



LONNI ALAMEDA

Head Coach
Second Season
Oklahoma, 1993
Career Record: 201-174-1

Lonni Alameda came to Florida State prior to the 2009 season and went on to surpass 200 career coaching victories in her first year in Tallahassee. Under Alameda's guidance, the Seminoles finished the 2009 campaign with a 44-16 record and achieved the best conference record in school history with a 17-4 league mark.

FSU's hard work in the conference led to an appearance in the ACC Championship game against Georgia Tech.

For her team's exploits on the field, Alameda and the Seminoles had the opportunity to host a regional in the NCAA Tournament for the first time since the 2004 season. FSU wound up losing to Oklahoma State but the success of 2009 will not soon be forgotten. Alameda coached several Seminoles that garnered postseason awards as sophomore Sarah Hamilton was named a Third-Team Louisville Slugger/NFCA Division I All-American. Hamilton was also named ACC Pitcher of the Year, an All-ACC First-Team member and to the Louisville Slugger/NFCA All-Southeast Region Team. Senior catcher Kaleigh Rafter was also named to that team and as an All-ACC First-Team member. Carly Wynn and Terese Gober (both second team) were also student-athletes coached by Alameda that were recognized as All-Conference players.

An All-Big Eight selection as a player at Oklahoma, Alameda came to FSU from UNLV, where she spent five seasons reviving the Rebels' program. She replaced Dr. JoAnne Graf, who retired after 30 seasons with the Seminoles.

Alameda boasts impressive coaching experience on the international level and since 2004 has helped in the development of Canada's National Team. She aided Canada up until the 2004 Summer Olympics and resumed as an assistant following the Rebels' 2005 season. In the summer of 2006, Canada qualified for the 2008 Olympics in Beijing, China after its showing in the World Championships. Alameda spent the summer of 2008 with the Canadian team, which ended its quest for the gold with a fourth-place finish at the Beijing Olympic Games.

Prior to Alameda's arrival at UNLV, the Rebels had seven straight seasons below .500 and hadn't participated in NCAA regional play since 1996. In 2005 -- in just her second season at the helm of the program -- Alameda guided UNLV to a 44-19 record, including a program-best 17 Mountain West Conference wins and a trip to Los Angeles for NCAA Regionals. Alameda was named Mountain West Conference Coach of the Year in 2005 and again in 2007 and her entire staff garnered NFCA West Regional Coaching Staff the Year in 2005.

After a second place finish in the Mountain West in 2007 and an overall 37-27 record, Alameda and UNLV had high hopes for 2008 and had the Rebels ranked in the ESPN.com/USA Softball Collegiate Top 25 Poll for the first time in program history. After starting the season 9-1-1, the Rebels



moved up to No. 18 in the ESPN.com/USA Softball Collegiate Top 25 Poll, but injuries to four starters proved costly as the season progressed.

Alameda went 25-35 in her first season, which was a four-game improvement over 2003's final tally. She completely flipped the record to the right side with the staggering 44-19 mark in 2005 and the program's first trip to NCAA Regionals since 1996. In 2006, the squad was set back by injuries and fell to 26-37.

The 2005 season featured the Rebels' assault on the program's record book, appearances in the national rankings, a trip to Los Angeles for the NCAA Regionals and the introduction of several conference and national award winners. The 44 wins were the third-most in the program's history, while the 17 Mountain West Conference wins were the most-ever since joining the league in 1999. After being predicted to finish last in the league, UNLV excelled, placing second in the league in both the regular season and Mountain West Conference tournament.

Under Alameda's direction, the Rebels enjoyed recognition at the conference and regional level. Five Rebels garnered Louisville Slugger / NFCA All-Regional honors while 13 players earned All-Mountain West Conference accolades, including two Pitchers of the Year and one Freshman of the Year.

Alameda came to Las Vegas after eight seasons as the assistant coach at Stanford University, where she helped guide the Cardinal to a 320-179-1 record and six straight NCAA Regional appearances. She oversaw the pitching staff there and produced three All-Americans: Becky Blevins, Marcy Crouch and Dana Sorenson.

Prior to her stint at Stanford, Alameda spent two seasons as an assistant coach at Barry University (Miami Shores, Fla.). She helped the Buccaneers to a fifth-place NCAA Division II finish in her first year. She also spent some time on the international stage, serving as instructor for both the Aruba (1995) and Spanish (2000) national teams.

An all-around great athlete, Alameda began her collegiate career as a pitcher at St. Mary's University (San Antonio, Texas), where she led the Rattlers to the NAIA Tournament in her only season. She later transferred to Oklahoma in 1989 and played softball and volleyball for the Sooners. She was a two-time All-Big Eight selection as a first and third baseman, while hitting .359 as a senior in 1992.

Alameda earned her bachelor's degree in communications from Oklahoma in 1993 and played softball professionally in Europe for a season before beginning her coaching career.



ALAMEDA'S YEAR-BY-YEAR RECORD

YEAR	SCHOOL	OVERALL RECORD	CONFERENCE RECORD
2004	UNLV	25-35	7-13 MWC
2005	UNLV	44-19	17-3 MWC
2006	UNLV	26-37	8-12 MWC
2007	UNLV	37-27	12-8 MWC
2008	UNLV	25-40-1	5-15 MWC
2009	FSU	44-16	17-4 ACC



SARA PICKERING

**Assistant Coach
Second Season
Washington, 1998**

Sara Pickering came to Florida State prior to the 2009 season after spending 10 years working alongside FSU head coach Lonni Alameda when she was at UNLV. Pickering spent the previous five seasons working with the Rebels and the previous five at Stanford.

“Pick” as she is known around the field, provides more than 10 years of coaching and playing experience to the Seminole staff, where her main emphasis is to handle the infielders and hitters.

Last season, FSU ranked in the top 25 nationally in fielding percentage with an impressive mark of .971. The Seminoles were also in the top 100 in the country in scoring with a mark of 4.2 runs per contest.

While at UNLV, the Rebels won at least 25 games in all five of her seasons. In 2005, the Rebels made their first NCAA Tournament appearance in nine years and finished 44-19. The 44 wins were the third-most in the program’s history. Since 2005, the Rebels hit no less than 43 home runs, which included a program-best 50 in 2005. In all, Pickering helped coach one NFCA All-America selection, five NFCA All-West Region members and 14 Mountain West All-Conference honorees.

While in Las Vegas, Pickering was instrumental in helping Alameda in community service events with the Rebels. The softball team would take part in breast cancer walks, spend time at Child Haven with at-risk children and participate in the Nevada Childhood Cancer Foundations “Champions Run For Life.”

At Stanford, Pickering worked primarily with the Cardinal as the defensive and hitting coach. During her time in Palo Alto, Calif., she helped lead the softball team to five straight NCAA Regional appearances.

Pickering is the only two-time, first-team All-American at the University of Washington. While a member of the Huskies softball team, she never missed a start at second base in her career (1994-97). A three-year co-captain, she led the school to its first Pac-10 title in 1996 and racked up 15 school records. Among the school records, the one that stands out the most is her career doubles (96), which is an NCAA record.

Perhaps her most stunning accomplishment came off the field as a cancer survivor. Diagnosed with Hodgkin’s Disease, Pickering underwent a life-saving stem-cell transplant in 2001. To further her cause, she raised more than \$5,000 for the Leuke-

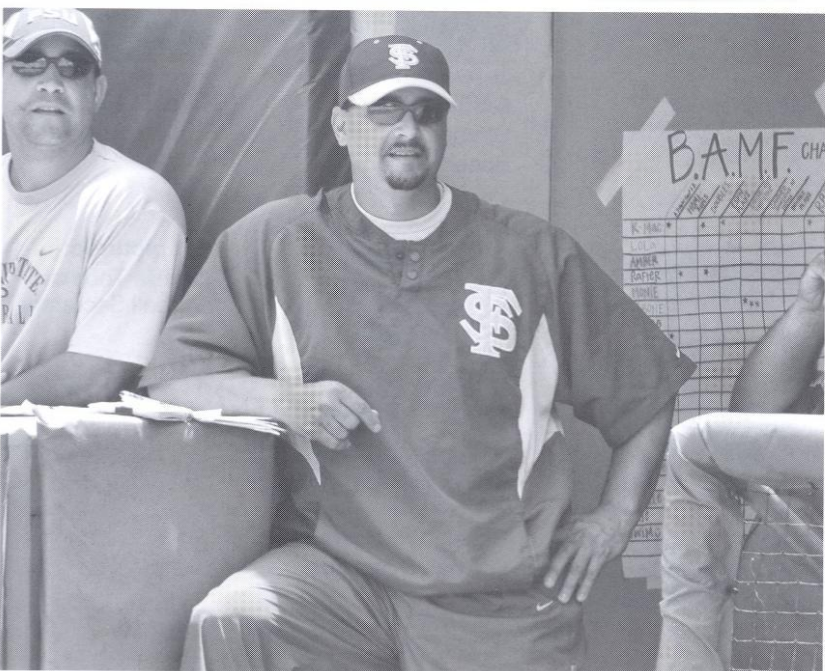
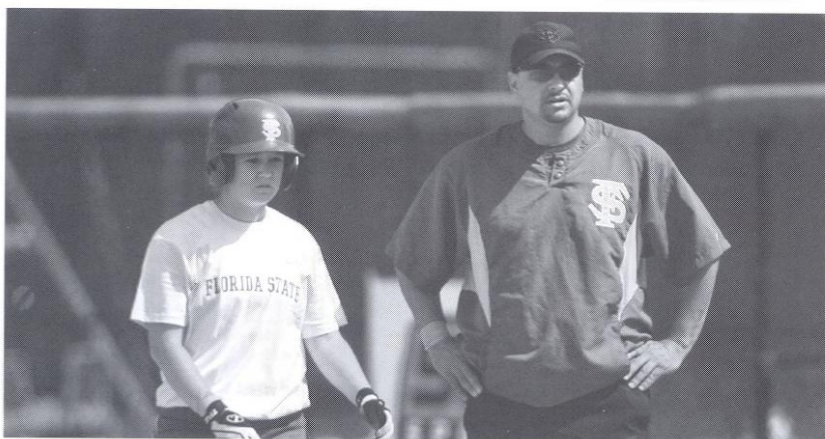


mia and Lymphoma Society by completing the 2003 Portland Marathon. At UNLV, she helped the fight against cancer, as the softball team annually hosted a “K-Out Cancer Day” to help benefit the Nevada Childhood Cancer Foundation. The Rebels also participated in the NCCF’s “Champions Run For Life” event each year.

A 1998 graduate of the University of Washington with a bachelor’s degree in sociology, Pickering enjoyed a brief stint in the Women’s Professional Softball League, spending the summer of 1999 with the Virginia Roadsters and the summer of 2004 with the Arizona Heat.

ANGEL SANTIAGO

Assistant Coach
Second Season
Southern Illinois-Edwardsville, 1997



Angel Santiago came to Florida State prior to the 2009 season after spending the previous five years at UNLV working alongside Seminole head coach Lonni Alameda.

Santiago is a former professional baseball player, whose main emphasis is working with the outfielders, infielders, catchers and hitters.

In 2005, the Rebels made their first NCAA Tournament appearance in nine years and finished 44-19. The 44 wins were the third-most in the program's history. Since 2005, the Rebels hit no less than 43 home runs, which included a program-best 50 in 2005. In all, he helped coach one NFCA All-America selection, five NFCA All-West Region members and 14 Mountain West All-Conference honorees.

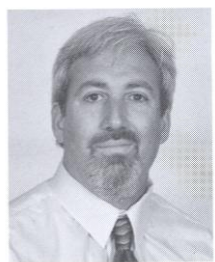
Santiago is from Chicago Heights, Ill., where he spent four years as a physical education and strength coach at baseball powerhouse Homewood-Flossmoor High School. In addition, he offered private baseball and softball instruction through the Diamond Sports Academy in Mokena, Ill.

A 1997 graduate of Southern Illinois-Edwardsville, Santiago spent four seasons playing professional baseball in independent leagues. He hit .305 in his first professional season, playing with the Dubois County Dragons (Huntingburg, Ind.) of the Heartland Independent Professional League. The following year, Santiago led the league in batting average, hitting .374 for the Will County Cheetahs (Romeoville, IL.) in 1997.

Following his professional career he landed his first coaching job, a two-year stint with the baseball team at Prairie State College in Chicago Heights, IL.

A Certified Strength & Conditioning Specialist, Santiago also holds certificates from USA Weightlifting and USA Track & Field.

SUPPORT STAFF



Craig Campanozzi
Videographer



Brian Donaway
Athletic Grounds



Ben Faulk
Game Day Operations



Michelle Fernandez
Athletic Training Student



Candice Friedrich
Marketing Assistant



Elizabeth Hartsock
Accounting Specialist



Eunice Hernandez
Athletic Trainer



Tanya Johnson
Equipment Supervisor



Jacki Lienesch
Academic Support



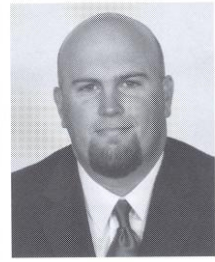
Nicole Lowery
Athletic Training Student



Cameron Norris
Public Address Announcer



Placide Paul
Equipment Manager



Titus Queen
Event Management & Facilities



Caitlin Quinn
Strength & Speed Coach



Kaleigh Rafter
Student Assistant Coach



Anthony Santiago
Softball Operations



Tommy Santiago
Volunteer Assistant Coach



Michelle Snyder
Graduate Assistant Coach



Bernie Waxman
Softball Oversight

Not pictured:
Tanesia Thomas,
Softball Secretary

2010 COACHING & SUPPORT STAFF



2010 STUDENT MANAGERS



LEFT: (from left)
Eric Frey, Mallory
Hager, Jessica Nori,
Jessica Lola