



## 2006-07 MEN'S REVIEW



Terry Horner

### HORNER WINS NATIONAL CHAMPIONSHIP

Florida State freshman diver Terrance Horner didn't waste anytime entering his name into the Seminole record books. Horner captured FSU's first individual National Title since Brandon Dedekind was victorious in the 100 breast in 1999. It was also the Seminoles first diving National Championship since Olympic Gold Medalist Phil Boggs won the 1m board competition in 1971. Horner's 6 dive total of 399.35 was a personal best and Florida State school record. Good enough to etch his name permanently in the Seminole athletic history.

### SEMINOLE MEN RECORD TOP 20 FINISH AT NCAA

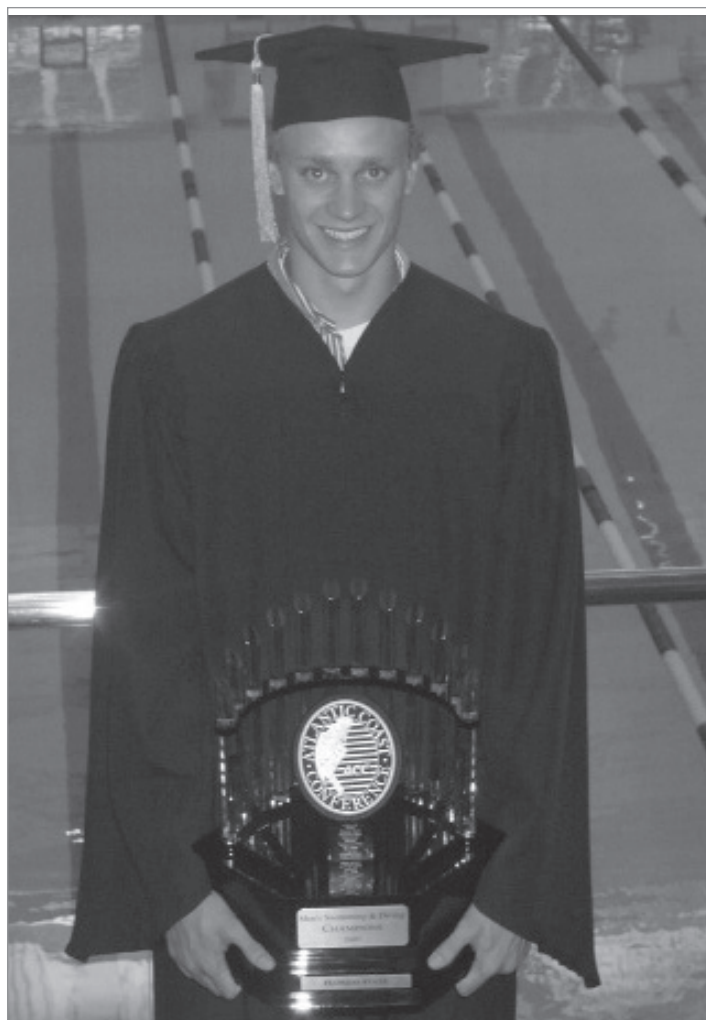
The Seminoles proved that they will be a force to be reckoned with on the national level with their 17th place finish at the NCAA National Championships. FSU scored 60 points led by two-time All-American freshman Terry Horner. Horner won the National Championship on the 1m board (399.35) and was eighth on the 3m board (383.15). Junior Kyle Young also earned All-American honors in the 1650 freestyle finishing seventh (14:57.21). Young was joined by senior Steve Roof who won Honorable mention All-American honors in the same event finishing 11th (15:03.15). Honorable Mention All-American honors were also given to the 400 free relay team of Young, Senior Alex Kennon, Junior Ed Denton and Roof who finished 15th (6:30.40). Overall the Seminoles racked up three All-American honors, three Honorable Mention All-American honors and sent six athletes to compete in 16 events earning head coach Neil Harper his best finish at the NCAA Championships as leader of the Seminoles. The Seminoles also ended the season ranked 15th in the CSCAA polls.

### FSU CAPTURES FIRST ACC TITLE

After four consecutive second place finishes at the ACC Championships Florida State finally broke through winning their first ACC crown. The Seminoles scored a school record 714 points to loosen the strangle-hold eight-time defending ACC champion Virginia had on the title. FSU was led by junior Kyle Young who earned meet MVP honors with his victories in the 500 (4:19.16) and 1650 (15:02.36) free. Joining Young on the podium was junior Ed Denton taking home the gold in the 100 free (44.09). Junior Jarryd Botha swept the backstroke events earning double gold in the 100 (48.26) and the 200 (1:46.05). Senior Alex Kennon took the crown in the 50 free in a time of 19.84. FSU also swept the medley relays. The team of junior Ian Powell, junior Billy Jamerson, freshman Corey Swanson, and Botha won the 200 medley relay (1:27.71) while the 400 medley relay team of Botha, Jamerson, senior Alex Kennon, and Denton took home the gold in a time of 3:14.25.

### ACC MEN'S COACH OF THE YEAR

After leading Florida State to the first ACC Championship in school history it was only fitting that head coach Neil Harper would be named ACC Men's Coach of the Year. This was Harper's first coach of the year award on the men's side. The Seminole head man was twice named ACC Women's Coach of the Year, the last time being in 2006.



Alex Kennon



## 2006-07 MEN'S REVIEW



*The seminole captured their first ACC title in 2006-07.*

### HORNER EARNS PAIR OF ACC HONORS

The awards kept on coming in for freshman Terry Horner. The Orlando native took home 2007 ACC Diver of the Year as well as 2007 ACC Freshman of the Year honors. Horner is only the second swimming and diving athlete ever to earn both ACC honors in the same season.

### PERFORMERS OF THE WEEK

Four Seminole swimmers took home ACC performer of the week honors in 2006-2007. Junior Ian Powell was named POW on October 16, Junior Jarryd Botha nabbed the honor on November 20, junior breaststroker Billy Jamerson was POW on December 4, and freshman diver Terry Horner took the honor on January 8. Kyle Young earned National Performer of the Week honors on February 28. He was the only ACC swimmer to earn that national honor.

### RECORD BREAKING YEAR

With unprecedented success comes records and FSU broke nine of them in 2007. Junior Kyle Young set four school records. Young set marks in the 500 free (4:19.16), 1000 free (9:01.42), 1650 free (14:57.21) and swam the lead-off leg on the 800 free relay team with senior Alex Kennon, junior Ed Denton and senior

Steve Roof (6:29.10). Denton also set a school record in the 200 individual medley with a time of 1:48.56. The 200 medley relay team of junior Ian Powell, junior Billy Jamerson, freshman Corey Swanson and junior Jarryd Botha etched their names in the school record book with a time of 1:27.71. Seminole divers also enjoyed a record-breaking season. Freshman Terry Horner broke school records in with six dive totals on the 1m (399.35) and 3m (401.65) board. Sophomore Dan Frebel broke the school record on the platform with a six dive total of 363.60.

### FSU EARNS ACADEMIC HONORS

If possible the Seminoles were even more successful in the classroom. FSU placed 17 men on the ACC Academic Honor Roll. In addition, Florida State placed five members on the second annual ACC All-Academic Team. Senior's Alex Kennon and Steve Roof joined junior Kyle Young as two-time selections. They were joined by junior Ed Denton, and freshman diver Terry Horner. Kennon was also awarded a NCAA Post Graduate Scholarship worth \$7,500. Kennon will be continuing his education at Florida State's Medical School.





## 2006-07 WOMEN'S REVIEW



Florida State finished 17th at the NCAA Championships, after narrowly missing on a repeat as conference champions.

### SEMINOLE WOMEN FINISH 17TH AT NCAA MEET

Florida State missed tying their best NCAA finish by one place in 2007 finishing with 52 points and in 17th place at the NCAA Championships. Florida State was the top finishing team from the ACC. Senior Romy Altman garnered All-American honors for FSU in the 200 back placing seventh in a school and ACC record time of 1:55.36. Senior Lauren Brick also earned All-American honors finishing fifth in the 100 breast (1:00.55). A pair of relay teams nabbed Honorable Mention All-American honors for FSU. The 400 Medley Relay team of Altman, Brick, junior Lauren Sparg, and sophomore Christie Raleigh set a new school and ACC record while finishing 10th (3:36.98). The 200 medley relay team of Raleigh, Brick, Sparg, and junior Abbie King finished 11th (1:39.95). This is the fourth time that head coach Neil Harper has lead the FSU women to a top 25 finish at the NCAA Championships. Harper's bunch also finished the season ranked 7th in the CSCAA polls, their highest ranking ever.

### FSU FINISHES SECOND AT ACC CHAMPIONSHIPS

Florida State's bid for a repeat came up a little bit short as the Seminoles finished second with 642.5 points. However, FSU was not short on individual accomplishments as sophomore Christie Raliegh was named meet MVP with her five gold medals. Raleigh won three individual events for the second consecutive year. She was victorious in the 50 free (22.67), the 100 fly (53.00), and the 100 free (49.56). Raleigh teamed with senior Lauren Brick, junior Lauren Sparg, and

junior Abbie King to win the 200 medley relay (1:39.20), and she won her fifth gold in the 400 medley relay swimming the freestyle leg with teammates Altman, Brick, and Sparg in a meet record time of 3:39.15. Senior Lauren Brick capped her ACC career with her third consecutive ACC championship in the 100 breast (1:00.57). Senior Romy Altman swept the backstroke events winning the 100 (55.14) and 200 (1:57.08) to finish her ACC career on a high note. FSU has not finished outside of the top five at the ACC Championships since head coach Neil Harpers first year at FSU.





## 2006-07 WOMEN'S REVIEW



Jen Guyler

### SEMINOLES LEAD WAY IN PERFORMER OF THE WEEK HONORS

Florida State led the way garnering six 2007 ACC Performer of the Week honors. Sophomore Christie Raleigh was named POW three times in the month of October. Senior Lauren Brick took over from there, earning POW honors once each in the months of November, December and January.

### RECORD BREAKING PERFORMANCES

The FSU women broke their fair share of records in 2007. The Seminoles broke eight school records, two ACC records and one ACC meet record. Senior Romy Altmann broke the ACC record in the 200 back (1:55.36) and swam the lead-off leg on the 400 medley relay team of Altmann, senior Lauren Brick, junior Lauren Sparg, and sophomore Christie Raleigh that shattered the ACC record with a time of 3:36.98. Altmann also broke her own school record in the 100 back (54.39). Raleigh set a new school record in the 100 fly with a time of 53.00 that was also good enough for an ACC meet record and was part of the 200 freestyle relay team of Brick, freshman Kysie Grimes and Abbie King that set a new school record of 1:31.12. Brick capped her FSU career with a school record in the 100 breast (1:00.57). Sparg etched her name in the record books in the 200 fly (1:59.47) and sophomore Jen Guyler broke a 27 year-old record in the 1,000 free with a time of 9:58.06.

### SEMINOLE SWIMMERS LEAD WAY ACADEMICALLY

The FSU women weren't just successful in the pool. The Seminoles put 23 athletes on the ACC Academic Honor Roll. Florida State also landed six swimmers on the second annual ACC All-Academic Team. Junior Abbie King and junior Stacy Rademacher made the team for the second consecutive year. They were joined by sophomore Ann Cipoletti, freshman Jennifer Guyler, freshman Ashley Lawler, and sophomore Caroline Robertson. Florida State's six selections led the ACC.



Romy Altmann



# THIS IS THE ACC

## THE TRADITION

Consistency. It is the mark of true excellence in any endeavor.

However, in today's intercollegiate athletics, competition has become so balanced and so competitive that it is virtually impossible to maintain a high level of consistency.

Yet the Atlantic Coast Conference has defied the odds. Now in its 55th year of competition, the ACC has long enjoyed the reputation as one of the strongest and most competitive intercollegiate conferences in the nation. And that is not mere conjecture, the numbers support it.

Since the league's inception in 1953, ACC schools have captured 105 national championships, including 56 in women's competition and 49 in men's. In addition, NCAA individual titles have gone to ACC student-athletes 139 times in men's competition and 86 times in women's action.

The conference made an immediate impact in women's soccer on the national college scene in the fall of 1987 when North Carolina captured the first of what would eventually be 14 national titles for the ACC. Since becoming a league sponsored sport, the Tar Heels have laid claim to 14 of the last 20 national championships, including eight consecutive titles between 1987 and 1994.

In 2006, the ACC sent seven teams to the NCAA Tournament for the second-straight year as Boston College, Clemson, Duke, Florida State, North Carolina, Virginia and Wake Forest all returned to postseason play. It marked the fifth time in the last six years that at least seven teams from the ACC received a bid into the national tournament. North Carolina continued its prowess in the sport as the Tar Heels captured a league-best 17 ACC championship title en route to bringing home the 2006 NCAA crown for the second time in the last four years and 14th overall.

The ACC has garnered at least three national seeds in the NCAA Tournament the last four years, including 2003 and 2005 when the ACC received a league-record four national seeds. In the 2006 national postseason event, North Carolina, Florida State and Wake Forest were seeded the top three teams, respectively. The Tar Heels and Florida State advanced to the College Cup with UNC returning to the semifinals after a two-year hiatus, while the Seminoles made their second consecutive trip and third overall in the last four years. FSU's appearance in the College Cup is the most by any other team in the ACC and the second most in the nation, trailing only UCLA which made its fourth consecutive trip last year.

National recognition poured in for ACC schools in 2006, as six teams capped off the season ranked among the top 25 in two of the three major polls (Soccer America, Soccer Buzz and NSCAA) with North Carolina and Florida State in the top 10 of all three polls. The Tar Heels' Heather O'Reilly was tabbed the Honda Award winner and Soccer America Player of the Year, while teammate Yael Averbuch was named Soccer Buzz Player of the Year. The UNC duo was also named Soccer America MVPs, along with India Trotter from FSU. UNC's Anson Dorrance was voted National Coach of the Year by both Soccer America and Soccer Buzz.

The 11 schools that take to the field this fall under the ACC banner have garnered 113 first, second or third team NSCAA All-America distinctions, 49 National Player of the Year titles and 12 National Rookie of the Year honors. The ACC has also amassed 38 Academic All-Americans since 1986.

## 2006-07 IN REVIEW

The 2006-07 academic year concluded with league teams capturing five national team titles and 24 individual NCAA crowns. In all, the ACC has won 39 national team titles over the last 11 years. The ACC has won two or more NCAA titles in 25 of the past 27 years.

A total of 137 ACC teams placed in NCAA post-season competition in 2006-07. League teams compiled a 109-70-7 (.605) mark against non-conference opponents in NCAA championship competition. In addition, the ACC had 181 student-athletes earn first team All-America honors this past year. Overall, the league had 250 first, second or third team All-Americans. In addition, the ACC produced nine national Player of the Year and six national Coach of the Year honorees.

## THE CHAMPIONSHIPS

The conference will conduct championship competition in 24 sports during the 2007-08 academic year - 12 for men and 12 for women.

The first ACC championship was held in swimming on February 25, 1954. The conference did not conduct championships in cross country, wrestling or tennis during the first year.

The 12 sports for men include football, cross country, soccer, basketball, swimming, indoor and outdoor track, wrestling, baseball, tennis, golf and lacrosse. Fencing, which was

started in 1971, was discontinued in 1981.

Women's sports were initiated in 1977 with the first championship meet being held in tennis at Wake Forest University.

Championships for women are currently conducted in cross country, field hockey, soccer, basketball, swimming, indoor and outdoor track, tennis, golf, lacrosse, softball and rowing.

## A HISTORY

The Atlantic Coast Conference was founded on May 8, 1953, at the Sedgefield Inn near Greensboro, N.C., with seven charter members - Clemson, Duke, Maryland, North Carolina, North Carolina State, South Carolina and Wake Forest - drawing up the conference by-laws.

The withdrawal of seven schools from the Southern Conference came early on the morning of May 8, 1953, during the Southern Conference's annual spring meeting. On June 14, 1953, the seven members met in Raleigh, N.C., where a set of bylaws was adopted and the name became officially the Atlantic Coast Conference.

Suggestions from fans for the name of the new conference appeared in the region's newspapers prior to the meeting in Raleigh. Some of the names suggested were: Dixie, Mid South, Mid Atlantic, East Coast, Seaboard, Colonial, Tobacco, Blue-Gray, Piedmont, Southern Seven and the Shoreline.

Duke's Eddie Cameron recommended that the name of the conference be the Atlantic Coast Conference, and the motion was passed unanimously. The meeting concluded with each member institution assessed \$200.00 to pay for conference expenses.

On December 4, 1953, conference officials met again at Sedgefield and officially admitted the University of Virginia as the league's eighth member. The first, and only, withdrawal of a school from the ACC came on June 30, 1971, when the University of South Carolina tendered its resignation.

The ACC operated with seven members until April 3, 1978, when the Georgia Institute of Technology was admitted. The Atlanta school had withdrawn from the Southeastern Conference in January of 1964.

The ACC expanded to nine members on July 1, 1991, with the addition of Florida State University.

The conference expanded to 11 members on July 1, 2004, with the addition of the University of Miami and Virginia Polytechnic Institute and State University. On October 17, 2003, Boston College accepted an invitation to become the league's 12th member starting July 1, 2005.

## SCHOOL AFFILIATIONS

**BOSTON COLLEGE** -- Charter member of the Big East Conference in 1979; joined the ACC in July, 2005.

**CLEMSON** -- Charter member of the Southern Intercollegiate Athletic Association in 1894; a charter member of the Southern Conference in 1921; a charter member of the Atlantic Coast Conference (ACC) in 1953.

**DUKE** -- Joined the Southern Conference in December, 1928; charter member of the ACC in 1953.

**FLORIDA STATE** -- Charter member of the Dixie Conference in 1948; joined the Metro Conference in July, 1976; joined the ACC July, 1991.

**GEORGIA TECH** -- Charter member of the Southern Intercollegiate Athletic Association in 1894; charter member of Southern Conference in 1921; charter member of the SEC in 1932; joined the ACC in April, 1978.

**MARYLAND** -- Charter member of the Southern Conference in 1921; charter member of the ACC in 1953.

**MIAMI** -- Charter member of the Big East Football Conference in 1991; joined the ACC in July, 2004.

**NORTH CAROLINA** -- Charter member of the Southern Intercollegiate Athletic Association in 1894; charter member of the Southern Conference in 1921; charter member of the ACC in 1953.

**NC STATE** -- Charter member of the Southern Conference in 1921; charter member of the ACC in 1953.

**VIRGINIA** -- Charter member of the Southern Intercollegiate Athletic Association in 1894; charter member of the Southern Conference in 1921; resigned from Southern Conference in December 1936; joined the ACC in December, 1953.

**VIRGINIA TECH** -- Charter member of the Southern Conference in 1921; withdrew from the Southern Conference in June, 1965; became a charter member of the Big East Football Conference in Feb. 5, 1991; joined the ACC in July, 2004.

**WAKE FOREST** -- Joined the Southern Conference in February, 1936; charter member of the ACC in 1953.



# ACC ALL-TIME RECORDS

## ACC MEN'S RECORDS

50 Freestyle	Conference: 19.07	Cullen Jones, NC State, 2006
	ACC Meet: 19.07	Cullen Jones, NC State, 2006
100 Freestyle	Conference: 42.96	Brendon Dedekind, Florida State, 1999
	ACC Meet: 42.96	Brendon Dedekind, Florida State, 1999
200 Freestyle	Conference: 1:35.59	John Davis, North Carolina, 1990
	ACC Meet: 1:35.59	John Davis, North Carolina, 1990
500 Freestyle	Conference: 4:16.32	Ian Prichard, Virginia, 2001
	ACC Meet: 4:16.32	Ian Prichard, Virginia, 2001
1000 Freestyle	Conference: 8:54.56	Fran Crippen, Virginia, 2003
1650 Freestyle	Conference: 14:46.05	Fran Crippen, Virginia, 2003
	ACC Meet: 14:47.99	Shilo Ayalon, Georgia Tech, 2003
100 Backstroke	Conference: 47.72	Stephen Parry, Florida State, 1999
	ACC Meet: 48.10	Rob Braknis, Florida State, 1995; Ted Brisson, North Carolina, 1998
200 Backstroke	Conference: 1:42.67	Luke Wagner, Virginia, 2001
	ACC Meet: 1:43.39	Rob Braknis, Florida State, 1995
100 Breaststroke	Conference: 52.60	Ed Moses, Virginia, 2000
	ACC Meet: 52.60	Ed Moses, Virginia, 2000
200 Breaststroke	Conference: 1:53.99	Ed Moses, Virginia, 2000
	ACC Meet: 1:54.79	Gary Marshall, Virginia, 2002
100 Butterfly	Conference: 46.86	Tucker Shade, North Carolina, 1998
	ACC Meet: 47.05	Scott Beard, Virginia Tech, 2006
200 Butterfly	Conference: 1:42.84	Michael Raab, Virginia, 2003
	ACC Meet: 1:43.54	Doak Finch, Virginia, 2000
200 Individual Medley	Conference: 1:46.20	Bo Greenwood, Virginia, 2002
	ACC Meet: 1:46.20	Bo Greenwood, Virginia, 2002
400 Individual Medley	Conference: 3:44.99	Bo Greenwood, Virginia, 2002
	ACC Meet: 3:44.99	Bo Greenwood, Virginia, 2002
1-Meter Diving	ACC Meet: 560.25	Paul Spray, Florida State, 1992
3-Meter Diving	ACC Meet: 621.05	Louis Gagnet, Florida State, 2003
200 Free Relay	Conference: 1:18.75	Florida State (Santos, Flanagan, McVittie, Dedekind), 1998
	ACC Meet: 1:18.78	Florida State (Dedekind, Coelho, McVittie, Braknis), 1997
400 Free Relay	Conference: 2:55.22	Florida State (Dedekind, Coelho, McVittie, Braknis), 1997
	ACC Meet: 2:55.22	Florida State (Dedekind, Coelho, McVittie, Braknis), 1997
800 Free Relay	Conference: 6:26.71	North Carolina (Monasterio, Hamrick, Summerlin, deFabrique), 1993
	ACC Meet: 6:27.16	Virginia (Mellors, Millen, Hirniak, Crippen), 2006
200 Medley Relay	Conference: 1:26.88	NC State (Velleca, Velez, Cowling, Jones), 2006
	ACC Meet: 1:26.88	NC State (Velleca, Velez, Cowling, Jones), 2006
400 Medley Relay	Conference: 3:11.60	Virginia (Mousetis, Moses, Finch, Johnson), 2000
	ACC Meet: 3:11.60	Virginia (Mousetis, Moses, Finch, Johnson), 2000

## ACC WOMEN'S RECORDS

50 Freestyle	Conference: 22.40	Richelle Fox, North Carolina, 1998
	ACC Meet: 22.45	Christy Watkins, North Carolina, 2002
100 Freestyle	Conference: 48.84	Mitzi Kremer, Clemson, 1989
	ACC Meet: 49.35	Richelle Fox, North Carolina, 1998
200 Freestyle	Conference: 1:44.78	Mitzi Kremer, Clemson, 1989
	ACC Meet: 1:46.36	Jessi Perruquet, North Carolina, 2004
500 Freestyle	Conference: 4:39.18	Mitzi Kremer, Clemson, 1989
	ACC Meet: 4:42.35	Cara Lane, Virginia, 2002
1000 Freestyle	Conference: 9:24.84	Mirjana Bosevska, Virginia, 2000
1650 Freestyle	Conference: 15:53.49	Cara Lane, Virginia, 2003
	ACC Meet: 15:58.64	Cara Lane, Virginia, 2001
100 Backstroke	Conference: 52.76	Brielle White, Virginia, 2006
	ACC Meet: 53.63	Brielle White, Virginia, 2004
200 Backstroke	Conference: 1:55.67	Brielle White, Virginia, 2006
	ACC Meet: 1:55.83	Brielle White, Virginia, 2006
100 Breaststroke	Conference: 1:00.45	Danica Wizniuk, Virginia, 1999
	ACC Meet: 1:00.52	Danica Wizniuk, Virginia, 1999
200 Breaststroke	Conference: 2:11.12	Katie Hathaway, North Carolina, 2002
	ACC Meet: 2:11.82	Danica Wizniuk, Virginia, 1999
100 Butterfly	Conference: 52.34	Richelle Depold, North Carolina, 1997
	ACC Meet: 53.45	Richelle Fox, North Carolina, 1998
200 Butterfly	Conference: 1:57.66	Kelly Weeks, North Carolina, 2003
	ACC Meet: 1:58.41	Melanie Buddemeyer, North Carolina, 1985
200 Individual Medley	Conference: 1:59.31	Mirjana Bosevska, Virginia, 2002
	ACC Meet: 1:59.31	Mirjana Bosevska, Virginia, 2002
400 Individual Medley	Conference: 4:09.75	Mirjana Bosevska, Virginia, 2002
	ACC Meet: 4:11.76	Mirjana Bosevska, Virginia, 2002
200 Free Relay	Conference: 1:30.98	Virginia (Georoff, Ellis, Crane, Roesch), 2002
	ACC Meet: 1:31.34	Maryland (Novotny, Catterson, Adamkova, Bowman), 2001
400 Free Relay	Conference: 3:19.81	Virginia (Roesch, Ellis, Georoff, Dykehouse), 2002
	ACC Meet: 3:20.45	North Carolina (Watkins, Hathaway, Perruquet, Acuff), 2001
800 Free Relay	Conference: 7:13.29	Maryland (Lavell, Miller, Sackett, Malanina), 2005
	ACC Meet: 7:13.29	Maryland (Lavell, Miller, Sackett, Malanina), 2005
200 Medley Relay	Conference: 1:38.59	Florida State (Raleigh, Brick, Sparg, Ellis), 2006
	ACC Meet: 1:38.59	Florida State (Raleigh, Brick, Sparg, Ellis), 2006
400 Medley Relay	Conference: 3:39.07	Florida State (Altmann, Brick, Raleigh, Ellis), 2006
	ACC Meet: 3:39.28	Virginia (Iffland, Wizniuk, McCubbins, Cronk), 1999





# 2006-07 MEN'S ACC SUMMARY

	Conference				Overall			
	W	L	T	Pct.	W	L	T	Pct
Florida State	1	0	0	1.000	6	2	0	.750
Virginia	6	0	0	1.000	8	2	0	.800
North Carolina	4	1	0	.800	5	3	0	.625
Virginia Tech	3	2	0	.600	10	2	0	.833
Clemson	4	3	0	.571	9	3	0	.750
NC State	2	3	0	.400	3	5	0	.375
Georgia Tech	1	4	0	.200	3	6	0	.333
Duke	1	4	0	.200	3	5	0	.375
Miami	0	1	0	.000	1	1	0	.500
Maryland	0	6	0	.000	2	9	0	.182
Boston College	0	0	0	.000	8	5	0	.615

## ACC CHAMPIONSHIP RESULTS

College Park, Md., February 22-25

1. Florida State	714
2. Virginia	616.5
3. North Carolina	532.5
4. Virginia Tech	388
5. Clemson	323.5
6. Georgia Tech	267.5
7. NC State	258
8. Maryland	253
9. Duke	128
10. Miami	73
11. Boston College	68

## ACC MEET INDIVIDUAL CHAMPS

50 Free	Alex Kennon, FSU	19.84
100 Free	Ed Denton, FSU	44.09
200 Free	Hank Browning, UNC	1:36.43
500 Free	Kyle Young, FSU	4:19.16
1650 Free	Kyle Young, FSU	15:02.36
100 Breast	Vanja Rogulj, UVA	53.14
200 Breast	Vanja Rogulj, UVA	1:56.57
100 Fly	Scott Beard, VT	47.40
200 Fly	Stefan Hirniak, UVA	1:45.36
100 Back	Jarryd Botha, FSU	48.70
200 Back	Jarryd Botha, FSU	1:45.44
200 IM	Pat Mellors, UVA	1:45.77*
400 IM	Pat Mellors, UVA	3:45.47
1m Diving	Ruben Ross, UM	387.30
3m Diving	Ruben Ross, UM	439.15
200 Free Relay	Virginia Tech	1:19.47
400 Free Relay	Virginia Tech	2:56.67
800 Free Relay	Virginia	6:27.08*
200 Medley Relay	Florida State	1:27.71
400 Medley Relay	Florida State	3:14.25

\*ACC Meet Record

## TOP 8 ACC FINISHERS AT NCAA CHAMPIONSHIPS

1650 Free	6th	Chip Peterson, NC
1650 Free	7th	Kyle Young, FSU
1650 Free	8th	John Millen, UVA
200 IM	7th	Pat Mellors, UVA
400 IM	3rd	Pat Mellors, UVA
1M Diving	1st	Terry Horner, FSU
	3rd	Ruben Ross, UM
3M Diving	3rd	Terry Horner, FSU
Platform Diving	4th	Ruben Ross, UM

## ALL-AMERICANS

Evan Stowers	Georgia Tech
Ed Denton	Florida State
Terry Horner	Florida State*
Alex Kennon	Florida State
Steve Roof	Florida State
Kyle Young	Florida State
Ruben Ross	Miami
Chip Peterson	North Carolina
Stefan Hirniak	Virginia
Richard Hutton	Virginia
Pat Mellors	Virginia
John Millen	Virginia
Vanja Rogulj	Virginia

\*National Champion

## ALL-ACC TEAM

Clemson (3)	Adam Farnham, Joel Johnson, Attila Ruzska
Florida State (9)	Jarryd Botha, Billy Jamerson, Alex Kennon, Ed Denton, Terry Horner, Ian Powell, Steve Roof, Corey Swanson, Kyle Young
Georgia Tech (1)	Ryan Bishop
Maryland (2)	Danny Gray, Dong Kim
Miami (2)	Ruben Ross, Derek Starks
North Carolina (4)	Hank Browning, Hank Laabs, Phillip Owen, Chip Peterson
NC State (2)	Austin Hampton, Steve Mellor
Virginia (8)	Bjorn Falk, Stefan Hirniak, Ryan Hurley, Rich Hutton, John Millen, Pat Mellors, Pat Reams, Vanja Rogulj, Scott Beard, Jake Bova, Gus Calado, Zac Czaplicki, Ian deToll, Kaan Tayla
Virginia Tech (6)	

## ACC AWARDS

### ACC Meet MVP

Kyle Young, Florida State

### ACC Swimmer of the Year

Pat Mellors, Virginia

### ACC Diver of the Year

Terry Horner, Florida State

### ACC Freshman of the Year

Terry Horner, Florida State





# 2006-07 WOMEN'S ACC SUMMARY

	Conference			Overall			
	W	L	Pct.	W	L	T	Pct
Florida State	2	0	1.000	9	1	0	.900
North Carolina	5	0	1.000	8	1	0	.889
Virginia	5	1	.833	7	3	0	.700
Virginia Tech	4	1	.800	9	2	0	.818
Clemson	4	4	.500	10	5	0	.667
Maryland	3	3	.500	6	5	0	.545
Duke	1	4	.200	4	5	0	.500
Georgia Tech	1	4	.200	4	7	0	.364
Miami	0	1	.000	4	5	0	.444
Boston College	0	2	.000	9	5	0	.643
Miami	0	5	.000	3	7	0	.300

## ACC CHAMPIONSHIP RESULTS

College Park, Md., February 15-18

1. North Carolina	737
<b>2. Florida State</b>	<b>642.5</b>
3. Virginia	475
4. Virginia Tech	393.5
5. Clemson	357.5
6. Maryland	332
7. Miami	299
8. Duke	150
9. Georgia Tech	150
10. NC State	123.5
11. Boston College	77

## ACC MEET INDIVIDUAL CHAMPS

<b>50 Free</b>	<b>Christie Raleigh</b>	<b>FSU</b>	<b>22.67</b>
<b>100 Free</b>	<b>Christie Raleigh</b>	<b>FSU</b>	<b>49.56</b>
200 Free	Jess Lewis	UVA	1:48.06
500 Free	Whitney Sprague	UNC	4:45.35
1650 Free	Whitney Sprague	UNC	16:10.02
<b>100 Breast</b>	<b>Lauren Brick</b>	<b>FSU</b>	<b>1:00.57</b>
200 Breast	Jessica Botzum	VT	2:13.52
<b>100 Fly</b>	<b>Christie Raleigh</b>	<b>FSU</b>	<b>53.00*^</b>
200 Fly	Lindsey Marck	UNC	1:59.19
<b>100 Back</b>	<b>Romy Altmann</b>	<b>FSU</b>	<b>55.14</b>
<b>200 Back</b>	<b>Romy Altmann</b>	<b>FSU</b>	<b>1:57.08</b>
200 IM	Jessica Botzum	VT	2:00.53
400 IM	Erin Corgan	UVA	4:17.31
1M Diving	Jenna Dreyer	UM	336
3M Diving	Jenna Dreyer	UM	364.15
200 Free Relay	Clemson		1:31.09*^
400 Free Relay	North Carolina		3:19.44
800 Free Relay	North Carolina		7:14.38^
<b>200 Medley Relay</b>	<b>Florida State</b>		
<b>1:39.20^</b>			
<b>400 Medley Relay</b>	<b>Florida State</b>		
<b>3:39.15*^</b>			

\* ACC Meet Record

^ Koury Natatorium pool record

## TOP 8 ACC FINISHERS AT

### NCAA CHAMPIONSHIPS

100 Free	7th	Sara Smith, VT
1650 Free	3rd	Whitney Sprague, UNC
<b>100 Breast</b>	<b>5th</b>	<b>Lauren Brick, FSU</b>
	8th	Jessica Botzum, VT
200 Breast	4th	Jessica Botzum, VT
<b>200 Back</b>	<b>7th</b>	<b>Romy Altmann, FSU</b>
1m Diving	3rd	Jenna Dreyer, UM
3m Diving	5th	Heather Bounds, UM
Platform Diving	6th	Brittany Viola, UM

### NCAA ALL-AMERICANS

Kim Routh	Clemson
<b>Romy Altmann</b>	<b>Florida State</b>
<b>Lauren Brick</b>	<b>Florida State</b>
<b>Abbie King</b>	<b>Florida State</b>
<b>Christie Raleigh</b>	<b>Florida State</b>
<b>Lauren Sparg</b>	<b>Florida State</b>
Heather Bounds	Miami
Jenna Dreyer	Miami
Brittany Viola	Miami
Whitney Sprague	North Carolina
Megan Evo	Virginia
Stephanie Glover	Virginia
Jenna Harris	Virginia
Jessica Lewis	Virginia
Jessica Botzum	Virginia Tech
Sara Smith	Virginia Tech

## ALL-ACC TEAM

Clemson (4)	Kallie Deters, Michelle Parkhurst, Rachel Regone, Lauren Sindall
<b>Florida State (7)</b>	<b>Christie Raleigh, Lauren Brick, Lauren Sparg, Abbie King, Jen Guylar, Romy Altmann, Lindsay Kenney</b>
Georgia Tech (1)	Stephanie England
Maryland (1)	Sasha Malanina
Miami (2)	Jenna Dreyer, Heather Bounds
North Carolina (12)	Ashley Howard, Eliza Butts, Kelsey Morrissy, Whitney Sprague, Alison Clemmons, Lindsey Marck, Kristin Oxford, Lindsay McIlvain, Nicole O'Donnell, Megan Steeves, Aubrette Biegel, Laura Flip
Virginia (4)	Jenn Narum, Erin Corgan, Jess Lewis, Mel Christensen
Virginia Tech (3)	Jessica Botzum, Sara Smith, Millie Campbell

## ACC AWARDS

### ACC Meet MVP

Christie Raleigh, Florida State

### ACC Swimmer of the Year

Jessica Botzum, Virginia Tech

### ACC Co-Divers of the Year

Jenna Dreyer, Miami

### ACC Freshman of the Year

Brittany Viola, Miami

### ACC Coach of the Year

Frank Comfort, North Carolina







# ACC ACADEMIC HONOR ROLL

## 1993 (18)

Dorotea Bralic  
Robert Caicedo  
Kristen Campbell  
Anne Castello  
Nadezda Cenanovic  
Brian Davey  
Ann Evins  
John Haynes  
Meghan Henning  
Brad Hoffman  
Helen Jepson  
Ronda King  
Ruth Kominski  
Valerie Moore  
Jason Porter  
Christine Steinberg  
John Tyler  
Claudia Wilson

## 1994 (22)

Shauan Albernathie  
Dorotea Bralic  
Kristen Campbell  
Anne Castello  
Eduardo Coelho  
Brian Davey  
Elizabeth Engel  
Ann Evins  
Margaet Fox  
Maider Gaztanaga  
Jose Gutierrez  
John Haynes  
Brad Hoffman  
Helen Jepson  
Ruth Kominski  
Shannon McHugh  
Jlieanne Peluso  
Mathew Schmauch  
John Tyler  
George Willard  
Claudia Wilson  
Jennifer Withrow

## 1995 (26)

Shaun Abernathie  
Thomas Bendixon  
Dorotea Bralic  
Meghan Brennan  
Kristen Campbell  
Colleen Carpenter  
Eduardo Coelho  
Cara Duncan  
Mathew Dunn  
Elizabeth Engel  
Maider Gaztanaga  
Ryan Gratzick  
Caroline Hamilton  
John Haynes  
Julia Henderson  
Sarah Henderson  
Andrew Hjortaaas  
Brad Hoffman  
Helen Jepson  
Ruth Kominski  
Pamela Kuznia  
Shannon McHugh  
Jose Merino  
Julieanne Peluso  
Claudia Wilson  
Jennifer Withrow

## 1996 (27)

Amy Armond  
Thomas Bendixen  
Meghan Brennan  
Kristen Campbell  
Neikuan Chia  
Eduardo Coelho  
Brendon Dedekind

Kerwin Deese  
Mathew Dunn  
Nathan Eley  
Jennifer Engelbrecht  
Maider Gaztanaga  
Corey Geraghty  
Ryan Gratzick  
Caroline Hamilton  
John Haynes  
Julia Henderson  
Carlos Henley  
Helen Jepson  
Shannon McHugh  
Stephen Parry  
Tenelle Ramer  
Mathew Schmauch  
David Semesco  
Timothy Welsh  
Claudia Wilson  
Katherine Wright

## 1997 (27)

Rachel Amman  
Amy Armond  
Brent Burkman  
Neikuan Chia  
Danny Chocron  
Eduardo Coelho  
Brendon Dedekind  
Kerwin Deese  
Jennifer Engelbrecht  
Kevin Flanagan  
Maider Gaztanaga  
Corey Geraghty  
Ryan Gratzick  
Caroline Hamilton  
Sarah Henderson  
Helen Jepson  
Pamela Kuznia  
Cindy Marion  
Shannon McHugh  
Ben Nuttall  
Stephen Parry  
Marya Sabesky  
Karin Schmedeman  
Danielle Stafford  
Maria Toole  
Claudia Wilson  
Kile Zellar

## 1998 (22)

Kristen Adams  
Rachel Amman  
Brent Burkman  
Katie Decker  
Kerwin Deese  
Jenny Engelbrecht  
Kevin Flanagan  
Sherri Fowler  
Polly Jaskowski  
Cindy Marion  
Kristie McRoberts  
Matt McVittie  
Stephen Parry  
Brett Petersen  
Tenelle Ramer  
Kevin Rowley  
Marya Sabesky  
Sarah Scobey  
Danielle Stafford  
Mara Toole  
Tim Welsh  
Katie Wright

## 1999 (25)

Kristen Adams  
Danny Chocron  
Brendon Dedekind  
Liska Dedekind  
Kerwin Deese  
Jenny Engelbrecht  
Kevin Flanagan

Jonathan Fry  
Amber Goodwin  
Tanya Gurr  
James Henley  
Karen Hirai  
Jonathan Kaplan  
Amber McLain  
Matt McVittie  
Ben Nuttall  
Chad Onken  
Ann Parker  
Stephen Parry  
Marya Sabesky  
Micha  
el Singleton  
Mara Toole  
Summer Washburn  
Samantha White  
Katie Wright

## 2000 (27)

Kristen Adams  
Summer Bell  
Brent Burkman  
Christy Cech  
Danny Chocron  
Devin Crock  
Liska Dedekind  
Jill Deviese  
Kevin Flanagan  
Steven Forson  
Shannon Goff  
Amber Goodwin  
Tanya Gurr  
Karen Hirai  
Karin Holmsted  
Jonathan Kaplan  
Kristan Keelan  
Keryn Krynauw  
Karen Lawsky  
Megan Lock  
Amber McLain  
Nelson Mora  
Elizabeth Nagy  
Marya Sabesky  
William Schultz  
Seth Swisher  
Christine Williams

## 2001 (22)

Kristen Adams  
Summer Bell  
Christine Cech  
Margaret Colley  
Alison Cucchi  
Joshua Edelman  
Steven Forson  
Michael Franks  
Karen Hirai  
Jonathan Kaplan  
Kristan Keelan  
Lisa Kirsch  
James Korton  
Amy Lo  
Elizabeth Nagy  
Candice Nethercott  
Michael Paulus  
Tonya Rasor  
Marya Sabesky  
Seth Swisher  
Lauren Walker  
Matt Wheeler

## 2002 (32)

Emily Armond  
Michael Averett  
Justin Betts  
Megan Boyle  
Emily Breen  
Christine Cech  
Michael Clarke  
Margaret Colley

Devin Crock  
Alison Cucchi  
Jennifer Henshaw  
Caren Hirai  
Lisa How  
Jonathan Kaplan  
Kristan Keelan  
Laura Kenney  
Lisa Kirsch  
Keryn Krynauw  
Angie Leach  
Amy Lo  
Jennie Lyes  
Elizabeth Nagy  
Wickus Nienaber  
Liz Parkinson  
Michael Paulus  
Christina Pesce  
Tonya Rasor  
Meredith Roberts  
Jennifer Smith  
Jessica Walker  
Matt Wheeler  
Kayce Zemina

## 2003 (20)

Jason Beinlich  
Emily Breen  
Katie Byrnes  
Margaret Colley  
Devin Crock  
Rachel Dong  
Emma Dutton  
Louis Gagnet  
Samuel Hood  
Laura Kenney  
Angela Leach  
Andree-Anne Leroy  
Amy Lo  
Elizabeth Nagy  
Elizabeth Parkinson  
Michael Paulus  
Tonya Rasor  
Joel Roycik  
Jennifer Smith  
Matthew Wheeler

## 2004 (23)

Michael Averett  
Justin Betts  
Emily Breen  
Katie Byrnes  
Andrew Castro  
Rachel Dong  
Emma Dutton  
Paul Erben  
Loren Hansen  
Alex Kennon  
Angela Leach  
Andree-Anne Leroy  
Amy Lo  
Elizabeth Parkinson  
Michael Paulus  
Tonya Rasor  
Katie Ronan  
Steve Roof  
Curtis Schroeger  
Jennifer Smith  
Tal Stricker  
Matthew Wheeler  
Kayce Zemina

## 2005 (22)

Camille Akridge  
Michael Averett  
Emily Breen  
Brendan Burke  
Peter Crane  
Ed Denton  
Paul Erben  
Elise Hatfield  
Courtney Hudak

Alex Kennon  
Abbie King  
Angela Leach  
Courtney McClow  
Stacy Rademacher  
Katie Ronan  
Steve Roof  
Curtis Schroeger  
Kate Skaggs  
Brittany Stevens  
Alex Tilbrook  
Kyle Young  
Kayce Zemina

## 2006 (25)

Romy Altmann  
Brendan Burke  
Stephan Connor  
Peter Crane  
Scott Derner  
Paul Erben  
Matthew Hammond  
Carissa Hanna  
Elise Hatfield  
Kylan Huntwork  
Derek Jones  
Alex Kennon  
Abbie King  
Megan Matherly  
Kathryn Metka  
Janine Pariente  
Stacy Rademacher  
Michael Rice  
Caroline Robertson  
Katie Ronan  
Steve Roof  
Joel Roycik  
Cameron Russell  
Kathryn Skaggs  
Kyle Young

## 2007 (40)

Romy Altman  
Lauren Brick  
Brendan Burke  
Jessica Carr  
Ann Cipoletti  
Ed Denton  
Scott Derner  
Paul Erben  
Shawn Erickson  
Dan Frebel  
Lindsay Guers  
Jen Guyler  
Matthew Hammond  
Elise Hatfield  
Kristina Helmers  
Georgia Holderness  
James Holway  
Terry Homer  
Kylan Huntwork  
Alex Kennon  
Abbie King  
Leigh Ann King  
Ashley Lawler  
Merideth Martelle  
Megan Matherly  
Aleia Monden  
Mark Nicholls  
Lloyd Owens  
Stacy Rademacher  
Michael Rice  
Caroline Robertson  
Katherine Ronan  
Steve Roof  
Katie Sirounis  
Kate Skaggs  
Lauren Sparg  
Teresa Tessier  
Alex Tilbrook  
David Toffaletti  
Kyle Young



# ALL-TIME ACC CHAMPIONS

## MEN

### 1992

Desmond Koh.....200 Breast  
Paul Spray.....1M Diving & 3M Diving

### 1993

Ignacio Merino.....200 Fly  
Rob Braknis.....100 Back

### 1994

Rob Braknis.....100 Back

### 1995

Frank Bradley.....200 IM  
Rob Braknis.....50 Free, 100 Back & 200 Back  
Chad Haberstroh.....400 IM  
200 Free Relay.....(Braknis, Coelho, Schlichenmaier, Gerrard)  
200 Medley Relay.....(Braknis, Merino, Bengston, Coelho)  
400 Medley Relay.....(Braknis, Merino, Bengston, Coelho)

### 1996

Brendon Dedekind.....50 Free & 100 Free  
Chad Haberstroh.....400 IM  
200 Free Relay.....(Dedekind, Coelho, McVittie, Haynes)

### 1997

Rob Braknis.....100 Back & 200 Back  
Brendon Dedekind...50 Free, 100 Free & 100 Breast  
Stephen Parry.....200 Free & 200 Fly  
200 Free Relay.....(Dedekind, Coelho, McVittie, Braknis)  
400 Free Relay.....(Dedekind, Coelho, McVittie, Braknis)  
200 Medley Relay (Braknis, Peterson, Parry, Coelho)  
400 Medley Relay.....(Braknis, Peterson, Parry, Dedekind)

### 1998

Brendon Dedekind.....50 Free & 100 Breast  
200 Free Relay.....(Santos, McVittie, Flanagan, Dedekind)  
400 Free Relay.....(Santos, McVittie, Flanagan, Dedekind)  
200 Medley Relay..(Parry, Petersen, Ang, Dedekind)

### 1999

Brendon Dedekind.....50 Free, 100 Free, 100 Breast  
Stephen Parry.....200 Free, 200 Fly & 200 Back  
200 Free Relay.....(Santos, McVittie, Flanagan, Dedekind)  
400 Free Relay.....(Santos, McVittie, Flanagan, Dedekind)  
800 Free Relay.....(McVittie, Mora, Santos, Parry)  
200 Medley Relay.....(Braknis, Petersen, Parry, Dedekind)  
400 Medley Relay.....(Braknis, Petersen, Parry, Dedekind)

### 2000

Brent Burkman.....1M Diving  
200 Free Relay.....(Main-Baillie, Ammons, Marshburn, Flanagan)

### 2001

Devin Crock.....100 Fly  
Josh Edelman.....1M Diving & 3M Diving  
Greg Main-Baillie.....50 Free

### 2002

Louis Gagnet.....1M Diving & 3M Diving  
200 Medley Relay.....(Ammons, Betts, Crock, Mashburn)

### 2003

Justin Betts.....100 Breast  
Louis Gagnet.....1M Diving & 3M Diving  
200 Free Relay.....(Ammons, Marshburn, Carmen, Nienaber)  
200 Medley Relay.....(Cook, Betts, Marshburn, Ammons)

### 2004

Wickus Nienaber.....100 Breast  
Joel Roycik.....100 Fly  
200 Medley Relay.....(Vythoukaskas, Nienaber, Averett, Paulus)

### 2005

400 Free Relay....(Roycik, Kennon, Averett, Denton)

### 2006

Jarryd Botha.....200 Back  
200 Free Relay.....(Botha, Denton, Kennon, Roycik)  
400 Free Relay.....(Kennon, Botha, Denton, Roycik)

### 2007

Kyle Young.....500 Free & 1650 Free  
Alex Kennon.....50 Free  
Jarryd Botha.....100 Back, 200 Back  
Ed Denton.....100 Free  
200 Medley Relay.....(Powell, Jamerson, Swanson, Botha)  
400 Medley Relay.....(Botha, Jamerson, Kennon, Denton)

## WOMEN

### 1993

Dora Bralic.....100 Breast  
Helen Jepson.....200 Fly

### 1994

Dora Bralic.....100 Breast

### 1995

Erin Gillooly.....3M Diving  
Helen Jepson.....100 Fly & 200 Fly  
Jodi Kreig.....100 Back & 200 Back  
Allison Smith.....100 Breast  
200 Medley Relay..(Kreig, Smith, Jepson, Kominski)

400 Medley Relay..(Kreig, Smith, Jepson, Kominski)

### 1996

Jodi Kreig.....100 Back  
200 Medley Relay.....(Kreig, White, Wright, Ramer)

### 1997

Samantha White.....100 Breast

### 2000

Christy Cech.....100 Free  
Tanya Gurr.....200 Free  
400 Free Relay

### 2001

Chelsie Lerew.....1M Diving & 3M Diving

### 2002

Christy Cech.....100 Free  
Chelsie Lerew.....3M Diving  
Courtney McCLOW.....1M Diving  
400 Medley Relay.(Breen, Dutton, Nethercott, Cech)

### 2003

Emma Dutton.....100 Breast  
Chelsie Lerew.....1M Diving & 3M Diving  
Andree-Anne Leroy.....200 IM  
200 Free Relay... (Lyres, Hansen, Breen, Parkinson)  
400 Free Relay.....(Lyres, Hansen, Breen, Dutton)

### 2004

Emma Dutton.....50 Free, 100 Breast & 200 Breast  
Tiffany Manning.....1M Diving & 3M Diving  
200 Free Relay.....(Breen, Dong, How, Dutton)  
400 Free Relay.....(Breen, Dong, How, Dutton)  
200 Medley Relay.....(Breen, Brick, Dong, Dutton)  
400 Medley Relay.....(Leroy, Dutton, How, Breen)

### 2005

Lauren Brick.....100 Breast  
Brittany Lerew.....3M Diving

### 2006

Romy Altmann.....200 Free  
Lauren Brick.....100 Breast  
Carrie Ellis.....100 Free  
Georgia Holderness.....200 Breast  
Christie Raleigh.....50 Free, 100 Fly  
200 Free Relay.....(Ellis, King, Sparg, Raleigh)  
400 Free Relay..(Raleigh, Holderness, Kenney, Ellis)  
200 Medley Relay.....(Raleigh, Brick, Sparg, Ellis)  
400 Medley Relay.....(Altmann, Brick, Raleigh, Ellis)

### 2007

Christie Raleigh.....50 Free, 100 Free & 100 Fly  
Lauren Brick.....100 Breast  
Romy Altmann.....100 Back, 200 Back  
200 Medley Relay.....(Raleigh, Brick, Sparg, King)  
400 Medley Relay... (Altmann, Brick, Sparg, Raleigh)