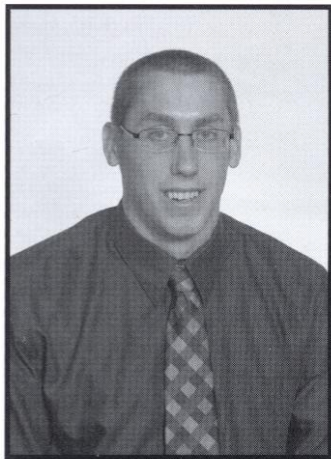


DAN BRADFORD



**Free
Senior- 6'8"
Rockledge, FL
Rockledge**

Honors: Team Captain, School Record Holder

2008-09: Part of the school record breaking 200 free relay (1:18.43) at the ACC Championships...also placed 18th in the 50 free (20.13) and 23rd in the 100 free (45.04) at the championships.

2007-08: Was Florida State's most improved male swimmer... scored points at the ACC Championships for the first time in his career by finishing 10th in a personal best time of 1:39.02 in the 200 free...finished 19th in the 50 free with a time of 20.68 and swam a personal best time of 20.62 in the prelims...placed 21st in the 100 free (45.85) and swam a personal best time of 45.74 in prelims.

2006-07: At the ACC Championships swam in the 50, 100 and 200 free time trials, touching the wall in times of 21.22, 46.78 and 1:42.94...finished in 38th place at the Nike Cup in the 100 back with a time of 56.91.

High School: Finished eighth in the 100 free at the 2006 Florida High School 2A State Finals...was the 2006 regional champion in the 100 free...was a three-time district champion...earned the honor of team MVP three times and was team captain twice...swam for Brevard Swim Club coached by John Hughes.

Personal: Born October 28, 1987...majoring in urban and regional planning...son of Dane and Melanie Bradford.

TOP TIMES

| | |
|----------------|---------|
| 50 Free | 20.13 |
| 100 Free | 45.04 |
| 200 Free | 1:39.02 |

SHAWN ERICKSON



**Distance Free/IM
Senior- 6'3"
Tallahassee, FL
Chiles**

Honors: Team Captain, ACC Academic Honor Roll

2008-09: Scored points with a 16th-place finish in the 400 IM (3:53.86) at the ACC Championships...also placed 21st in the 1650 free (15:41.84) and 27th in the 500 free (4:30.03).

2007-08: Competed at the U.S. Open in the 400 IM...scored points in two events at the ACC Championships...finished 10th in the 1650 free with a personal best time of 15:34.21 and placed 13th in the 400 IM with a personal best time of 3:56.12...member of the ACC Academic Honor Roll.

2006-07: Had a strong performance at the ACC Championships...earned points in the 1650 free with a 16th place finish in a time of 5:48.73 to set a new personal best...placed 19th in the 400 IM with a personal best time of 4:01.52.

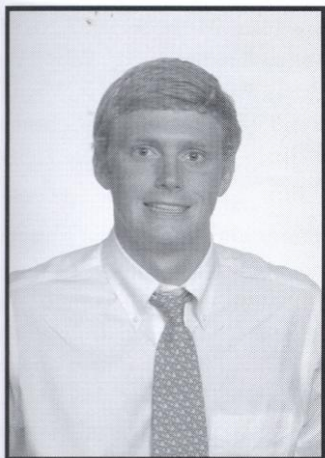
High School: A high school All-American in the 500 free...was a member of the 2004 Florida Swimming Zone Team and is the regional record holder in the 500 free...holds seven records at Lawton Chiles High School...was an eight-time Florida Swimming Senior Champs Champion...was on the Honor Roll 12 times throughout high school...high point winner at the summer senior championships in 2006 and 2007...swam for ATAC coached by former Seminole Swimming head coach Terry Maul.

Personal: Born April 19, 1988...majoring in business...son of Paul and Glenda Erickson...member of the Student Athlete Advisory Council (SAAC).

TOP TIMES

| | |
|-----------------|----------|
| 400 IM..... | 3:53.86 |
| 500 Free | 4:30.03 |
| 1000 Free | 9:28.55 |
| 1650 Free | 15:34.21 |

NICK GRAVES



Distance Free
Senior- 5'10"
Lexington, KY
Sayre

TOP TIMES

500 Free 4:22.76
 1650 Free 15:05.01
 400 IM 3:56.86

Regional Competitor (2005, 2006) and All-Region Team honors (2004, 2005, 2006)...selected to participate in the 2006 USA Swimming Open Water Select Camp...placed 18th in the 5K at the Open Waters Nationals in 2006...at the 2006 Spring Nationals, finished eighth in the 1500 free and 16th in the 800 free...at the 2005 Junior Nationals, he finished eighth in the 1500 free and 12th in the 800 free.

Personal: Born November 9, 1987...majoring in history...son of Terry and Guy Graves.

Honors: NCAA Honorable Mention All-American, ACC Academic Honor Roll

2008-09: Finished 24th in the 1500 free and 42nd in the 400 free at the U.S. World Championship Trials...placed 10th in the 1650 free (15:10.79) and 15th in the 500 free (4:23.21) at the ACC Championships...turned in a sixth-place finish at the USA Short Course National Championships in the 1650 free (15:12.21)...also placed 23rd in the 500 free (4:27.44) at the meet.

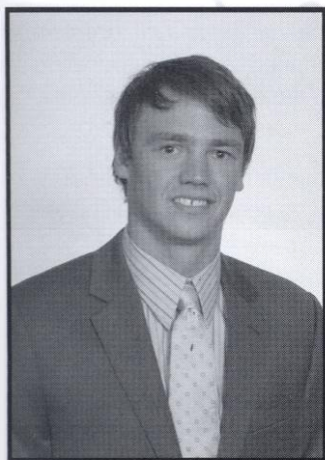
2007-08: Finished fifth in the 800 free (8:10.44), seventh in the 1500 free (15:30.47) and 24th in the 400 free (3:59.54) at the 2008 U.S. Open...placed 14th in the 1500 free (15:31.58) at the U.S. Olympic Trials...qualified for the NCAA's in the 500 free and 1650 free and

earned Honorable Mention All-America honors with a 14th place finish in the 1650 free in a personal best time of 15:05.01...swam another personal best in the 500 free (4:22.76) at NCAA's while finishing 30th...scored points in two events at the ACC Championships...placed fourth in the 1650 free with a time of 15:07.51...touched the wall in seventh place in the 500 free (4:25.37)...placed second in the 1650 free (15:22.15) at the Georgia Tech Invitational.

2006-07: Closed the book on his freshman year by scoring 18 points at the ACC Championships...earned a fifth place finish in the 1650 free with an NCAA "B" cut time of 15:13.11...touched the wall in 14th place in the 500 free (4:28.24)...claimed 19th place in the 400 IM (4:01.52)...at the Nike Cup Invitational finished fourth in the 1650 free with an NCAA "B" cut time of 15:26.07.

High School: 2008 Olympic Trial Qualifier in the 1500 free...All-American in the 500 free...2006 Kentucky State Champion in the 500 free...earned First Team All-State honors (2006), Outstanding

ANDY HODGSON



Back, Free
Senior- 6'4"
Blackpool, England
University of Swansea

TOP TIMES

100 Back 47.31
 200 Back 1:41.11
 200 Free 1:34.80

(University of Swansea): Placed fifth in the 200 back (2:00.12) and sixth in the 100 back (56.36) at the British Olympic Trials...member of Great Britain's national team during tri-meet against Canada and France...member of Great Britain's national team at the Senior European short course meet in 2004...member of Great Britain's junior national team in 2004...coached by Bill Pilczik.

Personal: Born May 19, 1987...currently enrolled in undergraduate studies...son of Richard and Ann Hodgson.

Honors: Three-Time NCAA Honorable Mention All-American, ACC Champion, All-ACC Conference Record Holder, All-ACC Academic Team, ACC Academic Honor Roll, School Record Holder

2008-09: Earned Honorable Mention All-American honors in three events at the NCAA Championships...broke his own conference record in the 200 back (1:41.11) en route to a 13th-place finish at the NCAA Championships...was apart of the Honorable Mention All-American 400 free relay team that finished 12th (2:53.44) and the 800 free relay that placed 16th (6:27.25) at the NCAA's...won the gold medal and broke the conference record in the 200 back with a time of

1:41.14 at the ACC Championships...also earned a pair of fourth-place honors in the 100 back (47.42) and 200 free (1:34.80) and currently holds the school record in all three events...part of four relays that broke school records at the ACC Championship; the 200 medley (1:26.14), 400 medley (3:08.89), 400 free (2:52.03) and 800 free (6:25.11) relays...broke three school records and two conference records at the USA Short Course National Championships...set the school and conference record with an NCAA provisional qualifying time of 1:41.99 in the 200 back with his third-place finish...teamed with Jarryd Botha, Ed Denton and Robby Hayes to break the school and conference record in the 400 free relay with an NCAA provisional qualifying time of 2:54.53...broke the school record in the 200 free with an NCAA provisional time of 1:35.28...swam an NCAA provisional qualifying time in the 100 back (48.30)...member of the All-ACC Academic Team...member of the ACC Academic Honor Roll.

TERRY HORNER



Diving
Senior- 5'6"
Orlando, FL
Lyman/Seminole

Honors: 2009 World Championship Team Member, 2007 NCAA National Champion, 2008 U.S. National Champion, Four-Time NCAA All-American, Two-Time Honorable Mention NCAA All-American, Two-Time ACC Champion, Four-Time All-ACC, School Record Holder, All-ACC Academic Team, ACC Academic Honor Roll

2008-09: Competed in the USA Summer Diving National Championships and placed second in the one-meter, seventh in the three-meter and fifth in the three-meter synchronized dive...competed at the World Championships in Rome, Italy and placed 16th on the one-meter...earned All-America honors on the three-meter board

at the NCAA Championships with a six dive total of 419.90...earned Honorable Mention All-America honors with an 11th-place finish on the one-meter (371.65)...placed second and shattered his own school record on the one-meter (447.95) and three-meter (447.95) and placed sixth on the platform (300.70) at the ACC Championships.

TOP SCORES

| | |
|---------------|--------|
| 1M..... | 447.95 |
| 3M..... | 447.95 |
| Platform..... | 300.70 |

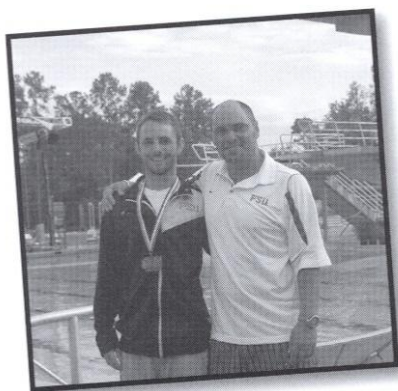
2007-08: Won the one-meter competition at the U.S. National Championships and placed third on the three-meter...placed 12th on the three-meter board at the U.S. Olympic Trials...qualified for the U.S. Olympic Trials with his seventh place finish on the three-meter board by scoring a career high 420.50 points at the 2008 Speedo USA Diving Spring Nationals...finished second on the one-meter board with a score of 361.80...earned All-America honors for the second consecutive year at the NCAA Championships by finishing third on the one-meter (396.15)...earned Honorable Mention All-America honors with a 16th place finish on the three-meter (324.95)...was the ACC Championship Diver of the Meet

after winning both the one and three-meter competitions...won the one-meter with a score of 393.15 and the three-meter with a score of 399.35...broke the school record on the one-meter with a score of 410.70 points, while finishing second at the Georgia Tech Invitational...member of the All-ACC Academic Team.

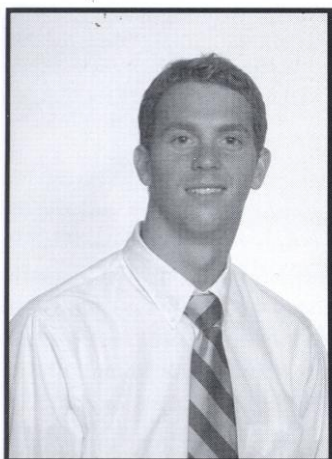
2006-07: Finished seventh on the one-meter board at the World University games in Bangkok, Thailand...secured Florida State's first diving national championship in 36 years by winning the one-meter at the NCAA Championships with a new school record six dive total of 399.35 in the finals...he claimed All-America honors in the three-meter with an eighth place finish with a score of 383.13...his 31 points accounted for more than half of the 60 points scored by the Seminoles...earned top honors on both the one-meter and three-meter boards at the Zone B Diving Championships with 12 dive totals of 704.90 and 748.50 respectively...at the ACC Championships claimed the silver medal and All-ACC honors on the three-meter with a six dive total of 398.90...finished ninth on the one-meter board with a score of 293.10...made his entrance onto the collegiate diving scene with a second place finish on the one-meter at the Nike Cup Invitational with a score of 340.40...member of the All-ACC Academic Team.

High School: Graduated from Lyman High in 2004...won the Florida 3A State Championship on the one-meter in 2003 and 2004 and finished second at the state meet in 2002...competed with Team Orlando Diving throughout his youth and up until joining FSU...finished seventh on the one-meter at the 2005 Summer Senior Zone B Diving Championships with a score of 520.35...won the 2004 J.O. Summer Nationals on the one-meter with a score of 562.68...took second in the finals of the one-meter with a score of 350.31 at the 2004 Summer Senior Nationals...finished fifth at the 2003 Senior Nationals with a score of 299.61...placed fifth on the one-meter at the 2002 J.O. Summer Nationals with a score of 481.15...won the 2002 Senior Summer Zone B Championship on the 1M with a score of 621.97.

Personal: Born December 28, 1985...majoring in geography...son of Glenn and Becky Horner.



GLENN KALATA



**IM, Back
Senior,
Trumbull, CT
Syracuse**

Honors: ACC Academic Honor Roll

2008-09: Placed 24th in the 100 back with a personal best time of 50.06 at the ACC Championships...also posted career best times in the 200 back (1:49.25) and 200 IM (1:51.24).

2007-2008 (Syracuse): At the Big East Conference Championships finished in 14th place in all three of his events in the 200 IM (1:52.89) the 100 back (51.55) and the 200 back (1:52.19).

2006-07: Competed in the 200 IM, the 100 back and the 200 back at the Big East Championships...finished first in the 200 back at the Syracuse Invitational...finished third in the 100 back at the Nutmeg

Invitational... finished third in the 100 back, fourth in the 200 back at the Red Fox Invitational...BIG EAST Academic All-Star...Member of Athletic Director Honor Roll both semesters.

High School: Three-year swimmer for Trumbull High School...set a school record of 1:01.7 in the 100 breast...placed third in 200 IM at State Opens...earned All-FCIAC and All-State honors...swam with the Wilton YMCA Wahoos, coached by Jeff Allen, from 1997-2006...part of the long course national champions in 2003 to 2005...won a national championship with the short course YMCA men's team in 2005.

Personal: Born on May 31, 1988...majoring in accounting...son of Glenn and Linda Kalata.

TOP TIMES

| | |
|----------------|---------|
| 100 Back | 50.06 |
| 200 Back | 1:49.25 |
| 200 IM..... | 1:51.24 |

LLOYD OWENS



**Free, Fly
Senior- 6'1"
Oviedo, FL
Oviedo**

Honors: ACC Academic Honor Roll

2008-09: Earned career best times in the 200 free (1:38.98), 500 free (4:30.00) and 200 fly (1:50.11) at the ACC Championships.

2007-08: Swam personal best times in two events at the ACC Championships...touched the wall in 4:36.77 in the 500 free and 1:41.34 in the 200 free...member of the ACC Academic Honor Roll.

2006-07: Posted top times of the season at the ACC Championships in the 500 free (4:37.57) and 100 free (47.52) and also swam in the 200 free (1:42.31)...member of ACC Academic Honor Roll.

High School: Won conference, districts and regional championships in the 200 free as a senior...also won the conference title in the 500 free while finishing third at districts and fifth at regionals...placed seventh at the state finals in the 200 and 500 free with both being All-American consideration times...was on the second place 400 free and 200 free relays at states...both relays earned All-America honors...was captain of the swim and water polo teams as a senior...was second at districts in the 200 free and third in the 500 free as a junior...also placed seventh in both events at regions...placed seventh at districts in the 100 free and went to states in the 400 free relay as a sophomore...swam for Blue Dolphins club team coached by Charlie Rose.

Personal: Born June 23, 1988...majoring in finance...son of Robert and Rose Owens...swam on the same high school team as former Seminole Kyle Young.

TOP TIMES

| | |
|----------------|---------|
| 200 Free | 1:38.98 |
| 500 Free | 4:30.00 |
| 200 Fly | 1:50.11 |

COREY SWANSON



Free
Senior- 6'0"
Tampa, FL
Sickles

TOP TIMES

| | |
|-----------------|---------|
| 100 Fly | 47.83 |
| 100 Breast..... | 54.18 |
| 200 IM..... | 1:47.95 |

Honors: ACC Champion, All-ACC

2008-09: Scored points in three events at the ACC Championships... was eighth in the 100 breast (54.18), 11th in the 200 IM (1:47.95) and 12th in the 100 fly (47.83).

2007-08: Swam three personal bests and scored points in two individual events at the ACC Championships...helped lead the 200 medley relay team to a second place finish (1:27.62) by swimming the butterfly leg...placed eighth in the 200 IM (1:15.16) and swam a personal best 1:49.98 in the prelims...finished in 13th position in the 100 breast 56.24 and swam .01 faster in the prelims (56.23) to earn another personal best...also swam a best time of 49.38 in the 100 fly

in prelims...earned third place honors in the 200 IM (1:51.19) at the Georgia Tech Invitational.

2006-07: Earned an ACC title swimming the third leg in the 200 medley relay which set a school record, UNC pool record and a NCAA "B" mark of 1:27.91...earned points in the 100 breast with a 15th place finish (56.69)...finished 18th in the 200 IM prelims with a time of 1:51.14...finished 28th in the 100 fly with a then personal best time of 50.34.

High School: Was a two-time Massachusetts state high school champion in the 50 and 100 free as well as a two-time All-American...was a three-time junior national gold medalist, U.S. Open qualifier and currently holds multiple New England swimming records...best times include 1:51.3 in the 200 IM, 21.0 in the 50 free, 46.2 in the 100 free and 49.75 in the 100 fly...member of the Tampa Bay club team coached by Rich Rogers.

Personal: Born June 30, 1988...majoring in information technology...son of Chip and Kim Swanson.

SCOTT THACKER



Breast
Senior- 5'11"
Lynchburg, VA
Jefferson Forrest

TOP TIMES

| | |
|-----------------|---------|
| 100 Breast..... | 53.30 |
| 200 Breast..... | 1:59.38 |

Honors: NCAA Qualifier, All-ACC, School Record Holder

2008-09: Competed in the 2009 U.S. Open Swimming Championships...competed in two relays and finished 21st in the 100 breast (53.72) at the NCAA Championships...earned All-ACC honors with a second-place finish in the 100 breast (53.30) at the ACC Championships...also finished 11th in the 200 breast (1:59.38) and swam the breaststroke leg of the school record breaking 200 medley relay (1:26.12) and 400 medley relay (3:08.89)...swam a personal best and NCAA provisional qualifying time of 54.43 in the 100 breast at the USA Short Course National Championships...also swam a career best of 1:59.51 in the 200 breast.

2007-08: Scored points in both breaststroke events at the ACC Championships...finished ninth with a personal best time of 54.81 in the 100 breast and ninth in the 200 breast also with a personal best of 1:59.96...earned second place honors in the 200 breast (2:01.86) and third place honors in the 100 breast (55.84) at the Georgia Tech Invitational.

2006-07: Joined the Seminoles in January of 2007...made a splash at the ACC Championships by scoring 23 points...finished seventh in the 100 breast (55.62) and eighth in the 200 breast (2:04.25)...clocked in for a fourth place finish at the Dallas Morning News Classic in the 100 breast (57.83).

High School: In 2005, won the VHSL State Championship in the 100 Breaststroke...in the 2006 YMCA National Championships, placed first in 200 breaststroke and second in the 100 breaststroke...part of YMCA National Championship 200 and 400 medley relay teams...at the 2006 US Open, placed 15th in the 100 breaststroke and qualified for 2007 senior national championships...member of the Virginia Gators club team coached by Doug Fonder.

Personal: plans to major in exercise science...son of Lee Ann Hill and Gary Thacker.

DAVID TOFFALETTI



**Free
Senior- 6'1"
Charlotte, NC
Butler**

Honors: ACC Academic Honor Roll

2008-09: Swam three personal best performances at the ACC Championships in the 50 free (20.61), 100 free (45.93) and 200 free (1:41.86).

2007-08: Swam a personal best in the 50 free at the ACC Championships touching the wall in 21.08...member of the ACC Academic Honor Roll.

2006-07: Tallied his best times of the season at the ACC Championships in the 50 free (21.20), 100 free (46.52) and 200 free (1:42.13)... finished 18th at the Nike Cup Invitational in the 100

free (46.72), 21st in the 100 breast (1:01.57) and 37th in the 50 free (21.68)...member ACC Academic Honor Roll.

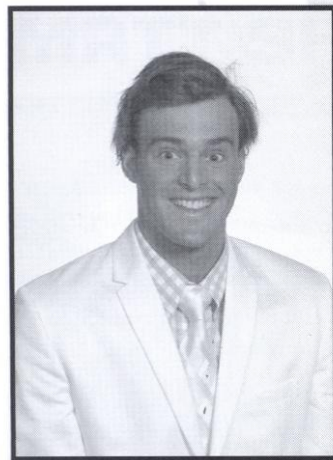
High School: Earned the silver medal in the 100 free at the 2006 NCHSAA 4A State Championships... was a junior national qualifier in the 50 meter free (24.36) and 100 free (46.28) in 2006...was a part of the winning 200 medley and 400 free relays at the 2005 NCHSAA 4A State Championships...also was part of the winning 400 free relay in 2003...both the 400 free relays in 2003 and 2005 were automatic All-American times...named to the All-Observer boys swimming and diving team from 2003 through 2006...team MVP during his senior year and captain during his junior and senior years...finished second in the nation in his age group as a member of the 400m free relay at the 2003 USA Nationals...set the Mecklenburg Aquatic club record in the age 13-14 group in the 50 free in 2002...earned USA Swimming Academic All-America honors during his senior year...coached by Russ Kasl.

Personal: Born October 18, 1987...majoring in history...son of Louis and Julia Toffaletti.

TOP TIMES

50 Free 20.61
100 Free 45.93
200 Free 1:41.86

ROBBY HAYES



**Fly, IM, Breast
Junior- 6'0"
Alpharetta, GA
Marist School**

Honors: NCAA Honorable Mention All-American, NCAA Qualifier, School Record Holder, All-ACC Academic Team, ACC Honor Roll

2008-09: Competed in the 2009 U.S. Open Swimming Championships and finished 20th in the 100 free...placed 35th in the 200 fly and 39th in the 200 individual medley at the U.S. World Championship Trials...earned NCAA Honorable Mention All-American status as part of the 800 free relay that took 16th-place (6:27.25) at the NCAA Championships...placed 39th in the 200 fly (1:48.20) and 51st in the 200 IM (1:47.29) at the NCAA Championships...broke his own school record en route to a fifth-place finish in the 200 IM (1:46.66) at the ACC Championships...also finished ninth in the

200 fly (1:46.64), 17th in the 100 fly (48.39) and was part of the school record breaking 800 free relay team (6:25.11) at the ACC Championships...broke the school record and swam an NCAA provisional qualifying time of 1:47.75 in the 200 IM at the USA Short Course Nationals...anchored the 400 free relay team that broke the ACC and Florida State record in an NCAA provisional qualifying time of 2:54.53...placed in the top 25 in the 100 free (44.49) and swam a lifetime best in the 100 fly (48.90).

2007-08: Scored points at his first career ACC Championships...finished 11th in the 200 IM with a personal best time of 1:50.09 and placed 15th in the 100 free (45.29)...also finished 24th in the 100 fly (49.96)...member of the All-ACC Academic Team...member of the ACC Honor Roll.

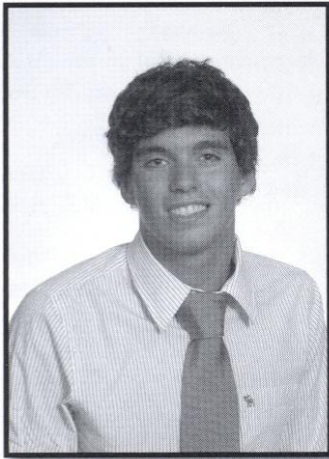
High School: 2007 team captain...three-time Georgia All-State First Team honoree...five-time NISCA All-American...three-time Georgia State Champion (breast twice, fly)...3rd in the 200 IM at the Speedo Sectionals...14th in the 200 IM at Spring Nationals...ranked 7th or better in six events in the state of Georgia...coaches award for being the most dedicated swimmer in 2005-06...Honor Roll member...Swim Atlanta club team coached by Mark Minier.

Personal: Born January 5, 1989...majoring in finance and real estate...son of Robert and Holly Hayes.

TOP TIMES

100 Fly 48.39
200 Fly 1:46.64
100 Free 44.35
200 IM..... 1:46.66

ROB HOLDERNESS



Breast, IM
Junior- 5'10"
Butleigh, Somerset,
England
Millfield

TOP TIMES

| | |
|-----------------|---------|
| 100 Breast..... | 53.84 |
| 200 Breast..... | 1:56.06 |
| 200 IM..... | 1:49.17 |
| 400 IM..... | 3:59.16 |

Honors: NCAA Qualifier, School Record Holder, Two-Time All-ACC, CSCAA Scholar Athlete All-American, ACC Academic Honor Roll

2008-09: Finished fourth in the 200 breast at the Scottish Swimming National Championships...placed 20th at the NCAA Championships in the 200 breast (1:56.43) and 31st in the 100 breast (54.39)...earned All-ACC honors with a third-place performance at the ACC Championships with a school record time in the 200 breast (1:56.06)...also touched the wall in sixth position in the 100 breast (53.84) and 24th-place in the 200 IM (1:49.17)...broke the school record in the 200 breast at the USA Short Course National Cham-

pionships with an NCAA provisional qualifying time of 1:57.83...also turned in a then personal best performance in the 100 breast (54.78)...named a CSCAA Scholar Athlete All-American.

2007-08: Placed third in the 200 breast (2:15.67) at the 2008 FINA World Junior Swimming Championships...placed 10th in the 100 breast (1:03.52) and 11th in the 200 breast (2:29.99) at the British Olympic Trials...scored points and earned All-ACC honors in his first career ACC Championships...placed third in the 200 breast with a personal best time of 1:59.33 and finished 14th in the 400 IM with another personal best of 3:59.16...also placed 19th in the 100 breast (57.16)...won the 200 breast at the Georgia Tech Invitational with a time of 2:01.83...member of the ACC Academic Honor Roll.

High School: 2007 member of Great Britain Junior team for European Junior Championships...gold medal in 50 breast at International Schools Federation in Hungary...gold medal at WISE International in Dublin...Welsh junior record holder in the 50 and 100 breast...2006 silver medal at British age groups...coached by Doug Campbell.

Personal: Born June 29, 1990...majoring in business... son of Robert and Helen Holderness... sister Georgia swam at FSU...grandfather ran for Great Britain.

STEPHEN PENDLETON



Free
Junior- 6'2"
Northfield, IL
New Trier/Denver

TOP TIMES

| | |
|----------------|---------|
| 100 Free | 44.89 |
| 200 Free | 1:37.90 |
| 500 Free | 4:28.55 |

Honors: NCAA Honorable Mention All-American, NCAA Qualifier, School Record Holder

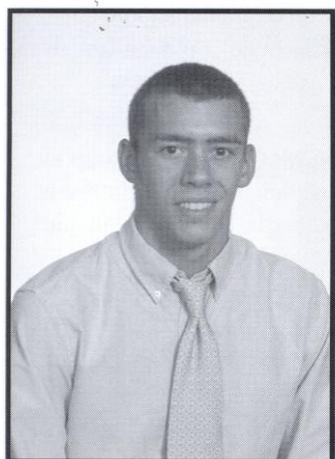
2008-09: Earned Honorable Mention All-American status as part of the 16th-place 800 free relay team (6:27.25) at the NCAA Championships...swam the third leg of the school record breaking 800 free relay team (6:25.11) at the ACC Championships...also placed 16th in the 200 free (1:37.90), 21st in the 100 free (45.05) and 23rd in the 500 free (4:28.55) at the ACC Championships.

2007-08 (Denver): Finished the season with two fourth place finishes at the Sun Belt Conference Championships in the 500 free (4:29.26) and the 200 free (1:38.69) while placing ninth in the 100 free (45.71).

High School: A four-year varsity swimmer for the 2006-07 National Champion New Trier (Ill.) High School swim team...won three Illinois state high school swimming titles at New Trier...coached by Bob Kizer.

Personal: Born December 13, 1988, in Evanston, Ill....majoring in political science...son of Steve and Joan Pendleton...has three siblings.

IAN ROWE



**Distance Free, Back
Junior- 5'9"
Towson, MD
Towson**

Honors: NCAA Honorable Mention All-American, All-ACC, NCAA Qualifier

2008-09: Competed in the 2009 U.S. Open Swimming Championships and placed third in the 800 meter free and fourth in the 1500 meter free...was a finalist and finished eighth in the 1500 free at the U.S. World Championship Trials...finished sixth at the 2009 USA Swimming 5K Open Water National Championship...placed 18th in the 1650 free (14:59.68) and 41st in the 500 free (4:24.08) at the NCAA Championships...scored points in three events at the ACC Championships...finished fifth in the 1650 free (14:56.22), ninth in the 500 free (4:20.30) and 16th in the 200 back (1:45.82).

2007-08: Placed 13th in the 1500 free (15:30.08) at the U.S. Olympic Trials...earned NCAA Honorable Mention All-America honors at the NCAA Championships...placed 10th in the 1650 free in a personal best time of 15:00.14...finished 41st in the 500 free (4:25.76)...earned All-ACC honors and scored points at his first career ACC Championships...finished third in the 1650 free (15:06.93) and placed sixth in the 500 free with a personal best time of 4:25.15...also placed 16th in the 200 back (1:49.35)...placed first in the 1650 free (15:12.00) and second in 500 free (4:26.70) at the Georgia Tech Invitational.

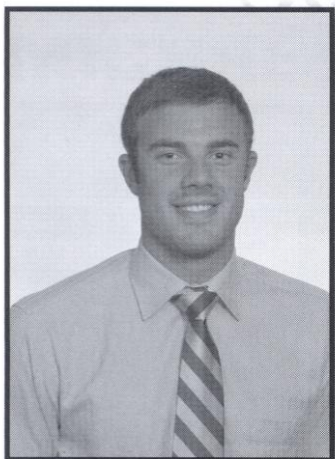
High School: 2007 National Junior Team member...2007 Maryland State Champion in the 1000 free (9:10.64) and 1650 free (15:17.34)...fourth place finish in the 1650 free at the 2007 Spring Championships...Silver Medal in the 1500 free at the Junior Pan Pac's...Bronze Medal at the World Youth Championships in the 1500 free...2006 Senior National Rookie of the Meet...2006 Outstanding Maryland Male Swimmer of the Year (Long Course)...Maryland state record holder in the 1500 free (15:28.25)...2005-06 Scholastic All-American...swam with the North Baltimore club team coached by Bob Bowman.

Personal: Born August 26, 1989...majoring in history...son of Carla and Peter Rowe.

TOP TIMES

500 Free 4:20.30
1650 Free 14:56.22
200 Back 1:45.82

MATT SHEAD



**Breast
Junior- 6'4"
Welling, Kent,
England
Millfield**

Honors: ACC Academic Honor Roll

2008-09: Reached the finals in the 100 meter breast at the 2009 U.S. Open Swimming Championships with a personal best time of 1:02.56...scored points in three events at the ACC Championships... tied for ninth in the 100 breast (54.53), finished 14th in the 200 IM (1:48.30) and 15th in the 200 breast (2:01.73)...earned a second swim at the USA Short Course National Championships in the 200 breast (2:04.11)...also competed in the 200 IM (1:50.65) and 100 breast (56.73).

2007-08: Placed 17th in the 100 breast (1:04.44) at the British Olympic Trials...scored points in his first career ACC Championships...finished fourth in the 100 breast with a personal best time of 55.10 and 12th in the 200 IM with another personal best (1:50.36).

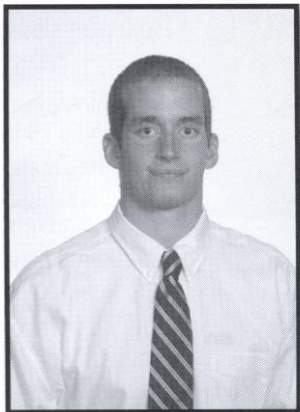
High School: 2007 British Schools Champion in 100 breast and England team captain...2006 selected for World School Games in Athens...captained the team to a WSG record in the 4x100 medley relay (breast) and won a silver medal in the 100 breast...British age group long course record holder in the 50 and 100 breast...selected for Great Britain youth tour to New Zealand and Australia...coached by Doug Campbell.

Personal: Born January 14, 1989...majoring in marketing and finance...son of Ian and Kim Shead...wants to become an investment banker in London...went to same high school as head coach Neil Harper and current Seminole Rob Holderness (Millfield).

TOP TIMES

100 Breast 54.53
200 Breast 2:01.73
200 IM 1:48.30

MICHAEL AITKEN



Fly
 Sophomore- 6'2"
 Durham, NC
 Northern

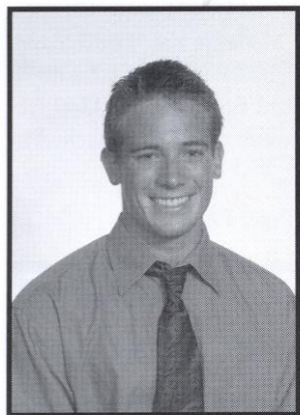
2008-09: Swam personal bests in three events at the ACC Championships...competed in the 100 fly (49.42), 200 fly (1:50.38) and 100 back (51.36).

High School: Pac-6 Swimmer of the Year in 2008-07 season...top 4 finish in 100 fly at the North Carolina state meet in freshman, junior, and senior years including a runner-up finish his junior year...junior national qualifier in 100 fly, 200 fly, and 200 back...team captain of high school team in 2008...All-American in 100 fly as a senior...swam with the Duke Aquatics club team coached by Eric Steidinger.

Personal: Born April 10, 1990...majoring in business man-

| | | |
|------------------|---------------|----------------|
| TOP TIMES | 200 Fly | 1:50.38 |
| 100 Fly | 49.42 | 100 Back |
| | | 51.36 |

MARCELO GARCIA



Diver
 Sophomore- 5'7"
 Seffner, FL
 Jesuit

2008-09: Finished 19th on the platform (156.80), 20th on the three-meter (243.70) and 22nd on the one-meter (212.80) at the ACC Championships.

High School: Named the highest ranked diver in Hillsborough County in 2007...placed 10th at the Florida state championship meet...named the team's Most Outstanding Diver all four years of high school...finished third at Regionals in 2007...Largo club team member coached by Tony Pariello.

Personal: Born September 23, 1990...majoring in actuarial science...son of Jacqueline Smith...pole vaulted in high school...member of Students Against Drunk Driving (SADD)...member of the bowling club.

| | | |
|-------------------|---------|---------------|
| TOP SCORES | 3M..... | 263.10 |
| 1M..... | 233.10 | Platform..... |
| | | 156.80 |

JAMES TADDEO



Free
 Sophomore- 5'10"
 Clearwater, FL
 Countryside

Honors: ACC Academic Honor Roll

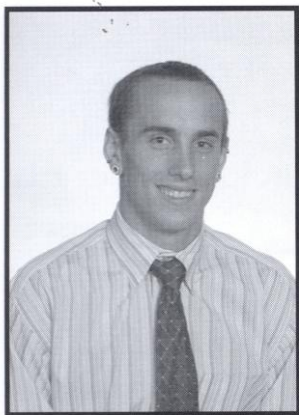
2008-09: Earned personal best times in three events at the ACC Championships...competed in the 200 free (1:39.18), 500 free (4:31.18) and 200 back (1:53.06).

High School: Swam for the St. Pete Aquatics club team coached by Fred Lewis.

Personal: Born April 4, 1990...majoring in psychology...son of Jim and Mary Taddeo.

| | | | | |
|------------------|----------------|---------|----------------|---------|
| TOP TIMES | 200 Free | 1:38.52 | 500 Free | 4:31.18 |
|------------------|----------------|---------|----------------|---------|

LANDON MARZULLO



Diving
Junior- 5'8"
Columbus, OH
Worthington
Kilbourne/Indiana

Honors: Two-Time All-American, Three-Time Honorable Mention All-American, 2008 Big Ten Diver of the Year

2008-09 (Indiana): NCAA Qualifier on all three boards...placed fifth at the NCAA Championships on the platform with a score of 425.20 to make him a five-time All-American for his career...named Big Ten Conference Second Team...placed second at the Big Ten Championships on the one-meter springboard with a score of 412.00, as well as fourth on the platform and seventh on the three-meter...captured the three-meter springboard title with a pool-record 402.40 points in the final round of the Hoosierland Invitational.

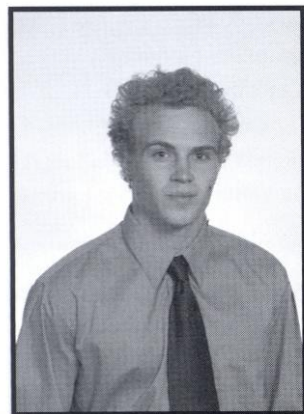
2007-08 (Indiana): Placed fourth on the one-meter at the NCAA Championships with a score of 387.40... also took 11th on the three-meter springboard (351.90) and 13th on the platform (338.45) to become a three-time All-American...named Big Ten Diver of the Year and Big Ten Diver of the Championships... won the one-meter (388.55) and three-meter (423.55)...finished fourth on the platform (386.40)...named

Big Ten Diver of the Week on Jan. 22 after helping the Hoosiers down No. 7 Tennessee by leading an IU sweep of the diving events ... his first-place one-meter dive of 348.23 met the NCAA Zone qualifying mark as did his second-place three-meter dive of 363.98...also named Big Ten Diver of the Week after sweeping the one-meter and three-meter at Northwestern...fourth on three-meter, third on one-meter and second on the platform at the Hoosierland Open...fifth on the platform at the Ohio State Invitational...placed fifth in the synchronized three-meter, second in the one-meter, fourth in the platform and 10th in the three-meter at the 2008 Kaiser Permanente National Championships.

High School: Placed second on the one-meter and fifth on the platform at the 2006 U.S. Open...2006 Ohio state champion in the one-meter...also took fourth in the one-meter at both the Senior Nationals and Summer Junior Nationals that year...earned a spot on the U.S. National Team in 2005, placing fourth on the one-meter at Senior Nationals and sixth in the platform...seventh in the platform at the U.S. Open in 2005...at the Junior Pan American Games in 2005, won the platform and finished fourth on the one-meter and sixth on the three-meter...won a national championship in the one-meter at Summer Junior Nationals in 2005...swept the one-meter, three-meter and platform at the 2005 Summer Junior Nationals...defended his crown in the one-meter in 2003 and won the three-meter at the 2004 Winter Junior Nationals...an Olympic Trial qualifier from the platform that year.

Personal: Born Sept. 21, 1988...son of Arnie and Tammy Marzullo...father played collegiate baseball at Arizona, South Carolina and New Mexico.

MICHAEL NEUBACHER



Diving
Junior- 5'7"
Windemere, FL
Olympia/LSU

Honors: SEC Male Freshman Diver of the Year (LSU), Second Team All-SEC (LSU), SEC All-Freshman Team (LSU)

2008-09: Competed in the 2009 USA Summer Diving National Championships, finished eighth in the platform event with a score of 390.50.

2007-08 (LSU): The top freshman diver in the conference and one of the best first-year divers in the country...named the SEC Male Freshman Diver of the Year and earned All-SEC Second Team and SEC All-Freshman Team honors...placed 15th in both the three-meter and one-meter springboards at the NCAA Zone 'B' Regional...broke the LSU platform record at the SEC Championship with a final score

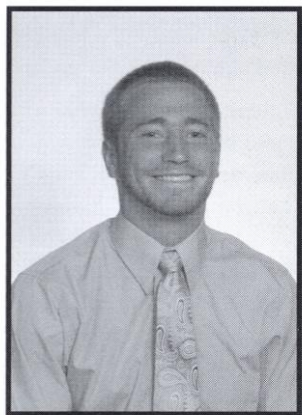
of 431.55 to take runner-up honors...crushed the previous mark held by current diver Niko Dalman (289.15)...recorded a career-high score of 376.90 in the 3-meter at the conference meet...finished in the top-five in all three diving events at the SECs...named SEC Freshman of the Week after sweeping both

the one-meter and three-meter events against No. 5 Florida...notched fourth-place at the Georgia Tech Invitational with a six-dive total of 327.85.

High School: Named an All-American all four years...holds numerous records at Olympia High School...U.S. National Team member in 2004-2007...National Diving finalist at both the Junior and Senior Championships...placed third on platform in 2007 Junior National Championships...competed internationally in both Montreal and Victoria, Canada...in 2007 competed in England for the United States on the U.S. Junior National Team...member of Team Orlando Diving coached by Jay Lerew.

Personal: Born on July 19, 1989...plans to major in sport management ...son of David and Kim Neubacher.

JORDAN HORSLEY



Diving
 Junior- 5'11"
 Lawrenceville, GA
 Collins Hill/
 Indian River

2008-09 (Indian River): Competed in the USA Summer Diving National Championships...one-meter and three-meter NJCAA National Champion...Diver of the Year.

Personal: Born August 3, 1988...majoring in marketing.

SPENCER RAUSCH



Free, Back
 Junior- 6'1"
 Jacksonville, FL
 Providence

High School: Three time state qualifier as a freshman, junior and senior in the 200 free and 100 back...finished ninth at state, third at regionals and second at districts in the 200 free as a senior...also finished 12th at state, fifth at regionals and third at districts in the 100 back...team captain as a sophomore and junior...chosen the team's MVP two years in as a junior and a senior...member of the Southside Aquatic Club team coached by John Carraway.

Personal: Born June 24, 1989...majoring in exercise science...son of Steven and Susan Rausch.

AL AUGUSTINE

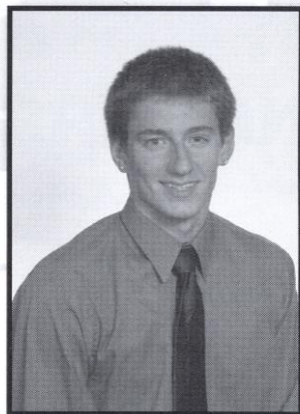


Free
 Freshman- 6'1"
 Schwensville, PA
 Lansdale Catholic

High School: Named to All-State team sophomore year in 50 free, 100 free, and 200 free relay...All-American status junior and senior year...junior national qualifier...chosen as captain and MVP of the Lansdale Catholic High School swim team...three-time champion and record holder in District 1...has broken multiple school records...swam with the German Acadamedy Aquatic Club team coached by Dick Shoulberg.

Personal: Full name is Albert Augustine...born August 15, 1990...plans to major in business...intends to become a financial advisor or stockholder...son of Albert and Laurie Augustine.

TRICE BAILEY

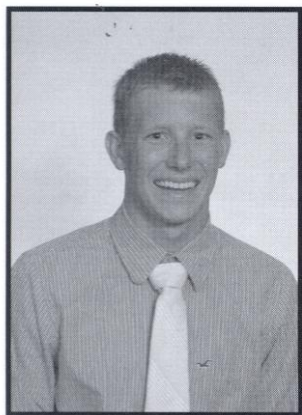


Free
 Freshman- 6'2"
 Lake Mary, FL
 Seminole

High School: All-American in the 50 free, 100 free and 200 free relay...finished first in the 50 free and 100 free at the 2008 FH-SAA District and Regional Swimming and Diving Meet with a times of 21.54 and 46.31, respectively...swam for the Seminole Aquatics club team coached by Tony Ackerson.

Personal: Full name is Zachary Trice Bailey...born on July 6, 1991...majoring in biological sciences...aspires to be an orthopedic surgeon or radiologist with Ph.D...son of Harold and Sabrina Bailey.

TYLER BALL



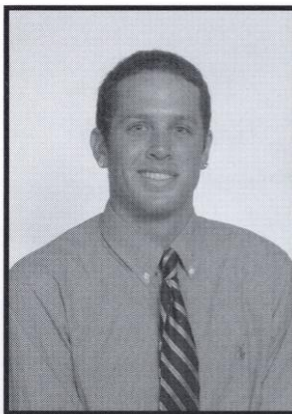
Distance Free/IM
Freshman- 6'0"
Apollo Beach, FL
East Bay

High School: Four-time high school MVP...recipient of Wendy's High School Hesiman...set 10 high school records...swam for Brandon Sports & Aquatics coached by Mio Vasic.

Academics: US Army Reserve National Scholar...USA Scholastic All-American...member of National Honor Society...graduated with honors.

Personal: Born June 22, 1991...majoring in exercise science...aspires to be an athletic trainer...son of Monica and Darrel Ball.

CAMERON CHAMBERS



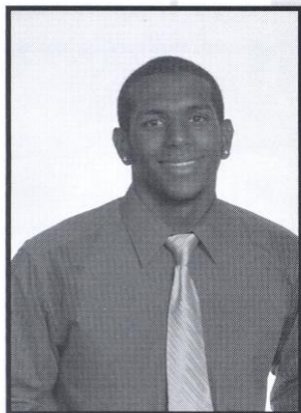
Free
Freshman- 6'1"
St. Petersburg, FL
Northeast

High School: All-American in the 500 free...four-time zone team member...earned third at state competition senior year...swam for the SPA club team coached by Fred Lewis.

Academics: Earned a 4.2 weighted GPA...appeared multiple times on the Dean's List...received nothing less than Honor Roll...graduated Summa Cum Laude...member of National Honor Society.

Personal: Plans to major in exercise science and become an orthopedic surgeon...aspires to become a tri-athlete after college...member of Beta Club and Fellowship of Christian Athletes in high school...son of Joey and Stephanie Chambers.

MARK COX



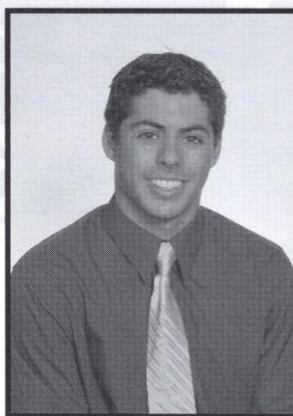
Fly
Freshman- 5'10"
Sarasota, FL
Venice

High School: Team captain senior year...received MVP honors during sophomore, junior and senior years...state qualifier all four years...four-time All-American in 100 fly and 200 free...holds high school records in 100 and 200 free and 100 fly...placed first in state championships in 100 fly in 2006, third in 100 fly and third in 200 free in 2007, second in 100 fly and fourth in 200 free in 2008...swam for the Sarasota YMCA Sharks coached by Steve Brown...holds club records in both long course and short course in 100 and 200 fly...Olympic Trial Qualifier in 200 fly...member of the YMCA National Championship Team...anchored the record breaking 800 free relay at YMCA Nationals.

Academics: Golden Eagle recipient for academic excellence and leadership

Personal: Born May 4, 1991...plans to major in special education...after college aspires to make the Puerto Rican or U.S. Olympic team and start teaching career...son of John and Julie Shaughnessy.

ALEX FERNANDEZ



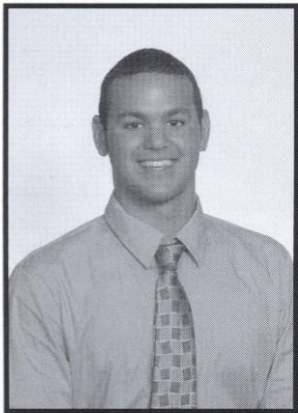
IM
Freshman- 6'0"
Coral Springs, FL
Marjory Stoneman
Douglas

High School: State Champion in the 400 free relay...state qualifier in the 200 IM, 100 Fly, 200 Free Relay...Junior National Qualifier...All-American...high school record holder in 200 IM and both relays...coached by Michael Lohberg and Chris Jackson.

Academics: Scholastic All-American...BCAA Scholar Athlete Scholarship winner...honor roll student.

Personal: Full name is Alejandro Fernandez...born November 20, 1990...majoring in psychology...also played water polo in high school...staff writer on school newspaper...aspires to attend medical school...son of Hector and Cristina Fernandez.

ELIJAH FLOOD

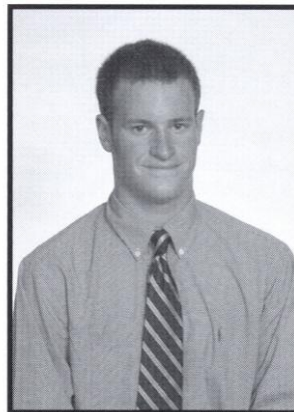


Free
Freshman- 6'6"
Ft. Lauderdale
Pine Crest

High School: 2008 Sun-Sentinel Swimmer of the Year...received the Miami Herald 2008-2009 Athletic Award for All-Broward Player of the Year for boys swimming...placed third in both the 100 and 200 free at the High School State Championship...earned All-America honors for 400 free relay and 200 medley relay...team finished as state runner-up for the past four years...coached by Jay Fitzgerald.

Personal: Born on September 14, 1990...plans to major in creative writing...son of Debbie Flood.

TAYLOR HARRIS



IM
Freshman- 6'2"
Raleigh, NC
Needham B.
Broughton

High School: All-American in the 200 IM and 100 Breast...two-time 4A State Champion in the 100 Breast...three-time Broughton High School MVP...Broughton High School team captain...U.S. Open Qualifier in the 400 IM...Junior National Qualifier in the 200 IM, 200 Back, 100 Breast and 200 Breast...Marlins of Raleigh Club Team Captain...coached by Paul Silver.

Academics: Three-time Scholastic All-American...honor roll all four years...AP Scholar...member of National Honor Society.

Personal: Born April 17, 1991...full name is Emerson Taylor Harris...majoring in engineering...son of Phil and Jackie Harris.

HIBAI IRIONDO



Free
Freshman- 5'11"
Dania, FL
Fort Lauderdale

High School: Co-Captain all four years on both club and high school teams...high school state finalist in 100 and 200 free during junior year...Placed sixth in 200 free and seventh in 500 free at the high school state finals with All-American considerations in both events...member of high school 200 medley relay third place team...summer Junior National Qualifier...U.S. National Relay Qualifier as a junior.

Academics: 2006-2007 Scholastic All-American...AP Scholar Award...Honor Roll...member of the National Honor Society...swam for FLA coached by Duffy Dillon.

Personal: Born on March 7, 1991...plans to major in engineering...hopes to start his own engineering company...son of Alberto and Rose Marie Iriondo.

NICK KLEIN



Nick Klein
Freshman- 5'9"
Chapel Hill, NC
East Chapel Hill

High School: Competed in the USA Summer Diving National Championships in 2009...Four-time high school All-American diver...Junior National Team member...senior national finalist...team captain...Tarheel Diving club team member coached by Kevin Lawrence.

Academics: Member of National Honor Society...also member of Spanish Honor Society.

Personal: Born September 24, 1991...majoring in political science...uncle was kicker for Georgetown...son of Eve Beringer Klein and Kent Klein.

TANNER LOWMAN

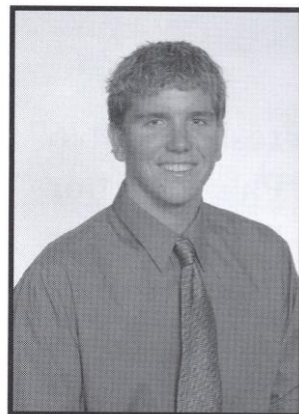


Breast
Freshman- 5'9"
Salisbury, NC
East Rowan

High School: All-American in the 100 breast and 200 IM...North Carolina state record in 100 breast...also won the 200 IM...state MVP...set the regional record in the 100 breast...member of the Rowan Aquatic Club coached by Matt Hall.

Personal: Born June 15, 1991...plans to major in environmental studies...son of Audra and Jamie Lowman.

BRAD MORRISON



Back
Freshman- 5'11"
Land O' Lakes, FL
Land O' Lakes

High School: State champion in 100 backstroke...third in the 100 back as a sophomore and junior...MVP in his senior year...team captain...All-American in the 100 backstroke (51.89)...All-Conference Swimmer of the Year...member of the Tampa Bay club team coached by Jason Bowes.

Academic: Honor Roll all four years...graduated Cum Laude

Personal: Born November 10, 1990...full name is Stephen Morrison...majoring in biochemistry...aspires to attend graduate school...son of Steve and Tish Morrison...father swam collegiately for Ball State.

LOGAN MOSLEY



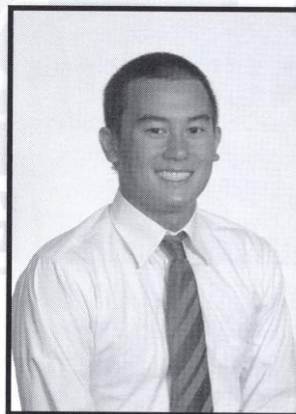
Back, Fly
Freshman- 6'2"
Sanford, FL
Seminole

High School: Team MVP senior year...state champion 100 fly and 200 medley relay, state runner-up 100 backstroke as a senior...Central Florida Male Swimmer of the Year...All-State swimming team...All-American in the 100 fly, 100 back, 200 medley relay and 200 free relay as a senior...district champion 100 back his junior year...third place finish in state meet in the 200 free and medley relays as a junior...Florida boys 15-16 state record 200 medley relay as a junior.

Academics: Graduated Cum Laude from The Academy of Health Careers...member of the Tribe principle's honor society...National Honor Society member.

Personal: Born June 5, 1991...plans to major in biology...wants to become a cardiothoracic surgeon, athletic trainer or ICU medical doctor...member of the student government in high school...son of Jerry and Marti Mosley.

DANIEL NGUYEN

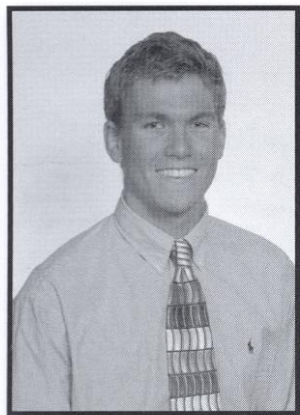


Fly
Freshman- 5'10"
Lilburn, GA
Brookwood

High School: Four-time All-State swimmer...varsity team captain...team MVP...contributed to back-to-back state championship wins...set four school records...All-American consideration freshman, sophomore and junior years...All-American senior year...lettered in swimming all four years...swam for the Swim Atlanta club team coached by Chris Davis.

Personal: Born January 31, 1991...majoring in engineering...aspires to start own business...first person in his family to go to college...member of the Latin and Beta club...son of Yung and Mylinh Nguyen.

TYLER REED



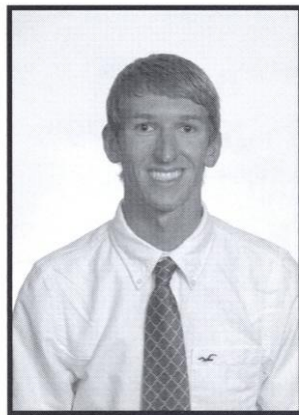
Free
Freshman- 6'6"
Palm Harbor
Palm Harbor
University

High School: Was awarded most valuable swimmer multiple years at Palm Harbor University High School...team captain as a junior...high school team won a Florida state championship his senior year...first team 50 free and 100 free in Pinellas County...holds record in 50 free and 100 free in Pinellas County...swam for Clearwater Aquatics club team coached by Randy Reese.

Academics: Member of National Honor Society...earned a 4.3 GPA...graduated Summa Cum Laude...member of Fellowship of Christian Athletes...member of student government.

Personal: Son of Jim and Laura Reed...plans to major in communications...aspires to become a television anchor or host after college.

MARK WEBER



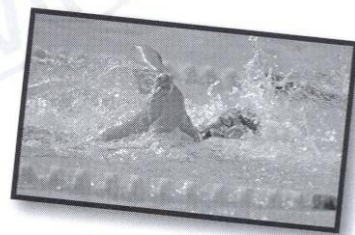
Free
Freshman- 6'3"
Warner Robins, GA
Houston County

High School: Georgia high school state champion in the 50 free as a senior...third place in the 100 free at the Georgia High School State Championships his senior year...team captain as a junior and senior...named Most Outstanding Swimmer in 2006, 2008 and 2009...holds his high school's and club team's records in the 50 free and 100 free and club team's record in the 100 fly...swam with the Warner Robins Aquanauts club team coached by Wes Hamborg.

Personal: Born August 16, 1990...plans to major in exercise science and eventually become a physical therapist...member of the FSU wakeboard club...son of Mark and Kimberly Weber.

MEN'S QUALIFYING STANDARDS

| Event | 25-Yard Course | | 25-Meter Course | | 50-Meter Course | |
|-----------------------|----------------|----------|-----------------|----------|-----------------|----------|
| | A | B | A | B | A | B |
| 50 Freestyle | :19.35 | :20.31 | :21.60 | :22.67 | :22.51 | :23.62 |
| 100 Freestyle | :42.26 | :44.37 | :47.17 | :49.53 | :48.97 | :51.42 |
| 200 Freestyle | 1:33.61 | 1:38.29 | 1:44.48 | 1:49.70 | 1:48.22 | 1:53.64 |
| 500 Freestyle | 4:15.68 | 4:28.46 | 3:43.70 | 3:54.88 | 3:51.39 | 4:02.95 |
| 1,650 Freestyle | 14:51.68 | 15:35.70 | 14:48.49 | 15:32.91 | 15:23.48 | 16:09.64 |
| 100 Butterfly | :46.04 | :49.02 | :52.11 | :54.72 | :55.92 | :58.71 |
| 200 Butterfly | 1:42.95 | 1:48.09 | 1:54.90 | 2:00.64 | 1:58.88 | 2:04.82 |
| 100 Backstroke | :46.69 | :49.02 | :52.11 | :54.72 | :55.92 | :58.71 |
| 200 Backstroke | 1:41.53 | 1:46.60 | 1:53.32 | 1:58.98 | 1:59.59 | 2:05.57 |
| 100 Breaststroke | :52.87 | :55.51 | :59.01 | 1:01.96 | 1:01.77 | 1:04.85 |
| 200 Breaststroke | 1:54.25 | 1:59.96 | 2:07.52 | 2:13.89 | 2:13.16 | 2:19.82 |
| 200 Individual Medley | 1:44.13 | 1:49.33 | 1:56.22 | 2:02/03 | 2:01.51 | 2:07.58 |
| 400 Individual Medley | 3:44.88 | 3:56.12 | 4:10.99 | 4:23.53 | 4:19.98 | 4:32.98 |
| 200 Freestyle Relay | 1:17.69 | 1:21.57 | 1:26.71 | 1:31.04 | 1:30.34 | 1:34.85 |
| 400 Freestyle Relay | 2:52.47 | 3:01.09 | 3:12.49 | 3:22.12 | 3:19.85 | 3:29.84 |
| 800 Freestyle Relay | 6:23.26 | 6:42.42 | 7:07.75 | 7:29.14 | 7:22.06 | 7:44.16 |
| 200 Medley Relay | 1:25.66 | 1:29.94 | 1:35.61 | 1:40.39 | 1:39.84 | 1:44.83 |
| 400 Medley Relay | 3:08.22 | 3:17.63 | 3:30.07 | 3:40.58 | 3:39.89 | 3:50.88 |



DIVING

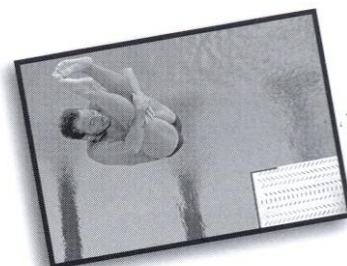
1-Meter Diving Points—Dual 290*/300***

3-Meter Diving Points—Dual 310*/320***

Platform Diving Points—Dual 290*/300***

*qualifying point total when using a 1 voluntary +5 optional Dual Meet List

***qualifying point total when using six optional dives with standard D.D.



MELANIE CABASSOL



Diving
Senior- 5'5"
Montgomery, TX
Montgomery

Honors: All-ACC Academic Team, ACC Academic Honor Roll

2008-09: Turned in a career high seventh-place finish at the ACC Championships on the platform with a five dive total of 219.45... earned a collegiate best score on the three-meter (260.60) at the ACC Championships...member of the All-ACC Academic Team and received the award for ACC Top 6 for Service.

2007-08: Scored points at the ACC Championships with her 11th place performance on the platform (169.00) and 15th place finish on the three-meter (226.50)... also placed 20th on the one-meter (205.95)...member of the ACC Academic Honor Roll.

2006-07: Competed in both the one-meter and three-meter diving events at the ACC Championships ...recorded a score of 215.25 in the one-meter competition and a score of 201.85 in the three-meter event...finished 17th at the Nike Cup Invitational on the one-meter with a score of 205.75.

High School: Graduated early from Montgomery High School in 2005...finished second during two consecutive years at the 4A Texas State Diving Championships and was fifth on the platform at AAU Nationals in 2005...won the regional high school diving championship in 2004...earned First Team All-State honors and was an All-American Qualifier during the 2003-04 and 2004-05 seasons...named TAGDA Diver of the Year three times (1997, 1998, 1999) and NWTDA Diver of the Year four times (1998, 1999, 2000, 2001)...earned Academic All-District in 2005.

Personal: Born September 28, 1987...majoring in Family and Child Sciences and Psychology with a minor in Religion...daughter of Philippe and Joelle Cabassol... currently the President of the Student

Athlete Advisory Council (SAAC)...ACC SAAC Representative...Who's Who Among College Students 2009...Phi Sigma Theta Honor Society...National Scholars Honor Society...FSU ACC Sportsmanship Award Recipient 2009...2009 FSU Homecoming Court...Garner and Gold Key Honors Society Member...member of the Faculty University Athletics Committee...Peer Health Educator...Director of Athletic Affairs for Seminole Student Boosters Executive Board.

TOP SCORES

| | |
|---------------|--------|
| 1M..... | 241.00 |
| 3M..... | 260.60 |
| Platform..... | 219.45 |

JESSIE CARR



Free/Breast
Senior- 5'6"
Columbia, SC
Gulf Breeze

Honors: Team Captain, ACC Academic Honor Roll

2008-09: Turned in career best performances in four events at the ACC Championships in the 50 free (23.76), 100 free (52.67), 100 breast (1:05.81) and 200 breast (2:24.43)...team captain for the 208-2009 season.

2007-08: Swam a personal best in the 100 free (52.70) at the ACC Championships...also competed in the 50 free (24.12) and 100 breast (1:08.02)...member of the Student Athlete Advisory Council... member of the ACC Academic Honor Roll...earned ACC Top Six for Service honors for her extensive community service and outreach.

2006-07: Competed at the Tar Heel Invitational and posted times in the 50 free (23.87) and 100 breast (1:06.66)...competed at the Nike Cup Invitational, finishing 20th in the 100 breast (1:07.39) and 23rd in the 50 free (24.10)...member of the ACC Academic Honor Roll.

High School: Named team MVP during her freshman and sophomore years...was a two-time All-Area Swimmer of the Year...three-time FHSAA Pinch-a-Penny All-Area team member...eight-time Florida high school state finalist...finished fifth in the 50 free as a sophomore and third in the 50 and 100 free as a senior at the state meet...trained with the Dutch National Team while living in The Netherlands during her junior year.

Personal: Born July 21, 1987...double majoring in rehabilitation services and counseling services and family and child sciences...aspires to be an occupational therapist...secretary of the Student Athlete Advisory Council (SAAC)...Seminole Student Boosters Director of Athletic Affairs...daughter of David and Stephanie Carr.

TOP TIMES

| | |
|-----------------|---------|
| 50 Free | 23.72 |
| 100 Free | 51.69 |
| 100 Breast..... | 1:05.81 |
| 200 Breast..... | 2:24.43 |

SHANDA CASELLA



Free/Back
Senior- 5'4"
Orlando, FL
**Cypress Creek/
 Indian River**

2008-09: Turned in a 13th-place performance in the 50 free with a career best time of 23.01 at the ACC Championships...part of the school record breaking 200 free relay team at the ACC Championships (1:30.33)...competed at the USA Short Course National Championships in the 50 free (24.03) and 100 free (51.38).
Freshman/Sophomore (IRCC): Helped lead Indian River Community College to its 29th and 30th National Championships...a 12-time National Junior College Champion...during her sophomore year won the 50 free in a NJCAA and school record time of 23.26...swam the backstroke leg of the NJCAA and school record breaking 200 medley relay...also took home first place in the 100 free (50.54), 100 back (58.20), 200 free relay, 400 free relay and 400 medley relay...during her freshman year won five NJCAA National Titles...was victorious in the 100 fly (58.20), 200 free relay, 200 medley relay, 400 free relay and 400 medley relay...place second in the 50 free (23.63) and 100 free (52.20)...earned the Pioneer Award as a sophomore.

High School: Two-time All-American in the 50 free...school record holder in seven events...seven-time district champion...five-time All-Conference performer...member of the All-Central Florida team in 2005...seven-time Florida state finalist...two-time first-team All-County in the 50 free...team captain...played water polo her junior and senior year...district champions and third place team finish as a senior...school record holder for most points scored...member of Kissimmee S.A. coached by Tom Nielson.

Personal: Born June 9, 1988...majoring in social science...daughter of Joey Casella...aspires to be either a personal trainer or a chef.

TOP TIMES

| | |
|----------------|-------|
| 50 Free | 23.01 |
| 100 Free | 50.33 |
| 100 Back | 56.26 |

CARLY CAVALIERI



Back/Free
Senior- 6'0"
Tampa, FL
Gaither

Honors: ACC Academic Honor Roll

2008-09: Earned personal best performances in four events at the ACC Championships...competed in the 50 free (23.68), 100 free (52.32), 100 back (57.01) and 200 back 2:03.36).

High School: Was team MVP for three consecutive seasons...team captain as a senior...holds three school records in the 50 free, 100 free and 100 back...earned Freshman of the Year honors at her high school...two time academic All-American...National Honor Society member...swam for the Carrollwood Village Swim Team coached by Jim Kelly.

Personal: Born August 11, 1987...majoring in communication/advertising...plans to pursue MBA degree in the future...daughter of Richard and Jody Cavalieri.

TOP TIMES

| | |
|----------------|---------|
| 100 Back | 57.01 |
| 200 Back | 2:03.36 |
| 50 Free | 23.63 |
| 100 Free | 51.76 |

TIFFANY ELIAS



Fly/Free
Senior- 5'7"
Phoenix, AZ
Xavier College Prep

Honors: Team Captain, ACC Academic Honor Roll

2008-09: Earned a pair of top 16 performances at the ACC Championships...touched the wall in 11th-place with a career best time of 2:00.70 in the 200 fly and finished 16th with another career best time of 55.10 in the 100 fly.

2007-08: Scored at the ACC Championships with a 16th place finish in the 200 fly (2:03.82)...also placed 19th in the 100 fly (56.35) and 34th in the 200 free (1:53.99).

2006-07: Scored points at the ACC Championships...made the finals in the 200 fly and finished eighth touching the wall in 2:05.34...

finished 12th in the 100 fly (56.38)...had an impressive performance at the Nike Cup Invitational including an NCAA "B" cut of 2:01.26 in the 200 fly to place second...also finished fifth in the 100 fly (55.51)...placed second at the SMU Classic in the 200 fly (2:03.09) and third in the 200 free (1:52.73).

High School: Victorious at the Arizona State High School Championship in the 500 free (2003), 100 fly (2004), and 200 free (2005) at Xavier College Preparatory...during all four years at Xavier, earned All-American, All-State and All-Region honors as well as leading her team to four state and regional titles...was a part of the relay that set the Arizona high school state record in the 400 free relay in 2004 and the National Independent School record in the 200 medley relay in 2005...holds Xavier school records in the 100 fly, 200 IM and 400 free relay...was Girls National Champions in NISCA National Dual Meet Ranking in 2005...was team captain during her senior year and was three-time team MVP...

TOP TIMES

100 Fly 54.55
 200 Fly 2:00.70

earned first-team honors, was a NISCA Academic All-American (2005), received the President's Education Award (2006) and named the High School Heisman (2006)...swam for Brophy East club team coached by Dennis Pursley.

Personal: Born October 13, 1987...majoring in criminology and business...daughter of Colleen Hill and Joe Elias.

KYLSIE GRIMES



Free, Breast
Senior- 5'8"
Hartland, WI
Arrowhead

Honors: NCAA Qualifier, School Record Holder

2008-09: Competed in the 50 free (23.55), 100 free (51.39) and 200 free (1:50.97) at the ACC Championships...competed at the USA Short Course Nationals in three events, the 50 free (23.71), 100 free (52.02) and 200 free (1:53.24).

2007-08: Anchored the school record breaking 400 free relay team at the ACC Championships (3:19.90)...scored points and posted personal best times in all three individual events at the ACC Championships with a pair of ninth place finishes in the 100 free (50.33) and 200 free (1:49.12) and a 10th place showing in the 50 free (23.25).

2006-07: Florida State's lone freshman representative at the NCAA Championships...finished 70th in the 100 free posting a time of 51.58...scored well at the ACC Championships (Feb. 14-17)...swam the leadoff leg of the 800 free relay that placed fourth in an NCAA "B" cut time of 7:21.09...placed seventh in the 200 free (1:50.39)...tied for 15th in the 100 free (51.68) and finished 16th in the 50 free (23.61)...competed in the Nike Cup Invitational and earned night swims in all three events...placed eighth in the 100 free (51.28), 12th in the 50 free (23.48) and 13th in the 500 free (4:55.93).

High School: Was a 12-time Wisconsin high school state champion...won state championships in the 200 free (1:49.95) and 100 free (50.74) and was a part of the state record setting 200 and 400 free relay teams...her time of 1:49.95 in the 200 free is the second fastest in Wisconsin high school swimming history...earned All-American honors eight times...was a junior national qualifier in the 50, 100 and 200 free as well as the 100 back...was a senior national qualifier in the 50 and 100 free...both of her parents swam competitively in college at Illinois State University.

TOP TIMES

50 Free 23.25
 100 Free 50.33
 200 Free 1:49.12
 100 Breast..... 1:05.60

Personal: Born June 16, 1988...majoring in social science...daughter of Kim and John Grimes.

JEN GUYLER



**Distance Free
Senior, 5'4"
Palm Harbor, FL
East Lake**

TOP TIMES

| | |
|-----------------|----------|
| 200 Free | 1:51.19 |
| 500 Free | 4:49.98 |
| 1000 Free | 9:58.06 |
| 1650 Free | 16:50.84 |

Honors: All-ACC, All-ACC Academic Team, ACC Academic Honor Roll, School Record Holder

2008-09: Earned a top 20 finish in the 1650 free (17:15.49) and swam in the bonus consolations of the 500 free (4:55.51) at the ACC Championships.

2007-08: Competed in the 200 free (1:57.62), 500 free (5:03.99) and 1650 free (17:23.70) at the ACC Championships...member of the ACC Academic Honor Roll.

2006-07: Capped an impressive freshman season with All-ACC honors at the ACC Championships...finished second to earn All-ACC honors in the 500 free with an NCAA "B" cut time of 4:49.98...claimed ninth place with an NCAA "B" cut time of 16:50.84 in the 1650 free...finished 17th in the 200 free (1:51.39)...placed well at the Nike Cup Invitational with a second place finish in the 200 free (4:52.51) and a seventh place finish in the 1650 free (17:01.92)...took two victories against Florida with a school record time in the 1000 free (9:58.06) and a strong showing of 5:05.31 in the 500 free...member of All-ACC Academic team and the ACC Academic Honor Roll.

High School: Won the 2005 Florida 3A state championship in the 200 free with a time of 1:50.46...took second in the 500 free (4:53.09) and was a part of the 400 relay that placed sixth (split - 52.60)...named Clearwater Aquatic Team Swimmer of the Year in 2004, was the district champ in the 200 free (2004, 2005) and the 500 free (2005)...was also the regional champion in the 200 free in 2005...earned All-America honors in the 500 free (2004, 2005) and 200 free (2005)...was a member of the National Honor Society and made the Dean's List and Honor Roll all four years.

Personal: Born February 28, 1988...majoring in exercise science...daughter of Mike and Janet Guyler.

ALEIA MONDEN



**Diving
Senior- 5'1"
Mililani, HI
St. Andrews Priory**

Honors: Team Captain, Honorable Mention All-American, Three-Time NCAA Zone Qualifier, All-ACC Academic Team, ACC Academic Honor Roll, School Record Holder

2008-09: Scored points on all three boards at the ACC Championships...finished ninth on the one-meter (277.75), 10th on the three-meter (278.25) and 13th on the platform (201.35)...placed fifth on the 3M (271.00) and eighth on the platform (166.90) at the Georgia Tech Diving Invitational.

2007-08: Earned Honorable Mention All-American honors at the NCAA Championships with her 11th place finish on the platform (253.95)...scored points for the Seminoles in three events at the

ACC Championships...placed fifth on the platform (249.45), sixth on the one-meter (253.05) and ninth on the three-meter (262.25)...placed third on the one-meter (265.50) at the Georgia Tech Invitational...placed third with Jaq Schroeder in the ten-meter synchro competition at the 2008 U.S. Diving National Championships...All-ACC Academic team and ACC Academic Honor Roll member.

TOP SCORES

| | |
|---------------|--------|
| 1M..... | 286.10 |
| 3M..... | 291.23 |
| Platform..... | 295.50 |

2006-07: Competed at the NCAA Zone "B" Diving Championships with a top finish of 11th on the platform (469.30)...took 23rd in the one-meter (230.45) and 24th on the three-meter (239.55)...scored major points at the ACC Championships...nabbed a personal best in the one-meter prelims of 286.10 then finished fifth in the finals with a score of 273.60...finished fifth on the platform (221.80)...took 12th place in the three-meter (252.20)... finished third on the one-meter (274.15) at the Nike Cup Invitational...contributed to the FSU's first place finish at the SMU Classic with a victory on the one-meter (257.05) and a second place showing on the three-meter (259.00)...member of ACC Academic Honor Roll.

High School: Three-time NISCA All-American...three-time Interscholastic League of Honolulu (ILH) Diving Champion (2004-06)...four-time Hawaii High School Athletic Association Diving Championship (2003-06)...two-time ILH Diver of the Year (2005-06)...won the 2005 Amateur Athletic Union 1M National Championship...2006 junior national finalist on the one-meter and platform and a senior national finalist on the platform.

Personal: Born October 10, 1988...majoring in exercise science...daughter of Glenn and Nancy Monden.

KATIE SIROUNIS



Diving
Senior- 5'9"
Indian Harbor Beach, FL
Satellite

Honors: All-ACC, Three-Time NCAA Zone Qualifier, All-ACC Academic Team, ACC Academic Honor Roll

2008-09: Earned All-ACC honors at the ACC Championships with a bronze medal performance on the platform with a five dive total of 263.05... also finished fourth on the one-meter (303.60) and eighth on the three meter (292.60)...finished third on the one-meter (257.55), fourth on the platform (187.50) and sixth on the three-meter (269.40) at the Georgia Tech Diving Invitational.

2007-08: Scored points in all three events at the ACC Championships... placed fourth on the three-meter (298.55), seventh on the platform (217.15) and ninth on the one-meter (245.55)...turned in a pair of second place finishes on the one-meter (259.90) and three-meter (281.95) at the SMU Women's Classic...member of the All-ACC Academic team and ACC Academic Honor Roll.

2006-07: Qualified for the NCAA Zone "B" Diving Championships (Mar. 2-4) and finished 12th on the one-meter board with a twelve dive total of 494.40...finished eighth on the platform with a 10-dive total of 494.95... scored 20 points in her first trip to the ACC Championships...took fifth place on the three-meter with a six-dive total of 280.65 in the finals...finished seventh on the platform with a six dive total of 187.35...earned a season high score of 287.60 at the Nike Cup Invitational on the three-meter...member ACC Academic Honor Roll.

TOP SCORES

| | |
|---------------|--------|
| 1M..... | 303.60 |
| 3M..... | 310.45 |
| Platform..... | 263.05 |

High School: Was a two-time 2A FHSAA state champion in diving at Satellite High School...was also the regional, district and conference champion...named the Orlando Sentinel Athlete of the Year, made the Florida Today First Team for two years in a row and was selected as an All-American...named to the Pinch a Penny All-State Team...member of the Coral Springs club team coached by Dave Burgering.

Personal: Born November 24, 1987...majoring in business...daughter of Michelle and Mike Sirounis.

STEVI STEINHAUER



Free
Senior- 5'9"
Gulf Breeze, FL
Gulf Breeze

Honors: Team Captain, ACC Academic Honor Roll, School Record Holder

2008-09: Placed 10th in the 100 free with a career best time of 49.98 at the ACC Championships...also swam a personal best time of 22.97 in the 50 free...swam the first leg of the school record holding 200 free relay at the ACC Championships...competed at the USA Short Course National Championships in the 50 free (23.42) and 100 free (51.11).

2007-08: Scored points and posted personal best times in two events at the ACC Championships...placed ninth in the 50 free (23.22) while swimming a personal best 23.19 in the prelims...finished 15th in the 100 free (50.85)...member of the ACC Academic Honor Roll.

2006-07: Competed at the Tar Heel Invitational with an appearance in the 50 free (23.87)...took to the Carolina waters with a 27th place finish in the 50 free (24.40) at the Nike Cup Invitational.

High School: Started swimming in high school during her junior year...placed fourth in the 50 free with a time of 24.78 at the 2005 2A FHSAA Championships...swam as a part of the 200 free relay that finished third and 200 medley relay that finished fourth...earned a junior cut in the 50 free of 24.4 two weeks after the state meet...swam for The Club coached by Terry Atzhom.

Personal: Born July 19, 1988...majoring in sport management...member of the Student Athlete Advisory Council (SAAC)...daughter of Kathy and Tom Wharton and Steve Steinhauer.

TOP TIMES

| | |
|----------------|-------|
| 50 Free | 22.97 |
| 100 Free | 49.98 |

KATHERINE ADHAM



Diving
Junior- 5'5"
Orlando, FL
Dr. Phillips

Honors: Two-Time NCAA Zone Qualifier, All-ACC Academic Team, ACC Academic Honor Roll, CSCAA Honorable Mention Scholar All-American

2008-09: Turned in a career best fourth-place finish on the platform with a five-dive total of 254.10 at the ACC Championships... also finished 11th on the three-meter (277.25) and 19th on the one-meter (243.25)...won the one-meter competition with a six-dive total of 260.60 at the Georgia Tech Diving Invitational...also placed second on the three-meter (297.60) and sixth on the platform (177.20)... member of the All-ACC Academic Team... member of the ACC Academic Honor Roll...named a Honorable Mention Scholar All-American by the CSCAA.

2007-08: Scored points in all three events at the ACC Championships...placed fourth on the one-meter (266.00), eighth on the three-meter (253.55) and in her first career competition on the platform place ninth (191.15)...member of the ACC Academic Honor Roll.

TOP SCORES

| | |
|---------------|--------|
| 1M..... | 280.00 |
| 3M..... | 297.60 |
| Platform..... | 254.10 |

High School: High Point award winner...2006-07 Wendy's High School Heisman nominee...Florida 3A Regional State Champion...two-time high school All-American...2006-07 Principal's Award for swimming and diving team...two-time Academic All-American...Principal's Honor Roll all four years... member of Team Orlando Diving coached by Jay Lerew.

Personal: Born May 17, 1989...double major in business management and business marketing...father played golf at the University of Georgia and on the PGA Tour...daughter of Richard and Kay Adham.

C.J. HENDRY



Fly/Back/Free
Junior- 5'6"
Evans, GA
Evans

Honors: School Record Holder

2008-09: Competed at the 2009 U.S. Open Swimming Championships...finished 11th in the 100 fly (54.46) and 14th in the 200 fly (2:00.85) at the ACC Championships...anchored the school record breaking 200 free relay at the Championships...competed at the USA Short Course National Championships in the 50 free (23.80), 100 fly (55.89), 100 back (57.25) and 200 back (2:04.13).

2007-08: Scored points and recorded personal best times in all three individual events at her first career ACC Championship meet...finished ninth in the 200 back (1:59.45), 10th in the 100 fly (55.22) and 17th in the 100 back (56.60)...finished third in the 100 fly with a time of 55.81 at the SMU Women's Classic.

High School: Sixteen-time Georgia State All-Star...2007 Georgia State Champion in the 100 back, 3rd place 200 free...2006 Zone Team qualifier...2006 Georgia state runner-up in the 200 IM, 3rd place 100 free...high school swimming MVP all four years...two-time Junior National finalist...Beta Club member...National Technical Honor Society member...graduated with a dual diploma...member of the Augusta Swim League coached by Kristen Schlegle.

Personal: Born September 28, 1988...majoring in english...father played professional baseball with the Cleveland Indians...daughter of Keith and Mary Hendry.

TOP TIMES

| | |
|----------------|---------|
| 100 Back | 56.41 |
| 200 Back | 1:59.45 |
| 100 Fly | 54.24 |
| 200 Fly | 2:00.85 |

HOLLY MILLS



**Back/Free
Junior- 5'6"
Ruislip, England
St. Augustine Priory**

TOP TIMES

| | |
|-----------------|----------|
| 200 Back | 1:58.10 |
| 200 Free | 1:47.82 |
| 500 Free | 4:49.72 |
| 1650 Free | 16:37.59 |

Honors: All-ACC, School Record Holder, ACC Academic Honor Roll

2008-09: Broke a 19 year-old school record in the 1650 free with a 12th-place time of 16:37.59 at the ACC Championships...also placed 10th in the 200 free (1:47.82) and 14th in the 500 free (4:49.72)...anchored the school record breaking 800 free relay at the Championships (7:10.42).

2007-08: Placed 10th in the 200 back (2:16.78) and 21st in the 100 back (1:05.64) at the Great Britain Olympic Trials...part of the 800 free relay team that broke the school record at the ACC Championships (7:13.85)...scored points in two events at the championships...earned All-ACC honors with her third place finish in the 200 back with a personal best time of 1:58.10...also finished 11th in the 200 free (1:49.30)...earned ACC Performer of the Week honors for a pair of second place finishes against Florida including a personal best time of 1:48.59 in the 200 free and a 1:59.01 in the 200 back...dominated the Georgia Tech Invitational with three first place performances in the 200 free (1:48.59), 500 free (4:51.50) and 200 back (1:59.46)...turned in a second place performance at the SMU Women's Classic in the 200 back (1:59.63)...member of the ACC Academic Honor Roll.

High School: Finished fourth at British Nationals in the 200 back...2001-07 English national multi-medalist...school sports captain...Class President...School Prefect...member of the Ealing Swim Club coached by Dave Heathcock.

Personal: Born November 15, 1988...enrolled in undergraduate studies...daughter of John and Marian Mills.

JOCELYN PHILLIPS



**Free
Junior- 6'0"
Napa, CA
Vintage**

TOP TIMES

| | |
|----------------|---------|
| 100 Free | 50.31 |
| 200 Free | 1:46.76 |
| 500 Free | 4:49.28 |

Honors: School Record Holder

2008-09: Broke her own school record with a fourth-place performance in the 200 free (1:46.76) at the ACC Championships...also placed 15th in the 500 free (4:49.69) and 18th in the 100 free (50.31)...led-off the school record breaking 800 free relay (7:10.42) at the ACC Championships...earned a 21st-place finish in the 200 free (1:48.11) at the USA Short Course National Championships...also competed in the 50 free (23.70), 100 free (51.57) and 500 free (5:05.81).

2007-08: Placed 67th in the 200 free (2:03.15) and 85th in the 100 free (57.62) at the U.S. Olympic Trials...broke three school records and scored points in two individual events at the ACC Championships...swam the leadoff leg of the school record breaking 800 free relay team (7:13.85) while her leadoff time of 1:47.82 was also good enough to break the school record in the 200 free...helped set the school record in the 400 free relay (3:19.90) by swimming the leadoff leg.

High School: 2006-07 Olympic Trial qualifier...three-time All-American...2006-07 Pacific Coast top 16 selection...two-time team MVP selection...three-time coaches award winner...2007 team captain...also a member of the water polo team...swam for the Napa Valley club team coached by Asher Green.

Personal: born January 1, 1989...majoring in english/creative writing...daughter of Reed and Deborah Phillips.

BRITTANY SELTS



Fly/Free
Junior- 5'7"
Miami, FL
Palmetto

Honors: School Record Holder

2008-09: Placed 12th in the 50 free (23.00) and 14th in the 100 fly (54.47) at the ACC Championships...part of the school record breaking 200 free relay team at the Championships (1:30.33)...competed at the USA Short Course National Championships in the 50 free (23.76), 100 free (52.34) and 100 fly (56.01).

2007-08: Swam the 100 fly (1:03.96) at the U.S. Olympic Trials... scored points at her first career ACC Championships with a 15th place finish in the 50 free (23.52) touching the wall in a personal best time of 23.44 in the prelims...also turned in a personal best 56.08 in her 18th place finish in the 100 fly and placed 22nd in the 100 free (51.98)...turned in a personal best time of 51.57 in the 100 free at the Georgia Tech Invitational

High School: Senior national finalist...four-year state finalist...four year All-Dade County selection... four year team MVP selection...captain of high school team...holds school records in seven individual events and all relay events...Citizenship Award winner...2007 Honor Roll member...member of the Miami Swimming club team coached by Andy DeAngulo.

Personal: Born August 8, 1989...enrolled in undergraduate studies...hopes to be on Dancing With the Stars someday...daughter of Pat and Michelle Selt.

TOP TIMES

| | |
|----------------|-------|
| 50 Free | 23.00 |
| 100 Free | 51.45 |
| 100 Fly | 54.47 |

ELYSSE ROWLAND



Diving
Sophomore- 5'3"
Chicago, IL
Loyola Academy

Honors: All-ACC Academic Team, ACC Academic Honor Roll, CSCAA Scholar Athlete Honorable Mention All-American

2008-09: Finished seventh on the three-meter at the NCAA Zone B Qualifier with a 12-dive total of 576.75...placed sixth on the three-meter (306.80), 15th on the platform (198.10) and 16th on the one-meter (249.15) at the ACC Championships...finished fifth on the platform (182.75) and eighth on the one-meter (227.20) and three-meter (244.85) at the Georgia Tech Diving Invitational...member of the ACC All-Academic team... member of the ACC Academic Honor Roll...named an Honorable Mention Scholar Athlete All-American by the CSCAA.

High School: Four-time All-American and two-time Illinois state champion...school and conference record holder for both six and 11 dives...undefeated in dual meet competition...diving MVP all four years of high school...three-time conference champion...qualified for AAU or U.S. National Diving Championships for seven consecutive years...placed second on the three-meter, seventh on the one-meter and 13th on the platform at the 2007 U.S. National Championships...attended training camp in China with the 2007 U.S. Junior National Team...member of the Loyola scholars...nominated for American Legion Girl's state...member of the Chicago Dive Club coached by Alik Sarkisian.

Personal: Born October 3, 1989...plans to major in education...daughter of Wade and Joan Rowland...has two sisters Brooke and Bailey...also goes by the nickname Lisi.

TOP SCORES

| | |
|---------------|--------|
| 1M..... | 280.20 |
| 3M..... | 306.80 |
| Platform..... | 198.10 |

JESSICA SABOTIN



IM
Sophomore- 5'11"
Altamonte Springs, FL
The Trinity School

Honors: All-ACC Academic Team, ACC Academic Honor Roll, School Record Holder, CSCAA Scholar Athlete Honorable Mention All-American

2008-09: Placed 45th in the 200 individual medley and 51st in the 400 individual medley at the U.S. World Championship Trials...broke the school record in the prelims of the 400 individual medley (4:14.32) en route to a fourth-place finish at the ACC Championships...also placed 10th in the 200 individual medley (1:59.91) and 13th in the 200 fly (2:01.02)...competed at the USA Short Course National Championships in the 200 IM (2:04.80), 400 IM (4:28.62) and 200 fly (2:06.72)...member of the All-ACC

Academic Team...member of the ACC Academic Honor Roll...named a Honorable Mention Scholar Athlete All-American by the CSCAA...Golden Torch Award winner for the highest GPA on the team...named Most Improved Women's Swimmer at the end of the season.

High School: Competed at the U.S. Olympic Trials in the 200 IM...finished third in the 200 IM and fourth in the 400 IM at the 2007 Summer Sectionals...earned her Olympic Trial qualifying mark in 2006...placed second in the 400 IM and fourth in the 200 IM at the 2006 Speedo Sectionals...ranked in the top 10 in the state of Florida in multiple events...helped break a 10-year old Florida state record in the 800 free relay in 2005...2007-08 USA Swimming Scholastic All-American...valedictorian of 2008 graduating class...swam for Patriot Aquatics club team coached by Clay Parnell.

Personal: Born February 10, 1991... majoring in early childhood education... daughter of Jeff and Debi Sabotin.

TOP TIMES

200 IM..... 1:59.31
 400 IM..... 4:14.32
 200 Fly 2:01:05
 200 Breast..... 2:19.05

STEPHANIE SARANDOS



Back/Free/IM
Sophomore- 5'7"
Waukesha, WI
Kettle Moranie

Honors: NCAA Qualifier, All-ACC, All-ACC Academic Team, CSCAA Scholar Athlete All-American, ACC Academic Honor Roll, School Record Holder

2008-09: Competed in the 2009 U.S. Open Swimming Championships...finished 37th in the 200 back at the U.S. World Championships Trials...competed in her first career NCAA Championships placing 25th in the 200 back (1:55.35) and 53rd in the 100 back with a personal best time of 54.71...earned All-ACC honors, broke the school record and qualified for the NCAA Championships with a third-place finish in the 200 back (1:55.18) at the ACC Championships...also finished 12th in the 100 back (54.76) and 14th in the

200 IM (2:01.42) and was part of the school record breaking 800 free relay (7:10.42) at the Championships...placed seventh in the 200 back with a NCAA provisional qualifying time of 1:57.23 at the USA Short Course National Championships...also competed in the 100 back (55.72) and 200 IM (2:06.08)...All-ACC Academic Team member...ACC Academic Honor Roll team member...named a Scholar Athlete All-American by the CSCAA.

High School: Placed 28th in the 200 back (2:15.06) and 42nd in the 100 back (1:03.39) at the U.S. Olympic Trials...qualified for the Olympic Trials in the 200 IM...holds four Wisconsin state records in five events including the 17-18 100m and 200m backstroke events as well as the 200m IM...holds 15 club team records and was team MVP for three consecutive seasons on the Waukesha Express...qualified for U.S. Junior and Senior Nationals in the 100 and 200 back and placed as high as second in the 200 back at Junior Nationals...member of the Humans Relations Correlation which focused on diversity and equality in schools...made the Honor Roll all four years of high school...member of the Wakesha Express club team coached by Blaine Carlson.

Personal: Born on October 19, 1989...majoring in exercise science...daughter of David and Bonnie Sarandos.

TOP TIMES

100 Back 54.71
 200 Back 1:55.18
 200 IM..... 2:01.42

CHARLOTTE BROADBENT



Back/Free
Sophomore- 5'4"
Sheffield, England
Tapton School

2008-09: Joined the team in January 2009... at the 2009 ACC Championship placed 27th in the 100 back (57.11) and 200 back (2:01.37) and finished 32nd in the 200 individual medley (2:05.33).

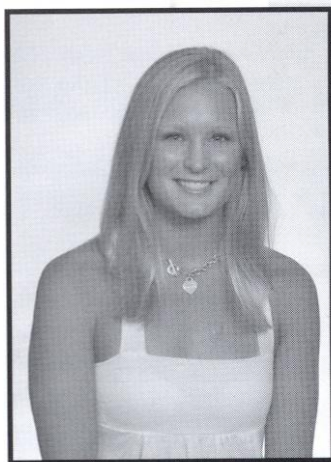
High School: Placed third in the 200 back at the 2007 British Championships...placed in the top 10 in the 200 back at the European Juniors in 200...11th place at Olympic Trials in 2009 for 100 and 200 backstroke...set her top long course times in the 200 back (2:17.3) and 100 back (1:04.2) in high school...member of City of Sheffield swim club coached by Russ Barber

Personal: Plans to major in communications...future aspirations include becoming a journalist for a top magazine in New York City... daughter of Lynn Broadbent.

TOP TIMES

| | |
|----------------|---------|
| 100 Back | 57.11 |
| 200 Back | 2:01.37 |
| 200 IM..... | 2:05.33 |

JAQ SCHROEDER



Diving
Junior- 5'5"
Minneapolis, MN
Edina/Minnesota

2008-09: Medical redshirt

2007-08 (Minnesota): Competed in the 2008 U.S. Diving National Championships where she placed third with current Seminole Aleia Monden in the 10-meter synchro competition...had the Gophers' top scores on all three boards...led the team with a 271.75 on the one-meter, a 298.28 on the three-meter and a 279.30 on the platform...named Big Ten Diver of the Week for her performance at the Minnesota Invite, finished first on the platform with a score of 279.30...tallied a score of 271.75 on the one-meter...finished second on the platform and fifth on the one-meter at the Hoosierland Open ...closed out the regular season with a platform win at the Quad Duals with a score of 269.25...led the Gophers on the platform and the one-meter at the Big Ten Championships...finished 11th on the three-meter and the platform at the NCAA Diving Zones.

2006-07 (Minnesota): Held the team's second-best diving score on the one-meter event (275.20)... started the season with a fourth-place finish against Iowa on the one-meter...competed on all three boards at the Minnesota Invite...placed sixth on the three-meter, ninth on the platform and 11th on the one-meter at the Georgia Invite (12/1)... finished third on the one-meter and fourth on the three-meter at the Triple Duals...finished 14th on the platform (223.60), 16th in the one-meter (237.80) and 29th on the three-meter (228.65) at the Big Ten Championships...competed at the NCAA Diving Zones finishing 18th on the platform.

High School: Was an All-American and All-State selection...broke a 30-year, 11 dive record as a member of the Hornets...three-time conference champion in 2003, 2004 and 2005...was named the team's most valuable diver in 2004 and 2005...named the 2006 Athena award winner, which is given to Edina's best female scholar athlete...also competed with the Twin City Divers coached by Jason Baumann...is a 13-time letterwinner with five letters in diving, three in gymnastics, three in synchronized swimming and two in cheerleading...was a 2005 state qualifier and All-State in gymnastics, 2004 qualifier in synchronized swimming and an All-American in cheerleading in 2003.

Personal: Born March 13, 1988...first name is Jacqueline...majoring in criminology...daughter of Tim and Rebecca Schroeder.

ANJA BUEHNER



Distance Free
Sophomore- 5'8"
Tallahassee, FL
Leon/Towson

2008-09 (Towson): Set a personal best in the 1650 free at the Bucknell Invitational.

High School: Swam with the ATAC club team coached by former FSU Swimming Head Coach Terry Maul.

Personal: Born December 22, 1989...major is biology...daughter of Randi and Tim Buehner.

COREY ALLISON



Distance Free
Freshman- 5'6"
Bradenton, FL
Lakewood Ranch

High School: Named to the All-Area Swim Team in 2008 and 2009...was a state qualifier in 2008...member of the All-Star team in 2009...received MVP honors at Lakewood Ranch...made YMCA Nationals Top 16 list twice (2007 and 2009)...swam for the Sarasota Sharks...coached by Steve Brown and Mark Matusak.

Academics: Scholar Athlete honors all four years of high school (2005-2009)...Renaissance Awards program.

Personal: Plans to major in nursing...was named Homecoming Princess and Prom Queen at Lakewood Ranch High School...daughter of Chad and Andrea Allison.

JAMIE BARRETT



IM
Freshman- 5'4"
Billings, MO
Butler

High School: State champion in 200 IM during 2006 season... eight-time All-American...NCSA Junior National record holder for 200 medley relay in 2007, as well as Top 8 finisher in 200 and 400 IM...Short Course National qualifier in the 100 and 200 back, 200 and 400 individual medley and 200 breast...Long Course National Qualifier in the 200 and 400 individual medley and 200 breast...named MVP two years during high school career...holds the Butler High School record in 200 IM, 400 IM, 200 Back, 100 Back, 200 Breast, 100 Breast, 100 Fly, 500 Free, 200 Free, 200 Free Relay...member of the WTRC Sharks coached by Erick Limkemann.

Academics: Member of National Honor Society...USA Swimming Scholastic All-American...representative for Spanish club...daughter of Audre and Dan Barrett.

KATIE COLEMAN



Fly
Freshman- 5'5"
Palm Harbor, FL
Palm Harbor

High School: Four-time NISCA high school All-American in the 100 fly...All-American in the 200 free her senior year...Four-time high school team MVP... conference record holder for four consecutive years in 100 fly...3A Florida high school state champion in 100 fly as a senior...senior national qualifier in the 100 and 200 fly...Olympic Trials qualifier for 200 fly in 2008.

Academic: Three-time Scholastic All-American...named to Dean's List throughout high school...member of National Honor Society...member of Spanish Honor Society...graduated Summa Cum Laude.

Personal: Plans to major in nursing and become a pediatric nurse practitioner...daughter of Keith and Carol Coleman.

MARISSA HARRINGTON



Distance Free
Freshman- 5'6"
Bradenton, FL
Manatee

High School: All-American in 500 free...named to 2008 Florida Zone Team...qualified for 2009 World Championship Trials...member of 2009 Open Water Select camp...swam for the Sarasota Sharks coached by Steve Brown, Ira Klein and Larry Shofe.

Academics: Graduated as valedictorian of Manatee High School...named Scholastic All-American for three consecutive years...member of National Honor Society.

Personal: Swam with Sarasota YMCA Sharks...plans to major in accounting...daughter of Greg and Kathy Harrington

EMILY HARRIS



Back/Free
Freshman- 5'11"
St. Louis, MO
Webster Groves

High School: Named All-American in the 100 backstroke and 200 freestyle...high school record holder in 100 backstroke...Ozark record holder in the 800 freestyle relay and 200 medley relay Senior National qualifier in the 200 back in 2008...U.S. Open qualifier...swam for the Parkway Swim Club coached by Nick Rudich

Academics: Three-time Scholastic All-American.

Personal: Plans to major in business and attend graduate school...older sister, Jenna, swims at the University of Virginia... daughter of Mark and Pam Harris.

JENNA JACOBY



Back/Fly
Freshman- 6'3"
Winchester, VA
Flint Hill

High School: Virginia state champion in the 100 back and 200 individual medley...four-time All-State selection...holds five school records...four-time high school MVP...team captain junior and senior year...swam for the Curl Burke swim club coached by John Flanagan.

Academics: USA Swimming Scholastic All-American...Potomac Valley Swimming Scholar Athlete award winner...named to Dean's List freshman, junior and senior years of high school...chosen for Headmasters List junior year.

Personal: Plans to major in education...aspires to get her Master's degree in education and have a family...sister Lauren swims for the University of Miami...daughter of Joseph and Irene Jacoby...father won three Super Bowls with the Washington Redskins.

KRISTINE POLLEY



Breast/IM
Freshman- 5'9"
Marietta, GA
Sprayberry

High School: Olympic trial participant in the 100 and 200 breast...Georgia state champion three consecutive years for 100 breast and two years for 200 IM...member of the 2007 USA Junior National team...participated in 2006 USA Swimming National Select Camp

Academics: Member of the National Honor Society...named an Academic All-American.

Personal: Plans to major in exercise science...swam with the Stingrays club team...daughter of Doug and Debbie Polley.

CASEY SANDLIN



Free
Freshman- 5'9"
Jacksonville, FL
Bolles

High School: Member of Florida State High School 1A Championship team for four consecutive years at The Bolles School... state finalist and junior national qualifier in 50 and 100 free...part of Florida state record breaking 400 free relay team...named All-American in 200 free and 400 free relays in 2008...coached by Sergio Lopez.

Academics: Named to Dean's List second honors four consecutive years.

Personal: Plans to major in communications and attend graduate school...member of the Fellowship of Christian Athletes...plans on opening a cupcake shop in the future...grandfather, Bob Sandlin, played football at the University of Tennessee...daughter of Rob and Anne Sandlin.

CAROLINE SMITH



Distance Free
Freshman- 5'5"
Lexington, NC
South Davidson

High School: Five-time high school swimming All-American... five-time North Carolina swimming champion...named NCHSAA 1A/2A state swimming MVP in 2009...North Carolina 1A/2A record holder for 100 backstroke...qualified for Olympic Trials in the 400 free in 2008...three-time YMCA long course national champion and current national record holder in the 400 free...Junior and Senior National qualifier...swam for the Rowan Swim Club coached by Matt Hall and Chris Moore.

Academics: Member of National Honors Society...named as USA Scholastic All-American three consecutive years...graduated with honors...Junior Marshall.

Personal: Future aspirations include a career in broadcasting or public relations...volunteers with the Special Olympics...danced with the Kristin Carroll Dance Company for 15 years...a member of Sigma Alpha Gamma...named "Miss Wildcat" and "Most Athletic" at South Davidson...daughter of Chris and Roxanna Smith...mother was a North Carolina All -State basketball player and played at High Point University.

WOMEN'S QUALIFYING STANDARDS

| Event | 25-Yard Course | | 25-Meter Course | | 50-Meter Course | |
|-----------------------|----------------|----------|-----------------|----------|-----------------|----------|
| | A | B | A | B | A | B |
| 50 Freestyle | :21.93 | :23.02 | :24.48 | :25.70 | :25.18 | :26.44 |
| 100 Freestyle | :47.84 | :50.23 | :53.40 | :56.07 | :54.74 | :57.48 |
| 200 Freestyle | 1:44.02 | 1:49.22 | 1:56.10 | 2:01.90 | 1:59.02 | 2:04.97 |
| 500 Freestyle | 4:38.46 | 4:52.41 | 4:03.63 | 4:15.83 | 4:10.42 | 4:22.96 |
| 1,650 Freestyle | 15:53.38 | 16:41.04 | 15:50.53 | 16:38.05 | 16:17.83 | 17:06.71 |
| 100 Butterfly | :52.02 | :54.62 | :58.06 | 1:00.97 | :59.32 | 1:02.29 |
| 200 Butterfly | 1:54.95 | 2:00.69 | 2:08.30 | 2:14.70 | 2:10.48 | 2:17.00 |
| 100 Backstroke | :53.01 | :55.66 | :59.17 | 1:02.13 | 1:02.15 | 1:05.26 |
| 200 Backstroke | 1:53.37 | 1:59.24 | 2:06.53 | 2:13.09 | 2:12.29 | 2:19.14 |
| 100 Breaststroke | :59.99 | 1:02.98 | 1:06.96 | 1:10.30 | 1:08.96 | 1:12.40 |
| 200 Breaststroke | 2:10.32 | 2:16.83 | 2:25.45 | 2:32.72 | 2:28.43 | 2:35.85 |
| 200 Individual Medley | 1:56.13 | 2:01.93 | 2:09.61 | 2:16.09 | 2:13.95 | 2:20.64 |
| 400 Individual Medley | 4:07.33 | 4:19.69 | 4:36.04 | 4:49.84 | 4:42.35 | 4:56.46 |
| 200 Freestyle Relay | 1:28.35 | 1:32.76 | 1:38.61 | 1:43.53 | 1:41.44 | 1:46.50 |
| 400 Freestyle Relay | 3:14.93 | 3:24.67 | 3:37.56 | 3:48.43 | 3:43.04 | 3:54.18 |
| 800 Freestyle Relay | 7:02.07 | 7:23.17 | 7:51.07 | 8:14.62 | 8:02.92 | 8:27.07 |
| 200 Medley Relay | 1:37.81 | 1:42.70 | 1:49.17 | 1:54.63 | 1:52.56 | 1:58.19 |
| 400 Medley Relay | 3:32.56 | 3:43.18 | 3:57.24 | 4:09.09 | 4:03.21 | 4:17.13 |



DIVING

1-Meter Diving Points—Dual 255*/265***

3-Meter Diving Points—Dual 270*/280***

Platform Diving Points—Dual 260*/225###

*qualifying point total when using a 1 voluntary +5 optional Dual Meet List

***qualifying point total when using six optional dives with standard D.D.

###qualifying point total when using five optional dives with standard D.D.

