

MEN'S BIOS

All-American



SCOTT BAKER

Free
6-4 ♦ Senior
Lake Mary, Fla.
Lake Mary / Indian River CC)

HONORS

NCAA All-American
All-ACC
Olympic Trial Qualifier

BIO

2007-08: Earned NCAA All-American honors with a seventh place finish at the NCAA Championships in the 50 free touching the wall in 19.49... finished 32nd in the 100 free at the NCAA Championships with a time of 43.82... earned All-ACC honors at the ACC Championships by touching the wall in second place in the 50 free (19.73)... helped lead the FSU 200 medley relay team to a second place finish by swimming

TOP TIMES

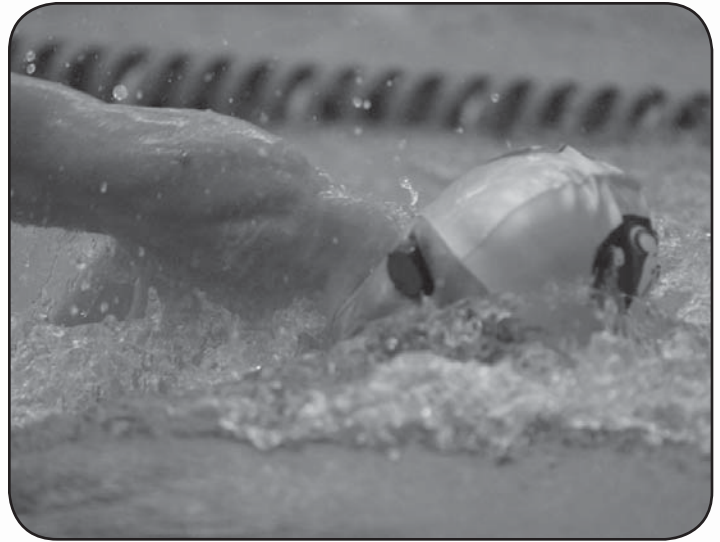
50 Free	19.49
100 Free	43.82
200 Free	1:40.89

the anchor leg in 19.00... placed fifth in the 100 free at the ACC Championships in the 100 free (44.19)... touched the wall first in the 50 free (20.09) and third in the 100 free (45.60) against defending National Champion Auburn... was victorious in both the 50 free (20.26) and 100 free (45.21) in FSU's final home meet of the year against Florida Atlantic... first in the 100 free in a time of 46.31 against Clemson... swept the sprint events against South Carolina winning the 50 (20.30) and 100 (45.81) free... was victorious in the 200 free with a time of 1:44.84 against FAMU... earned a pair of second place performances in the 50 (20.78) and 100 (46.19) against LSU... placed first in both the 50 free and 100 free with times of 21.04 and 46.42 respectively against UNC-Wilmington... earned ACC Performer of the Week honors for his effort against Florida... touched the wall first in the 50 free (20.29) and 100 free (44.78)... was second in the 100 free (45.12) and third in the 50 free (20.32) at the Georgia Tech Fall Invitational... won the 50 free against Harvard and Army in a time of 20.33... touched first in the 200 free (142.82) against Boston College... won the 50 free in a time of 20.65 against FAMU... victorious in the 100 free (45.48) and second in the 50 free (20.55) at the Georgia Tech Quad meet to open the season which earned him ACC Performer of the Week honors.

Freshman/Sophomore (IRCC): Seven time NJCAA All-American... helped lead Indian River Community College to their 32nd straight National Championship... swam on the 200 free, 400 free and 200 medley relays that all took first place at the 2007 NJCAA Championships... finished second in the 100 free with a time of 44.41... finished fourth in the 50 free (20.68) and swam the fastest time of the meet in the prelims (19.77).

High School: Three-time FHSAA State Champion in his senior season... four-time All-American... three time district and region champion... currently holds four of his high school records... captain of Lake Mary water polo team.

Personal: Born July 1987... majoring in education/computer science... son of Scott and Dunia Baker... favorite athlete is Michael Jordan.



Scott Baker

All-American



JARRYD BOTHA

Back, Free
6-6 ♦ Senior
Worcester, South Africa
Paul Roos Gymnasium

HONORS

NCAA Honorable Mention All-American
Seven-Time ACC Champion
Seven-Time All-ACC
Olympic Trial Qualifier

BIO

2007-08: Redshirted to compete in the South Africa Olympic Trials... placed second in the 50 back (26.33) and fifth in the 100 back (56.94) at the South African Olympic Trials.

TOP TIMES

100 Back	48.26
200 Back	1:45.10
50 Free	20.05
100 Free	44.51

2006-07: Qualified for the South African Olympic Trials in the 100 and 200 back... at the ACC Championships (Feb 21-24) Botha swept the backstroke events by winning the 100 and 200 in times of 48.26 and 1:45.44 in NCAA "B" cut times... swam the anchor leg in the 200 medley relay which finished first in a UNC pool record and NCAA "B" cut time of 1:27.71... finished fourth in the 50 free with a personal best NCAA "B" cut time of 20.05... finished second as a part of the 200 free relay with an NCAA "B" cut time of 1:19.48... won the 200 back against Auburn (Jan. 27) with a time of 1:48.69... claimed fourth place in the 100 back at the Dallas Morning News Classic (Jan. 12-13) by touching the wall in 51.35... against LSU (Jan. 12) finished the 100 back in 49.82 to claim second... won the 100 back against rival Florida (Nov. 21) by touching the wall in a time of 48.98... took fourth in the 200 back and 50 free with times of 1:47.52 and 21.12 respectively... at the Janice H. Dowd Nike Cup (Nov. 16), Botha clocked in a new career best in

MEN'S BIOS

the 200 back with a first place NCAA "B" cut time of 1:45.10...he also posted NCAA "B" cut time in the 50 free and 100 back with times of 20.18 and 48.69 to claim second and first places respectively...took first place in the 100 back against Florida Atlantic (Oct. 28) with a time of 51.69.

2005-06: Earned Honorable Mention All-American honors as a part of the 200 free relay that took 15th at the NCAA Championships (Mar. 23-25) with a time of 1:20.08...also competed in the 200 back placing 30th in 1:50.02... also swam as a part of the 200 medley relay that finished 17th (1:29.87) and the 400 medley relay that finished 19th (3:17.42)...was the only Seminole to earn individual gold at the ACC Championships (Feb. 22-25) winning the 200 back with a collegiate best and NCAA "B" cut time of 1:45.54...earned two more gold medals as a part of the winning 200 free and 400 free relays...scored points in three more events...placed fifth in the 100 back with a time of 49.25, took 12th in the 50 free in 20.61 and swam the leadoff leg of the 400 medley relay that took the silver with a NCAA "B" time of 3:13.77...took first place in the 200 back at the Georgia Tech Invitational (Nov. 18-20) with a time 1:48.12...recorded a collegiate personal best in the 100 free with a time of 44.97 swimming the leadoff leg of the 400 free relay that finished fourth...won the 100 back at an ACC quad meet (Oct. 21-22) with a time of 51.01...finished second in the 200 back in 1:50.15 and was a part of three winning relays.

2004-05: Joined the Seminoles for the spring semester, competing in two dual meets before the ACC Championships (Feb. 23- 26)...scored points in all three events at the league summit, qualifying for the finals of both backstroke events... earned All-ACC honors with a third-place finish in the 200 backstroke in a time of 1:46.26...time is an NCAA "B" Cut, rates third in school history and is the fastest by a Seminole in six years...tallied a sixth-place finish in the 100 backstroke, hitting the wall in 49.51...earned points with a 16th-place 20.60 in the 50 free. Member of the 400 medley relay that posted an NCAA "B" cut and second-place mark of 3:15.84...swam two personal-best times at the Auburn last chance meet, posting a 49.31 in the 100 backstroke that is the fifth-fastest in school history...Also touched in with a 45.61 during the 100 freestyle...placed in the top five of two of the three races he competed in during a pair of dual meets.

High School: Placed second at the 2003 South African Open National Swimming Championships in the 200 backstroke, while taking fourth in both the 50 and 100 back...converted career-best times of 49.21 and 1:47.32 in the 100 and 200 backstroke would ranked him in FSU top five...coached by Pierre de Roubaix at Paul Roos and Maties club team...member of the Student Council at Paul Roos.

Personal: Born March 10, 1985...double majoring in finance and accounting...son of Pieter and Jenny Botha.



Jarryd Botha

All-American

ED DENTON



Free, IM
6-1 ♦ Senior
Maidenhead, England
Millfield School

HONORS

Three-Time NCAA Honorable Mention All-American
Five-Time ACC Champion
Three-Time All-ACC
Three-Time ACC Academic Honor Roll
Olympic Trial Qualifier

BIO

2007-08: Redshirted to compete in Great Britain's Olympic Trials... placed ninth in the 50 free (23.01) and 100 free (50.14) at the British Olympic Trials... member of the ACC Academic Honor Roll.

TOP TIMES

50 Free	20.53
100 Free	43.75
200 Free	1:37.85
100 Breast	57.24
200 IM	1:48.56

2006-07: Qualified for the British Olympic Trials... earned his third career Honorable Mention All-American honor at the NCAA Championships (Mar. 15-17) as a part of the 800 free relay which finished 15th in a time of 6:30.40...finished 36th in the 100 free with a time of 44.14... played an integral role at the ACC Championships (Feb. 21-24) by having a hand in the scoring of 189 points...captured his first individual ACC title in the 100 free with an NCAA "B" cut time of 44.09... anchored the 400 medley relay squad which won the ACC crown with an NCAA "B" cut time of 3:14.25... carried the leadoff leg of the 400 free relay which earned the silver medal in an NCAA "B" cut time of 2:56.89, only 0.22 out of first place... swam the third leg of the 800 free relay which finished in second place with an NCAA "B" cut time and school record time of 6:29.10... helped the 200 free relay squad to a second place finish in an NCAA "B" cut time of 1:19.48...earned All-ACC honors with a third place finish in the 200 IM...touched the wall in an NCAA "B" cut time of 1:48.56, a new personal best and new school record time...won the consolation final in the 200 free to claim ninth place with an NCAA "B" cut time of 1:37.85...took second place honors in the 200 free (1:40.67) against Auburn (1/27)... named to the 2007 ACC All-Academic team.

2005-06: Earned Honorable Mention All-American honors at the NCAA Championships (Mar. 23-25) as a part of the 200 free relay that finished 15th in 1:20.08 and the 400 free relay that finished 14th in 2:57.27... also swam as a part of the 200 medley relay that finished 17th (1:29.87), the 800 free relay that finished 17th (6:35.12) and the 400 medley relay that finished 19th (3:17.42)...was a huge point scorer for the Seminoles at the ACC Championships (Feb. 22-25)...recorded an NCAA "B" cut time in every race that he swam...was a part of the winning 200 free and 400 free relays...was also a part of the 800 free relay that finished third with a new school record of 6:30.95...recorded three personal best times as he finished third in the 100 free (43.86), sixth in the 200 IM (1:49.55) and seventh in the 200 free (1:38.09)...recorded personal best times at the Dallas Morning News Classic (Jan. 13-14) in the 100 breast (58.20) and 500 free (4:38.52) finishing 10th in both events...placed ninth in the 200 free (1:42.42) and ninth in 200 IM (1:55.40)...finished second in the 100 free at the Georgia Tech Invitational (Nov.

MEN'S BIOS

18-20) with an NCAA "B" cut time of 44.50...took first in the 100 free at an ACC quad meet (Oct. 21-22) with a time of 45.91...finished fourth in the 200 free in 1:41.17.

2004-05: Had a tremendous freshman campaign, culminating in two individual finals swims and a relay title at the ACC Championships (Feb. 23-26)...swam the anchor leg of the winning 400 freestyle relay that posted an NCAA "B" cut of 2:57.26...led off the 800 freestyle relay with a split of 1:38.10 that ranks as the second-fastest time in school history. Relay took fourth with an NCAA "B" time of 6:34.20...took fourth in the 200 freestyle with an NCAA "B" time of 1:38.38. Came in sixth in the 100 freestyle with an NCAA provisional time of 44.83 that rates as the ninth-best in Seminole lore...also scored points in the 50 freestyle, taking 14th with a time of 20.67 and was a member of the 200 freestyle relay that took third with an NCAA "B" time of 1:19.79...Scored a pair of career-best times during four top-12 finishes at the Georgia Fall Invitational (Dec. 3-5)...ninth-place marks in the 50 freestyle and 100 breaststroke resulted in new personal-lows of 20.53 and 57.24, respectively...best finish was a fourth-place 45.01 in the 100 freestyle...top ten in three events at the Dallas Morning News Classic (Jan. 14-15) with his best finish coming in the 200 freestyle where he placed fifth with a 1:41.80...showed his versatility with victories in four different events with seven total wins...Won the 100 free (45.98) at an ACC quad meet in Atlanta (Oct. 30-31), while taking fifth in the 200 freestyle (1:52.85)...amassed a total of 20 top-10 finishes during the dual meet season, covering six different events...swam in the finals of two events at the British ASA Commonwealth Games Trials...took sixth in the 100-meter freestyle with a time of 50.99...started the competition with a ninth-place time of 23.81 in the 50 freestyle...member of the ACC Academic Honor Roll.

High School: Posted a pair of second place finishes at the Great Britain National meet with a 23.60 in the 50 freestyle and a 100 meter freestyle time of 51.70...won gold at the British nationals in 2001 in the 200, 400 and 1,500-meter freestyle while taking second in the 50 and 100 freestyle...top times include 20.62 (50 freestyle), 44.98 (100 freestyle) and 1:41.60 (200 freestyle)...coached by Doug Campbell at Millfield and swam for Tony Woodward on the Windsor club team.

Personal: Born January 1, 1986...majoring in business management...son of Andy and Yvonne Denton...attended same high school as teammates Ian Powell and Georgia Holderness and head coach Neil Harper.



SCOTT DERNER

Diving
5-11 ♦ Senior
Grapevine, Texas
Colleyville Heritage

HONORS

Captain
NCAA Zone Qualifier
Two-Time ACC All-Academic Team Member
Three-Time ACC Academic Honor Roll

BIO

2007-08: Placed fourth with partner Dan Frebel in the three-meter synchro competition at the U.S. National Championships... qualified for the NCAA Zone B Diving Championships... scored points on all three boards at the ACC Championships... dove to a fifth place finish on the 3m with a score of

TOP SCORES

1M Diving (6)	384.80
3M Diving	382.28



Ed Denton

328.55... placed seventh on the 1m with a score of 308.70... finished ninth on the platform with a score of 273.75... received first place on the 3m in FSU's final home meet of the season against Florida Atlantic (322.55)... placed third on the 1m (301.95) and the 3m (334.95) against Clemson... scored two more third place finishes against South Carolina with a score of 319.80 on the 1m and 345.83 on the 3m... won the 3m competition against FAMU with collegiate best score of 383.75... placed second on the 3m (355.65) at home against LSU... earned ACC Performer of the Week honors for his pair of first place finishes against UNC-Wilmington scoring 336.00 on the 1m and 372.75 on the 3m... dove to a second place finish on the 3m (319.95) against Florida... finished second on the 3m (324.35 and third on the 1m (309.60) against Harvard and Army... was victorious on the 3m with a score of 310.58 and second on the 1m (298.35) against Boston College... placed third on the 3m (314.85) against Miami... named to the ACC All-Academic team... member of the ACC Academic Honor Roll

2006-07: Dove at the NCAA Zone B Diving Championships (Mar. 2-4)...made the finals in the 3M and finished in 10th place with a six dive total of 673.90... finished 19th with a score of 268.00 points on the 1M...scored points at the ACC Championships (Feb. 14-17)...dove in the finals of the 3M to claim seventh place with a score of 342.60...took the five points for 12th place with a score of 267.45... earned an NCAA "B" qualification score against Indian River Community College (Jan. 26) with a total of 316.80 on the 3M board to finish third...netted an NCAA "A" qualification score on the 3M of 325.35 to finish third...claimed first place against Florida Atlantic (Oct. 28) with an NCAA "B" qualification score on the 1M of 302.05.



Scott Derner

MEN'S BIOS

2005-06: Capped off his outstanding freshman campaign at the NCAA Championships (Mar. 23-25)...he finished 22nd in 3M diving with a six dive score of 285.70 and 31st in 1M diving with a six dive score of 256.60...qualified for nationals by placing fifth in 3M diving with a score of 610.90 at the NCAA Zone B Diving Championships (Mar. 10-12)...scored points at the ACC Championships (Mar. 22-25)...finished fifth on the 3M with a score of 344.25 and ninth on the 1M with a score of 274.85...finished first on the 1M at the FSU vs. FAU / IRCC / FAMU meet (Jan. 21) with at personal best score 323.05...recorded his personal best on the 3M with 369.65, good for third at the Georgia Tech Invitational (Nov. 18-20)...earned All-ACC Academic Team honors and was a member of the ACC Honor Roll.

High School: Finished his career with his third All-America and All-State selections following a third-place finish (447.30) his senior year at the class 5A state meet. Captured district and regional titles for the third year in a row with winning scores of 580.85 and 499.60, respectively...had his best finish at the state meet as a junior, tabulating a second-place 432.25 to earn All-State and All-America accolades... first state and national awards came following his sophomore campaign in which he took third (435.50) at the Texas meet...named All-Area his last three years by the Dallas Morning News, while being placed on the publication's Swimmer/Diver Watch List his last two seasons...holds Colleyville Heritage six-dive (356.665) and 11- dive records (580.85) on the one-meter...named Northwest Texas Diving Association's Diver of the Year all four years of his prep career...at last summer's Junior Olympic Nationals he placed third on the one-meter at 450.90, while his 448.95 earned him eighth during the three-meter, an improvement of nine spots and 16 places, respectively, from a year before... took on the nation's best at the Summer Senior Zone C meet where he finished seventh on the onemeter with a 515.95 to go along with a tenth-place 425.60 in the three-meter...coached by Kevin Wilson and Dick Wilson at CHHS and Krista Klein and Jeff Bro at Grapevine Carroll Divers...Excels in the classroom as a member of the CHHS honor roll all four years of high school while serving as a member of the National Honor Society his last year.

Personal: Born June 11, 1987...majoring in biological sciences...son of Alan and Cindy Derner.



DAN FREBEL

Diving
5-10 ♦ Senior
Fort Wayne, Ind.
Homestead

HONORS

Two-Time All-ACC
ACC-Academic Honor Roll
School Record Holder on the Platform

BIO

2007-08: Placed fourth with partner Scott Derner in the three-meter synchro competition at the U.S. National Championships... competed in the NCAA Zone B Diving

TOP SCORES

1M Diving (6)	379.88
3M Diving (6)	382.28
10M Platform (6)	395.20
Platform (12)	735.00

Championships for the third consecutive year... earned All-ACC honors in two events and scored points on all three boards at the ACC Championships... placed second and broke the school record on the platform with a score of 395.20... finished second on the 3m scoring a personal best 384.55 points... dove to a fourth place finish on the 1m (351.10)... finished second on both the 1m (331.35) and the 3m (342.68) in FSU's final home meet against Florida Atlantic... was victorious on the 3m (379.88) and placed second on the 1m (320.25) against Clemson... finished second on the 3m with a score of 350.75 against South Carolina... placed second on the 1m (345.85) against FAMU... dove to a first place finish on the 3m with a score of 382.28 and a second place result on the 1m (297.00) against LSU... brought home second and third place scores on the 1m (314.10) and 3m (308.00) respectively against UNC-Wilmington... won the 3m (342.30) at rival Florida and took third on the 1m (265.50)... was second on the 1m (309.60) against Harvard and Army... dove to a second place finish on the 3m with a score of 281.63 and took third place honors I with a score of 277.73 on the 1m against Boston College...

2006-07: Had an impressive sophomore season which included qualifying for the NCAA Zone B Diving Championships...at the NCAA Zone B Diving Championships (Mar. 2-4) claimed a fourth place finish on the platform with a twelve dive total score of 735.00 then finished 18th on the 1M with a 12 dive total of 735.00 which included a new school record six dive total in the prelims of 391.75...earned 17 points at the ACC Championships (Mar. 14-17) by finishing seventh in the 1M with a six dive total of 319.20...claimed 12th place with a score of 303.65 on the 3M...made an impressive showing on the platform with a score of 363.60 to claim third place...took runner-up honors against Auburn (1/27) on the 1M with a score of 338.32...posted a new six dive career high on the 3M board against Indian River Community College (1/26) of 343.65 to finish second...finished second on the 1M at the Dallas Morning News Classic (1/12) with a score of 307.75...took top honors on the 1M board at the Nike Cup Invitational (11/16) with a score of 343.10... member ACC Academic Honor Roll.

2005-06: Finished 10th on the platform with 531.40 points at the NCAA Zone B Diving Championships (Mar. 10-12)...scored points at the ACC Championships (Feb. 22-25) on the 1M and 3M...finished sixth on the 3M with a personal best score of 342.65...took eighth on the 1M with a score of 292.55...recorded personal bests in 1M and platform diving at the Georgia Tech Invitational (Nov. 18-20)... won platform diving with a score of 356.85 and finished third on the 1M with a score of 365.85...won the 1M at the ACC quad meet (Oct. 21-22) with a score of 300.20 and took second on the 3M with a score of 302.70.

High School: Matched his best finish at the Indiana High School Athletic Association meet as a senior, taking fifth with an 11-dive score of 435.45 on the one-meter board to earn Honorable Mention All-State honors...completed the career sweep by taking his fourth Northeast Hoosier Conference one-meter title before winning the sectional title, breaking his own sectional record with a 551.85 and taking third at regionals (447.95)...junior campaign saw him earn his first All-State award as he took fifth with a tally of 449.10 ...won conference, sectional and regional titles that year on the one-meter, setting records at both the sectional and regional level...collected his first section and regional titles as sophomore before taking ninth at the state meet...posted a new conference meet standard with a tally of 501.52 as he won his second title...broke onto the scene with a his inaugural NHC one-meter title before taking ninth at the state championships...earned All-Area honors all four years of his prep career from the Fort Wayne News-Sentinel... had a pair of top-15 finishes at the Junior Olympic Summer National after winning the JO Region 2 title with a 423.30 on the one-meter...last four years saw him

MEN'S BIOS

post nine more top five finishes at Junior Olympic regional meets...coached by Jill Eckright at Homestead with Todd Wickel handling the duties at Northern Indiana Diving Also a member of the HHS track and field team.

Personal: Born February 10, 1986... enrolled in undergraduate studies... son of David and Ana Maria Frebel.



Dan Frebel



JIMMY HOLWAY

Sprint Free
6-0 ♦ Senior
Gulf Breeze, Fla.
Gulf Breeze

HONORS

Two-Time ACC Academic Honor Roll

BIO

2007-08: Placed 18th in the 100 free at the ACC Championships with a time of 45.55... took home second place in the 50 free (21.48) and third place in the 100 fly (52.23) in FSU's last home meet of the year against Florida Atlantic... finished third in the 100 free with a time of 47.59 against South Carolina... turned in a third place finish in the 100 fly (53.77) against FAMU... finished third in the 50 free with a time of 21.91 against UNC-Wilmington... earned a victory in the 100 free (48.06) and a third place showing in the 100 fly (53.56) against Boston College... member of the ACC Academic Honor Roll.

TOP TIMES

50 Free	20.47
100 Free	45.48
200 Free	1:41.47

2006-07: Improved upon his freshman season by concluding his season at the ACC Championships with a seventh place finish in the 50 free (20.47) and a 17th place finish in the 100 free (45.52) and a 24th place showing in the 100 fly (51.11)...earned a third place finish in the 100 free (46.99) against Indian River Community College (Jan. 26)...won his first dual meet event against UNC-Wilmington by claiming top honors in the 100 free (46.89)...tallied a pair of runner-up finishes against rival Florida (Jan. 21) in the 50 free (20.90) and 100 free (46.08)... member of the ACC Academic Honor Roll.

2005-06: Recorded person bests in the 50 free (20.86), 100 free (45.89) and 200 free (1:41.47) at the ACC Championships (Feb. 22-25)...scored points in two events at the Georgia Tech Invitational (Nov. 18-20)...finished 10th in the 100 free (46.83) and 15th in the 200 free (1:45.24)...also swam in the 100 fly (52.56) and 50 free (21.67)...finished 10th in the 50 free (22.06) at an ACC quad meet (Oct. 21-22).

High School: Concluded his senior season with automatic All-America honors in the 50 freestyle, posting a career-best 21.20 to take second at the Florida High School Athletic Association championships while leading the Dolphins to a third-place finish...earned All-America consideration for his fourth-place 1:43.27 in the 200 freestyle...swam on a pair of relays that earned national consideration, swimming the anchor leg of the second place 200 medley relay (1:04.14) and third-place 400 freestyle relay (3:15.05)...won the FHSAA regional title in the 50 freestyle and took third in the 200 freestyle after winning both events at the district meet...achievements in the pool earned him Swimmer of the Year and All-Area honors from the Pensacola News Journal...collected his first All-America honors as a junior at the state meet, swimming on a second-place 400 freestyle relay (3:16.90) and third-place 200 medley quarter (1:40.04)...advanced to the finals of the 50 freestyle with a seventh-place 22.47 to go along with an eighth-place 48.32 in the 100 free...Gulf Breeze finished fourth in the team standings that season... captured First-Team All-Area honors from the PNJ his last three years at Gulf Breeze after a Second-Team nod as a freshman...also was named Swimmer of the Week by the publication during each of his first three years...the Dolphins won the district title his first three years at GBHS...qualified for the Junior National Short Course Championships the last two years with long-course standards in 2003 & 2004 for the 50 and 200 freestyles as well as relays...swam at the Southeastern Regional Championships all four years of his prep career, highlighting his resume with fourth-place finishes in the 50 and 200 freestyles...top times include 21.20 (50 freestyle), 47.86 (100 freestyle) and 1:42.90 (200 freestyle)...coached by James Barber at Gulf Breeze and Club Makos.

Personal: Born January 2, 1987...majoring in fine arts...son of Mary and Bill Holway...exceptional in the art studio as well, as the winner of the State of Florida art competition in the sculpture division.



Jimmy Holway

MEN'S BIOS

All-American



KYLE YOUNG

Distance Free
6-2 ♦ Senior
Oviedo, Fla.
Oviedo

HONORS

U.S. National Team Member
NCAA All-American
Three-Time NCAA Honorable Mention All-American
2007 ACC Meet MVP
Two-Time ACC Champion
Two-Time All-ACC
Olympic Trial Qualifier
Two-Time All-ACC Academic Team Member
Two-Time ACC Academic Honor Roll

BIO

2007-08: Redshirted to compete at the United States Olympic Trials... placed fifth at the U.S. Olympic Trials in the 1500m free touching the wall in 15:15.36... also placed 26th in the 400 free (3:55.70) and 63rd in the 200 free (1:52.80)... placed second in the 800 free (8:03.91), eighth in the 1500 free (15:30.85) and 11th in the 400 free (3:55.61) at the 2008 U.S. Open.

TOP TIMES

200 Free	1:37.05
500 Free	4:19.16
1000 Free	9:01.42
1650 Free:	14:57.21

2006-07: Finished fourth and qualified for the U.S. Olympic Trials at the ConocoPhillips USA National Championships in the 1500 (15:22.75)... led the way for the Seminole swimmers at the NCAA Championships (Mar 15-17)... earned All-American honors for a seventh place finish in the 1650 free with a school record time of 14:57.21... also earned the 1000 free school record with a time of 9:01.42... Honorable Mention All-American in the 500 free with an 11th place finish in 4:19.16... swam leadoff leg in the 800 free relay that earned Honorable Mention All-American honors with a 15th place finish in 6:30.74... earned meet MVP honors at the ACC Championships by claiming All-ACC honors in all three individual events... won the 500 free (4:19.16), 1650 free (15:02.63) and finished second in the 200 free (1:37.05)... swam leadoff leg in the 800 free relay which set a new school record of 6:29.10 to finish second... against national champion Auburn (Jan. 27) won the 1650 free in and NCAA "B" cut time of 15:28.67... won first place in the 500 free (4:29.10) then came back only five minutes later to win the 200 free (1:37.05)... registered fast times against LSU (Jan. 12) in the 1000 free (9:13.30) and 500 free (4:28.95) to finish third and second respectively... recorded a pair of second place finishes against UNC-Wilmington (Jan. 6) in the 500 free (4:31.67) and 1000 free (9:19.91)... had a strong meet against Florida (Nov. 21) by picking up a win in the 200 free (1:38.41) and second in the 500 free (4:24.80) with an NCAA "B" cut time... made strides at the Nike Cup Invitational by winning the 200 free (1:38.21) and finishing second in the 500 free with an NCAA "B" cut time of 4:22.90... finished second in the 1,650 free with an NCAA "B" cut time of 15:08.40... member of All-ACC Academic Team... member of ACC Academic Honor Roll.

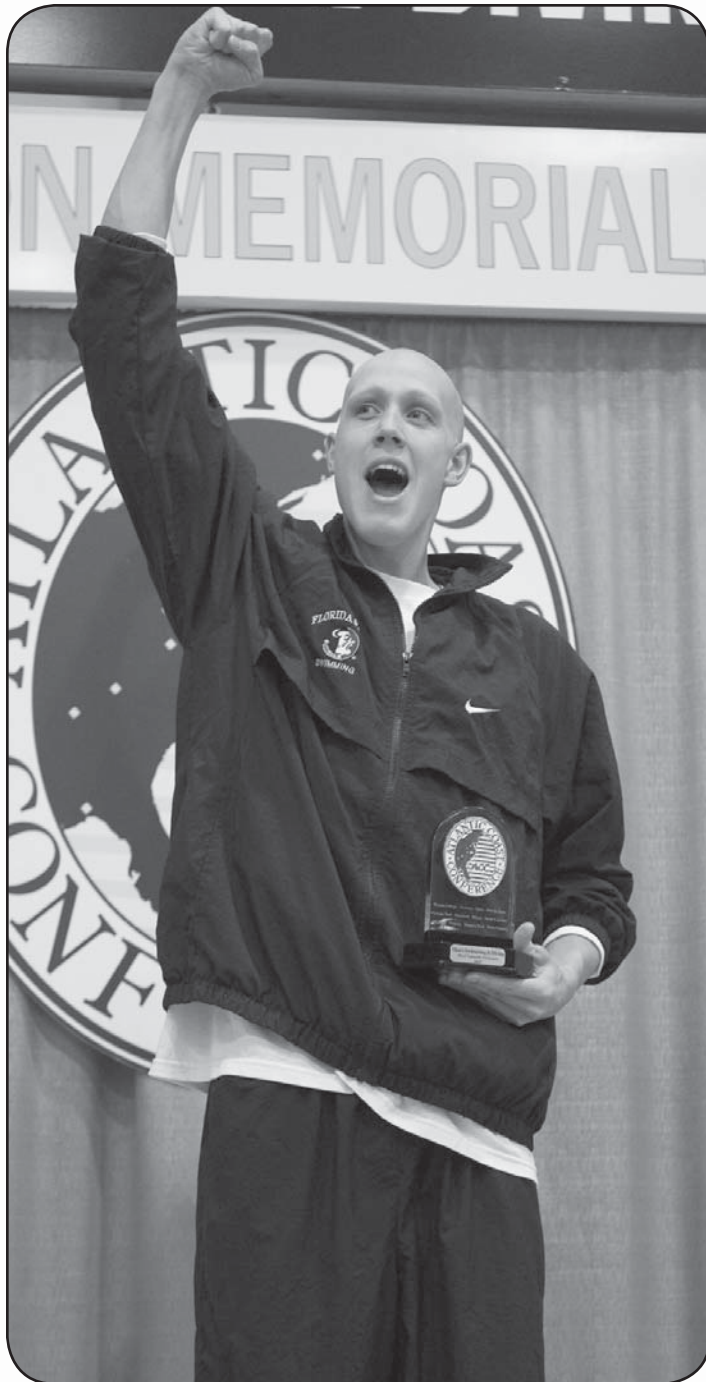
2005-06: Over the summer qualified for the Olympic Trials in the 400 and 1500 free... participated in three events at the NCAA Championships (Mar. 23-25)... was a part of the 800 free relay that took 17th with a time of 6:35.12... finished 24th in the 1650 free (15:14.51) and 30th in the 500 free (4:26.16)... earned All-ACC honors placing third in the 1650 free with a personal best and NCAA "B" cut time of 15:08.40... also scored points taking 10th in the 500 free with a personal best and NCAA "B" cut time of 4:25.41... recorded another personal best taking 17th in the 200 free with a time of 1:38.57... achieved a personal best in the 1000 free (9:16.12) finishing third during a dual meet with Florida (Nov. 22)... registered an NCAA "B" cut time of 15:19.75 in the 1650 free to finish second at the Georgia Tech Invitational (Nov. 18-20)... also finished second in the 500 free with a time of 4:29.59... placed third in the 200 free with a time of 1:39.69... finished third in the 1000 free (9:30.23), eighth in the 200 fly (1:56.70) and recorded the fourth fast time in the 500 free (4:37.63) swimming it as an exhibition at an ACC quad meet (Oct. 21-22)... earned All-ACC Academic Team honors and was a member of the ACC Honor Roll.

2004-05: Earned the first All-America honors of his career, taking part in the 800 freestyle relay at the NCAA Championships (March 25-27) that captured honorable mention accolades with its 16th-place time of 6:51.63... top individual finish at the national meet was a 28th-place 15:18.79 in 1,650 freestyle... finished 46th in the 500 freestyle at 4:30.94... scored points at the ACC Championships (Feb. 23-26) in both the 500 and 1,650 freestyle... eighth-place time of 15:23.50 would have broken the 1,650 school record, but was beaten by teammates Thomas Bishop and Steve Roof... took 10th in the 500 freestyle, notching a time of 4:26.71 that ranks fifth all-time at Florida State... both times were meet NCAA "B" standards... conference meet also saw him score a personal-best time of 1:41.69 during the bonus heat of the 200 freestyle... moved up to second in school history with a 15:16.42 at the Auburn Invitational (March 4-5)... set his career-best of 9:28.45 in the 1,000 during an ACC quad meet in Atlanta (Oct. 30-31)... Georgia Fall Invitational (Dec. 3-5) saw him chart a fifth-place 15:36.71 in the 1,650 freestyle and 4:30.81 to take tenth in the 500 freestyle... recorded a pair of victories during his first year, winning the 1,000 freestyle (9:34.88) against Florida A&M (Oct. 15) then won the 500 freestyle (4:39.02) during a rematch with the Rattlers (Jan. 20)... had 15 top-five finishes during the dual meet season... competed at the 2005 US Open Water National Championships in Fort Myers, Fla., taking 13th-place in the 5k (1:02.31.00) and 14th in the 10k (2:07.47.00)... highest finish at the 2005 ConocoPhillips US National Championship was a 26th-place 15:57.03 during the 1,500-meter freestyle... added marks of 8:19.69 in the 800 freestyle (33rd) and 4:02.71 (42nd) during the 400 freestyle.

High School: Earned All-America status his senior year in the 500- yard freestyle with All-America consideration for the 200 freestyle... garnered All-Seminole County honors from the Orlando Sentinel after medaling in the 200 and 500 freestyle at the FHSAA 3A state meet... best finish was a fourth-place showing in the 200 freestyle... participated in the US Senior Nationals, posting a time of 15:57.55... qualified for the US Junior National meet in the 500, 1,000 and 1,650 freestyle, earning a medal in the 1,650 freestyle... also advanced to the US Open in the 1,650 freestyle... YMCA Champion and record holder in the 1,500-meter freestyle... swam on the Oviedo High School and YMCA Team Orlando club team for Charlie Rose, a former All-America swimmer at Florida State.

Personal: Born June 9, 1986... majoring in MIS, marketing and real estate... son of Gary and Julia Young.

MEN'S BIOS



Kyle Young



DAN BRADFORD

Sprint Free
6-8 ♦ Junior
Rockledge, Fla.
Rockledge

BIO

2007-08: Was Florida State's most improved male swimmer... scored points at the ACC Championships for the first time in his career by finishing 10th in a personal best time of 1:39.02 in the 200 free... finished 19th in the 50 free with a time of 20.68 and swam a personal best time of 20.62 in the prelims and placed 21st in the 100 free (45.85) and swam a

TOP TIMES

50 Back	20.62
100 Free	45.74
200 Free	1:39.02

personal best time of 45.74 in prelims... touched the wall in third-place in the 50 free (21.56) against Florida Atlantic... placed third in the 200 free (1:43.56) against Clemson... took home first place honors in the 50 free with a time of 21.54 against FAMU... was third in the 200 free (1:42.82) against LSU... was victorious in the 200 free touching the wall in 1:45.25 against UNC-Wilmington... touched in third-place in the 100 free (48.50) against Boston College...

2006-07: At the ACC Championships (Feb. 21-24) swam in the 50, 100 and 200 free time trials, touching the wall in times of 21.22, 46.78 and 1:42.94... posted a time of 1:47.18 in the 200 free against UNC-Wilmington (Jan. 6)...exhibitioned against Florida in the 50 and 100 free with times of 21.69 and 48.58...finished in 38th place at the Nike Cup (Nov. 16) in the 100 back with a time of 56.91.

High School: Finished eighth in the 100 free at the 2006 Florida High School 2A State Finals...was the 2006 regional champion in the 100 free...was a three time district champion...earned the honor of team MVP three times and was team captain twice.

Personal: Born October 28, 1987...majoring in nursing...son of Dane and Melanie Bradford.



Dan Bradford

MEN'S BIOS



SHAWN ERICKSON

Distance Free, IM
6-3 ♦ Junior
Tallahassee, Fla.
Chiles

HONORS

ACC Academic Honor Roll

BIO

2007-08: Competed at the U.S. Open in the 400 IM... scored points in two events at the ACC Championships... finished 10th in the 1650 with a personal best time of 15:34.21 and placed 13th in the 400 IM with a personal best time of 3:56.12... placed 18th in the 500 free with a personal best 4:31.92... won the 500 free (4:05.88) against Auburn... finished third

TOP TIMES

400 IM	3:56.12
500 Free	4:31.92
1000 Free	9:28.55
1650 Free	15:34.21

in the 1000 free (9:46.37) against Florida Atlantic... touched in third-place in the 1000 free in a time of 9:43.93 against South Carolina... was victorious in the 400 IM (4:06.79) against FAMU... won the 1000 free (9:48.11) and took home third-place finishes in the 200 breast (2:17.02) and 200 IM (2:00.39) against Boston College... took home first place in the 400 IM (4:09.34) and second place in the 200 back (2:03.44) versus FAMU.

2006-07: Had a strong performance at the ACC Championships (Mar. 21-24)... earned points in the 1650 free with a 16th place finish in a time of 5:48.73 to set a new personal best...placed 19th in the 400 IM with a personal best time of 4:01.52... against Florida Atlantic (Oct. 28) finished second in the 500 free (4:44.90) and fourth in the 1650 free (16:25.36).

High School: A high school All-American in the 500 free...was a member of the 2004 Florida Swimming Zone Team and is the regional record holder in the 500 free...holds seven records at Lawton Chiles High School...was a eight-time Florida Swimming Senior Champs Champion...was on the honor roll 12 times throughout high school...high point winner at the summer senior championships in 2006 and 2007.

Personal: Born April 19, 1988...majoring in business... son of Paul and Glenda Erickson... member of the Student Athletic Advisory Committee (SAAC).



Shawn Erickson

All-American



NICK GRAVES

Distance Free
5-10 ♦ Junior
Lexington, Ky.
Sayre

HONORS

NCAA Honorable Mention All-American
Olympic Trial Qualifier

BIO

2007-08: Finished fifth in the 800 free (8:10.44), seventh in the 1500 (15:30.47) and 24th in the 400 free (3:59.54) at the 2008 U.S. Open... placed 14th in the 1500m free (15:31.58) at the U.S. Olympic Trials... qualified for the NCAA's in the 500 free and 1650 free and earned Honorable Mention All-American honors with a

TOP TIMES

500 Free	4:22.76
1650 Free	15:05.01

14th place finish in the 1650 free in a personal best time of 15:05.01... swam another personal best in the 500 free (4:22.76) at NCAA's while finishing 30th... scored points in two events at the ACC Championships... placed fourth in the 1650 free with a time of 15:07.51... touched the wall in seventh place in the 500 free (4:25.37)... brought home a third place finish in the 1000 free (9:26.44) and 500 free (4:40.71) against Auburn... was victorious in the 500 free in a time of 4:37.32 against Florida Atlantic... turned in a second place finish in the 1000 free (9:31.28) and a third place finish in the 500 free (4:41.15) against Clemson... won



MEN'S BIOS

the 500 free (4:38.13) and was second in the 1000 free (9:35.33) against South Carolina... placed third in the 1000 free against LSU touching the wall in 9:21.60... second in the 1650 free (15:22.15) at the Georgia Tech Invitational... touched the wall in third place in the 1000 free (9:22.25) against Harvard and Army... turned in a second place performance in the 500 free (4:41.66) and a third place in the 200 free (1:46.31) against Boston College... third in the 400 IM (4:12.89) against FAMU... was victorious in the 1000 free (9:21.07) and second in the 500 free (4:35.67) at the Georgia Tech Quad Meet to open the season.

2006-07: Closed the book on his freshman year by scoring 18 points at the ACC Championships (Feb. 21-24)...earned a fifth place finish in the 1650 free with an NCAA "B" cut time of 15:13.11...touched the wall in 14th place in the 500 free (4:28.24)...claimed 19th place in the 400 IM (4:01.52)... contributed to the cause against Florida (Nov. 21) by turning in a third place finish in the 1000 free (9:20.72)... at the Nike Cup Invitational finished fourth in the 1650 free with an NCAA "B" cut time of 15:26.07.

High School: Is a 2008 Olympic Trial Qualifier in the 1500 m free...was a high school All-American in the 500 free...won the 2006 Kentucky State Championship in the 500 free...earned First Team All-State honors (2006), Outstanding Regional Competitor (2005, 2006) and All-Region Team honors (2004, 2005, 2006)... also had the prestigious honor of being selected to participate in the 2006 USA Swimming Open Water Select Camp...placed 18th in the 5K at the Open Waters Nationals in 2006...at the 2006 Spring Nationals, he finished eighth in the 1500 m free and 16th in the 800 m free...at the 2005 Junior Nationals, he finished eighth in the 1500 m free and 12th in the 800 m free...earned a spot on the director's and faculty lists throughout high school and was the school, city and regional science fair category winner in 2005.

Personal: Born November 9, 1987...majoring in history...son of Terry and Guy Graves.



Nick Graves

All-American



TERRY HORNER

Diving

5-6 ♦ Junior

Orlando, Fla.

Lyman / Seminole CC

HONORS

- NCAA National Champion
- U.S. National Champion
- Three-Time NCAA All-American
- Olympic Trial Qualifier
- Three-Time All-ACC
- School Record Holder on the 1M and 3M
- Two-Time All ACC Academic Team
- ACC Academic Honor Roll

BIO

2007-08: Won the one-meter competition at the U.S. National Championships and place third on the three-meter... placed 12th on the 3m board at the U.S. Olympic Trials... qualified for the U.S. Olympic Trials with his seventh place finish on the 3m board by scoring a career high 420.50 points at the 2008 Speedo

TOP SCORES

1M	410.50
3M	420.50

USA Diving Spring Nationals... finished second on the 1m board with a score of 361.80... earned All-American honors for the second consecutive year at the NCAA Championships by finishing third on the 1m (396.15)... earned Honorable Mention All-American honors with a 16th place finish on the 3m (324.95)... was the ACC Championships Diver of the Meet after winning both the one and three-meter competitions... won the 1m with a score of 393.15 and the 3m with a score of 399.35... won the 1m (347.30) and 3m (365.50) competitions at Auburn... was victorious on the 1m with a score of 402.90 against Florida Atlantic... won the 1m (337.05) and finished second on the 3m (349.88) against Clemson... second on the 1m (342.00) against South Carolina... won the 1m competition scoring 368.95 points against FAMU... took home first place on the 1m (319.65) against LSU... dove to a first place finish on the 1m (335.25) and a third place finish on the 3m (315.90) against Florida... broke the school record on the 1m with a score of 410.70 points while finishing second at the Georgia Tech Invitational... also took home second place honors on the 3m (367.60)... swept the 1m (405.75) and 3m (324.35) events against Harvard and Army... was victorious on the 1m (352.20) and third on the 3m (223.88) against Boston College... swept the 1m (400.75) and 3m (387.60) against Miami and FAMU... opened the season with a win on the 1m (388.85) and placed second on the 3m (310.40) at the Georgia Tech Quad Meet... member of the All-ACC Academic Team.

2006-07: Finished seventh on the 1M board at the World University games in Bangkok, Thailand... secured Florida State's first diving national championship in 36 years by winning the 1M at the NCAA Championships (3/15) with a new school record six dive total of 399.35 in the finals...he claimed All-American honors in the 3M with an eighth place finish with a score of 383.13...accounted for 31 points more than half of the 60 points scored by the Seminoles...earned top honors on both the 1M and 3M boards at the Zone B Diving Championships (Mar. 2-4) with 12 dive totals of 704.90 and 748.50 respectively...at the ACC Championships (Feb 17-20) claimed the silver medal and All-ACC honors on the 3M with a six dive

MEN'S BIOS

total of 398.90...finished ninth on the 1M board with a score of 293.10...won both diving events against LSU (1/12) with a score of 344.92 on the 1M and 327.97 on the 3M...set a school record of 401.65 in a first place performance on the 3M against UNC-Wilmington (1/6) and a winning score of 379.40 on the 1M...made his entrance onto the collegiate diving scene with a second place finish on the 1M at the Nike Cup Invitational with a score of 340.40... member of the All-ACC Academic Team.

High School: Graduated from Lyman High in 2004...won the Florida 3A State Championship on the 1M in 2003 and 2004 and finished second at the state meet in 2002...competed with Team Orlando Diving throughout his youth and up until joining FSU...finished seventh on the 1M at the 2005 Summer Senior Zone B Diving Championships with a scored of 520.35... won the 2004 J.O. Summer Nationals on the 1M with a score of 562.68...took second in the finals of the 1M with a score of 350.31 at the 2004 Summer Senior Nationals...finished fifth at the 2003 Senior Nationals with a score of 299.61...placed fifth on the 1M at the 2002 J.O. Summer Nationals with a score of 481.15...won the 2002 Senior Summer Zone B Championship on the 1M with a score of 621.97.

Personal: Born December 28, 1985...majoring in geography...son of Glenn and Becky Horner.



LLOYD OWENS

Free
6-1 ♦ Junior
Oviedo, Fla.
Oviedo

HONORS

Two-Time ACC Academic Honor Roll

BIO

2007-08: Swam personal best times in two events at the ACC Championships... touched the wall in 4:36.77 in the 500 free and 1:41.34 in the 200 free... finished second in the 200 free with a time of 1:45.37 in the 200 free and touched fourth in the 500 free (450.65) against Florida Atlantic... placed second in the 100 fly (53.62) against FAMU... finished second in the 1000 free touching the wall in 9:56.59 against UNC-Wilmington... earned third-place honors in the 100 fly (54.52) against Boston College... member of the ACC Academic Honor Roll.

TOP TIMES

200 Free	1:41.34
500 Free	4:36.77

2006-07: Posted top times of the season at the ACC Championships (Feb 21-24) in the 500 free (4:37.57) and 100 free (47.52) and also swam in the 200 free (1:42.31)...took top honors in the 200 free (1:45.69) against UNC-Wilmington (Jan. 6)... member of ACC Academic Honor Roll.

High School: Won conference, districts and regional championships in the 200 free as a senior...also won the conference title in the 500 free while finishing third at districts and fifth at regionals...placed seventh at the state finals in the 200 and 500 free with both being All-American consideration times...was on the second place 400 free and 200 free relays at states...both relays earned All-American honors...was captain of the swim and water polo teams as a senior...was second at districts in the 200 free and third in the 500 free as a junior...also placed seventh in both events at regions...placed seventh at districts in the 100 free and went to states in the 400 free relay as a sophomore

Personal: Born June 23, 1988...majoring in business...son of Robert and Rose Owens...swam on the same high school team as current Seminole Kyle Young.



Lloyd Owens



Terry Horner



MEN'S BIOS



COREY SWANSON

Fly, Breast
6-0 ♦ Junior
Tampa, Fla.
Sickles

BIO

2006-07: Swam three personal bests and scored points in two individual events at the ACC Championships... helped lead the 200 medley relay team to a second place finish (1:27.62) by swimming the butterfly leg... placed eighth in the 200 IM (1:15.16) and swam a personal best 1:49.98 in the prelims... finished in 13th position in the 100 breast 56.24

TOP TIMES

100 Fly	49.38
100 Breast	56.23
200 IM	1:49.98

and swam .01 faster in the prelims (56.23) to earn another personal best... also swam a best time of 49.38 in the 100 fly in prelims... placed third in the 200 IM (1:58.56) against Florida Atlantic... was victorious in the 100 free (47.66) and third in the 50 free (21.73) against FAMU... won the 200 IM in a time of 1:56.95 against UNC-Wilmington... earned third place honors in the 200 IM (1:51.19) at the Georgia Tech Invitational... was third in the 200 IM (1:55.27) against Harvard and Army... third in the 50 free (21.89) at Boston College... was second in the 200 fly (1:57.85) against FAMU.

2006-07: Earned an ACC title as the third leg in the 200 medley relay which set a school record, UNC pool record and a NCAA "B" mark of 1:27.91...earned points in the 100 breast with a 15th place finish (56.69)...finished 18th in the 200 IM prelims with a time of 1:51.14... finished 28th in the 100 fly with a personal best time of 50.34... made an impressive showing against LSU taking second in the 200 IM (1:54.12)... won the 200 IM to start the year against UNC-Wilmington (Jan. 6) with a time of 1:56.80... finished third in the 100 breast (1:00.31) against Florida Atlantic (Oct. 28).

High School: Was a two-time Massachusetts state high school champion in the 50 and 100 free as well as a two-time All-American...was a three-time junior national gold medalist, U.S. Open qualifier and currently holds multiple New England swimming records...best times include 1:51.3 in the 200 IM, 21.0 in the 50 free, 46.2 in the 100 free and 49.75 in the 100 fly.

Personal: Born June 30, 1988...majoring in business management and information systems...son of Chip and Kim Swanson.



Corey Swanson



SCOTT THACKER

Breast
6-1 ♦ Junior
Lynchburg, Va.
Jefferson Forrest

BIO

2007-08: Score points in both breaststroke events at the ACC Championships... finished ninth with a personal best time of 54.81 in the 100 breast and ninth in the 200 breast also

TOP TIMES

100 Breast	54.81
200 Breast	1:59.96

with a personal best of 1:59.96... placed second in the 100 breast (57.15) against Florida Atlantic... took home a victory in the 200 breast (2:04.24) against Clemson... was victorious in the 200 breast (2:04.86) and second in the 100 breast (57.76) against South Carolina... touched the wall first in the 100 breast (56.28) and second in the 200 breast (2:04.60) against LSU... placed second with a time of 2:00.55 in the 200 breast against rival Florida... earned second place honors in the 200 breast (2:01.86) and third place honors in the 100 breast (55.84) at the Georgia Tech Invitational... finished third in the 200 breast (2:04.48) against Harvard and Army... was victorious in the 100 breast (56.78) against Boston College... swept the breaststroke events against FAMU winning the 100 (56.78) and 200 (2:08.52)... opened the season with a victory in the 200 breast (2:05.64) at the Georgia Tech Quad meet.

2006-07: Joined the Seminoles in January of 2007...made a splash at the ACC Championships (Feb. 21-24) by scoring 23 points...finished seventh in the 100 breast (55.62) and eighth in the 200 breast (2:04.25)... finished second in the 100 breast (56.56) against Indian River Community College (Jan. 26)...clocked in for a fourth place finish at the Dallas Morning News Classic (Jan. 12) in the 100 breast (57.83)...won both the 100 and 200 breast in his first event against LSU (Jan. 12) in times of 57.18 and 2:04.78 respectively.

High School: In 2005, won the VHSL State Championship in the 100 Breaststroke... In the 2006 YMCA National Championships, placed first in 200 breaststroke, and 2nd in the 100 breaststroke. Was part of YMCA National Championship 200 and 400 medley relay teams. At 2006 US Open, placed 15th in the 100 breaststroke and qualified for 2007 senior national championships.

Personal: Son of Lee Ann Hill and Gary Thacker... plans to major in exercise science.



Scott Thacker

MEN'S BIOS



DAVID TOFFALETTI

Free
6-1 ♦ Junior
Charlotte, N.C.
Butler

HONORS

Two-Time ACC Academic Honor Roll

BIO

2007-08: Swam a personal best in the 50 free at the ACC Championships touching the wall in 21.08... placed third in the 100 free (48.20) and fourth in the 50 free (22.06) against Florida Atlantic... turned in a third place finish in the 100 breast with a time of 1:03.72 against Boston College... finished third in the 100 free (48.33) against FAMU... member of the ACC Academic Honor Roll.

TOP TIMES

50 Free	21.08
100 Free	46.52
200 Free	1:42.13

2006-07: Tallied his best times of the season at the ACC Championships (Feb 21-24) in the 50 free (21.20) 100 free (46.52) and 200 free (1:42.13)... finished 18th at the Nike Cup Invitational in the 100 free (46.72), 21st in the 100 breast (1:01.57) and 37th in the 50 free (21.68)... member ACC Academic Honor Roll.

High School: Earned the silver medal in the 100 free at the 2006 NCHSAA 4A State Championships...was a junior national qualifier in the 50 free (24.36) and 100 free (46.28) in 2006...was a part of the winning 200 medley and 400 free relays at the 2005 NCHSAA 4A State Championships...also was a part of the winning 400 free relay in 2003...both the 400 free relays in 2003 and 2005 were automatic All-American times...named to the all-observer boys swimming and diving team from 2003 through 2006...team MVP during his senior year and captain during his junior and senior years...finished second in the nation in his age group as a member of the 400m free relay at the 2003 USA Nationals...set the Mecklenburg Aquatic club record in the age 13-14 group in the 50 free in 2002... earned USA Swimming Academic All-American during his senior year.

Personal: Born October 18, 1987...majoring in history...son of Louis and Julia Toffaletti.



David Toffaletti



ROBBY HAYES

Fly, IM, Free
6-0 ♦ Sophomore
Alpharetta, Ga.
Marist School

HONORS

All-ACC Academic Team
ACC Honor Roll

BIO

2007-08: Scored points at his first career ACC Championships... finished 11th in the 200 IM with a personal best time of 1:50.09 and placed 15th in the 100 free (45.29)... also finished 24th in the 100 fly (49.96)... placed second in the 100 fly (52.05) and 200 fly (1:56.34) against Florida Atlantic... turned in a third place performance in the 50 free (21.74) against South Carolina... placed second in the 200 IM with a time of 1:59.09 against UNC-Wilmington... touched the wall in second place in the 50 free (21.73) and 200 IM (1:57.46) against Boston College... placed second in the 100 back (55.27) and third in the 200 fly (1:57.85) against FAMU... member of the All-ACC Academic Team... member of the ACC Honor Roll.

TOP TIMES

100 Fly	49.80
100 Free	45.26
200 IM	1:50.09

High School: 2007 team captain... three-time Georgia All-State First Team... five-time NISCA All-American... three-time Georgia State Champion (breast twice, fly)... 3rd in the 200 IM at the Speedo Sectionals... 14th in the 200 IM at Spring Nationals... ranked 7th or better in six events in the state of Georgia... coaches award for being the most dedicated swimmer in 2005-06... honor roll member.

Personal: Born January 5, 1989... majoring in business/finance...son of Robert and Holly Hayes.



Robby Hayes



MEN'S BIOS

All-American



ROB HOLDERNESS

Breast, IM
5-10 ♦ Sophomore
Butleigh, Somerset, England
Millfield School

HONORS

All-ACC
Olympic Trial Qualifier
ACC Academic Honor Roll

BIO

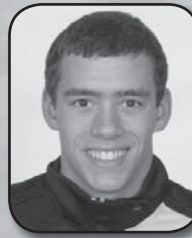
2007-08: Placed third in the 200m breast (2:15.67) at the 2008 FINA World Junior Swimming Championships... placed 10th in the 100 breast (1:03.52) and 11th in the 200 breast (2:29.99) at the British Olympic Trials... scored points and earned All-ACC honors in his first career ACC Championships... placed third in the 200 breast with a personal best time of 1:59.33 and finished 14th in the 400 IM with another personal best of 3:59.16... also placed 19th in the 100 breast (57.16)... placed third in the 100 breast (58.84) against Florida Atlantic... was third in the 200 breast (2:06.34) against Clemson... turned in a second place performance in the 200 breast (2:05.52) and a third place finish in the 100 breast (58.84) against South Carolina... placed second in a time of 4:07.65 in the 400 IM against FAMU... touched the wall in third place in the 200 breast (2:05.29) against LSU... placed third in the 1000 free (10:15.00) against UNC-Wilmington... placed third in the 200 breast (2:02.09) against rival Florida... won the 200 breast at the Georgia Tech Invitational with a time of 2:01.83... was victorious in the 200 breast (2:07.88) against Boston College... finished second in the 200 breast (2:09.82) and 400 IM (4:11.37) and third in the 100 breast (59.87) against FAMU... member of the ACC Academic Honor Roll.

High School: 2007 member of Great Britain Junior team for European Junior Championships... gold medal in 50 breast at International Schools Federation in Hungary... gold medal at WISE International in Dublin... welsh junior record holder in the 50 and 100 breast... 2006 silver medal at British age groups.

Personal: Born June 29, 1990... majoring in business... son of Robert and Helen Holderness... sister Georgia currently swims at FSU... grandfather ran for Great Britain.



Rob Holderness



IAN ROWE

Distance, Free, Back
5-9 ♦ Sophomore
Towson, Md.
Towson

HONORS

NCAA Honorable Mention All-American
All-ACC
Olympic Trial Qualifier

BIO

2007-08: Placed 13th in the 1500m free (15:30.08) at the U.S. Olympic Trials... earned NCAA Honorable Mention All-American honors at the NCAA Championships... placed 10th in the 1650 free in a personal best time of 15:00.14... finished 41st in the 500 free (4:25.76)... earned All-ACC honors and scored points at his first career ACC Championships... finished third in the 1650 free (15:06.93) and placed sixth in the 500 free with a personal best time of 4:25.15... also placed 16th in the 200 back (1:49.35)... touched the wall in second in the 1000 free (9:23.19) against Auburn... won the 1000 free (9:23.73) and was second in the 200 back (1:55.70) against Florida Atlantic... was victorious in the 1000 free (9:20.27) against

TOP TIMES

500 Free	4:25.15
1000 Free	9:18.50
1650 Free	15:00.14
200 Back	1:49.35



Ian Rowe

MEN'S BIOS

Clemson... finished first in the 1000 (9:35.02) and second in the 500 (4:38.71) at South Carolina... touched the wall in first in the 1000 free (9:18.50) and second in the 500 free (4:35.85) against LSU... won the 200 back in a time of 1:55.02 against UNC-Wilmington... placed first in the 1650 free (15:12.00) and second in 500 free (4:26.70) at the Georgia Tech Invitational... turned in a second place performance in the 1000 free (9:19.64) against Harvard and Army... won the 100 back (54.40), 200 back (1:54.46) and the 500 free (4:41.02) against Boston College... finished first in the 200 back (1:57.53) and third in the 100 back (55.30) against FAMU... was second in the 1000 free (9:21.07) and third in the 500 free (4:37.39) to open the season at the Georgia Tech Quad meet.

High School: 2007 National Junior Team member... 2007 Maryland State Champion in the 1000 free (9:10.64) and 1650 free (15:17.34)... fourth place finish in the 1650 at the 2007 Spring Championships... Silver Medal in the 1500 at the Junior Pan Pac's... Bronze Medal at the World Youth Championships in the 1500... 2006 Senior National Rookie of the Meet... 2006 Outstanding Maryland Male Swimmer of the Year (Long Course)... Maryland state record holder in the 1500 (15:28.25)... 2005-06 Scholastic All-American.

Personal: Born August 26, 1989... majoring in history... son of Carla and Peter Rowe.



Jonathan Rubritz



JONATHAN RUBRITZ

Free
6-0 ♦ Sophomore
York, Pa.
Dover Area

BIO

2007-08: Swam personal best times in the 200 free (1:40.92), 500 free (4:34.54) and 100free (47.09) at the ACC Championships... finished second in the 200 free with a time of 1:47.54 and placed third with a time of 49.38 in the 100 free against FAMU... touched the wall in third place in the 200 free (1:48.51) against UNC-Wilmington... placed third in the 200 free (1:48.79) against FAMU.

TOP TIMES

200 Free	1:40.92
500 Free	4:34.54

High School: 2007 part of the Pennsylvania State championship medley relay team... 2007 state runner-up in the 200 free... sixth place finish in the 200 free and ninth in 500 free at the YMCA Winter Nationals... 2006 Pennsylvania State champion in the 200 free (1:41.59)... All-American all four years of high school... U.S. Army Reserve Scholar Athlete... Presidential Academic Award... Dover Scholar Athlete Award.

Personal: Born May 24, 1989... majoring in mechanical engineering... after college plans on joining the Air Force to pursue a career in Aviation... son of Bernard and Carol Rubritz.



MATT SHEAD

Breast
6-4 ♦ Sophomore
Welling, Kent, England
Millfield

HONORS

Olympic Trial Qualifier

BIO

2007-08: Placed 17th in the 100 breast (1:04.44) at the British Olympic Trials... scored points in his first career ACC Championships... finished fourth in the 100 breast with a personal best time of 55.10 and 12th in the 200 IM with another personal best (1:50.36)... also placed 15th in the 200 breast (2:03.42)... finished third in the 100 breast (56.21) against Auburn... earned first place honors in the 100 breast (56.39) against Florida Atlantic... touched the wall in second place in the 100 breast (56.41) and third in the 200 IM (1:55.49)... won the 100 breast (56.39) and placed third in the 200 breast (2:08.51) and 200 IM (1:53.69) against South Carolina... was victorious in the 100 back (52.23) against FAMU... placed second in the 100 breast (57.66) and third in the 200 IM (1:54.43) against LSU... touched the wall in second in the 200 free (1:46.74) against UNC-Wilmington... placed second in the 200 breast in a time of 2:08.02 against Boston College... won the 100 back (54.08) and finished third in the 200 breast (2:09.85) against FAMU... opened the season at the Georgia Tech Quad meet with a third place finish in the 100 breast (56.80).

TOP TIMES

100 Breast	55.10
200 Breast	2:03.42
200 IM	1:58.36

High School: 2007 British Schools Champion in 100 breast and England team captain... 2006 selected for World School Games in Athens... captained the team to a WSG record in the 4x100 medley relay (breast) and won a silver medal in the 100 breast... British age group long course record holder in the 50 and 100 breast... selected for Great Britain youth tour to New Zealand and Australia.

MEN'S BIOS

Personal: Born January 14, 1989... majoring in business and management... son of Ian and Kim Shead... wants to become an investment banker in London... went to same school as head coach Neil Harper and current Seminoles Ed Denton and Georgia and Rob Holderness (Millfield).



Matt Shead

MARCELO GARCIA



Diver
5-7 ♦ Freshman
Seffner, Fla.
Jesuit

BIO

High School: Named the highest ranked diver in Hillsborough County in 2007... placed 10th at the Florida state championship meet... named the teams most outstanding diver all four years of high school... finished third at Regionals in 2007.

Personal: Born September 23, 1990... majoring in actuarial science... son of Jacqueline Smith... pole vaulted in high school... member of Students Against Drunk Driving (SADD)... member of the bowling club.

ANDY HODGSON



Back
6-4 ♦ Junior
England
University of Swansea

HONORS

Olympic Trial Qualifier

BIO

Freshman/Sophomore (University of Swansea): Placed fifth in the 200 back (2:00.12) and sixth in the 100 back (56.36) at the British Olympic Trials... member of Great Britain's team during tri-meet against Canada and France... member of Great Britain's team at the Senior European short course meet in 2004... member of Great Britain's junior team in 2004.

Personal: Born May 19, 1987... currently enrolled in undergraduate studies... son of Richard and Ann Hodgson.

MICHAEL AITKEN



Fly
6-2 ♦ Freshman
Durham, N.C.
Northern

BIO

High School: Pac-6 swimmer of the year in 2008-07 season... top 4 finish in 100 fly North Carolina state meet in freshman, junior, and senior year including a runner-up finish his junior year... junior national qualifier in 100 fly, 200 fly, and 200 back... team captain of high school team in 2008... all-american in 100 fly in high school senior year.

Personal: Born April 10, 1990... majoring in business management... son of George and Martha Aitken.



Andy Hodgson

MEN'S BIOS



GLENN KALATA

IM, Back
6-2 ♦ Sophomore
Trumbull, Conn.
Trumbull / Syracuse

BIO

2007-08 (Syracuse): At the Big East Conference Championships finished in 14th place in all three of his events in the 200 IM (1:52.89) the 100 back (51.55) and the 200 back (1:52.19)...had two second place finishes against Villanova in the 100 breast (1:01.06) and the 200 breast (2:12.96)...in the meet against Seton Hall, put up two third place finishes in the 100 breast (1:01.10) and 200 breast (2:13.92) and a second place finish in the 200 IM (1:58.79)...placed 3rd in the 100 back (53.65) and 2nd in the 200 IM (1:58.40) against Boston University...opened up the season with a third place performance in the 200 back (1:59.52) and 2nd in the 200 breast (2:19.77) in the meet against Colgate.

2006-07: Competed in the 200 IM, the 100 back and the 200 back at the Big East Championships...finished first in the 200 back at the Syracuse Invitational... finished third in the 100 breast and first in the 400 IM at Villanova...placed third in the 200 and the 100 back against Seton Hall...finished second in the 200 IM and the 200 back at Boston University...finished third in the 100 back at the Nutmeg Invitational...placed third in the 200 back and fifth in the 200 breast at Pittsburgh... finished second in the 200 back against Colgate...finished third in the 100 back, fourth in the 200 back at the Red Fox Invitational...BIG EAST Academic All-Star... Member of Athletic Director Honor Roll both semesters.

High School: Three-year swimmer for Trumbull High School...set a school record of 1:01.7 in the 100 breast...placed third in 200 IM at State Opens...earned All-FCIAC and all-state honors...swam with the Wilton YMCA Wahoos from 1997-2006...part of the long course national champions in 2003 to 2005...won a national championship with the short course YMCA men's team in 2005.

Personal: Born on May 31, 1988... majoring in information management and technology... son of Glenn and Linda Kalata.



STEPHEN PENDLETON

Free
6-2 ♦ Sophomore
Northfield, Ill.
New Trier / Denver

BIO

2007-08 (Denver): Finished the season with two fourth place finishes at the Sun Belt Conference Championships in the 500 free (4:29.26) and the 200 free (1:38.69) while also placing 9th in the 100 free (45.71)...picked up a third place finish against UC Davis in the 100 free (47.48)...got third in the 200 free (1:44.39) against Air Force...in the meet versus Pacific placed 3rd in the 200 free (1:44.88) and won the 100 free (46.83)... received two 2nd place finishes against Wyoming in the 50 free (21.52) and the 100 free (46.55)... placed second in the 50 free (21.50) and the 100 free (46.63) against Utah...in the season opener against Air Force, Colorado College, Mines and Metro State, placed second in the 50 free (21.85) and second in the 100 free (47.42).

High School: A four-year varsity swimmer for the 2006-07 National Champion New Trier (Ill.) High School swimming team...also won three Illinois state high school swimming titles at New Trier.

Personal: Born December 13, 1988, in Evanston, Ill.... majoring in political science... son of Steve and Joan Pendleton...has three siblings... enjoys sailing.



SEAN SPIRE

Fly, Free
6-0 ♦ Freshman
Weston, Fla.
Cypress Bay

BIO

High School: Team MVP all four years in high school... part of the Florida state championship team his sophomore year... also part of the teams 200 medley relay that won a state championship in 2005... first team all-county in both his sophomore and senior seasons... state finalist in the 100 fly all four years in high school... team captain in 2007.

Personal: Born September 18, 1989... majoring in exercise science... son of John and Christine Spire... president of his school's surf club... aspires to become a strength and conditioning coach.



JAMES TADDEO

Free
5-10 ♦ Freshman
Clearwater, Fla.
Countryside

BIO

Personal: Born April 4, 1990... majoring in undergraduate studies... son of Jim and Mary Taddeo.



WOMEN'S BIOS



KELLY DEAN

Fly, IM
5-8 ♦ Senior
Longwood, Fla.
Altamonte Springs Lake Brantley

HONORS

ACC Academic Honor Roll

BIO

2007-08: Swam two personal best times at the ACC Championships in the 100 fly and 200 IM 2:08.42... finished second in the 200 fly (2:04.30) against Florida Atlantic... touched the wall in second place in the 200 IM (2:11.16) against FAMU, Florida International and Florida Gulf Coast... finished third in the 200 fly (2:05.61) against LSU... was third in the 200 free (1:56.28) and 200 fly 2:09.78 against North Florida and UNC-Wilmington... turned in a second place finish in a time of 2:12.96 against Boston College... member of the ACC Academic Honor Roll.

TOP TIMES

100 Fly	56.33
200 Fly	2:03.93
200 IM	2:08.42

2006-07: Competed in three events at the ACC Championships (Feb 14-17)... set personal bests in the 100 and 200 fly with times of 56.77 and 2:03.93 respectively... touched the wall with a time of 2:10.27 in the 200 IM... finished third against national champion Auburn (Jan. 26) with a time of 2:06.00 in the 200 fly.

2005-06: Competed in three events at the ACC Championships (Feb. 15-18)... best finish came in the 200 fly as she touched in 2:08.05 for 21st... recorded a personal best in the 100 fly with a time of 58.87... finished 35th in the 200 free in 1:55.43... finished sixth in the 200 fly with a time of 2:06.41 during a dual meet with Florida (Nov. 22)... took 11th in the 200 fly with a time of 2:09.35 at the Georgia Tech Invitational (Nov. 18-20)... placed 16th in the 100 fly in 59.25 and 18th in the 200 IM in 2:12.98... recorded a personal best of 2:12.95 in the 200 IM during the prelims... finished 12th in the 100 fly (59.48) at an ACC quad meet (Oct. 21-22).

High School: Produced All-America times in both individual events and relays her last two years of high school... concluded senior season with a trio of national honors, topped off by an All-America automatic standard as part of the second-place 400 free relay at the FHSAA 3A meet... 200 medley relay earned national consideration time in the prelims before being disqualified in the finals... added All-America consideration for her fifth-place 57.43 in the 100 butterfly... also took tenth in the 200 individual medley with a time of 2:11.34... junior campaign saw her collect her only state title as a member of the winning 400 free relay that produced an automatic All-America time of 3:33.27... 2003 meet also saw her record her best individual finish as she took second in 100 fly with a personal-best, All-America automatic time of 57.08... All-America consideration came for third-place 200 medley relay... took fourth in the 200 IM with a mark of 2:09.98... captured conference and district titles in the 100 fly her last three years, while adding both titles in the 200 IM as a junior... named first-team all-county and all-conference her last three years at LBHS... earned Second-Team All-Central Florida from the Orlando Sentinel... served as team captain her senior year... Lake Brantley finished in the top three at the state meet all four years of her prep career, including team titles in 2001 & 2003... coached by Clay Parnell at both Lake Brantley and Patriot Aquatics club team.

Personal: Born May 26, 1987... majoring in child development... daughter of Mark and Ann Dean... older brother Clayton is a member of the men's swimming and diving team at Duquesne University.



Kelly Dean



CARISSA HANNA

Diving
5-8 ♦ Senior
Churchville, Pa.
Council Rock South

HONORS

Two-Time ACC Academic Honor Roll

BIO

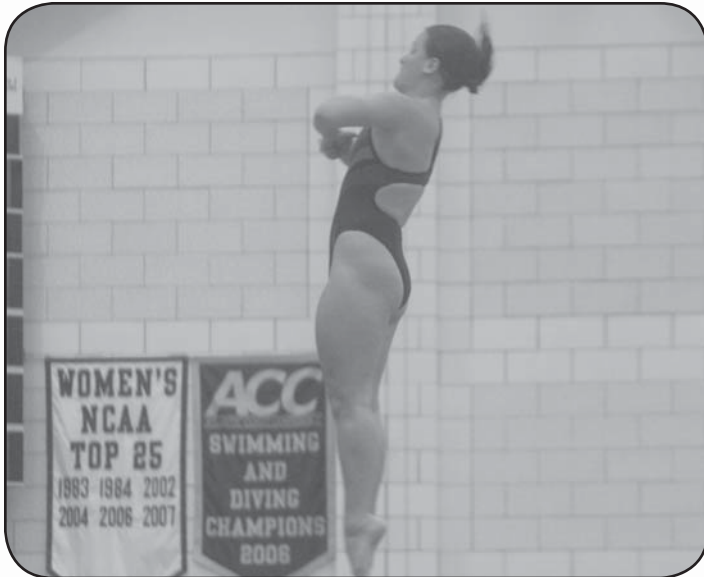
2007-08: Posted scores of 213.50 on the 1m and 212.40 on the 3m at the ACC Championships... turned in a fourth place performance on the 3m (252.55) against Auburn and Arkansas... dove to a personal best score of 246.83 on the 1m against Clemson... placed fourth on the 3m (260.40) against South Carolina... finished third on the 3m with a score of 264.20 against FAMU, Florida International and Florida Gulf Coast... placed second on the 3m board (263.50) against North Florida and UNC-Wilmington.

TOP SCORES

1M Diving (6)	246.83
3M Diving (6)	274.70

2006-07: Scored points at the ACC Championships (Feb. 14-18)... took 13th place on the 3M with a score of 239.20 to secure her first four championship points... finished 17th on the 1M with a score of 219.60... earned a career high score on the 1M with a score of 224.33 against Indian River Community College (Jan. 26)... opened 2007 with a fourth place finish on the 1M (217.25) and a score of 251.95 on the 3M... finished 20th on the 1M (192.10) at the Nike Cup Invitational (Nov. 16-18)... member of ACC Honor Roll.

WOMEN'S BIOS



Carissa Hanna

2005-06: Competed on the 1M and 3M at the ACC Championships (Feb. 15-18)... finished 19th on the 3M with a six dive score of 215.30 and 24th on the 1M with a six dive score of 180.55...recorded a personal best on the 1M with a six dive score of 209.40 to finish sixth at a dual meet against Miami (Jan. 14)...recorded a personal best on the 3M with a six dive score of 274.70 to place sixth at the Georgia Tech Invitational (Nov. 18-20)...also finished 11th on the 1M with a six dive score of 179.30...finished sixth on the 3M (193.55) and eighth on the 1M (180.65) at an ACC quad meet (Oct. 21-22)...member ACC Honor Roll.

High School: Earned the first All-State honors of her prep career as a senior, taking sixth the PIAA AAA state meet with a tally of 390.30 on the one-meter board...Finished fifth at the District 1 meet with an 11-dive total of 403.85 ...Placed second on the one-meter board her senior year at the league meet after a bronze medal as a sophomore...Holds CRSHS records for six dives (256.3) and 11 dives (414.65)...A four year letter winner, she was team MVP and captain the last two seasons...Also qualified for the district meet as a member of the 200 free relay as a junior and senior...Took 11th on both boards at the 2005 Junior Olympic Spring Region 1 meet in her third year of competition at the JO level...Tallied a score of 311.30 on the one-meter board to go along with a three-meter tally of 323.50... Competed at the 2004 JO Summer East Zone Championships, highlighting her trip with a 15th-place 265.40 on the three-meter board...Coached by Christine Stocki at Council Rock South and Candice Gottlieb at Blue Dolphin Diving Club... Also excels in the classroom as a member of the National Honor Society.

Personal: Born August 5, 1987...majoring in biology education... daughter of Shawn and Susan Hanna... older brother Shane is a graduate student at Florida State.

All-American



GEORGIA HOLDERNESS

Breast, Free, IM
5-9 ♦ Senior
Butleigh, Somerset, England
Millfield School

HONORS

NCAA Honorable Mention All-American
ACC Champion
School Record Holder
Two-Time All-ACC Academic
Two-Time ACC Academic Honor Roll
Olympic Trial Qualifier

BIO

2007-08: Won the 200 breast (2:29.99) at the Great Britain Olympic Trials and placed third with a FINA "A" cut time in the 100 breast (1:08.76)... part of the school record breaking 800 free relay at the ACC Championships with a time of 7:13.85... earned All-ACC honors in the 100 breast (1:02.43) and 200 breast (2:14.81) with a pair of third place finishes... also placed 13th in the 500 free (4:54.04)... finished second in the 200 breast (2:18.89) and third in the 100 breast (1:04.09) against Auburn and Arkansas... won the 200 free (1:51.95) against Florida Atlantic... was victorious in the 100 breast (1:04.45) and

TOP TIMES

100 Breast	1:02.43
200 Breast	2:14.06
200 IM	2:02.96
500 Free	4:52.90



Georgia Holderness

WOMEN'S BIOS

200 breast (2:18.39) and second in the 200 IM (2:06.98) against Clemson... won the 100 breast (1:04.17) and 200 breast (2:16.76) and placed second in the 200 IM (2:05.63) against South Carolina... touched the wall in first in the 100 free (52.79) against FAMU, Florida International and Florida Gulf Coast... won the 200 breast (2:19.67) and was second in the 200 IM (2:05.23) and 200 free (1:51.75)... turned in a second place performance in the 200 breast (2:18.97) and a third place performance in the 200 free (1:49.91) against Florida... had a trio of second place finishes at the Georgia Tech Invitational in the 100 breast (1:03.98), 200 breast (2:16.86) and 200 free (1:49.02)... placed second in the 200 free (1:51.91) against Harvard and Army... won the 1000 free (10:12.99) against Boston College... was victorious in the 200 free (1:51.74) and 500 free (4:48.32) against FAMU and Miami... second in the 200 free (1:52.26) to open the season at the Georgia Tech Quad meet... member of the All-ACC Academic team and ACC Academic Honor Roll.

2006-07: Scored points for the second straight season at the ACC Championships (Feb. 14-17)...opened the meet as the anchor leg of the fourth place 800 free relay squad which touched the wall in an NCAA "B" cut time of 7:21.09...finished fourth in the 100 breast with an NCAA "B" cut time of 1:02.88...claimed fifth place in the 200 breast with an NCAA "B" cut time of 2:16.26...finished 13th in the 200 IM with an NCAA "B" cut time of 2:03.66...against national champion Auburn (Jan. 27) finished third in both the 200 free (1:51.55) and 200 breast (2:17.61)... set a personal best in the 100 free against Indian River Community College (Jan. 26) with a winning time of 51.71... won two events against LSU (Jan. 12) with top times in the 200 breast (2:18.74) and 200 IM (2:06.13) then placed third in the 200 free (1:52.47)...made one swim against North Florida and UNC-Wilmington (Jan. 6) and finished second in the 500 free (4:59.44)...helped defeat rival Florida (Nov. 21) with a trio of second place finishes in the 200 free (1:49.58), 200 breast (2:15.93) and the 200 IM (2:05.01)...placed well at the Nike Cup Invitational (Nov. 16-18) with a victory in the 200 breast in an NCAA "B" cut time of 2:15.84... finished sixth in the 200 IM with an NCAA "B" cut time of 2:04.02 and finished sixth in the 100 breast (1:04.48)...competed at the SMU Classic (Oct. 20-21)...finished third in the 400 IM and set a new personal best time of 4:26.02...took third in the 200 breast (2:18.41) and fourth in the 200 IM (2:06.74)...opened the season with a second place finish against Clemson (Oct. 7) in the 100 breast (1:05.01) and a third place showing in the 200 breast (2:19.86)... member of the ACC Academic Honor Roll.

2005-06: Earned Honorable Mention All-American honors as a part of the 400 free relay that finished 10th with a new school record of 3:20.10 at the NCAA Championships (Mar. 16-18)...also finished 33rd in the 200 breast (2:16.84), 36th in the 100 breast (1:03.81) and 65th in the 200 IM (2:05.22)...captured the 200 breast title at the ACC Championships (Feb. 15-18) after recording an NCAA "B" cut time and personal best of 2:14.06...was a part of the winning 400 free relay that touch the wall in 3:21.54...scored points taking fourth in the 100 breast (1:02.48) and fifth in the 200 IM (2:02.96)...both times were NCAA "B" cut times and personal bests...swam as a part of the 800 free relay that finished third with a new school record of 7:19.57...joined the team in at the start of the spring semester and in her first competition, a dual meet against Miami (Jan. 14), she finished second in the 100 free with a personal best of 52.38 and second in the 100 breast in 1:04.44...earned All-ACC Academic Team honors.

High School: Made European juniors in 2002 and 2003 for Great Britain... finished eighth in the 200 IM...earned a spot at the Commonwealth Games for Wales in 2002...won nationals as a member of the 400 free relay team in 2004.

Personal: Born October 26, 1987...majoring in elementary education...daughter of Robert and Helen Holderness...attended same high school as teammates Ed Denton, Matt Shead and head coach Neil Harper... brother Robert also swims for FSU.



KYLEN HUNTWORK

Breast, IM
5-11 ♦ Senior
Apex, N.C.
Apex

HONORS

Captain
Three-Time ACC Academic Honor Roll

BIO

2007-08: Scored points in two events at the ACC Championships... placed 12th in the 200 breast (2:20.02) and 13th in the 100 breast (1:05.28)... finished second in the 100 breast (1:06.64) against Florida Atlantic... touched the wall in the third place in the 200 breast (2:21.50) against Clemson... placed third in the 200 breast (2:21.00) against LSU... turned in a third place performance at the Georgia Tech Invitational in the 200 breast (2:20.18)... finished third in a time of 2:21.30 in the 200 breast against Harvard and Army... won the 200 breast (2:22.01) against Boston College... was second in the 100 breast (1:06.28) and 200 breast (2:22.13) against FAMU and Miami... opened the season with a third place finish in the 200 breast (2:23.28) at the Georgia Tech Quad meet... named team captain for the 2007-08 season... member of the ACC Academic Honor Roll.

TOP TIMES

100 Breast	1:04.48
200 Breast	2:19.10
200 IM	2:08.59



Kylen Huntwork

WOMEN'S BIOS

2006-07: Competed in three events at the ACC Championships (Feb. 14-17)... swam a personal best time in the 200 breast (2:19.10)... earned points against Indian River Community College (Jan.26) with a third place finish in the 100 breast (1:06.14)...finished third in the 200 breast (2:25.87) against LSU (Jan. 12)... opened 2007 with a time of 1:06.06 in the 100 breast against North Florida and UNC-Wilmington (Jan. 6)... made two night swims at the Nike Cup Invitational (Nov. 16-18)...finished 16th in the 200 breast (2:23.54) and 17th in the 100 breast (1:06.92)...also finished 35th in the 200 IM (2:12.42)... member of ACC Academic Honor Roll.

2005-06: Scored points in both breaststroke events at the ACC Championships (Feb. 15-18)...finished ninth in the 100 breast with a personal best of 1:04.48 and 14th in the 200 breast in 2:20.73...also placed 29th in the 200 IM with a personal best of 2:08.59...finished fifth in the 200 breast (2:19.97) at a dual meet against Florida (Nov. 22)...finished third in the 100 breast (1:04.90) and 200 breast (2:20.95) at the Georgia Tech Invitational (Nov. 18-20)...also finished sixth in the 200 IM (2:09.82) and 20th in the 100 back (1:01.14)...finished fourth in the 200 breast (2:21.86), seventh in the 100 breast (1:05.98) and ninth in the 200 IM (2:12.20) at an ACC quad meet (Oct. 21-22)... member of ACC Academic Honor Roll.

High School: Prep career culminated with a state championship her senior year at the NCHSAA 4A meet as she won the 100 breaststroke with a time of 1:06.47 for All- America consideration...earned a spot in the finals the year before, taking sixth with a 1:08.04...helped Apex to a pair of top-five relay finishes in 2005, taking part in the fourth-place 200 medley relay (1:53.23) and fifth-place 200 freestyle quartet (1:41.73)...won the consolation heat of the 200 individual medley her last year in 2:12.76, while her 2:15.88 from the year before placed 10th...took third in the 100 breaststroke at the 2005 YMCA National Short Course Championships with a career-best time of 1:04.87...captured bronze at the 200-yard distance, posting a personal standard of 2:19.71...member of two top-five relays, including the 400 medley team that placed second (3:50.32)...also swam a career-best 2:10.49 in the 200 IM at the meet ...an all-conference selection and team MVP all four years of high school, she was named Tri-Seven Conference MVP her last three years...tied for 47th at the 2005 ConocoPhillips US National Championships in the 100-meter breaststroke, posting a time of 1:13.51...swam for Greg Huff at Apex and at YMCA of the Triangle Area (YOTA) for Ron Turner...also excels in the classroom as a member of the National Honor Society.

Personal: Born June 25, 1987... majoring in marketing and management... daughter of Richard Huntwork and Dawn Bell... full name is Sarah Sophie Kylen Huntwork.



MEREDITH MARTELLE

Distance Free, IM
5-8 ♦ Senior
Charlotte, N.C.
South Mecklenburg

HONORS

Two-Time ACC Academic Honor Roll

BIO

2007-08: Turned in a personal best time of 16:52.53 in the 1650 free at the ACC Championships... also swam the 500 free (4:57.81) and 400 IM (4:25.92) at the championships... was victorious in the 200 IM with a time of 2:10.97 against FAMU, Florida International and Florida Gulf Coast... placed second in the 1000 free (10:18.00) against LSU... finished second in the 200 backstroke (2:08.79) against Boston College... touched the wall in third place in the 400 IM (4:32.05) against FAMU and Miami... member of the ACC-Academic Honor Roll.

TOP TIMES

500 Free	4:54.69
1000 Free	9:58.50
1650 Free	16:52.53
400 IM	4:23.27

2006-07: Scored points at the ACC Championships (Feb. 14-17) for the second straight season by matching her 10th place finish in 2006 in the 400 IM (4:25.50)... finished 24th in the 500 free (5:02.43) and 18th in the 1650 free (17:11.37)... netted the fastest times of the season in two events at the Nike Cup Invitational (Nov. 16-18) with a ninth place finish in the 1,650 free (17:05.63) and a 35th place finish in the 200 IM (2:12.55)...also placed 6th in the 400 IM (4:26.30) and 29th in



Meredith Martelle



WOMEN'S BIOS

the 500 free (5:05.98)... scored the best finish of the season against Miami (Oct. 27) with a personal best second place finish in the 1000 free (9:58.50)... member of the ACC Academic Honor Roll.

2005-06: Scored points at the ACC Championships (Feb. 15-18) finishing 10th in the 400 IM with a personal best and NCAA "B" cut time of 4:23.27...placed 17th in the 500 free (4:54.69) and the 1650 free (17:21.10)...won the 400 IM in 4:23.94 at the at the Georgia Tech Invitational (Nov. 18-20)...finished fourth in the 1650 free with a personal best of 16:54.09...also finished seventh in the 500 free (5:01.55) and 13th in the 200 free (1:54.83).....recorded a personal best in the 1000 free (10:30.74) in a dual meet against Clemson (Nov. 12)...recorded a personal best in the 200 IM (2:09.70) to finish fifth at an ACC quad meet (Oct. 21-22)...took fourth in the 500 free (5:03.38) and fifth in the 1000 free (10:27.18).

High School: Garnered All-America consideration honors her final season at the NCHSAA state meet in three events...best finish was a second-place 5:02.12 in the 500 freestyle....added a fourth-place 2:08.92 in the 200 individual medley...swam on a pair of fourth-place relays, earning All- America honors in the 400 freestyle (3:38.93)...took fourth in the 100 breaststroke as a sophomore at the state championships, while placing fifth in the 200 IM....member of third-place 200 medley relay...South Mecklenburg won the team title her sophomore campaign... three-time All- Mecklenburg selection by the Charlotte Observer...named N.C. All-Star Conference Swimmer of the Year as a senior...posted the best times of her career the 2004 US Senior Nationals and the NCS Senior Championships... top marks at the US Nationals include 400m freestyle (4:36.35), 800m freestyle (9:27.34) and 1500m freestyle (17:56.45)...at the NCS meet, she posted times of 1:55.58 (200 freestyle), 4:59.38 (500 freestyle) and 16:54.00 (1,650 freestyle)... equally as strong in the classroom where she is a Scholastic All-American and a member of the National Honor Society...coached by Ellen Mullis at South Mecklenburg and Dave Gibbson coached her at Mecklenburg Aquatic Club...took 51st in the 1,500 meter freestyle with a time of 17:36.65...finished two spots back of that with a 9:16.06 in the 800 freestyle.

Personal: Born March 16, 1987...majoring in education...daughter of Joseph and Nancy Martelle...swam on the same high school and club teams as former Seminole's Mark Nichols and Stacy Rademacher...youngest of nine children.

2006-07: Competed in both the 1M and 3M diving events at the ACC Championships (Feb 14-17)... recorded a score of 215.25 in the 1M competition and a score of 201.85 in the 3M event... earned a personal best on the 3M with a score of 219.22 at LSU (Jan. 12)... scored a personal best on the 1M with a score of 221.90 against North Florida and UNC-Wilmington (Jan. 6)... finished 17th at Nike Cup Invitational (Nov. 16) on the 1M with a score of 205.75.

TOP SCORES

1M	241.00
3M	251.30
Platform	182.40

High School: Graduated early from Montgomery High School in 2005...finished second during two consecutive years at the 4A Texas State Diving Championships and was fifth on the platform at AAU nationals in 2005...won the regional high school diving championship in 2004...earned First Team All-State honors and was an All-American Qualifier during the 2003-04 and 2004-05 seasons...named TAGDA Diver of the Year three times (1997, 1998, 1999) and NWTDA Diver of the Year four times (1998, 1999, 2000, 2001)...earned Academic All-District in 2005.

Personal: Born September 28, 1987...majoring in child development and psychology with a minor in religion...daughter of Philippee and Joelle Cabassol... currently the secretary with the Student-Athlete Advisory Committee (SAAC).



Melanie Cabassol



MELANIE CABASSOL

Diving
5-5 ♦ Junior
Montgomery, Texas
Montgomery

HONORS

ACC Academic Honor Roll

BIO

2007-08: Scored points at the ACC Championships with her 11th place performance on the platform (169.00) and 15th place finish on the 3m (226.50)... also placed 20th on the 1m (205.95)... turned in two personal best scores against FAMU, Florida International and Florida Gulf Coast on the 1m (241.00) and 3m (251.30)... dove to a third place finish with a score of 234.10 on the 1m against North Florida and UNC-Wilmington... member of the ACC Academic Honor Roll.

WOMEN'S BIOS



JESSIE CARR

Free, Breast
5-6 ♦ Junior
Montgomery, Ala.
Gulf Breeze

HONORS

Captain
ACC Academic Honor Roll

BIO

2007-08: Swam a personal best in the 100 free (52.70) at the ACC Championships... also competed in the 50 free (24.12) and 100 breast (1:08.02)... placed third in the 100 free (53.27) and fourth in the 100 breast (1:08.83) against Florida Atlantic... member of the Student Athletic Advisory Committee... member of the ACC Academic Honor Roll... team captain for the 2008-09 season.

TOP TIMES

50 Free	23.87
100 Free	52.70
100 Breast	1:06.66
200 Breast	2:30.42

2006-07: Competed at the Tar Heel Invitational (Feb. 14-17) and posted times in the 50 free (23.87) and 100 breast (1:06.66)... competed at the Nike Cup Invitational (Nov. 16-18), finishing 20th in the 100 breast (1:07.39) and 23rd in the 50 free (24.10)... opened the season against Clemson (Oct. 7) with a time of 54.12 in the 100 free and a time of 24.66 in the 50 free... member of the ACC Academic Honor Roll.

High School: Named team MVP during her freshman and sophomore years... was a two-time all area swimmer of the year... was a three-time FHSAA Pincha-Penny all area team member... was an eight-time Florida high school state finalist... finished fifth in the 50 free as a sophomore and third in the 50 and 100 free as a senior at the state meet... trained with the Dutch National Team while living in the Netherlands during her junior year.

Personal: Born July 21, 1987... majoring in rehabilitation services and child development... daughter of David and Stephanie Carr.



TIFFANY ELIAS

Fly, IM, Free
5-7 ♦ Junior
Phoenix, Ariz.
Xavier College Preparatory

BIO

2007-08: Scored at the ACC Championships with a 16th place finish in the 200 fly (2:03.82)... also placed 19th in the 100 fly (56.35) and 34th in the 200 free (1:53.99)... finished second in the 100 fly (57.63) and third in the 200 free (1:55.72) against Florida Atlantic...

TOP TIMES

100 Fly	55.51
200 Fly	2:01.26
200 IM	2:05.25

touched the wall in second place in the 200 fly (2:05.68) and third in the 100 fly (57.52) against Clemson... placed second against South Carolina in the 200 fly (2:05.36)... won the 200 free (1:54.09) and placed third in the 100 back (59.54) against FAMU, Florida International and Florida Gulf Coast... was victorious in the 200 fly (2:04.63) against LSU... placed first in the 200 IM (2:08.17) and 200 fly (2:05.51) against North Florida and UNC-Wilmington... finished third in the 200 fly with a time of 2:04.11 against Harvard and Army... won the 100 back (59.87) and the 200 IM (2:08.29) against Boston College... placed second in the 100 fly (58.26) against FAMU and Miami.

2006-07: Scored points at the ACC Championships (Feb. 14-17)... made the finals in the 200 fly and finished eighth touching the wall in 2:05.34... finished 12th in the 100 fly (56.38)... scored against Indian River Community College (Jan. 26) with a victory in the 100 back (58.35) and a third place finish in the 100 fly (56.73)... on the road at LSU (Jan. 12) claimed a victory in the 200 fly (2:03.38)... opened 2007 with a runner-up finish in the 100 fly (57.73) against North Florida and UNC-Wilmington (Jan. 6)... had an impressive performance at the Nike Cup Invitational (Nov. 16-18) including an NCAA "B" cut of 2:01.26 in the 200 fly to place second... also finished fifth in the 100 fly (55.51) and eighth in the 500 free (2:05.25)... captured the win in the 100 fly (56.49) against Florida Atlantic (Oct. 28)... against Miami (Oct. 27) won the 200 fly (2:03.17) and 200 free (1:51.93) and recorded a runner-up finish in the 100 fly (56.18)... placed second at the SMU Classic



Jessie Carr



WOMEN'S BIOS

(Oct. 20) in the 200 fly (2:03.09) and third in the 200 free (1:52.73)...opened her collegiate career with a win in the 200 fly (2:02.34) and a pair of runner-up finishes in the 200 free (1:52.24) and 100 fly (58.24).

High School: Won Arizona State High School Championship in the 500 free (2003), 100 fly (2004), and 200 free (2005) at Xavier College Preparatory...during all four years at Xavier, Elias earned All-American, All-State and All-Region honors as well as leading her team to four state / regional titles...was a part of the relay that set the Arizona high school state record in the 400 free relay in 2004 and the National Independent School record in the 200 medley relay in 2005...holds Xavier school records in the 100 fly, 200 IM and 400 free relay...was Girls National Champions in NISCA National Dual Meet Ranking in 2005...was team captain during her senior year and was three-time team MVP...earned first honors, was a NISCA Academic All-American (2005), received the President's Education Award (2006) and named the High School Heisman (2006).

Personal: Born October 13, 1987...majoring in exercise science...daughter of Colleen Hill and Joe Elias.



Tiffany Elias



KYLSIE GRIMES

Free
5-8 ♦ Junior
Hartland, Wis.
Arrowhead

HONORS

NCAA Qualifier
School Record Holder

BIO

2007-08: Anchored the school record breaking 400 free relay team at the ACC Championships (3:19.90)... scored points and posted personal best times in all three individual events at the ACC Championships with a pair of ninth place finishes in the 100 free (50.33) and 200 free (1:49.12) and a 10th place showing in the 50 free (23.25)... placed third in the 50 free (24.62) against Florida Atlantic... won the 100 back (59.31) and finished third in the 50 free (24.56) against FAMU, Florida International and Florida Gulf Coast... touched the wall in second place in the 200 free (1:56.28) against North Florida and UNC-Wilmington... finished third in the 50 free (24.97) and 500 free (5:13.16) against Boston College... placed third in the 200 free (1:54.87) against FAMU and Miami... opened the season with a victory in the 200 free at the Georgia Tech Quad meet in the 200 free (1:51.79).

TOP TIMES

50 Free	23.25
100 Free	50.33
200 Free	1:49.12



Kysie Grimes

WOMEN'S BIOS

2006-07: Florida State's lone freshman representative at the NCAA Championships (Mar 8-10)... finished 70th in the 100 free posting a time of 51.58...scored well at the ACC Championships (Feb. 14-17)...swam the leadoff leg of the 800 free relay that placed fourth in an NCAA "B" cut time of 7:21.09...placed seventh in the 200 free (1:50.39)...tied for 15th in the 100 free (51.68) and finished 16th in the 50 free (23.61)... took top honors in the 200 free (1:52.49) against North Florida and UNC-Wilmington (Jan. 6)... helped to defeat rival Florida (Nov. 21) with a personal best, NCAA "B" cut time of 51.04 to take second place in the 100 free... also finished second in the 50 free (23.86) and fourth in the 200 free (1:49.72)... competed in the Nike Cup Invitational and earned night swims in all three events... placed eighth in the 100 free (51.28), 12th in the 50 free (23.48) and 13th in the 500 free (4:55.93)...won the 100 free (52.79) against Florida Atlantic (Oct. 28) and finished third in the 200 free (1:54.32)...earned a pair of third place finishes in the 100 free (53.14) and 200 free (1:53.42) against Miami (Oct. 27)...opened her collegiate career with an event victory against Clemson (Oct. 7)...took top honors in the 200 free (1:51.58).

High School: Was a 12-time Wisconsin high school state champion...won state championships in the 200 free (1:49.95) and 100 free (50.74) and was apart of the state record setting 200 and 400 free relay teams...her time of 1:49.95 in the 200 free is the second fastest in Wisconsin high school swimming history... earned All-American honors eight times...was a junior national qualifier in the 50, 100 and 200 free as well as the 100 back...was a senior national qualifier in the 50 and 100 free...both of her parents swam competitively in college at Illinois State University.

Personal: Born June 16, 1988...majoring in math...daughter of Kim and John Grimes.

free...finished 17th in the 200 free (1:51.39)...concluded the dual meet season against national champion Auburn (Jan. 27) and finished fourth in the 1000 free (10:22.09)... against Indian River Community College (Jan. 26) claimed an event victory with first place in the 1650 free (17:24.01) and finished second in the 200 free (1:52.45)... earned top honors in the 500 free (4:57.03) against LSU (Jan. 12) and finished second in the 1000 free (10:23.97)...scored a pair of victories to start 2007 against North Florida and UNC-Wilmington (Jan. 6) in the 500 free (4:59.02) and the 1000 free (10:19.05)...helped defeat rival Florida (Nov. 21) with a NCAA "B" cut time of 4:53.68 in the 500 free and recorded a personal best time in the 200 free (1:51.19)...placed well at the Nike Cup Invitational (Nov. 16-18) with a second place finish in the 200 free (4:52.51) and a seventh place finish in the 1650 free (17:01.92)...earned a pair of second place finishes against Florida Atlantic (Oct. 28) in the 500 free (5:04.58) and 1,650 free (17:25.93)...took two victories against Miami (Oct. 27) with a school record time in the 1000 free (9:54.03) and a strong showing of 5:05.31 in the 500 free...opened her collegiate career with a victory in the 500 free (5:02.44) against Clemson (Oct. 7) and a second place finish in the 1000 free (10:20.66)... member of All-ACC Academic team and the ACC Academic Honor Roll.

High School: Won the 2005 Florida 3A state championship in the 200 free with a time of 1:50.46...took second in the 500 free (4:53.09) and was a part of the 400 relay that placed sixth (split - 52.60)...named Clearwater Aquatic Team Swimmer of the Year in 2004, was the district champ in the 200 free (2004, 2005) and the 500 free (2005)...was also the regional champion in the 200 free in 2005...earned All-American honors in the 500 free (2004, 2005) and 200 free (2005)...was a member of the National Honor Society and made the dean's list and honor roll all four years.

Personal: Born February 28, 1988...majoring in exercise science...daughter of Mike and Janet Guyler.

ATHLETE BIOS



JEN GUYLER

Mid-Distance Free, Distance Free
5-4 ♦ Junior
Palm Harbor, Fla.
East Lake

HONORS

All-ACC
All-ACC Academic Team
Two-Time ACC Academic Honor Roll

BIO

2007-08: Competed in the 200 free (1:57.62), 500 free (5:03.99) and 1650 free (17:23.70) at the ACC Championships... placed third with a time of 5:06.14 against FAMU and Miami... member of the ACC Academic Honor Roll.

TOP TIMES

200 Free	1:51.19
500 Free	4:49.98
1000 Free	9:58.06
1650 Free	16:50.84

2006-07: Capped an impressive freshman season with All-ACC honors at the ACC Championships (Feb. 14-17)...finished second to earn All-ACC honors in the 500 free with an NCAA "B" cut time of 4:49.98...claimed ninth place with an NCAA "B" cut time of 16:50.84 in the 1650



Jen Guyler



WOMEN'S BIOS

All-American



ALEIA MONDEN

Diving
5-1 ♦ Junior
Mililani, Hawai'i
St. Andrew's Priority

HONORS

Captain
Honorable Mention All-American
Two-Time NCAA Zone Qualifier
All-ACC Academic Team
Two-Time ACC Academic Honor Roll

BIO

2007-08: Earned honorable mention All-American honors at the NCAA Championships with her 11th place finish on the 3m board (251.81)... scored points for the Seminoles in three events at the ACC Championships... placed fifth on the platform with a score of 249.45, sixth on the 1m (253.05) and ninth on the 3m (262.25)... won the 1m (241.40) and placed third on the 3m (267.05) against Auburn and Arkansas... dove to a pair of third place finishes on the 1m (234.55)



Aleia Monden

and 3m (265.20) against Florida Atlantic... placed third on the 1m at the Georgia Tech Invitational with a score of 265.50... finished third on the 1m (233.70) and the 3m (278.35) against Harvard and Army... was victorious on the 3m with a personal best score of 291.23 and placed second on the 1m (255.68) against Boston College... placed third on the 1m (246.70) and 3m (245.35) against FAMU and Miami... member of the All-ACC Academic team and ACC Academic Honor Roll.

2006-07: Represented the Seminoles at the NCAA Zone "B" Diving Championships with a top finish of 11th on the platform (469.30)...took 23rd in the 1M with a score of 230.45 and finished 24th on the 3M with a score of 239.55...scored major points at the ACC Championships (Feb. 14-17)...nabbed a personal best in the 1M prelims of 286.10 then finished fifth in the finals with a score of 273.60...

finished fifth on the platform with a score of 221.80...took 12th place in the 3M with a score of 252.20...claimed strong finishes against national champion Auburn (Jan. 27) with a runner-up finish on the 1M (251.55)... opened 2007 with an event win against North Florida and UNC-Wilmington (Jan. 6) with an NCAA Zone consideration score of 264.60 on the 1M and a second place showing in the 3M (264.00)...contributed to a win against Florida with a pair of NCAA Zone automatic scores to finish first on the 3M (295.50) and second on the 1M (273.00)...made an impressive showing at the Nike Cup Invitational (Nov. 16-18) by finishing third on the 1M (274.15)...won both the 1M (256.30) and 3M (238.95) against Florida Atlantic (Oct. 28)...was the lone Seminole diver at the SMU Classic (Oct. 20) and contributed to the team's first place finish with a victory on the 1M (257.05) and a second place showing on the 3M (259.00)...opened her college career with a pair of first place finishes against Clemson (Oct. 7) in the 1M (263.78) and 3M (274.88)... member of ACC Academic Honor Roll.

TOP SCORES	
1M	286.10
3M	291.23
Platform	295.50

High School: Was a three-time NISCA All-American...won the Interscholastic League of Honolulu (ILH) Diving Championships three consecutive years (2004-06)...won the Hawaii High School Athletic Association Diving Championship four consecutive years (2003-06)...also is the current recorded holder with a score of 491.05 set on Feb. 25-26, 2006...was a two-time ILH Diver of the Year (2005-06)...won the 2005 Amateur Athletic Union 1M National Championship...was a 2006 junior national finalist on the 1M and platform and a 2006 senior national finalist on the 10M platform.

Personal: Born October 10, 1988...majoring in sports medicine...daughter of Glenn and Nancy Monden.

WOMEN'S BIOS



KATIE SIROUNIS

Diving
5-9 ♦ Junior
Indian Harbor Beach, Fla.
Satellite

HONORS

Two-Time NCAA Zone Qualifier
All-ACC Academic Team
Two-Time ACC Academic Honor Roll

BIO

2007-08: Scored points in all three events at the ACC Championships... placed fourth on the 3m (298.55), seventh on the platform (217.15) and ninth on the 1m (245.55)... was victorious on the 1m board against Auburn and Arkansas with a score of 289.40...

finished second on the 1m (237.25) against Florida Atlantic... swept the diving events against Clemson winning the 1m with a personal best score of 303.15 and winning the 3m with a score of 269.78... placed second on the 1m (271.21) and 3m (276.00) against South Carolina... won the 3m (295.15) and placed second on the 1m (268.10) against FAMU, Florida International and Florida Gulf Coast... dove to a second place finish on the 3m (267.60) and third place finish on the 1m (224.70) against LSU... earned ACC Performer of the Week honors for her victories on the 1m (253.10) and 3m (271.55) against North Florida and UNC-Wilmington... finished second on the 3m (289.50) and third on the 1m (254.85)

TOP SCORES

1M	303.15
3M	304.15
Platform	224.60

against Florida... won the 3m with a personal best score of 304.15 and was second on the 1m (262.40) against Harvard and Army... won the 1m (284.18) and placed second on the 3m (282.15) against Boston College... turned in a pair of second place finishes on the 1m (259.90) and 3m (281.95) at the SMU Women's Classic... placed first on the 1m (262.20) against FAMU and Miami... opened the season at the Georgia Tech Quad meet with a second place finish on the 3m (276.05) and a third place finish on the 1m (248.45)... member of the All-ACC Academic team and ACC Academic Honor Roll.

2006-07: Qualified for the NCAA Zone "B" Diving Championships (Mar. 2-4) and finished 12th on the 1M board with a twelve dive total of 494.40... finished eighth on the platform with a ten dive total of 494.95... scored 20 points in her first trip to the ACC Championships... took fifth place on the 3M with a six dive total of 280.65 in the finals... finished seventh on the platform with a 6 dive total of 187.35... won both diving events against national champion Auburn (Jan. 27) with a score of 254.93 on the 1M and an NCAA Zone consideration score of 270.53 on the 3M... assisted in the defeat of rival Florida (Nov. 21) with a win in the 1M with an NCAA Zone automatic score of 282.45 and a third place finish in the 3M (243.90)... earned a season high score of 287.60 at the Nike Cup Invitational (Nov. 16-18) on the 3M... earned a pair of second place results against Clemson (Oct. 7) in the 1M (253.58) and 3M (251.10)... member ACC Academic Honor Roll.

High School: Was a two-time 2A FHSAA State Champion in diving at Satellite High School... was also the regional, district and conference champion... named the Orlando Sentinel Athlete of the Year, made the Florida Today First Team for two years in a row and was selected as an All-American... named to the Pinch a Penny All-State Team.

Personal: Born November 24, 1987... majoring in business... daughter of Michelle and Mike Sirounis.



STEVI STEINHAUER

Sprint Free
5-9 ♦ Junior
Gulf Breeze, Fla.
Gulf Breeze

HONORS

ACC Academic Honor Roll

BIO

2007-08: Scored points and posted personal best times in two events at the ACC Championships... placed ninth in the 50 (23.22) while swimming a personal best 23.19 in the prelims and finished 15th in the 100 free (50.85)... won the 50 free (23.46) and placed third in the 100 free (51.52) against Auburn and Arkansas... was victorious in the 50 free (23.72) and 100 free (51.78) against Florida Atlantic... touched the wall in third place in the 50 free (24.00) against Clemson... swept the 50 free (23.62) and the 100 free (51.41) against South Carolina... placed third

TOP TIMES

50 Free	23.19
100 Free	50.85



Katie Sirounis

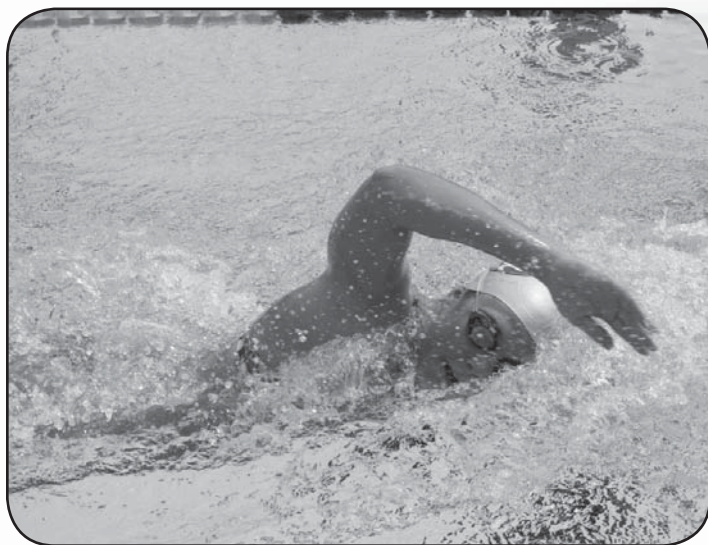
WOMEN'S BIOS

in the 200 free (1:58.85) against FAMU, Florida International and Florida Gulf Coast... finished second in the 50 with a time of 24.43 against North Florida and UNC-Wilmington... member of the ACC Academic Honor Roll.

2006-07: Competed at the Tar Heel Invitational (Feb. 14-17) with an appearance in the 50 free (23.87)... made best showing of the year by finishing third in the 50 free (24.27) in the meet against North Florida and UNC-Wilmington (Jan. 6)... helped defeat Florida (Nov. 21) with performances in the 50 free (24.03) and 100 free (53.55)...took to the Carolina waters with a 27th place finish in the 50 free (27.40) at the Nike Cup Invitational (Nov. 16-18) and a 46th place showing in the 100 back (1:06.79).

High School: Started swimming in high school during her junior year...placed fourth in the 50 free with a time of 24.78 at the 2005 2A FHSAA Championships... swam as a part of the 200 free relay that finished third and 200 medley relay that finished fourth...earned a junior cut in the 50 free of 24.4 two weeks after the state meet.

Personal: Born July 19, 1988...majoring in exercise science...daughter of Kathy Wharton, Tom Wharton and Steve Steinhauer.



Stevi Steinhauer



KATHERINE ADHAM

Diving
5-5 ♦ Sophomore
Orlando, Fla.
Dr. Phillips

HONORS

NCAA Zone Qualifier
ACC Academic Honor Roll

BIO

2007-08: Scored points in all three events at the ACC Championships... placed fourth on the 1m (266.00), eighth on the 3m (253.55) and in her first career competition on the platform place ninth (191.15)... dove to a third place finish

against Auburn and Arkansas on the 1m (236.55)... placed third on the 1m (260.85) and the 3m (234.23) against Clemson... finished third on the 1m (266.32) against South Carolina... was victorious on the 1m with a career high of 280.00 against FAMU, Florida International and Florida Gulf Coast... placed second on the 1m (242.85) and third on the 3m (259.65) against North Florida and UNC-Wilmington... finished second on the 3m with a score of 250.60 against FAMU and Miami... member of the ACC Academic Honor Roll.

TOP SCORES

1M	280.00
3M	259.65
Platform	191.15

High School: High Point award winner... 2006-07 Wendy's High School Heisman nominee... Florida 3A Regional State Champion... two-time high school All-American... 2006-07 Principal's Award for swimming and diving team... two-time Academic All-American... Principal's honor roll all four years.

Personal: Born May 17, 1989... majoring in hospitality... father played golf at the University of Georgia and on the PGA Tour... daughter of Richard and Kay Adham.



Katherine Adham

WOMEN'S BIOS



C.J. HENDRY

Fly, Back
5-7 ♦ Sophomore
Evans, Ga.
Evans

BIO

2007-08: Scored points and recorded personal best times in all three individual events at her first career ACC Championship meet... finished ninth in the 200 back (1:59.45), 10th in the 100 fly (55.22) and 17th in the 100 back (56.60)... was victorious in the 100 back (57.27) and 200 fly (2:03.87) against Florida Atlantic... placed second in the 100 back (57.50) and the 100 fly (56.90) against Clemson... won the 100 back (57.75) and 200 back (2:02.69) and finished second in the 100 fly (56.24) in the 100 fly... touched the wall in second place in the 100 free (52.84) against FAMU, Florida International and Florida Gulf Coast... placed second in the 200 back (2:03.42) against LSU... finished second in the 100 free (51.80) against Harvard and Army... won the 200 fly (2:03.94) and the 500 free (5:00.64) against Boston College... finished third in the 100 fly with a time of 55.81 at the SMU Women's Classic... won the 100 back (57.21) and tied for first with teammate Holly Mills in the 200 back (2:02.33) against FAMU and Miami... opened the season at the Georgia Tech Quad meet with a second place finish in the 100 fly (56.98) and a third place showing in the 200 back (2:03.60).

TOP TIMES

100 Back	56.60
200 Back	1:59.45
100 Fly	55.22

High School: 16 time Georgia State All-Star... 2007 Georgia State Champion in the 100 back, 3rd place 200 free... 2006 Zone Team qualifier... 2006 Georgia State runner-up in the 200 IM, 3rd place 100 free... high school swimming MVP all four years... two-time Junior National finalist... BETA Club member... National Technical Honor Society member... graduated with a dual diploma.

Personal: Born September 28, 1988... majoring in communication... father played professional baseball with the Cleveland Indians... daughter of Keith and Mary Hendry.



C.J. Hendry



HOLLY MILLS

Back, Free
5-6 ♦ Sophomore
Ruislip, England
St. Augustine Priory

HONORS

All-ACC School Record Holder
Olympic Trial Qualifier
ACC Academic Honor Roll

BIO

2007-08: Placed 10th in the 200 back (2:16.78) and 21st in the 100 back (1:05.64) at the Great Britain Olympic Trials... part of the 800 free relay team that broke the school record at the ACC Championships (7:13.85)... scored points in two events at the championships... earned All-ACC honors with her third place finish in the 200 back with a personal best time of 1:58.10... also finished 11th in the 200 free (1:49.30)... placed third in the 200 back (2:01.59) against Auburn and Arkansas... was victorious in the 200 back (2:02.86) against Florida Atlantic... placed second in the 200 back (2:00.27) and third in the 200 free (1:51.70) against Clemson... finished second in the 200 back (2:03.13) and 500 free (4:59.31) and third in the 200 free (1:51.93) against South Carolina... touched the wall in second place in the 1000 free (10:21.97)

TOP TIMES

200 Back	1:58.10
200 Free	1:48.59
500 Free	4:51.50



Holly Mills

WOMEN'S BIOS

against FAMU, Florida International and Florida Gulf Coast... earned ACC Performer of the Week honors for a pair of second place finishes against Florida including a personal best time of 1:48.59 in the 200 free and a 1:59.01 in the 200 back... dominated the Georgia Tech Invitational with three first place performances in the 200 free (1:48.59) 500 free (4:51.50) and 200 back (1:59.46)... won the 200 free (1:50.59) and the 200 back (2:00.72) against Harvard and Army... placed second in the 100 free (52.63) against Boston College... turned in a second place performance at the SMU Women's Classic in the 200 back (1:59.63)... tied for first with teammate C.J. Hendry in the 200 back (2:02.33), finished second in the 200 free (1:52.52) and third in the 100 back 58.42 against FAMU and Miami... opened the season at the Georgia Tech Quad meet with a victory in the 200 back (2:01.93) and a third place showing in the 100 back (57.44)... member of the ACC Academic Honor Roll.

High School: Finished fourth at British Nationals in the 200 back... 2001-07 English national multi-medalist... school sports captain... class president... school prefect.

Personal: Born November 15, 1988... enrolled in undergraduate studies... daughter of John and Marian Mills.

100 free (53.64) against North Florida and UNC-Wilmington... placed second in the 50 free with a time of 23.98 against Harvard and Army... turned in a first place performance in the 200 free (1:54.01) against Boston College... won the 100 free (51.96) against FAMU and Miami.

High School: 2006-07 Olympic Trial qualifier... three-time All-American... 2006-07 Pacific Coast top 16 selection... two-time team MVP selection... three-time coaches award winner... 2007 team captain... also a member of water polo team.

Personal: born January 1, 1989... majoring in english/creative writing... daughter of Reed and Deborah Phillips... favorite athlete is anyone who shows dedication to their sport.



JOCELYN PHILLIPS

Free
6-0 ♦ Sophomore
Napa, Calif.
Vintage

HONORS

School Record Holder
Olympic Trial Qualifier

BIO

2007-08: Placed 67th in the 200 free (2:03.15) and 85th in the 100 free (57.62) at the U.S. Olympic Trials... broke three school records and scored points in two individual events at the ACC Championships... swam the leadoff leg of the school record breaking 800 free relay team (7:13.85) while her leadoff time of 1:47.82 was also good enough to break the school record in the 200 free... helped set the school record in the 400 free relay (3:19.90) by swimming the leadoff leg... placed fifth in the 200 free (1:48.47), ninth in the 500 free (4:49.28) and 17th in the 100 free (50.50)... won the 500 free (4:57.63) against Florida Atlantic... touched the wall in second place in the 200 free (1:51.70) against Clemson... ties for first in the 200 free (1:49.97) and third in the 100 free (52.16) against South Carolina... was victorious in the 500 free (5:02.41) and second in the 50 free (24.50) against FAMU, Florida International and Florida Gulf Coast... won the 200 free (1:54.98) and placed second in the

TOP TIMES

100 Free	50.50
200 Free	1:47.82
500 Free	4:49.28



Jocelyn Phillips



WOMEN'S BIOS



BRITTANY SELTS

Fly, Free, Back
5-7 ♦ Sophomore
Miami, Fla.
Palmetto

HONORS

Olympic Trial Qualifier

BIO

2007-08: Placed 132nd in the 100 fly (1:03.96) at the U.S. Olympic Trials... scored points at her first career ACC Championships with a 15th place finish in the 50 free (23.52) with a personal best 23.44 in the prelims... also turned in a personal best 56.08 in her 18th place finish in the 100 fly and placed 22nd in the 100 free (51.98)... touched the wall in third place in the 50 free (24.43) against North Florida and UNC-Wilmington... placed third in the 50 free (23.67) against Florida... turned in a personal best time of 51.57 in the 100 free at the Georgia Tech Invitational... won the 200 back (2:07.96) against Boston College... was victorious in the 50 free (23.78) and the 100 fly (57.00) against FAMU and Miami... opened the season at the Georgia Tech Quad meet with a third place showing in the 100 fly (57.02).

TOP TIMES

50 Free	23.44
100 Free	51.57
100 Fly	56.08

High School: Senior National Finalist... four year state finalist... four year All-Dade County selection... four year team MVP selection... captain of high school team... holds school records in seven individual events and all relay events... Citizenship Award winner... 2007 honor roll member.

Personal: Born August 8, 1989... enrolled in undergraduate studies... daughter of Pat and Michelle Selts.



Brittany Selts



SHANDA CASELLA

Sprint Free, Back, Fly
5-4 ♦ Junior
Orlando, Fla.
IRCC / Cypress Creek

BIO

Freshman/Sophomore (IRCC): Helped lead Indian River Community College to its 29th and 30th National Championships... a 12-time National Junior College Champion... during her sophomore year won the 50 free in a NJCAA and school record time of 23.26... swam the anchor leg of the NJCAA and school record breaking 200 medley relay... also took home first place in the 100 free (50.54), 100 back (58.20), 200 free relay, 400 free relay and 400 medley... during her freshman year won five NJCAA National Titles... was victorious in the 100 fly (58.20), 200 free relay, 200 medley relay, 400 free relay and 400 medley relay... place second in the 50 free (23.63) and 100 free (52.20)... earned the Pioneer award.

High School: Two-time All-American in the 50 free... school record holder in seven events... seven-time district champion... five-time all-conference performer... member of the All-Central Florida team in 2005... seven-time Florida state finalist... two-time first-team All-County in the 50 free... team captain.

Personal: Born June 9, 1988... majoring in social science... daughter of Joey Casella... aspires to be either a sports broadcaster, personal trainer or a chef.



CARLY CAVALIERI

Free
6-0 ♦ Junior
Tampa, Fla.
Gaither

BIO

High School: Was team MVP for three consecutive seasons... holds three school records in the 50 free, 100 free and 100 back... earned freshman of the year honors at her high school.

Personal: Born August 11, 1987... majoring in communication/advertising... daughter of Richard and Jody Cavaliere... played piano for 11 years... member of the Kiwanettes for four years... brother Spencer plays football at Marist.



WOMEN'S BIOS



CAITLIN NOLAN

Distance Free
5-6 ♦ Freshman
Toronto, Ontario, Canada
Haverl College

BIO

High School: Placed sixth in the 1500 free at the 2007 Canadian Nationals... Eastern Canadian gold medalist in the 1500 free... 15-17 Canadian National age group record holder in the 4 X 200 freestyle relay... open water age group national gold medalist in the 5k... Ontario Provincial open water gold medalist in the 5k... finished sixth in the 10k at the Open Water World Cup Roberval... placed 18th at the PanAm (U.S. and Canada) 10k Open Water trials... finished 6th at the 10k Open Water World Championship trials... was on the academic honor roll for five years... earned the certificate of distinction at the Canadian National Math Contest.

Personal: Born April 21, 1989... majoring in exercise science... daughter of Cheryl Wong and Dan Nolan... played piano for 10 years and violin for five years.



ELYSSE ROWLAND

Diving
5-3 ♦ Freshman
Chicago, Ill.
Loyola Academy

BIO

High School: Four-time All-American and two-time Illinois state champion... school and conference record holder for both six and 11 dives... undefeated in dual meet competition... diving MVP all four years of high school... three-time conference champion... qualified for AAU or U.S. National Diving Championships for seven consecutive years... placed second on the three-meter, seventh on the one-meter and 13th on the platform at the 2007 U.S. National Championships... attended training camp in the China with the 2007 U.S. Junior National Team... member of the Loyola scholars... nominated for American Legion Girl's state.

Personal: Born October 3, 1989... plans to major in education... daughter of Wade and Joan Rowland... had two sisters Brooke and Bailey.



JESSICA SABOTIN

Individual Medley
5-11 ♦ Freshman
Altamonte Springs, Fla.
The Trinity School

BIO

High School: Competed at the U.S. Olympic Trials in the 200 IM... finished third in the 200 IM and fourth in the 400 IM at the 2007 Summer Sectionals... earned her Olympic Trial qualifying mark in 2006... placed second in the 400 IM and fourth in the 200 IM at the 2006 Speedo Sectionals... ranked in the top 10 in the state of Florida in multiple events... helped break a 10 year old Florida state record in the 800 free relay in 2005... 2007 USA Swimming Scholastic All-American.

Personal: Born February 10, 1991... majoring in early childhood education... daughter of Jeff and Debi Sabotin.



STEPHANIE SARANDOS

Back
5-7 ♦ Freshman
Waukesha, Wis.
Kettle Moranie

BIO

High School: Placed 28th in the 200 back (2:15.06) and 42nd in the 100 back (1:03.39) at the U.S. Olympic Trials... qualified for the Olympic Trials in the 200 IM... holds four the Wisconsin state record in five events including the 17-18 100m and 200m backstroke events as well as the 200m IM... holds 15 club team records and was team MVP for three consecutive seasons on the Waukesha Express... qualified for U.S. Junior and Senior Nationals in the 100 and 200 back and placed as high as second in the 200 back at Junior Nationals... member of the Humans Relations Correlation which focused on diversity and equality in schools... made the honor roll in all four years of high school.

Personal: Born on October 19, 1989... majoring in exercise science... her and her brother were adopted at the ages of three and five... daughter of David and Bonnie Sarandos.



Brittany Sells