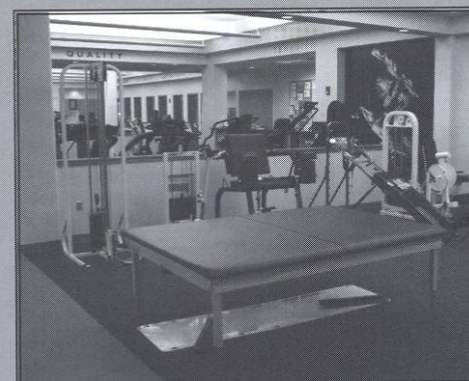
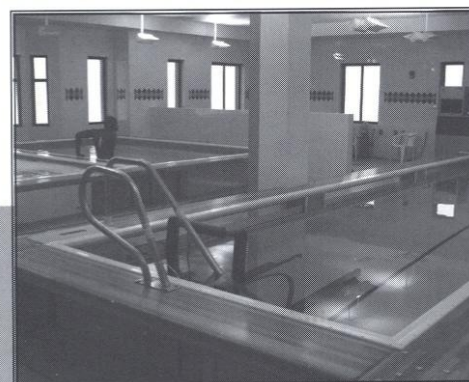
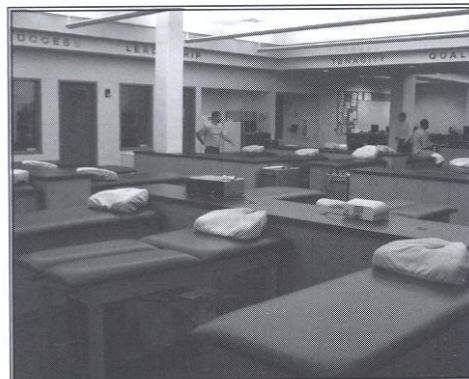
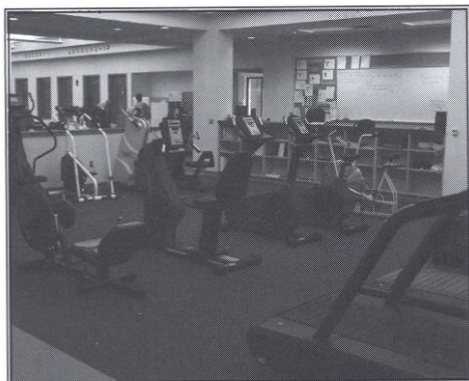




TOP NOTCH FACILITIES



Sports Illustrated magazine recently recognized the Florida State University Champions Training Complex as the best weight room in all of college athletics.

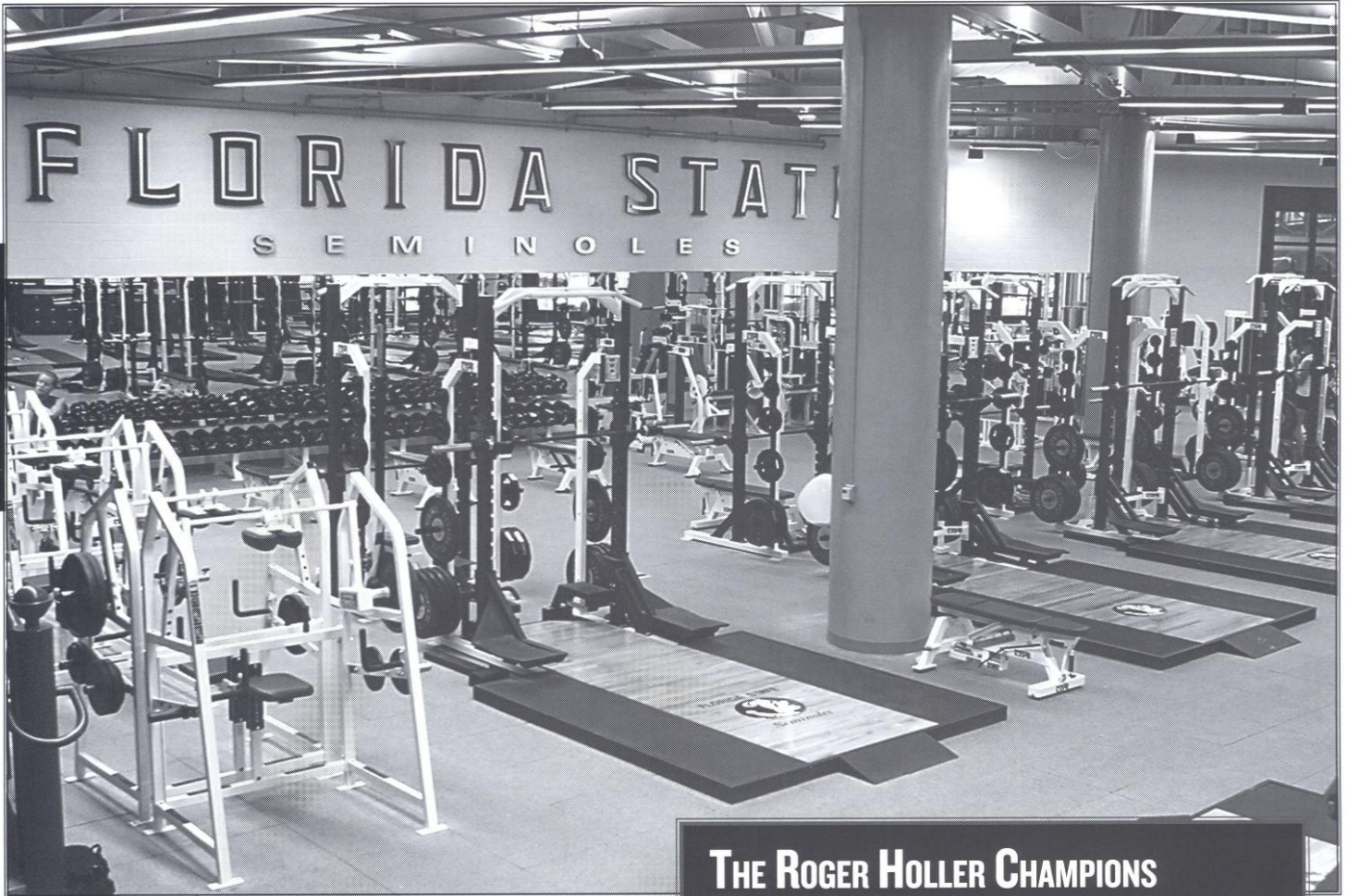
Completed in 2003 and utilized by the Seminole golf teams, the weight room in the Moore Athletic Center is considered to be one of the top weight training and conditioning facilities in the country. The facility covers more than 15,000 square feet and is open to the members of the golf team all year round.

The Florida State Seminoles moved into their new training facility in 2003. The state-of-the-art facility is located in the Moore Athletic Center which is the center for student-athletes on the Florida State campus. The weight and conditioning center is in close proximity

to the football locker room and the athletic training complex. The outstanding facility contains 14,000 square-feet of lifting area, a 6,000 square-foot synthetic grass tuft room, 12 Olympic-style lifting platforms, a concert-quality sound system, a nutrition area, and 12 aerobic machines including bikes, treadmills, cross-trainers and step up-machines, custom-built Florida State equipment, platforms and weights, customized iron grip dumbbells ranging from five to 150 points, over 50 machines for specific training of any sport and any body part and over 20,000 pounds of free weights.

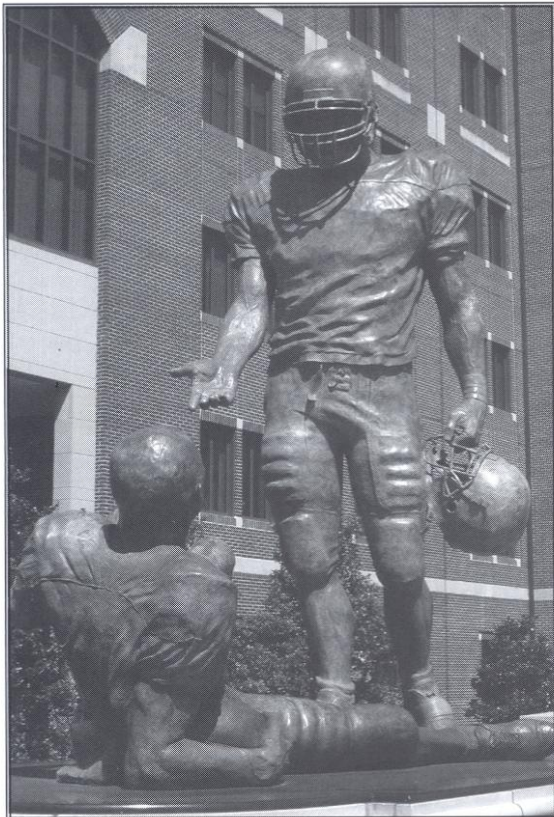
THE DON FAULS ATHLETIC TRAINING ROOM

- » 15,000 Square-Foot Athletic Training Facility
- » 2 Doctor's Offices
- » 24 Treatment Tables
- » 2 Separate Rehabilitation Rooms
- » 1 Aquatic Rehabilitation Center with Hot and Cold Jacuzzis and 7 Individual Whirlpool Tanks
- » 10 Full-Time Certified Athletic Trainers



THE ROGER HOLLER CHAMPIONS TRAINING COMPLEX

- » 20,000 Square Feet of Fully Functional Training Space
- » 20,000 Pounds of Free Weights
- » 14,000 Square-Foot Fully Equipped Lifting Area
- » 24 Self Contained Powerlift Work Stations Each Containing 500 Pounds of Free Weights
- » Custom-Built Florida State University Equipment Consisting of Platforms and Weights



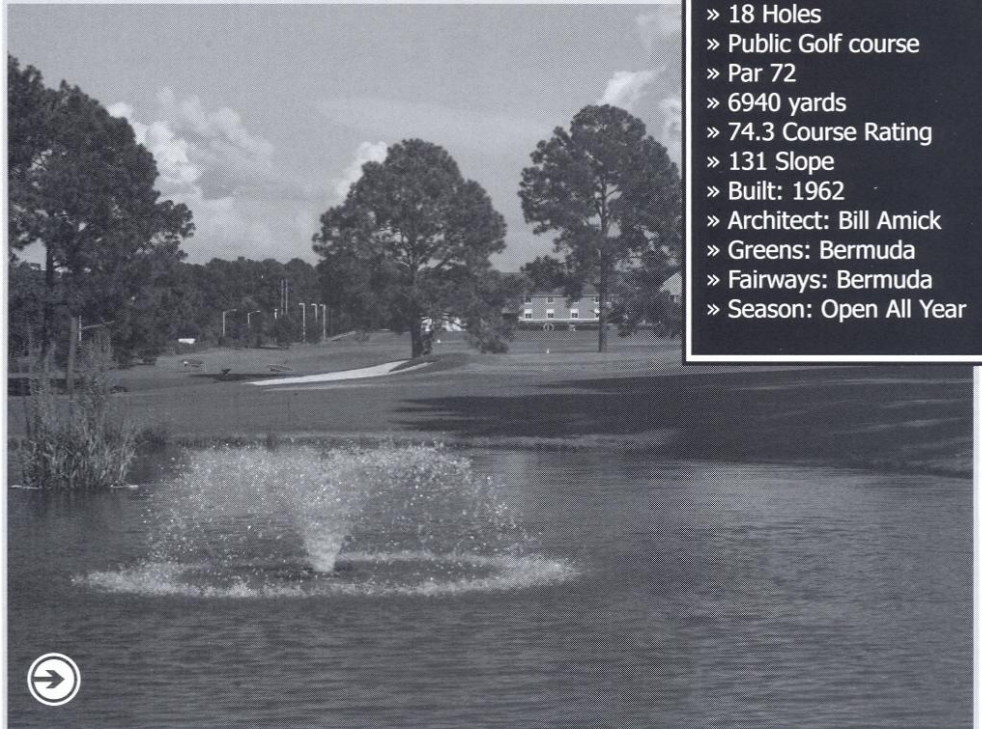


GOLF COURSES IN TALLAHASSEE

DON VELLER SEMINOLE GOLF COURSE & CLUB

The par 73, 18-hole championship golf course recently underwent a 1.4 Million-Dollar renovation and re-opened September of 2004. The spectacular changes modernized the course with 18 brand new USGA greens featuring the state of the art ultradwarf turf called TiffEagle. TiffEagle is a smaller-bladed type of Bermuda grass that grows more densely, allowing for closer mowing and smoother greens. The course now also features five brand new tee complexes for each hole, and a striking redesign of the 14th hole that includes a greenside lake. The architect for the project was Robert C. Walker of Atlantic Beach, FL. Mr. Walker was the former lead architect for Arnold Palmer Golf Design and has recently designed St. James Bay in Carrabelle, FL, Regatta Bay in Destin, FL, and Glen Kernan Golf & Country Club in Jacksonville, FL.

The golf course is truly set up for everyone to enjoy. Strategically placed bunkers, water hazards, and natural areas combined with the gently rolling terrain will challenge the more accomplished players, while the large greens generous landing areas will be very appealing to the average players. The Don Veller Seminole Golf Course is spread out over 200 acres and is in complete harmony with nature. You won't find any homes, apartment complexes, or commercial buildings to distract your round. What you will find are plenty foxes, deer, geese, purple martins, woodpeckers and butterflies.



Features

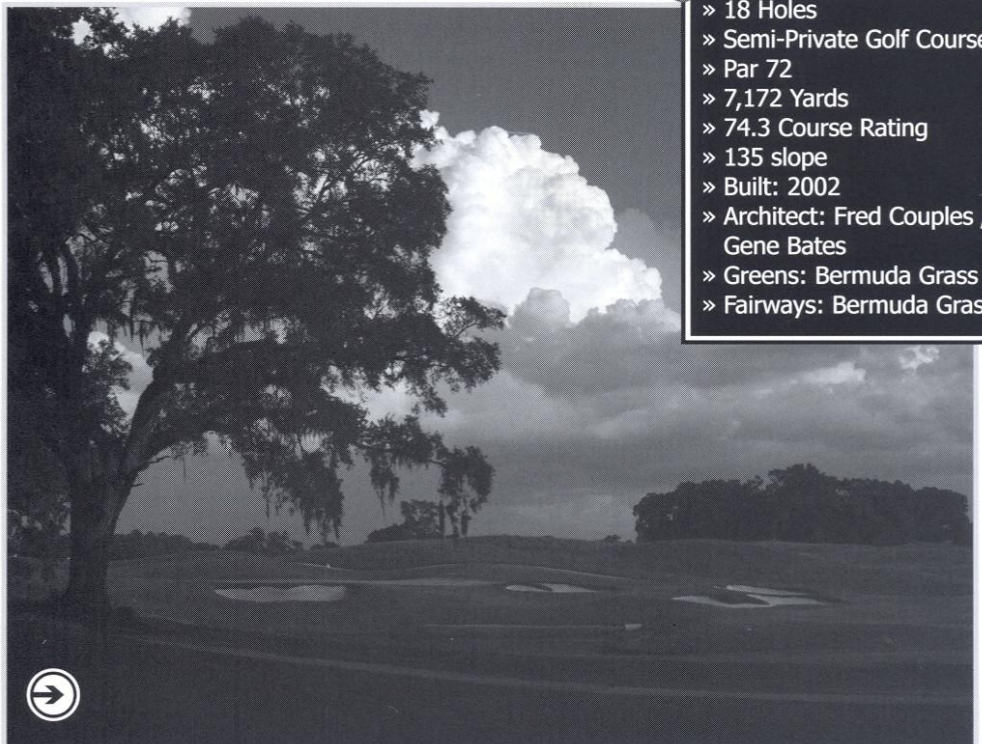
- » 18 Holes
- » Public Golf course
- » Par 72
- » 6940 yards
- » 74.3 Course Rating
- » 131 Slope
- » Built: 1962
- » Architect: Bill Amick
- » Greens: Bermuda
- » Fairways: Bermuda
- » Season: Open All Year

SOUTHWOOD GOLF COUNTRY & CLUB

SouthWood Golf Club opened its 18-hole golf course in 2003 to the delight of golfers in Tallahassee. The well-planned course was immediately one of the premier golf facilities in the Florida Panhandle and one of the nation's heralded new golf courses. SouthWood was the only club in Florida to be ranked as one of "America's Best New Courses" by Golf Digest. The SouthWood golf course was designed by PGA Tour Player, Fred Couples, with the aid of golf course renowned architect, Gene Bates. The golf course at Southwood is designed to please, yet test golfers of all skill levels.

Because of Couples and Bates' foresight in design and love of the sport, the course has received awards from numerous sources. Specifically, SouthWood golf course was nationally ranked as one of the top 35 new courses by Golf Magazine and was named one of the best new courses by Golf Digest. Locally, the course was given Tallahassee's best golf course award by readers of Tallahassee Magazine. With such consistent praise and great rankings, SouthWood will thrill any golfer that ventures onto the beautiful greens.

Said GolfFlorida.com upon SouthWood's opening: "the land seems handcrafted for a course, as the topography rises and falls elegantly, creating some tough, but scenic, holes." Said Couples: "SouthWood has the potential to become a premier course in the Southeast."



Features

- » 18 Holes
- » Semi-Private Golf Course
- » Par 72
- » 7,172 Yards
- » 74.3 Course Rating
- » 135 slope
- » Built: 2002
- » Architect: Fred Couples / Gene Bates
- » Greens: Bermuda Grass
- » Fairways: Bermuda Grass

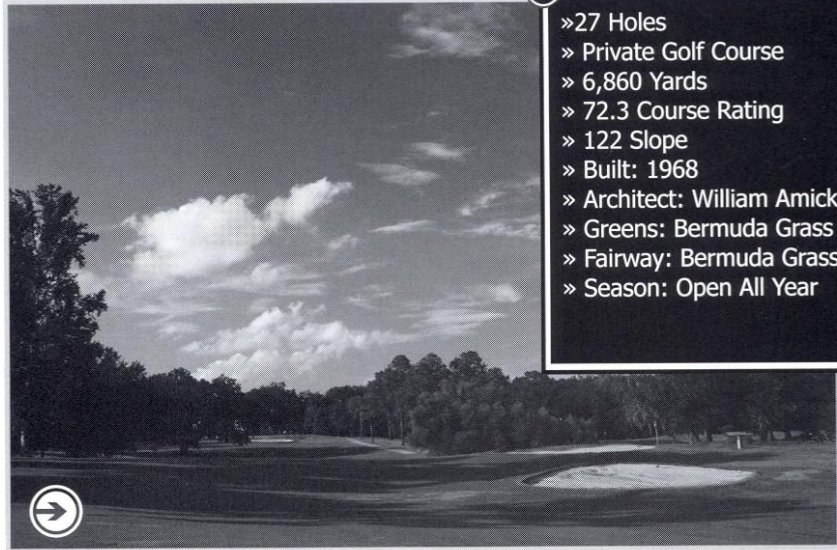


KILLEARN COUNTRY CLUB & INN

The site of 21 PGA Tour and four LPGA Tour tournaments, Killearn Country Club's three nine-hole layouts offer a challenging yet fun golf experience. The South/East Course is the longest and most challenging with rolling hills and tree-lined fairways. The North Course has a large lake coming into play on several holes, while the East Course is a little more forgiving with generous fairways and water on two holes.

Killearn's three nine-hole courses are played in three eighteen hole combinations. These courses are home to several championship events each year and have hosted the PGA Classic and the Sprint Central. The fairways vary from tree lined to open, the greens are fast and a lake comes into play which challenges players on each hole.

"If it's your dream to play where the pros tee it up, then Killearn is for you. Killearn hosted the Tallahassee Open 20 times and the LPGA's Centel Classic four times giving it quite a tournament history. Designed by William Amick, the original 18 (the south and the east nines) plays to 6,988 yards. Many pros came to fear the fourth hole on the south course, a 467-yard par 4. From the two back tees, players must lay up short of water that threatens the fairway, leaving a long iron to the green.



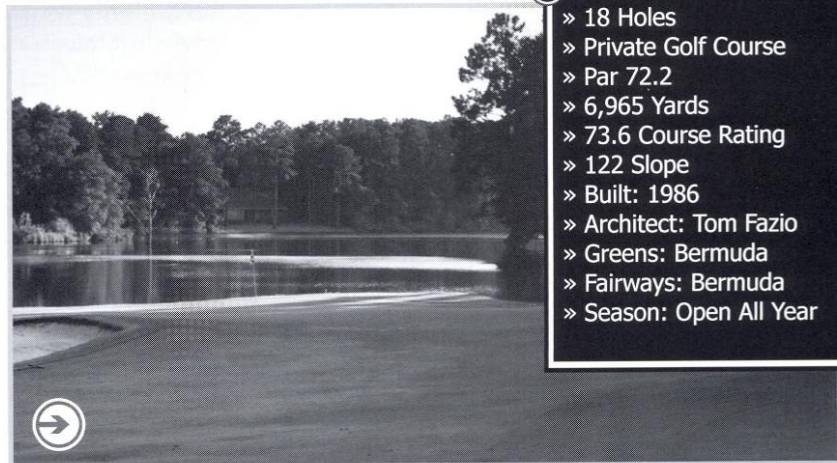
Features

- » 27 Holes
- » Private Golf Course
- » 6,860 Yards
- » 72.3 Course Rating
- » 122 Slope
- » Built: 1968
- » Architect: William Amick
- » Greens: Bermuda Grass
- » Fairway: Bermuda Grass
- » Season: Open All Year

GOLDEN EAGLE COUNTRY CLUB

Golden Eagle Country Club combines gracious Southern Living and championship golf for those who expect the best. Golden Eagle's foremost attraction is its 18-hole golf course, designed by world renowned golf course architect Tom Fazio. The course sprawls 6,965 yards from the back tees. It was rated "the most challenging course in Florida" by the United States Golf Association just six months after opening in December 1986. Golfweek Magazine has ranked Golden Eagle among the top 50 real-estate development courses in the Southeast, citing its distinctive design and enhancement of the property's natural beauty as "a cut above the rest."

Golden Eagle features wide fairways and strategically placed Scottish bunkers to create a course that is challenging yet playable for both casual and serious golfers. It is readily evident that the course architect took full advantage of the natural topography of the fabulous acreage surrounding Golden Eagle. The golf course hosted the 1995 and 1996 Nike Tallahassee Open – a tournament on the Nationwide Tour.



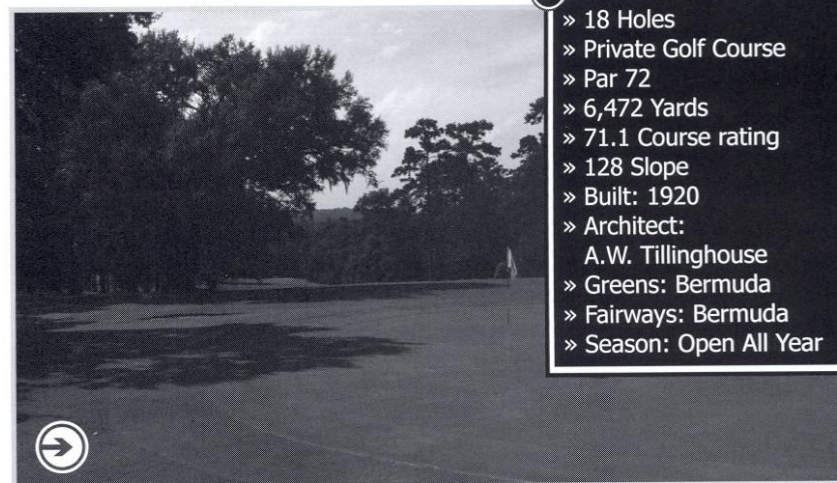
Features

- » 18 Holes
- » Private Golf Course
- » Par 72.2
- » 6,965 Yards
- » 73.6 Course Rating
- » 122 Slope
- » Built: 1986
- » Architect: Tom Fazio
- » Greens: Bermuda
- » Fairways: Bermuda
- » Season: Open All Year

CAPITAL CITY COUNTRY CLUB

Capital City Country Club is the oldest and most prestigious private club in Tallahassee. Located in the beautiful and historic city of Tallahassee, Florida's capital, the club is nestled among rolling hills and ancient oak trees. The rolling, tree-lined 6,502 yard 18-hole golf course is as challenging as it is breathtaking. The course moves through the trees and across large elevation changes more commonly found outside of Florida. Bermuda grass fairways with Tift Dwarf Bermuda putting surfaces create challenges for golfers of all ability levels. The par 72 layout was designed in 1920 and was recently renovated in the early 1990's. Nine holes of the original design were carved out by famed golf course architect A.W. Tillinghast who designed such American classics as Winged Foot and Medinah.

Capital City Country Club provides the Florida State golf team with a championship style golf course that is crucial to the overall improvement of each player. The recent improvements and enhancements of the golf course and its facilities allow the Seminoles to practice and play on one of the most traditional courses in the southeast part of the United States. The characteristics of the golf course include many scenic vistas and numerous undulating hills which makes playing each hole a wonderful challenge.



Features

- » 18 Holes
- » Private Golf Course
- » Par 72
- » 6,472 Yards
- » 71.1 Course rating
- » 128 Slope
- » Built: 1920
- » Architect: A.W. Tillinghast
- » Greens: Bermuda
- » Fairways: Bermuda
- » Season: Open All Year