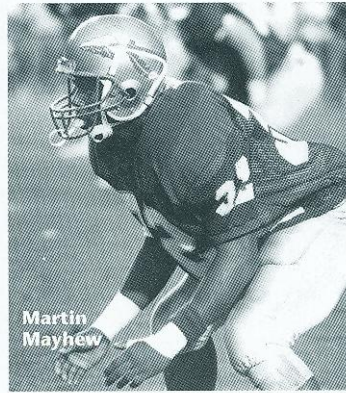




Terrell Buckley

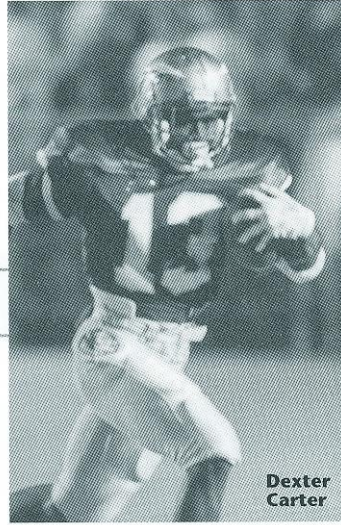
teams. An honorable mention All-American at defensive back, Mayhew teamed with Deion Sanders to give FSU to of the most talented cornerbacks in the nation.



Martin Mayhew

Dexter Carter

Dexter Carter was the starting tailback for the Fiesta Bowl Champion Seminole football team in 1989. Carter was a member of the 1988 4x100-meter relay team that recorded the second fastest time in Florida State history at 39.40. Carter was drafted by the San Francisco 49ers in the first round of the 1990 NFL Draft.



Dexter Carter

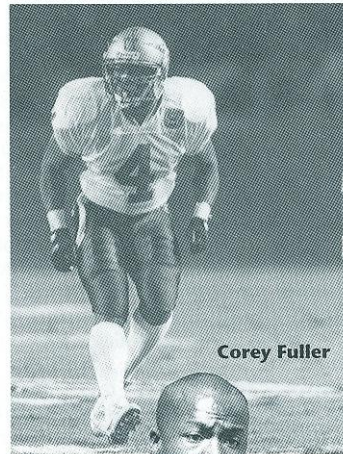
"We encourage the participation between both the track and field squad and the football team. Coach Terry Long and the Florida State track and field staff have worked with our athletes' strength and speed and have really helped them to rally improve themselves. We are really proud and thankful for the outstanding track program here at Florida State."

*— Bobby Bowden,
Head Football Coach*

track athletes

Terrell Buckley

Terrell Buckley won the 1991 Jim Thorpe Award as the nation's top defensive back after setting the Seminole single season interception mark with 12. A key member of the FSU track team in the sprints and relays, Buckley was a first round draft pick of the Green Bay Packers and currently plays for the Miami Dolphins.



Corey Fuller

Corey Fuller

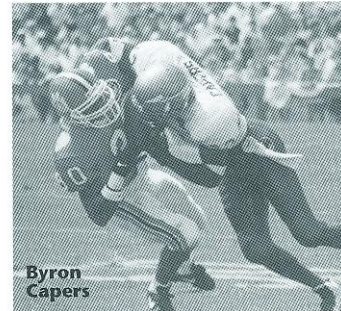
Corey Fuller was drafted by the Minnesota Vikings in the second round of the 1995 NFL Draft. Fuller played cornerback on the 1993 National Championship team and was a member of the 1994 ACC Indoor Championship track team.



Corey Fuller

Martin Mayhew

Martin Mayhew was a standout performer on the 1986 and 1987 sprint relay



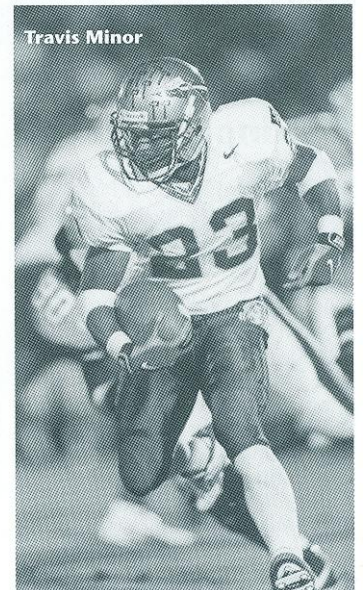
Byron Capers

Byron Capers

Byron Capers earned All-America status on the track of the 4x100-meter relay team in 1996. Capers also a first team All-ACC selection at cornerback that year and helped FSU record their second undefeated regular season in school history.

Travis Minor

Travis Minor, the starting tail-back for the FSU football team, saw his first year of action as a sprinter on the FSU track team as a freshman in 1998. The leading rusher for the Seminoles over the last two seasons, Minor was named the ACC Rookie of the Year in 1997 and first-team All-ACC in 1998.



Travis Minor

T WOMEN

R Lady Seminoles

A	60m Dash	Michelle Finn	6.72	1986
	60m Hurdles	Kim Batten	7.67	1991
	200m Dash	Sheryl Covington	23.86	1993
C	400m Dash	Janet Davis	54.21	1984
	800m Run	Rikke Ronholt	2:05.84	1999
K	Mile Run	Margaret Coomber	4:45.79	1984
	3,000m Run	Gale Grant	9:55.90	1981
	4X400m Relay	Sophia Danvers, Maria Embon, Erica Shepard, Yashiva Edwards	3:33.59	1996
	Long Jump	Sonya Blades	21'8.5"	1990
&	Triple Jump	Esmeralda Garcia	44'4"	1985
	High Jump	Holly Kelly	6'1/4"	1989
	Shot Put	Shannon Cook	49'3"	1997
	20lb. Weight	Lakeisha Mose	62'5"	1998

F ACC Women's Indoor

I	60m Dash	Stacey Minott, Maryland	6.80	1998
	60m Hurdles	Andria King, Georgia Tech	7.47	1998
E	200m Dash	LaTasha Colander, North Carolina	23.50	1998
	400m Dash	Monique Hennagan, North Carolina	52.88	1998
L	800m Run	Rikke Ronholt, Florida State	2:05.84	1999
	Mile Run	Rosalind Taylor, Maryland	4:42.92	1989
	3,000m Run	Katrina Price, N.C. State	9:25.35	1991
D	5,000m Run	Laurie Gomez, N.C. State	15:55.26	1991
	4X400m Relay	Florida State (Danvers, Embon, Shepard, Edwards)	3:33.59	1996



Chinette Johnson

FSU MEN'S AND WOMEN'S

indoor records

28

Distance	Wake Forest	11:40.26	1999
Medley Relay	Natasha Alleyne, Georgia Tech	1.89m/6'2.25"	1992
High Jump	Trinette Johnson, Florida State	6.45m/21'2"	1993
Long Jump	Nicole Gamble, North Carolina	13.62m/44'8 1/4"	1999
Triple Jump	Kelly Bodiford, Virginia	15.65m/51'4.25"	1991
Shot Put	Lakeisha Mose, Florida State	19.05m/62'5"	1998

NCAA Women's Indoor

60m Dash	Gwen Torrence, Georgia	6.56	1987
60m Hurdles	Michelle Freeman, Florida	7.34	1992
200m Dash	Merlene Otley, Nebraska	22.79	1982
400m Dash	Maicel Malone, Arizona State	51.05	1991
800m Run	Meredith Rainey, Harvard	2:02.77	1990
Mile Run	Vicki Huber, Villanova	4:28.31	1988
3,000m Run	Pattie Sue Plummer, Stanford	8:53.54	1983
5,000m Run	Sonia O'Sullivan, Villanova	15:17.28	1991
High Jump	Lisa Bernhagen, Stanford	6'5 1/2"	1987
Long Jump	Carol Lewis, Houston	22'3"	1985
Triple Jump	Sheila Hudson, California	45'9"	1990
Shot Put	Regina Cavanaugh, Rice	57'11 3/4"	1986
4x400m Relay	Texas	3:30.27	1999

MEN

Seminole Indoor

60m Dash	Philip Riley	6.56	1994
60m Hurdles	Arthur Blake	7.56	1988
200m Dash	Jonathan Carter	21.09	1994
400m Dash	Kevin Ansley	46.73	1993
800m Run	Rob Circelli	1:48.86	1991
Mile Run	Cliff Cook	4:05.60	1979
3,000m Run	Herb Wills	8:04.10	1982
5,000m Run	Herb Wills	14:00.10	1982
4X400m Relay	Leander McKenzie, Charlie Carr, Vince Washington, Reggie Ross	3:08.67	1984
Shot Put	Mike Bell	59'0"	1987
Pole Vault	Jeff Bray	18'1/2"	1993
High Jump	Darrell Wills	7'3 1/2"	1986
Long Jump	Billy Close	25'6 1/4"	1987
Triple Jump	Kelsey Nash	53'11 1/4"	1994
35lb. Weight	Jody Lawrence	65'2 1/4"	1999

ACC Men's Indoor

60m Dash	Michael Green, Clemson	6.10	1993
60m Hurdles	Larry Ryans, Clemson	7.12	1992
	Duane Ross, Clemson	7.12	1993
	Philip Riley, Florida State	7.12	1994
200m Dash	Milton Campbell, North Carolina	20.56	1998
400m Dash	Reggie Harris, North Carolina	45.94	1992
800m Run	David Krummenacker, Georgia Tech	1:47.40	1998
Mile Run	Tony Waldrop, North Carolina	3:56.4	1974
3,000m Run	Nolan Swanson, Wake Forest	8:03.50	1999
5,000m Run	Pat Joyce, North Carolina State	14:01.26	1998
4x400m Relay	Georgia Tech (T. Motiejunas, J. Motiejunas, Johnson, Taylor)	3:06.00	1998
Distance	N.C. State	9:54.23	1999
Medley Relay	N.C. State	9:54.23	1999
High Jump	Eric Bishop, North Carolina	7'4 1/2"	1998
Long Jump	Allen Johnson, North Carolina	26'8 1/2"	1993
Triple Jump	Mike Patton, N.C. State	54'4 1/2"	1988
Pole Vault	Jeff Bray, Florida State	18' 1/2"	1993
Shot Put	Mike Spiritoso, Clemson	63'4"	1987

NCAA Men's Indoor

60m Dash	Lee McRae, Pittsburgh	6.00	1986
60m Hurdles	Renaldo Nehemiah, Maryland	6.89	1979
200m Dash	Michael Johnson, Baylor	20.59	1989
400m Dash	Tyrone Kemp, Florida	45.78	1990
800m Run	Paul Ereng, Virginia	1:44.84	1989
Mile Run	Tony Waldrop, North Carolina	3:55	1974
3,000m Run	Joe Falcon, Arkansas	7:46.42	1989
5,000m Run	Suleiman Nyambui, Texas El Paso	13:20.4	1981
High Jump	Hollis Conway, SW Louisiana	7'9 1/4"	1989
Long Jump	Carl Lewis, Houston	27'10 1/4"	1981
Triple Jump	Charlie Simpkins, Baptist	57'5"	1981
Pole Vault	Jacob Davis, Texas	19'2 1/4"	1999
Shot Put	Terry Albritton, Stanford	70'6 1/2"	1977
4X400m Relay	Baylor	3:04.89	1992

Sprints

The Lady Seminole sprint unit should be the strength of the team with the top five finishers from last season returning for competition in the year 2000. The talented group will be led by a pair of senior All-ACC performers in Tonya Carter and Samantha George. Carter led the team in the 100m and 200m events last season while finishing second in the conference in the 100m competition. This season should find her in the conference and national spotlight. Teammate George represented FSU with a seventh place finish in the 400m event at the NCAA Outdoor Championships. She will enter her senior season as the top Seminole sprinter in the 400m and a serious

are looking for her to make an immediate impact and give FSU a dynamic hurdling duo.

Multi-event star Chinette Johnson will be counted on to contribute points in both hurdle events. Young talents Myesha Miller and Riunite Carter will hone their skills in preparation for future competition.

Middle Distance

The middle distance team will feature one of the most talented tandems in the conference. George and sophomore Laura Gerber will both be in the mix for the conference title in the 800m event. Both runners possess the potential to achieve

name for herself as a hard worker and should develop into a key contributor.

Horizontal Jumps

Mullings and Chinette Johnson will lead the talented unit that will be one of the best in the conference. Mullings will look to build upon a solid junior year in which she qualified for the NCAA Outdoors in the long jump, recorded a first-place finish at the FSU relays, and jumped her way into the FSU record books with the sixth best mark in Seminole history. She should also be a force in the triple jump after leading the Lady Seminoles in that event as well.

Ms. Versatility, Chinette Johnson, will showcase her diverse talent in both jumping events while true freshman Jones should contribute immediately in the long jump competition. Sophomore Taressa Davis will continue her learning process after putting in a solid freshman year.

Vertical Jumps

Twins Michaela and Shannon Steele will head up the experienced high jump team. Michaela led the team last season with sibling Shannon right behind her. Chinette Johnson, whom coaches believe has national caliber potential in this event

FLORIDA STATE UNIVERSITY

WOMEN'S PREVIEW

contender for the conference and national title. Senior Zuzette Mullings and junior Teresa Bundy are proven winners who will also push for conference recognition. Mullings had strong performances last season in the 100m and 200m while Bundy will continue to be a solid contributor in the 100m, 200m, and 400m. Sophomore Nakeya Crutchfield will also be a force after an impressive collegiate debut. Jennifer Mayhue, Taressa Norton, Shauna Quinn, Amber Russell, and Tangela Wobbleton will all provide valuable depth while preparing for future competition.

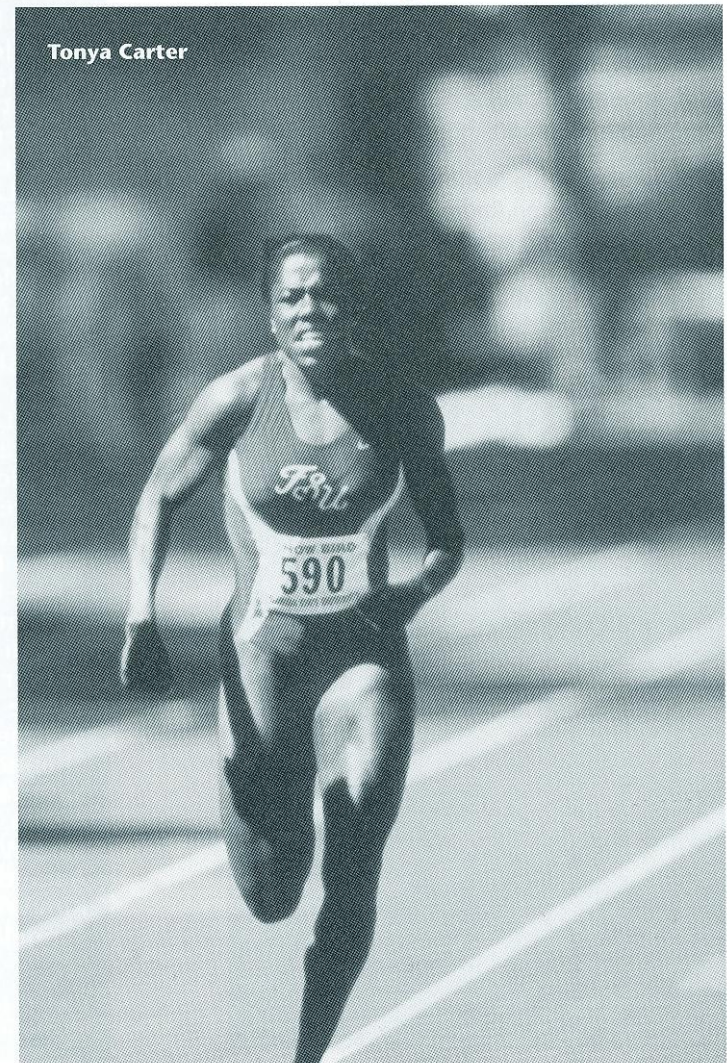
Hurdles

The success of the hurdling unit will rest in the capable hands of junior Ayana Townsend and freshman Kimberly Jones. Townsend led the Lady Seminoles in all hurdle events last season while adding her name to the Seminole record books. She should be a contender for conference honors in the 100m and 400m hurdles. Jones has impressed early with her strong work ethic. Coaches

national honors as well in the event. George and Gerber are also key members of the defending 4x400m relay conference champions. Sophomore Dana Glover will also contribute in the 800m and 1500m events after putting a year of experience under her belt. Senior Diana Hartnup will pace the 1500m runners as the top returning competitor in that event. Sophomore Kingsley Broughton should continue to improve and evolve into a solid contributor.

Distance

The distance squad has an optimistic future outlook behind the legs of youthful runners. Freshman Katie Jeffrey and Kristy Connell will look to excel in their first year of competition after impressive cross country campaigns. Jeffrey was the first Seminole in five years to be named to the All-Region cross country team while Connell surprised many by making an immediate impact in the ACC. Junior Cynthia Campbell will be a force in the 3K and 5K after a successful cross country season. Freshman walk-on Andrea Dulmage has made a



Tonya Carter

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T as well, will join the sisters to form one of the top
 R units in the ACC. Talented freshman Jessica
 A Chaplinsky should blossom during the outdoors as
 C she gets comfortable competing on the collegiate
 K level. The pole vault unit should be competitive
 & behind two veteran athletes. Lindsay Adkins-
 F Osborn, the school record holder in the pole vault,
 I will push for conference honors this season with
 E senior Nikki Allen not far behind. Allen, who took
 L up pole vaulting after a three-year FSU
 D cheerleading career, has made significant strides in
 limited time. Sophomore Ashley Moyer has
 impressed coaches with her progress over her
 freshman year by improving her mark two feet in
 two years.

Throws

This ultra-talented group of women combine
 to form one of the best throwing units in Seminole
 history. Former ACC Champion LaKeisha Mose
 should make a triumphant return after redshirting
 last season. Mose should be a force on the confer-
 ence and national level. The surprise of last season
 was the emergence of true freshman Makiba
 Batten. The former Junior National All-American

FLORIDA STATE

28 contributed immediately and finished the indoor
 season as the runner up in the shot put. Coaches
 are excited about her potential and will look for her
 to develop into one of the top competitors in the
 shot put and discus events. Juniors Sara White and
 Kerry Miano have continued to show improvement
 and should evolve into effective contributors.
 Sophomore Nicole Scott and transfers Alanyia
 Johnson and Karen Rademeyer will add depth to
 the already strong unit. Shannon Steele returns for
 her senior year as the runner-up in the conference
 javelin competition. She will push for the confer-
 ence title this season while continuing her ascent
 up the FSU record books.

Heptathlon

Junior Chinette Johnson will look to extend her
 legacy as one of the best all-around athletes in
 Seminole history. In addition to contributing her
 talents to several events, she is also a conference
 contender in the heptathlon competition. She
 currently holds the third and fourth best point
 totals in FSU history and should eclipse both this
 season.

FLORIDA STATE

Women's Roster

NAME	EVENT	CL	HOMETOWN
Lindsay Adkins-Osborn	Jr.	J	Pensacola, FL
Mizar Aleman	Fr.	D	Lake Mary, FL
Nikki Allen	Sr.	J	Tallahassee, FL
Brooke Bastien	Fr.	D	Brooksville, FL
Makiba Batten	So.	T	Detroit, MI
Sara Bergeron	Fr.	D	Jupiter, FL
Kingsley Broughton	So.	D	Ponte Vedra Beach, FL
Teresa Bundy	Jr.	S	Cleveland, OH
Cynthia Campbell	Jr.	D	St. Catherines, On
Shelby Cannon	Sr.	J	Centerville, VA
Riunite Carter	Fr.	H	Rivera Beach, FL
Tonya Carter	Sr.	S	Douglasville, GA
Molly Castner	Fr.	D	Oakridge, TN
Jessica Chaplinsky	Fr.	J	Bradenton, FL
Kristy Connell	Fr.	D	Ocala, FL
Nakeya Crutchfield	So.	S	Coatsville, PA
Taressa Davis	So.	J	Durham, NC
Andrea Dulmage	Fr.	D	Orlando, FL
Trinetta Fisher	So.	J	Hollywood, FL
Vanessa Fuchs	Jr.	T	Pompano Beach, FL
Mary Jane Gaskins	Jr.	D	Jacksonville, FL
Samantha George	Sr.	S	Brampton, ON
Laura Gerber	So.	MD	Mies, Switzerland
Dana Glover	Jr.	MD	Miami, FL
Misty Harper	Fr.	D	Seminole, FL
Diana Hartnup	Sr.	D	Sarasota, FL
Katie Jeffrey	Fr.	D	Kanata, ON
Alanyia Johnson	Fr.	T	Miramar, FL
Chinette Johnson	Jr.	H/J	Tallahassee, FL
Kimberly Jones	Fr.	H/J	Greensboro, NC
Jennifer Lands	So.	D	Boca Raton, FL
Erica Lazarus	Jr.	D	Wellington, FL
Melissa Lyons	Jr.	D	Miami, FL
Jennifer Mayhue	Sr.	S	Toronto, Canada
Erin McGee	Fr.	D	Gulf Breeze, FL
Kerry Miano	Jr.	T	Sound Beach, NY
Myesha Miller	So.	H	Jacksonville, FL
LaKeisha Mose	Sr.	T	Lake Wells, FL
Ashley Moyer	So.	J	Wauchula, FL
Zuzette Mullings	Sr.	S/J	Ellicott City, MD
Sandra Murphy	Jr.	D	Ft Lauderdale, FL
Teri Norton	Sr.	S	Thonotosassa, FL
Chinyelu Nwobu	Fr.	J	Houston, TX
Shauna Quinn	So.	S	Hempstead, NY
Karen Rademeyer	Jr.	T	Tulsa, OK
Eilene Reed	Fr.	J	Jacksonville, FL
Megan Robbins	So.	J	Edmond, OK
Brandi Rook	Fr.	D	Tallahassee, FL
Amber Russell	Fr.	S	Knoxville, TN
Nicole Scott	So.	T	Willingboro, NJ
Michaela Steele	Sr.	J	Parkland, FL
Shannon Steele	Sr.	T	Parkland, FL
Sara Tatum	Fr.	D	Deerfield Beach, FL
Ayana Townsend	Jr.	H	Elkins Park, PA
Sara White	Jr.	T	Port Charlotte, FL
Amanda Wilson	So.	D	Tampa, FL
Kim Winn	So.	D	Tallahassee, FL
Tangela Wobbleton	Jr.	S	Stuart, FL

Key: J - Jumps; S - Sprints; H - Hurdles; PV - Pole Vault; ME - Multi-Events;
 MD - Middle Distance; T - Throws; HJ - High Jump; D - Distance; R - Relays

Lindsay Adkins-Osborn

Senior, Jumps
Pensacola, FL
(Woodham HS)
Collegiate Bests: Pole Vault (10-10), High Jump (5-0.25)



Nikki Allen

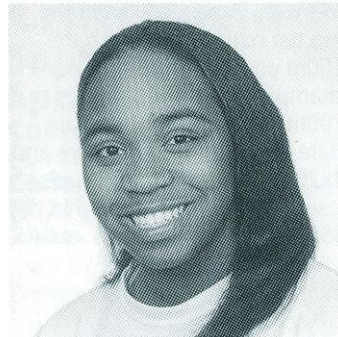
Senior, Pole Vault
Tallahassee, FL
(Godby HS)
Collegiate Bests: Pole Vault (11-03)



Looks to become FSU's top female pole vaulter in only her second season...a strong athlete who made rapid improvements

Makiba Batten

Sophomore, Throws
Detroit, MI (Renaissance HS)
Collegiate Best: Shot Put (46-6.25), Discus (159-11), Javelin (112-1)



Florida Invitational...placed second in the shot put event at the ACC Indoors...turned in her best performance of the year at the Seminole Twilight Invitational with season best distance in the shot put (46-1.50) and discus (159-11)...efforts at the Seminole Twilight meet went down as the second best discus throw and sixth best shot put mark in FSU history...took home first place in both the shot put and discus at the South Florida Invitational...showcased diverse talents by finishing seventh in the javelin event at the ACC Outdoors...**Prep:** All-state, all-region and all-city through all four years at Renaissance High School...participated in volleyball and basketball in addition to track

FLORIDA STATE

Women's profiles

Top performer in the pole vault competition for the Lady Seminoles in 1999...versatile athlete who also competes in the high jump event...an All-ACC academic honoree...**1999:** Tied for eighth place at the ACC Indoors...recorded a collegiate best mark of 10-10 to finish fourth in the pole vault event at the ACC Outdoors...placed sixth in the high jump competition at the South Florida Invitational...**1998:** Turned in her best mark of the indoor season at the Barnett Bank Invitational (7-10.50)...placed eighth overall at the ACC Outdoor Championships with a vault of 8-10.25... finished third at the Florida Intercollegiate at 8-6.25... recorded a collegiate best vault of 10-0 at the Seminole Twilight...**Prep:** Woodham Hall of Fame inductee who owns the school's high hurdle record...qualified for regionals during senior year, but did not participate due to injury...salutatorian who has named the most outstanding senior girl...lettered in volleyball, track and field and cross country...**Personal:** Born July 31, 1978...a nursing major...has found time to work with the Florida Institute of Certified Public Accountants and at Tallahassee Memorial Hospital during time off from school and track.

during her first year with the team...a former FSU cheerleader who joined the track and field team as a junior...**1999:** Earned two second-place finishes during the 1999 Out-door season in the pole vault at the Jacksonville Invitational and the U.S. Collegiate Track and Field Series...made the Dean's List in 1999...**Prep:** Participated in soccer, softball and cheerleading at Godby High School...competed in gymnastics for eight years at the Tallahassee Gymnastics Center...**Personal:** Earned a bachelor's degree in sport management and is currently pursuing a master's in social science education...was a member of Florida State's National Champion Cheerleading squad in 1997...celebrates a July 14, 1977 birthday.

Turned in a superb freshman campaign by making an immediate impact...turned in performances among the best in FSU history in her first year of competition...will team with Lakeisha Mose to form one of the top throwingduos in the conference in 2000... **1999:** Recorded a third place finish in the shot put event in her first collegiate meet...finished first among collegiate competitors at the

and field...an honor roll student who was involved in numerous high school activities...**Personal:** Born October 26, 1980...a nutrition and fitness major...cousin of world record holder and FSU volunteer assistant Kim Batten...spent the summer working as a supervisor for a domestic violence program...rooms with freshman sprinter Nakeya Crutchfield.



Nikki Allen

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Teresa Bundy
Junior, Sprints
Cleveland, OH
(Cleveland Heights HS)
Collegiate Bests:
55m (7.07), 100m
(11.61), 200m (24.18)



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D Has the ability to become one of the top sprinters in the conference...a key member of the relay

with a time of 7.59...placed second only to Kim Batten at the FSU Relays in the 100m (11.77) ...took second in the 100m (11.64) and fourth in the 200m (24.62) at the Florida Intercollegiates...scored at the ACC Outdoors with a fifth place effort and collegiate best time of 11.61 in the 100m...placed third in the 100m (11.79) and the 200m (24.18) at the FSU-Nebraska-UF tri-meet...**Prep:** Ranked in the top ten nationally in both the 100m and 200m...Ohio state champion in the 100m and 200m as a junior...also ran on state championship 4x100m and 4x200m relay teams as a junior ...set the Ohio state record in the 55m with a time of 7.12...state MVP in 1996...selected FSU over numerous national track powers ...**Personal:** A psychology major...born on Valentine's Day,

country meets during the fall...second on the team in three other competitions...placed 8th at the South Florida Invitational in the 5K...registered her best time of the season (17:46) while finishing 26th at the NCAA District IX South Regional Championships...**1998:** Recorded personal best 5K time of 17:39 at Auburn Invitational during cross country season...ran a 5:14.70 mile and 2:23.66 800m at the ACC/SEC Challenge during indoor track season...clocked in at 4:50.63 in the prelims of the ACC Outdoor 1500m...won the Seminole Twilight 5K with a time of 18:30.19...**Prep:** Finished third at the 1996 Canadian Junior National 5K...placed sixth at the 1997 Ontario High School

Tonya Carter
Senior, Sprints
Douglasville, GA
(Alexander HS)
Collegiate Bests: 55m
(6.90), 100m (11.32),
200m (23.48)

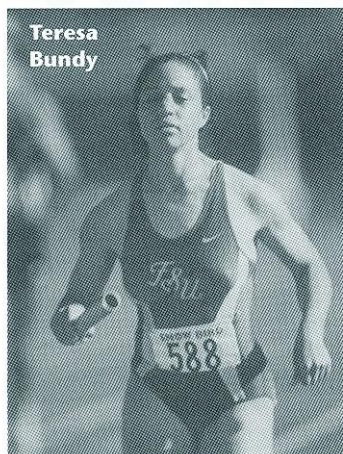


Top sprinter for the Lady Seminoles who enjoyed a record-

FLORIDA STATE

Women's profiles

30



team...returns to competition after working through some injuries the previous year...should provide excellent depth to a talented group of sprinters...**1999:** Redshirted during the outdoor season...finished as FSU's second fastest runner in the 55m and first in the 200m at the Florida Intercollegiates during the indoor season...added another second-place finish among FSU sprinters in the 55m at the SEC/ACC Challenge...had the fourth best time in the conference in the 55m and the 10th best time in the 60m dash...**1998:** Ran indoor best 55m time of 7.07 at the Florida Invitational...turned in top indoor 200m mark at ACC/SEC Challenge (25.84)...finished sixth overall in the ACC Indoor 55m

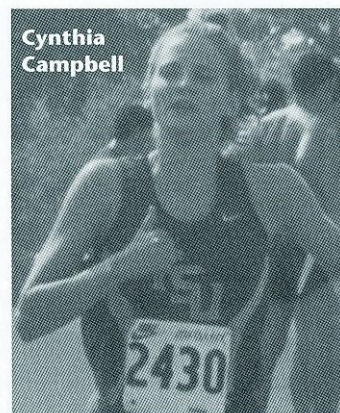
1979...sister, Adrienne, ran track at Kentucky...rooms with teammate Ayana Townsend and former FSU All-American Yashiva Edwards.

Cynthia Campbell
Junior, Distance
St. Catherines, Ontario
(Sir Winston Churchill HS)
Collegiate Bests:
5K (17:39)



The Seminoles' most experienced distance runner this season...solidified her place as a team leader during the cross country season this fall...**1999:** Finished as the Seminoles leading 5K runner in two cross

Championships 3K...named senior athlete of the year in 1995-96...a three-time MVP of cross country and track teams...finished 15th at the Canadian Junior National Cross Country Championships...**Personal:** An



International Affairs major...born June 22, 1978...former athlete representative of Niagara Olympic Club...rooms with sophomore hurdler Fiona Norwood...named to dean's list as a freshman...father, Brian, is an active marathon runner and decathlete.

setting junior year...a returning All-American who will be in the hunt for NCAA and ACC honors again this year...set personal collegiate bests in all three of her events for the second year in a row...had a strong showing at the 1999 USA Indoor Track and Field Championships where she held her own against some of the world's best including Olympic Gold Medalist Gail Devers...one of FSU's top conditioned athletes who continues to improve...**1999:** Finished second in the 55m at the Florida Intercollegiates to start the indoor season...recorded a personal best time of 6.90 at the Florida Invitational to finish second...took home first pace for her efforts at the ACC/SEC Challenge...led the Atlantic Coast Conference in the 55m...placed second in the 60m and third in the 200m at the ACC Indoor Championships...led the team in the outdoor season with top times in the 100m and 200m...recorded a personal best time of 11.32 in the 100m at the ACC Outdoors...finished first at the FSU, UF, Fresno State, Illinois Quad-Meet in the 200m competition...member of 4x100m relay team that took home first place at the FSU Relays with a time of

44.72...**1998:** Finished third at the Florida Invitational with a collegiate best 55m time of 7.05...placed third at the ACC Indoors in the 60m dash (7.49) ...advanced to the finals of the USA Indoor Championships in the 60m and finished eighth at 7.50...took third at the ACC Outdoors in the 100m with a collegiate best time of 11.48 and sixth in the 200m (24.18)...recorded a collegiate best 23.75 in the 200m at the Seminole Twilight...**1997:** Placed sixth in the 55m at the ACC Indoors in

Kristy Connell
Freshman,
Distance
Ocala, FL (Bellevue HS)



A highly regarded freshman who established herself early in the cross country season...a potential conference scorer in the 3000m

...chose FSU over the University of Florida, University of South Florida and the University of Central Florida...roommate is freshman teammate Katie Jeffrey...Kristy and her twin sister celebrate on August 1, 1981 birthday.

Nakeya Crutchfield
Sophomore,
Sprints
Coatesville, PA
(Coatesville HS)
Collegiate Bests: 55m
(7.27), 100m (11.47),
200m (24.12)



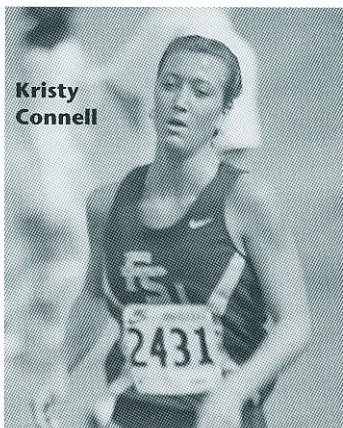
Saw early action as a freshman in the 100m and 200m...looks to emerge as one of FSU's top sprinters...**1999:** Recorded a 7.27 in the 55m dash in her first two collegiate competitions ...took home first place in the 100m competition at the FSU Relays...finished third in the 100m at the ACC Outdoors with a personal best time of 11.47... placed fourth in the 200m at the Seminole Twilight Relays with a time of 24.12...member of 4x100m relay team that took home first place at the FSU Relays...**Prep:** A three-year all-state selection in track and field ...turned in personal bests of 11.64 in the 100m and 23.85 in the 200m...an all-state basketball selection as a senior at Coatesville...played four years of each sport...also participated in student council and the National Honor Society...**Personal:** Born September 16, 1980...enrolled in FSU's undergraduate studies program...rooms with freshman thrower Makiba Batten.

Taressa Davis
Sophomore,
Jumps
Durham, NC (Southern
Durham HS)
Collegiate Bests: 100m
hurdles (16.25), long
jump (17-2), triple jump
(39-0.25)



Will look to build upon successful true freshman year...a multi-

and 5000m...led women's cross country team in only her second collegiate race at the Stanford Invitational in the fall...finished as one of FSU's three fastest runners in four of five races during the fall cross country season...set a new school freshman record in this year's 2x2 mile time trial with a time of 12:14...**Prep:** was a state qualifier in the mile run...MVP of both the track and cross country teams all four years of high school...named all-state in swimming her freshman and sophomore years...**Personal:** comes from a very athletic background...father was an All-American swimmer at Florida State and is ranked among FSU's top ten in the 200m breaststroke



Kristy Connell



Tonya Carter

7.07...finished third in the 100m (12.07) and eighth in the 200m (25.14) at the Snowbird Invitational...ran 11.85 in a fifth place 100m effort at the Florida Relays ...took fifth at the Florida Intercollegiate in the 100m with a time of 12.16 and a season best 24.72 in the 200m...placed ninth at the ACC Outdoors in the 100m (12.11)...**Prep:** County and region record holder in the 100m and 200m...won the state championship (GA) in the 100m and finished second in the 200m as a junior...named MVP of track team all four years at Alexander High...member of 4x100m relay team that finished second at the National Junior Olympics...an all-state band selection...**Personal:** A psychology major...born March 22, 1978...rooms with jumper Shelby Cannon...a Golden Nole winner for academics who was also named to the All-ACC honor roll.

talented athlete who looks to make an impact in the conference this year...**1999:** Started the year with two top 10 finishes in the triple jump competition at the Florida Intercollegiate and Florida Invitational...mark of 39-0.25 in the triple jump placed her in the top ten in the conference for the indoor season...took home second place in the triple jump at the Seminole Twilight competition...displayed her versatility by competing in the 100m hurdles and long jump events...**Prep:** had a career best 40' in the triple jump at the 1997 AAU Nationals earning her second place...1997 State of North Carolina champion in the indoor and outdoor triple jumps...member of the National Honor Society and a Mu Alpha Theta member...**Personal:** A nutrition and movement science major...lives with fellow freshman teammates Laura Gerber and Shauna Quinn...born June 3, 1980.

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Samantha George
Senior, Sprints
Brampton, Ontario
(Notre Dame HS)
Collegiate Bests: 200m (23.66), 400m (51.98), 800m (2:10.11)



Transfer from Northern Arizona University that has been a great

finished eleventh overall at the NCAA Indoor Championships... ran a season best time in the 200m at the ACC Outdoors... recorded an NCAA automatic qualifying time of 51.98 by winning the 400m at the South Florida Invitational...51.98 mark was the fourth best in FSU history...advanced to the semi-finals of the 400m competition at the NCAA Outdoor Championships before missing out on a chance for the title...**1998:** Won the Big Sky 400m outdoor title and finished second in the 200m at that meet...took second in the 400m and third in the 200m at the Big Sky Indoor Championships...placed tenth at the NCAA Indoors and 13th at the NCAA Outdoors in the 400m...a two-time Big Sky Athlete of the Week honoree...**1997:** Redshirted...**1996:** Finished third in the

Laura Gerber
Sophomore, Middle Distance
Geneva, Switzerland
(Chisipite Senior)
Collegiate Bests: 400m (54.21), 800m (2:08.78)



Excelled during true freshman campaign to lead the Lady Semi-

Katie Jeffrey
Freshman, Distance
Kanata, Ontario
(Holy Trinity HS)



Bounced back from a summer stress fracture in her leg to finish as the cross country teams top

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addition to the team...will strive for national recognition after a strong junior season... competed in both the Indoor and Outdoor National Championships...**1999:** Recorded top five finishes in the first three meets to start the indoor season...eclipsed last year's season best time in the 800m at the Florida Invitational...finished the indoor season with the second best times in both the 400m and 800m...member of All-ACC 4x400m relay team that

400m and ran on two second place relay teams (4x400m, distance medley) at the Big Sky Indoor Championships...placed fourth in the 400m at the Big Sky Outdoors...**Prep:** A 1994 graduate of Notre Dame High... a five-time letter winner in both track and cross country...named MVP and Athlete of the Year in both sports...**Personal:** One of five Ontario (Canada) natives on the 1999 men's and women's rosters...a social science major... born August 7, 1976.

noles in the 800m competition... returning ACC Champion in both the 800m indoor and outdoor competitions...**1999:** Showed improvement in her marks over the course of the indoor season...took home first place at the Iowa State Invitational in the 800m competition...captured the ACC title in the 800m and posted the conference best time in the event for the indoor season...member of the 4x400m relay team that placed eleventh at the NCAA Indoor Championships and competed in the NCAA Outdoor Championships...recorded a season best time of 54.21 in the 400m competition at the FSU Relays...took home first place at the Florida Relays in the 800m event with a team best 2:08.78 ...finished the season as one of the top five ACC performers in both the 400m and 800m...**Prep:** Recorded a time of 55.06 in the 400m and 26.40 in the 200m at the age of 16...broke the Zimbabwe Senior record in the 400m and 4x400m...participated in track, horseback riding, squash and tennis in high school...**Personal:** Brother, David, was chosen to run the 800m in the Olympics for South Africa...plans to pursue a career in coaching... born October 29, 1980.

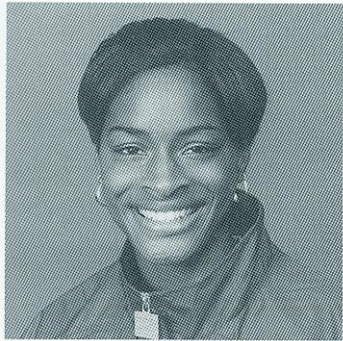
runner...first FSU freshman to be named to the All-Region cross country team in five years...will make an immediate impact in the ACC in the 3000m and 5000m...led Lady Seminoles at both the ACC Championships and NCAA District IX South Regionals in cross country this fall...posted a personal best 17:30 at the Regionals...**Prep:** diverse athlete who competed in basketball, soccer, badminton, and cross country in high school...named MVP of the track and cross country teams freshman, sophomore, and senior years...honored as Athlete of the Year for her high school freshman and sophomore years...earned a fifth place finish in the 3000m at the National Track Championships...**Personal:** Roommate is fellow freshman Kristy Connell...a business major...celebrates an April 23, 1980 birthday.



Samantha George

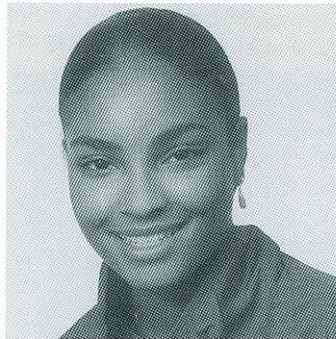
Laura Gerber

Chinette Johnson
Junior, Multi-Events
Tallahassee, FL (Lincoln HS)
Collegiate Bests:
Heptathlon (5,176), Triple Jump (40-11.50)



jump of 18-1.75 (14th) at the ACC/SEC Challenge...scored in three events at the ACC Indoors with a seventh place finish in the pole vault (8-2.50), a sixth place finish in the triple jump (40-2) and a seventh place finish in the 400m (57.07)...ran on 4x400m relay team at USAT&F Indoor Championships that finished third with an NCAA provisional time of 3:39.58...won the FSU Relays heptathlon title with a point total of 5,010... placed second in the triple jump (39-4), third in the pole vault (8-6.25) and fourth in the long jump (18-10.50) and the 400m (56.09) at the Florida Inter-collegiate...won the ACC heptathlon title with an NCAA provisional total of 5,176 points ...finished third in the high jump (5-1.75) and fourth in the long jump (18-7.25) at the FSU/Nebraska/UF tri-meet...**Prep:**

Kimberly Jones
Freshman, Hurdles/Jumps
Greensboro, NC (Grimsley HS)



Key member of the freshman class who last year was the National Champion in both the 100m hurdles and long jump...

Kerry Miano
Junior, Throws
Sound Beach, NY (Rocky Point HS)
Collegiate Bests:
Hammer (128-4), Discus (127-0)

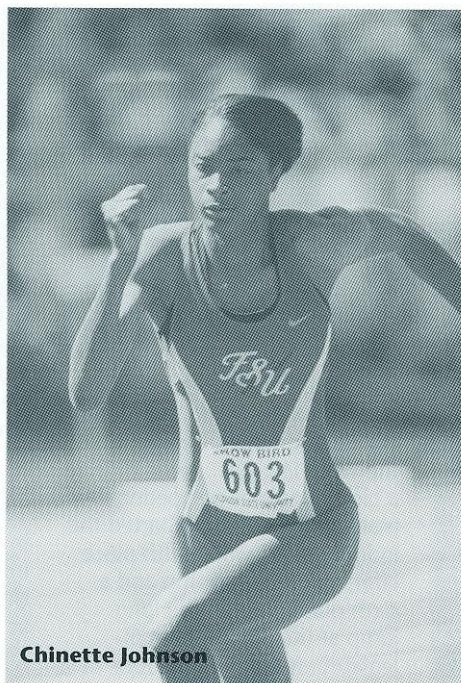


Constantly improving junior who made the most of opportunities last year...should add depth to a young yet experienced group of

FLORIDA STATE UNIVERSITY

The best all-around athlete on the team...the two-time defending ACC Champion in the heptathlon...member of the 1999 All-ACC team... **1999:** Started the indoor season with a fourth place finish in the triple jump and an eighth place effort in the long jump...finished second in the triple jump at the ACC/SEC Challenge...completed the indoor season among the top ten conference performers in both the 400m, triple jump, and long jump...member of 4x400m relay team that took home the ACC title...placed third in the 100m hurdles and second in the long jump at the Quad-Meet with UF, Fresno State, and Illinois...won the 400m hurdles event at the Semiole Twilight...took home first place in the triple jump at the FAMU Relays with a season best 39-6.25...recorded a second place finish in the heptathlon competition at the FSU Relays ... **1998:** Finished 11th in the high jump (5-1), fifth in the long jump (18-0.50) and sixth in the triple jump (38-7.75) at the Florida Invitational to start the indoor season...recorded collegiate bests with a triple jump of 40-11.50 (third) and a long

Won district and regional heptathlon titles as a junior and senior...graduated with honors... placed seventh at USA Junior Nationals in the heptathlon following junior year...a Big Bend Athlete of the Year award winner ...played four years of basketball in addition to track and field... **Personal:** A computer science major...nickname is "China"... born April 26, 1979.



Chinette Johnson

will have the opportunity to make an immediate impact for the Lady Seminoles in the long jump and hurdles...a hardworker who has the ability to become a national qualifier in both events ... **Prep:** Three-sport star at Grimsley...competed in track and field, volleyball and basketball...two-time National Champion in the long jump (junior and senior)...won the national championship in the 100m hurdles as a senior...top jump in high school was 20'3"...top time in the 100m hurdles was 13.77 ...a national merit scholar who graduated with honors... **Personal:** A biological science major ...plays the clarinet in her spare time...celebrates a June 13, 1981 birthday.

throwers...looks to make an impact in the conference this year for FSU after coming on strong at the end of last season ... **1999:** Started the indoor season with a 36-0.25 in the shot put competition at the Florida Invitational...recorded a 126-8 mark in the discus event and 127-11 in the hammer at the ACC Outdoors...FSU's Female Golden Torch Award winner for 1999... **1998:** Placed 10th at the Barnett Bank Invitational in the shot with a throw of 37-10.75...finished ninth in the hammer (128-4) and sixth in the discus (127-0) at the Clemson Invitational...took fourth at the Florida Intercollegiate in the shot (35-6.75)...won the Golden Torch Award with a 3.85 GPA... **Prep:** A 1996 and '97 all-state selection in the discus and shot...the 1996 and '97 New York Class B discus champion... also the Suffolk County discus and shot put champ as a junior and senior...named the Suffolk County Athlete of the Year (throws) in her last two seasons at Rocky Point... **Personal:** An art education major...celebrates a March 19, 1979 birthday... named to the Dean's List and the ACC Honor Roll as a freshman.

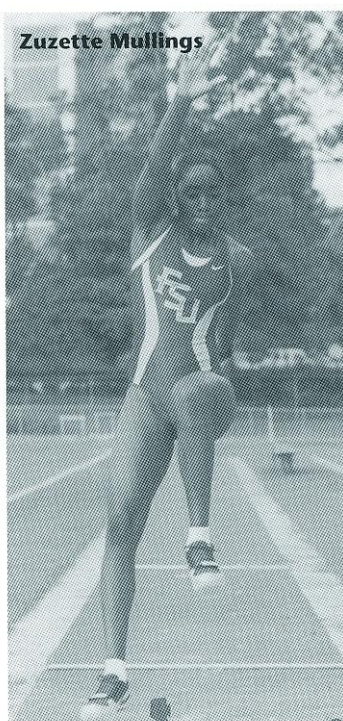
LaKeisha Mose

Senior, Throws

Richmond, VA (John F. Kennedy HS)
Collegiate Bests:
Weight (62-5),
Hammer (178-6),
Shot Put (47-6.25),
Discus (128-5)



FSU record throw of 62-5 and took third in the shot put at 47-6.25...placed 16th in the weight at the NCAA Indoors with a throw of 56-7.5...won the FSU Relays title in the hammer (160-11) and placed third in the shot (45-5.25)...recorded a collegiate best throw in the discus at the Clemson Invitational with a fifth place mark of 128-5...finished first in the hammer (162-5) and in the shot (41-2.25) at the Florida Intercollegiates...won the ACC Championship in the hammer with an NCAA provisional mark of 178-6...added a fourth place effort in the shot at 45-10.50...placed fourth in the shot (45-10.75) and in the hammer (173-0) at the FSU-UF-Nebraska tri-meet...won the Seminole Twilight shot put title (43-7.75) and was second in the hammer (173-4)...**1997:** Placed third in



Zuzette Mullings

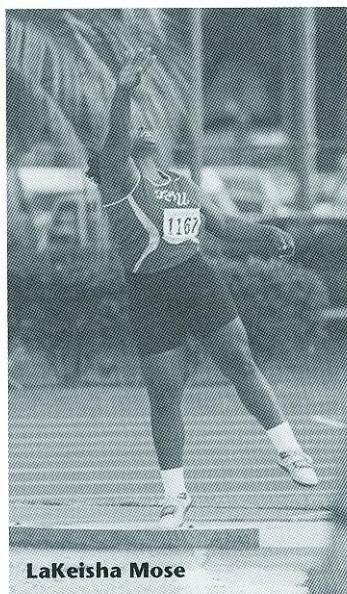
season among the top conference performers in the 200m, long jump, and triple jump...had her best day at the ACC Outdoors where she finished fourth in the 100m, eighth in the 200m, and seventh in the triple jump...her 40-1.50 mark in the triple jump at the ACC Outdoors led the team for the season...recorded a career high 20-5.25 mark in the long jump to take home first place at the FSU Relays...her efforts in the long jump at the FSU Relays earned her an NCAA provisional qualifying mark as well as a place in the record books with the sixth longest jump in FSU history...was among the top conference outdoor performers in the 100m, 200m, long jump, and triple jump...**1998:** Recorded indoor

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Returns after a year away from competition...one of the strongest Lady Seminoles ever...a past national qualifier and ACC Champion who looks to lead a young group of FSU throwers...should be a force nationally as a senior...**1999:** Redshirted...**1998:** Started the indoor season with a victory in the shot put at the Florida Invitational (47-3.50) and was also second in the weight throw with an NCAA provisional mark of 58-7.50...won the ACC Indoor title in the weight throw with an ACC and



LaKeisha Mose

the weight (52-6) and fourth in the shot (46-0) at ACC Indoors...finished fifth in the weight at the Nike Fast Times with a toss of 54-5.25...took seventh (154-6) at the Florida Relays in the hammer...placed second in the hammer at the ACC Outdoors with a throw of 156-9...**1996:** Placed fifth at the ACC Indoors with a mark of 46-3.50 in the shot...took first place in the shot at the Snowbird Invitational (45-6)...finished second at the Florida Relays in the shot with a throw of 46-6.75...scored in the shot (eighth) and the hammer (fourth) at the ACC Outdoors...placed fourth in the hammer with a throw of 142-4 at the Seminole Challenge...**Prep:** 1995 Virginia State Champion in the shot put...received the Scholar/Athlete Award at John F. Kennedy as a senior...**Personal:** Majoring in studio art...born July 6, 1977.

Zuzette Mullings

Senior, Sprints/Jumps

Ellicott City, MD (Howard HS)
Collegiate Bests:
55m (7.07), 100m (11.44), 200m (23.86),
Long Jump (20-5.25),
Triple Jump (41-10)



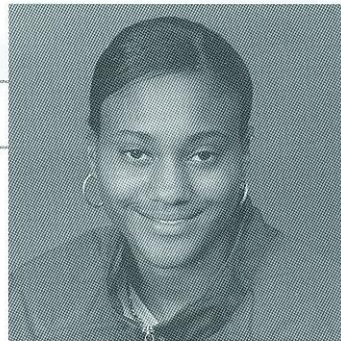
One of the most diverse athletes on the team...picked up Florida State's only female Performer of the Week last year...looks to have a big senior year competing in many events...**1999:** Started the indoor season with a fifth place effort in the triple jump and a sixth place finish in the long jump at the Florida Intercollegiates...finished the indoor

bests in the 55m (7.07) and the triple jump (41-8.50) at the Florida Invitational...placed second in the long and triple jumps with NCAA provisional marks of 20-0.50 and 41-1.75 at the ACC/SEC Challenge...finished seventh in the triple jump at the ACC Indoors at 40-1.25...set a collegiate best with an NCAA provisional qualifying triple jump of 41-10 at the Indiana Invitational...won the Florida Intercollegiates long jump (20-3) and triple jump titles (40-0)...placed second in the 200m at that meet in 23.98...took the ACC Outdoor Championship in the long jump with a collegiate best long jump of 20-4.50...finished sixth at the ACC Outdoors in the 100m (11.64) and seventh in the triple jump (39-5.75)...ran collegiate best times in the prelims of the 100m (11.49) and 200m (23.86) at that meet...placed third at the Georgia Tech Invitational long jump at 20-2.25...long jumped 19-6.25 at the NCAA Outdoor Championships and finished 17th overall...**1997:** Placed sixth in the long jump (19-4.25) and in the triple jump (40-4.75) at the ACC Indoors...finished fifth at the Nike Fast Times in the long jump with a mark of

19-5.50...won the triple jump (39-3.25), took second in the long jump (18-9.75) and placed third in the 400m (56.20) at the Snowbird Invitational...finished third in the long jump at the Disney Invitational at 19-2.25...triple jumped 37-8.25 at the Florida Intercollegiate in a third place effort...placed fourth in the triple jump (40-8.25) and sixth in the long jump (18-7.25) at ACC Outdoors...won the 200m at the Jesse Owens Invitational in 24.50...recorded a triple jump of 40-4 (third) at the Seminole Twilight...member of 4x100m relay team that placed seventh at the NCAA Outdoors with a time of 44.89...**1996:** Redshirted...**Prep:** An All-Metro outdoor selection and honor roll student...standout high school career in Maryland... an all-county in both indoor and outdoor seasons as a senior at

qualifier as both a junior and senior...named to all-district volleyball team as a senior... graduated magna cum laude, a Jones Scholar and a member of the National Honor Society... participated in the student council and the student government at Eisenhower High School ...**Personal:** planning on pursuing a degree in biology...nick-name is Chi Chi...born August 10, 1981.

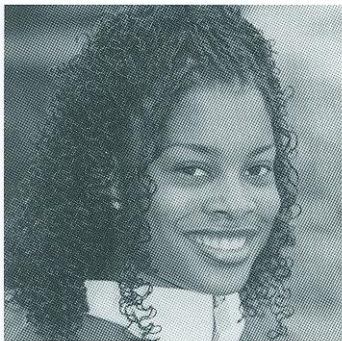
Shauna Quinn
Sophomore, Sprints
Uniondale, NY
(Uniondale HS)



A highly recruited runner who used last year to get adjusted to collegiate competition...a former high school sprint All-American... will provide depth to the sprint team and could emerge as a team leader by the end of the season in the 100m and 200m...**1999:** Redshirted...**Prep:** A high school All-American at Uniondale...earned all-state recognition for six consecutive years between grades seven through 12...a two-time team MVP...also an honor roll student...**Personal:** A political science major...rooms with teammates Teresa Davis and Laura Gerber... born January 23, 1980.

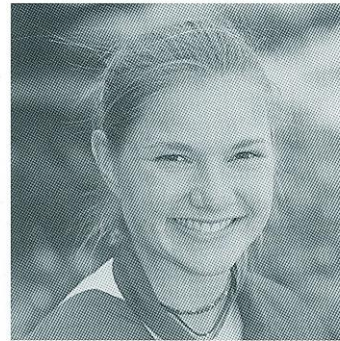
Howard High School...**Personal:** Majoring in management information systems...born June 3, 1976.

Chinyelu Nwobu
Freshman, Jumps
Houston, TX
(Eisenhower HS)



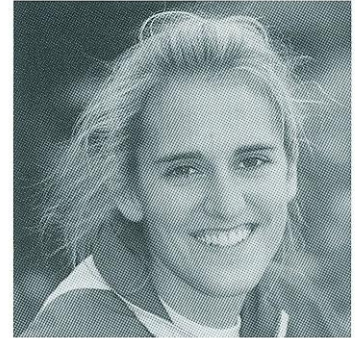
Multi-talented athlete who will concentrate on track and field at FSU...a hard-worker who is extremely intelligent...should gain valuable experience from training with some of FSU's top athletes this year...**Prep:** participated in basketball, track and field and volleyball...named MVP of track and field team as a junior...a member of the all-state Scholar Athlete team...a regional

Karen Rademeyer
Junior, Throws
Tulsa, OK (Jenks HS, Oklahoma State)
Collegiate Bests:
Javelin (133), 20 lbs. Weight Throw (48), Hammer (140)



Transfer student who could make an immediate impact on coach

Megan Robbins
Sophomore, Jumps
Edmond, OK
(Edmond North HS, Oklahoma State)



One of two transfers from Oklahoma State this summer...a provisional qualifier in the pole

Harliss Meaders' throws team... was a conference qualifier at Oklahoma State in the hammer and javelin...a Big XII Academic All-American...former teammate at OSU of current Seminole Megan Robbins...**Prep:** Competed in both track and field and gymnastics in high school...all-state in gymnastics for three years...helped lead team to two state championships in track and field...**Personal:** Dean's List all four semesters while at OSU... father played basketball at the University of Tulsa...pursuing a degree in English education... born on October 12, 1978.

vault who will be a force in the conference once she is able to compete...finished in second place at the Big XII Outdoor championships and fifth at the Indoor conference championships in 1999...captured first-place at the Texas Relays in the pole vault...**Prep:** Two-sport athlete who participated in both basketball and track and field...**Personal:** Dean's List member during the 1998-1999 school year at OSU...brother played basketball at Westpoint...sister played basketball at Colorado School of Mines...majoring in business...celebrates a November 3, 1978.



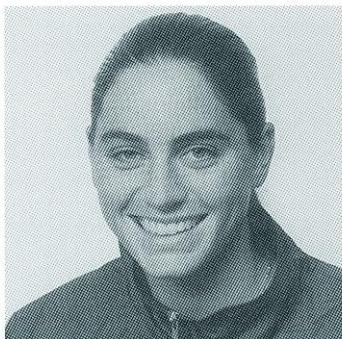
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Nicole Scott
Sophomore, Throws
Willingboro, NJ
(Willingboro HS)
Collegiate Bests:
Discus (111-1),
Hammer (131-2),
Shot Put (39-11.25)



Impressed coaches during her first year of competition...will

Michaela Steele
Senior, High Jump
Parkland, FL (Marjory Stoneman Douglas HS)
Collegiate Best: High Jump (5-8.75)



Teams with twin sister Shannon

senior...also won city, district and regional titles...advanced to regionals in the triple jump...participated in the Junior Olympics, placing 12th in the high jump following her senior year...ran cross country...**Personal:** Pursuing a degree in special education...roommate and teammate of twin sister, Shannon... born November 15, 1978.

Shannon Steele
Senior, Throws/ High Jump
Parkland, FL (Marjory Stoneman Douglas HS)
Collegiate Bests:
Javelin (145-11),
High Jump (5-7)

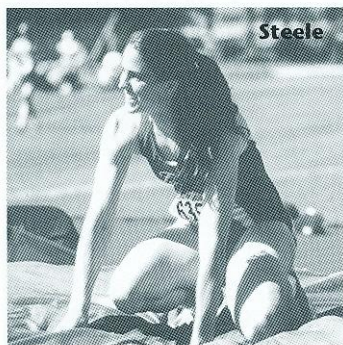
Barnett Bank Invitational (5-5.25) ...scored at the ACC Indoors with a jump of 5-5 (eighth)...won the FAMU Relays javelin title with a collegiate best of 141-6.25...took second in the javelin at the FSU Relays (140-5)...high jumped 5-6 to place third at the ACC Outdoors...recorded a collegiate best of 5-7 to win the high jump at the FSU-UF-Nebraska tri-meet ...141-6.25...**1997:** Finished fourth at the ACC Indoors with a collegiate best high jump of 5-7.75...placed seventh in the high jump (5-2.25) and in the javelin (130-1) at the FSU Relays ...threw the javelin 111-5 (12th) and high jumped 5-0.25 (11th) at the ACC Outdoors...**Prep:** Placed second in the state high jump to Michaela as a senior (same height with one more

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provide valuable depth on the Lady Seminoles throwing unit in 2000...**1999:** Started the season with top 10 finishes in the shot put and weight throw at the Florida Invitational...had best outing of the year at the Seminole Twilight Meet where she finished sixth in both the shot put and hammer events...her mark of 131-2 in the hammer competition ranked fifth all time at FSU...placed third in the discus throw at the North Florida Invitational...**Prep:** An All-County selection in 1995, '96 & '97...the school's athlete of the year in '97 and rookie of the year in '95...named All-South Jersey in '97...placed 6th in the shot at the AAU National Championships... **Personal:** Plans to major in business law...brother, Jeff, is a thrower at Florida A&M...born, January 2, 1980.



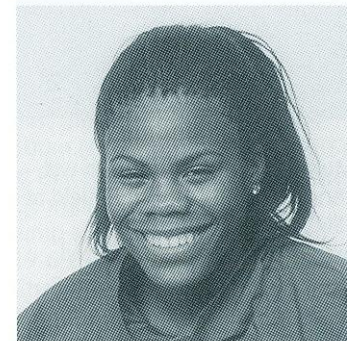
to form the top high jump duo for the Lady Seminoles...recently moved into the Florida State record books... should compete for conference honors this year...state of Florida high jump champion in high school...**1999:** Tied sister for sixth place honors to open the indoor season at the Florida Invitational...finished the indoor season in sixth place in the ACC with a 5-6 effort in the high jump...recorded a collegiate best 5-8.75 at the Seminole Twilight competition to land her in the FSU record books with the sixth best mark in school history...finished the outdoor season tied for the second best high jump mark in the conference...**1998:** Placed third at the Florida Invitational in the high jump (5-5.75)...jumped 5-6 at the ACC/SEC Challenge to finish eighth...recorded a collegiate best mark of 5-7 in a second place effort at the FSU Relays...**1997:** Took third at the Barnett Bank Invitational in the high jump with a mark of 5-4.50 ...placed eighth at the ACC Indoors (5-5.75)...jumped 5-4.25 in a second place effort at the Snowbird Invitational...scored again at the ACC Outdoors (fifth) with a jump of 5-4.25...**Prep:** Won the state championship in the high jump (5-6) as a



attempt)...a Junior Olympics participant...also ran cross country...**Personal:** Majoring in social work...roommate and teammate of twin sister, Michaela...celebrates a November 15, 1978 birthday.

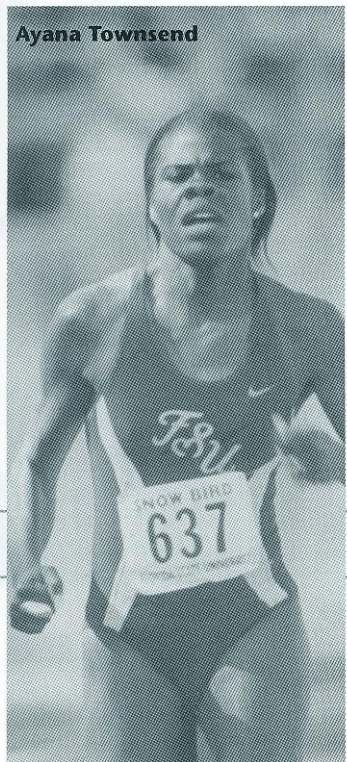
Ayana Townsend
Junior, Hurdles
Wyncote, PA
(Sheltenham HS)
Collegiate Bests: 55m hurdles (8.22), 100m hurdles (13.64), 400m hurdles (58.75)

FSU's top javelin thrower who also competes in the high jump and heptathlon events...will compete for ACC crown in javelin competition...**1999:** Opened the indoor season with a third place finish in the high jump at the Florida Intercollegiates...tied for fifth place in the high jump at the ACC/SEC Challenge...completed the indoor season with the fourth best high jump effort in the conference...finished second in the javelin throw and fifth in the high jump at the ACC Outdoors ...javelin throw of 145-11 was recorded as the sixth best effort in FSU history...showed versatility by competing in the heptathlon competition at the FSU Relays...**1998:** Finished 11th in the high jump at the ACC/SEC Challenge at 5-4.50...took third at the



Top hurdler for the Lady Seminoles...led the team in all three hurdle events last season...latest in long line of outstanding

hurdlers for the Lady Seminoles ...should compete for conference honors this season... **1999:** Improved times across the board in all three hurdle events...highlight of the indoor season was an 8.22 finish which tied her for fifth best in the ACC...earned an NCAA



provisional qualifying mark for her first place effort in the 400m hurdle competition at the FSU Relays...rewrote the FSU record books with the eighth best all time mark in the 100m hurdles and ninth best in the 400m hurdles... **1998:** Began the season at the Florida Invitational with a third place time of 8.37 in the finals of the 55m hurdles after running 8.29 in the prelims ...placed fourth in the 100m hurdles at the FSU Relays (14.43) ...won Florida Intercollegiate titles in the 100m hurdles (14.16) and the 400m hurdles (1:00.12)...ACC Outdoor 400m hurdle runner-up with a time of 1:00.05...ran 14.04 in the prelims of the 100m hurdles at the ACC Outdoors...clocked in at 14.11 at the FSU-UF-Nebraska tri-meet to take third in the 100m hurdles...recorded a collegiate best 400m hurdle time

of 59.70 in a fifth place finish at the Georgia Tech Invitational... **Prep:** Set the Pennsylvania state record in the 300m hurdles...an all-american as a junior...won the state championship in the 300m hurdles and the 100m hurdles as a senior... **Personal:** Plans to major in biology...celebrates a May 7, 1979 birthday.

Sara White
Junior, Throws
Port Charlotte, FL
(Charlotte HS)
Collegiate Bests:
Hammer (159-8),
Weight Throw (48-11.5)



Young thrower who is earning a name for herself in the conference...will be competitive force in the hammer event... **1999:** Started the indoor season as the top Lady Seminole finisher in the weight throw event at the ACC/SEC Challenge...wrapped up the indoor season with the sixth best weight throw mark in the conference...had her best performance of the season at the Seminole Twilight competition where she recorded a collegiate best in the hammer event...impressive effort of 159-8 went down as the second best hammer throw in FSU history... **1998:** Placed seventh in the weight throw at the Florida Invitational (40-6)...finished 17th in the weight (41-6) and 18th in the shot put (36-8.25) at the ACC/SEC Challenge...took seventh in the hammer at the Clemson Invitational with a throw of 137-2...just missed scoring in the hammer at the ACC Outdoors with a ninth place mark of 137-9...finished second in the hammer (135-11), second in the discus (124-2) and fifth in the shot (33-20.75) at the Florida Intercollegiates... **Prep:** A four-

year all-county selection and an all-state pick honoree as a senior ...named the track and field athlete of the year at Charlotte as a senior...participated in volleyball and soccer in addition to track and field...carried a perfect GPA through all four years... **Personal:** An exercise physiology major...a Dean's List student at FSU...born March 28, 1979.

Tangela Wobbleton
Junior, Sprints
Stuart, FL (Martin
County HS)
Collegiate Bests:
400m (55.26)



rovides depth on a talented sprint unit...specialty is the 400m competition... **1999:** Began the season as the top Lady Seminole performer in the 400m competition at the Florida Intercollegiates...recorded her best collegiate time of 55.26 at the South Florida Invitational...completed the outdoor season ranked inside the top 10 in the Atlantic Coast Conference in the 400m... **1998:** Placed ninth in the 400m (58.11) and ran 7.36 in the 55m prelims in first career meet...clocked in at 57.65 at the ACC/SEC Challenge for another ninth place 400m finish...recorded a time of 56.97 in the prelims of the ACC 400m...took sixth at the FSU-UF-Nebraska tri-meet in the 400m with a collegiate best of 56.47... **Prep:** Recorded times of 55.0 (400m), 24.40 (200m) and 11.77 (100m) during her high school career...won every conference, district and regional meet in the 100m, 200m, 400m in her four years at Martin County...a three-year state champion in the 400m...a three-time *Stuart News* athlete of the year honoree...finished in the

top five in three state events (100m, 200m and 400m) as a junior...graduated with honors ...selected FSU over Clemson, LSU and Columbia...competed in volleyball, basketball and track... **Personal:** Majoring in food, nutrition and movement...trains in the off season with her father, Mance...born October 15, 1978.



T Division I/Indoor (sea level)

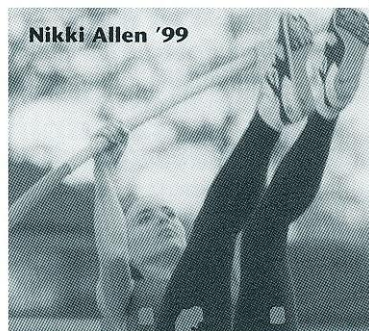
EVENT	AUTOMATIC		PROVISIONAL	
	FAT	MT	FAT	MT
A 55 Meters	6.80 [@]	-	6.94 [@]	-
C 60 Meters	7.30 [@]	-	7.44 [@]	-
K 55-Meter Hurdles	7.64 [@]	-	7.90 [@]	-
60-Meter Hurdles	8.17 [@]	-	8.43 [@]	-
& 200 Meters				
(Under 200m/220 yds)*	23.90	-	24.45	-
(200m/220 yds)*	23.70	-	24.25	-
(Banked or Over 200m/220 yds)*	23.50	-	24.05	-
F 400 Meters				
(Under 200m/220 yds)*	53.80	53.5	55.30	55.0
(200m/220 yds)*	53.50	53.2	55.00	54.7
(Banked or Over 200m/220 yds)*	53.20	52.9	54.70	54.4
L 800 Meters				
(200m/220 yds or less)*	2:07.50	2:07.2	2:10.00	2:09.7

@ Qualifying times attained at altitude of 6,000 feet and above, add .07 seconds. Times attained at altitude of 3,000-5,999 feet, add .04 seconds.

EVENT	METRIC	METRIC
High Jump	1.86	1.77
Pole Vault	4.00	3.65
Long Jump	6.34	6.10
Triple Jump	13.15	12.55
Shot Put	16.10	14.90
20-Pound Weight	19.50	17.70

*-Size of track.

#-Altitude adjustment available.



FLORIDA STATE WOMEN'S

Qualifying marks

38

(Banked or Over 200m/220 yds)*	2:07.10	2:06.8	2:09.60	2:09.3
Mile#				
(200m/220 yds or less)*	4:44.00	4:43.7	4:50.00	4:49.7
(Banked or Over 200m/220 yds)*	4:43.40	4:43.1	4:49.40	4:49.1
3,000 Meters#				
(200m/220 yds or less)*	9:24.00	9:23.7	9:42.00	9:41.7
(Banked or Over 200m/220 yds)*	9:23.20	9:22.9	9:41.20	9:40.9
5,000 Meters#				
(200m/220 yds or less)*	16:20.00	16:19.7	16:56.00	16:55.7
(Banked or Over 200m/220 yds)*	16:18.45	16:18.2	16:54.45	16:54.2
1,600-Meter Relay				
(Under 200m/220 yds)*	3:39.00	3:38.7	3:45.00	3:44.7
(200m/220 yds)*	3:37.00	3:36.7	3:43.00	3:42.7
(Banked or Over 200m/220 yds)*	3:35.80	3:35.5	3:41.80	3:41.5
Mile Relay				
(Under 200m/220 yds)*	3:40.25	3:40.0	3:46.25	3:46.0
(200m/220 yds)*	3:38.25	3:38.0	3:44.25	3:44.0
(Banked or Over 200m/220 yds)*	3:37.05	3:36.8	3:43.05	3:42.8
Distance Medley Relay-Meters#				
(200m/220 yds or less)*	11:20.00	11:19.7	11:38.00	11:37.7
(Banked or Over 200m/220 yds)* 1	1:18.00	11:17.7	11:36.00	11:35.7
Distance Medley Relay-Yards#				
(200m/220 yds or less)*	11:24.20	11:23.9	11:42.20	11:41.9
(Banked or Over 200m/220 yds)*	11:22.20	11:21.9	11:40.20	11:39.9

Division I/Outdoor (sea level)

EVENT	AUTOMATIC		PROVISIONAL		ALTITUDE ADJ. 3k-5,999/6k+
	FAT	MT	FAT	MT	
100 Meters	11.25	-	11.50	-	+06/+10
200 Meters	23.00	-	23.50	-	+11/+20
400 Meters	52.20	51.9	53.50	53.2	+20/+35
800 Meters	2:05.00	2:04.7	2:07.00	2:06.7	
1,500 Meters#	4:18.00	4:17.7	4:23.25	4:23.0	
Mile#	4:38.64	4:38.4	4:44.39	4:44.1	
3,000 Meters#	9:19.00	9:18.7	9:36.00	9:35.7	
5,000 Meters#	16:13.00	16:12.7	16:48.00	16:47.7	
10,000 Meters#	34:10.00	34:09.7	35:30.00	35:29.7	
100-Meter Hurdles	13.10	-	13.65	-	+06/+10
400-Meter Hurdles	57.30	57.0	59.20	58.9	+20/+35
400-Meter Relay	44.00	43.7	45.10	44.8	+24/+40
440-Yard Relay	44.20	43.9	45.30	45.0	+24/+40
1,600-Meter Relay	3:32.50	3:32.2	3:39.00	3:38.7	+80/+1.4
Mile Relay	3:33.70	3:33.4	3:40.20	3:39.9	+80/+1.4
EVENT	METRIC	METRIC			
High Jump	1.85	1.79			
Pole Vault	4.00	3.75			
Long Jump	6.45	6.20			
Triple Jump	13.30	12.60			
Shot Put	16.05	15.00			
Discus	56.00	51.50			
Javelin	52.50	46.50			
Hammer	61.00	56.00			
Heptathlon	5,550 points	5,175 points			

#-Altitude adjustment available.

100 Meter Dash

FSU Outdoor Record	11.20	1986	Michelle Finn
Mike Long Track Record	11.27	1984	Randy Givens, FSU
ACC Outdoor Record	11.21	1998	Simone Tomlinson, Clemson
Collegiate Record	10.78	1989	Dawn Sowell, LSU

200 Meter Dash

FSU Outdoor Record	22.31	1983	Randy Givens
Mike Long Track Record	23.08	1986	Pauline Davis, Alabama
ACC Outdoor Record	23.03	1992	Kim Graham, Clemson
Collegiate Record	22.04	1989	Dawn Sowell, LSU

400 Meter Dash

FSU Outdoor Record	49.91	1984	Marita Payne
Mike Long Track Record	52.37	1987	Janet Davis, FSU
ACC Outdoor Record	51.30	1993	Nelrae Pasha, Georgia Tech
Collegiate Record	49.91	1984	Marita Payne-Wiggins, FSU

800 Meter Run

FSU Outdoor Record	2:03.54	1997	Erica Shepard
Mike Long Track Record	2:03.81	1986	Linda Detiefsen, Athletics West
ACC Outdoor Record	2:02.07	1983	Tina Krebs, Clemson
Collegiate Record	1:58.33	1985	Claudette Groenendaal, Oregon

1500 Meter Run

FSU Outdoor Record	4:18.56	1985	Nancy Rettie
Mike Long Track Record	4:16.42	1988	Evelyn Adiru, Alabama
ACC Outdoor Record	4:13.42	1988	Rosalind Taylor, Maryland
Collegiate Record	4:05.81	1991	Sonia O'Sullivan, Villanova

4 X 400M Relay

FSU Outdoor Record	3:27.72	1984	Davis, Cliette, Givens, Payne
Mike Long Track Record	3:32.70	1996	Edwards, Embon, Shepard, Danvers, FSU
ACC Outdoor Record	3:31.18	1996	FSU
Collegiate Record	3:27.53	1992	Florida

Long Jump

FSU Outdoor Record	21-8 1/2	1990	Sonya Blades
Mike Long Track Record	21-6 3/4	1986	Esmeralda Garcia, FSU
ACC Outdoor Record	22-1 3/4	1994	Marion Jones, UNC
Collegiate Record	23-9	1985, 1987	Jackie Joyner, UCLA

Triple Jump

FSU Outdoor Record	44-10 3/4	1986	Esmeralda Garcia
Mike Long Track Record	43-6 3/4	1986	Esmeralda Garcia, FSU
ACC Outdoor Record	44-3 3/4	1999	Nicole Gamble, UNC
Collegiate Record	46-0 3/4	1990	Sheila Hudson-Strudwick, California

High Jump

FSU Outdoor Record	6-1 3/4	1983	Wendy Markham
Mike Long Track Record	6-0 1/2	1984	Bridgette Reid, 1984, Canada
ACC Outdoor Record	6-3 1/2	1987	Kathy Harrison, Georgia Tech
Collegiate Record	6-6	1992	Tisha Waller, UNC
		1992	Amy Acuff, UCLA

FLORIDA STATE WOMEN'S

Records

3000 Meter Run

FSU Outdoor Record	9:22.94	1984	Margaret Coomber
Mike Long Track Record	8:47.73	1984	Wendy Sly, Great Britain
ACC Outdoor Record	8:59.79	1983	Betty Jo Springs, NC State
Collegiate Record	8:37.25	1988	Vicki Huber, Villanova

5000 Meter Run

FSU Outdoor Record	16:39.4	1981	Darien Andreu
Mike Long Track Record	15:54.20	1999	Breeda Dennehy, unattached
ACC Outdoor Record	15:33.43	1983	Betty Jo Springs, N.C. State
Collegiate Record	15:07.56	1985	Kathy Branta, Wisconsin

10,000 Meter Run

FSU Outdoor Record	34:32.75	1987	Kerrie Yenchak
Mike Long Track Record	34:27.75	1987	Kerrie Yenchak Edinboro
ACC Outdoor Record	32:36.20	1986	Kathy Ormsby, NC. State
Collegiate Record	32:22.97	1992	Carole Zajac, Villanova

100 Meter Hurdles

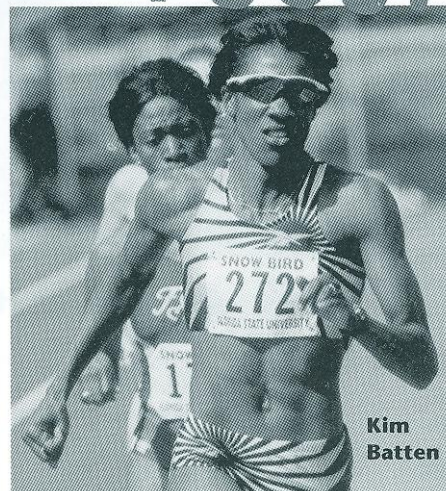
FSU Outdoor Record	13.06	1991	Kim Batten
Mike Long Track Record	12.92	1988	Kim McKenzie, FSU
ACC Outdoor Record	12.86	1999	Andria King, Georgia Tech
Collegiate Record	12.61	1988	Gail Devers, UCLA

400 Meter Hurdles

FSU Outdoor Record	53.98	1991	Kim Batten
Mike Long Track Record	54.41	1996	Kim Batten, Reebok
ACC Outdoor Record	56.64	1999	Nikkie Boyer, Clemson
Collegiate Record	53.47	1984	Janeen Vickers, UCLA

4 X 100M Relay

FSU Outdoor Record	42.94	1983	Wright, Payne, Cliette, Givens
Mike Long Track Record	43.9	1984	Finn, Payne, Cliette, Givens, FSU
ACC Outdoor Record	43.79	1998	Clemson
Collegiate Record	42.50	1989	LSU



Kim Batten

Shot Put

FSU Outdoor Record	49-5 1/2	1996	Shannon Cook
Mike Long Track Record	57-7 3/4	1999	Dawn Dumble, Bruin Reebok
ACC Outdoor Record	55-9	1983	Marita Walton, Maryland
Collegiate Record	62-3 3/4	1983	Meg Ritchie, Arizona

Discus

FSU Outdoor Record	162-6	1997	Shannon Cook
Mike Long Track Record	189-3	1986	Kathy Landry, Alabama
ACC Outdoor Record	181-0	1993	Lynda Lipson, UNC
Collegiate Record	221-5	1983	Meg Ritchie, Arizona

Javelin

FSU Outdoor Record	174-10	1990	Kari Keith
Mike Long Track Record	182-8	1985	Susie Ray, UF
ACC Outdoor Record	188-3	1999	Ann Crouse, UVA
Collegiate Record	211-5	1981	Karin Smith, Cal Poly SLO

Heptathlon

FSU Outdoor Record	5410,	1991	Carmelia Shivers
Mike Long Track Record	5402,	1990	Carmelia Shivers, FSU
ACC Outdoor Record	5,578	1992	Nicky Hudson, UNC
Collegiate Record	6,718	1985	Jackie Joyner, UCLA

T 100 Meters

R	1. Michelle Finn	11.20	1986
	Randy Givens	11.06 ^w	1984
A	3. Brenda Cliette	11.23	1983
	4. Randy Givens	11.27	1984
C	5. Tonya Carter	11.32	1999
	Esmeralda Garcia	11.32	1985
K	7. Andrea Thompson	11.35	1988
	8. Patrice Verdun	11.40	1992
	9. Sheryl Covington	11.41	1991
	10. Marita Payne	11.43	1983

& 200 Meters

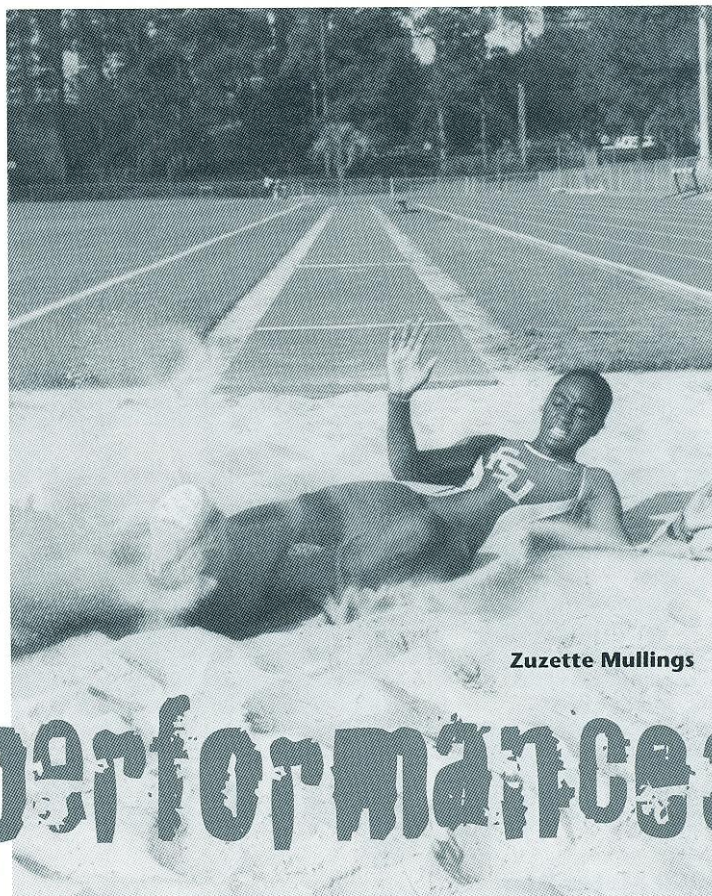
F	1. Randy Givens	22.31	1983
	2. Marita Payne	22.62	1983
	3. Michelle Finn	22.77	1986
I	4. Brenda Cliette	22.81	1984
	5. Patrice Verdun	23.24	1992
E	6. Yashiva Edwards	23.27	1997
	7. Casey Custer	23.29	1996
L	8. Janet Davis	23.36	1987
	9. Sheryl Covington	23.39	1993
D	10. Tonya Carter	23.48	1999

3,000 Meters

	1. Margaret Coomber	9:22.94	1984
	2. Carla Borovicka	9:34.15	1984
	3. Darien Andreu	9:36.64	1981
	4. Janie Regis	9:39.39	1985
	5. Barbara Mathews	9:42.17	1988
	6. Carrie Boyd	9:44.14	1989
	7. Kirsten Birmelin	9:44.55	1996
	8. Janet Bassford	9:46.00	1982
	9. Kerstin Hoffman	9:49.20	1995
	10. Colleen Curren	9:51.43	1983

5,000 Meters

	1. Darien Andreu	16:39.4	1981
	2. Janie Regis	16:43.5	1985
	3. Tracy Pepoon	17:12.66	1993
	4. Natalie Reid	17:29.00	1999
	5. Barbara Mathews	17:42.38	1988
	6. Diana Hartnup	17:52.5	1999
	7. Michelle Farrell	17:56.78	1989



Zuzette Mullings

WOMEN'S ALL-TIME

top performances

40 400 Meters

	1. Marita Payne	49.91	1984
	2. Sheryl Covington	51.85	1994
	3. Brenda Cliette	51.92	1984
	4. Samantha George	51.98	1999
	5. Sophia Danvers	52.18	1997
	6. Janet Davis	52.37	1987
	7. Kim Batten	52.53	1991
	8. Angela Wright	52.61	1982
	9. Yashiva Edwards	52.64	1997
	10. Randy Givens	52.80	1984

800 Meters

	1. Erica Shepard	2:03.54	1997
	2. Orvill Dwyer-Brown	2:04.90	1982
	3. Rikke Ronholt	2:05.84	1998
	4. Scooby Golden	2:06.60	1983
	Angela Harris	2:06.60	1992
	6. Nancy Rettie	2:07.04	1985
	7. Maria Embon	2:07.10	1997
	8. Janet Wood	2:07.20	1981
	Kelley Hackler	2:07.20	1985
	10. Rose Giampalmo	2:07.96	1978

1,500 Meters

	1. Nancy Rettie	4:18.56	1985
	2. Margaret Coomber	4:19.60	1983
	3. Carla Borovicka	4:19.92	1983
	4. Carrie Boyd	4:23.26	1990
	5. Jennie Messinese	4:23.50	1986
	6. Kirsten Birmelin	4:28.82	1996
	7. Brenda Moore	4:31.82	1985
	8. Tracy Pepoon	4:33.55	1993
	9. Kerstin Hoffman	4:33.62	1995
	10. Angela Harris	4:34.39	1991

10,000 Meters

	1. Kerrie Yenchak	34:27.75	1987
	2. Darien Andreu	34:42.74	1981
	3. Janie Regis	35:01.78	1985
	4. Janet Bassford	35:52.20	1982
	5. Barbara Mathews	36:11.70	1988
	6. Michelle Farrell	37:04.90	1989

100 Meter Hurdles

	1. Kim Batten	13.06	1991
	2. Tonja Brown	13.42	1982
	3. Mary Hawkins	13.44	1988
	Andrea Thompson	13.44	1988
	5. Carolyn Faison	13.60	1982
	6. Kristen Thorne	13.61	1996
	7. Carmellia Shivers	13.62	1991
	8. Ayana Townsend	13.64	1999
	9. Peggy Armand	13.66	1994
	10. Joann Brown	13.71	1984

400 Meter Hurdles

	1. Kim Batten	53.98	1991
	2. Tonja Brown	56.46	1982
	3. Angela Wright	56.74	1983
	4. Orvill Dwyer-Brown	56.94	1983
	5. Rikke Ronholt	57.30	1997
	6. Radhiya Teagle	57.72	1995
	7. Kristen Thorne	58.06	1997
	8. Carmellia Shivers	58.55	1991
	9. Ayana Townsend	58.75	1999
	10. Chris McKay	58.86	1985

Long Jump

	1. Sonya Blades	21'8 1/2"	6.61	1990
	2. Esmeralda Garcia	21'7 1/2"	6.59	1986
	3. Trinette Johnson	21'6"	6.55	1993
	4. Kim Batten	20'9"	6.32	1988
	5. Alice Bennett	20'6"	6.24	1983
	6. Zuzette Mullings	20'5 1/4"	6.23	1999
	7. Zuzette Mullings	20'4 1/2"	6.21	1998
	8. Michelle Finn	20'1 1/2"	6.15	1986
	9. Felicia Evans	19'11 1/2"	6.08	1993
	10. Petena Moultrie	19'9 3/4"	6.04	1995

Triple Jump

	1. Esmeralda Garcia	44'10 3/4"	13.68	1986
	2. Kim Batten	42'6"	12.95	1991
	3. Zuzette Mullings	41'10"	12.75	1998
	4. Petena Moultrie	41'8 3/4"	12.72	1996
	5. Chinette Johnson	40'11.50"	12.48	1998
	6. Janet Levy	40'8 1/4"	12.40	1987
	7. Felicia Evans	40'3 1/4"	12.27	1994
	8. Zuzette Mullings	40'1 1/2"	12.23	1999
	9. Chinette Johnson	39'6 1/4"	12.05	1999
	10. Shelby Connor	38'9.75"	11.83	1997

High Jump

	1. Wendy Markham	6'1 3/4"	1.86	1993
	2. Holly Kelly	6'1 1/4"	1.86	1989
	3. Indianne Henry	6'0 1/2"	1.84	1993
	4. Christine Daniels	5'10"	1.78	1997
	5. Carmelia Shivers	5'9"	1.75	1990
	6. Michaela Steele	5'8 3/4"	1.75	1999
	7. Latashia Crews	5'8"	1.73	1985
	8. Peggy Armand	5'7"	1.70	1992
	Michaela Steele	5'7"	1.70	1998
	Shannon Steele	5'7"	1.68	1998

Shot Put

1. Shannon Cook	49'5 1/2"	15.07	1996
2. Cathy Erickson	47'7 1/4"	14.51	1996
3. Lakeisha Mose	47'6.25"	14.48	1998
4. Vicki Smith	46'7 1/2"	14.21	1977
5. Donna Williams	46'3"	14.09	1984
6. Makiba Batten	46'1 1/2"	14.06	1999
7. Eleanor Majors	45'8"	13.92	1982
8. Andrea Pappas	44'5 1/2"	13.55	1997
9. Tonya Grannemann	42'3"	12.88	1992
10. Carolyn Darvire	41'10 1/2"	12.76	1983

Discus

1. Shannon Cook	162'6"	45.59	1997
2. Makiba Batten	159'11"	48.74	1999
3. Cathy Erickson	153'6"	46.79	1995
Andrea Pappas	153'6"	46.79	1997
5. Tonya Granneman	150'5"	45.86	1990
6. Donna Williams	148'7"	45.57	1984
7. Rena Antanelis	145'2"	44.26	1990
8. Laura Goens	143'5"	43.71	1996
9. Kim Travers	140'	42.68	1976
10. Vanessa Fuchs	136'10"	41.71	1998

4x400 Relay

1. Davis, Cliette, Givens, Payne	3:27.72	1984
2. Givens, Cliette, Wright, Payne	3:28.46	1983
3. Wright, Dwyer-Brown, Golden, Payne	3:28.70	1982
4. Wright, Dwyer-Brown, Givens, Payne	3:28.93	1984
5. Danvers, Edwards, Embon, Ronholt	3:30.17	1997
6. Danvers, Embon, Shepard, Edwards	3:31.18	1996
7. Embon, Edwards, Shepard, Ronholt	3:31.92	1997
8. Danvers, Teagle, Shepard, Covington	3:33.44	1994
9. Levy, Thompson, Davis, Curry	3:34.07	1987
10. Wright, Golden, Wood, Payne	3:34.80	1981

FLORIDA STATE UNIVERSITY

Javelin

1. Kari Kieth	174'10"	53.30	1990
2. Cheryl Coker	167'	50.90	1985
3. Nancy Townsend	154'9"	47.18	1980
4. Rena Antanelis	149'8"	45.62	1983
5. Laura Gibbons	149'6"	45.58	1972
6. Shannon Steele	145'11"	44.48	1999
7. Rosa Diaz	145'6"	44.36	1989
8. Kim Stephens	145'3"	44.28	1991
9. Shannon Steele	141'6 1/4"	43.14	1998

Hammer

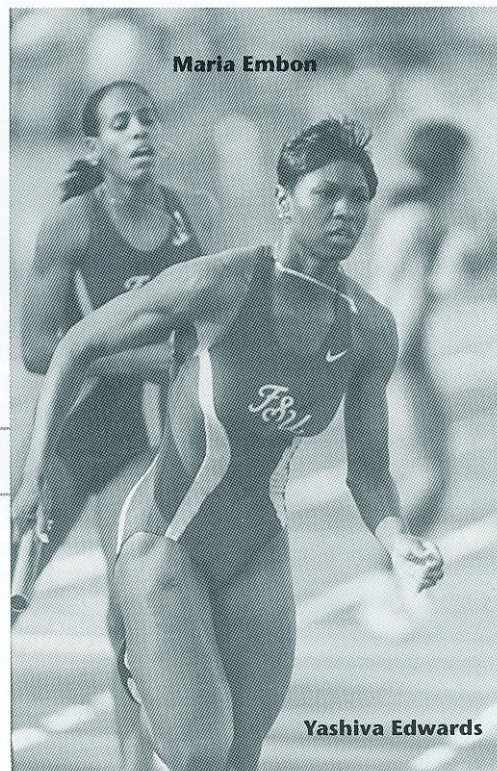
1. Lakeisha Mose	178'6"	54.44	1998
2. Sara White	159'8"	48.66	1999
3. Shannon Cook	157'6"	48.01	1997
4. Nicole Scott	134'8"	41.06	1999

Heptathlon

1. Carmellia Shivers	5410	1991
2. Kim Stephens	5251	1991
3. Chinette Johnson	5176	1998
4. Kim Mann	5143	1990
5. Chinette Johnson	5068	1999
6. Candi Odum	4911	1991
7. Latoshia Crews	4900	1985

4X100 Relay

1. Wright, Payne, Cliette, Givens	42.94	1982
2. Levy, Thompson, Davis, Finn	43.19	1987
3. Finn, Payne, Cliette, Givens	43.54	1984
4. Wright, Payne, Cliette, Givens	43.73	1983
5. Garcia, Finn, Thompson, Levy	43.98	1985
6. Levy, Finn, Thompson, Davis	44.12	1986
7. Horton, Thompson, Davis, Curry	44.13	1988
8. Johnson, Covington, Verdun, Lyons	44.27	1992
9. Batten, Horton, Verdun, Johnson	44.30	1990
10. Garcia, Payne, Bennett, Givens	44.35	1981



T Cross Country

R 1981 Darien Andreau

A Indoor

C 1981 Darien Andreau-5,000m (5th); Alice Bennett-Long Jump (4th); Esmeralda Garcia-Long Jump (2nd); 60m (2nd); Angela Wright-400m (4th); Alice Bennett, Esmeralda Garcia, Randy Givens, Marita Payne-4X200 (1st); Margaret Coomer-1,000m (3rd); Scooby Golden, Debbie Moore, Marita Payne, Angela Wright-4X400 (4th)

E 1982 Tanya Brown-60 yd. Hurdles (7th); Orrill Dwyer-Brown-600 yards (5th); Margaret Coomer-1,000 yards (8th); Carolyn Faison -60 yd. Hurdles (6th); Randy Givens-300 yards(4th); Angela Wright-440 yards (6th); Carla

200m (7th); Trinette Johnson-Long Jump (8th)

1996 Erica Shepard-800m (7th), Sophia Danvers, Yashiva Edwards, Maria Embon, Erica Shepard-4x400 (2nd)

1997 Sophia Danvers, Yashiva Edwards, Maria Embon, Erica Shepard-4x400 (4th)

1999 Tonya Carter-60m (2nd)

Outdoor

1981 Esmeralda Garcia-Long Jump (2nd), 100m (5th); Randy Givens-200m (3rd); Marita Payne-400m (2nd); Angela Wright -400m (6th); Alice Bennett, Esmeralda Garcia, Randy Givens, Marita Payne-4X100(1st); Alice Bennett, Esmeralda Garcia, Randy Givens, Marita Payne-800m Medley Relay, (6th) Marita Payne, Angela Wright, Janette Wood-4X400 (4th)

1982 Alice Bennett-Long Jump

4X400 (1st)

1985 Michelle Finn-100m (1st), 200m (2nd); Esmeralda Garcia-Triple Jump(1st), Long Jump (5th), 100m (3rd); Michelle Finn, Esmeralda Garcia, Andrea Thompson, Janet Levy -4X100 (3rd)

1986 Michelle Finn-100m (5th), 200m (7th); Michelle Finn, Esmeralda Garcia, Janet Levy, Andrea Thompson- 4X400 (5th) Esmeralda Garcia-Triple Jump (2nd)

1987 Janet Davis- 400m (5th); Michelle Finn-100m (4th); 200m (6th); Michelle Finn, Janet Davis, Janet Levy, Andre Thompson-4X100 (1st)

1990 Kari Keith-Javelin (8th); Kim Batten - 100m IH (8th), 400m IH (2nd); Carmelia Shivers-Heptathlon (9th); Patrice Verdun, Lida Horton,

Individual NCAA Champions

Tonya Brown-1982 Outdoor 400m IH
Michelle Finn-1985 Indoor 55m, 1985 Outdoor 100m
Esmeralda Garcia-1985-Indoor Triple Jump, 1985-Outdoor Triple Jump
Randy Givens-1984 Outdoor 100m, 1984 Outdoor 200m
Marita Payne-1982 Outdoor 400m, 1984 Outdoor 400m

NCAA Championship Relay Teams

1981 Indoor 800-Meter Relay 1:36.88 Esmeralda Garcia, Alice Bennett, Marita Payne, Randy Givens
1981 Outdoor 400-Meter Relay 44.35 Esmeralda Garcia, Alice

FLORIDA STATE WOMEN'S

all-americans

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Borovicka, Orrill Dwyer-Brown, Margaret Coomer-4X800 (1st); Alice Bennett, Randy Givens, Marita Payne, Janette Wood-4X200 (2nd); Tonya Brown, Orrill Dwyer-Brown, Scooby Golden, Angela Wright-4X400 (2nd)

1983 Wendy Markham-High Jump (3rd)

1984 Carla Borovicka-1,500m (6th), Margaret Coomer-1,500m (5th); Michelle Finn-55m(4th); Orrill Dwyer-Brown, Brenda Cliette, Janet Davis, Janet Levy, 4X400(2nd)

1985 Michelle Finn-55m (1st); Esmeralda Garcia-Triple Jump(1st); Nancy Rettie-1,000m (3rd); Kelly Hackler, Chris McKay, Brenda Moore, Nancy Rettie-4X800 (5th)

1986 Michelle Finn-55m (2nd); Esmeralda Garcia-Long Jump (2nd)

1987 Michelle Finn-55m (2nd)

1989 Kim Batten- Triple Jump (5th)

1990 Kim Batten- Triple Jump (5th); Carrie Boyd-4X800 (6th); Sonya Blades-long jump (9th); Carrie Boyd, Tracey Howze, Karla Severs, Angela Harris- 4X800 (6th); Holly Kelly-High Jump(4th), Patrice Verdun-200m (6th), 55m

1991 Holly Kelly-High Jump (4th); Kim Batten-Triple Jump (5th)

1993 Sheryl Covington-55m (8th),

(8th); Tonya Brown-100m Hurdles (4th), 400m IM Hurdles (1st); Margaret Coomer-1,500m (7th), 200m (3rd); Wendy Markham-High Jump (tied 5th); Marita Payne- 200m (4th), 400m (7th); Orrill Dwyer-Brown, Randy Givens, Marita Payne, Angela Wright-4X400 (2nd); Alice Bennett, Randy Givens, Marita Payne, Angela Wright-4X100 (2nd)

1983 Orrill Dwyer-Brown-400m IH (8th); Brenda Cliette-100(3rd), 200m (4th), Randy Givens-100m (6th), 200m (3rd); Wendy Markham-High Jump (2nd); Marita Payne-200m (6th), 400m (5th); Angela Wright-400m IH (3rd); Brenda Cliette, Randy Givens, Marita Payne, Angela Wright-4X100 (1st); Brenda Cliette, Randy Givens, Marita Payne, Angela Wright-4X400 (1st)

1984 Orrill Dwyer-Brown-400m IM hurdles (8th); Brenda Cliette-100 (2rd), 200m (2nd); Janet Davis-200m (6th); Michelle Finn-100m (4th); Randy Givens-100m (1st), 200m (6th); Marita Payne-200m (3rd), 400m (1st); Brenda Cliette, Michelle Finn, Randy Givens, Marita Payne-4x100 (1st); Brenda Cliette, Janet Davis, Randy Givens, Marita Payne-

Trinette Johnson, Kim Batten-4X100 (4th)

1991 Holly Kelly-High Jump (4th); Carmelia Shivers-Heptathlon (10th); Kim Batten-100m IH (4th), 400m IH (3rd); Andi Lyons, Sheryl Covington, Verdun, Kim Batten-4X100 (6th)

1992 Trinette Johnson-Long Jump (6th); Patrice Verdun-200m (9th); Trinette Johnson, Patrice Verdun, Andi Lyons, Sheryl Covington-4X100 (7th)

1993 Trinette Johnson-Long Jump (7th)

1994 Sheryl Covington-400m (5th); Sheryl Covington, Sophia Danvers, Erica Shepard, Radhiya Teagle-4X400 (8th)

1996 Sophia Danvers, Yashiva Edwards, Maria Embon, Erica Shepard-4X400 (2nd)

1997 Casey Custer, Sophia Danvers, Yashiva Edwards, Zuzette Mullings-4X100 (7th); Sophia Danvers, Yashiva Edwards, Maria Embon, Rikke Ronholt-4X400 (2nd)

1999 Samantha George-400m (6th)

Bennett, Marita Payne, Randy Givens

1982 Indoor Two-Mile Relay 8:47.27 Janet Wood, Orril Dwyer-Brown, Carla Borovicka, Margaret Coomer

1983 Outdoor 400-Meter Relay 42.94 Angela Wright, Marita Payne, Brenda Cliette, Randy Givens

1984 Outdoor 1600-Meter Relay 3:28.46 Angela Wright, Marita Payne, Brenda Cliette, Randy Givens

1987 Outdoor 400-Meter Relay 43.19 Janet Levey, Andrea Thompson, Janet Davis, Michelle Finn

Lady Seminoles in the Olympics

1996 Atlanta, Kim Batten (USA) 400m IH (Silver)

1992 Barcelona, Michelle Finn (United States) 4x100 (Gold Medal)

1988 Seoul, Marita Payne (Canada) 400m

1984 Los Angeles, Marita Payne (Canada), 400m (4th) 4x100 (Silver), 4x400 (Silver) Randy Givens (United States) 200m (6th) Esmeralda Garcia (Brazil) 100m, Long Jump Brenda Cliette (United States) 4x100 (alternate) Angela Wright-Scott, Orrill Dwyer-Brown (Jamaica) 400m Hurdles

Student-Athlete Services & Academic Support

Academic, personal, and professional support are essential to college success. At Florida State University, we have developed an outstanding support program which enables student-athletes to reach their full potential.

Our philosophy is "to offer an academic support program integrated with the total university that will assist all student-athletes with the

transition into college and provide continued support in all phases of academic and professional development culminating with graduation, job placement, or graduate school."

To accomplish this goal we have developed an academic environment which facilitates the academic success of student-athletes. Student success is encouraged through competent academic counseling, career exploration, planning and placement and academic assistance through tutorial programs.

Our program operates on a "proactive" rather than "reactive" approach. At Florida State, our academic staff does not wait for academic crises to occur. We gather important

State University.

In 1994, the academic programs moved to the state-of-the-art University Center and are located on the sixth floor of the \$126 million facility. It includes private



Former Track and Field Assistant Coach Andi Lyons is now working with the team as its Academic Advisor.

services in personal development, career development and community service.

Personal Development

Fostering the development of personal growth is a fundamental component of the NOLES program. These support programs ensure that the student-athlete will be provided opportunities to focus on personal growth issues such as values clarification, goal setting, fiscal planning, decision making and personal responsibility. Programming focuses on helping student-athletes develop a healthy lifestyle while they are at

FSU STUDENT-ATHLETE

Support Services

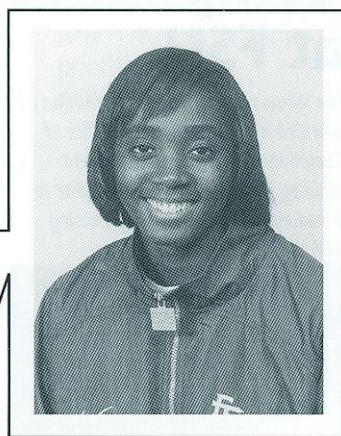
ACC Academic Honor Roll Members* 1998-99 School Year

- Lindsay Adkins-Osborn (3)
- Nikki Allen
- Steve Augustine
- Ryan Barr
- Christian Bland
- Josh Bowling
- Wade Brett (2)
- Shelby Cannon (2)
- Taressa Davis
- Jason Dean
- Dana Glover (2)
- Iain Harnden
- Darius Jones
- Kenyun Langstun (2)
- Jennifer Mayhue (2)
- Ashley Moye
- Zuzette Mullings (3)
- Charles Proulx (3)
- Shauna Quinn
- Antonio Smith
- Danny Smith
- Machaela Steele (2)
- Gary Visser
- Sara White (2)
- Mason Yost

*List includes current track and field athletes who have been named to the list for more than one year.

background information and build an academic profile on all student-athletes to assess their needs in advance. We also stay informed on the daily progress of each student-athlete.

The academic support staff includes a director, five counselors, and three graduate interns forming a group of



professionals serving the needs of all student-athletes. The director, Mark Meloney, is in his third year as the head of the program. Meloney served as the interim director after the departure of Dr. Roger Grooters, who took over a similar position at Michigan

study carrels, a tutorial study area and a computer lab outfitted with 16 new IBM computers and laser printers. In addition, athletic sky boxes are utilized for group and individual tutorial instruction.

Life Skills/ Student Development

The N.O.L.E.S. Program

(New Opportunities for Leadership, Education and Service)

Developed by the Florida State University Department of Athletics, the NOLES program represents a commitment to the total growth and development of the student-athlete. This program established and administrative commitment to academic and athletic excellence. Those efforts will be supported with programs and

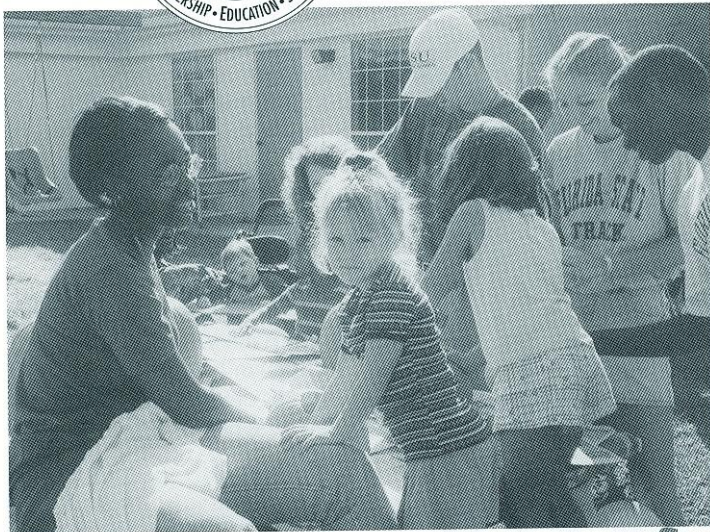
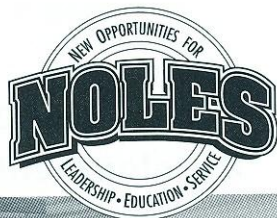


Mark Meloney, Director of Academics

Florida State and habits that will benefit them for life.

Career Development

Preparing for life after college sports is a major focus of the NOLES Career Development program. The program is designed to work cooperatively with the University's Career Services to acquaint students with the job search process, provide networking opportunities and ultimately assist with job placement. This program places a priority on



FSU STUDENT-ATHLETE

Support Services

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*Pam Overton,
Director of Student Services*

the development of the total person, with the goal of developing individuals who will have rewarding careers and productive lifestyles after they leave Florida State.

Community Service

Serving the community is the focus of our Seminole Spirit program. Student-athletes are challenged to give service to our community and individuals who are in need. With a clearly defined program of service, student-athletes are given the opportunity to develop the

foundation for a lifelong commitment to volunteerism. The Seminole Spirit Student-Athlete Speakers' Bureau enables student-athletes to improve their speaking skills, develop effective communication and impact the lives of others through their service as role models in our community.

Leadership Development

The Florida State University Department of Athletics is committed to developing programs of excellence that foster leadership development. The foundation of the leadership development program are the Seminole Leadership Institutes that are held four times a year. These Institutes offer student-athletes the opportunity to learn skills that will benefit them as students, as athletes, and as they pursue their goals after leaving Florida State. The Institutes are based on building communication skills. Students have the opportunity to use the values and work ethic taught by athletic participation as the framework for their leadership development. The Institutes

attract outstanding guest speakers who challenge Seminole student-athletes to achieve their greatest potential and use their leadership skills to positively influence others.

The Student-Athlete Advisory Council (SAAC) serves as the advisory board to the NOLES program and the athletics administration. The prestigious board, comprised of two representatives of each athletic team at FSU, also recommends programming and serves as a liaison between student-athletes and the athletics administration. The Advisory Council plans and implements various events for student-athletes and serves as the department's most visible ambassadors. The SAAC hosted the annual Golden Nole

or off campus with a prospect or the prospect's parents.

Key terms you should know

You become a prospective student-athlete if you have started classes for the ninth grade. Before the ninth grade, you become a prospective student-athlete if the college provides you (or your relatives or friends) any financial aid or other benefits that the college does not provide to prospective students generally.

A contact is any face-to-face encounter between a prospect or the prospect's legal guardian and an institutional staff member or athletic representative during which

banquet and planned such events as orientation for incoming student-athletes and the back-to-school picnic.

Sports Compliance at FSU

The following compliance information is provided by the Florida State Office of Compliance for prospective student-athletes. It is intended as a guideline to introduce some of the rules governing NCAA athletic involvement.

Who is permitted to recruit for FSU?

Only Florida State University coaches who have successfully completed the NCAA Recruiting Rules Examination on an annual basis may be involved in the recruitment process. Representatives of our athletics interests may not make any recruiting contacts. This includes letters, telephone calls or face-to-face contact on

any dialogue occurs in excess of an exchange of greeting. NOTE: At the Division I level, athletic representatives (boosters) may not contact you for the purpose of recruiting. A college coach may contact you in person off the college campus beginning July 1 after completion of your junior year in high school.

An evaluation is any off-campus activity designed to access your academic qualifications or athletic ability, including any visit to your high school (during which no contact occurs) or the observation of any practice or competition in which you participate.

During your senior year, you can have one expense-paid official visit to a particular campus. You may receive no more than five visits. During your official visit, which may not exceed 48 hours, you may receive round-trip transportation between your home and the campus, and you (and your parents) may receive meals, lodging and complimentary admission to campus athletics events.

Phone Calls & Letters

Phone calls from faculty members and coaches (but not boosters) are permitted beginning July 1 after completion of your junior year. A college coach or faculty member is limited to one telephone call per week except when it is:

- During the five days immediately before your official visit to the university
- On the day of a coach's off-campus contact with you

- university's campus
- NCAA educational information
- Pre-enrollment information subsequent to signing a National Letter of Intent with the university
- One athletic publication which may include only one color of printing inside the covers
- Official academic, admissions and student services publications published or videotapes produced by the institution and available to all students
- Schedule cards
- Questionnaires which may

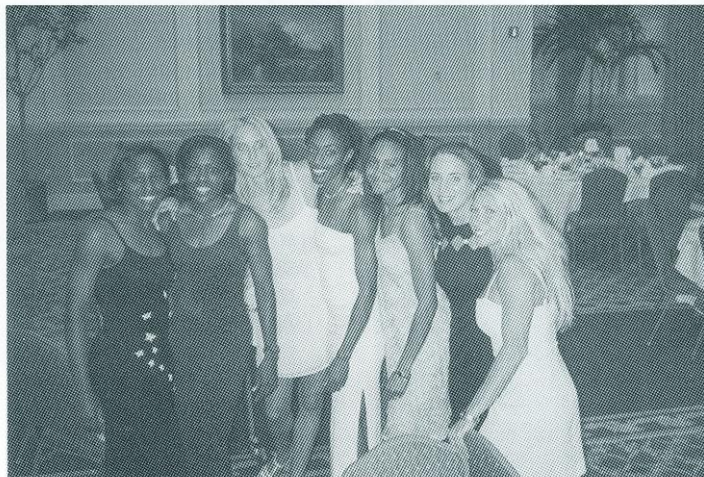


- During the time beginning with the initial National Letter of Intent signing date in your sport through the two days after signing date

- Summer camp brochures which may be provided prior to your junior year.

Letters from coaches and faculty members (but not boosters) are not permitted until September 1 at the beginning of your junior year in high school. A Division I university may provide you with the following printed materials:

- General correspondence, including letters, U.S. Postal Service postcards and institutional note cards
- Game programs which may not include posters and one Student Athlete Handbook can be provided only during official or unofficial visits to the



Alumni and Boosters Do's and Don'ts

You may forward information about prospective student-athletes to the appropriate coaches.

You may have contact with a prospect regarding permissible pre-enrollment activities such as summer employment, provided the prospect has already signed a National Letter of Intent and the Compliance Office is aware that you are making these contacts in regard to employment.

You may have a telephone conversation with a prospect only if the prospect initiates the call. Such a call may not be prearranged by an institutional

You may continue established family relationships with friends and neighbors. Contacts with sons and daughters of these families are permitted as long as they are not made for recruiting purposes or encouraged by Florida State University coaches.

You may not become involved in making arrangements to receive money or financial aid of any kind for a prospect or the prospect's family and friends.

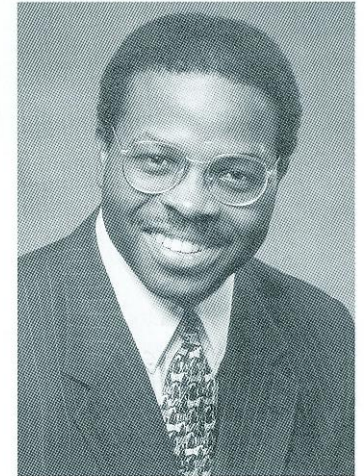
You may not make contact with a prospective student-athlete and his/her parents when the prospect is on campus for an official or unofficial recruiting visit.

You may not transport, pay or arrange for payment of transportation costs for a

FLORIDA STATE UNIVERSITY

staff member and you are not permitted to have a recruiting conversation, but may exhibit normal civility. You must refer any questions about our athletics programs to an athletics department staff member/coach.

You may view a prospect's contest at your own initiative provided you do not contact the prospect or his/her parents. In addition, you may not contact a prospect's coach, principal, or counselor in an attempt to evaluate the prospect.



Robert Minnix, Associate AD for Compliance and Legal Affairs

prospect, and his/her relatives or friends to visit campus (or elsewhere).

You may not pay or arrange for payment of summer camp registration fees for a prospect.

You may not provide anything to a prospect, the prospect's family or friends without prior approval from the athletics' Compliance Office.

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The Florida State University

Florida State University, recently celebrating its golden anniversary as a coeducational graduate research institution in 1997, has joined the nation's elite in both academics and athletics.

Located on the oldest continuous site of higher education in Florida and building rapidly on the framework of a highly re-garded liberal arts college for women, the University has emerged over the past 50 years as an institution of national and international esteem. Its stature is evidenced by a number of additions to its record of excellence in the 1990s:



physicist were among the first scholars drawn to the faculty. The world's largest magnet – two stories high and capable of generating 45 tesla or 1 million times the Earth's magnetic field – was installed in 1995 at the NHMFL, located in the off-campus research complex, Innovation Park. In 1996, the NSF renewed and increased by 50 percent the NHMFL's funding for another five years.

- FSU created the first multipurpose student identification/banking card. The Card Application Technology Center is a national leader in "smart card" systems.
- At the forefront of supercomputing since

students.

- FSU's high-tech program in structural biology in 1991 received the University's largest single foundation grant, \$4 million.
- Capping more than a decade of national prominence in inter-collegiate athletics, Florida State's athletic teams, nicknamed "Seminoles," joined the Atlantic Coast Conference

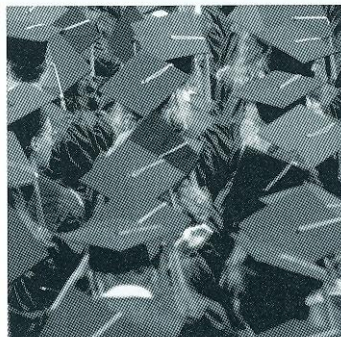
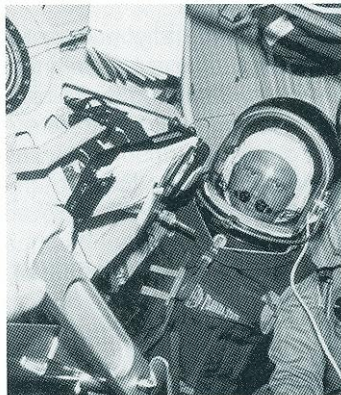


ON AND OFF CAMPUS

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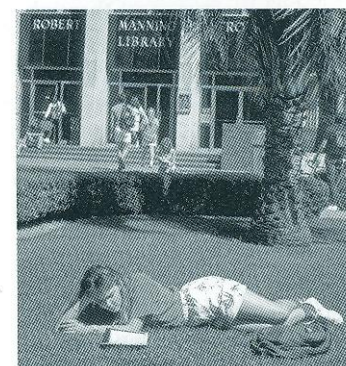
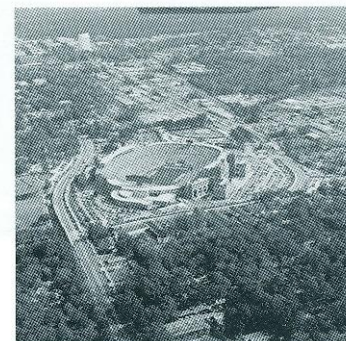
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- In 1994, Florida State was classified a "Research University I" by the Carnegie Foundation, placing it among the nation's top research universities.
- In 1994, the college referral service, "Who's Who Among American High School Students," placed FSU among its top 10 – with such universities as Harvard, Duke, Stanford, North Carolina-Chapel Hill, Michigan-Ann Arbor and Yale – of most frequent choices of more than 100,000 of the nation's best and brightest high school students who asked that a specific college be notified of their recognition in "Who's Who."
- Vice President of the United States Al Gore (above) spoke at the dedication of the National High Magnetic Field Laboratory at Florida State in 1994. The National Science Foundation established the \$100 million magnet lab in 1990 at FSU, which is partnered in research with the Los Alamos National Laboratory and the University of Florida. A Nobel laureate in physics and a top Russian



obtaining its first high-speed computer in 1985, FSU took yet another step in ultrafast and parallel computing in 1990 when it acquired two super-computers, the Thinking Machine Corp. Connection Machine and the Cray Y-MP.

- In fall 1994, the first tenants moved into the east side of the \$100 million University Center, a classroom-and-office facility at Doak Campbell Stadium; the stadium's south end zone also was enclosed and the adjacent Moore Athletic Center expanded. With the completion of the west side in 1996, University Center now provides 550,000 square feet of much needed academic space and a centralized location for student services.
- In 1990, Florida State ranked second in popularity nationwide among high school seniors, based on the number of students who request that their Scholastic Aptitude Test (SAT) scores be sent to an institution. FSU was the only institution listed among the top 10 choices of both black and white college-bound



as its ninth member in 1990. The FSU football team won the 1993 National Championship and its quarterback, Charlie Ward, won the University's first Heisman Trophy. The 1999 team also captured the National Championship while achieving perfection

as the only undefeated team in Bobby Bowden's 24 year FSU career.

- The Dr. Bobby E. Leach Center, a state-of-the-art student recreation facility, with a pool, saunas, basketball and racquet-sport courts, was completed in 1991.
- FSU ranked 20th in the nation for 1990-91 in the number of black Ph.D. students it graduates. Over the five years, 1986 to 1990, FSU ranked eighth nationally by granting doctorates to 70 African Americans.

As this list of highlights attests, Florida State is excelling in the 1990s with exceptional strength, energy and vision for the future. Under the leadership

University maintains facilities at its 25-acre campus in Panama City, its Marine Laboratory on the Gulf of Mexico, the Appleton Museum in Ocala and the Asolo Performing Arts Center in Sarasota. The Center for Professional Development and Public Service, housed in the Augustus B. Turnbull III Florida State Conference Center on the edge of the campus, provides extensive credit and non-credit continuing education programs statewide.

For years FSU has reached far beyond Florida through international programs in Switzerland, France, Panama, Cost Rica, and the Caribbean. FSU's study centers in Florence, Italy, and London, England, are considered by many to be the nation's best in Europe. Florida

Science Center Library is located at the heart of the University's science research complex. FSU also maintains extensive music, science, and law libraries.

Graduate students, who number more than 5,929, pursue advanced degrees in fields as diverse as business administration and theoretical particle physics. A majority of research done at FSU is the direct result of student effort, culminating in numerous books, monographs, and journal articles relating to the whole spectrum of intellectual interests and the practical needs of society.

FSU, a residential campus, places a high priority on its 30,519 students and their needs and interests (of the student

Other Florida" with its deep-rooted history, rolling hills, canopy roads of moss-draped oaks, cool climate, and Southern-style hospitality; it is a Florida few have seen. It is Tallahassee – Florida with a Southern accent.

Best known as Florida's capital, Tallahassee is an intimate neo-metropolitan city where the



a capital place

of the University's 12th president, Talbot "Sandy" D'Alemberte, who took office in January 1994, FSU will continue to build on the foundation of its history of excellence in scholarship, research and service.

A senior member of the 10-member State University System, FSU was founded as an institution of higher learning in 1851 by legislative act and began in Tallahassee with its first students in 1857.

Today, FSU's operating budget is \$474.3 million. Faculty and administrators generate more than \$102 million annually in external funding to supplement state-sponsored research. Three direct-support organizations serve to bolster the University: FSU Foundation, which raises millions in private gifts to support academics, Seminole Boosters and FSU Alumni Association.

The main campus is spread over 451.6 acres in Tallahassee; FSU, which has one of the smallest campuses in the SUS, has been actively acquiring land in the 1990s after years of being landlocked at 347 acres. FSU owns 1,281 acres in Leon, Bay, Franklin, and Sarasota counties.

Within the state, the

State offers 286 graduate and undergraduate degree programs through its eight colleges – Arts and Sciences; Business; Communication; Education; Engineering (operated jointly with Florida A&M University, a historically black institution); Human Sciences; Law; and Social Sciences (which also incorporates the Reubin Askew School of Public Administration and Policy) – and eight schools – Criminology and Criminal Justice; Information Studies; Motion Picture, Television and Recording Arts; Music; Nursing; Social Work; Theatre; and Visual Arts and Dance.

With 1,655 members, the FSU faculty has included nine National Academy of Sciences elected members, nine American Academy of Arts and Sciences fellows and five Nobel laureates. It is backed by 2,887 administrative/professional and support staff.

Library holdings at Florida State include 2.1 million book titles, 16,384 serials and 4.5 million micro-forms. The main library facility, the Robert M. Strozier Library, is linked by computer to other state university and national research libraries. The Paul A.M. Dirac

population: 45 percent are male; 55 percent are female; 20.1 percent are minorities; and 2.5 percent are foreign students). The University Honors Program, Disabled Student Services, International Student Center, Student Government, Flying High Circus, and intramural sports are among more than 200 organizations and activities in which students may participate.

In all areas of its mission – excellence in teaching, research, and public service – Florida State University is advancing boldly toward the 21st century.

Tallahassee and the Surrounding Area

Near, but far from the glaring strips of neon amusement, and the castles and crowds of Disney, lies another magical place in the Sunshine State — one of pow-wows, plantations, politics and great pride. Often described as "The

power of state government, the academic and the artistic are complemented by subtle, old-fashioned charm. It is the perfect two- or three-day diversion for the more than 41 million annual visitors to Florida and 13 million residents.

Tallahassee touts a menagerie of sights including one of the world's deepest freshwater springs, site of America's first Christmas, a wildlife habitat, Capitol buildings, fascinating museums of history, sprawling plantations, highly acclaimed fishing and hunting adventures and nearby beaches. Spirited area festivals range from celebrations of Tallahassee's spectacular spring and swamp stomps to genuine rattlesnake

T roundups and seafood festivals.
 R With the Gulf of Mexico just
 A 20 miles south and the Georgia
 C border only 14 miles north,
 K Tallahassee rests between the
 & foothills of the Appalachian
 Mountains and the juncture of
 Florida's panhandle and
 peninsula. Nearer in miles to
 Atlanta than to Miami, Tallahassee more closely resembles its
 Southern neighbors than Florida
 in topography, climate, and
 lifestyle.

F Accentuating Tallahassee's
 Southern persona are lush rolling



The 22nd floor of the New Capitol provides a panoramic scope of a sophisticated Southern city awash in a sea of flowering azaleas, snowy dogwoods, towering pines, fragrant magnolias, and hundreds of shimmering lakes, springs, swamps, rivers, and sink holes. Special legislative viewing galleries are open during the legislative session.

Below, in the shade of giant live oaks, proudly stands the Old Capitol, originally constructed in 1845 and restored to its 1902

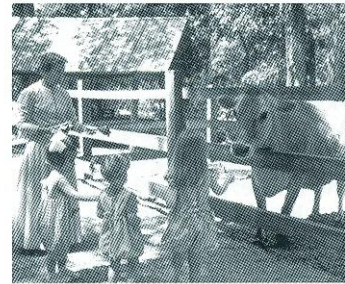
by the unearthed 1539 winter encampment of Spanish Hernando de Soto, the site of the first Christmas celebration in America. Visitors travel back through time as they stand in the shadow of a giant 12,000-year-old American Mastodon at the Museum of Florida History or explore other historical spots



springs and site of many underwater scenes in the "Tarzan" movies with Johnny Weissmuller and Maureen O'Sullivan. Safaris aboard glass-bottomed and jungle cruise boats whisk visitors within arm's length of "The Other Florida."

Outdoor enthusiasts enjoy adventures including boating and fishing on area lakes, rivers, ponds, and the Gulf – just 30 minutes away. Lakes Seminole, Jackson and Talquin are renowned in the bass fishing world for yielding the "big ones," and dense forests offer an abundance of prize-winning game. Local wildlife areas such as the Florida National Scenic Trail, St. Marks National Wildlife Refuge, and Apalachicola National Forest are

a capital city



hills, likened to the seven hills of Rome, and five "official" canopy roads of patriarch oaks. The fertile, rich soil and four distinct, yet pleasant, seasons breed floral brilliance and natural vitality year-round.

Like the city itself, the story of how Tallahassee was chosen as the state capital is rich in history. In 1823, two explorers set out – one on horseback from St. Augustine and the other by boat from Pensacola – to find a permanent, central location for the Legislature to convene. The two met at a beautiful site that the Creek and Seminole Indians called "tallahassee" – derived from the words "talwa" meaning town and "ahasee" meaning old. The rendezvous point remains Florida's capital.

The "old town" has undergone many changes, but one thing remains the same – it is still a government town fiercely proud and dedicated to preserving its heritage. The Capitol buildings, both old and new, epitomize Tallahassee's perseverance.

splendor complete with red-and-white candy-striped awnings, a dome adorned with stained glass, antique furnishings and political memorabilia.

Across from the Old Capitol are the 40-foot twin granite towers of the Vietnam Veteran's Memorial, and the blue stone Union Bank, Florida's oldest surviving financial institution. The nostalgic Old Town Trolley, a replica turn-of-the-century street car, carries passengers through restored Adams Street Commons to numerous other historical downtown shops for free – unheard of even 100 years ago.

Minutes from downtown lies the Governor's Mansion, which resembles the home of Florida's military hero Andrew Jackson; and the 52-acre natural animal habitat and 1880s farm of the Tallahassee Museum of History and Natural Science, which provide the rare chance to walk and talk with native Florida animals.

Tallahassee remains firmly linked with the past as evidenced

among many spots for camping, picnicking, swimming, biking, and exploring.

Appealing to the strokes of different folks, Tallahassee also features 99 holes of golf on six courses and a proliferation of tennis centers. Sideline athletes cheer the nationally-ranked Florida State Seminoles, Florida A&M Rattlers, and the Tallahassee Tiger Sharks of the East Coast Hockey League. And always a sure bet are the nearby greyhound races.

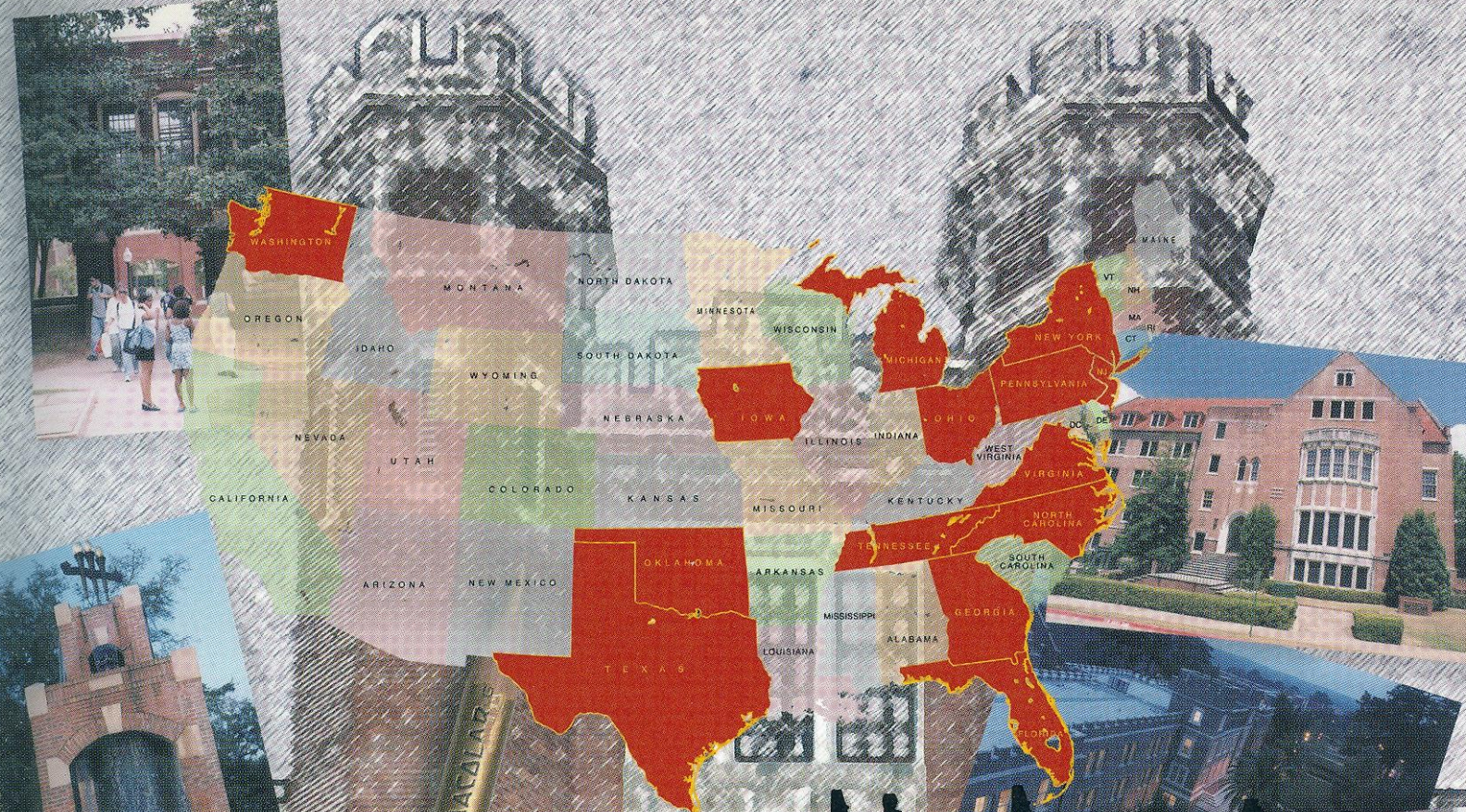
A sport of sorts, shopping at two regional malls and many specialty centers offer many "playing options" – from popular chains to curiosity and antique shops.

Cultural interests are sparked by widely-acclaimed museums and galleries and elaborate entertainment at the 14,000-seat Tallahassee-Leon County Civic Center.

Tallahassee is a collaboration of power-play politics and classical character splashed with a twist of Southern beauty and charm. Tallahassee is Florida with a Southern accent.

including The Knott House that Rhymes, The Columns, San Luis Mission, Lake Jackson State Archaeological Site, Natural Bridge Battlefield, First Presbyterian Church, Brokaw-McDougall House, Goodwood Plantation, and Adams Street Commons.

Nearby, alligators lazing in the sunshine and anhinga "snake birds" perched on twisted cypress branches are seen at Wakulla Springs, one of the world's deepest fresh water



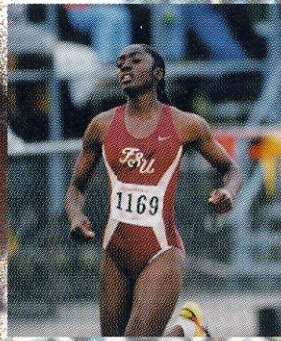
2000 FSU TRACK & FIELD

World class team

Recognized as one of the top collegiate track and field programs in the country, Florida State attracts student-athletes, from not only the United States, but from all over the world. FSU has built success by establishing a talent base that starts with multi-event standouts Chinette Johnson and Darius Jones, who participated on Tallahassee high school track teams just minutes away from campus, and branches out across the ocean to Switzerland's Laura Gerber and Zimbabwe's Iain Harnden.



2000 florida state track and field schedule



indoor

DATE	SITE
January 16	at University of Florida
January 22	at Virginia Tech, Blacksburg, VA
January 29	at Air Force Academy, Colorado Springs (Invitation)
February 6	ACC-SEC Challenge, Gainesville, FL
February 18-19	ACC Indoor Championships, Blacksburg, VA
March 3-4	USATF Indoor Championships, Atlanta, GA
March 10-11	NCAA Indoor Championships, Little Rock, AR

outdoor

DATE	SITE
March 4	Snowbird Invitational (Limited Entry)
March 11	FAMU Relays, Tallahassee, FL
March 15-18	FSU Relays, Tallahassee, FL
March 24-25	Florida Relays, Gainesville, FL
April 1	Air Force, Kansas State, S. Florida, Tallahassee, FL
April 7-8	Texas Relays, Austin, TX
April 15	Ohio St., Miami (FL), Tulane, Tallahassee, FL
April 21-22	ACC Outdoor Championships, Durham, NC
April 27-29	Penn Relays, Philadelphia, PA
May 6	Life College, East Carolina, Kansas, Atlanta, GA
May 13	Seminole Twilight, Tallahassee, FL
May 19-20	at Georgia Tech, Atlanta, GA
May 31- June 3	NCAA Outdoor Champion- ships, Durham, NC

