

FSU BASKETBALL

2007-08 Women's Basketball Media Guide

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Credits

EDITOR: Michael Smoose
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After competing in the Sweet 16 for the first time in school history in 2006-07, many of the Florida State women's basketball players walked away from last season saying, "this was fun, but this was not enough." As they enter a new year and a brand new opportunity, the Seminoles have to ask themselves, how can we make this next jump? This year's team is:

iNam

is an acronym for the term, "It's Not about me." This is a message that embraced by the team, has huge ramifications not only for this season, but for their lives.

is about making something bigger than the individual each player's first priority. It's about sacrificing things an individual wants to do for things they need to do. It's about putting others before yourself. It's about taking personal responsibility that allows you to be selfless. When selflessness is your culture, championship mentality can thrive.

is a message that as the team prospers on the court, it can send to the community and then to the nation. It will be the team's topic of conversation with the media, fans, and while speaking in the community.

will transform the team and its lives. The team can't wait to make this jump. Get your pails ready...let's go to work!

FSU BASKETBALL

2007-08 Quick Facts

UNIVERSITY INFORMATION

Location	Tallahassee, Florida
Founded	1851
Enrollment	38,553
President	Dr. T.K. Wetherell
Symbol	Seminoles
Colors	Garnet & Gold
Home Court	Donald L. Tucker Civic Center/12,100
Tucker Center Press Row #	(850) 224-8790
Affiliation	NCAA Division I
Conference	Atlantic Coast

ATHLETICS ADMINISTRATION

Athletics Director	Dave Hart, Jr.
Hart's Phone	(850) 644-2526
Senior Assoc. AD, Basketball	Kim Record
Record's Phone	(850) 644-4933

SPORTS INFORMATION

Sports Information Director	Tina Dechausay
Assistant SID, WBB	Michael Smoose
Email Address	msmoose@fsu.edu
Smoose's Office Phone	(850) 644-4836
Smoose's Cell Phone	(850) 694-1579
SID Fax	(850) 644-3820
Athletics Website	www.seminoles.com

RADIO BROADCAST

Station	WNLS AM 1270 • www.seminoles.com
Play-by-Play	Ryan Pensy (Fourth Season)
	(850) 645-1273 • rpensy@fsu.edu
Color Analyst	Melissa Bruner

PROGRAM HISTORY

First Year of Basketball	1973-74
All-time Record	477-487 (.495)
Overall ACC Record	90-160 (.360)
No. Years in NCAA Tourney	7
NCAA Tourney Record	6-7
First NCAA Tournament Appearance	1983
Last NCAA Tournament Appearance	2007
Results	1st Round, defeated Old Dominion 85-75;
	2nd Round, defeated Stanford 68-61
	Sweet Sixteen, lost to LSU 43-58
No. Years in WNIT	3 (1982, 2003, 2004)
WNIT Record	4-3

BASKETBALL STAFF

Head Coach	Sue Semrau (California-San Diego '85)
Record at FSU (Years)	160-138 (10)
Career Record (Years)	Same
Associate Head Coach	Cori Close (UC-Santa Barbara '93)
Assistant Coaches	Angie Johnson (Louisville '91),
	Lance White (Texas Tech '96)
Basketball Office Phone	(850) 644-3641
Director of Basketball Operations	Melissa Bruner
Bruner's Office Phone	(850) 644-6959
Basketball Athletic Trainer	Cheryl Pfeil
Training Room Phone	(850) 644-1206
Basketball Strength Coach	Dave Plett
Weight Room Phone	(850) 644-4716

2006-07 RESULTS

Overall Record	24-10
ACC Record/Place	10-4/4th
Postseason	NCAA Tournament Sweet Sixteen
Number of Weeks Ranked	3

2007-08 PERSONNEL

Starters Returning/Lost	4/1
Letterwinners Returning/Lost	8/3
Newcomers	3

STARTERS RETURNING:

Britany Miller (Jr., 6-4, C)	12.6 ppg, 6.1 rpg
Tanae Davis-Cain (Jr., 5-11, G)	9.2 ppg, 3.2 rpg
Shante Williams (Sr., 5-7, G)	8.2 ppg, 3.7 apg
Mara Freshour (Jr., 6-1, G)	7.4 ppg, 3.2 apg

OTHER KEY RETURNING

PLAYERS:

Jacinta Monroe (So., 6-4, F/C)	8.1 ppg, 6.0 rpg
Alysha Harvin (So., 5-10, G)	4.3 ppg, 2.0 rpg
Angel Gray (So., 5-9, G)	3.0 ppg, 2.3 rpg

KEY LOSSES:

Alicia Gladden (Sr., 5-11, G)	13.5 ppg, 5.9 rpg
Nikki Anthony (Jr., 6-3, C)	4.2 ppg, 5.4 rpg

NEWCOMERS:

Courtney Ward (5-7, G, Fr.)	Montgomery, Ala. (Jefferson Davis)
Christian Hunnicutt (5-10, G, Fr.)	Jonesboro, Ga. (Landmark Christian)
Antionette Howard (5-11, G/F, Fr.)	Snellville, Ga. (South Gwinnet)



FSU BASKETBALL

Notes To The Media

SPORTS INFORMATION DIRECTORY

Contact us at:
850/644-1403; FAX 850/644-3820
Address Inquiries to:
Florida State Sports Information,
403 Stadium Drive West, Tallahassee, FL 32316



Tina Dechausay
Sports Information
Director
(850) 644-1065



Michael Smoose
Assistant SID
Women's Basketball/
Cross Country/Track
& Field
(850) 644-4836



Elliott Finebloom
Associate SID
Football
(850) 644-5656



Chuck Walsh
Associate SID
Men's Basketball/Golf
(850) 644-1077



Jason Leturmy
Assistant SID
Baseball/Soccer
(850) 644-5656



Katy Baker
Assistant SID
Volleyball/Softball
(850) 645-7683



Ryan Pensy
Director of Digital
Media
(850) 645-1273



Shannon O'Neil
Graduate Assistant
Women's Tennis/Cross
Country/Track & Field
(850) 644-5653



Layne Herdt
Graduate Assistant
Swimming & Diving/
Men's Tennis
(850) 644-3920



Maryjane Gardner
Program Assistant
(850) 644-2016

PRESS CREDENTIALS

Requests for working press credentials should be directed to the sports information office. Media representatives should contact Assistant SID Michael Smoose at least one day in advance by calling (850) 644-4836 or by emailing him at msmoose@fsu.edu. At FSU home games, media will be seated in front of the east stands at the Tucker Center.

PHOTOGRAPHERS

Photographers are to contact the SID office as well. Working area for all photographers will include the floor area at both ends of the court. Television camera persons should abide by the same guidelines as still photographers.

RADIO

A complimentary radio line is available for visiting teams.

GAME OPERATIONS

Pre-game notes, rosters and a running play-by-play will be provided along with half-time and final statistics. A fax machine is also available upon request. Live stats are available on www.seminoles.com for all home games.

POSTGAME INTERVIEWS

Coach Semrau and requested players will be available after a 10-minute cooling-off period. No interviews will be given on the floor immediately following the game. The visiting coach and players will be brought in on a request basis only.

PLAYER & COACHES INTERVIEWS

All players and coaches interviews must be arranged through the SID office (850) 644-4836. Players and coaches will be available to give interviews before and after, but not during practice times.

ACC TELECONFERENCE

The 12 ACC head basketball coaches will be featured on a pair of teleconferences during the 2007-08 season. There will be a replay of each teleconference on TheACC.com. The media telephone numbers is : 913-312-6672. This year's teleconference will take place on Wednesday, January 9, 2008 and Tuesday, March 4, 2008

Order of Appearance:

10:00 am -10:10am	Mike Petersen, Wake Forest
10:10 am -10:20 am	Beth Dunkenberger, Virginia Tech
10:20 am -10:30 am	Debbie Ryan, Virginia
10:30 am -10:40 am	Kay Yow, NC State
10:40 am -10:50 am	Sylvia Hatchell, North Carolina
10:50 am -11:00 am	Katie Meier, Miami
11:00 am -11:10 am	Brenda Frese, Maryland
11:10 am -11:20 am	MaChelle Joseph, Georgia Tech
11:20 am -11:30 am	Sue Semrau, Florida State
11:30 am -11:40 am	Joanne P. McCallie, Duke
11:40 am -11:50 am	Cristy McKinney, Clemson
11:50 am -12:00 pm	Cathy Inglese, Boston College



FSU BASKETBALL

Media Outlets

Print Media

Associated Press (Local) (850) 224-1211
 Fax (850) 224-2099 • Brent Kallestad*, Bill Kaczor
 336 E. College Ave., Suite 301, Tallahassee, FL 32301

Bradenton Herald (941) 745-7007
 Fax (850) 745-7097 • Roger Mooney (C)
 102 Manatee Ave., W., Bradenton, FL 34205

Daytona Beach News-Journal (386) 252-1511
 Fax (386) 253-8433 • sports@news-jrn.com • Steve Master (C)
 901 Sixth Street, Daytona Beach, FL 32120

Florida Times-Union (Local) (850) 224-7515, X14
 Fax (850) 681-2961 • bob.thomas@jacksonville.com Bob Thomas*

Florida Times-Union 1 (800) 255-4679
 Fax (904) 359-4147 • tusports@jacksonville.com • Mike Freeman (C),
 Gene Frenette (C) One Riverside Avenue, Jacksonville, FL 32202

Ft. Lauderdale Sun-Sentinel (954) 356-4645
 Fax (954) 356-4566 • cbarnes@sun-sentinel.com • Craig Barnes*,
 Dave Hyde (C)
 New River Center, 200 E. Las Olas Blvd., Ft. Lauderdale, FL 33301

Ft. Myers News-Press (239) 335-0359
 Fax (239) 334-0708 • mbickel@news-press.com • Craig Handel (C),
 Deron Snyder (C), Glenn Miller (C)
 2442 Dr. Martin Luther King Jr. Blvd., Ft. Myers, FL 33901

FSView (850) 561-6653
 Fax (850) 574-6578 • sports@fsview.com
 954 Brevard Street, Tallahassee, FL 32304

Gainesville Sun (352) 374-5055
 Fax (352) 338-3128 • news_sports@gvillesun.com • Pat Dooley (C)
 PO Drawer A, Gainesville, FL 32602

Lakeland Ledger (863) 802-7569
 Fax (863) 802-7812 • rick.brown@theledger.com;
 sports@theledger.com • Rick Brown* PO Box 408, Lakeland, FL 33802

Miami Herald (305) 376-2387
 Fax (305) 376-2295 • sports@miamiherald.com • Jeff Shain*,
 Edwin Pope (C), Bill Van Smith, Lydia Craver, Drew van Esselstyn
 One Herald Plaza, Miami, FL 33132-1693

NW Florida Daily News (850) 863-1111, x420
 Fax (850) 863-7834 • perryb@nwfddailynews.com • Perry Ballard
 200 Racetrack Road, Ft. Walton Beach, FL 32548

Ocala Star-Banner (352) 867-4146
 Fax (352) 867-4018 • Dwight Collins* • PO Box 490, Ocala, FL 34478

Orlando Sentinel (Local) (850) 222-5564
 Fax (850) 224-0979 • ebadger@orlandosentinel.com • Emily Badger*
 336 E. College Avenue, Suite 303, Tallahassee, FL 32301

Orlando Sentinel (407) 420-5474
 Fax (407) 420-5069 • sports@orlandosentinel.com • Mike Bianchi (C),
 David Whitley (C), Jemele Hall
 633 N. Orange Avenue, Orlando, FL 32802

The Osceola (850) 222-7733
 Fax (850) 224-3627 • news@osceolanews.com • Jim Lamar, Derek Redd,
 Rick Jones • 402 Dunwoody Street, Tallahassee, FL 32304

Palatka Daily News (386) 312-5239
 Fax (386) 312-5226 • ahall@palatkadailynews.com • Andy Hall*,
 Kerry Dunning • 1825 St. John's Ave., Palatka, FL 32177

Palm Beach Post (561) 820-4444
 Fax (561) 820-4481 • pbsports@pbpost.com • Dave George (C),
 Tom D'Angelo* • 2751 S. Dixie Highway, W. Palm Beach, FL 33405

Panama City News-Herald (850) 747-5069
 Fax (850) 747-5097 • sports@pcnh.com • Pat McCann (SE), Jason Shoot
 PO Box 1940, Panama City, FL 32401

Pensacola News-Journal (Local) (850) 386-7852
 billvilo@pensacolanewsjournal.com • Bill Vilona*
 1767 Hermitage Blvd., Apt. 10111, Tallahassee, FL 32308

Pensacola News-Journal (850) 435-8552
 Fax (850) 434-6241 • sports@pensacolanewsjournal.com
 George Moore (SE) • 101 E. Romana Street, Pensacola, FL 32502

Sarasota Herald-Tribune (941) 361-4890
 Fax (941) 361-4890 • jon.styf@heraldtribune.com,
 incoming@h-tsports.net • Jon Styf*, Doug Fernandes (c)
 1741 Main Street, Sarasota, FL 34236

St. Petersburg Times (813) 226-3347
 Fax (813) 226-3381 • landman@sptimes.com • Brian Landman*
 Gary Shelton (C), John Romano • PO Box 1211, St. Petersburg, FL 33731

Tallahassee Democrat (850) 599-2167
 Fax (850) 599-2301 • sports@tallahassee.com • Steve Ellis,
 Randy Beard (C), Jack Corcoran*
 277 N. Magnolia Drive, Tallahassee, FL 32301

Tampa Tribune (Local) (850) 222-8382
 Fax (850) 222-4772 • scarter@tampatrib.com • Scott Carter* •
 Cell (850) 294-3088 • 336 E. College Avenue, Tallahassee, FL 32301

Tampa Tribune (813) 259-7655
 Fax (813) 259-8148 • sports@tampatrib.com • Martin Fennelly (C),
 Joey Johnston (C), Joe Henderson (C), Cesar Brioso
 200 S. Parker St, Tampa, Fla. 33606
 *Beat writer (C) Columnist

Electronic Media

Cable 6 (Florida Channel) (850) 488-1281
 Fax (850) 488-4876 • bswitzer@mailier.fsu.edu • Beth Switzer,
 Executive Producer • 402 South Monroe, Capital Building, Suite 901
 Tallahassee, FL 32399

Capitol News Service (850) 224-5546
 Fax (850) 224-8378 • rflagg@flanews.com • langley@flanews.com
 Rick Flagg • 311 N. Adams St., Tallahassee, FL 32301

Florida Radio Network (Local) (850) 222-1827
 Fax (850) 222-3567 • Mike Gentine • mikegentine@clearchannel.com
 336 E. College Ave., Suite 103, Tallahassee, FL 32301

Florida Radio Network (407) 660-1800
 Fax (407) 916-0329 • Tom Morgan • tommorgan@clearchannel.com
 2500 Maitland Center Pkwy., Suite 407, Maitland, FL 32751

FSU Headlines/TV & Radio (850) 644-1360
 Fax (850) 644-8344 • Dennis Schnittker, Jay Wirth, Tom Block, Katie Flanagan

Seminole Radio Network (850) 645-1273
 Fax (850) 644-3352 • Ryan Pensy (Network Contact)
 PO Drawer 2915, Tallahassee, FL 32316

Sun Sports (407) 648-1150
 Fax (407) 292-3939 • 1000 Legion Place, Ste 1600, Orlando, FL 32801

WCTV-TV (CBS) (850) 906-0477
 Fax (850) 668-3851 • beaubishop@wctv6.com • Beau Bishop,
 Melissa Maikos, Elton Gumbel, Layne Herdt
 1801 Halestad Blvd, Tallahassee, FL 32309

WEAR-TV (ABC) (850) 455-4599
 Fax (850) 455-8972 • dshugart@sbgnet.com • snissim@sbgnet.com
 Dan Shugart, Steve Nissim • PO Box 12278, Pensacola, FL 32581

WESH-TV (NBC) (407) 539-7895
 Fax (407) 539-7967 • Buddy Pittman, Pat Clarke
 1021 N. Wymore Rd., Winter Park, FL 32789

WFLA-RADIO (850) 422-3107
 Fax (850) 383-0747 • WNLS-AM@clearchannel.com • Jeff Cameron,
 Preston Scott • 325 John Knox Rd., Bldg G, Tallahassee, FL 32303

WFTV-TV (ABC) (407) 822-8304
 Fax (407) 246-0293 • dan.hellie@wftv.com • Dan Hellie, Zach Klein,
 Justin Whitman, Shane Whitehead • 490 E. South Street, Orlando, FL 32801

WFSU-Radio (850) 487-3086 X 368
 Fax (850) 487-3093 • klock@fsu.edu • Kristin Lock
 1600 Red Barber Plaza, Tallahassee, FL 32310

WFSU-TV (850) 487-3170
 Fax (850) 487-3093 • bswitzer@mailier.fsu.edu • Beth Switzer
 1600 Red Barber Plaza, Tallahassee, FL 32310

WJHG-TV (NBC) (850) 234-7777
 Fax (850) 233-6647 • scott.rossman@wjh6.com • Scott Rossman
 8195 Front Beach Rd., Panama City Beach, FL 32407

WJXT-TV (CBS) (904) 393-9840
 Fax (904) 393-9822 • mkingsto@wjxt.com • sam@wjxt.com
 Sam Kouvaris, Sean Woodland, John Dunlap
 PO Box 5270, Jacksonville, FL 32207

WMBB-TV (ABC) (850) 763-6000
 Fax (850) 872-0922 • kburger@wmbb.com • Kyle Burger
 PO Box 1340, Panama City, FL 32401

WTLV-TV (NBC) (904) 633-8806
 Fax (904) 633-8899 • sports@firstcoastnews.com • Dan Hicken,
 Pete Cataldo • 1070 E. Adams St., Jacksonville, FL 32202

WTNT-Radio (850) 422-3107
 Fax (850) 383-0747 • whayes@clearchannel.com • Woody Hayes
 325 John Knox Rd, Bldg G, Tallahassee, FL 32303

WTXL-TV (ABC) (850) 893-3127
 Fax (850) 668-1460 • p.scott@wtxl.tv • Brad Dalton
 1600-2 Red Barber Plaza, Tallahassee, FL 32310

FSU BASKETBALL

The Seminoles on Radio

2007-08 FSU Women's Basketball Radio Schedule

DATE	OPPONENT	TIME	STATION
Fri., Nov. 9	at Florida Gulf Coast	7:30 pm	1270 AM
Sun., Nov. 11	North Florida	2 pm	100.7 FM
Fri., Nov. 16	at DePaul	8 pm	1270 AM
Sat., Nov. 17	vs. Florida International	7 pm	100.7 FM
Tues., Nov. 20	Fordham	11 am	1270 AM
Fri., Nov. 23	at Florida	5:30	1270 AM
Fri. Nov. 30	at Indiana	7 pm	100.7 FM
Sun., Dec. 2	at Oakland	4 pm	100.7 FM
Thurs., Dec. 6	at Texas A&M	8 pm	100.7 FM
Sun., Dec. 6	Alabama State	2 pm	100.7 FM
Thurs., Dec. 20	at UAB	8 pm	100.7 FM
Thurs., Dec. 27	Samford	7 pm	1270 AM
Sat., Dec. 29	vs. Georgia	7:30 pm	100.7 FM
Sun., Dec. 30	vs. Hostra/Fla. International	5:30/7:30	100.7 FM
Thurs., Jan. 3	LSU	7 pm	1270 AM
Sun., Jan. 6	Virginia Tech	2 pm	100.7 FM
Fri., Jan. 11	at Duke	7 pm	1270 AM
Thurs., Jan. 17	Wake Forest	7 pm	1270 AM
Sun., Jan. 20	at Clemson	2 pm	100.7 FM
Thurs., Jan. 24	at Miami	7 pm	1270 AM
Sat., Jan. 26	at Virginia	7 pm	1270 AM
Sun., Feb. 3	at Georgia Tech	4 pm	100.7 FM
Thurs., Feb. 7	NC State	7 pm	1270 AM
Sun., Feb. 10	at Virginia	2 pm	1270 AM
Sun., Feb. 17	at North Carolina	1 pm	1270 AM
Thurs., Feb. 21	Boston College	7 pm	1270 AM
Sun., Feb. 24	at Maryland	2 pm	1270 AM
Thurs., Feb. 28	Miami	7 pm	1270 AM
Sat., March 1	Clemson	7 pm	1270 AM
March 6-9	ACC Tournament	TBA	1270 AM/100.7 FM



THE SEMINOLES ON RADIO

Florida State fans can follow the Seminoles whether on the road or at home as WNLS-AM (1270) and WFLA-FM (100.7) of Tallahassee will carry every FSU women's basketball game this season. Every game will also be broadcast over the Internet by accessing www.seminoles.com, the official athletics website of Florida State University.

Play-by-play man Ryan Pency returns for his fifth season with the Seminoles in 2007-08 and will provide all of the action. Pency is a 2002 graduate of the University of Central Florida where he earned a degree in radio/TV with a minor in computer science. He went on to receive his master's degree in sport administration from Florida State in 2003 during which time he served as a graduate assistant in the Seminole ticket and business offices. In 2003, Pency became a full-time member of the Florida State athletics staff as an Information Technology Manager. Some of his duties at FSU include technical support for the department, website maintenance and editor of the Seminole Dispatch, FSU athletics weekly online newsletter. Pency, who is also coordinating the Internet video broadcast efforts for the Florida State athletics department, is the producer for the Seminole Radio Network football broadcasts.



Ryan Pency



Melissa Bruner

Joining Pency this year in the role of color analyst will be FSU Women's Basketball Director of Basketball Operations Melissa Bruner.

SEMINOLES.COM

Florida State University's official athletics website can be accessed by visiting www.seminoles.com. Women's basketball fans will be able to find pre-game notes, game stories and box scores, updated statistics, features and much, much more



THEACC.COM

THEACC.COM

The Atlantic Coast Conference official website can be accessed by visiting www.TheACC.com. In addition to links of all 12 ACC school athletic websites, TheACC.com will have an updated basketball release, including stats, following each day of competition. The ACC Player and Rookie of the Week will be posted on Monday afternoons.



Seminole On The Air



Established in 1987, Seminole Productions handles virtually every video production need for Florida State Athletics. Under the direction of Mark Rodin, Seminole Productions produces the Bobby Bowden Show, the Seminole Basketball Report with Leonard Hamilton and the Mike Martin Show, as well as Seminole Sports Magazine, which devotes four episodes to the Sue Semrau Show, and Seminole Uprising. Seminole Productions also produces all of the in-game entertainment needs for Seminole Vision, our big-screen video production for FSU football, basketball and baseball. That's over 80 live-events every year to enhance the game day experience for Seminole fans.



Mark Rodin
Director of Video Operations



Jim Garbarino
Producer/Director
Bobby Bowden Show
Mike Martin Show

The Seminole Productions award-winning staff also creates the season highlight tapes, team motivational videos, banquet and special event videos for many sports. Seminole Productions is also a resource for media outlets when it comes to finding footage of FSU Athletics. Seminole Productions has garnered national recognition as one of the best video production facilities in the nation and consistently ranks at the top of the in-game entertainment arena for universities across the nation. And it only gets better...

In the summer of 2004, Seminole Productions moved to a new 6,000



The Seminole Productions Staff

square foot communication center in the new Coyle Moore Athletics Center. This state-of-the-art facility includes a brand new studio, two control rooms, 10 Avid digital editing and graphics suites, private offices, a green room, a new computer editing and graphics classroom, a student producer area and much more. There are also fiber optic video camera connections to all areas of the Coyle Moore Athletics Center, Doak Campbell Stadium, Donald L. Tucker Civic Center, FSU Basketball Training Center and Dick Howser Stadium with connections to WFSU-TV's uplink. This has created the ability to do live, multi-camera productions or uplink feeds. With a simple camera connection, Seminole Productions can send the signal through fiber to WFSU's satellite uplink and bang, Coach Bowden's wit and charm is instantly seen all over the world.

FSU athletics aren't the only ones reaping the benefits of this new state-of-the-art communication center. Students in the College of Communication media production program also have plenty of hands-on access to some of the finest equipment around. Since Seminole Productions' mission is one of teaching, students studying in the art of television design, production and performance work alongside the SP staff gaining real experience with real deadlines in a professional environment while gaining class credit as well as professional experience. This new facility also ensures that FSU continues to attract the best and brightest students of media production from all across the globe.

Seminole Productions recently claimed 12 awards, including two Best of Show Platinum Awards in the 2006-07 Aurora Awards international competition. The Aurora Awards is an international competition designed to recognize excellence in the film and video industries. It specifically targets programs and commercials that would not normally have the opportunity to compete on a national level, by focusing on non-national



D.D. Garbarino
Producer/Director
Seminole Sports Magazine



Jerry Tootle
Producer/Director
Leonard Hamilton Show

commercials, regional or special interest entertainment and corporate sponsored film and video. Entries come from across the United States, and abroad, including Canada, Hong Kong, Denmark, Mexico and others.

Staff member Jim Garbarino as well as student assistants Nick Rivero, Tyler Ginter, Brant Wells and Brandon Goodman, all received awards in the competition. Previous winners of Aurora awards include Disney I.D.E.A.S, The History Channel, A&E Network and Fox Sports Net. The Aurora statue itself was commissioned specifically for the competition by a nationally-renowned sculptor. The statues are cast in the same foundry that creates the Emmy, Oscar and Clio statues.

The Platinum Best of Show Awards recipients:

2006 Football Team Open for the video board. (2: editing & special effects)

The Gold Awards recipients:

2006 Bobby Bowden Show Open
Bobby Bowden Hall of Fame video

2006 Men's Basketball intro
(2: editing & special effects)

2006 Women's Basketball intro
(2: editing & special effects)
2006 Baseball intro

Pow Wow University of Champions video

(2: editing & short entertainment feature)

Pow Wow Countdown video

In addition, Seminole Productions was awarded the Golden Matrix Award for having the best overall in-game entertainment productions among universities for the second year in a row.

In direct competition against universities across North America, Florida State's Seminole Productions took home the Golden Matrix Award (GMA) for having the Best Overall Video Display for universities at the Information Display and Entertainment Associations (IDEA) 2007 conference in Denver, Colorado. The Golden Matrix Award means that the content appearing on the Seminole Vision screens at all FSU home football, basketball and baseball games, was judged to be the best in the nation for universities. The Golden Matrix Awards are voted on by In-Game Entertainment and Video Display professionals across North America and includes league members from the NFL, MLB, NHL, NBA, and universities

FSU BASKETBALL

Seminole On The Air

as well as representatives from Stadiums and Arenas. Finalists for the GMA Award for universities included The University of Nebraska, Ohio State University, University of Illinois, Texas A&M, and the University of Kansas.

This Golden Matrix Award is extra special to Seminole Productions because the entire staff, as well as top FSU Communication students, play a part in the video display presentation for FSU's football, basketball, and baseball games. Major contributors to this award include SP staff members (in alphabetical order) DD Garbarino, Jim Garbarino, Jose Flores, Jeff Levine, Mark Rodin, Jim Shaw and Jerry Tootle. Major student contributions came from Tyler Ginter and Nick Rivero.

With an experienced, award-winning staff and creative and talented students, Seminole Productions is looked at as a leader in sports production, graphics and corporate video. Creating the perfect blend of high-tech wizardry with good ole' Seminole sports action is a big part of what Seminole Productions is all about.

SUN SPORTS



Since 1988, Sun Sports Network, previously known as Sunshine Sports, has been the exclusive

regional sports network home of FSU athletics in Florida. Available in over 6.4 million homes statewide via cable and satellite, Sun Sports Network provides more coverage of FSU athletics than any other Florida television outlet. FSU was the first local sports team to sign an agreement with Sun Sports prior to the network's 1988 launch and is one of its cornerstone properties.

Sun Sports Network's extensive coverage of FSU sports is available to fans not just in Florida, but across the U.S., enabling alumni from coast-to-coast to follow their team year-round. In addition to distribution on cable and satellite in Florida, Sun Sports Network is also available nationwide on satellite, from DirecTV and DISH Network. Much of Sun Sports' FSU programming is also available to digital cable subscribers nationwide via Fox Sports Digital Nets, a programming service offered to cable systems throughout the U.S.

Each year, Sun Sports Network airs and produces numerous FSU games/programs, including its own production of every FSU regular season football game,



which replay statewide on Sun Sports on Sunday evenings during "Prime Time 'Noles," and again on Monday afternoon. "The Bobby Bowden Show" can be seen statewide Sunday afternoons. Weekly highlights of FSU athletics air Saturdays with "Seminole Sports Magazine" and "Seminole Uprising," all on Sun Sports Network. In addition, the 'Noles are discussed on Sun Sports' popular "SportsTalk Live" show featuring media panelists from around the state each Monday night.

Sun Sports is also the home of "the Sue Semrau Show" which airs four times through the basketball season as well as Seminole Sports Magazine. The network also airs "ACC All Access," Mondays at 6:30 p.m. and numerous other games/events for the ACC, giving FSU fans coverage of not only their home team, but FSU's conference opponents as well.



2007-08 FSU Women's Basketball TV Schedule

Nov. 23 at Florida (SUN) 5:30 pm
Nov. 30 at Indiana (Big Ten) 7 pm
Jan. 6 Virginia Tech (SUN) 2 pm
Jan. 11 at Duke (RSN) 7 pm
Jan. 26 Virginia (SUN) 7 pm
Feb. 3 at Georgia Tech (RSN) 4 pm
Feb. 17 at North Carolina (RSN) 1 pm

Sun - Sun Sports
Big Ten - Big Ten Network
RSN - Regional Sports Network (Comcast SportsNet, Fox Sports Net South, Fox Sports Net Florida, and New England Sports Network)

ACC SELECT

Seminole fans now have a new way to see the FSU sports they love thanks to a new broadband network called ACC Select.

The ACC Select network will stream Seminole sports like baseball, women's soccer, women's basketball, men's and women's tennis, volleyball, track and softball that are not available through traditional broadcast and cable television distribution. Never before have such a large number of events been streamed in their entirety, giving fans the opportunity to see home and away games live or on-demand whenever and wherever they want.



The Atlantic Coast Conference, in partnership with Raycom Sports and Lincoln Financial Sports, will offer online video streaming of Seminole and all 12 ACC conference school sports during the 2006-2007 school year. All ACC Championship events not currently televised will also be available on the network. The new network is made possible with the production and technical capabilities of Turner Broadcasting.

ACCSelect.com will feature over 10 Seminole women's basketball games this season. A partnership between the ACC, PlayON! Sports (a division of Turner Broadcasting), Raycom Sports, and Lincoln Financial Sports, ACCSelect.com is your home for exclusive coverage of FSU events you can't see anywhere else. Visit accselect.com/fsu today! Fans can watch events live or on-demand on a per-event basis (\$4.99 per event) while monthly subscriptions cost \$9.99 and annual passes are just \$69.99.

ACC Select Schedule

Date Opponent Time
Nov. 11 North Florid 2:00 pm
Nov. 20 Fordham 4:00 pm
Dec. 16 Alabama State 2:00 pm
Dec. 27 Samford 7:00 pm
Jan. 3 LSU 7:00 pm
Jan. 17 Wake Forest 7:00 pm
Feb. 7 NC State 7:00 pm
Feb. 21 Boston College 7:00 pm
Feb. 28 Miami 7:00 pm
March 1 Clemson 7:00 pm



JOHN NEISER
Seminole Productions
Video Assistant
Second Season

For the second year in a row, John Neiser will be capturing all the action on and off the court this year for the Florida State women's basketball team. A native of Palm Harbor, Fla., he attends all of women's basketball events, including accompanying the team on road trips, and chronicles the women's basketball program with an assortment of video productions that can be viewed on Seminole.com as well as Seminole Sports Magazine and the Sue Semrau Show. In addition to his video work, Neiser has lent a hand at the FSU summer basketball camps. Currently pursuing a degree in media production, Neiser got his start in video production at Calvary Christian High School in Clearwater. During his high school days, Neiser served as student body president as well as captain of the cross country team.

FSU BASKETBALL

Basketball Training Center

"I get excited every day that I come to work and feel proud to walk in to our first class training facility.

Everything that our student-athletes need to be successful in life, school, and basketball is housed under one roof. This training center is a testament to many players, coaches, staff who have poured themselves into Florida State Women's Basketball." - Head Coach Sue Semrau



The third level entrance, located on the north side of the complex, connects to a walkway leading directly to the Tucker Civic Center.



The team meeting room, strength and conditioning room and athletic training room are located on the second floor, just across the hall from the practice courts.



The coaches office suite is on the third floor, which has a balcony overlooking the practice courts.



Two regulation-sized basketball courts are located on the second floor of the facility. The cushioning for the courts is composed of ground up Nike shoes.

"With this facility I feel that we are a very fortunate team. Not every team has an opportunity to get everything we have here and we can't take it for granted."
-Junior Brittany Miller

FSU BASKETBALL

Basketball Training Center

"We love the facility. It's a blessing because not every school has a facility like we do. It's great to have a locker room where you can study, hang out with the other girls and prepare for the game. It's really an all-in-one facility."

- Sophomore Jacinta Monroe



The locker room, located on the first floor, consists of four rooms: the player lounge, the study room, the dressing and locker room and the restroom and shower area.



"I was very impressed with the facility when I came on my recruiting visit and it really separated Florida State from a lot of schools. Everything is laid out with basketball in mind; you don't have to go to another facility to get something done. It's all right here."

- Freshman Antionette Howard

FSU BASKETBALL

Donald L. Tucker Civic Center

A Florida State basketball game at the Donald L. Tucker Civic Center is as exciting as it gets! FSU fans are spoiled by more than just a great basketball team playing in the nation's finest conference, they also get to watch the game in surroundings that are as modern as any in the country.

The Tucker Center is the home for Seminole basketball, and the multi-purpose facility comes alive on game day. So impressive is the atmosphere, the Tucker Center and Florida State University have served as hosts for NCAA Basketball first and second rounds — back in 1995 on the men's side and just last season for the women's tournament.

Numerous improvements have been made to the already-outstanding structure. Just two seasons ago, the Tucker Center, in conjunction with the FSU athletics department, undertook a project to give the basketball arena more of a home-court atmosphere. The makeover includes an array of Seminole tradition throughout the facility, including picture collages, garnet and gold decor and Seminole logos.

In 2000, the Tucker Center completed an expansion project which began in October of 1998 in which 34 luxury suites and 468 club seats at mid-level in the arena were added. In addition, the upper level seating was configured to offer better viewing and additional concession stands and restrooms were added. 12,100 seats are available for FSU basketball fans, who are treated to one of the most spectacular shows in college hoops. An impressive four-sided, center

hung Megavision video display, a state-of-the-art sound system and four new scoreboards in the upper corners of the arena were also recently added. When there is a break in action, the video display comes alive with highlight tapes, animated games and other crowd-pleasing bits.

Adding even more appeal to the facility is the Center's restaurant, the Spotlight Grill. This 450-seat arena-view restaurant includes an outdoor patio and ledge seating for viewing arena events.

The multi-purpose facility, which opened its doors in 1981, covers over 22 acres in the heart of Tallahassee's thriving downtown district. The Tucker Center is only two blocks from the Capitol building and is just across the street from FSU's nationally-acclaimed Law School.

The complex covers over 18,000 square feet with 119-foot ceilings in the main arena. The Tucker Center is actually three different areas combined under one roof. The main arena, where FSU hosts its home games, is also the center for some of the nation's top musical concerts and Broadway plays and even a circus. The Exhibition Hall, which joins the main arena via a spatial hallway, can seat 5,000 for an event or serve as an indoor display area. The complex also features a terrace, which is popular for outdoor hosting.

As one of Florida's busiest venues, the Tucker Center recently completed a \$1.2 million renovation to its six meeting rooms, covering some 16,000 square feet. Because of its versatility and accessibility, the Tucker Center continues to be a popular location for trade shows and conventions.

In the late 1970's, the facility was named by the Legislature for Tallahassee native Donald L. Tucker who was elected to the Florida Legislature in 1967 and served for 12 years. During his legislative career he was Chairman of the Claims Committee, Chairman of the Committee on Manpower and Development, Chairman of the Commerce Committee and he was elected Speaker of the House of Representatives in 1974. He was re-elected speaker in 1976. The last Speaker to preside in the current Statehouse, Tucker was Vice Chairman of the Southern Legislative conference in 1976-1977 and was Chairman of that organization in 1977-1978. During his time in the legislature he received numerous honors and awards. In addition to the naming of the civic center, he was honored as "Most Effective Member of The Legislature."



Strength & Conditioning



Dave Plettl

**Assistant Strength & Conditioning Coach
Eighth Season
(Colorado '91)**

Dave Plettl, who is in his eighth year as an assistant strength and conditioning coach at Florida State, works primarily with the women's basketball and men's and women's tennis programs. He individually customizes programs for each of the athletes beginning with pre-conditioning before the season gets underway.

In the spring of 2005, Plettl, a native of Bailey, Colo., was named Master Strength and Conditioning Coach by the Collegiate Strength and Conditioning Coaches association (CSCCa). The honor is the highest given in the strength and conditioning profession and highlighted the organization's conference held in Salt Lake City.

"This is an incredible honor for Dave," CSCCa Executive Director Chuck Stiggins said. "Being named a Master Strength and Conditioning Coach signifies a commitment to student-athletes, a commitment to Florida State University athletics and a commitment to his profession. We are honored to have Dave as a



member of our association. He is truly a standard bearer to all strength and conditioning coaches nationwide."

Plettl, and six other coaches who received the honor in May, joined the then-43 Master Strength & Conditioning Coaches, bringing the total number of MSCC's in the world to 50.

"Dave is so deserving of this prestigious award," FSU women's basketball coach Sue Semrau said. "His role as strength and conditioning coach for our team has played a vital role in the success of our program. His knowledge and ability to connect with people is second to none."

Plettl is a 1991 graduate of the University of Colorado, where he earned a Bachelor's degree in political science and history. He came to Florida State from the University of Texas where he served two years as an assistant strength and conditioning coach with the football, men's tennis, women's golf and rowing programs.

While at Colorado, Plettl worked as a student assistant athletic trainer his first year and then moved to the strength and conditioning staff in 1987 where he spent the next 10 years. Plettl was a student assistant/graduate assistant from 1987-92, the interim coach from 1992-93 and associate strength and conditioning coach from 1993-97. Plettl received Master specialist in Sports Conditioning from the International Sports Sciences Association in September 2001 as well as by the Collegiate Strength and Conditioning Coaches Association in May 2004.

He and his wife, the former Christa Miller, are the proud parents of daughters, Lydia Rose (6) and Rebecca Rose (3) and son Samuel (2).

BUILDING CHAMPIONS

The FSU strength and conditioning program is designed to improve athletic performance through an individualized regimen of stretching, lifting, speed, power, agility and conditioning drills. The goal of



the program is to maximize the on-court performance of each athlete, while reducing the risk of injury.

Physical development is critical in order to excel at the collegiate level. FSU's strength and conditioning staff is continuously researching and following the most scientifically sound and up-to-date principles of strength training to safely maximize the athletic potential of its players.

The FSU strength and conditioning staff's focus continues to revolve around



FSU BASKETBALL

Strength & Conditioning

The Seminole Basketball Strength and Conditioning Facility

building — building stronger and better athletes as well as building new facilities. This is an exciting time for the Seminole strength and conditioning program. FSU's goal is to provide the best athletes in the nation with the best resources and tools in the nation. This includes providing the most state-of-the-art facilities and equipment. Florida State's new basketball strength and conditioning facility, located in the new FSU Basketball Training Center, gives the Seminole staff the best platform to train its athletes to their full athletic potential.

THE PROGRAM

"Not having a plan is planning to fail." Conditioning for basketball must be carefully planned out, otherwise, you can make the mistake of creating bodybuilders, power lifters, marathon runners or football players. We **MUST** basketball build. The only way to basketball build is to understand the principles that govern the game itself, then apply the exercises, sets, reps and intensity that match those characteristics of the game. But before improving our physical level of play, a more important element will **ALWAYS** come first and that is the mental aspect we call **CHARACTER**.

In building better basketball players, the top priority in Florida State conditioning is that we believe character is above all else. There must be great attitude and effort before we see any success in the weight room or on the basketball court. In order to be in the greatest basketball shape of your life, intense training is

The basketball strength and conditioning facility, located on the second floor of the Florida State Basketball Training Center, is a 2,300 square foot complex that includes state of the art aerobic and basketball-specific weight training equipment as well as a state of the art sound system. The facility is placed right next to the Seminole training room and just across the hall from the basketball practice floor. Strength coach Dave Plett's office is located within the area making him very accessible to not only the athletes who are working out in the facility, but the players who are conditioning and practicing on the court as well.

"This basketball facility has been created in such a way where it gives each athlete a chance to train in *any way*," Plett said. "It's got state of the art equipment which allows us to apply every single principle possible to get kids faster, stronger and better. I'm very excited about it. It's just for basketball and not very many programs have the luxury of having its own strength and conditioning facility."

needed, not just at given times, but over time. Commitment and toughness are the necessary traits that our players need for continual improvement. Only by character, can we reach the highest level of conditioning.

As for the physical aspect of conditioning, at Florida State we will train all five aspects of conditioning: speed, strength, agility, endurance, and flexibility. However, in any sport, especially basketball, speed is king. Each aspect of conditioning has to point toward building speed. Speed is seen in sprinting, jumping and changing directions, which are critical to the game of basketball. Strength by itself creates a stronger player, but also a slower one. The man who can bench 500 pounds and squat 700 pounds can never run fast enough or jump high enough to compete at the higher levels of basketball. Strength is important, but **ONLY** when it gives birth to speed.

Another example is endurance. Endurance by itself will allow you to run longer but it will not increase your speed, thus you may be fresh after the game, but you got beat during it. The plan has to be that you train all of these areas so that you can be explosive, not only for a given effort, but for the whole game, and then the whole season.

We attack our basketball conditioning training at Florida State by executing exercises that tax the nervous system, energy system and the muscles exactly like the game itself. The program must implement fast, quick and intense exercises so that it transfers to the game. When the program is executed over time, day-after-day, week-after-week, month-after-month, and finally, year-after-year, the end result is you have a highly trained basketball machine.



Athletic Training



Cheryl Pfeil

**Assistant Athletic Trainer
Second Season
(Florida State '01)**



While Cheryl Pfeil is in her second season as the athletic trainer for the women's basketball team, she is no stranger to Florida State athletics. She has been involved in athletic training at Florida State in some capacity for nearly a decade.

A 2001 FSU graduate, Pfeil is on the sideline as an athletic student trainer during two national championship football games and worked with five different sports in four years of service the FSU training room, including one season with the women's basketball program. After graduation with a bachelor's degree in Exercise Science, Pfeil moved on to Louisiana State University in Baton Rouge, La., where she held the position of graduate assistant athletic trainer for two years. In her time with the Tigers, Pfeil worked with the football and women's volleyball programs while obtaining her master's degree in Sport Pedagogy.

Pfeil began her second stint at Florida State in 2003 as an assistant athletic trainer. She had the responsibility of coordinating the move of all sports medicine staff and assets from the old facility to the new athletic center and was also responsible for the oversight of all



Cheryl & Jake Pfeil

athletic training operations. In 2004, she was named medical coordinator for the first and second rounds of the NCAA Women's Basketball Championship held in Tallahassee.

Pfeil left FSU for a brief time to pursue a career in medical equipment sales but returned to Florida State in September. She is a NATABOC Certified Member, an Approved Curriculum Instructor, an American Red Cross Professional Rescuer and an Athletic Trainers' Association of Florida Member.

A native of Conyers, Ga., Pfeil, 27, and is married to Jake Pfeil, also an assistant athletic trainer at FSU.

TEAM PHYSICIANS



DR. BOB ORSILLO
Team Optometrist



DR. KRIS STOWERS
Team Physician



DR. WILLIAM THOMPSON
Team Physician



DR. JOHN VAN TASSEL
Team Chiropractor

FSU BASKETBALL

Athletic Training

THE SEMINOLE BASKETBALL ATHLETIC TRAINING FACILITY

Although the basketball athletic training facility is considered a “satellite” training room, the 1,400 square foot area can stand on its own. Located on the second floor of the Florida State Basketball Training Center, the basketball athletic training facility is fully equipped and operational.

The facility, used solely for the men’s and women’s basketball programs, includes rehabilitation equipment, medical supplies, taping supplies, doctor’s equipment, four whirlpools, six treatment tables, a taping table and six stim machines. It is placed right next to the Seminole strength and conditioning facility and just across the hall from the basketball practice floor. Women’s Basketball Athletic Trainer Cheryl Pfeil has an office located within the facility.



Kelly Harrison
Student Athletic
Trainer

An athlete can expect to receive the best care and treatment possible with the athletic training team at Florida State University. Prior to competition, all FSU student-athletes undergo screening in order to detect any potential injuries. If a problem is detected,

the athlete may be placed on a preventative care system, which may include any kind of treatment from icing to rehabilitation.

Though the prevention of injuries is the main objective, some injuries are unavoidable. Rehabilitation is another component of the Florida State training room. The FSU athletic training staff will work with the athlete and provide an intense rehabilitation schedule that will allow the athlete to successfully rehabilitate after an injury. Some injuries and illnesses may be referred to the Seminole team physicians at the Tallahassee Orthopedic Center, that, for many years, have worked in conjunction with the FSU athletic training staff in successfully rehabilitating athletes after an injury.



Academics

ATHLETIC ACADEMIC SUPPORT MISSION STATEMENT

The primary focus of the Athletic Academic Support Program is to provide an environment which facilitates the academic success of each student-athlete. Student success is encouraged through competent academic counseling, study skills development, individualized assessment and support, and a wide array of tutorial services.

An Overview of an Award-Winning Academic Support Program

Academic, personal and professional support is essential to college success. At The Florida State University, an outstanding support program has been developed that enables student-athletes to reach their full potential.

Florida State Athletic Academic Support Program Director, Mark Meleney states, "Our philosophy is to offer an academic support program integrated with the total University that will assist all student-athletes with the transition into college and provide continued support in all phases of academic and professional development, culminating with graduation, job placement or graduate school."

FSU's program operates on a "proactive" rather than "reactive" approach. The academic staff does not wait for crises to occur. They gather important background information on each entering student-athlete, build an academic profile, and develop individualized support programs which are tailored to the unique needs of each student-athlete. They also stay informed on the daily progress of the student-athletes through consistent communication with the Florida State faculty.

In the summer of 2004, the Academic Support Program moved into their new home, a state-of-the-art facility in the newly constructed Moore Athletic Center. The multi-million dollar structure, which is located in the north end zone of Doak Campbell Stadium, is the new

home of Florida State athletics. Some of features of the new academic support area include a 32-station computer lab for student-athletes, 10 private tutorial rooms, the use of two 50-seat classrooms, and a five-station "Learning Center" for student-athletes with learning deficiencies and/or disabilities. The compliance, student services, business, sports information and athletics marketing offices are also housed in the facility, providing a more efficient and functional department, thus allowing student-athletes the opportunity for balance and improved time-management.

The academic support staff is comprised of a director, associate director, administrative assistant, six academic counselors, two learning specialists, several graduate assistants and approximately 50 tutors and mentors.

Meleney was named the program's Director in 1997 and brings 20 years of advising experience to the position. Over the past 10 years, Meleney has played an integral role in the development of a comprehensive program of student-athlete support, which has won the "Program of Excellence" award from Athletic Management Magazine.

Tutor & Mentor Program

The athletics department at Florida State University has made a commitment to providing the student-athletes with one of the finest and most comprehensive tutorial and mentor programs in the nation. The tutorial program is just one of several key support services that is available to all



student-athletes as they progress towards their ultimate goal of obtaining a college degree. FSU hires approximately 50 tutors a year, from a variety of academic departments, who are committed to providing a proactive, individualized approach in assisting student-athletes with course comprehension and study skills. In addition, mentors are academic role models who have demonstrated the ability to teach and give guidance in areas of academic developmental skills. They are responsible for providing assistance in the development of skills such as note taking, test preparation and communication with faculty. In essence, mentors become an extension of the academic counselor as they keep the academic performance of their student-athletes under close observation and report to the academic counselors each week. The tutors and mentors are usually seniors or graduate level students who have outstanding academic backgrounds.

Study Hall

In an effort to help ensure the academic success of the student-athletes, professionally supervised study sessions for each athletic team are organized. The main focus of the study hall program is to help students develop consistent and appropriate study patterns by providing a structured setting to work on class assignments and to provide tutorial assistance before academic problems arise. Although the criteria for study hall is left to the discretion of each academic counselor, typically most freshmen, first year transfers, and upperclassmen who have not yet achieved a satisfactory cumulative grade point average are asked to attend study hall.



Academics



Academic Honors & Awards

Florida State University student-athletes have achieved great success in obtaining recognition for academic excellence. More than \$350,000 in Postgraduate Scholarship monies has been granted to FSU student-athletes over the past 13 years, as well as numerous other academic honors and awards.

During the 2006-07 academic year, a pair of Seminole student-athletes were named National Academic All-Americans as Tom Lancashire (track & cross country) and Javier Garcia-Tunon, (track & field) were recognized for the second year in a row. In addition to Lancashire and Garcia-Tunon, 11 more student-athletes were recognized with Academic All-District accolades: Nikki Anthony and Alicia Gladden (women's basketball), Romy Altman (Swimming & Diving), Jonas Blitz (Men's Golf), Sarah Griffin (Volleyball), Alex Kennon (Swimming & Diving), Andrew Lemoncello (Track & Field/Cross Country), Katrin Schmidt and Mami Yamaguchi (Soccer), Caroline Westrup (Women's Golf) and Drew Weatherford (Football). Florida State University named a record 204 student-athletes to the 2007 Atlantic Coast Conference Honor Roll. At the conclusion of the 2006-2007 school year, eight of Florida State's athletic teams had a 3.0 or better cumulative grade point average. In the spring 2007 semester 210 Seminoles achieved a minimum 3.0 semester GPA. In addition, 26 student-athletes were named to the President's List with a 4.0 GPA while 165 student-athletes earned Dean's List honors for having a 3.5 GPA or higher. The average team semester GPA at the end of the spring of 2007 was 2.867 as 13 of the 17 sports teams had a team semester GPA above 2.70.

ACC Academic Honor Roll Selections

1991-92	Robin Corn, Christy Derlak, Danielle Ryan
1992-93	Christy Derlak, Danielle Ryan, Allison Peercy
1993-94	Christy Derlak, Allison Peercy, Liberty Taylor, Angela Atkinson, Michelle Frank
1994-95	Allison Peercy, Liberty Taylor, Katina Cobbins, Wendy Hampton, Anja Pedersen
1995-96	Wendy Hampton, Kristen Parker, Leslie Waugh, Carla Williams
1996-97	Arleshia Davidson, Wendy Hampton, Kristen Parker, Leslie Waugh
1997-98	Arleshia Davidson, Vanessa Fuchs, Wendy Hampton, Latrice McLin, Jen Robinson, Leslie Waugh, Brooke Wyckoff
1998-99	Arleshia Davidson, Vanessa Fuchs, Val Linley, Jen Robinson, Lakesha Springle, Angela Sutton, Brooke Wyckoff
1999-00	Latavia Coleman, Molly Beal, Brooke Wyckoff, Vanessa Fuchs, Lauren Bradley, Levys Torres, Katelyn Vujas
2000-01	Molly Beal, Lauren Bradley, Vanessa Fuchs, Petra Hofmann, Lakesha Springle, Brooke Wyckoff
2001-02	Lauren Bradley, Genesis Choice, Linnea Liljestrand, Kim Small
2002-03	Ganiyat Adeduntan, Lauren Bradley, Holly Johnson, Linnea Liljestrand, Tashaika Allen
2003-04	Ganiyat Adeduntan, Nikki Anthony, Lauren Bradley, Alicia Gladden, Holly Johnson, Linnea Liljestrand, LaQuinta Neely
2004-05	Ganiyat Adeduntan, Nikki Anthony, Alicia Gladden, Christie Lautsch, Linnea Liljestrand, Hannah Linquist
2005-06	Ganiyat Adeduntan, Nikki Anthony, Tiffany Buckelew, Mara Freshour, Alicia Gladden, Holly Johnson, LaQuinta Neely, Dranadia Roc
2006-07	Nicky Anthony, Tiffany Buckelew, Mara Freshour, Alicia Gladden, Christie Lautsch

ACADEMIC ALL-ACC

1998	Arleshia Davidson, Wendy Hampton, Brooke Wyckoff
1999	Jen Robinson, Brooke Wyckoff
2000	Molly Beal, Brooke Wyckoff
2001	Molly Beal, Vanessa Fuchs, Brooke Wyckoff
2002	Linnea Liljestrand
2003	Holly Johnson
2004	Ganiyat Adeduntan, Lauren Bradley
2005	Ganiyat Adeduntan, Linnea Liljestrand
2006	Ganiyat Adeduntan, Alicia Gladden, Holly Johnson, LaQuinta Neely
2007	Nicky Anthony, Alicia Gladden, Mara Freshour

Senior swimmer Alex Kennon – who is one of three Seminole student-athletes currently in medical school – David Castillo (football) and Alvaro Bada (track and field) – earned the NCAA Postgraduate Scholarship. Kennon, Sarah Griffin, Tom Lancashire and Kelly Rowland (soccer) earned four of the 45 Atlantic Coast Conference scholar-athletes to be named recipients of the ACC Weaver James Corrigan Postgraduate Scholarship in 2006-07

Senior women's basketball player Alicia Gladden was one of the six Florida State student-athletes to the prestigious Arthur Ashe Junior Sports Scholarship Award. The Arthur Ashe Jr. Sports Scholar

Awards were established in 1992 and serve to honor minority student athletes who exhibit academic excellence and community activism, as well as athletic prowess.

The Academic Support Program is committed to recognizing the academic success of all student-athletes. The athletics department, in conjunction with Seminole Boosters, Inc., puts on the annual "Golden Torch Gala," a black-tie academic awards banquet, each fall. The ACC Honor Roll student-athletes, as well as the individuals with the highest GPA on their respective teams, and the men's and women's teams with the highest GPA are recognized at this event.

Academics

Team meetings are held each year, during which time student-athletes are notified of potential honors and awards and are encouraged to apply. Combining a strong grade point average with athletic accomplishments, community service activities and leadership experiences make for a student-athlete capable of obtaining unlimited academic honors, awards and postgraduate opportunities.

Women's Basketball Academic Success

Not only has Sue Semrau changed the face of Florida State women's basketball on the court, but she has also turned the program around in the classroom. While schools like Duke, Wake Forest and Virginia may get more academic notoriety, Florida State has been the top school in the conference in terms of academic honors.

Ten years ago the Academic All-ACC Women's Basketball Team was established. In those 10 years, Florida State has either had the highest number of recipients or tied for the conference lead. During the 2005-06 academic year, the Seminoles set a record with four members of the All-Academic Team.

The Seminoles led all conference schools with three players on the 2007 All-ACC Academic Women's Basketball Team, but leading the way academically has been nothing new for Florida State. Since its inception in 1998, Florida State has had 23 members of the All-ACC Academic Women's Basketball Team, which is eight more than the next closest school. Since the league expanded to 12 teams in 2004-05, the Seminoles' nine selections out-distances the next closest schools - Virginia Tech & Maryland - by three.

In addition, since Semrau took over the program in 1997-98, FSU has had 63 ACC Academic Honor Roll selections, which also leads the conference. Prior to her arrival, the most student-athletes women's basketball had put on the Honor Roll was five. Under Semrau, Florida State has averaged nearly seven recipients a year, including a program-best eight in 2005-06.

Recognition for the women's basketball academic achievements are no longer limited to the conference level. Last season, seniors Nikki Anthony and Alicia Gladden were named to the CoSIDA/ESPN The Magazine Academic All-District Three Team. Ganiyat Adeduntan was the first player under Semrau to bring home that honor in 2005. In addition, Brooke Wyckoff picked up the program's second ACC Postgraduate Scholarship in 2001.

2006-07 Florida State All-ACC Academic Women's Basketball Team Selections



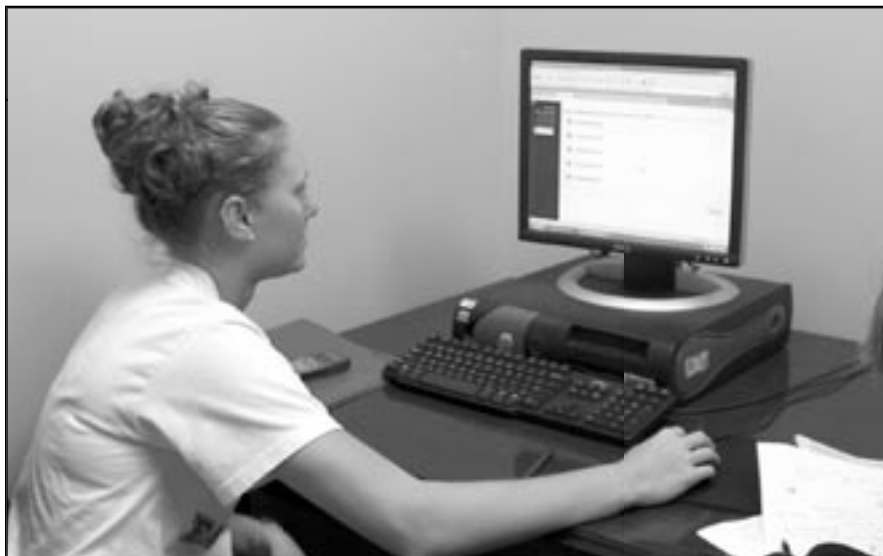
Nikki Anthony



Alicia Gladden



Mara Freshour



All-Time All-ACC Academic Women's Basketball Team Selections

Florida State	23
Duke.....	15
Maryland	12
Clemson	10
Wake Forest.....	10
Virginia.....	9
North Carolina.....	8
NC State	7
Georgia Tech	6
Virginia Tech.....	6
Boston College.....	4
Miami	3

Since 2004-05

Florida State	9
Virginia Tech.....	6
Maryland	6
Boston College.....	4
Duke	4



Academics



Mark P. Meleney

Mark Meleney begins his 11th year as the Director of the Athletic Academic Support Program. He brings to the position 20 years of advising experience at FSU.

Over the years, Meleney has played an integral role in the development of a comprehensive program of academic support for student-athletes which includes a staff of six professional academic counselors, three educational services specialists, and an administrative assistant.

In addition to his duties directing the Academic Support Program, Meleney coordinates the evaluation of all recruits for their academic potential, monitors academic progress and eligibility for student athletes, and serves as a liaison to the academic community. He also serves as a member of the administrative team for both the Athletic Department and the Division of Undergraduate Studies.

A native of Iowa, Meleney began his college education at Buena Vista University. Upon transferring to Florida State University, he earned bachelor's degrees in management and finance in 1986 and received his M.S. degree in athletic administration in April 1997.

A member of the National Association of Academic Advisors for Athletes (N4A), Meleney is married to the former Sarah Cawthon and they have a 14-year-old daughter, Montana Shea.



Aaron Vause

Aaron Vause is in his seventh year as a member of the Florida State Athletics Academic Support staff and his third year as the academic

counselor for the women's basketball team. Vause, a Palatka, Fla., native also handles the academic counseling for the offensive football players.

Vause earned a bachelor's degree in physical education from Florida State in 2000 and went on to receive a master's degree in physical education and sports

administration in 2002. He began working as a graduate assistant in the FSU Athletics Academic Support office in 2000 where he served as an assistant to the football advisor for a year and a half. Vause also coached football at Godby High School in 1999.

In addition to his advising responsibilities, Vause works with all prospective student-athletes during the pre-enrollment process. He works with the coaches, prospective student-athletes and the university from their first on-campus visit, where admission requirements are discussed, until the first day of orientation at FSU. Additionally, Vause also occupies the role of liaison between the university and the NCAA Clearinghouse for Florida State Athletics. Over his tenure with the department, Vause has worked with many of the Seminole athletic teams, including swimming and diving and the track and field and cross country programs.

