

Men's Track & Field Records

100 Meter Dash

FSU Outdoor Record	10.07	1979	Mike Robertson
Mike Long Track Record	10.11	1988	Andre Cason, Texas A&M
ACC Outdoor Record	10.07	1996	Alvis Whitted, NC State
Collegiate Record	9.91	1992	Davidson, Ezinwa, Azusa/NGA

200 Meter Dash

FSU Outdoor Record	20.08	1980	Mike Robertson
Mike Long Track Record	20.42	1988	Reggie McCray
ACC Outdoor Record	20.09	2000	Shawn Crawford, Clemson
Collegiate Record	19.75	1988	Joe DeLoach, Houston

400 Meter Dash

FSU Outdoor Record	44.99	1981	Walter McCoy
Mike Long Track Record	45.32	1999	Ken Harnden, unattached
ACC Outdoor Record	44.59	1994	Derek Mills, Georgia Tech
Collegiate Record	43.50	1992	Quincy Watts, USC

800 Meter Run

FSU Outdoor Record	1:46.19	1986	Ocky Clark
Mike Long Track Record	1:46.24	1994	Mark Everett, Ga. Tech
ACC Outdoor Record	1:43.16	1989	Paul Ereng, Virginia
Collegiate Record	1:41.77	1984	Joaquinn Cruz, Oregon

1,500 Meter Run

FSU Outdoor Record	3:43.02	1986	Ocky Clark
Mike Long Track Record	3:43.02	1986	Ocky Clark, Bud Light TC
ACC Outdoor Record	3:37.27	1998	David Krummenacker, Ga. Tech
Collegiate Record	3:31.71	1987	Abdi Bile, George Mason

3,000 Meter Steeplechase

FSU Outdoor Record	8:52.7	1976	Bobby James
Mike Long Track Record	8:26.46	1986	Brian Abshire, Auburn
ACC Outdoor Record	8:21.72	1981	Hans Koeleman, Clemson
Collegiate Record	8:05.4	1978	Henry Rono, Wash. St.

5,000 Meter Run

FSU Outdoor Record	13:53.26	1982	Herb Wills
Mike Long Track Record	13:45.2	1982	Barry Brown, Florida TC
ACC Outdoor Record	13:24.46	1984	Stijn Jaspers, Clemson
Collegiate Record	13:08.04	1978	Henry Rono, Wash. St.

10,000 Meter Run

FSU Outdoor Record	28:55.34	1971	Ken Misner
Mike Long Track Record	29:06.56	1983	Jim Spiezza
ACC Outdoor Record	28:31.51	1999	Nolan Swanson, WFU
Collegiate Record	27:22.47	1978	Henry Rono, Wash. St.

110 Meter High Hurdles

FSU Outdoor Record	13.27	1987	Arthur Blake
Mike Long Track Record	13.27	1990	Arthur Blake, Mazda TC
ACC Outdoor Record	13.00	1979	Renaldo Nehemiah, Md.
Collegiate Record	13.00	1979	Renaldo Nehemiah, Md.

400 Meter Intermediate Hurdles

FSU Outdoor Record	49.15	1995	John Rothell
Mike Long Track Record	48.64	1992	Derrick Adkins, Bud Light TC
ACC Outdoor Record	47.90	2000	Angelo Taylor, Ga. Tech
Collegiate Record	47.10	1991	Samuel Matate, Auburn

4x100 Meter Relay

FSU Outdoor Record	39.24	1977	Roberson, Walker, Merrick, Forbes
Mike Long Track Record	39.15	1984	Butler, Krulee, Smith, Lattany, Bud Light TC
ACC Outdoor Record	38.82	2002	Clemson

Collegiate Record	38.04	1998	TCU
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4x400 meter Relay

FSU Outdoor Record	3:03.78	1986	Williams, McKenzie, Waddell, Johnson
Mike Long Track Record	3:03.34	1985	Krehnbrink, Hind, Bernard, Armour, Ga. Tech
ACC Outdoor Record	2:59.95	1992	Georgia Tech
Collegiate Record	2:59.91	1988	UCLA

Hammer

FSU Outdoor Record	215-8	1986	Horatio Garcia
Mike Long Track Record	223-11	1987	Jim Driscoll,
ACC Outdoor Record	204-1	1997	Matt Helinski, Clemson
Collegiate Record	257-0	1995	Balazs Kiss, USC

Shot Put

FSU Outdoor Record	61-10	2002	Dorian Scott
Mike Long Track Record	65-9	1988	Chris Volgenale
ACC Outdoor Record	68-4 1/4	1986	Mike Spiritoso, Clemson
Collegiate Record	72-2 1/4	1992	John Godina, UCLA

Discus

FSU Outdoor Record	212-6	1979	Brad Cooper
Mike Long Track Record	211-4	1986	Brad Cooper, Bahamas TC
ACC Outdoor Record	212-9	1996	Andy Bloom, WFU
Collegiate Record	232-4	1992	Kamy Keshmiri, Nevada

Javelin

FSU Outdoor Record	250-4	1981	Hank Langee
Mike Long Track Record	255-9 1/4	1994	Siggi Einarson
ACC Outdoor Record	243-6	2001	Brian Kollar, Virginia
Collegiate Record	292-4	1990	Patrick Bodin, Texas

High Jump

FSU Outdoor Record	7-5 3/4	1993	Kevin Crist
Mike Long Track Record	7-6	1997	Cameron Wright, Una.
ACC Outdoor Record	7-6	1986	Victor Smalls, Clemson
Collegiate Record	7-10	1989	Omar Dixon, NC State
			Hollis Conway, S.E. Louisiana

Long Jump

FSU Outdoor Record	26 1/2	2001	Joe Allen
Mike Long Track Record	27-6 3/4	1982	Larry Myricks, Unattached
ACC Outdoor Record	26-2 3/4	1996	Eric Bowers, Ga. Tech
Collegiate Record	28-8 1/4	1995	Erick Walder, Arkansas

Triple Jump

FSU Outdoor Record	54-6	1992	Kelsey Nash
Mike Long Track Record	56-5 1/4	2000	Jonathan Edwards, FSU
ACC Outdoor Record	55-3	1979	Dennis Ivory, Maryland
Collegiate Record	58-9 1/2	1995	James Beckford, Blinn

Decathlon

FSU Outdoor Record	7612	1981	Rohn Stark
Mike Long Track Record	8203	1987	Gary Armstrong, Una.
ACC Outdoor Record	7920	1992	Stephen Dunphy, UVA
Collegiate Record	8322	1986	Mike Ramos, Washington

Pole Vault

FSU Outdoor Record	18-6 1/2	1992	Jeff Bray
Mike Long Track Record	18-6 1/2	1992	Jeff Bray, Florida State
ACC Outdoor Record	18-6 1/2	1992	Jeff Bray, Florida State
Collegiate Record	19-7 1/2	1996	Lawrence Johnson, Tennessee

Men's All-Americans

Cross Country

- 1969 Ken Misner
- 1970 Ken Misner
- 1971 Bobby Brooks
- 1981 Herb Wills

Indoor

- 1980 Mel Broodie, Walter McCoy, Reggie Ross, Palmer Simmons-Mile Relay (1st)
- 1982 Philip Rolle-800 yards
- 1984 Reggie Ross-4x400
- 1987 Arthur Blake-55m Hurdles
- 1988 Arthur Blake-55m Hurdles
- 1991 Kevin Crist-High Jump
- 1992 Kevin Crist-High Jump
- 1993 Jeff Bray-Pole Vault
- 1994 Phillip Riley-55m Hurdles
- 1995 Phillip Riley-55m Hurdles
- 2001 Joe Allen-Long Jump; Shawn Brown-High Jump
- 2002 Shawn Brown-High Jump

Outdoor

- 1963 Carter Williams-Shot Put
- 1968 Mike Kelly-120 yd. Hurdles
- 1969 Doug Brown-100 yards; Mike Kelly-440 yd. IM Hurdles; Phil Parker-Triple Jump
- 1971 Ken Misner-3 and 6 Miles
- 1972 Joel Garren-200m
- 1973 Danny Smith-60 yd. Hurdles
- 1974 Tyrone Frederick-880 yards; Danny Smith-60 yd. Hurdles (1st), 120-yd. Hurdles
- 1975 Rudy Falana-Long Jump; Jesse Forbes-100 yards; Charlie Harris-Triple Jump; Tyrone Frederick-880 yards; Danny Smith-60 yd. Hurdles (1st)
- 1976 Don Merrick-60 yards; Mike Roberson-200m; Phares Rolle-Pole Vault
- 1977 Mike Roberson-60 yd. Hurdles
- 1978 Bradley Cooper-Discus; Rudy Forbes-100m; Walter McCoy-600 yards (1st), 400m; Rudy Forbes, Kevin Johnson, Walter McCoy, Mike Roberson-4x100; Walter McCoy, Ron Nelson, Mike Roberson, John Walker-Mile Relay
- 1979 Bradley Cooper-Discus (1st); Walter McCoy-400m; Earl Carruthers, Walter McCoy, Palmer Simmons, Ron Nelson-4x400
- 1981 Walter McCoy-400m; Philip Rolle-800m; Rohn Stark-Decathlon; Herb Wills-10,000m; Don Frost, Walter McCoy, Ronnie Taylor, Chip Wells-4x100, Lynn Brown, Walter McCoy, Ron Nelson, Philip Rolle-4x400
- 1982 Ronnie Taylor-200m; Herb Wills-10,000m
- 1984 Leander McKenzie-400m IM Hurdles; Kenny Smith-High Jump; Charlie Carr, Leander McKenzie, Vince Washington, Reggie Ross-4x400
- 1985 Leander McKenzie-400m IM Hurdles; Kevin Gordon, Thomas Johnson, Leander McKenzie, Vince Washington-4x400
- 1986 Ocky Clark-800m; Leander McKenzie-400m IM Hurdles; Thomas Johnson, Leander McKenzie, Clark Waddell, Carter Williams-4x400
- 1987 Horatio Garcia-Hammer
- 1988 Arthur Blake-110m Hurdles
- 1989 Larry Carr-Pole Vault
- 1992 Kevin Crist-High Jump; Jeff Bray-Pole Vault
- 1993 Kevin Crist-High Jump; Marcus Dixon-110m Hurdles; Jonathan Carter, Kevin Ansley, Kelsey Nash, Dixon-4x100
- 1994 Kevin Ansley-400m; John Rothell-400m IM Hurdles; Jonathan Carter, Marcus Dixon, Kelsey Nash, Kevin Ansley-4x100, Lou Angelo- Javelin
- 1995 Jonathan Carter-100m; Justin Johnston-Javelin
- 1996 Jonathan Carter-100m, 200m; Phillip Riley-110m Hurdles;

- Justin Johnston-Javelin; Byron Capers, Jonathan Carter, Warrick Dunn, Phillip Riley-4x100
- 1997 Justin Johnston-Javelin
- 1999 Jody Lawrence-Weight Throw
- 2001 Shawn Brown - High Jump
- 2002 Mario Lowe - Triple Jump

National Championship Relays

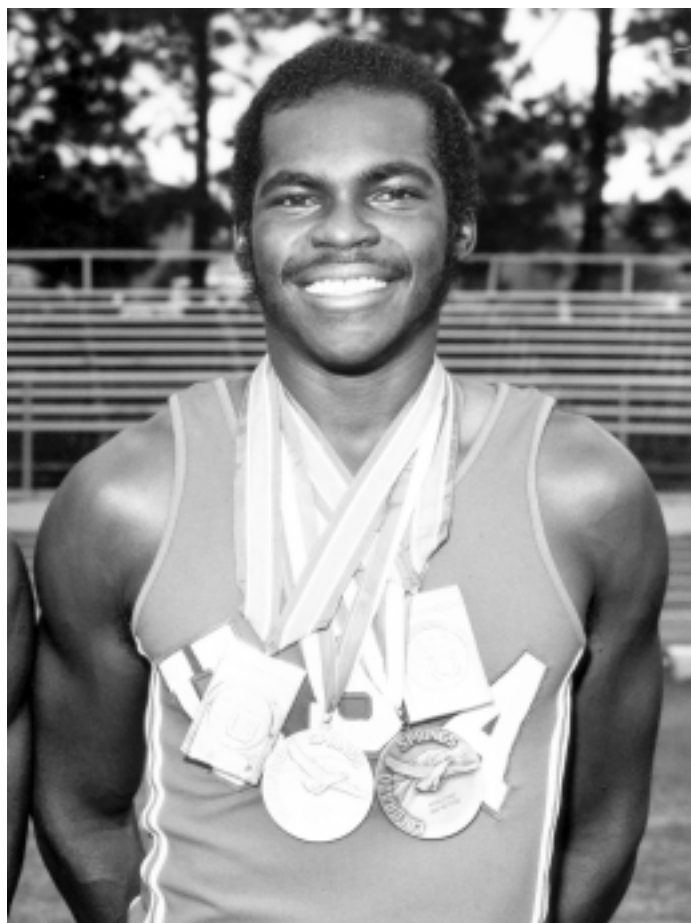
- 1980 Outdoor Mile Relay-Reggie Ross, Melford Boodie, Palmer Simmons, Walter McCoy

Individual NCAA Champions

- Danny Smith - 1974 Indoor 60 yd. HH, 1975 Indoor 60 yd. HH
- Walter McCoy - 1978 Outdoor 600 yards
- Bradley Cooper - 1979 Outdoor Discus
- Mike Roberson - 1980 Outdoor 200m
- Phillip Riley - 1995 Indoor 55m Hurdles

Seminoles In The Olympics

- 2000 Sydney Iain Harnden (Zimbabwe), 110m hurdles
Jayson Jones (Belize), 200m
- 1992 Barcelona Arthur Blake (United States), 110 Hurdles;
Tom Reither (Chile), Pole Vault
- 1988 Seoul Arthur Blake (United States), 110 Hurdles (8th place)
Bradley Cooper (Bahamas), Discus
- 1984 Los Angeles Bradley Cooper (Bahamas), Discus
Walter McCoy (United States) 4x400 (Gold)
- 1976 Montreal Danny Smith (Bahamas), 110 Hurdles



Walter McCoy, 1984 Olympic Gold Medal winner

Florida State Men's Top Ten

100 Meters

1. Mike Roberson	10.07	1979
2. Jonathan Carter	10.17	1996
3. Jimmy Daniel	10.24	1985
Don Merrick	10.24	1977
5. Deion Sanders	10.26	1988
6. Clark Waddell	10.28	1985
7. Jessie Forbes	10.29	1978
Kevin Johnson	10.29	1978
9. Bobby Butler	10.30	1980
Warrick Dunn	10.30	1996

200 Meters

1. Mike Roberson	19.95 ^W	1980
Mike Roberson	20.08	1980
2. Ronnie Taylor	20.39	1982
3. Jonathan Carter	20.40	1996
4. Ron Harrison	20.54	1960
5. Arthur Blake	20.63	1987
6. Deion Sanders	20.71	1987
7. Don Merrick	20.72	1977
8. Clarke Waddell	20.76	1986
9. Kevin Ansley	20.77	1994
10. Vesco Bradley	20.78	1974

400 Meters

1. Walter McCoy	44.99	1981
2. Michael Jennings	45.55	2001
3. Kevin Ansley	45.68	1994
4. Thomas Johnson	45.69	1985
5. Carter Williams	45.85	1985
Vince Washington	45.85	1985
7. Ronnie Taylor	45.94	1982
Clark Waddell	45.94	1985
9. Ron Nelson	46.16	1979
10. Mike Jennings	46.03	2002

800 Meters

1. Ocky Clark	1:46.19	1986
2. Phillip Rolle	1:46.58	1981
3. Palmer Simmons	1:47.30	1980
4. Rob Circelli	1:47.42	1991
5. Mark Grey	1:47.89	1994
6. Tim Middelkoop	1:48.06	1994
7. George Gardner	1:48.37	1986
8. Tyrone Frederick	1:48.44	1974
9. Rob Gomez	1:48.80	1980
10. Doug Loftus	1:48.83	1983

1,500 Meters

1. Ocky Clark	3:43.02	1986
2. Maarten van den Heuvel	3:43.10	2002
3. Rob Gomez	3:43.6	1982
4. Tom Herron	3:45.3	1980
5. Jason Frank	3:47.10	1990
6. Cliff Cook	3:47.2	1978
7. Bobby Shakleford	3:47.3	1982
8. Martin Enholm	3:47.60	1984
9. Martin Reid	3:48.16	1994
10. Rob Circelli	3:49.10	1991

5,000 Meters

1. Herb Wills	13:53.26	1982
2. George West	13:55.1	1976
3. Larry Greene	14:05.83	1983
4. Greg Doss	14:07.45	1985
5. Ken Misner	14:09.54	1971
6. Donnie Cook	14:15.8	1978

7. Joep Tigchelaar	14:15.25	2002
8. Del Ramers	14:18.74	1972
9. Paul Waldron	14:20.96	1984
10. Ronnie Treadway	14:22.0	1982

10,000 Meters

1. Ken Misner	28:55.34	1971
2. Joep Tigchelaar	28:55.36	2002
3. Herb Wills	28:58.74	1982
4. Larry Greene	29:20.5	1983
5. Paul Waldron	29:43.1	1981
6. David Keen	29:47.20	1989
7. Donnie Cook	30:14.4	1978
8. John Hodge	30:30.0	1980
9. Ronnie Treadway	30:35.0	1982
10. Joep Tigchelaar	30:35.57	2001

3,000 Steeplechase

1. Bobby James	8:52.7	1976
2. Doug Overfelt	8:53.39	1981
3. Jacob Hoesly	8:58.52	1987
4. Ronnie Treadway	8:59.34	1984
5. Trey Culbertson	9:02.83	1993
6. Mike Sautter	9:03.7	1978
7. Richard Corbett	9:04.77	1988
8. Zach Heissner	9:07.38	2002
9. Mark Trigg	9:08.5	1981
10. Zach Heissner	9:08.93	2001

110 Meter Hurdles

1. Arthur Blake	13.27	1987
2. Phillip Riley	13.39	1996
3. Mike Roberson	13.64	1977
Danny Smith	13.64	1974
5. Marcus Dixon	13.65	1993
6. Rodney Lawson	13.68	1989
7. Leander McKenzie	13.81	1984
8. Iain Harnden	13.90	2000
9. Darren Nutt	13.91	1992
10. Mike Kelly	13.94	1969

400 Meter Hurdles

1. John Rothell	49.15	1995
2. Leander McKenzie	49.33	1985
3. Iain Harnden	49.68	2000
4. Mike Kelly	50.04	1969
5. Matt Mason	50.16	2001
6. John Citron	50.48	1979
7. Byron Taylor	50.63	2001
8. Eric Riley	50.71	1984
Tim Franklin	50.71	1996
10. Charlie Carr	50.83	1984

Long Jump

1. Joe Allen	26' 1/2"	7.94	2001
2. Mark Freeman	25'11 1/2"	7.91	1983
3. Billy Close	25'8 1/2"	7.83	1988
4. Vesco Bradley	25'6 3/4"	7.79	1975
5. James Milton	25'4"	7.72	1992
6. Zyris Hill	25'1 3/4"	7.66	1999
7. Kelsey Nash	25'	7.62	1993
8. Greg Allen	24'11 3/4"	7.61	1984
9. Kevin Johnson	24'11 1/4"	7.60	1978
10. Sid Gainey	24'11"	7.59	1966

Florida State Men's Top Ten

Triple Jump

1. Kelsey Nash	54'6"	16.61	1992
2. Leon Hutchins	54'2 1/4"	16.51	1982
3. Rafeeq Curry	53'7 1/2"	16.34	2003
4. Mario Lowe	52'10 1/4"	16.11	2002
5. Andy Latimar	52'7 1/2"	16.04	1985
6. Joe Allen	52' 4"	15.95	2001
7. Henry Finney	51'10"	15.80	1976
8. Charlie Harris	51'8 1/4"	15.75	1974
9. Eric Robinson	51'5 1/2"	15.68	1987
10. Anthony Washington	51' 3/4"	15.56	1994

High Jump

1. Kevin Crist	7'5 3/4"	2.28	1993
2. Shawn Brown	7'4 1/2"	2.25	2001
3. Kenny Smith	7'4 1/4"	2.24	1984
4. Darrel Wills	7'3 1/2"	2.22	1986
5. Tom Stitt	7'2 1/2"	2.20	1987
6. Shawn Brown	7'2 1/4"		2002
Christian Bland	7'2 1/4"		2002
8. Larry Sayer	7'2"	2.19	1980
9. Christian Bland	7'1 3/4"	2.18	2001
Anthony Washington	7'1 3/4"	2.18	1994

Shot Put

1. Dorian Scott	61'10 1/4"	18.85	2003
2. Mike Bell	60'8"	18.49	1987
3. Ken Lanier	60'2"	18.34	1979
4. Allen Williams	59'10"	18.23	1963
5. Scott Peterson	59'5"	18.21	1992
6. Garrett Johnson	59'3"	18.06	2003
7. Greg Jack	56'10.75"	17.34	1997
8. Ryan Carson	56'4 3/4"	17.19	1994
9. Ray Nuredini	56'4"	17.17	1980
10. Marc Anderson	55'9"	16.99	1995

Discus

1. Bradley Cooper	212'6"	64.78	1979
2. Jody Lawrence	182'4"	55.58	1999
3. Eric Chambers	179'8"	54.76	1992
4. Harry Glenn	178'9"	54.48	1980
5. Marqus Johnson	176'0"	53.66	2001
6. Earl Johnson	171'7"	52.30	1986
Donald Heaven	171'7"	52.30	1998
8. Ken Lanier	171'	52.12	1980
9. Marqus Johnson	168'10.75"	51.48	2002
10. Ray Nuredini	168'9"	51.44	1977

Javelin (new)

1. Lou Angelo	233'10"	71.28	1994
2. Justin Johnston	232'10"	70.97	1997
3. Tom Fetters	230'5"	70.24	1989
4. Gabe Arola	210'10"	64.26	1997
5. Greg Jack	210'8"	64.22	1996
6. Marshal Louis	195'0"	59.44	1998
7. AJ Hoye	186'0"	56.70	2001
8. Greg Gorski	170'6"	51.98	2001
9. Marcus Johnson	164'11"	50.26	2001
10. Gary Visser	158'4"	48.26	2001

Javelin (old)

1. Hank Langee	250'4"	76.34	1981
2. Eric Allen	250'	76.20	1977

3. Randy Hutchinson	235'1"	71.66	1973
4. Jim Buck	233'6"	71.18	1971
5. Jerry Henderson	227'5"	69.32	1958

Hammer

1. Horatio Garcia	215'10"	65.80	1987
2. B.J. Linnenbrink	195'2"	59.48	2002
3. Josh Bowling	187'9"	57.22	2002
4. Jody Lawrence	187'2"	57.04	1999
5. B.J. Linnenbrink	187'0"	56.99	2001
6. Josh Bowling	184'11"	53.36	2001
7. Andy Shirk	180'10"	55.08	1993
8. Jody Lawrence	175'8"	53.58	1998
9. William Shirk	172'	52.44	1996
10. Ryan O'Donnell	171'4"	52.22	2001

Decathlon

1. Rohn Stark	7612	1981
2. Darius Jones	7269	1999
3. Tom Reither	7193	1985
4. Dore Louis	6848	1998
5. Charlie Galloway	6829	1971
6. Mark Nugen	6800	1980
7. Lenx Jackson	6792	1984
8. Gary Visser	6534	2002
9. Chris Keen	6526	1993
10. Mark Napier	6491	1998

Pole Vault

1. Jeff Bray	18'6 1/2"	5.65	1992
2. Larry Carr	18'1"	5.51	1989
3. Tom Reither	17'6"	5.34	1988
4. Jeff Atkinson	17'2 3/4"	5.25	2002
5. Phares Rolle	17'1"	5.21	1976
6. Jason Dean	17' 3/4"	5.20	1999
7. Jeff Atkinson	17' 1/4"	5.19	2001
8. Dusty Harmon	17'	5.18	1983
Brain Fitzsimmons	17'	5.18	1986
10. Jeff Atkinson	16'8.75"	5.10	2000

4x100 Meter Relay

1. Roberson, Walker, Merrick, Forbes	39.24	1977
2. Carter, Blake, Sanders, Smith	39.40	1988
3. Butler, Johnson, Roberson, McCoy	39.42	1980
4. Roberson, Forbes, Williams, Merrick	39.44	1976
5. Carter, Dixon, Nash, Ansley	39.47	1994
6. Riley, Carter, Dunn, Colombo	39.50	1996
7. Carter, Nash, Dixon, Ansley	39.54	1993
8. Lawson, Blake, Mayhew, Smith	39.55	1987
9. Wells, Taylor, Nelson, McCoy	39.61	1981
10. Riley, Carter, Dunn, Capers	39.77	1996

4x400 Meter Relay

1. Williams, McKenzie, Waddell, Johnson	3:03.78	1986
2. Nelson, Ross, McCoy, Simmons	3:04.29	1980
3. McKenzie, Washington, Gordon, Johnson	3:04.33	1980
4. Nelson, Rolle, Brown, McCoy	3:04.66	1981
5. McKenzie, Ross, Carr, Washington	3:05.50	1984
6. Jennings, Campbell, Robinson, Johnson	3:05.65	2002
7. Nelson, Caruthers, McCoy, Simmons	3:05.84	1979
8. Jefferson, Nash, Carter, Ansley	3:06.28	1993
9. Grey, Franklin, Rothell, Ansley	3:06.45	1994
10. Jennings, Campbell, Martin, Mason	3:06.58	2001