

# FSU Seminoles WOMEN'S GOLF 2006-07

## REVIEW

### Florida State Women's Golf

# Season Review

**Florida State Women's Golf Team Earns Top 16 National Standing As Dillman Leads Seminoles To NCAA Championship Tournament. Westrup Earns ALL-America First-Team And ALL-ACC Honor.**



*Caroline Westrup became only the second freshman in school history to earn All-America honors in 2006.*

### **Seminole Women's Golf Team Earns Top 16 National Standing**

Florida State finished 16th in the team standings at the NCAA Division I Women's Golf Championship to end the season ranked in the nation's top 16 for the first time since 1999 and only the third time in school history. The Seminoles have now finished in the nation's top 20 in three of the last four seasons. During the fall 2005 and spring 2006 seasons, the Seminoles earned the team championship at the Ryder/Florida Collegiate Championship, earned six top-team finishes and placed fourth at the NCAA East Regional in addition to finishing its sea-

son in 16th place at the NCAA Championship. Freshman Caroline Westrup led the Seminoles with a 73.64 stroke average as she became the first freshman in school history to earn All-America honors. Westrup earned the Seminoles' only individual win of the season as she claimed medalist honors at the Liz Murphey Intercollegiate.

### **Ranking The Seminoles**

Florida State was ranked 21st in the nation by GolfStat in the final rankings of the 2006 season. The Seminoles began the spring ranked 45th in the nation and made a steady climb into their final spot –

their highest ranking of the spring season. The Seminoles moved up 11 spots in the rankings after finishing tied for fourth in the NCAA East Regional Championship and in 16th at the NCAA Championship. The Seminoles finished as the third highest ranked ACC team behind No. 1 ranked and national champion Duke and No. 13 Wake Forest.

### **Ranking Caroline Westrup**

Florida State freshman Caroline Westrup (Ahus, Sweden) was ranked 18th nationally in the final individual rankings published by GolfStat. It is her highest ranking of the season and has her ranked seventh among freshman nationally. Westrup was the 15th highest ranked player competing in the 2006 NCAA Women's Golf Championship

### **Westrup Earns All-America First-Team Honors**

Freshman Caroline Westrup earned All-America First-Team honors as presented by the National Golf Coaches Association at its annual post-NCAA Championship banquet in Columbus, Ohio. Westrup is only the seventh All-America in school history, first First-Team All-America selection since Nadia Ste-Marie in 1989 and the first freshman in school history to be honored with All-America honor. Westrup finished tied for 29th in the individual standings and led the Seminoles to a 16th place finish in the 2006 NCAA Championship. It marked the third time in the last four years that Florida State had finished in the top-20 of the national standings.

### **Westrup Named To All-ACC Women's Golf Team**

Freshman Caroline Westrup was named to the All-Atlantic Coast Conference team in a vote by the leagues nine head coaches. It marked the sixth consecutive season at least one Seminole women's golfer was named to the All-ACC team and the first time a Florida State freshman has earned all-conference honors in women's golf. Head Coach Debbie Dillman has now recruited and coached 10 players who have earned All-ACC honors

WOMEN'S GOLF 2006-07  
**REVIEW** FSU Seminoles

13 times since Florida State joined the ACC for the 1992 golf season. Karen Stupples, who won the 2004 British Open, was a two-time (1994 and 1995) selection. Kristin Tamulis, a current member of the LPGA Tour, earned All-ACC honors a school record three times (2001, 2002, 2003) during her career.

**Westrup Named National Golfer Of The Week**

Freshman Caroline Westrup was named the National Division I Women's Collegiate Player of the Week by *GolfWeek Magazine* following her individual victory at the Liz Murphey Collegiate Classic hosted by the University of Georgia. Westrup won the individual title and the Seminole women's golf team finished fourth in the team standings in the event. Westrup's victory marked the first individual title by a Seminole golfer since current PGA touring member Kristin Tamulis won the championship at the 2003 Ryder/Florida Championship.

**Florida State Places Fourth At NCAA Regional**

All-American Caroline Westrup shot a two-under par 70 in the final round and finished with a three-under par total of 213 for the 54-hole event to lead Florida State to a tied-for-fourth-place finish at the NCAA East Regional Championship at the Champions Course at the Bryan Park Golf Course in Browns Summit, N.C. Westrup finished tied for third place in the individual standings – only four strokes behind Marci Turner of regional champion Tennessee. The Seminoles' fourth place finish earned them a spot in the 2006 NCAA Women's Golf Championship. Junior Jaclyn Burch also played well for the Seminoles on the final day with a one-under par score of 70. She finished with a three-day total of 221 – her best tournament score of the spring season. Her 221 total ranks as the second best regional score of her career. She finished tied for 35th place.

**Westrup's Average Best In 12 Years At FSU**

Freshman Caroline Westrup finished the 2005-06 year with a 73.64 stroke average in 22 rounds during seven tournaments. She became only the second golfer in the last 12 years to earn a stroke average below 74.00 strokes in a season since All-American Kristin Tamulis averaged 73.94 strokes during the 2002-03 season.

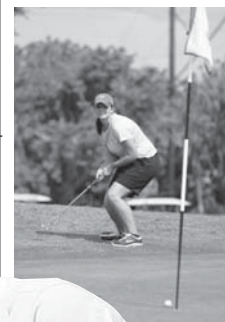
**Larsson Closes Outstanding Career**

Caroline Larsson, who became the first Florida State women's golfer to appear in three NCAA Championships during her career, closed her career with the Seminoles' appearances in the 2006 NCAA Championship. She earned All-ACC honors as a sophomore in 2004 and is one of only 13 All-ACC selections in school history. Larsson played in 42 matches during her career and never missed playing in an event during her four-year varsity letter winning career as a Seminole and served as the Seminoles' team captain as both a junior and senior. During her career, she earned one top five finish (career-best tied for fourth place at the spring 2003 Ryder/Florida Championship), five top-10 finishes, eight top-15 finishes, 13 top-20 finishes and 16 top-25 finishes and helped Florida State to three tournament victories (spring 2003 Ryder/Florida Championship, fall 2003 Ann Rhoads/University of Alabama Intercollegiate, spring 2006 Ryder/Florida Championship) during her career. She was named to the National Golf Coaches' Association Academic All-America team during each of her four seasons at Florida State and will earn her degree in psychology from Florida State in December of 2006.

**Burch Plays In Second NCAA Championship**

Junior Jaclyn Burch (Wildwood, Mo.), who has helped lead the Seminoles to two NCAA Championship appearances and two top-20 national finishes during the first three years of her career, earned her career low scoring average of 76.29 in 2005-06. She earned her career-best finish of tied for second in leading the Seminoles to the team title at the Ryder/Florida Championship during the spring of 2006 as she finished with a 222 total score – the fourth best of her career. Burch finished third on the team in stroke average and second on the team with 13 single round scores at 75 or less in leading Florida State to five top-10 team finishes. She was also an academic standout and was

**Right:** Whitney Brummett was in the Seminoles starting five during the entire 2006-2007 season. **Below:** Caroline Larsson was an All-ACC performer during her career.



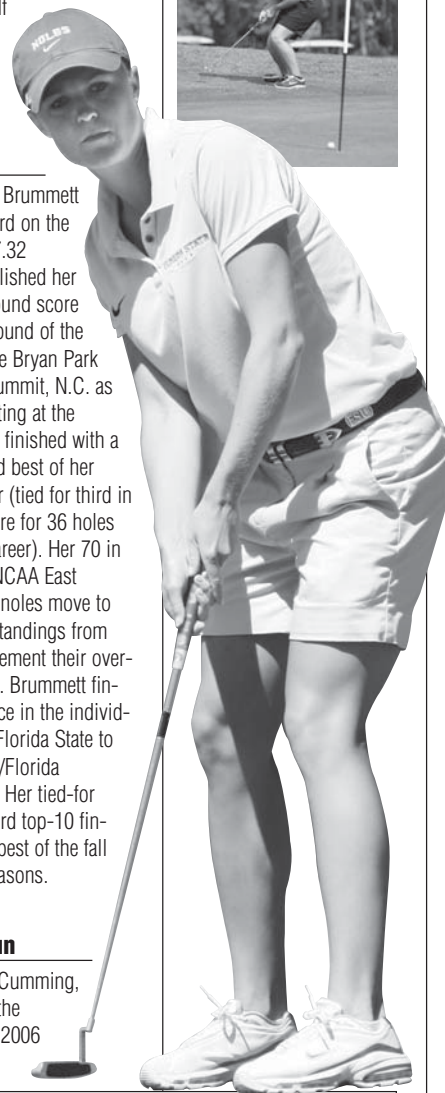
named to the National Golf Coaches Association Division I Scholar Athlete team in 2006.

**Brummett Enjoys Sophomore Season**

Sophomore Whitney Brummett (Eureka, Mo.) finished third on the team with a career-low 77.32 stroke average. She established her career-best for a single round score with a 70 in the second round of the NCAA East Regional at the Bryan Park Golf Course in Browns Summit, N.C. as part of an outstanding outing at the NCAA East Regional. She finished with a 223 score (tied for second best of her career), a +7 score vs. par (tied for third in her career) and a 146 score for 36 holes (tied for the best of her career). Her 70 in the second round of the NCAA East Regional helped the Seminoles move to fourth place in the team standings from 10th place and begin to cement their overall placement in the event. Brummett finished tied for seventh place in the individual standings in helping Florida State to the team title at the Ryder/Florida Collegiate championship. Her tied-for seventh-place finish was the third top-10 finish of her career and her best of the fall 2005 and spring 2006 seasons.

**Shaul Earns Spot In Lineup For NCAA Run**

Junior Kayla Shaul (Cumming, Ga.) earned her way into the Seminoles' lineup for the 2006 NCAA East Regional



**Seminoles Women's Golf Statistics (Fall 2005/Spring 2006 Combined)**

Name	Tourn.	Rounds	Par	-75	Low	Strokes	Avg.
Caroline Westrup	7	22	9	15	70	1,620	73.64
Caroline Larsson	11	23	3	15	72	2,582	75.94
Jaclyn Burch	11	34	3	17	68	2,594	76.29
Whitney Brummett	11	34	2	17	70	2,629	77.32
Kayla Shaul	6	19	0	5	75	1,496	78.74
Whitney Wright	8	24	0	3	73	1,924	80.17
Erica Gonzalez	1	3	0	0	79	242	80.67
Lauren Cousart	3	9	0	1	75	736	81.78
Sara Young	1	3	0	1	75	355	85.00

# FSU Seminoles

WOMEN'S GOLF 2006-07  
REVIEW

Championship and the 2006 NCAA Championship and performed well at both events. Her scores at the NCAA Regional were a major factor in the Seminoles finishing in fourth in the event and advancing to the NCAA Championship. Shaul played in three events as a member of the Seminoles' starting five during the spring of 2006 and earned a 77.31 stroke average in 10 rounds. She established career-bests for single-round score (75, three times), 36-hole score (150 at the NCAA East Regional), tournament score (228 at the NCAA East Regional and the LSU/Cleveland Golf Classic) and best finish (tied for 36 at the LSU Classic). During the East Regional Championship, she was monumentally important in helping the Seminoles to a fourth place finish in the team standings with scores of 75-75-78

as Florida State advanced to the NCAA Championship. The Seminoles counted both of her scores during the first two rounds as her play allowed her teammates to play comfortably knowing she was shooting a low score from the five-hole on the first day and from the four hole on the second day. Shaul continued to play well in the NCAA Championship with four rounds at an average of 77.75 which ranked nearly one full stroke behind her senior year average of 78.74 strokes per round. Her best round of 75 came in the second round of the national championship and helped the Seminoles earn a top-16 national finish for the third time in the last four seasons.

## The Seminole Women's Golf Team

The six Seminole individuals who have earned playing time during the spring 2006 season averaged 76.50

strokes per round (8,644 strokes in 113 rounds). By comparison, the eight Seminoles who earned playing time during the spring 2005 season averaged 77.83 strokes per round (6,071 strokes in 78 rounds). The Seminoles have lowered their stroke average by 1.33 strokes per round.

During the fall 2005 and spring 2006 seasons, the Seminoles earned ten top-10 individual finishes, four top-two finishes and one individual championship (Caroline Westrup at the Liz Murphey Collegiate Classic). By comparison, the Seminoles earned a total of four top-10 individual finishes during the spring 2005 season.

During Florida State's 11 tournaments in the fall 2005 and spring 2006 seasons combined, a total of four Seminoles have earned 11 top-10 finishes. During the fall 2004 and spring 2005 seasons, the individual Seminoles combined for a total of five top-10 finishes.

In seven tournaments during the spring of 2005, the Seminoles' starting lineup combined to card a total of 10 rounds with scores of 73 or better. In seven events during the spring of 2006, the Seminoles' starting lineup combined to shoot 28 rounds with scores of 73 or better.

In finishing tied for fourth at the 2006 NCAA East Regional, the Seminoles earned their best three-round tournament score of the season (878). In five events during the spring of 2005, the Seminoles' lowest team score was 913 in finishing in a tie for second at the Ryder/Florida Championship.

Florida State finished one team round with a score under 300 during the spring 2005 season (299 in the first round of the Ryder/Florida Championship) and completed the spring 2006 season with seven different rounds at 300 or better. Florida State's best round of the spring (289) came during the second round of the NCAA East Regional on May 12.

Florida State finished three tournaments during the spring of 2006 with team scores under 900 after finishing the spring of 2005 with a low tournament score of 913. The Seminoles averaged a team score of 903.7 in six three-round events during the spring of 2006 after averaging a team score of 949.4 strokes per round during the spring of 2005. The Seminoles have lowered their tournament score by an average of 45.7 strokes per event.

## Women's Golf Team Earns Director's Cup

For the fifth consecutive year the Florida State Women's Golf Team was honored with the Director's Cup at the annual Golden Nole Banquet at the University Center Club in April of 2006. The banquet honors athletes from each of the Seminoles' 17 intercollegiate sports for their hard work and dedication to the athletics program and their service to the community. The Director's Cup was established during the 1996-1997 academic year by Athletics Director Dave Hart to promote athletes involvement in the community. The golf team received this award as a form of recognition for their countless volunteer hours at the Dick Howser Center for Childhood Services in Tallahassee throughout the academic year. The organization was named in honor of the late Dick Howser, a former Seminole head baseball coach and Major League Baseball coach. The center was established as a charitable organization that receives monetary support from the citizens of Tallahassee and the surrounding areas. The women's golf team also won the award in 2002, 2003, 2004 and 2005.

## Seminoles Named To NGCA Scholar Team

Whitney Brummett, Caroline Larsson, and Jaclyn Burch were named to the national All-American Scholar Team by the National Golf Coaches Association. It marks the fourth time Larsson was named to the prestigious team, the second time Brummett was named and the first time Burch was honored. The criteria for selection to the All-America Scholar Athlete team is stringent with a minimum 3.50 grade point average and regular competition in two-thirds of the school's regularly scheduled competitive rounds during the academic year. Larsson has earned a 3.94 grade point average over her four-year academic career with a major in psychology and a minor in communication. She continuously demonstrated leadership in the classroom earning recognition on the Dean's List and President's List, as well as on the ACC Top 6 for community service all four years. Larsson also excelled on the course during her career as she served as the Seminoles' team captain as a junior and senior.

Jaclyn Burch enjoyed her best season as a Seminole during the 2005-06 season.



## Women's Golf '05-'06 Results

### Third Annual Cougar Fall Classic/Yeamans Hall Golf Club Hanahan, S.C./Par 72/Sept. 11-12, 2005

14/17.	Florida State	310	304	308	922
T30.	Jaclyn Burch	80	72	73	225
T51.	Caroline Larsson	79	75	76	230
T56.	Whitney Wright	73	79	80	232
T69.	Whitney Brummett	78	78	79	235
88.	Lauren Cousart	85	81	85	251

### Lady Tar Heel Invitational/Finely Golf Course/Oct. 7-9, 2005 Chapel Hill, N.C./Par 72

9/18.	Florida State	315	300	306	921
T15.	Whitney Brummett	73	75	75	223
T20.	Caroline Larsson	76	73	76	225
T54.	Jaclyn Burch	85	72	78	235
T85.	Whitney Wright	83	83	77	243
T89.	Kayla Shaul	83	80	82	245

### Chrysler Challenge/The Raven Course/Oct. 28-30, 2005 Destin, Fla./Par 71

6/7.	Florida State	310	303	318	936
5.	Jaclyn Burch	79	68	77	224
T21.	Whitney Brummett	75	78	79	232
T24.	Caroline Larsson	77	77	80	234
T31.	Whitney Wright	79	80	81	240
T34.	Erica Gonzalez	80	83	79	242
T34.	* Lauren Cousart	79	84	79	242
T37.	* Kayla Shaul	77	85	84	236
41.	* Sara Young	91	89	75	255

\* played as an individual

### Auburn Tiger Derby/Auburn University Club/Nov. 4-6, 2005 Auburn, Ala.

11/17.	Florida State	303	318	298	919
T24.	Whitney Brummett	72	81	74	227
T37.	Caroline Larsson	78	77	74	229
T42.	Jaclyn Burch	76	79	75	230
T73.	Lauren Cousart	84	84	75	243
T78.	Whitney Wright	77	81	86	244

### LSU/Cleveland Golf Intercollegiate/Par 72/March 3-5, 2006 University Club/Baton Rouge, La.

T11/18.	Florida State	312	306	299	917
T24.	Caroline Westrup	79	73	74	226
T36.	Jaclyn Burch	80	76	72	228
T36.	Caroline Larsson	73	78	77	228
T36.	Kayla Shaul*	77	75	76	228
T71.	Whitney Brummett	80	79	79	238
T79.	Whitney Wright	81	84	76	241

\* played as an individual

### Lady Gamecock Classic/Par 72/March 10-12, 2006

#### University Club/Blythewood, S.C.

3/11.	Florida State	302	295	301	898
2.	Caroline Westrup	70	74	72	216
T6.	Caroline Larsson	73	72	75	220
T39.	Jaclyn Burch	77	78	75	230
T39.	Whitney Brummett	83	72	82	237
T50.	Kayla Shaul	82	77	79	238

### Liz Murphey Collegiate Classic/March 24-26/Par 72

#### University of Georgia Golf Course/

4/18.	Florida State	307	310	301	918
1.	Caroline Westrup	77	73	71	221
T21.	Caroline Larsson	77	75	79	231
T21.	Jaclyn Burch	78	80	73	231
74.	Whitney Wright	86	82	78	246
T75.	Whitney Brummett	75	86	86	247

### 27th Annual Ryder/Florida Women's Collegiate Championship/Par 72

#### Don Shula's Golf Course/Miami Lakes, Fla./ March 31- April 2, 2006

1/12.	Florida State	300	298	299	893
T2.	Caroline Westrup	73	73	76	222
T2.	Jaclyn Burch	78	73	71	222
T7.	Caroline Larsson	74	73	78	225
T7.	Whitney Brummett	75	76	74	225
T28.	Whitney Wright	79	75	78	232

### 18th Annual Atlantic Coast Conference Women's Golf Championship/Par 72

#### Pinehurst No. 8/Pinehurst Golf Resort/April 14-16, 2006

5/9.	Florida State	302	307	309	918
4.	Caroline Westrup	72	79	72	223
T15.	Whitney Brummett	76	79	76	231
T15.	Jaclyn Burch	75	73	83	231
T32.	Caroline Larsson	79	78	80	237
40.	Whitney Wright	88	77	81	246

### NCAA East Regional/Par 72

#### Bryan Park Champions Course/Browns Summit, N.C./ May 11-13, 2006

T4/21.	Florida State	297	289	292	878
T3.	Caroline Westrup	71	72	70	213
T25.	Jaclyn Burch	75	75	71	221
T35.	Caroline Larsson	77	72	74	223
T35.	Whitney Brummett	76	70	77	223
T69.	Kayla Shaul	75	75	78	228

### NCAA Division I Women's Championship/Par 72

#### Scarlet Course/The Ohio State University/Columbus, Ohio/ May 23-26, 2006

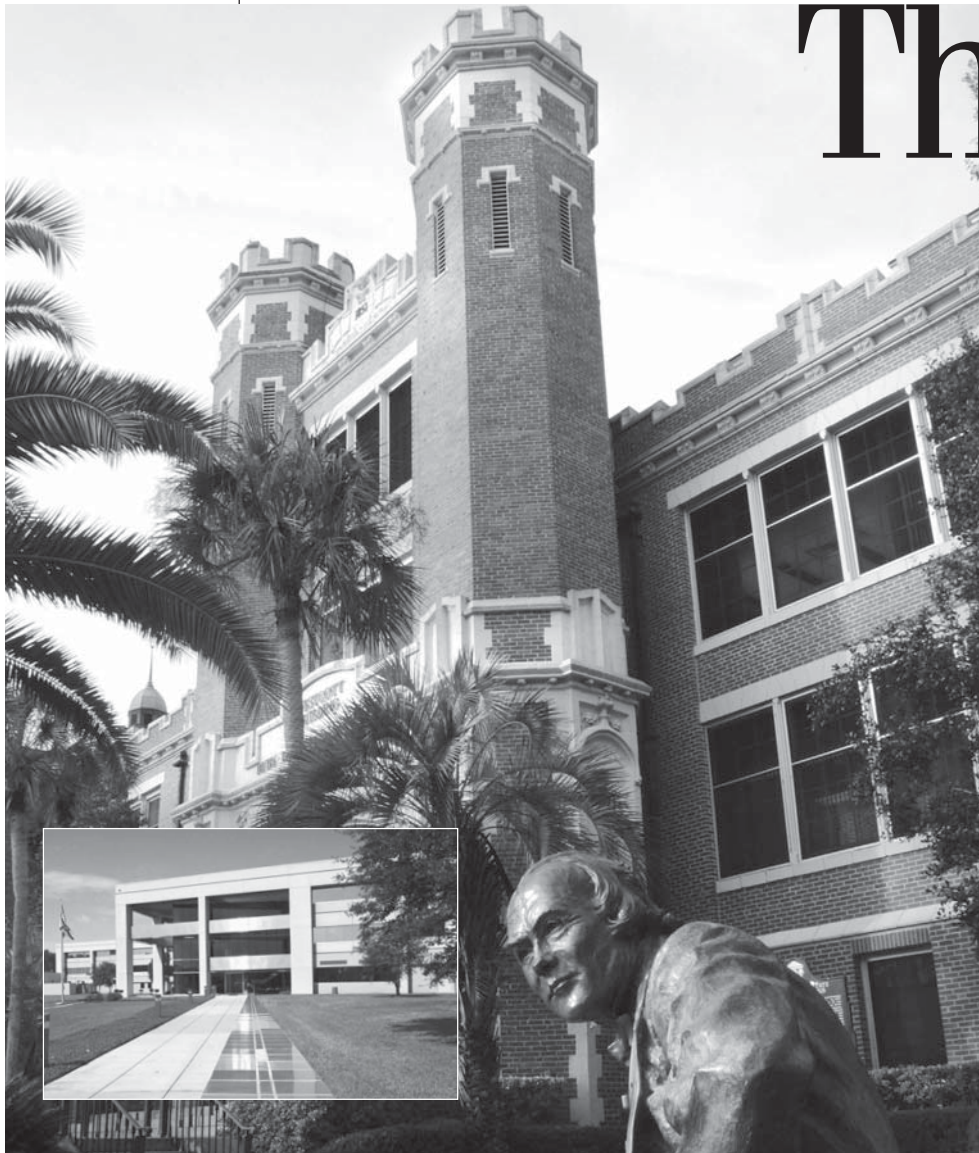
16/24.	Florida State	305	305	301	302	1,213
T29.	Caroline Westrup	78	74	72	75	299
T33.	Caroline Larsson	72	79	74	75	300
T88.	Whitney Brummett	76	77	76	82	311
T88.	Kayla Shaul	80	75	79	77	311
T108.	Jaclyn Burch	79	84	79	75	317



*Kayla Shaul played well in the NCAA East Regional and NCAA Championships in 2006.*



# This is



Students have the opportunity to work and study alongside members of the prestigious National Academy of Sciences, members of the American Academy of Arts and Sciences, winners of the Pulitzer Prize and a Nobel laureate. Florida State faculty also lead several scholarly fields in citations of published work.

Several members of the Florida State faculty were recognized with major awards in the 2005-2006 academic year, including two new members elected to the prestigious National Academy of Sciences; four Fulbright fellowships; two new fellows of the American Physical Society; the 2006 Medalist Award from the Florida Academy of Sciences; a Sloan Research Fellowship; and one professor, the legendary ballerina Suzanne Farrell, rewarded with Kennedy Center Honors.

Florida State has many academic programs that consistently rank among those at the nation's top 25 public universities, including programs in business, chemistry, creative writing, criminology, ecology and evolutionary biology, information, law, meteorology, oceanography, physics, political science, psychology, public policy, sociology and statistics.

The university had many noteworthy achievements during the 2005-2006 academic year. Among them:

Florida State launched the Pathways to Excellence Initiative, which takes advantage of the university's unique strengths with significant new investments in research and graduate education. It is designed to target and hire 200 top faculty members who are national and international leaders in their respective fields to complement FSU's highly respected faculty, and to bring added value to the university's world-class research groups and centers through substantial investments in new facilities and enhancements to graduate education, particularly Ph.D. programs.

The FSU CONNECT Campaign, launched in October 2001, officially concluded, having raised more than \$630 million to support the university.

Sarasota philanthropist Dr. Helga Wall-Apelt's multi-tiered gift devoted to Asian art is the largest yet received by the John and Mable Ringling Museum of Art and the largest single gift to FSU, expected to exceed a total value of \$50 million.

From its pre-Civil War beginnings as the Seminary West of the Suwannee to a nearly four-decade stint as the Florida State College for Women to its return to coeducational status as a university, Florida State University has developed into an internationally acclaimed research institution with excellence in teaching, research and public service.

The university enrolls almost 40,000 undergraduate, graduate and professional students. Of these, 24.5 percent are minorities. Students are from all 50 states and the District of Columbia, as well as 137 foreign countries.

Florida State offers an impressive breadth of academic degree programs. Students may take courses of study leading to a baccalaureate degree in 94 programs, a master's degree in 107 degree programs, a doctorate in 73 degree pro-

grams, a specialist certification in 28 degree programs and a professional designation in two degree programs. Courses are offered through 16 schools and colleges – Arts and Sciences; Business; Communication; Criminology and Criminal Justice; Education; Engineering; Human Sciences; Information; Law; Medicine; Motion Picture, Television and Recording Arts; Music; Nursing; Social Sciences; Social Work; and Visual Arts, Theatre and Dance.

*Florida State University has been called one of five "hot and trendy" schools in the entire nation.*

*The Mag Lab at Florida State (above, inset) is one of the great research institutions in the world. The lab's magnets can produce fields one million times greater than the earth's magnetic field and are instrumental in a variety of research areas. It is the only facility of its kind in the Western Hemisphere.*

# Florida State

*U.S. News & World Report* ranked the College of Information master's program 10th in the nation; the College of Arts and Sciences' nuclear physics program was 13th, as was its analytical chemistry program; and the College of Law's environmental law program was 14th, as was the higher education administration program in the College of Education. In addition, *Hispanic Business* magazine again ranked the law school among the Top 10 in the nation for Hispanics.

The National High Magnetic Field Laboratory unveiled two world-record magnets that offer potential for scientific breakthroughs in a variety of fields. Standing 16 feet tall and weighing more than 15 tons, a 900-megahertz, superconducting NMR magnet was brought online following 13 years of design, development and testing. Science performed using this magnet will help scientists understand the workings of biological molecules, as well as the workings of the cell and the brain. In addition, a 35-tesla magnet, the highest field "resistive" magnet in the world, was unveiled. It will be used primarily for physics and materials science research.

An international reputation of excellence earned the Learning Systems Institute a \$6.2 million grant from the U.S. Department of Homeland Security to develop national performance standards and a training curriculum for port security and other personnel to prevent, deter and respond to terrorist acts along the 95,000 miles of U.S. shoreline.

Student-athlete Garrett Johnson, an outstanding graduate student studying public administration and one of the best shot putters in the world, won a Rhodes Scholarship – just one of many FSU students furthering their educations through prestigious academic awards.

Students at Florida State have the opportunity to conduct research in specialized interdisciplinary centers, such as the National High Magnetic Field Laboratory, the Institute of Molecular Biophysics, and the School of Computational Science; to participate in interdisciplinary work across campus, such as programs that integrate economics, geography, climate forecasting, law

and other environmental courses and programs; and to work with faculty to forge new relationships between disciplines, including medicine, the physical sciences, engineering, business and law.

Students also are encouraged to participate in international education through the university's programs in England, Italy, Switzerland, France, Panama, China, Costa Rica, Spain, Russia, the Czech Republic, Greece, Croatia, Germany, Ireland and the Caribbean. The university's study sites in London; the Republic of Panama; Valencia, Spain; and Florence, Italy, are considered by many to be among the nation's best. In 2006, Florida State signed a cooperative agreement with the newly formed International Valencian University in Spain, becoming its North American partner – another example of Florida State's growing prominence in the international academic community.

Florida State's main campus is spread over 450.5 acres in Tallahassee. Within the state, the university maintains facilities in Panama City, at its Coastal and Marine Laboratory on the Gulf of Mexico, and at the Asolo Performing Arts Center in Sarasota. Also in Sarasota, Florida State operates the Ringling Center for the Cultural Arts, which includes the John and Mable Ringling Museum of Art, the largest museum/university complex in the nation.

Extensive credit and non-credit continuing education programs are offered statewide via Academic and Professional Program Services, housed in the Augustus B. Turnbull III Florida Conference Center on the edge of the Florida State campus. In addition, library holdings at Florida State include 2.8 million book titles and 9.1 million microforms. The university's library holdings rank among the top 30 public research universities in the United States.

The university's main library facility, the Robert M. Strozier Library, is linked by computer to other state university and national research libraries. Florida State also maintains science, music, library and information science, medicine, engineering and law libraries, as well as the Mildred and Claude Pepper Library, which houses the papers, photographs, audio

recordings, video recordings and memorabilia of the longtime congressman from Florida. Library materials and services also are available at the university's Panama City campus, as well as at the international study centers, and a collection of art and related materials is on display at the John and Mable Ringling Museum of Art in Sarasota. Collectively, the Florida State libraries are a member of the Association of Research Libraries, an association of the top research university libraries in the United States.

To learn more about Florida State University, visit [www.fsu.com](http://www.fsu.com).

## 10 Leading States of Origin (Enrollment)

Florida	31,259
Georgia	965
Virginia	414
New York	339
Texas	303
Pennsylvania	278
North Carolina	249
Maryland	217
New Jersey	206
Illinois	194

## University Facts

**BACKGROUND:** The Florida State University is one of eleven units of the Division of Colleges and Universities of the Florida Board of Education ... It was established as the Seminary West of the Suwannee by an act of the Florida Legislature in 1851 and first offered instruction at the postsecondary level in 1857 ... Its Tallahassee campus has been the site of an institution of higher education longer than any other site in the state ... In 1905, the Buckman Act reorganized higher education in the state and designated the Tallahassee school as the Florida Female College ... In 1909, it was renamed Florida State College for Women ... In 1947, the school returned to co-educational status, and the name was changed to The Florida State University ... It has grown from an enrollment of 2,583 in 1946 to an enrollment of 39,652 in the Fall Semester 2005.

**ENROLLMENT (FALL, 2005):** Total, 39,652 ... 76.7% undergrad, 20.0% grad, 3.0% unclassified ... 78.8% in-state ... 93.4% from the United States ... students from all 50 states and the District of Columbia are in attendance ... 19 states contributed over 100 students each ... 22 foreign countries contributed over 25 students each ... female, 56.6% ... male, 43.4% ... minority, 24.6% ... international, 3.4%.

**COLLEGES/DEGREE PROGRAMS:** With 16 colleges and schools, students may take courses of study leading to the baccalaureate degree in 95 degree programs, to the master's degree in 109 degree programs, to the advanced master's degree in one program, to the specialist degree in 27 degree programs, to the doctorate degree in 73 degree programs, and to the professional degree in two degree programs. The academic divisions are the Colleges of Arts and Sciences, Business, Communication, Criminology and Criminal Justice, Education, Engineering, Human Sciences, Information, Law, Medicine, Music, Social Science, Social Work and Visual Arts, Theatre and Dance; and the Schools of Motion Picture, Television and Recording Arts, and Nursing.

**FACULTY/STAFF:** Total 2,239 ... FSU's faculty includes some past graduates, such as former astronauts Dr. Norm Thagard, who teaches Electrical Engineering, and Winston Scott who serves as Vice President of Student Affairs ... FSU's faculty has included six dynamic Nobel Laureates: 11 members elected to National Academy of Sciences ... 10 members of the American Academy of Arts and Sciences.

**EXTRACURRICULAR ACTIVITIES:** FSU has nearly 300 student organizations that allow students to find their own niche.

**FINANCIAL AID:** FSU offers two types of financial assistance: need-based and merit-based ... Over \$160 million is given away for financial assistance each year.



## Florida State University Compliance Office



**ROBERT MINNIX**  
Senior Associate  
Director of Athletics  
for Compliance



**BRIAN BATTLE**  
Associate Director  
of Athletics for  
Compliance

The following information is provided by the Florida State Office of Compliance for prospective student-athletes. It is intended as a guideline to introduce you to some of the rules governing NCAA athletics.

### Key Definitions You Should Know

**Representative of Athletics Interests:** A representative of the institution's athletics interests (AKA Booster) is an individual who is know (or should have been known) by a member of the institution's athletic department to:

- Have participated in or be a member of an agency or organization promoting the institution's intercollegiate athletics program;

- Have made financial contributions to the athletics department of an athletics booster organization of that institution;

- Be assisting or to have been requested (by the athletics department staff) to assist in the recruitment of prospects;

- Be assisting or to have assisted in providing benefits to enrolled student-athletes or their families; or

- Have been otherwise in promoting the institution's athletics program.

Once an individual is identified as a representative, the person retains that identity forever

**Prospective Student-Athlete:** A prospective student-athlete ("prospect") is a student who has started classes for the ninth grade, regardless whether he or she participates in athletics. A prospective student-athlete maintains his or her identity as a prospect, even after he or she signs a National Letter of Intent or financial aid agreement, until he or she attends the first day of practice or participates in an official team practice, whichever is earlier.

**Contact:** A contact is any face-to-face encounter between a prospect or the prospect's parents, relatives or legal guardian(s) and an institutional staff member during which any dialogue occurs in excess of an exchange of a greeting. In the sport of golf, a coach can contact you once in the month of April at your school and three more times after July 1 before your senior year in high school.

**Evaluation:** An evaluation is any off-campus activity designed to assess your academic qualifications or athletic ability, including any visit to your high school (during which no contact occurs)

or the observation of any practice or competition in which you participate.

### Phone Calls and Letters

During the month of March during your junior year in high school, a coach may make one phone call to you. After that, phone calls from faculty members and coaches (but not boosters) are permitted beginning July 1 before your senior year in high school. A coach or faculty member is limited to one phone call per week except that unlimited phone calls may be made:

- During the five days immediately before your official visit to the university.

- On the day of a coach's off-campus contact with you.

During the time beginning with the National Letter of Intent signing date through the two days after the signing date and after a National Letter of Intent or scholarship agreement is signed.

### A Prospect of Any Age Could Receive the Following From a Coach

- Questionnaire
- Camp brochure
- NCAA educational information

### After September 1 of A Prospect's Junior Year, A Coach Could Provide

- Written correspondence, including letters, e-mails, instant messages and text messages
- Game programs (only on an official or unofficial visit)
- Media Guide
- Official academic, admission and student services publications and videotapes produced by the institution and are available to all students
- Any other information may be provided via the institution's web site.

### Who is Permitted to Recruit for FSU?

Only Florida State University coaches who have successfully completed the NCAA Recruiting Rules Examination on an annual basis may be involved in the recruitment process. Boosters may not make any recruiting contacts. This includes letters, telephone calls or face-to-face contact on or off campus with a prospect or the prospect's parents.

### Alumni and Boosters Do's and Don'ts

You may forward information about prospective student-athletes to the appropriate coaches.

You may have contact with a prospect regarding permissible pre-enrollment activities such as summer employment, provided the prospect has already signed a National Letter of Intent and the Compliance Office is aware you are making these contacts in regard to employment.

You may have a telephone conversation with a prospect only if the prospect initiates the call. Such a call may not be prearranged by an institutional staff member and you are not permitted to have a recruiting conversation, but may exhibit normal civility. You must refer any questions about our athletic programs to an athletics department staff member/coach.

You may view a prospect's contest at your own initiative provided you do not contact the prospect or his/her parents. In addition, you may not contact a prospect's coach, principal or counselor in an attempt to evaluate the prospect.

You may continue established family relationships with friends and neighbors. Contacts with sons and daughters of these families are permitted as long as they are not made for recruiting purposes or encouraged by Florida State University coaches.

You may not become involved in making arrangements to receive money or financial aid of any kind for a prospect or the prospect's family and friends.

You may not make contact with a prospective student-athlete and his/her parents when the prospect is on campus for an official or unofficial recruiting visit.

You may not transport, pay or arrange for payment of transportation costs for a prospect and his/her relatives or friends to visit campus (or elsewhere).

You may not pay or arrange for payment of summer camp registration fees for a prospect.

You may not provide anything to a prospect, the prospect's family or friends without prior approval from the Compliance Office.

*\* For more information, please contact the Florida State Compliance Office at (850) 644-4272.*

## Student Development/Life Skills

### **New Opportunities for Leadership, Education and Service (N.O.L.E.S.)**

Developed by the Florida State University Department of Athletics, the N.O.L.E.S. program represents a commitment to the total growth and development of the student-athlete. This program establishes an administrative commitment to academic and athletic excellence. Those efforts will be supported with programs and services in personal and career development and community service.

### **Personal Development**

Fostering the development of personal growth is a fundamental component of the N.O.L.E.S. program. These support programs ensure that the student-athlete will be provided with opportunities to focus on personal growth such as values clarification, goal setting, fiscal planning, decision making and personal responsibility. Programming focuses on helping student-athletes develop a healthy lifestyle while they are at Florida State and habits that will benefit them for life.

### **Career Development**

Preparing for life after college is a major focus of the N.O.L.E.S. program. The program is designed to work in cooperation with Florida State's career center to acquaint students with the job search process, provide networking opportunities and ultimately assist with job placement. This program places a priority on the development of the total person, with the goal of developing individuals who will have rewarding careers and productive lifestyles after they leave Florida State.

### **Community Service**

Serving the community is the focus of the Seminole Spirit program. Student-athletes are challenged to give service to our community and individuals who are in need. With a clearly defined program of service, student-athletes are given the opportunity to develop a lifelong commitment to volunteerism. The Seminole Spirit Student-Athlete Speakers Bureau enables student-athletes to improve their speaking skills, develop effective communication skills and impact the lives of others through their service as role models in our community.

### **Leadership Development**

The Florida State University Department of Athletics is committed to developing programs of excellence that foster leadership development. One of the foundations of building leaders is the Athletic Ambassadors program.



**JOHN LATA**  
 Director of Student Services



*The Seminole women's golf team has won the Director's Cup For Service in each of the last five years.*





# FSU Seminoles WOMEN'S GOLF 2006-07

## STRENGTH AND CONDITIONING



**MICHAEL BRADLEY**  
Strength and  
Conditioning Coach

### Strength And Conditioning

Michael Bradley directs the strength and conditioning program for the Florida State University women's golf team. Under Bradley's direction, the program identifies six elements of fitness: strength training, cardiovascular conditioning, flexibility, nutrition, skill development and rest. Each element is addressed separately to insure complete development of all players.

"Getting a golfer stronger and fitter is not that difficult anymore," said Bradley. "We have a very systematic and reproducible method of training that always produces results. The challenge and satisfaction are in the coaching, motivation and administration of the program. I believe

that supervision and motivation determine the results of a conditioning program. Our system is different than others in that we do not give our players a workout to do: We put them through that workout. Proper supervision ensures that the

athlete is using correct technique, training at a high enough intensity level, and making progression in weight and repetitions. Accountability for me as a coach and for the athletes is a corner stone of our system. Everything that our players do is documented by me and stored in a computer. Progress is measured on a workout to workout basis."

"We draw a distinction between weight lifting and strength training," continued Bradley. "Our players are golfers, not weightlifters. The purpose of a strength training program is to develop muscle, prevent injuries and push back fatigue. The purpose of the conditioning program is not necessarily to develop a 400-pound bench presser. If a player has been blessed with the genetic potential to do that, great, but we are just as concerned with the strength of her hamstrings, shoulder capsule, flexibility and cardiovascular conditioning."

The Seminole golf team receives additional assistance from Athletic Director Dave Hart and Associate Athletic Director Charlie Carr, who are committed to ensuring that the Seminole have the best equipment and facilities in the country. "The administrative support and commitment have been fantastic," said Bradley.

No one cares more about conditioning than Debbie Dillman, who is one of the most progressive coaches in the country with regards to training. It is her belief that strength training and conditioning is every bit as impor-

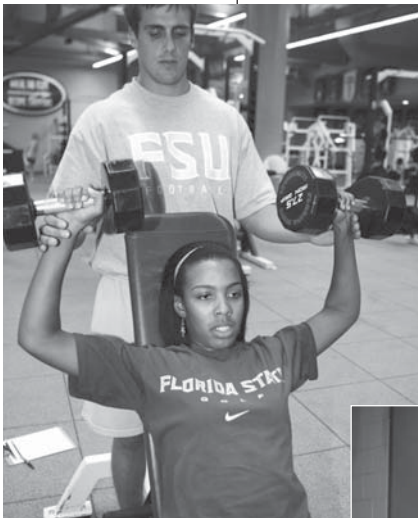
tant as the practice and playing time. Dillman is committed to the health and development of her players.

"I am fortunate in that I work for the best head coach in the country," said Bradley. Coach Dillman's work ethic and commitment to training creates a culture of hard work that envelops the team. It is what we do. It is our identity. A strength coach could not ask for a better coaching staff and a better group of athletes to work with."

The most important time of the year to be strong, fit and injury free is during the season.

"We train year round, but we take significant pride in the way we train in-season. Just as we expect our skills to improve throughout the year, we expect our strength and conditioning to improve as the season moves into the tournament. Coach Dillman is committed to allowing the time for proper strength training during the season. We are stronger in May than we are in October. While some teams are physically breaking down that time of year, we are improving."

"I determine the success of a strength and conditioning program by the player's attitude toward training. This is a very motivated and intelligent group of young women. They take a great deal of pride in their conditioning. I look at the weight room as a part of a university education. Our players can apply fundamentals of conditioning and understand the subtleties of training. They can discuss different sides of training issues and ask intelligent questions. I like to think of this as the only Florida State class that you can take four years in a row. The things our athletes learn here will be applicable to life beyond Seminole Golf," said Bradley.



*Florida State's strength and conditioning program keeps the Seminoles in shape to play golf throughout the year.*



*The Seminoles train in Florida State's state-of-the-art training facility.*

## Athletic Academic Support

### An Overview of an Award-Winning Academic Support Program

Academic, personal and professional support is essential to college success. At The Florida State University, an outstanding support program has been developed that enables student-athletes to reach their full potential.

Florida State Athletic Academic Support Program Director, Mark Meloney states, "Our philosophy is to offer an academic support program integrated with the total University that will assist all student-athletes with the transition into college and provide continued support in all phases of academic and professional development, culminating with graduation, job placement or graduate school."

Florida State's program operates on a "proactive" rather than "reactive" approach. The academic staff does not wait for crises to occur. They gather important background information on each entering student-athlete, build an academic profile, and develop individualized support programs which are tailored to the unique needs of each student-athlete. They also stay informed on the daily progress of the student-athletes through consistent communication with the Florida State faculty.

In the summer of 2004, the Academic Support Program moved into their new home, a state-of-the-art facility in the newly constructed Moore Athletic Center. The multi-million dollar structure, which is located in the north end zone of Doak Campbell Stadium, is the new home of Florida State athletics. Some features of the new academic support area include a 32-station computer lab for student-athletes, 10 private tutorial rooms, the use of two 50-seat classrooms, and a five-station "Learning Center" for student-athletes with learning deficiencies and/or disabilities. The compliance, student services, business, sports information and athletics marketing offices are also housed in the facility, providing a more efficient and functional department, thus allowing student-athletes the opportunity for balance and improved time-management.

The academic support staff is comprised of a director, associate director, administrative assistant, six academic counselors, two learning specialists, several graduate assistants, and approximately 50 tutors and mentors.

Meloney was named the program's Director in 1997 and brings 20 years of advising experience to the position. Over the past 10 years, Meloney has played an integral role in the development of a comprehensive program of student-athlete support, which has won the "Program of Excellence" award from *Athletic Management Magazine*.

### Tutor & Mentor Program

The athletics department at Florida State University has made a commitment to providing the student-athletes with one of the finest and most comprehensive tutorial and mentor programs in the nation. The tutorial program is just one of several key support services that is available to all student-athletes as they progress towards their ultimate goal of obtaining a college degree. FSU hires approximately 50 tutors a year, from a variety of academic departments, who are committed to providing a proactive, individualized approach in assisting student-athletes with course comprehension and study skills. In addition, mentors are academic role models who have demonstrated the ability to teach and give guidance in areas of academic developmental skills. They are responsible for providing assistance in the development of skills such as note taking, test preparation and communication with faculty. In essence, mentors become an extension of the academic counselor as they keep the academic performance of their student-athletes under close observation and report to the academic counselors each week. The tutors and mentors are usually seniors or graduate level students who have outstanding academic backgrounds.

### Study Hall

In an effort to help ensure the academic success of the student-athletes, professionally supervised study sessions for each athletic team are organized. The main focus of the study hall program is to help students develop consistent and appropriate study patterns by providing a structured

setting to work on class assignments and to provide tutorial assistance before academic problems arise. Although the criteria for study hall is left to the discretion of each academic counselor, typically most freshmen, first year transfers and upper-classmen who have not yet achieved a satisfactory cumulative grade point average are asked to attend study hall.

### Academic Honors & Awards

Florida State University student-athletes have achieved great success in obtaining recognition for academic excellence. More than \$350,000 in post-graduate scholarships have been granted to FSU student-athletes over the past 12 years, as well as numerous other academic honors and awards. During the 2005-06 academic year, six Seminole student-athletes were named National Academic All-Americans – David Castillo (football), Natasha Jacob (softball), Garrett Johnson (track), Tom Lancashire (track and cross country), Javier Garcia-Tunon (Track), and Lacy Janson (track). This is the first time ever that six Seminoles have been bestowed this honor in the same academic year. In addition, Garrett Johnson was named *ESPN The Magazine* Academic University Player of the Year.

Florida State University named a record 194 student-athletes to the 2006 Atlantic Coast Conference Honor Roll.



**AMY LORD**  
 Associate Director  
 of Athletic  
 Academic Support

### ATHLETIC ACADEMIC SUPPORT MISSION STATEMENT

The primary focus of the Athletic Academic Support Program is to provide an environment which facilitates the academic success of each student-athlete. Student success is encouraged through competent academic counseling, study skill development, individualized assessment and support and a wide array of tutorial services.

### SCHOOLS AND COLLEGES

Arts and Sciences	Engineering	Motion Picture,	Social Sciences
Business	Human Sciences	Television and	Social Work
Communication	Interdisciplinary	recording Arts	Theatre
Criminology	Medical	Music	Visual Arts and Dance
Education		Nursing	

### ACADEMIC ALL-AMERICANS

1990, 92, 93	Kelly Pittman	2003, 04	Alison Curtt
1993, 94	Tiffany Faucette	2003, 04, 05	Caroline Larsson
1994, 95	Madel Pascual del Pobil	2005	Witney Sordel, Kristin Sordel
1997	Aguri Okura	2006	Whitney Brummett, Jaclyn Burch, Caroline Larsson
1997, 98	Sarah Capie		

### 2006-07 ACC HONOR ROLL

Whitney Brummett	Jaclyn Burch	Lauren Cousart	Kimberly Haskins
Ashley Kemp	Caroline Larsson	Kristin Sordel	