



inclement weather conditions, the Lady Seminoles finished in 11th place. Bond opened with a 77 and finished tied for 27th. Okura returned to the line-up and finished tied for 49th.

The Lady Seminoles have had recent success at the Ryder-Florida State Championships. Okura lost on the first playoff hole to Higashio in 1997 and the Tribe finished in second place. Bond didn't allow that to happen as she captured the individual championship, holding off Higashio by two strokes. The Lady Seminoles finished tied for third with South Florida and Central Florida. Spooner captured her second top 20 finish of the season, ending in 17th place.

In the final tournament of the year the Lady Seminoles looked to improve on a fourth-place finish at the 1997 ACC Championships. The ACC's returned to the Grandover East

Golf Course after a one-year stint in Atlanta, GA. Capie recorded back-to-back rounds of 77 in the final two rounds to finish tied for ninth with teammate Bond and two other golfers. She ended the tournament with a three-round total of 233. Iding ended one stroke back in 13th place.

The Lady Seminoles failed to make the NCAA Regional field for the first time since 1991. Widely regarded as the top regional in the country, the East Regional featured eight teams in the top 20.

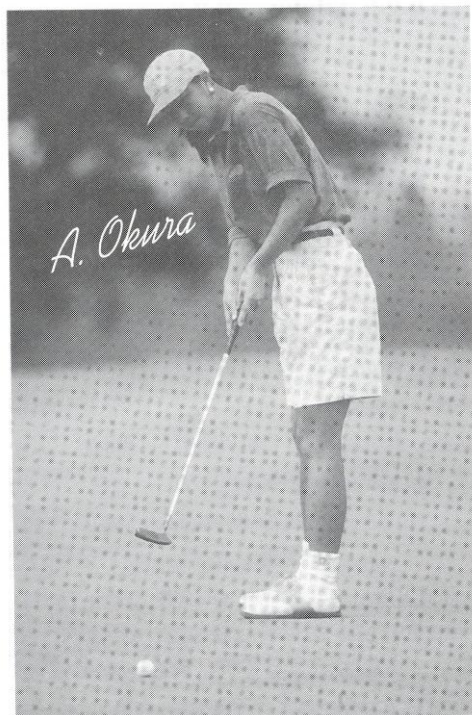
Although the Lady Seminoles fell short of postseason play, the stage has been set for a bright future in women's golf at Florida State. The addition of young, talented players and the experience returning among the top five will solidify FSU's chances of returning to Regional competition.



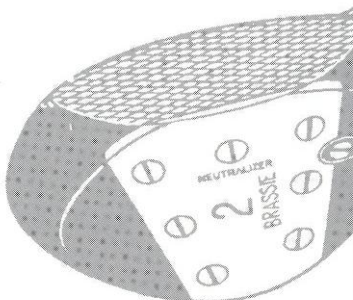
Amy Spooner



Stacy Burgin



A. Okura





1997-1998 Team Results



Lady Seminole Invitational Tallahassee, Florida September 13-15

Team Total	308-303-300	911	(t3)
Erika Iding	75-76-77	228	(t12)
Sarah Capie	77-76-75	228	(t12)
Amy Bond	80-75-75	230	(t20)
Aguri Okura	76-76-79	231	(t24)
Amy Spooner	80-81-73	234	(t35)

Auburn Tiger Invitational Auburn, Alabama September 19-21

Team Total	297-300-311	908	(6)
Erika Iding	73-76-77	226	(t14)
Amy Bond	73-75-79	227	(t16)
Sarah Capie	78-73-77	228	(t21)
Amy Spooner	73-76-79	228	(t21)
Aguri Okura	84-80-78	242	(t52)

Beacon Woods Invitational Bayonet Point, Florida October 10-12

Team Total	307-313-314	934	(5)
Erika Iding	75-77-82	234	(t18)
Amy Bond	76-78-81	235	(t20)
Aguri Okura	81-77-77	235	(t20)
Amy Spooner	78-82-77	237	(t26)
Sarah Capie	78-81-79	238	(t31)

Lady Paladin Invitational Greenville, South Carolina October 17-19

Team Total	310-317-315	942	(11)
Amy Bond	76-76-77	229	(t26)
Amy Spooner	78-81-73	232	(t33)
Sarah Capie	78-79-83	240	(t53)
Erika Iding	78-82-82	242	(t58)
Aguri Okura	82-81-84	247	(t70)

Lady Gator Invitational Gainesville, Florida February 27-March 1

Team Total	301-302-301	904	(6)
Erika Iding	75-74-75	224	(t21)
Amy Bond	74-77-76	227	(32)
Louise Wright	75-77-76	228	(t33)
Sarah Capie	77-81-74	232	(t45)
Amy Spooner	87-74-81	242	(t71)

LSU Fairwood Invitational Baton Rouge, Louisiana March 13-15

Team Total	312-309-313	934	(10)
Amy Spooner	75-78-76	229	(17)
Amy Bond	76-75-80	231	(t22)
Louise Wright	80-82-75	237	(t47)
Erika Iding	85-74-83	242	(58)
Sarah Capie	81-84-82	247	(t67)

Lady Gamecock Classic Columbia, South Carolina March 20-22

Team Total	317-327-321	963	(11)
Amy Bond	77-80-82	239	(t27)
L. Wright	79-83-80	242	(t33)
A. Spooner	80-86-78	244	(t45)
Sarah Capie	81-82-81	244	(t45)
Aguri Okura	81-82-82	245	(t49)

Ryder-Florida State Championships Miami, Florida April 3-5

Team Total	318-312-311	941	(t3)
Amy Bond	73-73-73	219	(1)
A. Spooner	78-80-76	234	(17)
Sarah Capie	88-77-81	246	(38)
L. Wright	84-82-81	247	(t39)
Erika Iding	83-85-83	251	(t47)

ACC Championships Greensboro, North Carolina April 17-19

Team Total	314-314-307	935	(4)
Sarah Capie	79-77-77	233	(t9)
Amy Bond	76-78-79	233	(t9)
Erika Iding	80-78-76	234	(13)
A. Spooner	80-82-75	237	(16)
L. Wright	79-81-WD	WD	WD



ASTAR Golf Learning System



The Florida State golf program has been fortunate enough to be provided with a camera system as a tool to remain among the top teams in the country. The Seminoles are one of few teams in the country to utilize these product to enhance the total game of its golfers. Through the use of this technology and the hands-on work of the coaches, Florida State will remain at top of the golf world for years to come.

"The ASTAR system is a state-of-the-art piece of equipment," said head coach Ernie Lanford. "It is a wonderful self-teaching aid for our athletes to use at their discretion. This system allows us to keep in touch with the rest of the professional world."

The ASTAR-410 differs from other ASTAR Golf Learning Systems in that it does not use a digital video processor, i.e., computer technology. It relies instead on traditional videotape for capturing and replaying video. The subject is captured

directly from the camera to a VCR, which is then used to rewind and replay the tape.

Rather than being a pre-packaged product that is readily identifiable on the price list, the ASTAR-410 is actually a

review his/her swing and make immediate adjustments. The system also allows the coach to mount it on a golf cart for moveable operations throughout the golf course. Several operations are available for a variety of situations.

ASTAR software is based on several principles which have resulted from working with teaching professionals in several sports and educators in general. The most fundamental concepts originate in learning theory: **Knowledge of Results (KOR)** and **Immediate Visual Feedback (IVF)**.

Both have been

proven to be of major importance in any type of learning environment, and especially in learning complex motor skills.

The ASTAR camera system concentrates on translating five theories to practice. Visual feedback, drawing tools, swing library, story board and comparative modeling are the five theories that makes ASTAR one of the most successful camera systems in the golf world.



collection of components specifically assembled to meet the customer's requirements. The customer is free to choose among cabinet, camera, VCR, and other options to assemble a system that meets the need at hand.

The ASTAR system provides Florida State several other features. This system has the ability to edit student tapes, allowing the student-athlete to

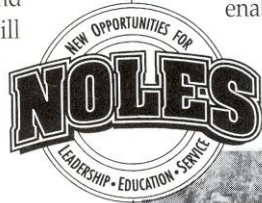


Life Skills and Compliance



The N.O.L.E.S. Program (New Opportunities for Leadership, Education and Service)

Developed by the Florida State University Department of Athletics, the NOLES program represents a commitment to the total growth and development of the student-athlete. This program establishes an administrative commitment to academic and athletic excellence. Those efforts will be supported with programs and services in personal development, career development and community service.



Personal Development

Fostering the development of personal growth is a fundamental component of the NOLES program. These support programs ensure that the student-athlete will be provided opportunities to focus on personal growth issues such as values clarification, goal setting, fiscal planning, decision making and personal responsibility. Programming focuses on helping student-athletes develop a healthy lifestyle while they are at Florida State and habits that will benefit them for life.

Career Development

Preparing for life after college sports is a major focus of the NOLES Career Development program. The program is designed to work cooperatively with the University's Career Services to acquaint students with the job search process, provide networking opportunities and ultimately assist with job placement. This program places a priority on the development of the total person, with the goal of developing individuals who will have rewarding careers and productive lifestyles after they leave Florida State.

Community Service

Serving the community is the focus of our Seminole Spirit program. Student-athletes are challenged to give service to our community and individuals who are in need. With a clearly defined program of service, student-athletes are given the opportunity to develop the foundation for a lifelong commitment to volunteerism. The Seminole Spirit Student-Athlete Speakers' Bureau enables student-athletes to improve their speaking skills, develop effective communication and



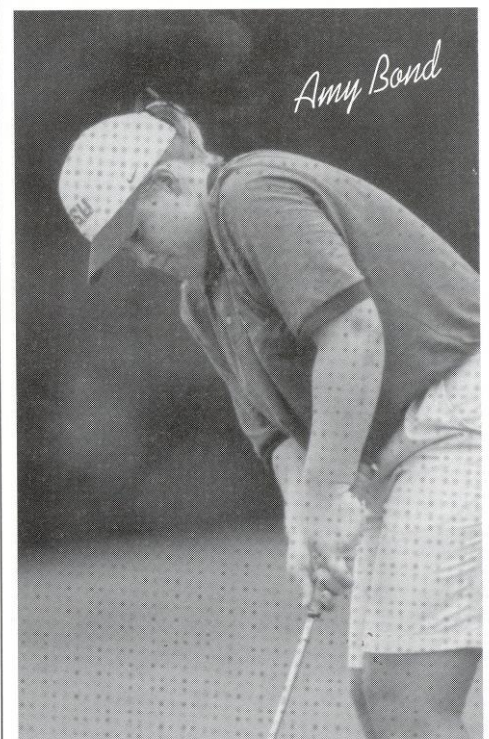
impact the lives of others through their service as role models in our community.

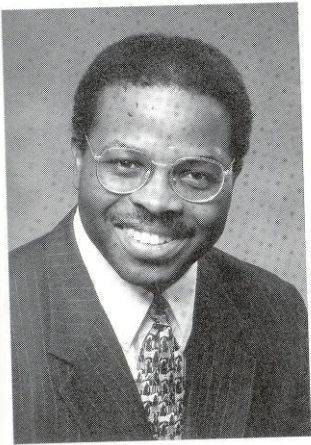
Leadership Development

The Florida State University Department of Athletics is committed to developing programs of excellence that foster leadership development. The foundation of the leadership development program are the Seminole Leadership Institutes that are held four times a year. These Institutes offer student-athletes the opportunity to learn skills that will benefit them as students, as athletes, and as they pursue their goals after leaving Florida State. The Institutes are based on building communication skills. Students have the opportunity to use the

values and work ethic taught by athletic participation as the framework for their leadership development. The Institutes attract outstanding guest speakers who challenge Seminole student-athletes to achieve their greatest potential and use their leadership skills to positively influence others.

The Student-Athlete Advisory Council (SAAC) serves as the advisory board to the NOLES program and the athletics administration. The prestigious board, comprised of two representatives of each athletic team at FSU, also recommends programming and serves as a liaison between student-athletes and the athletics administration. The Advisory Council plans and implements various events for student-athletes and serves as the department's most visible ambassadors. The SAAC hosted the annual Golden Nole banquet and planned such events as orientation for incoming student-athletes and the back-to-school picnic.





*Robert Minnix
Associate AD for
Compliance and
Legal Affairs*

The following information is provided by the Florida State Office of Compliance for prospective student-athletes. It is intended as a guideline to introduce some of the rules governing NCAA athletic involvement.

Who is permitted to recruit for FSU?

Only Florida State University coaches who have successfully completed the NCAA Recruiting Rules Examination on an annual basis may be involved in the recruitment process. Representatives of our athletics interests may not make any recruiting contacts. This includes letters, telephone calls or face-to-face contact on or off campus with a prospect or the prospect's parents.

Key terms you should know

You become a prospective student-athlete if you have started classes for the ninth grade. Before the ninth grade, you become a prospective student-athlete if the college provides you (or your relatives or friends) any financial aid or other benefits that the college does not provide to prospective students generally.

A contact is any face-to-face encounter between a prospect or the prospect's legal guardian and an institutional staff member or athletic representative during which any dialogue occurs in excess of an exchange of greeting. NOTE: At the Division I level, athletic representatives (boosters) may not contact you for the purpose of recruiting. A college coach may contact you in person off the college campus beginning July 1 after completion of your junior year in high school.

An evaluation is any off-campus activity designed to access your academic qualifications or athletic ability, including any visit to

your high school (during which no contact occurs) or the observation of any practice or competition in which you participate.

During your senior year, you can have one expense-paid official visit to a particular campus. You may receive no more than five visits. During your official visit, which may not exceed 48 hours, you may receive round-trip transportation between your home and the campus, and you (and your parents) may receive meals, lodging and complimentary admission to campus athletics events.

Phone Calls & Letters

Phone calls from faculty members and coaches (but not boosters) are permitted beginning July 1 after completion of your junior year. A college coach or faculty member is limited to one telephone call per week except when it is:

- During the five days immediately before your official visit to the university
- On the day of a coach's off-campus contact with you
- During the time beginning with the initial National Letter of Intent signing date in your sport through the two days after signing date

Letters from coaches and faculty members (but not boosters) are not permitted until September 1 at the beginning of your junior year in high school. A Division I university may provide you with the following printed materials:

- General correspondence, including letters, U.S. Postal Service postcards and institutional note cards
- Game programs which may not include posters and one Student Athlete Handbook can be provided only during official or unofficial visits to the university's campus
- NCAA educational information
- Pre-enrollment information subsequent to signing a National Letter of Intent with the university
- One athletic publication which may include only one color of printing inside the covers
- Official academic, admissions and student services publications published or videotapes produced by the institution and available to all students
- Schedule cards

- Questionnaires which may be provided prior to your junior year
- Summer camp brochures which may be provided prior to your junior year.

Alumni and Boosters Do's and Don'ts
You may forward information about prospective student-athletes to the appropriate coaches.

You may have contact with a prospect regarding permissible pre-enrollment activities such as summer employment, provided the prospect has already signed a National Letter of Intent and the Compliance Office is aware that you are making these contacts in regard to employment.

You may have a telephone conversation with a prospect only if the prospect initiates the call. Such a call may not be prearranged by an institutional staff member and you are not permitted to have a recruiting conversation, but may exhibit normal civility. You must refer any questions about our athletics programs to an athletics department staff member/coach.

You may view a prospect's contest at your own initiative provided you do not contact the prospect or his/her parents. In addition, you may not contact a prospect's coach, principal, or counselor in an attempt to evaluate the prospect.

You may continue established family relationships with friends and neighbors. Contacts with sons and daughters of these families are permitted as long as they are not made for recruiting purposes or encouraged by Florida State University coaches.

You may not become involved in making arrangements to receive money or financial aid of any kind for a prospect or the prospect's family and friends.

You may not make contact with a prospective student-athlete and his/her parents when the prospect is on campus for an official or unofficial recruiting visit.

You may not transport, pay or arrange for payment of transportation costs for a prospect, and his/her relatives or friends to visit campus (or elsewhere).

You may not pay or arrange for payment of summer camp registration fees for a prospect.

You may not provide anything to a prospect, the prospect's family or friends without prior approval from the athletics' Compliance Office.



Strength and Conditioning



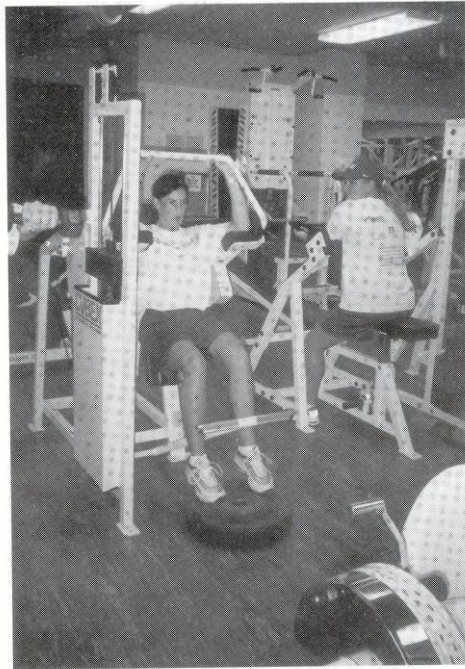
Superior strength and conditioning are two reasons why the Lady Seminole golf team is among the top programs in the nation every year. The golf team's commitment to excellence does not start on the practice green, it starts in the weight room every Monday, Wednesday and Friday at 6:45 a.m.

Assistant Strength Coach Ron Miller works with the women's golf team and has created a special program so that each golfer can reach maximum potential on the course.

"With physical fitness the women can help themselves two different ways," Miller said. "The first is injury prevention and the second is they will be able to play better, longer."

The Lady Seminoles start their workout with 30 minutes of cardiovascular training. This can range from running to riding a stationary bike. Cardiovascular training will help the overall endurance of a player so she is not tired after walking for 36 holes.

Next the women go through the "Seminole Circuit" which is a total body strength program devised specifically for golfers.



"The main areas we work are the wrist, forearms, and abdominals," Miller said. "Once again we are working toward muscular endurance."

The Seminoles work out in the Tully Gymnasium weight room which is a carpeted and

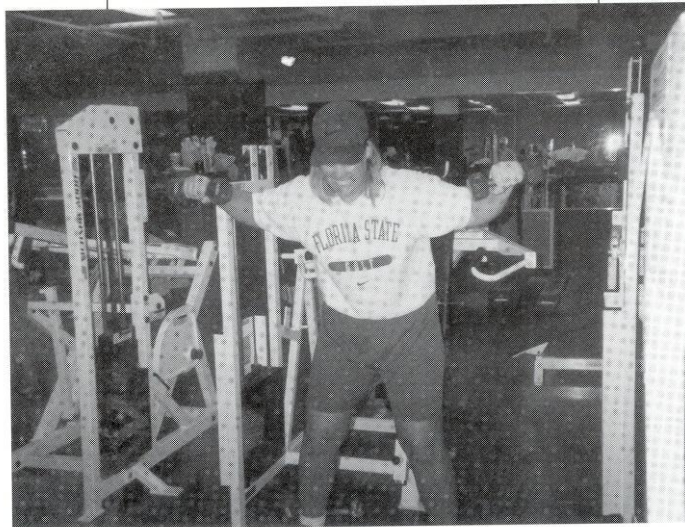
mirrored area which includes state of the art exercise systems by Cybex Eagle, as well as free weight equipment. A variety of exercise bicycles, rowing machines and stairmasters incorporate both strength, conditioning and cardiovascular endurance. The weight room is open every weekday, year-round, at the most convenient hours to give all student-athletes time to work a strength and conditioning routine into their busy schedules.

Words of encouragement and guidance come from Miller and his staff, who take a personal interest in every Seminole athlete. Miller works with the individual to tailor a weight program that specifically meets her needs and goals. His office is located in Tully Gym, where he can remain close to the action at all times.

Miller is working towards training the athletes to condition themselves year-round and not just during the season.

"I want working out to become a lifestyle for these women," he said.

At Florida State we believe "the strong shall survive." FSU takes pride in its strength and conditioning programs to help student-athletes reach their maximum potential.





Support & Success Academics



Academic, personal, and professional support are essential to college success. At Florida State University, we have developed an outstanding support program which enables student-athletes to reach their full potential.

Our philosophy is "to offer an academic support program integrated with the total university that will assist all student-athletes with the transition into college and provide continued support in all phases of academic and professional development culminating with graduation, job placement, or graduate school."

To accomplish this goal we have developed an academic environment which facilitates the academic success of student-athletes. Student success is encouraged through competent academic counseling, career exploration, planning and placement, and academic assistance through tutorial programs.

Our program operates on a "proactive" rather than "reactive" approach. At Florida State, our academic

staff does not wait for academic crises to occur. We gather important background information and build an academic profile on all

student-athletes to assess their needs in advance. We also stay informed on the daily progress of each student-athlete.

The academic support staff includes a director, five counselors, and three graduate interns forming a group of professionals serving the needs of all student-athletes. The director, Mark Melaney, is in his second year as the head of the program. Melaney served as the interim director after the departure of Dr. Roger Grooters, who took over a similar position at Michigan State University.

In 1994, the academic programs moved to the state-of-the-art University Center and are located on the sixth floor of the \$126 million facility.

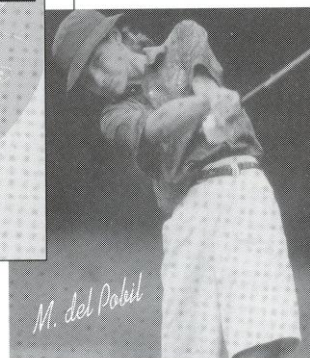
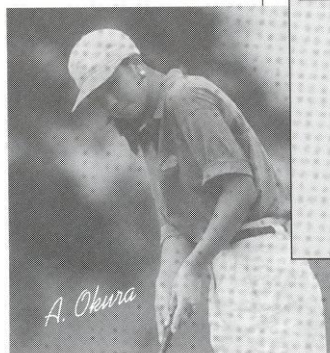
It includes private study carrels, a tutorial study area, and a computer lab outfitted with 16 new IBM computers and laser printers. In addition, athletic sky boxes are utilized for group and individual tutorial instruction.

Women's Golf Academic All-Americans

Kelly Pittman - 1990, '92, '93
Tiffany Faucette - 1993, '94
Mabel Pascual del Pobil - 1994, '95
Aguri Okura - 1996, 1997
Sarah Capie - 1997, 98

1998 ACC Honor Roll

Amy Bond
Sarah Capie
Kelly Hoffmeyer
Erika Iding
Laura Kowalski
Kelley Winship
Lousie Wright



Academic Support Staff
(from L to R): Trudy Raybun, Kevin White, Mark Melaney, Matt Schmauch, Amy White, Magdi El Shahawy



In the ACC with the Seminoles



The Atlantic Coast Conference boasts a rich tradition of success in women's golf. Although only four conference schools have women's golf teams, those four teams have made their mark on the national level.

Since Florida State joined the ACC in 1991, the women's golf team has been a major contributor to FSU's success in the ACC. The Lady 'Noles have finished second in the conference twice, in 1992 and 1995. Coach Debbie



1998 ACC Tournament Results

April 17-19, 1998
Grandover East Golf Course
Greensboro, NC

Team Results:

Duke	903 (1)
Wake Forest	917 (2)
North Carolina	928 (3)
Florida State	935 (4)

Individual Results:

Marta Prieto - Wake Forest	221 (1)
Jenny Chuasiriporn - Duke	223 (2)
Alicia Allison - Duke	225 (3)
Alexandra Armas - Wake Forest	227 (4)
Kalen Anderson - Duke	229 (5)

FSU Results:

Sarah Capie	79-77-77, 233 (t9)
Amy Bond	76-78-79, 233 (t9)
Erika Iding	80-78-76, 234 (13)
Amy Spooner	80-82-75, 237 (16)
Louise Wright	79-81-WD, WD

Player of the Year:

Jenny Chuasiriporn, Duke

Rookie of the Year:

Marcy Newton, North Carolina

Coach of the Year:

Dan Brooks, Duke

1997-98 All Atlantic Coast Conference Team:

Jenny Chuasiriporn, Duke
Megan Morgan, North Carolina
Amy Bond, Florida State
Alexandra Armas, Wake Forest
Marta Prieto, Wake Forest

Dillman was named ACC Coach of the Year in 1992, and former Seminoles Erica Firnhaber, Marie Josee Rouleau, Karen Stupples and current Seminole Amy Bond have been All-ACC selections, with Stupples attaining that honor in both 1994 and 1995.

In the 1998 ACC Championships, held at the Grandover Country Club in Greensboro, the Lady Seminoles finished in fourth place. Junior Sarah Capie led the Seminoles, finishing tied for ninth after a final-round 77.

Duke University claimed the team championship, beating Wake Forest by 14 strokes. The University of North Carolina finished in third, nine strokes behind the Demon Deacons.

The ACC was also well-represented at the NCAA Championships by Duke University and the University of North Carolina.

This year's ACC Championships will take place at the Grandover East Golf Course in Greensboro, NC.



FSU Golf in the Nineties



Lady Seminole Golf has been highly successful in the first half of this decade.

Since the spring of 1990, Florida State has come away from a tournament as the team champion eight times. Equally as impressive are the 50 top five finishes the squad has compiled over 90 tournaments during those years.

Individual golfers have made their marks in the record book as well. Six Lady Seminoles have captured tournament championships, with Karen



Stupples (1993-95) adding two tourney titles to her list of accomplishments. Stupples was named a

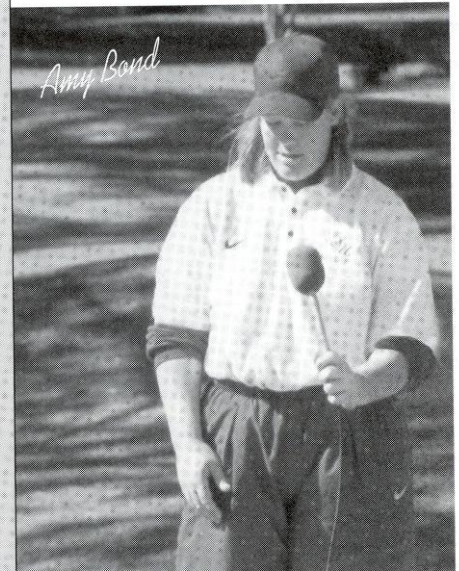
1990-1998 Team Titles

- FIU-Pat Bradley Invitational (Fall 1990)
- Metro Conference Championship (Spring 1991)
- Lady Seminole Invitational (Fall 1991)
- Ryder/Florida State Championship (Spring 1992)
- Lady Seminole Invitational (Fall 1993)
- Spalding/Peggy Kirk Bell (Spring 1994)
- Beacon Woods Invitational (Fall 1994)
- Lady Gator Invitational (Spring 1995)

1990-1998 Individual Titles

- Kathy Grant, Metro Conf. Championship (Spring 1990)
- Emma Rundle, Metro Conf. Championship (Spring 1991)
- Mary Lee Cobick, Beacon Woods Invitational (Fall 1991)
- Erica Firnhaber, Lady Seminole Invitational (Fall 1991)
- Karen Stupples, Spalding/Peggy Kirk Bell (Spring 1994)
- Lady Gator Invitational (Spring 1995)
- Amy Bond, Ryder-Florida State Championships (Spring 1998)

second-team All-American in the spring of 1995. In all, 12 FSU golfers have posted 44 individual top 5 finishes



since 1990. Senior Amy Bond is the most recent winner of an individual championship. Bond captured the Ryder-Florida State Championships, beating Riko Higashio of Florida by one stroke. Bond added an All-ACC selection at the completion last season.

The women have made appearances in NCAA post-season play each spring from 1991-1997. The Tribe failed to qualify for NCAA Regional play. They have also qualified for the NCAA Championships three times in the 90's and Regional play seven times.



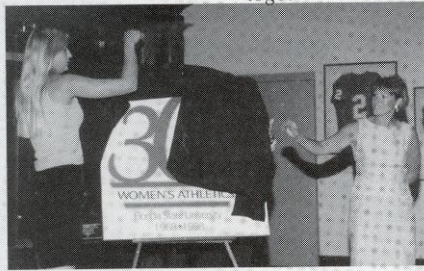
30 Years of FSU Womens' Sports

30

WOMEN'S ATHLETICS

Florida State University
1968 • 1998

Florida State kicked off the year celebration (below) when volleyball's Gabrielle Reece returned to Tallahassee in July to help unveil the 30th Anniversary logo.



While women's athletics has held a rich tradition in Tallahassee since the early 1900's when Florida State was the Florida State College for Women, the 1998 season marks the 30th Anniversary for a continuous women's athletics program at Florida State University.

Through the years, a foundation of excellence, both athletically and academically, has been planted upon which a winning tradition continues to grow.

FSU's Women's National Champions

GOLF	1981	AIAW Championship
Softball	1981 & 1982	AIAW Champs
Track	1984	NCAA Outdoor Champs
Track	1985	NCAA Indoor Champs



30 Years of Excellence

1968-1973

In 1968, the volleyball team was Florida State's first women's intercollegiate athletics team.

Women's track and field was added as an inter-collegiate sport in 1969.

The volleyball squad played in its first national tournament in 1972.



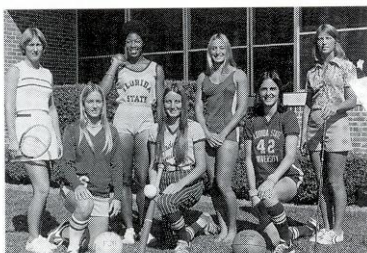
Lady Seminole Symbolizes Upgraded Women's Athletics



1974-1978

The Lady Seminole logo became the symbol for Florida State women's athletics in the 1974-75 season.

By the 1975-76 season, Florida State University sponsored seven women's intercollegiate teams.



1979-1983

Sharon Spuler (right) – Swimming 11-time All-American.



Lenore Gribble (left) – Swimming 10-time All-American.



The 1981 season marked the first of two straight AIAW National Championships for Head Coach JoAnne Graf and the Lady Seminole softball program.

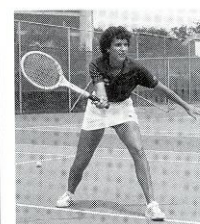
JoAnne Graf and the Lady Seminole softball program.



Head Coach Verlyn Giles led Florida State to the 1981 AIAW National Collegiate Golf Championship title.



Softball's Darby Cottle (right), a two-time All-American, was named the slowpitch National Player of the Year in 1982.



Jamie Kaplan (left) and Lee McGuire were the first two women's tennis players at Florida State to earn an invitation to the NCAA tournament.

Lady Seminole Milestones:





1984-1988



One of the most prolific scorers ever to play at Florida State, **Sue Galkantas** (left) scored an unbelievable **2,323 points**, the most points scored by a **basketball player** – male or female – in FSU history.

The Florida State **track and field** team brought home the **NCAA Outdoor National Title** in 1984 and the **NCAA Indoor National Title** in 1985.

In 1987, All-American **Tiffany Daniels** led the Lady Seminoles to their first **College World Series**.

Florida State golf's **Kathy Grant** (right) won the **Metro Conference Individual Championship** title in 1990.



The 1990-91 women's **basketball** team placed first at the **1991 Metro Conference Tournament** and went on to record its first win in **NCAA Tournament** play and advanced to the tournament's second round.

In 1992 the Lady Seminole **softball** team earned its first of six **ACC Tournament titles** (to date) on its way to recording a program best **63-9** record.

Division I **Tennis** Championships when she reached the third round at the 1996 Championships which was hosted by Florida State.

Shamalene Wilson (below) began her **softball** career as ACC Rookie of the Year and four years later concluded with ACC Player of Year honors as well as First Team All-American accolades.



In 1997, softball's **Dr. JoAnne Graf** (below) became just the second coach in NCAA Division I **softball** history to amass **900 victories**.

1989-1993



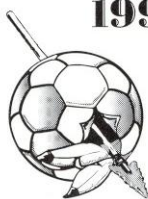
Volleyball won five **Metro Conference Tournaments**, three during the career of standout

Gabrielle Reece. Reece has gone on to captain Team Nike in the Bud Light Four-Woman Tour.

Kim Batten (below, center) established herself as one of the finest **track** athletes in school history. The nine-time All-American set the world record in the 400-meter hurdles in 1995 and won the **Silver Medal** in the **1996 Summer Olympics** in Atlanta, Ga.



1994-1998

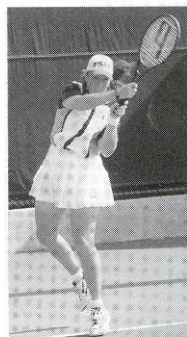


A new era of Florida State athletics began in 1995 with the addition of women's **soccer**.

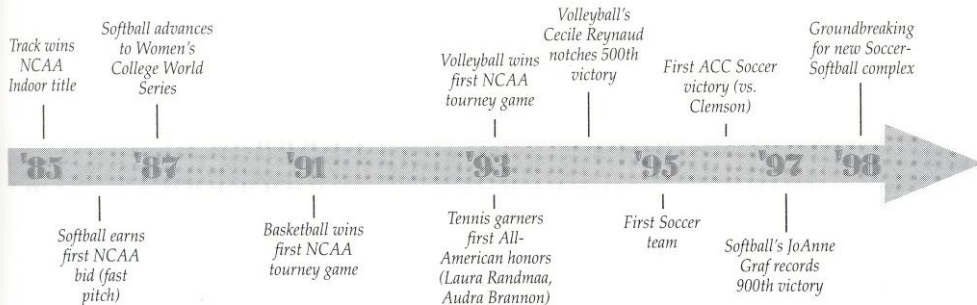


These **1995 ACC Individual Champions** (above) are just a glimpse of the success that the FSU women's **swimming team** has had.

All-American **Lori Sowell** (right) gave FSU its best-ever individual performance at the **NCAA**



Groundbreaking ceremonies (below) for Florida State's new state-of-the-art **soccer/softball complex** were held in the spring of 1998.





Florida State University



Florida State University, recently celebrating its golden anniversary as a coeducational graduate research institution in 1997, has joined the nation's elite in both academics and athletics.

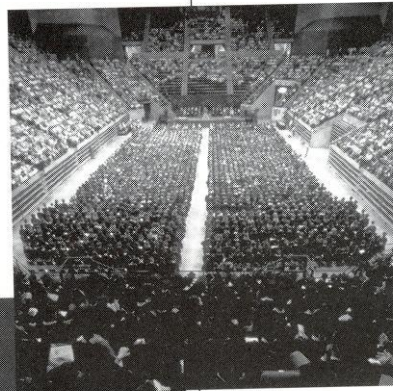
Located on the oldest continuous site of higher education in Florida and building rapidly on the framework of a highly regarded liberal arts college for women, the University has emerged over the past 50 years as an institution of national and international esteem. Its stature is evidenced by a number of additions to its record of excellence in the 1990s:

- In 1994, Florida State was classified a "Research University I" by the Carnegie Foundation, placing it among the nation's top research universities.
- In 1994, the college referral service, "Who's Who Among American High School Students," placed FSU among its top 10 – with such universities as Harvard, Duke, Stanford, North Carolina-Chapel Hill, Michigan-Ann Arbor and Yale – of most frequent choices of more than 100,000 of the nation's best and brightest high school students who asked that a specific college be notified of their recognition in "Who's Who."
- Vice President of the United States Al Gore spoke at the dedication of the National



High Magnetic Field Laboratory at Florida State in 1994. The National Science Foundation established the \$100 million magnet lab in 1990 at

FSU, which is partnered in research with the Los Alamos National Laboratory and the University of Florida. A Nobel laureate in physics and a top Russian physicist were among the first scholars drawn to the faculty. The world's largest magnet – two stories high and capable of generating 45 tesla or 1 million times the Earth's magnetic field – was installed

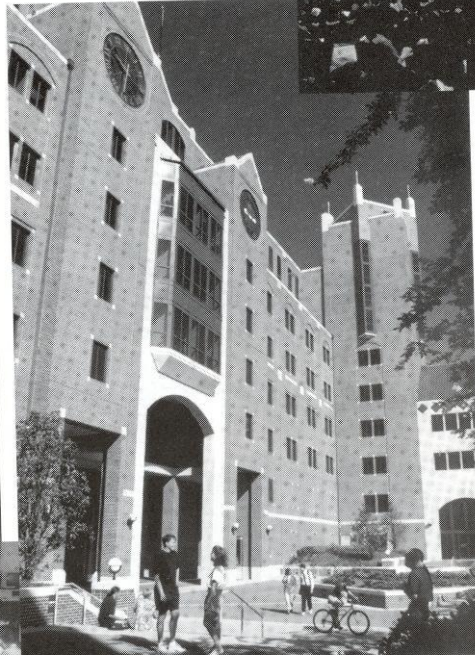


Center is a national leader in "smart card" systems.

- At the forefront of supercomputing since obtaining its first high-speed computer in 1985, FSU took yet another step in ultrafast and parallel computing in 1990 when it acquired two super-computers, the Thinking Machine Corp. Connection Machine and the Cray Y-MP.
- In fall 1994, the first tenants moved into the east side of the \$100 million University Center, a classroom-and-office facility at

Doak Campbell Stadium; the stadium's south end zone also was enclosed and the adjacent Moore Athletic Center expanded. With the completion of the west side in 1996, University Center now provides 550,000 square feet of much needed academic space and a centralized location for student services.

- In 1990, Florida State ranked second in popularity nationwide among high school seniors, based on the number of students who request that their Scholastic Aptitude Test (SAT) scores be sent to an institution. FSU was the only institution listed among the top 10 choices of both black and white college-bound students.
- FSU's high-tech program in structural biology in 1991 received the University's largest single foundation grant, \$4 million.
- Capping more than a decade of national prominence in inter-collegiate athletics, Florida State's athletic teams, nicknamed "Seminoles," joined the Atlantic Coast Conference as its ninth member in 1990. The FSU football



in 1995 at the NHMFL, located in the off-campus research complex, Innovation Park. In 1996, the NSF renewed and increased by 50 percent the NHMFL's funding for another five years.

- FSU created the first multipurpose student identification/banking card. The Card Application Technology



team won the 1993 National Championship and its quarterback, Charlie Ward, won the University's first Heisman Trophy.

- The Dr. Bobby E. Leach Center, a state-of-the-art student recreation facility, with a pool, saunas, basketball and racquet-sport courts, was completed in 1991.
- FSU ranked 20th in the nation for 1990-91 in the number of black Ph.D. students it graduates. Over the five years, 1986 to 1990, FSU ranked eighth nationally by granting doctorates to 70 African Americans.

As this list of highlights attests, Florida State is excelling in the 1990s with exceptional strength, energy and vision for the future. Under the leadership of the University's 12th president, Talbot "Sandy" D'Alemberte, who took office in January 1994, FSU will continue to build on the foundation of its history of excellence in scholarship, research and service.

A senior member of the 10-member State University System, FSU was founded as an institution of higher learning in 1851 by legislative act and began in Tallahassee with its first students in 1857.

Today, FSU's operating budget is \$474.3 million. Faculty and administrators generate more than \$102 million annually in external funding to supplement state-sponsored

research. Three direct-support organizations serve to bolster the University: FSU Foundation, which raises millions in private gifts to support academics, Seminole Boosters and FSU Alumni Association.

The main campus is spread over 451.6 acres in Tallahassee; FSU, which has one of the smallest campuses in the SUS, has been actively acquiring land in the 1990s after years of being landlocked at 347 acres. FSU owns 1,281 acres in Leon, Bay, Franklin and Sarasota counties.

Within the state, the University

maintains facilities at its 25-acre campus in Panama City, its Marine Laboratory on the Gulf of Mexico, the Appleton Museum in Ocala and the Asolo Performing Arts Center in Sarasota. The Center for Professional Development and Public Service, housed in the Augustus B. Turnbull III Florida State Conference Center on the edge of the campus, provides extensive credit and non-credit continuing education programs statewide.

For years FSU has reached far beyond Florida



through international programs in Switzerland, France, Panama, Cost Rica, and the Caribbean. FSU's study centers in Florence, Italy, and London, England, are considered by many to be the nation's best in Europe. Florida State offers 286 graduate and undergraduate degree programs through its eight colleges – Arts and Sciences; Business; Communication; Education; Engineering (operated jointly with Florida A&M University, a historically black institution); Human Sciences; Law; and Social Sciences (which also incorporates the Reubin Askew School of Public Administration and Policy) – and eight schools – Criminology and Criminal

Justice; Information Studies; Motion Picture, Television and Recording Arts; Music; Nursing; Social Work; Theatre; and Visual Arts and Dance.

With 1,655 members, the FSU faculty has included nine National Academy of Sciences elected members, nine American

Academy of Arts and Sciences fellows and five Nobel laureates. It is backed by 2,887 administrative/professional and support staff.

Library holdings at Florida State include 2.1 million book

titles, 16,384 serials and 4.5 million micro-forms. The main library facility, the Robert M. Strozier Library, is linked by computer to other state university and national research libraries. The Paul A.M. Dirac Science Center Library is located at the heart of the University's science research complex. FSU also maintains extensive music, library science and law libraries.

Graduate students, who number more than 5,929, pursue advanced degrees in fields as diverse as business administration and theoretical particle physics. A majority of research done at FSU is the direct result of student effort, culminating in numerous books, monographs and journal articles relating to the whole spectrum of intellectual interests and the practical needs of society.

FSU, a residential campus, places a high priority on its 30,519 students and their needs and interests (of the student population: 45 percent are male; 55 percent are female; 20.1 percent are minorities; and 2.5 percent are foreign students). The University Honors Program, Disabled Student Services, International Student Center, Student Government, Flying High Circus and intramural sports are among more than 200 organizations and activities in which students may participate.

In all areas of its mission – excellence in teaching, research and public service – Florida State University is advancing boldly toward the 21st century.





This is Tallahassee



Near, but far from the glaring strips of neon amusement, and the castles and crowds of Disney, lies another magical place in the Sunshine State — one of pow-wows, plantations, politics and great pride. Often described as “The Other Florida” with its deep-rooted history, rolling hills, canopy roads of moss-draped oaks, cool climate and Southern-style hospitality; it is a Florida few have seen. It is Tallahassee — Florida with a Southern accent.

Best known as Florida’s capital, Tallahassee is an intimate neo-metropolitan city where the power of state government, the academic and the artistic are complemented by subtle, old-fashioned charm. It is the perfect two- or three-day diversion for the more than 41 million annual visitors to Florida and 13 million residents.

Tallahassee touts a menagerie of sights including one of the world’s deepest freshwater springs, site of America’s first Christmas, a wildlife habitat, Capitol buildings, fascinating museums of history, sprawling plantations, highly acclaimed fishing and hunting adventures and nearby beaches.

Spirited area festivals range from celebrations of Tallahassee’s spectacular spring and swamp stomps to genuine rattlesnake roundups and seafood festivals.

With the Gulf of Mexico just 20 miles south and the Georgia border only 14 miles north, Tallahassee

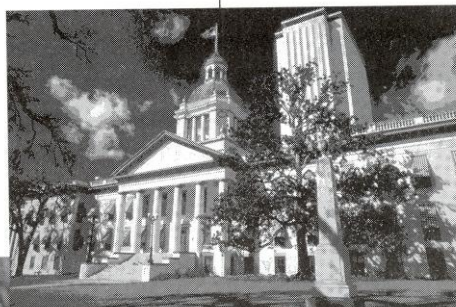
roads of patriarch oaks. The fertile, rich soil and four distinct, yet pleasant, seasons breed floral brilliance and natural vitality year-round.

Like the city itself, the story of how Tallahassee was chosen as the state capital is rich in history. In 1823, two explorers set out — one on horseback from St.

Augustine and the other by boat from Pensacola — to find a permanent, central location for the Legislature to convene. The two met at a beautiful site that the Creek and Seminole Indians called “tallahassee” — derived from the words “talwa” meaning town and “ahasee” meaning old. The rendezvous point remains Florida’s capital.

The “old town” has undergone many changes, but one thing remains the same — it is still a government town fiercely proud and dedicated to preserving its heritage. The Capitol buildings, both old and new, epitomize Tallahassee’s perseverance.

The 22nd floor of the New Capitol provides a panoramic scope of a sophisticated Southern city awash in a sea of flowering azaleas, snowy dogwoods, towering pines, fragrant magnolias, and hundreds of shimmering lakes, springs, swamps, rivers and sink holes. Special legislative viewing galleries are open



rests between the foothills of the Appalachian Mountains and the juncture of Florida’s panhandle and peninsula. Nearer in miles to Atlanta than to

Miami, Tallahassee more closely resembles its Southern neighbors than Florida in topography, climate and lifestyle.

Accentuating Tallahassee’s Southern persona are lush rolling hills, likened to the seven hills of Rome, and five “official” canopy



during the legislative session.

Below, in the shade of giant live oaks, proudly stands the Old Capitol, originally constructed in 1845 and restored to its 1902 splendor complete with red-and-white candy-striped awnings, a dome adorned with stained glass, antique furnishings and political memorabilia.

Across from the Old Capitol are the 40-foot twin granite towers of the Vietnam Veteran's Memorial, and the blue stone Union Bank, Florida's oldest surviving financial institution. The nostalgic Old Town Trolley, a replica turn-of-the-century street car, carries passengers through restored Adams Street Commons to numerous other historical downtown shops for free – unheard of even 100 years ago.

Minutes from downtown lies the Governor's Mansion, which resembles the home of Florida's military hero Andrew Jackson; and the 52-acre natural animal habitat and 1880s farm of the Tallahassee Museum of History and Natural Science, which provide the rare chance to walk and talk with native Florida animals.

Tallahassee remains firmly linked with the past as evidenced by the unearthed 1539 winter encampment of Spanish Hernando de Soto, the site of the first Christmas celebration in America. Visitors travel back through time as they stand in the shadow of a giant 12,000-year-old

American Mastodon at the Museum of Florida History or explore other historical spots including The Knott House that Rhymes, The Columns, San Luis Mission, Lake Jackson State Archaeological Site, Natural Bridge Battlefield, First Presbyterian Church, Brokaw-McDougall House, Goodwood Plantation and Adams Street Commons.

Nearby, alligators lazing in the sunshine and aninga "snake birds"

Lakes Seminole, Jackson and Talquin are renowned in the bass fishing world for yielding the "big ones," and dense forests offer an abundance of prize-winning game. Local wildlife areas such as the Florida National Scenic Trail, St. Marks National Wildlife Refuge and

Apalachicola National Forest are among many spots for camping, picnicking, swimming, biking and exploring.

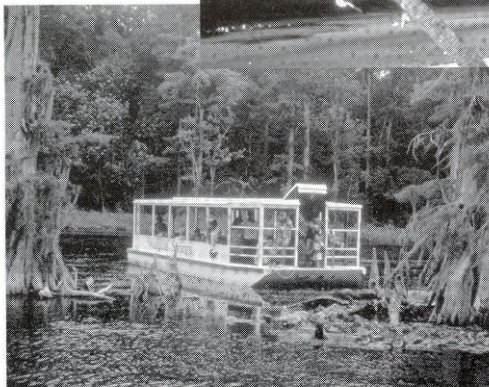
Appealing to the strokes of different folks,

Tallahassee also features 99 holes of golf on six courses and a proliferation of tennis centers. Sideline athletes cheer the nationally-ranked Florida State Seminoles, Florida A&M Rattlers and the Tallahassee Tiger Sharks, of the East Coast Hockey League. And always a sure bet are the nearby greyhound races.

A sport of sorts, shopping at two regional malls and many specialty centers offer many "playing options" – from popular chains to curiosity and antique shops.

Cultural interests are sparked by widely-acclaimed museums and galleries and elaborate entertainment at the 14,000-seat Tallahassee-Leon County Civic Center.

Tallahassee is a collaboration of power-play politics and classical character splashed with a twist of Southern beauty and charm. Tallahassee is Florida with a Southern accent.



perched on twisted cypress branches are seen at Wakulla Springs, one of the world's deepest fresh water springs and site of many underwater

scenes in the "Tarzan" movies with Johnny Weissmuller and Maureen O'Sullivan. Safaris aboard glass-bottomed and jungle cruise boats whisk visitors within arm's length of "The Other Florida."

Outdoor enthusiasts enjoy adventures including boating and fishing on area lakes, rivers, ponds and the Gulf – just 30 minutes away.



The Seminoles' Golf Clubs

Golden Eagle Country Club

Capital City Country Club



The Seminole Golf Course is located approximately two miles west of the university campus. The course was designed by William W. Amick. The first nine holes were completed in 1963 and the completion of the additional nine in 1968.

The golf course measures 7,033 yards from the championship tees and is considered an excellent test of golf. The greens, **TIFTON 328 (bermuda)** are of medium size, approximately 6,200 square feet each. The course rating is 72.0.

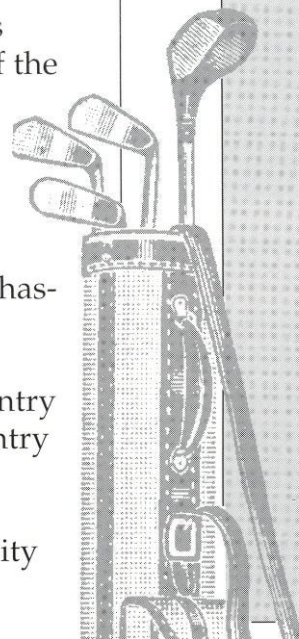
The course and practice facilities are considered to be among the best in the country. The Seminole Golf Course is

now run and operated by *Club Consultation and Management*, a private golf course management firm. There have been many improvements made and within the next five years should prove to be one of the finest courses in the area.

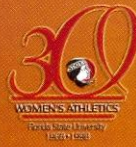
The Lady Seminole golf team also has the luxury to play at many other courses in the Tallahassee area. The majority of Seminole practices take place at the Killearn Country Club, Golden Eagle Country Club and Seminole Golf Course. The team also practices at the Capital City Country Club.



Seminole Golf Course



Hole #	Par	Yardage
1	5	537
2	4	407
3	4	400
4	3	227
5	4	343
6	5	545
7	4	455
8	3	185
9	5	601
Par 37		3700
10	4	374
11	4	415
12	4	387
13	5	564
14	4	401
15	3	203
16	4	368
17	3	168
18	4	453
Par 35		3333
Par 72		7033



Lady Seminoles Golf 30 Years on the Course

As the Florida State women's program embarks on their 30th year of competition, this year's Seminole squad and head coach Debbie Dillman have many people to thank. From the 1981 AIAW championship team to All-Americans that have spanned the 30 years of Florida State women's golf, this year's Seminole squad benefits from the struggles of many past student-athletes at FSU.

Dillman gives her perspective on 30 years of Lady Seminole athletics.

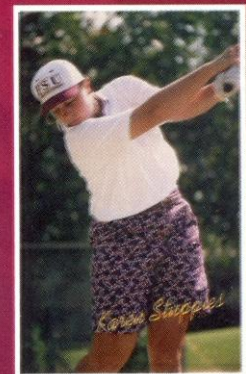
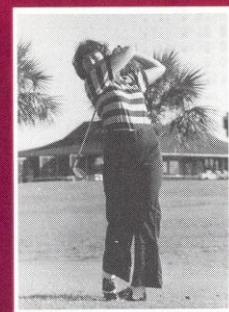
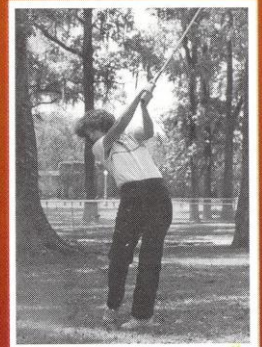
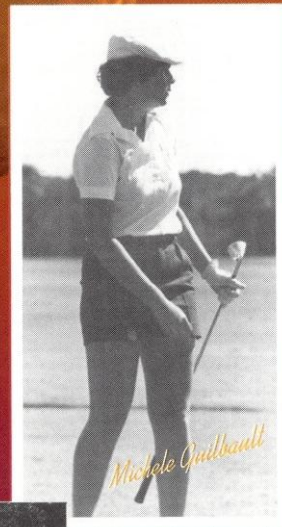
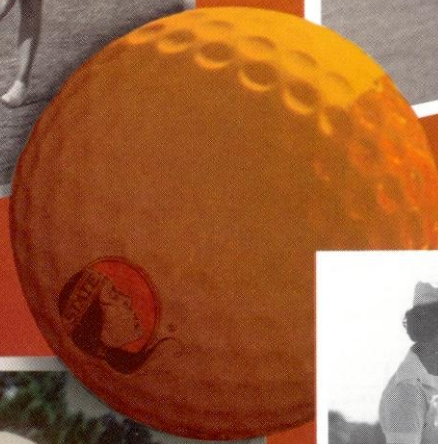
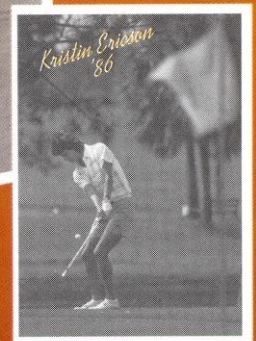
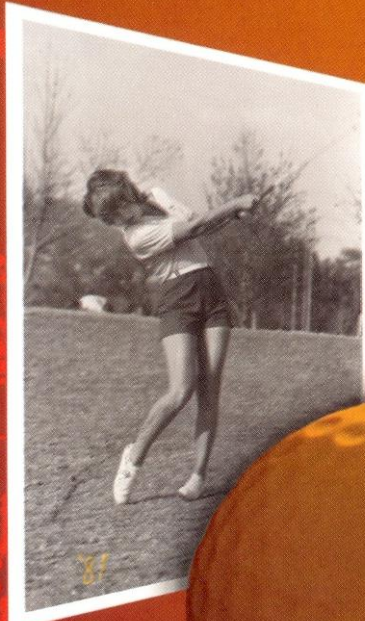
HEAD COACH DEBBIE DILLMAN:

WHAT IT MEANT TO BE A LADY SEMINOLE AND TO NOW COACH THEM...

Being an athlete at Florida State was one of the best experiences of my life and it prepared me an awful lot for what I am doing now. Representing them as a coach and on the field and watching more young ladies come through this program... it's just unbeatable.

HOW DILLMAN FEELS THE GOLF PROGRAM AT FSU HAS EVOLVED...

We were kind of lucky to have a new, clean golf ball to play with back in the 1970's and early 80's. We had very limited budgets and few uniforms. The kids and the programs we have now are right on top of everything and they get the top of the line equipment. They look great, they feel great. There's just so much pride in this program.



1998-1999 Women's Golf Schedule

SEPTEMBER 18-20, 1998
Lady Seminole
Invitational
Tallahassee, FL

SEPTEMBER 25-27, 1998
Auburn Tiger
Invitational
Auburn, AL

OCTOBER 9-11, 1998
Beacon Woods
Invitational
New Port Richey, FL

OCTOBER 23-25, 1998
Lady Paladin
Invitational
Greenville, SC

FEBRUARY 26-28, 1999
Lady Gator Invitational
Gainesville, FL

MARCH 12-13, 1999
Casa de Campo
Dominican Republic

MARCH 19-21, 1999
Lady Gamecock Classic
Columbia, SC

APRIL 2-4, 1999
Ryder-Florida State
Championships
Miami Lakes, FL

APRIL 16-18, 1999
ACC Championships
Greensboro, NC

MAY 6-8, 1999
NCAA Regionals
Columbia, SC

MAY 19-22, 1999
NCAA Championships
Tulsa, OK



Erika Iding



Sarah Capie

Seminole Golf Course '85