

the university

what's inside...

GARNET & GOLD

GOOD LUCK
COACH
SEMRAU

NOES
ROCK!

- premier program
- this is tallahassee
- this is florida state
- athletic administration
- this is the acc
- academic support
- basketball training center
- strength & conditioning
- medical care & treatment
- ncaa compliance
- community service
- booster support

FLORIDA STATE



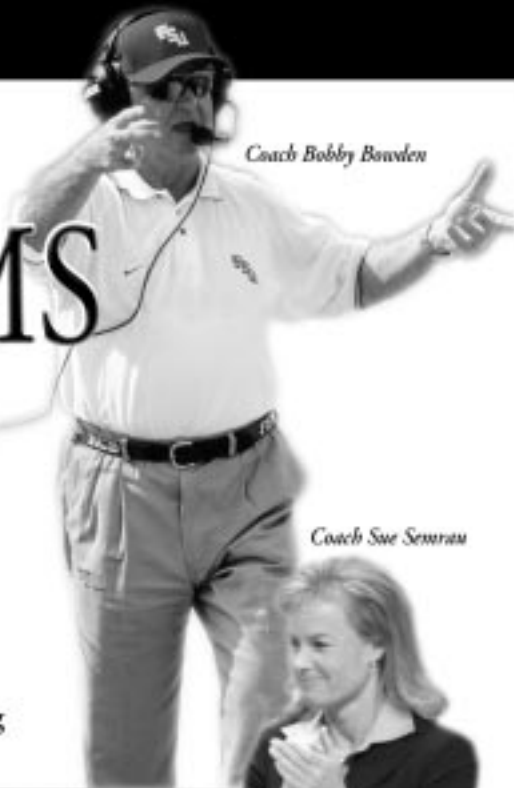


One of the Nation's PREMIER PROGRAMS

COACHING EXCELLENCE...

When it comes to legendary head coaches, it is hard to argue anyone has been as fortunate. The Seminoles have had three coaches who have established records that rank them with the greatest coaches ever to roam an NCAA sideline.

Florida State is the only NCAA school with three coaches in the Top 10 for all-time victories in their respective sport and in the top five in wins and winning percentage among active coaches. Bobby Bowden (football), JoAnne Graf (softball) and Mike Martin (baseball) have combined for 3,053 wins and each coach appears in the top two for active winning percentage, active wins or all-time victories.



Coach Bobby Bowden



Coach Sue Semrau



Coach Bob Braman



Coach Mike Martin

The caliber of coaches at Florida State is second to none and year after year, these coaches are recognized for excellence nationally, regionally and at the conference level. Women's basketball's Sue Semrau earned her second ACC Coach of the Year award in 2005 while Bob Braman was recognized for his stellar year in cross country (2004 NCAA South Region Coach of the Year) and both indoor and outdoor track and field when he was named the ACC Coach of the Year as well as region Coach of the Year for both sports.

WINNINGEST ACTIVE D-I COACHES

- By Victories**
1. Bobby Bowden
 2. JoAnne Graf
 2. Mike Martin

- By Percentage**
2. Mike Martin
 3. Bobby Bowden
 3. JoAnne Graf

WINNINGEST D-I COACHES ALL-TIME

- By Victories**
1. Bobby Bowden
 2. JoAnne Graf
 5. Mike Martin



Coach JoAnne Graf

IN THE COMMUNITY...

Seminole student-athletes are committed to making a positive impact on the community, serving almost 4,500 hours of community service during the 2004-05 school year. They also helped to raise thousands of dollars in direct support to charities.

FSU student-athletes have volunteered their time working with students from every elementary and middle school in Leon County as well as schools in nearby Wakulla and Gadsden counties. In addition, the Seminoles have participated in projects such as Habitat for Humanity, Relay for Life, Special Olympics, just to name a few.

POSTGRADUATE SCHOLARSHIPS...

Florida State student-athletes have earned over \$300,000 in post-graduate scholarships over the past 10 years. They have also received 21 post-graduate scholarships from the ACC since 1992.

In 1996, Seminole Daryl Bush was the first ever recipient of the State Farm National Scholar Athlete of the Year award, now given annually.

Florida State boasts two NACDA Post-Graduate Award winners in the last five years. The scholarship, which was originated in 2001, grants \$10,000 scholarships to its recipients.

Daryl Bush

*Aaron Cheesman
ACC Postgraduate Scholarship*

*Jez Ratliff
ACC Postgraduate Scholarship*

*Milwela Moldovan
ACC Postgraduate Scholarship*

IN THE CLASSROOM...

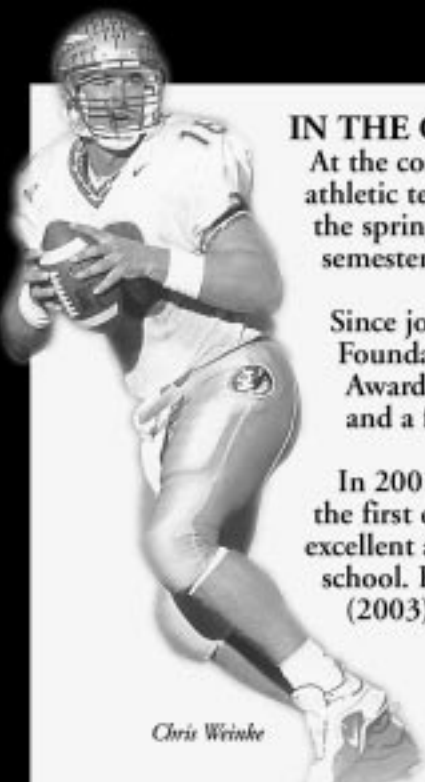
At the conclusion of the 2004-05 school year, five of Florida State's athletic teams had a 3.0 or better cumulative grade point average. In the spring 2005 semester 177 Seminoles achieved a minimum 3.0 semester GPA while average team semester GPA was a 2.813.

Since joining the ACC in 1991, FSU has had six National Football Foundation and College Hall of Fame National Scholar Athlete Award winners – more than all other ACC schools combined and a figure that ranks nationally in the past 12 years.

In 2001, former Seminole Chris Weinke was the recipient of the first ever ACC Scholar Award which is given annually to an excellent athlete and top scholar who is not going on to graduate school. Football's Chris Hope (2002) and baseball's Matt Lynch (2003) have also earned the distinction.

Florida State had three student-athletes garner National Academic All-American honors in 2005 when softball junior Natasha Jacob and track and field sophomores Garrett Johnson and Tom Lancashire earned such status. It marked the first time since 1970 that three FSU student-athletes earned the honor in the same season.

Florida State has more all-time ACC Academic Honor Roll selections (2,014) than all-time All-ACC honorees (1,612). On top of that number, FSU athletes have been named National Academic All-Americans 26 times and 24 Florida State athletes have received post-graduate scholarships.



Chris Weinke



Natasha Jacob



*Caroline Larsson
ACC Honor Roll*



Matt Lynch



*Emma Dutton
All American, ACC Honor Roll*



*Derrick Brooks
Academic All-American*

Football's Chris Hope received the 2002 NACDA Postgraduate Scholarship.



*Ganiyat Aleduntan
ACC Honor Roll*



Nolan Henke
First Team All-American

Amanda Santos
All-ACC



Heisman Trophy winners

TOP ATHLETES...

When you consider the top athletes who don the Garnet and Gold, it's easy to see why Florida State has enjoyed such success over the years. Of the 36 national awards for athletic achievements Florida State student-athletes have earned, seven have been for the top athlete in the nation award in their respective sports. Florida State boasts two Heisman Trophy winners, three Golden Spikes winners, a USA Softball National Player of the Year and a Honda Award winner for softball.

From football, to diving, to tennis, to track and field, several of Florida State's student-athletes achieve All-America status each year. FSU boasts 702 first team All-America selections as well as several regional and national award winners. Over the years, FSU has enjoyed 1,612 All-ACC selections. Even more impressive is that 21 student-athletes have been crowned individual national champions in their respective sports.

TOP TEAMS...

Great athletes make great teams and Florida State has a rich history when it comes to great teams on both the national and conference level and has earned 11 national championships over the years. In 1999, the Florida State Seminoles became the first football team to go wire-to-wire as the Associated Press' No. 1 team when the squad went 12-0 on its way to the program's second national championship. FSU teams have combined for 130 NCAA Tournament appearances and 32 ACC team titles. Florida State's team sports have earned 7,977 victories and eight of Florida State's team sports have an all-time winning record.

Teresa Bundy
Triple Jump National Champion



Jessica van der Linden



Mar Coker
All-American



Tim Pickett
All-ACC



Walter Dix
100m National Champion



THIS IS TALLAHASSEE

Among low, rolling hills, down moss-draped canopy roads, within picturesque historical districts, and across seas of flowering azaleas lies a magical part of the Sunshine State — Tallahassee — Florida's capital city. With its intriguing combination of power-play politics and classic character splashed with a twist of beauty and charm, Tallahassee is a genteel Southern belle with good manners, old plantation homes and y'all-come hospitality — a side of Florida few expect to find.

With the Gulf of Mexico just 25 miles south and the Georgia border only 14 miles

north, Tallahassee rests between the foothills of the Appalachian Mountains and the juncture of Florida's panhandle and peninsula in an area known as "The Big Bend." Nearer in miles to Atlanta than to Miami, Tallahassee more closely resembles its' Georgia neighbor than Florida in topography, climate and lifestyle.

Like the city itself, the story of how Tallahassee was chosen as the state capital is rich in history. In 1823, two explorers set out — one on horseback from St. Augustine and the other by boat from Pensacola — to establish a permanent, central location for the seat of government. The two met at a beautiful site that the Creek and Seminole Indians called "tallahassee" — derived from the words "talwa," meaning town, and "ahassee," meaning old. This historic meeting place remains Florida's capital today.

The New Capitol building rises at the center of Tallahassee's downtown as a sleek modern structure, juxtaposed next to the Old Capitol, built in the more classic domed style. A gallery atop the 22-story New Capitol provides a sweeping view of the hilly city and its tree-lined streets. From it, you can see all the way to Georgia, 20 miles away.

Around the capitol complex, a 10-block historic district spreads, preserving the town's gracious old homes along a linear park and holding a historic inn, bars and restaurants patronized by Senators and sophomores alike. With no shortage of culture, downtown also offers museums, theater and art galleries. Artists have turned the old warehouses of Downtown Industrial



CLIMATE

Tallahassee has the mild, moist climate characteristics of the Gulf States and experiences a subtropical summer similar to the rest of Florida. In contrast to the Florida peninsula, however, the panhandle, of which Tallahassee is a part, experiences four seasons.

Annual January temperature: 40-63° F

Annual July temperature: 72-91° F

Yearly average maximum temperature: 78.7°

Yearly average minimum temperature: 55.7°

Yearly average days above 90 degrees: 91.0

Yearly average days below 32 degrees: 35.7

POPULATION

City of Tallahassee: 153,658

Leon County: 244,208

Metropolitan Area: 327,869

The Florida State Capitol

Donald L. Tucker Center

The Donald L. Tucker Center is a multi-purpose convention and entertainment facility featuring a 12,100 seat arena, Luxury Suites and Club Seats and over 52,000 sq. ft. of meeting and exhibition space plus an arena view restaurant, Spotlight Grille. The Civic Center hosts a wide variety of concerts, family shows, Broadway shows, ice shows and sporting events including FSU basketball.

It is easy to understand why over one million people a year flock to the Donald L. Tucker Center, what with the varied array of attractions it offers. Some people go to the Tucker Center to enjoy the sounds of rock, country, pop and urban concerts. Some go for the thrills of basketball, rodeos and three-ring spectaculars. While others come for conventions, banquets, expositions, or consumer and trade shows.

Located downtown on Pensacola Street, the Tucker Center is only two blocks from the Capitol building.



Kenny Chesney "Crazy For You"



Tour of Gymnastic Champions

Park into the studios and cafes of Railroad Square. The Museum of Florida History, nearby, is highly acclaimed for its scan of the state's past, and The Mary Brogan Museum of Art & Science, along with changing art exhibits, brings learning to a kid's level with hands-on exhibits. Other sightseeing favorites include the floral masterpiece of Alfred B. Maclay State Gardens; Bradley's Country Store; FAMU Black Archives; and the Tallahassee Antique Car Museum.

The area surrounding Tallahassee reveals numerous other historic and archaeological treasures, such as De Soto State Archaeological and Historical Site, Lake Jackson State Archaeological Site, Mission San Luis, Natural Bridge Battlefield and San Marcos de Apalache. Visitors can explore prehistoric Florida at the Museum of Florida History, where they are greeted by a giant 12,000-year-old mastodon pulled from nearby Wakulla Springs.

On the shores of Wakulla Springs, alligators still laze under the watchful eyes of "snake birds" perched on twisted cypress trees. The site of many underwater scenes in "Tarzan" movies, it's one of the world's deepest freshwater springs. Glass-bottomed boat tours across these mystical waters are available.

Nearby small towns offer fascinating excursions to places such as Pebble Hill Plantation, Florida Caverns State Park, Monticello Opera House and St. George Island.



THIS IS FLORIDA STATE

From its pre-Civil War beginnings as the Seminary West of the Suwannee to a nearly four-decade stint as the Florida State College for Women to its return to coeducational status as a university, Florida State University has developed into an acclaimed research institution with excellence in teaching, research and public service.

The university enrolls nearly 39,000 undergraduate, graduate and professional students. Of these, 24.2 percent are minorities. Students are from all 50 states and the District of Columbia, as well as 132 foreign countries.

Florida State offers an impressive breadth of academic degree programs. Students may take courses of study leading to a baccalaureate degree in 94 programs, a master's degree in 107 degree programs, a doctorate in 73 degree programs, a specialist certification in 28 degree programs, and a professional designation in two degree programs. Courses are offered through 16 schools and colleges — Arts and Sciences; Business; Communication; Criminology and Criminal Justice; Education; Engineering; Human Sciences; Information; Law; Medicine; Motion Picture, Television and Recording Arts; Music; Nursing; Social Sciences; Social Work; and Visual Arts, Dance and Theatre.

Our students have the opportunity to work and study alongside two Nobel laureates, five members of the prestigious National Academy of Sciences, seven members of the American Academy of Arts and Sciences, and two winners of the Pulitzer Prize. Florida State faculty also lead several scholarly fields in citations of published work.

Several members of the Florida State faculty were recognized with major awards in 2005, including two Guggenheim Fellow-

ships, a National Endowment for the Arts Fellowship, a Leopold Leadership Fellowship, five Fulbright fellowships, an Alexander Von Humboldt award, a new member elected into the American Academy of Arts and Sciences, a new member elected a fellow of the American Association for the Advancement of Science, and a new member elected into the National Endowment for the Humanities.

Florida State has many academic programs that consistently rank among those at the nation's top 25 public universities, including programs in business, chemistry, creative writing, criminology, ecology and evolutionary biology, information, law, meteorology, oceanography, physics, political science, psychology, public policy, sociology and statistics.

The university had many noteworthy achievements in 2005. Among them:

- The College of Law ranked among the top 30 public law schools in the United States; the environmental law program ranked 14th nationally and is considered one of the strongest in the Southeast.
- The School of Motion Picture, Television and Recording Arts was recognized by the Directors Guild of America for its distinguished contribution to American culture through film and television, joining fellow honorees Robert DeNiro, Jonathan Demme and other entertainment luminaries at the Fifth Annual DGA Honors. In addition, the school was honored with two Student Oscars and five Collegiate Television Academy Awards, more than those received by students from any other school in the history of the industry.



- The Askew School of Public Administration and Policy was identified as the fourth most productive in the country among public affairs schools, and ranked third most productive in terms of published works by graduate students.
- The risk management/insurance program was named one of the most highly recognized programs in the nation, ranked in the top 10 by *U.S. News and World Report*.
- The College of Medicine, the first newly accredited allopathic medical school in more than 20 years, graduated its first class and matched all students to residencies.
- Several faculty members in the English department were recognized with awards, including the prestigious Mary McCarthy Prize in fiction, awarded to Paul Shephard; an O. Henry Award for Elizabeth Stuckey-French; the Gustave O. Arlt Award from the Council of Graduate Schools to Nancy Bradley Warren; and the National Magazine Award to Robert Olen Butler.

Florida State's arts programs — including dance, film, music and theater — rank among the finest in the world.

Students also have the opportunity to conduct research in specialized interdisciplinary centers, such as the National High Magnetic Field Laboratory, the Institute of Molecular Biophysics, and the School of Computational Science; to participate in interdisciplinary work across campus, such as efforts that integrate economics, geography, climate forecasting, law and other environmental courses and programs; and to work with faculty to forge new relationships among professions, including medicine, the physical sciences, engineering, business and law.

Students at Florida State are encouraged to participate in international education through the university's programs in England, Italy, Switzerland, France, Panama, China, Costa Rica, Spain, Russia, Vietnam, the Czech Republic, Greece, Croatia, Germany, Ireland and the Caribbean. The university's study sites



in Valencia, Spain; Florence, Italy; London, England; and the Republic of Panama are considered by many to be among the nation's best.

Florida State's main campus is spread over 450.5 acres in Tallahassee. Within the state, the university maintains facilities in Panama City, its Marine Laboratory at Turkey Point on the Gulf of Mexico, and the Asolo Performing Arts Center in Sarasota. In addition, the Center for Professional Development and Public Service, housed in the Augustus B. Turnbull III Florida Conference Center on the edge of campus, provides extensive credit and non-credit continuing education programs statewide.

Florida State also operates the Ringling Center for the Cultural Arts in Sarasota, which includes the John and Mable Ringling Museum of Art, the largest museum/university complex in the nation.

Library holdings at Florida State include 2.7 million book titles and 9.1 million microforms. The university's library holdings rank among the top 30 public research universities in the United States, according to 2003-2004 data. The main library facility, the Robert M. Strozier Library, is linked by computer to other state university and national research libraries. Florida State also maintains science, music, library and information science, medicine, engineering and law libraries, as well as the Mildred and Claude Pepper Library, which houses the papers, photographs, audio recordings, video recordings and memorabilia of the longtime



congressman from Florida. Library materials and services also are available at the university's Panama City campus, as well as at the international study centers, and a collection of art and related materials is on display at the John and Mable Ringling Museum of Art in Sarasota. Collectively, the Florida State libraries are a member of the Association of Research Libraries, an association of the top research university libraries in the United States.



UNIVERSITY FACTS

BACKGROUND: The Florida State University is one of eleven units of the Division of Colleges and Universities of the Florida Board of Education... It was established as the Seminary West of the Suwannee by an act of the Florida Legislature in 1851 and first offered instruction at the postsecondary level in 1857... Its Tallahassee campus has been the site of an institution of higher education longer than any other site in the state... In 1905, the Buckman Act reorganized higher education in the state and designated the Tallahassee school as the Florida Female College... In 1909, it was renamed Florida State College for Women... In 1947, the school returned to co-educational status, and the name was changed to The Florida State University... It has grown from an enrollment of 2,583 in 1946 to an enrollment of 38,886 in the Fall Semester 2004.

ENROLLMENT (FALL, 2004): Total, 38,886... 77.1% undergrad, 19.2% grad, 3.6% unclassified... 77.9% in-state... 93.0% from the United States... students from all 50 states and the District of Columbia are in attendance... 20 states contributed over 100 students each... 23 foreign countries contributed over 25 students each... female, 56.7%... male, 43.3%... minority, 24.2%... international, 3.4%.

ACREAGE: Main Campus: 450.5 acres in Tallahassee, Leon County (main campus)... Panama City Branch: 25.6 acres in Panama City, Bay County... The university owns a total of 1,447.3 acres in Leon, Bay, Franklin, Sarasota, & Gadsden counties... Sites are leased in Marion and Leon counties in Florida, and other locations overseas.

COLLEGES/PROGRAMS: FSU has 17 major academic divisions: the Colleges of Arts and Sciences, Business, Communication, Education, Engineering, Human Sciences, Law, Medicine, and Social Science; and the Schools of Criminology and Criminal Justice, Motion Picture, Television, and Recording Arts, Information Studies, Music, Nursing, Social Work, Theatre, and Visual Arts and Dance.

OPERATING BUDGET (2004-05): \$918,184,056

DEGREE PROGRAMS: With 17 colleges and schools, students may take courses of study leading to the baccalaureate degree in 94 degree programs, to the master's degree in 107 degree programs, to the advanced master's degree in 1 program, to the specialist degree in 27 degree programs, to the doctorate degree in 73 degree programs, and to the professional degree in 2 degree programs.

DEGREES AWARDED FOR 2003-04: Bachelor, 6,578... Masters, 1,536... Doctorate, 271... Specialist, 57... Judge Doctorate, 208, Total, 8,650

ENTERING FRESHMAN FACTS (FALL, 2004): The middle 50 percent High School GPA, 3.4-4.1; SAT score 1070-1260, ACT score 22-27.

RETENTION RATE: First year, 100%... second year, 86.2%... third year, 75.7%... fourth year, 71.8%.

FACULTY/STAFF: Total 2,191... FSU's faculty includes some past graduates, such as former astronauts Dr. Norm Thagard, who teaches Electrical Engineering, and Winston Scott who serves as Vice President of Student Affairs... FSU's faculty has included six dynamic Nobel Laureates: 11 members elected to National Academy of Sciences... five members of the American Academy of Arts and Sciences.

EDUCATIONAL ADVANTAGES: Florida State University has a uniqueness in providing programs that are consistent in excellence across the board, from fine arts and humanities to the hard sciences... The balance of programs is based on FSU's long tradition as a leading liberal arts institution combined with its position as one of the top 10 universities in generating research-based revenues... FSU is the most wired campus in Florida, and was recently ranked 18th most connected university in the nation by Yahoo! Internet Life.

EDUCATIONAL OPPORTUNITIES ABROAD: FSU offers a variety of overseas study opportunities for students during the regular academic year. FSU has study centers located in Florence, Italy; Panama City, Republic of Panama; Valencia, Spain; and London, England. Courses at the study centers are offered each semester and cover a wide range of subject areas perfect for meeting general and liberal studies requirements. International Programs also offers study programs, some general and some major specific, in Paris, France; Leysin, Switzerland; San Jose, Costa Rica; Moscow, Russia; Prague, Czech Republic; Gerakina, Greece; Dubrovnik, Croatia; Dublin, Ireland; Tianjin, China; Barga, Italy; Valencia, Spain; London, England, and Ho Chi Minh City, Vietnam. A summer Law program is offered in Oxford, England. There is one Linkage Institute (FLORICA) in Costa Rica, and there are Beyond Borders programs in Turrialba, Costa Rica; Kingston, Jamaica; and Dresden, Germany.

EXTRACURRICULAR ACTIVITIES: FSU has nearly 300 student organizations that allow students to find their own niche.

10 Leading States of Origin

(Enrollment)

Florida	30,278
Georgia	962
Virginia	401
Texas	350
New York	311
Pennsylvania	270
North Carolina	261
New Jersey	226
Maryland	222
Alabama	216

FINANCIAL AID: FSU offers two types of financial assistance: need-based and merit-based... Over \$160 million is given away for financial assistance each year.

STUDENT/FACULTY RATIO: 23-1... Many of the general education classes are large, lecture classes; however, over 70 percent of major classes have less than 40 students.

RESEARCH: The Florida State University has built a reputation as a strong research center in both the sciences and the humanities. It is expected that more than \$100 million in external funds will be generated this year by the university faculty and administration as supplements to state funds used for research. These external funds are in the form of contracts and grants from private foundations, industries, and government agencies, and are used to support research, improve research facilities, and provide stipends for graduate students.

SPONSORED RESEARCH (2003-04): \$182,694,659
LIBRARY HOLDINGS: The FSU Libraries include 89 libraries on campus: The Robert Manning Strozier Library, Paul A. M. Dirac Science Library, Mildred and Claude Pepper Library, Warren Allen Music Library, Harold Goldstein Library and Information Studies Library, College of Law Library, College of Medicine Medical Library, and the College of Engineering Library. Collections contain more than 2.7 million volumes, of which more than 243,000 are available electronically as e-books. The library subscribes to more than 38,000 current serials including academic journals, professional and trade journals, and major newspapers from around the country and the globe in both paper and electronic formats. The Libraries also subscribe to more than 290 databases, many of which are available for searching anytime or anyplace Internet is available.

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Dr. T.K. Wetherell
FSU President

PROMINENT ALUMNI

RITA COOLIDGE

Rita Coolidge, a two-time Grammy Award winner, has worked with Joe Cocker on his "Mad Dog and Englishman" tour and also toured and recorded with the likes of Eric Clapton, Jimi Hendrix, Bob Dylan, Leon Russell and Stephen Stills.

LEE CORSO

Lee Corso, a college football analyst for ESPN, joined the network in 1987 after 28 years of football coaching experience at the college and professional levels. He is a game analyst for Thursday night telecasts and is a studio analyst for College GameDay.

PAUL GLEASON

Paul Gleason is a very successful actor who has played a number of memorable roles including that of Clarence Beaks, the maligned courier of crop reports in "Trading Places" and the assistant principal in "The Breakfast Club."

BARBARA HARRIS

Barbara Harris is the Editor-In-Chief of SHAPE Magazine, the largest national monthly health and fitness publication for women in the United States. She lettered in volleyball at FSU from 1974-77.

TRAYLOR HOWARD

Traylor Howard is an actress best known for her role as "Sharon" in the ABC TV Series "Two Guys and a Girl." Her feature film credits include "Me, Myself & Irene," with Jim Carey (2000), "Dirty Work," and "Confessions of a Sexist Pig."

GABRIELLE REECE

Gabrielle Reece began modeling in 1989 and has appeared on numerous magazine covers. She is internationally recognized as a top fashion model and spokesperson for several companies, including Nike. Reece co-wrote a book with Karen Karbo (July 1997) about her life as a pro volleyball player "Big Girl in the Middle."

BURT REYNOLDS

Burt Reynolds, who has as enjoyed enormous success as an actor and director in feature films, television and stage productions, is a Golden Globe winner, Oscar nominee, Emmy Award winner, winner of 12 People's Choice Awards including five for favorite motion picture actor and three for favorite all-round male entertainer.

DR. TONEA STEWART

Dr. Tonea Stewart is a professional actress, tenured Professor and Director of Theatre Arts at Alabama State University. As an actor, she is best known for her recurring role in "In the Heat of the Night" as Aunt Etta Kibbe.

NORM THAGARD

Former NASA Astronaut, Norm Thagard, logged over 140 days in space during five space flights. He was a mission specialist on STS-7 in 1983 on Orbiter Challenger, the flight engineer on STS-51B in 1985, aboard Challenger and STS-30 in 1989, on Orbiter Atlantis, the payload commander on STS-42 in 1992, aboard the Shuttle Discovery and was the cosmonaut researcher on the Russian Mir 18 mission in 1995. He is currently on Faculty at FSU in the College of Engineering.

OTHER DISTINGUISHED ALUMNI:

Paul Azinger, professional golfer
Alan Ball, award-winning writer, received the 1999 Academy Award for Best Original Screenplay for "American Beauty"

John W. Bradley, actor, "The New Adventures of Robin Hood"

Clifton Campbell, playwright
Davis Gaines, performer, "The Phantom of the Opera"

Jane Geddes, professional golfer
Parris Glendinning, former Governor of Maryland

Hubert Green, professional golfer
Tara Dawn Holland Christensen, Miss America 1997

Linda Keever, Editor in Chief *Florida Trend Magazine*

Tony LaRussa, Manager, St. Louis Cardinals

John Marks, Tallahassee Mayor
DeLane Matthews, actress

Michael Piontek, actor
Henry Polic, actor
Charles G. Rex, New York Philharmonic

Victor Rivers, actor and spokesperson for The National Network To End Domestic Violence

Stephen J. Rothman, theatre director
Winston Scott, former NASA astronaut

Steven Sears, writer and producer
Randy Ser, theatrical director
Sonny Shroyer, actor, "The Dukes of Hazard"

Dr. Valint Vazsonyi, international concert pianist

Claudia Waite, award-winning soprano
Ellen Taaffe Zwilich, award-winning composer

Linda Zoghby, opera singer



Rita Coolidge



Paul Gleason



Traylor Howard



Gabrielle Reece



Dr. Tonea Stewart



Former astronaut Norm Thagard



Shape Magazine Editor-In-Chief Barbara Harris

ESPN GameDay's Lee Corso

Actor Burt Reynolds with former Seminole Warrick Dunn

ATHLETIC ADMINISTRATION

**DR. THOMAS KENT
"T.K." WETHERELL**
President, Florida State University



Dr. Thomas Kent "T.K." Wetherell was appointed president of Florida State University by the Florida State University Board of Trustees on Dec. 18, 2002, and he took office on Jan. 6, 2003.

Wetherell, an FSU alumnus, served as president of Tallahassee Community College from 1995 until 2001. Under his leadership, the college doubled its enrollment and the gross square footage of the main campus. He pioneered innovative academic programs, led the college into the top 25 community colleges in the nation awarding associate's degrees and solicited the college's first \$1 million scholarship donor. After stepping down as TCC president, he served as a lobbyist with the Southern Strategy Group.

Before assuming the presidency at TCC, he was president of Independent Colleges and Universities of Florida and was responsible for coordinating and promoting post secondary higher educational opportunities and programs in

Florida's private colleges.

He previously served in a number of capacities at Daytona Beach Community College, including provost and dean of instruction, vice president and president of academic and university transfer programs, vice president of district planning and development and executive assistant to the president. Before that, he served as associate professor of education at Bethune-Cookman College in Daytona Beach. He began his career as an academic counselor for student-athletes at FSU before going to Florida Technological University in Orlando where he was assistant to the deans of housing and then director of housing and administrative assistant to the vice president.

He served in the Florida House of Representatives from 1980 to 1992, the last two years as House Speaker. During his tenure in the House, he served as chairman of the appropriations committee and the higher education committee, and the Miami Herald named him one of the Top Ten Legislative Leaders in the House each year from 1987 through 1992.

Born Dec. 22, 1945, in Daytona Beach, Wetherell attended Port Orange Elementary School and Mainland Senior High School, where he was active in service clubs, student government and

athletics. He attended Florida State University on a football scholarship and played on the 1963-67 football teams. He earned his bachelor's and master's degrees in social studies education from FSU in 1967 and 1968 respectively. He earned a doctoral degree in education administration from FSU in 1974.

He has been inducted into Florida State University's Hall of Fame and was a recipient of the prestigious Moore-Stone Award, as well as the university's Distinguished Service Award.

Wetherell is married to Virginia B. Wetherell, who served as Secretary of the Florida Department of Environmental Protection from 1991 to 1998 and previously served as a state legislator representing Pensacola. She currently is president of Wetherell Consulting Services. They are the parents of three children, Kent, Blakely and Page, and have two grandchildren. Wetherell's personal interests include athletics, outdoor recreation, travel and aviation.

DAVE HART, JR.
Director of Athletics



His peers use terms and words such as class, integrity, respect, visionary and national leader to describe Dave Hart, Jr. Bolstered by his leadership and vision, the current and future state of a still young athletics

program at Florida State University is vibrant and inspiring. Hart is widely viewed as one of the nation's top athletics directors. It is a reputation he has earned.

Dave Hart begins his 11th year as Florida State's Athletics Director. Hart has led the FSU athletics program since 1995 with comprehensive success in mind. The athletics department budget has doubled from 20 to 40 million dollars since Hart arrived, with a high percentage of that increase going towards the growth and development of women's athletics programs at FSU. Student-athletes have reached new heights in academic performance within University, Conference and national circles. Community service participation by student-athletes is at an all-time high with every team giving back to the community throughout the year.





Florida State student-athletes, coaches, administrators and teams are being recognized nationally on a regular basis for honors and awards. Excellence in competition is evidenced across the board with the Seminoles finishing 22nd nationally in the Directors' Cup last year. Facility enhancements are remarkable and serve as a collective point of pride for current and former student-athletes, coaches, staff, alumni and fans.

In recognizing Hart's position within intercollegiate athletics, ACC Commissioner John Swofford said, "Dave Hart is one of the best and most respected athletics directors in the business. He thoroughly understands the nuances of major college athletics, and he has superb values to go along with his vast experience in the field. He is a proven leader within our conference as well as at the national level."

Hart has served on several prestigious committees at conference and national levels during his career in athletics administration. He has been a member of the NCAA Council, the NCAA Honors and Awards Committee and the NCAA Special Events and Postseason Bowls Committee as well as a consultant to the NCAA Student-Athlete Advisory Council.

Hart has also held positions of considerable influence within conference and national circles. He served as President of both the National Association of Collegiate Directors of Athletics and the Division I-A Athletics Directors' Association. Hart has been recognized by his peers in intercollegiate administration with the honor of being named Athletics Director of the Year in the Southeast Region in 2000 and 2005. In the six year existence of the AD of the Year Award, he

is one of only three athletics directors' in Division I-A to receive the regional award twice. He has also received the Robert R. Neyland Award for lifetime achievement in his profession as well as the Athletics Directors' Award for advancing the quality and progress of student-athletes and the athletics program while at Florida State. He currently is a member of the NCAA Football Board of Directors where he represents NACDA and serves with commissioners of Division I-A conferences as well as NCAA President, Myles Brand. He is also one of six athletics directors nationally who serve as an advisory group to presidents and conference commissioners in ongoing meetings and discussions regarding BCS format options and related issues. In addition to serving in prominent leadership roles nationally, Hart has been directly involved in the renegotiations of the ACC's football and basketball television contracts, which are considered to be the nation's best. He has chaired the ACC Television Committee as well as the ACC Men's Basketball and Football committees. A long-time advocate of conference expansion, Hart played an instrumental role in the Atlantic Coast Conference expansion process

which resulted in the addition of three new members in Miami, Virginia Tech and Boston College while immediately elevating the national profile of the ACC.

A popular speaker at the national level, Hart has made numerous speaking presentations nationally and presented seminars on such topics as student-athlete welfare, marketing, gender equity, facility master planning, negotiation skills and personnel transition. He was an instructor at the National Association of Collegiate Directors of Athletics Management Institute for ten years and currently is an annual presenter at the Division I-A Athletics Directors' Institute sharing with peers his knowledge and experiences relating to athletics administration.

Since his arrival at Florida State, Hart has negotiated unprecedented multi-million dollar contracts for the department totaling in excess of 90 million dollars while planning and guiding the development and implementation of an extensive and comprehensive facilities master plan for athletics totaling more than 100 million dollars. He initiated a multi-faceted Student Development/Life Skills program for all student-athletes at FSU, which has been recognized nationally as a "Program of Excellence" by the Division I-A Athletics Directors' Association. He also spearheaded the rewriting of the department's mission statement to put the student-athlete at the core of everything the athletics department does in its goal to build comprehensive excellence throughout the many components of the department.

Hart took a leadership role in the athletics department's first major Capital Campaign, in concert with Seminole Boosters, which raised over 75 million dollars for athletics facilities and endowed athletics scholarships for all sports at Florida State. Within the Facilities Master Plan, the Soccer/Softball facility was the first new facility to be built and remains one of the nation's finest. Major renovations to the Tennis and Volleyball facilities have also been completed. The state-of-the-art Golf Facility and Teaching Center and the Basketball Training Center are now in place. The Dick Howser Baseball Stadium project, as well as the

UNIVERSITY ADMINISTRATION

<i>President</i>	Dr. T.K. Wetherell
<i>Provost</i>	Lawrence G. Abele
<i>Dean of the Faculties & Deputy Provost</i>	Dr. Anne Rowe
<i>Vice President for Research</i>	Dr. Kirby Kemper
<i>Vice President for Student Affairs</i>	Mary Coburn
<i>Vice President for Finance & Administration</i>	John R. Carnaghi
<i>Vice President for University Relations</i>	Lee Hinkle

new Moore Athletics Center, were completed within the past year. A new aquatics facility and completion of the renovation to the Mike Long Track building are ongoing priorities. The planned "Legacy Walk" will ultimately showcase FSU tradition and Athletics heritage around the University Center.

Hart has made major hires within coaching and administrative areas of the department, while dramatically increasing exposure for all Seminole Athletics since his arrival at FSU. Through the negotiation of television contracts with Sun Sports as well as ACC contracts with regional sports carriers and ABC and ESPN, Florida State enjoys outstanding visibility in all sports on an annual basis.

Under Hart's direction, FSU formalized a varsity club to encourage the participation of former student-athletes in athletics department activities and a new focus has been placed on the growth of women's athletics at FSU. That commitment is reflected in the increased allocation of funding and facility improvements, such as the Soccer/Softball Complex. Also during Hart's tenure, FSU has been home to the inaugural National Student-Athlete of the Year as well as the NCAA's State of Florida Woman of the Year. A record number of FSU student-athletes have made the ACC Academic Honor Roll, been recipients of NCAA post-graduate scholarship awards and obtained degrees during the past ten years. Student-athlete community service involvement has become a priority since Hart's arrival. Student-athletes at FSU contributed over 4,700 recorded hours this past year to community outreach projects with the women's golf team winning the Athletics Director's Cup for community service.

Football and baseball continue to compete at the highest level nationally during Hart's tenure as both the football and baseball programs have played in national championship games while continuing to excel in conference play. The commitment to build men's and women's basketball into a conference and national contender is very tangible. A 20 million dollar renovation to the Leon County Civic Center and a new 10 million dollar Basketball Training Center are a source of pride for the men's and women's basketball programs.

A 1971 graduate of Alabama, Hart played basketball for the Crimson Tide and earned a master's degree in 1972 while serving as a graduate assistant basketball coach. He coached and taught at the high school level before joining the East Carolina athletics program in 1983 where his vision and leadership enabled that program to reach goals thought to be unattainable.



Hart met his wife, the former Pam Humble, while at Alabama and they have three children, Rick, Jamie and Kelly. The Harts' also have three grandchildren, Trevor, Caroline and McKinley.

KIM RECORD Senior Associate Director of Athletics Basketball Operations



Kim Record is in her 11th year as senior associate athletics director at Florida State.

Record is a veteran of Atlantic Coast Conference circles having served as an associate athletics director at her

alma mater, the University of Virginia, for seven years.

She is the primary administrator overseeing the Seminole men's and women's basketball teams and soccer programs. Her responsibilities also include coordination and oversight of all multi-media contracts, assisting in the management of all phases of the department operation and overseeing the areas of sports information and sports marketing.

Prominent on the national scene, Record served on the executive committee of NACDA and is a member of the NCAA Women's Soccer Committee, NACDA's Continuing Education Program and the USS Sports Academy Director's Cup Committee.

A native of Troy, Virginia, Record received her bachelor's degree in sociology from Virginia in 1984 and her master's

degree from Florida State in 1999. She has two sons: Kyle (17) and Joshua (12).

DR. DIANNE F. HARRISON Vice President for Academic Quality and External Programs and Dean of Graduate Studies



As Chair of the Athletics Committee, Dr. Dianne F. Harrison, Vice President for Academic Quality and External Programs at Florida State University, is a vital link with the National Collegiate

Athletic Association and the Atlantic Coast Conference as the NCAA Faculty Representative for FSU.

Dr. Harrison has been a member of the FSU faculty since 1976. She received her doctoral degree from Washington University in St. Louis, The George Warren Brown School of Social Work and The Graduate School of Arts and Sciences, and her MSW degree from the University of Alabama Graduate School of Social Work. Her undergraduate degree is also from the University of Alabama, School of Arts and Sciences where she majored in American Studies and minored in English.

As Vice President for Academic Quality and External Programs, Dr. Harrison is the chief administrator for all academic program reviews at the undergraduate through doctoral levels, includ-

ing seventeen different colleges and schools, on-line degree programs, international course and degree offerings, and all branch campuses. She is the institutional liaison to the Southern Association of Colleges and Schools (SACS), FSU's regional accrediting body. She has served as the FSU Title IX Coordinator and chair of the Equity in Athletics Committee. Dr. Harrison currently serves on the NCAA Division I Championships/Competition Cabinet and the NCAA Region 3 Postgraduate Scholarship Committee. She serves on the ACC Committees on Sportmanship, Postgraduate Scholarships, and Infractions and Penalties.

From 1994-2000, Dr. Harrison served as Dean and Professor at the FSU School of Social Work. Her experience in the social work field spans over 30 years. Her areas of teaching and research specialization include: social work education, negotiation and conflict resolution, intervention research and HIV prevention. She recently completed her ninth year of NIH funding focused on HIV prevention approaches with culturally diverse women and couples. Under the auspices of the School of Social Work, she helped to found the nationally known Boys' Choir of Tallahassee. In 2000, she was awarded the "Making a Difference" Award by the Jesse Ball DuPont Fund and was the NASW Big Bend Unit Social Worker of the Year.

Dr. Harrison has published books and numerous journal articles for social work and related research journals.

Recent books focused on cultural diversity in social work practice and on academic job searches. She has served on the boards and committees of over 50 organizations and community groups. She frequently serves as an expert grant reviewer for the

National Institutes of Health.

Dr. Harrison has two children, Melissa and John Paul Montgomery. The fifth of seven children, she grew up in Mobile, Alabama and Short Hills, New Jersey.

ATHLETIC ADMINISTRATION STAFF



CHARLIE CARR
Senior Associate
Director of Athletics



CHARLES HURST
Executive Associate
Director of Athletics
for Internal Affairs



BOB MINNIX
Associate Director of
Athletics for
Compliance



ANDY URBANIC
Associate Director of
Athletics for
Football Operations
& Special Projects



PAM OVERTON
Associate Director of
Athletics/SWA



GREG PHILLIPS
Associate Director of
Athletics for
Business, Tickets
and Information



BERNIE WAXMAN
Associate Director
of Athletics for Facility
Planning,
Operations & Event
Management

ATHLETICS DEPARTMENT MISSION STATEMENT

The Mission of the Department of Intercollegiate Athletics at Florida State University shall be to produce National Collegiate Athletic Association (NCAA) Division I programs for men and women equally characterized by excellence. In addition, the Department strives to be recognized as a campus leader in terms of its ethics, non-discrimination and unquestioned fiscal integrity.

Excellence in intercollegiate athletics programs is determined by academic achievement in the classroom, as well as development of character, maturity and a sense of fair play in athletic competition. Such excellence engenders support for the University among its constituent groups including students, faculty, alumni, and friends at all levels of interest. The Department shall subscribe fully to the philosophy and regulations set forth by the National Collegiate Athletic Association and operate within the fiscal regulations and non-discriminatory procedures established by the Florida State University Board of Trustees and the Florida Legislature.

It is the explicit philosophy of the Department that our student-athletes will be strongly encouraged and supported in their endeavors to progress toward a degree while simultaneously participating in intercollegiate athletic program whose environment is consistent with the highest standards of academic scholarship, sportsmanship, ethics, and institutional loyalty.

Finally, the decisions and priorities of the Department should always focus on our student-athletes first, as individuals; second, as students; and third, as athletes.

THIS IS THE ACC

THE TRADITION

Consistency. It is the mark of true excellence in any endeavor. However, in today's intercollegiate athletics, competition has become so balanced and so competitive that it is virtually impossible to maintain a high level of consistency.

Yet the Atlantic Coast Conference has defied the odds. Now in its 53rd year of competition, the ACC has long enjoyed the reputation as one of the strongest and most competitive intercollegiate conferences in the nation. And that is not mere conjecture, the numbers support it.

Since the league's inception in 1953, ACC schools have captured 94 national championships, including 49 in women's competition and 45 in men's. In addition, NCAA individual titles have gone to ACC student-athletes 119 times in men's competition and 61 times in women's action.

Since the inception of women's basketball in the ACC in 1977, a tradition of excellence has been established.

Over the years, ACC women's basketball teams have gained global recognition through their television exposure. The 2005-06 schedule features 40 televised games, including 11 national telecasts (six games on Fox Sports Net and affiliates and five on espn2). In addition, 29 match-ups will be featured on the league's regional sports network which includes Comcast SportsNet, Fox Sports Net South and Sun Sports. In all, the ACC will make 75 television appearances this season.

The league's women's basketball programs rank among the best in the country in terms of the NCAA Tournament, having made 103 appearances and won 137 games in the last 28 years, 11 of

them as a number one seed. The league boasts such national accomplishments as sending at least one team to the "Sweet 16" for 17 consecutive years. The conference has also made ten trips to the Final Four in the last 24 years with two teams finishing second and North Carolina capturing the National Championship in 1994.

Since 1989, the ACC has placed nine players on the All-Final Four team, including Staley and Smith, who were dubbed Most Outstanding Players. In all, 50 ACC players have been named to NCAA Tournament All-Region teams, with eight Most Outstanding Player recognitions.

Three players have garnered national player of the year accolades while competing under the ACC banner. Virginia's Dawn Staley was a back-to-back selection in 1991 and 1992, while North Carolina's Charlotte Smith received the ESPY award in 1995. Duke's Alana Beard was recognized with national player of the year honors in both 2003 and 2004.

Five league coaches have combined to earn 11 national coach of the year awards. Duke's Gail Goestenkors, North Carolina's Sylvia Hatchell, Virginia's Debbie Ryan, Maryland's Chris Weller and NC State's Kay Yow have all garnered national recognition.

Seven ACC representatives, including coaches and student-athletes, have participated in the Olympics. NC State's Kay Yow, assisted by Sylvia Hatchell of North Carolina, headed up the 1988 gold medal-winning Olympic team. Maryland's Vicky Bullett was a member of both the 1988 and 1992 Olympic teams. Three-time Olympian and Virginia graduate, Dawn Staley struck gold in Athens as a member of the 2004 Olympic squad. Duke's Gail Goestenkors served as an assistant coach on the gold-

medal winning team in Athens.

Since the inaugural season of the Women's National Basketball Association in 1997, the ACC has been a recognizable presence in the league. Forty-three former ACC stars have played on the hardwood in the WNBA, while five former players have worked the sidelines as coaches.

The ACC also stands at the forefront of intercollegiate athletics in terms of the academic accomplishments of its student-athletes. Since 1983, 381 women's basketball players have received ACC Academic Honor Roll recognition. The 2003-04 academic year included 39 selections. In addition, ACC women's basketball players have earned first-team Academic All-America honors six times, including Virginia's Val Ackerman in 1981, the former President of the WNBA. In 1997, NC State's Jennifer Howard was tabbed GTE CoSIDA Academic Player of the Year after posting a 4.0 grade point average throughout her career. Thirteen players have earned ACC postgraduate scholarships, while three others were named NCAA Postgraduate Scholars.

2004-05 IN REVIEW

The 2004-05 academic year concluded with the league pocketing three more national team titles and seven individual NCAA crowns. In all, the ACC has won 51 national team titles over the last 15 years.

The ACC's 2004-05 national championships were Wake Forest in field hockey, North Carolina in men's basketball and Duke in women's golf. In addition, a total of 181 student-athletes from the ACC earned first, second or third-team All-America honors this past year.

THE CHAMPIONSHIPS

The conference will conduct championship competition in 25 sports during the 2005-06 academic year — 12 for men and 13 for women.

The first ACC championship was held in swimming on February 25, 1954. The conference did not conduct championships in cross country, wrestling or tennis during the first year.

The 12 sports for men include football, cross country, soccer, basketball, swimming, indoor and outdoor track, wrestling, baseball, tennis, golf and lacrosse. Fencing, which was started in 1971, was discontinued in 1981.

Women's sports were initiated in 1977 with the first championship meet being held in tennis at Wake Forest University.

Championships for women are currently conducted in cross country, volleyball, field hockey, soccer, basketball,





swimming, indoor and outdoor track, tennis, golf, lacrosse, softball and rowing.

A HISTORY

The Atlantic Coast Conference was founded on May 8, 1953, at the Sedgefield Inn near Greensboro, N.C., with seven charter members — Clemson, Duke, Maryland, North Carolina, North Carolina State, South Carolina and Wake Forest - drawing up the conference by-laws.

The withdrawal of seven schools from the Southern Conference came early on the morning of May 8, 1953, during the Southern Conference's annual spring meeting. On June 14, 1953, the seven members met in Raleigh, N.C., where a set of bylaws was adopted and the name became officially the Atlantic Coast Conference.

Suggestions from fans for the name of the new conference appeared in the region's newspapers prior to the meeting in Raleigh. Some of the names suggested were: Dixie, Mid South, Mid Atlantic, East Coast, Seaboard, Colonial, Tobacco, Blue-Gray, Piedmont, Southern Seven and the Shoreline.

Duke's Eddie Cameron recommended that the name of the conference be the

Atlantic Coast Conference, and the motion was passed unanimously. The meeting concluded with each member institution assessed \$200.00 to pay for conference expenses.

On December 4, 1953, conference officials met again at Sedgefield and officially admitted the University of Virginia as the league's eighth member. The first, and only, withdrawal of a school from the ACC came on June 30, 1971, when the University of South Carolina tendered its resignation.

The ACC operated with seven members until April 3, 1978, when the Georgia Institute of Technology was admitted. The Atlanta school had withdrawn from the Southeastern Conference in January of 1964.

The ACC expanded to nine members on July 1, 1991, with the addition of Florida State University.

The conference expanded to 11 members on July 1, 2004, with the addition of the University of Miami and Virginia Polytechnic Institute and State University. On October 17, 2003, Boston College accepted an invitation to become the league's 12th member starting July 1, 2005.



Former Seminole Sue Galkantas, pictured with Commissioner John Swofford and Associate Commissioner Bernadette McGlade, was honored as an ACC Legend at the 2005 ACC Basketball Tournament.

SCHOOL AFFILIATIONS

BOSTON COLLEGE — Charter member of the Big East Conference in 1979; joined the ACC in July, 2005.

CLEMSON — Charter member of the Southern Intercollegiate Athletic Association in 1894, a charter member of the Southern Conference in 1921, a charter member of the Atlantic Coast Conference (ACC) in 1953.

DUKE — Joined the Southern Conference in December, 1928; charter member of the ACC in 1953.

FLORIDA STATE — Charter member of the Dixie Conference in 1948; joined the Metro Conference in July, 1976; joined the ACC July, 1991.

GEORGIA TECH — Charter member of the Southern Intercollegiate Athletic Association in 1894, charter member of Southern Conference in 1921, charter member of the SEC in 1932, joined the ACC in April, 1978.

MARYLAND — Charter member of the Southern Conference in 1921, charter member of the ACC in 1953.

MIAMI — Charter member of the Big East Football Conference in 1991; joined the ACC in July, 2004.

NORTH CAROLINA — Charter member of the Southern Intercollegiate Athletic Association in 1894, charter member of the Southern Conference in 1921, charter member of the ACC in 1953.

NC STATE — Charter member of the Southern Conference in 1921; charter member of the ACC in 1953.

VIRGINIA — Charter member of the Southern Intercollegiate Athletic Association in 1894, charter member of the Southern Conference in 1921, resigned from Southern Conference in December 1936, joined the ACC in December, 1953.

VIRGINIA TECH — Charter member of the Southern Conference in 1921; withdrew from the Southern Conference in June, 1965; became a charter member of the Big East Football Conference in Feb. 5, 1991; joined the ACC in July, 2004.

WAKE FOREST — Joined the Southern Conference in February, 1936, charter member of the ACC in 1953.

ACADEMIC SUPPORT

AN OVERVIEW OF AN AWARD-WINNING ACADEMIC SUPPORT PROGRAM

Academic, personal and professional support is essential to college success. At The Florida State University, an outstanding support program has been developed that enables student-athletes to reach their full potential.

Florida State Athletic Academic Support Program Director, Mark Meloney states, "Our philosophy is to offer an academic support program integrated with the total University that will assist all student-athletes with the transition into college and provide continued support in all phases of academic and professional development, culminating with graduation, job placement or graduate school."

FSU's program operates on a "proactive" rather than "reactive" approach. The academic staff does not wait for crises to occur. They gather important background information on each entering student-athlete, build an academic profile, and develop individualized support programs which are tailored to the unique needs of each student-athlete. They also stay informed on the daily progress of the student-athletes through consistent communication with the Florida State faculty.

In the summer of 2004, the Academic Support Program moved into their new home, a state-of-the-art facility in the newly constructed Moore Athletic Center. Some of features of the new academic support area



include a 32-station computer lab for student-athletes, 10 private tutorial rooms and a five-station "Learning Center" for student-athletes with learning deficiencies

and/or disabilities. The compliance, student services, business, sports information and athletics marketing offices are also housed in the facility, providing a more efficient and functional department, thus allowing student-athletes an opportunity for balance and improved time-management.



TUTOR & MENTOR PROGRAM

The athletics department at Florida State University has made a commitment to providing the student-athletes with one of the finest and most comprehensive tutorial and mentor programs in the nation. The tutorial program is just one of several key support services that is available to all student-athletes as they progress towards their ultimate goal of obtaining a college degree. FSU hires approximately 50 tutors a year, from a variety of academic departments, who are committed to providing a proactive, individualized approach in assisting student-athletes with course comprehension and study skills. In addition, mentors are academic role models who have demonstrated the ability to teach and give guidance in areas of academic developmental skills. They are responsible

for providing assistance in the development of skills such as note taking, test preparation and communication with faculty. In essence, mentors become an extension of the academic counselor as they keep the academic performance of their student-athletes under close observation and report to the academic counselors each week.

STUDY HALL

In an effort to help ensure the academic success of the student-athletes, professionally supervised study sessions for each athletic team are organized. The main focus of the study hall program is to help students develop consistent and appropriate study patterns by providing a structured setting to work on class assignments and to provide tutorial assistance before academic problems arise. Although the criteria for study hall is left to the discretion of each academic counselor, typically most freshmen, first year transfers, and upperclassmen who have not yet achieved a satisfactory cumulative grade point average are asked to attend study hall.

ACADEMIC HONORS & AWARDS

Florida State University student-athletes have achieved great success in obtaining recognition for academic excellence. More than \$250,000 in Postgraduate Scholarship monies have been granted to FSU student-athletes over the past 10 years, as well as numerous other academic honors and awards.

Florida State University named 169 student-athletes to the 2005 Atlantic Coast Conference Honor Roll. In the 2004-05 academic year alone, Florida State boasted three ACC Weaver James Corrigan Postgraduate Scholarship winners, one NCAA Postgraduate Scholarship finalist,

FLORIDA STATE'S ACC ACADEMIC HONOR ROLL SELECTIONS

- 1991-92 Robin Corn, Christy Derlak, Danielle Ryan
- 1992-93 Christy Derlak, Danielle Ryan, Allison Peercy
- 1993-94 Christy Derlak, Allison Peercy, Liberty Taylor, Angela Atkinson, Michelle Frank
- 1994-95 Allison Peercy, Liberty Taylor, Katina Cobbins, Wendy Hampton, Anja Pedersen
- 1995-96 Wendy Hampton, Kristen Parker, Leslie Waugh, Carla Williams
- 1996-97 .. Arleshia Davidson, Wendy Hampton, Kristen Parker, Leslie Waugh
- 1997-98 Arleshia Davidson, Vanessa Fuchs, Wendy Hampton, Latrice McLin, Jen Robinson, Leslie Waugh, Brooke Wyckoff
- 1998-99 Arleshia Davidson, Vanessa Fuchs, Val Linley, Jen Robinson, Lakesha Springle, Angela Sutton, Brooke Wyckoff
- 1999-00 Latavia Coleman, Molly Beal, Brooke Wyckoff, Vanessa Fuchs, Lauren Bradley, Levys Torres, Katelyn Vujas
- 2000-01 Molly Beal, Lauren Bradley, Vanessa Fuchs, Petra Hofmann, Lakesha Springle, Brooke Wyckoff
- 2001-02 Lauren Bradley, Genesis Choice, Linnea Liljestrand, Kim Small
- 2002-03 Ganiyat Adeduntan, Lauren Bradley, Holly Johnson, Linnea Liljestrand, Tasheika Allen
- 2003-04 Ganiyat Adeduntan, Nikki Anthony, Lauren Bradley, Alicia Gladden, Holly Johnson, Linnea Liljestrand, LaQuinta Neely
- 2004-05 Ganiyat Adeduntan, Nikki Anthony, Alicia Gladden, Christie Lautsch, Linnea Liljestrand, Hannah Linquist

two Arthur Ashe Jr. Sports Scholar Award winners, two District Academic All-Americans and three National Academic All-Americans.

The Academic Support Program is committed to recognizing the academic success of all student-athletes. The athletics department, in conjunction with Seminole

Boosters, Inc., puts on the annual "Golden Torch Gala," a black-tie academic awards banquet, each fall. The ACC Honor Roll student-athletes, as well as the individuals with the highest GPA on their respective teams, and the men's and women's teams with the highest GPA are recognized at this event.



ACADEMIC SUPPORT STAFF

MARK P. MELENEY



Mark Meleney is in his 10th year as the Director of the Athletic Academic Support Program. He brings to the position 20 years of advising experience at FSU. Over the past nine years, Meleney has

played an integral role in the development of a comprehensive program of student-athlete support, which in 1996 won an "Award of Excellence" (from *Athletic Management Magazine*). Meleney directs a staff of six professional counselors, two graduate assistants, and an administrative assistant.

In addition to his duties directing the Academic Support Program, Meleney evaluates all recruits for their academic potential, monitors academic progress and eligibility for student athletes, and serves as a liaison to the academic community. He also serves as a member of the administrative team for both the Athletic Department and the Division of Undergraduate Studies.

A native of Iowa, Meleney began his college education at Buena Vista College, where he earned varsity letters in football and baseball. Upon transferring to Florida State University, he earned bachelor's degrees in management and

finance in 1986 and received his M.S. degree in athletic administration in April 1997. A member of the National Association of Academic Advisors for Athletes (N4A), Meleney is married to the former Sarah Cawthon and they have a 12-year-old daughter, Montana Shea.

DR. BRENDA MONK



Dr. Brenda Monk is in her fifth year with the Athletic Academic Support Program. Dr. Monk serves as an Assistant Director of the Academic Support Program. As a learning specialist, she

works hands-on with student-athletes with individualized learning needs. Dr. Monk has implemented an Educational Services Program that is designed to meet the needs of student-athletes diagnosed with moderate academic deficiencies and assist with their progress towards graduation.

Mark Meleney, Program Director, describes Dr. Monk's contribution as one that, "greatly enhances our student-athlete retention rates." Florida State University is one of a handful of schools nationally to have a learning specialist on staff within the Athletic Academic Support Program. Florida State University continues to lead the nation in its services to students with

learning difficulties.

A native Mississippian, Dr. Monk served in a variety of educational positions throughout her career. She came to Florida State after serving as a principal, special education teacher and supervisor and school psychologist in the Rankin County School District in Brandon, Mississippi. She earned her bachelor's and master's degrees in education from the University of Mississippi. Dr. Monk also earned an educational specialist degree in 1986 from Jackson State University, and in 1993, earned a Ph.D. in education administration from Mississippi State University.

Dr. Monk is a member of the Association of Supervision and Curriculum Development, Association on Higher Education and Disability, and the National Association of Academic Advisors for Athletics. She has three children, Julie (Scott) Loftin, Josh and Allison, and grandson Will Loftin.

AARON VAUSE

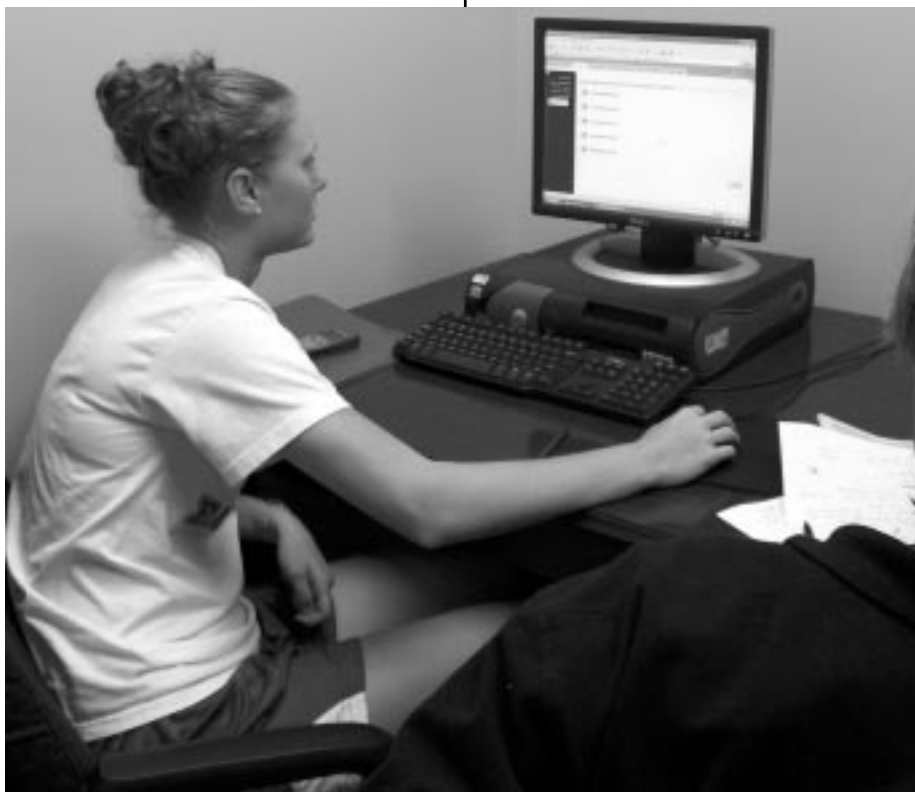


Aaron Vause is in his sixth year as a member of the Florida State Athletics Academic Support staff and his second year as the academic counselor for the women's basketball team. Vause, a Palatka,

Fl., native also handles the academic counseling for the men's track and field and cross country teams.

Vause earned a bachelor's degree in physical education from Florida State in 2000 and went on to receive a master's degree in physical education and sports administration in 2002. He began working as a graduate assistant in the FSU Athletics Academic Support office in 2000 where he served as an assistant to the football advisor for a year and a half. Vause also coached football at Godby High School in 1999.

In addition to his advising responsibilities, Vause works with all prospective student-athletes during the pre-enrollment process. He works with the coaches, prospective student-athletes and the university from their first on-campus visit, where admission requirements are discussed, until the first day of orientation at FSU. Additionally, Vause also occupies the role of liaison between the university and the NCAA Clearinghouse for Florida State Athletics. Over his tenure with the department, Vause has worked with many of the Seminole athletic teams, including swimming and diving.



BASKETBALL TRAINING CENTER



A view from Madison Avenue



Two regulation-sized basketball courts are located on the second floor of the facility. A balcony from the level of the coaches offices overlooks the courts.



The third level entrance, located on the north side of the complex, connects to a walkway leading directly to the Tucker Civic Center.



The coaches office suite is on the third floor, which has a balcony overlooking the practice courts.



The locker room, located on the first floor, consists of four rooms: the player lounge, the study room, the dressing and locker room and the restroom and shower area.



The team meeting room, strength and conditioning room and athletic training room are located on the second floor, just across the hall from the practice courts.

STRENGTH & CONDITIONING



Dave Plettl, who is in his sixth year as an assistant strength and conditioning coach at Florida State, works primarily with the women's basketball and men's tennis programs. He individually customizes programs for each of the athletes beginning with pre-conditioning before the season gets underway.

Last spring, Plettl, a native of Bailey, Colo., was named Master Strength and Conditioning Coach by the Collegiate Strength and Conditioning Coaches association (CSCCa). The honor is the highest given in the strength and conditioning profession and highlighted the organization's conference held in Salt Lake City last May.

"This is an incredible honor for Dave," CSCCa Executive Director Chuck Stiggins said. "Being named a Master Strength and Conditioning Coach signifies a commitment to student-athletes, a commitment to Florida State University athletics and a commitment to his profession. We are honored to have Dave as a member of our association. He is truly a standard bearer to all strength and conditioning coaches nationwide."

Plettl, and six other coaches who received the honor in May, joined the existing 43 Master Strength & Conditioning Coaches, bringing the total number of MSCC's in the world to 50.

"Dave is so deserving of this prestigious award," FSU women's basketball coach Sue Semrau said. "His role as strength and

conditioning coach for our team has played a vital role in the success of our program. His knowledge and ability to connect with people is second to none."

Plettl is a 1991 graduate of the University of Colorado, where he earned a Bachelor's degree in political science and history. He came to Florida State from the University of Texas where he served two years as an assistant strength and conditioning coach with the football, men's tennis, women's golf and rowing programs.

While at Colorado, Plettl worked as a student assistant athletic trainer his first year and then moved to the strength and conditioning staff in 1987 where he spent the next 10 years. Plettl was a student assistant/graduate assistant from 1987-92, the interim coach from 1992-93 and associate strength and conditioning coach from 1993-97. Plettl received Master specialist in Sports Conditioning from the International Sports Sciences Association in September 2001 as well as by the Collegiate Strength and Conditioning Coaches Association in May 2004. He was recently appointed to the Board of Directors of the National Association of Speed and Explosion (NASE).

He and his wife, the former Christa Miller, are the proud parents of two daughters, four-year-old Lydia Rose and Rebecca Rose, who will turn two in February and are expecting a son, Samuel David, in December.



BUILDING CHAMPIONS

The FSU strength and conditioning program is designed to improve athletic performance through an individualized regimen of stretching, lifting, speed, power, agility and conditioning drills. The goal of the program is to maximize the on-court performance of each athlete, while reducing the risk of injury.

Physical development is critical in order to excel at the collegiate level. FSU's strength and conditioning staff is continuously researching and following the most scientifically sound and up-to-date principles of strength training to safely maximize the athletic potential of its players.

The FSU strength and conditioning staff's focus continues to revolve around building — building stronger and better athletes as well as building new facilities. This is an exciting time for the Seminole strength and conditioning program. FSU's goal is to provide the best athletes in the nation with the best resources and tools in the nation. This includes providing the most state-of-the-art facilities and equipment. Florida State's new basketball strength and conditioning facility, located in the new FSU Basketball Training Center, gives the Seminole staff the best platform to train its athletes to their full athletic potential.



THE PROGRAM

“Not having a plan is planning to fail.” Conditioning for basketball must be carefully planned out, otherwise, you can make the mistake of creating bodybuilders, power lifters, marathon runners or football players. We **MUST** basketball build. The only way to basketball build is to understand the principles that govern the game itself, then apply the exercises, sets, reps and intensity that match those characteristics of the game. But before improving our physical level of play, a more important element will **ALWAYS** come first and that is the mental aspect we call **CHARACTER**.

In building better basketball players, the top priority in Florida State conditioning is that we believe character is above all else. There must be great attitude and effort before we see any success in the weight room or on the basketball court. In order to be in the greatest basketball shape of your life, intense training is needed, not just at given times, but over time. Commitment and toughness are the necessary traits that our players need for continual improvement. Only by character, can we reach the highest level of conditioning.

As for the physical aspect of conditioning, at Florida State we will train all five aspects of conditioning: speed, strength, agility, endurance, and flexibility. However, in any sport, especially basketball, speed is king. Each aspect of conditioning has to point toward building speed. Speed is seen in sprinting, jumping and changing directions, which are critical to the game of



basketball. Strength by itself creates a stronger player, but also a slower one. The man who can bench 500 pounds and squat 700 pounds can never run fast enough or jump high enough to compete at the higher levels of basketball. Strength is important, but **ONLY** when it gives birth to speed.

Another example is endurance. Endurance by itself will allow you to run longer but it will not increase your speed, thus you may be fresh after the game, but you got beat during it. The plan has to be that you train all of these areas so that you can be explosive, not only for a given effort, but for the whole game, and then the whole season.

We attack our basketball conditioning training at Florida State by executing exercises that tax the nervous system, energy system and the muscles exactly like the game itself. The program must implement fast, quick and intense exercises so that it transfers to the game. When the program is executed over time, day-after-day, week-after-week, month-after-month, and finally, year-after-year, the end result is you have a highly trained basketball machine.



THE SEMINOLE BASKETBALL STRENGTH AND CONDITIONING FACILITY

The basketball strength and conditioning facility, located on the second floor of the Florida State Basketball Training Center, is a 2,300 square foot complex that includes state of the art aerobic and basketball-specific weight training equipment as well as a state of the art sound system. The facility is placed right next to the Seminole training room and just across the hall from the basketball practice floor. Strength coach Dave Plettl's office is located within the area making him very accessible to not only the athletes who are working out in the facility, but the players who are conditioning and practicing on the court as well.

“This basketball facility has been created in such a way where it gives each athlete a chance to train in *any* way,” Plettl said. “It's got state of the art equipment which allows us to apply every single principle possible to get kids faster, stronger and better. I'm very excited about it. It's just for basketball and not very many programs have the luxury of having its own strength and conditioning facility.”

MEDICAL CARE & TREATMENT



includes District 9 Multi-Media Committee member, NATABOC certified examiner, NATABOC examiner trainer, NATABOC District 9 examiner workshop coordinator and approved Clinical Instructor for the Athletic Training Program. A well-respected professional, Hammons received the 2000 ATAF Athletic Trainer of the Year Award and the 2002 ATAF Backbone Award. He is also a CPR and First Aid instructor for the American Red Cross.

Hammons is married to the former Glenda Quarles who is a teacher in the Leon County School System.

Assistant Athletic Trainer Bob Hammons joined the Florida State staff in September 2003 and is in his third season working with the Seminoles. Bob is currently working his 13th year as a Certified Athletic Trainer. Hammons came to Tallahassee from Orlando, Fla., where he was the Head Athletic Trainer at Disney's Wide World of Sports Complex. Hammons, who has lived in Florida for ten years, earned his bachelor's and master's degrees from the University of Nebraska-Lincoln.

Active in his field, Hammons just finished serving his seventh year as the Education Committee Chair for the Athletic Trainers' Association of Florida. His other current professional involvement



TEAM PHYSICIANS



DR. BOB ORSILLO
Team Optometrist



DR. KRIS STOWERS
Team Physician



DR. WILLIAM THOMPSON
Team Physician



DR. JOHN VAN TASSEL
Team Chiropractor



DR. ANDREW WONG
Team Physician

An athlete can expect to receive the best care and treatment possible with the athletic training team at Florida State University. Prior to competition, all FSU student-athletes undergo screening in order to detect any potential injuries. If a problem is detected, the athlete may be placed on a preventative care system, which may include any kind of treatment from icing to rehabilitation.



Alda Williams
Student Athletic Trainer

Though the prevention of injuries is the main objective, some injuries are unavoidable. Rehabilitation is another component of the Florida State training room. The FSU athletic training staff will work with the athlete and provide an intense rehabilitation schedule that will allow the athlete to successfully rehabilitate after an injury. Some injuries and illnesses may be referred to the Seminole team physicians at the Tallahassee Orthopedic Center, that, for many years, have worked in conjunction with the FSU athletic training staff in successfully rehabilitating athletes after an injury.



THE SEMINOLE BASKETBALL ATHLETIC TRAINING FACILITY

Although the basketball athletic training facility is considered a “satellite” training room, the 1,400 square foot area can stand on its own. Located on the second floor of the Florida State Basketball Training Center, the basketball athletic training facility is fully equipped and operational.

The facility, used solely for the men’s and women’s basketball programs, includes rehabilitation equipment, medical supplies, taping supplies, doctor’s equipment, four whirlpools, six treatment tables, a taping table and six stim machines. It is placed right next to the Seminole strength and conditioning facility and just across the hall from the basketball practice floor. Women’s Basketball Athletic Trainer Bob Hammons has an office located within the facility.

“Having state-of-the-art athletic training facilities at Florida State is a great benefit not only for our women’s basketball players, but for all of our student-athletes,” Hammons said. “Having this training facility within feet of the practice court is a tremendous advantage from most importantly, a safety perspective, but also from a convenience point of view. The players can go from their locker room to the training room and right onto the court which makes things easier for everyone.”



NCAA COMPLIANCE

The following information is provided by the Florida State Office of Compliance for prospective student athletes. It is intended as a guideline to introduce some of the rules governing NCAA athletic involvement.

WHO IS PERMITTED TO RECRUIT FOR FSU?

Only Florida State University coaches who have successfully completed the NCAA Recruiting Rules Examination on an annual basis may be involved in the recruitment process. Representatives of our athletics interests may not make any recruiting contacts. This includes letters, telephone calls or face-to-face contact on or off campus with a prospect or the prospect's parents.



BOB MINNIX
Associate Athletics Director
for Compliance

KEY TERMS YOU SHOULD KNOW

prospective student-athlete if you have started classes for the ninth grade. Before the ninth grade, you become a prospective student-athlete if the college provides you (or your relatives or friends) any financial aid or other benefits that the college does not provide to prospective students generally.



HEATHER McATEE
Compliance Coordinator

A contact is any face-to-face encounter between a prospect or the prospect's legal guardian and an institutional staff member or athletic representative during which any dialogue occurs in excess of an exchange of greeting. NOTE: At the Division I level, athletic representatives (boosters) may not contact you for the purpose of recruiting. A college coach may contact you in person off the college campus beginning July 1 after completion of your junior year in high school.

An evaluation is any off-campus activity designed to access your academic qualifications or athletic ability, including any visit to your high school (during which no contact occurs) or the observation of any practice or competition in which you participate.

During your senior year, you can have one expense-paid **official visit** to a

particular campus. You may receive no more than five visits. During your official visit, which may not exceed 48 hours, you may receive round-trip transportation between your home and the campus, and you (and your parents) may receive meals, lodging and complimentary admission to campus athletics events.

PHONE CALLS AND LETTERS

Phone calls from faculty members and coaches (but not boosters) are permitted beginning July 1 after completion of your junior year. A college coach or faculty member is limited to one telephone call per week except when it is:

- During the five days immediately before your official visit to the university
- On the day of a coach's off-campus contact with you
- During the time beginning with the initial National Letter of Intent signing date in your sport through the two days after signing date

Letters from coaches and faculty members (but not boosters) are not permitted until September 1 at the beginning of your junior year in high school. A Division I university may provide you with the following printed materials:

- General correspondence, including letters, U.S. Postal Service post cards and institutional note cards
- Game programs, which may not include posters and one Student Athlete Handbook, can be provided only during official or unofficial visits to the university's campus
- NCAA educational information
- Pre-enrollment information subsequent to signing a National Letter of Intent with the university
- One athletic publication which may include only one color of printing inside the covers
- Official academic, admissions and student services publications published or videotapes produced by the institution and available to all students
- Schedule cards
- Questionnaires that may be provided prior to your junior year
- Summer camp brochures, which may be provided prior to your junior year.

ALUMNI AND BOOSTERS DO'S AND DON'TS

You may forward information about prospective student-athletes to the appropriate coaches.

You may have contact with a prospect regarding permissible pre-enrollment activities such as summer employment, provided the prospect has already signed a National Letter of Intent and the Compliance Office is aware that you are making these contacts in regard to employment.

You may have a telephone conversation with a prospect only if the prospect initiates the call. Such a call may not be prearranged by an institutional staff member and you are not permitted to have a recruiting conversation, but may exhibit normal civility. You must refer any questions about our athletics programs to an athletics department staff member/coach.

You may view a prospect's contest at your own initiative provided you do not contact the prospect or his/her parents. In addition, you may not contact a prospect's coach, principal, or counselor in an attempt to evaluate the prospect.

You may continue established family relationships with friends and neighbors. Contacts with sons and daughters of these families are permitted as long as they are not made for recruiting purposes or encouraged by Florida State University coaches.

You may not become involved in making arrangements to receive money or financial aid of any kind for a prospect or the prospect's family and friends.

You may not make contact with a prospective, student-athlete and his/her parents when the prospect is on campus for an official or unofficial recruiting visit.

You may not transport, pay or arrange for payment of transportation costs for a prospect, and his/her relatives or friends to visit campus (or elsewhere).

You may not pay or arrange for payment of summer camp registration fees for a prospect.

You may not provide anything to a prospect, the prospect's family or friends without prior approval from the athletics' Compliance Office.

STUDENT SERVICES & PERSONAL DEVELOPMENT

THE N.O.L.E.S PROGRAM: NEW OPPORTUNITIES FOR LEADERSHIP, EDUCATION AND SERVICE

Developed by the Florida State University Department of Athletics, the NOLES program represents a commitment to the total growth and development of the student-athlete. This program establishes an administrative commitment to academic and athletic excellence. Those efforts will be supported with programs and services in personal development, career development and community service.



PAM OVERTON
Associate Athletics Director/Senior Woman Administrator

PERSONAL DEVELOPMENT

Fostering the development of personal growth is a fundamental component of the NOLES program. These support programs ensure that the student-athlete will be provided opportunities to focus on personal growth issues such as values clarification, goal setting, fiscal planning, decision making and personal responsibility. Programming focuses on helping student-athletes develop a healthy lifestyle while they are at Florida State and



JOHN LATA
Director



habits that will benefit them for life.

CAREER DEVELOPMENT

Preparing for life after college sports is a major focus of the NOLES Career Development program. The program is designed to work cooperatively with the University's Career Services to acquaint students with the job search process, provide networking opportunities and ultimately assist with job placement. This program places a priority on the development of the total person, with the goal of developing individuals who will have rewarding careers and productive lifestyles after they leave Florida State.



JASON WILLIAMS
Assistant Director

COMMUNITY SERVICE

Serving the community is the focus of our Seminole Spirit program. Student-athletes are challenged to give service to our community and individuals who are in need. With a clearly defined program of service, student-athletes are given the opportunity to develop the foundation for a lifelong commitment to volunteerism. The Seminole Spirit Student-Athlete Speakers' Bureau enables student-athletes to improve their speaking skills, develop effective communication and impact the lives of others through their service as role models in our community.

LEADERSHIP DEVELOPMENT

The Florida State University Department of Athletics is committed to developing programs of excellence that foster leadership development. The foundation of the leadership development program will be the two councils that represent the student-athletes at the University. The Student-Athlete Advisory Council (SAAC) serves as the advisory board to the NOLES program and the athletics administration. The prestigious board, comprised of two representatives of each athletic team at FSU, also recommends programming and serves as a liaison between student-athletes and the athletics administration. The Advisory Council plans and implements various events for student-athletes and serves as the department's most visible ambassadors.

THE 2005-06 STUDENT ATHLETE ADVISORY COUNCIL

Shawn Allen, Track & Field
 Luke Beevor, Cross Country
 Laura Bowerman, Cross Country
 Carly Brieske, Softball
 James Coleman, Football
 Pete Crane, Swimming & Diving
 Lashaun Davis, Softball
 Miranda Foley, Tennis
 Rodney Gallon, Football
 Sarah Griffin, Volleyball
 Natasha Jacob, Softball
 Garrett Johnson, Track & Field
 Alex Kennon, Swimming & Diving
 Latoya Legree, Track & Field
CHRISTIE LAUTSCH, BASKETBALL
HANNAH LINQUIST, BASKETBALL
 Tapiwa Marobela, Tennis
 Courtney McClow, Swimming & Diving
 Lakendra McColum, Track & Field
 Ali Mims, Soccer
LAQUINTA NEELY, BASKETBALL
 Mark Nicholis, Swimming & Diving
 Stacy Rademacher, Swimming & Diving
 Jason Rich, Basketball
 Katie Ronan, Swimming & Diving
 Kelly Rowland, Soccer
 Bradley Ruch, Golf
 Stefab Shaw, Tennis
 Jessica Skower, Volleyball
 Kristin Sordel, Golf
 Michelle Steakin, Golf
 Isaiah Swann, Basketball
 Maciek Sykut, Tennis
 Meredith Urban, Cross Country
 Adam Wallace, Golf



COMMUNITY SERVICE

THE FLORIDA STATE WOMEN'S BASKETBALL TEAM MAKES COMMUNITY SERVICE A PRIORITY.

No question, the Florida State women's basketball team had a very successful season in 2004-05 but that didn't take away from the efforts they put forth off the court and in the community.

The night before the balls starting bouncing at Florida State's Basketball Training Center for the first day of official practice on October 16, 2004, members of the Seminole women's basketball team were out and about in the heart of Tallahassee helping Kids Incorporated with events at the Downtown Getdown, an event that takes place the night before every home football game.

Don't you wish you could be a little kid playing with arts and crafts, gluing macaroni to paper plates, getting dirty in birdseed and eating funnel cakes? Seminoles Shante Williams, Alicia Gladden, Linnea Liljestrand and Christie Lautsch sure did, so they chose to be kids again and enjoyed some community service at the same time.

But it wasn't ALL fun and games for the FSU players. They played double duty. Not only did they get to play with the children and help them with their crafts, they also helped set up various stations at the Downtown Getdown for host Kids Incorporated, handing out program flyers and conducted surveys for single mothers. The evening was educational and a fun and rewarding way to reach out to the community of Tallahassee.

In November, several Seminoles paid a visit to Boys and Girls Town to promote positive life choices. Gladden, Hannah

Linguist, Tiffany Buckelew, Roneeka Hodges, and LaQuinta Neely shared their own career and life goals with the children and talked about their own experiences growing up and what goals they set for themselves as youngsters. They also talked about the goals they set for themselves as student-athletes in college. A question and answer session followed and at the end of the day, most of the kids were ready to challenge the women's basketball team to a little one-on-one and just some individual time and fun.

The Seminoles took a break from the court in mid-December during finals week to make a special visit to the children's ward at Tallahassee Memorial Hospital. The Seminoles, dressed in their Santa hats, brought some Christmas cheer to some children, some parents and even some of the hard-working nurses and medical staff.

"It's always a good feeling when you are in a position to help others who are less fortunate," Alicia Gladden said. "To see those kids faces light up just from the gifts that we gave them and our presence there, it just really felt good."

During the visit, the Seminoles passed out posters and took pictures with a couple of children.

"It makes you feel great to see them smile, especially when you hear they get to go home soon," Christie Lautsch said. "It's just nice to help make their day maybe or make them happy for the moment and give something to them right before Christmas. It's just great."

With a little more time on their hands



that week because there were no classes, the Seminoles thought it was important to use their time to help others.

"Your time isn't necessarily always about you as an individual," former Seminole Linnea Liljestrand said. "We are fortunate and these people are not as fortunate so I think it is good that we could come out of here and do some things outside of our normal routine."

In March, as the Florida State women's basketball team awaited its announcement of its bid to the 2005 NCAA Tournament, the Seminoles, who were still practicing every day, used some of their free time during FSU's spring break for community service. After a late morning practice, the team and head coach Sue Semrau headed to a nearby apartment complex which was undergoing a complete renovation. The Tribe helped paint the outside of the structure from the walls, to the posts, to the windows.

"It has always been important to us to give back," former Seminole Roneeka Hodges said that afternoon. "The community, especially this year, has really been behind us and supported us. We have been blessed with so much and every little bit that we can give back hopefully makes a difference."

"To whom much has been given, much is required," — words that head coach Sue Semrau and her players choose to live by. With the assistance of Florida State Athletics Student Services Office, the women's basketball program continues to practice a program devised upon Semrau's arrival at FSU in which each women's basketball player performs at least three hours of community service per month while in season and six hours of service per month when not in season.

Over the years, the Seminoles have

performed a variety of services, including the Walker Ford Tutorial Program, in which the players donate two hours of their time on Saturday mornings to tutor elementary-aged children. They have helped package and deliver meals with Elder Care Services for the "Meals on Wheels" program, cleaned and cooked at the Ronald McDonald House, done lawn work and helped plant a garden at a local women's shelter, landscaped at the area Boys and Girls Club, gone Christmas caroling at a retirement home, visited children in the Pediatrics Ward and even helped build a home for Habitat for Humanity.

Six years ago, the Seminoles implemented the "Fantasy Fun League," in which the Seminoles donate their time in the spring for a weekly clinic designed to help area youngsters learn the game of basketball. The FSU players serve as coaches of the teams and get a chance to be on the "other" side of the ball for a change.

"Obviously, we get a lot from the community coming to support us and we want to give something back," Hannah Linquist said. "We do feel it's our responsibility as role models for young people in our community, but it's also something we really want to do and really enjoying doing."

For Semrau, the community service facet of her program has been a priority from day one and it is an area that has had much success. Each spring, at Florida State's annual Golden 'Nole Awards Banquet, the Athletics Director's Cup for Service is presented to the team that performs the most hours of community service throughout the year. Semrau's Seminoles have twice earned the distinction. The competition between the teams has really heated up in recent years, thus showing that the community is the real winner!



BOOSTER SUPPORT

WOMEN'S BASKETBALL ENDOWED SCHOLARSHIPS

From Miami to Minneapolis, and from Warsaw to Walla Walla, young men and women come to Florida State University to embrace its educational excellence, and to compete as a Seminole.



Charles F. Tunnickliff

Many would not have the opportunity to receive that college education without their athletic scholarship. These young people work hard, and proudly represent Florida State as a winner on the national stage, attracting the attention to our University that winners bring.



Sue Galkantas

Florida State athletics provides each of our men's and women's teams with the maximum number of scholarships allowed by the NCAA. In addition to the student-athlete competitors, scholarships are also provided to student trainers, managers and graduate

assistants who are vital to an athletics program.

Established in 1986 under the direction of William M. Parker of Clearwater, the Seminole Boosters Endowed Scholarship Program is the final step toward perpetual funding of all scholarships for student-athletes at Florida State. Those individuals who contribute to the endowment fund for athletic scholarships at Florida State University gain membership in the Seminole Heritage Foundation.

Thanks to the efforts of Charles F. Tunnickliff, a group scholarship in the name of Seminole great Sue Galkantas and an anonymous donor, the endowment of the Florida State women's basketball program is well on its way.



"LUNCH WITH SUE" BOOSTER LUNCHEONS

December 5, 2005
January 9, 2006

In the basketball arena, the Hoop Troop is what bridges the gap between the court and the stands. It brings fans, young and old, together with a common goal...



...to see FSU's women's basketball team up-close and to be the force behind its success on and off the court.

In simple terms, the Hoop Troop is the booster club for the team.

The players and coaches are encouraged by the Hoop Troop's energy and enthusiasm at home and away games.

Some of the Hoop Troop-sponsored events include the "Lunch with Sue" luncheons, bus trips to away games and the annual Hoop Troop Golf Classic and auction.

Courtside Kids is the "junior version" of Hoop Troop. Kids learn early how much fun it is to be a part of the team.

"Courtside" means that kids get to participate courtside and help keep the game floor towed dry during games. They get to interact with the players and coaches at special "members-only" pizza parties and clinics as well as receive letters from the players and personalized birthday cards.

There are even more benefits, but the lasting impression of positive role models, shared family fun and togetherness are priceless.



Florida State alumni and boosters from the Nashville, Tenn., area came out to support the Seminoles when they played at Lipscomb last season.



Sue Semrau and Hoop Troop President Yvonne Sherron

DONALD L. TUCKER CIVIC CENTER

A Florida State basketball game at the Donald L. Tucker Civic Center is as exciting as it gets! FSU fans are spoiled by more than just a great basketball team playing in the nation's finest conference, they also get to watch the game in surroundings that are as modern as any in the country.

The Tucker Center is the home for Seminole basketball, and the multi-purpose facility comes alive on game day. So impressive is the atmosphere, the Tucker Center and Florida State University have served as hosts for NCAA Basketball first and second rounds — back in 1995 on the men's side and just last season for the women's tournament.

Numerous improvements have been made to the already-outstanding structure. Just two seasons ago, the Tucker Center, in conjunction with the FSU athletics department, undertook a project to give the basketball arena more of a home-court atmosphere. The makeover includes an array of Seminole tradition throughout the facility, including picture collages, garnet and gold decor and Seminole logos.

In 2000, the Tucker Center completed an expansion project which began in October of 1998 in which 34 luxury suites and 468 club seats at mid-level in the arena were added. In addition, the upper level seating was configured to offer better viewing and additional concession stands and restrooms were added. 12,100 seats are available for FSU basketball fans, who are treated to one of the most spectacular shows in college hoops. An impressive four-sided, center hung Megavision video display, a state-of-the-art sound system and four new scoreboards in the upper corners of the arena were also recently added. When there is a break in action, the video display comes alive with highlight tapes, animated games and other crowd-pleasing bits.

Adding even more appeal to the facility is the Center's restaurant, the Spotlight Grill. This 450-seat arena-view restaurant includes an outdoor patio and ledge seating for viewing arena events.

The multi-purpose facility, which opened its doors in 1981, covers over 22 acres in the heart of Tallahassee's thriving downtown district. The Tucker Center is only two blocks from the Capitol building and is just across the street from FSU's nationally-acclaimed Law School.

The complex covers over 18,000 square feet with 119-foot ceilings in the main

arena. The Tucker Center is actually three different areas combined under one roof. The main arena, where FSU hosts its home games, is also the center for some of the nation's top musical concerts and Broadway plays and even a circus. The Exhibition Hall, which joins the main arena via a spatial hallway, can seat 5,000 for an event or serve as an indoor display area. The complex also features a terrace, which is popular for outdoor hosting.

As one of Florida's busiest venues, the Tucker Center recently completed a \$1.2 million renovation to its six meeting rooms, covering some 16,000 square feet. Because of its versatility and accessibility, the Tucker Center continues to be a popular location for trade shows and conventions.

In the late 1970's, the facility was named by the Legislature for Tallahassee native Donald L. Tucker who was elected to the Florida Legislature in 1967 and served for 12 years. During his legislative career he was Chairman of the Claims Committee, Chairman of the Committee on Manpower and Development, Chairman of the Commerce Committee and he was elected Speaker of the House of Representatives in 1974. He was re-elected speaker in 1976. The last Speaker to preside in the current Statehouse, Tucker was Vice Chairman of the Southern Legislative conference in 1976-1977 and was Chairman of that organization in 1977-1978. During his time in the legislature he received numerous honors and awards. In addition to the naming of the civic center, he was honored as "Most Effective Member of The Legislature."



SEMINOLE SPIRIT



Front Row: (L to R) Amanda Winchip, Sara Bernstein, Keviny Dewberry, Kim Barksdale, Joshlyn Davenport, Brooke Nelson, KayLeigh Vodenchair; Second Row: (L to R) Joanne Martelli, Katie Salmon, Jenny Hall, Sarah Richey, Katy Lemons, Alyssa Sponaugle; Third Row: (L to R) Nikki Taylor, Cristen Martinez, Heather Koch, Liz Lowery, Amber Andrews, Stephanie Bird, Mallory Davis. Not Pictured: Lauren Sauer

FSU FIGHT SONG...

You got to fight, fight, fight, for FSU
 You got to scalp 'em Sem-i-Noles
 You got to win, win, win, win,
 Win this game and roll on down
 and make those goals.

For FSU is on the war path now,
 And at the battle's end she's great;
 So fight, fight, fight to victory
 Our Sem-i-Noles from Florida State!



GARNET & GOLD...

Florida State's school colors of garnet and gold date back to the Florida State College championship football teams of 1904 and 1905. In those championship seasons, FSC donned purple and gold uniforms. When Florida State College became Florida Female College in 1905, the football team was forced to attend the University of Florida. The following year the FFC student body selected crimson as the official school color of 1905. The administration in 1905 took crimson and combined it with the recognizable purple of the championship football teams to achieve the color garnet. The now-famous garnet and gold colors were first used on an FSU uniform in a 14-6 football loss to Stetson on October 18, 1947.

THE SYMBOL: SEMINOLES...

Florida State would play two football games in 1947 before students demanded the school



acquire a symbol. While details conflict, most believe the account of a poll of the student body is accurate. The *Florida Flambeau* reported that Seminoles had won by 110 votes over Statesmen. The rest of the top contenders (in order) were Rebels, Tarpons, Fighting Warriors, and Crackers.

In the 1950s, a pair of students dressed in Native American costumes and joined the cheerleaders on the field which eventually evolved into the majestic symbol of Osceola and Renegade that FSU now enjoys. Today, the Seminole Indian Tribe participates in many campus activities.

Florida State University is proud of its longstanding cooperative relationship with the Seminole Tribe of Florida. The Seminole people have suffered many hardships and injustices, but they have remained brave, dignified and proud. The Seminoles are unconquered. They symbolize what we hope will be the traits of all of our graduates, including our student-athletes.

We know you cannot win all of the time on the playing field or in life, but we want our students to be unconquered and always ready to try again.

WAR CHANT...

Florida State's "war chant" appears to have begun with a random occurrence that took place during a 1984 football game against Auburn, but in the 1960s, the Marching Chiefs band would chant the melody of a popular FSU cheer. In a sense, that chant was the long-version of FSU's current "war chant." During a thrilling game with Auburn in 1984, the Marching Chiefs began to perform the dormant melody. Some students behind the band joined in and continued the "war chant" portion after the band had ceased. Most agree the chant came from the fraternity section, but many spirited Seminole fans added the hand motion to symbolize the brandishing of a tomahawk. The chant continued among the student body during the 1985 season, and by the 1986 season, it was a stadium-wide phenomenon. Of course, the Marching Chiefs refined the chant, plus put their own special brand of accompaniment to the "war chant", for the sound we hear today.

The Atlanta Braves fans took up their version of the song and chant when former FSU star Deion Sanders came to the plate as an outfielder. The Kansas City Chiefs first heard it when the Northwest Missouri State band, directed by 1969 FSU graduate Al Sergel, performed the chant while the players were warming up for a game against San Diego.