL WINNER
1 Meter Diving



BRENDON DEEKIND
South Africa
1996, Atlanta
2000, Sydney



STEPHEN PARRY
Great Britain
2000, Sydney
2004, Athens
BRONZE MEDAL WINNER
200 Butterfly



CHRIS VYTHOULKAS
Bahamas
2004, Athens



WENDY FULLER
Canada
1980, Moscow
1988, Seoul



NELSON MORA
Venezuela
1996, Atlanta



BRETT PETERSEN
South Africa
2000, Sydney



HEAD COACH NEIL HARPER
1984, Los Angeles
(Great Britain - Athlete)
1988, Seoul
(Great Britain - Athlete)
2000, Sydney
(South Africa - Coach)
2004, Athens
(Swaziland - Coach)



KEAM ANG
Malaysia
1996, Atlanta



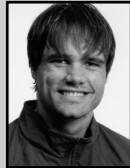
JULIO SANTOS
Ecuador
1996, Atlanta
2000, Sydney
2004, Athens



TAL STRICKER
Israel
2000, Sydney



ROB BRANKIS
Canada
1996, Atlanta



WICKUS NIENABER
Swaziland
2000, Sydney
2004, Athens



GOLDA MARCUS
El Salvador
2004, Athens



DIVING COACH PATRICK JEFFREY
1996, Atlanta
(United States - Coach)



FSU'S OLYMPIC



200 Meter Butterfly final.

With his world turned upside down, Parry turned to a safe haven – Florida State head coach Neil Harper. A confidant from his days as Parry's assistant coach at FSU and someone who knows what pressure is like on the British team, Harper—who traveled to Athens as a member of the Swaziland coaching staff—was able to put Parry back in the right frame of mind for the semifinals that night.

It's funny how far a "nothing to lose" attitude can take you. Swimming out of lane eight, Parry not only qualified for the finals, but he did something that only one other individual had done at the Games, he beat Michael Phelps. The 19-year-old American phenom was the favorite to win five individual medals, but in the semis Parry stole the spotlight as he beat Phelps to the wall and earn the top seed for the finals the following night.

All of sudden his rollercoaster ride through the Olympics was heading back up hill at a dramatic pace. Instead of just being another also-ran in the Michael Phelps' coronation, Parry joined Australia's Ian Thorpe as the only swimmer at the Games to beat the second-coming of Mark Spitz to the wall.

"Sometimes uptight is not the best way for him to perform," Harper said. "As you saw from semifinals he's at his best when he is footloose and fancy-free. You could see by the way he swam that the weight had been lifted off his shoulders. It was fun to watch him last night."

While Parry tried to bring his carefree demeanor to the finals of the 200 butterfly, having the eyes of the world on you and an agitated world record-holder in the lane besides you doesn't make for a walk in the park. From his observation spot on the deck, Harper noted that as the finalist marched onto the deck for the event, Parry tried to give a wave and a smile to his British teammates in the stands, but clearly his game face is on.

As was to be expected, Phelps took an early lead in the race and tried to put as much distance as possible between he and the rest of the field. One of the best in the world at closing out a race, if Phelps had a sizeable lead at the last turn everybody else would be racing for silver.

Through the first 100 meters, Parry was firmly in second ahead of Japan's Takashi Yamamoto, but nearly a second behind Phelps. Midway through the third 50 meter lap, Parry's "nothing to lose" attitude came back. If he didn't take his shot at catching Phelps he

would never know what might have been.

"I thought I'd lost it there at the end," Parry added. "I saw Michael getting away. I got really excited down that third length. I thought I was reeling him in a bit and I didn't expect to be there. I came off that last wall and that's when he showed his true form. He really is fantastic."

During that third lap Parry hit the afterburners—his third split of 29.74 was lap three's fastest and the third fastest 50-meter split during the final 100 meters of the race—and with 25 meters to go he was neck and neck with Phelps. Unfortunately, the combination of Phelps' closing ability and not enough fuel in Parry's tank allowed Phelps to pull away for the gold.

"It got really exciting. Steve was pushing Phelps and the two of them just took off," Harper said. "Stephen tried to make a move at 150 (meters) and caught up to him and it look for a second that he might pull it off, but he ran out of gas and the Japanese guy caught up to him and Stephen held on for the bronze.

Yamamoto also pulled away during the last few strokes as he snuck in for the silver, but Parry would still be on the medal stand. In addition, Parry reset the British record that he took down the night before with a time of 1:55.52.

Phil Boggs: Florida State's First Olympic Medalist

When he first came to Florida State in 1968, very few would have pegged Phil Boggs as a future gold medal winner in the Olympic Games. It was through hard work and a boost of confidence that got him to the top of the medal stand in 1976.

A four-sport athlete in his native Akron, Ohio, Boggs didn't concentrate on diving until his junior year and his first season at Florida State was not outstanding. Instead of heading back to the



Phil Boggs accepting Florida State's first Olympic medal.



TRADITION

Buckeye State for the summer following his freshman year, Boggs decided to spend the break in Ft. Lauderdale with coach Bill Barton.

"It was fun," Boggs said of his summer under Barton's tutelage. "He was the first person to tell me that I had the opportunity to compete on the national level."

Over the course of a summer Boggs was transformed from just another diver to one of the top collegiate divers in the country. At the 1969 NCAA Championships, he picked up his first All-America honor – the first by a Seminole diver since 1961—and proceeded to collect four more national honors over the next three seasons.

The year after he won the national championships, Boggs virtually had his ticket punched for the 1972 Games in Munich. A poor dive during the final round of the US Olympic Trials kept him off the 1972 team and put Olympic Dreams on hold for four years.

Not only was Boggs determined to be on the 1976 team in Montreal, he had his eyes set on winning a medal. Between the 1972 Olympic Trials and the '76 Games, Boggs won 17 national and international titles, including the 1973 and 1975 World Championships. In four years he had gone from being a spectator to being the favorite for gold.

Going into the final round of the 1976 Olympics, Boggs was well in command of the springboard competition, holding a 40-point lead on the nearest competitor, but his experience at the 1972 Trials told him that nothing was guaranteed. He nailed his final dive, a 2.5 somersault with a twist, and when he came back to the surface and saw the judges' scores, Boggs knew he had the gold medal wrapped up. His final score of 619.05 put him 48.57 points ahead of silver medalist Franco Cagnotto of Italy.

"Everything you've ever dreamed of is right there. Even if no one else knows, you know it will always be there," Boggs added. "When the national anthem plays and you're presented your medal, you feel like the king of the world."

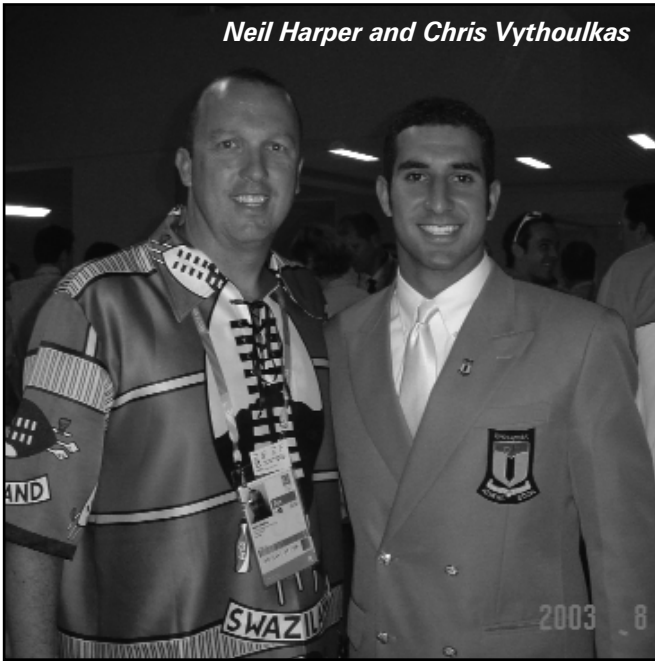
Boggs went on to become the president of US Diving and was inducted into the International Swimming Hall of Fame in 1985. The Phil Boggs Awards is present annually at the US Aquatic Sports Convention, honoring those who have achieved individual excellence in diving and have given back a part of themselves to insure the sport's success continues. Boggs died on July 4, 1990, in Miami, Fla.



Neil Harper and Julio Santos



Golda Marcus



Neil Harper and Chris Vythoukas



FLORIDA STATE'S



Neil Harper and Wickus Nienaber at the Parthenon, Athens.



Seminoles at the 2000 Sydney Olympic Games (left to right) Brendon Dedekind, Sephen Parry, Coach Neil Harper, Brett Petersen, and Julio Santos.

When the collegiate careers of Florida State University swimmers and divers are finished, it doesn't necessarily mean they are done in the water. Over the last eight years current and former Seminoles have made a name for themselves on the international scene. Representing ten different countries, Florida State athletes have competed at the top level of swimming and diving in biggest events on the planet, including the Olympics and World Championships.

Stephen Parry

- Represents England in many major competitions around the world
- Won the bronze medal in the 200 butterfly at the 2004 Athens Olympics.
- Placed fourth at the 2003 World Championship in the 200 meter fly.
- Finished sixth in the 200-fly at the 2000 Sydney Olympics
- Finished fifth in the 200m fly at the 1999 European Championships in Istanbul, Turkey
- Finished sixth in the 200-fly at the 1995 World University Games at Tokyo
- British National Champion in the 100- and 200-fly in 1996 and the 200-fly in 1994 and 1995
- Finished third at the European Championships in the 200-fly in 1997
- Was fourth in the 200-fly at the 1997 World University Games
- Finished sixth in the 200-fly and competed in the 100-fly at the 1998 World Championships in Perth, Australia
- Finished third in the 200-fly at the 1998 Commonwealth Games
- Was a member of the 1998 gold medal World All Star team at the Goodwill Games in New York

Rob Braknis

- Competed for Canada at the 1996 Olympics in Atlanta
- Finished 16th in the 100-back and was a member of the 12th place 400-medley relay

Brendon Dedekind

- Represents South Africa in many major competitions around the world
- Finished ninth in the 50m free at the 2000 Sydney Olympics
- Finished second in the 50m free and 50m breast at the 2000 World Short Course Championships in Athens, Greece
- Won the 50m free at the 1999 Pan-Pacific Championships in Sydney, Australia
- Finished fifth in the 50 free and 26th in the 100 free at the 1996 Olympics in Atlanta
- Finished fourth in the 50-free at the 1997 Pan-Pacific Games
- Finished third in the 50-free at the 1997 World University Games
- Placed 6th in the 50-free and competed in the 100-free at the 1998 World Championships this summer
- Member of the 1998 gold medal World All-Star team at the Goodwill Games in New York
- Silver medalist at the 1998 Commonwealth Games this September

Tanya Gurr

- Represents Zimbabwe in international competition
- Competed in the 1999 All-African Games



INTERNATIONAL HERITAGE



Greg Main-Baillie

- Represents South Africa in international competition
- Finished 12th in the 50-free and 15th in the 100- free at the 1999 Pan-Pacific Championships in Sydney, Australia

Nelson Mora

- Represents Venezuela in international competition
- Was a finalist at the 1999 Pan-American championships in the 200-fly and was on the 4th place 400- free relay
- Received a bronze medal in the 200-fly at the 1999 Latin Cup
- Gold medalist in the 200m fly at the 1995 Pan-American games
- Finished 20th in the 200m fly at the 1996 Summer Olympics in Atlanta

Wickus Nienaber

- Represents Swaziland in international competition
- Swam the 100 meter breaststroke at the 2004 Olympic Games in Athens
- Swam the 100 meter breaststroke at the 2000 Olympic Games in Sydney
- Holds nearly every Swaziland national record.
- Competed at the 2003 World Championship and All-Africa Games.



2003 WORLD CHAMPIONSHIPS
FRONT ROW: Golda Marcus, Jared Heine, Neil Harper;
BACK ROW: Julio Santos, Steve Parry, Wickus Neinaber



Brett Petersen finished fourth in 100m breast at the 1999 Pan-Pacific Championships.

Brett Petersen

- Represents South Africa in international competition
- Finished seventh in the 100-breast at the 2000 Sydney Olympics
- Finished fourth in the 100-breast and was on the fourth place 400-free relay at the 1999 Pan-Pacific Championships Finished fifth in the 100-breast with a time of 1:03.28 in the 1998 Commonwealth Games

Julio Santos

- Represents Ecuador in international competition.
- Swam the 50 freestyle at the 2004 Summer Olympics in Athens
- Participated in the 2003 World Championships
- Swam at the 1996 and 2000 Summer Olympics in Atlanta and Sydney
- Was a member of the 400-free relay



2004 Olympic Games, Athens





THIS IS TALLAHASSEE

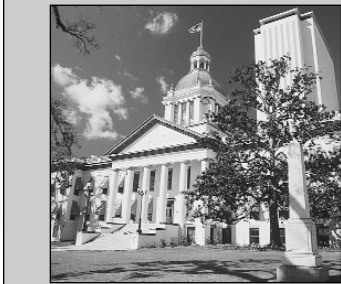


Among low, rolling hills, down moss-draped canopy roads, within picturesque historical districts, and across seas of flowering azaleas lies a magical part of the Sunshine State—Tallahassee, Florida's capital city. With its intriguing combination of power-play politics and classic character splashed with a twist of Southern beauty and charm, Tallahassee is a side of Florida few expect to find.

With the Gulf of Mexico just 25 miles south and the Georgia border only 14 miles north, Tallahassee rests between the foothills of the Appalachian Mountains and the juncture of Florida's panhandle and peninsula in an area known as "The Big Bend." Nearer in miles to Atlanta than to Miami, Tallahassee more closely resembles its Georgia neighbor than Florida in topography, climate and lifestyle.



Like the city itself, the story of how Tallahassee was chosen as the state capital is rich in history. In 1823, two explorers set out — one on horseback from St. Augustine and the other by boat from Pensacola — to establish a permanent, central location for the seat of government. The two met at a beautiful site that the Creek and Seminole Indians called "tallahassee" — derived from the words "talwa," meaning town, and "ahassee," meaning old. This historic meeting place remains Florida's capital today.



Boasting more than 145 properties listed on the National Register of Historic Places, Tallahassee is a living showcase of Florida history and heritage. The crowning jewel of Florida's historic "Capitol Hill" is the Old Capitol, beautifully restored to its 1902 splendor complete with the red-and-white striped awnings, a dome adorned with stained glass, antique furnishings and political memorabilia. The 22nd-floor observatory of the New Capitol Building offers a breathtaking view of this surprising Southern city, awash in flowering azaleas, snowy dogwoods, towering pines, fragrant magnolias, and hundreds of lakes, springs, swamps, rivers and sink holes.

Charming downtown historic districts graced with lush linear parks lead visitors to the Knott House Museum, The Columns, First Presbyterian Church, John G. Riley House Museum and Old City Cemetery. Free walking tours and replica turn-of-the-century street cars carry passengers to antebellum mansions, picturesque churches and other downtown delights.

Minutes from downtown lies the lush 52-acre natural habitat and 1880s farm of the Tallahassee Museum of History and Natural Science, home to the rare Florida panther and other furry "natives."

The area surrounding Tallahassee reveals numerous other historic and archaeological treasures, such as De Soto State Archaeological and Historical Site, Lake Jackson State Archaeological Site, Mission San Luis, Natural Bridge Battlefield and San

Marcos de Apalache. Visitors can explore prehistoric Florida at the Museum of Florida History, where they are greeted by a giant 12,000-year-old mastodon pulled from nearby Wakulla Springs.

On the shores of Wakulla Springs, alligators still laze under the watchful eyes of "snake birds" perched on twisted cypress trees. The site of many underwater scenes in "Tarzan" movies, it's one of the world's deepest freshwater springs. Glass-bottomed boat tours across these mystical waters are available.

Other sightseeing favorites include the floral masterpiece of Alfred B. Maclay State Gardens; Bradley's Country Store; FAMU Black Archives; and the Tallahassee Antique Car Museum. Nearby small towns offer fascinating excursions to places such as Pebble Hill Plantation, Florida Caverns State Park, Monticello Opera House and St. George Island.

Tallahassee is almost as rich in cultural treasures as it is in history. A widely-acclaimed collection of art, science and history museums and galleries, year-round festivals and non-stop entertainment at the 13,500-seat Tallahassee-Leon County Civic Center, feed a variety of cultural appetites.

Visitors with a hunger for the great outdoors will find Tallahassee ideal for all types of outdoor recreation—from canoeing down dark, cypress-lined rivers and biking up steep slopes to exploring backcountry wildernesses and hunting for bobwhite quail. Area lakes, rivers, ponds and the Gulf — just 30 minutes

TALLAHASSEE

In 1823, the first civilian governor, William Pope DuVal, desired a central location for the legislature to meet. He sent one explorer on horseback from St. Augustine and another by boat from Pensacola — their rendezvous point was declared Florida's capital. Nestled among the rolling foothills of the Appalachian Mountains and located in a region of the Gulf of Mexico known as the Big Bend, the Capital region is known for its Southern characteristics, gracious hospitality and lush topography.

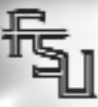
CLIMATE

Tallahassee has the mild, moist climate characteristics of the Gulf States and experiences a subtropical summer similar to the rest of Florida. In contrast to the Florida peninsula, however, the panhandle, of which Tallahassee is a part, experiences four seasons.

Annual January temperature:	40-63° F
Annual July temperature:	72-91° F
Yearly average maximum temperature:	78.7°
Yearly average minimum temperature:	55.7°
Yearly average days above 90 degrees:	91.0
Yearly average days below 32 degrees:	35.7

POPULATION

City of Tallahassee: 153,658
Leon County: 244,208
Metropolitan Area: 327,869





PHYSIOGRAPHY

Tallahassee's rolling landscape, typical of regions further north, is unique among the major cities of Florida. Some areas of the county, including the downtown ridge encompassing the Capitol complex, City Hall and the County Courthouse, exceed elevations of 200 feet. The highest elevation in Leon County is 288 feet, found in the northern part of the county. To the south of the city, the hills yield to the flat terrain that is typical throughout the peninsula of Florida.

away — offer a paradise for boating and fishing. Lakes Jackson and Talquin are renowned in the bass fishing world for yielding the "big ones." Local wildlife areas, such as the St. Marks National Wildlife Refuge and Apalachicola National Forest, are perfect spots for camping, picnicking, swimming, biking and exploring.

And while Tallahassee also features eight golf courses and plenty of places to raise a racquet, it's a wild array of spectator sports that leave the crowds screaming for more. The Florida State Seminoles and Florida A&M Rattlers provide collegiate action. And always a sure bet are the nearby greyhound races.

For another favorite "sport" — shopping — two large regional malls and many specialty centers offer an array of "playing options," from popular chains to curiosity and antique shops. Unique shopping

locales include downtown parks, lakeside cottages and small Southern towns. Tallahassee serves a scrumptious selection of tantalizing restaurants ranging from fast food to five-star. Local specialties include homemade country sausage, melt-in-your-mouth steaks, wild game and succulent seafood fresh from the Gulf.

From luxury to economy, accommodations are plentiful and include restored bed and breakfast's, rustic "gentlemen" lodges, beachside escapes and comfortable chain hotels. For those who choose to follow in the footsteps of early travelers, Tallahassee also boasts 15 beautiful campsites. Continuous air service, Amtrak and four major highways make it easy for visitors to get to Tallahassee. But no matter how you arrive, the history and hospitality of Tallahassee make it difficult to ever leave for long.

Tallahassee-Leon County Civic Center

The Tallahassee-Leon County Civic Center is a multi-purpose convention and entertainment facility featuring a 13,500 seat arena, Luxury Suites and Club Seats and over 52,000 sq. ft. of meeting and exhibition space plus an arena view restaurant, Spotlight Grille. The Civic Center hosts a wide variety of concerts, family shows, Broadway shows, ice shows and sporting events including FSU basketball.

It is easy to understand why over one million people a year flock to the Tallahassee-Leon County Civic Center, what with the varied array of attractions it offers. Some people go to the Civic Center to enjoy the sounds of rock, country, pop and urban concerts. Some go for the thrills of basketball, rodeos and three-ring spectaculars. While others come for conventions, banquets, expositions, or consumer and trade shows.

Located downtown on Pensacola Street, the Civic Center is only two blocks from the Capitol building.



"Kiss Me Kate"



"Sesame Street Live"



Alabama



THIS IS TALLAHASSEE



Museums and Culture

The federal Institute of Museum and Library Services (IMLS) named the Tallahassee Museum of History and Natural Science as one of the nation's exemplary museums on September 19, 2000. The Tallahassee Museum, along with 176 other museums, was selected out of a field of 823 applications from museums throughout the nation in a highly competitive competition. The museum features a 52-acre natural habitat zoo, nature trails, authentic 1880s farmstead, hands-on Discovery Center, birds of prey aviary, reptile exhibits, annual events and more!

The Capitol

One of five tower Capitols in the U.S. features panoramic view from 22-floor observatory/art gallery, House and Senate viewing galleries.

Mission San Luis

Site of Spanish/Indian village settled from 1656-1704. Ongoing excavations/ exhibits/reconstructions.

Challenger Learning Center

The Challenger Learning Center of Tallahassee is a 32,000 square foot facility located on beautiful Kleman Plaza in downtown Tallahassee. The Challenger Learning Center is the K-12 outreach facility of the Florida A&M University — Florida State University College of Engineering and a visitor destination. The Center features a state-of-the-art Space Mission Simulator and utilizes the immersiveness of an IMAX theatre and a digital domed planetarium to create an unforgettable experience for all.

Museum of Florida History

Permanent exhibits include a nine-foot mastodon, Spanish galleon treasures, Civil War memorabilia, reconstructed steamboat and Prehistoric Florida plus traveling exhibits.

Old Capitol Museum

Restored to 1902 appearance featuring red candy-striped awnings, stained glass dome, House and Senate Chambers, Supreme Court and Governor's office.

Maclay State Gardens

Enchanting floral architecture surrounds 1930s home of NY financier Alfred B. Maclay. Impressive grounds feature 200+ floral varieties plus hiking, biking and nature trails, swimming, fishing and boating.

Tallahassee Antique Car Museum

Impressive showroom features award winning Chevys, one-of-a-kind Ford Roadster, 1913 CarNation Tourer, 1931 Duesenberg, 1956 T-Bird, Delorean, Cadillacs, Corvettes and more. Plus two original Bat Mobiles.

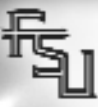
Mary Brogan Museum of Art & Science

Interactive hands-on science center and national traveling art and science exhibitions.

TOP: The Tallahassee Museum of History and Natural Science

CENTER: The Museum of Florida History

BOTTOM: The Challenger Learning Center





Where's the Beach?

Where sunny days are filled with the great outdoors...where time is measured by tides and life's rhythms move with the surf...beaches are just a short drive from Tallahassee.

Alligator Point

Natural dune public beach, 45 miles south of Tallahassee

Carrabelle

Coarse public beach, featuring swimming and shelling, 60 miles southwest of Tallahassee

Dekle Beach

Pristine sandy beach, clear water featuring boating, swimming, picnicking and more, 70 miles east of Tallahassee

Mashes Sands Beach

Public beach, shallow bay water featuring swimming and crabbing, 40 miles southwest of Tallahassee

St. George Island

Pristine 29-mile barrier island beach, clear water, featuring swimming, shelling, boating, and fishing, 80 miles southwest of Tallahassee

Shell Point

Lovely, small peninsula surrounded by St. Marks Wildlife refuge. Secluded beach and clear water that is popular for sailing and windsurfing, 25 miles south of Tallahassee

Tallahassee's An All-America City!

On June 26, 1999, judges from the National Civic League named Tallahassee as one of 10 cities to win the prestigious All-America City (AAC) award from the 1999 All-America City conference in Philadelphia. The All-America City award is the most prestigious and coveted award a community can win. The annual award recognizes exemplary, grassroots and problem-solving efforts of communities that cooperatively tackle challenges and achieve measurable results. Judging is based on the overall level of community involvement in solving critical local problems, including public-private partnerships.

"This is clearly one of the most exciting things to ever happen to Tallahassee," said a jubilant Mayor Scott Maddox. "For those of us who call Tallahassee home, the All-America City award verifies what we've known for so long — that we have one of the greatest cities in all of America!"



Canopy Roads

The abundance of trees and timber is a resource uncommon to many other areas of the state. The beauty of the local trees is exemplified in Maclay Gardens State Park, which is the site of several of Florida's champion trees including the flowering Dogwood, the Hawthorn tree, the Horsesugar tree, the Sweetbay Magnolia and the Silverbell tree. These trees and others often extend their branches over the roadway to create a canopied effect, a feature that is held in high esteem by local residents and visitors.



PREMIER PROGRAM



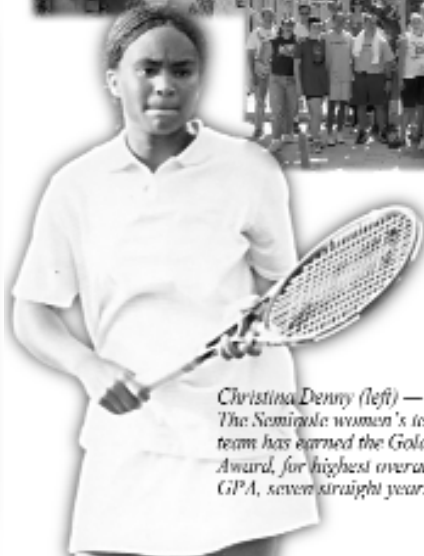
One of the Nation's **PREMIER PROGRAMS**



COMMUNITY SERVICE

FSU's student-athletes contributed over 4,000 volunteer hours in service to the community in 2003-2004. They also helped to raise thousands of dollars in direct support to charities.

Florida State student-athletes volunteered their time working with students from every elementary and middle school in Leon County as well as schools in nearby Wakulla and Gadsden counties.



Christina Denry (left) — The Seminole women's tennis team has earned the Golden Torch Award, for highest overall team GPA, seven straight years.

ACADEMICS

Seven of Florida State's athletic teams currently have a 3.0 or better cumulative grade point average. In the spring 2004 semester, 204 Seminole student-athletes achieved a minimum 3.00 semester GPA while average team semester GPA was a 2.939.

Since joining the ACC in 1991, FSU has had six National Football Foundation and College Hall of Fame National Scholar Athlete Award winners — the most among all ACC schools and a figure that ranks second nationally in the past 11 years.

Florida State student-athletes have earned \$260,000 in post-graduate scholarships over the past nine years. They have also received 21 post-graduate scholarships from the ACC since 1992.

ACC Academic Honor Roll

Total — 1,671

Academic All-Americans

Total — 26



Football's Chris Hope received the 2002 NACDA Postgraduate Scholarship.



*Derrick Brooks
Academic All-American*



*Matt Diaz
Academic All-American*



*Brandt Stuart
Academic All-American*





COACHING EXCELLENCE

When it comes to legendary head coaches, it is hard to argue anyone has been as fortunate as Florida State. The Seminoles have three coaches who have established records that rank them with the greatest coaches ever to roam an NCAA sideline.

Florida State is the only NCAA school with three coaches in the top 10 for all-time victories in their sport and in the top five in wins and winning percentage among active coaches. Mike Martin (baseball), Bobby Bowden (football) and JoAnne Graf (softball) have combined for 2,956 wins and each coach appears in the top two for either active winning percentage (Martin), active wins (Graf), or all-time wins (Bowden).

Winningest Active D-I Coaches

Percentage

2. Mike Martin 3. Bobby Bowden 3. JoAnne Graf

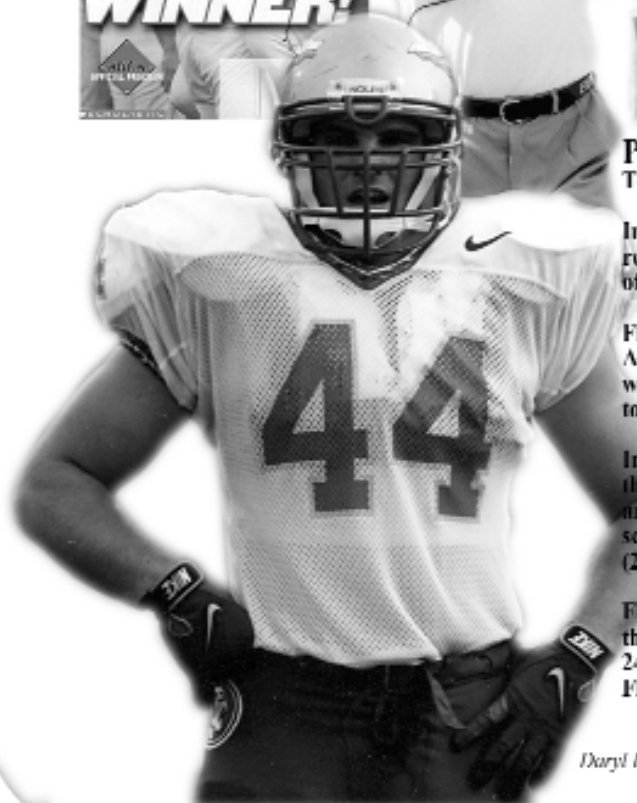
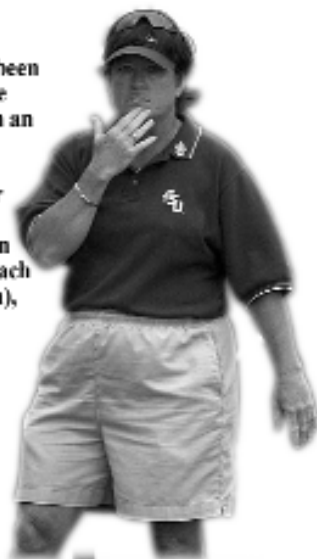
Wins

1. Bobby Bowden 2. JoAnne Graf 5. Mike Martin

Winningest D-I Coaches All-Time

Wins

1. Bobby Bowden 2. JoAnne Graf 7. Mike Martin



Post-Graduate Scholarship Awards

Total — 21

In 1996, Seminole Daryl Bush was the first ever recipient of the State Farm National Scholar Athlete of the Year Award, now given annually.

Florida State boasts two NACDA Post-Graduate Award winners in the last four years. The scholarship, which was originated in 2001, grants \$10,000 scholarships to its recipients.

In 2001, former Seminole Chris Weinke was the recipient of the first ever ACC Scholar Award which is given annually to an excellent athlete and top scholar who is not going on to graduate school. Football's Chris Hope (2002) and baseball's Matt Lynch (2003) have also earned the distinction.

Florida State has more all-time ACC Honor Roll selections (1,671) than all-time All-ACC honorees (1,529). On top of that number, 24 Seminoles have been named Academic All-Americans and 21 Florida State athletes have received post-graduate scholarships.

Daryl Bush

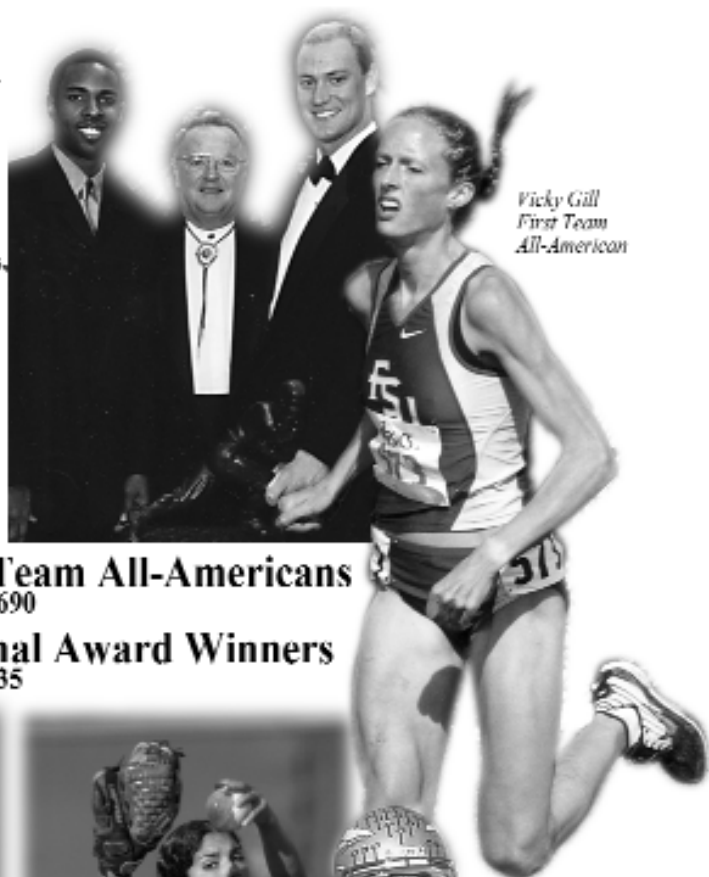
Matt Lynch



PREMIER PROGRAM

TOP NATIONAL ATHLETES

Of the 35 national awards for athletic achievement Florida State student-athletes have earned, seven have been for the top athlete in the nation award in their respective sports. Florida State boasts two Heisman Trophy winners, three Golden Spikes winners, a USA Softball National Player of the Year and a Honda Award winner for softball.



*Vicky Gill
First Team
All-American*

First Team All-Americans
Total — 690

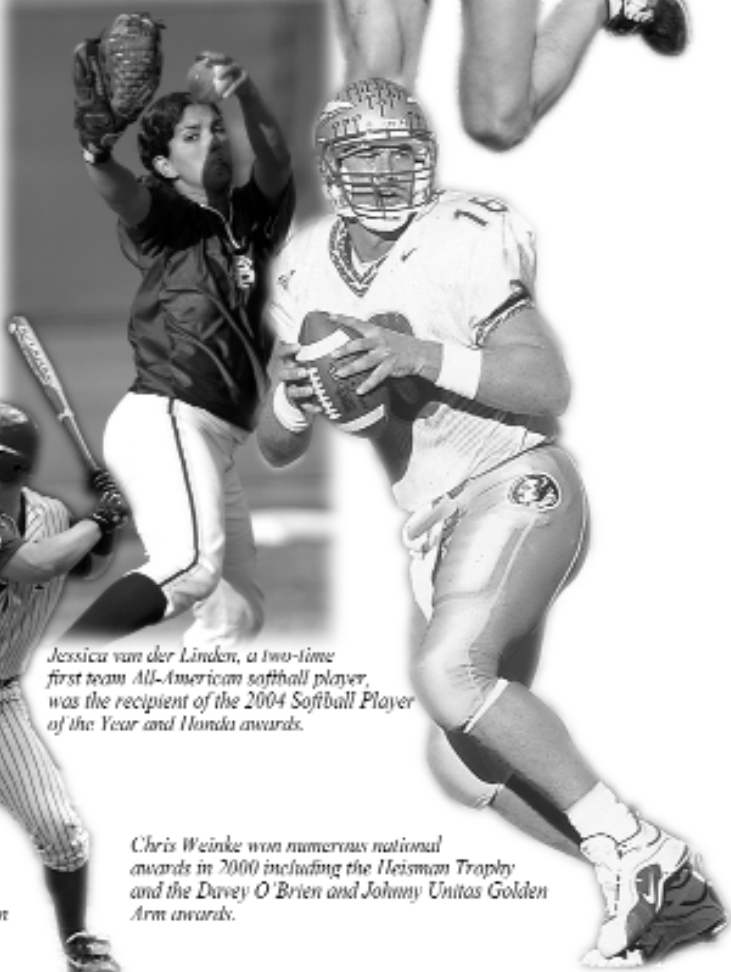
National Award Winners
Total — 35



*Helen Jepson
First Team All-American*



*Jonathan Carter
First Team All-American*



Jessica van der Linden, a two-time first team All-American softball player, was the recipient of the 2004 Softball Player of the Year and Honda awards.



*Nolan Henke
First Team All-American*



*Ryan Barthelemy
First Team All American*





*Corey Simon
All-ACC*



*Matt Cloer
All-ACC*

All-ACC Total — 1,529



*Norsho Campbell
All-ACC*



*Cindy Schofield
All-ACC*

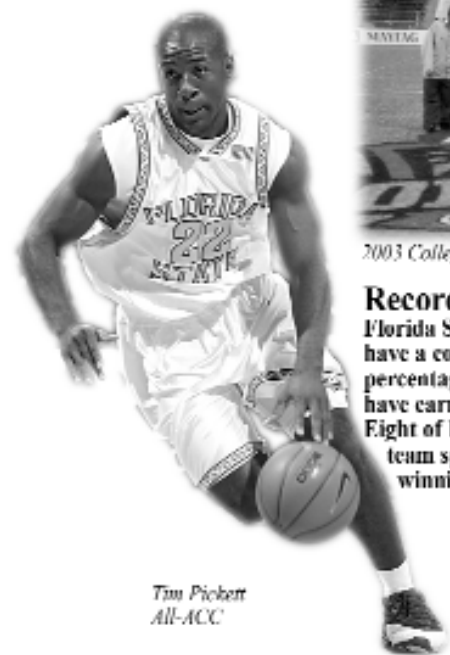


*Bob Suru
All-ACC*



NCAA Tournaments (Teams) Total — 119

ACC Team Titles Total — 30



*Tim Pickett
All-ACC*



2003 College Cup Final Four

Record

Florida State's team sports have a combined .689 winning percentage all-time and have earned 7,760 victories. Eight of Florida State's nine team sports have an all-time winning record.





THIS IS FLORIDA STATE

Florida State University, a graduate research institution, stands among the nation's elite in both academics and athletics.

Located on the oldest continuous site of higher education in Florida, the university is situated in the heart of the state's capital city. The university's main campus blends Jacobean Revival and modern styles of architecture with the oaks, pines, dogwoods and azaleas of North Florida.

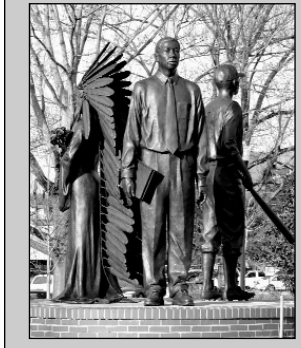
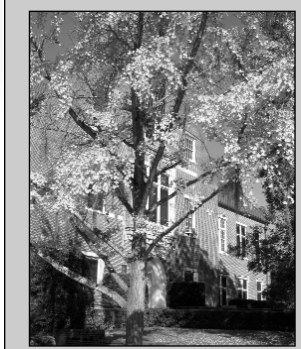
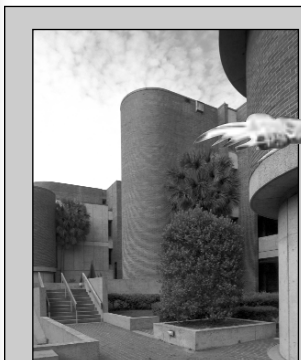
As the university has progressed and grown — from its pre-Civil War beginnings as the Seminary West of the Suwannee, to the Florida State College for Women and, finally, returning to coeducational status as a university in 1947 — it has developed into an acclaimed research institution, a top-ranked competitor in intercollegiate athletics and a standard-setter in the basic sciences and the performing arts.

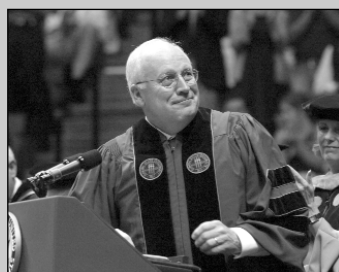
The university has entered the 21st century with excellence in all areas of its mission — teaching, research and public service, including many noteworthy milestones over the past year.

- In May 2004, Vice President Dick Cheney became the first U.S. vice president and the highest-ranking government official ever to deliver a commencement address at FSU.
- In the 2005 edition of the U.S. News & World Report guidebook "America's Best Graduate Schools," published in April 2004, the university's master's programs in public affairs were ranked 26th overall, and the specialty of public management administration ranked even higher at 15th. Also, public affairs master's programs in city management and urban

policy ranked 24th, and public finance and budgeting ranked 26th.

- In March 2004, Hispanic Magazine ranked FSU 22nd among its "Top 25 Colleges for Latinos." Among only public schools, FSU ranked 11th.
- FSU's art therapy program has received national approval, similar to accreditation, for its master's level program from the American Art Therapy Association. FSU is only the 31st school nationally to achieve this recognition.
- In the spring of 2004, FSU made available its public service video "Avoiding the Credit Card Monster," 10 minutes of basic financial advice to youthful credit novices, to every high school and K-12 institution in the nation.
- In March 2004, FSU celebrated the National High Magnetic Field Laboratory's 10th anniversary of scientific research and educational outreach. FSU operates the lab, unique to the Western Hemisphere, in conjunction with the University of Florida and the Los Alamos National Laboratory.
- The FSU department of psychology was recognized by the American Psychological Association for its clinic that provides mental health services to the community and training and research opportunities for students.
- Faculty members in the FSU School of Information Studies began editing *Library Quarterly*, the pre-eminent scholarly journal of research in the library and information studies community, with its October 2003 issue.
- The FSU College of Medicine added a doctoral program in biomedical sciences in the fall of 2003, with the first seven students recruited to begin this fall.
- President T.K. Wetherell and his wife, Virginia B. Wetherell, made the largest personal donation to a public university in the United States by a sitting president. Through their estate, the Wetherells will leave to FSU their 1,000-acre Oak Hill Plantation in Jefferson County, worth \$7.5 million.
- In October 2003, the FSU athletic training/sports medicine major received national accreditation by the Commission on Accreditation of Allied Health Education Programs. The major is offered in the department of nutrition, food and exercise sciences in the College of Human Sciences.
- In October 2003, the Chinese Ministry of Education gave 1,000 new Chinese books to FSU in recognition of the university's growing Chinese studies program.
- The FSU Museum of Fine Arts achieved the highest honor for a museum accreditation by the American Association of Museums.





- On Aug. 29, 2003, FSU launched its "everythingFSU" gateway on the World Wide Web at fsu.com. The gateway showcases the best of the university each day, including news and features, and offers users a unique electronic postcard service.

Under the leadership of FSU's 13th president, T.K. Wetherell, who took office in January 2003, and its 13-member Board of Trustees, the university continues to build on the foundation of its history of excellence in scholarship, research and service. The trustees are: Chairman John Thrasher of Orange Park; Harold Knowles, J. Stanley Marshall and Jim Smith, all of Tallahassee; Emily "June" Duda of Oveido; David Ford of Rosemont, Pa.; Dr. Jessie Furlow of Quincy; Manuel "Manny" Garcia III of Winter Springs; William "Andy" Haggard of Coral Gables; E. Ann McGee of Winter Springs; Derrick Brooks of Tampa; FSU Faculty Senate President Valliere Richard Auzenne and Student Government Association President Jarrett Eady.

A senior member of the State University System, FSU was founded as an institution of higher learning in 1851 by legislative act. It began in Tallahassee with its first class of male students in 1857 and added women in 1858.

FSU's operating budget is \$857 million. Faculty and administrators generate more than \$160 million annually in external funding to supplement state-sponsored research. Three direct-support organizations serve to bolster the university: the Seminole

Boosters, the FSU Alumni Association and the FSU Foundation.

The main campus is spread over 448.3 acres in Tallahassee; FSU, which has one of the smallest campuses in the SUS, has been actively acquiring land in the 1990s. FSU encompasses 1,445.2 acres in Leon, Bay, Franklin, Gadsden and Sarasota counties.

Within the state, the university maintains facilities at its 25-acre campus in Panama City, its Marine Laboratory at Turkey Point on the Gulf of Mexico and the Asolo Performing Arts Center in Sarasota. The Center for Professional Development and Public Service, housed in the Augustus B. Turnbull III Florida Conference Center on the edge of the campus, provides extensive credit and non-credit continuing education programs statewide.

For years, FSU has reached far beyond Florida through international programs in Switzerland, France, Panama, Costa Rica, Spain, Russia, Vietnam, the Czech Republic, Greece, Croatia, Ireland, South Africa, Ghana and the Caribbean. FSU's student centers in Florence, Italy, and London, England, are considered by many to be the nation's best in Europe.

Florida State offers 300 graduate and undergraduate degree programs through its nine colleges — Arts and Sciences; Business; Communication; Education; Engineering (operated jointly with Florida A&M University); Human Sciences; Law; Medicine; and Social Sciences (which also incorporates the Reubin O'D Askew School of Public Administration and Policy) — and

eight schools — Criminology and Criminal Justice; Information Studies; Motion Picture, Television and Recording Arts; Music; Nursing; Social Work; Theatre; and Visual Arts and Dance.

With 2,119 members, the FSU faculty has included 10 National Academy of Sciences elected members, four American Academy of Arts and Sciences members and five Nobel laureates. It is backed by 3,682 administrative and support staff members.

Library holdings at Florida State include 2.6 million book titles and 9 million microforms. The main library facility, the Robert M. Strozier Library, is linked by computer to other state university and national research libraries. The Paul A.M. Dirac Science Library is located at the heart of the university's science research complex. FSU also maintains music, library science and law libraries, and the Mildred and Claude Pepper Library.

FSU's 6,851 graduate students pursue advanced degrees in fields as diverse as business administration and theoretical particle physics. A majority of research done at FSU is the direct result of student effort, culminating in numerous books, monographs and journal articles relating to the whole spectrum of intellectual interests and the practical needs of society.

Of FSU's 37,328-student population, 56.3 percent are female, 43.7 percent are male, 27.6 percent are minorities, and 3.8 percent are foreign students.





THIS IS FLORIDA STATE

BACKGROUND: The Florida State University is one of eleven units of the Division of Colleges and Universities of the Florida Board of Education...It was established as the Seminary West of the Suwannee by an act of the Florida Legislature in 1851 and first offered instruction at the postsecondary level in 1857...Its Tallahassee campus has been the site of an institution of higher education longer than any other site in the state...In 1905, the Buckman Act reorganized higher education in the state and designated the Tallahassee school as the Florida Female College...In 1909, it was renamed Florida State College for Women...In 1947, the school returned to co-educational status, and the name was changed to The Florida State University...It has grown from an enrollment of 2,583 in 1946 to an enrollment of 37,328 in the Fall Semester 2001.

ENROLLMENT (FALL, 2003): Total, 37,328...78.5% undergrad, 18.4% grad, 3.1% unclassified...76.8% in-state...92.8% from the United States... students from all 50 states and the District of Columbia are in attendance...20 states contributed over 100 students each...16 foreign countries contributed over 40 students each...male, 56.3%...female, 43.7%...minority, 23.8%...international, 3.8%.

ACREAGE: Main Campus: 448.3 acres in Tallahassee, Leon County (main campus)...Panama City Branch: 25.6 acres in Panama City, Bay County...The university owns a total of 1,445.2 acres in Leon, Bay, Franklin, Sarasota, & Gadsden counties...Sites are leased in Marion and Leon counties in Florida, and other locations overseas.

COLLEGES/PROGRAMS: FSU has 17 major academic divisions: the Colleges of Arts and Sciences, Business, Communication, Education, Engineering, Human Sciences, Law, Medicine, and Social Science; and the Schools of Criminology and Criminal Justice, Film (Motion Picture, Television, and Recording Arts), Information Studies, Music, Nursing, Social Work, Theatre, and Visual Arts and Dance.

OPERATING BUDGET (2003-04): \$857,017,921

DEGREE PROGRAMS: The colleges and schools offer courses of study in 26 major disciplines. In addition to the associate in arts certificate they now offer 94 authorized baccalaureate degree programs covering

194 fields, 104 authorized master's degree programs covering 200 fields, 1 authorized advanced master's degree program covering 1 field, 27 specialist degree programs covering 34 fields, two authorized professional degree programs covering nine fields, and 72 authorized doctoral degree programs covering 137 fields.

DEGREES AWARDED FOR 2002-03: Bachelor, 6,335...Masters, 1,593...Doctorate, 290...Specialist, 51...Judge Doctorate, 242, Total, 8,511

ENTERING FRESHMAN FACTS (FALL, 2003): The middle 50 percent High School GPA, 3.3-4.0; SAT score 1070-1250, ACT score 22-27.

RETENTION RATE: First year, 100%...second year, 84.6%...third year, 74.3%...fourth year, 69.3%.

FACULTY/STAFF: Total 2,119...FSU's faculty includes some past graduates, such as former astronauts Dr. Norm Thagard, who teaches Electrical Engineering, and Winston Scott who serves as Vice President of Student Affairs...FSU's faculty has included five dynamic Nobel Laureates: 10 members elected to National Academy of Sciences...four members of the American Academy of Arts and Sciences.

EDUCATIONAL ADVANTAGES: Florida State University has a uniqueness in providing programs that are consistent in excellence across the board, from fine arts and humanities to the hard sciences...The balance of programs is based on FSU's long tradition as a leading liberal arts institution combined with its position as one of the top 10 universities in generating research-based revenues...FSU is the most wired campus in Florida, and has been recently ranked 18th most connected university in the nation by Yahoo! Internet Life...In 1998, IBM hired 29 FSU graduates and not just business graduates but also English majors for help in web development and design...Revlon, which recruits primarily at five schools nationwide, expanded in 1998 to include FSU as its sixth school.

EDUCATIONAL OPPORTUNITIES ABROAD: FSU is the recognized leader in international education within the State University System of Florida...FSU gives students the opportunity to see the world, while still attaining their college education...FSU's International programs allow students to travel overseas to participate in formal

programs in places like Europe, South America, and Asia.

EXTRACURRICULAR ACTIVITIES: FSU has nearly 300 student organizations that allow students to find their own niche.

FINANCIAL AID: FSU offers two types of financial assistance: need-based and merit-based...Over \$160 million is given away for financial assistance each year.

STUDENT/FACULTY RATIO: 23-1... Many of the general education classes are large lecture classes, however, over 80 percent of major classes have less than 40 students.

RESEARCH: Florida State University has built a reputation as a strong research institution in both the sciences and the humanities...Private foundations, industries, and government agencies all provide funding to support research at FSU...In 1994, Florida State was accorded the status of Research I University by the Carnegie Foundation for the Advancement of Teaching, an elite distinction that recognizes the university's strengths in doctoral programs and federal funding.

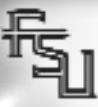
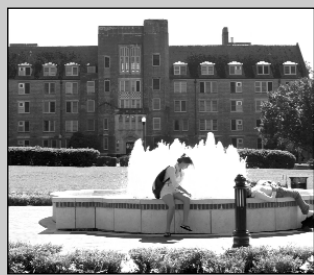
SPONSORED RESEARCH (2002-03): \$161,774,053

LIBRARY HOLDINGS: The Libraries of Florida State are: Strozier Library, Dirac Science Library, Warren D. Allen Music Library, Harold Goldstein Teaching Laboratory Library, Pepper Library, and the FSU Law Library...The Number of Volumes, 2,620,296; Current Serials, 21,598 Microforms Held, 9,029,029; Government Documents, 962,265; Computer Files, 14,837; Manuscripts and Archives (linear feet), 4,352.

10 LEADING STATES OF ORIGIN

(Enrollment)

Florida	27,145
Georgia	928
Virginia	382
Texas	348
New York	271
Pennsylvania	265
North Carolina	233
Maryland	227
Alabama	218
Illinois	216



FAMOUS ALUMNI



RITA COOLIDGE

Rita Coolidge is a two-time Grammy Award winner. She has worked with Joe Cocker (backup singer and soloist) on his "Mad Dog and Englishman" tour. She has also toured and recorded with the likes of Eric Clapton, Jimi Hendrix, Bob Dylan, Leon Russell and Stephen Stills. Coolidge co-wrote "Superstar" which was a huge hit for the Carpenters.

LEE CORSO

Lee Corso, College football Analyst for ESPN. Corso joined ESPN in 1987 after 28 years of football coaching experience at the college and professional levels – including 17 seasons as a head coach – serves as a game analyst for the Thursday night telecasts and as a studio analyst for College GameDay and the half-time and scoreboard shows. He is a member of the FSU Hall of Fame, received four varsity letters in both football and baseball at FSU.

PAUL GLEASON

A teammate of Burt Reynolds, is a very successful actor who has played a number of memorable roles including that of Clarence Beaks, the maligned courier of crop reports in "Trading Places" and the assistant principal in "The Breakfast Club."

BARBARA HARRIS

Barbara Harris is currently the Editor-In-Chief of SHAPE Magazine, the largest national monthly health and fitness publication for women in the United States. SHAPE has a current circulation of 808,634 and over 2.2 million readers. Harris, who lettered in volleyball at FSU from 1974-77, frequently appears on national and local television, radio talk shows, and is interviewed regularly by the newspaper media, sharing her experience in the areas of exercise, health, wellness, and women's issues.

TRAYLOR HOWARD

Traylor Howard, an actress best known for her role as "Sharon" in the hit TV Series "Two Guys and a Girl" (ABC). Howard appeared in more than 30 national commercials before winning the role of Joy on the comedy series "Boston Commons." Her feature film credits include "Me, Myself & Irene," with Jim Carey (2000), "Dirty Work," and "Confessions of a Sexist Pig."

GABRIELLE REECE

Gabrielle Reece is best known for her career in volleyball and as a model. Reece began modeling in 1989 and has appeared on the covers of Women's Sports & Fitness, Outside, SHAPE, Elle, Life and others. She is internationally recognized as a top fashion model and spokesperson for several companies, including Nike. Reece has co-written a book with Karen Karbo (July 1997) about her life as a volleyball player "Big Girl in the Middle" and writes a column for Women's Sports & Fitness.

BURT REYNOLDS

Academy award nominee and Golden Globe winner, Burt Reynolds enjoyed enormous success as an actor and director in feature films, television, and stage productions. Some of Burt's most prominent films include "Deliverance", "Smokey and the Bandit", "The Longest Day", "The Cannonball Run", "The Sandlot", "The Bandit" and many more. Reynolds also starred in the hit television series "Shade".

DR. TONEA STEWART

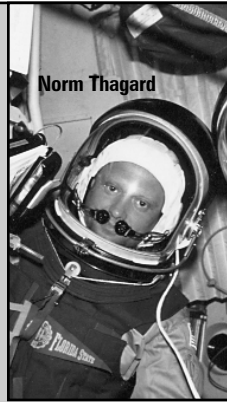
Dr. Tonea Stewart is a professional actress, tenured Professor and Theatre Arts at Alabama State University. As an actor, Dr. Stewart is known for her recurring role in "In the Heat of the Night" as Aunt Etta Kibbe. She also had roles in John Grisham's film "A Time To Kill" portraying Jackson's wife. She won an NAACP Image Award nomination as best actress in 1997. Dr. Stewart was the first African American female to receive a doctorate from the FSU School of Theatre and the first McKnight Doctor in Theatre Arts.

NORM THAGARD

Former NASA Astronaut, Norm Thagard was a mission specialist on the Orbiter Challenger, the flight engineer on STS-51B in 1985, also on STS-30 in 1989, on Orbiter Atlantis. He also served as the payload specialist on STS-42 in 1992, aboard the Shuttle Discovery and was the cosmonaut on the Russian Mir 18 mission in 1995, which required he live and train at the Cosmonaut Training Center at Star City, Russia for more than one year on one mission. He logged over 140 days in space during five space flights.

DeLANE MATTHEWS

DeLane Matthews is an actress best known for her role as Beth Bratter on a television sitcom that aired on CBS 1993-1997. She has worked in regional theatre, on New York Stage, in film and in television. DeLane has also appeared in "Guiding Light" and "Ryan's Hope" for five years. Some of her other roles include "The Fugitive" (2001), "Evasive Action" (1998), "From the Earth to the Moon" and "Woman's Dream" (1996).



Norm Thagard



Lee Corso



Rita Coolidge



Paul Gleason



Barbara Harris



Gabrielle Reece



Dr. Tonea Stewart



Traylor Howard



Above: Burt Reynolds

OTHER DISTINGUISHED ALUMNI:

- Paul Azinger**, professional golfer
- Alan Ball**, award-winning writer, received the 1999 Academy Award for Best Original Screenplay for "American Beauty"
- John W. Bradley**, actor, "The New Adventures of Robin Hood"
- Clifton Campbell**, playwright
- Davis Gaines**, performer, "The Phantom of the Opera"
- Jane Geddes**, professional golfer
- Parris Glendening**, Former Governor of Maryland
- Hubert Green**, professional golfer
- Tara Dawn Holland Christensen**, Miss America 1997
- Linda Kever**, Editor in Chief Florida Trend Magazine
- Tony LaRussa**, Manager, St. Louis Cardinals
- John Marks**, Tallahassee Mayor
- Michael Piontek**, actor
- Henry Polic**, actor
- Charles G. Rex**, New York Philharmonic
- Victor Rivers**, actor and spokesperson for The National Network To End Domestic Violence
- Stephen J. Rothman**, theatre director
- Winston Scott**, former NASA astronaut
- Steven Sears**, writer and producer
- Randy Ser**, theatrical director
- Sonny Shroyer**, actor, "The Dukes of Hazard"
- Dr. Valint Vazsonyi**, international concert pianist
- Claudia Waite**, award-winning soprano
- Ellen Taaffe Zwilich**, award-winning composer
- Linda Zoghby**, opera singer



SUPPORT SERVICES



VIOLET FARIA

TEAM MANAGER

Every successful program has that person behind the scenes that does the little things necessary to keep the program running smoothly. Since 2001 that person within the Florida State swimming and diving program has been team manager Violet Faria.

Now in her fourth season with the Seminoles, Faria wears many hats. Two of her main duties include coordinating the set-up and breakdown for all the Florida State home meets at the Leach Center as well as distributing equipment to the student-athletes. On the road she video tapes the meets while helping organize the team meals.

A native of Miami, she attended Miami Senior High School where she swam and played on the water polo team. She served as captain for both squads her senior year after earning the swim team's Most Improved Award as a junior.

Born in Managua, Nicaragua, Faria earned a bachelor of arts degree in sports management from Florida State in the spring of 2004. She is currently pursuing her master's degree in sports administration.



JESSI PRAHL

ATHLETIC TRAINER

Whether it's a torn muscle, major surgery or just general aches and pains, athletic trainer Jessi Prahl and her student trainers are there every step of the way for the Florida State swimming and diving team. Overseeing a group of six students, Prahl is in her first year at Florida State.

A native of Peach Tree City, Ga., Prahl earned her bachelor's degree in exercise science with an emphasis in athletic training at the University of Georgia in the spring of 2004. She is currently in her first year of graduate school at Florida State, studying athletic administration.

While this is her first assignment at Florida State and with a swimming and diving program. Prahl is no stranger to the collegiate training room. While at Georgia, she worked with the Bulldog football, men's basketball, baseball, track and field and cross country programs. She also assisted with the Seminole football program during preseason practice.

A member of the dean's list at McIntosh High School, Prahl played basketball and soccer as a prep.



DWAN RIGGINS

STRENGTH & CONDITIONING COACH

If the coaching staff is the engineer that fine tunes the automobile, then strength and conditioning coach Dwan Riggins is the mechanic that builds the strong engine. In her first year at Florida State, Riggins is responsible for writing and implementing the weight program for the swimming and diving program as well as the softball squad.

A native of Tallahassee, Riggins got her undergraduate degree in 2003 from the University of Florida in exercise sports sciences. She is currently pursuing a master's degree in sports administration.

During her first three years at Florida, Riggins worked with the Gator women's basketball program. During her first two years with Carol Ross' squad she served a team manager before spending her third season as a practice player. Her final season in Gainesville she worked as a trainer at the Living Well Facility on the UF campus. Before she joined the Florida State staff, Riggins served this summer as a volunteer for the Gators' strength and conditioning staff, working with volleyball, soccer and women's basketball.

A three-sport athlete during her prep career, she helped Godby High School girls' basketball team win the 1997 state championship.



KYLIE AMATO

ACADEMIC ADVISOR

As much as the members of the Florida State swimming and diving program are assisted in pursuit of athletic excellence, they receive just as much, if not more, attention in the classroom. Giving them the guidance they need to complete their degree is academic advisor Kylie Amato.

Starting her second school year at Florida State, Amato has had an immediate impact on Seminole student-athletes. Last year she worked with women's basketball, track and field and cross country with the three sports combining to earn 68 ACC Academic Honor Roll accolades in 2003-04. In addition to her duties with swimming and diving, Amato also works with the Seminole soccer team.

A liaison between athletic and academic communities, Amato monitors the academic progress of the student-athletes to ensure graduation and athletic eligibility. Along with her daily duties of updating the coaches and monitoring the student-athletes, Amato also meets with potential student-athletes during the recruiting process.

A former student-athlete herself, Amato knows first hand what it takes to succeed in the classroom. A member of the volleyball team at the University of West Alabama, she earned dean's list honors on her way to earning a bachelor's degree in psychology with a minor in physical education. A native of Toombs, Miss., Amato earned a master's degree in sports administration from Northwestern State in 2002 while serving as a graduate assistant volleyball coach.





Weight Room

The Florida State swimming and diving programs have the luxury to train in two top-notch facilities. The Tully Gymnasium weight room recently took on a whole new look following a complete renovation in 1996 and additional improvements have been made to the facility every year since. The weight room went from 1,500 square feet to 3,500 square feet in size in 1996, fresh with a new stereo system, drop ceiling, lighting and mondo rubber flooring. The facility has been expanded to 4,500 square feet with a new squat rack and platform.

Over \$140,000 worth of new exercise equipment was added to the Seminole weight room, including 16 cardiovascular pieces such as Life Fitness, Stairmaster and Textrix.

Medical Care & Treatment

An athlete can expect to receive the best care and treatment possible with the athletic training team at Florida State. Prior to competition, all FSU student-athletes undergo screening in order to detect any potential injuries. If a problem is detected, the athlete may be placed on a prevention care system which may include any kind of treatment from icing to exercising.



Robin Gibson
Head Women's
Athletic Trainer

Though the prevention of injuries is the main objective, some injuries are unavoidable. Rehabilitation is another component of the Florida State training room. The FSU athletic training staff will work with the athlete and provide an intense rehabilitation schedule that will allow the athlete to successfully rehabilitate after an injury. Some injuries and illnesses may be referred to the Seminole team physicians at the Tallahassee Orthopedic Center, who, for many years, have worked in conjunction with the

FSU athletic training staff in successfully rehabilitating athletes after an injury. Nutrition counseling and drug testing are also responsibilities of the athletic training team which is dedicated to providing the best care possible for all FSU student-athletes.

Head Women's Athletic Trainer Robin Gibson and Associate Athletic Trainer Sam Lunt oversee the athletic training duties for the swimming and diving programs. Gibson, a 1985 graduate of San Diego State, is in her 16th year at Florida State. She was elevated to the Head Women's Trainer in 1990 and became the Associate Director of Sports Medicine in 1998.



Sam Lunt

Gibson is a licensed athletic trainer in the state of Florida and is a long-time member of the National Athletic Trainers' Association. Lunt is in his 17th year with the Florida State athletics department. Lunt originally came to FSU as a graduate assistant after receiving his bachelor's degree in athletic training from the University of Miami. Lunt is the head trainer for the men's basketball team and oversees all men's spring sports.



LIFE SKILLS & STUDENT SERVICES

The N.O.L.E.S. Program: New Opportunities for Leadership, Education & Service

Life Skills

Developed by the Florida State University Department of Athletics, the NOLES program represents a commitment to the total growth and development of the student-athlete. This program establishes an administrative commitment to academic and athletic excellence. Those efforts will be supported with programs and services in personal development, career development and community service.



PAM OVERTON
Associate Athletics
Director/Senior Woman
Administrator

Personal Development

Fostering the development of personal growth is a fundamental component of the NOLES program. These support programs ensure that the student-athlete will be provided opportunities to focus on personal growth issues such as values clarification, goal setting, fiscal planning, decision-making and personal responsibility. Programming focuses on helping student-athletes develop a healthy lifestyle while they are at Florida State and habits that will benefit them for life.



JOHN LATA
Director of
Student Services

Career Development

Preparing for life after college sports is a major focus of the NOLES Career Development program. The program is designed to work cooperatively with the University's Career Services to acquaint students with the job search process, provide networking opportunities and ultimately assist with job placement. This program places a priority on the development of the total person, with the goal of developing individuals who will have rewarding careers and productive lifestyles after they leave Florida State.

Community Service

Serving the community is the focus of our Seminole Spirit program. Student-athletes are challenged to give service to our community and individuals who are in need. With a clearly defined program of service, student-athletes are given the opportunity to develop the foundation for a lifelong commitment to volunteerism. The Seminole Spirit Student-Athlete Speakers' Bureau enables student-athletes to improve their speaking skills, develop effective communication and impact the lives of others through their service as role models in our community.

Leadership Development

The Florida State University Department of Athletics is committed to developing programs of excellence that foster leadership development. The foundation of the leadership development program is the Seminole Leadership Institutes that are held four times a year. These institutes offer student-athletes the opportunity to learn skills that will benefit them as students, as athletes, and as they pursue their goals after leaving Florida State. The Institutes have the opportunity to use the values and work ethic taught by athletic participation as the framework for their leadership development. The Institutes attract outstanding guest speakers who challenge Seminole student-athletes to achieve their greatest potential and use their leadership skills to positively influence others.

The Student-Athlete Advisory Council (SAAC) serves as the advisory board to the NOLES program and the athletics

administration. The prestigious board, comprised of two representatives of each athletic team at FSU, also recommends programming and serves as a liaison between student-athletes and the athletics administration. The Advisory Council plans and implements various events for student-athletes and serves as the department's most visible ambassadors. The SAAC hosts the annual Golden Nole banquet and plans such events as orientation for incoming student-athletes.

THE STUDENT ATHLETE ADVISORY COUNCIL

Shawn Allen, Track	Brandon Manasa, Baseball
Mike Averett, Swimming	Lakendra McColum, Track
Jeff Baggett, Athletic Trainer	Cassie McLaughlin, Volleyball
Carly Brieske, Softball	Alina Mihailescu, Tennis
Aaron Cheesman, Baseball	Ali Mims, Soccer
Roxanne Clarke, Tennis	LaQuinta Neely, Basketball
Anne Clinton, Cross Country	Tracy Ramos, Athletic Trainer
James Coleman, Football	Jez Ratliff, Soccer
Pete Crane, Swimming	Katie Ronan, Swimming
Lindsay Deason, Tennis	Lorne Sam, Football
Todd Galloway, Basketball	Mark Sestillo, Golf
Tatiana George, Softball	Jessica Skower, Volleyball
Amy Harris, Golf	Michelle Steakin, Golf
Renee Hill, Volleyball	Jonathan Sucupira, Tennis
Lisa How, Swimming	Amber Tantee, Tennis
Natalie Hughes, Cross Country	Adam Wallace, Golf
Garrett Johnson, Track	Mike Walsh, Cross Country
Latoya Legree, Track	Chip Webb, Tennis
Linnea Liljestrand, Basketball	



NCAA COMPLIANCE



ROBERT MINNIX
Assoc. AD for
Compliance



BRIAN BATTLE
Director of
Compliance



HEATHER MCATEE
Compliance
Coordinator

Florida State University Compliance Office

The following information is provided by the Florida State Office of Compliance for prospective student-athletes. It is intended as a guideline to introduce you to some of the rules governing NCAA athletics.

Key Definitions You Should Know

Representative of Athletics Interests:

A representative of the institution's athletics interests (AKA Booster) is an individual who is know (or should have been known) by a member of the institution's athletic department to:

- Have participated in or to be a member of an agency or organization promoting the institution's intercollegiate athletics program;
- Have made financial contributions to the athletics department of to an athletics booster organization of that institution;
- Be assisting or to have been requested (by the athletics department staff) to assist in the recruitment of prospects;
- Be assisting or to have assisted in providing benefits to enrolled student-athletes or their families; or
- Have been otherwise in promoting the institution's athletics program.

*** Once an individual is identified as a representative, the person retains that identity forever ***

Prospective Student-Athlete: A prospective student-athlete ("prospect") is a student who has started classes for the ninth grade, regardless whether he or she participates in athletics. A prospective student-athlete maintains his or her identity as a

prospect, even after he or she signs a National Letter of Intent or financial aid agreement, until he or she attends the first day of practice or participates in an official team practice, whichever is earlier.

Contact: A contact is any face-to-face encounter between a prospect or the prospect's parents, relatives or legal guardian(s) and an institutional staff member during which any dialogue occurs in excess of an exchange of a greeting. In the sport of golf, a coach can contact you once in the month of April at your school and three more times after July 1 before your senior year in high school.

Evaluation: An evaluation is any off-campus activity designed to assess your academic qualifications or athletic ability, including any visit to your high school (during which no contact occurs) or the observation of any practice or competition in which you participate.

Phone Calls and Letters

During the month of March during your junior year in high school, a coach may make one phone call to you. After that, phone calls from faculty members and coaches (but not boosters) are permitted beginning July 1 before your senior year in high school. A coach or faculty member is limited to one phone call per week except that unlimited phone calls may be made:

During the five days immediately before your official visit to the university.

On the day of a coach's off-campus contact with you.

During the time beginning with the National Letter of Intent signing date through the two days after the signing date and after a National Letter of Intent or scholarship agreement is signed.



A prospect of any age could receive the following from a coach:

- Questionnaire
- Camp brochure
- NCAA educational information

After September 1 of a prospect's junior year, a coach could provide:

- Written correspondence, including letters, e-mails, instant messages and text messages
- Game programs
- Media Guide
- Schedule cards
- Official academic, admission and student services publications and videotapes produced by the institution and are available to all students

After a prospect signs a National Letter of Intent, a coach could provide:

- Pre-enrollment information
- A Student-Athlete Handbook (could also be provided on an official or unofficial visit)

Who is Permitted to Recruit for FSU?

Only Florida State University coaches who have successfully completed the NCAA Recruiting Rules Examination on an annual basis may be involved in the recruitment process. Boosters may not make any recruiting contacts. This includes letters, telephone calls or face-to-face contact on or off campus with a prospect or the prospect's parents.

Alumni and Boosters Do's and Don'ts

- You **may** forward information about prospective student-athletes to the appropriate coaches.
- You **may** have contact with a prospect regarding permissible pre-enrollment activities such as summer employment, provided the prospect has already signed a National Letter of Intent and the Compliance Office is aware you are making these contacts in regard to employment.
- You **may** have a telephone conversation with a prospect only if the prospect initiates the call. Such a call may not be prearranged by an institutional staff member and you are not permitted to have a recruiting conversation, but may exhibit normal civility. You must refer any questions about our athletic programs to an athletics department staff member/coach.
- You **may** view a prospect's contest at your own initiative provided you do not contact the prospect or his/her parents. In addition, you may not contact a prospect's coach, principal or counselor in an attempt to evaluate the prospect.
- You **may** continue established family relationships with friends and neighbors. Contacts with sons and daughters of these families are permitted as long as they are not made for recruiting purposes or encouraged by Florida State University coaches.
- You **may not** become involved in making arrangements to receive money or financial aid of any kind for a prospect or the prospect's family and friends.
- You **may not** make contact with a prospective student-athlete and his/her parents when the prospect is on campus for an official or unofficial recruiting visit.
- You **may not** transport, pay or arrange for payment of transportation costs for a prospect and his/her relatives or friends to visit campus (or elsewhere).
- You **may not** pay or arrange for payment of summer camp registration fees for a prospect.
- You **may not** provide anything to a prospect, the prospect's family or friends without prior approval from the Compliance Office.

For more information, please contact the Florida State Compliance Office at (850) 644-4272.



BOARD OF TRUSTEES



JOHN THRASHER
Chairman
Orange Park, FL



JIM SMITH
Vice Chairman
Tallahassee, FL



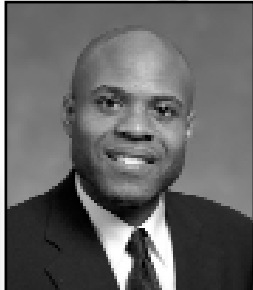
**DR. VALLIERE
RICHARD-AUZENNE**
Tallahassee, FL



DERRICK BROOKS
Tampa, FL



EMILY FLEMING DUDA
Oviedo, FL



JARRETT EADY
Student Government
Association President



DAVID FORD
Rosemont, PA



DR. JESSIE FURLOW
Quincy, FL



MANNY GARCIA
Winter Springs, FL



**WILLIAM ANDREW
HAGGARD**
Coral Gables, FL



HAROLD KNOWLES
Tallahassee, FL



**DR. J. STANLEY
MARSHALL**
Tallahassee, FL



DR. E. ANN MCGEE
Winter Springs, FL



DR. T.K. WETHERELL
FSU PRESIDENT

ATHLETICS DEPARTMENT MISSION STATEMENT

The Mission of the Department of Intercollegiate Athletics at Florida State University shall be to produce National Collegiate Athletic Association (NCAA) Division I programs for men and women equally characterized by excellence. In addition, the Department strives to be recognized as a campus leader in terms of its ethics, non-discrimination and unquestioned fiscal integrity.

Excellence in intercollegiate athletics programs is determined by academic achievement in the classroom, as well as development of character, maturity and a sense of fair play in athletic competition. Such excellence engenders support for the University among its constituent groups including students, faculty, alumni, and friends at all levels of interest. The Department shall subscribe fully to the philosophy and regulations set forth by the National Collegiate Athletic Association and operate within the fiscal regulations and non-discriminatory procedures established by the Florida State University Board of Trustees and the Florida Legislature.

It is the explicit philosophy of the Department that our student-athletes will be strongly encouraged and supported in their endeavors to progress toward a degree while simultaneously participating in intercollegiate athletic program whose environment is consistent with the highest standards of academic scholarship, sportsmanship, ethics, and institutional loyalty.

Finally, the decisions and priorities of the Department should always focus on our student-athletes first, as individuals; second, as students; and third, as athletes.



Brittany Lerew
AII-ACC

2004-05 FSU SWIMMING & DIVING SCHEDULE



Courtney McClow
AII-ACC



Michael Averett
AII-ACC

<i>Date</i>	<i>Opponent</i>	<i>Location</i>	<i>Time</i>
SEPTEMBER			
17	FSU Pentathlon	Tallahassee, Fla.	3:00 PM
18	Garnet vs. Gold Meet	Tallahassee, Fla.	8:30 AM
25	Clemson*	Tallahassee, Fla.	10:00 AM
OCTOBER			
15	Florida A&M (M & W), Tulane & N. Florida (W)	Tallahassee, Fla.	TBA
22	at California	Berkeley, Calif.	12:00 PM
23	at Pacific	Stockton, Calif.	11:00 AM
29-30	at Georgia Tech, Maryland & Virginia Tech*	Atlanta, Ga.	All Day
NOVEMBER			
12	at Miami (W) & Indian River CC (M&W)	Coral Gables, Fla.	5:00 PM
13	at Florida International (W), Florida Atlantic (M&W)	Miami, Fla.	11:00 AM
16	Florida	Tallahassee, Fla.	5:00 PM
DECEMBER			
3-5	at Georgia Fall Invitational	Athens, Ga.	All Day
JANUARY			
2	vs. Penn State	Islamorada, Fla.	All Day
7	North Florida (W), UNC-Wilmington (M&W)	Tallahassee, Fla.	3:00 PM
15-16	Dallas Morning News Classic (M)	Dallas, Texas	All Day
29	Auburn	Tallahassee, Fla.	11:00 AM
FEBRUARY			
16-19	at Women's ACC Championships	Atlanta, Ga.	All Day
23-26	at Men's ACC Championships	Atlanta, Ga.	All Day
26-27	Last Chance Meet (W)	TBA	All Day
MARCH			
4-5	Auburn Invitational (M)	Auburn, Ala.	All Day
12-13	NCAA Diving Zone Qualifier	TBA	All Day
18-20	at Women's NCAA Championships	West Lafayette, Ind.	All Day
25-27	at Men's NCAA Championships	Minneapolis, Minn.	All Day

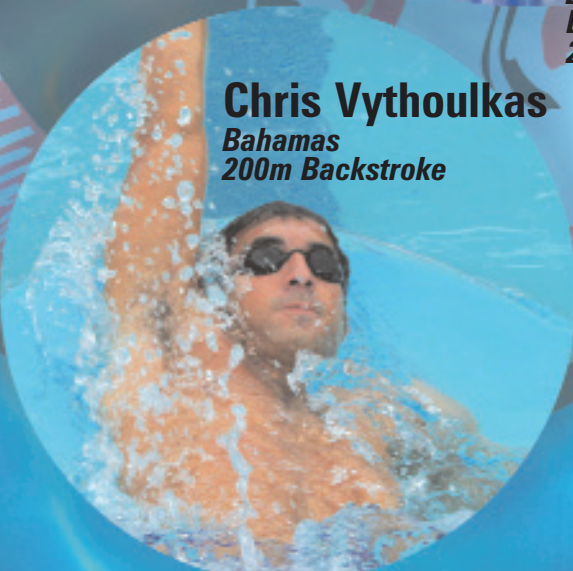
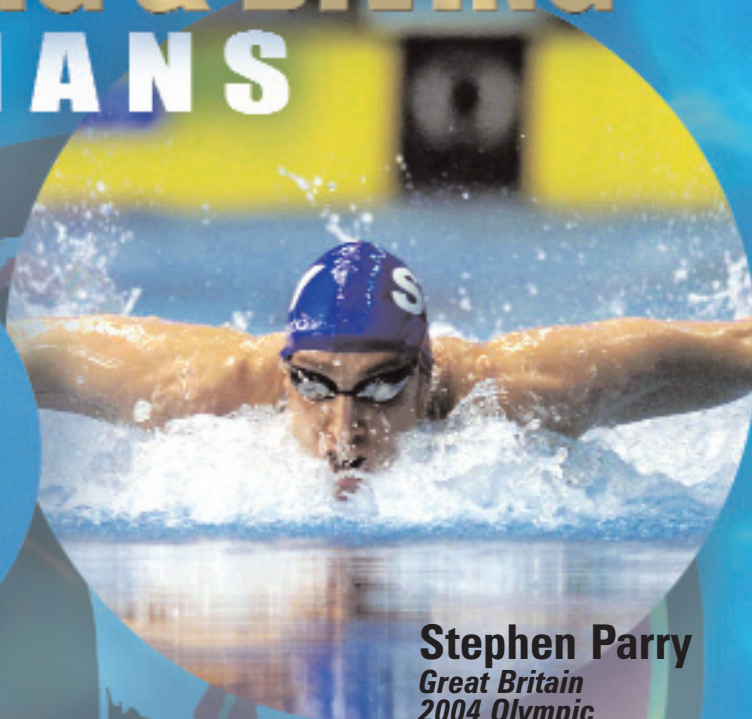
* - ACC Meet

All home meets in **bold** at Bobby E. Leach Center.

2004 FSU SWIMMING & DIVING OLYMPIANS



Stephen Parry
Great Britain
2004 Olympic
Bronze Medalist
200m Butterfly



Chris Vythoukas
Bahamas
200m Backstroke



Julio Santos
Ecuador
50m Freestyle



Wickus Nienaber
Swaziland
100m Breaststroke



Golda Marcus
El Salvador
400m, 800m Freestyle