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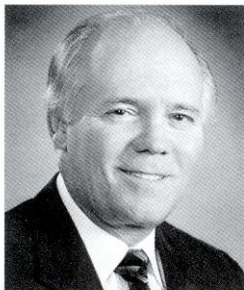
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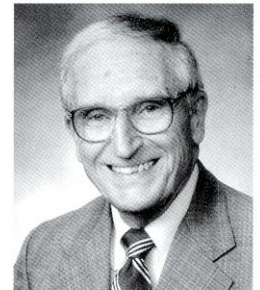
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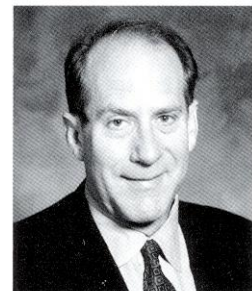
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ATHLETICS DEPARTMENT MISSION STATEMENT

The Mission of the Department of Intercollegiate Athletics at Florida State University shall be to produce National Collegiate Athletic Association (NCAA) Division I programs for men and women equally characterized by excellence. In addition, the Department strives to be recognized as a campus leader in terms of its ethics, non-discrimination and unquestioned fiscal integrity.

Excellence in intercollegiate athletics programs is determined by academic achievement in the classroom, as well as development of character, maturity and a sense of fair play in athletic competition. Such excellence engenders support for the University among its constituent groups including students, faculty, alumni, and friends at all levels of interest. The Department shall subscribe fully to the philosophy and regulations set forth by the National Collegiate Athletic Association and operate within the fiscal regulations and non-discriminatory procedures established by the Florida State University Board of Trustees and the Florida Legislature.

It is the explicit philosophy of the Department that our student-athletes will be strongly encouraged and supported in their endeavors to progress toward a degree while simultaneously participating in intercollegiate athletic program whose environment is consistent with the highest standards of academic scholarship, sportsmanship, ethics, and institutional loyalty.

Finally, the decisions and priorities of the Department should always focus on our student-athletes first, as individuals; second, as students; and third, as athletes.



25th Anniversary of ACC Women's Basketball Tournament Timeline

Virginia's assistant athletic director, Barbara Kelly, creates, directs and hosts the inaugural ACC Women's Basketball Tournament. The three day event, February 9-11, ended with Maryland defeating NC State for the crown.



1978

1980

1981

1982

1983

1984

1985

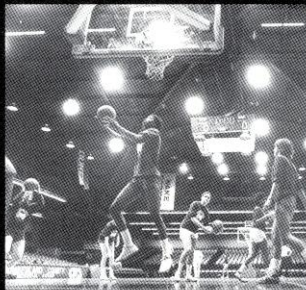
1986

1987

NC State's Trudi Lacey becomes the first four-time ACC All-Tournament Team member.



The ACC Tournament makes the historic move to a neutral site. The tournament remains at Cumberland Memorial Auditorium in Fayetteville, N.C. for the next nine years.



NC State's Linda Page scores a record 42 points in semifinal game against Clemson. Her record still stands today.

NC State wins its second ACC Championship with a one point victory over North Carolina, 81-80. Both crowns are won under the direction of Kay Yow.



Tournament attendance tops 10,000 for the first time.



Georgia Tech joins the league in July, 1979, and participates in its first ACC Tournament in 1980, expanding the bracket to eight teams.



Barbara Kennedy ties her record of 21 rebounds against North Carolina in the semifinals and repeats as the ACC Tournament MVP winning it in 1981 and 1982. Her 21 boards still stands as the tournament record.



North Carolina wins its first ACC Title under head coach Jennifer Alley.



No. 6 Wake Forest notches its first ACC Tournament win with a 72-71 upset over No. 3 Duke.

No. 5 Maryland becomes the lowest-seeded team to win the ACC Crown defeating No. 4 NC State, No. 1 Virginia and No. 2 North Carolina to capture its sixth ACC Title.

No. 7 Georgia Tech defeats No. 2 Maryland in a 68-67 overtime contest. This is the only time in league history that a No. 7 seed has downed a No. 2 seed. The Yellow Jackets advance to the Championship game under the direction of Agnus Berenato.



The tournament begins its first year of a five year stint at Winthrop Coliseum in Rock Hill, S.C.

Florida State joins the league in September, 1990, and participates in its first ACC



Tournament in 1992, expanding the bracket to nine teams.

Under the direction of Jim Davis, Clemson wins the program's first ACC Tournament Title.



The ACC Tournament attendance tops 20,000.

North Carolina wins the ACC Championship and goes on to win the NCAA National Title under head coach Sylvia Hatchell. This is the only time that the ACC Tournament Champion has won the NCAA Crown.



2002

The Atlantic Coast Conference Women's Basketball Tournament celebrates its silver anniversary. The ACC Women's Basketball Tournament is the oldest of its kind in the nation. It began in 1978 and will celebrate its 25th anniversary this year, March 1-4, 2002.



Maryland's Chris Weller, NC State's Kay Yow and Virginia's Debbie Ryan - all three will have coached in all 25 ACC Tournaments.

The Greensboro Coliseum in Greensboro, N.C., hosts the ACC Tournament for the first of a three year contract.



The Duke Blue Devils win the program's first ACC title under the leadership of Gail Goestenkors.

While many tournament games have been regionally televised in the past, the ACC Championship game is aired nationally, for the first time, on Fox Sports Net.

1990 1992 1993 1994 1995 1996 1997 2000 2001



Virginia wins its second-straight championship in the most memorable contest in tournament history, a 106-103 triple-overtime thriller against Maryland.



The Tournament moves to Independence Arena in Charlotte, N.C. Charlotte will play host to the tournament for a three year span.

Future Olympic star Marion Jones is named the tournament MVP for leading the Tar Heels to their fourth title.



Debbie Ryan's second-seeded Cavaliers win their first ACC Tournament Title in a 67-64 overtime victory against top-seeded NC State.



No. 4 Duke overcomes a 20-point deficit at the half to defeat No. 1 Virginia 83-82 in overtime. The 20-point deficit marks the largest halftime comeback.



Florida State advances to the tournament semifinals for the first time in its history.

The four-day tournament attendance reaches an all-time high, breaking the 30,000 mark.

THIS IS
THE ACC
 A TRADITION OF EXCELLENCE

THE TRADITION

Consistency. It's the mark of true excellence in any endeavor.

However, in today's intercollegiate athletics, competition has become so balanced and so competitive that it is virtually impossible to maintain a high level of consistency.

Yet the Atlantic Coast Conference has defied the odds. Now in its 49th year of competition, the ACC has long enjoyed the reputation as one of the strongest and most competitive intercollegiate conferences in the nation. And that is not mere conjecture, the numbers support it.

Since the league's inception in 1953, ACC schools have captured 82 national championships, including 40 in men's competition and 42 in women's. In addition, 120 men and 31 women have earned the coveted title of NCAA champion.

If success is best measured in terms of wins and losses, then the ACC is unrivaled in NCAA history. The men's and women's basketball programs have combined for 22 trips to the Final Four in the last 19 years, and 43 appearances overall. Following the North Carolina women's national championship season of 1994, the first-ever for the league, ACC men's and women's teams have claimed nine titles while finishing second on 12 occasions.

The league's women's basketball program ranks among the best in the country in terms of the NCAA Tournament. With 84 appearances and 111 wins, the conference is listed second best in total appearances and total wins.

Over the years, ACC women's basketball teams have gained global recognition through their NCAA Tournament success and television exposure. The 2001-02 schedule will feature 22 TV games on the league's regional sports network, seven games on ESPN/ESPN2 and four games on FOX Sports Net.

ACC Women's Basketball programs account for three national player of the year honors including Dawn Staley's player recognition in 1991 and 1992 and six national coach of the year awards. Coaches distinctions include Duke's Gail Goestenkors (1999), North Carolina's Sylvia Hatchell (1994), Maryland's Chris Weller (1992), Virginia's Debbie Ryan (1991) and NC State's Kay Yow (1990, 2000).

In women's play, the ACC has produced 30 first-team All-Americans and eight Olympians, including coaches and student-athletes. NC State's Kay Yow, assisted by Sylvia Hatchell of North Carolina, headed up the 1988 gold medal-winning Olympic team. Maryland's Vicky Bullett was a member of both the 1988 and 1992 Olympic teams and Virginia's Dawn Staley was a member of the 1996 and the 2000 gold-medal winning Olympic squad in Atlanta and Sydney.

The ACC also stands at the forefront of intercollegiate athletics in terms of the academic accomplishments of its student-athletes. Since 1983, 321 women's basketball players have received ACC Academic Honor Roll recognition. The 2000-01 academic year included 29 selections. In addition ACC basketball players have earned first-team Academic All-America honors six times. In 1997 NC State's Jennifer Howard was tabbed GTE CoSIDA Academic Player of the Year after posting a 4.0 grade

point average throughout her career. 11 players have earned ACC Postgraduate scholarships, while three others were named NCAA Postgraduate Scholars.

2000-01 IN REVIEW

The 2000-01 academic year concluded with the league pocketing three more national team titles and four individual NCAA crowns. In all, the ACC has won 39 national team titles over the last 11 years.

The ACC's 2000-01 national champions were North Carolina in women's soccer, Duke in men's basketball and Maryland in women's lacrosse. Overall, ACC teams posted a 73-56 (.566) mark in NCAA Tournament play.

The ACC placed at least one team in the Top 10 nationally in 15 of the 25 sports sponsored by the league. Other records of note during the 2000-01 season include 98 teams competing at NCAA Championships, five bowl teams and 43 Top 10 showings.

The ACC Academic Honor Roll record was broken for the 14th-straight year in 1999-2000 as 1,664 student-athletes were recognized for their work in the classroom.

A HISTORY

The Atlantic Coast Conference was founded on May 8, 1953, at the Sedgefield Inn near Greensboro, N.C., with seven charter members — Clemson, Duke, Maryland, North Carolina, North Carolina State, South Carolina and Wake Forest — drawing up the conference by-laws.

The withdrawal of seven schools from the Southern Conference came early on the morning of May 8, 1953, during the Southern Conference's annual spring meeting. On June 14, 1953, the seven members met in Raleigh, N.C., where a set of bylaws was adopted and the name became officially the Atlantic Coast Conference.

On December 4, 1953, conference officials met again at Sedgefield and officially admitted the University of Virginia. The first, and only, withdrawal of a school from the ACC came on June 30, 1971 when the University of South Carolina tendered its resignation.

The ACC operated with seven members until April 3, 1978, when Georgia Tech was admitted. The Atlanta school withdrew from the Southeastern Conference in January of 1964.

The ACC expanded to nine members on July 1, 1991, with the addition of Florida State.



seminole STUDENT ATHLETES

SEMINOLE STUDENT ATHLETES EXCEL OFF THE PLAYING FIELDS

*By Amy J. White, Assistant Director
Athletic Academic Support*

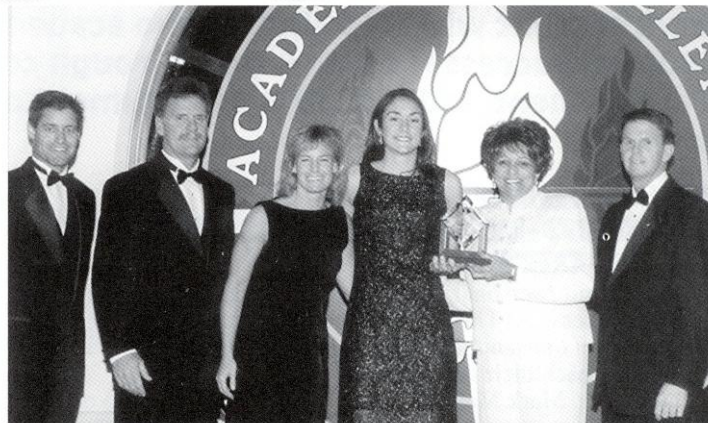
During the 2000-2001 academic year, Seminole student-athletes earned recognition even beyond what they do on the playing fields. Many of our student-athletes achieved their primary educational goal by earning a college degree last year. Seventy-six Florida State student-athletes earned their Bachelor's or Master's degrees during the 2000-2001 academic year.

Currently on FSU rosters, we have five student-athletes who have already earned their Bachelor's degree and are working on either a second Bachelor's degree or a Master's degree while competing in their final year of athletic eligibility. From football, Atreus Bell and Ronald Boldin graduated with B.S. degrees in Criminology and Davy Ford earned his B.S. in Political Science. From men's basketball, Delvon Arrington completed his B.S. degree in Sports Management in August 2001 and Heather Dyche, a member of the soccer team, earned her B.S. in Child Development and is now enrolled in the Master's Program in Athletic Administration.

In addition to earning college degrees, Seminole student-athletes earned \$33,000 in postgraduate scholarships during the 2000-2001 academic year. In football, Heisman Trophy winner Chris Weinke earned a National Football Foundation Postgraduate Scholarship and was named the first-ever Atlantic Coast Conference Scholar Award recipient. Weinke also earned District III Academic All-American honors. Backup quarterback Marcus Outzen earned recognition for his academic accomplishments with a National Association of Collegiate Directors of Athletics (NACDA) Postgraduate Scholarship. While Outzen is currently pursuing a professional football career, he plans to attend law school one day. Chris Hope, a senior free safety on the football team, was named First Team Academic All American in 2000 and is a top contender for that recognition again this year, as well as many other national awards like the National Football Foundation Postgraduate Scholarship, NCAA Postgraduate Scholarship and the ACC Weaver James Corrigan Postgraduate Scholarship.

In women's basketball, Brooke Wyckoff earned the ACC Weaver James Corrigan Postgraduate Scholarship last spring. Wyckoff was drafted by the WNBA's Orlando Miracle, but is back on campus in the off-season and is student teaching to earn her B.S. degree in Social Science Education this December. Also an ACC Weaver James Corrigan Postgraduate Scholarship recipient is Kristen Adams, a member of the FSU Swimming and Diving team from 1997-2001. Adams completed her B.S. in Early Childhood Education in April and is currently in graduate school in the Reading Education Master's Degree program.

From volleyball, current sophomore Jennifer Anderson was recognized last year as the Top Freshman in the University. Anderson was presented with the President's Award at the campus Leadership Awards Night last spring. In addition to being named to the Dean's List twice and the 2001 ACC Honor Roll, Anderson has proven her leadership skills on the Volleyball court and in the community. She has been an excellent role model for other student-athletes and young girls in the Tallahassee community.



Vanessa Fuchs was the women's basketball team's Golden Torch Award winner four straight years.

Anderson also serves as the volleyball team representative on the Student-Athlete Advisory Council.

Overall in the Atlantic Coast Conference, 12 of our 17 sports programs are ranked in the top three in the conference for number of student-athletes named to the 2000 ACC Honor Roll. Women's basketball, softball and tennis ranked first among all other ACC schools. Men's cross country, women's golf, women's soccer and women's swimming each ranked second in the ACC while baseball, football, men's golf, men's track and women's cross country ranked third among all other ACC schools. In a sport-to-sport comparison, Florida State was tied with Duke for the most student-athletes named to the 2000 ACC Honor Roll (171).

Each fall, these accomplishments and many more are recognized by the entire Florida State community at the Annual Golden Torch Gala. The Gala is a black-tie, academic awards banquet sponsored by the Seminole Boosters and the FSU Athletics Department.



Volleyball's Jennifer Anderson with President D'Alemberte.

academic SUPPORT

ATHLETIC ACADEMIC SUPPORT MISSION STATEMENT

The primary focus of the Athletic Academic Support Program is to provide an environment which facilitates the academic success of each student athlete. Student success is encouraged through competent academic counseling, study skills development, individualized assessment and support, and a wide array of tutorial services.

AN OVERVIEW OF AN AWARD-WINNING ACADEMIC SUPPORT PROGRAM

Academic, personal, and professional support are essential to college success. At The Florida State University, we have developed an outstanding support program which enables student athletes to reach their full potential.

Director, Mark Meleney states "Our philosophy is to offer an academic support program integrated with the total University that will assist all student athletes with the transition into college and provide continued support in all phases of academic and professional development, culminating with graduation, job placement, or graduate school".

Our program operates on a "proactive" rather than "reactive" approach. Our academic staff does not wait for crises to occur. We gather important background information on each entering student athlete, build an academic profile, and develop individualized support programs which are tailored to the unique needs of each student athlete. We also stay informed on the daily progress of the student athletes through consistent communication with our faculty.

The academic support unit is housed in the \$126 million dollar, state-of-the-art University Center Complex. It includes private study carrels, a tutorial study area, and a computer lab outfitted with 20 IBM compatible computers and laser jet printers. In addition, the athletic sky boxes are used for group and individualized tutorial instruction. The academic support staff is comprised of a Director, an Administrative Assistant, five Academic Counselors, several graduate assistants, individualized



Women's basketball at the Golden Torch Gala.

learning specialists, and a cadre of approximately 50 tutors and mentors.

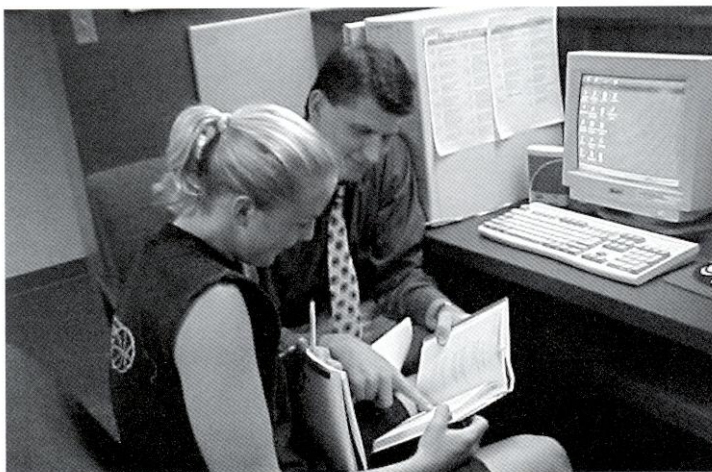
Mark Meleney was named the program's Director in 1997 and brings 12 years of advising experience to the position. Over the past six years, Meleney has played an integral role in the development of a comprehensive program of student athlete support, which in 1996 won the "Program of Excellence" award from Athletic Management Magazine.

ACADEMIC SUPPORT TUTORIAL PROGRAM

The Athletic Department at Florida State University has made a commitment to providing our student athletes with one of the finest and most comprehensive tutorial programs in the nation. The tutorial program is just one of several key support services that is available to all student athletes as they progress towards their ultimate goal of obtaining a college degree. We hire approximately 70 tutors a year, from a variety of academic departments, who are committed to providing a proactive, individualized approach in assisting student athletes with course comprehension and study skills. The tutors are usually seniors or graduate level students who have outstanding academic backgrounds. Tutorial assistance is available for all academic course work and may be obtained by filling out a tutorial request form at the beginning of the semester, or as needed.

MENTOR PROGRAM

Academic Mentors are academic role models who have demonstrated the ability to teach and give guidance in areas of



2000-2001 ACC ACADEMIC HONOR ROLL

Molly Beal
Lauren Bradley
Vanessa Fuchs
Petra Hofmann
Lakesha Springle
Levys Torres
Katelyn Vujas
Brooke Wyckoff

academic developmental skills. Each semester, mentors begin the process by sitting down with their assigned student athletes and assist them in identifying all of their academic responsibilities for that semester. A calendar is developed which becomes a visual blueprint of each course's academic requirements. This tool introduces the student athlete to the concept of time management. Students learn to plan projects days and weeks in advance. Such planning aids them in developing strong study and organizational habits.

Mentors are also responsible for providing assistance in the development of skills such as note taking, test preparation, and communication with faculty. In essence, mentors become an extension of the academic counselor as they keep the academic performance of their student athletes under close observation and report to the academic counselors each week.

STUDY HALL

In an effort to help ensure the academic success of the student athletes, professionally supervised study sessions for each athletic team are organized. The main focus of the study hall program is to help students develop consistent and appropriate study patterns by providing a structured setting to work on class assignments and to provide tutorial assistance before academic problems arise. Although the criteria for study hall is left to the discretion of each academic counselor, typically most freshmen, first year transfers, and upperclassmen who have not yet achieved a satisfactory cumulative grade point average are asked to attend study hall.

ACADEMIC HONORS & AWARDS

Florida State University student athletes have achieved great success in obtaining recognition for academic excellence. More than \$135,000 in postgraduate monies have been granted to FSU's student athletes over the past five years, as well as a number of other academic honors and awards. Florida State University had a record 183 student athletes on the 1999 Atlantic Coast Conference Honor Roll and boasted a Weaver-James-Corrigan Postgraduate Award Winner, a NACDA Minority Postgraduate Scholarship Award Winner, and two NCAA Postgraduate Scholarship Award Winners.

The Academic Support Program is committed to recognizing the academic success of all student athletes. The Athletic Department, in conjunction with Seminole Boosters, Inc., puts on the annual "Golden Torch Gala", a black-tie academic awards banquet, each fall. The ACC Honor Roll student athletes, as well as the individuals with the highest GPA on their respective teams, and the Men's & Women's Teams with the highest GPA are recognized at this event.

Team meetings are held each year, during which time student athletes are notified of potential honors and awards and are encouraged to apply. Combining a strong grade point average with athletic accomplishments, community service activities, and leadership experiences make for a student athlete capable of obtaining unlimited academic honors, awards, and postgraduate opportunities.



MARK P. MELENEY

Mark Meloney is in his sixth year as the Director of the Athletic Academic Support Program. He brings to the position 13 years of advising experience at FSU. Over the past seven years, Meloney has played an integral role in the development of a comprehensive program of student athlete support, which in 1996 won an "Award of Excellence"

from Athletic Management Magazine. Mr. Meloney directs a staff of five professional counselors, two graduate assistants, and an administrative assistant.

In addition to his duties directing the Academic Support Program, Mr. Meloney evaluates all recruits for their academic potential, monitors academic progress and eligibility for student athletes, and serves as a liaison to the academic community. Mark also serves as a member of the administrative team for both the Athletic Department and the Division of Undergraduate Studies.

A native of Iowa, Meloney began his college education at Buena Vista College, where he earned varsity letters in football and baseball. Upon transferring to Florida State University, he earned Bachelor's degrees in Management and Finance in 1986 and received his M.S. degree in Athletic Administration in April 1997. He is currently pursuing his Ph.D. in Athletic Administration as well. A member of the National Association of Academic Advisors for Athletes (N4A), Meloney is married to the former Sarah Cawthon and they have a 8 year old daughter, Montana Shea.



MATTHEW SCHMAUCH

Matt Schmauch, who has been a member of the FSU Academic Support staff since the fall of 1997, is in his third year as the academic counselor for the women's basketball team. Schmauch, a native of Allen Park, Mich, earned a bachelor's degree in finance from Florida State in 1995 and went on to receive a master's degree in athletic admini-

stration from FSU in 1996. A former student-athlete himself, Schmauch was a member of the Seminole swimming team from 1994-96 after transferring from the University of Florida. During his career, Schmauch was an Atlantic Coast Conference finalist while achieving ACC Honor Roll and Academic All-American status. An active member of the FSU athletics department, Schmauch was involved with the Say "No" to Drugs program and was also a member of the Student Athlete Advisory Board. He also served as an intern with the Seminole Boosters while pursuing his master's degree.

In addition to working with the women's basketball team, Schmauch is also the academic counselor for the defensive football players. Schmauch's duties include coordinating support services for the student-athletes including assigning tutors, assisting in course and major selection, teaching study skills and advising about eligibility requirements while monitoring their day-to-day academic responsibilities in an effort to ensure they maintain progress toward their degrees. Schmauch also actively participates in the recruitment process of all prospective student-athletes. In addition, Schmauch serves as the Eligibility Coordinator, Admissions Coordinator and as the liaison to the NCAA Clearinghouse for the FSU Academic Support Program.

strength & CONDITIONING

BUILDING CHAMPIONS

The FSU strength and conditioning program is designed to improve athletic performance through an individualized regimen of stretching, lifting, speed, power, agility and conditioning drills. The goal of the program is to maximize the on-court performance of each athlete, while reducing the risk of injury.



Dave Plettl

Physical development is critical in order to excel at the collegiate level. Our strength and conditioning staff is continuously researching and following the most scientifically sound and up-to-date principles of strength training to safely maximize the athletic potential of our players.

Women's basketball strength coach Dave Plettl, who is in his second year on the Florida State strength and conditioning staff, individually customizes programs for each of the athletes beginning

with pre-conditioning before the season gets underway.

Plettl, a native of Bailey, Colo., is a 1991 graduate of the University of Colorado, where he earned a Bachelor's degree in political science and history. He comes to Florida State from the University of Texas where he served the past two years as an assistant strength and conditioning coach with the football, men's



Coach Plettl demonstrates stretching techniques with his daughter Lydia Rose at the 2001 Father/Daughter Camp.

tennis, women's golf and rowing programs.

While at Colorado, Plettl worked as a student assistant athletic trainer his first year and then moved to the strength and conditioning staff in 1987 where he spent the next 10 years. Plettl was a student assistant/graduate assistant from 1987-92, the interim coach from 1992-93 and associate strength and conditioning coach from 1993-97. He worked primarily with the football, men's and basketball, volleyball and soccer programs at CU.

Plettl received Master specialist in Sports Conditioning from the International Sports Sciences Association in September 2001 as well as by the Collegiate Strength and Conditioning Coaches Association in May. He and his wife, the former Christa Miller, are the proud parents of Lydia Rose who was born on April 7, 2001.

The strength and conditioning staff's focus at Florida State will continue to revolve around building — building stronger and better athletes as well as new facilities. This is an exciting time for the strength and conditioning program. Our goal is to provide the best athletes in the nation with the best resources and tools in the nation. Our athletic department is committed to excellence in every area. This includes providing our athletes with the most state of the art facility and equipment. Our new facility, which will be housed in the new basketball complex adjacent to the Leon County Civic Center, will give us with the best platform to train our athletes to their full athletic potential.



Dave, Christa and Lydia Rose Plettl

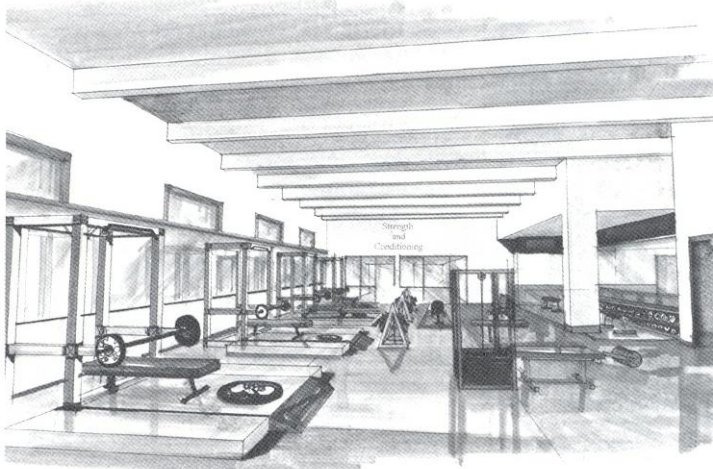


The weight room at Coyle E. Moore Athletics Center.

THE PROGRAM

“Not having a plan is planning to fail.” Conditioning for basketball must be carefully planned out, otherwise, you can make the mistake of creating bodybuilders, power lifters, marathon runners or football players. We **MUST** basketball build. The only way to basketball build is to understand the principles that govern the game itself, then apply the exercises, sets, reps and intensity that match those characteristics of the game. But before improving our physical level of play, a more important element will **ALWAYS** come first and that is the mental aspect we call **CHARACTER**.

In building better basketball players, the top priority in Florida State conditioning is that we believe character is above all else. There must be great attitude and effort before we see any success in the weight room or on the basketball court. In order to be in the greatest basketball shape of your life, intense training is needed, not just at given times, but over time. Commitment and toughness are the necessary traits that our players need for continual improvement. Only by character, can we reach the



HIGHLIGHTS OF THE NEW FACILITY

(to be completed in spring of 2002)

- ◆ 2,300-square foot strength complex
- ◆ State of the art aerobic equipment
- ◆ Basketball-specific weight training equipment
- ◆ State of the art sound system



highest level of conditioning.

As for the physical aspect of conditioning, at Florida State we will train all five aspects of conditioning: speed, strength, agility, endurance, and flexibility. However, in any sport, especially basketball, speed is king. Each aspect of conditioning has to point toward building speed. Speed is seen in sprinting, jumping and changing directions, which are critical to the game of basketball. Strength by itself creates a stronger player, but also a slower one. The man who can bench 500 pounds and squat 700 pounds can never run fast enough or jump high enough to compete at the higher levels of basketball. Strength is important, but **ONLY** when it gives birth to speed.

Another example is endurance. Endurance by itself will allow you to run longer but it will not increase your speed, thus you may be fresh after the game, but you got beat during it. The plan has to be that you train all of these areas so that you can be explosive, not only for a given effort, but for the whole game, and then the whole season.

We attack our basketball conditioning training at Florida State by executing exercises that tax the nervous system, energy system and the muscles exactly like the game itself. The program must implement fast, quick and intense exercises so that it transfers to the game. When the program is executed over time, day-after-day, week-after-week, month-after-month, and finally, year-after-year, the end result is you have a highly trained basketball machine. At Florida State, we are just beginning, and as we continue, through great planning, commitment and toughness, we will go above and beyond the competition.

Florida State Medical Care & Treatment

An athlete can expect to receive the best care and treatment possible with the athletic training team at Florida State University. Prior to competition, all FSU student-athletes undergo screening in order to



Rhonda Kelly

Trainer Rhonda Kelly joined the Florida State staff in June and is in her first season handling the athletic training duties for the women's basketball team.

Kelly is a 1998 graduate of Valdosta State University where she received a Bachelor of Science degree in sports medicine. While at Valdosta State, Kelly served as a student athletic trainer for three years while working with the women's basketball, cheerleading and football programs.

Upon graduation, Kelly continued her education at Louisiana State University serving as a Graduate Assistant Athletic Trainer for two years while obtaining her

detect any potential injuries. If a problem is detected, the athlete may be placed on a prevention care system which may include any kind of treatment from icing to exercising. Assistant Athletic



master's degree in Sport Pedagogy and was then elevated for one year to Assistant Athletic Trainer. While at LSU, Kelly worked with the football, softball and men's tennis programs. Some of Kelly's responsibilities included designing, implementing and supervising the rehabilitation programs for the football team and serving as the medical coordinator for the NCAA softball and tennis regionals in Baton Rouge. As an Assistant Trainer, Kelly worked primarily with the football team while also assisting with the management of nine graduate assistants and 15 student athletic trainers.



In addition to her women's basketball training duties, Kelly also supervises the athletic training for the women's tennis program and coordinates the annual drug testing of all FSU female athletes.

A native of Kalamazoo, Michigan, Kelly is a certified member of the National Athletic Trainers Association and is also Red Cross CPR and First Aid certified.

Though the prevention of injuries is the main objective, some injuries are unavoidable. Rehabilitation is another component of the Florida State training room. The FSU athletic training staff will work with the athlete and provide an intense rehabilitation schedule that will allow the athlete to successfully rehabilitate after an injury. Some injuries and illnesses may be referred to the Seminole team physicians at the Tallahassee Orthopedic Center, who, for many years, have worked in conjunction with the FSU athletic training staff in successfully rehabilitating athletes after an injury.

LOCKER ROOM

The Florida State women's basketball team utilizes a three-room locker room facility located in the Moore Athletic Center where the squad trains and practices. The locker room was specifically designed to meet the needs of the Florida State women's basketball players as people, students and athletes. The locker room features a lounge and study area, equipped with study carrels, couches and entertainment center, an area equipped with individual wooden lockers, seating and meeting area and a section which includes individual shower and dressing units.



The women's basketball team locker room and meeting room.

basketball SUPPORT



Carl Anderson
Chef Manager



Lynn Bourdon
Team Manager



Chris Brann
Team Manager



Kristin Brookens
Administrative Assistant



Mike Bryant
Graduate Student Assistant



Lil Finlay
*Senior Secretary/
Recruiting Manager*



Mary Foster
Athletics Promotions



Travis Furbee
Ticket Office



Stefanie Gainey
Team Manager



Lauren Headley
Team Manager



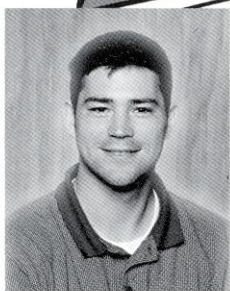
Shanna Lee
Student Athletic Trainer



Courtney McDaniel
Team Manager



Melissa Parker
Graduate Assistant



Stuart Pearce
Game Operations



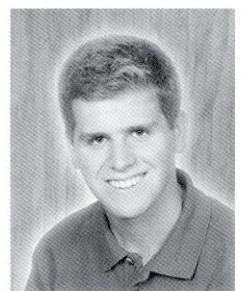
Kevin Specht
Assistant Strength & Conditioning Trainer



Laurie Swiger
Game Operations



Martin Unger
*Video Coordinator
Seminole Productions*



Pete Wages
*Video Assistant,
Seminole Productions*

n c a a INFORMATION

THE FOLLOWING INFORMATION IS PROVIDED BY THE FLORIDA STATE OFFICE OF COMPLIANCE FOR PROSPECTIVE STUDENT ATHLETES. IT IS INTENDED AS A GUIDELINE TO INTRODUCE SOME OF THE RULES GOVERNING NCAA ATHLETIC INVOLVEMENT.

WHO IS PERMITTED TO RECRUIT FOR FSU?

Only Florida State University coaches who have successfully completed the NCAA Recruiting Rules Examination on an annual basis may be involved in the recruitment process. Representatives of our athletics interests *may not* make any recruiting contacts. This includes letters, telephone calls or face-to-face contact on or off campus with a prospect or the prospect's parents.



Bob Minnix
Associate Athletics
Director for
Compliance &
Legal Affairs



PENNIE PARKER
Director of
Compliance



BRIAN BATTLE
Assistant Director
of Compliance

KEY TERMS YOU SHOULD KNOW

You become a **PROSPECTIVE STUDENT-ATHLETE** if you have started classes for the ninth grade. Before the ninth grade, you become a prospective student-athlete if the college provides you (or your relatives or friends) any financial aid or other benefits that the college does not provide to prospective students generally.

A **CONTACT** is any face-to-face encounter between a prospect or the prospect's legal guardian and an institutional staff member or athletic representative during which any dialogue occurs in excess of an exchange of greeting. **NOTE:** At the Division I level, athletic representatives (boosters) may not contact you for the purpose of recruiting. A college coach may contact you in person off the college campus beginning July 1 after completion of your junior year in high school.

An **EVALUATION** is any off-campus activity designed to access your academic qualifications or athletic ability, including any visit to your high school (during which no contact occurs) or the observation of any practice or competition in which you participate.

During your senior year, you can have one expense-paid **OFFICIAL VISIT** to a particular campus. You may receive no more than five visits. During your official visit, which may not exceed 48 hours, you may receive round-trip transportation between your home and the campus, and you (and your parents) may receive meals, lodging and complimentary admission to campus athletics events.

PHONE CALLS AND LETTERS

Phone calls from faculty members and coaches (but not boosters) are permitted beginning July 1 after completion of your junior year. A college coach or faculty member is limited to **ONE TELEPHONE CALL PER WEEK** except when it is:

- During the five days immediately before your official visit to the university
- On the day of a coach's off-campus contact with you

- During the time beginning with the initial National Letter of Intent signing date in your sport through the two days after signing date

Letters from coaches and faculty members (but not boosters) are not permitted until September 1 at the beginning of your junior year in high school. A Division I university may provide you with the following printed materials:

- General correspondence, including letters, U.S. Postal Service postcards and institutional note cards
- Game programs which may not include posters and one Student Athlete Handbook can be provided only during official or unofficial visits to the university's campus
- NCAA educational information
- Pre-enrollment information subsequent to signing a National Letter of Intent with the university
- One athletic publication which may include only one color of printing inside the covers
- Official academic, admissions and student services publications published or videotapes produced by the institution and available to all students
- Schedule cards
- Questionnaires which may be provided prior to your junior year
- Summer camp brochures which may be provided prior to your junior year.

ALUMNI AND BOOSTERS DO'S & DON'TS

YOU MAY forward information about pro-spective student-athletes to the appropriate coaches.

YOU MAY have contact with a prospect regarding permissible pre-enrollment activities such as summer employment, provided the prospect has already signed a National Letter of Intent and the Compliance Office is aware that you are making these contacts in regard to employment.

YOU MAY have a telephone conversation with a prospect *only* if the prospect initiates the call. Such a call may not be prearranged by an institutional staff member and you are not permitted to have a recruiting conversation, but may exhibit normal civility. You must refer any questions about our athletics programs to an athletics department staff member/coach.

YOU MAY view a prospect's contest at your own initiative provided you do not contact the prospect or his/her parents. In addition, you may not contact a prospect's coach, principal, or counselor in an attempt to evaluate the prospect.

YOU MAY continue established family relationships with friends and neighbors. Contacts with sons and daughters of these families are permitted as long as they are not made for recruiting purposes or encouraged by Florida State University coaches.

YOU MAY NOT become involved in mak-ing arrangements to receive money or financial aid of any kind for a prospect or the prospect's family and friends.

YOU MAY NOT make contact with a prospective student-athlete and his/her parents when the prospect is on campus for an official or unofficial recruiting visit.

YOU MAY NOT transport, pay or arrange for payment of transportation costs for a prospect, and his/her relatives or friends to visit campus (or elsewhere).

YOU MAY NOT pay or arrange for payment of summer camp registration fees for a prospect.

YOU MAY NOT provide *anything* to a prospect, the prospect's family or friends without prior approval from the athletics' Compliance Office.

student services & LIFE SKILLS

THE N.O.L.E.S. PROGRAM: NEW OPPORTUNITIES FOR LEADERSHIP, EDUCATION & SERVICE

Developed by the Florida State University Department of Athletics, the NOLES program represents a commitment to the total growth and development of the student-athlete. This program establishes an administrative commitment to academic and athletic excellence. Those efforts will be supported with programs and services in personal development, career development and community service.

PERSONAL DEVELOPMENT



JOHN LATA
Coordinator

Fostering the development of personal growth is a fundamental component of the NOLES program. These support programs ensure that the student-athlete will be provided opportunities to focus on personal growth issues such as values clarification, goal setting, fiscal planning, decision making and personal responsibility. Programming focuses on helping student-athletes develop a healthy lifestyle while they are at Florida State and habits that will benefit them for life.

CAREER DEVELOPMENT



AMY MAGNUSON
Sports
Nutritionist

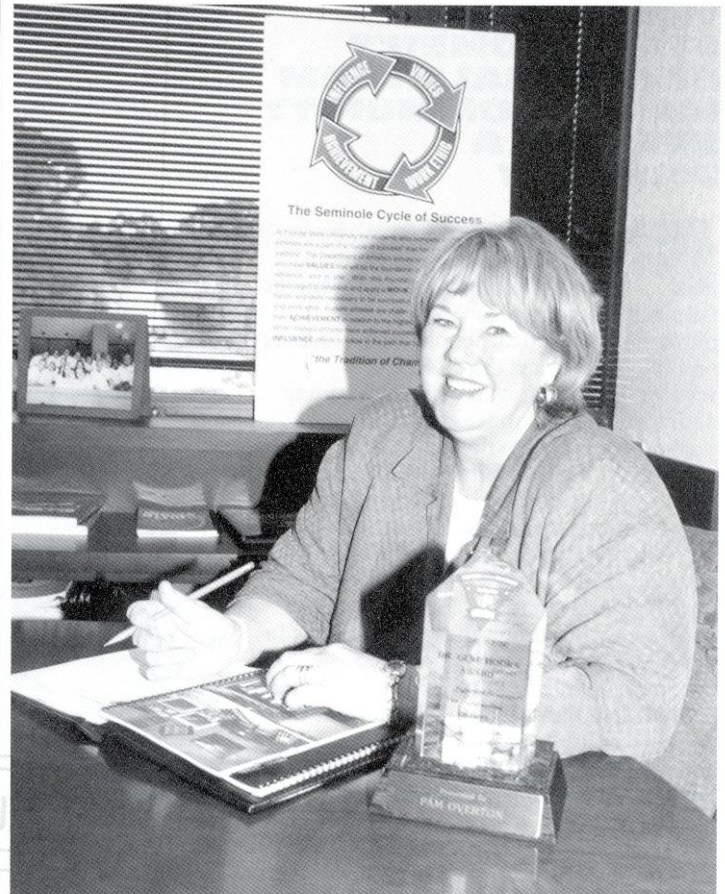
Preparing for life after college sports is a major focus of the NOLES Career Development program. The program is designed to work cooperatively with the University's Career Services to acquaint students with the job search process, provide networking opportunities and ultimately assist with job placement. This program places a priority on the development of the total person, with the goal of developing individuals who will have rewarding careers and productive lifestyles after they leave Florida State.

COMMUNITY SERVICE

Serving the community is the focus of our Seminole Spirit program. Student-athletes are challenged to give service to our community and individuals who are in need. With a clearly defined program of service, student-athletes are given the opportunity to develop the foundation for a lifelong commitment to volunteerism. The Seminole Spirit Student-Athlete Speakers' Bureau enables student-athletes to improve their speaking skills, develop effective communication and impact the lives of others through their service as role models in our community.

LEADERSHIP DEVELOPMENT

The Florida State University Department of Athletics is committed to developing programs of excellence that foster leadership development. The foundation of the leadership development program are the Seminole Leadership Institutes that are held four times a year. These institutes offer student-athletes the opportunity to learn skills that will benefit



Associate Athletics Director Pam Overton was presented with the first annual Dr. Gene Hooks Award for the outstanding CHAMPS program coordinator as chosen by the Division I-A Athletics Directors.

them as students, as athletes, and as they pursue their goals after leaving Florida State. The Institutes have the opportunity to use the values and work ethic taught by athletic participation as the framework for their leadership development. The Institutes attract outstanding guest speakers who challenge Seminole student-athletes to achieve their greatest potential and use their leadership skills to positively influence others.

The Student-Athlete Advisory Council (SAAC) serves as the advisory board to the NOLES program and the athletics administration. The prestigious board, comprised of two representatives of each athletic team at FSU, also recommends programming and serves as a liaison between student-athletes and the athletics administration. The Advisory Council plans and implements various events for student-athletes and serves as the de-partment's most visible ambassadors. The SAAC hosts the annual Golden Nole banquet and plans such events as orientation for incoming student-athletes and the back-to-school picnic.

community SERVICE

"TO WHOM MUCH HAS BEEN GIVEN, MUCH IS REQUIRED"

THE FLORIDA STATE WOMEN'S BASKETBALL TEAM MAKES COMMUNITY SERVICE A PRIORITY

For Florida State women's basketball Head Coach Sue Semrau, her philosophy is simple. Semrau runs her program in such a way that players are treated as people first, students second and athletes third. She is a relationship coach who believes in going and initiating relationships rather than waiting for others to do so. It's this philosophy that has filtered into the actions of her staff and players at Florida State, both on and off the court.

There's a pride that Semrau has instilled in her players — a pride that they find delight in sharing. Florida State knows how important the community is in the development of the women's basketball program and the Seminoles appreciate the support that they receive. Because of this, the Seminoles believe in "giving back" and that's why community service is a priority to the Florida State women's basketball team. It all starts on the court. Following every Seminole home game, fans are invited to circle the court to meet the players and coaches. The Seminoles are sure to greet each and every person — no matter how long it takes to get around the court!

"I think it's good because you get to interact with the fans and get to know them and they get to know you," Petra Hofmann said. "I think the fans appreciate it and that's why they come. For kids, I think it's the most exciting part."

But that's just the beginning. "To whom much has been given, much is required" — words that Semrau and her team, choose to live by. To help practice this, the women's basketball team, in conjunction with the Florida State Athletics Life Skills/Student Services Department, has devised a program in which each player performs at least three hours of community service per month while in season and six hours of service per month when not in season. The

Seminoles have performed a variety of services, including the Walker Ford Tutorial Program, in which the players donate two hours of their time on Saturday mornings to tutor elementary-aged children. They have helped package and deliver meals with Elder Care Services for the "Meals on Wheels" program, cleaned and cooked at the Ronald McDonald House, done lawn work and helped plant a garden at a local women's shelter, done landscaping at the area Boys and Girls



Club, gone Christmas caroling at a retirement home and visited children in the Pediatrics Ward.

"One of the biggest reasons we do community service is because we as coaches and players feel so blessed that we have received so much and have the opportunity to do so much here at FSU," said FSU Assistant Coach Roy Heintz, who coordinates the Seminoles' community service efforts. "Giving back to the community allows us to use our platform as coaches and players to impact the world around us, inspire some young kids or athletes to strive to do bigger and better things and help the elderly and afflicted to feel a little bit better even just for one minute during a day. It's very important for us and for our players to develop a giving heart and understand how blessed we are for all we receive. It makes us feel better in our hearts when we can give back to the world around us."

For two years now, the Seminoles have donated their time in the spring to the "Fantasy Fun League," which is a weekly clinic designed to help area youngsters learn the game of basketball. The FSU players serve as coaches of the teams, which play each other on Saturday mornings.

"It has been a great experience," Lakesha Springle said. "Before the spring league, I always said I would never want to coach, but after it, it made me kind of think about it. The kids were great and I saw them improving from week to week and my team made it to the championship game which was fun. I could tell how much the kids appreciated it by how hard they worked and how eager they were to be there."

For Semrau, the community service facet of her program has been a priority from day one and it is an area that has had much success. In the spring of 1998 at Florida State's annual Golden 'Nole Awards Banquet, honoring all FSU student-athletes, the women's basketball team was awarded the first Athletics Director's Cup for Service, which is given annually to the team that performs the most hours of community service throughout the year. Semrau's Seminoles earned the distinction again in 1999.

Tis The Season To Be...Helpful

Dec. 21, 2000

Since Head Coach Sue Semrau's arrival in 1997, the Florida State women's basketball team has made community service a priority. In the 2000-01 season, the Seminoles took that commitment to "The Next Level" and beyond the comfort of the city of Tallahassee. While continuing to serve the Tallahassee community, the Seminoles also extended a helping hand to the communities in which they traveled to for competition.

"Anytime we can do something to help people when we're on the road, it sinks in a little deeper than even when we are in our own community," Semrau said. "It's not only important when we are in Tallahassee, but anywhere you go, there's a need. What I see as a result is a bunch of players who are very excited about giving back. I think it's a culture that not only women's basketball, but Florida State athletics, has started and one that's really meeting a need for people who are out there and it turns out to be a lot of fun."

On their trip to New York in mid-December, the Seminoles paid a visit to an elementary school in Harlem. The squad met with the third grade class in the school's gym and provided about two hours of entertainment.

"This was great," Lee Shapiro, the principal of PS207 said. "It gave the kids an opportunity to see real live people working as a team, achieving, staying in school, following a dream and coming here and caring about them and taking time to see them. It was just a great experience for them and it doesn't happen very often."

The group of approximately 60 children had the opportunity to watch the players do some shooting drills. Since the rims were a little lower than what the players were used to, there was some dunking going on - much to the delight of the young spectators. Then the coaches picked about 10 kids to do a little shooting themselves.

"I had fun," Taylor, a youngster from Harlem said. "I like all of the basketball players because I think they're nice. My favorite part was when they did their shooting."

After opening up with the basketball drills, each member of the team introduced herself by saying her name, where she is from and what she wants to be when she grows up. The kids listened attentively and shrieked with delight when April Traylor said she wanted to someday play for the New York Mystics. Then they divided the kids into three groups and the Seminoles had a question and answer session and played games. One group got especially good at doing the Florida State war chant.

"They (the Seminoles) are a very integrated team and I love that," Shapiro said. "They look like they really like each

other and seem like bright girls with great futures. Whether they win or they lose on the court, in my eyes, they're already winners."

FSU's practice of community service on the road all started on a road trip to Orlando in November which was successful in many ways for the Seminoles on the court and off. Not only did they upend Central Florida 68-37 in a game televised on Sunshine Network, but upon arriving in Orlando, the Noles spent time with children at the Boys and Girls Club at the Coalition for the Homeless. The ages of the children ranged from seven to 16 and as Shinikki Whiting explained, it wasn't all about basketball, but about real life.

"We all went there with the mentality that these kids were homeless and didn't have anywhere to go," Whiting said. "But actually, these were good kids who wanted to do something different than being on the streets, doing drugs and getting in trouble."

"While we were there, we talked to them about the importance of school and working hard at whatever you do. They were very attentive and all of them had awesome personalities. I think they appreciated it, but even if they didn't, I appreciated it. I really wasn't in the mood to be bothered with but as soon as I went in there, those kids, they made me laugh and they made my day a lot better. It made me really appreciate what I have."

The Tribe also took time in December to help out at home. While the Christmas season is full of hustle and bustle for many, the Seminoles donated a Friday night of their time for "Parents Night Out." From 6-9:00 p.m., on December 8th, the Noles watched members of the "Courtside Kids," women's basketball's kids club, giving their parents a few hours to "catch up."

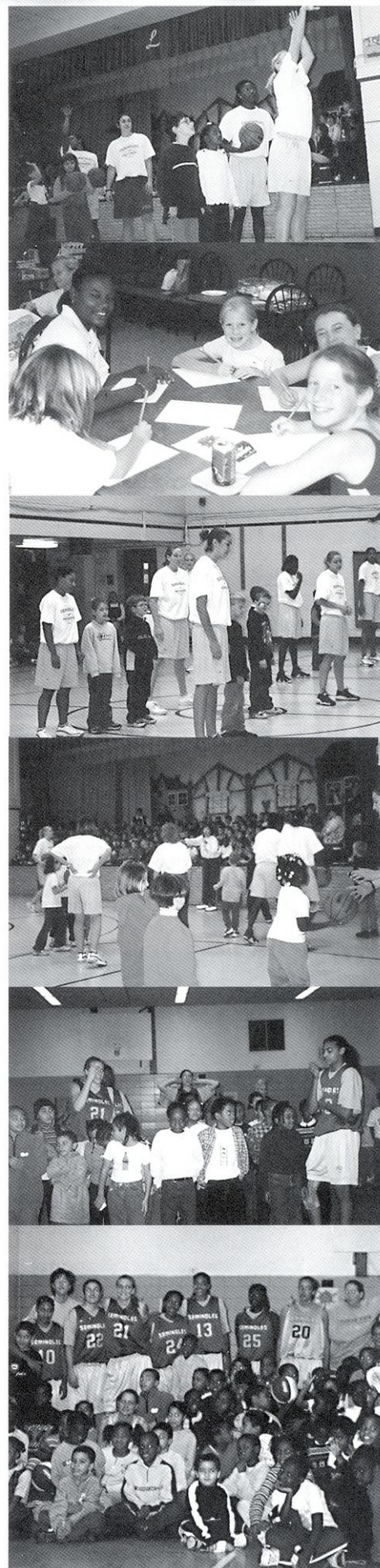
"It gave us a chance to get acquainted with and get to know the Courtside Kids on a personal basis," Lauren Bradley said.

All the activities took place in the Moore Athletic Center, where the kids played games in the gym, in the locker room and ate snacks in the cafeteria.

"We played games like Twister and the N' Sync board game and we played video games, ate candy and had pizza," Katelyn Vujas said. "They seemed to have a great time. They were clinging to us everywhere we went which was cool."

But it wasn't just fun for the kids. The Seminoles had a good time being kids themselves while at the same time, helping others.

"It was just fun to play with the kids and give the parents some time," Brooke Wyckoff said. "I think they had fun just playing around. It was great for them to see us out of our basketball games and as real people."



tallahassee-leon county CIVIC CENTER

A Florida State basketball game at the Tallahassee-Leon County Civic Center is as exciting as it gets! FSU fans are spoiled by more than just a great basketball team playing in the nation's finest conference. They also get to watch the game in surroundings that are as modern as any in the country. While the FSU women's basketball team has played games in the Tallahassee-Leon County Civic Center over the years, the facility became the new home for the Seminoles in 1998-99.

So impressive is the facility and the general atmosphere of an FSU basketball game that the Civic Center and Florida State University served as the host of the first round of the 1995 Men's NCAA Basketball Tournament. Since that time, numerous improvements have been made to the already-outstanding structure.

The Civic Center completed a 21-million luxury suites and club seat expansion project which began in October of 1998 in which 34 luxury suites and 468 club seats at mid-level in the arena were added. In addition, the upper level seating has been configured to offer better viewing and additional concession stands and restrooms have been added. 12,200 seats are available for fans of FSU Basketball, who are treated to one of the most spectacular shows in college hoops. A new four-sided center hung Megavision video display, a state-of-the-art sound system and four new scoreboards in the upper corners of the arena have also been added. When there is a break in the action, the video

display comes alive with highlight tapes, animated games and other crowd pleasing bits.

Adding even more appeal to the facility is the Civic Center's new restaurant, the Spotlight Grill. This 450 seat arena-view restaurant includes an outdoor patio and ledge seating for viewing arena events.

The multipurpose facility, which opened its doors in 1981, covers over 22 acres in the heart of Tallahassee's thriving downtown district. The Civic Center is only two blocks from the Capitol building and is just across the street from FSU's Center for Professional Development and nationally-acclaimed Law School.

The complex covers over 18,000 square feet with 119 foot ceilings in the main arena. The Civic Center is actually three different areas combined under one roof. The main arena, where FSU hosts its home games, is also the center for East Coast Hockey League contests featuring the Tallahassee Tiger Sharks, some of the nation's top musical concerts as well as Broadway plays and even a circus. The Exhibition Hall, which joins the main arena via a spacial hallway, can seat 5,000 for an event or serve as an indoor display area. The complex also features a terrace which is popular for outdoor hosting.

As one of Florida's busiest venues, the Civic Center recently completed a \$1.2 million renovation to its six meeting rooms covering some 16,000 sq. ft.. Because of its versatility and accessibility, the Civic Center continues to be a popular location for trade shows and conventions.





150th CELEBRATION...

On January 24, 2001, Florida State began a yearlong celebration of its proud and rich history marking the sesquicentennial anniversary of its



establishment. In 1851, only 75 years after this country became an independent nation, and just six years after Florida achieved statehood, the Seminary West of the Suwannee River was established. The role of

that forerunner of Florida State University was to educate young people who would help civilize the frontier of Florida. The original location of this institution — the site where the Westcott fountain now stands — is the oldest continuous site of higher education in the state of Florida. Thanks to its founder, Francis Eppes, grandson of Thomas Jefferson, FSU has embraced the liberal arts approach that has prevailed throughout its history.

THE SYMBOL: SEMINOLES...

Florida State would play two football games in 1947 before students demanded the school acquire a symbol. While details



conflict, most believe the account of a poll of the student body is accurate. The Florida Flambeau reported that Seminoles had won by 110 votes over Statesmen. The rest of the top contenders (in order) were Rebels, Tarpons, Fighting Warriors, and Crackers. In the 1950s, a pair of students dressed in Native American costumes and joined the cheerleaders on the

field which eventually evolved into the majestic symbol of Osceola and Renegade that FSU now enjoys. Today, the Seminole Indian Tribe participates in many campus activities.

Florida State University is proud of its longstanding cooperative relationship with the Seminole Tribe of Florida. The Seminole people have suffered many hardships and injustices, but they have remained brave, dignified and proud. The Seminoles are unconquered. They symbolize what we hope will be the traits of all of our graduates, including our student-athletes.

We know you cannot win all of the time on the playing field or in life, but we want our students to be unconquered and always ready to try again.



FSU FIGHT SONG...

You got to fight, fight, fight, for FSU
You got to scalp 'em Sem-i-Noles
You got to win, win, win, win,
Win this game and roll on down
and make those goals.

For FSU is on the war path now,
And at the battle's end she's great;
So fight, fight, fight to victory
Our Sem-i-Noles from Florida State!

WAR CHANT...

Florida State's "war chant" appears to have begun with a random occurrence that took place during a 1984 football game against Auburn, but in the 1960s, the Marching Chiefs band would chant the melody of a popular FSU cheer. In a sense, that chant was the long-version of FSU's current "war chant." During a thrilling game with Auburn in 1984, the Marching Chiefs began to perform the dormant melody. Some students behind the band joined in and continued the "war chant" portion after the band had ceased. Most agree the chant came from the fraternity section, but many spirited Seminole fans added the hand motion to symbolize the brandishing of a tomahawk. The chant continued among the student body during the 1985 season, and by the 1986 season, it was a stadium-wide phenomenon. Of course, the Marching Chiefs refined the chant, plus put their own special brand of accompaniment to the "war chant", for the sound we hear today.

The Atlanta Braves fans took up the their version of the song and chant when former FSU star Deion Sanders came to the plate as an outfielder. The Kansas City Chiefs first heard it when the Northwest Missouri State band, directed by 1969 FSU graduate Al Sergel, performed the chant while the players were warming up for a game against San Diego.

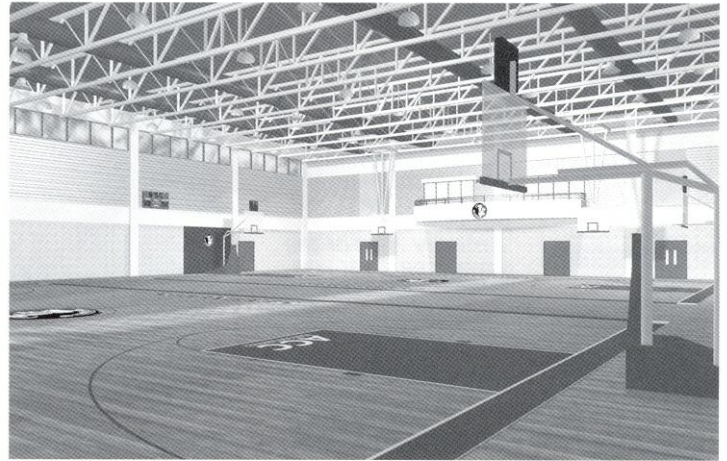
GARNET & GOLD...

Florida State's school colors of garnet and gold date back to the Florida State College championship football teams of 1904 and 1905. In those championship seasons, FSC donned purple and gold uniforms. When Florida State College became Florida Female College in 1905, the football team was forced to attend the University of Florida. The following year the FFC student body selected crimson as the official school color of 1905. The administration in 1905 took crimson and combined it with the recognizable purple of the championship football teams to achieve the color garnet. The now-famous garnet and gold colors were first used on an FSU uniform in a 14-6 football loss to Stetson on October 18, 1947.



Florida State's Gold Squad — Front Row (L-R): Dionne Jones, Katie Allen, Sheana Firth, Rebecca Lee, Morgan Torronez, April McClendon, Sarah Maslar, Allison Dumich, Jamie Holley, Connie Stringfellow. Back Row: Karen Weinstein, Elisha Ankney, Anna Comella, Jill Auzenne, Stacie Harris, Kelli Whitaker, Ashley Dickhaus, Jessica Irish, LaCresha Battle, Amanda Long, Lindsey Tatum, Athena Tatum. Coach: Staci Sutton

basketball PRACTICE FACILITY



FACILITY FACTS:

ARCHITECTS: Barnett Fronczak Architects • **LOCATION:** Adjacent to the Leon County Civic Center – Madison Avenue side
• **PROJECT CONSTRUCTION BUDGET:** \$8-10 million • **SOURCE OF FUNDS:** FSU Department of Athletics, Seminoles Boosters, Inc. • **SUBSTANTIAL COMPLETION DATE:** April 2002

Florida State's dream of a new, state-of-the art basketball practice facility became reality when ground was broken in a ceremony last May. The three-level structure will become the home of Florida State basketball in April of 2002. The all-inclusive facility is located adjacent to the Tallahassee-Leon County Civic Center, where the Seminoles play their home games.

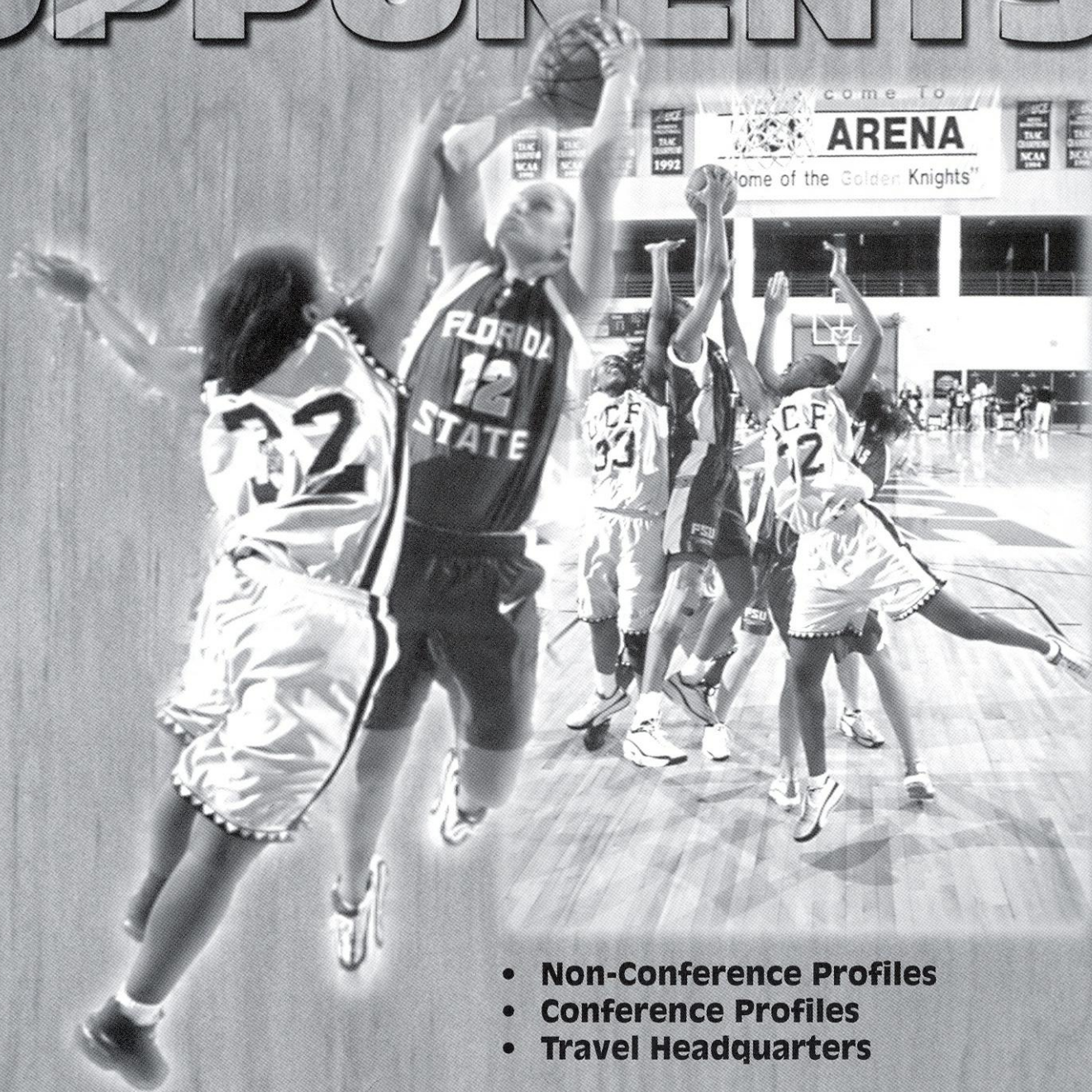
Level one will feature the team and coaches locker rooms, including spacious lounge and study areas, as well as the equipment room.

Two regulation-sized basketball courts, which will mirror the Seminoles' game floor, will be located on the second level. Also located on the second floor will be a media relations center, a medical prep/athletic training center, a spacious weight training center as well as team meeting rooms which can also be used for press conferences and interview areas.

The third level will house the coaches office suites, an extensive video production and editing room, a basketball traditions area as well as a balcony overlooking the basketball courts.



2001-02 OPPONENTS



- Non-Conference Profiles
- Conference Profiles
- Travel Headquarters

non-conference OPPONENTS

(In order of appearance)

ST. MARY'S

Sun., Nov. 18

St. Thomas, U.S. Virgin Islands



QUICK FACTS

Location Moraga, CA
 Founded 1863
 Nickname Gaels
 Enrollment 4,343
 Colors: Blue and Red
 Conference West Coast Conference
 Arena/Capacity McKeon Pavilion/3,500
 Press Row # (925) 631-4699



BASKETBALL FACTS

Head Coach Michelle Jacoby, 2nd season
 Record at School/Years 26-6/1
 Career Record/Years 26-6/1
 Office Phone (925) 631-4712
 Assistant Coaches Travis King, Tracy Johnston

SPORTS INFORMATION

Office Phone (925) 631-4402
 Fax Number (925) 631-4405
 Basketball Contact Rich Davi
 Email Address rdavi@stmarys-ca.edu
 Home Phone (925) 439-9279
 Website www.SMCGaels.com

TEAM INFORMATION

2000-01 Record 26-6
 Conference Record/Finish 12-2/T1st
 Starters Returning/Lost 4/1
 Letterwinners Returning/Lost 10/3
 Top Returning Scorer F, Jerkisha Dosty, 14.1 ppg
 Top Returning Rebounder C, Jermisha Dosty, 10.4 rpg
 Top Newcomer G, Shavanna Williams

DAYTON

Tue., Nov. 20

St. Thomas, U.S. Virgin Islands



QUICK FACTS

Location Dayton, Ohio
 Founded 1850
 Nickname Flyers
 Enrollment 6,300
 Colors Red and Blue
 Conference Atlantic 10
 Arena/Capacity University of Dayton Arena/13,455
 Press Row # (937) 449-2855

BASKETBALL FACTS

Head Coach Jaci Clark, 4th season
 Record at School/Years 42-45/3
 Career Record/Years 177-110/10
 Office Phone (937) 229-4447
 Assistant Coaches Ellen McGrew, Tammy Shain, Krishna Green

SPORTS INFORMATION

Office Phone (937) 229-4419
 Fax Number (937) 229-4461
 Basketball Contact Jill Weakland
 Email Address Jill.Weakland@notes.udayton.edu
 Home Phone (937) 746-0656
 Website www.daytonflyers.com

TEAM INFORMATION

2000-01 Record 16-13
 Conference Record/Finish 9-7/T4th
 Starters Returning/Lost 4/1
 Letterwinners Returning/Lost 10/3
 Top Returning Scorer G, Stefanie Miller, 10.8 ppg
 Top Returning Rebounder C/F, Kristy Hinline, 4.8 rpg
 Top Newcomers G, Sarah Allen; F, Leslie Burns;
 C, Angela Cape; G, Emily Williams

EAST TENNESSEE STATE

Sat., Nov. 24
 Tallahassee, Fla.



QUICK FACTS

Location Johnson City, TN
 Founded 1911
 Nickname Buccaneers
 Enrollment 11,929
 Colors Navy Blue and Old Gold
 Conference Southern Conference
 Arena/Capacity Memorial Center/14,000
 Press Row # (423) 439-5329

BASKETBALL FACTS

Head Coach Karen Kemp, 8th season
 Record at School/Years 90-103/7
 Career Record/Years 90-103/7
 Office Phone (423) 439-4259
 Assistant Coaches Wendi Powell, Jim Lankford, Mike Mincey

SPORTS INFORMATION

Office Phone (423) 439-5263
 Fax Number (423) 439-6138
 Basketball Contact Matthew Snellings
 Email Address snelling@etsu.edu
 Home Phone (423) 232-0466
 Website www.ETSUBUCS.com

TEAM INFORMATION

2000-01 Record 7-21
 Conference Record/Finish 7-11/6th
 Starters Returning/Lost 3/2
 Letterwinners Returning/Lost 9/1
 Top Returning Scorer G, Erin Thurman, 11.0 ppg
 Top Returning Rebounder F, Lauren Trantham, 5.7 ppg
 Top Newcomers PG, Ashley Reed; G, Crystal Cochran;
 G, Ann Marie Gardner

ST. JOSEPH'S

(possible opponent)
 Sun., Nov. 25
 Tallahassee, Fla.



QUICK FACTS

Location Philadelphia, PA
 Founded 1851
 Nickname Hawks
 Enrollment 3,500
 Colors Crimson and Gray
 Conference Atlantic 10
 Arena/Capacity Alumni Memorial Fieldhouse/3,200
 Press Row # (610) 660-2599

BASKETBALL FACTS

Head Coach Cindy Anderson-Griffin, 1st year
 Record at School/Years 1st year
 Career Record/Years 48-33/3

Office Phone (610) 660-1737
 Assistant Coaches Kerri Homan, Joe Logan, Lynn Milligan

SPORTS INFORMATION

Office Phone (610) 660-1738
 Fax Number (610) 660-1724
 Basketball Contact Phil Denne
 Email Address pdenne@sju.edu
 Home Phone (610) 896-6725
 Website www.sjuhawks.com

TEAM INFORMATION

2000-01 Record 15-13
 Conference Record/Finish 9-7/5th
 Starters Returning/Lost 4/1
 Letterwinners Returning/Lost 12/1
 Top Returning Scorer F, Susan Moran, 22.6 ppg
 Top Returning Rebounder F, Susan Moran, 7.4 rpg
 Top Newcomers G, Kelly Springman

AKRON

(possible opponent)
 Sun., Nov. 25, Tallahassee, Fla.



QUICK FACTS

Location Akron, OH
 Founded 1870 as Buchtel College
 Nickname Zips
 Enrollment 23,264
 Colors Blue and Gold
 Conference Mid-American
 Arena/Capacity James A. Rhodes Arena/5,942
 Press Row # (330) 374-8771

BASKETBALL FACTS

Head Coach Roxanne Allen, 5th season
 Record at School/Years 45-71/4
 Career Record/Years 160-162/12
 Office Phone (330) 972-6895
 Assistant Coaches Maria Cleveland, TBA

SPORTS INFORMATION

Office Phone (330) 972-6584
 Fax Number (330) 374-8844
 Basketball Contact Melanie Schneider
 Email Address mschnei@uakron.edu
 Home Phone (330) 928-7823
 Website www.GoZips.com

TEAM INFORMATION

2000-01 Record 6-23
 Conference Record/Finish 3-13/6th East Div.
 Starters Returning/Lost 2/3
 Letterwinners Returning/Lost 6/7
 Top Returning Scorer C, Sandy Martin, 6.2 ppg
 Top Returning Rebounder C, Sandy Martin, 5.6 ppg
 Top Newcomers G, Lindsay Hemmelgarn;
 G, Celina Dopoulos; F, Cydney Overton;
 G, Jen Arnold

FLORIDA
 Thu., Nov. 29
 Tallahassee, Fla.



QUICK FACTS

Location Gainesville, FL
 Founded 1853
 Nickname Lady Gators
 Enrollment 45,937
 Colors Orange and Blue
 Conference Southeastern

2001-2002 OPPONENTS

Arena/Capacity Stephen C. O'Connell Center/12,000
Press Row # (352) 367-1801

BASKETBALL FACTS

Head Coach Carol Ross, 12th year
Record at School/Years 229-110/11
Career Record/Years 229-110/11
Office Phone (352) 375-4683 ext. 5511
Assistant Coaches Joi Williams,
Matthew Mitchell, Renee Ladner

SPORTS INFORMATION

Office Phone (352) 375-4683 ext. 6133
Fax Number (352) 375-4809
Basketball Contact Kathy Cafazzo
Email Address KathyC@gators.uaf.edu
Home Phone (352) 377-7868
Website www.gatorzone.com

TEAM INFORMATION

2000-01 Record: 24-6
Conference Record/Finish 11-3/T2nd
Starters Returning/Lost 2/3
Letterwinners Returning/Lost 6/5
Top Returning Scorer G, Brandi McCain, 19.7 ppg
Top Returning Rebounder C, Vanessa Hayden, 9.2 rpg
Top Newcomers F, Courtney Cooper; G/F, Tara Taylor;
F, Tamia Williams; F, Trisha Patterson;
G, Tishona Gregory; G, Kelly Stevenson

AUSTIN PEAY STATE

Sun., Dec. 2
Tallahassee, Fla.



QUICK FACTS

Location Clarksville, TN
Founded 1927
Nickname Lady Gavs
Enrollment 7,440
Colors Red and White
Conference Ohio Valley
Arena/Capacity The Dunn Center/9,000
Press Row # (931) 221-7731

BASKETBALL FACTS

Head Coach Susie Gardner, 6th season
Record at School/Years 66-77/5
Career Record/Years 66-77/5
Office Phone (931) 221-7202
Assistant Coaches Rochone Dilligard, Becky Crowe-Padgett

SPORTS INFORMATION

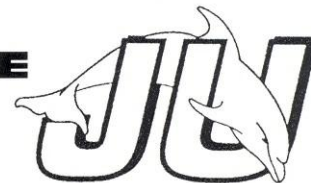
Office Phone (931) 221-7561
Fax Number (931) 221-7562
Basketball Contact Cody Bush
Email Address bushc@apsu.edu
Home Phone (931) 906-5712
Website www.apsu.edu/letsgopeay

TEAM INFORMATION

2000-01 Record 17-14
Conference Record/Finish 10-6/3rd
Starters Returning/Lost 4/1
Letterwinners Returning/Lost 7/3
Top Returning Scorer G, Brooke Armistead, 22.1 ppg
Top Returning Rebounder F, Jocelyn Duke, 8.2 rpg
Top Newcomers F, Shatika Hutcherson; G, Gina Bauer;
G, Cassandra Peek

JACKSONVILLE

Fri., Dec. 7
Tallahassee, Fla.



QUICK FACTS

Location Jacksonville, FL
Founded 1934
Nickname Dolphins
Enrollment 2,095
Colors Green and White
Conference Atlantic Sun Conference
Arena/Capacity Swisher Gymnasium/1,500
Press Row # (904) 745-7422

BASKETBALL FACTS

Head Coach Melissa Taketa, 3rd season
Record at School/Years 19-37/2
Career Record/Years 239-241/17
Office Phone (904) 745-7197
Assistant Coaches Melanee Atkinson, Michelle Karlon,
Ernest Rozier

SPORTS INFORMATION

Office Phone (904) 745-7402
Fax Number (904) 745-7179
Basketball Contact TBA
Email Address TBA
Home Phone TBA
Website www.judolphins.com

TEAM INFORMATION

2000-01 Record 13-15
Conference Record/Finish 9-9/T4th
Starters Returning/Lost 2/3
Letterwinners Returning/Lost 4/8
Top Returning Scorer F/C, Kat Sungy, 11.0 ppg
Top Returning Rebounder F/C, Kat Sungy, 9.4 rpg
Top Newcomers G, Yvette Jackson; PG Dee Cummings;
F, Kara Donnell

CENTRAL FLORIDA

Sun., Dec. 9
Tallahassee, Fla.



QUICK FACTS

Location Orlando, FL
Founded 1963
Nickname Golden Knights
Enrollment 32,014
Colors Black and Gold
Conference Atlantic Sun Conference
Arena/Capacity UCF Arena/5,100
Press Row # (407) 823-2477

BASKETBALL FACTS

Head Coach Gail Striegler, 3rd season
Record at School/Years 19-38/2
Career Record/Years 19-38/2
Office Phone (407) 823-6266
Assistant Coaches LaTosha Lewis,
Christi Martin, Maureen Smith

SPORTS INFORMATION

Office Phone (407) 823-2729
Fax Number (407) 823-5266
Basketball Contact Cheryl Flesch
Email Address cflesch@mail.ucf.edu
Home Phone (407) 366-5881
Website www.athletics.ucf.edu

TEAM INFORMATION

2000-01 Record 10-18
 Conference Record/Finish 8-9/6th
 Starters Returning/Lost 4/1
 Letterwinners Returning/Lost 10/1
 Top Returning Scorer C/F, Adrienne Billings, 9.4 ppg
 Top Returning Rebounder C/F, Adrienne Billings, 6.5 rpg
 Top Newcomers C, Takira Allan; G, Lakiesha Petersen;
 C, Ali Roberts; G, Jessica Scala

AUBURN
 Sun., Dec. 16
 Auburn, Ala.



QUICK FACTS

Location Auburn, AL
 Founded 1856
 Nickname Tigers
 Enrollment 21,775
 Colors Burnt Orange and Navy Blue
 Conference Southeastern
 Arena/Capacity Beard-Eaves-Memorial Coliseum/10,500
 Press Row # (334) 844-1933/1935

BASKETBALL FACTS

Head Coach Joe Ciampi, 23rd season
 Record at School/Years 507-170/22
 Career Record/Years 547-180/24
 Office Phone (334) 821-6322
 Assistant Coaches Laurretta Freeman, Craig Kennedy,
 Carolyn Jones-Young

SPORTS INFORMATION

Office Phone (334) 844-9701
 Fax Number (334) 844-9708
 Basketball Contact Brian Miller
 Email Address millebr@mail.auburn.edu
 Home Phone (334) 741-8798
 Website www.auburn.edu

TEAM INFORMATION

2000-01 Record 17-12
 Conference Record/Finish 5-9/T8th
 Starters Returning/Lost 2/4
 Letterwinners Returning/Lost 7/5
 Top Returning Scorer G, Carol Smith, 12.3 ppg
 Top Returning Rebounder F, Le'Coe Willingham, 7.6 rpg
 Top Newcomers C, Tia Miller; F, Ezria Parsons;
 F, Tonda Motley

INDIANA
 Wed., Dec. 19
 Bloomington, Ind.



QUICK FACTS

Location Bloomington, IN
 Founded 1820
 Nickname Hoosiers
 Enrollment 37,076
 Colors Cream and Crimson
 Conference Big Ten
 Arena/Capacity Assembly Hall/17,357
 Press Row # (812) 855-2754

BASKETBALL FACTS

Head Coach Kathi Bennett, 2nd season
 Record at School/Years 20-11/1
 Career Record/Years 244-114/13

Office Phone (812) 855-
 Assistant Coaches Tricia Betthausen, Matt Bollant,
 Janine Moore

SPORTS INFORMATION

Office Phone (812) 855-4770
 Fax Number (812) 855-9401
 Basketball Contact Shelli Stewart
 Email Address skstewar@indiana.edu
 Home Phone (812)
 Website www.athletics.indiana.edu

TEAM INFORMATION

2000-01 Record 20-11
 Conference Record/Finish 9-7/T6th
 Starters Returning/Lost 4/1
 Letterwinners Returning/Lost 9/2
 Top Returning Scorer C, Jill Chapman, 15.3 ppg
 Top Returning Rebounder C, Jill Chapman, 7.5 rpg
 Top Newcomers G, Khisa Asubushi; G, Kristin Bodine;
 F, Jenny DeMuth; F, Meshia Salters

IUPUI
 Fri., Dec. 21
 Indianapolis, Ind.



QUICK FACTS

Location Indianapolis, IN
 Founded 1969
 Nickname Jaguars
 Enrollment 25,921
 Colors Red, Gold and Black
 Conference Mid-Continent
 Arena/Capacity IUPUI Gymnasium/2,000
 Press Row # (317) 274-4558

BASKETBALL FACTS

Head Coach Kris Simpson, 7th season
 Record at School/Years 71-90/6
 Career Record/Years 71-90/6
 Office Phone (317) 278-5247
 Assistant Coaches Sheila Adams, Bill Thomas

SPORTS INFORMATION

Office Phone (317) 278-3619
 Fax Number (317) 278-2683
 Basketball Contact Kevin Buerge
 Email Address kbuerge@iupui.edu
 Home Phone (317) 927-7035
 Website www.iupui.edu/~jagsport

TEAM INFORMATION

2000-01 Record 11-18
 Conference Record/Finish 8-8/5th
 Starters Returning/Lost 4/1
 Letterwinners Returning/Lost 9/2
 Top Returning Scorer F, Tiffany Kyser, 14.8 ppg
 Top Returning Rebounder F, Tiffany Kyser, 8.0 rpg
 Top Newcomers F, Abbe Brauman; F, Jessica James;
 G, Tatayana Duverglas

a c c OPPONENTS

(In order of appearance)

GEORGIA TECH

Wed., Dec. 5, Atlanta, Ga.
Sun., Jan. 20, Tallahassee, Fla.



AGNUS BERENATO
Head Coach



NIESHA BUTLER
Guard

QUICK FACTS

Location Atlanta, GA
 Founded 1885
 Nickname Yellow Jackets, Rambling Wreck
 Enrollment 14,000
 Colors Old Gold & White
 Conference: Atlantic Coast
 Arena/Capacity Alexander Memorial Coliseum
 at McDonald's Center/10,000
 Press Row # (404) 894-5458/5459

BASKETBALL FACTS

Head Coach Agnus Berenato, 14th season
 Record at School/Years 188-184/13
 Career Record/Years 248-239/17
 Office Phone (404) 894-5406
 Assistant Coaches MaChelle Joseph, Jeffrey Williams,
 Kisha Ford

SPORTS INFORMATION

Office Phone (404) 894-5445
 Fax Number (404) 894-1248
 Basketball Contact Jeremy Noel
 Email Address jnoel@at.gtaa.gatech.edu
 Home Phone (404) 355-4364
 Website www.ramblinwreck.com

TEAM INFORMATION

2000-01 Record 14-15
 Conference Record/Finish 5-11/8th
 Starters Returning/Lost 4/1

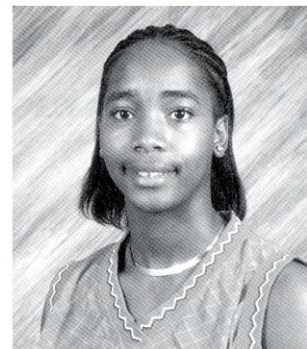
Letterwinners Returning/Lost 9/1
 Top Returning Scorer G, Niesha Butler, 15.6 ppg
 Top Returning Rebounder G, Milli Martinez, 7.0 rpg
 Top Newcomers G, Megan Isom; F, Maya Monroe;
 G, Tabasha Taylor; G, Nefertiti Walker

CLEMSON

Sun., Dec. 30, Clemson, S.C.
Thu., Jan. 31, Tallahassee, Fla.



JIM DAVIS
Head Coach



CHRISSE FLOYD
Guard

QUICK FACTS

Location Clemson, SC
 Founded 1889
 Nickname Lady Tigers
 Enrollment 16,982
 Colors Orange and Purple
 Conference Atlantic Coast
 Arena/Capacity Littlejohn Colesium/11,020
 Press Row # (864) 654-3326

BASKETBALL FACTS

Head Coach Jim Davis, 15th season
 Record at School/Years 299-138/14
 Career Record/Years 318-146/15
 Office Phone (864) 656-1919
 Assistant Coaches Dr. Sam Dixon (Associate),
 Jody Hensen, Mike Hodge

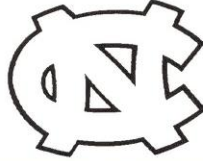
SPORTS INFORMATION

Office Phone (864) 656-1924
 Fax Number (864) 656-0299
 Basketball Contact Sam Blackman
 Email Address blackmj@clemson.edu
 Home Phone (864) 639-4400
 Website www.clemson.com

TEAM INFORMATION

2000-01 Record 21-10
 Conference Record/Finish 10-6/4th
 Starters Returning/Lost 3/2
 Letterwinners Returning/Lost 8/3
 Top Returning Scorer G, Chrissy Floyd, 16.9 ppg
 Top Returning Rebounder G/F, Marci Glenney, 3.7 rpg
 Top Newcomers F, Tia Andrew; C, Monica Blackmon;
 F, Leah Roper; F, Khaili Sanders; C, Lacey Shafer

NORTH CAROLINA
 Wed., Jan. 2, Tallahassee, Fla.
 Mon., Feb. 4, Chapel Hill, N.C.



SYLVIA HATCHELL
 Head Coach



CORETTA BROWN
 Guard

QUICK FACTS

Location Chapel Hill, NC
 Founded 1789
 Nickname Tar Heels
 Enrollment 24,180
 Colors Carolina Blue and White
 Conference Atlantic Coast
 Arena/Capacity Carmichael Auditorium/10,180
 Press Row # (919) 843-9509

BASKETBALL FACTS

Head Coach Sylvia Hatchell, 16th season
 Record at School/Years 304-160/15
 Career Record/Years 576-240/26
 Office Phone (919) 962-5187
 Assistant Coaches Andrew Calder, Sylvia Crawley,
 Tracey Williams

SPORTS INFORMATION

Office Phone (919) 962-0083/2123
 Fax Number (919) 962-0612
 Basketball Contact Dana Gelin
 Email Address dgelin@unca.unc.edu
 Home Phone (919) 969-8915
 Website www.TarHeelBlue.com

TEAM INFORMATION

2000-01 Record 15-14
 Conference Record/Finish 7-9/7th
 Starters Returning/Lost 2/3
 Letterwinners Returning/Lost 7/7
 Top Returning Scorer G, Coretta Brown, 15.9 ppg
 Top Returning Rebounder C, Candace Sutton 5.6 rpg
 Top Newcomers F, Jenni Laaksonen; G, Leah Metcalf;
 F/G Nikita Bell; F, Kenya McBee; C, Tiffany Tucker

MARYLAND

Sun., Jan. 6, College Park, Md.
 Thu., Feb. 7, Tallahassee, Fla.



CHRIS WELLER
 Head Coach



MARCHÉ STRICKLAND
 Guard

QUICK FACTS

Location College Park, MD
 Founded 1807
 Nickname Terrapins
 Enrollment 33,006
 Colors Red, White, Black and Gold
 Conference Atlantic Coast
 Arena/Capacity Cole Field House/14,500
 Press Row # (301) 314-8624

