



## HEAD COACH



### NEIL HARPER

Head Coach

9th Year

Louisiana State, 1990



### THREE TIME ACC COACH OF THE YEAR

(2004, 2006, 2007)

During the last nine years, the Florida State swimming and diving program has seen unprecedented success. With 73 ACC Champions and 35 NCAA All-American honors and one National Champion in that time span, head coach Neil Harper has turned the Seminoles into one of the nation's top programs.

Harper followed up his 2006 ACC Women's Coach of the Year award in 2007 with another Coach of the Year nod, this time on the men's side. After four consecutive second place finishes, the FSU men finally broke through in 2007 with their first men's ACC Championship. The men were lead by meet MVP Kyle Young and Jarryd Botha who won two events apiece. At the 2007 NCAA Championships, the men captured 17th place, including four All-American honors led by National Champion diver Terry Horner. On the women's side, the Seminoles followed up their 2006 ACC Championship with a second place finish including eight event victories. FSU went on to finish 17th at the NCAA Championships which included an All-American performance from senior backstroker Romy Altmann. The women finished seventh in the CSCAA poll, their highest finish ever.

Florida State athletes are a regular sight on top of the medal stand at the ACC Championships under Harper's tutelage. Over the last seven years, the women's team has won 44 individual and relay titles while the men have amassed 29. The 16 combined championships in 2007 were the most during Harper's tenure. Only Florida State and Virginia have produced an individual men's champion in each of the last seven years and the Seminoles are the only ones with at least one gold medal winner since 1992. FSU, UVA and North Carolina have all produced one or more women's champions in the last seven seasons.

As to be expected, the Tribe has been rewriting the school's record books. Twenty-one of the women's 24 school marks have fallen during Harper's time at FSU, including 14 marks that were reset or broken in the last two years. On the men's side, 20 records have fallen during Harper's watch.

Not only are more of the Florida State records held by Harper's student-athletes, but the all-time top ten contains more of his athletes than any other coach in the program's history. Within the women's lists, 102 of the 130 best times in Seminole lore have been set during Harper's eight years, including either the number one or two spots in all but one event. The men's team has put its name down 63 times since Harper's arrival in 1999.

Over the last five seasons, Florida State has built itself into one of the best dual meet teams in the country. Both teams have finished the year ranked in the final CSCAA Top 25 poll in six of Harper's seven seasons.

During Harper's tenure, the women have a 93-22 record with the .800 winning percentage ranking him third in conference history. His 68-26 (.723) mark on the men's side is second in school history and his winning percentage is first among active ACC coaches. Since the 2001-02 season, the women have won at least nine meets and have only one loss outside the Top 25. The men have produced at least nine wins per season in all but one season during that same time frame with three losses beyond the Top 25.





# HEAD COACH



Florida State swimmers and divers excel in the classroom just as well as they do in the pool. Since 2000, the Seminoles have had at least 20 student-athletes on the ACC Honor Roll each year, including a program-high 40 in 2007.

Harper's acumen in the pool extends internationally as he has coached at the biggest international competitions in the last six years. During the summer of 2004, he was on deck for his fourth Olympic Games as he traveled to Athens, Greece, to coach Wickus Nienaber as the head man for the Swaziland contingency. Nienaber was just one of five of Harper's pupils competing in the Olympics as Chris Vythoulkas swam for the Bahamas, Golda Marcus carried the El Salvador flag and Julio Santos represented Ecuador.

The biggest thrill for Harper at the 2004 Olympics was watching one of his former pupils on the medal stand. Stephen Parry – a stand out for the Seminoles while Harper was an assistant – brought home the bronze medal in the 200-meter butterfly after posting the fastest time during the semifinals.

In 2000, Harper was a member of the South African Olympic coaching staff in Sydney, Australia. The following year he traveled to Fukuoka, Japan to coach Nienaber in the FINA World Championships. During the summer of 2002, he mentored Nienaber at the 2002 Commonwealth Games in Manchester, England, where he was joined by former Seminole All-Americans Stephen Parry and Brett Petersen, as well as Vythoulkas. During the summer of 2003, he returned to the FINA World Championships in Barcelona, Spain with Nienaber.

In May of 1999, Harper returned for his second stint in Tallahassee after two years as the women's head coach at Ohio State. In two seasons with the Buckeyes, Harper's team posted a 15-12 mark while qualifying six athletes for the NCAA Championships. In the classroom, Ohio State excelled just as well as both of his teams received NCAA All-Academic selections. Within the conference, the Buckeyes received more than 20 Academic All-Big Ten Conference honors during his two seasons.

From 1994-97, Harper served as the top assistant at Florida State under Don Gibb. One of his main duties was to coordinate the Seminoles' recruiting efforts. His work with the recruiting speaks for itself as during that time Florida State produced numerous All-Americans, including FSU's first NCAA champion, Parry, in the 200 butterfly. As a top aide, Harper was also in charge of the team's strength and conditioning, while working with the stroke and individual medley swimmers. His work in the pool produced the school's first female All-Americans in six years as former assistant coach Anne Blachford (200 IM), Helen Jepson (200 fly) and Samantha White (100 breast) all enjoyed NCAA success.

## INTERNATIONAL EXPERIENCE

- 2004: Swaziland Olympic Games Team (Athens, Greece)
- 2003: Swaziland FINA World Championship Team (Barcelona, Spain)
- 2002: Commonwealth Games (Manchester, England)
- 2001: Swaziland FINA World Championships Team (Fukuoka, Japan)
- 2000: South African Olympic Games Team (Sydney, Australia)

## HARPER'S COACHING RESUME

- 1999-present ..... Head Coach, Florida State University
- 1997-99 ..... Head Women's Coach, Ohio State University
- 1994-97 ..... Assistant Coach, Florida State University
- 1988-94 ..... Assistant Coach, Louisiana State University

A 1990 graduate of Louisiana State University, Harper served as an assistant at his alma mater following graduation up until his first appointment with the Seminoles. During his six years in Baton Rouge, LA, he helped Tiger swimmers earn 21 NCAA All-America honors and seven Southeastern Conference titles. During the 1991 season, both the men and women posted one of their best finishes at the NCAA meet as both came away with a 14th-place showing.

As a competitor, Harper is one of the top swimmers in LSU history. He first made his name in the SEC when he won the 100-yard backstroke at the 1986 meet. Throughout his career, Harper collected four SEC titles while earning seven NCAA All-America awards. During his final year, LSU won it's only SEC Team Championship and finished sixth at the NCAA championships, the highest finish in school history. He still ranks on the Tigers' all-time top ten in four different categories.

The London native represented Great Britain in the 1984 and 1988 Olympics in the 100 and 200-meter backstroke as well as a member of the 400-meter medley relay with sixth and fourth-place finishes respectively.

The 42-year-old Harper is married to the former Paige Busch, who was also an All-American and SEC champion in the 100-yard breaststroke at LSU. The couple has two daughters, Katherine (13) and Kelly (11).





# ASSOCIATE HEAD COACH



**ANDY ROBINS**

Associate Head Coach

13th Year

William & Mary, 1983



Florida State has solidified itself at the top of the ACC and one of the main reasons is the presence of associate head coach Andy Robins, in his 13th season with the Seminoles.

Robins was awarded the associate head coach position in 2003 and is responsible for organizing team workouts, performance data, team travel and home meet management.

During Coach Harper's tenure, Robins' on deck focus has been sprinters, a group that has been very successful over the years. Five Seminoles qualified for the 2007 NCAA Championships in sprint events. Florida State sprinters have earned ten All-Americans honors during Robins' tenure. Most recently, Christy Cech won back-to-back (2001-02) All-America awards in the 50 freestyle. The Seminoles have also brought home 15 All-America certificates in the 200 and 400 freestyle relays.

FSU has been even more successful at the conference level with Robins. The Seminoles brought home four gold medals at the 2007 ACC Championships in sprint events. Under Robins, FSU sprinters have now won 17 ACC titles in the 50 and 100 freestyle events and 20 gold medals in the 200 and 400 freestyle relays. All told, 28 sprinters have collected All-ACC honors during the last ten years.



Prior to Coach Harper's return, Robins worked primarily with the stroke disciplines and individual medley specialists. He most notably worked with Stephan Parry, a NCAA Finalist, as well as a 2004 Olympic bronze medalist. During that time Robins also coached Seminole All-Americans, Anne Blachford, Kearn Ang and Nelson Mora.

Florida State's team results during his tenure speak for themselves. The men's squad has scored points at the NCAA Championships in eight of his 12 years, including three of the past four, with the highest finish in school history, a ninth-place showing in 1997. The women's 16th-place finish in 2006 was their best ever and part of ten trips to the NCAA Championships since 1995.

Robins has helped take the Seminoles from the middle of the ACC pack to the team to beat in the conference. FSU won their first men's ACC swimming and diving championship in 2007 and have not finished outside the top two since 2003. The women followed-up their first ACC Championship in 2006 with a second place finish in 2007. They have now finished in the top three in five out of the last six years. With Robins on the staff, FSU has dominated its dual-meet schedule. Since 1995, the Seminoles have had just one sub .500 season and have a combined 175 dual-meet victories.

Even prior to his graduation from college, Robins had been actively involved in coaching and his involvement with local swimming and diving dates back nearly 20 years. His association with swimming in the Big Bend began in 1985 when he took a position with the Area of Tallahassee Aquatic Club. Robins took over the head coaching duties for ATAC in 1993 and led the squad to a top ten finish at the 1996 Junior National Championships.

In conjunction with his work with ATAC, Robins served as the head coach at Leon High School in Tallahassee from 1986-91. After only his second year on the job he was named High School Coach of the Year by the Tallahassee Democrat.

He also served as head coach for the Florida All-Star Team in 1990 and 1991 after spending the previous two seasons as an assistant coach. Away from the pool Robins served on the Florida Swimming Board of Directors, the House of Delegates and the Technical Planning Committee from 1987-98.

A 1983 graduate of The College of William & Mary with a bachelor's in psychology, he earned his master's in science education from Florida State in 1987. While in college, Robins swam both the backstroke and distance freestyle events. His swimming accomplishments at William & Mary include setting the school record in the 1650 freestyle while also serving as co-captain.

The 47-year-old Robins and his wife Karen have four children, Beth (29), Kurt (28), Jenna (22) and Annemarie (11).

## ROBIN'S COACHING RESUME

2002-present	Associate Head Coach, Florida State
1995-2001	Assistant Coach, Florida State
1993-97	Head Coach, ATAC
1990-91	Head Coach, Florida All-Stars
1989	Assistant Coach, Florida All-Stars
1986-91	Head Coach, Leon High School
1985-92	Assistant Coach, ATAC



# DIVING COACH



## PATRICK JEFFREY

Diving Coach

9th Year

Ohio State, 1998

Ohio State Hall of Fame, 2005



To mold a championship diver, it takes a true champion, and Florida State's Patrick Jeffrey certainly fits that bill. A three-time NCAA Champion and two-time Olympian, Jeffrey was inducted into the Ohio State University Athletics Hall of Fame in 2005. Entering his ninth year in Tallahassee, his experience has brought record-breaking success to the Seminole swimming and diving program.

A National Champion himself, Jeffrey can now say he's coached one with Terry Horner's victory at the 2007 NCAA Championships on the one-meter board. Horner also earned All-American honors on the 3 meter board giving Jeffrey's divers a total of 12 All-America certificates. Jeffrey also produced his fifth All-America diver during the 2004-05 season when Courtney McClow earned honorable-mention accolades on the one-meter board and platform.

Since Jeffrey's arrival in 1999, he's not only put Florida State diving on the map, he's set the standard for diving in the entire conference. Seminole divers have captured 16 of the 30 ACC championships on the boards during Jeffrey's tenure. Within that stretch, eight different Seminoles have claimed conference titles with ten divers named All-ACC. In that time span, Florida State divers have also claimed four Women's ACC Divers of the Meet awards, two Men's ACC Diver of the Meet honors as well as Women's ACC Swimming & Diving Rookie of the Year.

Jeffrey's coaching accolades also stretch internationally. On the world stage Jeffrey was a member of the 2007 United States World University Games staff where he coached two of his own pupils, Horner and Dan Frebel. He was on the 2000 US Olympic team coaching staff along with the 1997 and 1999 US Senior World Cup Staffs. Most recently he coached the 2001 US World Championship team in Fukuoka, Japan. He has served as a Senior National team coach from 1997-2000 with a one year stint (1998) with the Junior National Team. Under Jeffrey's tutelage, divers have won four US Senior National titles, three Junior National championships, and a pair of third place finishes for the Senior Men's team in US national competition.

With as much of a stranglehold as Florida State divers have had over the last seven years, the accomplishments of the women's team at the 2004 conference meet might have even exceeded Jeffrey's expectations. The Seminoles captured the top five spots on the one-meter board then took first through third during the three-meter competition.

Four out of the eight years that Jeffrey has been with Florida State, the school has claimed at least one conference title on the men's side. FSU's four-straight championships on the one-meter and three more in the three-meter have not been equaled in nearly 20 years.

Eight of the ten FSU diving records have been broken in the past four years, including new marks by Terry Horner (one-meter, 3 meter) and Dan Frebel (platform) last season. The only records not owned by Jeffrey's divers are from All-Americans Paul Spray and Wendy Fuller which will stand forever because of event format changes.

Jeffrey's wealth of diving knowledge is a direct result of his own career. A seven-time All-American, he highlighted his tenure at Ohio State with a tremendous senior season in 1988. He became the first and only diver in NCAA history to sweep all three diving events with championships on the one-meter, three-meter and platform, earning him 1988 NCAA Diver of the Year. Leading up to those NCAA Championships, he swept the Big Ten Conference meet as well and was honored with 1988 Big Ten Diver of the Year.

On the international scene, Jeffrey was a finalist on the ten-meter platform at the 1988 Olympics in Seoul, South Korea and the 1996 Olympics in Atlanta, Ga. He is a five-time U.S. National Diving Champion splitting those championships between disciplines with three in the ten-meter platform event while holding a pair of titles in the three-meter springboard event. He was also the US Olympic trials Champion on platform in 1996. In addition, he won bronze medals at the 1991 and 1995 Pan-Am games. He competed as a member of the US's 1989 and 1995 World Cup teams as well as at the 1993 Goodwill Games Team.

Most importantly, Jeffrey has drawn from all this experience to structure a program that is designed to develop up and coming athletes into national and world level contenders. He takes from the knowledge that he obtained in his twenty years as an athlete and the subsequent ten as a coach in the trenches at the world and national levels.

"I have had the unique opportunity to observe and study the world's best programs and diving ideologies in action and have applied the common denominators to our program. I still always have the opportunity to consult with mentors in diving. Seminole divers use



resistance and plyometrics training, dry land spotting and exercises, ballet, pilates, nutrition, competition strategy sessions, film analysis (team and world level footage) and basic and advanced water workouts blended into an individualized peaking progression to fuel their success."

"I am confident that our program is absolutely unique because of the amount of resources and experiences that are available to me. My experiences in diving span from day one all the way to the world level both as an athlete and as a coach, both on springboard and platform and that is hard to find. Every diver who comes through my program leaves with a comprehensive understanding of the sport of diving to the highest levels. I am also confident that there are very few experiences that one of my athletes could have that I wouldn't be able to advise them on or relate to both personally and professionally after 30 years of diving exposure. At FSU we have the highest quality resources and support to draw from to create a healthy, positive and productive experience. I feel most importantly that I am fully aware that the well being of my athletes is of utmost importance. We nurture and guard our team culture constantly. All of the opportunities in the world will be wasted if the athlete isn't in a proper environment to take advantage of them. Finally, I always keep in mind that life is waiting for these young men and women after diving is over and I am committed to prepare them for that by providing them experiences in sport to draw from in life."

## JEFFREY'S COACHING RESUME

2001.....	U.S. World Championship Team
2000.....	U.S. Olympic Team
1999.....	U.S. World Cup Team
1999-present .....	Diving Coach, Florida State
1998.....	Junior National Team
1997.....	US World Cup Team
1996-present .....	U.S. Senior National Team
1996-99 .....	Diving Coach, Florida Atlantic

## JEFFREY'S DIVING RESUME

- 1988 United States Olympic team
- 1996 United States Olympic team
- 1996 US Olympic trials Champion
- 5x US National Champion
- 3x NCAA Division I Champion
- 2x Pan Am Bronze Medalist
- 2x U.S. World Cup Team Member
- U.S. Good Will Games Team Member
- Many Time International Champion/Medalist



## ASSISTANT COACH



**LIZ KLINK**

Assistant Coach

4th Year

Connecticut, 2001



Florida State is quickly becoming a force in the ACC and assistant coach Liz Klink has been one of the major reasons the Seminoles are one of the best in the conference. Klink is in her fourth year of overseeing the middle distance freestyle and longer stroke groups that produce major points at the conference meet year in and year out and is well represented at the NCAA meet.

In 2007, Klink played a major roll in leading the FSU women to a second place finish at the ACC Championship. She was instrumental in the career of Romy Altmann, a NCAA All-American and five-time ACC Champion. Altmann swept the backstroke events at the ACC meet in 2007. Klink also helped coach freshman Kylsie Grimes to a seventh place finish in the finish at the ACC Championships in the 200 free and a qualifying time for the NCAA Championships. Grimes was the only Seminole freshman swimmer to qualify for the NCAA Championships.

At the 2006 ACC Championships, Klink's group played a key role as the women won their first ever championship and the men finished in second-place. Altmann won the 200 free and finished second in the 200 back, establishing a new school record in the process with a time of 1:57.16. Lindsay Kenney finished second for the second consecutive year in the 200 fly. The team of Romy Altmann, Lindsay Kenney, Georgia Holderness, and Cameron Russell also established a new school record of 7:19.57 in the 800 free relay after the record was set just a year ago at the 2005 ACC Championships.

During the 2004-05 season, her group broke a ten-year-old record at the ACC Championships and tied another school mark as part of eight swims in the finals and consolations. Lindsay Kenney became the first Seminole to finish under two minutes in the 200 fly with her second-place 1:59.92. Altmann tied the school record as she hit the wall in 1:59.50 to take third in the 200 backstroke.

Prior to joining the coaching staff at Florida State, the 27-year-old Klink helped two-time Big East Conference Coach of the Year, Ned Skinner, build Virginia Tech into one of the emerging programs in the conference. In 2004, Virginia Tech took third on the women's side, it's second-best finish ever and the program's highest since 2001. During her first year in Blacksburg, VA, the men's squad posted its highest finish ever with a second-place showing.

Handling mostly the distance swimmers, Klink's star pupil in 2004 was freshman Gus Calado. The first Big East Champion in school history in a distance event, Calado was named Big East Outstanding Swimmer of the Year after setting the conference record in the 500-yard freestyle on his way to the conference title.

She had just as much of an impact on the women's side, especially in the 500 and 1,650-yard freestyle. At the 2004 Big East Championships, the Hokies had three swimmers in the finals of both events. During Klink's first year, Virginia Tech had just one per race. One of those competitors was Jamie Spradlin, who set the school record in the 1,650 and 1,000 that season. 2003 also saw the women's team take down the 800-free relay mark.

Before she was one of the top assistants in the league, Klink was one of the best swimmers in the Big East. She swam four years at the University of Connecticut, specializing in the middle distance freestyle events. When she completed her career in 2001, Klink held the school record in the 500 freestyle and was a member of the record-setting 400 and 800 freestyle relays. During her freshman season, she helped lead the Huskies to their best finish at the conference championships in the last eight years as UConn swam to a sixth-place

finish. Klink excelled in the classroom just as well as she did in the pool, earning a spot on the Big East Academic All-Star team in each of her four years at UConn. She completed her career with the Huskies by earning the 2001 UConn Club Outstanding Senior Student-Athlete Award.

That year she also won the University of Connecticut's Counseling Program for Intercollegiate Athlete Award for academic excellence and was a member of the student-athlete advisory committee. As a freshman in 1998, she participated in the NCAA Y.E.S. (Youth Education through Sports) Clinic and attended the NCAA Leadership Conference two years later.

Prior to joining the coaching staff at Virginia Tech, Klink served as a volunteer assistant for the Huskies while she pursued her master's degree. Her coaching career dates back to her four-year stint as a coach for the Shongum Lake Swim Team in Randolph, NJ.

A native of Mt. Arlington, NJ, Klink graduated from Connecticut in 2001 summa cum laude in elementary education before adding a master's degree from UConn in the same field.





# ASSISTANT COACH



**ALEX BRAUNFELD**

Assistant Coach

1st Year

Pittsburgh, 1973



Florida State's coaching staff received an infusion of experience with the hiring of new assistant coach Alex Braunfeld. Braunfeld joins the Seminole staff after spending last season as an assistant with Bucknell and helping the Bison to a second (women) and third (men) place finish in the Patriot League. He brings more than 30 years of swimming experience with him. Alex's on deck focus will be with the distance groups.

Braunfeld has enjoyed success on every level. Prior to joining Bucknell, he served as a coach for the Dynamo Swim Club in Atlanta, Ga. As a coach for the Dynamo from 1997-2005, Braunfeld coached five swimmers to the USA National Junior team in a four year stretch and helped three others earn spots on the USA Pan Am Games team and the USA Goodwill Games squad. Alex also coached the Dynamo from 1988-1991 and led the team to a Women's USA Senior National Championship and a combined USA Team Championship runner-up performance. He also guided the Dynamo to three top five USA Senior National finishes.

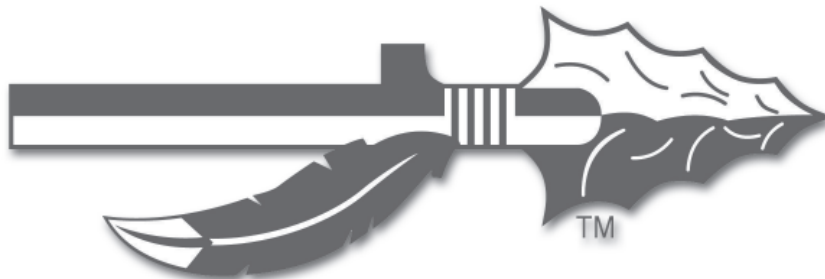
From 1992-97, Braunfeld served as an assistant for the Michigan men's swimming team and oversaw recruiting as well as weight and dry land training for the Wolverines. While at Michigan, Alex helped the Wolverines to four top three finishes at the NCAA Championships highlighted by a National Title in 1995. The following year he helped place six Michigan swimmers on the U.S. Olympic Team at the 1996 Summer Games in Atlanta.

Prior to Braunfeld's first stint with the Dynamo from 1988-1991, he was the head coach for the Dayton Raiders, a club team in Dayton, Ohio, from 1981-1987. While coaching the Raiders, Alex was also an assistant with the men's and women's swimming programs at Wright State. Braunfeld saw two or more of his swimmers compete at senior nationals during his seven years with the Raiders and helped several others achieve junior national qualifying times. Wright State finished in the top five at the Division II National Championships each year Braunfeld was with the program.

Braunfeld graduated from the University of Pittsburgh in 1973 and was a letterman for the Panthers' swimming team. He also has extensive experience coaching five USA National Junior teams (1984, 1992, 1995, 1996 and 2004), two USA World University Games teams (1997 and 1999), a USA Pan Pacific Games squad in 1995 and two USA Swimming distance camps (1989 and 1990).



2007-08 Coaching Staff





## SUPPORT STAFF

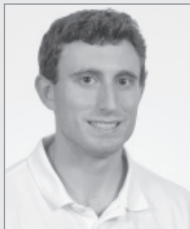


**KYLIE AMATO**

Academic Advising

6th Year

Northwestern State, 2002



**MATTHEW BIANCUZZO**

Athletic Trainer

2nd Year

UCF, 2006

Florida State strives for excellence not just in the water, but in the classroom as well. Giving them the guidance they need to complete their degree is academic advisor Kylie Amato.

Starting her sixth school year at Florida State, Amato has had an enormous impact on Seminole student-athletes. Amato's work with the swimming and diving athletes, as well as the soccer team, netted an astounding 49 ACC Academic Honor Roll selections in 2006-2007.

A liaison between the athletic and academic communities, Amato observes the academic progress of the student-athletes to ensure graduation and athletic eligibility. Along with her daily duties of updating the coaches and monitoring the student-athletes, Amato also meets with potential student-athletes during the recruiting process.

A former student-athlete herself, Amato knows first hand what it takes to succeed in the classroom. A member of the volleyball team at the University of West Alabama, she earned dean's list honors on her way to earning a bachelor's degree in psychology with a minor in physical education. A native of Toombs, Miss., Amato earned a master's degree in sports administration from Northwestern State in 2002 while serving as a graduate assistant volleyball coach.

Entering his second year at Florida State University, athletic trainer Matt Biancuzzo brings a wealth of knowledge and experience to the swimming and diving program. A 2006 graduate of the University of Central Florida, Biancuzzo will oversee a staff of four athletic training students that will take care of all the Seminoles' needs.

During his four years at UCF, Biancuzzo worked with several of the Golden Knights' sports including football, softball, men's and women's basketball, cross country, track and field and volleyball. Working with the football team during his final semester at UCF, he created and implemented rehabilitation protocols, assisted with maintenance and organization of insurance information, assisted with pre-season paperwork and practices, organized and packed supplies and equipment for home and away games and assisted with inventory in the main and satellite athletic training rooms.

In addition to his tenure with the UCF programs, Biancuzzo also worked as an athletic trainer for Boone High School. During the spring of 2005 he worked with high school athletes in a variety of sports including spring football, boys and girls' lacrosse, baseball, softball and boys and girls' wrestling.

Biancuzzo received his bachelor's of science degree in health sciences with a distinction in athletic training. He is certified through the National Athletic Trainers Association and through the American Heart Association in CPR and First Aid.





## SUPPORT STAFF



**JESSE COLLINS**

Strenght & Conditioning Coach

2nd Year

Central College



**WYN SAUNIER**

Graduate Assistant

2nd Year

Transylvania University, 2005

In his second year at Florida State, Jesse Collins continues to build a top-notch weight room program for the swimming and diving teams. He also assists with football and track and field.

Collins graduated from Central College (La.) with a B.A. in Exercise Science. While attending Central College, he volunteered in the weight room and was a member of their football team. Collins is also a Certified Strength and Conditioning Specialist (CSCS) through the NSCA.

After graduation, he joined the University of Iowa Strength and Conditioning staff as an Intern. Collins assisted Head Strength Coach Chris Doyle and his staff with the off-season training of the Iowa Hawkeye Football team.

While at FSU, he is pursuing his Masters Degree in Sports Administration.

Entering his second season with Florida State as a graduate assistant, Wyn Saunier brings with him an extensive resume filled with accolades as a student-athlete and years of experience coaching at the high school and club level.

Saunier served as the head coach at the Winchester Country Club in Winchester, Ky. from 2001 to 2006. He began coaching there in 1999 and then two years later was elevated to the position of head coach. When he joined the coaching staff in 1999, the team was in last place in the Central Kentucky Swim Conference; but, in his first year as head coach, they won the division title. In 2005 he guided the team to its first undefeated season since the early 1970s.

While still coaching at the Winchester Country Club, Saunier also started the first ever swim team at George Rogers Clark High School in 2005 after approaching the Board of Education and showing that there was a demand to begin a swim team. He served as the school's first head coach that same year and had ten student-athletes regionally qualify and four earn academic all-state honors.

Saunier swam at Transylvania University in Lexington, Ky. where he was a three year letter-winner from 2001-2004 and captain during the 2003-04 season. During his sophomore year, Saunier finished 16th in the 100 breast at the NAIA D-I National Championships. He also helped lead his team to conference titles in 2002 and 2003.

Saunier graduated from Transylvania University in the spring of 2005 with a bachelor's degree in business administration. He is currently pursuing a master's degree in sport administration.

