



## TERESA RIVERA #3

Defender/Midfielder • 5-4 • Senior  
Parkland, FL  
(Marjory Stoneman Douglas)

**2004:** Appeared in all 20 of the Seminoles' games in 2004 and made 17 starts... spent most of the regular season in the back before making her first-ever start in the midfield during the last regular season game of the year and the ACC quarterfinal match versus Clemson...returned to her accustomed role in the NCAA Tournament as she started in the middle of the FSU defense versus Boston College...recorded the first goal of her career in 2005 along with one assist, which upped her career total to five...goal came versus Clemson in the ACC Tournament. Her goal came less than four minutes after half and helped FSU come back from a 2-0 deficit and eventually tie the game... her assist came in a 2-0 win over USF...spent most of the year as FSU's left back where she and her defensive mates finished off a second consecutive record-setting season...the Tribe allowed just 21 goals, which shattered the school record...the team's 1.02 GAA was the lowest in team history as well...no defense in FSU history has ever allowed fewer goals in a two-season span than the 2003-2004 FSU defense. **(in the ACC)** played in all nine ACC games and started in seven...the Tribe had the second best season in team history when it came to goals allowed in ACC play in 2004...the FSU defense allowed just 11 goals in nine games for a GAA of 1.19 in conference competition. **(in the ACC Tournament)** recorded her first career goal in the ACC Tournament quarterfinals versus Clemson...scored the goal on her only shot of the game starting FSU's comeback from a 2-0 deficit...the points were the first of Rivera's career in the ACC

Tournament...also the first goal of her career against an ACC team. **(in the NCAA Tournament):** started the Tribe's game versus BC as a center back...it was the junior's fifth start in the NCAA Tournament.

**2003:** Started 16 of 24 games for FSU in the backline...started the first five games as the Tribe's center back before moving out wide to replace senior Kristin Boyce when she fractured her ankle...after her move out wide, FSU closed the regular season with three straight shutouts before a 1-0 loss to Carolina...anchored the left side of the backline as FSU went through the NCAA Tournament and into the 2003 College Cup...Rivera helped FSU set a school record with nine shutouts, set a school record with four ACC shutouts and a school record with four consecutive ACC shutouts...Rivera and the FSU defense recorded the only shutout at the 2003 ACC Championships...set new career highs for points (3) and assists (3). **(in the ACC)** played in five of the Seminoles' seven conference games and made three starts...a key part of a Seminole defense that allowed the fewest goals ever in a single season and the fewest ACC goals ever in a single season...in the five conference games she appeared in, the Tribe allowed just one goal and that came in the season finale versus consensus No. 1 North Carolina...recorded her first point ever in ACC play when she assisted on the Tribe's third goal in a 3-0 win over Duke. **(in the NCAA)** started four of Florida State's five NCAA Tournament matches...recorded her first ever NCAA Tournament point versus Dartmouth...she and her defensive teammates recorded the third

### RIVERA'S CAREER HIGHS

- Points ..... 2 (Clemson 2004)
- Goals ..... 1 (Clemson 2004)
- Assists ..... 1 (5 Times)
- Shots ..... 1 (8 Times)

shutout in NCAA Tournament history for Florida State and allowed just one goal in over 237 minutes in the first two and a half games.

**2002:** One of FSU's top freshman...her 12 starts were the second most among all Seminole freshmen and she was third amongst newcomers with 21 appearances...the only freshman to start on opening day...filled in admirably for 2001 first team freshman All-American Katie Beal as she recovered from an early season illness...played a key role in an FSU defense that allowed the third fewest goals in team history...Rivera was a weapon on free kicks and corner kicks all season. **(in the ACC)** appeared in six conference games and made five starts... from her spot in the center of the FSU defense, she and her defensive teammates held ACC opponents to the second-fewest goals in team history...in three of FSU's seven ACC games, the defense held the opponent to one goal or less. **(in the NCAA)** saw action in all three of FSU's NCAA Tournament games...a key contributor to an FSU defense that had an unprecedented run through the NCAA's...the Seminole defense opened the tournament with a shutout for the second straight season and went on to allow just two goals in three games.

**HIGH SCHOOL:** One of Florida's best... named 2002 Gatorade Player of the Year in Florida...*Student Sports Magazine* first team All-American...scored 36 career goals and recorded 44 career assists despite playing at sweeper her junior and senior seasons...a four-year starter and senior captain...led her team to the regional championship as a senior and into the regional semifinals as a sophomore and junior...helped lead the Eagles to nine consecutive district and regional championships and was named 2001 Defensive MVP...as a senior, Rivera was named to the BCAA All-Star team, the FACA South team, a FASCA All-Star and to the Top 22 Elite of Florida...a two-time first team *Miami Herald* and *Ft. Lauderdale Sun Sentinel* All-Broward County selection...named Rookie of the Year in 1998.

**ODP EXPERIENCE:** Played with the Region III ODP team from 2000-2002...attended Region III camp from 1998-2001...played with the Florida State ODP team from 1998-2001.

**CLUB:** Captained Team Boca for four years and won the Florida State Cup from 1998-2001...played in the Region III tournament from 1999-2001 including the 2000 regional semifinals...attended 2001 adidas ESP Camp.

**PERSONAL:** Sister played soccer at East Carolina...major is recreation and leisure.

### RIVERA'S CAREER STATS

	MP/MS	SHOTS	GOALS	ASST	PTS	GWG	GWA
2002	21/12	1	0	1	1	0	1
2003	24/16	6	0	3	3	0	1
2004	20/17	2	1	1	3	0	0
<b>Total</b>	<b>65/45</b>	<b>9</b>	<b>1</b>	<b>5</b>	<b>7</b>	<b>0</b>	<b>2</b>

#### ACC

2002	6/5	0	0	0	0	0	0
2003	5/3	2	0	1	1	0	0
2004	9/7	0	0	0	0	0	0
<b>Total</b>	<b>20/15</b>	<b>2</b>	<b>0</b>	<b>1</b>	<b>1</b>	<b>0</b>	<b>0</b>

#### NCAA

2002	3/0	1	0	0	0	0	0
2003	5/4	0	0	1	1	0	1
2004	1/1	0	0	0	0	0	0
<b>Total</b>	<b>9/5</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>1</b>	<b>0</b>	<b>1</b>

### TEAM-BY-TEAM ACC

	MP/MS	GOALS	ASST	PTS
Clemson	3/2	1	0	2
Duke	3/2	0	1	1
Maryland	1/1	0	0	0
UNC	1/0	0	0	0
NC State	3/3	0	0	0
Virginia	2/1	0	0	0
Wake Forest	3/3	0	0	0
Virginia Tech	1/1	0	0	0
Miami	1/0	0	0	0



## SARAH ROSSEAU #21

Midfielder • 5-9 • R-Junior  
Marco Island, FL  
(St. John Neuman)

**2004:** The midfielder continued to flourish after missing her freshman season due to a back injury...a physical presence for the Tribe who played both centrally and out wide in the midfield in 2004...set new career highs in every category including appearances, starts, goals and points... appeared in 15 games on the season and made the first six starts of her career... recorded one goal, which represented the first points of her career...had ten shots and two shots on goal during the season, which were both new career highs. **(in the ACC)** appeared in seven ACC games and started in four. Both career highs for the midfielder...recorded four shots during ACC play...set career highs for shots, appearances and starts. **(ACC Tournament)** came in as a substitute in the Tribe's ACC quarterfinal match. **(NCAA Tournament)** appeared in FSU's game versus BC.

**2003:** After missing her entire freshman season due to back surgery, Rosseau made a strong return to action as a redshirt freshman in 2003...appeared in 14 of Florida State's 26 games...played a valuable role providing depth in the Florida State midfield...recorded three shots and all came on the road at Jacksonville and at Kansas. **(in the ACC)** appeared in four of FSU's seven ACC contests...played in games versus Maryland, Duke, Clemson and NC State. **(in the NCAA)** made the first NCAA Tournament appearance of her

career in FSU's 5-0 win over Dartmouth.

**2002:** Missed entire season as she recovered from a back injury suffered in high school.

**HIGH SCHOOL:** Began high school career in Pylesville, Md. before moving to Marco Island, Fla. for her junior and senior seasons...playing at St. John Neumann High School in Marco Island, voted team MVP as a senior while leading the team with 28 goals...amassed 112 goals and 78 assists in her career...as a senior, named to the All-Collier County first team and to the Lee and Collier County All-Star team...scored 56 goals as a junior and was the leading scorer in Collier County... named Collier County Girls Soccer Player of the Year...playing in Maryland, captained her team to second-place in districts and led all high school goal scorers as a sophomore...named first team All-County as a sophomore after leading Hartford County with 23 goals and leading her team to a regional championship...also a two-year letterwinner in lacrosse.

**ODP EXPERIENCE:** Spent the 2000 and 2002 seasons with the Florida State ODP team.

**CLUB:** Played club soccer with the BFC Blast in Maryland...won the 1999 U-16 Pepsi Challenge, Division II Championship at WAGS and Baltimore Metro League...after moving to Florida, was a member of the Ft. Myers Cyclones who won the 2001 Orange Classic and Premier

### ROSSEAU'S CAREER HIGHS

Goals ..... 1 (Jacksonville 2004)  
Points ..... 2 (Jacksonville 2004)  
Shots ..... 2 (Four Times)

League Championships with the U-18's and were runners-up at the 2001 Atlanta Cup.

**PERSONAL:** A Florida Bright Future Scholar and a four-year honor roll student...awarded English Honors of Distinction in 2002...won the Outstanding Achievement Award in Honors English IV...major is math education...member of FCA and Varsity Clubs.



### ROSSEAU'S CAREER STATS

	MP/MS	SHOTS	GOALS	ASST	PTS	GWG	GWA
2003	14/0	3	0	0	0	0	0
2004	15/6	10	1	0	2	0	0
<b>Total</b>	<b>29/6</b>	<b>13</b>	<b>1</b>	<b>0</b>	<b>2</b>	<b>0</b>	<b>0</b>

#### ACC

2003	4/0	0	0	0	0	0	0
2004	7/4	4	0	0	0	0	0
<b>Total</b>	<b>11/4</b>	<b>4</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

#### NCAA

2003	1/0	0	0	0	0	0	0
2004	1/0	0	0	0	0	0	0
<b>Total</b>	<b>2/0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### TEAM-BY-TEAM ACC

	MP/MS	GOALS	ASST	PTS
Clemson	2/0	0	0	0
Duke	2/1	0	0	0
Maryland	2/1	0	0	0
NC State	1/0	0	0	0
Virginia	1/0	0	0	0
Wake Forest	1/1	0	0	0
Virginia Tech	1/1	0	0	0
North Carolina	1/0	0	0	0



## KELLY ROWLAND #10

Defender • 5-7 • Junior  
Wallingford, PA  
(Strath Haven)

**2004:** Team captain in 2005 who is one of the favorites for ACC Defensive Player of the Year honors entering the season...named a second team All-American in 2004 by SoccerBuzz...she is the only defender in FSU history to be receive a first or second team All-American honor and one of just two FSU defenders ever to garner any All-American honor...named first team all-southeast by Soccer Buzz... named second team all-region by the NSCAA...Rowland is just the second defender in school history to receive second team all-region honors from the NSCAA...the only defender in the entire conference to make either All-ACC team when she was named All-ACC second team...Rowland is the only defender in the 17-year history of the ACC to be the lone defender named to either the All-ACC first or second team...joins Seminole teammate Libby Gianceskis as the only two defenders in the entire conference to garner any type of All-ACC honor...named to Soccer America's Team of the Week twice and the SoccerBuzz Elite Team once in 2004...has now been named to a national team of the week a school record seven times...arguably FSU's team MVP last season...led the team with seven assists...led all defensive players with 13 points and was third on the team overall... one of just four Seminoles to start all of

the Seminoles' regular season games... Rowland has now started every game of her career, which is a 46-game streak of consecutive starts...now the most prolific scorer in school history among all defenders despite playing just two seasons...in 40 fewer games she is just one assist away from the career record by a defender and just two goals shy of tying that record as well...second on the team with 36 shots and tied for third on team with 13 shots on goal...led all Seminoles in points in non-conference games...recorded 10 of her 13 points in 11 matches versus non-conference opponents including a team-leading six assists...the heart and soul of an FSU defense that completed its second consecutive record-setting season in 2004 ...the Tribe allowed just 21 goals last season, seven fewer than the team record set in 2003...the team's 1.02 GAA was the lowest in team history...no defense in FSU history has ever allowed fewer goals in a two-season span than the 2003-2004 FSU defense and Rowland was a big key to that success. **(in the ACC)** started all nine ACC games and has now started all 16 conference games in her two year career... third on team with three points on one goal and one assist...recorded the first ACC regular season goal of her career versus NC State as she staked FSU to a 1-0 lead... recorded a game-winning assist

### ROWLAND'S CAREER HIGHS

Points ..... 4 (UNC 2003)  
Goals ..... 2 (UNC 2003)  
Assists ..... 2 (Arizona State 2004)  
Shots ..... 5 (3 Times)

against Wake Forest and now has three career game-winning assists in ACC play...second on team with 16 shots and tied for second with eight shots on goal...Rowland and the Tribe defense had the second best season in team history when it came to goals allowed in ACC play...the FSU defense allowed just 11 goals in nine games for a GAA of 1.19 in ACC play. **(in the ACC Tournament)** scored the fourth ACC Tournament goal of her career when she equalized the game versus Clemson...the 78<sup>th</sup> minute goal completed FSU's come-back from a 2-0 deficit...she now is FSU's all-time leading goal scorer in ACC Tournament history with four career goals in four games...tied for the team lead in the quarterfinal match with four shots and was second on the squad with two shots on goal. **(in the NCAA Tournament)** made the first start of her career as a front runner in the Seminoles' NCAA Tournament game against Boston College...part of a three front utilized by the Seminoles against a stingy Eagle defense...led the team with three shots and one shot on goal in the match

**2003:** One of the nation's top freshmen, Rowland keyed an amazing turnaround by the Seminole defense when she was moved to center back just five games into the season...after Rowland was



### ROWLAND'S CAREER STATS

	MP/MS	SHOTS	GOALS	ASST	PTS	GWG	GWA
2003	26/26	31	6	4	16	2	2
2004	20/20	39	3	7	13	1	3
<b>Total</b>	<b>46/46</b>	<b>70</b>	<b>9</b>	<b>11</b>	<b>29</b>	<b>3</b>	<b>5</b>
<b>ACC</b>							
2003	7/7	7	0	2	2	0	2
2004	9/9	16	1	1	3	0	1
<b>Total</b>	<b>16/16</b>	<b>23</b>	<b>1</b>	<b>3</b>	<b>5</b>	<b>0</b>	<b>3</b>
<b>NCAA</b>							
2003	5/5	11	2	0	4	0	0
2004	1/1	0	0	0	0	0	0
<b>Total</b>	<b>6/6</b>	<b>14</b>	<b>2</b>	<b>0</b>	<b>4</b>	<b>0</b>	<b>0</b>

### TEAM-BY-TEAM ACC

	MP/MS	GOALS	ASST	PTS
Clemson	2/2	1	0	2
Duke	2/2	0	0	0
NC State	2/2	1	*1	3
Maryland	2/2	*1	*1	3
Virginia	2/2	0	0	0
UNC	2/2	2	0	4
Wake Forest	2/2	0	*1	1
Virginia Tech	1/1	0	0	0
Miami	2/2	0	1	1

\*Game Winner

slipped into the middle of the FSU backline, the FSU defense went from allowing an average of two goals a game to an average of 0.80 goals per game...named a *Soccer America* freshman All-American and a SoccerBuzz honorable mention freshman All-American...just the second Seminole ever named a *Soccer America* freshman All-American and just the fourth-ever FSU rookie to earn a freshman All-American honor...also named a SoccerBuzz freshman all-region selection...a member of the 2003 ACC Championships All-Tournament team after leading the tournament in goals scored despite being a defender. She is just the second Florida State freshman to ever garner that award...named to *Soccer America's* National Team of the Week three times in 2003 and to the SoccerBuzz Elite Team of the Week on one occasion. No Seminole player had ever been named to Soccer America's National Team of the Week three times in their career and Rowland did it in just one season...combined with the SoccerBuzz weekly honor, no player in FSU history has ever received four national team of the week honors in one season and she is tied with Leah Gallegos for the most national team of the week honors in a career...Rowland joined with Katie Beal to form one of the nation's best tandems starting in the middle of any defense both offensively and defensively...Rowland started every game for FSU including all 10 times FSU played versus a Hermann Award semifinalist...with Rowland in the backline, the FSU defense set a school record with nine shutouts, set a school record with four ACC shutouts and a school record with four consecutive ACC shutouts and six consecutive shutouts overall...the team finished the year allowing just five goals in ACC play, which beat the previous record by six goals and Rowland and the FSU defense allowed just 28 goals, the fewest in school history...as good as she was defensively, Rowland had one of the most prolific offensive seasons ever put together by an FSU defender...she scored six goals and registered four assists for 16 points...only one FSU defender in school history has ever tallied more points than Rowland and that is her backline teammate Katie Beal who also had six goals but added

seven assists for 19 total points...the two FSU center backs combined for 12 goals and 11 assists. No two Seminole defenders had ever combined to score 35 points in FSU history before Rowland and Beal did it in 2003...Rowland had the fifth-most points on the team, the third-most goals, the second-most game-winning goals and the fifth-most assists...among rookies, Rowland was second in goals, points, and assists and led all freshmen in game-winning goals...no freshman defender had a more prolific offensive season than did Rowland in 2003 as she set records for both goals and points by a rookie defender...became a dangerous offensive weapon for FSU off long throw-ins as all four of her assists came via the throw-in...registered three straight games with an assist in wins over Miami, Ole Miss, and Maryland...one of only four Seminoles to start all 26 games and the only rookie to do so. **(in the ACC)** Rowland was one of just four Seminoles to start all seven Atlantic Coast Conference matches and one of just two freshman to start every game...second on the team in assists in ACC games with two and led all rookies...both of her assists were game-winners (Maryland and NC State)...only one freshman, forward Julia Schnugg, recorded more points than Rowland in ACC games...a main reason the Seminole defense allowed the fewest goals ever in a single ACC season and the third-fewest goals ever allowed by an ACC team in one year. **(in the Postseason)** five of Rowland's record-setting six goals came after the regular season had concluded (ACC and NCAA Tournaments)...in the ACC Tournament Rowland not only tied for the scoring title but she also became the first Seminole ever to score a goal in two games of a single ACC Championship...tied with Carolina's Heather O'Reilly with three goals to lead all players at the ACC Tournament. O'Reilly had three of UNC's 15 goals in the tournament while Rowland scored three of the five FSU goals scored on the weekend... she and her defensive teammates recorded the only shutout of the tournament and allowed just one goal all weekend in the run of play. They limited to North Carolina to just two goals off set pieces and a penalty kick goal...she started every postseason match for

FSU...set a new freshman record for points in the NCAA Tournament with four...helped FSU record just the third shutout in the team's NCAA Tournament history versus Dartmouth. **(2003 highlights)** the first goal of her career was a game-winner against Jacksonville...recorded assists in three consecutive matches versus Miami, Ole Miss and a game-winner versus Maryland...recorded another game-winning assist against NC State to give FSU a 4-1-1 ACC record... proceeded to go on to score five goals in the postseason...the center back out score Lindsay Tarpley, Alyssa Ramsey, Casey McCluskey, Leah Gallegos, Courtney Foster and all the others to share the ACC Tournament goal scoring title with three...her first ACC Tournament goal was a game-winner versus Maryland in the semifinals...her next two goals came on one of the biggest stages of the season in the ACC Championship final, which was broadcast all over the eastern United States...against No. 1 North Carolina, Rowland put FSU up 1-0 on a header goal just over 6:00 minutes into the match... after the Tar Heels tied the game in the 13th minute, Rowland went back to work putting the Seminoles in front again 2-1... with her two goals, Rowland became the first player in more than a year to score two goals in a single game versus the Tar Heels...North Carolina hadn't given up two goals to an opponent in an ACC Tournament final since 1994 yet Rowland scored two herself...scored her sixth goal and fifth of the postseason as she staked FSU to a 1-0 lead in a win over third-seeded Florida in the Elite Eight.

**HIGH SCHOOL:** NSCAA Regional All-American in 2002...1st team All-State 2002...team MVP of 2002 Pennsylvania State Champions...team was ranked second in the nation and No. 1 in the east in the fall 2002 rankings...*Philadelphia Inquirer* "Player to Watch" in 2001 and 2002...All-Central League in 2001 and 2002...All-Central League MVP with fellow FSU recruit Toby Ranck...All-Delaware County 2001 and All-Southeastern Pennsylvania 2000, 2001 and 2002...three-sport athlete...MVP of soccer, basketball and track teams her junior and senior years...captained all three sports as a senior...ranked third in Pennsylvania in the 4x100m in 2000 and 6th in the 4x400m in 2001...All-Delco 2nd team for track in 2002...basketball team captain in junior and senior years and was named All-Central League in 2002.

**ODP EXPERIENCE:** Eight-year member of the US Olympic Development Program...called in to U-19 National Team camp at the Home Depot Center in January of 2004...regional team member in 2000, 2001, and 2002...traveled with the regional team to Texas, Maryland and Arizona.

**CLUB:** Member of FC Delco...four-time state champions...two-time Columbia Invitational Winner...participated in WAGS, Disney Showcase and Texas Shootout among others.

**PERSONAL:** 2004-05 ACC Academic Honor Roll member...has three siblings including a twin named Jim...major is business.





## MELISSA SAMOKISHYN #9

**Defender • 5-3 • Sophomore**  
**Littleton, CO**  
**(Chatfield Senior)**

**2004:** Appeared in 17 games on the season and made seven starts...no freshman made more starts than Samokishyn in 2004...led all freshman with three assists and three points...two of her three assists were game-winners (Jacksonville and Virginia Tech)...second on the team in 2004 with two game-winning assists...ranked among the FSU team leaders in points and assists as well...the only freshman to appear on the leader board for FSU in any offensive category...recorded four shots on the season...tied for freshman lead with three shots on goal...saw action in the back but played a majority of the latter part of the season in the midfield as a wide player where she made six of her seven starts. **(in the ACC):** appeared in eight of nine ACC games and started in four...led all the FSU freshmen in ACC starts and was second on the team in ACC game appearances...had one assist in ACC play, which was tied for second on the team and led all rookies...her assists was a game-winner as she combined with Toby Ranck to assist on Jez Ratliff's goal versus Virginia Tech. **(in the ACC Tournament):** started the first ACC Tournament game of her career as a wide back filling in for Libby Gianeski versus Clemson in the quarter-finals...recorded the first postseason point of her career as she assisted on Kelly Rowland's game-tying goal versus Clemson...the goal completed FSU's second half comeback from a 2-0 deficit. **(in the NCAA Tournament):** appeared in the Tribe's game versus BC...it was the first NCAA Tournament appearance of her career.

**ODP:** A Region IV pool player... Samokishyn has also attended regional camps...member of the Colorado state team.  
**HIGH SCHOOL:** Chatfield Senior High School captain is a back-to-back all-state selection by both the *Denver Post* and *Rocky Mountain News*...a 2004 first team All-Jefferson County selection...won the state title in 2004 and played for the championship in 2001 and 2002...re-recorded 22 points as a senior on seven goals and eight assists.  
**CLUB:** A member of the Colorado Rush Nike Team, Samokishyn's squad won the 2003 Surf Cup, 2003 Disney Showcase and 2003 state championship

### SAMOKISHYN'S CAREER HIGHS

Points ..... 1 (Three Times)  
 Assists ..... 1 (Three Times)  
 Shots ..... 1 (Four Times)

...her Rush team was also a regional finalist in 2004.  
**ACADEMIC HONORS:** She had a 3.5 GPA at Chatfield High.  
**PERSONAL:** 2004-05 ACC Academic Honor Roll member...major is business.



### SAMOKISHYN'S CAREER STATS

	MP/MS	SHOTS	GOALS	ASST	PTS	GWG	GWA
2004	17/7	4	0	3	3	0	2
<b>ACC</b>							
2004	8/4	2	0	1	1	0	1
<b>NCAA</b>							
2004	1/0	0	0	0	0	0	0

### TEAM-BY-TEAM ACC

	MP/MS	GOALS	ASST	PTS
Clemson	1/1	0	1	1
Virginia	1/0	0	0	0
Duke	1/1	0	0	0
Maryland	1/0	0	0	0
UNC	1/1	0	0	0
NC State	1/0	0	0	0
Virginia Tech	1/0	0	*1	1
Miami	1/1	0	0	0

\*Game Winner





## SAGE SIZEMORE #11

Midfielder • 5-6 • Sophomore  
Cape Coral, FL  
(Mariner)

**2004:** After suffering an injury in pre-season that sidelined her for almost a month, Sizemore appeared in 10 of the Seminoles' games and made two starts...starts came against 2005 NCAA Tournament teams BC and UCF...one of four Seminole rookies to record a start in 2004...recorded one assist during the season for the first point of her Seminole career...her assist was a game-winner in the Tribe's 1-0 victory over FIU. **(in the ACC):** appeared in

five of nine ACC games. **(in the ACC Tournament):** made her first ever ACC Tournament appearance in the Seminoles quarterfinal tie with Clemson. **(in the NCAA Tournament):** made just the second start of her career in the Seminoles opening round match versus BC...started the game in the Florida State midfield. **HIGH SCHOOL:** 2004 Ft. Meyers Press News Athlete of the Year...two-time Cape Coral Breeze Athlete of the Week... two-time News-

### SIZEMORE'S CAREER HIGHS

Points ..... 1 (FIU 2005)  
Assists ..... 1 (FIU 2005)

### SIZEMORE'S CAREER STATS

	MP/MS	SHOTS	GOALS	ASST	PTS	GWG	GWA
2004	10/2	0	0	1	1	0	1
<b>ACC</b>							
2004	5/0	0	0	0	0	0	0
<b>NCAA</b>							
2004	1/0	0	0	0	0	0	0

### TEAM-BY-TEAM ACC

	MP/MS	GOALS	ASST	PTS
Virginia	1/0	0	0	0
Duke	1/0	0	0	0
UNC	1/0	0	0	0
NC State	1/0	0	0	0
Miami	1/0	0	0	0

Press Athlete of the Week...2003 Cape Coral Breeze Athlete of the Year...Mariner MVP in 2004...two-time high school top scorer (Bishop Verot 2002 and Mariner High School 2003)... Florida State finalist in 2001 (Bishop Verot)... second in assists on two occasions...two-time Newspress All-Area team 2002 and 2003...all-state team 2003...named all-conference by coaches and Newspress...second most points in Lee County...Coach's Pick team...participated in Florida's junior all-star showcase at USF... track and field letterwinner from 2000-2002... long jump record holder at Bishop Verot High School.

**ACADEMIC HONORS:** Honors and AP Classes...honor roll...100+ hours of community service.

**PERSONAL:** Major is undecided.



## COLETTE SWENSEN #25

Midfielder • 5-5 • Junior  
Davie, FL  
(St. Thomas Aquinas)

**2004:** Appeared in three games and made the first start of her career versus FIU...also saw action in games versus Jacksonville and Clemson. **(in the ACC):** appeared in one ACC game...the first ACC action of her career came against Clemson. **2003:** Appeared in six games in 2003...

provided depth in the FSU midfield...recorded two shots and an assist on the year...one of five FSU freshmen to record at least one point. **(in the ACC)** did not see any game action in the conference during the 2003 campaign. **(in the NCAA)** appeared in her first NCAA Tournament as she saw time during FSU's win over Ivy

League champion Dartmouth. **(2003 Highlights)** combined with Alli Ferreri on a goal in a win over UCF. It was the first point of her Seminole career.

**HIGH SCHOOL:** Varsity soccer 1999-2002...scored eight goals and recorded 12 assists her senior year...member of runner-up state championship team in 2001 and 2002... varsity cross country 1999-2002...cross country captain 2001 and 2002...2nd team Ft. Lauderdale Sun Sentinel 2001 and honorable mention honors in 2002...varsity track & field from 1999-2002...Florida State Champs Track 1999-2002.

**CLUB:** Member of Team Boca form 2000-03...Final Four in 2001...Florida state runners-up in 2002 and 2003.

**ACADEMIC:** Four-year member of the honor roll...National Honor Society for two-years...advanced placement literature and U.S. history in 2002 and advanced placement language and composition in 2003.

**PERSONAL:** Had a poem published in Young Poet's Society in 1999...major is creative writing.

### SWENSEN'S CAREER STATS

	MP/MS	SHOTS	GOALS	ASST	PTS	GWG	GWA
2003	6/0	2	0	1	1	0	0
2004	3/1	0	0	0	0	0	0
<b>Total</b>	<b>9/1</b>	<b>2</b>	<b>0</b>	<b>1</b>	<b>1</b>	<b>0</b>	<b>0</b>
<b>ACC</b>							
2004	1/0	0	0	0	0	0	0
<b>NCAA</b>							
2003	1/0	0	0	0	0	0	0

### TEAM-BY-TEAM ACC

	MP/MS	GOALS	ASST	PTS
Clemson	1/0	0	0	0



## INDIA TROTTER #2

Midfielder/Forward • 5-8 • Junior  
Ft. Lauderdale, FL  
(St. Thomas Aquinas)

**2004:** Three-year starter who should be in the running for the first All-American honors of her career in 2005...a second team All-Southeast selection by Soccer Buzz and a third team all-region pick by the NSCAA after a stellar sophomore campaign ...named All-ACC first team, garnering all-conference honors for the first time in her young career...Trotter is just the second sophomore in FSU history to be named to the All-ACC first team...just the fifth Seminole ever to be named to the all-conference first team...just one of two sophomores to be named an All-ACC freshman team selection in 2003 and then make All-ACC first team in 2004 (joining North Carolina's Heather O'Reilly)...only 11 of 55 players in ACC history have ever accomplished that feat...once again one of the most underrated Seminoles due to what she does best not being able to be measured by statistics...the holding midfielder had as much to do with the Seminoles best defensive season ever as the back four and goalkeeper Joy McKenzie ...she was a disruptive force in the middle of the pitch to opposing offenses...started 19 of the Seminoles' 20 games and played more minutes than any player on the 2004 squad... has now started 44 matches in just two seasons...Trotter was only substituted out of two games the entire season (Jacksonville and North Carolina)...recorded one goal on the

season, which was a game-winner versus Miami...the goal assured FSU of its most wins ever in an ACC season and gave the Seminoles a .500 or above winning percentage for the fourth straight year in ACC play...the goal was the first of her career in ACC play and also represented the first points of her career in conference action...it was also the first game-winning goal of her young career...finished the year with the fourth most shots on goal (11) on the team...also finished third on the team with 29 shots. **(in the ACC):** played and started in all nine ACC games...first career ACC points came on her game-winning goal versus Miami...one of just five Seminoles to score a goal in an ACC play in 2004... second on the team in points and third in goals scored in ACC competition...set new career highs for games played, matches started, points and goals in conference competition. **(in the ACC Tournament)** led the team with four shots in FSU's quarter-final tie versus Clemson...one of only four Seminole players to put a shot on goal in the tightly contested match. **(in the NCAA Tournament)** started the Tribe's game NCAA Tournament game versus BC and was second on the team with two shots.

**2003:** One of the nation's top recruits coming into 2003, Trotter did not disappoint...named an honorable mention All-American by Soccer Times. Only the second FSU freshman to ever garner an All-

### TROTTER'S CAREER HIGHS

Points .....	2 (2 Times)
Goals .....	1 (3 Times)
Assists .....	1 (6 Times)
Shots .....	4 (2 Times)

American honor...named a freshman All-American by Soccer America and a first team freshmen All-American by Soccer Buzz ...Soccer Buzz also named Trotter an all-region second team selection and a freshman all-region pick...became the first Seminole ever to be named a member of



### TROTTER'S CAREER STATS

	MP/MS	SHOTS	GOALS	ASST	PTS	GWG	GWA
2003	26/25	40	2	6	10	0	1
2004	20/19	29	1	0	2	1	0
<b>Total</b>	<b>46/44</b>	<b>69</b>	<b>3</b>	<b>6</b>	<b>12</b>	<b>1</b>	<b>1</b>

#### ACC

2003	7/6	11	0	0	0	0	0
2004	9/9	11	1	0	2	1	0
<b>Total</b>	<b>16/15</b>	<b>22</b>	<b>1</b>	<b>0</b>	<b>2</b>	<b>1</b>	<b>0</b>

#### NCAA

2003	5/5	8	1	1	3	0	0
2004	6/6	2	0	0	0	0	0
<b>Total</b>	<b>5/5</b>	<b>10</b>	<b>1</b>	<b>1</b>	<b>3</b>	<b>0</b>	<b>0</b>

### TEAM-BY-TEAM ACC

	MP/MS	GOALS	ASST	PTS
Clemson	2/2	0	0	0
Duke	2/2	0	0	0
NC State	2/2	0	0	0
Maryland	2/2	0	0	0
Virginia	2/0	0	0	0
UNC	2/2	0	1	1
Wake Forest	2/2	0	1	1
Miami	1/1	*2	0	4
Virginia Tech	1/1	0	0	0

\*Game Winner



the All-NCAA Tournament team...selected to the ACC All-Freshmen team and was a finalist for the prestigious ACC Freshmen of the Year award...a member of the KUStore.com and Nike Seminole Classic All-Tournament teams...appeared in every game for the Tribe and started 25 as FSU's holding midfielder...a play maker that changed the game with her dangerous runs at the defense...Trotter was tenacious in winning 50/50 balls and was a huge heading presence in the middle of the pitch...third amongst all FSU freshmen in goals, points and assists...also second amongst rookies in shots and shots on goal...finished the year with the sixth most points on the team, the seventh most goals, the fourth most assists and shots. **(in the ACC)** appeared in all seven ACC contests and made six starts...led all freshman in shots taken in ACC play and was tied for the lead with shots on goal... her 11 shots were fourth most on the squad in conference play this season... started all three games at the ACC Championships as the Seminoles advanced to the finals for the second time in three years...played a key role in all three games and especially versus Maryland where Terrapin coach Shannon Higgins-Cirovski said the play of the Tribe's midfield was the difference in the game... tied for the team lead in assists in the tournament. **(in the NCAA)** started every NCAA game and was one of just three Tribe rookies to start every NCAA Tournament match...her three points in the 2003 NCAA Tournament were the second-most ever recorded by an FSU freshman in post-season play...among the team leaders for points, goals, assists, shots and shots on goal in the NCAA Tournament. **(2003 Highlights)** recorded the first point of her Seminole career on an assist versus Jacksonville...had points in back-to-back games versus San Diego State and Miami...her goal versus the Hurricanes was the first of her career...notched the first ACC Tournament point of her young career when she assisted on FSU's first goal of the



tournament against Wake Forest...had another assist in the tournament as she combined with fellow frosh Kelly Rowland to stake FSU to a 1-0 lead over consensus No. 1 North Carolina...scored her first NCAA Tournament goal in the first round against Dartmouth...helped equalize the game versus Auburn in the round of 32 just :34 into the second half in a game FSU went on to win 2-1 in OT...probably played the best game of her career in the Elite Eight win over Florida. It will never show up in a box score but she dominated the central midfield and threw a blanket over the Gator attack. One of the main reasons UF head coach Becky Burleigh and Dena Floyd both sited the FSU midfield as being the difference in Florida State's 2-1 win.

**ODP EXPERIENCE:** Just the third national team player to ever commit to Florida State University...U-19 National Team 2003 Houston Shootout first place...Los Angeles camp with the U-19 National Team...U-19 National Team 2003 European Tour...U-19 National Team camp Chula Vista, CA...U-15 National Pool Player Tucson, AZ camp...USYSA National Team Player in 2000 at the Houston Shootout

...scored a goal versus Japan, three international caps and was one of the two youngest players competing on all three national teams...regional team player from U-14 to U-18 and participated at inter-regional camps in Texas, Rhode Island, California, North Carolina, Florida and Illinois...state pool player with U-13...ESP Camp in 2000 (Tennessee) and 2002 (Wilmington, NC).

**HIGH SCHOOL:** Member of three-time 5A State Final Four participant... three-year starter who scored 62 goals and recorded 47 assists...All-Broward/Dade Team for three years...Freshman of the Year Award...spent one year playing JV volleyball.

**CLUB:** Spent the past four years with Team Boca...three-time State Cup Champions...Regional Cup semi-finalist in 1999...Atlanta Cup winner in 2000 and Orange Bowl finalist in 2002...won State Cup in 1998 with Coral Springs U-15...Nation's Cup Tournament MVP and State Cup runners-up in 1997 with Cora Springs.

**PERSONAL:** 2004-05 ACC Academic Honor Roll member...major is media productions.



## JESSICA VACCARO #28

Goalkeeper • 5-6 • Sophomore  
Miami, FL  
(Miami Killian)

**2004:** Spent the 2004 season backing up All-ACC first team keeper Joy McKenzie and veteran Ali Mims...did not make an appearance in a game in 2004. **(in the ACC):** has yet to see any conference action as she enters just her second season as a Seminole.

**HIGH SCHOOL:** 2004 all-state selection...three-time all-county selection...named Killian's Most Outstanding Defensive Player as a junior and senior... named team MVP as a sophomore...

named Killian's Most Outstanding Freshman.

**CLUB:** Member of Miami Premier.

**ACADEMIC:** Finished her senior year among the top 20 percent of her graduating class.

**PERSONAL:** Her aunt, uncle and brother all attend or attended Florida State...major is sport management.

