



FLORIDA STATE

TRACK & FIELD



2019 NCAA Championships • June 5-8 • Mike A. Myers Stadium, Austin, Texas

Schedule: When the Noles Compete

Wednesday, June 5 (#2 revision)

(Eastern Time)

Time	Event	FSU entries
5:02 pm	4x100 Relay (men - semis)	FSU
6:16 pm	100m Dash (men - semis)	Rincher
7:14 pm	200m Dash (men - semis)	Ewers

Thursday, June 6

5:30 pm	Hammer (women - final)	Kanuchova
8:02 pm	4x100 Relay (women - semis)	FSU
9:02 pm	100m Hurdles (women - semis)	Jones
9:15 pm	Javelin (women - final)	Paredes
9:16 pm	100m Dash (women - semis)	Seymour, Kirkland
9:30 pm	Long Jump (women - final)	Petrokaite, Sow
10:14 pm	200m Dash (women - semis)	Seymour
10:38 pm	10,000m run (women - final)	Mircheva

Friday, June 7

8:32 pm	4x100 Relay (men - final)	FSU
8:40 pm	Triple Jump (men - final)	Wallace
9:22 pm	100m Dash (men - final)	Rincher
10:07 pm	200m Dash (men - final)	Ewers

Saturday, June 8

6:05 pm	Discus (women - final)	Love
6:32 pm	4x100 Relay (women - final)	FSU
7:12 pm	100m Hurdles (women - final)	Jones
7:22 pm	100m Dash (women - final)	Seymour, Kirkland
8:07 pm	200m Dash (women - final)	Seymour

Live Results

<https://ot&v5llb2dwhs.cloudfront.net/NCAA/index.htm>

Broadcast Schedule

Wednesday, June 5 (#2 revision)

(Eastern Time)

Time	Event(s)	Network	Link
5:00 pm	Men's Semifinals	ESPN2	
Thursday, June 6			
4:25 pm	Women's Hammer	ESPN3	https://noles.co/2HNwf2o
8:15 pm	Women's Javelin	ESPN3	https://noles.co/2YZSAQ5
8:30 pm	Women's Long Jump	ESPN3	https://noles.co/2QBdAK6
9:00 pm	Women's Semifinals	ESPN2	
Friday, June 7			
7:40 pm	Men's Triple Jump	ESPN3	https://noles.co/2WecQk4
8:30 pm	Men's Finals	ESPN	
Saturday, June 8			
6:30 pm	Women's Finals	ESPN2	

Record number of women qualifiers lead Noles into Austin

A strong qualifying performance at the NCAA East Preliminary, on the heels of a record-setting ACC title, has elevated the Florida State women's track & field team to No. 3 in the USTFCCA Ratings Index entering the NCAA Championships.

The Noles women will have 11 qualifiers in the field for the June 5-8 championship meet at Mike A. Myers Stadium on the University of Texas campus in Austin. That's the most qualifiers the FSU women have advanced to the final site since the NCAA went to its East-West Preliminary qualifying format in 2010.

The previous high for women qualifiers was 10, which the Noles achieved in both 2018 and 2016.

The qualifying delegation of Noles women is balanced across all disciplines: sprints/hurdles, throws, jumps and distance, with entries in 9 of 21 events, including two each in the 100-meter dash and the long jump.

They will be joined by four men's qualifiers from an FSU squad that checks in at No. 28 nationally.

ESPN will have exclusive coverage of the 2019 NCAA Outdoor Championships across multiple channels and platforms

FSU NCAA Qualifiers

(East-West qualifying era)

Year	Women	Men	Total
2019	11	4	15
2018	10	8	18
2017	9	7	16
2016	10	4	14
2015	8	10	18
2014	9	8	17
2013	8	10	18
2012	9	13	22
2011	6	13	19
2010	9	11	20

Seminole Storylines

Among the noteworthy Noles storylines to follow:

- The Florida State women are hunting their first podium finish since 2009, when they placed fourth. The Noles have six, top-four finishes in program history, five of which have come in the NCAA era. They were third at the 1981 AIAW National Championships (see chart on next page);
- Of the 12 women on the NCAA roster, seven - **Shauna Helps, Cortney Jones, Veronika Kanuchova, Jayla Kirkland, Lauri Paredes, Ka'Tia Seymour** and **Rougui Sow** - have previously scored at the championship meet. Three others - **Shancie Love, Militsa Mircheva** and **Jogaile Petrokaite** - are multi-time qualifiers;
- Five of seven on FSU men's championship roster have been here before and four - **Andre Ewers, Darryl Gay, Darryl Haraway** and **Michael Timpson Jr.** - have scored. The two that haven't - **Armani Wallace** and **Bryand Rincher** - scored at the 2019 NCAA Indoor Championships;
- Seymour**, the sophomore ACC Championships Track MVP, is qualified in the 100, 200 and 4x100 for the second consecutive year. She is looking to improve on her 2018 finishes of ninth, fourth and eighth, respectively;
- Ewers**, a senior and two-time ACC Championships Track MVP, will compete in the 200 and anchor the 4x100. He was the silver medalist in the 200 in 2018 and helped the relay team to a fifth-place finish;
- Jones**, the bronze medalist in the 100-meter hurdles last season, has twice broken the FSU record this season. She is a member of the 4x100 relay team that finished eighth last season as well;
- The Noles combined to produce four No. 1 qualifiers from the East Preliminary. **Wallace** (triple jump), ranked No. 2 nationally, is the lone top seed for the men. **Paredes** (javelin), **Petrokaite** (long jump) and **Love** (discus) claimed top spots for the women;
- Senior **Shauna Helps**, who missed the NCAA East Preliminary while recovering from injury, returns as a member of the 4x100 relay pool. The three-time All-American and former ACC 100-meter record-holder could provide a lift to the contending quarter;
- The same holds true on the men's side, where **Darryl Haraway** and **Darryl Gay** are in the 4x100 relay pool. A year ago they were first-team All-Americans on the fifth-place team. Haraway, a senior who owns the No. 9 100-meter time in FSU history (10.09), is at full strength for the first time this season.

Continued on page 5

FLORIDA STATE
TRACK & FIELD



@FSU_Track

Media Contact: Bob Thomas
Associate Sports Information Director
850-694-1768 / bthomas2@fsu.edu



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#Noles

2019 NCAA Championships

Women's Top NCAA Finishes

Year	Finish	Pts.
1984	National Champions	145
1983	Runner-Ups	108
1985*	Runner-Ups (tied)	46
1981 [^]	Third Place	40
1982	Third Place	119.5
2009	Fourth Place	40
2015	Sixth Place	35
1991	Ninth Place	19
1987	Tenth Place	22
2008	Twelfth Place	16
1990	Thirteenth Place	21
2018	Fourteenth Place	18
2007	Fourteenth Place	19
1986	Fourteenth Place (tied)	17
2006	Fourteenth Place (tied)	18

* - 1st yr. of current scoring format; [^] - AIAW

Men's Top NCAA Finishes

2006	National Champions	67
2007	National Champions	54*
2008	National Champions	52
2011	Runner-Ups	54
2009	Runner-Ups (3-way tie)	37
1980	Third Place	38
2012	Fourth Place	38
2006	Fourth Place (tied)	34
2010	Eighth Place (tied)	22
2013	Ninth Place	22.5
2018	Eleventh Place	25
1979	Eleventh Place (tied)	20

* - vacated



Texas has been good to NCAA Noles

For the first time since 2004 the NCAA Outdoor Track & Field Championships are back at Mike A. Myers Stadium in Austin, Texas. It's the seventh time the University of Texas has hosted the men's championship and the fourth time the women's championship has been contested at the facility.

The Seminoles have had their share of memorable performances in previous NCAA Championships contested in the capital city of Texas, to wit:

- The 1980 Florida State men, under the direction of coach Dick Roberts, finished third, rolling up 38 points;
- FSU's 1985 women's team tied for second place under coach Gary Winckler with a program-high 46 points;
- Three Noles have won national titles at Texas: Michael Roberson (100m, 1980), Michelle Finn (100m, 1985) and Esmeralda Garcia (triple jump, 1985).

This will be the sixth time the Noles men have competed in the NCAA Championships at Texas, having missed out only on the 1957 event. FSU's women have been to each of the three previous championship meets here.

NCAA Performances at Texas Women

2004	28th-Place (tied)
2.	10,000m, Vicky Gill
1992	34th-Place (tied)
6.	Long Jump, Trinette Johnson
7.	4x100
	Johnson, Verdun, Lyons, Covington
1985	Second-Place (tied)
1.	100m Dash, Michelle Finn
1.	Triple Jump, Esmeralda Garcia
2.	200m Dash, Finn
3.	4x100
	Finn, Garcia, Thompson, Levy
5.	100m Dash, Garcia
7.	1500m Run, Nancy Rettie

Men

2004	20th-Place
3.	4x100 Relay
	Baker, Sterling, Dzingai, Nabe
	Triple Jump, Rafeeq Curry
4.	200m Dash, Brian Dzingai
1992	23rd-Place
2.	High Jump, Kevin Crist
6.	Pole Vault, Jeff Bray
1985	34th-Place
4.	400m Hurdles, Leander McKenzie
8.	4x400
	Washington, Gordon, McKenzie, Johnson
1980	Third-Place
1.	100m Dash, Michael Roberson
2.	200m Dash, Roberson
3.	400m Dash, Walter McCoy
3.	4x100 Relay
	Butler, Johnson, Roberson, McCoy
4.	10,000m, Herb Willis
4.	Triple Jump, Leon Hutchins
1974	20th-Place (tied)
3.	120-yard Hurdles, Danny Smith

Noles in the USTFCCA Ratings Index

The Florida State men's and women's teams have held prominent positions in the weekly US Track & Field and Cross Country Coaches Association (USTFCCA) Ratings Index throughout the season. The women opened at No. 6 and with the exception of week 6, have remained in the Top-10, including their current season-high of No. 3. The men opened at No. 11, were ranked as high as No. 7 but enter the NCAA Championships at No. 28. Here's a week-by-week look:

Florida State	PS	W1	W2	W3	W4	W5	W6	W7	W8	W9
Men	11	7	8	8	35	28	37	20	19	28
Women	6	6	7	8	6	10	11	10	7	3

USTFCCA Ratings Index as of May 28, 2019

Men

1. Texas Tech
2. Florida
3. LSU
4. BYU
5. Texas A&M
6. Oregon
7. Houston
8. Texas
9. Southern California
10. North Carolina A&T
11. UCLA
12. Virginia
13. Georgia
14. Arizona
15. South Carolina
16. Mississippi State
17. Alabama
18. Kentucky
19. Stanford
20. Arkansas
21. Kansas
22. Indiana
23. Iowa
24. Baylor
25. Wisconsin

Women

1. Arkansas
2. Southern California
3. Florida State
4. Texas A&M
5. Alabama
6. LSU
7. New Mexico
8. Oregon
9. Kentucky
10. Florida
11. Stanford
12. North Carolina A&T
13. Texas
14. UCLA
15. BYU
16. Colorado
17. Boise State
18. Washington
19. Kansas State
20. Ohio State
21. Miami
22. Arizona State
23. Georgia
24. Tennessee
25. Oklahoma State

USTFCCA Weekly Ratings Index History (2008-present)

FLORIDA STATE Seminoles												
Women's Outdoor Track & Field												
National TFR: Track & Field Rating Index												
NCAA DI												
Sublist:												
Year	PreS	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7	Wk8	Wk9	Wk10	FINAL
2019	6	6	7	8	6	10	11	10	7	3	RV	DNF
2018	19	19	19	20	20	29	27	38	35	26		14
2017	10	10	10	13	16	14	14	15	15	15		19
2016	14	22	22	20	31	39	39	21	20	17		29
2015	9	10	11	13	18	14	15	20	20	13		6
2014	12	15	15	10	10	11	9	10	11	9		16
2013	35	40	37	30	16	15	16	16	17	18		29
2012	25	22	24	22	13	16	17	25	24	17		14
2011	8	8	10	12	26	26	27	26	25	27		20
2010	5	4	4	4	10	15	9	9	11	4		20
2009	28	17	17	12	5	2	3	3	4	6		4
2008	31	8	25	17	17	22	17	25	26	25		12

FLORIDA STATE Seminoles												
Men's Outdoor Track & Field												
National TFR: Track & Field Rating Index												
NCAA DI												
Sublist:												
Year	PreS	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7	Wk8	Wk9	Wk10	FINAL
2019	11	7	8	8	35	28	37	20	19	28	RV	DNF
2018	37	25	27	14	7	10	10	12	12	10		11
2017	36	30	32	37	29	29	27	28	29	30		51
2016	47	48	38	39	25	30	29	21	19	26		64
2015	9	9	7	8	20	15	15	9	10	9		19
2014	5	5	5	5	36	42	25	28	31	14		20
2013	9	6	6	5	5	3	3	5	5	5		9
2012	2	3	2	2	5	5	4	8	7	5		4
2011	4	4	4	4	3	4	4	4	3	3		2
2010	4	5	5	4	8	9	8	8	8	8		8
2009	4	5	5	5	5	11	3	5	4	12		2
2008	1	6	4	2	3	4	2	4	5	2		1

2019 NCAA Championships Rosters

Men

Name	Pronunciation	Year	Event	Hometown/Last School
Andre Ewers	You-errs	SR	200/4x100	Lauderhill, Fla./Butler (Kan.) CC
Darryl Gay		SO	4x100	Orlando, Fla./Evans
Darryl Haraway	Hair-uh-way	SR	4x100	Upper Marlboro, Md./DeMatha Catholic
Jhevaughn Matherson	Juh-vahn	FR	4x100	Kingston, Jamaica/Kingston College
Bryand Rincher	Bry-and	FR	100/4x100	Fort Lauderdale, Fla./Piper
Michael Timpson, Jr.		SR	4x100	Palm Beach Gardens, Fla./Florida
Armani Wallace		SR	Triple Jump	Orlando, Fla./Colonial

Women

Name	Pronunciation	Year	Event	Hometown/Last School
Deja Bush	Day-juh	JR	4x100	Davie, Fla./Flanagan
Karimah Davis	Kuh-ream-uh	FR	4x100	West Palm Beach, Fla./Palm Beach Central
Shauna Helps	Shaw-nuh	SR	4x100	Belvedere, Jamaica/Wolmer's Girls
Cortney Jones		JR	100 Hurdles/4x100	Conyers, Ga./Rockdale County
Veronika Kanuchova	Vair-uh-nee-kuh Can-uh-ch-Oh-vuh	JR	Hammer	Rokytoy, Slovakia/Sportove Gymnazium
Jayla Kirkland		SO	100/4x100	Birmingham, Ala./Woodlawn
Shanice Love	Shuh-niece	JR	Discus	Kingston, Jamaica/Excelsior
Militsa Mircheva	Mill-its-uh Mur-cheh-vah	GR	10,000	Dobrich, Bulgaria/FMSG Casil Levski
Lauri Paredes	Puh-ray-dees	SO	Javelin	Villa Elisa, Paraguay/Apostolico San Jose
Jogaile Petrokaite	Yo-Guy-lay Petra-kite-A	SR	Long Jump/4x100	Raseiniai, Lithuania/Zemaitis Gymnasium
Ka'Tia Seymour	Kay-tee-uh	SO	100/200/4x100	Palatka, Fla./Palatka
Rougui Sow	Rew-Ghee Sow (like Ow)	GR	Long Jump	Le Havre, France/South Carolina

Coaching Staff

Bob Braman	Head Coach (M&W)/Men's Distance
Dorian Scott	Director of Field Events/Throws
Brandon Hon	Director of Sprints, Hurdles & Relays
Kelly Phillips	Assistant Coach/Women's Distance
Ricky Argro	Assistant Coach/Men's Sprints
Keith Herston	Assistant Coach/Jumps & Multis
Aniis Hopkins	Volunteer Coach/Jumps & Multis
Terry Long	Volunteer Coach
Dennis Nobles	Volunteer Coach/Field Events



Braman



Scott



Hon



Phillips



Argro



Herston

Support Staff

Bernie Waxman	Assoc. AD/Sport Oversight
David Beauchem	Director of Operations
Erik Myyra	Strength & Conditioning
Christina Bernal	Strength & Conditioning
Taylor Wheaton	Facilities & Events
Izzy Pino	Equipment
Bob Thomas	Sports Information/Media Relations
Dee Seymore	Digital Media

Sports Medicine

Gwendolyn Davis	Assoc. Dir. of Sports Medicine
Sarah Peterika	Athletic Trainer ATC
Robin Rogers	Massage Therapist
Sarah Beach	Massage Therapist

Operations Assistants

Michael Castel	Women's Distance
Jacob Hurysz	Men's Distance
Alex Midgett	Women's Distance
Jacques Toussaint	Men's Sprints
Ray Walton	Sprints, Hurdles & Relays

2019 NCAA DIVISION I OUTDOOR TRACK & FIELD CHAMPIONSHIPS SCHEDULE OF EVENTS

All times listed are Central
Schedule is subject to change

WEDNESDAY, JUNE 5				THURSDAY, JUNE 6				FRIDAY, JUNE 7				SATURDAY, JUNE 8			
TIME	EVENT	ROUND	DIVISION	TIME	EVENT	ROUND	DIVISION	TIME	EVENT	ROUND	DIVISION	TIME	EVENT	ROUND	DIVISION
6:32 PM	4x100 Meter Relay	Semifinal	Men	7:02 PM	4x100 Meter Relay	Semifinal	Women	7:32 PM	4x100 Meter Relay	Final	Men	5:32 PM	4x100 Meter Relay	Final	Women
6:46 PM	1500 Meters	Semifinal	Men	7:16 PM	1500 Meters	Semifinal	Women	7:47 PM	1500 Meters	Final	Men	5:41 PM	1500 Meters	Final	Women
7:02 PM	3000 Meter Steeplechase	Semifinal	Men	7:32 PM	3000 Meter Steeplechase	Semifinal	Women	7:54 PM	3000 Meter Steeplechase	Final	Men	5:54 PM	3000 Meter Steeplechase	Final	Women
7:32 PM	110 Meter Hurdles	Semifinal	Men	8:02 PM	100 Meter Hurdles	Semifinal	Women	8:12 PM	110 Meter Hurdles	Final	Men	6:12 PM	100 Meter Hurdles	Final	Women
7:48 PM	100 Meters	Semifinal	Men	8:18 PM	100 Meters	Semifinal	Women	8:22 PM	100 Meters	Final	Men	6:22 PM	100 Meters	Final	Women
8:00 PM	400 Meters	Semifinal	Men	8:30 PM	400 Meters	Semifinal	Women	8:32 PM	400 Meters	Final	Men	6:32 PM	400 Meters	Final	Women
8:14 PM	800 Meters	Semifinal	Men	8:44 PM	800 Meters	Semifinal	Women	8:44 PM	800 Meters	Final	Men	6:44 PM	800 Meters	Final	Women
8:30 PM	600 Meter Hurdles	Semifinal	Men	9:00 PM	600 Meter Hurdles	Semifinal	Women	8:57 PM	600 Meter Hurdles	Final	Men	6:57 PM	600 Meter Hurdles	Final	Women
8:44 PM	200 Meters	Semifinal	Men	9:14 PM	200 Meters	Semifinal	Women	9:07 PM	200 Meters	Final	Men	7:07 PM	200 Meters	Final	Women
8:56 PM	800 Meters	Decathlon	Men	9:26 PM	1500 Meters	Decathlon	Men	9:13 PM	800 Meters	Heptathlon	Women	7:13 PM	800 Meters	Heptathlon	Women
9:08 PM	10,000 Meters	Final	Men	9:38 PM	10,000 Meters	Final	Women	9:25 PM	5000 Meters	Final	Men	7:25 PM	5000 Meters	Final	Women
9:48 PM	4x800 Meter Relay	Semifinal	Men	10:18 PM	4x800 Meter Relay	Semifinal	Women	9:51 PM	4x800 Meter Relay	Final	Men	7:51 PM	4x400 Meter Relay	Final	Women

FIELD EVENTS				FIELD EVENTS				FIELD EVENTS				FIELD EVENTS			
TIME	EVENT	ROUND	DIVISION	TIME	EVENT	ROUND	DIVISION	TIME	EVENT	ROUND	DIVISION	TIME	EVENT	ROUND	DIVISION
4:20 PM	Hammer Throw	Final	Men	4:30 PM	Hammer Throw	Final	Women	7:00 PM	High Jump	Final	Men	1:50 PM	High Jump	Final	Women
6:30 PM	Pole Vault	Final	Men	7:30 PM	Pole Vault	Final	Women	7:05 PM	Discus Throw	Final	Men	5:05 PM	Discus Throw	Final	Women
6:45 PM	Javelin Throw	Final	Men	8:15 PM	Javelin Throw	Final	Women	7:40 PM	Triple Jump	Final	Men	5:40 PM	Triple Jump	Final	Women
8:00 PM	Long Jump	Final	Men	8:30 PM	Long Jump	Final	Women								
8:40 PM	Shot Put	Final	Men	8:10 PM	Shot Put	Final	Women								

COMBINED EVENTS				COMBINED EVENTS				COMBINED EVENTS				COMBINED EVENTS			
TIME	EVENT	ROUND	DIVISION	TIME	EVENT	ROUND	DIVISION	TIME	EVENT	ROUND	DIVISION	TIME	EVENT	ROUND	DIVISION
4:20 PM	100 Meters	Decathlon	Men	1:00 PM	110 Meter Hurdles	Decathlon	Men	7:20 PM	100 Meter Hurdles	Heptathlon	Women	1:30 PM	Long Jump	Heptathlon	Women
3:10 PM	Long Jump	Decathlon	Men	1:50 PM	Discus Throw	Decathlon	Men	3:30 PM	High Jump	Heptathlon	Women	2:45 PM	Javelin Throw	Heptathlon	Women
4:25 PM	Shot Put	Decathlon	Men	3:00 PM	Pole Vault	Decathlon	Men	5:30 PM	Shot Put	Heptathlon	Women	8:13 PM	800 Meters	Heptathlon	Women
5:40 PM	High Jump	Decathlon	Men	5:30 PM	Javelin Throw	Decathlon	Men	8:13 PM	200 Meters	Heptathlon	Women				
8:56 PM	400 Meters	Decathlon	Men	9:26 PM	1500 Meters	Decathlon	Men								

* Hammer for Men & Women conducted outside the stadium



Useful NCAA Championships Links

Men's NCAA Championships Start List
<https://noles.co/2IbH5Hm>

Women's NCAA Championships Start List
<https://noles.co/2WdpiAN>

Texas' NCAA Championships Page
<https://noles.co/2XIK5OW>

NCAA.com Championship Central
<https://noles.co/2KhkPG4>

FSU Track & Field Record Book
<https://noles.co/2WcNrTc>

USTFCCCA Rankings Page (teams)
<https://noles.co/2HBMEWo>

NCAA Division I Rankings (by event)
<https://noles.co/2Jyl3la>

FSU Men's TFRRS Roster/Stats
<https://noles.co/2VvHYZL>

FSU Women's TFRRS Roster/Stats
<https://noles.co/2DSdcBH>

Performance Lists

FSU Women

Ka'Tia Seymour

100		
5/25 NCAA East-qf (2)	11.15	
5/23 NCAA East-1st (6)	11.37	
5/11 ACC Chmps-f (1)	11.14	
5/10 ACC Chmps-p (1)	11.27	
3/29 Florida Relays (2)	11.08-w	
3/22 FSU Relays (1)	11.25	

200

5/25 NCAA East-qf (7)	22.73	
5/24 NCAA East-1st (9)	23.05	
5/11 ACC Chmps-f (1)	23.12	
5/9 ACC Chmps-p (2)	22.96	
4/20 Mt. SAC Relays (6)	23.30	

Jayla Kirkland

100		
5/25 NCAA East-qf (9)	11.37	
5/23 NCAA East-1st (19)	11.49	
5/11 ACC Chmps-f (4)	11.41	
5/10 ACC Chmps-p (7)	11.43	
4/27 Tom Jones Memorial (13)	11.59	
4/21 Stanford Cardinal Classic (1)	23.69	
3/31 Florida Relays (3)	23.06	

Militsa Mircheva

10,000		
5/23 NCAA East-sf (4)	33:30.60	
3/29 Stanford Invitational (15)	32:30.07	

Cortney Jones

100 Hurdles		
5/25 NCAA East-qf (4)	12.87	
5/24 NCAA East-1st (1)	12.84	
5/11 ACC Chmps-f (1)	12.72	
5/10 ACC Chmps-p (1)	12.72	
4/20 Mt. SAC Relays (2)	12.82	
3/29 Florida Relays (1)	13.04	
3/22 FSU Relays (1)	13.03	

Rougui Sow

Long Jump		
5/23 NCAA East-sf (3)	6.19m/20-3.75	
5/9 ACC Chmps (1)	6.48m/21-3.25	
4/26 Tom Jones Memorial (3)	6.26/20-6.5	
4/20 Beach Invitational (3)	6.33/20-9.25	
4/12 Crimson Tide Invitational (4)	6.08/19-11.5	

Jogaile Petrokaite

Long Jump		
5/23 NCAA East-sf (1)	6.30m/20-8	
5/9 ACC Chmps (2)	6.44m/21-1.5	
4/20 Beach Invitational (4)	6.29/20-7.75	
4/12 Crimson Tide Invitational (1)	6.13/20-1.5	

Shanice Love

Discus		
5/24 NCAA East-sf (1)	61.04m/200-3	
5/11 ACC Chmps (1)	58.83m/193-0	
4/25 Penn Relays (1)	65.62/191-1	
4/20 Mt. SAC Relays (3)	61.16/200-8	
3/29 Florida Relays (1)	60.29/197-10	
3/22 FSU Relays (1)	61.54/201-11	
3/15 FAMU Relays (1)	57.82/189-8	

Veronika Kanuchova

Hammer		
5/23 NCAA East-sf (5)	62.90m/206-4	
5/9 ACC Chmps (4)	65.17m/213-10	
4/25 Penn Relays (1)	65.62/215-3	
4/18 Mt. SAC Relays (4)	67.21/220-6	
3/30 Florida Relays (1)	65.42/214-7	
3/22 FSU Relays (1)	64.411/211-4	

Lauri Paredes

Javelin		
5/23 NCAA East-sf (1)	53.99m/177-1	
5/9 ACC Chmps (2)	53.77m/176-5	
4/26 Penn Relays (2)	54.30/178-2	
4/12 Crimson Tide Invitational (1)	55.17/181-0	
3/29 Florida Relays (1)	55.38/181-8	

4x100 Relay

5/25 NCAA East-sf (4)	43.38	
<i>Davis, Seymour, Jones, Kirkland</i>		
5/11 ACC Chmps (2)	44.02	
<i>Davis, Seymour, Jones, Kirkland</i>		
4/18 Mt. SAC Relays (3)	44.13	
<i>Davis, Kirkland, Helps, Seymour</i>		
4/11 Crimson Tide Invitational (2)	44.54	
<i>Kirkland, Davis, Helps, Seymour</i>		
3/30 Florida Relays (7)	43.84	
<i>Davis, Helps, Jones, Seymour</i>		

FSU Men

Andre Ewers

200		
5/25 NCAA East-qf (4)	20.14	
5/24 NCAA East-1st (4)	20.43	
5/11 ACC Chmps-f (1)	20.31	
5/9 ACC Chmps-p (2)	20.66	
4/12 Crimson Tide Invitational (1)	20.40	
3/29 Florida Relays (6)	20.69w	

Bryand Rincher

100		
5/25 NCAA East-qf (11)	10.22	
5/23 NCAA East-1st (13)	10.27	
5/11 ACC Chmps-f (3)	10.21	
5/10 ACC Chmps-p (3)	10.21w	
4/27 Tom Jones (22)	10.50	

Armani Wallace

Triple Jump		
5/25 NCAA East-sf (1)	16.49m/54-1.25	
5/11 ACC Chmps (2)	16.88m/55-4.75	
4/20 Beach Invitational (10)	15.32/50-3.25	

4x100 Relay

5/25 NCAA East (2)	39.04	
<i>Rincher, Matherson, Timpson, Ewers</i>		
5/11 ACC Chmps (1)	39.28	
<i>Rincher, Matherson, Timpson, Ewers</i>		
4/27 Tom Jones Memorial (2)	39.14	
<i>Gay, Matherson, Timpson, Ewers</i>		
3/30 Florida Relays (6)	39.21	
<i>Gay, Matherson, Timpson, Ewers</i>		
3/22 FSU Relays (2)	39.78	
<i>Timpson, Gay, Matherson, Haraway</i>		

Women - Personal-Bests/Season-Bests

Athlete	PB	SB
100 METER DASH		
Ka'Tia Seymour	11.13	11.08w
Jayla Kirkland	11.34	11.37
200 METER DASH		
Ka'Tia Seymour	22.73	22.73
10,000 METER RUN		
Militsa Mircheva	32:30.07	32:30.07
100 METER HURDLES		
Cortney Jones	12.72	12.72
LONG JUMP		
Rougui Sow	6.72m (22-0.75)	6.48m (21-3.25)
Jogaile Petrokaite	6.50m (21-4)	6.44m (21-1.5)
DISCUS		
Shanice Love	61.54m (201-11)	61.54m (201-11)
HAMMER		
Veronika Kanuchova	69.48m (227-11)	67.21m (220-6)
JAVELIN		
Lauri Paredes	55.59m (182-4)	55.38m (181-8)
4x100 RELAY		
Florida State	-	43.38

Men - Personal-Bests/Season-Bests

Athlete	PB	SB
100 METER DASH		
Bryand Rincher	10.21	10.21
200 METER DASH		
Andre Ewers	20.14	20.14
TRIPLE JUMP		
Armani Wallace	16.88m (55-4.75)	16.88m (55-4.75)
4x100 RELAY		
Florida State	-	39.04

KEY

PB - Personal Best

SB - Season Best (all-conditions from TFRRS)

NOTE: Only wind-legal marks are recorded for personal-bests in the 100, 200, 100/110 hurdles, long jump and triple jump.

2019 NCAA Championship Notes

Record-setters abound

The 2019 outdoor season has produced four new Florida State records, each by athletes competing at the NCAA East Preliminary meet:

- **Militsa Mircheva** set the record-setting outdoor season in motion at the March 29 Stanford Invitational when she ran 32:30.07 to take down Vicky Gill's 15-year-old 10,000 mark (32:48.63);
- **Veronika Kanuchova** broke her own school hammer record at the Mt. SAC Relays on April 18 with an opening round throw of 67.21 meters (220-6), obliterating her 2017 standard of 65.97m (216-5);
- Two days later, junior **Cortney Jones** ran two-time Olympian Anne Zagre out of the record book in the 100-meter hurdles with her 12.82 at the Mt. SAC Relays. Zagre ran 12.83 in 2014. Jones took the record to a new level with her 12.72 for the ACC title;
- Senior **Armani Wallace**, in just his second competition of the outdoor season, unleashed his record-setting triple jump of 16.88 meters (55-4.75) on his sixth attempt at the ACC Championship meet (May 11).

In addition to the record-setters, the Noles have piled up a host of new top-10, all-time marks, including:

Athlete	Event	Rank	Mark
Shanice Love	DT	2nd	61.54m/201-11
Brandon Tirado	HT	2nd	63.80m/212-7
Nadia Maffo	HT	2nd	64.53m/211-8
Militsa Mircheva	5000	2nd	15:45.97
Trey Cunningham	110H	4th	13.47
Sanjae Lawrence	SP	4th	18.95m/62-2.25
Andre Ewers	200	5th	20.14
Rougui Sow	LJ	5th	6.48m/21-3.75
Florida State (women)	4x100	5th	43.38
<i>Davis, Helps, Jones, Seymour</i>			
Elizabeth Funderburk	10,000	6th	33:31.05
Florida State (women)	4x100	9th	43.84
<i>Davis, Helps, Jones, Seymour</i>			
Kayla Maczuga	HJ	9th	1.75m/5-8.75
David Lott	DEC	10th	6,682 pts.
Florida State (men)	4x100	10th	39.04
<i>Rincher, Matherson, Timpson, Ewers</i>			

Ewers gets a piece of history

Florida State has dominated the ACC in men's sprints, especially since 2000. The the Noles have won nine 100-meter titles and 11 200-meter titles behind the likes of Walter Dix, Ngoni Makusha, Maurice Mitchell, Charles Clark, Kemar Hyman and Denatrius Locke.

Senior **Andre Ewers** set himself apart from that group, at least at the ACC level, when he swept the 100- and 200-meter titles at the conference championship meet for the second consecutive year.

Ewers is the first Nole to repeat the double and just the third in ACC history, joining NC State's Danny Peebles (1987-88) and Clemson's Tevin Hester (2015-16).

Not surprisingly, Ewers repeated as the ACC Championship Track MVP, joining Locke (2013-14) and Mitchell (2010-12) as a multi-time award winner among Noles.

Third-time NCAA charmers

On a roster dotted with young talent, a handful of Noles will be making their third NCAA Outdoor Championship appearances.

Seniors Armani Wallace (triple jump) and Jogaile Petrokaite (long jump) will sport garnet & gold for the third time at the meet, as will seniors Darryl Haraway (4x100) and Shauna Helps (4x100).

A pair of first-year Noles - grad transfer Rougui Sow (long

jump) and senior transfer Michael Timpson Jr. (4x100) - have also made two previous trips to the big event at their previous schools (South Carolina and Florida).

Freshmen making presence felt

Three FSU freshmen - Karimah Davis, Bryand Rincher and Jhevaughn Matherson - will make their NCAA Championship debuts at Mike A. Myers Stadium.

They were among eight freshmen who qualified for the NCAA East Preliminary meet.

In addition to the championship qualifiers, Roodolph Antoine (100) and DaeQwan Butler (400) made it to the NCAA East meet for the men, with Butler advancing to the quarterfinals.

Elizabeth Funderburk qualified in the 10,000-meter run and finished three spots away from a trip to Texas. Trentorria Green made it in the triple jump and out-performed her seed by several positions at the University of North Florida.

Renaissance for women's distance group

No group has raised its profile higher than the women's distance contingent under the direction of fourth-year coach Kelly Phillips, whose charges contributed 16 points to the ACC title at Virginia.

Not only was that the most point production from the distance group (800m-10,000m) under Phillips' watch - the 2016 ACC champions got 15 points - but they produced five NCAA East qualifiers; the largest group since 2015.

Grad student **Militsa Mircheva** enters the 10,000-meter final on the strength of a fourth-place NCAA East finish. It's the final collegiate race for the 2016 Olympic marathoner from Bulgaria, who is the lone member of group to advance to Austin.

The Noles qualified a trio of runners for the 1500 at the NCAA East, led by **Maudie Skyring**, who finished third at the ACC Championships and added a seventh-place 800-meter finish. Skyring, in her second season since arriving from Australia, owns the No. 11 1500 (4:16.12) and 800 (2:06.26) times in program history.

She was joined in the 1500 by redshirt sophomore **Megan Mooney**, who dropped a seven-second personal-best at the ACC Championships (4:21.30) to secure her first NCAA postseason track appearance. Redshirt freshman **Jodie Judd** (4:21.50) was also a first-time NCAA East qualifier.

Skyring and Judd advanced to the NCAA East quarterfinals.

True freshman Elizabeth Funderburk also qualified for the East Prelims in the 10,000 and placed 15th.

All five were in the lineup for the Seminoles cross country team when it won the NCAA South Region title and returned to the NCAA Championships for the first time since 2014.

By the numbers

A numerical look at the Noles in the 2019 NCAA Championships:

7 - FSU's combined roster includes athletes from 11 different nations: United States, Jamaica, Slovakia, Bulgaria, Paraguay, Lithuania, and France.

8 - Noles out of 19 on the combined NCAA Championships rosters hail from the talent-rich Florida high school ranks.

16 - Combined previous NCAA Championships individual event appearances by Ka'Tia Seymour, Militsa Mircheva, Cortney Jones, Rougui Sow, Jogaile Petrokaite, Shanice Love, Veronika Kanuchova, Lauri Paredes, Andre Ewers and Armani Wallace..

4 - New outdoor school records established by the Noles during the 2019 season: Cortney Jones (100 hurdles), Veronika Kanuchova (hammer), Militsa Mircheva (10,000) and Armani Wallace (triple jump).

14 - Additional all-time top-10 FSU outdoor marks established in 2019: women's 4x100 (2x), Nadia Maffo (hammer), Rougui Sow (long jump), Kayla Maczuga (high jump), Shanice Love (discus), Elizabeth Funderburk (10,000), Militsa Mircheva (5000), Trey Cunningham (110 hurdles), Sanjae Lawrence (shot put), Brandon Tirado (hammer), Michael Hall (steeplechase), David Lott (decathlon) and the men's 4x100 relay.

25 - FSU's combined total number of NCAA Championships field event qualifiers from 2017-19. With five qualifiers this year, the Noles women have advanced 15 to the final site in that three-year window, while the men - who have one qualifier in Texas - have advanced 10.

2019 Postseason Highlights



Noles showed up and out at East Prelims

The Florida State track & field teams were not hard to spot at the NCAA East Preliminary meet.

Collectively, the Noles boasted 41 qualifiers; the programs' second-largest combined total since the current East-West format was adopted in 2010. The FSU women entered the meet with an all-time high 23 qualifiers; three more than their previous best back in 2014.

While both teams featured balanced representation, the women had qualifiers across all disciplines: sprints/hurdles; middle distance, distance, throws and jumps. In fact, the Noles women had athletes competing in 14 of 20 events which were contested. FSU's men were represented in 12 of 20 events.

By the conclusion of the three-day meet at Hodges Stadium on the University of North Florida campus in Jacksonville, the Noles had put together 15 NCAA Championships qualifying efforts. Most notable were:

- Four No. 1 qualifiers in Lauri Paredes (javelin), Jogaile Petrokaite (long jump), Shanice Love (discus) and Armani Wallace (triple jump);
- FSU's women were especially proficient in the field events with five of nine women East qualifiers moving on;
- Seven of 11 women advanced from the first round to the quarterfinals in track events;
- Along the way the Noles received personal-best performances from Kyle Fearrington (400), Michael Timpson Jr. (100), Andre Ewers (200) and Ka'Tia Seymour (200), while Jayla Kirkland added a collegiate-best in the 200.

The Noles, however, weren't without some misfortune. Fourth-seeded Trey Cunningham failed to advance in the 110-meter hurdles (15th), as did Andre Ewers in the 100 (13th). Jacore Irving also finished 13th in the triple jump; one spot shy of his first NCAA Championships trip.

FSU All-Time East Qualifiers

Year	Men	Women	Total
2019	18	23	41
2018	20	17	37
2017	18	15	33
2016	12	17	29
2015	24	19	43
2014	16	20	36
2013	19	19	38
2012	24	16	40
2011	24	16	40
2010	19	16	35

ACC Recap: Women win, sprint pair claim MVPs



The Florida State Women's Track & Field team won its fifth ACC Outdoor title at Virginia's Lanigan Field. It is their third title in six years:

- The Seminoles scored 134 points and won by a margin of 41.5 points over defending champion Miami. That's the highest scoring total and widest margin of victory since the ACC expanded to 15 teams for the 2013-14 school year
 - FSU led from the start of the three-day meet, but sealed the title with 99 points on the final day
 - 20 of the 27 women on the Noles ACC roster – 74 percent – contributed points to the final score.
 - Ka'Tia Seymour earned ACC Championship Track MVP honors after sweeping the 100- and 200-meter dashes and contributing a leg to the runner-up 4x100 relay, for 22 points. Seymour broke her own ACC Championship record in the 100 (11.14) and also set the facility record.
 - Junior Cortney Jones won her first ACC title in the 100-meter hurdles by breaking own FSU record with a winning time of 12.72.
 - Junior Shanice Love successfully defended her ACC discus title, capping a strong series in the rain with a winning throw of 58.83 meters.
 - Grad transfer Rougui Sow won the long jump (6.48 meters) and senior Jogaile Petrokaite was second (6.44m) in a back-and-forth duel to lead off FSU's scoring.
- FSU Men Close Strong for third place**
With ACC Championship Track MVP Andre Ewers setting facility records on his way to the 100 (10.06) and 200 (20.31) titles, and anchoring the winning 4x100 relay, the Noles rallied to finish third.
- Senior Armani Wallace, competing in just his second meet of the season, broke the FSU record in the triple jump with a final attempt mark of 16.88 meters to finish second.

First-Team All-ACC Women

Champions

Ka'Tia Seymour	100m, 200m
Cortney Jones	100m Hurdles
Rougui Sow	Long Jump
Shanice Love	Discus

Silver Medalists

Jayla Kirkland	200m
Eleonora Omoregie	High Jump
Lauri Paredes	Javelin
Jogaile Petrokaite	Long Jump

Bronze Medalists

Janae Caldwell	400m
Maudie Skyring	1500m

Second-Team All-ACC Women

4x100 Relay	
<i>Karimah Davis, Ka'Tia Seymour, Cortney Jones, Jayla Kirkland</i>	
Jayla Kirkland	100m
Jodie Judd	1500m
Elizabeth Funderburk	10,000
Trentorria Green	Triple Jump

First-Team All-ACC Men

Champions

Andre Ewers	100m, 200m
4x100 Relay	

Bryand Rincher, Jhevaughn Matherson, Michael Timpson, Andre Ewers

Silver Medalists

David Lott	Decathlon
Jacore Irving	Long Jump
Armani Wallace	Triple Jump

Bronze Medalists

Bryand Rincher	100m
Kyle Fearrington	400m
Jacore Irving	Triple Jump

Second-Team All-ACC Men

Michael Timpson	100m
Michael Hall	Steeplechase
Sanjae Lawrence	Shot Put
Hunter Napier	Decathlon
Brandon Tirado	Hammer

ACC Championship Honors

Women's Track MVP	Ka'Tia Seymour
Men's Track MVP	Andre Ewers

Racking up weekly ACC honors

It has been a productive outdoor season for the Seminoles, especially within the ACC, where FSU men and women have stock-piled performer of the week honors.

Men's Track Performer of the Week

March 27	Trey Cunningham
May 1	Andre Ewers

Women's Track Performer of the Week

March 27	Maudie Skyring
April 3	Ka'Tia Seymour
April 24	Cortney Jones

Women's Field Performer of the Week

March 20	Shanice Love
March 27	Shanice Love
May 1	Shanice Love

FSU Women's Qualifiers

Deja Bush, Junior, Davie, Fla. - 4x100

Joins the Florida State track & field team for her first meet as an alternate on the women's 4x100 relay...a four-year member of the FSU softball team, which won the 2018 NCAA Women's College World Series, she played in the Super Regional two weeks ago...intends to be a full-time track & field athlete next season while working on her master's degree...stole 41 career bases for the Noles...is the first to represent the Noles in softball and track & field in the same season since two-time javelin All-American Kari Keith (1986, '87, '89)...the daughter of former FSU All-American safety and NFL veteran Devin Bush, she was a four-year softball and track & field athlete at Flangan High, where she was a state qualifier as a sprinter and in the triple jump.



Karimah Davis, Freshman, West Palm Beach, Fla. - 4x100

Decorated prep sprint star who has enjoyed an outstanding first year on the track for the Noles...slated to handle the leadoff leg on FSU's 4x100 relay team which popped a season-best time of 43.38 - No. 5 in program history - at the NCAA East Preliminary...also competed in the NCAA East meet in the 400-meter dash...was the ACC Indoor runner-up in the 200- and 400-meter dashes...ranks No. 3 all-time indoors in the 400 (53.02) and No. 7 in the indoor 200 (23.53)...owns outdoor collegiate-best of 23.52 (200) and 53.18 (400)...came to FSU with PBs of 11.45 (100), 23.28 (200) and 52.98 (400)...two-time Palm Beach County Track & Field Athlete of the Year...as a high school senior was New Balance Indoor Nationals 400-meter runner-up to Sydney McLaughlin in 52.91... was the 2016 Florida 4A state 400 champion.



Shauna Helps, Senior, Belvedere, Jamaica - 4x100

One of the top sprinters in FSU history, the senior captain ranks among the top 10 all-time in five events between the indoor and outdoor seasons...making her third NCAA Outdoor appearance in the 4x100 after handling the second leg on the 2018 eighth-place finishing team...sat out the NCAA East meet while nursing season-long injury...a two-time ACC 100-meter champion who set the conference championship record as a sophomore (PB, 11.26)...owns 200-meter PB of 22.97...a bonafide Jamaican prep star competing for Wolmer's High School for Girls, she won ISSA Girls Championship 100-meter titles in 2010, 2011, 2012...set ISSA meet record in 100 (11.50) in 2012...was the 2012 CARIFTA Games 100-meter dash champion...outstanding student who graduated last month with a degree in exercise physiology and was named to the Academic All-District team last week.



Cortney Jones, Junior, Conyers, Ga. - 100m hurdles, 4x100

Advanced to her third consecutive NCAA Championships meet in the 100-meter hurdles, qualifying fourth in 12.87...won first ACC 100 hurdles title, breaking her own school record with a 12.72 in the final to edge defending champ Jeanine Williams of Georgia Tech...initially set the FSU record at the Mt. SAC Relays when she ran 12.82 to finish second - the first collegian - behind World Record-holder Keni Harrison; the first of five consecutive sub-13 rounds... won FSU Relays and Florida Relays titles...was third in 100 hurdles at the 2018 NCAA Outdoor Championships after finishing fourth in 60 hurdles at NCAA Indoor Championships...won bronze at IAAF World U20 Championships in Finland last summer...five-time All-American also handled third leg on the qualifying 4x100 relay.



Veronika Kanuchova, Junior, Rokyty, Slovakia - Hammer

Needed a final round hammer throw of 62.90 meters (206-4) to qualify for her second NCAA Outdoor Championships...was fourth at the ACC Championships (65.17m/213-10)...broke own FSU record with an opening throw of 67.21 meters (220-6) at the Mt. SAC Relays, finishing fourth overall and second among collegians...up until a fourth-place ACC finish, had improved each meet, opening with victories at the FSU Relays (64.41m) and Florida Relays (65.42m)...her win at Gainesville came on her sixth and final attempt...sat out 2018 season as a medical reshirt after finishing fifth at the 2017 NCAA Outdoor Championships with a top mark of 65.97m (216-5)...as a redshirting freshman at FSU in 2016, posted throws of 67.45m or better five times, including her personal-best of 69.48m.



Jayla Kirkland, Sophomore, Birmingham, Ala. - 100m, 4x100

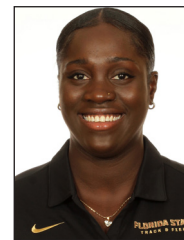
Making her first NCAA Outdoor appearance in an individual event, qualifying ninth in the 100 (10.37) from the NCAA East Prelims, where she also anchored the qualifying 4x100 relay (43.38)...competed sparingly outdoors after suffering a late-season indoor injury...came on late by finishing second in the 200 and fourth in the 100 at the ACC Outdoor Championships...was an NCAA Indoor Championships qualifier in both the 60 and 200, placing 10th and 15th, respectively...aggravated injury in 60 prelims at ACC Championships after monster regular season...ran the leadoff leg on FSU's eighth-place 4x100 NCAA Championships team in 2018...followed that up by qualifying for IAAF World U20 Championships in the 200 when she ran a PB of 22.93 at the USA Juniors...was 2018 ACC Indoor 60-meter champ (7.24) and an NCAA Indoor qualifier.



FSU Women's Qualifiers

Shanice Love, Junior, Kingston, Jamaica - Discus

Is making her third consecutive NCAA Championships appearance in the discus, qualifying No. 1 from the NCAA East with a throw of 61.04 meters (200-3)...has won six of seven discus titles, including her second straight ACC crown...holds No. 3 mark in the nation (61.54m/201-11), which came at the FSU Relays, shattering track record previously held by her teammate Kellion Knibb (60.62)...successfully defended her Penn Relays title...came into season with a PB of 58.40m but has eclipsed that distance 16 times, including four throws over 60 meters...finished third at Mt. SAC Relays behind Brazilian Olympian Fernanda Martins and NCAA leader Shadae Lawrence, her lone setbacks of the season...is a two-time second-team All-American, finishing 12th in 2017 and 14th in 2018.



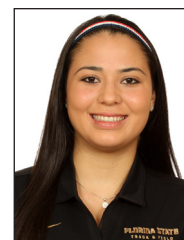
Militsa Mircheva, Grad, Dobrich, Bulgaria - 10,000

Qualified fourth in the 10,000 from the NCAA East meet in 33:30.60 and makes her first NCAA Championships appearance at the distance...has authored one of the finest distance seasons in FSU history...owns the No. 7 time nationally in the 10k (32:30.07), which smashed the school record at the Stanford Invitational...also set the school indoor 5,000-meter record (15:43.30) and ranks No. 2 all-time in the indoor 3000 (9:07.33) and the outdoor 5000 (15:45.97)...capped a stellar senior cross country season by earning All-American honors with a 25th-place finish at the NCAA Championships after capturing the South Region title and leading the Noles back to nationals for the first time since 2014...owns Bulgarian national records in the 5000 (indoors and outdoors) and the 10,000...qualified for the 2018 NCAA Outdoor Championships in the 5000.



Lauri Paredes, Sophomore, Villa Elisa, Paraguay - Javelin

Qualified No. 1 in the javelin from the East Preliminary with a throw of 53.99 meters (177-1)...ranks No. 9 nationally this season...the 2018 NCAA Outdoor bronze medalist was the ACC runner-up (53.77m)...has consistently performed at a high level since winning gold at the South American U23 Championships with a personal-best mark of 55.59m (182-4) in the fall...three of the top six marks in her career came in her first three meets of the season...first of two wins came at the Florida Relays with a collegiate-best winning mark of 55.38m (181-8)...followed up with a sixth-round throw of 55.17m (181-0) to win the Crimson Tide Invitational...was the runner-up at the Penn Relays (54.30m)...was third at the 2018 NAAs with a first round throw of 55.17 (181-0).



Ka'Tia Seymour, Sophomore, Palatka, Fla. - 100m, 200m & 4x100

NCAA Championships qualifier in the 100, 200 and 4x100 for second consecutive year...qualified second in the 100 (11.15) and seventh in the 200 with PB (22.73)...swept ACC Championship 100- and 200-meter titles, setting Virginia track and ACC Championship 100 records (11.14) in final...ACC Outdoor Track MVP after 22-point performance...posted the fastest all-conditions 100-meter time of her career (11.08 - w) at the Florida Relays, where she was second...ranks No. 7 nationally in the 100 and No. 10 in the 200...will also anchor the Noles' No. 7 4x100 relay...swept 2019 ACC 60 and 200 titles en route to her second consecutive ACC Indoor Track MVP honor...finished third at NCAA Indoors in 60...already a six-time All-American, highlighted by her fourth-place 200-meter performance at the 2018 Outdoor Championships.



Jogaile Petrokaite, Senior, Raseiniai, Lithuania - Long Jump

Fifth-year senior makes her third NCAA Outdoor appearance in the long jump, but first since 2016...top qualifier from the NCAA East Preliminary (6.30m/20-8)...was the ACC Outdoor runner-up to teammate Rougui Sow with a season-best mark of 6.44 (21-1.5)...fifth at the 2019 ACC Indoor Championships...missed the 2018 indoor and outdoor campaigns due to injury...was 2017 ACC Indoor long jump champion...owns personal-best of 6.50m (21-4), which came at 2016 ACC Championships...a two-time NCAA Indoor Championships qualifier...competed at World Youth Games in 2011, 2012 World Juniors; was fourth at the 2014 IAAF World Junior Championships...earned her degree in sport management last month...also in the Noles 4x100 relay pool.



Rougui Sow, Grad, Le Havre, France - Long Jump

The grad transfer from South Carolina is eyeing first-team All-American honors for the third consecutive year...the No. 3 qualifier from the NCAA East Preliminary (6.19m/20-3.75)...won 2019 ACC Outdoor title with a season-best leap of 6.48m (21-3.25), edging teammate Jogaile Petrokaite...finished ninth at the 2019 NCAA Indoor Championships after posting a nation-leading regular season best of 6.49m (21-3.5) to win the ACC title...owns personal-bests of 6.72m (22-0.75)...seventh at the 2018 NCAA Outdoor Championships and sixth at the 2017 NCAA Outdoor Championships representing the Gamecocks...is France's 2018 national champion in the long jump...seventh at 2014 IAAF World Junior Championships, second at 2017 European Championships and fifth at 2018 London Athletics World Cup...pursuing master's degree at FSU in international affairs



FSU Men's Qualifiers

Andre Ewers, Senior, Lauderhill, Fla. - 200m, 4x100

Qualified fourth in the 200 from the NCAA East meet in the personal-best 20.14 after missing a championships berth in the 100 by .004 second...will also anchor a 4x100 relay which qualified in SB 39.04...won ACC Championship titles in the 100 (10.06) and 200 (20.31), setting Lannigan Track record times...first Nole to pull off the double in back-to-back seasons...also anchored the winning 4x100 on his way to second consecutive Track MVP award...Jamaica native ranks among his nation's best in both the 100 and 200...missed most of senior indoor season due to injury...finished third in the 100 and second in the 200 at the 2018 NCAA Outdoor Championships, along with a fifth-place 4x100 anchor effort...junior college transfer nabbed four first-team All-American honors in '18 with Noles.



Darryl Gay, Sophomore, Orlando, Fla. - 4x100

Is a member of the 4x100 relay pool after a solid second season with the Noles...qualified for the NCAA East Prelims in the 100 for the first time...ran a PB of 10.48 at the ACC Championships but missed the final...his outdoor season included an all-conditions best of 10.32-w for the win at the FSU Relays...ran PB of 6.71 to advance to the finals at the ACC Indoor Championships, where he finished eighth...as a freshman earned first-team All-American honors, handling the third leg on the fifth-place 4x100 relay team...that group ran No. 9 time (39.00) in program history in the NCAA Championships prelims.



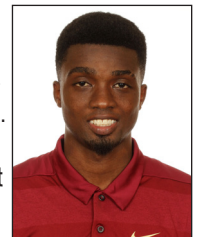
Darryl Haraway, Senior, Upper Marlboro, Md. - 4x100

Has battled injuries throughout his senior outdoor season, relegating the three-time All-American to a 4x100 relay pool roll in his third NCAA Outdoor Championships trip...ran season-best 10.43 in the 100 at the ACC Championships but missed the final by one spot...was fifth in the 60 and sixth in the 200 at the ACC Indoor Championships...earned first-team All-American honors at the 2018 NCAA Championships as second leg on the fifth-place 4x100...also qualified in the 100, where he 10.15 failed to make the finals...owns the No. 9 100-meter time in program history when he ran 10.09 at the '18 NCAA East meet to qualify in the 100...ranks among FSU's top 10 all-time in three events...graduated last month.



Jhevaughn Matherson, Freshman, Kingston, Jamaica - 4x100

Talented first-year Nole makes his NCAA Championships debut as the second leg on the 4x100 relay, helping foursome advance from the NCAA East Prelims with the No. 2 time in SB 39.04...also competed in the 100 at the meet...was fifth at the ACC Championships in the 100 after running PB of 10.24 in the prelims...was third at ACC Indoor Championships in the 200 (21.13)...the Jamaican star owns his country's youth national record in the 100 (10.25)...won 4x100 silver medal at the 2018 IAAF World U20 Championships in Tampere, Finland in junior national record (38.96)...in 2017 dropped his 200m PB (20.66) in the semis at the ISSA Boys & Girls Champs.



Bryand Rincher, Freshman, Fort Lauderdale, Fla. - 100m, 4x100

Qualified 11th for his first NCAA Outdoor Championships appearance in the 100 (10.22) at the NCAA East Prelims, where he also ran the leadoff leg on the Noles' 4x100 (39.04), which was second-fastest in the field...was third at the ACC Championships in the 100 with a PB of 10.21, and also led off the gold medal 4x100...competed in only three outdoor meets after placing fifth at the NCAA Indoor Championships in the 60-meter dash...owns indoor PBs of 6.59 and 20.90, both of which established Haitian national records...was ACC Indoor runner-up in the 200 and fourth in the 60...competing full-time in track & field for the first time after focusing mostly on football in high school...won the Florida 4A 100-meter title as a sophomore.



Michael Timpson Jr., Senior, Palm Beach Gardens, Fla. - 4x100

Senior transfer from the University of Florida will run the third leg on the qualifying 4x100 relay team...has enjoyed his finest outdoor season, establishing new PBs in the 100 (10.28) and 200 (20.95)...was ACC finalist in the 100 and 200, placing seventh and sixth, to go along with his gold medal 4x100 relay leg...provided scoring contributions in the 60 and 200 at the ACC Indoor Championships...reunited with his high school coach, Ricky Argro, when arrived at FSU...was a member of two NCAA Outdoor Championship teams at Florida and handled the leadoff leg on the 2018 4x100 relay which finish third.



Armani Wallace, Senior, Orlando, Fla. - Triple Jump

Is making his third NCAA Outdoor Championships appearance in the triple jump after qualifying No. 1 from the East Preliminary with a three-jump best of 16.49 meters (54-1.25)...limited by injury following a breakout indoor season, rose to the occasion at the ACC Outdoor Championships with a school record-setting final attempt of 16.88 meters (55-4.75)...that's the No. 2 mark nationally this season behind Virginia's Jordan Scott, the ACC champ...owns both the indoor and outdoor FSU marks, previously held by Olympian and former NCAA champion Rafeeq Curry...has competed in just three outdoor meets since finishing fourth at the NCAA Indoor Championships; his first time scoring at the national meet...set the FSU indoor triple jump record at Texas Tech (16.72m/54-10.25).



All-Time All-Americans

FSU Women

1969[^]

Margaret Kane — Shot Put (5)
Avis Latham - 100 Hurdles (4)
Lee Anne Wojtkowski - Shot Put (2)

1971[^]

Sharon Burgess — Mile (4)

1972[^]

Sharon Burgess — Mile (6)
Laura Gibbons - Javelin (4)

1973[#]

Sharon Burgess — Mile (5)

1978[#]

Nancy Townsend — Javelin (6)

1981[#]

Darien Andreau — 5000m (i-5)
Alice Bennett — Long jump (i-4)
Margaret Coomber — 1000m (i-3)
Esmeralda Garcia — 60m (i-2), 100m (5), Long jump (i-2), Long jump (2)
Randy Givens — 200m (3)
Marita Payne — 400m (2)
Angela Wright — 400m (i-4), 400m (6)
4x100m relay (1) — Alice Bennett, Esmeralda Garcia, Randy Givens, Marita Payne
4x220m relay (i-1) — Esmeralda Garcia, Marita Payne, Alice Bennett, Randy Givens
4x200m relay (6) — Alice Bennett, Esmeralda Garcia, Randy Givens, Marita Payne
4x400m relay (i-4) — Debbie Moss, Angela Wright, Scooby Golden, Marita Payne
4x400m relay (4) — Janette Wood, Marita Payne, Angela Wright, Scooby Golden

1982[#]

Alice Bennett — Long jump (8)
Tonja Brown — 60 yard hurdles (i-7), 100m hurdles (4), 400m hurdles (1)
Margaret Coomber — 1000 yard (i-8), 1500m (7)
Ovrill Dwyer-Brown — 600 yard (i-t5)
Carolyn Faison — 60 yard hurdles (i-6), 100m hurdles (7)
Randy Givens — 300 yard (i-2)
Wendy Markham — High jump (i-5)
Marita Payne — 60 yard dash (i-7), 300 yard (i-4), 200m (4), 400m (1)
Angela Wright — 440 yard (i-6), 400m (7)
4x220 yard relay (i-2) — Kim Parrish, Marita Payne, Alice Bennett, Randy Givens
Mile relay (i-6) — Tonja Brown, Ovrill Dwyer-Brown, Scooby Golden, Angela Wright
Two mile relay (i-1) — Margaret Coomber, Carla Borovicka, Janette Wood, Ovrill Dwyer-Brown
4x100m relay (2) — Randy Givens, Marita Payne, Angela Wright, Alice Bennett
4x400m relay (2) — Ovrill Dwyer-Brown, Randy Givens, Marita Payne, Angela Wright

1983

Wendy Markham — High jump (i-3), High jump (2)
Ovrill Dwyer-Brown — 600 yd (i-6), 400m hurdles (8)
Brenda Cliette — 100m (3), 200m (4)
Randy Givens — 100m (6), 200m (3)
Marita Payne — 200m (6), 400m (5)
Angela Wright — 400m hurdles (3)
4x100m relay (1) — Randy Givens, Marita Payne, Angela Wright, Brenda Cliette
4x400m relay (1) — Randy Givens, Marita Payne, Angela Wright, Brenda Cliette

1984

Carla Borovicka — 1500m (i-6)
Ovrill Dwyer-Brown — 400m hurdles (6)
Brenda Cliette — 100m (2), 200m (2)
Margaret Coomber — 1500m (i-5)
Janet Davis — 200m (6)
Michelle Finn — 55m (i-4), 100m (4)
Randy Givens — 100m (1), 200m (1)
Kelly Hackler — 800m (i-6)
Marita Payne — 200m (3), 400m (1)
4x400m relay (i-2) — Janet Levy, Janet Davis, Ovrill Dwyer-Brown, Brenda Cliette
4x100m relay (1) — Brenda Cliette, Michelle Finn, Randy Givens,

Marita Payne
4x400m relay (1) — Brenda Cliette, Janet Davis, Randy Givens, Marita Payne

1985

Michelle Finn — 55m (i-1), 100m (1), 200m (2)
Esmeralda Garcia — Triple jump (i-1), Long jump (i-3), Triple jump (1), 100m (5)
Nancy Rettie — 1000m (i-3), 1500m (7)
4x800m relay (i-5) — Kelly Hackler, Chris McKay, Nancy Rettie, Brenda Moore
4x100m relay (3) — Michelle Finn, Esmeralda Garcia, Andrea Thompson, Janet Levy

1986

Michelle Finn — 55m (i-2), 100m (5), 200m (7)
Esmeralda Garcia — Triple jump (3), Long jump (i-2)
Kari Keith — Javelin (9)
4x100m relay (5) — Michelle Finn, Esmeralda Garcia, Andrea Thompson, Janet Levy
4x400m relay (8) — Janet Levy, Michelle Finn, Carol Samuels, Janet Davis

1987

Janet Davis — 400m (5)
Michelle Finn — 55m (i-2), 100m (4), 200m (6)
4x100m relay (1) — Michelle Finn, Janet Davis, Andrea Thompson, Janet Levy

1989

Kim Batten — Triple jump (i-5)

1990

Kim Batten — Triple jump (i-5), 100m hurdles (8), 400m hurdles (2)
Sonya Blades — Long jump (9)
Trinette Johnson — Long jump (i-6)
Kari Keith — Javelin (8)
Holly Kelly — High jump (3), High jump (i-4)
Carmelia Shivers — Heptathlon (10)
Patrice Verdun — 55m (i), 200m (i-5)
4x100m relay (4) — Patrice Verdun, Lisa Horton, Trinette Johnson, Kim Batten
4x800m relay (i-6) — Carrie Boyd, Tracey Howze, Karla Severs, Angela Harris

1991

Kim Batten — 100m hurdles (4), 400m hurdles (3)
Holly Kelly — High jump (i-4), High jump (4)
Carmelia Shivers — Heptathlon (10)
4x100m relay (6) — Kim Batten, Patrice Verdun, Andi Lyons, Sheryl Covington

1992

Trinette Johnson — Long jump (6)
Patrice Verdun — 200m (9)
4x100m relay (7) — Trinette Johnson, Patrice Verdun, Andi Lyons, Sheryl Covington

1993

Sheryl Covington — 55m (i-8), 200m (i-7)
Trinette Johnson — Long jump (i-8), Long jump (7)

1994

Sheryl Covington — 400m (5)
Indianne Henry — High jump (10)
4x400m relay (8) — Sheryl Covington, Sophia Danvers, Erica Shepard, Radhiya Teagle

1996

Erica Shepard — 800m (i-7)
4x400m relay (i-2) — Sophia Danvers, Yashiva Edwards, Maria Embon, Erica Shepard
4x400m relay (2) — Sophia Danvers, Yashiva Edwards, Maria Embon, Erica Shepard

1997

Shannon Cook — Shot put (10)
4x400m relay (i-4) — Sophia Danvers, Yashiva Edwards, Maria Embon, Erica Shepard
4x100m relay (7) — Casey Custer, Sophia Danvers, Yashiva Edwards, Zuzette Mullings
4x400m relay (2) — Sophia Danvers, Yashiva Edwards, Maria Embon, Rikke Ronholt

1999

Tonya Carter — 60m (i-9)
Samantha George — 400m (6)

2000

Tonya Carter — 60m (i-1), 100m (3)
Samantha George — 400m (i-6)

Makiba Batten — Discus (9)

2001

Laura Gerber — 800m (i-3)

2002

Teresa Bundy — Triple jump (1)
Natalie Hughes — 1500m (8)
Lacy Janson — Pole vault (i-6), Pole vault (9)
Kim Jones — Long jump (9), Long jump (i-12)

2003

Vicky Gill — 10,000m (6)
Laura Gerber — 800m (4)
Lacy Janson — Pole vault (i-1), Pole vault (9)
Kim Jones — Long jump (12)
4x400m relay (7) — Laura Gerber, Tamara Campbell, Shauna Quinn, Evelynne-Cynthia Niako

2004

Vicky Gill — 5000m (i-4), 10,000m (2)
Natalie Hughes — Mile (i-5), 1500m (13)

2006

Natalie Hughes — 1500m (3), Mile (i-2)
Lacy Janson — Pole vault (i-2), pole vault (1)
LaKendra McCollum — 400m hurdles (12)
Alyce Williams — Triple jump (7)

2007

Susan Kuijken — 1500m run (2)
Barbara Parker — 3000m steeplechase (3), Mile (i-4)
Alyce Williams — Triple jump (6), Triple jump (i-7)
4x400m relay (7) — Kandia Batchelor, India Pettus, Keyla Smith, Alycia Williams

2008

Susan Kuijken — 1500m (8), 3000m (i-1)
Hannah England — 1500m (1), mile (i-1)
Kimberly Williams — Triple jump (i-2), Triple jump (4)
Teona Rodgers — 100 Hurdles (11)
Tiara Swanagan — Triple jump (16)

2009

Susan Kuijken — 3000m (i-2), 1500m (1)
Allyn Laughlin — Shot put (7)
Kimberly Williams — Triple jump (i-1), Long jump (1), triple jump (1)
Pilar McShine — Mile (i-4)
4X100m relay (2) — Nicole Marcus, Candycce McGrone, Danielle Jeffrey, Teona Rodgers

2010

Pasca Cheruyiot - 10,000m (5)
Kimberly Williams - Triple jump (i-1), Long jump (5), Triple jump (4)
Pilar McShine - Mile (i-3), 1500m (5)
Jennifer Dunn - 3000 steeplechase (10)

2011

Kimberly Williams - Triple jump (i-1), Long jump (i-2), Triple jump (2)
Amy Harris - Long jump (i-15), Long jump (14)
Amanda Winslow - Mile (i-5)
Pasca Cheruyiot - 3000m (i-15), 5000m (i-9)
Michelle Jenije - Triple jump (i-13)
Marecia Pemberton - 60m (i-11)
4x100 relay (6) - Amy Harris, Marecia Pemberton, Stephanie Simpson, Brittany St. Louis
Hannah Brooks - 1500m (6)

2012

Hannah Brooks - Mile (i-6), 1500 (15)
Amy Harris - Long jump (i-7)
Amanda Winslow - 1500 (7)
Michelle Jenije - Triple jump (i-2), Triple jump (5)
Marecia Pemberton - 60m (i-11)
Violah Lagat - 1500 (8)
Astrid Leutert - 3000 steeplechase (4)
Colleen Quigley - 3000 steeplechase (5)
Chelsea Whalen - Javelin (12)

2013

Amanda Winslow - Mile (i-2), 1500 (8)
Linden Hall - 1500m (9)
Colleen Quigley - 3000 steeplechase (2)
Sage Watson - 400m Hurdles (12)
Chelsea Whalen - Javelin (13), Shot Put (13)
Distance Medley relay (i-4) - Jessica Parry, Sage Watson, Georgia Peel, Colleen Quigley

2014

Brianna Cherry-Bronson - Weight Throw (i-12)
Colleen Quigley - Mile (i-6)

All-Time All-Americans

Der'Renae Freeman - Long jump (i-7)
Linden Hall - 1500 (3), Mile (i-14)
Kellion Knibb - Discus (5)
Hannah Walker - 5000m (i-9)
Pippa Woolven - 5000m (i-13)
Anne Zagre - 100 hurdles (6)
4x100 relay (7) - Marecia Pemberton, Der'Renae Freeman, Jande Pierce, Kali Davis-White

2015

Colleen Quigley - Mile (i-3), Steeplechase (1)
Kala Funderburk - 400 (i-5), 400 (1)
Der'Renae Freeman - Long Jump (6)
Sage Watson - 400 Hurdles (4)
Linden Hall - 1500 (8)
Grete Sadeiko - Heptathlon (15)
4x400 Relay (3) - Elizabeth Ichite, Sage Watson, Helene Swane-poel, Kala Funderburk
4x400 Relay (i-9) - Helene Swane-poel, Sage Watson, Kala Funderburk, Chelsea Jarvis
Distance Medley Relay (11) - Georgia Peel, Chelsea Jarvis, Sydnee Over, Bridget Blake

2016

Der'Renae Freeman - Long Jump (i-10)
Jogaile Petrokaite - Long Jump (i-11), Long Jump (13)
Chelsea Jarvis - 800 (i-15)
Meme Jean - 60 Hurdles (i-11)
Sasha-Ann Lebert - Weight Throw (i-16)
Kellion Knibb - Discus (2)
Grete Sadeiko - Heptathlon (11)

2017

Melissa-Maree Farrington - Pentathlon (i-15)
Eleonora Omoregie - High Jump (i-11), High Jump (15)
Jogaile Petrokaite - Long Jump (i-14)
Kellion Knibb - Discus (3)
Veronika Kanuchova - Hammer (5)
Gleneve Grange - Discus (8)
Cortney Jones - 100 Hurdles (15)
Shanice Love - Discus (12)
Peta-Gay Williams - 100 Hurdles (10)

2018

Cortney Jones - 60 Hurdles (4), 100 Hurdles (3)
Ka'Tia Seymour - 200m (i-6), 200m (4), 60m (i-13), 100m (9)
Shauna Helps - 200m (i-12)
Jayla Kirkland - 60m (i-11)
Gleneve Grange - Shot Put (i-8), Shot Put (11)
Lauri Paredes Meza - Javelin (3)
Shanice Love - Discus (14)
Ieva Zarankaite - Discus (9)
4x100 relay (8) - Jayla Kirkland, Shauna Helps, Cortney Jones, Ka'Tia Seymour

Key

^ - Division of Girl's and Womens' Sports National Championships - (DGWS) - 1969-1972
- Association of Intercollegiate Athletics for Women Championships -

(AIAW) - 1973-1982/indoor
NCAA Championships begin with 1982 Outdoors

FSU Men

1963

Allen Williams - Shot put (4)

1968

Mike Kelly - 120 yd hurdles (5)

1969

Doug Brown (USTFF) - 100m (6)
Phillip Parker (USTFF) - Triple jump
Mike Kelly (USTFF) - 120 yd hurdles, 440 yd hurdles (8)

1971

Ken Misner — 6-mile run (7); (USTFF) 3-mile run

1972

Joel Garren (USTFF) - 200m

1973

Danny Smith — 60 yd hurdles (i-2)

1974

Tyrone Frederick — 880 yd run (i-4)
Danny Smith — 60 yd hurdles (i-1), 120 yd hurdles (3)
Rudolph Falana (USTFF) — Long jump
Charlie Harris (USTFF) — Triple jump

1975

Jesse Forbes — 100 yd dash (8)
Danny Smith — 60 yd hurdles (i-1)
Tyrone Frederick (USTFF) — 880 yd run

1976

Michael Roberson — 200m (4)
Don Merrick — 60 yd dash (2)
Phares Rolle — Pole vault (7)

1977

Michael Roberson — 60 yd hurdles (i-3)

1978

Bradley Cooper — Discus (4)
Jesse Forbes — 100m (5)
Walter McCoy — 600 yd run (i-1), 400m (8)
4x100m relay (6) — Mike Roberson, Jesse Forbes, Kevin Johnson, Walter McCoy
Mile relay (i) — Mike Roberson, Ron Nelson, John Walker, Walter McCoy
4x400m relay (USTFF) — Walter McCoy, Ron Nelson, Mike Roberson, John Walker

1979

Bradley Cooper — Discus (1)
Walter McCoy — 400m (4)
4x400m relay (3) — Ron Nelson, Palmer Simmons, Earl Caruthers, Walter McCoy

1980

Robb Gomez — 1000 yd run (i-6)
Leon Hutchins — Triple jump (4)
Walter McCoy — 400m (3)
Michael Roberson — 100m (2), 200m (1)

Herb Wills — 10,000m (4)
Mile relay (i-1) — Reggie Ross, Melford Boodie, Palmer Simmons, Walter McCoy
4x100m relay (3) — Bobby Butler, Kevin Johnson, Michael Roberson, Walter McCoy

1981

Walter McCoy — 400m (4)
Phillip Rolle — 800m (7)
Rohn Stark — Decathlon (8)
Herb Wills — 10,000m (11),
4x100m relay (6)— Chip Wells, Don Frost, Ronnie Taylor, Walter McCoy
4x400m relay (5) — Ron Nelson, Lynn Brown, Philip Rolle, Walter McCoy

1982

Ronnie Taylor — 200m (6)
Herb Wills — 10,000m (10)
Phillip Rolle — 800m (i-4)
Leon Hutchins — Triple jump (9)

1984

Leander McKenzie — 400m hurdles (4)
Kenny Smith — High jump (5)
4x400m relay (8) — Reggie Ross, Charlie Carr, Leander McKenzie, Vince Washington

1985

Leander McKenzie — 400m hurdles (4)
4x400m relay (8) — Vince Washington, Kevin Gordon, Leander McKenzie, Thomas Johnson

1986

Octavius "Ocky" Clark - 800m (5), 1000m (i-5)
Leander McKenzie — 400m hurdles (5)
Thomas Johnson - 500m (4)
4x400 relay (i-4) - Thomas Johnson, Vince Washington, Clark Waddell, Carter Williams
4x400m relay (7) — Carter Williams, Clark Waddell, Leander McKenzie, Thomas Johnson

1987

Arthur Blake — 55m hurdles (i-4), 110m hurdles (2)
Horatio Garcia — Hammer (3)

1988

Arthur Blake — 55m hurdles (i-2), 110 hurdles (8)

1989

Larry Carr — Pole vault (17)

1990

Larry Carr — Pole vault (11)

1992

Jeff Bray — Pole vault (i-3), Pole vault (6)
Kevin Crist — High jump (2)

1993

Jeff Bray — Pole vault (6), Pole vault (i-9)
Kevin Crist — High jump (4)
Marcus Dixon — 110m hurdles (6)
4x100m relay (8) — Jonathan Carter, Kevin Ansley, Kelsey Nash, Marcus Dixon

National Champions

Women Outdoor

1981 4x100-meter relay
Garcia, Bennett, Payne, Givens
1982 Tonja Brown 400m Hurdles
1982 Marita Payne 400m Dash
1983 4x100-meter relay
Wright, Payne, Cliette, Givens
1983 4x400-meter relay
Givens, Cliette, Wright, Payne
1984 4x100-meter relay
Finn, Payne, Cliette, Givens
1984 4x400-meter relay
Davis, Cliette, Givens, Payne
1984 Randy Givens 100m Dash
1984 Randy Givens 200m Dash
1984 Marita Payne 400m Dash

1985 Michelle Finn 100m Dash
1985 Esmeralda Garcia Triple Jump
1987 4x100-meter relay
Levy, Davis, Thompson, Finn
2002 Teresa Bundy Triple Jump
2006 Lacy Janson Pole Vault
2008 Hannah England 1500m Run
2009 Susan Kuijken 1500m Run
2009 Kimberly Williams Long Jump
2009 Kimberly Williams Triple Jump
2015 Colleen Quigley Steeplechase
2015 Kala Funderburk 400m Dash

Men Outdoor

1979 Bradley Cooper Discus
1980 Mike Roberson 200m Dash
2005 Walter Dix 100m Dash
2006 Rafeeq Curry Triple Jump
2006 Walter Dix 200m Dash

2006 Garrett Johnson Shot Put
2007 Walter Dix 200m Dash
2007 Walter Dix 100m Dash
2007 Ricardo Chambers 400m Dash
2007 4x100-meter relay
Bolden, Dix, Garvin, Clark
2008 Walter Dix 200m Dash
2008 Ngoni Makusha Long Jump
2009 Ngoni Makusha Long Jump
2009 Charles Clark 200m Dash
2009 Jonathan Borlee 400m Dash
2009 4x400-meter relay
Williams, K. Borlee, Clark, J. Borlee
2011 Ngoni Makusha 100m Dash
2011 Ngoni Makusha Long Jump
2011 Maurice Mitchell 200m Dash
2011 4x100-meter relay
Hyman, Makusha, Mitchell, Byram
2012 Maurice Mitchel 200m Dash

All-Time All-Americans

1994

Phillip Riley — 55m hurdles (i-2)
 Lou Angelo — Javelin (7)
 Kevin Ansley — 400m (5)
 John Rothell — 400 hurdles (8)
 4x100m relay (7) — Jonathan Carter, Kevin Ansley, Kelsey Nash, Marcus Dixon

1995

Jonathan Carter — 100m (7)
 Justin Johnson — Javelin (6)
 Phillip Riley — 55m hurdles (i-1)

1996

Jonathan Carter — 100m (6), 200m
 Phillip Riley — 110m hurdles (5)
 Justin Johnson — Javelin (5)
 4x100m relay (6) — Byron Capers, Jonathan Carter, Warrick Dunn, Phillip Riley

1997

Justin Johnson — Javelin (8)

1999

Jody Lawrence — Weight throw (i-15)

2001

Joe Allen — Long jump (i-5)
 Shawn Brown — High jump (i-4), High jump (7)

2002

Shawn Brown — High jump (12), High jump (i-t5)
 Mario Lowe — Triple jump (4)

2003

Joep Ticheglaar — 10000m (6)
 Rafeeq Curry — Triple jump (i-6), Triple jump (12)
 Willie Johnson — Triple jump (11)
 Dorian Scott — Shot put (i-11)

2004

Rafeeq Curry — Triple jump (i-5), Triple jump (4)
 Brian Dzingai — 200m (5)
 Willie Johnson — Triple jump (10)
 4x100m relay (3) — Derrick Baker, Rhoan Sterling, Brian Dzingai, Cedric Nabe

2005

Rafeeq Curry — Triple jump (i-6), Triple jump (4)
 Walter Dix — 60m (6), 100m (1), 200m (i-2), 200m (4)
 Ricardo Chambers — 400m (i-5), 400m (4)
 Garrett Johnson — Shot put (i-5)
 Andrew Lemoncello — 3000m steeplechase (4)
 Tom Lancashire — Mile (i-5), 1500m (8)
 Dorian Scott — Shot put (8)
 4x100m relay (7) — Derrick Baker, Kenny O'Neal, Rhoan Sterling, Walter Dix

2006

Greg Bolden — 60m (i-7)
 Ricardo Chambers — 400m (2)
 Rafeeq Curry — Triple Jump (1), Triple Jump (i-3), Long Jump (6)
 Walter Dix — 100 (2), 200m (1), 200m (i-2), 60m (i-1)
 Michael Ray Garvin — 200m (8)
 Garrett Johnson — Shot Put (1), Discus (5), Shot Put (i-1)
 Tom Lancashire — 1500m (2), Mile Run (i-4)
 Andrew Lemoncello — 3000m Steeplechase (4)

2007

Greg Bolden — 60m (i-4), 100m (7)
 Ricardo Chambers — 400m (1), 400m (i-1)
 Charles Clark — 200m (i-4), 200m (8)
 Walter Dix — 100m (1), 200m (1), 200m (i-1), 60m (i-8)

Michael Ray Garvin — 100m (6)
 Luke Gunn — Steeplechase (8)
 Andrew Lemoncello — Steeplechase (2)
 4x100m relay (1) - Greg Bolden, Walter Dix, Michael Ray Garvin, Charles Clark
 4x400m relay (i-4) - Tywayne Buchanan, Walter Dix, Ricardo Chambers, Charles Clark

2008

Gonzalo Barroilhet — Decathlon (3), Heptathlon (i-1)
 Drew Brunson — 110m Hurdles (5), 60m Hurdles (i-1)
 Charles Clark — 200m (8), 200m (i-2)
 Walter Dix — 200m (1), 100m (4)
 Michael Ray Garvin — 60m (i-8), 200m (i-7)
 Luke Gunn — Steeplechase (3)
 Ngoni Makusha — Long Jump (1), Long Jump (i-3)
 Rayon Taylor — Triple Jump (4), Triple Jump (i-8)
 4x400m relay (i-6) - Tywayne Buchanan, Pablo Navarrete, Brandon Byram, Charles Clark
 4x100m relay (4) - Walter Dix, Ngoni Makusha, Michael Ray Garvin, Brian Chibudu

2009

Charles Clark — 200m (i-5), 200m (1)
 Matt Leeder — 3000m (i-6)
 Kevin Borlee — 400m (4)
 Jonathan Borlee — 400m (1)
 Javier Garcia-Tunon — 400m Hurdles (8)
 Ngoni Makusha — Long jump (1)
 Michael Ray Garvin — 60m (i-7)
 Gonzalo Barroilhet — Heptathlon (i-2)
 Pelle Rietveld — Heptathlon (i-6)
 4x400m relay (1) - Kevin Williams, Jonathan Borlee, Charles Clark, Kevin Borlee
 4x400m relay (i-2) - Kevin Williams, Kevin Borlee, Brandon O'Connor, Jonathan Borlee

2010

Kevin Borlee — 400m (7)
 Brandon Byram — 200m (i-2), 200m (3)
 Brian Chibudu — Long jump (i-7), Long jump (6)
 Maurice Mitchell — 200m (i-5), 60m (i-7)
 Michael Putman — Discus (6)
 4x100m relay (2) - David Ambler, Brandon Byram, Maurice Mitchell, Brian Chibudu

2011

Brandon Byram - 200m (4), 200m (i-3)
 Michael Putman - Shot put (6), Discus (9)
 Ngoni Makusha - 100 (1), Long jump (1), Long jump (i-1)
 Maurice Mitchell - 100 (3), 200 (1), 60 (i-3), 200 (i-2)
 Andrew LaHaye - Pole vault (t16)
 4x100 (1) - Kemar Hyman, Ngoni Makusha, Maurice Mitchell, Brandon Byram
 4x400 (i-9) - Brandon Byram, Phillip Young, Brian Chibudu, Brandon O'Connor

2012

Kemar Hyman - 60m (i-3), 100m (6)
 Maurice Mitchell - 60m (i-6), 200m (i-3), 100m (3), 200m (1)
 Michael Putman - Shot Put (i-11)
 Horatio Williams - 200m (i-5), 200m (3)
 Phillip Young - Triple Jump (i-6), Triple Jump (10)
 Gonzalo Barroilhet - Decathlon (4)
 Michael Fout - 10,000 (15)
 Andrew LaHaye - Pole Vault (9)
 4x100 (2) - Kemar Hyman, Horatio Williams, Maurice Mitchell, Stephen Newbold

2013

Stefan Brits - Long Jump (i-6), Long Jump (12)
 Michael Fout - 10,000 (4)
 James Harris - High Jump (i-10), High Jump (4), 400 (5)
 Andrew LaHaye - Pole Vault (116)
 Dentarius Locke - 100 (2)
 Morne Moolman - Javelin (11)
 Breandan O'Neill - 10,000 (9)
 Phillip Young - Triple Jump (i-7)
 4x400 (i-3) - Alonzo Russell, Dentarius Locke, James Harris, Stephen Newbold
 4x100 relay (8) - Alonzo Russell, Dentarius Locke, Stefan Brits, James Harris

2014

James Harris - High Jump (i-1), 400 (6), 400 (i)
 Dentarius Locke - 60m (i-1), 100 (2)
 Paul Madzivire - Long Jump (11)
 Jonathan Reid - Triple Jump (i-3)
 4x400 relay (i-7) - Alonzo Russell, Ricardo Roy, Michael Cherry, James Harris

2015

Jalen Ramsey - Long Jump (i-4), Long Jump (14)
 Stefan Brits - Long Jump (12)
 Kendal Williams - 100 (5), 200 (8), 60 (i-9)
 Michael Cherry - 400 (i-10), 400 (9)
 Trentavis Friday - 200 (i-11)
 Jonathan Reid - Triple Jump (5)
 Zak Seddon - Steeplechase (8)
 4x100 relay (9) - Kendal Williams, Alistair Moona, Cejhae Greene, Trentavis Friday

2016

Stefan Brits - Long Jump (i-3)
 Jake Burton - 800 (i-14)
 Zak Seddon - Steeplechase (6)
 Edward Clarke - 100 (16)
 4x100 relay (13) - Raheem Robinson, Darryl Haraway, Edward Clarke, Jamal Pitts

2017

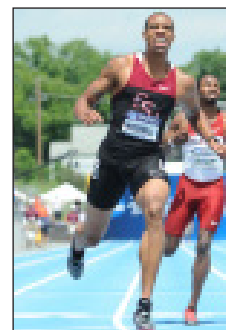
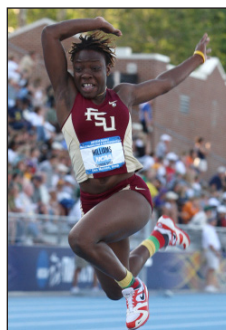
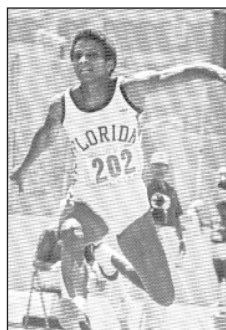
Montel Nevers - Triple Jump (i-8), Triple Jump (6)
 Darryl Haraway - 60 (i-14)
 Austin Droggsma - Shot Put (i-13), Shot Put (12)
 Carlos Becker III - Long Jump (7)
 Emmanuel Onyia - Discus (12)
 Armani Wallace - Triple Jump (9)

2018

Andre Ewers - 200m (i-8), 100m (3), 200m (2)
 Trey Cunningham - 60 Hurdles (6), 110 Hurdles (4)
 Austin Droggsma - Shot Put (i-4), Shot Put (7)
 Kenneth Fisher - Long Jump (i-8), Long Jump (16)
 Corion Knight - Long Jump (i-13)
 Armani Wallace - Triple Jump (i-13)
 Darryl Haraway - 100m (15)
 4x100 relay (5) - Keniel Grant, Darryl Haraway, Darryl Gay, Andre Ewers

All-American Criteria per USTFCCA

Indoor Years		Outdoor Years	
Years	Requirements	Years	Requirements
1965-69	top 3 per event	1942-62	top 3 per event
1970-81	unknown	1963-72	top 4 per event
1982-87	top 6 per event	1973-81	unknown
1989-2010	top 8 per event, to include top 8 US-born	1982-84	top 12 per event
		1985-2010	top 8 per event, to include top 8 US-born
2011-pres.	top 8 first-team; 9-16 second-team	2011-pres.	top 8 first-team; 9-16 second-team



All-American Greats (l-to-r): Marita Payne (20x AA), Esmeralda Garcia (15x), Kim Williams (11x), Walter Dix (18x AA), Maurice Mitchell (13x) and Rafeeq Curry (9x).

Men's Outdoor Top 10 List

100 METERS

1. Ngoni Makusha	9.89	2011 [^]
2. Walter Dix	9.91	2008
3. Kemar Hyman	9.95	2012
4. Dentarius Locke	9.96	2013
5. Andre Ewers	9.98	2018
6. Maurice Mitchell	10.00	2011
7. Kendal Williams	10.07	2015
Mike Roberson	10.07a	1979
9. Darryl Haraway	10.09	2018
10. Jonathan Carter	10.17	1996

200 METERS

1. Walter Dix	19.69	2007 [^]
2. Mike Roberson	20.08	1980
3. Brian Dzingai	20.12	2004
4. Maurice Mitchell	20.13	2012
5. Andre Ewers	20.14	2019
6. Charles Clark	20.22	2008
7. Kendal Williams	20.26	2015
8. Brandon Byram	20.31	2010
9. Ronnie Taylor	20.39	1982
10. Horatio Williams	20.47	2012

[^] Collegiate record

400 METERS

1. Ricardo Chambers	44.62	2007
2. Jonathan Borlee	44.78	2009
3. Kevin Borlee	45.01	2010
4. Walter McCoy	45.16a	1979
5. James Harris	45.23	2013
6. Charles Clark	45.30	2008
7. Michael Cherry	45.37	2014
8. Brandon O'Connor	45.51	2011
9. Michael Jennings	45.55	2001
10. Kevin Ansley	45.68	1994

800 METERS

1. Tom Lancashire	1:45.76	2006
2. Ocky Clark	1:46.19	1986
3. Phillip Role	1:46.58	1981
4. Palmer Simmons	1:47.30	1980
5. Rob Circelli	1:47.42	1991
6. Mark Grey	1:47.89	1994
7. Otniel Teixeira	1:48.03	2016
8. Tim Middlekoop	1:48.06	1994
9. Darrin Gibson	1:48.08	2012
10. George Gardner	1:48.37	1986

1500 METERS

1. Ciaran O'Lionaird	3:34.46	2011
2. Tom Lancashire	3:38.92	2005
3. David Forrester	3:41.44	2012
4. Zak Seddon	3:42.02	2015
5. Ocky Clark	3:43.02	1986
6. Maarten van den Heuvel	3:43.10	2002
7. Rob Gomez	3:43.60	1982
8. Michael Hall	3:43.70	2017
9. Matt Leeder	3:44.09	2009
10. Daniel Roberts	3:44.31	2008

3,000 STEEPLECHASE

1. Andrew Lemoncello	8:23.74	2007
2. Luke Gunn	8:28.48	2008
3. Zak Seddon	8:33.09	2016
4. Mark Buckingham	8:49.23	2008
5. Bobby James	8:52.70	1976
6. Doug Overfelt	8:53.39	1981
7. Michael Hall	8:55.57	2019
8. Jacob Hoesly	8:58.52	1987
9. Ronnie Treadway	8:59.34	1984
10. Trey Culbertson	9:02.83	1993

5,000 METERS

1. Ciaran O'Lionaird	13:33.64	2011
2. Brendan O'Neill	13:41.56	2012
3. Andrew Lemoncello	13:45.69	2006
4. Joep Tigchelaar	13:46.01	2004
5. Mike Fout	13:46.19	2011
6. David Forrester	13:47.60	2011
7. Herb Willis	13:53.26	1982
8. Matt Leeder	13:54.40	2009
9. George West	13:55.18	1976
10. Wes Rickman	13:59.52	2011

10,000 METERS

1. Andrew Lemoncello	28:28.04	2007
2. Ciaran O'Lionaird	28:32.30	2011
3. Joep Tigchelaar	28:33.81	2003
4. Mike Fout	28:34.50	2011
5. Ken Misner	28:55.34	1971
6. Brendan O'Neill	28:57.44	2013
7. Herb Willis	28:58.74	1982
8. Glen Yarham	29:15.53	2014
9. Steve Gabart	29:18.03	2009
10. Larry Greene	29:20.50	1983

110 METER HURDLES

1. Arthur Blake	13.27	1987
2. Drew Brunson	13.30	2008
3. Phillip Riley	13.39	1996
4. Trey Cunningham	13.47	2019
5. Mike Roberson	13.64	1977
Danny Smith	13.64	1974
7. Marcus Dixon	13.65	1993
8. Rodney Lawson	13.68	1989
9. Gonzalo Barroilhet	13.72	2008
10. Leander McKenzie	13.81	1984

400 METER HURDLES

1. John Rothell	49.15	1995
2. Leander McKenzie	49.33	1985
3. Iain Hamden	49.68	2000
4. Javier Garcia-Tunon	49.99	2009
5. Mike Kelly	50.04	1969
6. Matt Mason	50.16	2001
7. Elliot Wood	50.30	2006
8. John Citron	50.48	1979
9. Danyne Brown	50.60	2003
10. Byron Taylor	50.63	2006

DECATHLON

1. Gonzalo Barroilhet	8065	2012
2. Rohn Stark	7612	1981
3. Darius Jones	7269	1999
4. Tom Reither	7193	1985
5. Dante Newberg	7113	2017
6. Dore Louis	6848	1998
7. Charlie Galloway	6829	1971
8. Mark Nugen	6800	1980
9. Lenx Jackson	6792	1984
10. David Lott	6682	2019

LONG JUMP

1. Ngoni Makusha	27-6.75	8.40m	2011
2. Stefan Brits	26-11.75	8.22	2016
3. Brian Chibudu	26-5	8.05	2009
4. Marlon Woods	26-2.75	7.99	2010
5. Jalen Ramsey	26-1.50	7.96	2015
6. Joe Allen	26-0.5	7.94	2001
7. Mark Freeman	25-11.5	7.91	1983
8. Paul Madzivire	25-10	7.87	2014
9. Corion Knight	25-9.25	7.85	2018
10. Billy Close	25-8.5	7.83	1988

TRIPLE JUMP

1. Armani Wallace	55-4.75	16.88m	2019
2. Rafeeq Curry	54-9.5	16.70	2006
3. Jonathan Reid	54-6.75	16.63	2015
4. Kelsey Nash	54-6	16.61	1992
5. Ray Taylor	54-2.75	16.53	2008
6. Leon Hutchins	54-2.25	16.52	1982
7. Phillip Young	53-5.75	16.30	2012
8. Mario Lowe	53-0	16.15	2002
9. Andy Latimer	52-7.5	16.04	1985
10. Montel Nevers	52-5.5	15.99	2018

HIGH JUMP

1. Kevin Crist	7-5.75	2.28m	1993
2. Shawn Brown	7-4.5	2.25	2001
3. James Harris	7-4.25	2.24	2013
Kenny Smith	7-4.25	2.24	1984
5. Ed'Ricus Williams	7-3.25	2.22	2017
6. Corion Knight	7-3	2.21	2018
7. Christian Bland	7-2.25	2.19	2002
Darrell Willis	7-2.25	2.19	1986
9. Tom Stitt	7-2	2.18	1987
Larry Sayers	7-2	2.18	1980

SHOT PUT

1. Garrett Johnson	68-4.5	20.84m	2006
2. Austin Droggsma	66-8	20.32	2018
3. Dorian Scott	66-3.75	20.21	2005
4. Sanjae Lawrence	62-2.25	18.95	2019
5. Michael Putman	62-0.25	18.90	2011
6. Ben Bonhurst	60-8	18.49	2015
7. Mike Bell	60-5.75	18.43	1987
8. Ken Lanier	60-2	18.34	1979
9. Al Williams	59-10	18.24	1963
10. Scott Peterson	59-9	18.21	1992

DISCUS

1. Bradley Cooper	212-6	64.78m	1979
2. Garrett Johnson	199-4	60.77	2005
3. Emmanuel Onyia	197-11	60.34	2017
4. Michael Putman	190-2	57.96	2011
5. Austin Droggsma	187-5	57.13	2018
6. Harry Glenn	186-0	56.67	1981
7. Jeff Pelage	184-4	56.19	2013
8. Jody Lawrence	182-4	55.58	1999
9. Chadrick DaCosta	180-5	54.99	2014
10. Noah Agwu	180-4	54.97	2018

HAMMER

1. Horatio Garcia	215-10	65.80m	1987
2. Brandon Tirado	212-7	64.80	2019
3. Markindey Sineus	210-3	64.08	2015
4. Andrew Diakos	200-4	61.07	2005
5. B.J. Linnenbrink	195-2	59.48	2002
6. Travis Whitfield	194-8	59.33	2010
7. Matt Werne	192-9	58.75	2008
8. Mark Sleeman	192-4	58.62	1987
9. Josh Bowling	187-9	57.22	2002
10. Jody Lawrence	187-2	57.04	1999

JAVELIN

1. Mome Moolman	246-7	75.17m	2013
2. Lou Angelo	233-10	71.28	1994
3. Justin Johnson	232-10	70.96	1997
4. Tom Felters	230-5	70.23	1989
5. Bryan Howard	213-4	65.04	2010
6. Garrett Singletary	211-0	64.32	2015
7. Gabe Arola	210-10	64.26	1997
8. Greg Jack	210-8	64.22	1996
9. Dore Lewis	205-8	62.70	1997
10. Pelle Rietveld	202-9	61.80	2009

POLE VAULT

1. Jeff Bray	18-6.50	5.65m	1992
2. Larry Carr	18-1	5.51	1989
3. Gonzalo Barroilhet	17-10.75	5.45	2012
4. Andrew LaHaye	17-8.5	5.40	2012
5. Tom Riether	17-6	5.34	1986
6. Jeff Atkinson	17-2.75	5.25	2002
Matt Hurley	17-2.75	5.25	2007
8. Drew Marcello	17-1	5.21	2013
Phares Rolle	17-1	5.21	1976
10. Jason Dean	17-0.75	5.20	1999

4x100M RELAY

1. Hyman, Williams, Mitchell, Newbold	38.57	2012
2. Bolden, Garvin, Dix, Clark	38.60	2007
3. Hyman, Makusha, Mitchell, Byram	38.75	2011
Garvin, Byram, Mitchell, Clark	38.75	2009
5. Hyman, Williams, Mitchell, Showler-Davis	38.81	2012
6. Bolden, Wright, Garvin, Nabe	38.90	2006
7. Baker, Sterling, Dzingai, Nabe	38.92	2004
8. Grant, Haraway, Gay, Ewers	39.00	2018
Mitchell, Williams, Ambler, Newbold	39.00	2012
10. Rincher, Matherson, Timpson, Ewers	39.04	2019

4x400M RELAY

1. Williams, K. Borlee, Clark, J. Borlee	2:59.99	2009
2. Williams, K. Borlee, O'Connor, J. Borlee	3:01.54	2009
3. Williams, McKenzie, Waddell, Johnson	3:03.78	1986
4. Nelson, Ross, McCoy, Simmons	3:04.29	1980
5. McKenzie, Washington, Gordon, Johnson	3:04.33	1980
6. Washington, Gordon, McKenzie, Johnson	3:04.56	1985
7. Taylor, Nelson, Rolle, McCoy	3:04.66	1981
8. Russell, Cherry, Teixeira, Harris	3:04.95	2014
9. Taylor, Nelson, Brown, McCoy	3:05.14	1981
10. Williams, Byram Clark, Garvin	3:05.38	2008

Bold - current member of the team

Updated through May 25, 2019

Women's Outdoor Top 10 List

100 METERS

1. Ka'Tia Seymour	11.13	2018
2. Michelle Finn	11.20	1986
3. Brenda Cliette	11.23	1984
4. Shauna Helps	11.26	2017/18
5. Randy Givens	11.27	1984
6. Marcia Pemberton	11.29	2010
7. Tonya Carter	11.30	2000
8. Esmeralda Garcia	11.32	1985
9. Jayla Kirkland	11.34	2018
Evelyne-Cynthia Niako	11.34	2006
Teona Rodgers	11.34	2010

200 METERS

1. Randy Givens	22.31	1983
2. Marita Payne	22.62	1983
3. Ka'Tia Seymour	22.73	2019
4. Michelle Finn	22.77	1986
5. Brenda Cliette	22.81	1984
Teona Rodgers	22.81	2010
7. Candyce McGrone	22.84	2010
8. Jayla Kirkland	22.93	2018
9. Shauna Helps	22.97	2018
10. Evelyne-Cynthia Niako	22.99	2006

400 METERS

1. Marita Payne	49.91	1984
2. Kala Funderburk	51.09	2015
3. Sheryl Covington	51.85	1994
4. Brenda Cliette	51.92	1984
5. Samantha George	51.98	1999
6. Shaquania Dorsett	52.13	2017
7. Sophia Danvers	52.18	1997
8. Janet Davis	52.37	1987
9. Kim Batten	52.53	1991
10. Angela Wright	52.61	1982

800 METERS

1. Laura Gerber	2:01.39	2003
2. Susan Kujiken	2:02.24	2009
3. Hannah England	2:02.48	2008
4. Pilar McShine	2:02.89	2009
5. Erica Shepard	2:03.54	1997
6. Violah Lagat	2:04.79	2012
7. Hannah Brooks	2:04.88	2011
8. Ovrill Dwyer-Brown	2:04.90	1982
9. Sydnee Over	2:04.92	2015
10. Samantha George	2:05.14	2000

1500 METERS

1. Susan Kujiken	4:05.86	2009
2. Hannah England	4:06.19	2008*
3. Linden Hall	4:10.41	2015
4. Amanda Winslow	4:10.79	2013
5. Colleen Quigley	4:11.61	2015
6. Violah Lagat	4:13.30	2012
7. Hannah Brooks	4:14.01	2012
8. Pilar McShine	4:14.20	2010
9. Georgia Peel	4:14.40	2013
10. Natalie Hughes	4:15.72	2006

* NCAA Championship meet record

3000 STEEPLECHASE

1. Colleen Quigley	9:24.92	2015
2. Pippa Woolven	9:47.97	2014
3. Barbara Parker	9:48.82	2007
4. Astrid Leutert	9:52.15	2012
5. Lydia Willemse	10:05.36	2009
6. Bridget Blake	10:07.87	2016
7. Helen Hofstede	10:09.90	2004
8. Chelsi Woodruff	10:13.69	2015
9. Jennifer Dunn	10:14.58	2010
10. Amanda Quick	10:33.27	2009

5,000 METERS

1. Vicky Gill	15:42.40	2003
2. Militsa Mircheva	15:45.97	2019
3. Kayleigh Tyerman	15:49.07	2013
4. Amanda Winslow	15:54.66	2013
5. Colleen Quigley	15:58.90	2013
6. Astrid Leutert	16:09.51	2012
7. Hannah Brooks	16:09.81	2011
8. Jessica Parry	16:12.70	2011
9. Pasca Cheruyiot	16:13.12	2010
10. Hannah Walker	16:13.77	2014

10,00 METERS

1. Militsa Mircheva	32:30.07	2019
2. Vicky Gill	32:48.63	2004
3. Hannah Walker	32:56.90	2014
4. Kayleigh Tyerman	33:20.74	2013
5. Pasca Cheruyiot	33:23.63	2010
6. Elizabeth Funderburk	33:31.05	2019
7. Rachel Evjen	34:01.41	2004
8. Jennifer Dunn	34:19.73	2012
9. Debbie Huss	34:37.04	2007
10. Darien Andreu	34:42.74	1981

100 METER HURDLES

1. Courtney Jones	12.72	2019
2. Anne Zagre	12.83	2014
3. Peta-Gay Williams	12.96	2017
4. Nicole Settingrington	12.98	2016
5. Meme Jean	13.01	2016
6. Kim Batten	13.06	1991
7. Kim Jones	13.09	2003
8. Teona Rodgers	13.25	2011
9. Deanna Lane	13.34	2005
10. Melissa-Maree Farrington	13.40	2016

400 METER HURDLES

1. Kim Batten	53.98	1991
2. Sage Watson	55.97	2015
3. Tonja Brown	56.46	1982
4. Angela Wright	56.74	1983
5. Ovrill Dwyer-Brown	56.94	1983
6. Rikke Ronholt	57.30	1997
7. Radhiya Teagle	57.72	1995
8. LaKendra McCollum	57.85	2005
9. Kristin Thorne	58.06	1997
10. LaKendra McCollum	58.08	2006

HEPTATHLON

1. Grete Sadeiko	5813	2015
2. Melissa-Maree Farrington	5735	2016
3. Carmelia Shivers	5410	1991
4. Deanna Lane	5391	2005
5. Chinette Johnson	5262	2000
6. Kim Stephens	5251	1991
7. Candi Odom	4911	1991
8. Latoshia Crews	4900	1985
9. Heather LeBlanc	4775	2005
10. Karen Rademeyer	4699	2001

LONG JUMP

1. Esmeralda Garcia	21-7.50	6.59m	1986
2. Trinette Johnson	21-6	6.55	1993
3. Der'Renae Freeman	21-5.5	6.54	2016
4. Jogaile Petrokaite	21-4	6.50	2016
5. Rougui Sow	21-3.75	6.48	2019
6. Kim Jones	21-2.50	6.47	2003
7. Amy Harris	21-1.25	6.43	2012
8. Kimberly Williams	21-0.5	6.42	2011
9. Kim Batten	20-9	6.32	1988
10. Alice Bennett	20-6	6.24	1983

TRIPLE JUMP

1. Kimberly Williams	46-9	14.25m	2011
2. Teresa Bundy	45-3	13.75	2002
3. Esmeralda Garcia	44-10.75	13.68	1986
4. Michelle Jenije	44-7	13.59	2012
5. Latoya LaGree	44-1.25	13.44	2006
6. Alyce Williams	43-8.75	13.25	2006
7. Tiara Swanagan	43-4.25	13.21	2008
8. Kim Batten	42-6	12.95	1991
9. Amy Harris	42-0.5	12.81	2010
10. Zuzette Mullings	41-10	12.75	1998

HIGH JUMP

1. Wendy Markham	6-1.75	1.87m	1983
Holly Kelly	6-1.75	1.87	1991
3. Indianne Henry	6-0.25	1.84	1993
4. Eleonora Omoregie	5-11.5	1.82	2017
Stacy Taylor	5-10.75	1.80	2002
6. Christine Daniels	5-10	1.78	1997
7. Grete Sadeiko	5-9.25	1.76	2015
8. Carmelia Shivers	5-9	1.75^	1990
9. Kayla Maczuga	5-8.75	1.75	2019
Kiara Wright	5-8.75	1.75	2016
Michaela Steele	5-8.75	1.75	1999

^ - 5-9 was clearance mark no metric equivalent

SHOT PUT

1. Gleneve Grange	56-8.75	17.29m	2017
2. Ieva Zarankaite	54-4.75	16.58	2018
3. Chelsea Whalen	53-11.75	16.45	2013
4. Allyn Laughlin	53-0.75	16.17	2009
5. Sarah Reed	53-0	16.15	2007
6. Lakitta Johnson	52-7.5	16.04	2014
7. Kamorean Hayes	52-2	15.90	2009
8. Shannon Cook	51-10	15.80	1997
9. Cerenity Young	51-7.5	15.73	2003
10. Kellion Knibb	51-0.75	15.56	2017

DISCUS

1. Kellion Knibb	205-9	62.73m	2017
2. Shanice Love	201-11	61.54	2019
3. Ieva Zarankaite	187-6	57.15	2018
4. Gleneve Grange	187-1	57.02	2017
5. Sasha-Ann Lebert	182-7	55.65	2016
6. Makiba Batten	181-2	55.22	2003
7. Kamorean Hayes	163-11	49.97	2009
8. Lindsey Nelson	163-3	49.75	2005
9. Shannon Cook	162-6	49.53	1997
10. Victoria Reiman	154-1	46.97	2014

HAMMER

1. Veronika Kanuchova	220-6	67.21m	2019
2. Nadia Maffo	211-8	64.53	2019
3. Katja Vangsnes	205-1	62.51	2016
4. LaKeisha Mose	187-9	57.22	2000
5. Briana Cherry-Bronson	179-0	54.57	2014
6. Sarah Reed	178-8	54.46	2007
7. Sara White	172-8	52.64	2001
8. Amanda Kinney	167-11	51.20	2003
9. Shanea Rufus	166-10	50.86	2012
10. Caila Coleman	166-6	50.75	2010

POLE VAULT

1. Lacy Janson	15-0.25	4.58m	2006
2. Karyl Jackson	13-5.75	4.11	2015
3. Liz Mabry	13-3.75	4.06	2011
4. Hannah Acton	13-3.50	4.05	2015
5. Nicole Breske	13-2.25	4.02	2017
6. Lauren Giffin	12-11.50	3.95	2011
7. Callie Giffin	12-9.50	3.90	2010
8. Megan Robbins	12-8.50	3.87	2001
9. Lindsay Osborn	12-8	3.86	2001
10. Madison Schmidt	12-5.5	3.80	2014
Tori Allen	12-5.5	3.80	2006

JAVELIN

1. Lauri Paredes	182-4	55.59m	2018
2. Kari Keith	174-10	53.30	1990
3. Chelsea Whalen	170-10	52.08	2013
4. Cheryl Coker	167-0	50.90	1985
5. Nancy Townsend	154-9	47.18	1980
6. Karen Rademeyer	153-10	46.89	2002
7. Shannon Steele	150-4	45.82	2000
8. Rena Antaneis	149-8	45.62	1983
9. Laura Gibbons	149-6	45.58	1972
10. Grete Sadeiko	148-8	45.32	2015

4x100M RELAY

1. Wright, Payne, Cliette, Givens	42.94	1983
2. Levy, Thompson, Davis, Finn	43.19	1987
3. Kirkland, Helps, Jones, Seymour	43.33	2018
Marcus, McGrone, Jeffrey, Rodgers	43.33	2009
5. Davis, Seymour, Jones, Kirkland	43.38	2019
6. Finn, Payne, Cliette, Givens	43.54	1984
7. Harris, Pemberton, Simpson, St.Louis	43.65	2011
8. Wright, Payne, Bennett, Givens	43.73	1982
9. Davis, Helps, Jones, Seymour	43.84	2019
10. Garcia, Finn, Thompson, Levy	43.98	1985

4x400M RELAY

1. Davis, Cliette, Givens, Payne	3:27.72	1984
2. Givens, Cliette, Wright, Payne	3:28.46	1983
3. Wright, Dwyer-Brown, Givens, Payne	3:28.70	1982
4. Davis, Cliette, Givens, Payne	3:28.93	1984
5. Ichite, Watson, Swanepoel, Funderburk	3:29.85	2015
6. Danvers, Edwards, Embon, Ronholt	3:30.17	1997
7. Batchelor, Pettus, Smith, Williams	3:31.12	2007
8. Danvers, Embon, Shepard, Edwards	3:31.18	1996
9. Williams, Pettus, Batchelor, Niako	3:31.43	2006
10. Embon, Edwards, Shepard, Ronholt	3:31.92	1997

Bold - current member of the team

Updated through May 25, 2019