



JARRYD BOTHA

Back, Free
6-6 • Senior
Worcester, South Affrica
Paul Roos Gymnasium

HONORS

NCAA Honorable Mention All-American Six-Time ACC Champion Three-Time All-ACC Olympic Trial Qualifier

BIO

2006-2007: Qualified for the South African Olympic Trials in the 100 and 200 back... at the ACC Championships (Feb 21-24) Botha swept the backstroke events by

TOP TIMES	
100 Back	48.26
200 Back	1:45.10
50 Free	20.05
100 Free	44.85

winning the 100 and 200 in times of 48.26 and 1:45.44 in NCAA "B" cut times... swam the anchor leg in the 200 medley relay which finished first in a UNC pool record, FSU school record and NCAA "B" cut time of 1:27.71...finished fourth in the 50 free with a personal best NCAA "B" cut time of 20.05...finished second as a part of the 200 free relay with an NCAA "B" cut time of 1:19.48 ...won the 200 back against Auburn (Jan. 27) with a time of 1:48.69...claimed fourth place in the 100 back at the Dallas Morning News Classic (Jan. 12-13) by touching the wall in 51.35...against LSU (Jan. 12) finished the 100 back in 49.82 to claim second... won the 100 back against rival Florida (Nov. 21) by touching the wall in a time of 48.98...took fourth in the 200 back and 50 free with times of 1:47.52 and 21.12 respectively...at the Janice H. Dowd Nike Cup (Nov. 16), Botha clocked in a new career best in the 200 back with a first place NCAA "B" cut time of 1:45.10...he also posted NCAA "B" cut time in the 50 free and 100 back with times of 20.18 and 48.69 to claim second and first places respectively...took first place in the 100 back against Florida Atlantic (Oct. 28) with a time of 51.69.

2005-06: Earned Honorable Mention All-American honors as a part of the 200 free relay that took 15th at the NCAA Championships (Mar. 23-25) with a time of 1:20.08...also competed in the 200 back placing 30th in 1:50.02... also swam as a part of the 200 medley relay that finished 17th (1:29.87) and the 400 medley relay that finished 19th (3:17.42)...was the only Seminole to earn individual gold at the ACC Championships (Feb. 22-25) winning the 200 back with a collegiate best and NCAA "B" cut time of 1:45.54...earned two more gold medals as a part of the winning 200 free and 400 free relays...scored points in three more events...placed fifth in the 100 back with a time of 49.25, took 12th in the 50 free in 20.61 and swam the leadoff leg of the 400 medley relay that took the silver with a NCAA "B" time of 3:13.77...took first place in the 200 back at the Georgia Tech Invitational (Nov. 18-20) with a time 1:48.12...recorded a collegiate personal best in the 100 free with a time of 44.97 swimming the leadoff leg of the 400 free relay that finished fourth...won the 100 back at an ACC quad meet (Oct. 21-22) with a time of 51.01...finished second in the 200 back in 1:50.15 and was a part of three winning relays.

2004-05: Joined the Seminoles for the spring semester, competing in two dual meets before the ACC Championships (Feb. 23- 26)...scored points in all three events at the league summit, qualifying for the finals of both backstroke events...

earned All-ACC honors with a third-place finish in the 200 backstroke in a time of 1:46.26...time is an NCAA "B" Cut, rates third in school history and is the fastest by a Seminole in six years...tallied a sixth-place finish in the 100 backstroke, hitting the wall in 49.51...earned points with a 16th-place 20.60 in the 50 free. Member of the 400 medley relay that posted an NCAA "B" cut and second-place mark of 3:15.84...swam two personal-best times at the Auburn last chance meet, posting a 49.31 in the 100 backstroke that is the fifth-fastest in school history...Also touched in with a 45.61 during the 100 freestyle...placed in the top five of two of the three races he competed in during a pair of dual meets.

HIGH SCHOOL: Placed second at the 2003 South African Open National Swimming Championships in the 200 backstroke, while taking fourth in both the 50 and 100 back...converted career-best times of 49.21 and 1:47.32 in the 100 and 200 backstroke would ranked him in FSU top five...coached by Pierre de Roubaix at Paul Roos and Maties club team...member of the Student Council at Paul Roos.

PERSONAL: Born March 10, 1985...majoring in finance...son of Pieter and Jenny Botha.



Jarryd Botha



BRENDAN BURKE

Fly, Back
5-11 • Senior
West Des Moines, IA
Valley

HONORS

Three-Time ACC Academic Honor Roll

BIO

2006-07: Swam career bests in three events at the ACC Championships (Feb. 21-24)...turned in times of 53.35 in the 100 back, 1:55.31 in the 200 fly and 47.12 in the 100

free...earned six top five finishes during the dual meet season... member of the ACC Honor Roll.



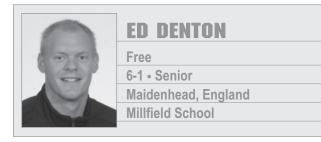
2005-06: Competed in three events at the ACC Championships (Feb. 22-25) and recorded three personal best times...best finish came in the 100 fly as he placed 19th with a time of 49.82...recorded times of 21.07 in the 50 free and 1:55.31 in the 200 fly...posted a personal best time of 53.54 in the 100 back as he finished sixth at the Georgia Tech Invitational (Nov. 18-20)...member ACC Honor Roll. 2004-05: Competed in three events in his first ACC Championships (Feb. 23-26)... posted a 51.45 in the 100 fly, 1:58.93 in the 200 butterfly and 21.75 during the 50 freestyle...best meet of the season was the Georgia Fall Invitational (Dec. 3-5)... registered all of his personal-best times at the meet with marks in the 100 fly (51.22), 200 fly (1:56.50), 50 free (21.73) and 100 backstroke (53.59)...Totaled six top five finishes during the dual meet season...member ACC Honor Roll.

HIGH SCHOOL: Earned eight All-America honors, including four individual honors, during his four years at Valley High School...a four-time First-Team All-State selection, he was runner-up at the state meet his last two seasons...served as team captain his senior year, while earning his fourth all-district and all-conference accolades...highlighted junior season with district Swimmer of the Year honors... has been a member of two Senior National qualifying relays, while also meeting the criteria for the US Open where he posted a 100 butterfly time of 50.38... top times include 50.38 in the 100 fly to go along with a 52.74 in the 100 backstroke... also excelled in the classroom where he was an Academic All-American, member of the National Honor Society and a four-year member of Valley's honor roll... coached by Mark Wagner at West Des Moines, while Kelly Nordell was his coach at the Des Moines Swim Federation.

PERSONAL: Born June 3, 1985...majoring in finance and real estate...son of Jerry and Deborah Burke...father played college football at Loras College...twin brother Michael swims at South Carolina.



Brendan Burke



HONORS

Three-Time NCAA Honorable Mention All-American Five-Time ACC Champion Three-Time AII-ACC Three-Time ACC Academic Honor Roll Olympic Trial Qualifier

BIO

2006-07: Qualified for the British Olympic Trials... earned his third career Honorable Mention All-American honor at the NCAA Championships (Mar. 15-17) as a part of

TOP TIMES	
50 Free	20.53
100 Free	43.75
200 Free	1:37.85
100 Breast	57.24

the 800 free relay which finished 15th in a time of 6:30.40...finished 36th in the 100 free with a time of 44.14... played an integral role at the ACC Championships (Feb. 21-24) by having a hand in the scoring of 189 points...captured his first individual ACC title in the 100 free with an NCAA "B" cut time of 44.09...anchored the 400 medley relay squad which won the ACC crown with an NCAA "B" cut time of 3:14.25... carried the leadoff leg of the 400 free relay which earned the silver medal in an NCAA "B" cut time of 2:56.89, only 0.22 out of first place... swam the third leg of the 800 free relay which finished in second place with an NCAA "B" cut time and school record time of 6:29.10... helped the 200 free relay squad to a second place finish in an NCAA "B" cut time of 1:19.48...earned All-ACC honors with a third place finish in the 200 IM...touched the wall in an NCAA "B" cut time of 1:48.56, a new personal best and new school record time...won the consolation final in the 200 free to claim ninth place with an NCAA "B" cut time of 1:37.85...took second place honors in the 200 free (1:40.67) against Auburn (1/27)... named to the 2007 ACC All-Academic team.

2005-06: Earned Honorable Mention All-American honors at the NCAA Championships (Mar. 23-25) as a part of the 200 free relay that finished 15th in 1:20.08 and the 400 free relay that finished 14th in 2:57.27... also swam as a part of the 200 medley relay that finished 17th (1:29.87), the 800 free relay that finished 17th (6:35.12) and the 400 medley relay that finished 19th (3:17.42)...was a huge point scorer for the Seminoles at the ACC Championships (Feb. 22-25)...recorded an NCAA "B" cut time in every race that he swam...was a part of the winning 200 free and 400 free relays...was also a part of the 800 free relay that finished third with a new school record of 6:30.95...recorded three personal best times as he finished third in the 100 free (43.86), sixth in the 200 IM (1:49.55) and seventh in the 200 free (1:38.09)...recorded personal best times at the Dallas Morning News Classic (Jan. 13-14) in the 100 breast (58.20) and 500 free (4:38.52) finishing 10th in both events...placed ninth in the 200 free (1:42.42) and ninth in 200 IM (1:55.40)...finished second in the 100 free at the Georgia Tech Invitational (Nov. 18-20) with an NCAA "B" cut time of 44.50...took first in the 100 free at an ACC quad meet (Oct. 21-22) with a time of 45.91...finished fourth in the 200 free in 1:41.17.

2004-05: Had a tremendous freshman campaign, culminating in two individual finals swims and a relay title at the ACC Championships (Feb. 23-26)...swam the anchor leg of the winning 400 freestyle relay that posted an NCAA "B" cut of 2:57.26...led off the 800 freestyle relay with a split of 1:38.10 that ranks as the second-fastest time in school history. Relay took fourth with an NCAA "B" time of 6:34.20...took fourth in the 200 freestyle with an NCAA "B" time of 1:38.38. Came in sixth in the 100 freestyle with an NCAA provisional time of 44.83 that rates as the ninth-best in Seminole lore...also scored points in the 50 freestyle, taking 14th with a time of 20.67 and was a member of the 200 freestyle relay that took third with an NCAA "B" time of 1:19.79...Scored a pair of career-best times during four top-12 finishes at the Georgia Fall Invitational (Dec. 3-5)...ninth-place marks in the 50 freestyle and 100 breaststroke resulted in new personal-lows of 20.53 and 57.24, respectively...best finish was a fourth-place 45.01 in the 100 freestyle...top ten in three events at the Dallas Morning News Classic (Jan. 14-15) with his best finish coming in the 200 freestyle where he placed fifth with a 1:41.80...showed his versatility with victories in four different events with seven total wins...Won the

100 free (45.98) at an ACC quad meet in Atlanta (Oct. 30-31), while taking fifth in the 200 freestyle (1:52.85)...amassed a total of 20 top-10 finishes during the dual meet season, covering six different events...swam in the finals of two events at the British ASA Commonwealth Games Trials...took sixth in the 100-meter freestyle with a time of 50.99...started the competition with a ninth-place time of 23.81 in the 50 freestyle...member ACC Honor Roll.

HIGH SCHOOL: Posted a pair of second place finishes at the Great Britain National meet with a 23.60 in the 50 freestyle and a 100 meter freestyle time of 51.70...won gold at the British nationals in 2001 in the 200, 400 and 1,500-meter freestyle while taking second in the 50 and 100 freestyle...top times include 20.62 (50 freestyle), 44.98 (100 freestyle) and 1:41.60 (200 freestyle)...coached by Doug Campbell at Millfield and swam for Tony Woodward on the Windsor club team.

PERSONAL: Born January 1, 1986...majoring in business management...son of Andy and Yvonne Denton...attended same high school as teammates Ian Powell and Georgia Holderness and head coach Neil Harper.



Ed Denton



MATT HAMMOND

Free 6-2 • Senior

Daytona Beach, FL

Port Orange Spruce Creek

HONORS

Two-Time ACC Academic Honor Roll

BIO

2006-07: Earned new personal bests at the ACC Championships in the 50 free (20.77) and 100 free (45.93)... notched a pair of third place finishes

20.77
45.93
1:43.24

against Florida in the 50 free (21.07) and 100 free (46.57)... member of the ACC Academic Honor Roll.

2005-06: Recorded personal bests in the 50 free (21.25), 200 free (1:43.24) and 100 free (46.32) at the ACC Championships (Feb. 22-25)...scored points in the 50 free (21.70) at the Georgia Tech Invitational (Nov. 18-20) by placing 16th...finished 19th in the 200 free (1:47.23) and 100 free (47.55)...member of ACC Honor Roll.

2004-05: Finished first campaign strong with good performances at the Georgia Fall Invitational (Dec. 3-5) and ACC Championships (Feb. 23-25)...posted two of his career-best times in Athens, GA...hit the wall in 21.40 during the 50 freestyle while his 47.07 in the 100 free was also a personal-best...dropped more than two seconds off his best 200 freestyle time at the league meet, notching a 1:44.58... also added times in the 50 freestyle (21.48) and 100 freestyle (47.18)...collected five top-five finishes throughout the dual meet season.

HIGH SCHOOL: A four-time state finalist at the FHSAA meet, he had his best performance during his senior year...capped off prep career by taking second in the 50 freestyle along with a fourth-place mark in the 100 freestyle...member of Spruce Creek's 3A state championships 200 medley relay team, he earned All-Central Florida and All- Volusia/Flagler County honors from the Orlando Sentinel ...team captain his final season, he also swam on the Hawks' third-place 400 freestyle relay...earned a spot in the US Junior National meet during his junior year...Won the 100 freestyle at the district championships...Collected his first All-State award as a freshman, helping Spruce Creek to the team state championship...coached by Steve Lochte for both Spruce Creek and the Daytona Beach Swimming.

PERSONAL: Born December 22, 1985...majoring in finance and real estate...son of Myron and Diane Hammond.



Matt Hammond



BILLY JAMERSON

Breast 6-0 • Senior Savannah, GA Sandy Creek

HONORS

NCAA Honorable Mention All-American Two-Time ACC Champion Three-Time All ACC Selection

BIO

2006-07: Competed in the 2007 NCAA Championships (Mar. 15-17)...swam to a 31st place finish in the 200 breast in 2:02.76 and placed 35th in

TOP TIMES	
100 Breast	54.13
200 Breast	1:58.74
50 Free	21.05
200 IM	1.5/1.7/



the 100 breast (54.73)...at the ACC Championships (Feb 21-24) swam second leg in the first place winning 200 medley relay (1:27.71) and 400 medley relay (3:14.25)...earned All-ACC honors and NCAA "B" cut times in both breaststroke events with a second place finish in the 100 breast (53.98) and a third place showing in the 200 breast (1:59.10)...took third place in the 200 breast (2:03.02) against Auburn (Jan. 27)...took two victories against Florida with NCAA "B" cut times in the 100 breast (54.56) and 200 breast (1:59.22)...made an impressive showing at the Nike Cup Invitational with a second place finish in the 100 breast with an NCAA "B" cut time of 54.22.

2005-06: Scored points in both breaststroke events at the ACC Championships (Feb. 22-25)...finished sixth in the 100 breast with an NCAA "B" cut time of 55.60 and placed 10th in the 200 breast in 2:02.18...also swam the breaststroke leg on the 200 medley (1:27.80) and 400 medley (3:13.77) relays that finished in second with NCAA "B" cut times...finished third in the 100 breast (56.17) and fifth in the 200 breast (2:05.80) at the Dallas Morning News Classic (Jan. 13-14)...had an outstanding meet at the Georgia Tech Invitational (Nov. 18-20)...won the 200 breast with a season best and NCAA "B" cut time of 1:59.56...finished second in the 100 breast with an NCAA "B" cut time of 55.46...placed sixth in the 200 IM with a personal best time of 1:54.74...also swam the breast stroke leg of the winning 200 and 400 medley relays...won the 100 breast (57.31) at an ACC quad (Oct. 21-22)...finished second in the 200 breast (2:05.24) and swam the breaststroke leg of the winning 200 and 400 medley relays.

2004-05: Had one of the best seasons of any freshmen in the country, culminating in a pair of swims at the NCAA Championships (March 25-27)...earned the first All-America honors of his career, taking part in the 800 free relay that captured honorable mention accolades with its 16th-place time of 6:51.63...individual swims included a pair of 27th place finishes with a 100 breaststroke mark of 54.98 and a 2:00.61 at the 200-yard distance...Collected a pair of All-ACC honors for second place finishes at the ACC Championships (Feb. 23-26)...Hit the wall with a career-best 54.13 in the 100 breaststroke - after winning the prelims - placing second and ranking third in school history...went under two minutes for the second time, notching a second-place 1:59.24 in the 200 breaststroke...added a 21.19 in the 50 freestyle...garnered national attention by winning both breaststroke events at the Georgia Fall Invitational (Dec. 3-5)...winning time of 1:58.74 in the 200 breaststroke rates as the second-fastest time in school history. Scored a win with a time of 54.49 during the 100 breaststroke...notched a pair of NCAA "B" cut times - as part of his six provisional times throughout the year - with two victories in the 100 breaststroke (55.32) and 200 breaststroke (2:00.8) against national champion Auburn (Jan. 29)...twice earned ACC Performer of the Week Awards (December 6 and January 31) making him the first Seminole to earn the award twice in one year and just the second to collect the accolade twice in a career - after winning both breaststroke events at the Georgia Invite and against Auburn...both top times are the fastest by a freshman in Florida State history and rated third among all freshmen in the country this season...named Rookie of the Year at the annual team banquet...finished in the top four in both breaststroke events at the Dallas Morning News Classic (Jan. 14-15)...meet also saw him post a personal-best 1:57.79 in the 200 IM...won the 200 breaststroke and took second in the 100yard event at an ACC quad meet in Atlanta (Oct. 30-31)...collected nine victories throughout the year, including wins against fourth-ranked Florida (Nov. 16) in the 100 breaststroke (55.91)...had 18 top four finishes during the dual meet campaign and never finished lowered than third in either breaststroke race.

HIGH SCHOOL: A two-time member of the US Junior National team in 2003 and 2004, he captured four national titles at the NCSA Junior National Championships, winning the 50 and 100 yard breaststroke both years...earned All-America honors his final two years in high school to go along with All-State honors for Sandy Creek High School...mark of 25.63 in the 50-yard breaststroke is a Junior

National record...twice qualified for the US Senior National meet in the 100 meter breaststroke...holds three Georgia state records in the 100 breaststroke with age group marks in the 100 yard and meter races as well as the high school record... three-time team MVP as well as the 2003 Fayette County Swimmer of the Year... swam at Sandy Creek and Southern Crescent Aquatic Team for Jamey Myers.

PERSONAL: Born October 9, 1985...majoring in creative writing and film study... son of Dr. John and Shearon Jamerson.



Billy Jamerson



IAN POWELL

Back, Fly, IM
5-9 • Senior
Guernsey, Channel Islands
Millfield School

HONORS
ACC Champion
All-ACC

BIO

2006-07: Scored points in four events at the ACC Championships (Feb. 21-24)...swam the leadoff leg in the 200 medley relay that claimed first place, set a new school record, and a new UNC pool record

TOP TIMES	
100 Bac	49.18
200 Back	1:47.02
100 Fly	48.88
200 Fly	1:48.29
200 IM	1:52.29

and an NCAA "B" cut (1:27.71)...placed sixth in the 200 fly (1:49.37) and set a new personal best in the 100 fly prelims (48.88) en route to a seventh place finish...took eighth in the 100 back (49.77)...against national champion Auburn (Jan. 27) claimed third place in the 200 fly (1:50.64)... notched a pair of first place finishes against UNC-Wilmington (Jan. 6) in the 100 fly (50.12) and 100 back (50.88)...helped the cause against Florida (Nov. 21) by finishing second in the 200 fly (1:48.40) and taking third place in the 200 back in an NCAA "B" cut time of 1:47.08...hit the fast waters of the Nike Cup Invitational (Nov. 16) to set a new personal record and NCAA "B" cut time of 1:47.02 in the prelims of the 200 back en route to a second place finish (1:47.47)...also placed second in the 100 back (49.38) and third in the 200 fly (1:48.89)...opened the season with a trio of victories against Clemson (Oct. 7) in the 100 fly (50.27), 200 fly (1:49.34) and 200 back (1:50.00).



2005-06: Over the summer swam at the British Nationals (LCM) and finished third in the 200 fly (2:01.6) and fifth in the 100 fly (55.60)...also competed in the Commonwealth Games (LCM) finishing seventh in the 200 back (2:06.01) and eighth in the 200 fly (2:02.2)...scored points in three events at the ACC Championships (Feb. 22-25) despite battling illness...swam the backstroke leg of the 200 medley relay that took the second with an NCAA "B" of 1:27.80...finished eighth in the 200 back with a time of 1:49.29...recorded a season best in the 200 back in the prelims with a time of 1:48.42...finished 16th in the 200 fly with a time of 1:51.42...finished fifth in the 200 fly (1:51.12), seventh in the 100 back (51.35) and eighth in the 200 back (1:49.84) at the Dallas Morning News Classic (Jan. 13-14)...recorded a season best in the 200 IM with a time of 1:53.89 to take sixth in a dual meet against Florida (Nov. 22)...won the 200 fly with a personal best of 1:48.29 at the Georgia Tech Invitational (Nov. 18-20)...also recorded a personal best swimming the 100 back (50.00) leadoff leg of the 400 medley relay that finished second...took second in the 200 back (1:48.51) and fourth in the 100 fly (49.78)...registered three second place finishes at an ACC guad meet (Oct. 21-22) in the 100 fly (50.29), 100 back (51.16) and 200 fly (1:49.30)...also finished sixth in the 400 IM in 4:05.84.

2004-05: Point scorer at the ACC Championships (Feb. 23-26) in both backstroke events...qualified for the finals of the 200 backstroke where he placed sixth with a 1:47.63 to tie his career best...time rates as the fourth-best in Seminole history... came in 13th during the 100 backstroke, notching a time of 50.33...added a bonus heat swim in the 200 individual medley, touching in with a time of 1:53.00...best meet of the year was the Georgia Fall Invitational (Dec. 3-5) where he set all four of his top times...took fifth in the 200 backstroke with a mark of 1:47.63...pair of ninth place finishes included a 50.08 in the 100 backstroke - the eighth-fastest time ever at FSU - to go along with a 1:52.29 in the 200 IM...placed sixth in the 200 butterfly, notching a personal standard of 1:51.88...top five in both backstroke events at the Dallas Morning News Classic (Jan. 14-15), taking fourth in the 200 backstroke (1:49.94) and fifth at the 100-yard distance (51.82)...amassed eight victories during the dual meet campaign...one FSU's best swimmers during the dual meet season, notching a top-five finish in all 20 races he swam...swam in the four events at the British ASA Commonwealth Games Trials, making the finals of all three backstroke races...best finish was a seventh-place 27.38 during the 50meter backstroke...took ninth at the 200-meter distance (2:07.33), while touching in with a tenth-place 58.91 during the 100 backstroke...added a 100-meter butterfly time of 56.04 to take 12th in the semifinals.

HIGH SCHOOL: Won a gold medal at the British National Youth Championships, taking first in the 200 meter backstroke...also finished second in the 100 meter backstroke and fourth in the 200 meter...top times in short course meters include 100 backstroke: 56.90 (50.98 - converted), 200 backstroke: 2:00.79 (1:48.23) and 200 butterfly: 2:04.11 (1:51.81)...long course meters marks: 100 backstroke (59.67), 200 backstroke (2:05.58) and 200 butterfly (2:06.52)...swam for Doug Campbell on the Millfield School team while Alison Frankdard was his club coach for the Beau Sejour Barracudas.

PERSONAL: Born December 16, 1985...majoring in marketing...son Allan and Pam Powell...attended same high school as Seminole teammate Edward Denton and head coach Neil Harper.



Iam Powell



HONORS

All-ACC Academic Two-Time ACC Academic Honor Roll

RIN

2006-07: Scored points for the second straight year at the ACC Championships (Feb. 21-24)...took 16th place in the 100 fly (49.65) and set a new personal

TOP TIMES	
100 Fly	49.37 1:50.50 1:53.53

record in the prelims (49.37)...finished 22nd in the 200 fly (1:53.16)... against Florida posted a new personal best in the 200 fly (1:50.50) to finish third and took third place in the 100 fly (49.48)... member of the ACC Honor Roll.

2005-06: Scored points in both fly events at the ACC Championships (Feb. 22-25)...finished 15th in the 200 fly (1:51.18) and 16th in the 100 fly (49.85)...recorded personal bests in the 100 fly (49.62) and 200 fly (1:50.51) during the prelims... finished 25th in the 200 lM with a personal best of 1:53.53...took fifth in the 200 fly (1:52.01) and 200 lM (1:54.28) at the Georgia Tech Invitational (Nov. 18-20)...also finished seventh in the 100 fly (50.21)...finished sixth in the 200 fly (1:56.28) and seventh in the 200 lM (1:57.82) at an ACC quad meet (Oct. 21-22)...earned All-ACC Academic Team honors and was a member of the ACC Honor Roll.

AT FLORIDA (2003-05): Did not compete for Florida during his sophomore season, concentrating on academics and will have three years of eligibility at Florida State...highlighted freshman year with a fourth-place finish against the Seminoles (Nov. 11) in the 200 butterfly (1:54.85)...took sixth in 200 butterfly (1:57.07) vs. Kentucky (Jan. 3)...ninth in 100 butterfly (52.73) at Florida Invitational (Oct. 18).



HIGH SCHOOL: Finished second in the 100 butterfly at the Florida High School Athletic Association Class A Championships in 2002 with a time of 50.53...was also fourth in the 200 freestyle (1:43.20)...earned All-Dade County honors four times...was his team's MVP four years - three at Archbishop Curley and one at Miami Country Day...set Miami Country Day records in the 100 butterfly and 200 freestyle...swam for Fort Lauderdale Swim Team under the direction of Jack Nelson and Denise Pichardo at Miami Country Day...was MVP of his club team in 2002...set records in the 100 fly and the 200 freestyle.

PERSONAL: Born October 25, 1984...majoring in management...son of Howard and Gail Rice.



Michael Rice



ALEX TILBROOK

Diving 6-2 • Senior Largo, FL

Seminole Osceola

HONORS

Two-Time ACC Academic Honor Roll

BIO

2006-07: Concluded junior season by finishing fourth on the 3M (363.10), fifth on the 1M (325.80) and fifth on the platform (306.10)... against Auburn (Jan. 27) finished second on the 3M

TOP SCORES	
1M Diving (6)	375.25
3M Diving (6)	380.75
3M Diving (11)	537.60
Platform	474.55

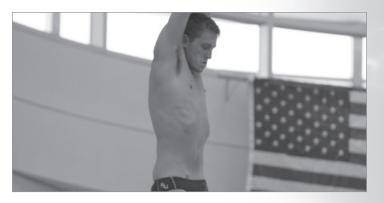
(309.67)... took his only dual meet victory against Florida (Nov. 21) on the 3M with his NCAA "A" Zone standard score of 338.25... finished fifth in the Nike Cup Invitational on the 1M with a score of 299.15.

2005-06: Had a strong showing at the NCAA Zone B Diving Championships (Mar. 10-12) finishing 12th on the 1M (565.05) and 17th on the 3M (537.60)...was the top point scorer in the diving events for the Seminoles at the ACC Championships (Feb. 22-25)...finished fourth on the 3M with a six dive score of 347.85 points and took fifth on the 1M with a six dive score of 322.55...took third on the 1M at the Dallas Morning Classic (Jan. 12-13) with a six dive score of 297.20...broke Phil Boggs' 34 year old FSU record on the 1M with a six dive score of 375.25 to finish first at the Georgia Tech Invitational (Nov. 18-20)...also finished second on the 3M with a personal best six dive score of 375.25.

2004-05: First men's diver in three years to earn All-ACC honors as he took second on the three-meter board at the ACC Championships (Feb. 23-26)... career-best 11-dive total of 537.20 earned him the silver medal...took ninth at the conference meet with a score of 271.95 during the one-meter competition... lone men's representative at the NCAA Zone "B" Qualifier...placed 20th on the three-meter at 290.25 while his 232.40 during the one-meter placed him 35th... chalked up both of his career-best six-dive marks with winning scores against Florida A&M (Jan. 20)...started with a 339.60 on the one-meter followed a threemeter score of 359.10...Georgia Fall Invitational (Dec. 3-5) saw him post three top-eight marks...took third on the platform with a career-best 474.55...scored a 510.45 during an 11-dive performance during the three-meter competition...onemeter score of 272.20 placed him seventh...top five on both boards at the Dallas Morning News Classic (Jan. 14-15), taking fourth on the one-meter (276.25) and fifth on three-meter (269.75)...fourth on the one-meter and three meter at an ACC quad meet (Oct. 30-31) with scores of 278.50 and 259.35, respectively...produced seven victories during the dual meet season as part of his 18 top-five finishes... tremendous season earned him Most Valuable Diver honors at the annual team banquet...member of ACC Honor Roll.

HIGH SCHOOL: Capped prep career by capturing the FHSAA 1A state title for Osceola High School...posted a winning score of 546.00 on the one-meter board after winning the district title with a tally of 576.85...finished runner-up in the event as a sophomore and junior...earned All-America status his first three years for the Warriors...named team MVP following his sophomore campaign...placed fourth in the Pan-Am Junior Trials to go along with a sweep of both boards at the American/Canadian Challenge...four-year competitor at the US Junior Championships he took eighth at last year's competition on the three-meter board...took part in the Speedo National Diving Championships, taking 27th in the three-meter competition...member of the dean's list his last three years in high school after earning honor roll status as a freshman...coached at Osceola by Tony Perrielle.

PERSONAL: Born September 21, 1985... enrolled in undergraduate studies... son of Wayne and Jackie Tilbrook.



Alex Tilbrook





KYLE YOUNG

Distance Free 6-2 • Senior Oviedo, FL

Oviedo

HONORS

NCAA All-American
Three-Time NCAA Honorable Mention All-American
2007 ACC Meet MVP
Two-Time ACC Champion
Two-Time All-ACC
Olympic Trial Qualifier
Two-Time All-ACC Academic Team Member
Two-Time ACC Academic Honor Roll

BIO

2006-07: Finished fourth and qualified for the U.S. Olympic Trials at the ConocoPhillips USA National Championships in the 1500 (15:22.75)... led the way for the Seminole

TOP TIMES	
200 Free	1:37.05
	4:19.16
1650 Free	9:01.42 14:57.21
	200 Free

swimmers at the NCAA Championships (Mar 15-17)... earned All-American honors for a seventh place finish in the 1,650 free with a school record time of 14:57.21... also earned the 1000 free school record with a time of 9:01.42... Honorable Mention All-American in the 500 free with an 11th place finish in 4:19.16... swam leadoff leg in the 800 free relay that earned Honorable Mention All-American honors with a 15th place finish in 6:30.74... earned meet MVP honors at the ACC Championships by claiming All-ACC honors in all three individual events... won the 500 free (4:19.16), 1650 free (15:02.63) and finished second in the 200 free (1:39.45)... swam leadoff leg in the 800 free relay which set a new school record of 6:29.10 to finish second... against national champion Auburn (Jan. 27) won the 1650 free in and NCAA "B" cut time of 15:28.67... won first place in the 500 free (4:29.10) then came back only five minutes later to win the 200 free (1:39.45)... registered fast times against LSU (Jan. 12) in the 1000 free (9:13.30) and 500 free (4:28.95) to finish third and second respectively... recorded a pair of second place finishes against UNC-Wilmington (Jan. 6) in the 500 free (4:31.67) and 1000 free (9:19.91)... had a strong meet against Florida (Nov. 21) by picking up a win in the 200 free (1:38.41) and second in the 500 free (4:24.80) with an NCAA "B" cut time... made strides at the Nike Cup Invitational by winning the 200 free (1:38.21) and finishing second in the 500 free with an NCAA "B" cut time of 4:22.90... finished second in the 1,650 free with an NCAA "B" cut time of 15:08.40... member of All-ACC Academic Team... member of ACC Academic Honor Roll.

2005-06: Over the summer qualified for the Olympic Trials in the 400 and 1500 free...participated in three events at the NCAA Championships (Mar. 23-25)...was a part of the 800 free relay that took 17th with a time of 6:35.12...finished 24th in the 1650 free (15:14.51) and 30th in the 500 free (4:26.16)...earned All-ACC honors placing third in the 1650 free with a personal best and NCAA "B" cut time of 15:08.40...also scored points taking 10th in the 500 free with a personal best and NCAA "B" cut time of 4:25.41...recorded another personal best taking 17th in the 200 free with a time of 1:38.57...achieved a personal best in the 1000 free (9:16.12) finishing third during a dual meet with Florida (Nov. 22)...registered an NCAA "B" cut time of 15:19.75 in the 1650 free to finish second at the Georgia

Tech Invitational (Nov. 18-20)...also finished second in the 500 free with a time of 4:29.59...placed third in the 200 free with a time of 1:39.69...finished third in the 1000 free (9:30.23), eighth in the 200 fly (1:56.70) and recorded the fourth fast time in the 500 free (4:37.63) swimming it as an exhibition at an ACC quad meet (Oct. 21-22)...earned All-ACC Academic Team honors and was a member of the ACC Honor Roll.

2004-05: Earned the first All-America honors of his career, taking part in the 800 freestyle relay at the NCAA Championships (March 25-27) that captured honorable mention accolades with its 16th-place time of 6:51.63...top individual finish at the national meet was a 28th-place 15:18.79 in 1,650 freestyle...finished 46th in the 500 freestyle at 4:30.94...scored points at the ACC Championships (Feb. 23-26) in both the 500 and 1,650 freestyle...eighth-place time of 15:23.50 would have broken the 1,650 school record, but was beaten by teammates Thomas Bishop and Steve Roof...took 10th in the 500 freestyle, notching a time of 4:26.71 that ranks fifth all-time at Florida State...both times were meet NCAA "B" standards... conference meet also saw him score a personal-best time of 1:41.69 during the bonus heat of the 200 freestyle...moved up to second in school history with a 15:16.42 at the Auburn Invitational (March 4-5)...set his career-best of 9:28.45 in the 1,000 during an ACC quad meet in Atlanta (Oct. 30-31)...Georgia Fall Invitational (Dec. 3-5) saw him chart a fifth-place 15:36.71 in the 1,650 freestyle and 4:30.81 to take tenth in the 500 freestyle...recorded a pair of victories during his first year, winning the 1,000 freestyle (9:34.88) against Florida A&M (Oct. 15) then won the 500 freestyle (4:39.02) during a rematch with the Rattlers (Jan. 20)... had 15 top-five finishes during the dual meet season...competed at the 2005 US Open Water National Championships in Fort Myers, Fla., taking 13th-place in the 5k (1:02.31.00) and 14th in the 10k (2:07.47.00)...highest finish at the 2005 ConcoPhillips US National Championship was a 26th-place 15:57.03 during the 1,500-meter freestyle...added marks of 8:19.69 in the 800 freestyle (33rd) and 4:02.71 (42nd) during the 400 freestyle.

HIGH SCHOOL: Earned All-America status his senior year in the 500- yard freestyle with All-America consideration for the 200 freestyle...garnered All-Seminole County honors from the Orlando Sentinel after medaling in the 200 and 500 freestyle at the FHSAA 3A state meet...best finish was a fourth-place showing in the 200 freestyle...participated in the US Senior Nationals, posting a time of 15:57.55...qualified for the US Junior National meet in the 500, 1,000 and 1,650 freestyle, earning a medal in the 1,650 freestyle...also advanced to the US Open in the 1,650 freestyle...YMCA Champion and record holder in the 1,500-meter freestyle...swam on the Oviedo High School and YMCA Team Orlando club team for Charlie Rose, a former All-America swimmer at Florida State.

PERSONAL: Born June 9, 1986...majoring in business...son of Gary and Julia Young....swam on the same high school team as Megan Matherly and Lloyd Owens.



Kyle Young



SCOTT DERNER

Diving
5-11 • Junior
Grapevine, TX
Colleyville Heritage

HONORS

NCAA Zone Qualifier Two-Time ACC Academic Honor Roll

BIO

2006-07: Dove at the NCAA Zone B Diving Championships (Mar. 2-4)...made the finals in the 3M and finished in 10th

TOP SCORES		
1M Diving (6)	_ 323.05 _ 369.65	

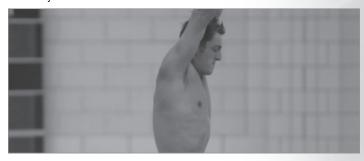
place with a six dive total of 673.90...finished 19th with a score of 268.00 points on the 1M...scored points at the ACC Championships (Feb. 14-17)...dove in the finals of the 3M to claim seventh place with a score of 342.60...took the five points for 12th place with a score of 267.45... earned an NCAA "B" qualification score against Indian River Community College (Jan. 26) with a total of 316.80 on the 3M board to finish third...netted an NCAA "A" qualification score on the 3M of 325.35 to finish third...claimed first place against Florida Atlantic (Oct. 28) with an NCAA "B" qualification score on the 1M of 302.05.

2005-06: Capped off his outstanding freshman campaign at the NCAA Championships (Mar. 23-25)...he finished 22nd in 3M diving with a six dive score of 285.70 and 31st in 1M diving with a six dive score of 256.60...qualified for nationals by placing fifth in 3M diving with a score of 610.90 at the NCAA Zone B Diving Championships (Mar. 10-12)...scored points at the ACC Championships (Mar. 22-25)...finished fifth on the 3M with a score of 344.25 and ninth on the 1M with a score of 274.85...finished first on the 1M at the FSU vs. FAU / IRCC /FAMU meet (Jan. 21) with at personal best score 323.05...recorded his personal best on the 3M with 369.65, good for third at the Georgia Tech Invitational (Nov. 18-20)...earned All-ACC Academic Team honors and was a member of the ACC Honor Roll.

HIGH SCHOOL: Finished his career with his third All-America and All- State selections following a third-place finish (447.30) his senior year at the class 5A state meet. Captured district and regional titles for the third year in a row with winning scores of 580.85 and 499.60, respectively...had his best finish at the state meet as a junior, tabulating a second-place 432.25 to earn All-State and All-America accolades...first state and national awards came following his sophomore campaign in which he took third (435.50) at the Texas meet...named All-Area his last three years by the Dallas Morning News, while being placed on the publication's Swimmer/Diver Watch List his last two seasons...holds Colleyville Heritage six-dive (356.665) and 11- dive records (580.85) on the one-meter... named Northwest Texas Diving Association's Diver of the Year all four years of his prep career...at last summer's Junior Olympic Nationals he placed third on the one-meter at 450.90, while his 448.95 earned him eighth during the threemeter, an improvement of nine spots and 16 places, respectively, from a year before... took on the nation's best at the Summer Senior Zone C meet where he finished seventh on the onemeter with a 515.95 to go along with a tenth-place 425.60 in the three-meter...coached by Kevin Wilson and Dick Wilson at CHHS and Krista Klein and Jeff Bro at Grapevine Carroll Divers...Excels in the classroom

as a member of the CHHS honor roll all four years of high school while serving as a member of the National Honor Society his last year.

PERSONAL: Born June 11, 1987...majoring in biological sciences...son of Alan and Cindy Derner.



Scott Derner



DAN FREBEL

Diving 5-10 • Junior Fort Wayne, IN Homestead

HONORS

ACC-Academic Honor Roll

BIO

2006-07: Had an impressive sophomore season which included qualifying for the NCAA Zone B Diving Championships...at the NCAA Zone B Diving

TOP SCORES	
1M Diving (6)	365.85
3M Diving (6)	342.65
10M Platform (6)	363.60
Platform (12)	735.00

Championships (Mar. 2-4) claimed a fourth place finish on the platform with a twelve dive total score of 735.00 then finished 18th on the 1M with a 12 dive total of 735.00 which included a new school record six dive total in the prelims of 391.75...earned 17 points at the ACC Championships (Mar. 14-17) by finishing seventh in the 1M with a six dive total of 319.20...claimed 12th place with a score of 303.65 on the 3M...made an impressive showing on the platform with a score of 363.60 to claim third place...took runner-up honors against Auburn (1/27) on the 1M with a score of 338.32...posted a new six dive career high on the 3M board against Indian River Community College (1/26) of 343.65 to finish second... finished second on the 1M at the Dallas Morning News Classic (1/12) with a score of 307.75...took top honors on the 1M board at the Nike Cup Invitational (11/16) with a score of 343.10... member ACC Academic Honor Roll.

2005-06: Finished 10th on the platform with 531.40 points at the NCAA Zone B Diving Championships (Mar. 10-12)...scored points at the ACC Championships (Feb. 22-25) on the 1M and 3M...finished sixth on the 3M with a personal best score of 342.65...took eighth on the 1M with a score of 292.55...recorded personal bests in 1M and platform diving at the Georgia Tech Invitational (Nov. 18-20)...won platform diving with a score of 356.85 and finished third on the 1M with a score of 365.85...won the 1M at the ACC quad meet (Oct. 21-22) with a score of 300.20 and took second on the 3M with a score of 302.70.

HIGH SCHOOL: Matched his best finish at the Indiana High School Athletic Association meet as a senior, taking fifth with an 11-dive score of 435.45 on the one-meter board to earn Honorable Mention All-State honors...completed the career sweep by taking his fourth Northeast Hoosier Conference one-meter title before winning the sectional title, breaking his own sectional record with a 551.85 and taking third at regionals (447.95)...junior campaign saw him earn his first All-State award as he took fifth with a tally of 449.10 ...won conference, sectional and regional titles that year on the one-meter, setting records at both the sectional and regional level...collected his first section and regional titles as sophomore before taking ninth at the state meet...posted a new conference meet standard with a tally of 501.52 as he won his second title...broke onto the scene with a his inaugural NHC one-meter title before taking ninth at the state championships...earned All-Area honors all four years of his prep career from the Fort Wayne News-Sentinel... had a pair of top-15 finishes at the Junior Olympic Summer National after winning the JO Region 2 title with a 423.30 on the one-meter...last four years saw him post nine more top five finishes at Junior Olympic regional meets...coached by Jill Eckright at Homestead with Todd Wickel handling the duties at Northern Indiana Diving Also a member of the HHS track and field team.

PERSONAL: Born February 10, 1986... enrolled in undergraduate studies... son of David and Ana Maria Frebel.



Dan Frebel

JIMMY HOLOWAY

Free
6-0 • Junior
Gulf Breeze, FL
Gulf Breeze

HONORS

ACC Academic Honor-Roll

BIO

2006-07: Improved upon his freshman season by concluding his season at the ACC Championships with a seventh place finish in the 50 free (20.47)

TOP TIMES	
50 Free	20.47
100 Free	45.48
200 Free	1:41.47

and a 17th place finish in the 100 free (45.52) and a 24th place showing in the 100 fly (51.11)...earned a third place finish in the 100 free (46.99) against

Indian River Community College (Jan. 26)...won his first dual meet event against UNC-Wilmington by claiming top honors in the 100 free (46.89)...tallied a pair of runner-up finishes against rival Florida (Jan. 21) in the 50 free (20.90) and 100 free (46.08).

2005-06: Recorded person bests in the 50 free (20.86), 100 free (45.89) and 200 free (1:41.47) at the ACC Championships (Feb. 22-25)...scored points in two events at the Georgia Tech Invitational (Nov. 18-20)...finished 10th in the 100 free (46.83) and 15th in the 200 free (1:45.24)...also swam in the 100 fly (52.56) and 50 free (21.67)...finished 10th in the 50 free (22.06) at an ACC quad meet (Oct. 21-22).

HIGH SCHOOL: Concluded his senior season with automatic All-America honors in the 50 freestyle, posting a career-best 21.20 to take second at the Florida High School Athletic Association championships while leading the Dolphins to a thirdplace finish....earned All-America consideration for his fourth-place 1:43.27 in the 200 freestyle...swam on a pair of relays that earned national consideration, swimming the anchor leg of the second place 200 medley relay (1:04.14) and third-place 400 freestyle relay (3:15.05)...won the FHSAA regional title in the 50 freestyle and took third in the 200 freestyle after winning both events at the district meet...achievements in the pool earned him Swimmer of the Year and All-Area honors from the Pensacola News Journal...collected his first All-America honors as a junior at the state meet, swimming on a second-place 400 freestyle relay (3:16.90) and third-place 200 medley quarter (1:40.04)...advanced to the finals of the 50 freestyle with a seventh-place 22.47 to go along with an eighth-place 48.32 in the 100 free...Gulf Breeze finished fourth in the team standings that season... captured First-Team All-Area honors from the PNJ his last three years at Gulf Breeze after a Second-Team nod as a freshman...also was named Swimmer of the Week by the publication during each of his first three years...the Dolphins won the district title his first three years at GBHS...qualified for the Junior National Short Course Championships the last two years with long-course standards in 2003 & 2004 for the 50 and 200 freestyles as well as relays...swam at the Southeastern Regional Championships all four years of his prep career, highlighting his resume with fourth-place finishes in the 50 and 200 freestyles...top times include 21.20 (50 freestyle), 47.86 (100 freestyle) and 1:42.90 (200 freestyle)...coached by James Barber at Gulf Breeze and Club Makos.

PERSONAL: Born January 2, 1987...majoring in fine arts...son of Mary and Bill Holway...exceptional in the art studio as well, as the winner of the State of Florida art competition in the sculpture division.



Jimmy Holoway



DANIEL BRADFORD

Free 6-8 • Sophomore

Rockledge, FL Rockledge

2006-07: At the ACC Championships (Feb. 21-24) swam in the 50, 100 and 200 free time trials, touching the wall in times of 21.22, 46.78 and 1:42.94... posted a time of

TOP TIMES	
50 Free	21.16
100 Free	46.78
200 Free	1:42.98
100 Back	56.91

1:47.18 in the 200 free against UNC-Wilmington (Jan. 6)...exhibitioned against Florida in the 50 and 100 free with times of 21.69 and 48.58...finished in 38th place at the Nike Cup (Nov. 16) in the 100 back with a time of 56.91.

HIGH SCHOOL: Finished eighth in the 100 free at the 2006 Florida High School 2A State Finals...was the 2006 regional champion in the 100 free...was a three time district champion...earned the honor of team MVP three times and was team captain twice.

PERSONAL: Born October 28, 1987...majoring in nursing...son of Dane and Melanie Bradford.



Daniel Bradford



SHAWN ERICKSON

Distance Free
6-3 • Sophomore
Tallahassee, FL
Chiles

HONORS

ACC Academic Honor-Roll

RIN

2006-07: Had a strong performance at the ACC Championships (Mar. 21-24)...earned points in the 1650 free with a 16th place finish in a time of 5:48.73 to set a new personal

9	TOP TIMES	
-	200 Free	1:43.80
Э	500 Free	4:35.75
Э	1000 Free	9:30.41
3	1650 Free	15:48.73
. 1		

best...placed 19th in the 400 IM with a personal best time of 4:01.52... against Florida Atlantic (Oct. 28) finished second in the 500 free (4:44.90) and fourth in the 1650 free (16:25.36).

HIGH SCHOOL: A high school All-American in the 500 free...was a member of the 2004 Florida Swimming Zone Team and is the regional record holder in the 500 free...holds seven records at Lawton Chiles High School...was a eight-time Florida Swimming Senior Champs Champion...was on the honor roll 12 times throughout high school...high point winner at the summer senior championships in 2006.

PERSONAL: Born April 19, 1988...enrolled in undergraduate studies... son of Paul and Glenda Erickson.



Shawn Erickson



NICK GRAVES

Distance Free
5-10 • Sophomore
Lexington, KY
Sayre

BIO

2006-07: Closed the book on his freshman year by scoring 18 points at the ACC Championships (Feb. 21-24)...earned a fifth place finish in the1650 free with an NCAA "B" cut time of 15:13.11...touched the wall in 14th place in the 500 free (4:28.24)...claimed 19th place in the 400 IM (4:01.52)... contributed to the cause against Florida (Nov. 21) by turning in a third place finish in the 1000 free (9:20.72)... at the Nike Cup Invitational finished fourth in the 1650 free with an NCAA "B" cut time of 15:26.07.

HIGH SCHOOL: Is a 2008 Olympic Trial Qualifier in the 1500 m free...was a high school All-American in the 500 free...won the 2006 Kentucky State Championship in the 500 free...earned First Team All-State honors (2006), Outstanding Regional Competitor (2005, 2006) and All-Region Team honors (2004, 2005, 2006)...also had the prestigious honor of being selected to participate in the 2006 USA Swimming Open Water Select Camp...placed 18th in the 5K at the Open Waters Nationals in 2006...at the 2006 Spring Nationals, he finished eighth in the 1500 m free and 16th in the 800 m free...at the 2005 Junior Nationals, he finished eighth in the 1500 m free and 12th in the 800 m free...earned a spot on the director's and faculty lists throughout high school and was the school, city and regional science fair category winner in 2005.

PERSONAL: Born November 9, 1987...majoring in history...son of Terry and Guy Graves.



Nick Graves



TERRY HORNER

Diving
5-6 • Sophomore
Orlando, FL
Lyman/Seminoles CC

HONORS

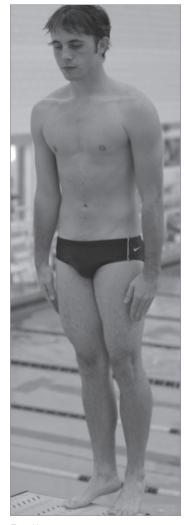
NCAA National Champion Two-Time NCAA All-American All-ACC Academic Team ACC Academic Honor Roll

BIC

2006-07: Finished seventh on the 1M board at the World University games in Bangkok, Thailand... secured Florida State's first diving national championship in 36 years by winning the 1M at the NCAA Championships (3/15) with a new school record six dive total of 399.35 in the finals...he claimed All-American honors in the 3M with an eighth place finish with a score of 383.13...accounted for 31 points more than half of the 60 points scored by the Seminoles...earned top

honors on both the 1M and 3M boards at the Zone B Diving Championships (Mar. 2-4) with 12 dive totals of 704.90 and 748.50 respectively...at the ACC Championships (Feb 17-20) claimed the silver medal and All-ACC honors on the 3M with a six dive total of 398.90... finished ninth on the 1M board with a score of 293.10...won both diving events against LSU (1/12) with a score of 344.92 on the 1M and 327.97 on the 3M...set a school record of 401.65 in a first place performance on the 3M against UNC-Wilmington (1/6) and a winning score of 379.40 on the 1M... made his entrance onto the collegiate diving scene with a second place finish on the 1M at the Nike Cup Invitational with a score of 340.40... member of the All-ACC Academic Team.

HIGH SCHOOL: Graduated from Lyman High in 2004...won the Florida 3A State Championship on the 1M in 2003 and 2004 and finished second at the state meet in 2002...competed with Team Orlando Diving throughout his youth and up until joining FSU... finished seventh on the 1M at the 2005 Summer Senior Zone B Diving Championships with a scored of 520.35... won the 2004 J.O. Summer Nationals on the 1M with a score of 562.68...took second in the finals of the 1M with a score of 350.31 at the 2004 Summer Senior Nationals...finished fifth at the 2003 Senior Nationals with



Terry Horner



SWIMMING & DIVING

MEN'S BIOS

a score of 299.61...placed fifth on the 1M at the 2002 J.O. Summer Nationals with a score of 481.15...won the 2002 Senior Summer Zone B Championship on the 1M with a score of 621.97.

PERSONAL: Born December 28, 1985...majoring in geography...son of Glenn and Becky Horner.



LLOYD OWENS

Free

6-10 • Sophomore

Oviedo, FL

Oviedo

HONORS

ACC Academic Honor Roll

BIO

2006-07: Posted top times of the season at the ACC Championships (Feb 21-24) in the 500 free (4:37.57) and 100 free (47.52) and also swam in the 200 free (1:42.31)...took top honors in the 200 free (1:45.69) against UNC-Wilmington (Jan. 6)... member of ACC Academic Honor Roll.

HIGH SCHOOL: Won conference, districts and regional championships in the 200 free as a senior...also won the conference title in the 500 free while finishing third at districts and fifth at regionals...placed seventh at the state finals in the 200 and 500 free with both being All-American consideration times...was on the second place 400 free and 200 free relays at states...both relays earned All-American honors...was captain of the swim and water polo teams as a senior...was second at districts in the 200 free and third in the 500 free as a junior...also placed seventh in both events at regions...placed seventh at districts in the 100 free and went to states in the 400 free relay as a sophomore

PERSONAL: Born June 23, 1988...majoring in business...son of Robert and Rose Owens...swam on the same high school team as Megan Matherly and Kyle Young.



ROBERT PADGETT

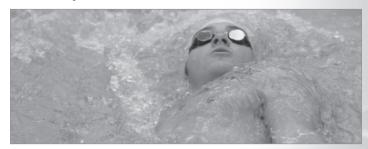
Back, IM, Free 5-11 • Sophomore Greensboro, NC Lucy Ragsdale

BIO

2006-07: Scored points and swam his best times of the year at the ACC Championships (Feb. 21-24) to cap his freshman season...claimed fourth place in the 200 back (1:45.05) only .00028 out of third place...earned a 10th place showing in the 100 back (49.30), finished 12th in the 200 IM (1:50.84)...took first place in the 100 back (51.57) against Indian River Community College (Jan. 26)... finished second in the 200 IM (1:52.77) against Florida (Nov. 21)... had a strong meet at the Nike Cup Invitational with a fourth place finish in the 200 IM (1:53.19) and a fifth place mark in the 200 back (1:48.08).

HIGH SCHOOL: Was a senior national qualifier in the 200 meter IM where he recorded a time of 2:08.48...also a senior national qualifier in the 100 and 200 back...other honors include All-State, Scholastic All-American and three-time MVP in North Carolina Swimming...best times include 1:52.51 200 yard IM, 1:49.35 in the 200 back, 51.16 in the 100 back, 1:41.27 in the 200 free and 46.31 in the 100 free.

PERSONAL: Born on December 12, 1987...majoring in criminology...son of Cindy and Scott Padgett.



Robert Padgett



MATTHEW SKINNER

Breast, Fly, IM
6-3 • Sophomore
Pensacola, FL
Gulf Breeze

BIO

2006-07: Swam his fastest times of the season at the ACC Championships (Feb. 21-24) in the 100 breast (57.92), the 100 fly (51.32) and the 200 IM (1:53.84)... set a personal best in the 200 breast against Florida (Nov. 21) with a time of 2:09.13...swam at the Nike Cup Invitational (Nov. 16) and claimed 15th in the 100 breast (59.03) and 17th in the 200 breast (2:10.19).

HIGH SCHOOL: Was a nine time FHSAA State Finalist...also swam for Club Makos where FSU assistant coach James Barber used to be head coach...was a Junior National Finalist and a three-time member of the Pinch a Penny All-Area Team...The Pensacola News Journal named him their All-Area Swimmer of the Year for the 2005-06 season...during his last three semesters of high school he was dually enrolled which allowed him to take college level courses for both high school and college credit.

PERSONAL: Born January 3, 1988...majoring in pre-med (biology)...son of Boyd Skinner and Sally Panzram.



Matthew Skinner



COREY SWANSON

6-0 • Sophomore

Sickles

BIO

2006-07: Earned an ACC title as the third leg in the 200 medley relay which set a school record, UNC pool record and a NCAA "B" mark of 1:27.91...earned points in the 100 breast with a 15th place finish (56.69)...finished 18th in the 200 IM prelims with a time of 1:51.14... finished 28th in the 100 fly with a personal best time of 50.34... made an impressive showing against LSU taking second in the 200 IM (1:54.12)... won the 200 IM to start the year against UNC-Wilmington (Jan. 6) with a time of 1:56.80... finished third in the 100 breast (1:00.31) against Florida Atlantic (Oct. 28).

HIGH SCHOOL: Was a two-time Massachusetts state high school champion in the 50 and 100 free as well as a two-time All-American...was a three-time junior national gold medalist, U.S. Open qualifier and currently holds multiple New England swimming records...best times include 1:51.3 in the 200 IM, 21.0 in the 50 free, 46.2 in the 100 free and 49.75 in the 100 fly.

PERSONAL: Born June 30, 1988...majoring in business management and information systems...son of Chip and Kim Swanson.



Corey Swanson



SCOTT THACKER

Breast Sophomore Lynchburg, VA **Jefferson Forrest**

BIO

2006-07: Joined the Seminoles in January of 2007...made a splash at the ACC Championships (Feb. 21-24) by scoring 23 points...finished seventh in the 100 breast (55.62) and eighth in the 200 breast (2:04.25)... finished second in the 100 breast (56.56) against Indian Rivver Community College (Jan. 26)...clocked in for a fourth place finish at the Dallas Morning News Classic (Jan. 12) in the 100 breast (57.83)...won both the 100 and 200 breast in his first event against LSU (Jan. 12) in times of 57.18 and 2:04.78 respectively.

High School: In 2005, won the VHSL State Championship in the 100 Breaststroke... In the 2006 YMCA National Championships, placed first in 200 breaststroke, and 2nd in the 100 breaststroke. Was part of YMCA National Championship 200 and 400 medley relay teams. At 2006 US Open, placed 15th in the 100 breaststroke and qualified for 2007 senior national championships.

Personal: Son of Lee Ann Hill and Gary Thacker... plans to major in exercise science.



DAVID TOFFALETTI

Free 6-1 • Sophomore Charlotte, NC

Bulter

HONORS

ACC Academic Honor Roll

2006-07: Tallied his best times of the season at the ACC Championships (Feb 21-24) in the 50 free (21.20) 100 free (46.52) and 200 free (1:42.13)... finished 18th at the Nike Cup Invitational in the 100 free (46.72), 21st in the 100 breast (1:01.57) and 37th in the 50 free (21.68)... member ACC Academic Honor Roll.

HIGH SCHOOL: Earned the silver medal in the 100 free at the 2006 NCHSAA 4A State Championships...was a junior national qualifier in the 50 free (24.36) and 100 free (46.28) in 2006...was a part of the winning 200 medley and 400 free relays at the 2005 NCHSAA 4A State Championships...also was a part of the winning 400 free relay in 2003...both the 400 free relays in 2003 and 2005 were automatic All-American times...named to the all-observer boys swimming and diving team from 2003 through 2006...team MVP during his senior year and captain during his junior and senior years...finished second in the nation in his age group as a member of the 400m free relay at the 2003 USA Nationals... set the Mecklenburg Aquatic club record in the age 13-14 group in the 50 free in 2002...earned USA Swimming Academic All-American during his senior year.

PERSONAL: Born October 18, 1987...majoring in history...son of Louis and Julia Toffaletti.



David Toffaletti





ROBERT HAYES II

Fly, IM, Breast 6-0 • Freshman Alpharetta, GA Mariest School

BIO

HIGH SCHOOL: 2007 team captain... three-time Georgia All-State First Team... five-time NISCAAll-American... three-time Georgia State Champion (breast twice, fly)... 3rd in the 200 IM at the Speedo Sectionals... 14th in the 200 IM at Spring Nationals... ranked 7th or better in six events in the state of Georgia... coaches award for being the most dedicated swimmer in 2005-06... honor roll member.

PERSONAL: Born January 5, 1989... majoring in business/finance...son of Robert and Holly Hayes.



ROBERT HOLDERNESS

Breast, IM

5-10 • Freshman

Butleigh, Somerset, England
Millfield School

BIO

HIGH SCHOOL: 2007 member of Great Britain Junior team for European Junior Championships... gold medal in 50 breast at International Schools Federation in Hungary... gold medal at WISE International in Dublin... welsh junior record holder in the 50 and 100 breast... 2006 silver medal at British age groups.

PERSONAL: Born June 29, 1990... majoring in business... son of Robert and Helen Holderness... sister Georgia currently swims at FSU... grandfather ran for Great Britain.



IAN ROWE

Distance Free, Back, IM 5-9 • Freshman Towson, MD

Towson

BIO

HIGH SCHOOL: 2007 National Junior Team member... 2007 Maryland State Champion in the 1000 (9:10.64) and 1650 (15:17.34)... fourth place finish in the 1650 at the 2007 Spring Championships... Silver Medal in the 1500 at the Junior Pan Pac's... Bronze Medal at the World Youth Championships in the 1500... 2006 Senior National Rookie of the Meet... 2006 Outstanding Maryland Male Swimmer of the Year (Long Course)... Maryland state record holder in the 1500 (15:28.25)... 2005-06 Scholastic All-American.

PERSONAL: Born August 26, 1989... majoring in history... son of Carla and Peter Rowe.



JONATHAN RUBRITZ

Free, Fly
6-0 • Freshman
York, PA
Dover Area

BIO

HIGH SCHOOL: 2007 part of the Pennsylvania State championship medley relay team... 2007 state runner-up in the 200 free... sixth place finish in the 200 fly at the YMCA Winter Nationals... 2006 Pennsylvania State champion in the 200 free (1:41.59)... All-American all four years of high school... U.S. Army Reserve Scholar Athlete... Presidential Academic Award... Dover Scholar Athlete Award.

PERSONAL: Born May 24, 1989... majoring in mechanical engineering... after college plans on joining the Air Force to pursue a career in Aviation... son of Bernie and Carol Rubrite.



MATT SHEAD

Breast
6-4 • Freshman
Welling, Kent, England
Millfield

BIC

HIGH SCHOOL: 2007 British Schools Champion in 100 breast and England team captain... 2006 selected for World School Games in Athens... captained the team to a WSG record in the 4x100 medley relay (breast) and won a silver medal in the 100 breast... British age group long course record holder in the 50 and 100 breast... selected for Great Britain youth tour to New Zealand and Australia.

PERSONAL: Born January 14, 1989... majoring in business and management... son of Kim Shead... wants to become an investment banker in London... went to same school as head coach Neil Harper (Millfield).







ELISE HATFIELD

Distance Free
5-9 • Senior
Merritt island, FL
Merritt Island

HONORS

Three-Time ACC Academic Honor Roll

RIN

2006-07: Competed in two events at the Tar Heel Invitational (Feb. 14-17) recording times in the 500 free (5:01.08) and 200 free (1:58.58)... took a fourth place finish in the 1650 free (17:52.29) against

TOP TIMES	
200 Free	1:55.53
500 Free	4:56.94 10:30.74
1650 Free	17:20.12

Indian River Community College (Jan. 26)...opened the 2007 season with a fourth place showing against North Florida and UNC-Wilmington (Jan. 6) in the 1000 free (10:49.79) and posted a time of 5:14.51 in the 500 free...competed in the 500 free at the Nike Cup Invitational and posted a time of 5:12.18... member of ACC Honor Roll.

2005-06: Recorded a personal best of 17:20.12 in the 1650 free at the ACC Championships (Feb. 15-18)...also recorded times of 5:00.66 in the 500 free and 1:55.99 in the 200 free...finish 19th in the 1650 free (17:44.56), 23rd in the 500 free (5:10.37) and 43rd in the 200 free (2:01.17) at the Georgia Tech Invitational (Nov. 18-20)...set a personal best in the 1000 free with a time of 10:30.74 in a dual meet against Clemson (Nov. 12)...finished seventh in the 1000 free with a time of 10:34.78 at an ACC guad meet (Oct. 21-22)...member ACC Honor Roll.

2004-05: Bolstered the Seminoles' distance program during her first season, culminating at the ACC Championships (Feb. 16-19)...posted all three of her season-best times at the meet...just missed breaking into the FSU all-time top 10 with a mark of 4:56.94 in the 500 freestyle...achieved her fastest 1,650 freestyle time of the year by touching in at 17:24.22...posted her best 200 freestyle time with a 1:55.53...had a strong showing at the Georgia Fall Invitational (Dec. 3-5) that included a 15th-place 17:38.19 in the 1,650 freestyle...best time in the 1,000 freestyle was a fourth-place 10:36.63 against Florida A&M, Tulane and North Florida (Oct. 15.)...recorded four top five finishes throughout the dual meet season...honored for her hard work and dedication with the Coaches Award at the annual team banquet...member of ACC Honor Roll.

HIGH SCHOOL: Posted a pair of top-eight finishes at the Florida High School Athletic Association Championships in the 500 freestyle during her prep career... best showing was a fourth-place mark as a sophomore...came back two years later to score a sixth-place finish...owns the Merritt Island school record in the 500 freestyle at 5:03.29...two-year recipient of Who's Who Among American High School Athletes...National Honor Society member and as well as French National Honor Society...coached by Christy Zieres at Merritt Island HS and John Hughes was her club coach.

PERSONAL: Born December 28, 1985...majoring in biomedical mathematics... daughter of Marie-France Clusel.

set the Mecklenburg Aquatic club record in the age 13-14 group in the 50 free in 2002...earned USA Swimming Academic All-American during his senior year.

PERSONAL: Born October 18, 1987...majoring in history...son of Louis and Julia Toffaletti.



Elise Hatfield





LINDSAY KENNEY

Fly, Free
5-7 • Senior
Plano, TX
Senior

HONORS

NCAA Qualifier ACC Champion Three-Time All-ACC

BIO

2006-07: Scored points in the ACC Championships (Feb. 14-17) for the third consecutive season... opened the meet with a fourth place finish in the

1:59.92
1:49.42
4:53.20

800 free relay with an NCAA "B" cut time of 7:21.09...earned All-ACC honors with a third place finish in the 200 fly in an NCAA "B" cut time of 2:00.46...placed 11th in the 200 free with an NCAA "B" cut time of 1:50.26... placed well against LSU (Jan. 12) with a second place finish in the 200 fly (2:04.00) and a third place finish in the 500 free (5:03.32)...claimed second in the 200 free (1:53.28) against North Florida and UNC-Wilmington (Jan. 6)...placed well at the Nike Cup Invitational by scoring an NCAA "B" cut in the 200 fly (2:01.52) to place fourth...finished third in the 500 free (4:55.49) and notched seventh place in the 100 fly (56.41)... traveled to the SMU Classic (Oct. 20) and earned a fifth place finish in the 500 free (5:02.39)...also placed ninth in the 400 IM (4:31.24) and 11th in the 200 IM (2:10.35)...opened the season against Clemson (Oct. 7) with a second place finish in the 200 fly (2:06.13), a third place finish in the 500 free (5:03.73).

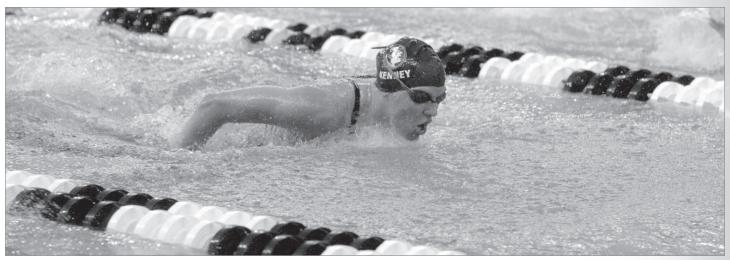
2005-06: Scored points in five events at the ACC Championships (Feb. 15-18) and recorded NCAA "B" cut times in each...earned All-ACC honors taking second in the 200 fly in 2:00.38 and was a part of the winning 400 free relay that touch in 3:21.54...finished fifth in the 200 free (1:49.42) and 11th in the 500 free (4:53.20)...also was a part of the 800 free relay that finished third with a new

school record of 7:19.57...won two events at the Georgia Tech Invitational (Nov. 18-20) taking the 200 fly in 2:02.67 and the 500 free with an NCAA "B" cut time of 4:53.79...finished second in the 200 free in 1:51.69 and was a part of the winning 800 relay...won the 200 fly with a time of 2:05.39 at the Georgia Tech Invitational (Nov. 18-20)...took second in the 200 free (1:51.68) and 500 free (5:00.60) and placed eighth in the 100 fly (58.47).

2004-05: Broke a 10-year-old school record with her second-place 1:59.92 in the 200 butterfly at the ACC Championships (Feb. 16-19)...first female swimmer in school history to crack the two-minute barrier in the event...competed at the NCAA Championships (March 18-20), taking 34th in the 200 butterfly with a 2:01.86... also swam on all four relays at the national summit...member of the record-setting 800 freestyle relay at the ACC meet that took fourth with an new school standard of 7:19.59...scored points at the conference meet with a 16thplace, career-best time of 2:05.35 in the 200 individual medley that rates as the eighth-fastest time in Seminole lore...took 17th in the 400 IM with a personal-low time of 4:28.77...took fourth in the 200 butterfly (2:01.68) at the Georgia Fall Invitational (Dec. 3-5), while also adding consolations swims in the 200 IM (2:06.38) and 400 IM (4:29.05)...won the 200 butterfly with a 2:05.64 in an ACC quad meet (Oct. 30-31) #15 Maryland, #24 Virginia Tech and host Georgia Tech...recorded five first-place finishes during the dual meet season, including a win in the 200 IM against seventh-ranked California (Oct. 22)...totaled 22 top-five finishes during the dual meet campaign... named Rookie of the Year at the annual team banquet...finished 53rd during the 200-meter butterfly at the 2005 ConcoPhillips US National Championships.

HIGH SCHOOL: Finished her prep career with a total of 18 All- America certificates...claimed district and regional Swimmer of the Year honors her last two seasons...an All-State selection her first three years, she won the state title in the 100 butterfly her sophomore season, putting her on the Dallas Morning News All-Area team for the third year in a row...also collected sectional titles in the 200 butterfly and the 400 individual medley...earned a spot in the US Senior National meet in the 100 and 200-meter butterfly races...was captain during her senior year...also swam for the club team City of Plano Swimmers under the direction of Steve Mateer.

PERSONAL: Born July 18, 1986...majoring in humanities...daughter of William and Linda Kenney...older sister Laura swam for the Seminoles from 2001-05.



Lindsay Kenney

Brunswick



WOMEN'S BIOS



Free 5-9 • Senior Brunswick, ME

HONORS

NCAA Honorable Mention All-American Two-Time NCAA Qualifier Two-Time ACC Champion Two-Time All-ACC Two-Time All-ACC Academic Three-Time ACC Academic Honor Roll

BIO

2006-07: Competed at the NCAA Championships (Mar. 8-10) for the second consecutive season... earned Honorable Mention All-American honors in the

TOP TIMES	
50 Free	23.37
100 Free	51.03
100 Fly	56.92

200 medley relay by finishing in 11th place with a time of 1:39.95...finished 58th in the 50 free (23.38)...scored points in five events at the ACC Championships (Feb. 14-17)...as the anchor leg on the winning 200 medley relay, set a new conference record in an NCAA "A" cut time of 1:39.20...swam the second leg of the 200 free relay that finished second and set a new school record of 1:31.12...finished 11th in the 50 free (23.37) in an NCAA "B" cut time to post a new personal best in the event...finished fourth as the leadoff leg in the 400 free relay that touched the wall in an NCAA "B" cut time of 51.24...earned a 13th place finish in the 100 free (51.24)...set new personal best in the 100 fly (56.92)... won the 100 free against Indian River Community College (Jan. 26) in 52.71...had an impressive showing against North Florida and UNC-Wilmington (Jan. 6) by finishing first in the 100 free (52.05) and second in the 50 free (23.98)... competed in three events at the Nike Cup Invitational and finished 11th in the 50 free (23.50), 15th in the 100 free (52.31) and 20th in the 100 fly (57.88)...placed well against Miami (Oct. 27) with a second place showing in the 100 free (53.09) and a third place finish in the (24.02)... member of the All-ACC academic team... member of ACC Honor Roll.

2005-06: Competed in two events at the NCAA Championships (Mar. 16-18)... was a part of the 200 free relay that finished 17th with a time of 1:32.25...earned All-ACC honors as a part of the winning 200 free relay at the ACC Championships (Feb. 15-18) that set a new school record of 1:31.54...scored points in the 50 free taking 14th with a time of 23.67...finished third in the 50 free (23.59) and fifth in the 100 free (51.24) at the Georgia Tech Invitational...recorded personal bests in the 50 free (23.51) and 100 free (51.31) during the prelims...also was a part of the winning 200 free relay...finished fifth in the 50 free (24.06) and sixth in the 100 free (52.61) at an ACC quad meet (Oct. 21-22)...also was a part of the winning 200 free and 200 medley relays...earned All-ACC Academic Team honors and was a member of the ACC Honor Roll.

2004-05: Scored valuable points at the ACC Championships (Feb. 16-19), winning the consolation heat with a time of 23.69...other times at the meet included a 52.65 in the 100 freestyle to go along with a 59.89 in the 100 butterfly...notched two of her three best times of the year at the Georgia Fall Invitational (Dec. 3-5)... turned in a season-low 23.68 during the 50 freestyle to go along with a 52.07 at the 100-yard distance...best 100 butterfly time of the year came during her first swim in the event as she hit the wall in 59.03 against Florida A&M, Tulane and North Florida (Oct. 15)...finished in the top four of the 50 freestyle in every dual meet with a pair of victories...added two more top five marks in the 100 freestyle and 100 butterfly...member of ACC Honor Roll.

HIGH SCHOOL: Set a career best in the 50-yard freestyle as she won the title at the YMCA National meet with a time of 23.51...improved one spot in the event in each of her last three years with a second place finish in 2003 after a third-place mark the year before...capped off her prep career by winning both the 50 and 100 freestyle at the Maine Class A State Championships for Brunswick High School, earning her All-State honors...captured both events at the Kennebec Valley Athletic Conference championships and set four league records on her way to Swimmer of the Meet honors...a US Senior National qualifier in the 50 freestyle, she has earned her way to the US Open on four different occasions...two-time US Junior Olympic champion (2003 & 2004) in both the 50 and 100 freestyles... holds nine YMCA state records to go along with her 42 team, pool and age group records for the Long Reach Swim Club under coach Jay Morissette...other top times include a 52.01 in the 100 freestyle, 1:55.95 in the 200 freestyle as well as 58.45 in the 100 butterfly...member of the National Honor Society.

PERSONAL: Born June 2, 1986...majoring child development and nutrition... daughter of Bruce and Evelyn King...attended the same high school as Florida State men's basketball player Ralph Mims.







STACY RADEMACHER

Back
5-9 • Senior
Charlotte, NC
South Mecklenburg

HONORS

Two-Time All-ACC Academic
Three-Time ACC Academic Honor Roll

BIO

2006-07: Scored points and set new career best times in both backstroke events at the ACC Championships (Feb. 14-17)...claimed eighth

TOP TIMES	
100 Back	57.12
200 Back	2:01.76

place in the 200 back (2:01.76) and finished 11th in the 100 back with a time of 57.12... earned a pair of second place finishes against LSU (Jan. 12) in the 100 back (57.78) and 200 back (2:04.13)... made two swims in the finals at the Nike Cup Invitational (Nov. 16-18)...finished seventh in the 200 back (2:03.43) and eighth in the 100 back (57.79)...finished third in the 100 back (59.27) against Florida Atlantic (Oct. 28)... member of All-ACC academic team... member of ACC Academic Honor Roll.

2005-06: Scored points in both backstroke events for the second consecutive year at the ACC Championships (Feb. 15-18)...finished eight in the 200 back (2:02.20) and 14th in the 100 back (57.76)...recorded a personal best and NCAA "B" cut time of 2:01.78 in the 200 back prelims... finished second in the 200 back (2:03.31) and seventh in the 100 back (58.67) at the Georgia Tech Invitational (Nov. 18-20)...took fifth in the 200 back (2:05.77) and seventh in the 100 back (59.44) at an ACC quad meet (Oct. 21-22...earned All-ACC Academic Team honors and was a member of the ACC Honor Roll.

2004-05: Scored points in both backstroke events in her first trip to the ACC Championships (Feb. 16-19)...took 13th in the 200 backstroke with a time of 2:03.17...added a 14th-place finish with a career-best time of 57.26 that puts her seventh in school history...made an appearance in the bonus heat of the 200 butterfly where she scored a personal-best of 2:06.87 to take 23rd....finished 10th in the 200 back (2:02.47) at the at the Georgia Fall Invitational (Dec. 3-5)... also took 11th in the 100 backstroke with a 57.53...swept both the 100 and 200 backstroke against Florida Atlantic, Florida International and Indian River CC (Nov. 13)...took second in the 200 backstroke at an ACC quad meet in Atlanta (Oct. 30-31)...amassed four first-place finishing during the dual-meet campaign with 15 top-five finishes...scored points in all but one backstroke race during the year...member of ACC Honor Roll.

HIGH SCHOOL: Earned All-America status for her efforts on the 400 freestyle relay, a squad that also captured the state title as part of South Mecklenburg's team championship her junior year...garnered All-America consideration in the 100 backstroke, 100 butterfly and 200 individual medley...a member of the Charlotte Observer All-Area team, she capped off her senior year by being named Southwestern Conference Swimmer of the Year and Outstanding Athlete... captured the league championships in the 100 butterfly and 100 backstroke, setting the school's butterfly record in the process...also won the regional title in

the 100 backstroke her junior year after capturing the conference title plus regional and team MVP honors...picked up her first league title in the 100 backstroke as a sophomore to go along with a second 200 IM title...stood on top of the winner's stand for the first time as a freshman after capturing the 200 IM crown... the Southwestern Conference 4A champion in the 200 IM, she made her first appearance at the US Senior Nationals in 2003, taking part in both the spring and summer competitions...also excels in the classroom with Academic All-American, North Carolina scholar, CMS scholar and National Honor Society accolades...top prep times including 57.62 in the 100 backstroke with a 57.48 in the 100 butterfly... coached by Ellen Mullis at South Mecklenburg and Dave Gibbson coached her at Mecklenburg Aquatic Club.

PERSONAL: Born Month July 12, 1985...enrolled in undergraduate studies ...daughter of Paul and Jacquie Rademacher...high school and Mecklenburg Aquatic Club teammate of junior Mark Nicholls and freshman Meredith Martelle.



Stacey Rademacher



KATE SKAGGS

Back, Free

5-6 • Senior

Jacksonville, FL

Bolles

HONORS

Three-Time ACC Academic Honor Roll

BIO

2006-07: Competed at the ACC Championships (Feb. 14-18)... placed 17th in the 100 back (57.91) and the 200 back (2:04.16)... earned a victory against Indian River Community

TOP TIMES	
100 Back	57.57 2:00.93
200 Free	1:54.12 4:59.22
300 1 100	T.00.22

College (Jan. 26) in the 500 free (5:06.83)...finished second in the 100 back (58.90) against North Florida and UNC-Wilmington (Jan. 6)...competed at the Nike Cup Invitational (Nov. 16-18) and finished sixth in the 200 back (2:03.22) and 13th in the 100 back (58.37)...collected a pair of runner-up finishes against Florida Atlantic (Oct. 28) in the 100 back (59.13) and 200 back (2:04.86)...opened the season against Clemson (Oct. 7) with a third place finish in the 200 back (2:05.16)... member of ACC Academic Honor Roll.

2005-06: Scored points in both backstroke events for the second consecutive year at the ACC Championships (Feb. 15-18)...finished 10th in the 200 back with a personal best and NCAA "B" cut time of 2:00.93 which is the fourth fastest in FSU history...took 12th in the 100 back in 57.57...also placed 21st in the 500 free with a time of 4:59.22...finished seventh in the 200 back (2:05.82), 10th in the 500 free (5:01.39) and 11th in the 100 back (59.39) at the Georgia Tech Invitational (Nov. 18-20)...member of ACC Honor Roll.

2004-05: Scored points in both backstroke events during her first ACC Championships (Feb. 16-19)...took 12th in the 200 backstroke, posting a careerbest time of 2:02.92 that rates as the 10th-fastest time in school history...hit the wall in 57.91, setting another personal-best, to place 15th at the 100-yard distance...also swam a 5:03.03 in the 500 freestyle...Best 500 freestyle time came at the Georgia Fall Invitational (Dec. 3-5) where she turned in a time of 5:01.77... took 14th in the 200 backstroke at the event with a 2:04.21...Collected one victory as part of her 15 top five finishes during the dual meet season, winning the 200 backstroke with at time of 2:06.85 against Florida A&M (Jan. 20)...took sixth in the 200 backstroke during an ACC quad meet in Atlanta (Oct. 30-31)...member of ACC Honor Roll.

HIGH SCHOOL: Capped prep career as member of the winning 400 freestyle relay at the state meet...individual finishes included a second place time in the 100 backstroke (58.12) to go along with a third-place finish in the 200 freestyle... won the FHSAA backstroke title as a junior with a career-best time of 57.70 and was a member of the winning 200 medley relay...claimed All-America awards from the National Interscholastic Swimming Coaches Association four years in a row... a member of the Florida Times-Union First-Coast Team/Pinch-a-Penny All- Area



Kate Skaggs





LAUREN SPARG

Free, Fly
5-7 • Senior
Durban, South Africa
Westville Girls' High

HONORS

NCAA All-American Two-Time NCAA Honorable Mention All-American Three-Time ACC Champion Two-Time All-ACC

BIO

2006-07: Earned honorable mention All-American honors at the NCAA Championships (Mar. 8-10) by swimming the butterfly leg of the 10th

TOP	TIMES	
100 Fly_		54.40
200 Fly_		2:01.97
50 Free		23.60

place 400 medley relay which set a new school record time of 3:36.98...earned Honorable Mention All-American honors as a part of the 200 medley relay team that claimed 11th place in 1:39.93...finished 19th in the 100 fly with a time of 53.79...tied for 38th in the 200 fly (2:02.09)... played an important role at the ACC Championships (Feb. 14-17) by winning the gold medal in both the 200 medley relay (1:39.20) and the 400 medley relay (3:39.15)...earned an NCAA "A" cut in the 100 fly with a personal best second place time of 53.28...set a new ACC meet record and UNC pool record in the prelims (53.45) which was broken in the finals by teammate Christie Raleigh...took second place in the 200 fly in an NCAA "B" cut time of 1:59.47...took 21st place in the 50 free in a time of 23.89... tabbed a personal best time against Indian River Community College (Jan. 26) in the 100 back (1:01.74) and a second place finish in the 100 fly (56.04)...contributed to the win over LSU (Jan. 12) with first place in the 100 fly (56.51) and a second place effort in the 200 fly (2:05.64)...broke into 2007 with an event win against North Florida and UNC-Wilmington (Jan. 6) in the 100 fly (56.19)...earned a pair of NCAA "B" cut times against rival Florida (Nov. 21) with a first place finish in the 100 fly (54.56) and a second place effort in the 200 fly (2:01.65)...had an impressive showing at the Nike Cup Invitational (Nov. 16-18) with NCAA "B" cut times of 54.25 in the 100 fly (second place) and 2:02.21 (third place)...earned a personal best in the 100 free with an 11th place finish in 52.01...claimed 14th place in the 50 free in a time of 23.65...made an appearance at the SMU Classic (Oct. 20) with a pair of ninth place finishes in the 100 fly (57.54) and 200 fly (2:07.48)...also

placed 12th in the 50 free (25.52)...opened the season against Clemson (Oct. 7) with a win in the 100 fly (56.24).

2005-06: Earned All-American honors at the NCAA Championships (Mar. 16-18) swimming the butterfly leg of the 200 medley relay that finished third with a time of 1:38.97...swam as a part of the 200 free relay that finished 17th in 1:32.25... finished 35th in the 100 fly in 54.87...swam the butterfly leg of the winning 200 medley relay that recorded an NCAA "A" cut time of 1:38.59 which set new ACC meet, conference and school records at the ACC Championships (Feb. 15-18)... also was a part of the winning 200 free relay that recorded a new school record of 1:31.54...finished third in the 100 fly with a personal best of 54.40, sixth in the 200 fly (2:02.30) and 11th in the 50 free with a personal best of 23.60...recorded a personal best in the 200 fly (2:01.97) during the prelims...won the 100 fly with an NCAA "B" cut time of 56.77 at the Georgia Tech Invitational (Nov. 18-20)...finished second in the 200 fly (2:03.79) and seventh in the 50 free (23.91)...also was a part of the winning 200 medley, 400 medley and 200 free relays...took second in the 100 fly (56.44) and fifth in the 200 fly (2:08.37) at an ACC quad meet (Oct. 21-22)...also was a part of the winning 200 and 400 medley relays.

2004-05: Joined the Seminoles in the spring semester, competing in two meets before competing in the ACC Championships (Feb. 16- 19)...scored points and put her name down in the FSU top ten in both butterfly events at the league summit...took fifth in the 100 butterfly, notching a career-best time of 54.86 that ranks as the sixth-best in school history...missed the final heat of the 200 butterfly by just 0.26, but came back to take 10th with a top time of 2:03.76 that rates eighth in Seminole lore...made the bonus heat of the 50 freestyle, taking 21st with a season-best time of 23.95...posted top five times in all four dual meet races she swam, including a pair of fourth-place finishes in both butterfly events against second-ranked Auburn (Feb. 16-19).

HIGH SCHOOL: Dominated the South African Age Group National meet in the 50 and 100-meter butterfly every year since she was 12 years old...posted five top three finishes at the South African Open Championships...best finish was a second-place mark in 2002 in the 100 butterfly...finished third in the 50-meter butterfly from 2001-03 and added another bronze medal at the 100 butterfly in 2003...rated number one among the high school ranks in all four strokes at the 50-meter distance...earned South African Open Colours for her silver medals in the 50 and 100-meter butterfly at the 2003 All-Africa Games...top long-course times include 50 freestyle (27.27), 100 butterfly (1:02.40) and 200 butterfly (2:22.00)... coached by Graham Hill at Westville Girls' High School and Mr. Price Seagulls club squad.

PERSONAL: Born June 29, 1984...majoring in sport management...daughter of Dalton and Monica Sparg...first member of her family to attend college in the United States.



Lauren Sparg



KELLY DEANFly

5-8 • Junior Longwood, FL

Altamonte Springs Lake Brantley

HONORS

Two-Time All-ACC Academic
Three-Time ACC Academic Honor Roll

BIO

2006-07: Competed in three events at the ACC Championships (Feb 14-17)...set personal bests in the 100 and 200 fly with times of 56.77 and 2:03.93

TOP TIM	IES
100 Fly_	56.77
200 Fly	2:03.93
200 IM	2:09.86

respectively...touched the wall with a time of 2:10.27 in the 200 IM...finished third against national champion Auburn (Jan. 26) with a time of 2:06.00 in the 200 fly.

2005-06: Competed in three events at the ACC Championships (Feb. 15-18)... best finish came in the 200 fly as she touched in 2:08.05 for 21st...recorded a personal best in the 100 fly with a time of 58.87...finished 35th in the 200 free in 1:55.43...finished sixth in the 200 fly with a time of 2:06.41 during a dual meet with Florida (Nov. 22)...took 11th in the 200 fly with a time of 2:09.35 at the Georgia Tech Invitational (Nov. 18-20)...placed 16th in the 100 fly in 59.25 and 18th in the 200 IM in 2:12.98...recorded a personal best of 2:12.95 in the 200 IM during the prelims...finished 12th in the 100 fly (59.48) at an ACC quad meet (Oct. 21-22).

HIGH SCHOOL: Produced All-America times in both individual events and relays her last two years of high school...concluded senior season with a trio of national honors, topped off by an All-American automatic standard as part of the secondplace 400 free relay at the FHSAA 3A meet...200 medley relay earned national consideration time in the prelims before being disqualified in the finals...added All-America consideration for her fifth-place 57.43 in the 100 butterfly...also took tenth in the 200 individual medley with a time of 2:11.34...junior campaign saw her collect her only state title as a member of the winning 400 free relay that produced an automatic All-America time of 3:33.27...2003 meet also saw her record her best individual finish as she took second in 100 fly with a personal-best, All-America automatic time of 57.08...All-America consideration came for third-place 200 medley relay...took fourth in the 200 IM with a mark of 2:09.98...captured conference and district titles in the 100 fly her last three years, while adding both titles in the 200 IM as a junior...named first-team all-county and all-conference her last three years at LBHS...earned Second-Team All-Central Florida from the Orlando Sentinel...served as team captain her senior year...Lake Brantley finished in the top three at the state meet all four years of her prep career, including team titles in 2001 & 2003...coached by Clay Parnell at both Lake Brantley and Patriot Aquatics club team.

PERSONAL: Born May 26, 1987...majoring in child development...daughter of Mark and Ann Dean...older brother Clayton is a member of the men's swimming and diving team at Duquesne University.



Kelly Dean



CARISSA HANNA

5-8 • Junior
Churchville, PA
Newton Council Rock (South)

HONORS

ACC Academic Honor Roll

BIO

2006-07: Scored points at the ACC Championships (Feb. 14-18)...took 13th place on the 3M with a score of 239.20 to secure

TOP SCORES	
1M Diving (6)	224.33

her first four championship points...finished 17th on the 1M with a score of 219.60... earned a career high score on the 1M with a score of 224.33 against Indian River Community College (Jan. 26)...opened 2007 with a fourth place finish on the 1M (217.25) and a score of 251.95 on the 3M...finished 20th on the 1M (192.10) at the Nike Cup Invitational (Nov. 16-18)... member of ACC Honor Roll.

2005-06: Competed on the 1M and 3M at the ACC Championships (Feb. 15-18)... finished 19th on the 3M with a six dive score of 215.30 and 24th on the 1M with a six dive score of 180.55...recorded a personal best on the 1M with a six dive score of 209.40 to finish sixth at a dual meet against Miami (Jan. 14)...recorded a personal best on the 3M with a six dive score of 274.70 to place sixth at the Georgia Tech Invitational (Nov. 18-20)...also finished 11th on the 1M with a six dive score of 179.30....finished sixth on the 3M (193.55) and eighth on the 1M (180.65) at an ACC quad meet (Oct. 21-22)...member ACC Honor Roll.

HIGH SCHOOL: Earned the first All-State honors of her prep career as a senior, taking sixth the PIAA AAA state meet with a tally of 390.30 on the one-meter board...Finished fifth at the District 1 meet with an 11-dive total of 403.85 ...Placed second on the one-meter board her senior year at the league meet after a bronze medal as a sophomore...Holds CRSHS records for six dives (256.3) and 11 dives (414.65)...A four year letterwinner, she was team MVP and captain the last two seasons...Also qualified for the district meet as a member of the 200 free relay as a junior and senior...Took 11th on both boards at the 2005 Junior Olympic Spring



Region 1 meet in her third year of competition at the JO level...Tallied a score of 311.30 on the one-meter board to go along with a three-meter tally of 323.50... Competed at the 2004 JO Summer East Zone Championships, highlighting her trip with a 15th-place 265.40 on the three-meter board...Coached by Christine Stocki at Council Rock South and Candice Gottlieb at Blue Dolphin Diving Club... Also excels in the classroom as a member of the National Honor Society.

PERSONAL: Born August 5, 1987...enrolled in undergraduate studies...daughter of Shawn and Susan Hanna...Older brother Shane plays baseball at Lock Haven University.



Carissa Hanna



GEORGIA HOLDERNESS

Breast, Free, IM
5-9 • Junior
Butleigh, Somerset, England
Millfield School

HONORS

NCAA Honorable Mention All-American ACC Champion All-ACC All-ACC Academic ACC Academic Honor Roll

BIO

2006-07: Scored points for the second straight season at the ACC Championships (Feb. 14-17)...opened the meet as the anchor leg of the fourth place 800 free

TOP TIMES	
100 Breast	1:02.48
200 Breast	2:14.06
200 IM	2:02.96

relay squad which touched the wall in an NCAA "B" cut time of 7:21.09.....finished fourth in the 100 breast with an NCAA "B" cut time of 1:02.88...claimed fifth place in the 200 breast with an NCAA "B" cut time of 2:16.26...finished 13th in the 200 IM with an NCAA "B" cut time of 2:03.66...against national champion Auburn (Jan. 27) finished third in both the 200 free (1:51.55) and 200 breast (2:17.61)... set a personal best in the 100 free against Indian River Community College (Jan. 26) with a winning time of 51.71... won two events against LSU (Jan. 12) with top times in the 200 breast (2:18.74) and 200 IM (2:06.13) then placed third in the 200 free (1:52.47)...made one swim against North Florida and UNC-Wilmington

(Jan. 6) and finished second in the 500 free (4:59.44)...helped defeat rival Florida (Nov. 21) with a trio of second place finishes in the 200 free (1:49.58), 200 breast (2:15.93) and the 200 IM (2:05.01)...placed well at the Nike Cup Invitational (Nov. 16-18) with a victory in the 200 breast in an NCAA "B" cut time of 2:15.84...finished sixth in the 200 IM with an NCAA "B" cut time of 2:04.02 and finished sixth in the 100 breast (1:04.48)...competed at the SMU Classic (Oct. 20-21)...finished third in the 400 IM and set a new personal best time of 4:26.02...took third in the 200 breast (2:18.41) and fourth in the 200 IM (2:06.74)...opened the season with a second place finish against Clemson (Oct. 7) in the 100 breast (1:05.01) and a third place showing in the 200 breast (2:19.86)... member of ACC Honor Roll.

2005-06: Earned Honorable Mention All-American honors as a part of the 400 free relay that finished 10th with a new school record of 3:20.10 at the NCAA Championships (Mar. 16-18)...also finished 33rd in the 200 breast (2:16.84), 36th in the 100 breast (1:03.81) and 65th in the 200 IM (2:05.22)...captured the 200 breast title at the ACC Championships (Feb. 15-18) after recording an NCAA "B" cut time and personal best of 2:14.06...was a part of the winning 400 free relay that touch the wall in 3:21.54...scored points taking fourth in the 100 breast (1:02.48) and fifth in the 200 IM (2:02.96)...both times were NCAA "B" cut times and personal bests...swam as a part of the 800 free relay that finished third with a new school record of 7:19.57...joined the team in at the start of the spring semester and in her first competition, a dual meet against Miami (Jan. 14), she finished second in the 100 free with a personal best of 52.38 and second in the 100 breast in 1:04.44....earned All-ACC Academic Team honors.

HIGH SCHOOL: Made European juniors in 2002 and 2003 for Great Britain... finished eighth in the 200 IM...earned a spot at the Commonwealth Games for Wales in 2002...won nationals as a member of the 400 free relay team in 2004.

PERSONAL: Born October 26, 1987...majoring in child development...daughter of Robert and Helen Holderness...attended same high school as teammates lan Powell and Ed Denton and head coach Neil Harper.



Georgia Holderness



KYLEN HUNTWORK

Breast, IM
5-11 • Junior
Apex, NC

Apex

HONORS

Two-Time ACC Academic Honor Roll

BIO

2006-07: Competed in three events at the ACC Championships (Feb. 14-17)...swam a personal best time in the 200 breast (2:19.10), clocked 2:11.76

TOP TIMES	
100 Breast	1:04.48
200 Breast	2:19.10
400 IM	2:08.59

in the 200 IM and touched the wall at 1:06.01 in the 100 breast... earned points against Indian River Community College (Jan.26) with a third place finish in the 100 breast (1:06.14)...finished third in the 200 breast (2:25.87) against LSU (Jan. 12)...opened 2007 with a time of 1:06.06 in the 100 breast against North Florida and UNC-Wilmington (Jan. 6)... made two night swims at the Nike Cup Invitational (Nov. 16-18)...finished 16th in the 200 breast (2:23.54) and 17th in the 100 breast (1:06.92)...also finished 35th in the 200 IM (2:12.42)... member of ACC Honor Roll.

2005-06: Scored points in both breaststroke events at the ACC Championships (Feb. 15-18)...finished ninth in the 100 breast with a personal best of 1:04.48 and 14th in the 200 breast in 2:20.73...also placed 29th in the 200 IM with a personal best of 2:08.59...finished fifth in the 200 breast (2:19.97) at a dual meet against Florida (Nov. 22)...finished third in the 100 breast (1:04.90) and 200 breast (2:20.95) at the Georgia Tech Invitational (Nov. 18-20)...also finished sixth in the 200 IM (2:09.82) and 20th in the 100 back (1:01.14)...finished fourth in the 200 breast (2:21.86), seventh in the 100 breast (1:05.98) and ninth in the 200 IM (2:12.20) at an ACC quad meet (Oct. 21-22)... member of ACC Honor Roll.

HIGH SCHOOL: Prep career culminated with a state championship her senior year at the NCHSAA 4A meet as she won the 100 breaststroke with a time of 1:06.47 for All- America consideration...earned a spot in the finals the year before, taking sixth with a 1:08.04...helped Apex to a pair of top-five relay finishes in 2005, taking part in the fourth-place 200 medley relay (1:53.23) and fifth-place 200 freestyle guartet (1:41.73)...won the consolation heat of the 200 individual medley her last year in 2:12.76, while her 2:15.88 from the year before placed 10th...took third in the 100 breaststroke at the 2005 YMCA National Short Course Championships with a career-best time of 1:04.87...captured bronze at the 200yard distance, posting a personal standard of 2:19.71...member of two top-five relays, including the 400 medley team that placed second (3:50.32)...also swam a career-best 2:10.49 in the 200 IM at the meet ... an all-conference selection and team MVP all four years of high school, she was named Tri-Seven Conference MVP her last three years...tied for 47th at the 2005 ConocoPhillips US National Championships in the 100-meter breaststroke, posting a time of 1:13.51...swam for Greg Huff at Apex and at YMCA of the Triangle Area (YOTA) for Ron Turner... also excels in the classroom as a member of the National Honor Society.

PERSONAL: Born June 25, 1987...majoring in marketing ...daughter of Richard Huntwork and Dawn Bell...full name is Sarah Sophie Kylen Huntwork.



Kylen Huntwork



MEREDITH MARTELLE

Free, Breast, IM
5-8 • Junior
Charlotte, NC
South Mecklenburg

HONORS

ACC Academic Honor Roll

BIO

2006-07: Scored points at the ACC Championships (Feb. 14-17) for the second straight season by matching her 10th place finish in 2006 in the 400 IM (4:25.50)...finished 24th in the 500 free (5:02.43) and 18th in the 1650 free

TOP TIMES	
500 Free	4:54.69 9:58.50 16:54.09 2:09.70 4:23.27

(17:11.37)... netted the fastest times of the season in two events at the Nike Cup Invitational (Nov. 16-18) with a ninth place finish in the 1,650 free (17:05.63) and a 35th place finish in the 200 IM (2:12.55)...also placed 6th in the 400 IM (4:26.30) and 29th in the 500 free (5:05.98)... scored the best finish of the season against Miami (Oct. 27) with a personal best second place finish in the 1000 free (9:58.50).

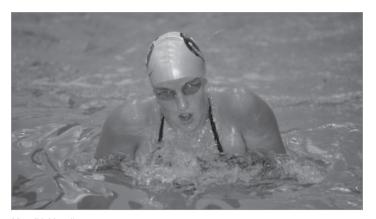
2005-06: Scored points at the ACC Championships (Feb. 15-18) finishing 10th in the 400 IM with a personal best and NCAA "B" cut time of 4:23.27...placed 17th in the 500 free (4:54.69) and the 1650 free (17:21.10)...won the 400 IM in 4:23.94 at the at the Georgia Tech Invitational (Nov. 18-20)...finished fourth in the 1650 free with a personal best of 16:54.09...also finished seventh in the 500 free (5:01.55) and 13th in the 200 free (1:54.83).....recorded a personal best in the 1000 free (10:30.74) in a dual meet against Clemson (Nov. 12)...recorded a personal best in the 200 IM (2:09.70) to finish fifth at an ACC quad meet (Oct. 21-22)...took fourth in the 500 free (5:03.38) and fifth in the 1000 free (10:27.18).

HIGH SCHOOL: Garnered All-America consideration honors her final season at the NCHSAA state meet in three events...best finish was a second-place 5:02.12 in the 500 freestyle....added a fourth-place 2:08.92 in the 200 individual medley... swam on a pair of fourth-place relays, earning All- America honors in the 400 freestyle (3:38.93)...took fourth in the 100 breaststroke as a sophomore at the



state championships, while placing fifth in the 200 IM....member of third-place 200 medley relay...South Mecklenburg won the team title her sophomore campaign... three-time All- Mecklenburg selection by the Charlotte Observer...named N.C. All-Star Conference Swimmer of the Year as a senior...posted the best times of her career the 2004 US Senior Nationals and the NCS Senior Championships... top marks at the US Nationals include 400m freestyle (4:36.35), 800m freestyle (9:27.34) and 1500m freestyle (17:56.45)...at the NCS meet, she posted times of 1:55.58 (200 freestyle), 4:59.38 (500 freestyle) and 16:54.00 (1,650 freestyle)... equally as strong in the classroom where she is a Scholastic All-American and a member of the National Honor Society...coached by Ellen Mullis at South Mecklenburg and Dave Gibbson coached her at Mecklenburg Aquatic Club...took 51st in the 1,500 meter freestyle with a time of 17:36.65...finished two spots back of that with a 9:16.06 in the 800 freestyle.

PERSONAL: Born March 16, 1987...majoring in education...daughter of Joseph and Nancy Martelle...swam on the same high school and club teams as current Seminoles Mark Nichols and Stacy Rademacher...youngest of nine children.



Meredith Martelle

CAROLINE ROBERTSON

Breast, IM 5-10 • Junior Ocala, FL Forest

HONORS

All-ACC Academic Team
Two-Time ACC Academic Honor Roll

BIO

2006-07: Scored points at the ACC Championships (Feb 14-17) in three events...earned a sixth place finish in the 400 IM (4:24.52) then claimed 10th place in the 500 free

TOP TIMES

100 Breast	1:06.61
200 Breast	2:18.38
200 IM	2:04.37
400 IM	4:24.50

with an NCAA "B" cut time of 4:50.96...finished 10th in the 200 breast to close out the meet with a career best time of 3:18.38...against national champion Auburn (Jan. 27) finished third in the 500 free (4:59.73)... claimed two victories against Indian River Community College in the 200 free (1:52.29) and 400 IM (4:25.93)...

notched a second place finish in the 500 free (4:57.73) against LSU (Jan. 12)... took a victory in the 200 IM against North Florida and UNC-Wilmington (Jan. 6)...made two night swims at the Nike Cup Invitational with a sixth place finish in the 500 free (4:59.49) and a 13th place finish in the 400 IM (4:26.02)... finished second in the 500 free (5:07.94) against Miami (Oct. 27)... member of All-ACC academic team... member ACC Academic Honor Roll.

2005-06: Scored points in two events at the ACC Championships (Feb. 15-18)...finished 10th in the 200 breast with a personal best of 2:19.25...finished 12th in the 200 IM in 2:04.95...recorded a personal best of 2:04.37 in the 200 IM during the prelims...also took 17th in the 400 IM in 4:24.50...finished third in the 200 IM (2:06.24) and 400 IM (4:26.58) at the Georgia Tech Invitational (Nov. 18-20)...finished seventh in the 200 breast (2:24.04) and eighth in the 100 breast (1:07.21)...placed fourth in the 200 IM (2:08.68) and 400 IM (4:32.96) at an ACC quad meet (Oct. 21-22).

HIGH SCHOOL: Earned All-America honors all four years of high school in both the 100 breaststroke and 200 individual medley...won a pair of state titles in the 100 breaststroke as a freshman and sophomore...won the event with a 1:05.47 her rookie season, followed by a career-best 1:05.02 as a sophomore...took second at the 2004 FHSAA meet with an All-America automatic mark of 1:05.28, while posting a third-place 1:06.11 in 2003...took third in the 200 IM her last three years with her best time coming as a junior with an automatic All-America time of 2:05.36...placed fourth in the event as a freshman...holds the Forest High School records in the 100 breaststroke, 200 IM and 500 freestyle...named Swimmer of the Year four times by the Ocala Star-Banner and garnered national attention even before her prep career began as Swimming World Magazine's TYR Swimmer of the Month for July 2001...coached by Bill Vargo at Forest and Central Florida Marlins.

PERSONAL: Born May 14, 1987...majoring in business...daughter of James and Barbara Robertson.



Caroline Robertson



MELANIE CABASSOL

Diving
5-5 • Sophomore
Montgomery, TX
Montgomery

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2006-07: Competed in both the 1M and 3M diving events at the ACC Championships (Feb 14-17)... recorded a score of 215.25 in the 1M

TOP SCORES	
1M	221.90
3M	219.22
Platform	182.40

competition and a score of 201.85 in the 3M event... earned a personal best on the 3M with a score of 219.22 at LSU (Jan. 12)... scored a personal best on the 1M with a score of 221.90 against North Florida and UNC-Wilmington (Jan. 6)... finished 17th at Nike Cup Invitational (Nov. 16) on the 1M with a score of 205.75.

HIGH SCHOOL: Graduated early from Montgomery High School in 2005...finished second during two consecutive years at the 4A Texas State Diving Championships and was fifth on the platform at AAU nationals in 2005...won the regional high school diving championship in 2004...earned First Team All-State honors and was an All-American Qualifier during the 2003-04 and 2004-05 seasons...named TAGDA Diver of the Year three times (1997, 1998, 1999) and NWTDA Diver of the Year four times (1998, 1999, 2000, 2001)...earned Academic All-District in 2005.

PERSONAL: Born September 28, 1987...majoring in child development... daughter of Philippee and Joelle Cabassol.



Melanie Cabassol



JESSIE CARR

Free, Breast
5-6 • Sophomore
Gulf Breeze, FL
Gulf Breeze

HONORS

ACC Academic Honor Roll

BIO

2006-07: Competed at the Tar Heel Invitational (Feb. 14-17) and posted times in the 50 free (23.87) and 100 breast (1:06.88)... competed at the Nike Cup

23.87
1:06.88
2:30.42

Invitational (Nov. 16-18), finishing 20th in the 100 breast (1:07.39) and 23rd in the 50 free (24.10)...opened the season against Clemson (Oct. 7) with a time of 54.12 in the 100 free and a time of 24.66 in the 50 free.

HIGH SCHOOL: Named team MVP during her freshman and sophomore years... was a two-time all area swimmer of the year...was a three-time FHSAA Pinch-a-Penny all area team member...was an eight-time Florida high school state finalist...finished fifth in the 50 free as a sophomore and third in the 50 and 100 free as a senior at the state meet...trained with the Dutch National Team while living in the Netherlands during her junior year.

PERSONAL: Born July 21, 1987...majoring in pre-med...daughter of David and Stephanie Carr.



Jessie Carr



TIFFANY ELIAS

Fly, IM, Free 5-7 • Sophomore Phoenix, AZ

Xavier College Preparatory

BIO

2006-07: Scored points at the ACC Championships (Feb. 14-17)...made the finals in the 200 fly and finished eighth touching the wall in 2:05.34...

TOP	TIMES	
100 Fly		55.51
200 Fly_		2:01.26
200 IM _		2:05.25

finished 12th in the 100 fly (56.38)... scored against Indian River Community College (Jan. 26) with a victory in the 100 back (58.35) and a third place finish in the 100 fly (56.73)...on the road at LSU (Jan. 12) claimed a victory in the 200 fly (2:03.38)... opened 2007 with a runner-up finish in the 100 fly (57.73) against North Florida and UNC-Wilmington (Jan. 6)... had an impressive performance at the Nike Cup Invitational (Nov. 16-18) including an NCAA "B" cut of 2:01.26 in the 200 fly to place second...also finished fifth in the 100 fly (55.51) and eighth in the 500 free (2:05.25)...captured the win in the 100 fly (56.49) against Florida Atlantic (Oct. 28)...against Miami (Oct. 27) won the 200 fly (2:03.17) and 200 free (1:51.93) and recorded a runner-up finish in the 100 fly (56.18)...placed second at the SMU Classic (Oct. 20) in the 200 fly (2:03.09) and third in the 200 free (1:52.73)...opened her collegiate career with a win in the 200 fly (2:02.34) and a pair of runner-up finishes in the 200 free (1:52.24) and 100 fly (58.24).

HIGH SCHOOL: Won Arizona State High School Championship in the 500 free (2003), 100 fly (2004), and 200 free (2005) at Xavier College Preparatory...during all four years at Xavier, Elias earned All-American, All-State and All-Region honors as well as leading her team to four state / regional titles...was a part of the relay that set the Arizona high school state record in the 400 free relay in 2004 and the National Independent School record in the 200 medley relay in 2005...holds Xavier school records in the 100 fly, 200 IM and 400 free relay...was Girls National Champions in NISCA National Dual Meet Ranking in 2005...was team captain during her senior year and was three-time team MVP...earned first honors, was a NISCA Academic All-American (2005), received the President's Education Award (2006) and named the High School Heisman (2006).

PERSONAL: Born October 13, 1987...majoring in exercise science...daughter of Collen Hill and Joe Elias.



Tiffany Elias



KYLSIE GRIMES

Free
5-10 • Sophomore
Hartland, WI
Arrowhead

HONORS

NCAA Qualifier

BIO

2006-07: Florida
State's lone freshman
representative at the NCAA
Championships (Mar 810)... finished 70th in the
100 free posting a time of

TOP TIMES	
50 Free	23.48
100 Free	50.95
200 Free	1:49.60

51.58...scored well at the ACC Championships (Feb. 14-17)...swam the leadoff leg of the 800 free relay that placed fourth in an NCAA "B" cut time of 7:21.09... placed seventh in the 200 free (1:50.39)...tied for 15th in the 100 free (51.68) and finished 16th in the 50 free (23.61)... took top honors in the 200 free (1:52.49) against North Florida and UNC-Wilmington (Jan. 6)... helped to defeat rival Florida (Nov. 21) with a personal best, NCAA "B" cut time of 51.04 to take second place in the 100 free...also finished second in the 50 free (23.86) and fourth in the 200 free (1:49.72)... competed in the Nike Cup Invitational and earned night swims in all three events...placed eighth in the 100 free (51.28), 12th in the 50 free (23.48) and 13th in the 500 free (4:55.93)...won the 100 free (52.79) against Florida Atlantic (Oct. 28) and finished third in the 200 free (1:54.32)...earned a pair of third place finishes in the 100 free (53.14) and 200 free (1:53.42) against Miami (Oct. 27)...opened her collegiate career with an event victory against Clemson (Oct. 7)...took top honors in the 200 free (1:51.58).

HIGH SCHOOL: Was a 12-time Wisconsin high school state champion...won state championships in the 200 free (1:49.95) and 100 free (50.74) and was apart of the state record setting 200 and 400 free relay teams...her time of 1:49.95 in the 200 free is the second fastest in Wisconsin high school swimming history... earned All-American honors eight times...was a junior national qualifier in the 50, 100 and 200 free as well as the 100 back...was a senior national qualifier in the 50 and 100 free...both of her parents swam competitively in college at Illinois State University.

PERSONAL: Born June 16, 1988...majoring in math...daughter of Kim and John Grimes.



Kylsie Grimes



JEN GUYLER

Mid-Distance Free, Distance Free

5-4 • Sophomore

Palm Harbor, FL

East Lake

HONORS

All-ACC
All- ACC Academic Team
ACC Academic Honor Roll

BIO

2006-07: Capped an impressive freshman season with All-ACC honors at the ACC Championships (Feb. 14-17)...finished second to earn All-ACC honors in the 500 free with an NCAA "B" cut time of 4:49.98...claimed

TOP TIMES	
200 Free	1:51.19
500 Free	4:49.98
1000 Free	9:58.06
1,650 Free	16:50.84

ninth place with an NCAA "B" cut time of 16:50.84 in the 1650 free...finished 17th in the 200 free (1:51.39)...concluded the dual meet season against national champion Auburn (Jan. 27) and finished fourth in the 1000 free (10:22.09)... against Indian River Community College (Jan. 26) claimed an event victory with first place in the 1650 free (17:24.01) and finished second in the 200 free (1:52.45)...earned top honors in the 500 free (4:57.03) against LSU (Jan. 12) and finished second in the 1000 free (10:23.97)... scored a pair of victories to start 2007 against North Florida and UNC-Wilmington (Jan. 6) in the 500 free (4:59.02) and the 1000 free (10:19.05)...helped defeat rival Florida (Nov. 21) with a NCAA "B" cut time of 4:53.68 in the 500 free and recorded a personal best time in the 200 free (1:51.19)...placed well at the Nike Cup Invitational (Nov. 16-18) with a second place finish in the 200 free (4:52.51) and a seventh place finish in the 1650 free (17:01.92)...earned a pair of second place finishes against Florida Atlantic (Oct. 28) in the 500 free (5:04.58) and 1,650 free (17:25.93)...took two victories against Miami (Oct. 27) with a school record time in the 1000 free (9:54.03) and a strong showing of 5:05.31 in the 500 free...opened her collegiate career with a victory in the 500 free (5:02.44) against Clemson (Oct. 7) and a second place finish in the 1000 free (10:20.66)... ember of All-ACC Academic team.

HIGH SCHOOL: Won the 2005 Florida 3A state championship in the 200 free with a time of 1:50.46...took second in the 500 free (4:53.09) and was a part of the 400 relay that placed sixth (split - 52.60)...named Clearwater Aquatic Team Swimmer of the Year in 2004, was the district champ in the 200 free (2004, 2005) and the 500 free (2005)... was also the regional champion in the 200 free in 2005...earned All-American honors in the 500 free (2004, 2005) and 200 free (2005)... was a member of the National Honor Society and made the dean's list and honor roll all four years.

PERSONAL: Born February 28, 1988...majoring in exercise science...daughter of Mike and Janet Guyler.



Melanie Cabasso



KRISTINA HELMERS

IM, Fly, Free
5-9 • Sophomore
Pennington, NJ
Hopewell Valley Central

HONORS

ACC Academic Honor Roll

BIO

2006-07: Competed in three events at the ACC Championships (Feb. 14-17)...posted times in the 200 IM (2:06.51), 400 IM (4:26.07) and 200 fly (2:07.20)...clocked 4:32.53 in the 400 IM

TOP TIMES	
200 Free	1:54.67 58.75
200 Fly	2:06.24
200 IM	2:06.51
400 IM	4:24.99

against Indian River Community College (Jan. 26) to finish third...earned points against North Florida and UNC-Wilmington (Jan. 6) with a third place finish in the 200 IM (2:09.84)... competed at the Nike Cup Invitational (Nov. 16-18) and placed seventh in the 400 IM (4:28.05), 17th in the 200 IM (2:07.38) and 30th in the 100 fly (58.75).

HIGH SCHOOL: Helped lead her high school to their only sectional title in school history as a freshman...named to the New Jersey All-State Team that season...gave up high school swimming after her freshman year to concentrate on her club team, USS Team: Scarlet Aquatic Club...became a Junior National Qualifier in the 200 IM, 400 IM, 100 fly, 100 free and was a member of the club's National Qualifying relays (400 free, 800 free and 400 medley) for the last three years...was a member of the 400 medley relay that holds the New Jersey state record...earned scholastic All-American honors for three years, was a member of the National Honor Society in 11th and 12th grade and was on the honor roll throughout high school.

PERSONAL: Born May 18, 1988...majoring in political science and pre-law... daughter of Mike and Ida Helmers.



Kristina Helmers



ALEIA MONDEN

Diving
5-1 • Sophomore
Mililani, Hawaii
St. Andrew Priory

HONORS

NCAA Zone Qualifier ACC Academic Honor Roll

BIO

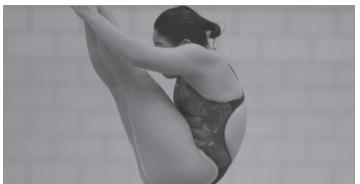
2006-07: Represented the Seminoles at the NCAAZone "B" Diving Championships with a top finish of 11th on the platform (469.30)...took 23rd in the 1M with a score

TOP SCORES	
1M	286.10 221.80
Platform	295.50

of 230.45 and finished 24th on the 3M with a score of 239.55...scored major points at the ACC Championships (Feb. 14-17)...nabbed a personal best in the 1M prelims of 286.10 then finished fifth in the finals with a score of 273.60...finished fifth on the platform with a score of 221.80...took 12th place in the 3M with a score of 252.20... claimed strong finishes against national champion Auburn (Jan. 27) with a runner-up finish on the 1M (251.55)... opened 2007 with an event win against North Florida and UNC-Wilmington (Jan. 6) with an NCAA Zone consideration score of 264.60 on the 1M and a second place showing in the 3M (264.00)...contributed to a win against Florida with a pair of NCAA Zone automatic scores to finish first on the 3M (295.50) and second on the 1M (273.00)...made an impressive showing at the Nike Cup Invitational (Nov. 16-18) by finishing third on the 1M (274.15)...won both the 1M (256.30) and 3M (238.95) against Florida Atlantic (Oct. 28)...was the lone Seminole diver at the SMU Classic (Oct. 20) and contributed to the team's first place finish with a victory on the 1M (257.05) and a second place showing on the 3M (259.00)...opened her college career with a pair of first place finishes against Clemson (Oct. 7) in the 1M (263.78) and 3M (274.88)... member of ACC Academic Honor Roll.

HIGH SCHOOL: Was a three-time NISCA All-American...won the Interscholastic League of Honolulu (ILH) Diving Championships three consecutive years (2004-06)... won the Hawaii High School Athletic Association Diving Championship four consecutive years (2003-06)...also is the current recorded holder with a score of 491.05 set on Feb. 25-26, 2006...was a two-time ILH Diver of the Year (2005-06)...won the 2005 Amateur Athletic Union 1M National Championship...was a 006 junior national finalist on the 1M and platform and a 2006 senior national finalist on the 10M platform.

PERSONAL: Born October 10, 1988...majoring in sports medicine...daughter of Glenn and Nancy Monden.



Aleia Monden



KATIE SIROUNIS

Diving
5-9 • Sophomore
Indian Harbor Beach, FL
Satellite

HONORS

NCAA Zone Qualifier ACC Academic Honor Roll

BIO

2006-07: Qualified for the NCAA Zone "B" Diving Championships (Mar. 2-4) and finished 12th on the 1M board with a twelve dive total of 494.40...

TOP SCORES	
1M	282.45
3M	287.60
Platform	187.35

finished eighth on the platform with a ten dive total of 494.95... scored 20 points in her first trip to the ACC Championships...took fifth place on the 3M with a six dive total of 280.65 in the finals...finished seventh on the platform with a 6 dive total of 187.35... won both diving events against national champion Auburn (Jan. 27) with a score of 254.93 on the 1M and an NCAA Zone consideration score of 270.53 on the 3M...assisted in the defeat of rival Florida (Nov. 21) with a win in the 1M with an NCAA Zone automatic score of 282.45 and a third place finish in the 3M (243.90)...earned a season high score of 287.60 at the Nike Cup Invitational (Nov. 16-18) on the 3M...earned a pair of second place results against Clemson (Oct. 7) in the 1M (253.58) and 3M (251.10)... member ACC Academic Honor Roll.

HIGH SCHOOL: Was a two-time 2A FHSAA State Champion in diving at Satellite High School...was also the regional, district and conference champion...named the Orlando Sentinel Athlete of the Year, made the Florida Today First Team for two years in a row and was selected as an All-American...named to the Pinch a Penny All-State Team.

PERSONAL: Born November 24, 1987...majoring in business...daughter of Michelle and Mike Sirounis.



Katie Sirounis



STEVI STEINHAUER

Free
5-9 • Sophomore
Gulf Breeze, FL

Gulf Breeze

2006-07: Competed at the Tar Heel Invitational (Feb. 14-17) with an appearance in the 50 free (23.87)... made best showing of the year by finishing third in

TOP TIMES	
50 Free	23.87
100 Free	53.39
100 Back	1:06.79

the 50 free (24.27) in the meet against North Florida and UNC-Wilmington (Jan. 6)... helped defeat Florida (Nov. 21) with performances in the 50 free (24.03) and 100 free (53.55)...took to the Carolina waters with a 27th place finish in the 50 free (27.40) at the Nike Cup Invitational (Nov. 16-18) and a 46th place showing in the 100 back (1:06.79).

HIGH SCHOOL: Started swimming in high school during her junior year...placed fourth in the 50 free with a time of 24.78 at the 2005 2A FHSAA Championships... swam as a part of the 200 free relay that finished third and 200 medley relay that finished fourth...earned a junior cut in the 50 free of 24.4 two weeks after the state meet.

PERSONAL: Born July 19, 1988...majoring in exercise science...daughter of Kathy Wharton, Tom Wharton and Steve Steinhauer.



Stevi Steinhauer

KATIE STRATTON

IM, Fly, Breast
5-8 • Sophomore
Naperville, IL
Naperville

BIO

2006-07: Swam personal bests in three events at the ACC Championships (Feb 14-17)...earned an 8th place in the 100 breast (1:03.91) and finished 12th

al it	TOP TIMES	
S	100 Breast	1:03.83
n	200 Breast	2:18.58
t	200 IM	2:02.67
h		

in the 200 breast (2:19.51)...posted an NCAA "B" cut of 2:02.67 placing tenth in the 200 IM... took a pair of second place finishes against LSU (Jan. 12) in the 200 IM (2:07.02) and 100 breast (1:04.72)...contributed to the victory over Florida (Nov. 21) with a second place finish in the 100 breast (1:04.72)... finished second against Miami (Oct. 27) in the 100 breast (1:04.78).

HIGH SCHOOL: Was a four time All-American after her freshman year as she earned the honor in the 100 breast (1:05.29), 200 IM (2:04.83), 200 Medley Relay and 400 free relay...placed second in the 200 IM and third in the 100 breast at the Illinois High School State Championships...as a sophomore, won the State Championships in the 100 breast (1:04.29) and 200 IM (2:03.39)...went on to win the 200 IM and 400 IM at the 2003 YMCA Long Course National Championships...after under going heart surgery her junior year, she bounced back and helped her club team to a second place finish at the YMCA Long Course National Championships...swam the lead-off leg of the winning 800 free relay, took second in the 200 IM, fifth in the 100 fly, eighth in the 200 back and seventh in the 100 breast...made the honor roll throughout high school.

PERSONAL: Born March 29, 1988...majoring in nutrition...daughter of Christine and Gary Stratton.



KATHERINE ADHAM

Diving 5-5 • Freshman Orlando, FL Dr. Phillips

BIO

HIGH SCHOOL: High Point award winner... 2006-07 Wendy's High School Heisman nominee... Florida 3A Regional State Champion... two-time high school All-American... 2006-07 Principal's Award for swimming and diving team... two-time Academic All-American... Principal's honor roll all four years.

PERSONAL: Born May 17, 1989... majoring in hospitality... father played golf at the University of Georgia and on the PGA Tour... daughter of Richard and Kay Adham.



C.J. HENDRY

Fly, Back, Free, IM 5-7 • Freshman

Evans, GA

Evans

BIO

HIGH SCHOOL: 16 time Georgia State All-Star... 2007 Georgia State Champion in the 100 back, 3rd place 200 free... 2006 Zone Team qualifier...2006 Georgia State runner-up in the 200 IM, 3rd place 100 free... high school swimming MVP all four years... two-time Junior National finalist... BETA Club member... National Technical Honor Society member... graduated with a dual diploma.

PERSONAL: Born September 28, 1988... majoring in communication... father played professional baseball with the Cleveland Indians... daughter of Keith and Mary Hendry.



CAITLYN LAMBERT

IM
5-6 • Freshman
Ocklawaha, FL

Bellview

BIO

HIGH SCHOOL: Back to back Florida 2A State Champion in 200 individual medley in 2005-06... 2006 Ocala Star Banner swimmer of the year... 2004 and 2006 Pinch-a-Penny all area team member... All-American consideration in 100 free, 200 free, and 200 IM... as a sophomore finished third in the 200 free at state... as a freshman was second in the 100 free at state... member of National Honor Society.

PERSONAL: Born November 14, 1988... majoring in biology... daughter of Brian and Cathy Lambert... plans on attending medical school.



HOLLY MILLS

Back 5-6 • Freshman

England

St. Augustine Priory

BIO

HIGH SCHOOL: Finished fourth at British Nationals in the 200 back... 2001-07 English national multi-medalist... school sports captain... class president... school prefect.

PERSONAL: Born November 15, 1988... enrolled in undergraduate studies... daughter of John and Marian Mills.



JOCELYN PHILLIPS

Free

6-0 • Freshman

Napa, CA

Vintage

BIO

HIGH SCHOOL: 2006-07 Olympic Trial qualifier... three-time All-American... 2006-07 Pacific Coast top 16 selection... two-time team MVP selection... three-time coaches award winner... 2007 team captain... also a member of water polo team.

PERSONAL: Born January 1, 1989... majoring in psychology... daughter of Deborah Phillips... favorite athlete is Reggie Bush.



BIO

BRITTANY SELTS

Fly, Free, Back 5-7 • Freshman Miami, FL Palmetto

HIGH SCHOOL: Senior National Finalist... four year state finalist... four year All-Dade County selection... four year team MVP selection... captain of high school team... holds school records in seven individual events and all relay events... Citizenship Award winner... 2007 honor roll member.

PERSONAL: Born August 8, 1989... enrolled in undergraduate studies... daughter of Pat and Michelle Selts... after graduation aspires to be a model.



LOWRI TYNAN

Breast, Free
5-9 • Freshman
Wrexham, Clwyd, Wales
Ysgol Morgan Llwyd

BIO

HIGH SCHOOL:2007 100m breast Welsh long course record holder (1:10.10)... 2006 50m breast welsh long course record holder (32.3)... 2005 100m breast Welsh short course record holder (1:09.56)... has competed in the last two Commonwealth Games.

PERSONAL: Born October 13, 1987... majoring in interior design... daughter of Nick and Mair Tynan.



SEMINOLE SWIMMING & DIVING FACILITIES

Since the closing of the Bim Stults Aquatics Center in the Fall of 2003, Florida State's swimming and diving home has been the Bobby E. Leach Center Pool. The Leach Pool is a 16-lane by 25-yd indoor swimming facility with two 1-meter and two- 3-meter diving boards. A complete spa area is located just off the pool deck and is equipped with two whirlpools, two steam rooms and a sauna. In addition to the amenities the Leach Center facility hosted the 1993 ACC Swimming and Diving Championships.

But a new era is about to begin for the Seminoles with the building of Florida State's Marine Science Research and Training Center on target to open in March, 2008. The 10.7 million dollar project will include a pool, diving tower, and locker rooms for Seminole swimmers.

"We've known that this has been in the works and there's been great work done by Dave Hart and T.K. Wetherell and the Florida State community," said Harper. "For this pool to become a reality Florida State had to commit to having a great facility for student athletes to excel in the pool and in the

The most unique feature will be the pool. FSU will be swimming in the same pool that hosted the 2005 World Championships in Montreal, Canada. During those World Championships nine World Records were broken. Included in the record breaking performances were Americans Aaron Peirsol (200m back), lan Crocker (100m fly) and Jessica Hardy (100m

"It has a history of World Records that were achieved in that pool," said Harper. "And the great thing is Florida State is going to give it its own flavor, tying in with the architecture on campus. It's going to be a beautiful facility that recruits are going to want to make their home for the next four years."

