WOMEN'S BIOS

В ОМУ	BACK • FREE	
Altmann	Sophomore	6'0"
APR .	Cape Town, South Africa (German International School of Cape Town)	
Mee	TOP TIME	ËS
	100 BACK:	55.99
	200 BACK:	1:59.50-* school record
	200 Free:	1:50.71
High School Coach:	Wendy Way	
Club Team:	CADO	
Club Coach:	Wendy Way	
Why you chose FSU:	Recommended	
Picked FSU over:	Florida, Washington, Pa	acific, Hawaii

All-ACC

2004-05: Joined the Seminoles at the semester, competing only at the ACC Championships (Feb. 16-19)...Tied Andree-Anne LeRoy's school record in the 200 backstroke, touching in at 1:59.50 to take third and earn All-ACC honors. Time was also an NCAA "B" Cut...Took fourth in the 100 backstroke at the conference meet, posting the third-fastest time in school history with her NCAA consideration time of 55.99...Notched her third NCAA provisional time with a 16th-place 1:50.71 in the 200 freestyle that rates as the ninth-fastest in Seminole lore...Member of the 800 free relay that set a new school record of 7:19.59 while taking fourth place...Swam the backstroke leg of the 400 medley relay that placed second with a time of 3:40.93...Made the consolation heat of two events at the 2005 World University Games in Izmir, Turkey...Took fourth in the consolation final, 12th overall with a time of 1:03.97 during the 100-meter backstroke...Placed fifth in the heat and 13th overall with a 2:20.51 at the 200-meter distance...Added a time of 30.65 in the 50-meter backstroke that missed making the consolations by 0.14.

HIGH SCHOOL: Swept the backstroke events at the 2004 All-Africa Games with gold medals in the 50, 100 and 200 events...Added a silver medal in the 100 backstroke and a third-place finish at the 200-meter distance at the 2004 South African Senior Nationals...Collected six gold medals at the 2002 All-Africa Games...Advanced to the finals of the 50, 100 and 200 backstroke at the World Cup Championships...Won the 2003 Sports Writer Award as the top female athlete in the Western Cape...Coached by Wendy Way for both the German International School and CADO club teams.

PERSONAL: Born August 17, 1983...Majoring in political science... Daughter of Fritz and Sylvie Altmann



I MURTH RECOV	BREAST • FREE	
LAUREN BRICK	JUNIOR	5'10"
1000	Culpeper, VA (Culpeper County)	
March	TOP TIMES	
(3)	100 Breast:	1:02.32
11-6	200 BREAST:	2:19.80
The last	50 Free:	23.95
High School Coach:	Jeff Faust	
Club Team:	Rappahanock Area YMCA Swim Team	
Club Coach:	Bob Herlinger	
Why you chose FSU:	I fell in love with the team, coaches, and all-around atmosphere of FSU	
Picked FSU over:	UNC, North Carolina St Alabama, Maryland, Cl	

NCAA All-American Two-Time All-ACC Two-Time ACC Champion Two-Time NCAA Qualifier

2004-05: Captured her first individual ACC title and second All-ACC award by taking the 100-yard breaststroke with a gold medal time of 1:02.45, winning the event by nearly one second. Victory was Florida State's third in a row in the event...Took 24th at the NCAA Championships (March 18-20) with a time of 1:02.84...Also competed on four relays at the national championships...Added a top-16 finish in the 200 breaststroke at the conference meet (Feb. 16-19), posting a 13th-place time of 2:19.97...Swam the breaststroke leg of the second-place 400 medley relay...Improved all-three of her career-best times at the Georgia Fall Invitational (Dec. 3-5)...Took third in the 100 breast with a 1:02.32 that ties Samantha White for the second-fastest time in school history. Eighth-place time of 2:19.80 at the 200-yard distance rates 10th. Also improved her 50 freestyle standard with a 23.95...Posted NCAA "B" cuts six times throughout the season...Scored nine first-place finishes during the year, including a victory in the 100 breast against second-ranked Auburn (Jan. 29) and No. 4 Florida (Nov. 16).

2003-04: Made an immediate impact, earning Honorable Mention All-America...Swam the breaststroke leg of the 200 medley relay that took 11th, while also taking part in the 12th-place 400 medley relay...Individually, placed 26th in the 100 breaststroke with a time of 1:02.96 ...Finished second at the ACC Championships (Feb. 18-21) with a time of 1:02.72...Member of the winning 200 medley quartet that set the school and conference meet record (1:40.84)...Also notched a season-best time of 2:21.08 during the 200 breaststroke at the conference meet to hit the wall in 17th...Captured All-ACC honors in both the 100 breast and 200 medley relay...Placed third in the 100 breaststroke at the Texas A&M Fall Invitational (Nov. 21-23) with a season-best time of 1:02.48, the fastest 100 breaststroke time by an ACC freshman in 2003-04 and 24th in the NCAA...Scored 11 top three finishes during the season, including four victories...Notched four NCAA "B" cuts in the 100 breast throughout the year with one at the 200-yard distance...Upbeat demeanor earned her the team's Spirit Award at the annual team banquet.

HIGH SCHOOL: Highlighted prep career with a tremendous senior season...Earned a spot in the Senior National meet after winning the 100 breaststroke at the Speedo Eastern Sectional meet...YMCA national champion in the 100 breast and high school All-American her final year...Earned All-State honors her final two seasons...Owns the Eastern Zone 100 breaststroke record with a 1:02.74 as a junior...Coached by Jeff Faust at Culpeper and Bob Herlinger at Rappahanock Area YMCA Swim Team.

PERSONAL: Born May 18, 1985...Majoring in interior design...Daughter of Jonathan and June Brick...Father swam at Clemson.



Ann Cipoletti	BREAST• IM	
ANN CIPOLEITI	Freshman	5'7"
	Charleston, (Vinton (VA) Will	
Club Team:	Virginia Gators	
Club Coach:	Doug Fonder	
Why you chose FSU:	The way the team acts other and a good south	around each aern school
Picked FSU over:	Ohio State	

KELLY DEAN	FLY	
RELLY DEAN	Freshman	5'8"
	Longwood, Fla. (Altamonte Springs Lake Brantley)	
A		
High School Coach:	Clay Parnell	
Club Team:	Patriot Aquatics	
Club Coach:	Clay Parnell	
Why you chose FSU:	Liked the coaches and	people
Picked FSU over:	Kentucky	

HIGH SCHOOL: Won the 200 breaststroke at the 2005 YMCA Short Course National Championships with a time of 2:16.21...Added a second-place 1:04.62 in the 100 breast as well as fourth-place finishes in the 200 (2:05.87) and 400 (4:27.13) individual medley...Swam on a trio of relays that posted top-eight marks...Holds West Virginia high school records after winning a pair of events as a junior for George Washington High School in Charleston...Won a gold medal for her time of 1:06.83 in the 100 breaststroke, followed by a new 200 IM standard of 2:08.91...Posted NISCA All-America consideration times all three years in the 100 breast with one mark in the 200 IM and 200 medley relay...Named All-State, All-Region and All-Conference her three years at GWHS...Won the 2002 YMCA Long Course National Championships in the 200 breaststroke, taking the event in 2:39.63...Also finished 12th at the national meet with a time of 2:17.29 in the 200 IM...Did not compete for William Byrd her senior year, instead training with her club Virginia Gators under the direction of Doug Fonder... Also excels in the classroom as a three-time Scholastic All-American and member of the National Junior Honor Society.

PERSONAL: Born October 27, 1986...Majoring in business/marketing...Daughter of Sam and Beth Cipoletti...Sister Ellen swam at West Virginia and holds the school record in the 400 IM.

HIGH SCHOOL: Produced All-America times in both individual events and relays her last two years of high school...Concluded senior season with a trio of national honors, topped off by an All-American automatic standard as part of the second-place 400 free relay at the FHSAA 3A meet...200 medley relay earned national consideration time in the prelims before being disqualified in the finals...Added All-America consideration for her fifth-place 57.43 in the 100 butterfly...Also took tenth in the 200 individual medley with a time of 2:11.34...Junior campaign saw her collect her only state title as a member of the winning 400 free relay that produced an automatic All-America time of 3:33.27...2003 meet also saw her record her best individual finish as she took second in 100 fly with a personal-best, All-America automatic time of 57.08...All-America consideration came for third-place 200 medley relay...Took fourth in the 200 IM with a mark of 2:09.98...Captured conference and district titles in the 100 fly her last three years, while adding both titles in the 200 IM as a junior...Named first-team all-county and all-conference her last three years at LBHS...Earned Second-Team All-Central Florida from the Orlando Sentinel...Served as team captain her senior year...Lake Brantley finished in the top three at the state meet all four years of her prep career, including team titles in 2001 & 2003...Coached by Clay Parnell at both Lake Brantley and Patriot Aquatics club team.

PERSONAL: Born May 26, 1987...Undecided on major...Daughter of Mark and Ann Dean...Older brother Clayton is a member of the men's swimming and diving team at Duquesne University.



CARDER ELLIS	FREE	
CARRIE ELLIS	SENIOR	5'8"
	Valrico, FL (Durant / Virginia)	
A	TOP TIME	ES
Max M	50 Free:	23.08
	100 Free:	49.77
	200 Free:	1:49.94
High School Coach:	Kathy Menendez	
Club Team:	Brandon Blue Wave	
Club Coach:	Peter Banks	
Why you chose FSU:	I liked the laid-back, friendly atomosphere.	
Picked FSU over:	Florida	

All-American Two-Time NCAA Qualifier Two-Time All-ACC Team Captain

2004-05: Returned after a two-year absence to earn her second All-ACC honors and take part in her second NCAA Championships...Placed second in the 100 freestyle with a time of 50.05 at the ACC meet (Feb. 16-19). Came back to lead off the 400 freestyle relay with a career-best time of 49.77 that rates as the second-fastest mark in school history...Took second in the 50 freestyle with a personal-best time of 23.08 that lists as the fourth-fastest at FSU...Broke into the Florida State all-time top ten in the 200 freestyle at number eight, posting a time of 1:50.70 to take 11th...Member of three top three relays, including the 400 freestyle and 400 medley quartets that

finished second...Swam a pair of events at the NCAA Championships (March 18-20), taking 36th in the 100 freestyle at 50.34 to go along with a 59th-place 23.61 during the 50 freestyle...Also swam on four relays at the national summit...Made the finals of both the 50 and 100 freestyle at the Georgia Fall Invitational (Dec. 3-5), taking eighth in both events with times of 23.38 and 50.59 respectively...Scored seven victories throughout the dual meet season with 16 topthree finishes...Won both the 50 freestyle (23.73) and 100 freestyle (51.31) against fourth-ranked Florida...Posted seven NCAA "B" cuts during the season...Honored as team MVP, while also picking up the Comeback Award at the annual team banquet...Tied for 24th in the 50-meter freestyle at the 2005 ConocoPhillips US National Championships with a career-best long-course time of 26.54...Placed 36th in the 100-meter freestyle with a time of 57.90 that she bettered to 57.32 in a time trial.

AT VIRGINIA (2001-02): Highlighted her only year with the Cavaliers by earning All-America honors as a member of UVA's 200 freestyle relay (1:31.46) that placed eighth at the NCAA Championships...Captured Honorable Mention All-America status as member of the 400 freestyle relay (3:19.81)...Both relay times are still Atlantic Coast Conference records...Placed 26th in the 100 freestyle at the national meet with a season-best time of 50.12...Scored a trio of top-16 finishes at the ACC Championships...Best placing was a sixth-place, NCAA "B" cut time of 50.62 in the 100 freestyle...Also finished ninth in the 200 free with another NCAA qualifying time of 1:49.94, while her 23.64 in the 50 free placed her 11th.

HIGH SCHOOL: Took her shot at the 2000 Olympics, participating in the US Olympic Trials in the 100 freestyle...Also swam at the US Spring Nationals that year, placing in the top five on the 400 and 800 freestyle relays...Earned NISCA All-America and US Swimming Scholastic All-America honors her last three years in high school...Captured a trio of state championships, winning the 50 and 100 freestyle as a junior, while taking part in the winning 400 freestyle relay as a senior...Finished runner-up in the 50 and 100 freestyle during her sophomore and senior years...Competed at the 1999 US Junior Nationals in the 50 free...Member of the National Honor Society...Swam for Kathy Menendez at Durant, while Peter Banks was her club coach at Brandon Blue Wave.

PERSONAL: Born August 29, 1983...Majoring in exercise physiology...Daughter of Mike and Susan Ellis...Grandfather played football at Ohio University and served as captain...Dean's list student since enrolling in Florida State in the fall of 2002.



Carissa	DIVING	
Hanna	Freshman	5'8"
	CHURCHVILLE, (NEWTOWN COUNCIL F	
High School Coach:	Christina Stocki	
Club Team:	Blue Dolphin Diving	
Club Coach:	Candance Gotlieb	
Why you chose FSU:	No other school compa	red
Picked FSU over:	Florida, UConn, Drexel	
		1

Elise	DISTANCE F	DISTANCE FREE	
HATFIELD	Sophomore	5'9"	
	Merritt Islan (Merritt Isla)	,	
	TOP TIMES		
62	200 Free:	1:55.53	
	500 Free:	4:56.94	
The second	1000 Free:	10.36.63	
	1650 Free:	17:24.22	
High School Coach:	Christy Zieres		
Club Coach:	John Hughes		
Picked FSU over:	North Florida, Tulane, North Carolina-Wilming College of Charleston	gton,	

ACC Academic Honor Roll

HIGH SCHOOL: Earned the first All-State honors of her prep career as a senior, taking sixth the PIAA AAA state meet with a tally of 390.30 on the one-meter board...Finished fifth at the District 1 meet with an 11-dive total of 403.85 ... Placed second on the one-meter board her senior year at the league meet after a bronze medal as a sophomore...Holds CRSHS records for six dives (256.3) and 11 dives (414.65)...A fouryear letterwinner, she was team MVP and captain the last two seasons...Also qualified for the district meet as a member of the 200 free relay as a junior and senior...Took 11th on both boards at the 2005 Junior Olympic Spring Region 1 meet in her third year of competition at the JO level...Tallied a score of 311.30 on the one-meter board to go along with a three-meter tally of 323.50...Competed at the 2004 JO Summer East Zone Championships, highlighting her trip with a 15th-place 265.40 on the three-meter board...Coached by Christine Stocki at Council Rock South and Candice Gottlieb at Blue Dolphin Diving Club...Also excels in the classroom as a member of the National Honor Society.

PERSONAL: Born August 5, 1987...Undecided on major...Daughter of Shawn and Susan Hanna...Older brother Shane plays baseball at Lock Haven University.

2004-05: Bolstered the Seminoles' distance program during her first season, culminating at the ACC Championships (Feb. 16-19)...Posted all three of her season-best times at the meet...Just missed breaking into the FSU all-time top 10 with a mark of 4:56.94 in the 500 freestyle...Achieved her fastest 1,650 freestyle time of the year by touching in at 17:24.22...Posted her best 200 freestyle time with a 1:55.53...Had a strong showing at the Georgia Fall Invitational (Dec. 3-5) that included a 15th-place 17:38.19 in the 1,650 freestyle...Best time in the 1,000 freestyle was a fourth-place 10:36.63 against Florida A&M, Tulane and North Florida (Oct. 15.)...Recorded four top five finishes throughout the dual meet season...Honored for her hard work and dedication with the Coaches Award at the annual team banquet...Member of ACC Honor Roll.

HIGH SCHOOL: Posted a pair of top-eight finishes at the Florida High School Athletic Association Championships in the 500 freestyle during her prep career...Best showing was a fourth-place mark as a sophomore...Came back two years later to score a sixth-place finish...Owns the Merritt Island school record in the 500 freestyle at 5:03.29...Two-year recipient of Who's Who Among American High School Athletes...National Honor Society member and as well as French National Honor Society...Coached by Christy Zieres at Merritt Island HS and John Hughes was her club coach.

PERSONAL: Born December 28, 1985...Majoring in biomedical mathematics...Daughter of Marie-France Clusel.



COURTNEY	BACK • IM	
HUDAK	Sophomore	5'7"
	Sarasota, FL (Riverview)	
Mad	TOP TIME	S
(C-5)	200 IM:	2:12.52
A A	400 IM:	4:38.77
CONTRACTOR OF	100 BACK:	1:02.04
$\langle \rangle$	200 BACK:	2:09.06
High School Coach:	Mike Stewart	
Club Team:	Sarasota YMCA Sharks	
Club Coach:	Larry Shofe	
Why you chose FSU:	The team was successful and would allow me to become faster. Also, the campus was beautiful and the atmosphere and people were nice	
Picked FSU over:	Marshall	

ACC Academic Honor Roll

2004-05: Had her best meet of the season at the Georgia Fall Invitational (Dec. 3-5)...Posted two of her career-best times at the meet including a 2:12.52 in the 200 individual medley...Added a 4:38.77 at the 400 IM to go along with a 2:09.55 in the 200 backstroke...Registered her best 200 backstroke time of the year at the ACC Championships (Feb. 16-19) with a 2:09.06...Best 100 backstroke time was a 1:02.04 against second-ranked Auburn (Jan. 29)...Other times at the ACC Championships included 2:13.02 (200 IM) and 4:39.62 (400 IM)...Dotted the dual meet schedule with a trio of top five finishes...Member of ACC Honor Roll.

HIGH SCHOOL: A finalist at the FHSAA meet her last three seasons at Riverview, she scored a pair of 10th-place finishes in the 100-yard backstroke...Rounded out her prep career with a 14th-place mark in the event...Added the 200-yard individual



medley to her state finals résumé, placing 12th as a senior, following a tenth-place mark as a junior...Captured all-area honors her final two seasons while earning team MVP her freshman, sophomore and senior year...Also served as Riverview's captain her senior year...Swam for Mike Stewart on the Rams' squad, while Larry Shofe was her club coach for the Sarasota YMCA Sharks squad.

PERSONAL: Born April 29, 1986...Undecided on major...Daughter of Mark and Debbie Hudak.

Kylen	BREAST	
HUNTWORK	Freshman	5'11"
	Apex, NC (Apex)	
High School Coach:	Greg Huff	
Club Team:	YMCA of the Triangle A	rea
Club Coach:	Ron Turner	
Why you chose FSU:	Florida is the Sunshine	State
Picked FSU over:	Clemson, Virginia Tech	

HIGH SCHOOL: Prep career culminated with a state championship her senior year at the NCHSAA 4A meet as she won the 100 breaststroke with a time of 1:06.47 for All-America consideration...Earned a spot in the finals the year before, taking sixth with a 1:08.04...Helped Apex to a pair of top-five relay finishes in 2005, taking part in the fourth-place 200 medley relay (1:53.23) and fifth-place 200 freestyle quartet (1:41.73)...Won the consolation heat of the 200 individual medley her last year in 2:12.76, while her 2:15.88 from the year before placed 10th...Took third in the 100 breaststroke at the 2005 YMCA National Short Course Championships with a career-best time of 1:04.87...Captured bronze at the 200-yard distance, posting a personal standard of 2:19.71...Member of two top-five relays, including the 400 medley team that placed second (3:50.32)...Also swam a career-best 2:10.49 in the 200 IM at the meet ...An allconference selection and team MVP all four years of high school, she was named Tri-Seven Conference MVP her last three years...Tied for 47th at the 2005 ConocoPhillips US National Championships in the 100-meter breaststroke, posting a time of 1:13.51...Swam for Greg Huff at Apex and at YMCA of the Triangle Area (YOTA) for Ron Turner...Also excels in the classroom as a member of the National Honor Society.

PERSONAL: Born June 25, 1987...Majoring in businessmarketing ...Daughter of Richard Huntwork and Dawn Bell...Full name is Sarah Sophie Kylen Huntwork.

LINDSAY	FLY • IM	
Kenney	Sophomore	5'7"
	Plano, TX (Plano Seni	
	тор тімі	ES
(200 Fly:	1:59.92-* school record
ACA	100 FLY:	58.34
Condition of the	200 IM:	2:05.35
	400 IM:	4:28.77
High School Coach:	Craig Harris	
Club Team:	City of Plano Swimmer	S
Club Coach:	Steve Mateer	

Why you chose FSU: Why you chose FSU: Why you chose FSU:

Picked FSU over: Arizona State, Tennessee

NCAA Qualifier • All-ACC

2004-05: Broke a 10-year-old school record with her secondplace 1:59.92 in the 200 butterfly at the ACC Championships (Feb. 16-19). First female swimmer in school history to crack the two-minute barrier in the event...Competed at the NCAA Championships (March 18-20), taking 34th in the 200 butterfly with a 2:01.86. Also swam on all four relays at the national summit...Member of the record-setting 800 freestyle relay at the ACC meet that took fourth with an new school standard of 7:19.59...Scored points at the conference meet with a 16thplace, career-best time of 2:05.35 in the 200 individual medley that rates as the eighth-fastest time in Seminole lore...Took 17th in the 400 IM with a personal-low time of 4:28.77...Took fourth in the 200 butterfly (2:01.68) at the Georgia Fall

Abbie King	FREE	
ABBIE N ING	Sophomore	5'9"
and the second	BRUNSWICK, ME (BRUNSWICK)	
12 5 5 10	TOP TIMES	
	50 Free:	23.51
	100 Free:	52.01
	100 FLY:	58.45
Club Team:	Long Beach Swim Club	
Club Coach:	Jay Morissette	
Why you chose FSU:	The school, team and w	weather
Picked FSU over:	Maryland, Pittsburgh, S	South Carolina

ACC Academic Honor Roll

2004-05: Scored valuable points at the ACC Championships (Feb. 16-19), winning the consolation heat with a time of 23.69...Other times at the meet included a 52.65 in the 100

Invitational (Dec. 3-5), while also adding consolations swims in the 200 IM (2:06.38) and 400 IM (4:29.05)...Won the 200 butterfly with a 2:05.64 in an ACC quad meet (Oct. 30-31) #15 Maryland, #24 Virginia Tech and host Georgia Tech...Recorded five first-place finishes during the dual meet season, including a win in the 200 IM against seventh-ranked California (Oct. 22)...Totaled 22 top-five finishes during the dual meet campaign...Named Rookie of the Year at the annual team banquet...Finished 53rd during the 200-meter butterfly at the 2005 ConcoPhillips US National Championships.

HIGH SCHOOL: Finished her prep career with a total of 18 All-America certificates...Claimed district and regional Swimmer of the Year honors her last two seasons...An All-State selection her first three years, she won the state title in the 100 butterfly her junior season, putting her on the Dallas Morning News All-Area team for the third year in a row...Also collected sectional titles in the 200 butterfly and the 400 individual medley at Plano Senior for head coach Craig Harris...Earned a spot in the US Senior National meet in the 100 and 200-meter butterfly races...Did not compete for Plano Senior her senior year, instead training with her club team City of Plano Swimmers under the direction of Steve Mateer.

PERSONAL: Born July 18, 1986...Undecided on major... Daughter of William and Linda Kenney... Older sister Laura swam for the Seminoles from 2001-05.



freestyle to go along with a 59.89 in the 100 butterfly...Notched two of her three best times of the year at the Georgia Fall Invitational (Dec. 3-5)...Turned in a season-low 23.68 during the 50 freestyle to go along with a 52.07 at the 100-yard distance...Best 100 butterfly time of the year came during her first swim in the event as she hit the wall in 59.03 against Florida A&M, Tulane and North Florida (Oct. 15)...Finished in the top four of the 50 freestyle in every dual meet with a pair of victories. Added two more top five marks in the 100 freestyle and 100 butterfly...Member of ACC Honor Roll.

HIGH SCHOOL: Set a career best in the 50-yard freestyle as she won the title at the YMCA National meet with a time of 23.51...Improved one spot in the event in each of her last three years with a second place finish in 2003 after a thirdplace mark the year before...Capped off her prep career by winning both the 50 and 100 freestyle at the Maine Class A State Championships for Brunswick High School, earning her All-State honors...Captured both events at the Kennebec Valley Athletic Conference championships and set four league records on her way to Swimmer of the Meet honors...A US Senior National qualifier in the 50 freestyle, she has earned her way to the US Open on four different occasions...Two-time US Junior Olympic champion (2003 & 2004) in both the 50 and 100 freestyles... Holds nine YMCA state records to go along with her 42 team, pool and age group records for the Long Reach Swim Club under coach Jay Morissette....Other top times include a 52.01 in the 100 freestyle, 1:55.95 in the 200 freestyle as well as 58.45 in the 100 butterfly...Member of the National Honor Society.

PERSONAL: Born June 2, 1986...Majoring in fitness & nutrition...Daughter of Bruce and Evelyn King...Attended the same high school as Florida State men's basketball player Ralph Mims.

BRITTANY	DIVING	
LEREW	Sophomore	5'2"
	Orlando, I (Lake Highla	
	TOP SCOR	ES
-	1M DIVING (6):	320.85
16-1	1 M DIVING (11):	521.80
and the	3M DIVING (6):	338.25
	3M Diving (11):	556.60-* school record
High School Coach:	Jay Lerew	
Club Team:	Team Orlando Diving	
Club Coach:	Jay & Wendy Lerew	
Why you chose FSU:	School, diving, family	
Picked FSU over:	Arkansas, Miami	

ACC Champion Two-Time All-ACC Two-Time NCAA Zone Qualifier

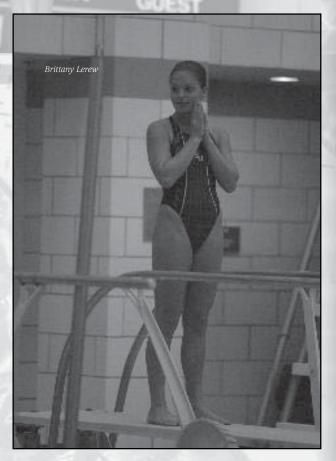
2004-05: Captured her first ACC championship (Feb. 16-19) with a winning score of 556.60 on the three-meter board. Mark broke her sister Chelsie's 11-dive record. Sisters are the first siblings in conference history to win either of the diving events...Just missed out on her second All-ACC honors by taking fourth on the one-meter with a tally of 277.60...Posted a pair of top-16 marks at the NCAA Zone "B" Championships (March 12-14)...Took seventh on the three-meter with an 11-dive total of 477.05 to go along with a career-high 11-dive tally of 521.80 to place 13th during the one-meter

competition...Reset her personal-best with a first-place 320.85 on the one-meter board against Florida A&M (Jan. 20)...Scored top-five finishes on both boards at the Georgia Fall Invitational (Dec. 3-5), taking third on the three-meter (449.30) while chalking up a 255.70 for fourth on the one-meter ...Won the three-meter at an ACC quad meet in Atlanta (Oct. 30-31), while taking second during the one-meter... Accumulated eight firstplace finishes throughout the year, including a sweep against No. 2 Auburn (Jan. 29) and win on the one-meter board vs. Florida (Nov. 16)...Only finished lower than second twice out of 18 events during the dual meet season...Earned the team's Most Improved Diver Award at the annual team banquet.

2003-04: Became the second member of her family to earn All-ACC honors with her second-place season-best score of 500.35 on the three-meter board at the conference championships (Feb. 18-21)...Also scored points for FSU by taking fifth on the one-meter board with a score of 274.40...Went on to score a pair of top-15 marks at the NCAA Zone "B" Championships (March 12-13) with a score of 509.70 (14th-place) in the one-meter and a three-meter tally of 470.60 (11th)...Started her collegiate career off with a bang, winning both the one and three-meter boards against Miami and Florida A&M (Oct. 10)...Posted the third-best score in the conference and surpassed the record set by her sister-a record that was broken earlier in the year by Courtney McClow-with a 338.25 on the three-meter-board versus North Carolina State (Jan. 9)...Also topped her older sister with a one-meter composite score of 311.20 against Florida International and FAMU (Oct. 18)...Only finished lower than third once in 14 events with eight victories.

HIGH SCHOOL: Captured the 2001 and 2002 state championships...Set the state record with a score of 556.00...Brought home a trio of national championships (2000-02), earning her All-American honors...Took home regional and zone championships in 2003...Seven-time member of the U.S. National team...Dove at Team Orlando for her father Jay and step-mother Wendy, a former diver at Florida State.

PERSONAL: Born July 1, 1985...Majoring in child development...Daughter of Jay Lerew and Karen Taylor...Sister Chelsie was an All-America diver for the Seminoles.



Meredith	IEREDITH DISTANCE FREE • IM	
MARTELLE	Freshman	5'8"
m	Charlotte, NC (South Mecklenburg)	
E.	J.	
High School Coach:	Ellen Mullis	
Club Team:	Mecklenburg Aquatic C	ub
Club Coach:	Dave Gibson	
Why you chose FSU:	The team spirit and bon and a great environment	nding, nt
Picked FSU over:	North Carolina State	
		-
Megan	FREE • FLY	
MATHERLY	Freshman	5'4"

(OVIEDO) High School Coach: Charlie Rose Club Team: Y-Team Orlando Club Coach: Charlie Rose In Florida, great program, Why you chose FSU: and awesome team Picked FSU over: Kentucky, Miami, Ohio State

OVIEDO, FL

HIGH SCHOOL: Garnered All-America consideration honors her final season at the NCHSAA state meet in three events...Best finish was a second-place 5:02.12 in the 500 freestyle....Added a fourth-place 2:08.92 in the 200 individual medley...Swam on a pair of fourth-place relays, earning All-America honors in the 400 freestyle (3:38.93)...Took fourth in the 100 breaststroke as a sophomore at the state championships, while placing fifth in the 200 IM....Member of third-place 200 medley relay...South Mecklenburg won the team title her sophomore campaign...Three-time All-Mecklenburg selection by the Charlotte Observer...Named N.C. All-Star Conference Swimmer of the Year as a senior...Posted the best times of her career the 2004 US Senior Nationals and the NCS Senior Championships...Top marks at the US Nationals include 400m freestyle (4:36.35), 800m freestyle (9:27.34) and 1500m freestyle (17:56.45)...At the NCS meet, she posted times of 1:55.58 (200 freestyle), 4:59.38 (500 freestyle) and 16:54.00 (1,650 freestyle)...Equally as strong in the classroom where she is a Scholastic All-American and a member of the National Honor Society...Coached by Ellen Mullis at South Mecklenburg and Dave Gibbson coached her at Mecklenburg Aquatic Club...Took 51st in the 1,500 meter freestyle with a time of 17:36.65...Finished two spots back of that with a 9:16.06 in the 800 freestyle.

PERSONAL: Born March 16, 1987...Undecided on major...Daughter of Joseph and Nancy Martelle...Swam on the same high school and club teams as current Seminoles Mark Nichols and Stacy Rademacher...Youngest of nine children.

HIGH SCHOOL: Earned All-America consideration times with a pair of swims in the finals of the FHSAA 3A state meet...Took sixth in the 200 freestyle with a personal-best time of 1:52.82...Came back with another career-best, touching in with a 5:03.94 in the 500 freestyle to take sixth...Member of 10th-place 200 medley and 400 freestyle relays...Won the 200 and 500 freestyle titles at the district meet before taking third in both at the regional competition....Placed ninth in the 500 freestyle (5:06.75) at the state meet as a junior...Finished one spot back in the 200 freestyle (1:55.84)...Registered a second place finish in the 200 freestyle and third in the 500 freestyle at the district meet...Team MVP all four years at Oviedo, she holds school records for the 100, 200 and 500 freestyle as well as the 100 butterfly and 200 medley and 400 freestyle relays....Served as captain her last two seasons, while also playing on the water polo team...Swam on the Oviedo High School and YMCA Team Orlando club team for Charlie Rose, a former All-America swimmer at Florida State...Competed at the 2005 US Open Water National Championships, taking 28th in the 5k race with a time of 1:16:47.00...Member of the Dean's List her senior year.

PERSONAL: Born April 15, 1987...Undecided on major...Daughter of Bob and Nancy Matherly...Swam on the same high school and club teams as sophomore Kyle Young...Older brother Todd plays lacrosse on the FSU club team



Zamen Memera	FREE	
Katie Metka	Sophomore	5'6"
	Largo, FL (Seminole)	
120	TOP TIME	ES
100	50 Free:	23.99
	100 Free:	52.07
	200 Free:	1:54.16
High School Coach:	Tom Haigut	
Club Team:	West Florida Lightning	Aquatics
Club Coach:	Casnel Mack	
Why you chose FSU:	Positive team and toget	therness
Picked FSU over:	North Florida, Central F	Florida

2004-05: Participated in the bonus heat of two events at her first ACC Championships (Feb. 16-19)...Took 19th with a career-best 23.99 during the 50 freestyle. Came back a day later to touch the wall in 52.49 for a 24th-place finish in the 100 freestyle...Also swam a personal-best 1:54.16 during the 200 freestyle...Best 100 freestyle time came at the Georgia Fall Invitational (Dec. 3-5) as she took 13th with a time of 52.07...Scored points in her first collegiate meet, including a third-place 52.84 in the 100 freestyle against Clemson (Sept. 25)...Recorded six top five finishes in four different events during the dual meet season.

HIGH SCHOOL: Finished prep career by helping Seminole High School to a third-place finish at the 3A state championships...Earned a gold medal as a member of the winning 200 freestyle relay, while taking part in the third-place 400 freestyle quartet...A state qualifier her last three years in high school, she won the Pinellas County Athletic Conference title in the 50 and 100 freestyle as a junior on her way to earning team MVP honors...Finished as the runner-up in both events her senior campaign...Holds the school record in the 50 (24.37) and 100 freestyle (52.70), while taking part in the top 200 and 400 freestyle relays in school history...Also notched a personal-best 100 backstroke time of 1:00.10...Sectional participant and Junior National qualifier in the freestyle events...Named to the SHS Honor Roll...Also ran track in high school...High school swim coach was Tom Haight while former FSU coach Cashel Mack was her coach at West Florida Lightning.

PERSONAL: Born April 19, 1986...Majoring in child development...Daughter of Bill and Ruth Metka.



Janine	DISTANCE FREE	
Pariente	Freshman	5'4"
	MIAMI BEACH, FL (MAST ACADEMY)	
High School Coach:	Calvin Webb	
Club Team:	Bob Karl Swim Club	
Club Coach:	Bob Karl	
Why you chose FSU:	I loved the school atmo small town & genuinely people I encountered e	/ kind
Picked FSU over:	Boston University	

HIGH SCHOOL: Four-year MAST Academy swim team MVPand state qualifier...Placed fifth in the 400 freestyle (4:32.4) and eighth in the 800-meter race at the southern zone sectional meet...Club and high school recorder holder in the 1000 freestyle (10:24.5), 1650 freestyle (17:30.1), 200 freetyle (1:57.30), 500 freestyle (5:06.30), and a pair of relays...Recipient of the Islander News journalism award in her senior year...Calvin Webb was her coach at MAST Academy while swimming for Bob Karl on the Bob Karl Swim Club.

PERSONAL: Born November 27, 1986...Majoring in nutrition and English....daughter of Robert and Murielle Pariente.

STACY	BACK • F	FLY	
RADEMACHER	Sophomore	5'9"	
1000	Charlotte, (South Meckler		
	TOP TIME	ES	
1 (-)	100 BACK:	57.26	
	200 BACK:	2:02.47	
	200 FLY:	2:06.87	
High School Coach:	Ellen Mullis		
Club Team:	Mecklenburg Aquatic C	lub	

Club Coach:Dave GibsonWhy you chose FSU:Loved the team and coaches
when I came to visitPicked FSU over:Michigan, Maryland, Tennessee,
North Carolina

ACC Academic Honor Roll

2004-05: Scored points in both backstroke events in her first trip to the ACC Championships (Feb. 16-19)...Took 13th in the 200 backstroke with a time of 2:03.17...Added a 14th-place finish with a career-best time of 57.26 that puts her seventh in school history...Made an appearance in the bonus heat of the 200 butterfly where she scored a personal-best of 2:06.87 to take 23rd...Best time in the 200 backstroke came at the Georgia Fall Invitational (Dec. 3-5) as her 10th-place 2:02.47 rates eighth in school history. Also took 11 th in the 100 backstroke with a 57.53...Swept both the 100 and 200 backstroke against Florida Atlantic, Florida International and Indian River CC (Nov. 13)...Took second in the 200 backstroke at an ACC quad meet in Atlanta (Oct. 30-31)...Amassed four first-place finishing during the dual-meet campaign with 15 top-five finishes...Scored points in all but one backstroke race during the year...Member of ACC Honor Roll.

Christie Raleigh	FREE • FLY	
	Freshman	5'5"
10	Boca Raton, FL (Ft. Lauderdale Pine Crest)	
High School Coach:	Jay Fitzgerald	
Club Team:	Pine Crest	
Club Coach:	Jay Fitzgerald	
Why you chose FSU:	The coaching staff fit the loves the team and Tall	ne best, also ahassee
Picked FSU over:	UCLA, Kentucky	

HIGH SCHOOL: Earned All-America status for her efforts on the 400 freestyle relay, a squad that also captured the state title as part of South Mecklenburg's team championship her junior year...Garnered All-America consideration in the 100 backstroke, 100 butterfly and 200 individual medley...A member of the Charlotte Observer All-Area team, she capped off her senior year by being named Southwestern Conference Swimmer of the Year and Outstanding Athlete...Captured the league championships in the 100 butterfly and 100 backstroke, setting the school's butterfly record in the process...Also won the regional title in the 100 backstroke her junior year after capturing the conference title plus regional and team MVP honors...Picked up her first league title in the 100 backstroke as a sophomore to go along with a second 200 IM title...Stood on top of the winner's stand for the first time as a freshman after capturing the 200 IM crown...The Southwestern Conference 4A champion in the 200 IM, she made her first appearance at the US Senior Nationals in 2003, taking part in both the spring and summer competitions...Also excels in the classroom with Academic All-American, North Carolina scholar, CMS scholar and National Honor Society accolades. Top prep times including 57.62 in the 100 backstroke with a 57.48 in the 100 butterfly...Coached by Ellen Mullis at South Mecklenburg and Dave Gibbson coached her at Mecklenburg Aquatic Club.

PERSONAL: Born Month July 12, 1985...Undecided on major ...Daughter of Paul and Jacquie Rademacher...High school and Mecklenburg Aquatic Club teammate of junior Mark Nicholls and freshman Meredith Martelle.



HIGH SCHOOL: Capped high school career with her sixth state championship and 11th All-America award at the 2004 FHSAA 1A state meet...Won the 50 freestyle for the second year with an All-America automatic time of 23.48...Scored another automatic time with her second-place 55.20 in the 100 butterfly...Swam on the second-place 200 medley and fifthplace 200 freestyle relays that registered All-America consideration standards...Brought home a pair of gold medals at the 2003 FHSAA meet, taking her first 50 freestyle (23.43) and second 100 butterfly (55.53) crowns to earn her Florida High School Female Swimmer of the Year. Both times are automatic All-American marks...Member of a pair of second place relays that posted All-America standards...A three-time All-Broward selection by the Miami Herald, she won her first FHSAA title in 2002 when she captured the 100 butterfly in 55.45...Set the New Jersey state record with a winning time of 23.36 in the 50 freestyle as a freshman at Toms River High School...Also won the 100 butterfly that year, earning her NJSIAA Female Swimmer of the Year...Twice named Pine Crest Female Athlete of the Year, while serving has team captain her final two seasons...Top 100 freestyle time in yards is a 51.24 set at the 2002 YMCA Short Course Nationals...2004 US Summer Nationals saw her post a 100-meter freestyle time of 59.03...Won the 50 freestyle in a time of 23.33 at the 2002 YMCA Short Course National Championships...Coached by Jay Fitzgerald at Pine Crest high school and club teams.

PERSONAL: Born June 20, 1987...Majoring in business management and hospitality administration...Daughter of Bill and Peaches Raleigh...Swam on the same high school and club teams as junior Brett Irvin...Both parents swam at St. Peter's College in New Jersey. father was an All-American there.

CAROLINE	BREAST • IM		
ROBERTSON	Freshman	5'11"	
	Ocala, FL (Forest)		
High School Coach:	Bill Vargo		
Club Team:	Central Florida Marlins		
Club Coach:	Bill Vargo		
Why you chose FSU:	In-state, close to home, program	good	
Picked FSU over:	Clemson		

HIGH SCHOOL: Earned All-America honors all four years of high school in both the 100 breaststroke and 200 individual medley...Won a pair of state titles in the 100 breaststroke as a freshman and sophomore...Won the event with a 1:05.47 her rookie season, followed by a career-best 1:05.02 as a sophomore...Took second at the 2004 FHSAA meet with an All-America automatic mark of 1:05.28, while posting a third-place 1:06.11 in 2003...Took third in the 200 IM her last three years with her best time coming as a junior with an automatic All-America time of 2:05.36...Placed fourth in the event as a freshman...Holds the Forest High School records in the 100 breaststroke, 200 IM and 500 freestyle...Named Swimmer of the Year four times by the Ocala Star-Banner and garnered national attention even before her prep career began as Swimming World Magazine's TYR Swimmer of the Month for July 2001...Coached by Bill Vargo at Forest and Central Florida Marlins.

PERSONAL: Born May 14, 1987...Majoring in business...Daughter of James and Barbara Robertson.

Katie Ronan	FREE • BACK	
	JUNIOR	5'9"
	Pensacola, FL (Washington)	
(TOP TIMES	
The last	100 Back:	58.39
	200 BACK:	2:04.23
ALS DIN	200 Free:	1:51.99
	500 Free:	4:55.76
High School Coach:	Sonia Miller	
Club Team:	GPAC	
Club Coach:	Joe Goeken	
Why you chose FSU:	In-state, academic scho	larship

Two-Time ACC Academic Honor Roll Team Captain

2004-05: Had one of the best ACC Championships (Feb. 16-19) of any member of the team as she reset all of her career-best times...Made the bonus heat of the 200 backstroke, 200 freestyle and 500 freestyle...Swam the anchor leg of the 800 freestyle relay that set a new school record with its fourth-place time of 7:19.59...Best individual finish was a 17th-place mark in the 200 backstroke as she hit the wall in 2:04.23, an improvement of five seconds off her previous best time...Placed 18th in the 200 freestyle, just missing out on the FSU all-time top 10 with her new personal standard of 1:51.99...Cut seven seconds off her previous career best in the 500 freestyle, taking 23rd with a time of 4:55.76 that rates as the ninth-fastest in school history...Rightfully earned Most Improved Swimmer honors at the annual team

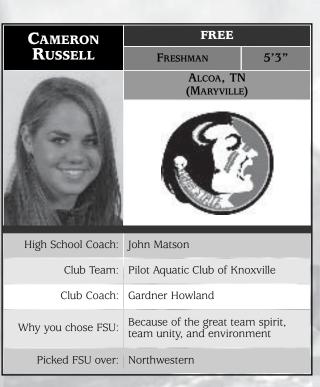
banquet...Posted seven top-five finishes during the dual meet season...Recognized for her efforts in the classroom with her second nod to the ACC Honor Roll.

2003-04: Made tremendous strides during her first season, in then lifetime-best times at the ACC Championships (Feb. 18-21)...Dropped more than four seconds off her previous fastest time when she hit the wall at 5:06.47 in the 500-yard freestyle...Slashed three seconds for a personal-best time of 17:35.08 during the 1,650 freestyle...Also added a career-best mark of 58.39 in the 100-yard backstroke...Placed in the top five nine times during the dual meet season, including a victory in the 1,000 freestyle against UNC-Wilmington and North Florida (Jan. 3)...Also performed well in the classroom, earning ACC Academic Honor Roll recognition.

HIGH SCHOOL: Capped off senior season with FHSAA Area 1 All-Star accolades...Named Athlete of the Year by the Pensacola News Journal...Picked as the team's Swimmer of the Year her junior year...Garnered team's Athlete of the Year...Earned Academic Excellence Award as a sophomore and senior...Named Most Dedicated Athlete as a freshman...Swam for coach Sonia Miller at Washington while Joe Goeken was her club coach at GPAC...Who's Who Among High School Students.

PERSONAL: Born September 25, 1984...Majoring in civil engineering...Daughter of Kevin and Vicki Ronan.





HIGH SCHOOL: Concluded her high school career with a pair of top three finishes at the Tennessee Interscholastic Swim Coaches Association meet...Automatic All-America selection for her second-place 1:51.01 in the 200 freestyle...Garnered national consideration accolades for her 4:59.14 in a thirdplace effort during the 500 freestyle...Earned her first All-America award with a consideration standard of 1:53.09 to take seventh in the 200 freestyle as a junior...Added an eighthplace time of 53.34 in the 100 freestyle...Made her first appearance in the finals at the state meet in the 100 freestyle as a sophomore, touching in at 54.31 to take eighth...Earned team MVP honors all four years at Maryville High School...Best times came at the NISC High School National Championships where she posted a time of 1:50.41 in the finals of the 200 freestyle to go along with a 4:59.14 in the finals of the 500 freestyle...Showed her versatility, during the Southeastern Championships, capturing first place finishes in the 50 and 100 freestyle while taking part in the winning 400 medley relay...Swam five individual events and on a pair of relays at the American Short Course Championships...Coached by John Matson at Maryville and Gardner Howland for the Pilot Aquatic Club...Also excels in the classroom where she is an Academic All-American and four-year Honor Roll member at MHS.

PERSONAL: Born July 6, 1987...Majoring in business/accounting...Daughter of Ann Russell.

KATE SKACCO	FREE • BACK	
KATE SKAGGS	Sophomore	5'7"
	Jacksonville, FL (Bolles) TOP TIMES	
6-1		
	100 BACK:	57.91
	200 Васк:	2:02.92
ALL N	200 Free:	1:54.42
The second	500 Free:	5:01.77
High School Coach:	Jeff Poppell	
Club Team:	The Bolles School Shark	٢S
Club Coach:	Jeff Poppell	
Why you chose FSU:	Because of different variety and lively environment	
Picked FSU over:	Tennessee, Florida, Cler	mson

ACC Academic Honor Roll

2004-05: Scored points in both backstroke events during her first ACC Championships (Feb. 16-19)...Took 12th in the 200 backstroke, posting a career-best time of 2:02.92 that rates as the 10th-fastest time in school history...Hit the wall in 57.91, setting another personal-best, to place 15th at the 100-yard distance...Also swam a 5:03.03 in the 500 freestyle. ...Best 500 freestyle time came at the Georgia Fall Invitational (Dec. 3-5) where she turned in a time of 5:01.77...Took 14th in the 200 backstroke at the event with a 2:04.21...Collected one victory as part of her 15 top five finishes during the dual meet season, winning the 200 backstroke with at time of 2:06.85 against Florida A&M (Jan. 20)...Took sixth in the 200 backstroke during an ACC quad meet in Atlanta (Oct. 30-31)...Member of ACC Honor Roll.

HIGH SCHOOL: Capped prep career as member of the winning 400 freestyle relay at the state meet...Individual finishes included a second place time in the 100 backstroke (58.12) to go along with a third-place finish in the 200 freestyle...Won the FHSAA backstroke title as a junior with a career-best time of 57.70 and was a member of the winning 200 medley relay...Claimed All-America awards from the National Interscholastic Swimming Coaches Association four years in a row...A member of the Florida Times-Union First-Coast Team/Pincha-Penny All-Area squad, she held the 200-meter backstroke mark (2:19.69) at the Florida Senior Championships...Member of the highly successful Bolles High School program that captured the state title all four years of her high school career...Other top times include a 1:50.60 in the 200 freestyle and a 100 freestyle mark of 52.50...Swam for Jeff Poppell at The Bolles High School and The Bolles School Sharks club team.

PERSONAL: Born June 9, 1986...Majoring in sports management...Daughter of Ken and Bonnie Skaggs...Older brother Andrew swam at Florida State. Brother Brady swam at Georgia Tech and was a graduate assistant at FSU. Father swam at Tennessee.



LAUREN SPARG	FREE • FLY	
	Sophomore	5'7"
6	Durban, South Africa (Westville Girls' High)	
1/ R	TOP TIMES	
K 2 h	100 Fly:	54.86
S F	200 FLY:	2:03.76
1 2	50 Free:	23.95
High School Coach:	Graham Hill	
Club Team:	Mr. Price Seagulls	
Club Coach:	Graham Hill	
Why you chose FSU:	Know Brett Peterson ar Dedekind – they loved top teams in the nation	it, one of the
Picked FSU over:	Washington, Hawaii, M	innesota

2004-05: Joined the Seminoles in the spring semester, competing in two meets before competing in the ACC Championships (Feb. 16-19)...Scored points and put her name down in the FSU top ten in both butterfly events at the league summit...Took fifth in the 100 butterfly, notching a career-best time of 54.86 that ranks as the sixthbest in school history...Missed the final heat of the 200 butterfly by just 0.26, but came back to take 10th with a top time of 2:03.76 that rates eighth in Seminole lore...Made the bonus heat of the 50 freestyle, taking 21st with a season-best time of 23.95...Posted top five times in all four dual meet races she swam, including a pair of fourth-place finishes in both butterfly events against second-ranked Auburn (Feb. 16-19).

HIGH SCHOOL: Dominated the South African Age Group National meet in the 50 and 100-meter butterfly every year since she was 12 years old...Posted five top three finishes at the South African Open Championships...Best finish was a second-place mark in 2002 in the 100 butterfly...Finished third in the 50-meter butterfly from 2001-03 and added another bronze medal at the 100 butterfly in 2003...Rated number one among the high school ranks in all four strokes at the 50-meter distance...Earned South African Open Colours for her silver medals in the 50 and 100-meter butterfly at the 2003 All-Africa Games...Top long-course times include 50 freestyle (27.27), 100 butterfly (1:02.40) and 200 butterfly (2:23.00)...Coached by Graham Hill at Westville Girls' High School and Mr. Price Seagulls club squad.

PERSONAL: Born June 29, 1984...Undecided on major...Daughter of Dalton and Monica Sparg...First member of her family to attend college in the United States.

Teresa	FLY • BACK • FREE	
TESSIER	Freshman	5'6"
	Largo, FL (Seminole)	
60		
High School Coach:	Thomas Haight	
Club Team:	West Florida Lightning	Aquatics
Club Coach:	Cashel Mack	
Why you chose FSU:	Location, better school, atmosphere	friendly
Picked FSU over:	UConn, Drury, NC State	, Louisville

HIGH SCHOOL: All-American 200 and 400 freestyle relays in 2003...All-America consideration 100 butterfly in 2003...2001-04 state qualifier and finalist ...Member of the winning 200 freestyle relay at the FHSAA championships...Holds Seminole High School records in 100 butterfly, 200 and 400 freestyle relays ...graduated Summa Cum Laude and was a Academic All-American...Coached at Seminole by Thomas Haight, while Cashel Mack was her club coach at West Florida Lightning Aquatics...Swam on the same prep team as diver Alex Tilbrook and was a club teammate of Katie Metka.

PERSONAL: Born November 11, 1986...Majoring in nursing...daughter of Paul and Donna Tessier.

