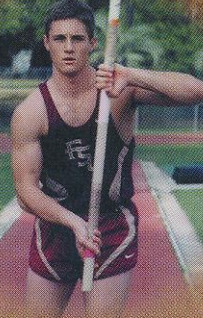
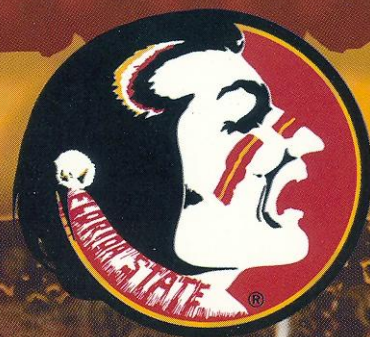


2001 media guide

Track & Field

Florida State





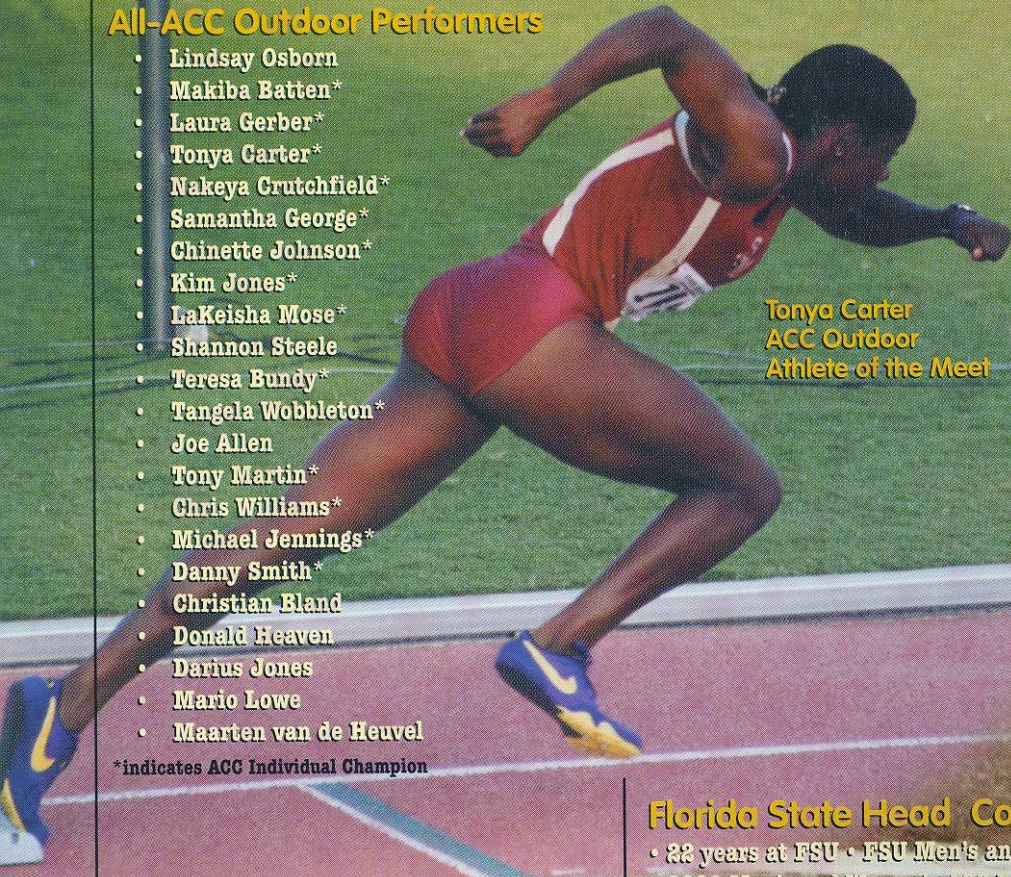
ACC Champions

florida state

All-ACC Outdoor Performers

- Lindsay Osborn
- Makiba Batten*
- Laura Gerber*
- Tonya Carter*
- Nakeya Crutchfield*
- Samantha George*
- Chinette Johnson*
- Kim Jones*
- LaKeisha Mose*
- Shannon Steele
- Teresa Bundy*
- Tangela Wobbleton*
- Joe Allen
- Tony Martin*
- Chris Williams*
- Michael Jennings*
- Danny Smith*
- Christian Bland
- Donald Heaven
- Darius Jones
- Mario Lowe
- Maarten van de Heuvel

*indicates ACC Individual Champion

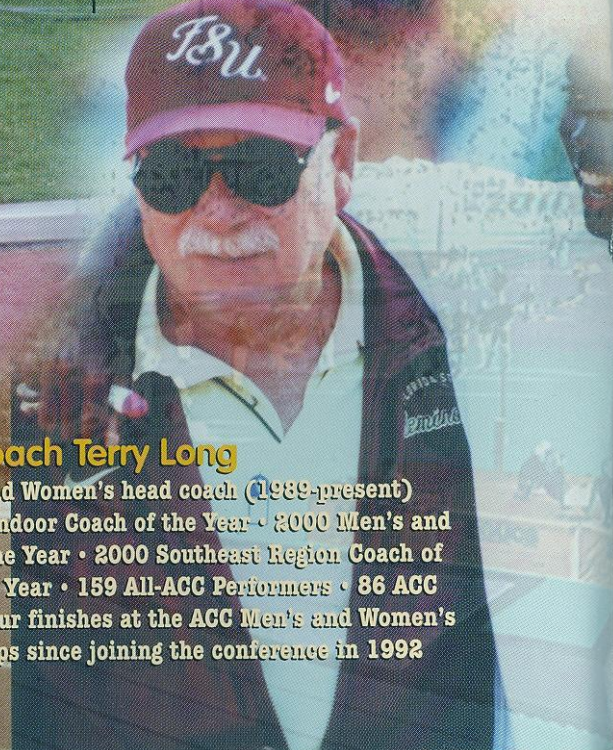


Tonya Carter
ACC Outdoor
Athlete of the Meet

All-ACC Indoor Performers

- Lindsay Osborn
- Zuzette Mullings
- LaKeisha Mose*
- Samantha George*
- Tonya Carter*
- Teresa Bundy
- Makiba Batten*
- Mario Lowe
- Iain Hamden
- Christian Bland*
- Jeff Atkinson
- Joe Allen*

*indicates ACC Individual Champion



Florida State Head Coach Terry Long

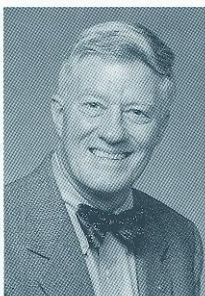
- 22 years at FSU • FSU Men's and Women's head coach (1989-present)
- 2000 Men's and Women's ACC Indoor Coach of the Year • 2000 Men's and Women's ACC Outdoor Coach of the Year • 2000 Southeast Region Coach of the Year • 1994 ACC Coach of the Year • 159 All-ACC Performers • 86 ACC Individual Champions • 31 Top-four finishes at the ACC Men's and Women's Indoor and Outdoor Championships since joining the conference in 1992
- 6 Olympians • 2 NCAA Champs

media information

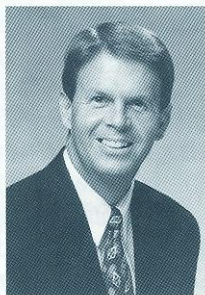
Track & Field

florida state facts

President _____ Sandy D'Alemberte
 Location _____ Tallahassee, Florida
 Enrollment _____ 35,019
 Founded _____ 1851
 Symbol _____ Seminoles
 Colors _____ Garnet & Gold
 Conference _____ Atlantic Coast
 Facility _____ Mike Long Track
 Athletics Dir. _____ Dave Hart, Jr.
 Athletics Dir. Phone _____ (850)644-2526
 Athletic Board Chair _____ Charles Earhardt
 Sports Information Director _____ Rob Wilson
 Track & Field SID _____ Pat Connolly
 Sports Information Phone _____ (850)644-1403
 Sports Information FAX _____ (850)644-3820
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President



Dave Hart
Athletics Director



Pat Connolly
Track & Field SID
Editor

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 Harlis Meaders _____ Throws
 Dennis Nobles _____ Pole Vault,
 Javelin, High Jump
 Paul Spangler _____ Middle and
 Long Distance
 Craig Acker _____ Strength Coach
 Jamie Vaughn _____ Graduate Asst.

notes to media

Florida State Track & Field meets are held at Mike Long Track on the campus of Florida State University. Members of the media may be seated in the press facility at the south end of the track. If any assistance is needed in covering the Seminoles at home, contact Pat Connolly of the FSU Sports Information Office at (850)644-1403.

The SID staff will provide complete results and fax service at all home meets. Coach Terry Long can be reached for interviews at 644-5550 anytime during the day before 3 p.m. Interviews of student-athletes or other information concerning the coaches or team members can be handled by the Sports Information staff. Please let us know if we can be of any assistance to you in your coverage of Florida State Athletics.

credits

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Media Teamlink and The InfoConnection

Releases, standings, statistics and other sports information are regularly available by accessing www.mediateamlink.com. You can have documents delivered to your e-mail and/or fax the moment they are updated. You can also view documents online. MediaTeamlink is free to all accredited media.

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Florida State University track & field information will be available through Media Team Link by using the following cell numbers:

- 3170 - Latest Release (Indoor)
- 3171 - Schedule/Roster (Indoor)
- 3190 - Latest Release (Outdoor)
- 3191 - Schedule/Roster (Outdoor)

Documents will also be available on the InfoConnection. To access, please dial (770) 558-6000 from the handset of your fax machine and enter your 10-digit PIN. If you do not have a PIN, please call Pivotal Communications at (770) 399-0096 to obtain one.

Florida State

2000 indoor

2000 review

The 2000 indoor and outdoor seasons were ones to remember for the Florida State Seminoles. The 'Noles and Lady 'Noles had one of the most successful seasons in team history. The men's and women's teams both finished in the top-four of the conference with the women's squad leading the way with a second-place finish. The men's team ended the indoor season with a fourth-place finish, only 14 points out of second place. The women's squad ended the 2000 indoor season with four ACC individual champions, while the men captured two titles. The Seminoles ended the season with 12 All-ACC indoor competitors.

FSU opened the 2000 season at the Florida Intercollegiates, where the Lady Seminoles posted three NCAA provisional qualifying marks. Tonya Carter led the 'Noles with a provisional time of 6.83 to take home the 55m dash title. Lakeisha Mose continued to be dominant in the throws, as the senior from Richmond, Va., earned an NCAA provisional mark in the shot put. Joe Allen opened up the season with a strong performance for the men's squad, as the junior from Toledo, Ohio won both the long jump and triple jump in the Seminoles' opening meet of the season.

After showing that Florida State was clearly a force in the Sunshine State, the 'Noles traveled to Blacksburg, Va., where select members of the squad competed in the Pepsi Indoor Invitational. Carter again had a strong performance as the Garnet and Gold's top sprinter automatically qualified for the NCAA's, while taking the 60m dash crown at the competitive meet. Senior Samantha George added a second-place finish in the 800m while Chinette Johnson posted an NCAA provisional mark in the triple jump to claim third place. The men were again led by Allen. The junior college transfer notched a second-place finish in both the triple and long jump. Junior Jason Dean added a first-place finish in the pole vault to round out the Seminoles' solid performance against the strong competition.

With two strong meets under its belt, the Florida State track and field team took to Colorado Springs, Colo., for the Air Force Invitational, hosted by the U.S. Air Force Academy. FSU notched 20 top-five finishes, six of which were first-place marks, leading the men's and women's teams to third- and fifth-place finishes, respectively. The Seminoles were led by Samantha George who set a new Lady Seminoles' indoor record in the 400m dash. Lindsay Osborn added a first-place mark in the pole vault while Zuzette Mullings notched a winning mark in the triple jump. Allen continued to impress for the men, nailing a jump of 24' 7 1/4" for a first-place finish in the long jump.

FSU made its second trip of the year to Gainesville to compete in the ACC-SEC Challenge on Feb. 6. FSU ran away with 23 top-10 finishes, including an automatic qualifying time in the 55m dash for Tonya Carter. The 'Noles added

provisional qualifying marks in three other events as well as Mose, Johnson and Mullings all notched a spot on the NCAA list. Johnson and Mullings both earned provisional marks in the triple jump to help the women's squad, while the men's team was led by Josh Ware. Ware crossed the line in second place in the 5,000m in 15:37.23.

With the bulk of the season behind them, the men's and women's track and field squads took to Blacksburg, Va., for the most important meet of the season. FSU entered the ACC Championships with a solid corps of seniors on both sides, as well as a number of strong, young competitors. FSU was again paced by senior Tonya Carter. Carter left Blacksburg with individual ACC Championships in both the 200m dash and the 60m dash. George added a title in the 400m dash while Mose notched the conference crown in the weight throw, her second conference title in the event. Makiba Batten added the Lady 'Noles final individual title in the shot put to move the Seminoles to their second-place finish. The men's squad notched a fourth-place finish, taking home three individual ACC crowns. Joe Allen led the men's squad with conference titles in both the triple jump and the long jump. Christian Bland added a title in the high jump, clearing 7' 1". The Seminoles ended the indoor season with eight ACC-Individual Championships as well as 12 All-ACC competitors. Carter and Mose capped off the impressive showing by setting new conference meet records in the 60m dash and the weight throw, respectively. Carter's time of 7.03 in the 60m dash was also the second fastest time ever recorded in NCAA competition.

With the outdoor season right around the corner, Tonya Carter was still putting the finishing touches on an incredible indoor season. Carter left Fayetteville, Ark., with the Seminoles' first individual NCAA Championship in 15 years when she posted a mark of 7.21 in the 60m dash, which was a new NCAA Championship meet record. Carter was joined by Samantha George who set a new PR in the 400m dash with a sixth-place finish. The Lady Seminoles finished 15th in the nation.

2000 outdoor

After both the men's and women's teams ended the indoor season so close to a conference title, a renewed sense of intensity overcame Mike Long Track.

FSU opened the 2000 outdoor season by visiting cross town rival Florida A&M the same weekend in which Tonya Carter returned home with an NCAA Indoor title. The following weekend, the 'Noles hosted their first meet of the year, as Florida State hosted the FSU Relays. FSU notched eight first-place finishes in the third day alone, along with 25 top-five finishes. The Seminoles were led by senior Iain Harnden who claimed the title in the 110m high hurdles as well as the 400m hurdles. The men's 4x800m relay team

also posted a first-place finish. The women's squad was led by Lindsay Osborn who claimed a win in the pole vault as well as Makiba Batten, who added a first-place mark in the discus. Lakeisha Mose added a title in the shot put while both squads' 4x400m teams garnered first-place times.

With a dominating performance behind them in the FSU Relays, the Seminoles traveled to Gainesville, Fla. FSU competed in three days of competition at the University of Florida and claimed numerous top-ten finishes. Tonya Carter continued to impress with her victory in the invitational 100m dash with a time of 11.65. Samantha George picked up where she left off in a successful indoor season as she won the 800m dash, while Lindsay Osborn cleared a height of 12'1 1/2" to set a new school record in the pole vault. Makiba Batten continued her improvement in the discus with her throw of 165' 3", which was good enough for third overall in the meet. The men were led by Mario Lowe who triple jumped 49' 4 1/2" and placed second overall. Joe Allen placed third in the long jump and the 4x800m relay placed fourth overall.

The Garnet and Gold took their strong finish in Gainesville back to Tallahassee where they hosted the first of two USTCA meets during the season. FSU welcomed Kansas State, Air Force and South Florida. The men's squad claimed the team title, while adding 10 individual accolades. The top performance of the day belonged to Harnden, who managed to break the Zimbabwe national record in the 110m high hurdles for the second time in 2000. Harnden added a first-place finish in the 400m hurdles, setting a new personal record. Joe Allen finished first and second in the long jump and triple jump, respectively. Teammate Mario Lowe edged Allen in the triple. On the women's side, Kansas State edged out Florida State for the team title, but the Lady Seminoles still had a solid performance collecting seven, first-place finishes including Carter, George, Osborn, Batten and Mose.

FSU went on to host its second USATF Meet on April 15, 2000, when they hosted Miami, Tulane and then No. 11 Ohio State. The women's squad turned away the ranked Buckeyes for a first-place team finish while the men's squad rounded out the meet in second. Carter continued to shine with winning times in the 100m dash. George and Tangela Wobbleton also managed first-place marks, giving the Lady 'Noles 182-points. The men's team was led by Allen, Lowe and Donald Heaven. While Lowe and Allen continued to dominate in the jumps, Heaven emerged with a solid performance in the throws, coming through with a win in the shot put and a second-place finish in the discus.

With the Conference Championships on their mind, FSU traveled to Durham, N.C. for the 2000 ACC Outdoor Track and Field Championships. The women's squad defeated ACC Indoor Champion North Carolina (192-183) to

collect the first ACC title in the history of the program. The men's squad scored 132 points, holding off seven other schools, but couldn't catch conference champion Clemson, who ended the meet with 179.33. The Lady Seminoles reached the incredible milestone with the combination of senior leadership and young talent. Senior standouts Samantha George and Tonya Carter captured two titles, apiece, while the 4x100m and 4x400m relay teams both took the team titles. Makiba Batten, Lakeisha Mose and Chinette Johnson all added individual titles to help the Lady 'Noles nab the title. Helping the Seminoles to a second-place finish was senior Joe Allen who won the long jump title. The men's 4x400m relay team also won, proving Florida State's dominance in the relays. FSU left Durham with 21 All-ACC athletes.

With a conference title and runner up finish behind them, the Florida State Seminoles headed to Philadelphia, Penn., where they would face off against the best the world has to offer at the annual Penn Relays. ACC-Champion Joe Allen hit the sand with a mark of 24' 9" in the long jump, which landed him in sixth place. Freshman hurdler Danyne Brown also garnered a top-10 finish, crossing the line in ninth in the 110m hurdles.

The 'Noles followed the Penn Relays by splitting the squad to compete in three different meets, in which Allen, Mose and Batten all collected wins. The Seminoles regrouped following the busy weekend to host the Seminole Twilight Meet at Mike Long Track. George, Batten and Johnson took home wins for the Lady 'Noles while Iain Harnden, Bowling and Darius Jones garnered first-place marks for the men's squad. The meet also featured world record holders Kim Batten (USA) and Jonathan Edwards (England) who competed in preparations for the Summer Olympics.

After closing out their final home meet, FSU traveled to Atlanta, Ga., for a last chance meet at Georgia Tech. Samantha George took full advantage as she ran her fastest time of the season in the 400m at the Georgia Tech Invite, and solidified her spot at the NCAA Outdoor Championships. Christian Bland added a third-place finish in the high jump while Lakeisha Mose placed third in the hammer throw.

The final meet of the season for both teams was the NCAA Outdoor Track and Field championships. There were a total of five Seminoles and Lady Seminole who qualified for the championships. Samantha George in the 400m dash, Tonya Carter in the 100m dash, Makiba Batten in the discus throw, Iain Harnden in the 400m intermediate hurdles and Joe Allen in the long jump. Two Lady Noles earned All America honors, Batten, ninth in the discus throw, and Carter, third in the 100m dash. Joe Allen Placed ninth in the long jump. Harnden and George both failed to qualify for the finals in their respective events.

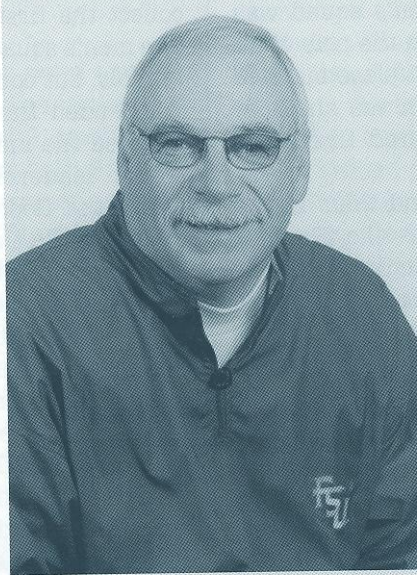
Florida State University head coach **TERRY LONG** begins his 22nd season with the Seminoles, and his 13th as head coach, following one of the most successful seasons in the program's history. Long ended last season with a ACC Women's Outdoor Championship as well as South-Region and ACC Coach of the Year Honors. His indoor teams finished second (women) and fourth (men), while his men's outdoor team notched a second-place finish. Following in his father's footsteps, Long continues the tradition 20 seasons after his father, Mike, retired as head coach at Florida State. Terry Long has been associated with the Seminole track program since he was 13 years old, when Mike Long began his head coaching legacy at FSU in 1953.

A few years later, Long formally joined the program as a student-athlete and lettered for the Tribe for four seasons. During his career as an FSU athlete, Long set new school records in all indoor and outdoor hurdle events as well as running on the school record setting 440, 880 and sprint medley relays. His senior year, he had the nation's fastest time in the 220-yard hurdles. Long completed his bachelor's degree in 1963 and his master's in 1965, both at FSU. Long began his head coaching career at Leon High School in Tallahassee before moving on to Delray Beach Atlantic High School and then Lakeland High School.

Long built his reputation as one of the nation's finest track coaches during 16 years of coaching at Seminole Community College, Santa Fe Community College and the University of Florida. While serving in the community college coaching ranks, Long produced over 200 All-Americans and 56 national champions. His teams won 16 state track and cross country titles and he was named coach of the year three times. In 1982 and 1983, he guided the Santa Fe women's track team to back to back national championships. During his tenure at Seminole Community College, Long was inducted into the Florida Track Hall of Fame.

The sport of track has certainly been a tradition in the Long family. In addition to FSU Hall of Fame member Mike Long, for whom the school's track facilities are named, his three sons all became coaches.

In 1985, Long rejoined Florida State as the head women's track coach and coordinator of both the men's and women's track/cross country teams. Following the retirement of men's coach Dick Roberts after the 1988 season, Long became the



HEAD COACH Terry Long (FSU '63)

Years at Florida State: 22

Years of Collegiate
Coaching Experience: 32

Florida State – Men's & Women's
Head Coach (1989-present)
Florida State – Women's Head Coach
(1985-88)
Florida – Men's Assistant Coach
(1983-85)
Santa Fe Community College –
Head Coach (1982-83)
Seminole Community College –
Head Coach (1970-82)
Florida State University –
Graduate Asst. Track (1964-65)

High School Coaching Experience:
Lakeland H.S. –
Head Track & Cross Country (1968-70)
Delray Beach Seacrest H. S. –
Head Track Coach (1966-68)
Leon H. S. – Head
Swimming & Asst. Football (1965-66)

head coach of both the men's and women's teams.

As head coach and administrator of the programs, Long has continued a strong tradition of track success with 44 individuals earning All-America honors. His athletes have set 11 new school records in men's track and 16 new school records in women's track. While in the Metro Conference, Long's men's and women's teams never lost a conference track championship. Since joining the Atlantic Coast Conference, Long has coached the men's team to the 1995 ACC Indoor title and has been named ACC Coach of the Year and NCAA District III Coach of the Year. He followed that with the 2000 ACC Outdoor women's title along with South Region and ACC Coach of the Year honors.

During his career, Long has coached numerous outstanding athletes. Notable among those athletes are Olympians Arthur Blake, World Champion and world record holder Kim Batten, two-time gold medalist Chandra Cheeseborough, Michelle Finn, Dennis Mitchell, Tom Reither, Esmerelda Garcia, Rey Robinson, and NCAA national champions Phillip Riley, Andrea Thompson, Janet Levy, Janet Davis and Tonya Carter, a 2000 NCAA Champion in the 60m dash.

Long has been extremely active in track outside of Florida State and even the state of Florida. From 1978-85, he served as co-chairman of the USA Olympic Development Sprints Committee and was very active within the Olympic Development Elite Athlete Project. In 1984, he coached the USA men's team in the first World Indoor Games held in Paris, France and has led other USA teams in international competitions held in Japan and Israel. Additionally, Long has served as head coach and assistant coach of the South Team in the USA Olympic Festival and was head coach for the Athletic Attic, Bud Light Track America and Mazda Track club teams which won six USATF national championships.

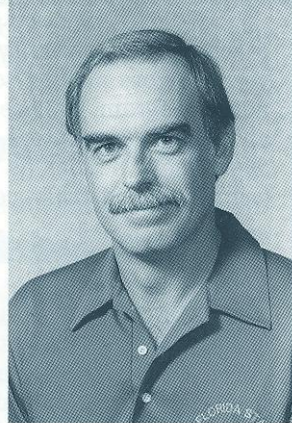
In 1977, Long co-founded one of the nation's premier high school post-season championship team meets at the Golden South Track Classic in Orlando, Fla. He also served as its meet director from 1977-79 and was inducted into the Golden South Hall of Fame in 1985. In 1988 and 1994, Long brought the USA National Junior Track Championships to Florida State and he also served as the meet director for the National AAU Track Championships hosted in Tallahassee in 1992.

JIM LONG brings a lengthy track background to his 25th season with the Florida State program.

A former Seminole sprinter and son of former FSU head coach Mike Long, he came back to his alma mater in 1975 as an assistant coach. His return followed a successful stint as head track coach at Leon High School in Tallahassee. He has served as a clinician at the U.S. Olympic Development camp in Orlando, joining brothers Terry, head coach at Florida State and Curtis, his Western Kentucky mentor. Long was inducted into the Florida Track Hall of Fame in 1991.

During his years on the Florida State staff, Long has coached numerous NCAA All-Americans. One former All-American decathlete, Rohn Stark, became the NFL's all-time leader in punt yardage in 1996. Long has also coached two Olympic hurdlers in Kim McKenzie and Arthur Blake.

He and his wife Janis have two sons; Justin 24 and Jarrett 21.



HURDLES COACH
Jim Long
 (FSU '70)

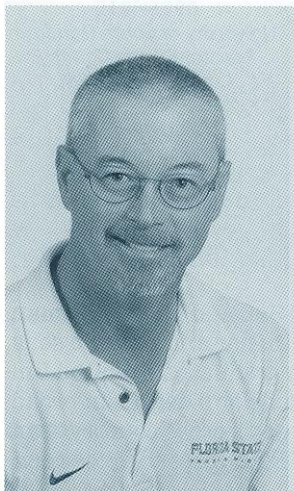
Years at Florida State: 25

Years of Collegiate Coaching Experience: 25

Florida State University –
 Assistant Coach
 (1975-present)
 Collegiate Track
 Experience:
 Florida State – sprints
 (1966-1970)

Entering his 16th year with the Florida State track and field staff, **DENNIS NOBLES** is recognized as one of the top coaches in the country. Nobles graduated cum laude from Florida State's School of Physical Education while also starting on the FSU track team as a pole vaulter from 1979-81. He went on to obtain his master's degree from FSU in Exercise Physiology in 1983 and is currently an instructor with the FSU P.E. Department.

Following graduation from Florida State, he began his coaching career at Wayland Baptist College, an NAIA track



**MULTI-EVENTS COACH/ POLE VAULT,
 JAVELIN, HIGH, LONG & TRIPLE
 JUMPS**
Dennis Nobles
 (FSU '82)

Years at Florida State: 16

Years of collegiate coaching experience: 17
 Florida State-Assistant Coach
 (1985-present)
 Wayland Baptist-Assistant Coach
 (1984-85)

Collegiate Track
 Experience:
 Florida State- Pole Vault (1979-81)

powerhouse in Plainview, Texas.

While at Wayland Baptist College, he coached 17 All-Americans, two national champions, a pair of Olympic qualifiers and a national record holder. He also led the school to a national championship and two-runner up finishes. He returned to his alma mater in 1985 to accept a position as assistant coach. Nobles has since coached several All-Americans, another Olympian and a world record holder at Florida State. Nobles is currently working towards his Ph.D in Athletic Administration.

His multi-event duties at FSU include coaching athletes in the javelin, high jump, long jump, triple jump and pole vault events. The most recent testament to his coaching abilities is ACC Champion Joe Allen who owns the second-best long jump in FSU history. Nobles also coached Christian Bland to an ACC individual title last season, and will have a great deal of talent to work with this season with returner Bland and newcomer Shawn Brown. In recent years, Nobles has been invited to participate in the elite women's javelin clinic in Long Beach, California. Nobles is the proud parent of a daughter, Sally, age 16.

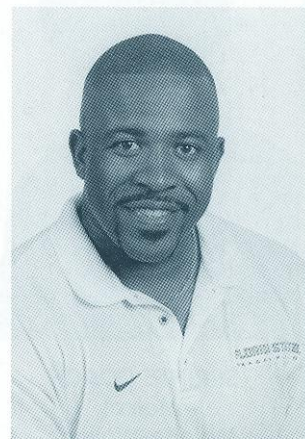
HARLIS MEADERS enters his seventh season on the Florida State coaching staff as the throws coach. A high school All-American in 1988, Meaders competed on the collegiate level at the University of North Carolina in Chapel Hill.

His collegiate track experience includes the shot put, the 35-lb. weight throw and the discus. While at UNC, Meaders was a three-time individual ACC champion and key member of the 1992 ACC Outdoor Championship team. Meaders was also an NCAA qualifier in the discus and qualified for the 1992 Olympic trials. He holds the school record in the discus at North Carolina.

Meaders came to Florida State by way of Western Carolina University, where he served as the assistant track and field coach for three years and obtained his masters degree in physical education.

While at Western Carolina, Meaders coached three Southern Conference Champions and several other all-conference athletes in the throwing events for both men and women. Meaders helped the men's and women's programs obtain their highest place finishes ever in the Southern Conference.

At Florida State, Meaders has helped the Seminoles



THROWS COACH
Harlis Meaders
 (UNC '92)

Years at FLORIDA STATE: 7

Coaching Experience: 10
 Florida State-Assistant
 Coach (1995-present)
 Western Carolina University-
 Assistant Coach (1992-94)

Collegiate Track Experience:
 University of North Carolina,
 shot put, weight throw,
 discus (1988-92)

Florida State fsu coaches

become one of the best all-around throwing squads in the Atlantic Coast Conference.

Meaders had one of the most successful coaching seasons to date in 2000, as Lakeisha Mose (shot put, hammer) and Makiba Batten (discus) both set new school records. Batten earned All-America status, as one of three Lady Seminoles to earn that honor, as she returns for her junior season as one of the prominent throwers in the country. Meaders coached a pair of ACC Champions in 2000 (Mose and Batten) as well as in 1997 (Greg Jack and Shannon Cook)

The Seminole coaching staff welcomes national-renowned athlete and former Olympic Champion, **MAICEL MALONE-WALLACE** to her first year of coaching with the Florida State men's and women's track and field teams. Malone-Wallace brings her own winning tradition to the FSU coaching staff and will look to help the men's and women's squads capture another ACC Championship this season.



SPRINTS COACH
Maicel
Malone-Wallace
(Arizona State '95)

Coaching Experience: 8
Florida State – Assistant Coach
(Present)

University of Florida –
Volunteer Assistant Coach
(1993-2000)

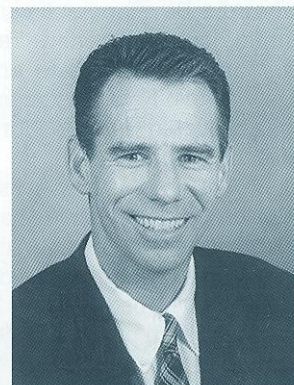
Collegiate Track
Experience:
Arizona State University:
sprints and 4x400m relay
(1991-1995)

Additional accolades include being named the "Most Outstanding Athlete" of the 1990 Penn Relays after running the fastest 400m relay split in the meet's 96-year history, named "Hanes Her Way Woman of the Year" for Arizona in 1991, as well as being the first ever female to win the NCAA indoor and outdoor 400m title, and the TAC 400m title in the same season.

Malone-Wallace's coaching career began as a volunteer coach at the University of Florida, where she coached eight years, before moving to Tallahassee to be part of the Seminoles' program. Wallace will be dealing in part, with the men's and women's sprinters. She will also be handling some of the disciplinary actions as well as working with the athletes on academics and athletics.

BOB BRAMAN takes the helm of Florida State cross country after 17 years of national level success at the University of South Florida. Braman has taken over the head coaching duties for the men's and women's cross country teams and serves as the distance coach on head coach Terry Long's track and field staff. Braman began coaching in 1983 as a men's cross country assistant. He was promoted to head coach in 1985 and initiated the women's cross country program in 1987. When South Florida began its track program in 1991, Braman assumed head coaching duties for that sport as well. Under Braman's guidance the USF men's cross country team won the last three Conference USA titles while the women's team is the two time defending Conference USA champion. Braman coached the men's and women's cross country teams to top 30 finishes 1999.

His men's cross country teams also won six-straight conference titles between 1988 and 1993, three were in the Sun Belt Conference and three were in the Metro Conference. During his tenure at South Florida, Braman was honored as Coach-of-the-Year 14 times. His men's cross country teams earned national rankings ten of the last 12 years, including a No. 5 national ranking in 1991, while the women's teams were ranked four of the last six years. Braman has coached 38 national qualifiers in cross country, and 28 national qualifiers on the track, including two-time NCAA champion Jon Dennis (5000 meters 1992 and 1993). Braman, 42, is married to the former Debbie Turner and has two sons, Steven (12) and Tyler (10). Braman graduated from the University of Florida in 1980 with a bachelor's degree in broadcasting. He was the captain of the Gator's cross country team for three seasons and garnered All-SEC honors in cross coun-



**HEAD CROSS
COUNTRY COACH/
ASST TRACK AND
FIELD COACH**

Bob Braman
(University of
Florida '80)

Coaching Experience: 18

Florida State – Assistant
Coach (Present)
University of South Florida –
Head Cross Country and
Track Coach (1991-2000)
University of South Florida –
Head Cross Country Coach
(1985-1991)
University of South Florida –
Assistant Cross Country
Coach (1983-1985)

Collegiate Track
Experience:
University of Florida:
cross country, 5,000m
(1977-1980)

try (1979 and 1980) and indoor track (1979). He was also the University of Florida's record holder in the indoor three-mile run.

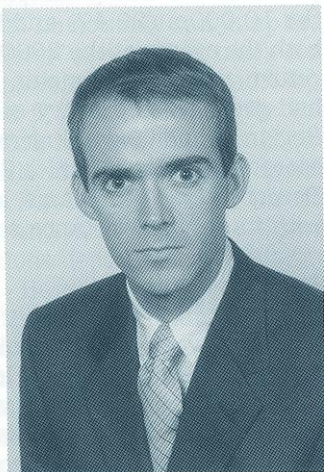
PAUL SPANGLER begins his third season as the assistant coach for the men's and women's cross country and distance teams in 1999-2000.

Spangler came to Florida State after an accomplished four-year career at the University of Alabama. At FSU, he has assisted in the coaching of all distance runners while also handling the recruiting responsibilities for the women's program.

After originally walking on at Alabama, Spangler went on to earn a scholarship and numerous honors for the Crimson Tide. Spangler was named to the All-Southeastern Conference and All-District teams in cross country while also recording the fifth-fastest indoor 5K mark and the tenth-fastest outdoor 10K mark in Alabama school history on the track. An All-SEC academic team selection, he graduated with a degree in sports management.

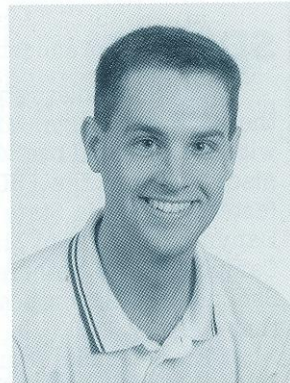
A native of Brooksville, Fla., Spangler began his distance career at Hernando High School. He won the state two-mile title as a junior and was the runner-up as a senior. In cross country, he was a two-time champion at district and conference meets while also earning academic all-conference status.

Spangler, 25, is currently pursuing his master's degree in sports administration. He continues to run competitively in his spare time and also enjoys cycling.



ASST. DISTANCE COACH
Paul Spangler
(Alabama '98)

Jamie Vaughn takes over the position of Graduate Assistant after serving last year as a volunteer assistant. Vaughn came to FSU after a two year stint as an assistant coach for the Chapel Hill-Carrboro Pacers, a youth running club that competes in the USATF Junior Olympic circuit in North Carolina. Under Vaughn's guidance 35 athletes have qualified for the national championships in both cross country and track and field, while four of those athletes moved on to earn All-America honors and one won a national cross country championship. Vaughn handles the day to day tasks of team travel planning, compliance issues, as well as maintaining the cross country and track and field programs' website, www.fsutrack.com. Vaughn competed collegiately at the University of North Carolina at Asheville. He was a two-time scorer in the 10,000m race at the Big South Conference Outdoor Track and Field Championships. Vaughn earned a bachelor's degree in economics at UNCA where he was named to the Dean's list several times and earned All-Big South academic honors. He earned a master's in sport administration in 2000 and is currently pursuing an MBA.



GRADUATE ASSISTANT
Jamie Vaughn
(University of North Carolina at Asheville '97)

Below (from l-r): Jamie Vaughn, David Cohen, Denis Nobles, Kim Batten, Terry Long, Harlis Meaders, Paul Spangler



The 2001 season should be a continuation of the immense success that both the men's and women's squads achieved last season. The men's team returns a solid corps, with the addition of strong young athletes to bolster the already solid unit.

sprints

The Seminoles return a number of good sprinters from the 2000 campaign. Michael Jennings returns this season with his personal best 400m mark of 46.42, a mark which placed him on the FSU all-time records list as the 10th-fastest in Florida State history. Jennings will be joined by Danyne Brown, Toni Martin, Bryon Taylor, freshman Sean Campbell among others on the 4 x 400 meter relay. The Seminoles look to repeat as the ACC Outdoor Champions in that event.

The Seminoles return three of their top 100m and 200m sprinters from 2000. Kolby Jones returns with the 2000 season's fourth-best 100m time. Senior horizontal jump specialist Joe Allen has worked hard in the off-season on his speed and hopes to improve on his second-best FSU mark in the 200m. Recruiting has helped in the short sprints, as Anesu Mushonga a true freshman from Harare, Zimbabwe, joins the 'Noles with international experience and should be able to make an impact on the ACC level. Another addition is senior football player Slade Douglas, who has great speed and has joined the sprint crew in hopes of placing high in the ACC Championships.

mid-distance

One of the Seminoles' strongest returning units will be the middle distance corps. FSU returns 13 mid-distance runners as well as the top runner in both the 800m and the 1500m. Maarten van den Heuvel led the 'Noles in both events, followed by Toni Martin and Wade Brett in the 800m and Eric Ritchson in the 1500m. Van den Heuvel had a strong performance in the 1500m, in which he ran 3:47.6 at a USTCA Quad Meet in Tallahassee, which also qualified him for the World Junior National Championships. His mark placed him at the top of the times list for the 2000 season, as well as eighth all-time at Florida State in that event. Van den Heuvel earned a second-place finish in the 800 meter run at the ACC Championships and owns a personal best of 1:48. He will be joined in the 800m by Martin, Brett, Ritchson and Kunish as the top-five returners in that event. Martin returns to the squad as another 'Nole with sub 1:51 (1:50.7) time in the 800m. Ritchson returns as the Seminoles' second Junior Nationals Qualifier in the 1500m with his time of 3:55.8 at the USTCA Quad Meet. Kunish owns the squad's third-best mark, and should make an important contribution this season. The Garnet and Gold return eight of their top-10 1500m runners from last season. Nick Stuart had a breakout cross country season this fall and should threaten the 3:50 barrier in that event.

distance

Junior Zach Heisner returns from a strong season in the distance events from 2000, where he placed fifth in the conference in the 3000 meter Steeplechase. He will look to go under 9:00 and qualify for the NCAA National Championships. True freshman Joep Tiegchelaar was a major recruit for the 'Noles and will be counted on to provide major points at the ACC Championships. His personal record in the 10,000m (29:47) and 5000m (14:24) would have won both the events at the 2000 ACC Championships. The 'Noles return many 5000-meter and 10000-meter runners who had great cross country seasons including NCAA All-South Region runner Dave Guerra, and former ACC 10,000-meter scorer Josh Ware. Junior Brian Fleishman and sophomores Danny Fritz, Nate Adams, and Ryan Hicks will provide FSU with its deepest distance squad in many years.

hurdles

Last year, the Seminoles ruled the 400-meter intermediate hurdles on the ACC level. Half of the finalists at the 2000 ACC championships wore Garnet and Gold. Unfortunately, two of those finalists were lost to graduation. Freshman sensation Danyne Brown returns to Florida State for his sophomore season after strong performances in both hurdle events. Brown qualified for the Junior Nationals with a sixth-place finish at the 2000 Florida State Relays in the 110m hurdles. He finished sixth in both the high and intermediate hurdles at the 2000 ACC Outdoor Championships. He looks to improve upon both those finishes in 2001. Brown is joined in the both the 110m and 400m hurdles by senior Byron Taylor, eighth in the 2000 ACC Outdoor Championships in the intermediate hurdles. The duo will look to make up for the loss of standout Iain Harnden to graduation. Brown stands as the 'Noles' top returner in 400m hurdles, qualifying for Junior Nationals with a 51.36 mark at the Florida Relays. Senior Ryan Owaski, who just missed qualifying for the finals in the 2000 ACC Championships, will also join Brown and Taylor in that event. Freshman Matt Mason will also compete in the high hurdles with both Taylor and Brown.

jumps

If the Seminoles have a shot at winning an ACC team title this season, a bulk of the weight will fall on the able shoulders of the jumpers. In addition to Christian Bland and Joe Allen, who both won ACC titles in 2000, the Seminoles have a number of athletes who are all capable of placing high in the ACC and national rankings. Allen returns after an impressive season in the sand where he qualified and participated in the NCAA Indoor National Championships, USATF Indoor National Championships, and the NCAA Outdoor National Championships. The senior returns after nailing a season-best NCAA provisional mark of 25'10" at the USTCA Quad Meet on April 1. The mark was good enough to place him second on the all-time list at Florida State. Allen is the reigning long and triple jump ACC Indoor Champion, as well as the long jump ACC Outdoor Champion. Allen

notched a 25'11 1/2" mark at the ACC Outdoor Championships which won the event. Mario Lowe led the Seminoles this season in the triple jump with a leap of 51'5 1/2" at the USTCA Quad Meet. Football player Javon Walker completes the trio of returning triple jumpers. Kolby Jones adds to a solid group of long jumpers that will no doubt make their mark in the sand this season. Jones, Walker, Allen and Josh Hendrix make up four of the top five triple jumpers from last season.

Lowe proved last season that he not only can jump far, but high as well. Lowe had the 'Noles' second-best mark last season (6'8") in the high jump, behind only Bland. Top-returner Christian Bland leaped 7'1" last season for the Garnet and Gold's eighth-best mark in the high jump in the storied history of the program. Bland looks to repeat as the ACC indoor high jump champion, but he has a major threat, and that comes from teammate and junior transfer Shawn Brown. Brown will add tremendous depth in the high jump on the ACC and national level. He qualified for the 1999 NCAA Indoor Championships in the high jump, jumping 7'3", and redshirted the 2000 season due to injury.

At the 2000 ACC Outdoor Championships, the Tribe took four out of the top six spots in the pole vault, and they look to repeat or improve that feat in 2001. Junior Jason Dean looks to reclaim his ACC title from 1999 as he comes back into competition after a broken wrist kept him out of action at the ACC Championships in 2000. The Garnet and Gold's top-three vaulters return for the 2001 season. Jeff Atkinson, Patrick Gerberich and Dean all cleared 15'9" or higher last season. Atkinson, the Seminoles' top returner, cleared 16'8 3/4" at the Seminole Twilight meet last season. The mark was good enough to vault Atkinson into eighth all-time in the FSU record book. Gerberich followed close behind, clearing 16' 3/4" at the USTCA Quad Meet while Dean managed to clear 15'9". Jared Sweetser, the Tribe's other returning pole vaulter (15'3") should complete an impressive group of vaulters. Two new freshman will also add depth to the pole vaulting group. Brooks Weber and Dan Shaffer, who both have won numerous state titles in high school, come to FSU with good personal records and will add depth to the already deep event.

throws

The throws group will also be very important to ACC title hopes. A group of new throwers will be added to the seasoned veterans. The Seminoles return Josh Bowling and Ryan O'Donnell, both throwers with ACC Championship experience. Bowling was fifth in the 2000 ACC hammer throw. New throwers, B.J. Linnenbrink, Dorian Scott, and Marquis Johnson, all have the ability to place high in many throwing events at the ACC level. Linnenbrink, a JUCO transfer from Johnson County Community College, was a two time All-American in both the hammer and weight throws in 2000. Both Scott and Johnson were all-state performers in high school.

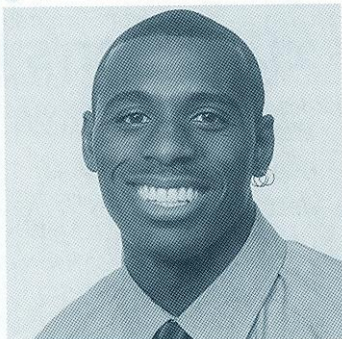
2001 Men's Roster

Nathan Adams	So.	Longwood, FL
Joe Allen	Sr.	Toledo, OH
Jeff Atkinson	So.	Coral Springs, FL
Christian Bland	Jr.	Lawrenceville, GA
Josh Bowling	Jr.	Tallahassee, FL
Wade Brett	Jr.	Port Lavaca, TX
Danyne Brown	So.	Camden, NJ
Shawn Brown	Jr.	Tampa, FL
Sean Campbell	Fr.	Orlando, FL
Jason Dean	Sr.	Clearwater, FL
Danny Fritz	So.	Cincinnati, OH
Patrick Gerberich	So.	Clermont, FL
Greg Gorski	Jr.	Westfield, NJ
Zach Heissner	Jr.	Jupiter, FL
Michael Jennings	Jr.	Jacksonville, FL
Marquis Johnson	Fr.	Tampa, FL
Kolby Jones	So.	West Des Moines, IA
Tommy Kunish	Jr.	Pensacola, FL
B.J. Linnenbrink	Jr.	Leawood, KS
Mario Lowe	Jo.	Lithonia, GA
Antonio Martin	So.	Oviedo, FL
Matthew Mason	Fr.	Marietta, GA
Aneshu Mushonga	Fr.	Harare, Zimbabwe
Ryan O'Donnell	Jr.	Tallahassee, FL
Ryan Owaski	Sr.	Pembroke Pines, FL
Joe Paiva	Fr.	Levitton, PA
Eric Ritchson	So.	Niceville, FL
Dan Royal	Fr.	Fort Meyers, FL
Dorian Scott	Fr.	Springfield, NJ
Dan Shaffer	Fr.	Clermont, FL
Antonio Smith	Sr.	Tallahassee, FL
Nick Stuart	So.	Lake Mary, FL
Jared Sweetser	So.	Sarasota, FL
Byron Taylor	Jr.	Stone Mountain, GA
Joep Tigchelaar	Fr.	The Netherlands
Maarten van den Heuvel	So.	The Netherlands
Josh Ware	Sr.	Ft. Meyers, FL
Javon Walker	Sr.	Lafayette, LA
Brooks Weber	Fr.	Clermont, FL
Mason Yost	So.	West Melbourne, FL

Joe Allen

Senior, Sprints/Jumps
Toledo, OH
(Barton C.C.)

Collegiate Bests:
Long Jump (25'10"),
Triple Jump (55'6")

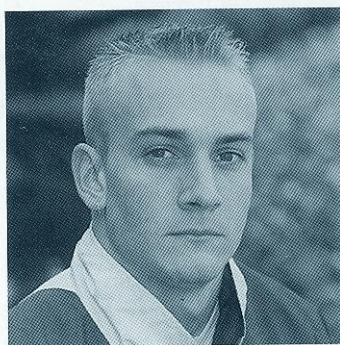


The Seminoles' top male returner as well as one of the top jumpers in the nation ... returns as the top long jumper on the squad and should remain near the top of the conference in both the long and triple jump... **2000:** Returns to Florida State for his senior campaign after an immensely successful junior year in both the indoor and outdoor seasons ... earned All-ACC honors for both the indoor and outdoor seasons ... recorded an ACC Individual Championship in the long jump in both the indoor (22-1.25) and outdoor season (24-10.50), as well as the triple jump (55-6) in the indoor season ... notched a NCAA Championship Qualifying mark in both the triple jump and long jump ... collected a first-place mark in both the long and the triple at Florida while collecting second-place marks in both events at Virginia Tech, as well as a third-place finish at the Air Force Invitational in the triple jump ... notched the squad's top long jump of the season with a mark of 7.89/25-11 at the USTCA Meet in Tallahassee, the mark was good enough for the second-best mark all-time at Florida State (Mark Freeman; 25-11.50) ... added a season-best triple jump of 50-11.50 and a 200m dash mark of 21.88 at the FSU Relays... **1999:** One of the top junior college athletes in 1998 ... outstanding ability and competed among the conference's best in the long and triple jumps ... **PREP:** All-state all four years in the long jump...an all-state selection his junior year in the 200m...a two-time all-state selection in the 4x400 relay ...competed at both track and field and basketball in high school ... **PERSONAL:** An information studies major...born a July 7, 1978.

Jeff Atkinson

Sophomore, Pole Vault
Coral Springs, FL
(Cardinal Gibbons
High School)

Collegiate Best:
Pole Vault (16'8 3/4")



Enters the 2000 season as the top returning pole vaulter on a squad that returns four solid performers from last season (Gerberich, Dean, Sweetser)...

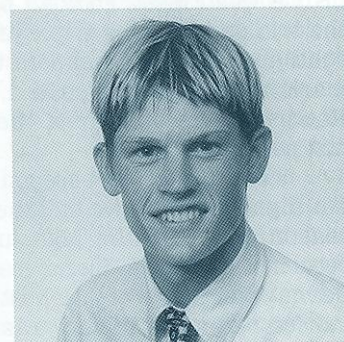
2000: Had a solid season which culminated with a season- and team-best mark of 16-8.75 at the Seminole Twilight Meet ... owns the Seminoles' eighth-best mark all-time with his mark at the Seminole Twilight Meet ... notched a third-place finish in the vault at the ACC Indoor Championships, clearing 16-3.50 ... added an eighth-place finish at the ACC-SEC Meet in Gainesville, Fla. **HIGH SCHOOL:** competed in both football and track and field all four years of high school...holds pole vault record at Cardinal Gibbons High School with a height of 15-9... **PREP:** Voted all-county junior and senior year ... won state championship in pole vault senior year...placed fourth in pole vault at state junior year...named track athlete of the year in 1999 for Broward

County... **PERSONAL:** Criminology major...rooms with two current FSU teammates Greg Gorski and Kolby Jones... has six brothers...born January 18, 1980.

Christian Bland

Junior, High Jump
Seabrook, TX
(Clear Lake HS)

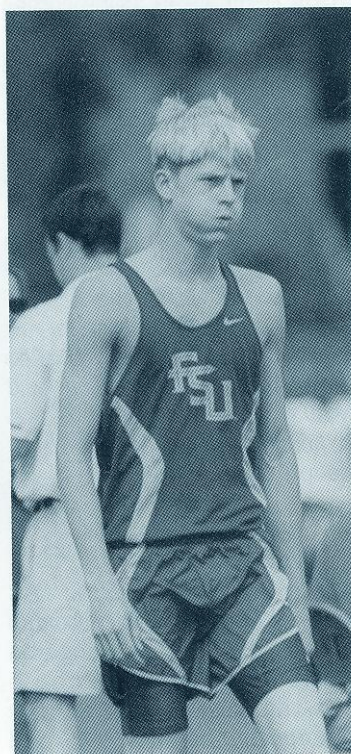
Collegiate Best:
High Jump (7'1")



Emerged as the top high jumper in the Atlantic Coast Conference in 1999, and should continue to lead the ACC in the vertical jumps this season... **2000:** Notched a career-high mark of 7-1 at the USATF Indoor Championships ...

matched that mark earlier in the season at the conference championships which earned him an ACC Indoor crown ... named All-ACC for both the indoor and outdoor seasons ... was a national qualifier in the high jump ... notched seventh- and second-place finishes at the ACC-SEC meet (6-08.75) and the Florida Meet (6-10), respectively ... cleared 7-1 again in

the outdoor season at the Georgia Tech meet and added a fourth-place finish at the Florida State Relays (6-11)... **1999:** Kicked off the indoor season with a top-10 finish in the high jump in his first collegiate competition ... placed fourth in the high jump event at the Florida Invitational ... top Seminole finisher at the ACC/SEC Challenge ... ended indoor season with the fifth-best high jump mark in the conference... performance at the FSU Relays was 18th best in Seminole history ... completed outdoor season with the second best jump in the conference ... **PREP:** Finished third in the district as a sophomore before eventually winning the district title his senior year in the high jump (6-6)...won the region (Houston) high jump competition with a jump of



6-8...a member of the National Honor Society as well as the Spanish Honor Society... **PERSONAL:** A communications (advertising) major...born July 29, 1980...very active in his church at home where his father, Jim, is the pastor... father held the school record in the high jump at the University of Maryland for a number of years.

Josh Bowling
Junior, Throws
Tallahassee, FL
(North Florida Christian)
Collegiate Bests:
Hammer (171'3"),
Shot Put (40'5 1/2"),
Discus (152'10")



Continued to improve last season and emerged as one of the Seminoles' top throwers ... FSU's top returner in the shot put, discus and hammer... **2000:** Had solid performances in virtually all of the throwing events, including a mark of 171-03 in the hammer at the Seminole Twilight Meet which landed him with the sixth-best mark in FSU history ... notched an impressive second-place showing in the weight throw at the University of Florida with a mark of 49-05.75 ... owns the squad's top returning mark in both the shot put (40-05.50) and the discus (152-10), both of which he achieved at the USTCA Meet at Mike Long Track ... notched a season-best mark of 99-05 in the javelin at the US Track and Field Series Meet... **1999:** Redshirted ... **PREP:** Two-time district champ in the discus ... district and regional champ in the discus and shot put as a senior ... voted team MVP as a junior ... finished third as a junior and second as a senior in the state discus throw championships...named All-Big Bend discus thrower of the year as a senior ... was Tallahassee City Champ in the discus as a senior ... academic state champ in engineering... **PERSONAL:** Majoring in sports medicine ... was one inch away from a state record in the discus with a throw of 164'3" ... born on October 10, 1979.

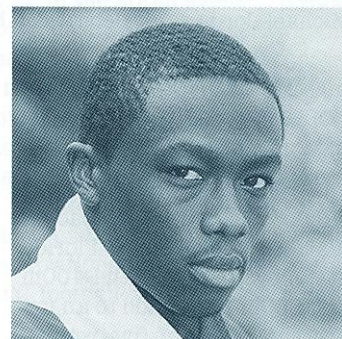
Wade Brett
Junior, Middle Distance
Port Lavaca, TX
(St. Joseph's HS)
Collegiate Bests:
800m (1:52.27),
1500m (4:11.01)



A member of a deep and talented 800m squad which returns six of last season's top-seven competitors... **2000:** Had a season-best time in the 800m at the FSU Relays where he crossed the line in third place with a time of 1:52.27 ... added the 1500m run to his repertoire this season, crossing the line in 4:11.01 at the Snowbird Invitational, hosted by Florida State ... added a solid performance in the 800m at the Seminole Twilight Meet crossing the line in ninth-place (1:55.78)... **1999:** Top Seminole finisher in 800m event at Florida Invitational ... among top-10 performers at the ACC/SEC Challenge ... best performance of season came at the FSU Relays where he established a new collegiate best in the 800m with a time of 1:54.33 ... also competed in 1500m with best showing coming at the UF Relays ... **1998:** Redshirted ... **PREP:** Won the Texas state title (TAPPS) in the 800m as a senior ... a four-year basketball letterman ... named to the

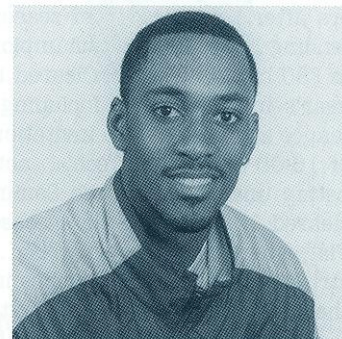
second-team all-state basketball team as a senior ... also ran cross country and was an honor roll student ... **PERSONAL:** A mechanical engineering major ... born March 26, 1979.

Danyne Brown
Sophomore, Hurdles
Camden, NJ
(Camden HS)
Collegiate Bests:
400m Hurdles (51.36),
110m Hurdles (14.37)



Emerged in freshman season as one of the top hurdlers in Florida State track and field history ... recruited very highly out of Camden High School and possesses great work ethic on the track and in the weight room ... should continue to improve this season and compete at the top of the ACC ...has the potential and ability to be a consistent contender for conference titles and NCAA automatic qualifications throughout FSU career... **2000:** Was a USA Junior National Qualifier in both the 110m hurdles and 400m hurdles ... Brown is the Seminoles' top returner in both the 110m and 400m hurdles ... had a season-best time in the 110m hurdles in the open division at the FSU Relays when he crossed the finish line in third place with a time of 14.37 after finishing fourth with a time of 14.44 in the Division I section ... ran a season- and career-best time of 51.36 in the 400m in Gainesville, Fla., which places him ninth all-time at Florida State in the 400m hurdles... **PREP:** New Jersey state champion and high school All-American in the 110m hurdles and 400m hurdles as a senior and junior...high school best performance in the 110m hurdles (13.43) would have been the top time at FSU in 1999... 110m hurdle time of 13.43 was the second fastest high school time in the country in 1999... named all-conference for past three years at Camden High ... **PERSONAL:** ...a sports management major...born on April 14, 1981.

Shawn Brown
Junior, Jumps
Brandon, FL
(Bloomingdale HS)
Collegiate Best:
High Jump (7'3")



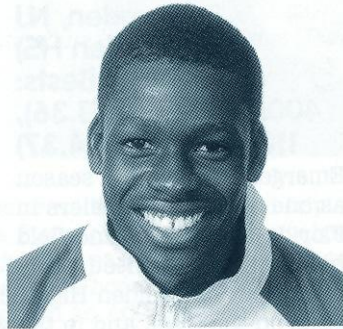
Transfer from the University of South Florida where he was the premier high jumper for the Bulls ... has already made great strides at Florida State and is ranked among the top high jumpers in the country ... should make an appearance in the NCAA Championships, as well as threatening for the ACC crown ... **UNIVERSITY OF SOUTH FLORIDA:** Recruited by several universities in Florida, decided to compete at the University of South Florida before transferring to Florida State ... top high jumper for the Bulls, helping the squad to a solid finish in last year's C-USA

conference championships ... current high jump record holder at USF... **PREP:** Played basketball, football and track and field at Bloomingdale High School ... won state championship in high jump in 1997 and 1998 ... **PERSONAL:** lists most admired athlete as Michael Jordan ... celebrates a birthday on July 12.

Sean Campbell

**Freshman,
Middle Distance
Orlando, FL (Evans HS)**

Will look to make an impact in his first season with Florida State, competing in the 400m and 800m ... will add to an impressive corps of five returning 800m runners, which should make a statement in the ACC this season ... **PREP:** Com-

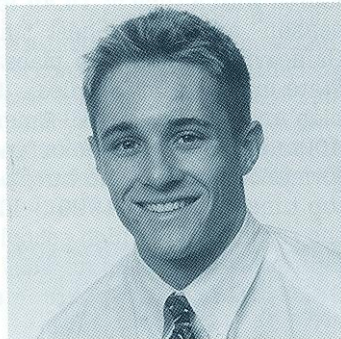


peted in track and field as well as soccer all four years in high school ... named to the Track and Field All-Metro team twice as a track athlete and once as a soccer player ... earned MVP honors his senior season ... named County Athlete of the Year at Evans High School, as well as being named all-county three times... **PERSONAL:** Majoring in engineering at Florida State ... admires Michael Johnson of USA Track and Field ... born July 17, 1982 ... son of Ulysses and Rhonda Campbell.

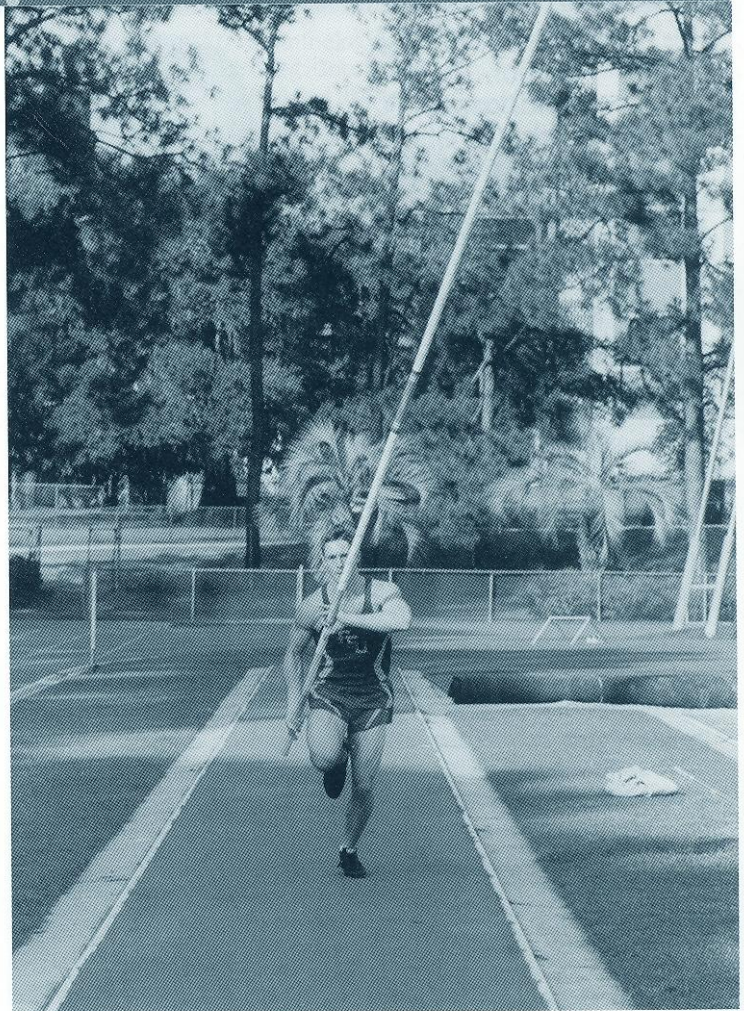
Jason Dean

**Senior, Pole Vault
Clearwater, FL
(Clearwater HS)
Collegiate Best:
Pole Vault (17-0.75)**

Returns to one of the top pole vaulting squads in the conference which returns four of its top-five competitors ... will look to lead strong corps of vault-



ers after returning from season-ending injury ... two-time defending ACC pole vault champion...owner of the fifth best vault in FSU history... **2000:** Cleared 16-feet a number of times in last year's indoor season, including a 16-04.75, fifth-place performance at the Air Force Invitational, as well as a first-place mark of 16-05 at Virginia Tech ... notched a second-place mark competing unattached at the Seminole Twilight Meet in which he cleared 15-9 ... suffered a season-ending injury at Gainesville, Fla., when he broke his wrist... **1999:** Put together impressive string of second-place finishes in first three meets ... took home the ACC crown in the pole vault competition at the ACC Indoors ... finished indoor season with the best mark in the conference ... personal best mark of 17-0.75 at the FSU Relays ranked fifth best in FSU history ... completed outdoor season with top mark in the ACC in the pole vault event ... **1998:** Placed 10th at the ACC/SEC Challenge in the pole vault with a mark of 15-3 ... scored at the ACC Indoors with a fourth place effort of 15-5.75 ... won the FAMU Relays (16-0) ... finished fourth at the Florida Relays with a vault of 15-9.25 ... took the Florida Intercollegiate

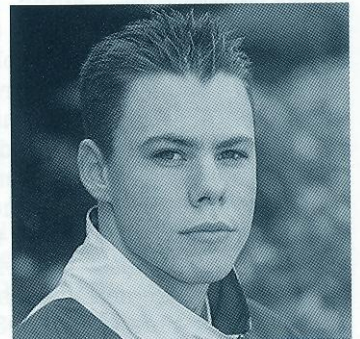


pole vault title (15-6) ... the ACC Outdoor runner-up at 16-3.25 ... recorded a mark of 16-1.25 at the Penn Relays and finished third ... established a collegiate best at the Seminole Twilight (16-6.75) in a second place effort ... **PREP:** An all-state and all-conference pole vaulter as a junior and senior ... won the National Junior Olympic pole vault title (15-5) in Baton Rouge, La. ... owns the Clearwater school record in the pole vault ... carried a 3.2 GPA and earned the Gold Seal Scholarship ... **PERSONAL:** Majoring in sports administration ... born June 1, 1979.

Patrick Gerberich

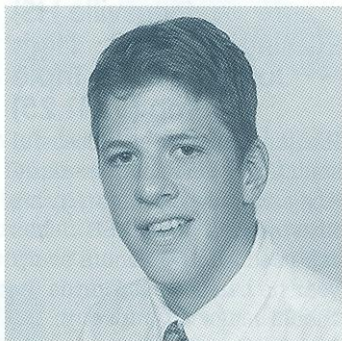
**Sophomore, Pole Vault
Clermont, FL (South
Lake High School)
Collegiate Best:
Pole Vault (16'3/4")**

One of four returning pole vaulters from the 1999 season ... notched a number of impressive marks in his first season as a Seminole ... versatile athlete who competed in football, cross country and track and field in high school... **2000:** Cleared 16-feet a number of times, includ-



ing a mark of 16-0.75 at the USTCA Meet at Mike Long Track ... equaled his season-best mark at the FSU Relays, again clearing 16-0.75... **PREP:** Named track athlete of the year for Lake County senior year...Florida state champion sophomore year... Florida state runner-up freshman year...recipient of Gold Seal scholarship... **PERSONAL:** Undecided major ... member of FCA ... mother participated in the Florida State University Flying High Circus ... born September 5, 1980.

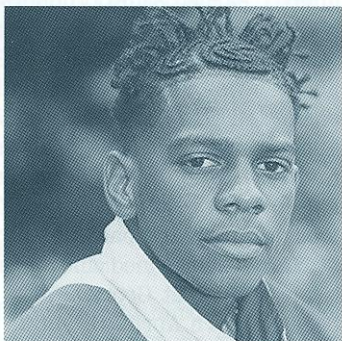
Zach Heissner Junior, Distance Jupiter, FL (Jupiter HS) Collegiate Best: 3000m Steeplechase (9:20)



Returns as the top distance runner for the Seminoles ... has experience in both cross country as well as the distance track ... leads a strong group of returners in the distances

... **2000:** Led the Garnet and Gold in the distances, crossing the finish line with the Seminoles' top mark in the 5K and the 3K ... adds depth to a 1500m unit that returns eight of its top-10 from last season (including Heissner) ... turned in his season-best marks in both the 3,000m Steeplechase, where he placed fourth overall just missing All-ACC honors, and 5,000m at the ACC Outdoor Championships ... **1999:** Had a breakout year in cross country finishing as one of FSU's top two finishers in four of five races...led team at the Stanford Invitational ...posted a personal season's best at the Crimson Classic with a time of 26:01 in the 8K... **PREP:** All-County for three years in cross country and track... placed fourth in the two-mile as a senior and third in the mile... **PERSONAL:** Majoring in physical therapy ... born on November 16, 1979.

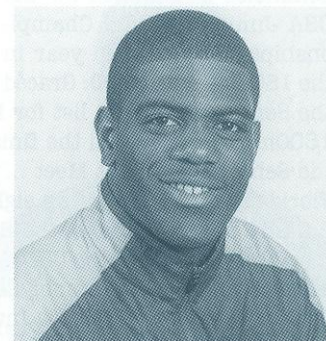
Michael Jennings Sophomore, Sprints Jacksonville, FL (Forrest HS) Collegiate Bests: 200m (22.22), 400m(46.42)



Emerged in sophomore season as one of the premier 400m sprinters in the Atlantic Coast Conference ... should expand into the 200m this season and will look to lead the team and the conference in both events ... **2000:** Had a breakout season in which he led the squad with impressive marks in the 400m ... notched the tenth-best mark in the history of Florida State track and field in the 400m, turning in a time of 46.42 at the FSU Quad Meet for a second-place finish ... Jennings was an integral part of the men's 4x400m relay team which scored for the Seminoles all season long ... earned an ACC Outdoor Track and Field Championships crown as part of the 4x400m team, named All-ACC for the outdoor season ... finished fourth at the ACC Indoor Championships crossing the

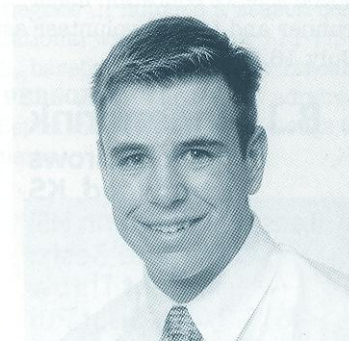
finish line with a time of 47.14 in the 400m ... finished second in the 400m at Air Force and ran to a seventh-place finish at Virginia Tech in the 800m... **1999:** Highlight of the indoor season was personal best time of 22.22 in the 200m event ... posted second best time on team in 400m event at Seminole Twilight competition ... finished outdoor season among the top-10 conference performers in the 400m... member of 4x400m relay team that finished with the 10th-best mark in Seminole history... **PREP:** Competed three years in high school on the varsity football squad, with one season of added track and field experience ... finished third in the state finals in 1997 ... **PERSONAL:** Majoring in sports management ... mother, Kimberly Daniels, competed on Florida State's track and field team ... aspirations include going to the Olympics and playing professional football ... celebrates a September 7, 1979 birthday.

Marquis Johnson Freshman, Throws Tampa, FL (Tampa Baptist Academy)



Will add to an already strong group of throwers ... enters FSU having had great success in the discus ... **PREP:** Named Freshman of the Year in his first season of competition at Tampa Baptist ... was the state championship runner-up in the discus in 1997-2000 ... named all-state in 1998-2000 ... received Hillborough County Athlete of the Year accolades in his final season of high school competition ... **PERSONAL:** Majoring in communication at Florida State ... lists greatest sports memory as the 1998 state championship ... has great admiration for former Olympic decathlete Dan O'Brien ... was a USATF Youth Delegate in high school ... son of Nate and Carmen Johnson ... born March 29, 1982.

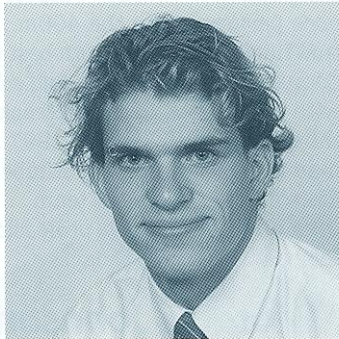
Kolby Jones Sophomore, Long Jump Waukeg, IA (Dowling High School) Collegiate Best: Long Jump (24'3 1/2")



Had a strong season as a jumper in 2000 ... specializes in the long jump and will look to be a point scorer at the conference meet this season ... talented athlete who competed in football and track and field all four years of high school ... **2000:** Had a season-best mark in the long jump at the USTCA Collegiate Track and Field Series Meet where he finished third (24-03.50) behind FSU athletes Joe Allen and Javon Walker ... captured a fifth-place finish at the ACC Indoor Championships with a mark of 24-02.25 ... had a seventh-place finish at the competitive ACC-SEC Meet, where he landed in the pit at 23-07.25 ... **PREP:** Named elite all-state in 4x100 and long jump senior year...all-conference junior year

and senior year...Drake relays long jump champion senior year...made CIML honor roll... **PERSONAL:** Business major...father played football at the University of Northern Iowa...rooms with fellow FSU teammates Greg Gorski and Jeff Atkinson...born January 28, 1981.

Tommy Kunish
Junior, Distance
Pensacola, FL
(Woodham HS)
Collegiate Bests:
1500m (3:56.79)



CROSS COUNTRY: A third-year cross country runner for the Seminoles ... qualified for the USA Junior National Championships his freshmen year in the 1500m run... **2000:** Graced the Seminoles' top-10 list for last season in both the 800m and 1500m run ... crossed the finish line in 1:57.33 in the 800m at the Seminole Twilight Meet ... ran 3:57.70 in the 1500m at the Florida State Relays for an eighth-place finish ... added a time of 2:04.84 in the 800m at the Snowbird Invitational as well as a fourth-place finish at the USTCA Collegiate Series Meet (3:57.21)... **1999:** Finished third among Seminole competitors at the Florida Intercollegiate and Florida Invitational ... had best outing of the year at quad meet with Fresno State, Illinois, and University of Florida where he placed among the top 10 competitors in the 3000m and 3000m Steeplechase events... finished seventh in the 1500m event at the FSU Relays... **PREP:** All-Northwest Florida track and cross country Runner of the Year in 1997 and '98...a two-year all-state cross country performer... earned all-state status in the 1600m (state champion) and 3200m...named to the 1998 Woodham High School Hall of Fame...played four years of soccer in addition to track and cross country... **PERSONAL:** Kunish is a social science education major ... relative of former FSU distance runner and former volunteer assistant David Ogletree...born on July 16, 1980.

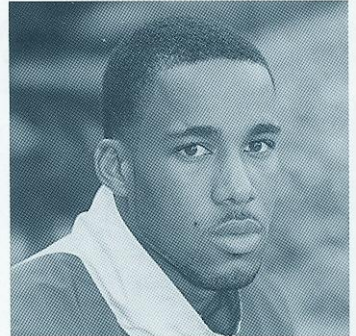
B.J. Linnenbrink
Junior, Throws
Leawood, KS
(Lees Summit North HS)
Collegiate Bests:
Weight Throw
(61'1 3/4"), Shot Put
(50'9"), Hammer
(181'9")



Strong thrower who plied his trade at Johnson County C.C. before making the move to Tallahassee ... has already shown great promise at Florida State and should make his mark as one of the best throwers the Tribe has on the roster this season ... **PREP/JUNIOR COLLEGE:** Competed on track squad in 1993-97 at Lea Summit North High School ... was an All-American in the weight throw and the hammer in the 2000 season, competing at

J.C.C.C. ... **PERSONAL:** Majoring in sports management at Florida State ... lists greatest sports memory as being named an All-American ... son of Linda and Jim Linnenbrink ... born November 21, 1978.

Mario Lowe
Junior, Jumps
Lithonia, GA
(Titusville HS)
Collegiate Bests: High
Jump (6-8.75) Triple
Jump (51-11.25)



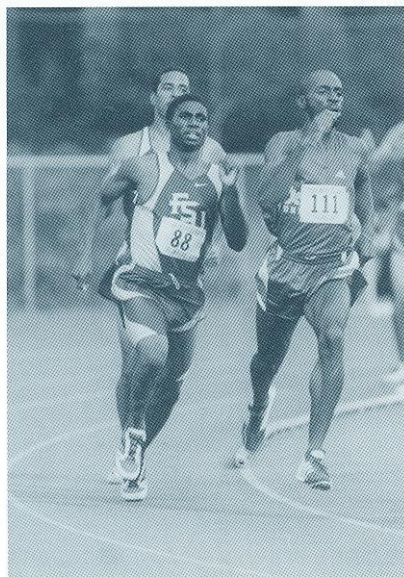
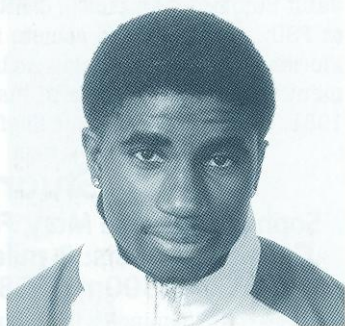
Had an immensely successful sophomore season after excelling as a true freshman in his first season with FSU... has captured All-ACC honors every year he has been at Florida State ... specializes in triple jump but should make an impact in the long jump as well... **2000:** Qualified for the NCAA Championships in the triple jump ... named All-ACC for both the indoor and the outdoor season ... cleared a season-best high jump of 6-8 which stands as the second-best mark on the 2000 squad ... led the squad in the triple jump last season with a season-best mark of 51-05.50 which he landed at the USTCA Series meet in Tallahassee, Lowe's mark in the event earned him a first-place finish, edging out teammate Joe Allen ... added a number of top-five finishes in the indoor season, including a third-place mark at the University of Florida (49-05.50) and a third-place finish at the ACC Indoor Championships in the triple jump (51-02.25) ... landed in fourth place at the Air Force Invitational with a mark of 48-05.50 ... **1999:** Placed second in the triple jump event and fourth in the long jump at his first collegiate meet ... took home first place in the triple jump at the ACC/SEC Challenge ... ended indoor season with the second-best conference mark in the triple jump and sixth best in the high jump ... earned All-ACC honors for his efforts in the indoor season ... mark of 51-11.25 in the triple jump at the Texas Relays was the fourth best mark in FSU history ... excelled in the high jump as well with a fifth place showing at the Florida Relays ... completed outdoor season with top conference mark in the triple jump event ... **PREP:** All-state selection in triple jump ... named to "Who's Who in Track and Field"...all-conference performer in field events...voted MVP of high school squad ... participated in cross country and basketball in addition to track duties ... **PERSONAL:** A sports medicine major ... father was an all All-American triple jumper at Georgia Tech ... enjoys reading science fiction books ... born April 20, 1980.

Antonio Martin

Sophomore,
Middle Distance
Samford, FL (Seminole HS)
Collegiate Bests:
800m (1:50.73)
400m (48.67)

Had a very strong freshman campaign as the Seminoles' second-best 800m runner (Maarten van den Heuvel) ...

2000: Had a strong season in the 800m finishing the year with a season-best mark of 1:50.73 which earned him a third-place finish at the Seminole Twilight Meet, and the top finish on the team at that meet ... notched a strong performance in the 400m dash at the Air Force Invitational when he finished fourth with a time of 48.67 ...



member of the conference's top 4x400m team, which took the outdoor title with a time of 3:10.25 ... garnered ACC Outdoor Champion crown (4x400m relay), All-ACC Outdoor honors and was a USA Jr. Qualifier in the 800m ... **PREP:** Florida State champion in the 800m as a senior and sophomore in high school...posted a personal best time of 1:53.70 at Seminole High School, which would have been the second fastest time at Florida State in 1999 in the 800m...played football and track and field at Seminole High... named Athlete of the Year as a senior ... **PERSONAL:** Majoring in computer science...lives with teammate Danyne Brown... celebrates a May 16, 1981 birthday.

Matt Mason

Freshman, Sprints/Hurdles
Marietta, GA (McEachern HS)

Brings an impressive resume of sprints and hurdles to Florida State and should be a factor in the Seminoles' push for a conference championship this season ... **PREP:** Competed in basketball, track and football in high school ... named all-county as well as Region 5AAAA long jump champion ... region champ in the 110m and 300m hurdles ... named all-state and team MVP in his senior year ... was the county champion in the long jump and the 300m hurdles three different times ... **PERSONAL:** Greatest ambition is competing at the 2004 and/or 2008 Olympics ... greatest memory is winning the state championships in 1998 ... most admired athlete is Michael Johnson ... attending Florida State was a dream of Mason's since childhood ... born June 30, 1982.

Aneshu Moshanga

Freshman, Sprints
Waterfalls, Zimbabwe (Prince Edward HS)

Will look to make the transition to Florida State after competing in Zimbabwe ... will look to learn from FSU leader Michael Jennings in the 400m, and contribute early on in his career ... **PREP:** Competed in track and field as well as rugby at Prince Edward High School in Zimbabwe ... earned "Athletic Honors" on the track and field squad in 1999 ... earned track and field school, as well as country "colors" ... **PERSONAL:** Lists greatest sports memory as representing country in international events ... most admired athlete is Michael Johnson ... born December 15, 1981 ... enjoys music, choir and current events.

Ryan O'Donnell

Junior, Throws
Jacksonville, FL
(Bishop Kinney HS)

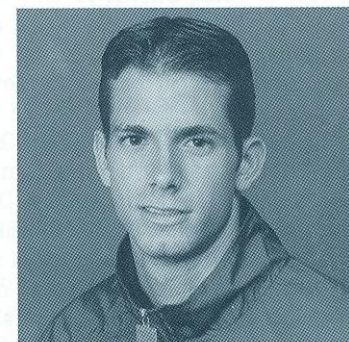
A strong member of the Seminole throwing corps, bringing with him the experience of a year at Jacksonville University, as well as his first year with FSU... **2000:** Tends to have strong performances in Gainesville, notching his season-best mark in both the shot put and weight throw at the University of Florida and the Gator Invitational, respectively ... threw the shot 44-07.50 and tossed the weight 44-05.50 ... season-best outdoor mark in the javelin of 124-01.00, which he nailed at the USTCA Meet ... **JACKSONVILLE UNIVERSITY:** Impressive first season at Jacksonville University ... finished 17th at the 1998 Sun Belt Conference Outdoor Championship in the discus (108-07), as well as notching a mark of 33-8 in the shot put and 32-4.25 in the weight throw in the conference championships ... had a season-best javelin mark of 108-2 at the Florida Intercollegiate ... notched a season-best discus at the Barnett Bank Invitational with a mark of 111-7.50 ... **PREP:** Competed in football, baseball and track at Lincoln High School in Tallahassee ... **PERSONAL:** Lists most admired athlete as Mike Brown ... born September 20, 1978 ... belongs to the Fellowship of Christian Athletes.



Ryan Owaski

Senior, Sprints/Hurdles
Pembroke Pines, FL
(Cooper City HS)

Experienced sprinter who will look to bolster a strong sprinting unit for this season's Seminoles ... **PREP:** Competed in cross country and track and field at Cooper City High School ... was voted Most Improved in junior year ... earned MVP honors as a hurdler in his senior year ... named all-county in sophomore through senior seasons ... won the state championship as part of the 4x400m relay team. **PERSONAL:** Nickname is "Buf-



Florida State men's profiles

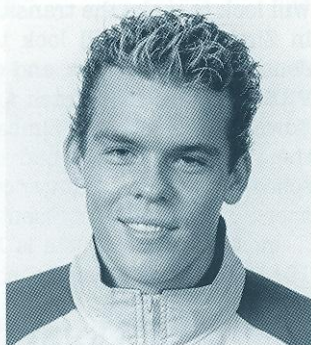
falo" ... has made the Dean's List as well as ACC Honor Roll ... majoring in Biology ... wants to become a doctor ... celebrates a birthday on May 16.

Eric Ritchson

**Sophomore, Distance
Niceville, FL (Niceville HS)
Collegiate Best:
1500m (3:55)**

Ritchson is a second year runner for the Seminoles ... ran his personal best 8k of 26:10 at the Crimson Classic ... ran 3:55 for 1500m as a true freshman on the track and qualified for Junior Nationals. **2000:** Redshirted **PREP:**

competed for Niceville High School where he ran 4:18 for 1600m and placed third overall in the state meet at 1600m. **PERSONAL:** He is an excellent student who graduated Cum Laude from high school and was on the top honor roll all four years. Ritchson is majoring in chemical engineering.



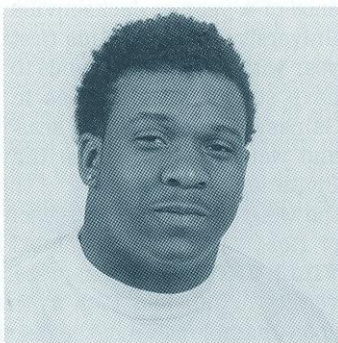
Dorian Scott

**Freshman, Throws
Springfield, NJ
(Seton Hall Prep)**

Strong athlete that will look to have an impact this season as part of one of the conference's top corps of throwers ... **PREP:** Named all-area as a sophomore, junior and senior ... named all-state twice in high school ... earned all-conference

(3) and all-conference (2) a total of five times ... named an All-American as a senior for the indoor season ... named county Athlete of the Year as well as team MVP at Seton Hall Prep ...

PERSONAL: Roommate is Seminole-thrower and fellow freshman Marquis Johnson ... greatest sports memory is winning the Penn Relays ... most admired athlete is NBA basketball player Rasheed Wallace...son of Winston and Sonia Scott...born February 1, 1982.

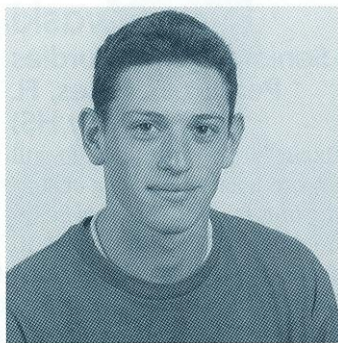


Dan Shaffer

**Freshman, Pole Vault
Clermont, FL
(South Lake HS)**

Will join teammates Jeff Atkinson, Patrick Gerberich, Jason Dean and Jared Sweetser to make up the Seminole pole vaulting squad ... **PREP:** competed in football for two years and track and field for four years at South Lake HS...was

1998 and 1999 Class 5A runner-up in the pole vault ...2000 Class 3A state champion in the vault ... 2000 DII National Pole



Vault Summit champion ... **PERSONAL:** Computer science major at FSU...most admired athlete is Nick Hysong...wanted to go to Florida State since he was a child...greatest sports accomplishment was winning states in his senior year...born December 16, 1981...son of Ken and Gene Shaffer.

Nick Stuart

**Sophomore, Lake Mary, FL
Collegiate Bests: 3 mile
(14:32), 1500m (3:58)**

Stuart led the Seminoles in all but two races throughout the 2000 season ... best races of the year came at the Florida Intercollegiate Invitational where he posted a second-place finish with a time of 26:08 over the 8300m course, and the Notre Dame Invitational

where he ran 25:21 for 8000m ... **2000:** Stuart ran 3:58 for 1500m and just missed qualifying for the USA Junior National Championships ... **PREP:** He had a stellar prep career at Lake Mary High School where he ran 4:21 for 1600m his senior year ... **PERSONAL:** Stuart is currently majoring in business.

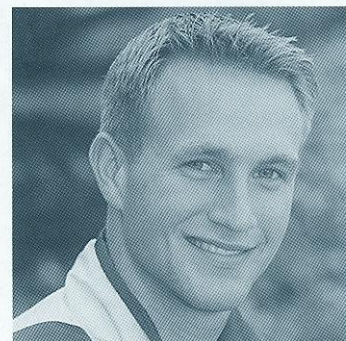


Jared Sweetser

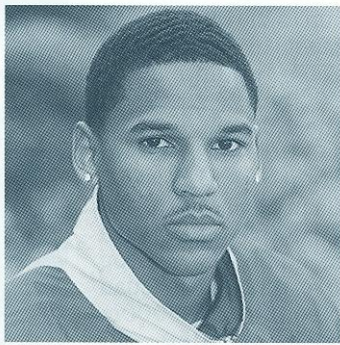
**Sophomore, Pole Vault
Sarasota, FL
(Riverview HS)
Collegiate Best:
Pole Vault (15'3")**

Had a promising freshman season in the pole vault ... is part of a strong returning corps of pole vaulters that include four of the top-five from last season ...

2000: Cleared a season-best mark this season in the vault when he cleared 15-3 at the Seminole Twilight Meet where he finished third and competed unattached ... **PREP:** Multi-talented athlete in high school who competed in track, football, tennis and golf ... Florida decathlon state champion senior year of high school ... team captain and most valuable athlete at Riverview High School senior year...named all-area track athlete of the year by the Sarasota Herald Tribune senior year...helped lead team to 1999 Florida 6A State Championship... made fall '99 Dean's list and recipient of Bright Futures Scholarship ... **PERSONAL:** Finance major ... Eagle Scout ... member of Pi Kappa Alpha fraternity ... will compete against brother who is a pole vaulter at the University of Florida ... born March 2, 1981.



Byron Taylor
Sophomore, Hurdles
Stone Mountain, GA
(Stephenson HS)
Collegiate Bests:
110m hurdles (14.44),
400m hurdles (51.87)



Successful career which has improved every season since arriving in Tallahassee ... key member of returning hurdles squad ... **2000:** Had strong season in the hurdles tallying the squad's second-best time in both the 400m and 110m hurdles (Danyne Brown) ... set career-best mark in 400m hurdles when he crossed the line in 51.87 with a third-place finish ... added a fifth-place finish along with the second-best finish on the team (Brown) at the Florida State Re-

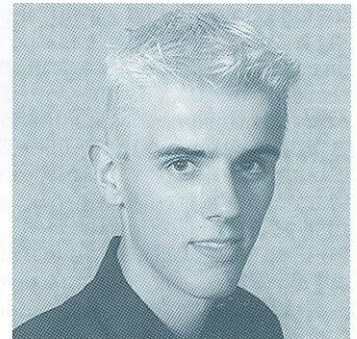


lays when he crossed the finish line in 14.60 ... ran a 49.42 in the 400m dash at the USTCA Collegiate Track and Field Series ... **1999:** Had best mark of the season for FSU in the 110m hurdles (14.44) ... garnered a sixth-place finish at the FSU Relays and ACC Outdoor Championships in the 400m hurdles ... time of 53.38 in the 400m hurdles was the second fastest by a Seminole in 1999 ... member of the 4x100m relay team that had the fastest time of the FSU outdoor season ... **PREP:** An all-metro 300m hurdler who was named to the Atlanta first team ... lettered in cross country and track at Stephenson High ... named MVP of track team ... **PERSONAL:** Celebrates a March 21, 1980 birthday.

Joep Tigchelaar
Freshman, Distance
The Netherlands (Titus Brandsma Lyceum)
Track Bests: 5,000m (14:24), 10,000m (29:47)

May be the most talented distance runner the Seminoles have this season ... is an extremely strong 5,000m and 10,000m runner and will compete with teammate Josh Ware for the spot as the Tribe's top athlete in those events ... should be a force in the conference championships this season, as he will look to claim the conference crown in the distance events ... **PREP:** Qualifier for the Junior World Track and Field Championships in the 10,000m ... competed in the 5K in Junior European Track and Field Championships in 1999, where he finished ninth ... Qualified for the World and European Cross Country Championships in 1999 and 2000 ... national (The Netherlands) junior steeplechase champion in 1999 ... **PERSONAL:** Majoring in business at Florida State ... greatest ambition is to compete at the 2008 Olympics ... son of Hans Tigchelaar and Ann Marie Spin ... celebrates a February 9 birthday.

Maarten van den Huevel
Sophomore, Distance
Warnsveld, Netherlands
(Baudartius College)
Collegiate Bests:
1500m (3:47),
800m 1:48.69)



Has already had one of the most successful seasons in FSU Track and Field history after living up to all expectations entering his freshman and sophomore years ... competes in middle distances and should expand to long distances this season as well, also has competed in 400m and 200m sprints ... compares closely to former Seminole great Ocky Clark ... **2000:** Had a very successful season on the track last season while competing in sprints and middle distances ... strength is mostly in 800m and 1500m, led the 2000 squad in 800m and 1500m runs ... had a season-best 800m run at the ACC Outdoor Championships where he crossed the line in second place ... had a season and career-best mark in the 1500m at the USTCA Quad Meet, taking home first place in that event with a time of 3:47.60...ran his way into the record books with the Seminoles' eighth-best all-time mark in the 1500m run with his time at the USTCA Quad Meet...named All-ACC in the outdoor season...was a World Jr. Qualifier in the 1500m run...crossed the line in seventh in the 800m run at the ACC Indoor Championships...ran to a fifth-place finish at the ACC-SEC Meet in the 800m, finishing with a time of 1:52.83... **1999:** Had an injury-plagued fall that only allowed him to compete in two cross country races...was FSU's second-fastest runner finishing in 63rd-place at the NCAA District IX South Regionals in November of 1999 ... **PREP:** Top times include 1:48.69 in the 800m and 3:52.11 in the 1500m...the Dutch Junior National Champion in the 800m... **PERSONAL:** Majoring in humanities...enjoys speed training...born April 15, 1981.

Gary Visser

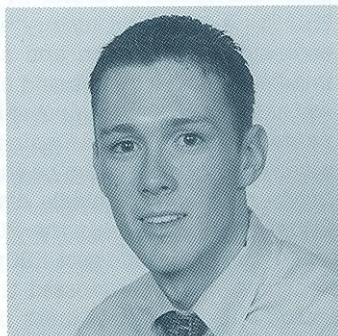
Senior, Jumps/Sprints
Orlando, FL (Dr. Phillips HS)
Collegiate Bests:
Pole Vault (15'7"),
Decathlon (6,249 points)



Has been successful at Florida State in the jumps and has expanded to compete as a jack of all trades in the hurdles as well as the discus, javelin and decathlon ... joins Danyne Brown and Byron Taylor as the top-three returners to this season's 110m hurdles squad ... **2000:** Cleared 6-feet in the high jump this season at the USTCA Series Quad Meet on April 1 ... ran a 15.95 in the 110m hurdles at the Snowbird Invitational for a third-place finish ... had a successful pole vaulting season in which he cleared 15-7 for a season-best mark at the USTCA Quad Meet on April 15 for the fourth-best mark on the team ... one of the squad's top-five returners in the long jump, as he landed in the pit with a season-best mark of 19-09.50 at the Snowbird Invitational ... had a strong showing in the throws as well, adding a 35-3 (3/4) mark in the shot put, a 111-6 mark in the discus (3/4), a 156-7 mark in the javelin (4/15) and a decathlon score of 6249 ... is the squad's top returning decathlete and owns the third-best returning mark in the discus and the javelin ... **PREP:** attended Dr. Phillips High School ... competed in cross country and track ... named cross country and track and field team captain for the 1997-98 seasons ... named the track and field MVP in 1996 and 1997 ... garnered all-county honors in 1998 ... **PERSONAL:** Son of Paul and Sue Visser ... born February 6, 1980 ... majoring in exercise physiology ... member of the Pi Eta Sigma honor society ... lists greatest ambition as going to the 2004 Olympics.

Josh Ware

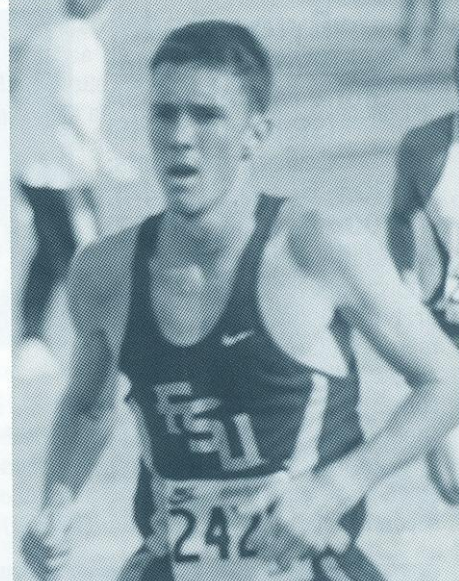
Senior, Distance
Ft. Myers, FL (Riverdale HS)
Collegiate Bests:
5,000m (15:49.05),
10,000m (32:26.41)



Solid runner throughout career ... mentally tough senior who is the most experienced distance runner on the team...battled through some injuries in 1998... potential to be a conference scorer in 2000...

CROSS COUNTRY: Was the lone senior on this year's cross country squad ... was only able to compete in one meet before falling to an early-season injury ... recorded a seventh-place finish directly behind teammate Nick Stuart at the Appalachian State Invitational ... **2000:** Excelled in the 10K and 5K this season, as well as turning in strong performances in the 1500m ... led the squad this season in the 10K with a time of 32:15 at the ACC Outdoor Championships ... ran the squad's second-fastest time last season in the 5,000m (Zach Heissner) with a time of 15:36 at the ACC Outdoor Championships ... turned in a time of 15:37.23 for a second-place finish in the 5K in the ACC-SEC Challenge ... ran a 4:09 in the 1500m in the Snowbird Invitational for a fourth-place finish ... ran a season-best 8:45.38 in the 3,000m

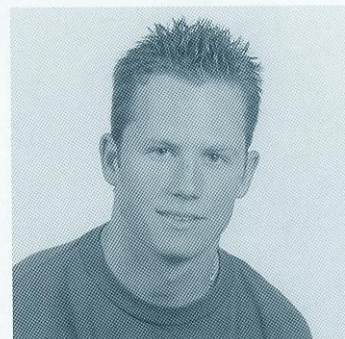
run at the USTCA Quad Meet ... **1999:** Had FSU's top times in the 3000m Steeplechase, the 5000m and the 10,000m...placed eighth at the ACC Championships in the 10,000m with a time of 32:26.41...had top five finish in a quad meet in the 5000m with a time of 15:49.05...led men in three of four cross country races in 1999, including the ACC Championships and NCAA Regionals... posted a season's team best mark of 25:50 in the 8K at the Crimson Classic



in September...**PREP:** The 4A state of Florida cross country champion as a senior...earned district title, all-state 4A runner of the year honors that year...an all-conference runner as a junior... participated in both cross country and track at Riverdale ...**PERSONAL:** An accounting major...transferred from Troy State University...father, George, was a swimmer at LSU... celebrates an August 17, 1978 birthday.

Brooks Webber

Freshman, Pole Vault
Clermont, FL
(South Lake HS)



Joins one of the most impressive pole vault units in the conference, which includes college and high school teammate Dan Shaffer ... will be one of several incoming pole vaulters who will be looked at to help the Seminoles earn the conference title ... should have an immediate impact in his first season with FSU after a successful high school career ... **PREP:** Played high school football for two seasons and high school track and field for four years ... was the 1999 state champion in the pole vault, beating out teammate Dan Shaffer of South Lake High School ... was the 2000 state runner-up in the vault ... named Orlando Sentinel Athlete of the Week ... **PERSONAL:** Greatest ambition is to win the Atlantic Coast Conference pole vault title, and wants his fellow vaulters to sweep the top-three spots at the conference championships ... roommate is fellow South Lake High grad, Dan Shaffer ... born November 9, 1981 ... sister (Ali Weber) is a tennis player at Florida State ... most admired athlete is Florida State senior pole vaulter, and teammate, Jason Dean.

men's qualifying marks

Track & Field

division I/indoor (sea level)

EVENT	AUTOMATIC		PROVISIONAL	
	FAT	MT	FAT	MT
55 Meters	6.16 [®]	-	6.26 [®]	-
60 Meters	6.62 [®]	-	6.72 [®]	-
55-Meter Hurdles	7.23 [®]	-	7.39 [®]	-
60-Meter Hurdles	7.74 [®]	-	7.90 [®]	-
200 Meters				
(Under 200m/220 yds)*	21.30	-	21.65	-
(200m/220 yds)*	21.15	-	21.50	-
(Banked or Over 200m/220 yds)*	20.90	-	21.25	-
400 Meters				
(Under 200m/220 yds)*	46.97	46.7	47.70	47.4
(200m/220 yds)*	46.72	46.4	47.45	47.2
(Banked or Over 200m/220 yds)*	46.32	46.0	47.05	46.8
800 Meters				
(200m/220 yds or less)*	1:48.90	1:48.6	1:50.80	1:50.5
(Banked or Over 200m/220 yds)*	1:48.30	1:48.0	1:50.20	1:49.9
Mile#				
(200m/220 yds or less)*	4:01.80	4:01.5	4:06.00	4:05.7
(Banked or Over 200m/220 yds)*	4:01.00	4:00.7	4:05.20	4:04.9
3,000 Meters#				
(200m/220 yds or less)*	8:00.00	7:59.7	8:12.00	8:11.7
(Banked or Over 200m/220 yds)*	7:58.70	7:58.4	8:10.70	8:10.4
5,000 Meters#				
(200m/220 yds or less)*	14:00.00	13:59.7	14:20.00	14:19.7
(Banked or Over 200m/220 yds)*	13:58.15	13:57.9	14:18.15	14:17.9
1,600-Meter Relay				
(Under 200m/220 yds)*	3:10.00	3:09.7	3:13.50	3:13.2
(200m/220 yds)*	3:08.50	3:08.2	3:12.00	3:11.7
(Banked or Over 200m/220 yds)*	3:06.90	3:06.6	3:10.40	3:10.1
Mile Relay				
(Under 200m/220 yds)*	3:11.20	3:10.9	3:14.70	3:14.4
(200m/220 yds)*	3:09.70	3:09.4	3:13.20	3:12.9
(Banked or Over 200m/220 yds)*	3:08.10	3:07.8	3:11.60	3:11.3
Distance Medley Relay-Meters#				
(200m/220 yds or less)*	9:40.00	9:39.7	9:48.00	9:47.7
(Banked or Over 200m/220 yds)*	9:37.75	9:37.5	9:45.75	9:45.5
Distance Medley Relay-Yards#				
(200m/220 yds or less)*	9:43.50	9:43.2	9:51.50	9:51.2
(Banked or Over 200m/220 yds)*	9:41.25	9:41.0	9:49.25	9:49.0

[®] Qualifying times attained at altitude of 6,000 feet and above, add .04 seconds. Times attained at altitude of 3,000-5,999 feet, add .02 seconds.

EVENT	METRIC	METRIC
High Jump	2.25	2.16
Pole Vault	5.50	5.25
Long Jump	7.85	7.55
Triple Jump	16.20	15.60
Shot Put	19.00	18.00
35-Pound Weight	21.35	19.30

*-Size of track.

#-Altitude adjustment available.

division I/outdoor (sea level)

EVENT	AUTOMATIC		PROVISIONAL		ALTITUDE
	FAT	MT	FAT	MT	ADJ.
100 Meters	10.16	-	10.34	-	+0.03/+0.06
200 Meters	20.50	-	20.85	-	+0.07/+0.12
400 Meters	45.40	45.1	46.20	45.9	+0.11/+0.21
800 Meter	1:47.50	1:47.2	1:40.00	1:48.7	
1,500 Meters#	3:41.50	3:41.2	3:45.00	3:44.7	
Mile#	3:59.20	3:58.9	#		
3,000-Meter Steeplechase#	8:43.00	8:42.7	8:54.00	8:53.7	
5,000 Meters#	13:46.00	13:45.7	14:07.00	14:06.7	
10,000 Meters#	29:00.00	28:59.7	29:45.00	29:44.7	
110-Meter Hurdles	13.72	-	13.90	-	+0.04/+0.08
400-Meter Hurdles	50.10	49.8	51.20	50.9	+0.11/+0.21
400-Meter Relay	39.20	38.9	40.00	39.7	+0.12/+0.24
440-Yard Relay	39.40	39.1	40.20	39.9	+0.12/+0.24
1,600-Meter Relay	3:04.00	3:03.7	3:06.07	3:06.7	+0.44/+0.84
Mile Relay	3:05.20	3:04.9	3:08.20	3:07.9	+0.44/+0.84

EVENT	METRIC	METRIC
High Jump	2.25	2.18
Pole Vault	5.55	5.30
Long Jump	7.95	7.65
Triple Jump	16.30	15.70
Shot Put	19.20	17.80
Discus	60.00	56.00
Javelin	72.00	67.30
Hammer	68.00	61.00
Decathlon	7,500 points	7,150 points

#-Altitude adjustment available.

100 meter dash

FSU Outdoor Record	10.07	1979	Mike Roberson
Mike Long Track Record	10.11	1988	Andre Cason, Texas A&M
ACC Outdoor Record	10.07	1996	Alvis Whitted, NC State
Collegiate Record	9.91	1992	Davidson Ezinwa, Azusa/NGA

200 meter dash

FSU Outdoor Record	20.08	1980	Mike Robinson
Mike Long Track Record	20.47	1979	James Mallard, Alabama
ACC Outdoor Record	20.09	2000	Shawn Crawford, Clemson
Collegiate Record	19.75	1988	Joe DeLoach, Houston

400 meter dash

FSU Outdoor Record	44.99	1981	Walter McCoy
Mike Long Track Record	45.32	1999	Ken Harnden, unattached
ACC Outdoor Record	44.59	1994	Derek Mills, Georgia Tech
Collegiate Record	43.50	1992	Quincy Watts, Southern Cal.

800 meter run

FSU Outdoor Record	1:46.19	1986	Ocky Clark
Mike Long Track Record	1:46.55	1997	David Krummenacker, Ga. Tech
ACC Outdoor Record	1:43.16	1989	Paul Ereng, Virginia
Collegiate Record	1:41.77	1984	Joaquinn Cruz, Oregon

1,500 meter run

FSU Outdoor Record	3:43.02	1986	Ocky Clark
Mike Long Track Record	3:43.02	1986	Ocky Clark, Bud Light TC
ACC Outdoor Record	3:37.27	1998	David Krummenacker, Ga. Tech
Collegiate Record	3:31.71	1987	Abdi Bile, George Mason

3,000 meter steeplechase

FSU Outdoor Record	8:52.7	1976	Bobby James
Mike Long Track Record	8:26.46	1986	Brian Abshire, Auburn
ACC Outdoor Record	8:21.72	1981	Hans Koeleman, Clemson
Collegiate Record	8:05.4	1978	Henry Rono, Wash. St.

5,000 meter run

FSU Outdoor Record	13:53.26	1982	Herb Wills
Mike Long Track Record	13:45.2	1982	Barry Brown, Florida Track Club
ACC Outdoor Record	13:24.46	1984	Stijn Jaspers, Clemson
Collegiate Record	13:08.04	1978	Henry Rono, Wash. St.

10,000 meter run

FSU Outdoor Record	28:55.34	1971	Ken Misner
Mike Long Track Record	28:31.51	1999	Nolan Swanson, WFU
ACC Outdoor Record	28:31.51	1999	Nolan Swanson, WFU
Collegiate Record	27:22.47	1978	Henry Rono, Wash. St.

110 meter high hurdles

FSU Outdoor Record	13.29	1987	Arthur Blake
Mike Long Track Record	13.27	1990	Arthur Blake, Mazda TC
ACC Outdoor Record	13.00	1979	Renaldo Nehemiah, Md.
Collegiate Record	13.00	1979	Renaldo Nehemiah, Md.

400 meter intermediate hurdles

FSU Outdoor Record	49.15	1995	John Rothell
Mike Long Track Record	49.15	1985	Tony Rambo, Bud Light TC
ACC Outdoor Record	47.90	2000	Angelo Taylor, Ga. Tech
Collegiate Record	47.10	1991	Samuel Matate, Auburn

4 X 100 meter relay

FSU Outdoor Record	39.24	1977	Roberson, Walker, Merrick, Forbes
Mike Long Track Record	39.15	1984	Butler, Krulee, Smith, Lattany, Bud Light TC

ACC Outdoor Record	38.97	1998	Clemson
Collegiate Record	38.04	1998	TCU

4 X 400 meter relay

FSU Outdoor Record	3:03.78	1986	Williams, McKenzie, Waddell, Johnson
Mike Long Track Record	3:03.34	1985	Krehnbrink, Hind, Bernard, Armour, Ga. Tech
ACC Outdoor Record	2:59.95	1992	Georgia Tech
Collegiate Record	2:59.91	1988	UCLA

hammer

FSU Outdoor Record	215-8	1986	Horatio Garcia
Mike Long Track Record	221-8 1/2	1983	Derrin Hegerty, Boston
ACC Outdoor Record	204-1	1997	Matt Helinski, Clemson
Collegiate Record	257-0	1995	Balazs Kiss, USC

shot put

FSU Outdoor Record	60-8	1987	Mike Bell
Mike Long Track Record	64-0	1986	Mike Spiritoso, Clemson
ACC Outdoor Record	68-4 1/4	1986	Mike Spiritoso, Clemson
Collegiate Record	72-2 1/4	1992	John Godina, UCLA

discus

FSU Outdoor Record	212-6	1979	Brad Cooper
Mike Long Track Record	211-4	1986	Brad Cooper, Bahamas TC
ACC Outdoor Record	212-9	1996	Andy Bloom, Wake Forest
Collegiate Record	232-4	1992	Kamy Keshmiri, Nevada

javelin

FSU Outdoor Record	250-4	1981	Hank Langee
Mike Long Track Record	248-5	1988	Tom Pukstys, DuPage
ACC Outdoor Record	240-8	1992	Sean Murray, N. Carolina
Collegiate Record	292-4	1990	Patrick Bodin, Texas

high jump

FSU Outdoor Record	7-6	1993	Kevin Crist
Mike Long Track Record	7-6	1997	Cameron Wright, Unattached
ACC Outdoor Record	7-6	1986	Victor Smalls, Clemson
Collegiate Record	7-10	1996	Omar Dixon, NC State
		1989	Hollis Conway, S.E. Louisiana

long jump

FSU Outdoor Record	25-11 1/2	1983	Mark Freeman
Mike Long Track Record	27-6 3/4	1982	Larry Myricks, Unattached
ACC Outdoor Record	26-2 3/4	1996	Eric Bowers, Georgia Tech
Collegiate Record	28-8 1/4	1995	Erick Walder, Arkansas

triple jump

FSU Outdoor Record	54-6	1992	Kelsey Nash
Mike Long Track Record	54-0 3/4	1984	Kelsey Nash, Florida State
ACC Outdoor Record	55-3	1979	Dennis Ivory, Maryland
Collegiate Record	58-9 1/2	1995	James Beckford, Blinn

decathlon

FSU Outdoor Record	7612	1981	Rohn Stark
Mike Long Track Record	7873	1997	Louis Hinshaw, Unattached
ACC Outdoor Record	7920	1992	Stephen Dunphy, Virginia
Collegiate Record	8322	1986	Mike Ramos, Washington

pole vault

FSU Outdoor Record	18-6 1/2	1992	Jeff Bray
Mike Long Track Record	18-6 1/2	1992	Jeff Bray, Florida State
ACC Outdoor Record	18-6 1/2	1992	Jeff Bray, Florida State
Collegiate Record	19-7 1/2	1996	Lawrence Johnson, Tennessee

cross country

- 1969 Ken Misner
- 1970 Ken Misner
- 1971 Bobby Brooks
- 1981 Herb Wills

indoor

- 1980 Mel Broodie, Walter McCoy, Reggie Ross, Palmer Simmons-Mile Relay (1st)
- 1982 Philip Rolle-800 yards
- 1984 Reggie Ross-4x400
- 1987 Arthur Blake-55m Hurdles
- 1988 Arthur Blake-55m Hurdles
- 1991 Kevin Crist-High Jump
- 1992 Kevin Crist-High Jump
- 1993 Jeff Bray-Pole Vault
- 1994 Phillip Riley-55m Hurdles
- 1995 Phillip Riley-55m Hurdles

outdoor

- 1963 Carter Williams-Shot Put
- 1968 Mike Kelly-120 yd. Hurdles
- 1969 Doug Brown-100 yards; Mike Kelly-440 yd. IM Hurdles; Phil Parker-Triple Jump
- 1971 Ken Misner-3 and 6 Miles
- 1972 Joel Garren-200m
- 1973 Danny Smith-60 yd. Hurdles
- 1974 Tyrone Frederick-880 yards; Danny Smith-60 yd. Hurdles (1st), 120-yd. Hurdles
- 1975 Rudy Falana-Long Jump; Jesse Forbes-100 yards; Charlie Harris-Triple Jump; Tyrone Frederick-880 yards; Danny Smith-60 yd. Hurdles (1st)
- 1976 Don Merrick-60 yards; Mike Roberson-200m; Phares Rolle-Pole Vault
- 1977 Mike Roberson-60 yd. Hurdles
- 1978 Bradley Cooper-Discus; Rudy Forbes-100m; Walter McCoy-600 yards (1st), 400m; Rudy Forbes, Kevin Johnson, Walter McCoy, Mike Roberson-4x100; Walter McCoy, Ron Nelson, Mike Roberson, John Walker-Mile Relay
- 1979 Bradley Cooper-Discus (1st); Walter McCoy-400m; Earl Carruthers, Walter McCoy, Palmer Simmons, Ron Nelson-4X400
- 1981 Walter McCoy-400m; Philip Rolle-800m; Rohn Stark-Decathlon; Herb Wills-10,000m; Don Frost, Walter McCoy, Ronnie Taylor, Chip Wells-4x100, Lynn Brown, Walter McCoy, Ron Nelson, Philip Rolle-4x400
- 1982 Ronnie Taylor-200m; Herb Wills-10,000m
- 1984 Leander McKenzie-400m IM Hurdles; Kenny Smith-High Jump; Charlie Carr, Leander McKenzie, Vince Washington, Reggie Ross-4x400

- 1985 Leander McKenzie-400m IM Hurdles; Kevin Gordon, Thomas Johnson, Leander McKenzie, Vince Washington-4x400
- 1986 Ocky Clark-800m; Leander McKenzie-400m IM Hurdles; Thomas Johnson, Leander McKenzie, Clark Waddell, Carter Williams-4x400
- 1987 Horatio Garcia-Hammer
- 1988 Arthur Blake-110m Hurdles
- 1989 Larry Carr-Pole Vault
- 1992 Kevin Crist-High Jump; Jeff Bray-Pole Vault
- 1993 Kevin Crist-High Jump; Marcus Dixon-110m Hurdles; Jonathan Carter, Kevin Ansley, Kelsey Nash, Dixon-4x100
- 1994 Kevin Ansley-400m; John Rothell-400m IM Hurdles; Jonathan Carter, Marcus Dixon, Kelsey Nash, Kevin Ansley-4x100, Lou Angelo- Javelin
- 1995 Jonathan Carter-100m; Justin Johnston-Javelin
- 1996 Jonathan Carter-100m, 200m; Phillip Riley-110m Hurdles; Justin Johnston-Javelin; Byron Capers, Jonathan Carter, Warrick Dunn, Phillip Riley-4x100
- 1997 Justin Johnston-Javelin
- 1999 Jody Lawrence-Weight Throw

national championship relays

- 1980 Outdoor Mile Relay-Reggie Ross, Melford Boodie, Palmer Simmons, Walter McCoy

individual NCAA champions

- Danny Smith-1974 Indoor 60 yd. HH, 1975 Indoor 60 yd. HH
- Walter McCoy-1978 Outdoor 600 yards
- Bradley Cooper-1979 Outdoor Discus
- Mike Roberson-1980 Outdoor 200m
- Phillip Riley-1995 Indoor 55m Hurdles

seminoles in the olympics

- 2000 Sydney, Iain Harnden (Zimbabwe), 110m hurdles
- 1992 Barcelona, Arthur Blake (United States), 110 Hurdles; Tom Reither (Chile), Pole Vault
- 1988 Seoul, Arthur Blake (United States), 110 Hurdles (8th place) Bradley Cooper (Bahamas), Discus
- 1984 Los Angeles, Bradley Cooper (Bahamas), Discus
Walter McCoy (United States)
4x400 (Gold)
- 1976 Montreal, Danny Smith (Bahamas), 110 Hurdles

100 meters

1. Mike Roberson	10.07	1979
2. Jonathan Carter	10.17	1996
3. Jimmy Daniel	10.24	1985
Don Merrick	10.24	1977
5. Deion Sanders	10.26	1988
6. Clark Waddell	10.28	1985
7. Jessie Forbes	10.29	1978
Kevin Johnson	10.29	1978
9. Bobby Butler	10.30	1980
Warrick Dunn	10.30	1996

200 meters

1. Mike Roberson	19.95 ^w	1980
Mike Roberson	20.08	1980
2. Ronnie Taylor	20.39	1982
3. Jonathan Carter	20.40	1996
4. Ron Harrison	20.54	1960
5. Arthur Blake	20.65	1987
6. Deion Sanders	20.71	1987
7. Don Merrick	20.72	1977
8. Clarke Waddell	20.76	1986
9. Kevin Ansley	20.77	1994
10. Vesco Bradley	20.78	1974

400 meters

1. Walter McCoy	44.99	1981
2. Kevin Ansley	45.68	1994
3. Thomas Johnson	45.69	1985
4. Carter Williams	45.85	1985
Vince Washington	45.85	1985
6. Ronnie Taylor	45.94	1982
Clark Waddell	45.94	1985
8. Ron Nelson	46.16	1979
9. Reggie Ross	46.37	1984
10. John Walker	46.42	1979
Michael Jennings	46.42	2000

800 meters

1. Ocky Clark	1:46.19	1986
2. Phillip Rolle	1:46.58	1981
3. Palmer Simmons	1:47.30	1980
4. Rob Circelli	1:47.42	1991
5. Mark Grey	1:47.89	1994
6. Tim Middelkoop	1:48.06	1994
7. George Gardner	1:48.37	1986
8. Tyrone Frederick	1:48.44	1974
9. Rob Gomez	1:48.80	1980
10. Doug Loftus	1:48.83	1983

1,500 meters

1. Ocky Clark	3:43.02	1986
2. Rob Gomez	3:43.6	1982
3. Tom Herron	3:45.3	1980
4. Jason Frank	3:47.10	1990
5. Cliff Cook	3:47.2	1978
6. Bobby Shakleford	3:47.3	1982
7. Martin Enholm	3:47.60	1984
8. Maarten van der Huevel	3:47.64	2000
9. Martin Reid	3:48.16	1994
10. Rob Circelli	3:49.10	1991

mile

1. Bobby Burr	4:02.4	1974
2. Cliff Cook	4:05.6	1979
3. Mike Conley	4:05.7	1958
4. George West	4:06.2	1976
5. Ken Misner	4:06.5	1970

5,000 meters

1. Herb Wills	13:53.26	1982
2. George West	13:55.1	1976
3. Larry Greene	14:05.83	1983
4. Greg Doss	14:07.45	1985
5. Ken Misner	14:09.54	1971
6. Donnie Cook	14:15.8	1978
7. Del Ramers	14:18.74	1972
8. Paul Waldron	14:20.96	1984
9. Ronnie Treadway	14:22.0	1982
10. Doug Overfelt	14:24.0	1980

10,000 meters

1. Ken Misner	28:55.34	1971
2. Herb Wills	28:58.74	1982
3. Larry Greene	29:20.5	1983
4. Paul Waldron	29:43.1	1981
5. David Keen	29:47.20	1989
6. Donnie Cook	30:14.4	1978
7. John Hodge	30:30.0	1980
8. Ronnie Treadway	30:35.0	1982
9. Greg Doss	30:43.5	1985
10. Matt Dobson	31:32.27	1991

3,000 steeplechase

1. Bobby James	8:52.7	1976
2. Doug Overfelt	8:53.39	1981
3. Jacob Hoesly	8:58.52	1987
4. Ronnie Treadway	8:59.34	1984
5. Trey Culbertson	9:02.83	1993
6. Mike Sautter	9:03.7	1978
7. Richard Corbett	9:04.77	1988
8. Billy Penick	9:11.20	1989
9. Chris Daniels	9:14.26	1985
10. Chris Mooney	9:14.26	1990

110 meter hurdles

1. Arthur Blake	13.29	1987
2. Phillip Riley	13.39	1996
3. Mike Roberson	13.64	1977
Danny Smith	13.64	1974
5. Marcus Dixon	13.65	1993
6. Rodney Lawson	13.68	1989
7. Leander McKenzie	13.81	1984
8. Iain Harnden	13.90	2000
9. Darren Nutt	13.91	1992
10. Mike Kelly	13.94	1969

400 meter hurdles

1. John Rothell	49.15	1995
2. Leander McKenzie	49.33	1985
3. Iain Harnden	49.68	2000
4. Mike Kelly	50.04	1969
5. John Citron	50.48	1979
6. Eric Riley	50.71	1984
Tim Franklin	50.71	1996
8. Charlie Carr	50.83	1984
9. Steve Augustine	50.97	2000
10. Mark Herman	51.24	1976
10. Chris Sloan	51.31	1991

long jump

1. Mark Freeman	25'11 1/2"	7.91	1983
2. Joe Allen	25'10 1/2"	7.89	2000
3. Billy Close	25'8 1/2"	7.83	1988
4. Vesco Bradley	25'6 3/4"	7.79	1975
5. James Milton	25'4"	7.72	1992
6. Zyris Hill	25'1 3/4"	7.66	1999
7. Kelsey Nash	25'	7.62	1993
8. Greg Allen	24'11 3/4"	7.61	1984
9. Kevin Johnson	24'11 1/4"	7.60	1978
10. Sid Gainey	24'11"	7.59	1966

triple jump

1. Kelsey Nash	54'6"	16.61	1992
2. Leon Hutchins	54'2 1/4"	16.51	1982
3. Andy Latimar	52'7 1/2"	16.04	1985
4. Mario Lowe	51'11 1/4"	15.83	1999
5. Henry Finney	51'10"	15.80	1976
6. Charlie Harris	51'8 1/4"	15.75	1974
7. Mario Lowe	51'5 1/2"	15.68	2000
Eric Robinson	51'5 1/2"	15.68	1987
9. Anthony Washington	51' 3/4"	15.56	1994
10. Joe Allen	50'11 1/2"	15.53	2000



men's top performances

Track & Field

high jump

1. Kevin Crist	7'5 3/4"	2.28	1993
2. Kenny Smith	7'4 1/4"	2.24	1984
3. Darrel Wills	7'3 1/2"	2.22	1986
4. Tom Stitt	7'2 1/2"	2.20	1987
5. Larry Sayer	7'2"	2.19	1980
6. Anthony Washington	7'1 3/4"	2.18	1994
7. Mario Lowe	7'1"	2.16	2000
8. Jeff Nedimyer	7'1"	2.16	1976
9. Christian Bland	7' 1/2"	2.16	1999
10. Darius Jones	7' 1/4"	2.14	1999

shot put

1. Mike Bell	60'8"	18.49	1987
2. Ken Lanier	60'2"	18.34	1979
3. Allen Williams	59'10"	18.23	1963
4. Scott Peterson	59'5"	18.21	1992
5. Greg Jack	56'10.75"	17.34	1997
6. Ryan Carson	56'4 3/4"	17.19	1994
7. Ray Nuredini	56'4"	17.17	1980
8. Marc Anderson	55'9"	16.99	1995
9. Jeff Clark	55'3 1/4"	16.84	1962
10. Eric Chambers	55'1"	16.79	1991

discus

1. Bradley Cooper	212'6"	64.78	1979
2. Jody Lawrence	182'4"	55.58	1999
3. Eric Chambers	179'8"	54.76	1992
4. Harry Glenn	178'9"	54.48	1980
5. Earl Johnson	171'7"	52.30	1986
Donald Heaven	171'7"	52.30	1998
7. Ken Lanier	171'	52.12	1980
8. Ray Nuredini	168'9"	51.44	1977
9. George Frank	168'5"	51.34	1969

javelin (new)

1. Lou Angelo	233'10"	71.28	1994
2. Justin Johnston	232'10"	70.97	1997
3. Tom Fetters	230'5"	70.24	1989
4. Gabe Arola	210'10"	64.26	1997
5. Greg Jack	210'8"	64.22	1996

javelin (old)

1. Hank Langee	250'4"	76.34	1981
2. Eric Allen	250'	76.20	1977
3. Randy Hutchinson	235'1"	71.66	1973
4. Jim Buck	233'6"	71.18	1971
5. Jerry Henderson	227'5"	69.32	1958

hammer

1. Horatio Garcia	215'10"	65.80	1987
2. Jody Lawrence	187'2"	57.04	1999
3. Andy Shirk	180'10"	55.08	1993
4. Jody Lawrence	175'8"	53.58	1998
5. William Shirk	172'	52.44	1996
6. Josh Bowling	171'3"	52.20	2000
7. Brad Hess	170'3"	51.91	1998
8. Eric Chambers	165'10"	50.56	1991
9. Mike Brinkman	165'	50.30	1984
10. Anthony Sasso	162'10"	49.64	1996

decaathlon

1. Rohn Stark	7612	1981
2. Darius Jones	7269	1999
3. Tom Reither	7193	1985
4. Darius Jones	7178	1998
5. Dore Louis	6848	1998
6. Charlie Galloway	6829	1971
7. Darius Jones	6810	1998
8. Mark Nugen	6800	1980
9. Lenx Jackson	6792	1984
10. Chris Keen	6526	1993

pole vault

1. Jeff Bray	18'6 1/2"	5.65	1992
2. Larry Carr	18'1"	5.51	1989
3. Tom Reither	17'6"	5.34	1988
4. Phares Rolle	17'1"	5.21	1976
5. Jason Dean	17' 3/4"	5.20	1999
6. Dusty Harmon	17'	5.18	1983
Brain Fitzsimmons	17'	5.18	1986
8. Jeff Atkinson	16'8.75"	5.10	2000
9. Allen McMillian	16'6"	5.03	1972
Joel Smith	16'6"	5.03	1985

4X100 meter relay

1. Roberson, Walker, Merrick, Forbes	39.24	1977
2. Carter, Blake, Sanders, Smith	39.40	1988
3. Butler, Johnson, Roberson, McCoy	39.42	1980
4. Roberson, Forbes, Williams, Merrick	39.44	1976
5. Carter, Dixon, Nash, Ansley	39.47	1994
6. Riley, Carter, Dunn, Colombo	39.50	1996
7. Carter, Nash, Dixon, Ansley	39.54	1993
8. Lawson, Blake, Mayhew, Smith	39.55	1987
9. Wells, Taylor, Nelson, McCoy	39.61	1981
10. Riley, Carter, Dunn, Capers	39.77	1996

4x400 meter relay

1. Williams, McKenzie, Waddell, Johnson	3:03.78	1986
2. Nelson, Ross, McCoy, Simmons	3:04.29	1980
3. McKenzie, Washington, Gordon, Johnson	3:04.33	1980
4. Nelson, Rolle, Brown, McCoy	3:04.66	1981
5. McKenzie, Ross, Carr, Washington	3:05.50	1984
6. Nelson, Caruthers, McCoy, Simmons	3:05.84	1979
7. Jefferson, Nash, Carter, Ansley	3:06.28	1993
8. Grey, Franklin, Rothell, Ansley	3:06.45	1994
9. Citron, Nelson, Caruthers, McCoy	3:06.64	1979
10. Hill, Spradley, Augustine, Jennings	3:06.83	1999



Division I Men's & Women's Indoor
TRACK & FIELD
 CHAMPIONSHIPS
 Randal Tyson Track Center
 University of Arkansas - Fayetteville, Arkansas

2001 NCAA Men's & Women's
Division I Outdoor
TRACK & FIELD
 CHAMPIONSHIPS
 University of Oregon, Hayward Field

Florida State Seminoles

1976 Montreal, Danny Smith (Bahamas), 110 Hurdles
1984 Los Angeles, Marita Payne (Canada), 400m (4th) 4x100 (Silver), 4x400 (Silver) Randy Givens (United States) 200m (6th) Esmeralda Garcia (Brazil) 100m, Long Jump Brenda Cliette (United States) 4x100 (alternate) Angela Wright-Scott, Ovrill Dwyer-Brown (Jamaica) 400m Hurdles, Los Angeles, Bradley Cooper (Bahamas), Discus Walter McCoy (United States) 4x400 (Gold)



Brenda Cliette



Arthur Blake



Jason Jones
Belize

- 200m dash
- 2000 FSU Grad



Angela Wright-Scott

Samantha George Canada

- 4 x 400m Relay
- 2 x All-American (400m)
- 7 x National Qualifier
- 5 x ACC Champion
- 7 x All-ACC Performer



Esmeralda Garcia



Randy Givens



Danny Smith