WOMEN'S GOLF

Florida State's Top-Notch Facilities



ompleted in 2003 and utilized by the Seminole golf team, the new weight room in the Moore Athletic Center is regarded as one of the top workout facilities in the country. The weight room covers more than 15,000 square feet and is open to the golf team all year round.

The Florida State Seminoles moved into their new training facility in August of 2003. This state-of-the-art facility is located in the Moore Athletic Center. CTC is in close proximity to the football locker room and athletic training room. This outstanding facility contains 14,000 square-feet of lifting area, a 6,000 square-foot synthetic grass turf room, 12 Olympic lifting platforms, concert-quality sound system, nutrition area, twelve aerobic machines including bikes, treadmills, cross-trainers, and step machines, custom-built FSU equipment, platforms and weights, custom-ized Iron Grip dumbbells ranging from 5 to 150 lbs, over 50 machines for specific training of any and every body part, and over 20,000 pounds of free weights. Sports Illustrated recently recognized Champions Training Complex as the nation's "Best Weight Room".



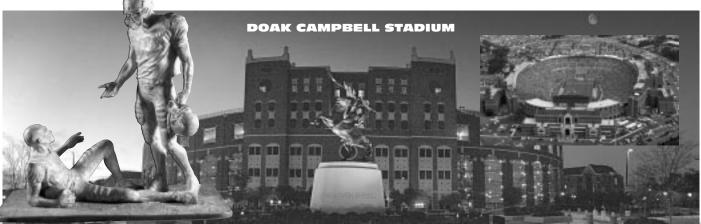












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Don Veller Seminole Golf Course & Club



THE DAVE MIDDLETON GOLF CENTER

he Dave Middleton Golf Center houses the SGC clubhouse and is also the location of the team's private facilities. Florida State golfers enjoy a comfortable team room, on course workout facility and state of the art training center. The team room/facility is utilized for team meetings, as a study area between classes and practices and as a lounge when the team is not on the course.



Pro Shop





THE DON VELLER SEMINOLE GOLF COURSE

he Don Veller Seminole Golf course was redesigned in 2004 and is home to the Seminoles' practice greens, training center and clubhouse.

Don Veller Seminole Golf Course is a unique and challenging golf course in the heart of Tallahassee. Here, championship conditions, impeccable services and premier amenities come together in a golf experience certain to entertain players of all ages and abilities. The Don Veller Seminole Golf Course & Club is proudly owned and operated by Florida State University.







FEATURES

- 18 Hole regulation length
- Public Golf course
- Par 72
- 6,940 yards
- 73.4 course rating
- 121 slope
- Built: 1962
- Architect: Bill Amick
- Greens: Bermuda
 - Fairways: Bermuda
- Season: Open All Year





WOMEN'S GOLF

SouthWood Golf & Country Club

"Fred Couples and design partner Gene Bates created a new buzz in the local golf scene with the grand opening of the 7,172-yard SouthWood Colf Club in 2002. The semiprivate layout is the centerpiece of a 3,200-acre St. Joe/Arvida housing development. The land seems handcrafted for a course, as the topography rises and falls elegantly, creating some tough, but scenic, holes. Golf Magazine named it one of the best courses in the nation to open in 2002. Couples said it has the potential to be a 'premier course in the Southeast."

— GOLFFLORIDA.COM

— GOLFFLORIDA.COM

ocated in Tallahassee's SouthWood Community, this Fred Couples/Gene Bates design has quickly become one of the nation's most heralded new courses. Gracefully capturing the charm of the Old South, SouthWood was the only club in Florida to be ranked as one of "America's Best New Courses" by Golf Digest (January 2004). Meandering through low country, high country, secluded woods and open land, the layout is dotted by ancient, Spanish moss-draped oak trees and provides an unforgettable golf experience for players of all skill levels.

The SouthWood Golf Club has become one of the most prestigious venues in the South. PGA Pro Fred Couples and Golf Course Architect Gene Bates, an awardwinning design team, have once again created a spectacular signature golf course. SouthWood Golf Club, located in the heart of a 3,300-acre master-planned community, is nestled in the natural beauty found within the gently rolling terrain of Tallahasee's Leon County.

Fred Couples said, "Without a doubt, the land at SouthWood is one of the most ideal settings Gene and I have ever had the opportunity to work with. We had the perfect palette from which to sculpt the course — roll-

ing hills and wide open pasture lands combined with stands of awesome moss-draped live oaks. This is truly a premier golf course in the Southeast."

The SouthWood Golf Club, a semiprivate course, was recently selected as a home of the Florida State Univer-

sity Men's and Women's Golf teams. Each hole features six sets of tees — from the 7,172 yard "Boom Boom" tees (a Couples signature) to the "Wee" tees set for women, children, and beginners at 2,696 yards. The course offers exciting golf in a spectacular setting. In addition, the "Wee" tees also present a unique opportunity for a par 3 format on 17 of 18 holes, giving all golfers a chance to focus on their ever-important short game.

FEATURES

- 18 Hole regulation length
- Semi-Private golf course
- Par 72
- 7,172 yards
- 75 course rating
- 133 slope
- Greens: Bermuda
- Built: 2002
- St. Joe Towns and Resorts manages this facility.





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Killearn Country Club & Inn

"If it's your dream to play where the pros once teed it up, Killearn is for you. Killearn hosted the Tallahassee Open 20 times and LPGA's Centel Classic for four, giving it quite a tournament history. Designed by William Amick, the original 18 (the south and east nines) plays to 6,998 yards. Many pros came to fear the fourth hole on the south, a 467-yard par 4. From the two back tees, players must lay up short of water that threatens the fairway, leaving a long iron to the green."



LPGA Tour tournaments, Killearn Country Club's three nine-hole layouts offer a challenging, yet fun golf experience. The South/East Course is the longest and most challenging

with rolling hills and tree-lined fairways. The North Course has a large lake coming into play on several holes, while the East Course is a little more forgiving with generous fairways and water on two holes.



Killearn Country Club has three nine hole courses that are played in three eighteen hole combinations. These courses are home to several championship events each year and have hosted the PGA Classic and the Sprint Central. The fairways vary from tree-lined to open, the greens are fast and a lake comes into play which challenges each player on each hole.

Golden Eagle Country Club





olden Eagle Golf & Country Club combines gracious Southern living and championship golf for those who expect the best. The exclusive club maintains its reputation for elegance and excellent golf through an unwavering dedication to quality.

The golf course at Golden Eagle Country Club has developed into one of the most challenging courses the Seminoles play on a constant rotation. The course was designed by Tom Fazio. ■

FEATURES

- 18 Hole regulation length
- **Private Golf course**
- Par 72
- 6,965 yards
- 73.6 course rating
- 135 slope
- Built: 1986
- Architect: Tom Fazio
- Greens: Bermuda
- Fairways: Bermuda
- Season: Open All Year

Capital City Country Club





uality practice facilities, training center and championship style golf are crucial to your improvement in the game of golf. The athletic administration and the support of the boosters at Florida State have helped build a first-class practice complex to promote the development of the current and future Seminole golfers. The improvements and enhancements of the golf course and its facilities will provide Florida State with one of the finest training complexes in the country.

Capital City Country Club is one of the oldest and most historic courses in northern Florida. It's characteristics include many scenic vistas and numerous undulating hills which make each hole a challenge. ■

- length
- Private Golf course
- Par 72
- 6,472 yards
- 71.0 course rating
- 124 slope
- **Built: 1920**
- Architect: A. W. Tillinghouse
- Greens: Bermuda
- Fairways: Bermuda Season: Open All Year