

SEMINOLE SOFTBALL

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THE UNIVERSITY

PREVIEW COACHES ATHLETES REVIEW HONORS & AWARDS RESULTS & RECORDS THE UNIVERSITY THIS IS FSU SOFTBALL



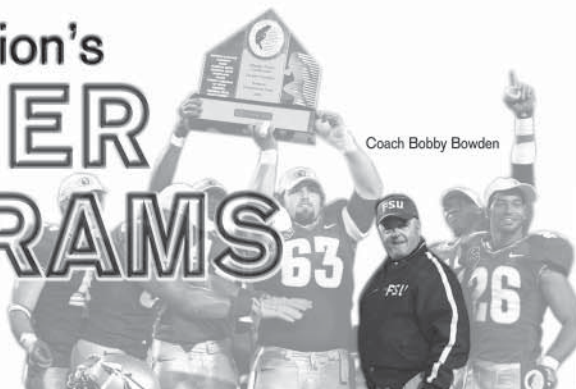
SEMINOLE SOFTBALL

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One of the Nation's PREMIER PROGRAMS



Coach JoAnne Graf



Coach Bobby Bowden

COACHES OF THE YEAR

National – 13
Regional – 34
Atlantic Coast Conference – 35
Metro Conference – 12

ACTIVE COACH LISTING – DIVISION I

Bobby Bowden – 366 victories (1st all-time)
JoAnne Graf – 1,180 victories (2nd all-time)
Mike Martin – 1,484 victories (4th all-time)



Coach Bob Bramer

COACHING EXCELLENCE...

When it comes to legendary head coaches, it is hard to argue anyone has been as fortunate. The Seminoles have had three coaches who have established records that rank them with the greatest coaches in NCAA history.

Florida State is the only NCAA school with three coaches in the top five for all-time victories in their respective sport and in the top five in wins and winning percentage among active coaches. Bobby Bowden (football), JoAnne Graf (softball) and Mike Martin (baseball) have combined for 3,030 wins and each coach appears in the top four for active winning percentage, active wins or all-time victories.

The caliber of coaches at Florida State is second to none and year after year, these coaches are recognized for excellence nationally, regionally and at the conference level. Track and field and cross country head coach Bob Bramer capped off another spectacular season as he guided the Seminoles to their second consecutive men's outdoor track and field national championship in 2007. Bramer, the ACC Indoor and Outdoor Coach of the Year, was also recognized on the men's side as the Co-Coach of the Year in the South District, while being honored as the East Region and National Coach of the Year during the outdoor season. Jennifer Hyde collected South Region Wilson/ITA Coach of the Year accolades as she led the women's tennis team to one of the finest turn-a-rounds in school history. After leading the women to their first conference championship a season ago, swimming and diving head coach Neil Harper guided the men to their first league title en route to being named the ACC Coach of the Year. Martin's legacy was secured as he was enshrined into the American Baseball Coaches Association Hall of Fame on January 5, 2007. He would round out the accolades in 2006-07 claiming his fifth ACC Coach of the Year honor.



Coach Jennifer Hyde



Coach Mark Krikorian

IN THE COMMUNITY...

Seminole student-athletes are committed to making a positive impact on the community, serving over 5,500 hours of community service during the 2006-07 school year. They help to raise thousands of dollars in direct support to charities.

The National Consortium for Academics and Sports honored FSU Athletics for the most successful outreach and community service program in which FSU student-athletes impacted the lives of over 150,000 youths

Student-Athletes have volunteered their time to work with elementary, middle, and high school students within the Leon County School system. In addition, Seminole student-athletes have participated in projects such as Kids' Day (hosted by the Boys and Girls Club), Bowl for Kids' Sake (fundraiser for Big Brothers Big Sisters), The Heart Ball (fundraiser for the American Heart Association), Relay for Life, and Special Olympics to name a few.



Coach Mike Martin



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POSTGRADUATE SCHOLARSHIPS...

In November 2005, two-time All-American shot putter Garrett Johnson became just the second FSU student and first FSU student-athlete to be selected a Rhodes Scholar when he was chosen as one of 32 college students from throughout the United States to study at the University of Oxford and one of less than 100 from around the world who joined the prestigious academic program in 2006. The program's criteria are based on academic success, leadership potential, personal integrity and physical vigor.

Florida State athletes have earned over \$350,000 in post-graduate scholarships in the past 13 years as well as other numerous academic honors and awards. They have also received 33 post-graduate scholarships from the ACC since 1993 including Sarah Griffin (volleyball), Alex Kennon (swimming and diving), Tom Lancashire (track and field) and Kelly Rowland (soccer) who were among 45 recipients of the scholarship awards in 2007. In addition, Garrett Johnson (track and field) earned the ACC Scholar Award in 2006.

In 1996, Seminole senior Daryl Bush was the first ever recipient of the State Farm National Scholar Athlete of the Year award, now given annually.

Florida State boasts two NACDA Post-Graduate Award winner in the last seven years. The scholarship, which was originated in 2001, grants \$10,000 scholarships to its recipients.



Andrew Diakos

Garrett Johnson



LeKendra McCollum



David Castillo



Lacy Jansen



Football's Chris Hope received the 2002 NACDA Postgraduate Scholarship.



Alex Kennon



IN THE CLASSROOM...

Florida State named a school-record 204 student-athletes to the Atlantic Coast Conference Honor Roll in 2007. At the conclusion of the 2006-07 school year, seven of Florida State's athletic teams had a 3.0 or better cumulative grade point average. In the spring 2007 semester 10 Seminole teams had at least a 3.0 semester GPA while the average team semester GPA was a 2.80.

Since joining the ACC in 1991, Florida State has had seven National Football Foundation and College Hall of Fame National Scholar Athlete Award winners.

In 2001, Heisman Trophy winning quarterback Chris Weinke was the recipient of the inaugural ACC Scholar Award which is presented annually to an excellent athlete and top scholar who plans to pursue a professional athletic career. Since 2001, football's Chris Hope (2002), baseball's Matt Lynch (2003) and track and field's Garrett Johnson (2006) have also earned the award.

Six Seminole student athletes earned the prestigious Arthur Ashe Junior Sports Scholar Award including FSU football player Myron Rolle. The Arthur Ashe Jr. Sports Scholar Awards were established in 1992 and serve to honor minority student athletes who exhibit academic excellence and community activism, as well as athletic prowess.

Florida State had 13 student-athletes garner District Academic All-American honors in 2006-07 including Drew Weatherford (Football), Mami Yamaguchi and Katrin Schmidt (Soccer), Sarah Griffin (Volleyball), Nikki Anthony and Alicia Gladden (Women's Basketball), Melissa May (Softball), Roomy Altman (Swimming), Caroline Westrup (Women's Golf), Jonas Blitz (Men's Golf), Alex Kennon (Swimming) and Javier Garcia-Tuning, Tom Lancashire and Andrew Lemoncello (Track & Cross Country).

Florida State has more all-time ACC Academic Honor Roll selections (2,412) than all-time All-ACC honorees (1,783). Since 1970, 32 FSU student-athletes have earned National Academic All-American honors. Florida State boasted one NCAA Postgraduate Scholarship winner (Alex Kennon - Swimming) in 2007 as well.



Kelly Rowland



Sarah Griffin



Jonas Blitz



Alicia Gladden



Caroline Westrup



SEMINOLE SOFTBALL

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Nicholas Smith



TOP ATHLETES...

When you consider the top athletes who don the Garnet and Gold, it's easy to see why Florida State has enjoyed such success over the years. Of the 37 national awards for athletic achievements Florida State student-athletes have earned, eight have been for the top athlete in the nation award in their respective sports. Florida State boasts two Heisman Trophy winners, three Golden Spikes winners, a USA Softball National Player of the Year, a National Men's Track Athlete of the Year and a Honda Award winner for softball.

From football, to diving, to tennis, to track and field, several of Florida State's student-athletes achieve All-America status each year. FSU boasts 749 first team All-America selections as well as several regional and national award winners. Over the years, FSU has enjoyed 1,783 All-ACC selections. Even more impressive is that 30 student-athletes have been crowned individual national champions in their respective sports.

TOP TEAMS...

Great athletes make great teams and Florida State has a rich history when it comes to great teams on both the national and conference level and has earned 13 national championships over the years including the back-to-back 2006 and 2007 NCAA Men's Outdoor Track and Field titles. In 1999, the Florida State Seminoles became the first football team to go wire-to-wire as the Associated Press' No. 1 team when the squad went 12-0 on its way to the program's second national championship. FSU teams have combined for 159 NCAA Tournament appearances and 39 ACC team titles. Florida State's team sports have earned 8,419 victories and eight of the Florida State's team sports have an all-time winning record.

Barbara Parker



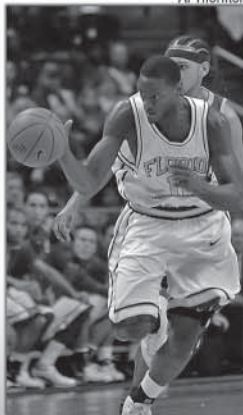
Natalie Tirapelli



Walter Dix



Al Thornton



Sam Chang



Heisman Trophy winners
Charlie Ward and Chris Weinke



THIS IS FSU SOFTBALL THE UNIVERSITY RESULTS & RECORDS HONORS & AWARDS REVIEW ATHLETES COACHES PREVIEW

SEMINOLE SOFTBALL

THIS IS THE ACC



BOSTON COLLEGE



CLEMSON



DUKE



FLORIDA STATE



GEORGIA TECH



MARYLAND



MIAMI



NORTH CAROLINA



NC STATE



VIRGINIA



VIRGINIA TECH



WAKE FOREST



THE TRADITION

Consistency. It is the mark of true excellence in any endeavor.

However, in today's intercollegiate athletics, competition has become so balanced and so competitive that it is virtually impossible to maintain a high level of consistency.

Yet the Atlantic Coast Conference has defied the odds. Now in its 55th year of competition, the ACC has long enjoyed the reputation as one of the strongest and most competitive intercollegiate conferences in the nation. And that is not mere conjecture, the numbers support it.

Since the league's inception in 1953, ACC schools have captured 105 national championships, including 56 in women's competition and 49 in men's. In addition, NCAA individual titles have gone to ACC student-athletes 139 times in men's competition and 86 times in women's action.

The success of softball in the ACC has increased over the years since the conference began sponsoring the sport in 1992. The league has produced 47 National Fastpitch Coaches Association (NFCA) All-Americans, including Jessica van der Linden of Florida State. Van der Linden became the league's first USA Softball National Player of the Year and Honda Award winner in softball in 2004. In addition, the ACC has had 175 student-athletes named NFCA All-Region.

The ACC can also measure its achievements in the postseason, as the conference has sent multiple teams to the NCAA Tournament over the past several years. In 2007, the league's presence in the national event tied an all-time high, as five teams represented the ACC for the second year in a row, and just the second time ever. Prior to 2006, the ACC had four members competing in the NCAA once (2005) and three teams in both 2003 and 2004. In all, ACC schools have combined for 41 all-time appearances in the NCAA Tournament, with 26 of those coming since the year 2000.

Since joining the ACC in 1991, Florida State has established itself as one of the top softball programs in the country. The Seminoles have appeared in the NCAA Tournament in 20 of the last 22 years. Florida State also possesses College World Series experience, having made four of its seven appearances as a member of the ACC. FSU is among an elite group of schools in the sport, as the Seminoles are one of five programs to have made four consecutive trips to the WCWS. In all, the Seminoles have advanced to the WCWS seven times since 1987, and twice in the last six seasons.

Over the years, ACC softball has found similar success in the classroom. Over 20 student-athletes have been selected as an NFCA All-American Scholar-Athlete, while several others have been tabbed NFCA Academic All-Americans or ESPN The Magazine (formerly Verizon) Academic All-Americans. In 2007, two ACC student athletes were named ESPN The Magazine Academic All-Americans, while six more were selected to either the ESPN The Magazine Academic All-District First- or Second-Teams. In its history, the conference has placed 52 student athletes on the Academic All-District Teams.

2006-07 NATIONAL CHAMPIONSHIPS

Field Hockey	Maryland
Women's Soccer	North Carolina
Women's Tennis	Georgia Tech
Women's Golf	Duke
Men's Track & Field	Florida State

THE CHAMPIONSHIPS

The conference will conduct championship competition in 24 sports during the 2007-08 academic year - 12 for men and 12 for women.

The first ACC championship was held in swimming on February 25, 1954. The conference did not conduct championships in cross country, wrestling or tennis during the first year.

The 12 sports for men include football, cross country, soccer, basketball, swimming, indoor and outdoor track, wrestling, baseball, tennis, golf and lacrosse. Fencing, which was started in 1971, was discontinued in 1981.

Women's sports were initiated in 1977 with the first championship meet being held in tennis at Wake Forest University.

Championships for women are currently conducted in cross country, field hockey, soccer, basketball, swimming, indoor and outdoor track, tennis, golf, lacrosse, softball and rowing.

A HISTORY

The Atlantic Coast Conference was founded on May 8, 1953, at the Sedgefield Inn near Greensboro, N.C., with seven charter members - Clemson, Duke, Maryland, North Carolina, North Carolina State, South Carolina and Wake Forest - drawing up the conference by-laws.

The withdrawal of seven schools from the Southern Conference came early on the morning of May 8, 1953, during the Southern Conference's annual spring meeting. On June 14, 1953, the seven members met in Raleigh, N.C., where a set of bylaws was adopted and the name became officially the Atlantic Coast Conference.

Suggestions from fans for the name of the new conference appeared in the region's newspapers prior to the meeting in Raleigh. Some of the names suggested were: Dixie, Mid South, Mid Atlantic, East Coast, Seaboard, Colonial, Tobacco, Blue-Gray, Piedmont, Southern Seven and the Shoreline.

Duke's Eddie Cameron recommended that the name of the conference be the Atlantic Coast Conference, and the motion was passed unanimously. The meeting concluded with each member institution assessed \$200.00 to pay for conference expenses.

On December 4, 1953, conference officials met again at Sedgefield and officially admitted the University of Virginia as the league's eighth member. The first, and only, withdrawal of a school from the ACC came on June 30, 1971, when the University of South Carolina tendered its resignation.

The ACC operated with seven members until April 3, 1978, when the Georgia Institute of Technology was admitted. The Atlanta school had withdrawn from the Southeastern Conference in January of 1964.

The ACC expanded to nine members on July 1, 1991, with the addition of Florida State University.

The conference expanded to 11 members on July 1, 2004, with the addition of the University of Miami and Virginia Polytechnic Institute and State University. On October 17, 2003, Boston College accepted an invitation to become the league's 12th member starting July 1, 2005.



UNIVERSITY FACTS

THIS IS FSU SOFTBALL THE UNIVERSITY RESULTS & RECORDS HONORS & AWARDS REVIEW ATHLETES COACHES PREVIEW

BACKGROUND: The Florida State University is one of eleven units of the Division of Colleges and Universities of the Florida Board of Education...It was established as the Seminary West of the Suwannee by an act of the Florida Legislature in 1851 and first offered instruction at the postsecondary level in 1857...Its Tallahassee campus has been the site of an institution of higher education longer than any other site in the state...In 1905, the Buckman Act reorganized higher education in the state and designated the Tallahassee school as the Florida Female College...In 1909, it was renamed Florida State College for Women...In 1947, the school returned to co-educational status, and the name was changed to The Florida State University...It has grown from an enrollment of 2,583 in 1946 to an enrollment of 40,474 in the Fall Semester 2006.

ENROLLMENT (FALL, 2005): Total, 40,474...76.7% undergrad, 20.2% grad, 3.1% unclassified...79.9% in-state...93.8% from the United States... students from all 50 states and the District of Columbia are in attendance...18 states contributed over 100 students each...19 foreign countries contributed over 25 students each...female, 56.4%...male, 43.6%...minority, 24.9%...international, 3.2%.

ACREAGE: Main Campus: 451.6 acres in Tallahassee, Leon County (main campus)...Panama City Branch: 25.6 acres in Panama City, Bay County...The university owns a total of 1,530.4 acres in Leon, Bay, Franklin, Sarasota, & Gadsden counties...Sites are leased in Marion and Leon counties in Florida, and other locations overseas.

COLLEGES/DEGREE PROGRAMS: With 16 colleges and schools, students may take courses of study leading to the baccalaureate degree in 99 degree programs, to the master's degree in 112 degree programs, to the advanced master's degree in one program, to the specialist degree in 26 degree programs, to the doctorate degree in 73 degree programs, and to the professional degree in two degree programs. The academic divisions are the Colleges of Arts and Sciences, Business, Communication, Criminology and Criminal Justice, Education, Engineering, Human Sciences, Information, Law, Medicine, Music, Social Science, Social Work and Visual Arts, Theatre and Dance; and the Schools of Motion Picture, Television, and Recording Arts and Nursing.

OPERATING BUDGET (2006-07): \$1,011,736,496

DEGREES AWARDED FOR 2005-06: Bachelor, 6,938... Masters, 1,821...Doctorate, 325...Medical Doctorate, 36...Specialist, 51...Judge Doctorate, 240... Total, 9,411

ENTERING FRESHMAN FACTS (FALL, 2006): The middle 50 percent High School GPA, 3.3-3.9; SAT score 1090-1240, ACT score 23-27. There were 46 National Merit Scholars, 17 National Achievement Scholars, and 16 Hispanic Scholars enrolled as undergraduate students during the Fall 2006 term.

RETENTION RATE: First year, 100%...second year, 88%... third year, 77%...fourth year, 74%.

FACULTY/STAFF: Total 2,291...FSU's faculty includes some past graduates, such as former astronauts Dr. Norm Thagard, who teaches Electrical Engineering, and Winston Scott who serves as Vice President of Student Affairs...FSU's faculty has included six dynamic Nobel Laureates: 12 members elected to National Academy of Sciences...10 members of the American Academy of Arts and Sciences...and two Pulitzer Prize winners Ellen T. Zwilich and Robert Olen Butler.

EDUCATIONAL ADVANTAGES: Florida State University has a uniqueness in providing programs that are consistent in excellence across the board, from fine arts and humanities to the hard sciences...The balance of programs is based on FSU's long tradition as a leading liberal arts institution combined with its position as one of the top 10 universities in generating research-based revenues...FSU is the most wired campus in Florida, and was recently ranked 18th most connected university in the nation by Yahoo! Internet Life.

EDUCATIONAL OPPORTUNITIES ABROAD: FSU offers a variety of overseas study opportunities for students during the regular academic year. FSU has study centers located in Florence, Italy; Panama City, Republic of Panama; Valencia, Spain; and London, England. Courses at the study centers are offered each semester and cover a wide range of subject areas perfect for meeting general and liberal studies requirements. International Programs also offers study programs, some general and some major specific, in: Cairns, Australia; Salvador, Brazil; Tianjin, China; San Jose, Costa Rica; Dubrovnik, Croatia; Prague, Czech Republic; Napo, Ecuador; London, England; Paris, France; Dublin, Ireland; Tokyo, Japan; Moscow, Russia; and Leysin, Switzerland. A summer Law program is offered in Oxford, England. There is one Linkage Institute, FLORICA, in Costa Rica, and Beyond Borders programs in Turrialba, Costa Rica, Kingston, Jamaica, and Dresden, Germany.

EXTRACURRICULAR ACTIVITIES: FSU has over 400 student organizations that allow students to find their own niche.

FINANCIAL AID: FSU offers two types of financial assistance: need-based and merit-based...Over \$160 million is given away for financial assistance each year.

STUDENT/FACULTY RATIO: 18-1... Many of the general education classes are large, lecture classes; however, over 70 percent of major classes have less than 40 students.

RESEARCH: The Florida State University has built a reputation as a strong research center in both the sciences and the humanities. It is expected that more than \$100 million in external funds will be generated this year by the university faculty and administration as supplements to state funds used for research. These external funds are in the form of contracts and grants from private foundations, industries, and government agencies, and are used to support research, improve research facilities, and provide stipends for graduate students.

SPONSORED RESEARCH (2005-06): \$173,605,359

LIBRARY HOLDINGS: The University Library System contains over 2.9 million volumes, of which more than 334,000 are available electronically as e-books. The libraries subscribe to more than 51,000 current serials including academic journals, professional and trade journals, and major newspapers from around the country and the globe in both paper and electronic formats. The libraries also subscribe to more than 300 databases. The FSU Libraries include 8 libraries on campus: The Robert Manning Strozler Library, Paul A. M. Dirac Science Library, Mildred and Claude Pepper Library, Warren Allen Music Library, Harold Goldstein Library and Information Science Library, College of Law Library, College of Medicine Medical Library, and the College of Engineering Library. Library materials and services are also available at the FSU Panama City Campus, as well as International Programs study centers in London, Florence, and Panama, and a collection of art and related materials at the John and Mable Ringling Museum of Art in Sarasota, Florida.

10 LEADING STATES OF ORIGIN (ENROLLMENT)

Florida	33,134
Georgia	882
Virginia	409
New York	311
Texas	267
North Carolina	265
Pennsylvania	246
New Jersey	212
Maryland	206
Alabama	197

FLORIDA STATE BOARD OF TRUSTEES



JIM SMITH
Chairman
Tallahassee, FL



HAROLD KNOWLES
Vice Chairman
Tallahassee, FL



DERRICK BROOKS
Tampa, FL



SUSAN BUSCH-TRANSOU
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EMILY FLEMING DUDA
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Winter Springs, FL



WILLIAM ANDREW HAGGARD
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RICHARD MCFARLAIN
Tallahassee, FL



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Winter Springs, FL



LESLIE PANTIN, JR.
Miami, FL



JOE O'SHEA
Student Govt. Assoc. Pres.



JAYNE M. STANDLEY
Tallahassee, FL



DR. T.K. WETHERELL
FSU President

FAMOUS ALUMNI

RITA COOLIDGE

Rita Coolidge, a two-time Grammy Award winner, has worked with Joe Cocker on his "Mad Dog and Englishman" tour and also toured and recorded with the likes of Eric Clapton, Jimi Hendrix, Bob Dylan, Leon Russell and Stephen Stills.

LEE CORSO

Lee Corso, a college football analyst for ESPN, joined the network in 1987 after 28 years of football coaching experience at the college and professional levels. He is a game analyst for Thursday night telecasts and is a studio analyst for College GameDay.

BARBARA HARRIS

Barbara Harris is the Editor-In-Chief of SHAPE Magazine, the largest national monthly health and fitness publication for women in the United States. She lettered in volleyball at FSU from 1974-77.

TRAYLOR HOWARD

Traylor Howard is an actress best known for her role as "Sharon" in the ABC TV series "Two Guys and a Girl." Her feature film credits include "Me, Myself & Irene," with Jim Carey (2000), "Dirty Work," and "Confessions of a Sexist Pig." She is currently featured as "Natalie" in the series "Monk" on the USA Network.

JOHN MARKS

John Marks, Mayor of the City of Tallahassee, is the managing partner of the Tallahassee office of Adorno & Yoss. He received his B.S. degree in 1969 from the Florida State University School of Business and his Juris Doctor degree in 1972 from the FSU College of Law. Mr. Marks also served four years in the U.S. Air Force as a Judge Advocate.

GABRIELLE REECE

Gabrielle Reece began modeling in 1989 and has appeared on numerous magazine covers. She is internationally recognized as a top fashion model and spokesperson for several companies, including Nike. Reece co-wrote a book with Karen Karbo (July 1997) about her life as a pro volleyball player "Big Girl in the Middle."

BURTY REYNOLDS

Burt Reynolds, who has as enjoyed enormous success as an actor and director in feature films, television and stage productions, is a Golden Globe winner, Oscar nominee, Emmy Award winner, winner of 12 People's Choice Awards including five for favorite motion picture actor and three for favorite all-round male entertainer.

DR. TONEA STEWART

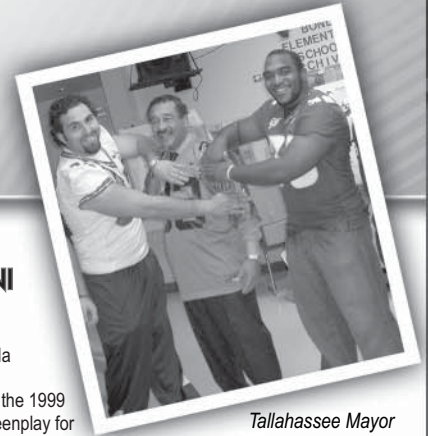
Dr. Tonea Stewart is a professional actress, tenured Professor and Director of Theatre Arts at Alabama State University. As an actor, she is best known for her recurring role in "In the Heat of the Night" as Aunt Etta Kibbe.

NORM THAGARD

Former NASA Astronaut, Norm Thagard, logged over 140 days in space during five space flights. He is currently on Faculty at FSU in the College of Engineering.

OTHER DISTINGUISHED ALUMNI

- Jason Altmire**, U.S. Congressman from Pennsylvania
- Reubin Askew**, former Governor of Florida
- Paul Azinger**, professional golfer
- Alan Ball**, award-winning writer, received the 1999 Academy Award for Best Original Screenplay for "American Beauty"
- John W. Bradley**, actor, "The New Adventures of Robin Hood"
- Clifton Campbell**, playwright
- Charlie Crist**, Governor of Florida
- Davis Gaines**, performer, "The Phantom of the Opera"
- Jane Geddes**, professional golfer
- Paul Gleason**, actor, "Trading Places," "The Breakfast Club"
- Parris Glendinning**, former Governor of Maryland
- Hubert Green**, professional golfer
- Tara Dawn Holland Christensen**, Miss America 1997
- Linda Keever**, Editor in Chief Florida Trend Magazine
- Jeff Kottkamp**, Florida Lt. Governor
- Tony LaRussa**, Manager, St. Louis Cardinals
- Doug Marlette**, Pulitzer Prize winner for editorial cartooning
- Mel Martinez**, U.S. Senator - Florida
- DeLane Matthews**, actress
- Michael Piontek**, actor
- Henry Polic**, actor
- Charles G. Rex**, New York Philharmonic
- Victor Rivers**, actor and spokesperson for The National Network To End Domestic Violence
- Stephen J. Rothman**, theatre director
- Winston Scott**, former NASA astronaut
- Steven Sears**, writer and producer
- Randy Ser**, theatrical director
- Sonny Shroyer**, actor, "The Dukes of Hazard"
- Richard Simmons**, diet and exercise guru
- Robert Urich**, actor, "Vega\$, " "Spencer For Hire"
- Dr. Valint Vazsonyi**, international concert pianist
- Claudia Waite**, award-winning soprano
- Ellen Taaffe Zwillich**, first woman to win Pulitzer Prize in music
- Linda Zoghby**, opera singer



Tallahassee Mayor John Marks



Rita Coolidge



Paul Gleason



Traylor Howard



Gabrielle Reece



Dr. Tonea Stewart



Head football coach Bobby Bowden with Florida Governor Charlie Crist

Shape Magazine Editor-in-Chief, Barbara Harris

ESPN Game Day's Lee Corso

Actor Burt Reynolds with former Seminole Warrick Dunn





THIS IS TALLAHASSEE

Among low, rolling hills, down moss draped canopy roads, within picturesque historical districts, and across seas of flowering azaleas lies a magical part of the Sunshine State — Tallahassee — Florida's capital city. With its intriguing combination of power-play politics and classic character splashed with a twist of beauty and charm, Tallahassee is a genteel Southern belle with good manners, old plantation homes and y'all-come hospitality — a side of Florida few expect to find.

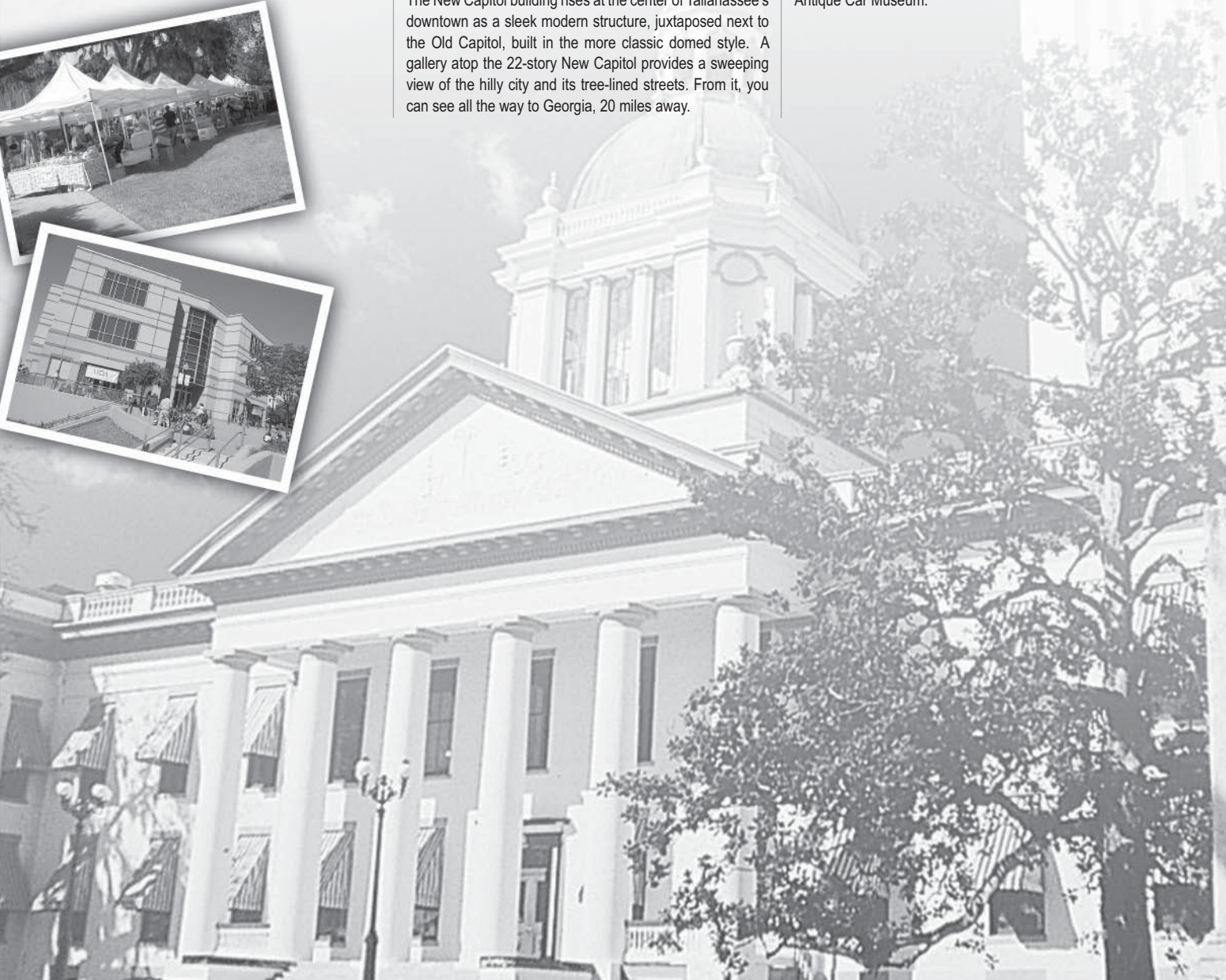
With the Gulf of Mexico just 25 miles south and the Georgia border only 14 miles north, Tallahassee rests between the foothills of the Appalachian Mountains and the juncture of Florida's panhandle and peninsula in an area known as

"The Big Bend." Nearer in miles to Atlanta than to Miami, Tallahassee more closely resembles its' Georgia neighbor than Florida in topography, climate and lifestyle.

Like the city itself, the story of how Tallahassee was chosen as the state capital is rich in history. In 1823, two explorers set out — one on horseback from St. Augustine and the other by boat from Pensacola — to establish a permanent, central location for the seat of government. The two met at a beautiful site that the Creek and Seminole Indians called "tallahassee" — derived from the words "talwa," meaning town, and "ahassee," meaning old. This historic meeting place remains Florida's capital today.

The New Capitol building rises at the center of Tallahassee's downtown as a sleek modern structure, juxtaposed next to the Old Capitol, built in the more classic domed style. A gallery atop the 22-story New Capitol provides a sweeping view of the hilly city and its tree-lined streets. From it, you can see all the way to Georgia, 20 miles away.

Around the capitol complex, a 10-block historic district spreads, preserving the town's gracious old homes along a linear park and holding a historic inn, bars and restaurants patronized by Senators and sophomores alike. With no shortage of culture, downtown also offers museums, theater and art galleries. Artists have turned the old warehouses of Downtown Industrial Park into the studios and cafes of Railroad Square. The Museum of Florida History, nearby, is highly acclaimed for its scan of the state's past, and The Mary Brogan Museum of Art & Science, along with changing art exhibits, brings learning to a kid's level with hands-on exhibits. Other sightseeing favorites include the floral masterpiece of Alfred B. Maclay State Gardens; Bradley's Country Store; FAMU Black Archives; and the Tallahassee Antique Car Museum.



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DONALD L. TUCKER CENTER

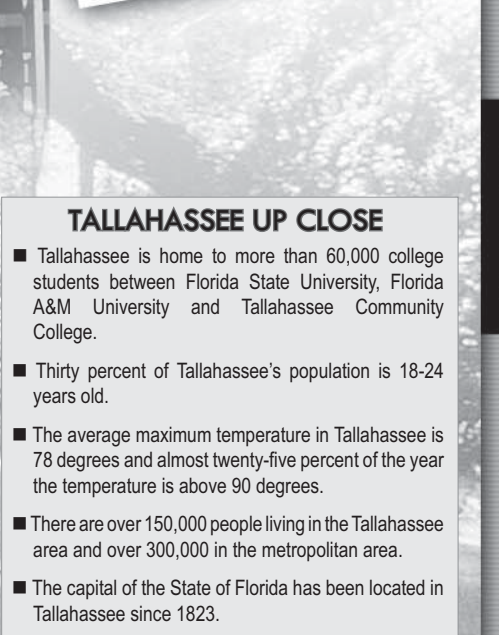
The Donald L. Tucker Center is a multi-purpose convention and entertainment facility featuring a 12,100 seat arena, Luxury Suites and Club Seats and over 52,000 sq. ft. of meeting and exhibition space plus an arena view restaurant, Spotlight Grille. The Civic Center hosts a wide variety of concerts, family shows, Broadway shows, ice shows and sporting events including FSU basketball.

It is easy to understand why over one million people a year flock to the Donald L. Tucker Center, what with the varied array of attractions it offers. Some people go to the Tucker Center to enjoy the sounds of rock, country, pop and urban concerts. Some go for the thrills of basketball, rodeos and three-ring spectaculars. While others come for conventions, banquets, expositions, or consumer and trade shows. Located downtown on Pensacola Street, the Tucker Center is only two blocks from the Capitol building.

The area surrounding Tallahassee reveals numerous other historic and archaeological treasures, such as De Soto State Archaeological and Historical Site, Lake Jackson State Archaeological Site, Mission San Luis, Natural Bridge Battlefield and San Marcos de Apalache. Visitors can explore prehistoric Florida at the Museum of Florida History, where they are greeted by a giant 12,000-year-old mastodon pulled from nearby Wakulla Springs.

On the shores of Wakulla Springs, alligators still laze under the watchful eyes of "snake birds" perched on twisted cypress trees. The site of many underwater scenes in "Tarzan" movies, it's one of the world's deepest freshwater springs. Glass-bottomed boat tours across these mystical waters are available.

Nearby small towns offer fascinating excursions to places such as Pebble Hill Plantation, Florida Caverns State Park, Monticello Opera House and St. George Island.



TALLAHASSEE UP CLOSE

- Tallahassee is home to more than 60,000 college students between Florida State University, Florida A&M University and Tallahassee Community College.
- Thirty percent of Tallahassee's population is 18-24 years old.
- The average maximum temperature in Tallahassee is 78 degrees and almost twenty-five percent of the year the temperature is above 90 degrees.
- There are over 150,000 people living in the Tallahassee area and over 300,000 in the metropolitan area.
- The capital of the State of Florida has been located in Tallahassee since 1823.

PREVIEW COACHES AT

NEW HONORS & AWARDS RESULTS & RECORDS

THE UNIVERSITY

THIS IS FSU SOFTBALL





ATHLETIC ADMINISTRATION

THIS IS FSU SOFTBALL THE UNIVERSITY RESULTS & RECORDS HONORS & AWARDS REVIEW ATHLETES COACHES PREVIEW



DR. T.K. WETHERELL PRESIDENT, FLORIDA STATE UNIVERSITY

Dr. Thomas Kent "T.K." Wetherell became the 13th president of Florida State University on January 6, 2003. He is the first university alumnus to serve as president of Florida State. A career educator with more than 30 years of experience in the State of Florida's educational system, Dr. Wetherell is also the only FSU president with experience in all four major divisions within higher education, having held positions in the offices of academic affairs, student services, business affairs, and college development. He has held leadership positions in two-year as well as four-year colleges, and he has served as a faculty member in both public

and private institutions of higher education.

Dr. Wetherell is recognized as a high-energy, student-oriented president. He is an innovator who challenges faculty, staff and administrators to set high professional and personal standards. During his tenure as president, Florida State realized its dream of establishing, receiving full accreditation and graduating the first class of the nation's first public new allopathic medical school in the last 25 years.

Under Dr. Wetherell's leadership Florida State has undertaken the university's most extensive construction program, adding three new residence halls, a general purpose classroom building, new food services facilities, parking garages, an alumni center, research facilities, massive renovation projects, a Heritage Walk system throughout campus, as well as the construction of a new medical school.

Dr. Wetherell established the Pathways to Excellence program designed to enhance Florida State University's stature as a public graduate research university. The Pathways to Excellence program is designed with the Association of American Universities evaluation criteria as its basis. In addition to issuing a challenge to the university's community to reach a higher level academically, Dr. Wetherell also made available online data that will allow the public and individual faculty to monitor the university's and their respective academic department's success in this endeavor.

Dr. Wetherell is an outstanding advocate for higher education and has been called the state's most "politically astute president." In addition to his political insight, Dr. Wetherell is expert in resource development and led the university to successfully complete Florida State's second major capital campaign. During the campaign Dr. Wetherell gave the largest gift a seated president of a public research university has ever given to an institution in the United States. As president, Dr. Wetherell has also been the university's most vocal advocate for a community service program as part of students' college experience.

Dr. Wetherell has been inducted into Florida State University's Hall of Fame and was the recipient of the prestigious Moore-Stone Award, the Circle of Gold Award and the university's Distinguished Service Award. In addition, he has also been awarded an honorary Doctorate of Letters from Flagler College.

Dr. Wetherell served in the Florida House of Representatives from 1980 to 1992, the last two years as Speaker of the House. During his tenure in the House he served as chairman of the appropriations committee and the higher education committee. The Miami Herald named him one of the Top Ten Legislative Leaders in the House each year from 1987 until 1992. During his years in the legislative process Florida enacted some of the most progressive education legislation in America.

A third-generation Floridian, Dr. Wetherell was born on December 22, 1945 in Daytona Beach, Florida. He attended Port Orange Elementary School and Mainland Senior High School, where he was active in service clubs, student government and athletics. He attended Florida State University on a football scholarship and played on the 1963-67 football teams. He still holds the record for the longest kickoff return in Florida State University history. He earned his bachelor's and master's degrees in social studies education from FSU in 1967 and 1968 respectively. He earned a doctorate in education administration from FSU in 1974.

Dr. Wetherell is married to Virginia B. Wetherell, who was appointed by Governor Chiles as Secretary of the Florida Department of Environmental Protection from 1991 to 1998. She previously served as a state legislator representing Pensacola. She currently is president of Wetherell Consulting Services. They



DR. BILL PROCTOR FSU INTERIM DIRECTOR OF ATHLETICS

Having worked in higher education for more than four decades, Dr. William L. "Bill" Proctor served for 30 of those years as president of Flagler College and now is chancellor of the college — a position he will retain while assuming the temporary role of Special Assistant to the President for Athletics at Florida State University.

FSU President T.K. Wetherell appointed Proctor, of St. Augustine, Fla., to the position on Oct. 26., 2007. He will begin his new duties as interim athletics director on Nov. 5.

"I look forward to serving President Wetherell and my alma mater in this important role," said Proctor, who earned three degrees at FSU — a bachelor's degree in education and master's and doctoral degrees in education administration.

A member of the FSU football team in the 1950s, Proctor was an assistant coach for the team from 1963 to 1965. In 1988, he was inducted into the Florida State University Athletics Hall of Fame, and in 1989 he received the FSU College of Education's Distinguished Educator Award.

"Bill Proctor is the perfect person for this assignment, based upon his strong financial management skills and his impeccable academic credentials," Wetherell said. "His leadership will be invaluable as we work through athletics-academic issues with the NCAA."

Proctor served on the Florida Education Standards Commission from 1995 to 2000 and on the state Board of Education from 2001 to 2004.

He received the Commissioner of Education's Lifetime Education Leadership Award in 2001 and the Florida Association of Colleges and Universities' Distinguished Service Award in 2002. Proctor also was honored with the Independent Colleges and Universities of Florida's Liberty Bell Award in 2003. In addition, he has received honorary doctorates from Nova Southeastern University and Flagler College.

Along with his other responsibilities, Proctor is the current vice chairman of the FSU Athletics Committee and chairman of its Executive Committee. He also assisted FSU in its NCAA Recertification project this past year, serving on the Governance and Commitment to Rules Compliance Subcommittee.

Wetherell said Proctor is a widely respected educator who will provide strong and steady direction while the university undertakes a national search for its next director of athletics.

"It has often been said that if you want something done right, give it to the busiest person in town," Wetherell said. "Bill's experience as a coach, teacher, administrator and longtime leader within higher education is just what we need now. His strong connection to this university and its continuing quest for the very best in athletics will ensure a professional and successful transition to a new athletics director."

Proctor currently serves in the state House of Representatives. First elected to the House in 2004 and subsequently re-elected, he chairs the Committee on Tourism & Trade as well as the Select Committee to Protect Personal Information. He also serves on the Committee on Postsecondary Education and on the Schools & Learning Council, as well as the Economic Expansion and Infrastructure Council.

UNIVERSITY ADMINISTRATION

- PresidentDr. T.K. Wetherell
- Provost & Executive Vice President
- for Academic Affairs..... Lawrence G. Abele
- Dean of the Faculties & Deputy Provost.....Dr. Anne Rowe
- Vice President for Research..... Dr. Kirby Kemper
- Vice President for Student Affairs..... Mary Coburn
- Senior Vice President for Finance
- & Administration.....John R. Carnaghi
- Vice President for University RelationsLee Hinkle
- General Counsel.....Betty J. Steffens

ACADEMIC SERVICES

MISSION STATEMENT

The primary focus of the Athletic Academic Support Program is to provide an environment which facilitates the academic success of each student-athlete. Student success is encouraged through competent academic counseling, study skills development, individualized assessment and support, and a wide array of tutorial services.

AN OVERVIEW OF AN AWARD-WINNING ACADEMIC SUPPORT PROGRAM

Academic, personal and professional support is essential to college success. At The Florida State University, an outstanding support program has been developed that enables student-athletes to reach their full potential.

Florida State Athletic Academic Support Program Director, Mark Meloney states, "Our philosophy is to offer an academic support program integrated with the total University that will assist all student athletes with the transition into college and provide continued support in all phases of academic and professional development, culminating with graduation, job placement or graduate school."

Florida State's program operates on a "proactive" rather than "reactive" approach. The academic staff does not wait for crises to occur. They gather important background information on each entering student-athlete, build an academic profile, and develop individualized support programs which are tailored to the unique needs of each student athlete. They also stay informed on the daily progress of the student-athletes through consistent communication with the Florida State faculty.

In the summer of 2004, the Academic Support Program moved into their new home, a state-of-the-art facility in the newly constructed Moore Athletic Center. The multi-million dollar structure, which is located in the north end zone of Doak Campbell Stadium, is the home of Florida State athletics. Some of the features of the new academic support area include a 32-station computer lab for student-athletes, 10 private tutorial rooms, the use of two 50-seat classrooms, and a five-station "Learning Center" for student-athletes with learning deficiencies and/or disabilities. The compliance, student services, business, sports information and athletics marketing offices are also housed in the facility, providing a more efficient and functional department, thus allowing student-athletes the opportunity for balance and improved time management.

The academic support staff is comprised of a director, two associate directors, an administrative assistant, six academic counselors, two learning specialists, several graduate assistants, and approximately 50 tutors and mentors.

TUTOR & MENTOR PROGRAM

The athletics department at Florida State University has made a commitment to providing the student-athletes with one of the finest and most comprehensive tutorial and mentor programs in the nation. The tutorial program is just one of several key support services that is available to all student-athletes as they progress towards their ultimate goal of obtaining a college degree. Florida State hires approximately 50 tutors a year, from a variety of academic departments, who are committed to providing a proactive, individualized approach in assisting student-athletes with course comprehension and study skills. In addition, mentors are academic role models who have demonstrated the ability to teach and give guidance in areas of academic developmental skills. They are responsible for providing assistance in the development of skills such as note taking, test preparation and communication with faculty. In essence, mentors become an extension of the academic counselor as they keep the academic performance of their student-athletes under close observation and report to the academic counselors each week. The tutors and mentors are usually seniors or graduate level students who have outstanding academic backgrounds.

STUDY HALL

In an effort to help ensure the academic success of the student-athletes, professionally supervised study sessions for each athletic team are organized. The main focus of the study hall program is to help students develop consistent and appropriate study patterns by providing a structured setting to work on class assignments and to provide tutorial assistance before academic problems arise. Although the criteria for study hall is left to the discretion of each academic counselor, typically most freshmen, first year transfers, and upperclassmen who have not yet achieved a satisfactory cumulative grade point average are asked to attend study hall.



MARK MELENEY

Director of Athletic Academic Support Program



KYLIE AMATO

Softball Academic Program Specialist

ATHLETIC
ACADEMIC
SUPPORT



2008 Senior Class





STUDENT SERVICES & DEVELOPMENT

STUDENT-ATHLETE ADVISORY COUNCIL

- Allen, Tori - Track & Field
- Barry, Brianna - Volleyball
- Batchelor, Kandia - Track & Field
- Bowerman, Laura (SEC) - Cross Country
- Boyajian, Ryan - Men's Tennis
- Breeden, Casaan - Men's Basketball
- Brown, Everette - Football
- Buckelew, Tiffany - Women's Basketball
- Burke, Brendan - Swimming & Diving
- Carr, Jessie - Swimming & Diving
- Clark, Charles - Track & Field
- Cruz, Javo - Cross Country
- Deye, Bobby - Men's Tennis
- Echefu, Uche - Men's Basketball
- Edwards, Becky - Soccer
- Erickson, Shawn - Swimming & Diving
- Freshour, Mara - Women's Basketball
- Gano, Graham - Football
- Garcia-Tunon, Javier (Pres.) - Track & Field
- Gianeski, Elizabeth - Soccer
- Hanna, Carissa - Swimming & Diving
- Kemp, Ashley - Women's Golf
- Marobela, Tapiwa - Women's Tennis
- May, Melissa - Softball**
- McDonald, Tiffany - Softball**
- Moore, Cayla - Women's Basketball
- O'Connor, Ruairi - Baseball
- Rademacher, Stacy - Swimming & Diving
- Rolle, Myron (Vice-Pres) - Football
- Ruch, Bradley - Men's Golf
- Rynarzewska, Ania - Women's Tennis
- Savage, Matt - Men's Golf
- Snyder, Michelle - Softball**
- Thomas Jr., Tony - Baseball
- Thompson, Makini - Volleyball
- Tilbrook, Alex - Swimming & Diving
- Urban, Meredith - Cross Country
- Westrup, Caroline - Women's Golf

LIFE SKILLS

Developed by the Florida State University Department of Athletics, the N.O.L.E.S. program represents a commitment to the total growth and development of each student-athlete. The program establishes an administrative commitment to academic and athletic excellence. Those efforts will be supported with programs and services in personal and career development service.

PERSONAL DEVELOPMENT

Fostering the development of personal growth is a fundamental component of the N.O.L.E.S. program. The support programs ensure that the student-athlete will be provided with opportunities to focus on personal growth areas such as value clarification, goal setting, fiscal planning, decision making and personal responsibility. Programming focuses on helping the student-athlete develop a healthy lifestyle while they are at Florida State and habits that will benefit them for life.

CAREER DEVELOPMENT

Preparing for life after college is a major focus of the N.O.L.E.S. program. The program is designed to work in cooperation with Florida State's Career Center to acquaint students with the job search process, provide networking opportunities and ultimately assist with job placement. The program places a priority on the development of the total person, with the goal of developing individuals who will have rewarding careers

and productive lifestyles after they leave Florida State. The newest addition to the Career Development program is the Senior Transition Seminar offered through the Office of Student Services. The course is offered to all senior student-athletes with exhausting eligibility and is designed to assist with resume building, networking with former student-athletes, and tips on transitioning from intercollegiate athletics into the working world.



JOHN LATA
Director of Student Services

COMMUNITY SERVICE

Serving the community is the focus of the Seminole Spirit program. Student-athletes are challenged to provide service to our community and individuals who are in need. With a clearly defined program of service, student-athletes are given the opportunity to develop lifelong commitment to volunteerism. Over the years, the commitment to community service has grown leaps and bounds. The FSU athletic department was recently recognized by the National Consortium for Academics and Sports for the most successful outreach and community service program in which FSU student-athletes impacted the lives of over 150,000 youths.

LEADERSHIP DEVELOPMENT

The Florida State University Department of Athletics is committed to developing programs of excellence that foster leadership development. The Student-Athlete Advisory Council (SAAC) has been in place in the Florida State University Athletic Department for ten years, and consists of a fantastic group of motivated student-athletes. The SAAC consists of 42 student-athletes, at least two from every team, and they meet every two weeks to discuss issues confronting student-athletes, here at FSU, as well as in the Atlantic Coast Conference and across the nation. The SAAC at FSU has many responsibilities: they take the lead on a variety of events, starting with the New Student-Athlete Orientation, Peers Helping Athletes Transition (PHAT) Tuesdays with freshmen student-athletes, the Culture Fest (student-athletes celebrating diversity within the athletic department), the Welcome Back Picnic and culminating with the Golden Nole Awards year ending banquet where seniors from each team are honored and student-athletes who have excelled in the area of community service are awarded.



SEMINOLE SOFTBALL

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COMMUNITY INVOLVEMENT



PREVIEW COACHES ATHLETES REVIEW HONORS & AWARDS RESULTS & RECORDS THE UNIVERSITY



NCAA COMPLIANCE

FLORIDA STATE UNIVERSITY COMPLIANCE OFFICE

The following information is provided by the Florida State Office of Compliance for prospective student-athletes. It is intended as a guideline to introduce you to some of the rules governing NCAA athletics.

KEY DEFINITIONS YOU SHOULD KNOW

Representative of Athletics Interests: A representative of the institution's athletics interests (AKA Booster) is an individual who is known (or should have been known) by a member of the institution's athletic department to:

- * Have participated in or to be a member of an agency or organization promoting the institution's intercollegiate athletics program;
- * Have made financial contributions to the athletics department of to an athletics booster organization of that institution;
- * Be assisting or to have been requested (by the athletics department staff) to assist in the recruitment of prospects;
- * Be assisting or to have assisted in providing benefits to enrolled student-athletes or their families; or
- * Have been otherwise in promoting the institution's athletics program.

*** Once an individual is identified as a representative, the person retains that identity forever ***

Prospective Student-Athlete: A prospective student-athlete ("prospect") is a student who has started classes for the ninth grade, regardless whether he or she participates in athletics. A prospective student-athlete maintains his or her identity as a prospect, even after he or she signs a National Letter of Intent or financial aid agreement, until he or she attends the first day of practice or participates in an official team practice, whichever is earlier.

Contact: A contact is any face-to-face encounter between a prospect or the prospect's parents, relatives or legal guardian(s) and an institutional staff member during which any dialogue occurs in excess of an exchange of a greeting.

Evaluation: An evaluation is any off-campus activity designed to assess your academic qualifications or athletic ability, including any visit to your high school (during which no contact occurs) or the observation of any practice or competition in which you participate.

PHONE CALLS AND LETTERS

Phone calls from coaches (but not boosters) are permitted beginning July 1 before your senior year in high school. A coach is limited to one phone call per week except that unlimited phone calls may be made:

- * During the five days immediately before your official visit to the university;
- * On the day of a coach's off-campus contact with you.
- * During the time beginning with the National Letter of Intent signing date through the two days after the signing date and after a National Letter of Intent or scholarship agreement is signed.

A Prospect of Any Age Could Receive the Following From a Coach:

- * Questionnaire
- * Camp brochure
- * NCAA educational information
- * Business Card
- * None-athletics institutional publications

After September 1 of a Prospect's Junior Year, a Coach Could Provide

- * Written correspondence, including letters and e-mails
- * Game programs (only on an official or unofficial visit)
- * Media Guide
- * Official academic, admission and student services publications and videotapes produced by the institution and are available to all students
- * Any other information may be provided via the institution's web site.

WHO IS PERMITTED TO RECRUIT FOR FLORIDA STATE?

Only Florida State University coaches who have successfully completed the NCAA Recruiting Rules Examination on an annual basis may be involved in the recruitment process. Boosters may not make any recruiting contacts. This includes letters, telephone calls or face-to-face contact on or off campus with a prospect or the prospect's parents.

ALUMNI AND BOOSTERS DO'S AND DON'TS

- * You may forward information about prospective student-athletes to the appropriate coaches.
- * You may have contact with a prospect regarding permissible pre-enrollment activities such as summer employment, provided the prospect has already signed a National Letter of Intent and the Compliance Office is aware you are making these contacts in regard to employment.
- * You may have a telephone conversation with a prospect only if the prospect initiates the call. Such a call may not be prearranged by an institutional staff member and you are not permitted to have a recruiting conversation, but may exhibit normal civility. You must refer any questions about our athletic programs to an athletics department staff member/coach.
- * You may view a prospect's contest at your own initiative provided you do not contact the prospect or his/her parents. In addition, you may not contact a prospect's coach, principal or counselor in an attempt to evaluate the prospect.
- * You may continue established family relationships with friends and neighbors. Contacts with sons and daughters of these families are permitted as long as they are not made for recruiting purposes or encouraged by Florida State University coaches.
- * You may not become involved in making arrangements to receive money or financial aid of any kind for a prospect or the prospect's family and friends.
- * You may not make contact with a prospective student-athlete and his/her parents when the prospect is on campus for an official or unofficial recruiting visit.
- * You may not transport, pay or arrange for payment of transportation costs for a prospect and his/her relatives or friends to visit campus (or elsewhere).
- * You may not pay or arrange for payment of summer camp registration fees for a prospect.
- * You may not provide anything to a prospect, the prospect's family or friends without prior approval from the Compliance Office.

For more information, please contact the Florida State Compliance Office at (850) 644-4272.



BOB MINNIX
Senior Associate Athletics Director for Compliance



BRIAN BATTLE
Associate Athletics Director for Compliance



ELIZABETH BOOKWALTER
Compliance Coordinator



ENDOWED SOFTBALL SCHOLARSHIPS

REMEMBERING THE PAST & ENSURING THE FUTURE

BETTY PALMER

The first endowed position scholarship for women's athletics at FSU was named in honor of Betty Palmer and fully-funded by Dr. Fran Cannon. The scholarship is held by the Seminoles starting shortstop and honors a woman who preached values as well as skilled and shaped the lives of many young women throughout her life as a faculty member at FSU and a recreation supervisor.



DR. JOANNE GRAF

The architect of one of the most successful Division I softball programs in collegiate sports and the first Division I coach to reach the 1,000 win plateau, this fully-endowed scholarship honors FSU head coach Dr. JoAnne Graf. Coach Graf has achieved an



unprecedented level of success throughout her 27 seasons at the helm of the Seminole softball program. Not only has she won two slow pitch National Championships but her teams have appeared in seven College World Series, made 18 NCAA Regional appearances and won 10 ACC titles. This endowment will ensure Coach Graf's winning legacy for years to come. Funds are continuing to be raised for this scholarship.

JUDY SPAINHOUR

This fully-endowed scholarship is funded by Professors Charles and Joan Haworth in honor of Judy Spainhour. The gift is made in appreciation of Judy's spirit and support of FSU women's softball. The Haworths are recognizing Judy for her



special sense of humor and warmth and the support she gave to FSU athletics.

CARLA BINGHAM

The fourth endowed scholarship for Seminole softball is in honor of one of our own. Carla Bingham was a two-time All-American and played third base for FSU in 1982 and 1983. She helped FSU to a 102-21 record over those two seasons and was a member of FSU's 1982 AIAW National Championship team. In 1997, Carla lost her battle with breast cancer and this scholarship assures her memory will live forever. This scholarship is continuing to be funded.



KARI KEITH

Kari Keith was an amazing athlete who came to Florida State on a softball scholarship in 1986 but went on to become a two-sport star on the track and the softball diamond. Keith, from Ft. Lauderdale, FL, played softball all four years and was named to the Lady Seminole Invitational All-Tournament Team in 1987

and 1988. Although she had never picked up a javelin in her life, Keith broke the school record and qualified for the NCAA championships in just her second meet ever. She was in training for the 1992 Olympic games when she lost her life in a two-car accident in Tallahassee. This endowed scholarship pays tribute to one of FSU's best and brightest.

ROBERT GRAF, JR.

This softball scholarship was created and endowed to ensure the tradition of excellence in women's athletics at Florida State University and to always remember Bobby Graf, brother of softball coach JoAnne Graf, who will live on



forever in our hearts. This scholarship has been funded by family friend Donald Hinkle.



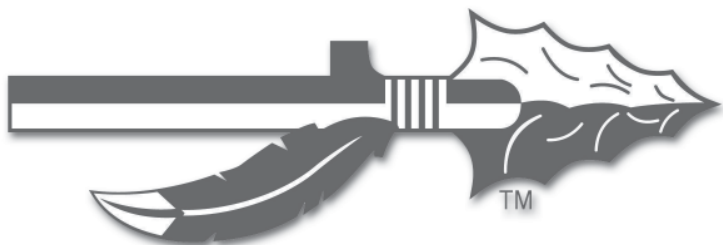
You can support Coach Graf and the Seminoles this season by joining the Dugout Club. The Dugout Club is a restricted club that helps the softball program directly by providing for extras not in the softball budget. There are two levels of membership; Golden Glove (\$100) and Silver Glove (\$30).

The club was created to increase fan interaction with players and coaches, foster alumni relations and improve support for the program. All funds raised are earmarked for the softball program and will help us as the Seminoles start their quest for our eighth Women's College World Series.

For more information visit seminoles.com or call 644-3484.

JAN SIKES AND CINDY MARVIN

Newly endowed in 2002. This scholarship was endowed by two friends of the Florida State softball program, Jan Sikes and Cindy Marvin. Their belief in the positive values of intercollegiate athletics and its benefit toward the development of young women inspired this endowment. This scholarship will aid female athletes at Florida State University to further their education while participating in softball. Both Jan and Cindy embody these values as well as the Seminole spirit. Jan played on the 1981 and 1982 national championship teams, and was named All-American in 1982.





ATHLETIC TRAINING & STRENGTH & CONDITIONING

MEDICAL CARE & TREATMENT

An athlete can expect to receive the best care and treatment possible with the athletic training team at Florida State. Prior to competition, all FSU student-athletes undergo screening in order to detect any potential injuries. If a problem is detected, the athlete may be placed on a prevention care system which may include any kind of treatment from icing to exercising.

Though the prevention of injuries is the main objective, some injuries are unavoidable. Rehabilitation is another component of the Florida State training room. The FSU athletic training staff will work with the athlete and provide an intense rehabilitation schedule that will allow the athlete to successfully rehabilitate after an injury. Some injuries and illnesses may be referred to the Seminole team physicians at the Tallahassee Orthopedic Center who, for many years, have worked in conjunction with the FSU athletic training staff in successfully rehabilitating athletes after an injury. Nutrition counseling and drug testing are also responsibilities of the athletic training team which is dedicated to providing the best care possible for all FSU student-athletes.

Associate Director of Sports Medicine Robin Gibson is in her 20th year on staff at Florida State University and she has worked with the Seminole softball team for every one of those 20 years. Gibson is a 1985 graduate of San Diego State University. She began her career FSU as an assistant athletic trainer and has worked her way up to the associate athletic trainer position. Gibson has a dual role in both the athletic training room and the area of administration. She is responsible for all the supervision, budget, and supplies for two athletic training rooms in addition to her responsibilities to the Florida State softball. She also supervises two assistant athletic trainers and three graduate assistant athletic trainers who work directly with the men's and women's tennis teams, men's and women's track and field teams, men's and women's swimming and diving teams, men's and women's cross country teams and volleyball team. Student athletic trainer Nicki Greene will assist Gibson with the Seminole softball team this season.

STRENGTH & CONDITIONING

The FSU strength and conditioning program is designed to improve athletic performance through an individualized regimen of stretching, lifting, speed, power, agility and conditioning drills. The goal of the program is to maximize the on-field performance of each athlete, while reducing the risk of injury. Our strength and conditioning staff is continuously researching and following the most scientifically sound and up-to-date principles of strength training to safely maximize the athletic potential of our players.

This is an exciting time for the strength and conditioning program. Our goal is to provide the best athletes in the nation with the best resources and tools in the nation. Our athletic department is committed to excellence in every area; this includes providing our athletes with the most state of the art facility and equipment.



CAITLIN QUINN
Softball Strength Coach



ROBIN GIBSON
Head Athletic Trainer



NICKI GREENE
Student Athletic Trainer

If the coaching staff is the engineer that fine tunes the automobile, then strength and conditioning coach Caitlin Quinn is the mechanic that builds the strong engine. In her first season at Florida State, Quinn is responsible for writing and implementing the weight program for the softball squad as well as the swimming and diving and soccer programs.

A native of Pittsfield, Massachusetts, Quinn graduated from Springfield College where she received a B.S. in Applied Exercise Science. During her undergraduate career Caitlin completed internships at Velocity Sports Performance in East Longmeadow, Mass., and at the University of Kansas.

Quinn is a Certified Strength and Conditioning Specialist (CSCS) through the NSCA and has also received the USA Weightlifting Level I Club Coach certification. In addition to her strength and conditioning responsibilities, Caitlin is pursuing a master's degree in Athletic Administration from FSU.