



# One of the Nation's PREMIER PROGRAMS

## COACHING EXCELLENCE...

When it comes to legendary head coaches, it is hard to argue anyone has been as fortunate. The Seminoles have had three coaches who have established records that rank them with the greatest coaches ever to roam an NCAA sideline.

Florida State is the only NCAA school with three coaches in the Top 10 for all-time victories in their respective sport and in the top five in wins and winning percentage among active coaches. Bobby Bowden (football), JoAnne Graf (softball) and Mike Martin (baseball) have combined for 3,053 wins and each coach appears in the top two for active winning percentage, active wins or all-time victories.

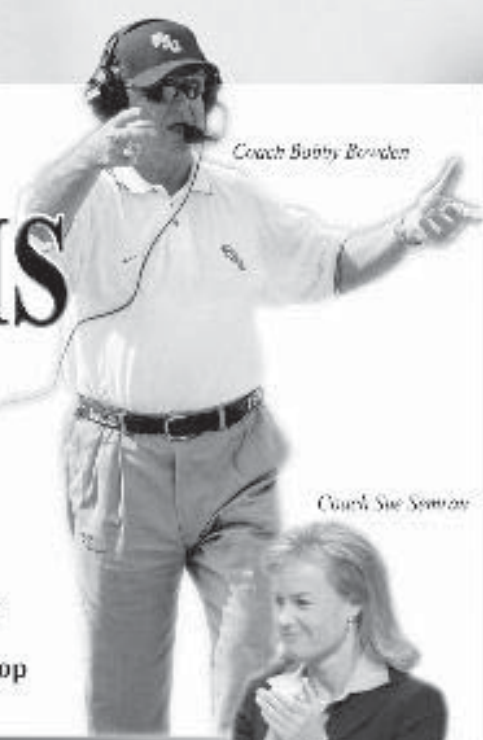


*Coach Bob Braman*

The caliber of coaches at Florida State is second to none and year after year, these coaches are recognized for excellence nationally, regionally and at the conference level. Women's basketball's Sue Semrau earned her second ACC Coach of the Year award in 2005 while Bob Braman was recognized for his stellar year in cross country (2004 NCAA South Region Coach of the Year) and both indoor and outdoor track and field when he was named the ACC Coach of the Year as well as region Coach of the Year for both sports.



*Coach Mike Martin*



*Coach Bobby Bowden*



*Coach Sue Semrau*



*Coach JoAnne Graf*

### Winningest Active D-I Coaches

- By Victories**
1. Bobby Bowden
  2. JoAnne Graf
  2. Mike Martin

- By Percentage**
2. Mike Martin
  3. Bobby Bowden
  3. JoAnne Graf

### Winningest D-I Coaches All-Time

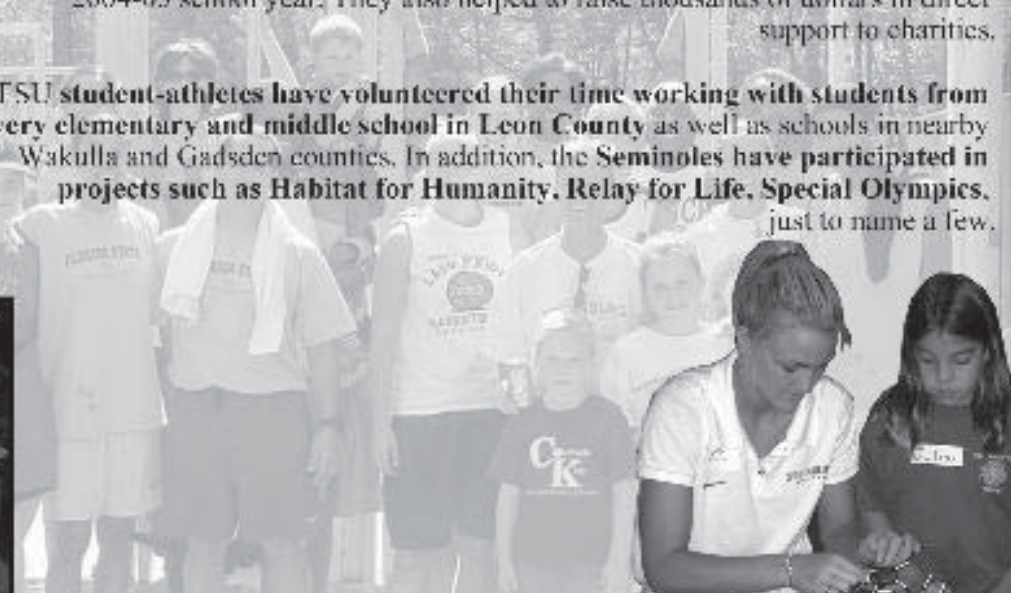
- By Victories**
1. Bobby Bowden
  2. JoAnne Graf
  5. Mike Martin

Coaches of the Year National-8 Regional- 26 Atlantic Coast Conference-27 Metro Conference-12

IN THE COMMUNITY...

Seminole student-athletes are committed to making a positive impact on the community, serving almost 4,500 hours of community service during the 2004-05 school year. They also helped to raise thousands of dollars in direct support to charities.

FSU student-athletes have volunteered their time working with students from every elementary and middle school in Leon County as well as schools in nearby Wakulla and Gadsden counties. In addition, the Seminoles have participated in projects such as Habitat for Humanity, Relay for Life, Special Olympics, just to name a few.



POSTGRADUATE SCHOLARSHIPS...

Florida State student-athletes have earned over \$300,000 in post-graduate scholarships over the past 10 years. They have also received 21 post-graduate scholarships from the ACC since 1992.

In 1996, Seminole Daryl Bush was the first ever recipient of the State Farm National Scholar Athlete of the Year award, now given annually.

Florida State boasts two NACDA Post-Graduate Award winners in the last five years. The scholarship, which was originated in 2001, grants \$10,000 scholarships to its recipients.



Daryl Bush

Aaron Christy  
ACC Postgraduate Scholarship

Jez Ratliff  
ACC Postgraduate Scholarship

Mikaela Moldovan  
ACC Postgraduate Scholarship

**IN THE CLASSROOM...**

At the conclusion of the 2004-05 school year, five of Florida State's athletic teams had a 3.0 or better cumulative grade point average. In the spring 2005 semester 177 Seminoles achieved a minimum 3.0 semester GPA while average team semester GPA was a 2.813.

Since joining the ACC in 1991, FSU has had six National Football Foundation and College Hall of Fame National Scholar Athlete Award winners – more than all other ACC schools combined and a figure that ranks nationally in the past 12 years.

In 2001, former Seminole Chris Weinke was the recipient of the first ever ACC Scholar Award which is given annually to an excellent athlete and top scholar who is not going on to graduate school. Football's Chris Hope (2002) and baseball's Matt Lynch (2003) have also earned the distinction.

Florida State had three student-athletes garner National Academic All-American honors in 2005 when softball junior Natasha Jacob and track and field sophomores Garrett Johnson and Tom Lancashire earned such status. It

marked the first time since 1970 that three FSU student-athletes earned the honor in the same season.

Florida State has more all-time ACC Academic Honor Roll selections (2,014) than all-time All-ACC honorees (1,612). On top of that number, FSU athletes have been named National Academic All-Americans 26 times and 24 Florida State athletes have received post-graduate scholarships.



Chris Hope



Natasha Jacob



Garrett Johnson  
ACC Honor Roll



Matt Lynch



Derrik Brooks  
Academic All-American



Tom Lancashire  
All American, ACC Honor Roll

Football's Chris Hope received the 2002 NAACD Postgraduate Scholarship.



Garrett Anderson  
ACC Honor Roll



Nolan Bushy  
First Team All-American

Amanda Sexton  
All-ACC



**TOP ATHLETES...**

When you consider the top athletes who don the Garnet and Gold, it's easy to see why Florida State has enjoyed such success over the years. Of the **36 national awards** for athletic achievements Florida State student-athletes have earned, **seven have been for the top athlete in the nation award in their respective sports.** Florida State boasts two Heisman Trophy winners, three Golden Spikes winners, a USA Softball National Player of the Year and a Honda Award winner for softball.

Teresa Baner  
Triple Jump National Champion



Jessica Cox de London



From football, to diving, to tennis, to track and field, several of Florida State's student-athletes achieve All-America status each year. **FSU boasts 702 first team All-America selections** as well as several regional and national award winners. Over the years, **FSU has enjoyed 1,612 All-ACC selections.** Even more impressive is that **21 student-athletes have been crowned individual national champions** in their respective sports.

**TOP TEAMS...**

Great athletes make great teams and Florida State has a rich history when it comes to great teams on both the national and conference level and has earned **11 national championships** over the years. **In 1999, the Florida State Seminoles became the first football team to go wire-to-wire as the Associated Press' No. 1 team** when the squad went 12-0 on its way to the program's second national championship. **FSU teams have combined for 130 NCAA Tournament appearances and 32 ACC team titles.** Florida State's team sports have earned **7,977 victories** and eight of the Florida State's team sports have an all-time winning record.



ACC Coach  
All-American



Heisman Trophy winners



Tom Pickett  
All-ACC



Wendee Orr  
Triple Jump National Champion

# SUPPORT SERVICES



## *Weight Room*

The Florida State swimming and diving programs have the luxury to train in two top-notch facilities. The Tully Gymnasium weight room recently took on a whole new look following a complete renovation in 1996 and additional improvements have been made to the facility every year since. The weight room went from 1,500 square feet to 3,500 square feet in size in 1996, fresh with a new stereo system, drop ceiling, lighting and mondo rubber flooring. The facility has been expanded to 4,500 square feet with a new squat rack and platform.

Over \$140,000 worth of new exercise equipment was added to the Seminole weight room, including 16 cardiovascular pieces such as Life Fitness, Stairmaster and Textrix.

## *Medical Care & Treatment*

An athlete can expect to receive the best care and treatment possible with the athletic training team at Florida State. Prior to competition, all FSU student-athletes undergo screening in order to detect any potential injuries. If a problem is detected, the athlete may be placed on a prevention care system which may include any kind of treatment from icing to exercising.

**Robin Gibson**



*Head Women's  
Athletic Trainer*

Though the prevention of injuries is the main objective, some injuries are unavoidable. Rehabilitation is another component of the Florida State training room. The FSU athletic training staff will work with the athlete and provide an intense rehabilitation schedule that will allow the athlete to successfully rehabilitate after an injury. Some injuries and illnesses may be referred to the Seminole team physicians at the Tallahassee Orthopedic Center, who, for

many years, have worked in conjunction with the FSU athletic training staff in successfully rehabilitating athletes after an injury. Nutrition counseling and drug testing are also responsibilities of the athletic training team which is

dedicated to providing the best care possible for all FSU student-athletes.

Head Women's Athletic Trainer Robin Gibson and Associate Athletic Trainer Sam Lunt oversee the athletic training duties for the swimming and diving programs. Gibson, a 1985 graduate of San Diego State, is in her 16th year at Florida State. She was elevated to the Head Women's Trainer in 1990 and became the Associate Director of Sports Medicine in 1998.

**Sam Lunt**



*Associate  
Athletic Trainer*

Gibson is a licensed athletic trainer in the state of Florida and is a long-time member of the National Athletic Trainers' Association. Lunt is in his 17th year with the Florida State athletics department. Lunt originally came to FSU as a graduate assistant after receiving his bachelor's degree in athletic training from the University of Miami. Lunt is the head trainer for the men's basketball team and oversees all men's spring sports.

# LIFE SKILLS & STUDENT SERVICES

## The N.O.L.E.S. Program: New Opportunities for Leadership, Education & Service



### LIFE SKILLS

Developed by the Florida State University Department of Athletics, the NOLES program represents a commitment to the total growth and development of the student-athlete. This program establishes an administrative commitment to academic and athletic excellence. Those efforts will be supported with programs and services in personal development, career development and community service.

### PERSONAL DEVELOPMENT

Fostering the development of personal growth is a fundamental component of the NOLES program. These support programs ensure that the student-athlete will be provided opportunities to focus on personal growth issues such as values clarification, goal setting, fiscal planning, decision-making and personal responsibility. Programming focuses on helping student-athletes develop a healthy lifestyle while they are at Florida State and habits that will benefit them for life.

### CAREER DEVELOPMENT

Preparing for life after college sports is a major focus of the NOLES Career Development program. The program is designed to work cooperatively with the University's Career Services to acquaint students with the job search process, provide networking opportunities and ultimately assist with job placement. This program places a priority on the development of the total person, with the goal of developing individuals who will have rewarding careers and productive lifestyles after they leave Florida State.



### COMMUNITY SERVICE

Serving the community is the focus of our Seminole Spirit program. Student-athletes are challenged to give service to our community and individuals who are in need. With a clearly defined program of service, student-athletes are given the opportunity to develop the foundation for a lifelong commitment to volunteerism. The Seminole Spirit Student-Athlete Speakers' Bureau enables student-athletes to improve their speaking skills, develop effective communication and impact the lives of others through their service as role models in our community.

### LEADERSHIP DEVELOPMENT

The Florida State University Department of Athletics is committed to developing programs of excellence that foster leadership development. The foundation of the leadership development program is the Seminole Leadership Institutes that are held four times a year. These institutes offer student-athletes the opportunity to learn skills that will benefit them as students, as athletes, and as they pursue their goals after leaving Florida State. The Institutes have the opportunity to use the values and work ethic taught by athletic participation as the framework for their leadership development. The Institutes attract outstanding guest speakers who challenge Seminole student-athletes to achieve their greatest potential and use their leadership skills to positively influence others.

The Student-Athlete Advisory Council (SAAC) serves as the advisory board to the NOLES program and the athletics administration. The prestigious board, comprised of two representatives of each athletic team at FSU, also recommends programming and serves as a liaison between student-athletes and the athletics administration. The Advisory Council plans and implements various events for student-athletes and serves as the department's most visible ambassadors. The SAAC hosts the annual Golden Nole banquet and plans such events as orientation for incoming student-athletes.

### THE STUDENT ATHLETE ADVISORY COUNCIL

Sarah Griffin, Volleyball	Meredith Urban, Cross Country
Jessica Skower, Volleyball	Luke Beevor, Cross Country
James Coleman, Football	Kristin Sordel, Women's Golf
Rodney Gallon, Football	Michelle Steakin, Women's Golf
Bradley Ruch, Men's Golf	Carly Brieske, Softball
Adam Wallace, Men's Golf	Natasha Jacob, Softball
<b>Pete Crane, Men's Diving</b>	Lashaun Davis, Softball
<b>Alex Kennon, Men's Swimming</b>	Ali Mims, Soccer
<b>Mark Nicholis, Men's Swimming</b>	Kelly Rowland, Soccer
Stefab Shaw, Men's Tennis	<b>Courtney McClow, Women's Diving</b>
Maciek Sykut, Men's Tennis	<b>Stacy Rademacher, Women's Swimming</b>
Shawn Allen, Track	<b>Katie Ronan, Women's Swimming</b>
Garrett Johnson, Track	Miranda Foley, Women's Tennis
LaQuinta Neely, Women's Basketball	Tapiwa Marobela, Women's Tennis
Hannah Linquist, Women's Basketball	Latoya Legree, Track
Christie Lautsch, Women's Basketball	Lakendra McColum, Track
Isaiah Swann, Men's Basketball	
Jason Rich, Men's Basketball	
Laura Bowerman, Cross Country	

# NCAA COMPLIANCE



## Florida State University Compliance Office

The following information is provided by the Florida State Office of Compliance for prospective student-athletes. It is intended as a guideline to introduce you to some of the rules governing NCAA athletics.

### Key Definitions You Should Know

**Representative of Athletics Interests:** A representative of the institution's athletics interests (AKA Booster) is an individual who is know (or should have been known) by a member of the institution's athletic department to:

- Have participated in or to be a member of an agency or organization promoting the institution's intercollegiate athletics program;
- Have made financial contributions to the athletics department of to an athletics booster organization of that institution;
- Be assisting or to have been requested (by the athletics department staff) to assist in the recruitment of prospects;
- Be assisting or to have assisted in providing benefits to enrolled student-athletes or their families; or
- Have been otherwise in promoting the institution's athletics program.

\*\*\* Once an individual is identified as a representative, the person retains that identity forever \*\*\*

**Prospective Student-Athlete:** A prospective student-athlete ("prospect") is a student who has started classes for the ninth grade, regardless whether he or she participates in athletics. A prospective student-athlete maintains his or her identity as a prospect, even after he or she signs a National Letter of Intent or financial aid agreement, until he or she attends the first day of practice or participates in an official team practice, whichever is earlier.

**Contact:** A contact is any face-to-face encounter between a prospect or the prospect's parents, relatives or legal guardian(s) and an institutional staff member during which any dialogue occurs in excess of an exchange of a greeting. In the sport of golf, a coach can contact you once in the month of April at your school and three more times after July 1 before your senior year in high school.

**Evaluation:** An evaluation is any off-campus activity designed to assess your academic qualifications or athletic ability, including any visit to your high school (during which no contact occurs) or the observation of any practice or competition in which you participate.

### Phone Calls & Letters

During the month of March during your junior year in high school, a coach may make one phone call to you. After that, phone calls from faculty members and coaches (but not boosters) are permitted beginning July 1 before your senior year in high school. A coach or faculty member is limited to one phone call per week except that unlimited phone calls may be made:

During the five days immediately before your official visit to the university. On the day of a coach's off-campus contact with you.

During the time beginning with the National Letter of Intent signing date

through the two days after the signing date and after a National Letter of Intent or scholarship agreement is signed.

A prospect of any age could receive the following from a coach:

- Questionnaire
- Camp brochure
- NCAA educational information

After September 1 of a prospect's junior year, a coach could provide:

- Written correspondence, including letters, e-mails, instant messages and text messages
- Game programs
- Media Guide
- Schedule cards
- Official academic, admission and student services publications and videotapes produced by the institution and are available to all students

After a prospect signs a National Letter of Intent, a coach could provide:

- Pre-enrollment information
- A Student-Athlete Handbook (could also be provided on an official or unofficial visit)

### Who is Permitted to Recruit for FSU?

Only Florida State University coaches who have successfully completed the NCAA Recruiting Rules Examination on an annual basis may be involved in the recruitment process. Boosters may not make any recruiting contacts. This includes letters, telephone calls or face-to-face contact on or off campus with a prospect or the prospect's parents.

### Alumni and Boosters Do's and Don'ts

- You may forward information about prospective student-athletes to the appropriate coaches.
- You may have contact with a prospect regarding permissible pre-enrollment activities such as summer employment, provided the prospect has already signed a National Letter of Intent and the Compliance Office is aware you are making these contacts in regard to employment.
- You may have a telephone conversation with a prospect only if the prospect initiates the call. Such a call may not be prearranged by an institutional staff member and you are not permitted to have a recruiting conversation, but may exhibit normal civility. You must refer any questions about our athletic programs to an athletics department staff member/coach.
- You may view a prospect's contest at your own initiative provided you do not contact the prospect or his/her parents. In addition, you may not contact a prospect's coach, principal or counselor in an attempt to evaluate the prospect.
- You may continue established family relationships with friends and neighbors. Contacts with sons and daughters of these families are permitted as long as they are not made for recruiting purposes or encouraged by Florida State University coaches.
- You may not become involved in making arrangements to receive money or financial aid of any kind for a prospect or the prospect's family and friends.
- You may not make contact with a prospective student-athlete and his/her parents when the prospect is on campus for an official or unofficial recruiting visit.
- You may not transport, pay or arrange for payment of transportation costs for a prospect and his/her relatives or friends to visit campus (or elsewhere).
- You may not pay or arrange for payment of summer camp registration fees for a prospect.
- You may not provide anything to a prospect, the prospect's family or friends without prior approval from the Compliance Office.

For more information, please contact the Florida State Compliance Office at (850) 644-4272.

# THIS IS FLORIDA STATE

From its pre-Civil War beginnings as the Seminary West of the Suwannee to a nearly four-decade stint as the Florida State College for Women to its return to coeducational status as a university, Florida State University has developed into an acclaimed research institution with excellence in teaching, research and public service. The university enrolls nearly 39,000 undergraduate, graduate and professional students. Of these, 24.2 percent are minorities. Students are from all 50 states and the District of Columbia, as well as 132 foreign countries.

Florida State offers an impressive breadth of academic degree programs. Students may take courses of study leading to a baccalaureate degree in 94 programs, a master's degree in 107 degree programs, a doctorate in 73 degree programs, a specialist certification in 28 degree programs, and a professional designation in two degree programs. Courses are offered through 16 schools and colleges — Arts and Sciences; Business; Communication; Criminology and Criminal Justice; Education; Engineering; Human Sciences; Information; Law; Medicine; Motion Picture, Television and Recording Arts; Music; Nursing; Social Sciences; Social Work; and Visual Arts, Dance and Theatre. Our students have the opportunity to work and study alongside two Nobel laureates, five members of the prestigious National Academy of Sciences, seven members of the American Academy of Arts and Sciences, and two winners of the Pulitzer Prize. Florida State faculty also lead several scholarly fields in citations of published work.

Several members of the Florida State faculty were recognized with major awards in 2005, including two Guggenheim Fellowships, a National Endowment for the Arts Fellowship, a Leopold Leadership Fellowship, five Fulbright fellowships, an Alexander Von Humboldt award, a new member elected into the American Academy of Arts and Sciences, a new member elected a fellow of the American

Association for the Advancement of Science, and a new member elected into the National Endowment for the Humanities.

Florida State has many academic programs that consistently rank among those at the nation's top 25 public universities, including programs in business, chemistry, creative writing, criminology, ecology and evolutionary biology, information, law, meteorology, oceanography, physics, political science, psychology, public policy, sociology and statistics.

The university had many noteworthy achievements in 2005. Among them:

- The College of Law ranked among the top 30 public law schools in the United States; the environmental law program ranked 14th nationally and is considered one of the strongest in the Southeast.
- The School of Motion Picture, Television and Recording Arts was recognized by the Directors Guild of America for its distinguished contribution to American culture through film and television, joining fellow honorees Robert DeNiro, Jonathan Demme and other entertainment luminaries at the Fifth Annual DGA Honors. In addition, the school was honored with two Student Oscars and five Collegiate Television Academy Awards, more than those received by students from any other school in the history of the industry.





- The Askew School of Public Administration and Policy was identified as the fourth most productive in the country among public affairs schools, and ranked third most productive in terms of published works by graduate students.
- The risk management/insurance program was named one of the most highly recognized programs in the nation, ranked in the top 10 by U.S. News and World Report.
- The College of Medicine, the first newly accredited allopathic medical school in more than 20 years, graduated its first class and matched all students to residencies.
- Several faculty members in the English department were recognized with awards, including the prestigious Mary McCarthy Prize in fiction, awarded to Paul Shephard; an O. Henry Award for Elizabeth Stuckey-French; the Gustave O. Arlt Award from the Council of Graduate Schools to Nancy Bradley Warren; and the National Magazine Award to Robert Olen Butler.

Florida State's arts programs — including dance, film, music and theater — rank among the finest in the world.

Students also have the opportunity to conduct research in specialized interdisciplinary centers, such as the National High Magnetic Field Laboratory, the Institute of Molecular Biophysics, and the School of Computational Science; to participate in interdisciplinary work across campus, such as efforts that integrate economics, geography, climate forecasting, law and other environmental courses and programs; and to work with faculty to forge new relationships among professions, including medicine, the physical sciences, engineering, business and law.



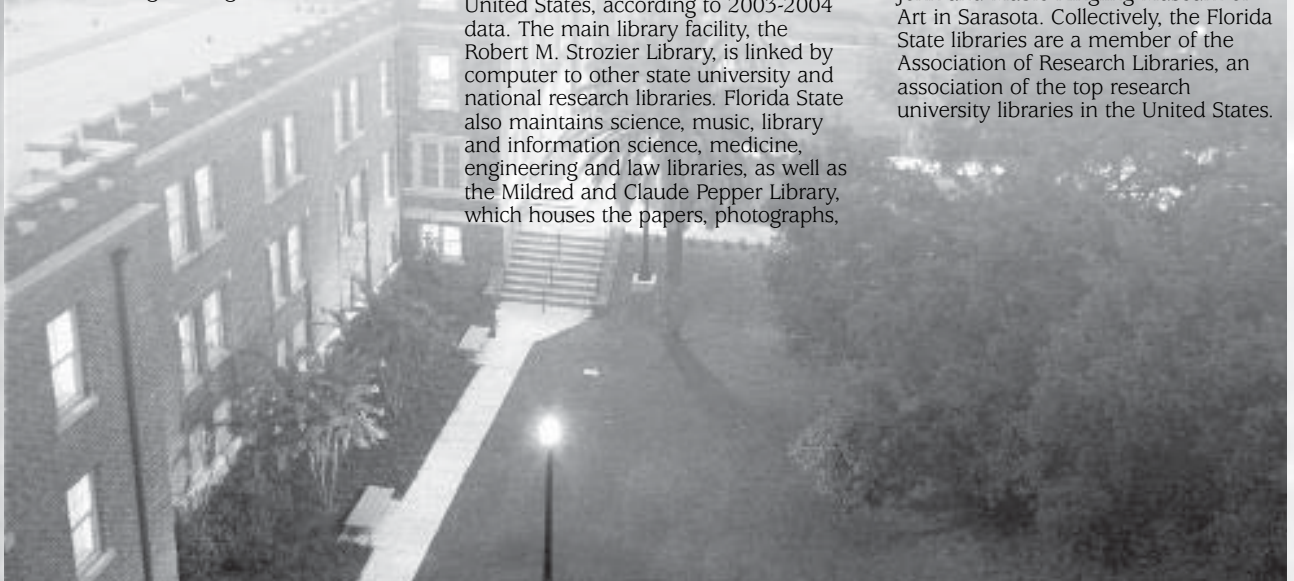
Students at Florida State are encouraged to participate in international education through the university's programs in England, Italy, Switzerland, France, Panama, China, Costa Rica, Spain, Russia, Vietnam, the Czech Republic, Greece, Croatia, Germany, Ireland and the Caribbean. The university's study sites in Valencia, Spain; Florence, Italy; London, England; and the Republic of Panama are considered by many to be among the nation's best.

Florida State's main campus is spread over 450.5 acres in Tallahassee. Within the state, the university maintains facilities in Panama City, its Marine Laboratory at Turkey Point on the Gulf of Mexico, and the Asolo Performing Arts Center in Sarasota. In addition, the Center for Professional Development and Public Service, housed in the Augustus B. Turnbull III Florida Conference Center on the edge of campus, provides extensive credit and non-credit continuing education programs statewide.

Florida State also operates the Ringling Center for the Cultural Arts in Sarasota, which includes the John and Mable Ringling Museum of Art, the largest museum/university complex in the nation. Library holdings at Florida State include 2.7 million book titles and 9.1 million microforms. The university's library holdings rank among the top 30 public research universities in the United States, according to 2003-2004 data. The main library facility, the Robert M. Strozier Library, is linked by computer to other state university and national research libraries. Florida State also maintains science, music, library and information science, medicine, engineering and law libraries, as well as the Mildred and Claude Pepper Library, which houses the papers, photographs,



audio recordings, video recordings and memorabilia of the longtime congressman from Florida. Library materials and services also are available at the university's Panama City campus, as well as at the international study centers, and a collection of art and related materials is on display at the John and Mable Ringling Museum of Art in Sarasota. Collectively, the Florida State libraries are a member of the Association of Research Libraries, an association of the top research university libraries in the United States.



# UNIVERSITY FACTS

**BACKGROUND:** The Florida State University is one of eleven units of the Division of Colleges and Universities of the Florida Board of Education...It was established as the Seminary West of the Suwannee by an act of the Florida Legislature in 1851 and first offered instruction at the postsecondary level in 1857...Its Tallahassee campus has been the site of an institution of higher education longer than any other site in the state...In 1905, the Buckman Act reorganized higher education in the state and designated the Tallahassee school as the Florida Female College...In 1909, it was renamed Florida State College for Women...In 1947, the school returned to co-educational status, and the name was changed to The Florida State University...It has grown from an enrollment of 2,585 in 1946 to an enrollment of 38,886 in the Fall Semester 2004.

**ENROLLMENT (FALL, 2004):** Total, 38,886...77.1% undergrad, 19.2% grad, 3.6% unclassified...77.9% in-state...93.0% from the United States...students from all 50 states and the District of Columbia are in attendance...20 states contributed over 100 students each...23 foreign countries contributed over 25 students each...female, 56.7%...male, 43.3%...minority, 24.2%...international, 3.4%.

**ACREAGE:** Main Campus: 450.5 acres in Tallahassee, Leon County (main campus)...Panama City Branch: 25.6 acres in Panama City, Bay County...The university owns a total of 1,447.3 acres in Leon, Bay, Franklin, Sarasota, & Gadsden counties...Sites are leased in Marion and Leon counties in Florida, and other locations overseas.

**COLLEGES/PROGRAMS:** FSU has 17 major academic divisions: the Colleges of Arts and Sciences, Business, Communication, Education, Engineering, Human Sciences, Law, Medicine, and Social Science; and the Schools of Criminology and Criminal Justice, Motion Picture, Television, and Recording Arts, Information Studies, Music, Nursing, Social Work, Theatre, and Visual Arts and Dance.

**OPERATING BUDGET (2004-05):** \$918,184,056

**DEGREE PROGRAMS:** With 17 colleges and schools, students may take courses of study leading to the baccalaureate degree in 94 degree programs, to the master's degree in 107 degree programs, to the advanced master's degree in 1 program, to the specialist degree in 27 degree programs, to the doctorate degree in 73 degree programs, and to the professional degree in 2 degree programs.

**DEGREES AWARDED FOR 2003-04:** Bachelor, 6,578...Masters, 1,536...Doctorate,

271...Specialist, 57...Judge Doctorate, 208, Total, 8,650

**ENTERING FRESHMAN FACTS (FALL, 2004):** The middle 50 percent High School GPA, 3.4-4.1; SAT score 1070-1260, ACT score 22-27.

**RETENTION RATE:** First year, 100%...second year, 86.2%...third year, 75.7%...fourth year, 71.8%.

**FACULTY/STAFF:** Total 2,191...FSU's faculty includes some past graduates, such as former astronauts Dr. Norm Thagard, who teaches Electrical Engineering, and Winston Scott who serves as Vice President of Student Affairs...FSU's faculty has included six dynamic Nobel Laureates: 11 members elected to National Academy of Sciences...five members of the American Academy of Arts and Sciences.

**EDUCATIONAL ADVANTAGES:** Florida State University has a uniqueness in providing programs that are consistent in excellence across the board, from fine arts and humanities to the hard sciences...The balance of programs is based on FSU's long tradition as a leading liberal arts institution combined with its position as one of the top 10 universities in generating research-based revenues...FSU is the most wired campus in Florida, and was recently ranked 18th most connected university in the nation by Yahoo! Internet Life.

**EDUCATIONAL OPPORTUNITIES ABROAD:** FSU offers a variety of overseas study opportunities for students during the regular academic year. FSU has study centers located in Florence, Italy; Panama City, Republic of Panama; Valencia, Spain; and London, England. Courses at the study centers are offered each semester and cover a wide range of subject areas perfect for meeting general and liberal studies requirements. International Programs also offers study programs, some general and some major specific, in Paris, France; Leysin, Switzerland; San Jose, Costa Rica; Moscow, Russia; Prague, Czech Republic; Gerakina, Greece; Dubrovnik, Croatia; Dublin, Ireland; Tianjin, China; Barga, Italy; Valencia, Spain; London, England, and Ho Chi Minh City, Vietnam. A summer Law program is offered in Oxford, England. There is one Linkage Institute (FLORICA) in Costa Rica, and there are Beyond Borders programs in Turrialba, Costa Rica; Kingston, Jamaica; and Dresden, Germany.

**EXTRACURRICULAR ACTIVITIES:** FSU has nearly 300 student organizations that allow students to find their own niche.

**FINANCIAL AID:** FSU offers two types of financial assistance: need-based and merit-

## 10 Leading States of Origin

*(Enrollment)*

Florida	30,278
Georgia	962
Virginia	401
Texas	350
New York	311
Pennsylvania	270
North Carolina	261
New Jersey	226
Maryland	222
Alabama	216

based...Over \$160 million is given away for financial assistance each year.

**STUDENT/FACULTY RATIO:** 23-1... Many of the general education classes are large, lecture classes; however, over 70 percent of major classes have less than 40 students.

**RESEARCH:** The Florida State University has built a reputation as a strong research center in both the sciences and the humanities. It is expected that more than \$100 million in external funds will be generated this year by the university faculty and administration as supplements to state funds used for research. These external funds are in the form of contracts and grants from private foundations, industries, and government agencies, and are used to support research, improve research facilities, and provide stipends for graduate students.

**SPONSORED RESEARCH (2003-04):** \$182,694,659

**LIBRARY HOLDINGS:** The FSU Libraries include 8 libraries on campus: The Robert Manning Strozier Library, Paul A. M. Dirac Science Library, Mildred and Claude Pepper Library, Warren Allen Music Library, Harold Goldstein Library and Information Studies Library, College of Law Library, College of Medicine Medical Library, and the College of Engineering Library. Collections contain more than 2.7 million volumes, of which more than 243,000 are available electronically as e-books. The library subscribes to more than 38,000 current serials including academic journals, professional and trade journals, and major newspapers from around the country and the globe in both paper and electronic formats. The Libraries also subscribe to more than 290 databases, many of which are available for searching anytime or anyplace Internet is available.

## Florida State Board of Trustees

						
<b>Jim Smith</b> Chairman Tallahassee, FL	<b>William Haggard</b> Vice Chairman Coral Gables, FL	<b>Derrick Brooks</b> Tampa, FL	<b>Jim Cobbe</b> Tallahassee, FL	<b>Emily Fleming Duda</b> Oveido, FL	<b>David Ford</b> New York, NY	<b>Dr. Jessie Furlow</b> Quincy, FL
						
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# PROMINENT ALUMNI

**RITA COOLIDGE** - Rita Coolidge, a two-time Grammy Award winner, has worked with Joe Cocker on his "Mad Dog and Englishman" tour and also toured and recorded with the likes of Eric Clapton, Jimi Hendrix, Bob Dylan, Leon Russell and Stephen Stills.

**LEE CORSO** - Lee Corso, a college football analyst for ESPN, joined the network in 1987 after 28 years of football coaching experience at the college and professional levels. He is a game analyst for Thursday night telecasts and is a studio analyst for College GameDay.

**PAUL GLEASON** - Paul Gleason is a very successful actor who has played a number of memorable roles including that of Clarence Beaks, the maligned courier of crop reports in "Trading Places" and the assistant principal in "The Breakfast Club."

**BARBARA HARRIS** - Barbara Harris is the Editor-In-Chief of SHAPE Magazine, the largest national monthly health and fitness publication for women in the United States. She lettered in volleyball at FSU from 1974-77.

**TRAYLOR HOWARD** - Traylor Howard is an actress best known for her role as "Sharon" in the ABC TV Series "Two Guys and a Girl." Her feature film credits include "Me, Myself & Irene," with Jim Carey (2000), "Dirty Work," and "Confessions of a Sexist Pig."

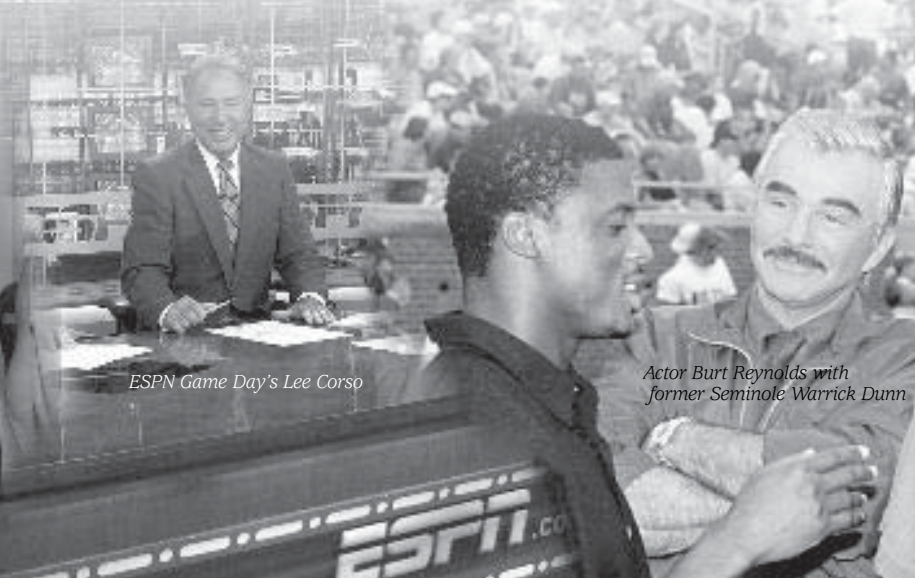
**GABRIELLE REECE** - Gabrielle Reece began modeling in 1989 and has appeared on numerous magazine covers. She is internationally recognized as a top fashion model and spokesperson for several companies, including Nike. Reece co-wrote a book with Karen Karbo (July 1997) about her life as a pro volleyball player "Big Girl in the Middle."

**BURT REYNOLDS** - Burt Reynolds, who has as enjoyed enormous success as an actor and director in feature films, television and stage productions, is a Golden Globe winner, Oscar nominee, Emmy Award winner, winner of 12 People's Choice Awards including five for favorite motion picture actor and three for favorite all-round male entertainer.

**DR. TONEA STEWART** - Dr. Tonea Stewart is a professional actress, tenured Professor and Director of Theatre Arts at Alabama State University. As an actor, she is best known for her recurring role in "In the Heat of the Night" as Aunt Etta Kibbe.

**NORM THAGARD** - Former NASA Astronaut, Norm Thagard, logged over 140 days in space during five space flights. He was a mission specialist on STS-7 in 1983 on Orbiter Challenger, the flight engineer on STS-51B in 1985, aboard Challenger and STS-30 in 1989, on Orbiter Atlantis, the payload commander on STS-42 in 1992, aboard the Shuttle Discovery and was the cosmonaut researcher on the Russian Mir 18 mission in 1995. He is currently on Faculty at FSU in the College of Engineering.

*Shape Magazine Editor-in-Chief,  
Barbara Harris*



*ESPN Game Day's Lee Corso*

*Actor Burt Reynolds with  
former Seminole Warrick Dunn*

## Other Distinguished Alumni

**Paul Azinger**, professional golfer

**Alan Ball**, award-winning writer, received the 1999 Academy Award for Best Original Screenplay for "American Beauty"

**John W. Bradley**, actor, "The New Adventures of Robin Hood"

**Clifton Campbell**, playwright

**Davis Gaines**, performer, "The Phantom of the Opera"

**Jane Geddes**, professional golfer

**Parris Glendening**, former Governor of Maryland

**Hubert Green**, professional golfer

**Tara Dawn Holland Christensen**, Miss America 1997

**Linda Keever**, Editor in Chief Florida Trend Magazine

**Tony LaRussa**, Manager, St. Louis Cardinals

**John Marks**, Tallahassee Mayor

**DeLane Matthews**, actress

**Michael Piontek**, actor

**Henry Polic**, actor

**Charles G. Rex**, New York Philharmonic

**Victor Rivers**, actor and spokesperson for The National Network To End Domestic Violence

**Stephen J. Rothman**, theatre director

**Winston Scott**, former NASA astronaut

**Steven Sears**, writer and producer

**Randy Ser**, theatrical director

**Sonny Shroyer**, actor, "The Dukes of Hazard"

**Dr. Valint Vazsonyi**, international concert pianist

**Claudia Waite**, award-winning soprano

**Ellen Taaffe Zwilich**, award-winning composer

**Linda Zoghby**, opera singer



*Norm Thagard*



*Rita Coolidge*



*Paul Gleason*

*Traylor Howard*



*Gabrielle Reece*

*Dr. Tonia Stewart*

# THIS IS TALLAHASSEE

Among low, rolling hills, down moss-draped canopy roads, within picturesque historical districts, and across seas of flowering azaleas lies a magical part of the Sunshine State — Tallahassee — Florida's capital city. With its intriguing combination of power-play politics and classic character splashed with a twist of beauty and charm, Tallahassee is a genteel Southern belle with good manners, old plantation homes and y'all-come hospitality — a side of Florida few expect to find.

With the Gulf of Mexico just 25 miles south and the Georgia border only 14 miles north, Tallahassee rests between the foothills of the Appalachian Mountains and the juncture of Florida's

panhandle and peninsula in an area known as "The Big Bend." Nearer in miles to Atlanta than to Miami, Tallahassee more closely resembles its Georgia neighbor than Florida in topography, climate and lifestyle.

Like the city itself, the story of how Tallahassee was chosen as the state capital is rich in history. In 1823, two explorers set out — one on horseback from St. Augustine and the other by boat from Pensacola — to establish a permanent, central location for the seat of government. The two met at a beautiful site that the Creek and Seminole Indians called "tallahassee" — derived from the words "talwa," meaning town, and "ahassee," meaning old. This historic meeting place remains Florida's capital today.

The New Capitol building rises at the center of Tallahassee's downtown as a sleek modern structure, juxtaposed next to the Old Capitol, built in the more classic domed style. A gallery atop the 22-story New Capitol provides a sweeping view of the hilly city and its tree-lined streets. From it, you can see all the way to Georgia, 20 miles away.

Around the capitol complex, a 10-block historic district spreads, preserving the town's gracious old homes along a linear park and holding a historic inn, bars and restaurants patronized by Senators and sophomores alike. With no shortage of culture, downtown also offers museums, theater and art galleries. Artists have turned the old



## Climate

Tallahassee has the mild, moist climate characteristics of the Gulf States and experiences a subtropical summer similar to the rest of Florida. In contrast to the Florida peninsula, however, the panhandle, of which Tallahassee is a part, experiences four seasons.

Annual January temperature: 40-63° F

Annual July temperature: 72-91° F

Yearly average maximum temperature: 78.7°

Yearly average minimum temperature: 55.7°

Yearly average days above 90 degrees: 91.0

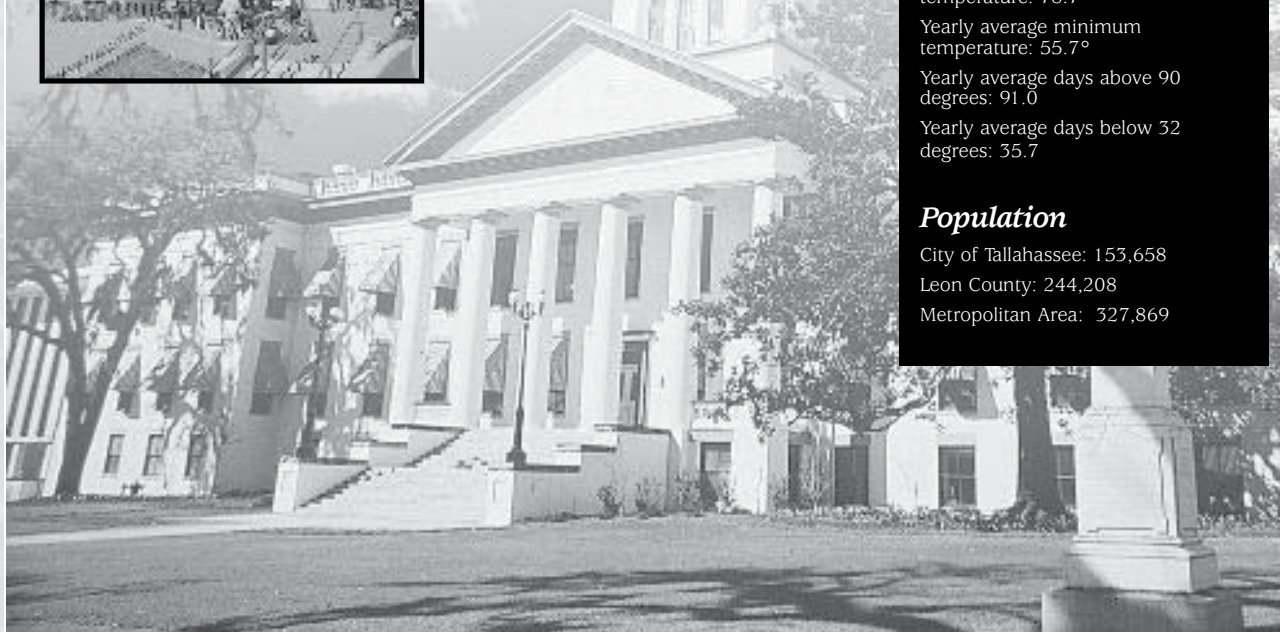
Yearly average days below 32 degrees: 35.7

## Population

City of Tallahassee: 153,658

Leon County: 244,208

Metropolitan Area: 327,869



**Donald L. Tucker Center** The Donald L. Tucker Center is a multi-purpose convention and entertainment facility featuring a 12,100 seat arena, Luxury Suites and Club Seats and over 52,000 sq. ft. of meeting and exhibition space plus an arena view restaurant, Spotlight Grille. The Civic Center hosts a wide variety of concerts, family shows, Broadway shows, ice shows and sporting events including FSU basketball.

It is easy to understand why over one million people a year flock to the Donald L. Tucker Center, what with the varied array of attractions it offers. Some people go to the Tucker Center to enjoy the sounds of rock, country, pop and urban concerts. Some go for the thrills of basketball, rodeos and three-ring spectacles. While others come for conventions, banquets, expositions, or consumer and trade shows.

Located downtown on Pensacola Street, the Tucker Center is only two blocks from the Capitol building.



*Kemy Chesney*



*"Crazy for You"*



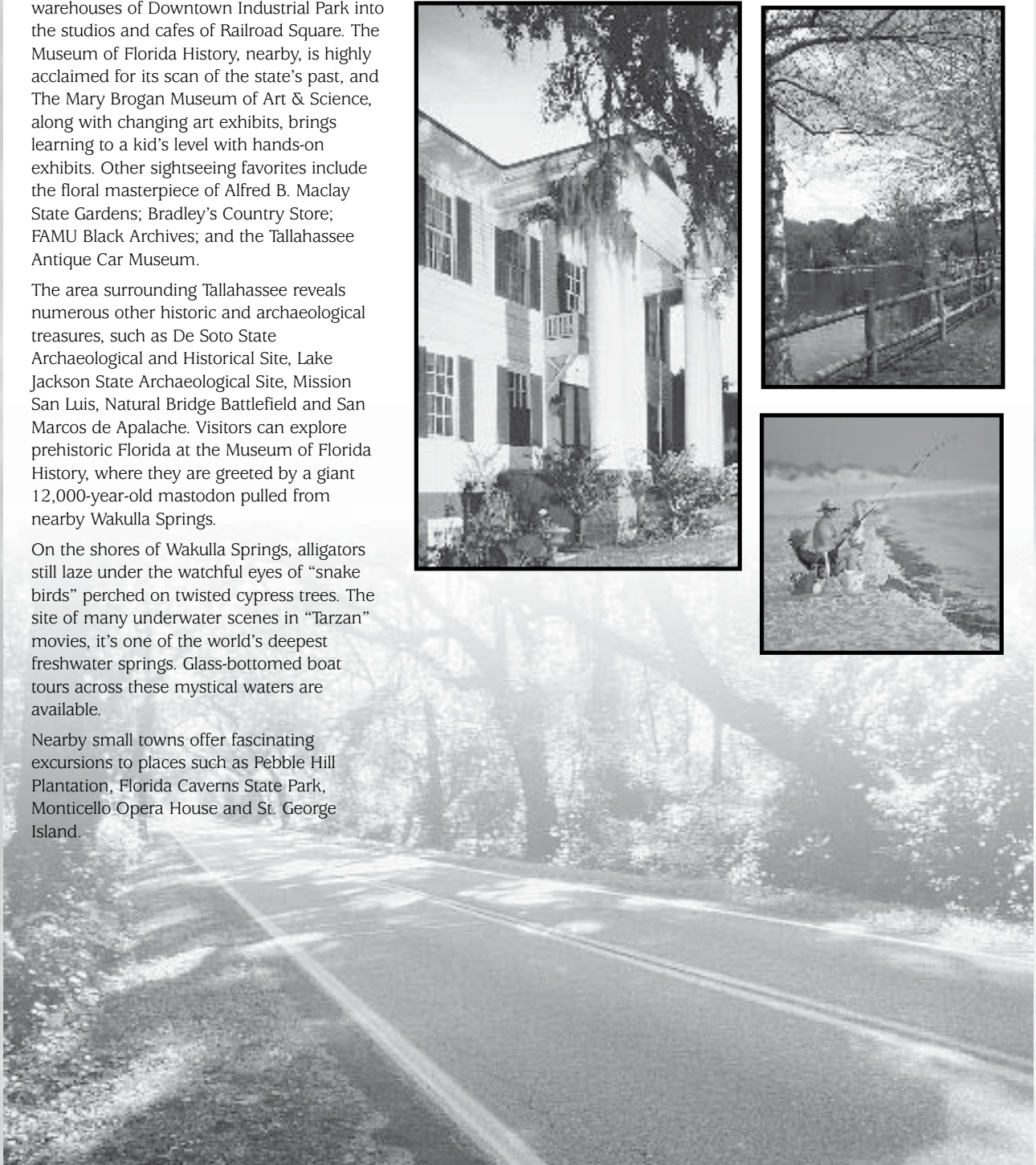
*Tour of  
Gymnastic  
Champions*

warehouses of Downtown Industrial Park into the studios and cafes of Railroad Square. The Museum of Florida History, nearby, is highly acclaimed for its scan of the state's past, and The Mary Brogan Museum of Art & Science, along with changing art exhibits, brings learning to a kid's level with hands-on exhibits. Other sightseeing favorites include the floral masterpiece of Alfred B. Maclay State Gardens; Bradley's Country Store; FAMU Black Archives; and the Tallahassee Antique Car Museum.

The area surrounding Tallahassee reveals numerous other historic and archaeological treasures, such as De Soto State Archaeological and Historical Site, Lake Jackson State Archaeological Site, Mission San Luis, Natural Bridge Battlefield and San Marcos de Apalache. Visitors can explore prehistoric Florida at the Museum of Florida History, where they are greeted by a giant 12,000-year-old mastodon pulled from nearby Wakulla Springs.

On the shores of Wakulla Springs, alligators still laze under the watchful eyes of "snake birds" perched on twisted cypress trees. The site of many underwater scenes in "Tarzan" movies, it's one of the world's deepest freshwater springs. Glass-bottomed boat tours across these mystical waters are available.

Nearby small towns offer fascinating excursions to places such as Pebble Hill Plantation, Florida Caverns State Park, Monticello Opera House and St. George Island.



# SEMINOLES.COM

"Seminole.com has a completely new look for the 2005-06 Academic Year. The new site utilizes state-of-the-art functions to provide our fans with the most up-to-date information on Seminole Athletics. Some of the new features include: enhanced multi-media presentation, rotating stories on the home page, online auctions, individual sports mastheads and the redesigned website has been optimized to 1280x1024 screen resolution. With all its new features combined with everything you loved about the site before, make Seminole.com your first stop for all your FSU athletic news and features."



[www.seminoles.com](http://www.seminoles.com)



# 2005-06 NCAA QUALIFYING STANDARDS

## MEN'S

EVENT	25-Yard Course		25-Meter Course		50-Meter Course	
	A STANDARD	B STANDARD	A STANDARD	B STANDARD	A STANDARD	B STANDARD
50 Freestyle	:19.74	:20.33	:22.04	:22.70	:22.69	:23.37
100 Freestyle	:43.53	:44.83	:48.59	:50.04	:50.04	:51.54
200 Freestyle	1:36.19	1:39.07	1:47.36	1:50.58	1:49.94	1:53.23
500 Freestyle	4:19.63	4:27.41	3:47.15	3:53.96	3:54.96	4:02.00
1,650 Freestyle	15:05.87	15:33.04	15:03.17	15:30.25	15:29.10	15:56.97
100 Butterfly	:47.25	:48.66	:52.74	:54.31	:53.39	:54.99
200 Butterfly	1:44.93	1:48.07	1:57.11	2:00.62	1:59.24	2:02.81
100 Backstroke	:47.43	:48.85	:52.94	:54.53	:54.52	:56.16
200 Backstroke	1:44.02	1:47.14	1:56.10	1:59.58	1:59.57	2:03.16
100 Breaststroke	:54.00	:55.62	1:00.27	1:02.08	1:02.43	1:04.31
200 Breaststroke	1:57.35	2:00.87	2:10.98	2:14.91	2:15.67	2:19.74
200 Individual Medley	1:46.69	1:49.89	1:59.08	2:02.65	2:03.35	2:07.05
400 Individual Medley	3:47.29	3:54.10	4:13.68	4:21.28	4:21.26	4:29.09
200 Freestyle Relay	1:18.47	1:20.82	1:27.58	1:30.21	1:30.20	1:32.90
400 Freestyle Relay	2:54.21	2:59.43	3:14.44	3:20.26	3:20.25	3:26.25
800 Freestyle Relay	6:26.08	6:37.66	7:10.90	7:23.82	7:21.24	7:34.47
200 Medley Relay	1:26.72	1:29.32	1:36.79	1:39.69	1:39.34	1:42.32
400 Medley Relay	3:12.36	3:18.13	3:34.69	3:41.13	3:40.35	3:46.96

1-Meter Diving Points—Dual 290/300\*\*\* / Championship 465

3-Meter Diving Points—Dual 310/320\*\*\* / Championship 480

Platform Diving Points—Dual 290 / 10 dives 430 / 14 dives 620

\*\*\*qualifying point total when using six optional dives with standard D.D.

## WOMEN'S

EVENT	25-Yard Course		25-Meter Course		50-Meter Course	
	A STANDARD	B STANDARD	A STANDARD	B STANDARD	A STANDARD	B STANDARD
50 Freestyle	:22.88	:23.56	:25.54	:26.30	:26.01	:26.78
100 Freestyle	:49.78	:51.27	:55.56	:57.23	:56.57	:58.27
200 Freestyle	1:47.61	1:50.83	2:00.11	2:03.70	2:01.60	2:05.24
500 Freestyle	4:45.46	4:54.02	4:09.75	4:17.24	4:14.88	4:22.52
1,650 Freestyle	16:23.54	16:53.04	16:20.60	16:50.01	16:43.62	17:13.72
100 Butterfly	:53.75	:55.36	:59.99	1:01.79	1:00.40	1:02.21
200 Butterfly	1:58.11	2:01.65	2:11.82	2:15.78	2:12.71	2:16.69
100 Backstroke	:54.47	:56.10	1:00.80	1:02.62	1:01.55	1:03.40
200 Backstroke	1:58.24	2:01.78	2:11.97	2:15.92	2:13.61	2:17.61
100 Breaststroke	1:02.00	1:03.86	1:09.20	1:11.28	1:11.27	1:13.41
200 Breaststroke	2:14.25	2:18.27	2:29.84	2:34.33	2:32.56	2:37.13
200 Individual Medley	2:00.67	2:04.29	2:14.68	2:18.72	2:17.13	2:21.24
400 Individual Medley	4:15.93	4:23.60	4:45.64	4:54.20	4:49.19	4:57.86
200 Freestyle Relay	1:31.01	1:33.74	1:41.58	1:44.63	1:43.43	1:46.53
400 Freestyle Relay	3:18.95	3:24.91	3:42.05	3:48.70	3:46.08	3:52.86
800 Freestyle Relay	7:11.65	7:24.59	8:01.76	8:16.20	8:07.75	8:22.37
200 Medley Relay	1:39.90	1:42.89	1:51.50	1:54.84	1:53.40	1:56.79
400 Medley Relay	3:38.32	3:44.86	4:03.67	4:10.97	4:07.81	4:15.24

1-Meter Diving Points—Dual 255/265\*\*\* / Championship 375

3-Meter Diving Points—Dual 270/280\*\*\* / Championship 425

Platform Diving Points—Dual 260 / 9 dives 365

\*\*\*qualifying point total when using six optional dives with standard D.D.