



▶▶ The University



INSIDE:



Premier Program
This Is Tallahassee
This Is Florida State
Athletic Administration
This Is The ACC
Academic Support
Basketball Training Center
Strength & Conditioning
Medical Care & Treatment
NCAA Compliance
Community Service
Booster Support
Tucker Civic Center
Seminole Spirit

One of the Nation's PREMIER PROGRAMS



Coach Bob Broman



Coach Mike Martin



Coach JoAnne Graf

COACHING EXCELLENCE...

When it comes to legendary head coaches, it is hard to argue anyone has been as fortunate. The Seminoles have had three coaches who have established records that rank them with the greatest coaches ever to roam an NCAA sideline.

Florida State is the only NCAA school with three coaches in the top five for all-time victories in their respective sport and in the top five in wins and winning percentage among active coaches. Bobby Bowden (football), JoAnne Graf (softball) and Mike Martin (baseball) have combined for 3,149 wins and each coach appears in the top four for active winning percentage, active wins or all-time victories.

The caliber of coaches at Florida State is second to none and year after year, these coaches are recognized for excellence nationally, regionally and at the conference level. For the second straight season, **Bob Broman was recognized for his stellar year in both cross country (2004 & 2005 NCAA South Region Coach of the Year) and both indoor and outdoor track and field** when he was named the 2005 & 2006 ACC Coach of the Year as well as region Coach of the Year honors for both sports. He capped off the banner season with **National Coach of the Year** honors after leading the Seminoles to the 2006 Men's Track and Field Outdoor National Championship. **Neil Harper earned Women's Swimming ACC Coach of the Year** honors in 2006 while first year soccer coach **Mark Krikorian made an immediate impact at FSU earning ACC Coach of the Year** honors as well as **National Coach of the Year** honors by both Soccer America and Soccer Buzz.

WINNINGEST ACTIVE D-I COACHES

By Victories

1. Bobby Bowden
2. JoAnne Graf
4. Mike Martin

By Percentage

2. Mike Martin
3. Bobby Bowden
4. JoAnne Graf

WINNINGEST D-I COACHES ALL-TIME

By Victories

1. Bobby Bowden
2. JoAnne Graf
5. Mike Martin

COACHES OF THE YEAR

National – 11
Regional – 30
Atlantic Coast Conference – 31
Metro Conference – 12

Coach Mark Krikorian

Coach Neil Harper

Coach Bobby Bowden



IN THE COMMUNITY...

Seminole student-athletes are **committed to making a positive impact on the community**, serving almost **5,000 hours of community service** during the 2005-06 school year. They also helped to raise thousands of dollars in direct support to charities.

FSU student-athletes have volunteered their time working with students from every elementary and middle school in Leon County as well as schools in nearby Wakulla and Gadsden counties. In addition, the Seminoles have participated in projects such as **Habitat for Humanity, Relay for Life, Special Olympics, and Tallahassee Sports Ability**, just to name a few.



POSTGRADUATE SCHOLARSHIPS...

In November 2005, two-time All-American shot putter **Garrett Johnson** became just the second FSU student and first FSU student-athlete to be selected a **Rhodes Scholar** when he was chosen as one of 32 college students from throughout the United States to study at the University of Oxford and one of less than 100 from around the world who will join the prestigious academic program in October of 2006. The program's criteria is based on academic success, leadership potential, personal integrity and physical vigor.

Florida State student-athletes have earned over **\$350,000 in post-graduate scholarships** over the past 12 years. They have also received **29 post-graduate scholarships from the ACC since 1993** including David Castillo (football), Andrew Diakos (track & field) and LaKendra McColumn (track & field), who were among the 36 Atlantic Coast Conference scholar-athletes to be named recipients of the ACC Weaver James Corrigan Postgraduate Scholarship in 2005-06. In addition, Garrett Johnson (track & field) earned the ACC Scholar Award.

In 1996, Seminole **Daryl Bush** was the first ever recipient of the **State Farm National Scholar Athlete of the Year** award, now given annually.

Florida State boasts two **NACDA Post-Graduate Award winners** in the last six years. The scholarship, which was originated in 2001, grants \$10,000 scholarships to its recipients.



Andrew Diakos



Garrett Johnson



LaKendra McColumn



David Castillo



Ania Rymarzewska



Jonas Blixt



Steve Roof



Sarah Griffin



Alicia Gladden

IN THE CLASSROOM...

Florida State named a **record 194 student-athletes to the 2006 Atlantic Coast Conference Honor Roll in 2005-06**. At the conclusion of the school year, eight of Florida State's **athletic teams had a 3.0 or better cumulative grade point average**. In the spring 2006 semester, 202 Seminoles achieved a minimum 3.0 semester GPA while the average team semester GPA was a 2.941.

Since joining the ACC in 1991, **FSU has had seven National Football Foundation and College Hall of Fame National Scholar Athlete Award winners** — a figure that ranks nationally in the past 14 years.

In 2001, former Seminole quarterback **Chris Weinke was the recipient of the first ever ACC Scholar Award** which is given annually to an excellent athlete and top scholar who plans to pursue a professional athletic career. Since then, football's Chris Hope (2002), baseball's Matt Lynch (2003) and track & field's Garrett Johnson (2006) have also earned the distinction.

Florida State had **six student-athletes garner National Academic All-American honors in 2005-06** when football senior David Castillo, softball senior Natasha Jacob and track and field's Garrett Johnson, Tom Lancashire, Javier Garcia-Tunon and Lacy Janson earned such status. **It marked the first time that six FSU student-athletes earned the honor in the same academic year.**

Florida State has **more all-time ACC Academic Honor Roll selections (2,208) than all-time All-ACC honorees (1,692)**. Since 1970, **32 FSU student-athletes have earned National Academic All-American honors** and 2006 marked the second straight year three or more FSU student-athletes earned the honor in the same season.

In 2006, **eight Seminole student athletes earned the prestigious Arthur Ashe Junior Sports Scholar Award** and football's **David Castillo was named the Arthur Ashe Junior National Male Scholar Athlete of the Year**. The Arthur Ashe Jr. Sports Scholar Awards were established in 1992 and serve to honor minority student athletes who exhibit academic excellence and community activism, as well as athletic prowess.

Football's Chris Hope received the 2002 NACDA Postgraduate Scholarship.



Chris Weinke



Derrick Brooks
Academic All-American



Natasha Jacob

TOP ATHLETES...

When you consider the top athletes who don the Garnet and Gold, it's easy to see why Florida State has enjoyed such success over the years. Of the **36 national awards** for athletic achievements Florida State student-athletes have earned, **seven have been for the top athlete in the nation award in their respective sports.** Florida State boasts two Heisman Trophy winners, three Golden Spikes winners, a USA Softball National Player of the Year and a Honda Award winner for softball.

From football, to diving, to tennis, to track and field, several of Florida State's student-athletes achieve All-America status each year. **FSU boasts 709 first team All-America selections** as well as several regional and national award winners. Over the years, **FSU has enjoyed 1,692 All-ACC selections.** Even more impressive is that **25 student-athletes have been crowned individual national champions** in their respective sports.

TOP TEAMS...

Great athletes make great teams and Florida State has a rich history when it comes to great teams on both the national and conference level and has earned 12 national championships over the years **including the 2006 NCAA Men's Outdoor Track and Field title.** In 1999, the Florida State Seminoles became the **first football team to go wire-to-wire as the Associated Press' No. 1 team** when the squad went 12-0 on its way to the program's second national championship. **FSU teams have combined for 143 NCAA Tournament appearances and 35 ACC team titles.** Florida State's team sports have earned 8,185 victories and eight of Florida State's team sports have an all-time winning record.



Caroline Westrup



Al Thornton



Rafeeq Curry



Jessica van der Linden



Heisman Trophy winners



Walter Dix



Lacy Janson



Ytai Abougzir



India Trotter



Bryan Henry



This is Tallahassee

Among low, rolling hills, down moss-draped canopy roads, within picturesque historical districts, and across seas of flowering azaleas lies a magical part of the Sunshine State — Tallahassee — Florida's capital city. With its intriguing combination of power-play politics and classic character splashed with a twist of beauty and charm, Tallahassee is a genteel Southern belle with good manners, old plantation homes and y'all-come hospitality — a side of Florida few expect to find.

With the Gulf of Mexico just 25 miles south and the Georgia border only 14 miles north, Tallahassee rests between the foot-

hills of the Appalachian Mountains and the juncture of Florida's panhandle and peninsula in an area known as "The Big Bend." Nearer in miles to Atlanta than to Miami, Tallahassee more closely resembles its Georgia neighbor than Florida in topography, climate and lifestyle.

Like the city itself, the story of how Tallahassee was chosen as the state capital is rich in history. In 1823, two explorers set out — one on horseback from St. Augustine and the other by boat from Pensacola — to establish a permanent, central location for the seat of government. The two met at a beautiful site that the Creek and Seminole Indians called "tallahassee" — derived from the words "talwa," meaning town, and "ahassee," meaning old. This historic meeting place remains Florida's capital today.

The New Capitol building rises at the center of Tallahassee's downtown as a sleek modern structure, juxtaposed next to the Old Capitol, built in the more classic domed style. A gallery atop the 22-story New Capitol provides a sweeping view of the hilly city and its tree-lined streets. From it, you can see all the way to Georgia, 20 miles away.

Around the capitol complex, a 10-block historic district spreads, preserving the town's gracious old homes along a linear park and holding a historic inn, bars and restaurants patronized by Senators and sophomores alike. With no shortage of culture, downtown also offers museums, theater and art galleries. Artists have turned the old warehouses of Downtown Industrial Park into the studios and cafes of Railroad Square. The Museum of Florida His-



CLIMATE

Tallahassee has the mild, moist climate characteristics of the Gulf States and experiences a subtropical summer similar to the rest of Florida. In contrast to the Florida peninsula, however, the panhandle, of which Tallahassee is a part, experiences four seasons.

Annual January temperature: 40-63° F
Annual July temperature: 72-91° F
Yearly average maximum temperature: 78.7°
Yearly average minimum temperature: 55.7°
Yearly average days above 90 degrees: 91.0
Yearly average days below 32 degrees: 35.7

POPULATION

City of Tallahassee: 153,658
Leon County: 244,208
Metropolitan Area: 327,869





tory, nearby, is highly acclaimed for its scan of the state's past, and The Mary Brogan Museum of Art & Science, along with changing art exhibits, brings learning to a kid's level with hands-on exhibits. Other sightseeing favorites include the floral masterpiece of Alfred B. Maclay State Gardens; Bradley's Country Store; FAMU Black Archives; and the Tallahassee Antique Car Museum.

The area surrounding Tallahassee reveals numerous other historic and archaeological treasures, such as De Soto State Archaeological and Historical Site, Lake Jackson State Archaeological Site, Mission San Luis, Natural Bridge Battlefield and San Marcos de Apalache. Visitors can explore prehistoric Florida at the Museum of Florida History, where they are greeted by a giant 12,000-year-old mastodon pulled from nearby Wakulla Springs.

On the shores of Wakulla Springs, alligators still laze under the watchful eyes of "snake birds" perched on twisted cypress trees. The site of many underwater scenes in "Tarzan" movies, it's one of the world's deepest freshwater springs. Glass-bottomed boat tours across these mystical waters are available.

Nearby small towns offer fascinating excursions to places such as Pebble Hill Plantation, Florida Caverns State Park, Monticello Opera House and St. George Island.

Donald L. Tucker Center

The Donald L. Tucker Center is a multi-purpose convention and entertainment facility featuring a 12,100 seat arena. Luxury Suites and Club Seats and over 52,000 sq.ft. of meeting and exhibition space plus an arena view restaurant, Spotlight Grille. The Civic Center hosts a wide variety of concerts, family shows, Broadway shows, ice shows and sporting events including FSU basketball.

It is easy to understand why over one million people a year flock to the Donald L. Tucker Center, what with the varied array of attractions it offers. Some people go to the Tucker Center to enjoy the sounds of rock, country, pop and urban concerts. Some go for the thrills of basketball, rodeos and three-ring spectacles. While others come for conventions, banquets, expositions, or consumer and trade shows.

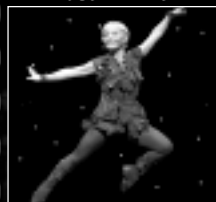
Located downtown on Pensacola Street, the Tucker Center is only two blocks from the Capitol building.



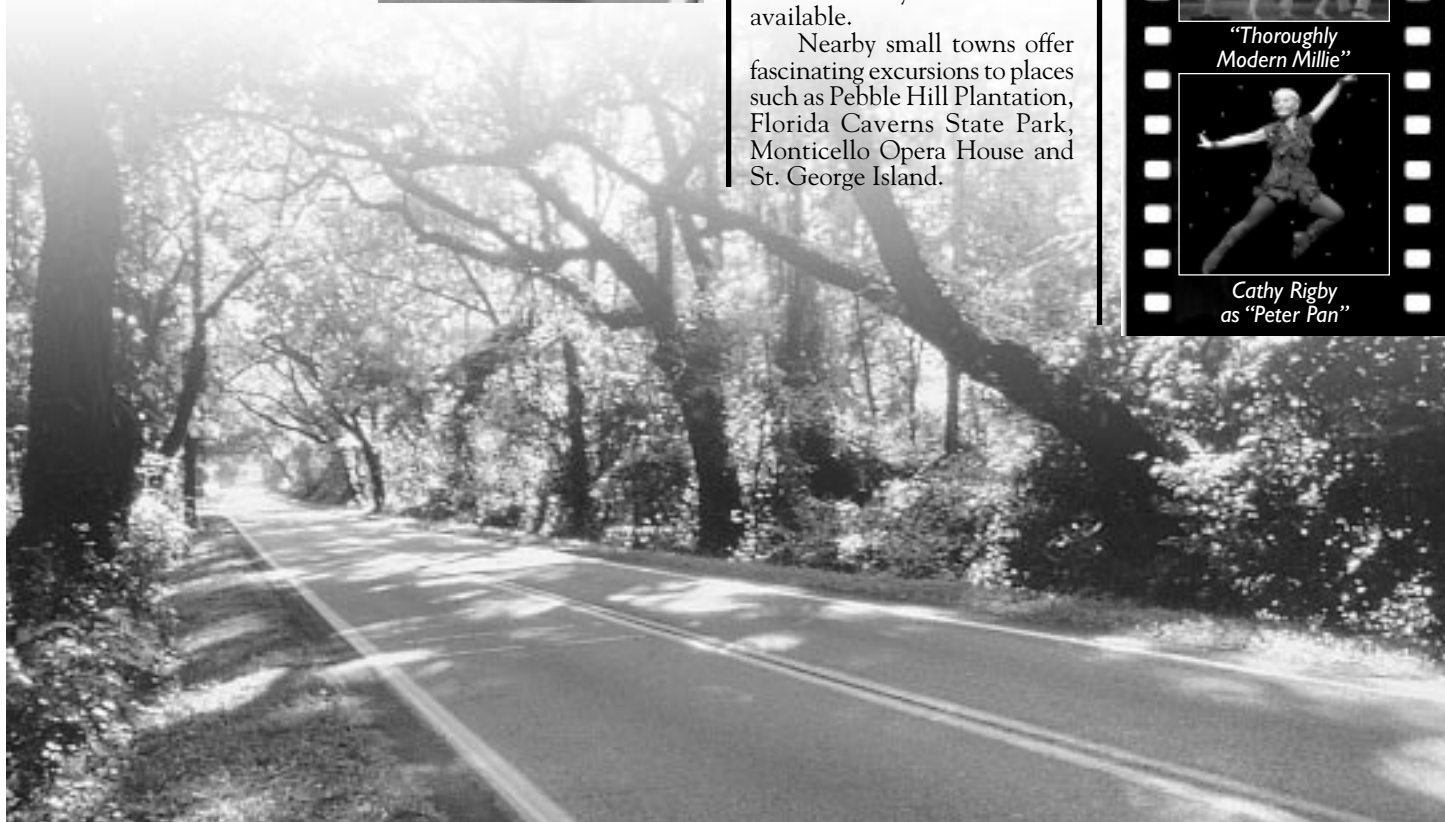
Dolly Parton



"Thoroughly Modern Millie"



Cathy Rigby as "Peter Pan"



This Is Florida State

From its pre-Civil War beginnings as the Seminary West of the Suwannee to a nearly four-decade stint as the Florida State College for Women to its return to coeducational status as a university, Florida State University has developed into an internationally acclaimed research institution with excellence in teaching, research and public service.

The university enrolls almost 40,000 undergraduate, graduate and professional students. Of these, 24.5 percent are minorities. Students are from all 50 states and the District of Columbia, as well as 137 foreign countries.

Florida State offers an impressive breadth of academic degree programs. Students may take courses of study leading to a baccalaureate degree in 94 programs, a master's degree in 107 degree programs, a doctorate in 73 degree programs, a specialist certification in 28 degree programs and a professional designation in two degree programs. Courses are offered through 16 schools and colleges — Arts and Sciences; Business; Communication; Criminology and Criminal Justice; Education; Engineering; Human Sciences; Information; Law; Medicine; Motion Picture, Television and Recording Arts; Music; Nursing; Social Sciences; Social Work; and Visual Arts, Theatre and Dance.

Students have the opportunity to work and study alongside members of the prestigious National Academy of Sciences, members of the American Academy of Arts and Sciences, winners of the Pulitzer Prize and a Nobel laureate. Florida State faculty also lead several scholarly fields in citations of published work.

Several members of the Florida State faculty were recognized with major awards in the 2005-2006 academic year, including two new members elected to the prestigious National Academy of Sciences; four Fulbright fellowships; two new fellows of the American Physical Society; the 2006 Med-

alist Award from the Florida Academy of Sciences; a Sloan Research Fellowship; and one professor, the legendary ballerina Suzanne Farrell, rewarded with Kennedy Center Honors.

Florida State has many academic programs that consistently rank among those at the nation's top 25 public universities, including programs in business, chemistry, creative writing, criminology, ecology and evolutionary biology, information, law, meteorology, oceanography, physics, political science, psychology, public policy, sociology and statistics.

The university had many noteworthy achievements during the 2005-2006 academic year. Among them:

- Florida State launched the Pathways to Excellence Initiative, which takes advantage of the university's unique strengths with significant new investments in research and graduate education. It is designed to target and hire 200 top faculty members who are national and international leaders in their respective fields to complement FSU's highly respected faculty, and to bring added value to the university's world-class research groups and centers through substantial investments in new facilities and enhancements to graduate education, particularly Ph.D. programs.
- The FSU CONNECT Campaign, launched in October 2001, officially concluded, having raised more than \$630 million to support the university.
- Sarasota philanthropist Dr. Helga Wall-Apelt's multi-tiered gift devoted to Asian art is the largest yet received by the John and Mable Ringling Museum of Art and the largest single gift to FSU, expected to exceed a total value of \$50 million.
- U.S. News & World Report ranked the College of Information master's program 10th in the nation; the College of Arts



and Sciences' nuclear physics program was 13th, as was its analytical chemistry program; and the College of Law's environmental law program was 14th, as was the higher education administration program in the College of Education. In addition, Hispanic Business magazine again ranked the law school among the Top 10 in the nation for



Hispanics.

- The National High Magnetic Field Laboratory unveiled two world-record magnets that offer potential for scientific breakthroughs in a variety of fields. Standing 16 feet tall and weighing more than 15 tons, a 900-megahertz, superconducting NMR magnet was brought online following 13 years of design, development and testing. Science performed using this magnet will help scientists understand the workings of biological molecules, as well as the workings of the cell and the brain. In addition, a 35-tesla magnet, the highest-field “resistive” magnet in the world, was unveiled. It will be used primarily for physics and materials science research.
- An international reputation of excellence earned the Learning Systems Institute a \$6.2 million grant from the U.S. Department of Homeland Security to develop national performance standards and a training curriculum for port security and other personnel to prevent, deter and respond to terrorist acts along the 95,000 miles of U.S. shoreline.
- Student-athlete Garrett Johnson, an outstanding graduate student studying public administration and one of the best shot putters in the world, won a Rhodes Scholarship — just one of many FSU students furthering their educations through prestigious academic awards.

Students at Florida State have the opportunity to conduct research in specialized interdisciplinary centers, such as the National High Magnetic Field Laboratory, the Institute of Molecular Biophysics, and the School of Computational Science; to participate in interdisciplinary work across campus, such as programs that integrate econom-

ics, geography, climate forecasting, law and other environmental courses and programs; and to work with faculty to forge new relationships between disciplines, including medicine, the physical sciences, engineering, business and law.

Students also are encouraged to participate in international education through the university’s programs in England, Italy, Switzerland, France, Panama, China, Costa Rica, Spain, Russia, the Czech Republic, Greece, Croatia, Germany, Ireland and the Caribbean. The university’s study sites in London, the Republic of Panama, Valencia, Spain, and Florence, Italy, are considered by many to be among the nation’s best. In 2006, Florida State signed a cooperative agreement with the newly formed International Valencian University in Spain, becoming its North American partner — another example of Florida State’s growing prominence in the international academic community.

Florida State’s main campus is spread over 450.5 acres in Tallahassee. Within the state, the university maintains facilities in Panama City, at its Coastal and Marine Laboratory on the Gulf of Mexico, and at the Asolo Performing Arts Center in Sarasota. Also in Sarasota, Florida State operates the Ringling Center for the Cultural Arts, which includes the John and Mable Ringling Museum of Art, the largest museum/university complex in the nation.

Extensive credit and non-credit continuing education programs are offered statewide via Academic and Professional Program Services, housed in the Augustus B. Turnbull III Florida Conference Center on the edge of the Florida State campus. In addition, library holdings at Florida State include 2.8 million book titles and 9.1 million microforms. The university’s library holdings rank among the top 30 public research universities in the United States.

The university’s main library facility, the



Dr. T.K. Wetherell congratulates Garrett Johnson on winning the Rhodes Scholarship



Robert M. Strozier Library, is linked by computer to other state university and national research libraries. Florida State also maintains science, music, library and information science, medicine, engineering and law libraries, as well as the Mildred and Claude Pepper Library, which houses the papers, photographs, audio recordings, video recordings and memorabilia of the longtime congressman from Florida. Library materials and services also are available at the university’s Panama City campus, as well as at the international study centers, and a collection of art and related materials is on display at the John and Mable Ringling Museum of Art in Sarasota. Collectively, the Florida State libraries are a member of the Association of Research Libraries, an association of the top research university libraries in the United States.



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FSU President

University Facts

BACKGROUND: The Florida State University is one of eleven units of the Division of Colleges and Universities of the Florida Board of Education...It was established as the Seminary West of the Suwannee by an act of the Florida Legislature in 1851 and first offered instruction at the postsecondary level in 1857...Its Tallahassee campus has been the site of an institution of higher education longer than any other site in the state...In 1905, the Buckman Act reorganized higher education in the state and designated the Tallahassee school as the Florida Female College...In 1909, it was renamed Florida State College for Women...In 1947, the school returned to co-educational status, and the name was changed to The Florida State University...It has grown from an enrollment of 2,583 in 1946 to an enrollment of 39,652 in the Fall Semester 2005.

ENROLLMENT (FALL, 2005): Total, 39,652...76.7% undergrad, 20.0% grad, 3.0% unclassified...78.8% in-state...93.4% from the United States...students from all 50 states and the District of Columbia are in attendance...19 states contributed over 100 students each...22 foreign countries contributed over 25 students each...female, 56.6%...male, 43.4%...minority, 24.6%...international, 3.4%.

ACREAGE: Main Campus: 451.2 acres in Tallahassee, Leon County (main campus)...Panama City Branch: 25.6 acres in Panama City, Bay County...The university owns a total of 1,521 acres in Leon, Bay, Franklin, Sarasota, & Gadsden counties...Sites are leased in Marion and Leon counties in Florida, and other locations overseas.

COLLEGES/DEGREE PROGRAMS: With 16 colleges and schools, students may take courses of study leading to the baccalaureate degree in 95 degree programs, to the master's degree in 109 degree programs, to the advanced master's degree in one program, to the specialist degree in 27 degree programs, to the doctorate degree in 73 degree programs, and to the professional degree in two degree programs. The academic divisions are the Colleges of Arts and Sciences, Business, Communication, Criminology and Criminal Justice, Education, Engineering, Human Sciences, Information, Law, Medicine, Music, Social Science, Social Work and Visual Arts, Theatre and Dance; and the Schools of Motion Picture, Television, and Recording Arts and Nursing.

OPERATING BUDGET (2005-06): \$970,714,026
DEGREES AWARDED FOR 2004-05: Bachelor, 6,856...Masters, 1,681...Doctorate, 276...Specialist, 44...Judge Doctorate, 274, Total, 9,158.

ENTERING FRESHMAN FACTS (FALL, 2005): The middle 50 percent High School GPA, 3.3-3.9; SAT score 1070-1250, ACT score 23-27. There were 55 National Merit Scholars, 24 National Achievement Scholars, and 58 Hispanic Scholars enrolled as undergraduate students during the Fall 2005 term.

RETENTION RATE: First year, 100%...second year, 86.2%...third year, 75.7%...fourth year, 71.8%.

FACULTY/STAFF: Total 2,239...FSU's faculty includes some past graduates, such as former astronauts Dr. Norm Thagard, who teaches Electrical Engineering, and Winston Scott who serves as Vice President of Student Affairs...FSU's faculty has included six dynamic Nobel Laureates: 11 members elected to National Academy of Sciences...10 members of the American Academy of Arts and Sciences.

EDUCATIONAL ADVANTAGES: Florida State University has a uniqueness in providing programs that are consistent in excellence across the board, from fine arts and humanities to the hard sciences...The balance of programs is based on FSU's long tradition as a leading liberal arts institution combined with its position as one of the top 10 universities in generating research-based revenues...FSU is the most wired campus in Florida,

and was recently ranked 18th most connected university in the nation by Yahoo! Internet Life.

EDUCATIONAL OPPORTUNITIES ABROAD:

FSU offers a variety of overseas study opportunities for students during the regular academic year. FSU has study centers located in Florence, Italy; Panama City, Republic of Panama; Valencia, Spain; and London, England. Courses at the study centers are offered each semester and cover a wide range of subject areas perfect for meeting general and liberal studies requirements. International Programs also offers study programs, some general and some major specific, in: Tianjin, China; San Jose, Costa Rica; Dubrovnik, Croatia; Prague, Czech Republic; London, England; Paris, France; Dublin, Ireland; Moscow, Russia; and Leysin, Switzerland. A summer Law program is offered in Oxford, England. There is one Linkage Institute, FLORICA, in Costa Rica, and Beyond Borders programs in Turrialba, Costa Rica, Kingston, Jamaica, and Dresden, Germany.

EXTRACURRICULAR ACTIVITIES: FSU has nearly 300 student organizations that allow students to find their own niche.

FINANCIAL AID: FSU offers two types of financial assistance: need-based and merit-based...Over \$160 million is given away for financial assistance each year.

STUDENT/FACULTY RATIO: 23-1...Many of the general education classes are large, lecture classes; however, over 70 percent of major classes have less than 40 students.

RESEARCH: The Florida State University has built a reputation as a strong research center in both the sciences and the humanities. It is expected that more than \$100 million in external funds will be generated this year by the university faculty and administration as supplements to state funds used for research. These external funds are in the form of contracts and grants from private foundations, industries, and government agencies, and are used to support research, improve research facilities, and provide stipends for graduate students.

SPONSORED RESEARCH (2005-06): \$173,605,359

LIBRARY HOLDINGS: The University Library System contains over 2.8 million volumes, of which more than 245,000 are available electronically as e-books. The libraries subscribe to more than 42,000 current serials including academic journals, professional and trade journals, and major newspapers from around the country and the globe in both paper and electronic formats. The libraries also subscribe to more than 300 databases. The FSU Libraries include 8 libraries on campus: The Robert Manning Stroz Library, Paul A. M. Dirac Science Library, Mildred and Claude Pepper Library, Warren Allen Music Library, Harold Goldstein Library and Information Science Library, College of Law Library, College of Medicine Medical Library, and the College of Engineering Library. Library materials and services are also available at the FSU Panama City Campus, as well as International Programs study centers in London, Florence, and Panama, and a collection of art and related materials at the John and Mable Ringling Museum of Art in Sarasota, Florida.

10 Leading States of Origin (Enrollment)

Florida	31,259
Georgia	965
Virginia	414
New York	339
Texas	303
Pennsylvania	278
North Carolina	249
Maryland	217
New Jersey	206
Illinois	194

Prominent Alumni

RITA COOLIDGE

Rita Coolidge, a two-time Grammy Award winner, has worked with Joe Cocker on his "Mad Dog and Englishman" tour and also toured and recorded with the likes of Eric Clapton, Jimi Hendrix, Bob Dylan, Leon Russell and Stephen Stills.

LEE CORSO

Lee Corso, a college football analyst for ESPN, joined the network in 1987 after 28 years of football coaching experience at the college and professional levels. He is a game analyst for Thursday night telecasts and is a studio analyst for College GameDay.

BARBARA HARRIS

Barbara Harris is the Editor-In-Chief of SHAPE Magazine, the largest national monthly health and fitness publication for women in the United States. She lettered in volleyball at FSU from 1974-77.

TRAYLOR HOWARD

Traylor Howard is an actress best known for her role as "Sharon" in the ABC TV series "Two Guys and a Girl." Her feature film credits include "Me, Myself & Irene," with Jim Carey (2000), "Dirty Work," and "Confessions of a Sexist Pig." She is currently featured as "Natalie" in the series "Monk" on the the USA Network.

JOHN MARKS

John Marks, Mayor of the City of Tallahassee, is the managing partner of the Tallahassee office of Adorno & Yoss. He is on the Board of Directors of Fringe Benefits Management Company, a privately held financial services company. He currently serves on the Board of Directors of the Florida League of Cities, the Tallahassee Economic Development Council, the Tallahassee/Leon County Civic Center Authority, the Sunshine State Governmental Financing Commission, and the Economic Club of Florida. He received his B.S. degree in 1969 from the Florida State University School of Business and his Juris Doctor degree in 1972 from the FSU College of Law. Mr. Marks also served four years in the U.S. Air Force as a Judge Advocate.

GABRIELLE REECE

Gabrielle Reece began modeling in 1989 and has appeared on numerous magazine covers. She is internationally recognized as a top fashion model and spokesperson for several companies, including Nike. Reece co-wrote a book with Karen Karbo (July 1997) about her life as a pro volleyball player "Big Girl in the Middle."

BURT REYNOLDS

Burt Reynolds, who has as enjoyed enormous success as an actor and director in feature films, television and stage productions, is a Golden Globe winner, Oscar nominee, Emmy Award winner, winner of 12 People's Choice Awards including five for favorite motion picture actor and three for favorite all-round male entertainer.

DR. TONEA STEWART

Dr. Tonea Stewart is a professional actress, tenured Professor and Director of Theatre Arts at Alabama State University. As an actor, she is best known for her recurring role in "In the Heat of the Night" as Aunt Etta Kibbe.

NORM THAGARD

Former NASA Astronaut, Norm Thagard, logged over 140 days in space during five space flights. He was a mission specialist on STS-7 in 1983 on Orbiter Challenger, the flight engineer on STS-51B in 1985, aboard Challenger and STS-30 in 1989, on Orbiter Atlantis, the payload commander on STS-42 in 1992, aboard the Shuttle Discovery and was the cosmonaut researcher on the Russian Mir 18 mission in 1995. He is currently on Faculty at FSU in the College of Engineering.



Rita Coolidge



Paul Gleason



Traylor Howard



Gabrielle Reece



Dr. Tonia Stewart



Tallahassee Mayor John Marks



Shape Magazine Editor-In-Chief Barbara Harris

ESPN GameDay's Lee Corso

OTHER DISTINGUISHED ALUMNI:

- Reubin Askew**, former Governor of Florida
- Paul Azinger**, professional golfer
- Alan Ball**, award-winning writer, received the 1999 Academy Award for Best Original Screenplay for "American Beauty"
- John W. Bradley**, actor, "The New Adventures of Robin Hood"
- Clifton Campbell**, playwright
- Davis Gaines**, performer, "The Phantom of the Opera"
- Jane Geddes**, professional golfer
- Paul Gleason**, actor, "Trading Places," "The Breakfast Club"
- Parris Glendening**, former Governor of Maryland
- Hubert Green**, professional golfer
- Tara Dawn Holland Christensen**, Miss America 1997
- Linda Keever**, Editor in Chief *Florida Trend Magazine*
- Tony LaRussa**, Manager, St. Louis Cardinals
- Doug Marlette**, Pulitzer Prize winner for editorial cartooning
- DeLane Matthews**, actress
- Michael Piontek**, actor
- Henry Polic**, actor
- Charles G. Rex**, New York Philharmonic
- Victor Rivers**, actor and spokesperson for The National Network To End Domestic Violence
- Stephen J. Rothman**, theatre director
- Winston Scott**, former NASA astronaut
- Steven Sears**, writer and producer
- Randy Ser**, theatrical director
- Sonny Shroyer**, actor, "The Dukes of Hazard"
- Richard Simmons**, diet and exercise guru
- Robert Urich**, actor, "Vega\$, "Spencer For Hire"
- Dr. Valint Vazsonyi**, international concert pianist
- Claudia Waite**, award-winning soprano
- Ellen Taaffe Zwilich**, first woman to win Pulitzer Prize in music
- Linda Zoghby**, opera singer

Actor Burt Reynolds with former Seminole Warrick Dunn

Athletic Administration



**DR. THOMAS KENT
"T.K." WETHERELL**
President, Florida State
University

Dr. Thomas Kent "T.K." Wetherell became the 13th president of Florida State University on January 6, 2003. He is the first university alumnus to serve as president of Florida State. A career educator with more than 30 years of experience in the State of Florida's educational system, Dr. Wetherell is also the only FSU president with experience in all four major divisions within higher education, having held positions in the offices of academic affairs, student services, business affairs, and college development. He has held leadership positions in two-year as well as four-year colleges, and he has served as a faculty member in both public and private institutions of higher education.

Dr. Wetherell is recognized as a high-energy, student-oriented president. He is an innovator who challenges faculty, staff and administrators to set high professional and personal standards. During his tenure as president, Florida State realized its dream of establishing, receiving full accreditation and graduating the first class of the nation's first public new allopathic medical school in the last 25 years.

Under Dr. Wetherell's leadership Florida State has undertaken the university's most extensive construction program, adding three new residence halls, a general purpose classroom building, new food services facilities, parking garages, an alumni center, research facilities, massive renovation projects, a Heritage Walk system throughout campus, as well as the construction of a new medical school.



Dr. Wetherell established the Pathways to Excellence program designed to enhance Florida State University's stature as a public graduate research university. The Pathways to Excellence program is designed with the Association of American Universities evaluation criteria as its basis. In addition to issuing a challenge to the university's community to reach a higher level academically, Dr. Wetherell also made available online data that will allow the public and individual faculty to monitor the university's and their respective academic department's success in this endeavor.

Dr. Wetherell is an outstanding advocate for higher education and has been called the state's most "politically astute president." In addition to his political insight, Dr. Wetherell is expert in resource development and led the university to successfully complete Florida State's second major capital campaign. During the campaign Dr. Wetherell gave the largest gift a seated president of a public research university has ever given to an institution in the United States. As president, Dr. Wetherell has also been the university's most vocal advocate for a community service program as part of students' college experience.

Dr. Wetherell has been inducted into Florida State University's Hall of Fame and was the recipient of the prestigious Moore-Stone Award, the Circle of Gold Award and the university's Distinguished Service Award. In addition, he has also been awarded an honorary Doctorate of Letters from Flagler College.

Dr. Wetherell served in the Florida House of Representatives from 1980 to 1992, the last two years as Speaker of the House. During his tenure in the House he served as chairman of the appropriations committee and the higher education committee. The Miami Herald named him one of the Top Ten Legislative Leaders in the House each year from 1987 until 1992. During his years in the legislative process Florida enacted some of the most progressive education legislation in America.

A third-generation Floridian, Dr. Wetherell was born on December 22, 1945 in Daytona Beach, Florida. He attended Port Orange Elementary School and Mainland Senior High School, where he was active in service clubs, student government and athletics. He attended Florida State University on a football scholarship and played on the 1963-67 football teams. He still holds the record for the longest kickoff return in Florida State University history. He earned his bachelor's and master's degrees in social studies education from FSU in 1967 and 1968 respectively. He

earned a doctorate in education administration from FSU in 1974.

Dr. Wetherell is married to Virginia B. Wetherell, who was appointed by Governor Chiles as Secretary of the Florida Department of Environmental Protection from 1991 to 1998. She previously served as a state legislator representing Pensacola. She currently is president of Wetherell Consulting Services. They are the parents of three children: Kent, Blakely, and Page, and have two grandchildren: Emily and Tyler. Wetherell's personal interests include outdoor recreation, travel and aviation.



DAVE HART, JR.
Director of Athletics

His peers use terms and words such as class, integrity, respect, visionary and national leader to describe Dave Hart, Jr. Bolstered by his leadership and vision, the current and future state of a still young athletics program at Florida State University is vibrant and inspiring. Hart is widely viewed as one of the nation's top athletics directors. It is a reputation he has earned.

Dave Hart begins his 12th year as Florida State's Athletics Director. Hart has led the FSU athletics program since 1995 with comprehensive success in mind. The athletics department budget has doubled from 20 to more than 40 million dollars since Hart arrived, with a high percentage of that increase going towards the growth and development of women's athletics programs at FSU. Student-athletes have reached new heights in academic performance within University, Conference and national circles. Community service participation by student-athletes is at an all-time high with every team giving back to the community throughout the year. Florida State student-athletes, coaches, administrators and teams are being recognized nationally on a regular basis for honors and awards. Excellence in competition is evidenced across the board with the Seminoles finishing in the Top 20 nationally in the Directors' Cup this past year. Facility enhancements are remarkable and serve as a collective point of pride for current and former student-athletes, coaches, staff, alumni and fans.

In recognizing Hart's position within intercollegiate athletics, ACC Commissioner John Swofford said, "Dave Hart is one of the best and most respected athletics directors in the business. He thoroughly understands the nuances of major college athletics, and he has superb values to go along with his vast experience in the field. He is a proven leader within our conference as well as at the national level."

Hart has served on several prestigious committees at conference and national levels during his career in athletics administration. He has been a member of the NCAA Council, the NCAA Honors and Awards Committee and the NCAA Special Events and Postseason Bowls Committee as well as a consultant to the NCAA Student-Athlete Advisory Council.

Hart has also held positions of considerable influence within conference and national circles. He served as President of both the National Association of Collegiate Directors of Athletics and the Division I-A Athletics Directors' Association. Hart has been recognized by his peers in intercollegiate administration with the honor of being named Athletics Director of the Year in the Southeast Region in 2000 and 2005. In the seven year existence of the AD of the Year Award, he is one of only three athletics directors' in Division I-A to receive the regional award twice. He has also received the Robert R. Neyland Award for lifetime achievement in his profession as well as the Athletics Directors' Award for advancing the quality and progress of student-athletes and the ath-

UNIVERSITY ADMINISTRATION

President	Dr. T.K. Wetherell
Provost & Executive Vice President for Academic Affairs	Lawrence G. Abele
Dean of the Faculties & Deputy Provost	Dr. Anne Rowe
Vice President for Research	Dr. Kirby Kemper
Vice President for Student Affairs	Mary Coburn
Senior Vice President for Finance & Administration	John R. Carnaghi
Vice President for University Relations	Lee Hinkle
General Counsel	Betty J. Steffens

letics program while at Florida State. He currently is a member of the NCAA Football Board of Directors where he represents NACDA and serves with commissioners of Division I-A conferences as well as NCAA President, Myles Brand. He is also one of eleven athletics directors nationally who serve as an advisory group to presidents and conference commissioners in ongoing meetings and discussions regarding BCS format options and related issues. In addition to serving in prominent leadership roles nationally, Hart has been directly involved in the renegotiations of the ACC's football and basketball television contracts, which are considered to be the nation's best. He has chaired the ACC Television Committee as well as the ACC Men's Basketball and Football committees. A long-time advocate of conference expansion, Hart played an instrumental role in the Atlantic Coast Conference expansion process which resulted in the addition of three new members in Miami, Virginia Tech and Boston College while immediately elevating the national profile of the ACC.

A popular speaker at the national level, Hart has made numerous speaking presentations nationally and presented seminars on such topics as student-athlete welfare, marketing, gender equity, facility master planning, negotiation skills and personnel transition. He was an instructor at the National Association of Collegiate Directors of Athletics Management Institute for ten years and currently is an annual presenter at the Division I-A Athletics Directors' Institute sharing with peers his knowledge and experiences relating to athletics administration.

Since his arrival at Florida State, Hart has negotiated unprecedented multi-million dollar contracts for the department totaling in excess of 100 million dollars while planning and guiding



the development and implementation of an extensive and comprehensive facilities master plan for athletics which totals more than 125 million dollars. He initiated a multi-faceted Student Development/Life Skills program for all student-athletes at FSU, which has been recognized nationally as a "Program of Excellence" by the Division I-A Athletics Directors' Association. He spearheaded the rewriting of the department's mission statement to put the student-athlete at the core of everything the athletics department does in its goal to build comprehensive excellence throughout the many components of the department.

Hart took a leadership role in the athletics department's first major Capital Campaign, in concert with Seminole Boosters, which raised over 75 million dollars for athletics facilities and endowed athletics scholarships for all sports at Florida State. Within the Facilities Master Plan, the Soccer/Softball facility was the first new facility to be built and remains one of the nation's finest. Major renovations to the Tennis and Volleyball facilities have also been completed. The state-of-the-art Golf Facility and Teaching Center and the Basketball Training Center are among the nations very best. The Dick Howser Baseball Stadium and the new Moore Athletics Center, have few, if any, peers. A new aquatics facility and completion of the renovation to the Mike Long Track building are underway. The planned "Legacy Walk" will ultimately showcase FSU tradition and Athletics heritage around the University Center.

Hart has made major hires within coaching and administra-

tive areas of the department, while dramatically increasing exposure for all Seminole Athletics since his arrival at FSU. Through the negotiation of television contracts with Sun Sports as well as ACC contracts with regional sports carriers and ABC and ESPN, Florida State enjoys outstanding visibility in all sports on an annual basis.

Under Hart's direction, FSU formalized a varsity club to encourage the participation of former student-athletes in athletics department activities and a new focus has been placed on the growth of women's athletics at FSU. That commitment is reflected in the increased allocation of funding, competitive success and facility improvements. Also during Hart's tenure, FSU has been home to the inaugural National Student-Athlete of the Year, a State of Florida Woman of the Year recipient and a Rhodes Scholar. A record number of FSU student-athletes have made the ACC Academic Honor Roll, been recipients of NCAA post-graduate scholarship awards and obtained degrees during the past ten years. Student-athlete community service involvement has become a priority since Hart's arrival. Student-athletes at FSU contributed over 5,000 hours this past year to community outreach projects with the women's golf team winning the Athletics Director's Cup for community service.

A 1971 graduate of Alabama, Hart played basketball for the Crimson Tide and earned a master's degree in 1972 while serving as a graduate assistant basketball coach. He coached and taught at the high school level before joining the East Carolina athletics program in 1983 where his vision and leadership enabled that program to reach goals thought to be unattainable.

Hart met his wife, the former Pam Humble, while at Alabama and they have three children, Rick, Jamie and Kelly. The Harts' also have three grandchildren, Trevor, Caroline and McKinley.



CHARLIE CARR
Senior Associate
Director of
Athletics



GARY HUFF
Executive
Associate Director
of Athletics for
Internal Affairs



BOB MINNIX
Senior Associate
Director of
Athletics for
Compliance



PAM OVERTON
Associate Director
of Athletics/SWA



ANDY URBANIC
Associate Director
of Athletics for
Football Operations
& Special Projects



BERNIE WAXMAN
Associate Director
of Athletics for
Facility Planning,
Operations &
Event Management



BRIAN BATTLE
Associate Director
of Athletics for
Compliance

ATHLETIC ADMINISTRATION EXECUTIVE STAFF



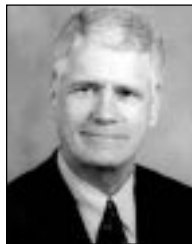
KIM RECORD
Senior Associate Director of
Athletics

Kim Record is in her 12th year as senior associate athletics director at Florida State.

Record is a veteran of Atlantic Coast Conference circles having served as an associate athletics director at her alma mater, the University of Virginia, for seven years. She is the primary administrator overseeing the Seminole men's and women's basketball teams and soccer programs. Her responsibilities also include coordination and oversight of all multi-media contracts, assisting in the management of all phases of the department operation and overseeing the areas of sports information, sports marketing and video.

Prominent on the national scene, Record served on the executive committee of NACDA and is a member of the NCAA Womens Soccer Committee, NACDA's Continuing Education Program and the USS Sports Academy Director's Cup Committee.

A native of Troy, Virginia, Record received her bachelor's degree in sociology in 1984 and her master's degree from Florida State in 1999. She has two sons: Kyle (18) and Joshua (13).



**DR. JOSEPH
BECKHAM, J.D.**
Athletics Committee Chair

Dr. Joseph Beckham was appointed as Florida State University's Faculty Representative to the NCAA and Atlantic Coast Conference in 2006 and currently chairs the University's Athletic Committee.

Dr. Beckham joined Florida State in 1980 and specializes in education law, policy and finance. He was named Allan Tucker Professor of Educational Leadership and Policy Studies at Florida State University in 2001 and was awarded the Ross Oglesby Award for contributions to FSU in 1999.

He holds both a Ph.D. in educational administration and policy and a Juris Doctorate. In the mid-1970s, he served as administrative counsel to Connecticut Lt. Governor Peter Cashman, and assisted in the development of youthful offender programs that coordinated services across the Connecticut departments of education, corrections, higher education and youth services. While completing his Ph.D., he was a National Education Finance Project research fellow and later joined the faculty of the Graduate School of Education at the University of Pennsylvania.

Dr. Beckham has served as head of the Department of Educational Leadership (1988 to 1993), chair of that department (1999 to 2001), and interim chair (2005-06). In addition to his appointment to a number of state and national boards representing educators and attorneys, he was president of the National Organization on Legal Problems of Education in 1991 and was awarded the McGhehey Award for contributions to the field of education law by the Education Law Association in 1996.

From 2000 to 2005, Dr. Beckham was a member of FSU's Athletic Board serving on the equity and academics committees and chairing the budget subcommittee.

ATHLETICS DEPARTMENT MISSION STATEMENT

The Mission of the Department of Intercollegiate Athletics at Florida State University shall be to produce National Collegiate Athletic Association (NCAA) Division I programs for men and women equally characterized by excellence. In addition, the Department strives to be recognized as a campus leader in terms of its ethics, non-discrimination and unquestioned fiscal integrity.

Excellence in intercollegiate athletics programs is determined by academic achievement in the classroom, as well as development of character, maturity and a sense of fair play in athletic competition. Such excellence engenders support for the University among its constituent groups including students, faculty, alumni, and friends at all levels of interest. The Department shall subscribe fully to the philosophy and regulations set forth by the National Collegiate Athletic Association and operate within the fiscal regulations and non-discriminatory procedures established by the Florida State University Board of Trustees and the Florida Legislature.

It is the explicit philosophy of the Department that our student-athletes will be strongly encouraged and supported in their endeavors to progress toward a degree while simultaneously participating in intercollegiate athletic program whose environment is consistent with the highest standards of academic scholarship, sportsmanship, ethics, and institutional loyalty.

Finally, the decisions and priorities of the Department should always focus on our student-athletes first, as individuals; second, as students; and third, as athletes.

This is the ACC

THE TRADITION

Consistency. It is the mark of true excellence in any endeavor.

However, in today's intercollegiate athletics, competition has become so balanced and so competitive that it is virtually impossible to maintain a high level of consistency.

Yet the Atlantic Coast Conference has defied the odds. Now in its 54th year of competition, the ACC has long enjoyed the reputation as one of the strongest and most competitive intercollegiate conferences in the nation. And that is not mere conjecture, the numbers support it.

Since the league's inception in 1953, ACC schools have captured 100 national championships, including 52 in women's competition and 48 in men's. In addition, NCAA individual titles have gone to ACC student-athletes 130 times in men's competition and 71 times in women's action.

Since 1977, when the league adopted women's basketball and a tradition of excellence was established, the ACC has continued to soar to new heights. The 2005-06 season elevated the stage yet again, marking the first time in NCAA history that a conference sent three teams to the same Final Four. The title game pitted an automatic ACC winner as second-seeded Maryland faced No. 1 seed Duke. The Terrapins claimed their first national title in school history and the league's second with a thrilling 78-75 overtime game at the TD Banknorth Garden in Boston, Mass., on April 4, 2006.

Nine ACC teams earned postseason bids in 2006, including seven NCAA Tournament berths, the second consecutive year the league has tallied seven bids to the Big Dance. With 75 percent of its membership competing in the postseason play, the ACC boasted the highest league participation amongst the nation.

Over the years, ACC women's basketball teams have gained global recognition through their television exposure. The 2005-06 schedule features 47 televised games, the most in ACC women's basketball history. The television package includes 84 television appearances, including Michigan State at Maryland (1/6) on CBS and Tennessee at North Carolina (12/3) on ESPN. In addition, the ACC will broadcast nine games on ESPN2 and five on Fox Sports Net and affiliates. Twenty-nine match-ups will be featured on the league's regional sports network, which includes Comcast SportsNet, Fox Sports Net South, SunSports and New England's Sports Network (NESN).

The ACC was 66-51 (.564) in front of a national televised audience last season. Duke, Maryland and North Carolina all pitted over a 70 percent winning percentage when showcased on television.

The Tar Heels boasted an ACC-best overall record with a 17-1 mark (.944) on the big screen, while the Terrapins wrapped up a five-game win streak on ESPN at the NCAA Championship tilt last season.

The league's women's basketball programs rank among the best in the country in terms of the NCAA Tournament, having made 132 appearances and won 156 games in the last 29 years, 20 of them as a number one seed. In addition to sending three teams to the same final four for the first time in history, the league boasts such national accomplishments as sending at least one team to the "Sweet 16" for 18 consecutive years and at least one to the Final Four in 10 of the last 18 years. The conference has also made 13 trips to the Final Four in the last 25 years with three teams finishing second and North Carolina and Maryland capturing National Championships in 1994 and 2006, respectively.

Since 1989, the ACC has placed 14 players on the All-Final Four team, while Maryland's Laura Harper joined the ranks of Virginia's Dawn Staley and North Carolina's Charlotte Smith, who was dubbed the NCAA Tournament Most Outstanding Player in 2006. In all, 56 ACC players have been named to the NCAA Tournament All-Region teams, with nine Most Outstanding Player recognitions.

Four players have garnered National Player of the Year accolades while competing under the ACC banner. Staley was a back-to-back selection in 1991 and 1992, while Smith received the ESPY award in 1995. Duke's Alana Beard was recognized with National Player of the Year honors in both 2003 and 2004, while UNC's Ivory Latta, who returns for her final collegiate season, earned ESPN.com National Player

of the Year last season.

Five league coaches have combined to earn 12 national coach of the year awards. Duke's Gail Goestenkors, North Carolina's Sylvia Hatchell, Virginia's Debbie Ryan, Maryland's Chris Weller and NC State's Kay Yow have all garnered national recognition.

Seven ACC representatives, including coaches and student-athletes, have participated in the Olympics. NC State's Kay Yow, assisted by Sylvia Hatchell of UNC, headed up the 1988 gold medal-winning Olympic team. Maryland's Vicky Bullett was a member of both the 1988 and 1992 Olympic teams. Staley, a three-time Olympian, struck gold in Athens as a member of the 2004 title squad. Duke's Gail Goestenkors served as an assistant coach on the gold medal-winning team in Athens.

Since the inaugural season of the Women's National Basketball Association in 1997, the ACC has been a recognizable presence in the league. Fifty-two former ACC stars have played on the hardwood in the WNBA, while five former players have worked the sidelines as coaches.

The ACC also stands at the forefront of intercollegiate athletics in terms of the academic accomplishments of its student-athletes. Since 1983, 482 women's basketball players have received ACC Academic Honor Roll recognition. The 2005-06 academic year included 47 selections.

In addition, ACC women's basketball players have earned first-team Academic All-America honors six times, including Virginia's Val Ackerman in 1981, the former President of the WNBA. In 1997, NC State's Jennifer Howard was tabbed GTE CoSIDA Academic Player of the Year after posting a flawless 4.0 grade point average throughout her career. Thirteen players have earned ACC postgraduate scholarships, while three others were named NCAA Postgraduate Scholars.



2005-06 IN REVIEW

The 2005-06 academic year concluded with the league pocketing an all-time high six national team titles and 15 individual NCAA crowns. In all, the ACC has won 57 national team titles over the last 16 years. The ACC has won two or more NCAA titles in 24 of the past 26 years.

2005-06 National Championships

Field Hockey	Maryland
Men's Soccer	Maryland
Women's Basketball	Maryland
Men's Lacrosse	Virginia
Women's Golf	Duke
Men's Outdoor	
Track & Field	Florida State

THE CHAMPIONSHIPS

The conference will conduct championship competition in 25 sports during the 2006-07 academic year - 12 for men and 13 for women.

The first ACC championship was held in swimming on February 25, 1954. The conference did not conduct championships in cross country, wrestling or tennis during the first year.

The 12 sports for men include football, cross country, soccer, basketball, swimming, indoor and outdoor track, wrestling, baseball, tennis, golf and lacrosse. Fencing, which was started in 1971, was discontinued in 1981.

Women's sports were initiated in 1977 with the first championship meet being held in tennis at Wake Forest University.

Championships for women are currently conducted in cross country, volleyball, field hockey, soccer, basketball, swimming, indoor and outdoor track, tennis, golf, lacrosse, softball and rowing.

A HISTORY

The Atlantic Coast Conference was founded on May 8, 1953, at the Sedgefield Inn near Greensboro, N.C., with seven charter members - Clemson, Duke, Maryland, North Carolina, North Carolina State, South Carolina and Wake Forest - drawing up the conference by-laws.

The withdrawal of seven schools from the Southern Conference came early on the morning of May 8, 1953, during the Southern Conference's annual spring meeting. On June 14, 1953, the seven members met in Raleigh, N.C., where a set of bylaws was adopted and the name became officially the Atlantic Coast Conference.

Suggestions from fans for the name of the new conference appeared in the region's newspapers prior to the meeting in Raleigh. Some of the names suggested were: Dixie, Mid South, Mid Atlantic, East Coast, Seaboard, Colonial, Tobacco, Blue-Gray, Piedmont, Southern Seven and the Shoreline.

Duke's Eddie Cameron recommended



Former Seminole Sue Galkantas, pictured with Commissioner John Swofford and Associate Commissioner Bernadette McClade, was honored as an ACC Legend at the 2005 ACC Basketball Tournament.

that the name of the conference be the Atlantic Coast Conference, and the motion was passed unanimously. The meeting concluded with each member institution assessed \$200.00 to pay for conference expenses.

On December 4, 1953, conference officials met again at Sedgefield and officially admitted the University of Virginia as the league's eighth member. The first, and only, withdrawal of a school from the ACC came on June 30, 1971, when the University of South Carolina tendered its resignation.

The ACC operated with seven mem-

bers until April 3, 1978, when the Georgia Institute of Technology was admitted. The Atlanta school had withdrawn from the Southeastern Conference in January of 1964.

The ACC expanded to nine members on July 1, 1991, with the addition of Florida State University.

The conference expanded to 11 members on July 1, 2004, with the addition of the University of Miami and Virginia Polytechnic Institute and State University. On October 17, 2003, Boston College accepted an invitation to become the league's 12th member starting July 1, 2005.

SCHOOL AFFILIATIONS

BOSTON COLLEGE — Charter member of the Big East Conference in 1979; joined the ACC in July, 2005.

CLEMSON — Charter member of the Southern Intercollegiate Athletic Association in 1894, a charter member of the Southern Conference in 1921, a charter member of the Atlantic Coast Conference (ACC) in 1953.

DUKE — Joined the Southern Conference in December, 1928; charter member of the ACC in 1953.

FLORIDA STATE — Charter member of the Dixie Conference in 1948; joined the Metro Conference in July, 1976; joined the ACC July, 1991.

GEORGIA TECH — Charter member of the Southern Intercollegiate Athletic Association in 1894, charter member of Southern Conference in 1921, charter member of the SEC in 1932, joined the ACC in April, 1978.

MARYLAND — Charter member of the Southern Conference in 1921, charter member of the ACC in 1953.

MIAMI — Charter member of the Big East Football Conference in 1991; joined the ACC in July, 2004.

NORTH CAROLINA — Charter member of the Southern Intercollegiate Athletic Association in 1894, charter member of the Southern Conference in 1921, charter member of the ACC in 1953.

NC STATE — Charter member of the Southern Conference in 1921; charter member of the ACC in 1953.

VIRGINIA — Charter member of the Southern Intercollegiate Athletic Association in 1894, charter member of the Southern Conference in 1921, resigned from Southern Conference in December 1936, joined the ACC in December, 1953.

VIRGINIA TECH — Charter member of the Southern Conference in 1921; withdrew from the Southern Conference in June, 1965; became a charter member of the Big East Football Conference in Feb. 5, 1991; joined the ACC in July, 2004.

WAKE FOREST — Joined the Southern Conference in February, 1936, charter member of the ACC in 1953.

Athletic Academic Support Program

ATHLETIC ACADEMIC SUPPORT MISSION STATEMENT

The primary focus of the Athletic Academic Support Program is to provide an environment which facilitates the academic success of each student-athlete. Student success is encouraged through competent academic counseling, study skills development, individualized assessment and support, and a wide array of tutorial services.

AN OVERVIEW OF AN AWARD-WINNING ACADEMIC SUPPORT PROGRAM

Academic, personal and professional support is essential to college success. At The Florida State University, an outstanding support program has been developed that enables student-athletes to reach their full potential.

Florida State Athletic Academic Support Program Director, Mark Meloney states, "Our philosophy is to offer an academic support program integrated with the total University that will assist all student-athletes with the transition into college and provide continued support in all phases of academic and professional development, culminating with graduation, job placement or graduate school."

FSU's program operates on a "proactive" rather than "reactive" approach. The academic staff does not wait for crises to occur. They gather important background information on each entering student-athlete, build an academic profile, and develop individu-

alized support programs which are tailored to the unique needs of each student-athlete. They also stay informed on the daily progress of the student-athletes through consistent communication with the Florida State faculty.

In the summer of 2004, the Academic Support Program moved into their new home, a state-of-the-art facility in the newly constructed Moore Athletic Center. The multi-million dollar structure, which is located in the north end zone of Doak Campbell Stadium, is the new home of Florida State athletics. Some of features of the new academic support area include a 32-station computer lab for student-athletes, 10 private tutorial rooms, the use of two 50-seat classrooms, and a five-station "Learning Center" for student-athletes with learning deficiencies and/or disabilities. The compliance, student services, business, sports information and athletics marketing offices are also housed in the facility, providing a more efficient and functional department, thus allowing student-athletes the opportunity for balance and improved time-management.

The academic support staff is comprised of a director, associate director, administrative assistant, six academic counselors, two learning specialists, several graduate assistants and approximately 50 tutors and mentors.

Meloney was named the program's Director in 1997 and brings 20 years of advising experience to the position. Over the past 10 years, Meloney has played an integral role in the development of a comprehensive program of student-athlete support, which has won the "Program of Excellence" award from Athletic Management Magazine.

TUTOR & MENTOR PROGRAM

The athletics department at Florida State University has made a commitment to providing the student-athletes with one of the finest and most comprehensive tutorial and mentor programs in the nation. The tutorial program is just one of several key support services that is available to all student-athletes as they progress towards their ultimate goal of obtaining a college degree. FSU hires approximately 50 tutors a year, from a variety of academic departments, who are committed to providing a proactive, individualized approach in assisting student-athletes with course comprehension and study skills. In addition, mentors are academic role models who have demonstrated the ability to teach and give guidance in areas of academic developmental skills. They are responsible for providing assistance in the development of skills such as note taking, test preparation and communication with faculty. In essence, mentors become an extension of the academic counselor as they keep the academic performance of their student-athletes under close observation and report to the academic counselors each week. The tutors and mentors are usually seniors or graduate level students who have outstanding academic backgrounds.

STUDY HALL

In an effort to help ensure the academic success of the student-athletes, professionally supervised study sessions for each athletic team are organized. The main focus of the study hall program is to help students develop consistent and appropriate study patterns by providing a structured setting to work on class assignments and to provide tutorial assistance before academic problems arise. Although the criteria for study hall is left to the discretion of each academic counselor, typically most freshmen, first year transfers, and upperclassmen who have not yet achieved a satisfactory cumulative grade point average are asked to attend study hall.

ACADEMIC HONORS & AWARDS

Florida State University student-athletes have achieved great success in obtaining recognition for academic excellence. More than \$350,000 in Postgraduate Scholarship monies has been granted to FSU stu-





dent-athletes over the past 12 years, as well as numerous other academic honors and awards. During the 2005-06 academic year, six Seminole student-athletes were named National Academic All-Americans — David Castillo (football) Natasha Jacob (softball), Garrett Johnson (track & field), Tom Lancashire (track & cross country), Javier Garcia-Tunon, (track & field), and Lacy Janson (track & field). This is the first time that six Seminoles have been bestowed this honor in the same academic year. In addition, Garrett Johnson was named ESPN The Magazine Academic University Player of the Year.

Florida State University named a record 194 student-athletes to the 2006 Atlantic Coast Conference Honor Roll. At the conclusion of the 2005-2006 school year, eight of Florida State's athletic teams had a 3.0 or better cumulative grade point average. In the spring 2006 semester 202 Seminoles achieved a minimum 3.0 semester GPA while the average team semester GPA was a 2.941.

David Castillo (football), Andrew Diakos (track & field) and LaKendra McColumn (track & field) were among the 36 Atlantic Coast Conference scholar-athletes to be named recipients of the ACC Weaver James Corrigan Postgraduate Scholarship in 2005-06 while Garrett Johnson (track & field) earned the ACC Scholar Award.

Eight Seminole student athletes earned the prestigious Arthur Ashe Junior Sports Scholar Award and Castillo was named the Arthur Ashe Junior National Male Scholar Athlete of the Year. The Arthur Ashe Jr. Sports Scholar Awards were established in 1992 and serve to honor minority student athletes who exhibit academic excellence and community activism, as well as athletic prowess.

FSU also boasted one NCAA Postgraduate Scholarship finalist, 11 District Academic All-Americans and six National Academic All-Americans.

The Academic Support Program is committed to recognizing the academic success of all student-athletes. The athletics department, in conjunction with Seminole Boosters, Inc., puts on the annual "Golden Torch Gala," a black-tie academic awards banquet, each fall. The ACC Honor Roll student-athletes, as well as the

ACC ACADEMIC HONOR ROLL SELECTIONS

- 1991-92 Robin Corn, Christy Derlak, Danielle Ryan
- 1992-93 ... Christy Derlak, Danielle Ryan, Allison Peercy
- 1993-94 ... Christy Derlak, Allison Peercy, Liberty Taylor, Angela Atkinson, Michelle Frank
- 1994-95 .. Allison Peercy, Liberty Taylor, Katina Cobbins, Wendy Hampton, Anja Pedersen
- 1995-96 Wendy Hampton, Kristen Parker, Leslie Waugh, Carla Williams
- 1996-97 Arleshia Davidson, Wendy Hampton, Kristen Parker, Leslie Waugh
- 1997-98 Arleshia Davidson, Vanessa Fuchs, Wendy Hampton, Latrice McLin, Jen Robinson, Leslie Waugh, Brooke Wyckoff
- 1998-99 ... Arleshia Davidson, Vanessa Fuchs, Val Linley, Jen Robinson, Lakesha Springle, Angela Sutton, Brooke Wyckoff
- 1999-00 Latavia Coleman, Molly Beal, Brooke Wyckoff, Vanessa Fuchs, Lauren Bradley, Levys Torres, Katelyn Vujas
- 2000-01 Molly Beal, Lauren Bradley, Vanessa Fuchs, Petra Hofmann, Lakesha Springle, Brooke Wyckoff
- 2001-02 Lauren Bradley, Genesis Choice, Linnea Liljestrand, Kim Small
- 2002-03 Ganiyat Adeduntan, Lauren Bradley, Holly Johnson, Linnea Liljestrand, Tasheika Allen
- 2003-04 Ganiyat Adeduntan, Nikki Anthony, Lauren Bradley, Alicia Gladden, Holly Johnson, Linnea Liljestrand, LaQuinta Neely
- 2004-05 Ganiyat Adeduntan, Nikki Anthony, Alicia Gladden, Christie Lautsch, Linnea Liljestrand, Hannah Linquist
- 2005-06 Ganiyat Adeduntan, Nikki Anthony, Tiffany Buckelew, Mara Freshour, Alicia Gladden, Holly Johnson, LaQuinta Neely, Dranadia Roc

ACADEMIC ALL-ACC

- 1998 Arleshia Davidson, Wendy Hampton, Brooke Wyckoff
- 1999 Jen Robinson, Brooke Wyckoff
- 2000 Molly Beal, Brooke Wyckoff
- 2001 Molly Beal, Vanessa Fuchs, Brooke Wyckoff
- 2002 Linnea Liljestrand
- 2003 Holly Johnson
- 2004 Ganiyat Adeduntan, Lauren Bradley
- 2005 Ganiyat Adeduntan, Linnea Liljestrand
- 2006 Ganiyat Adeduntan, Alicia Gladden, Holly Johnson, LaQuinta Neely

individuals with the highest GPA on their respective teams, and the men's and women's teams with the highest GPA are recognized at this event.

Team meetings are held each year, during which time student-athletes are notified of potential honors and awards and are encouraged to apply. Combining a strong grade point average with athletic accomplishments, community service activities and leadership experiences make for a student-athlete capable of obtaining unlimited academic honors, awards and postgraduate opportunities.

The Basketball Academic Support Staff



MARK P. MELENEY

Mark Meloney begins his 10th year as the Director of the Athletic Academic Support Program. He brings to the position 20 years of advising experience at FSU. Over the years, Meloney has played an integral role in the development of a comprehensive program of academic support for student-athletes which includes a staff of six professional academic counselors, three educational services specialists, and an administrative assistant.

In addition to his duties directing the Academic Support Program, Meloney coordinates the evaluation of all recruits for their academic potential, monitors academic progress and eligibility for student athletes, and serves as a liaison to the academic community. He also serves as a member of the administrative team for both the Athletic Department and the Division of Undergraduate Studies.

A native of Iowa, Meloney began his college education at Buena Vista University. Upon transferring to Florida State University, he earned bachelor's degrees in management and finance in 1986 and received his M.S. degree in athletic administration in April 1997.

A member of the National Association of Academic Advisors for Athletes (N4A), Meloney is married to the former Sarah Cawthon and they have a 13-year-old daughter, Montana Shea.

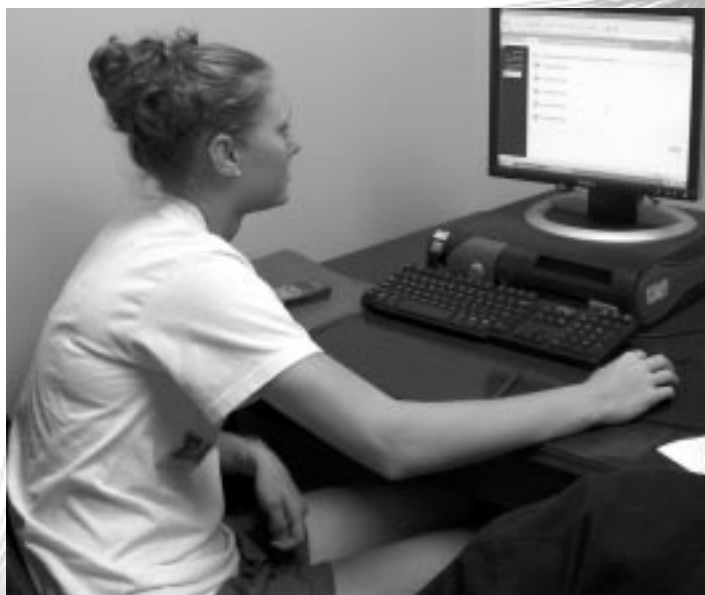


DR. BRENDA MONK

Dr. Brenda Monk begins her sixth year with the Athletic Academic Support Program. Dr. Monk serves as an Assistant Director of the Academic Support Program. As a learning specialist, she works hands-on with all student-athletes, especially those with learning needs.

Dr. Monk implements an Educational Services Program that is designed to meet the needs of student-athletes diagnosed with moderate academic deficiencies and assist with their progress towards graduation. This includes providing individual assessments of student needs, coordinating the tutorial needs of students, and providing one-on-one services to the students.

Mark Meloney, Program Director, describes Dr. Monk's contribution as one that, "greatly enhances our student-athlete retention rates." Florida State University is one of a handful of schools



nationally to have a learning specialist on staff within the Athletic Academic Support Program. Florida State University continues to lead the nation in its services to students with learning difficulties.

A native Mississippian, Dr. Monk served in a variety of educational positions throughout her career. She came to Florida State after serving as a principal, special education teacher and supervisor and school psychologist in the Rankin County School District in Brandon, Mississippi. She earned her bachelor's and master's degrees in education from the University of Mississippi.

Dr. Monk also earned an educational specialist degree in 1986 from Jackson State University, and in 1993, earned a Ph.D. in education administration from Mississippi State University.

Dr. Monk is a member of the Association of Supervision and Curriculum Development, Association on Higher Education and Disability, and the National Association of Academic Advisors for Athletics. She has three children, daughter Julie (and husband Scott) Loftin, son Josh (and wife Tiffany) Monk, daughter Allison Monk, an FSU Senior, and grandson Will Loftin, age 2.



AARON VAUSE

Aaron Vause is in his seventh year as a member of the Florida State Athletics Academic Support staff and his third year as the academic counselor for the women's basketball team. Vause, a Palatka, Fla., native also handles the academic counseling for the offensive football players.

Vause earned a bachelor's degree in physical education from Florida State in 2000 and went on to receive a master's degree in physical education and sports administration in 2002. He began working as a graduate assistant in the FSU Athletics Academic Support office in 2000 where he served as an assistant to the football advisor for a year and a half. Vause also coached football at Godby High School in 1999.

In addition to his advising responsibilities, Vause works with all prospective student-athletes during the pre-enrollment process. He works with the coaches, prospective student-athletes and the university from their first on-campus visit, where admission requirements are discussed, until the first day of orientation at FSU. Additionally, Vause also occupies the role of liaison between the university and the NCAA Clearinghouse for Florida State Athletics. Over his tenure with the department, Vause has worked with many of the Seminole athletic teams, including swimming and diving and the track and field and cross country programs.

Basketball Training Center



A view from Madison Avenue



Two regulation-sized basketball courts are located on the second floor of the facility. A balcony from the level of the coaches offices overlooks the courts.



The third level entrance, located on the north side of the complex, connects to a walkway leading directly to the Tucker Civic Center.



The coaches office suite is on the third floor, which has a balcony overlooking the practice courts.



The locker room, located on the first floor, consists of four rooms: the player lounge, the study room, the dressing and locker room and the restroom and shower area.



The team meeting room, strength and conditioning room and athletic training room are located on the second floor, just across the hall from the practice courts.

Strength & Conditioning



Dave Plettl, who is in his seventh year as an assistant strength and conditioning coach at Florida State, works primarily with the women's basketball and men's and women's tennis programs. He individually customizes programs for each of the athletes beginning with pre-conditioning before the season gets underway.

In the spring of 2005, Plettl, a native of Bailey, Colo., was named Master Strength and Conditioning Coach by the Collegiate Strength and Conditioning Coaches association (CSCCa). The honor is the highest given in the strength and conditioning profession and highlighted the organization's conference held in Salt Lake City.

"This is an incredible honor for Dave," CSCCa Executive Director Chuck Stiggins said. "Being named a Master Strength and Conditioning Coach signifies a commitment to student-athletes, a

commitment to Florida State University athletics and a commitment to his profession. We are honored to have Dave as a member of our association. He is truly a standard bearer to all strength and conditioning coaches nationwide."

Plettl, and six other coaches who received the honor in May, joined the then-43 Master Strength & Conditioning Coaches, bringing the total number of MSCC's in the world to 50.

"Dave is so deserving of this prestigious award," FSU women's basketball coach Sue Semrau said. "His role as strength and conditioning coach for our team has played a vital role in the success of our program. His knowledge and ability to connect with people is second to none."

Plettl is a 1991 graduate of the University of Colorado, where he earned a Bachelor's degree in political science and history. He came to Florida State from the University of Texas where he served two years as an assistant strength and conditioning coach with the football, men's tennis, women's golf and rowing programs.

While at Colorado, Plettl worked as a student assistant athletic trainer his first year and then moved to the strength and conditioning staff in 1987 where he spent the next 10 years. Plettl was a student assistant/graduate assistant from 1987-92, the interim coach from 1992-93 and associate strength and conditioning coach from 1993-97. Plettl received Master specialist in Sports Conditioning from the International Sports Sciences Association in September 2001 as well as by the Collegiate Strength and Conditioning Coaches Association in May 2004.

He and his wife, the former Christa Miller, are the proud parents of daughters, Lydia Rose (5) and Rebecca Rose (2) and son Samuel, who will turn one-year-old in December.

BUILDING CHAMPIONS

The FSU strength and conditioning program is designed to improve athletic



performance through an individualized regimen of stretching, lifting, speed, power, agility and conditioning drills. The goal of the program is to maximize the on-court performance of each athlete, while reducing the risk of injury.

Physical development is critical in order to excel at the collegiate level. FSU's strength and conditioning staff is continuously researching and following the most scientifically sound and up-to-date principles of strength training to safely maximize the athletic potential of its players.

The FSU strength and conditioning staff's focus continues to revolve around



building — building stronger and better athletes as well as building new facilities. This is an exciting time for the Seminole strength and conditioning program. FSU's goal is to provide the best athletes in the nation with the best resources and tools in the nation. This includes providing the most state-of-the-art facilities and equipment. Florida State's new basketball strength and conditioning facility, located in the new FSU Basketball Training Center, gives the Seminole staff the best platform to train its athletes to their full athletic potential.

THE PROGRAM

“Not having a plan is planning to fail.” Conditioning for basketball must be carefully planned out, otherwise, you can make the mistake of creating bodybuilders, power lifters, marathon runners or football players. We **MUST** basketball build. The only way to basketball build is to understand the principles that govern the game itself, then apply the exercises, sets, reps and intensity that match those characteristics of the game. But before improving our physical level of play, a more important element will **ALWAYS** come first and that is the mental aspect we call **CHARACTER**.

In building better basketball players, the top priority in Florida State conditioning is that we believe character is above all else. There must be great attitude and effort before we see any success in the weight room or on the basketball court. In order to be in the greatest basketball shape of your life, intense training is needed, not just at given times, but over time. Commitment and toughness are the necessary traits that our players need for continual improvement. Only by character, can we reach the highest level of conditioning.

As for the physical aspect of conditioning, at Florida State we will train all five aspects of conditioning: speed, strength, agility, endurance, and flexibility. However, in any sport, especially basketball, speed is king. Each aspect of conditioning has to point toward building speed. Speed is seen in sprinting, jumping and changing directions, which are critical to the game of basketball. Strength by itself creates a stronger player, but also a slower one. The man who can bench 500 pounds and squat 700 pounds can never run fast enough or jump high enough to compete at the higher levels of basketball. Strength is important, but **ONLY** when it gives birth to speed.

Another example is endurance. Endurance by itself will allow you to run longer but it will not increase your speed, thus you may be fresh after the game, but you got beat during it. The plan



has to be that you train all of these areas so that you can be explosive, not only for a given effort, but for the whole game, and then the whole season.

We attack our basketball conditioning training at Florida State by executing exercises that tax the nervous system, energy system and the muscles exactly like the game itself. The program must implement fast, quick and intense exercises so that it transfers to the game. When the program is executed over time, day-after-day, week-after-week, month-after-month, and finally, year-after-year, the end result is you have a highly trained basketball machine.

The Seminole Basketball Strength and Conditioning Facility

The basketball strength and conditioning facility, located on the second floor of the Florida State Basketball Training Center, is a 2,300 square foot complex that includes state of the art aerobic and basketball-specific weight training equipment as well as a state of the art sound system. The facility is placed right next to the Seminole training room and just across the hall from the basketball practice floor. Strength coach Dave Plettl's office is located within the area making him very accessible to not only the athletes who are working out in the facility, but the players who are conditioning and practicing on the court as well.

“This basketball facility has been created in such a way where it gives each athlete a chance to train in *any way*,” Plettl said. “It's got state of the art equipment which allows us to apply every single principle possible to get kids faster, stronger and better. I'm very excited about it. It's just for basketball and not very many programs have the luxury of having its own strength and conditioning facility.”



Medical Care & Treatment



Cheryl & Jake Pfeil



While Cheryl Pfeil is in her first season as the athletic trainer for the women's basketball team, she is no stranger to Florida State athletics. She has been involved in athletic training at Florida State in some capacity for nearly a decade.

A 2001 FSU graduate, Pfeil was on the sideline as an athletic student trainer during two national championship football games and worked with five different sports in three years of service the FSU training room, including one season with the women's basketball program. After graduation with a bachelor's degree in Exercise Science, Pfeil moved on to Louisiana State University in Baton Rouge, La., where she held the position of graduate assistant athletic trainer for two years. In her time with the Tigers, Pfeil worked with the football and women's volleyball programs while obtaining her master's degree in Sport Pedagogy.

Pfeil began her second stint at Florida State in 2003 as an assistant athletic trainer. She had the responsibility of coordinating the move of all sports medicine staff and assets from the old facility to the new athletic center and was also responsible for the oversight of all athletic training operations. In 2004, she was named medical coordinator for the first and second rounds of the NCAA Women's Basketball Championship held in Tallahassee.

Pfeil left FSU for a brief time to pur-

sue a career in medical equipment sales but returned to Florida State in September. She is a NATABOC Certified Member, an Approved Curriculum Instructor, an American Red Cross Professional Rescuer and an Athletic Trainers' Association of Florida Member.

A native of Conyers, Ga., Pfeil, 26, and is married to Jake Pfeil, also an assistant athletic trainer at FSU.

TEAM PHYSICIANS



DR. BOB ORSILLO
Team Optometrist



DR. KRIS STOWERS
Team Physician



DR. WILLIAM THOMPSON
Team Physician



DR. JOHN VAN TASSEL
Team Chiropractor



DR. ANDREW WONG
Team Physician

An athlete can expect to receive the best care and treatment possible with the athletic training team at Florida State University. Prior to competition, all FSU student-athletes undergo screening in order to detect any potential injuries. If a problem is detected, the athlete may be placed on a preventative care system, which may include any kind of treatment from icing to rehabilitation.



Theodora Scott
*Student Athletic
Trainer*

Though the prevention of injuries is the main objective, some injuries are unavoidable. Rehabilitation is another component of the Florida State training room. The FSU athletic training staff will work with the athlete and provide an intense rehabilitation schedule that will allow the athlete to successfully rehabilitate after an injury. Some injuries and illnesses may be referred to the Seminole team physicians at the Tallahassee Orthopedic Center, that, for many years, have worked in conjunction with the FSU athletic

training staff in successfully rehabilitating athletes after an injury.



THE SEMINOLE BASKETBALL ATHLETIC TRAINING FACILITY

Although the basketball athletic training facility is considered a “satellite” training room, the 1,400 square foot area can stand on its own. Located on the second floor of the Florida State Basketball Training Center, the basketball athletic training facility is fully equipped and operational.

The facility, used solely for the men’s and women’s basketball programs, includes rehabilitation equipment, medical supplies, taping supplies, doctor’s equipment, four whirlpools, six treatment tables, a taping table and six stim machines. It is placed right next to the Seminole strength and conditioning facility and just across the hall from the basketball practice floor. Women’s Basketball Athletic Trainer Cheryl Pfeil has an office located within the facility.



NCAA Compliance Information

THE FOLLOWING INFORMATION IS PROVIDED BY THE FLORIDA STATE OFFICE OF COMPLIANCE FOR PROSPECTIVE STUDENT ATHLETES. IT IS INTENDED AS A GUIDELINE TO INTRODUCE SOME OF THE RULES GOVERNING NCAA ATHLETIC INVOLVEMENT.

Who is Permitted to Recruit for FSU?

Only Florida State University coaches who have successfully completed the NCAA Recruiting Rules Examination on an annual basis may be involved in the recruitment process. Representatives of our athletics interests may not make any recruiting contacts.



BOB MINNIX
Senior Associate Athletics
Director for Compliance

for the ninth grade. Before the ninth grade, you become



BRIAN BATTLE
Associate Athletics
Director for Compliance

prospective student-athlete if you have started classes for the ninth grade. Before the ninth grade, you become



ELIZABETH BOOKWALTER
Compliance Coordinator

prospective student-athlete if you have started classes for the ninth grade. Before the ninth grade, you become

This includes letters, telephone calls or face-to-face contact on or off campus with a prospect or the prospect's parents.

Key Terms You Should Know

You become a prospective student-athlete if you have started classes for the ninth grade. Before the ninth grade, you become a prospective student-athlete if the college provides you (or your relatives or friends) any financial aid or other benefits that the college does not provide to prospective students generally.

A contact is any face-to-face encounter between a prospect or the prospect's legal guardian and an institutional staff member or athletic representative during which any dialogue occurs in excess of an exchange of greeting. NOTE: At the Division I level, athletic representatives (boosters) may not contact you for the purpose of recruiting. A college coach may contact you in person off the college campus beginning July 1 after completion of your junior year in high school.

An evaluation is any off-campus activity designed to assess your academic qualifications or athletic ability, including any visit to your high school (dur-

ing which no contact occurs) or the observation of any practice or competition in which you participate.

During your senior year, you can have one expense-paid official visit to a particular campus. You may receive no more than five visits. During your official visit, which may not exceed 48 hours, you may receive round-trip transportation between your home and the campus, and you (and your parents) may receive meals, lodging and complimentary admission to campus athletics events.

Phone Calls and Letters

Phone calls from faculty members and coaches (but not boosters) are permitted beginning July 1 after completion of your junior year. A college coach or faculty member is limited to one telephone call per week except when it is:

- During the five days immediately before your official visit to the university
- On the day of a coach's off-campus contact with you
- During the time beginning with the initial National Letter of Intent signing date in your sport through the two days after signing date

Letters from coaches and faculty members (but not boosters) are not permitted until September 1 at the beginning of your junior year in high school. A Division I university may provide you with the following printed materials:

- General correspondence, including letters, U.S. Postal Service post cards and institutional note cards
- Game programs, which may not include posters and one Student Athlete Handbook, can be provided only during official or unofficial visits to the university's campus
- NCAA educational information
- Pre-enrollment information subsequent to signing a National Letter of Intent with the university
- One athletic publication which may include only one color of printing inside the covers
- Official academic, admissions and student services publications published or videotapes produced by the institution and available to all students
- Schedule cards
- Questionnaires that may be provided

prior to your junior year

- Summer camp brochures, which may be provided prior to your junior year.

Alumni and Boosters Do's and Don'ts

You may forward information about prospective student-athletes to the appropriate coaches.

You may have contact with a prospect regarding permissible pre-enrollment activities such as summer employment, provided the prospect has already signed a National Letter of Intent and the Compliance Office is aware that you are making these contacts in regard to employment.

You may have a telephone conversation with a prospect only if the prospect initiates the call. Such a call may not be prearranged by an institutional staff member and you are not permitted to have a recruiting conversation, but may exhibit normal civility. You must refer any questions about our athletics programs to an athletics department staff member/coach.

You may view a prospect's contest at your own initiative provided you do not contact the prospect or his/her parents. In addition, you may not contact a prospect's coach, principal, or counselor in an attempt to evaluate the prospect.

You may continue established family relationships with friends and neighbors. Contacts with sons and daughters of these families are permitted as long as they are not made for recruiting purposes or encouraged by Florida State University coaches.

You may not become involved in making arrangements to receive money or financial aid of any kind for a prospect or the prospect's family and friends.

You may not make contact with a prospective, student-athlete and his/her parents when the prospect is on campus for an official or unofficial recruiting visit.

You may not transport, pay or arrange for payment of transportation costs for a prospect, and his/her relatives or friends to visit campus (or elsewhere).

You may not pay or arrange for payment of summer camp registration fees for a prospect.

You may not provide anything to a prospect, the prospect's family or friends without prior approval from the athletics' Compliance Office.

Student Services & Personal Development

THE N.O.L.E.S. PROGRAM: NEW OPPORTUNITIES FOR LEADERSHIP, EDUCATION & SERVICE

Life Skills

Developed by the Florida State University Department of Athletics, the NOLES program represents a commitment to the total growth and development of the student-athlete. This program establishes an administrative commitment to academic and athletic excellence. Those efforts will be supported with programs and services in personal development, career development and community service.



PAM OVERTON
Associate Athletics Director/
Senior Woman Administrator



JOHN LATA
Director



BRANDI STUART
Assistant Director

them for life.

Career Development

Preparing for life after college sports is a major focus of the NOLES Career Development program. The program is designed to work cooperatively with the FSU Career Center to acquaint students with the job search process, provide networking opportunities and ultimately assist with job placement. This program places a priority on the development of the total person, with the goal of developing individuals who will have rewarding careers and productive lifestyles after they leave Florida State.

Community Service

Serving the community is the focus of our Seminole Spirit program. Student-athletes are challenged to give service to our community and individuals who are in need. With a clearly defined program of service, student-athletes are given the opportunity to develop the foundation for a lifelong commitment to volunteerism. The Seminole Spirit Student-Athlete Speakers' Bureau enables student-athletes to improve their speaking skills, develop effective communication and impact the lives of others through their service as role models in our community.

Leadership Development

The Florida State University Department of Athletics is committed to developing programs of excellence that foster leadership development. The foundation of the leadership development program is the Seminole Leadership Institutes that are held four times a year. These institutes offer student-athletes the opportunity to learn skills that will benefit them as students, as athletes, and as they pursue their goals after leaving Florida State. The Institutes have the opportunity to use the values and work ethic taught by athletic participation as the framework for their leadership development. The Institutes attract outstanding guest speakers who challenge Seminole student-athletes to achieve their greatest potential and use their leadership skills to positively influence others.

The Student-Athlete Advisory Council (SAAC) serves as the advisory board to the NOLES program and the athletics administration. The prestigious board, comprised of two representatives of each athletic team at FSU, also recommends pro-

2006-07 STUDENT ATHLETE ADVISORY COUNCIL

Tory Allen, Track & Field
Kandia Batchelor, Track & Field
Luke Beevor, Cross Country
Greg Bolden, Track & field
Laura Bowerman, Cross Country
Everette Brown, Football
LaShaun Davis, Softball
Tanae Davis-Cain, Women's Basketball
Miranda Foley, Women's Tennis
Graham Gano, Football
Javier Garcia-Tunon, Track & field
Alicia Gladden, Women's Basketball
Sarah Griffin, Volleyball - President
Carissa Hanna, Swimming & Diving
Kenny Jesensky, Cross Country
Ashley Kemp, Women's Golf
Alex Kennon, Swimming & Diving
Christie Lautsch, Women's Basketball
Latoya Legree, Track & Field
Tapiwa Marobela, Women's Tennis
Melissa May, Softball
Tiffany McDonald, Softball
Ali Mims, Soccer
Mark Nicholls, Swimming & Diving
Ruairi O'Connor, Baseball
Stacy Rademacher, Swimming & Diving
Jason Rich, Men's Basketball
Myron Rolle, Football
Katie Ronan, Swimming & Diving
Kelly Rowland, Soccer
Bradley Ruch, Men's Golf
Matt Savage, Men's Golf
Jessica Skower, Volleyball
Michelle Snyder, Softball
Michelle Steakin, Women's Golf
Isaiah Swann, Men's Basketball
Tony Thomas Jr., Baseball
Alex Tilbrook, Swimming & Diving
Meredith Urban, Cross Country

gramming and serves as a liaison between student-athletes and the athletics administration. The Advisory Council plans and implements various events for student-athletes and serves as the department's most visible ambassadors. The SAAC hosts the annual Golden Nole banquet and plans such events as orientation for incoming student-athletes.



The Student Athlete Advisory Council participates in a retreat each fall which helps build leadership skills.

Community Service

THE FLORIDA STATE WOMEN'S BASKETBALL TEAM MAKES COMMUNITY SERVICE A PRIORITY

No question, the Florida State women's basketball team has enjoyed a great deal of success in recent years, but that hasn't taken the Seminoles away from their service efforts off of the court and in the community. There was no greater example of that than last fall in the wake of the Hurricane Katrina tragedy in New Orleans.

Feeling fortunate to be safe and helpless in terms of how to help, the Florida State women's basketball team donated apparel to the displaced University of New Orleans women's basketball program. At the time, the Privateers were being housed at the University of Texas at Tyler.

"I know there is quite a need from the Hurricane Katrina out-fall and if I were in Amy Champion's shoes, the head coach of the women's basketball team at New Orleans, I would hope that someone would step up and do whatever they could," FSU head coach Sue Semrau said last September. "Especially with our connection with New Orleans and (former Seminole) Roneeka Hodges and her family feeling the hit themselves, this is the least we can do to ship whatever we can to that basketball team."

For the Florida State players, it was even more personal.

"This was just something we wanted to do," Tiffany Buckelew said. "We feel like they're our teammates even though they go to a different school because we both play basketball and we go through the same things. We're just doing what we hope anyone else would do for us."



The Seminoles didn't stop there. The women's basketball team, in conjunction with the FSU Athletics Student Services Office, held a Blood Drive in the Donald L. Tucker Center parking lot last October. The blood drive effort was the idea of Nikki Anthony.

"I just brainstormed and thought of a few things that we could do to help the victims of the hurricane in New Orleans," Anthony said. "As a college student, I don't have a lot of money to give, but I knew I wanted to give in some way so I thought giving blood would be a really good idea and so did other people and it just escalated from there."

"I just think it speaks really highly for our players that Nikki Anthony would come up with the idea to have a blood drive and then there are people on staff that have just jumped on board in order to make this a reality," Semrau said. "A lot of people are putting in a lot of effort but blood is something that is of great need and high demand right now so I am just proud to be a part of it."

"To whom much has been given, much is required," — words that Semrau and her players choose to live by. With the assistance of Florida State Athletics Student Services Office, the women's basketball program continues to practice a program devised upon Semrau's arrival at FSU in which each women's basketball player performs at least three hours of community service per month while in season and six hours of service per month when not in season.

Even at their most challenging time of the season, the Seminoles took time to serve. While in Denver, Colo., for the 2006 NCAA

Tournament, sounds of laughter, cheers and bowling balls tumbling down the lane overshadowed the fact that the Florida State women's basketball team was in town for business. For just a couple of hours on the Sunday between the first and second rounds, the Seminoles took time away from their schedules to give back to the children of the greater Denver community by participating in a philanthropic bowling event.

"It is so important for our program to develop awareness that there is life outside of basketball," Semrau said. "We want to continue to connect with young people and others in need."

After breakfast the day after FSU's big win over Louisiana Tech, the Seminoles loaded the bus and traveled to a local bowling alley to interact with a couple dozen children representing Mount Saint Vincent, a program for children with a wide range of emotional and behavioral problems that are preventing them from functioning to their full potential at home, in the community or in school. Each player and coach paired up with a child to bowl, eat pizza, and fellowship for an afternoon when laughter was the main ingredient.

"I remember as a child looking up to role models," FSU's LaQuinta Neely said. "The truth is, kids look up to us as athletes and it's our duty to be a positive role model for these children. I think this is a fun event that we are participating in today and I am thankful for the opportunity to give back to the community."

The Seminoles learned after the event that the children and staff of Mount Saint Vincent would be in attendance to cheer on the team at its Monday night contest vs. Stanford.

"Basketball is my favorite sport," a child named Marcellus said. "I can't wait to go and see the Seminoles play tomorrow night because we are going to cheer for them like

they cheered for us. I had a lot of fun today and the girls are really tall and nice."

While most of the Seminoles admitted bowling wasn't their best sport, Florida State's Christie Lautsch agreed she could help her particular child in a couple of ways.

"I just told her to go out there and have fun," Lautsch said, with a huge grin on her face. "That's what I try to do when I play basketball and that's what I encouraged her to do. I'm not the best bowler but I'm a good supporter so I think my child enjoyed her day."

Over the years, the Seminoles have performed a variety of services, including the Walker Ford Tutorial Program, in which the players donate two hours of their time on Saturday mornings to tutor elementary-aged children. They have helped package and deliver meals with Elder Care Services for the "Meals on Wheels" program, cleaned and cooked at the Ronald McDonald House, done lawn work and helped plant a garden at a local women's shelter, landscaped at the area Boys and Girls Club, gone Christmas caroling at a retirement home, visited children in the Pediatrics Ward and even helped build a home for Habitat for Humanity.

Several years ago, the Seminoles implemented a Spring League, in which the Seminoles donate their time for a weekly clinic designed to help area youngsters learn the game of basketball. The FSU players serve as coaches of the teams and get a chance to be on the "other" side of the ball for a change.

Beginning this year, the women's basketball team is partnering with Leon County Public Schools, grades K-8, to introduce the First Annual Seminole Book Challenge. The purpose of the effort is to encourage the importance of reading by offering a reward to students that read at least five books from the required reading list over a five month period (Sept 1-Feb. 1). Students' progress will be tracked by their teacher via a track-

ing poster provided and hung in each classroom.

For Semrau, the community service facet of her program has been a priority from day one and it is an area that has had much success. Each spring, at Florida State's annual Golden 'Nole Awards Banquet, the Athletics Director's Cup for Service is presented to the team that performs the most hours of community service throughout the year. Semrau's Seminoles have twice earned the distinction. The competition between the teams has really heated up in recent years, thus showing that the community is the real winner!



Booster Support

WOMEN'S BASKETBALL ENDOWED SCHOLARSHIPS

From Miami to Minneapolis, and from Warsaw to Walla Walla, young men and women come to Florida State University to embrace its educational excellence, and to compete as a Seminole. Many would not have the opportunity to receive that college education without their athletic scholarship. These young people work hard, and proudly represent Florida State as a winner on the national stage, attracting the attention to our University that winners bring.



Charles F. Tunncliff
and women's teams



Sue Galkantas

Florida State athletics provides each of our men's with the maximum number of scholarships allowed by the NCAA. In addition to the student-athlete competitors, scholarships are also provided to student trainers, managers and graduate assistants who are vital to an athletics program.

Established in

1986 under the direction of William M. Parker of Clearwater, the Seminole Boosters Endowed Scholarship Program is the final step toward perpetual funding of all scholarships for student-athletes at Florida State. Those individuals who contribute to the endowment fund for athletic scholarships at Florida State University gain membership in the Seminole Heritage Foundation.

Thanks to the efforts of Charles F. Tunncliff, a group scholarship in the name of Seminole great Sue Galkantas and an anonymous donor, the endowment of the Florida State women's basketball program is well on its way.



**"LUNCH WITH SUE"
BOOSTER LUNCHEON**
January 10, 2007

In the basketball arena, the Hoop Troop is what bridges the gap between the court and the stands. It brings fans, young and old, together with a common goal...to see FSU's women's basketball team up-close and to be the force behind its success on and off the court.



In simple terms, the Hoop Troop is the booster club for the team.

The players and coaches are encouraged by the Hoop Troop's energy and enthusiasm at home and away games.

Some of the Hoop Troop-sponsored events include the "Lunch with Sue" luncheons, bus trips to away games, the Hoop Troop Golf Classic and auction and Chalk-Talks with the Florida State coaching staff.

Courtside Kids is the "junior version" of Hoop Troop. Kids learn early how much fun it is to be a part of the team. "Courtside" means that kids get to participate courtside and help keep the game floor toweled dry during games. They get to interact with the players and coaches at special "members-only" pizza parties and clinics as well as receive letters from the players and personalized birthday cards.

There are even more benefits, but the lasting impression of positive role models, shared family fun and togetherness are priceless.



Florida State alumni and boosters from the Nashville, Tenn., area came out to support the Seminoles when they played at Lipscomb in 2004-05.



Members of the Hoop Troop traveled to New York with the team last season for the Fordham game.

Donald L. Tucker Civic Center

A Florida State basketball game at the Donald L. Tucker Civic Center is as exciting as it gets! FSU fans are spoiled by more than just a great basketball team playing in the nation's finest conference, they also get to watch the game in surroundings that are as modern as any in the country.

The Tucker Center is the home for Seminole basketball, and the multi-purpose facility comes alive on game day. So impressive is the atmosphere, the Tucker Center and Florida State University have served as hosts for NCAA Basketball first and second rounds — back in 1995 on the men's side and just last season for the women's tournament.

Numerous improvements have been made to the already-outstanding structure. Just two seasons ago, the Tucker Center, in conjunction with the FSU athletics department, undertook a project to give the basketball arena more of a home-court atmosphere. The makeover includes an array of Seminole tradition throughout the facility, including picture collages, garnet and gold decor and Seminole logos.

In 2000, the Tucker Center completed an expansion project which began in October of 1998 in which 34 luxury suites and 468 club seats at mid-level in the arena were added. In addition, the upper level seating was configured to offer better viewing and additional concession stands and restrooms were added. 12,100 seats are available for FSU basketball fans, who are treated to one of the most spectacular shows in college hoops. An impressive four-sided, center hung Megavision video display, a state-of-the-art sound system and four new scoreboards in the upper corners of the arena were also recently added.

When there is a break in action, the video display comes alive with highlight tapes, animated games and other crowd-pleasing bits.

Adding even more appeal to the facility is the Center's restaurant, the Spotlight Grill. This 450-seat arena-view restaurant includes an outdoor patio and ledge seating for viewing arena events.

The multi-purpose facility, which opened its doors in 1981, covers over 22 acres in the heart of Tallahassee's thriving downtown district. The Tucker Center is only two blocks from the Capitol building and is just across the street from FSU's nationally-acclaimed Law School.

The complex covers over 18,000 square feet with 119-foot ceilings in the main arena. The Tucker Center is actually three different areas combined under one roof. The main arena, where FSU hosts its home games, is also the center for some of the nation's top musical concerts and Broadway plays and even a circus. The Exhibition Hall, which joins the main arena via a spatial hallway, can seat 5,000 for an event or serve as an indoor display area. The complex also features a terrace, which is popular for outdoor hosting.

As one of Florida's busiest venues, the Tucker Center recently completed a \$1.2 million renovation to its six meeting rooms, covering some 16,000 square feet. Because of its versatility and accessibility, the Tucker Center continues to be a popular location for trade shows and conventions.

In the late 1970's, the facility was named by the Legislature for Tallahassee native Donald L. Tucker who was elected to the Florida Legislature in 1967 and served for 12 years. During his legislative

career he was Chairman of the Claims Committee, Chairman of the Committee on Manpower and Development, Chairman of the Commerce Committee and he was elected Speaker of the House of Representatives in 1974. He was re-elected speaker in 1976. The last Speaker to preside in the current Statehouse, Tucker was Vice Chairman of the Southern Legislative conference in 1976-1977 and was Chairman of that organization in 1977-1978. During his time in the legislature he received numerous honors and awards. In addition to the naming of the civic center, he was honored as "Most Effective Member of The Legislature."

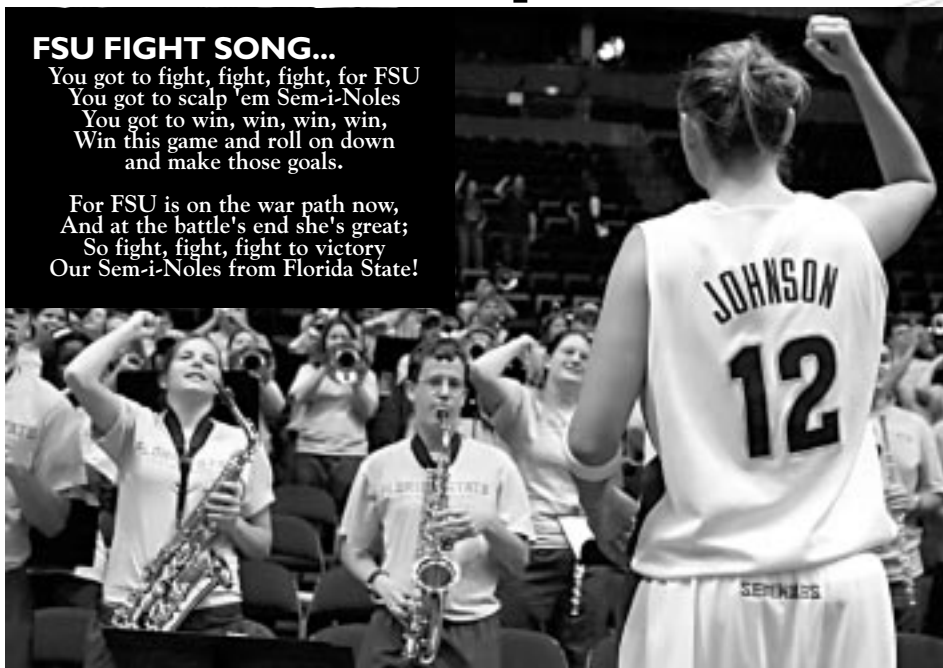


Seminole Spirit

FSU FIGHT SONG...

You got to fight, fight, fight, for FSU
 You got to scalp 'em Sem-i-Noles
 You got to win, win, win, win,
 Win this game and roll on down
 and make those goals.

For FSU is on the war path now,
 And at the battle's end she's great;
 So fight, fight, fight to victory
 Our Sem-i-Noles from Florida State!



THE SYMBOL: SEMINOLES...

Florida State would play two football games in 1947 before students demanded the school acquire a symbol. While details conflict, most believe the account of a poll of the student body is accurate. The *Florida Flambeau* reported that



Seminoles had won by 110 votes over Statesmen. The rest of the top contenders (in order) were Rebels, Tarpons, Fighting Warriors, and Crackers. In the 1950s, a pair of students dressed in Native American costumes and joined the cheerleaders on the field which eventually evolved into the majestic symbol of Osceola and Renegade that FSU now enjoys. Today, the Seminole Indian Tribe participates in many campus activities.

Florida State University is proud of its longstanding cooperative relationship with the Seminole Tribe of Florida. The Seminole people have suffered many hardships and injustices, but they have remained brave, dignified and proud. The Seminoles are unconquered. They symbolize what we hope will be the traits of all of our graduates, including our student-athletes.

We know you cannot win all of the time on the playing field or in life, but we want our students to be unconquered and always ready to try again.

WAR CHANT...

Florida State's "war chant" appears to have begun with a random occurrence that took place during a 1984 football game against Auburn, but in the 1960s, the Marching Chiefs band would chant the melody of a popular FSU cheer. In a sense, that chant was the long-version of FSU's current "war chant." During a thrilling game with Auburn in 1984, the Marching Chiefs began to perform the dormant melody. Some students behind the band joined in and continued the "war chant" portion after the band had ceased. Most agree the chant came from the fraternity section, but many spirited Seminole fans added the hand motion to symbolize the brandishing of a tomahawk. The chant continued among the student body during the 1985 season, and by the 1986 season, it was a stadium-wide phenomenon. Of course, the Marching Chiefs refined the chant, plus put their own special brand of accompaniment to the "war chant", for the sound we hear today.

The Atlanta Braves fans took up their version of the song and chant when former FSU star Deion Sanders came to the plate as an outfielder. The Kansas City Chiefs first heard it when the Northwest Missouri State band, directed by 1969 FSU graduate Al Sergel, performed the chant while the players were warming up for a game against San Diego.



FSU'S ALL-GIRL SQUAD: Front Row (L to R): Joanne Martelli, Brooke Nelson, Kevin Dewberry, Kayleigh Vodenchair, Amanda Winchip, Joshlyn Davenport, Taylor Lund, Katie Salmon; Middle Row (L to R): Jocelyn Sousa, Mallory Davis, Alyssa Sponaugle, Kim Barksdale, Lauren Sauer, Katy Lemons, Brittany Fisher; Back Row (L to R): Asst. Coach Chad Parnell, Cristen Martinez, Niki Taylor, Liz Lowary (co-captain), Kristie Canaday, Amber Andrews (co-captain), Amanda Morris, Heather Koch (captain), Sarah Richey, Head Coach Staci Sutton

GARNET & GOLD...

Florida State's school colors of garnet and gold date back to the Florida State College championship football teams of 1904 and 1905. In those championship seasons, FSC donned purple and gold uniforms. When Florida State College became Florida State College in 1905, the football team was forced to attend the University of Florida. The following year the FFC student body selected crimson as the official school color of 1905. The administration in 1905 took crimson and combined it with the recognizable purple of the championship football teams to achieve the color garnet. The now-famous garnet and gold colors were first used on an FSU uniform in a 14-6 football loss to Stetson on October 18, 1947.

