



TERESE GOBER

Senior | Pitcher | R/R | McDonough, Ga. (Union Grove)

- 2010 FSU SOFTBALL LEADERSHIP COUNCIL MEMBER
- 2009 ALL-ACC SECOND TEAM MEMBER
- TWO-TIME ACC ACADEMIC HONOR ROLL MEMBER (2008, 2009)
- TWO-TIME ALL-ACC ACADEMIC SOFTBALL TEAM (2008, 2009)

Junior Season (2009):

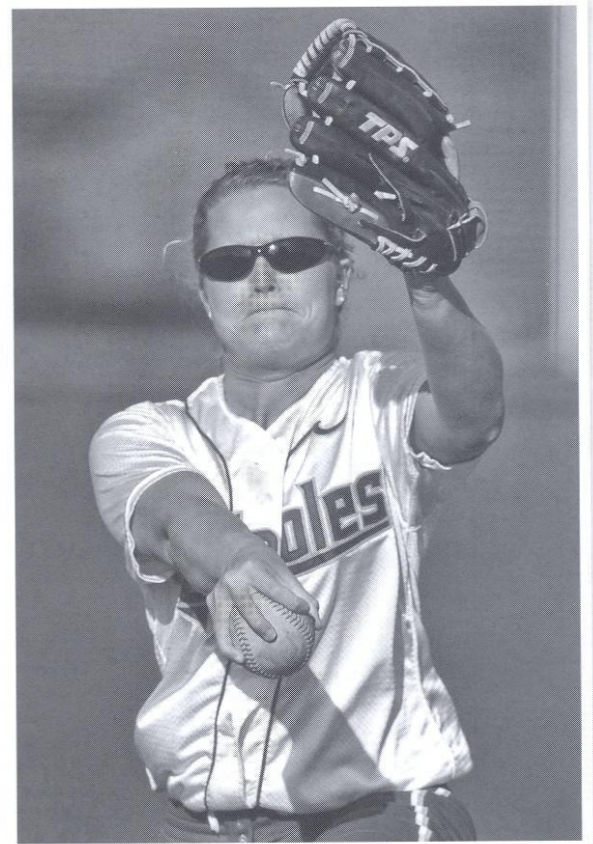
Finished second on the team with an impressive 1.24 ERA and in IP with 191.2 ... Started 30 games and appeared in 10 others in a relief role ... Recorded 208 strikeouts, good enough for second on the team and held opposing batters to a .182 average ... Led the team in games won with 24 ... Pitched 13 complete games.

Sophomore Season (2008):

Appeared in 30 games with 23 starts ... Posted a 10-13 record with first career save against Maryland on April 5 ... Threw 151.2 innings, allowing 70 earned runs and 142 hits while walking 61 and striking out 159 ... Finished the season with a 3.23 ERA ... Tossed three complete-game shutouts including one against North Carolina ... Combined on a shutout with Sarah Hamilton against Maryland ... Struck out 12 batters in a single game against Troy on February 9 ... Pitched a career-high eight innings in the win over NC State on April 26.

Freshman Season (2007):

Tossed her first collegiate no hitter against Jacksonville in the first game of the doubleheader (4/17) ... Seventh in the ACC with a 2.11 season ERA, while rating eighth during ACC games at 2.88 ... Her 13 wins were the most by a freshman in the ACC ... Gave up two hits and struck out seven to get the victory in her collegiate debut against Radford (2/10) in



YEAR	ERA	W-L	APP	GS	CG	SHO/CBO	SV	IP	CAREER STATS														
									H	R	ER	BB	SO	2B	3B	HR	AB	AVG	WP	HBP	BK	SFA	SHA
2007	2.11	13-4	27	21	9	4/1	0	123.0	81	47	37	54	123	14	4	8	517	.185	9	9	2	13	0
2008	3.23	10-13	30	23	15	3/1	1	151.2	142	90	70	61	159	16	4	7	689	.237	23	15	1	12	0
2009	1.24	24-9	40	30	13	7/5	0	191.2	123	46	34	44	208	16	1	9	758	.182	7	11	0	3	22
TOTAL	2.12	47-26	97	74	37	14/7	1	466.1	346	183	141	159	490	46	9	24	1964	.202	39	35	0	6	47

the Seminole Classic ... Named to the Seminole Classic All-Tournament Team ... Started her career with a 4-0 record including wins over South Carolina (2/17) and Mississippi State (2/23) ... Started against Maryland in the ACC Tournament.

High School:

Named 2005-06 softball Athlete of the Year by the Atlanta Journal-Constitution ... Earned GACA Class 5A All-State honors after compiling a 19-5 record with a 0.23 ERA and 313 strikeouts in 180 innings ... Picked up GACA 4A First Team All-State award at Stockbridge High School after posting a 29-6 ledger in 240 innings with a 0.15 ERA and 397 strikeouts ... Two-year GACA First Team All-Region selection ... As a sophomore she was chosen All-Southern Crescent and Pine State Mortgage Player of the Year ... Led both Union Grove (2005) and Stockbridge (2004) to the semifinals of the state tournament ... Four year member of the honor roll.

Travel Team:

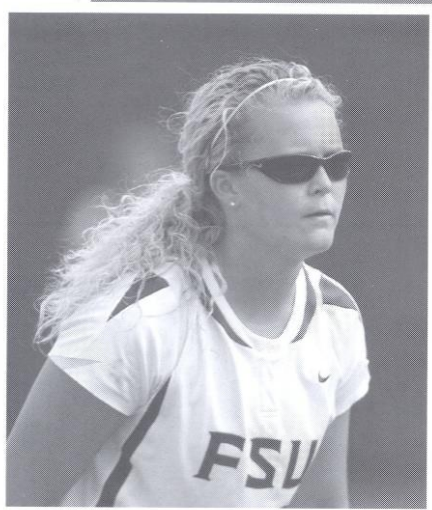
Played with teammate Carly Wynn for the Georgia Titans under the direction of Jody Bailey.

Personal:

Born November 26, 1987 ... Majoring in sports management ... Daughter of Terry and Tracy Gober.

Alameda's Account:

"Terese is a true leader and she wants to be in the circle when the pressure is on. She has worked so hard to get better and better each day and we are looking forward to seeing what she can do in her final year at FSU."





TORY HADDAD

Senior | Infielder | R/R
Valparaiso, Fla. (Fort Walton Beach/Ohio State)

- 2007 OHIO STATE UNIVERSITY SCHOLAR-ATHLETE SELECTION

At Ohio State (2009):

Started 56 of Ohio State's 58 games as a junior ... posted 16 runs, 47 hits, eight doubles, five home runs and 48 RBI ... Boasted a .458 slugging percentage and .373 on base percentage.

At Ohio State (2008):

Started in 55 games ... Named team's Most Improved Player ... Totaled 396 putouts and 10 double plays (first on team) ... Second on team with four home runs ... Hit five doubles and one triple ... Scored 13 runs with 56 total hits ... Finished with a .979 fielding pct.

At Ohio State (2007):

Led team with six pinch-hit at bats ... OSU Scholar-Athlete ... Started 10 games (seven at third base, two at DP) and played in 18 overall.

High School:

2006 EA Sports Second-Team All-American ... First-team all-state as a junior and senior ... Twice named first-team all-area by the Northwest Florida Daily News ... That publication named her its 2005-06 Athlete of the Year ... Named the 2005-



YEAR	AVG.	GP-GS	AB	R	H	2B	3B	HR	RBI	CAREER STATS													
										TB	SLG%	BB	HBP	SO	GDP	OB%	SF	SH	SB-ATT	PO	A	E	FLD%
2007	.160	18-10	25	1	4	0	0	0	3	4	.160	3	0	8	0	.250	0	0	0-0	4	4	2	.800
2008	.250	55-55	148	13	37	5	0	4	34	56	.378	33	3	37	0	.395	1	5	1-1	396	19	9	.979
2009	.307	56-55	153	16	47	8	0	5	32	70	.458	16	3	32	1	.373	5	9	0-1	388	19	10	.976
TOTAL	.270	129-120	326	30	88	13	1	9	69	130	.399	52	6	77	1	.374	6	14	2-2	788	42	21	.975



06 Scholar-Athlete of the Year by the Northwest Florida All Sports Association ... Hit .712 as a senior with a .813 on base percentage, nine home runs, 41 RBI and 31 walks ... Struck out only three times in 96 at bats ... FWBHS offensive MVP as a junior and team MVP as a senior ... Led team to first-ever regional final appearance as a sophomore with a walk-off home run in regional semifinal game ... Started the first Panhandle All-Star Game in 2006 ... Four-year starter in softball and soccer (goalkeeper) ... All-area goalkeeper three years ... President of the National Honor Society ... Ranked No. 3 out of 441 in her graduating class.

Personal:

Daughter of Richard and Virginia Haddad ... Father played football at the U.S. Air Force Academy ... Grandfather, Al Warneke, pitched for the Chicago Cubs and great uncle, Lon Warneke, pitched for the St. Louis Cardinals and is in the Cardinals' Hall of Fame.



Alameda's Account:

"Tory is a student-athlete that transferred to FSU after making a name for herself at Ohio State. She has already showed everyone that she has one goal in mind and that is to help get FSU into the postseason."



MONICA MONTEZ

Senior | Outfielder | L/R | Corona Calif. (Corona)

- 2009 ACC ACADEMIC HONOR ROLL
- 2007 ACC ROOKIE OF THE YEAR
- 2007 SECOND TEAM ALL-ACC

Junior Season (2009):

Started 39 games and played in another six in her junior season ... Recorded 27 hits and posted an impressive on base percentage of .379 ... Had an outstanding fielding percentage of .970 ... Stole four bases in seven attempts.

Sophomore Season (2008):

Started in 64 of 65 games at left field ... Posted 39 hits, including seven doubles and first career triple that came against Florida A&M on April 2 ... Had four multi-RBI games, two of which came against ACC opponents ... Drove in 19 runs and scored 14 runs ... Committed just one error in 44 chances ... Was hit by a pitch four times and drew 16 walks ... Had one game-winning hit and scored the game-winning run twice ... Recorded an RBI in game one of the NCAA Tuscaloosa Regional Jacksonville State.

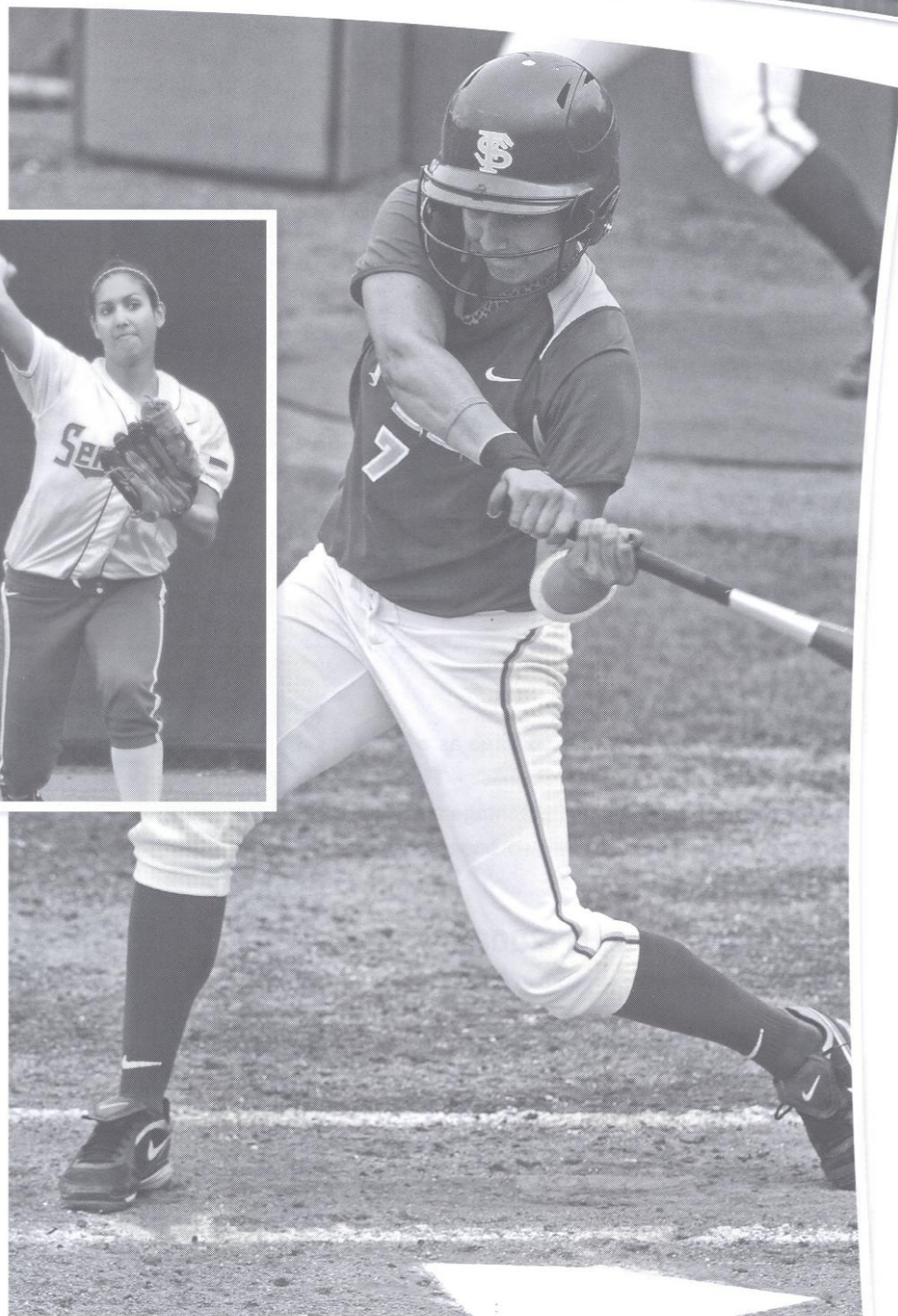
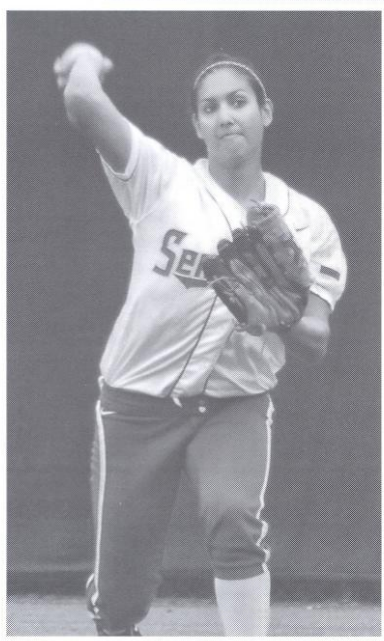
Freshman Season (2007):

Named the 2007 ACC Freshman of the Year ... Earned Second Team All-ACC honors, the first for an FSU freshman since 2005 ... Tied for second on the team with five game-winning RBI - including two against Maryland and the final game at UNC - and scored the game winner twice ... Had eight multi-hit games and four multi-RBI contests ... Ranked in the top five on the team in six offensive categories including batting aver-



YEAR	AVG.	GP-GS	AB	R	H	2B	3B	HR	RBI	CAREER STATS													
										TB	SLG%	BB	HBP	SO	GDP	OB%	SF	SH	SB-ATT	PO	A	E	FLD%
2007	.312	48-38	109	16	34	3	2	3	18	60	.459	12	5	16	1	.405	0	11	1-1	14	2	0	1.000
2008	.222	65-64	176	14	39	7	1	0	19	48	.273	16	4	29	2	.301	0	5	0-1	42	1	1	.977
2009	.273	45-39	99	9	27	2	0	0	10	29	.293	15	2	9	0	.379	0	8	4-7	29	3	1	.970
TOTAL	.260	158-141	384	39	100	12	3	3	47	127	.331	43	11	54	3	.352	0	24	5-9	85	6	2	.978

age (5th - .312), slugging percentage (5th - .459) and on base percentage (3rd - .405) ... Ranked in the ACC top ten for hits, total base, on base percentage and slugging percentage ... Second-leading hitter in the ACC play with a .429 batting average ... Split her starts between right field (18), designated player (12) and left field (6) ... Hit a walk-off home run in the bottom of the 14th inning to help FSU beat Maryland 4-2 ... Went 4-of-6 with three runs scored and three RBI in the doubleheader against the Terps ... First collegiate home run came in the victory over Samford in the title game of the Seminole Classic on Feb. 10.



High School:

Finished her career with her third First Team All-Mountain View League selection ... Collected All-Island Empire honors from the Los Angeles Times and all-county recognition from the Riverside Press-Enterprise her junior year ... Hit .377 as a junior and was named most consistent hitter in the league by the LA Times ... As a sophomore she was chosen All-Southern Crescent and Pine State Mortgage Player of the Year ... Led Corona to the CIF play-offs her last three years, including a spot in the 2004 championship game ... Excelled in the classroom as a three-year Academic All-Mountain View League selection.

Travel Team:

Played on the 18u Gold Athletics team for Bruce Richardson.

Personal:

Born November 8, 1987 ... Majoring in merchandising ... Daughter of Victor and Nancy Montez.

Alameda's Account:

"Monica has been pushed mentally, physically and emotionally throughout her Seminole career due to injuries. She has an amazing spirit and is a competitor that wants to be on the field for her teammates."



COURTNEY ROSEN

Senior | Utility | L/R | Sugarland, Texas (Clements)

Junior Season (2009):

Played in 41 games and started three as a junior ... Scored 10 runs and had six hits ... Finished season with a .200 slugging percentage and .385 on base percentage ... Stole two bases on two attempts.

Sophomore Season (2008):

Was not a member of the team in 2008.

Freshman Season (2007):

Made 30 appearances as a pinch runner ... Lone at bat resulted in a strike out against Georgia Southern (2/13) ... Stole three bases safely on three attempts.

High School:

Received Best Athlete Award from 2003-2006 in Tennis ... Softball Varsity team from 2002-2006 ... 2006 District Co-Champs ... 2005 District Runner-up ... 2004 District Champs ... 2006 Second Team All-District as a Senior ... 2005 Honorable Mention as a Junior ... 2006 Second Team All-City as a Se-



YEAR	AVG.	GP-GS	AB	R	H	2B	3B	HR	RBI	CAREER STATS													
										TB	SLG%	BB	HBP	SO	GDP	OB%	SF	SH	SB-ATT	PO	A	E	FLD%
2007	.000	30-0	1	10	0	0	0	0	0	0	.000	0	0	1	0	.000	0	0	3-3	0	0	0	1.000
2009	.200	41-3	30	10	6	0	0	0	0	6	.200	6	3	8	0	.385	0	1	2-2	0	2	0	1.000
TOTAL	.194	71-3	31	20	6	0	0	0	0	6	.194	6	3	9	0	.375	0	1	5-5	0	2	0	1.000



nior ... 2006 Golden Glove Award as a Senior ... Member of SADD and American Sign Language club ... Member of Student Council.

Personal:

Born December 21, 1987 ... Majoring in communications ... Daughter of Robin and Rocket Rosen ... Sister, Jordan, played softball for Syracuse.



Alameda's Account:

"Courtney is a gritty ball player that loves to rise to the challenge of learning many different positions. She takes pride in being able to perform at a high level for her teammates."



CARLY WYNN

Senior | Outfielder | L/R | Sharpsburg, Ga. (Northgate)

- 2010 FSU SOFTBALL LEADERSHIP COUNCIL CAPTAIN
- THREE-TIME FSU SOFTBALL LEADERSHIP COUNCIL MEMBER (2008, 2009, 2010)
- 2009 COSIDA/ESPN THE MAGAZINE THIRD TEAM ALL-AMERICAN
- 2009 COSIDA/ESPN THE MAGAZINE THIRD TEAM ACADEMIC ALL-AMERICAN
- 2009 ALL-ACC SECOND TEAM MEMBER
- 2008 SEMINOLE SOFTBALL FEMINA PERFECTA
- 2008 FIRST TEAM ALL-ACC
- 2008 COSIDA/ESPN THE MAGAZINE FIRST TEAM ACADEMIC ALL-DISTRICT
- THREE-TIME ACC ACADEMIC HONOR ROLL MEMBER (2007, 2008, 2009)
- THREE-TIME ALL-ACC ACADEMIC SOFTBALL TEAM (2007, 2008, 2009)
- THREE-TIME TEAM CAPTAIN (2008, 2009, 2010)

Junior Season (2009):

One of the team's main threats offensively, leading the team with a .337 batting average ... Recorded 68 hits, while scoring 43 runs and driving in 34 RBI ... Tied for second on the team with six home runs, recorded the most triples (five), and tied for the most doubles (11) and walks drawn (25) ... Finished second on the team in slugging (.530) and first in on base percentage (.409) and total bases (107) ... The most prolific base stealer on the team going a perfect 21 for 21 ... Had an excellent fielding percentage of .962 by committing just two errors.

Sophomore Season (2008):

Appeared in 50 games and started all at centerfield ... Led the Seminoles with a batting average of .368 which also topped the ACC ... Finished the year ranked No. 2 in the conference with an on base percentage of .452 ... Posted a career high 56 hits, including eight doubles and four home runs ... Drove in 16 runs and scored 38 runs ... Hit the game-winning home run against Virginia on March 15 ... Was the only Seminole to earn First Team All-ACC accolades ... Member of the All-ACC Academic Softball Team for back-to-back years ... Named a CoSIDA/ESPN the Magazine Academic All-District First Team member.

Freshman Season (2007):

Played in 50 games with 46 starts, including the last 29 games, all in centerfield



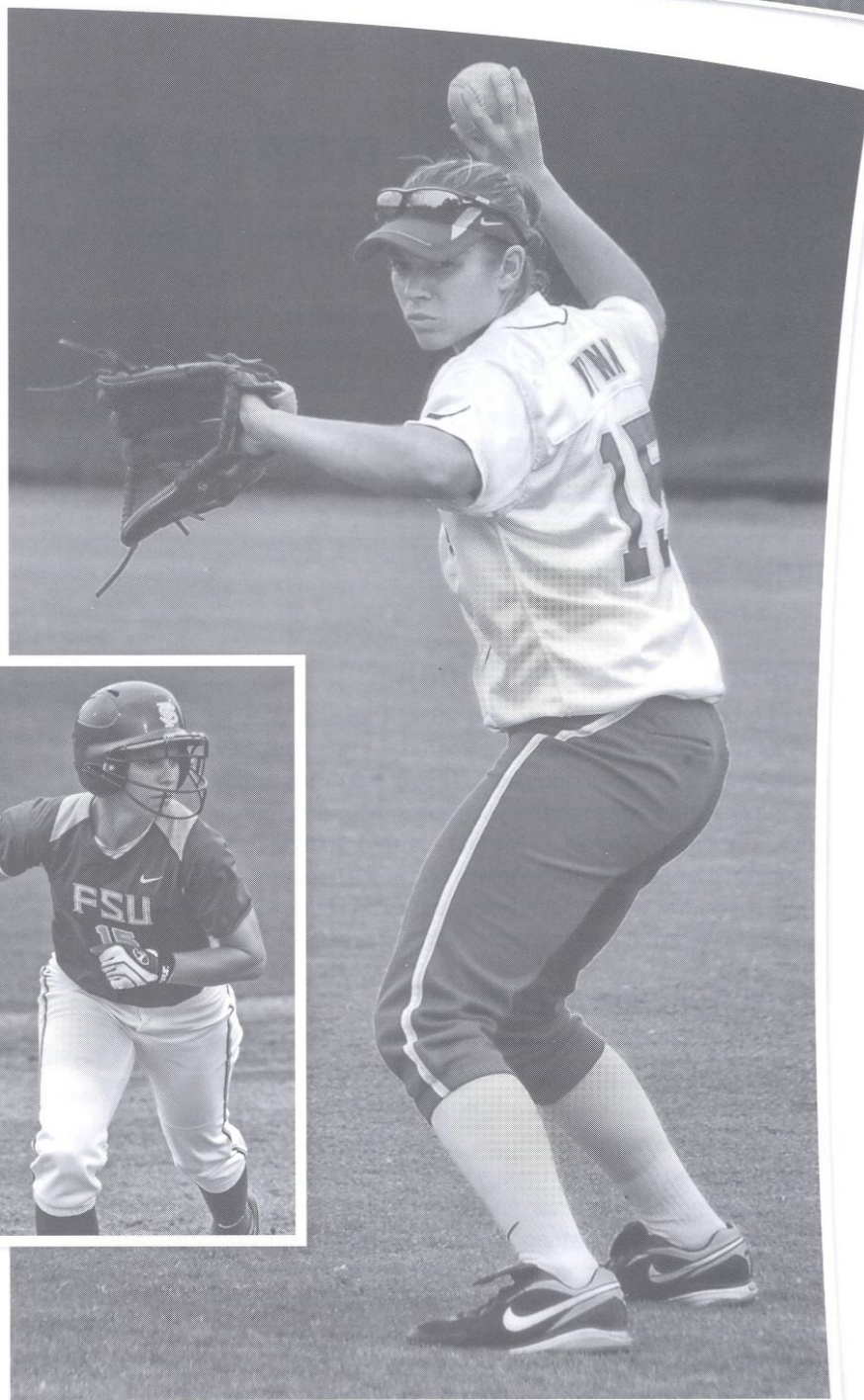
YEAR	AVG.	GP-GS	AB	R	H	2B	3B	HR	RBI	CAREER STATS													
										TB	SLG%	BB	HBP	SO	GDP	OB%	SF	SH	SB-ATT	PO	A	E	FLD%
2007	.336	52-48	146	32	49	8	0	4	17	69	.473	14	0	17	0	.391	1	5	5-8	46	6	2	.963
2008	.368	50-50	152	38	56	8	0	4	16	76	.500	22	2	27	0	.452	1	2	14-18	55	2	1	.983
2009	.337	60-60	202	43	68	11	5	6	34	107	.530	25	1	30	0	.409	2	2	21-21	48	3	2	.962
TOTAL	.346	162-158	500	113	173	27	5	14	67	252	.504	61	3	74	0	.417	4	9	40-47	149	11	5	.970



... Third on the team with a .336 batting average ... Fourth on the team with multi-hit games ... Drove in the winning run three times and scored the winning run three times, including three of the last six victories ... Team leader with five outfield assists ... Second on the team in conference games with six doubles and tenth at 1.06 hits per game ... Member of the Florida State Invitational All-Tournament Team ... Hit a pair of home runs in back-to-back at-bats against Georgia State (3/9) ... Hit a two-run home run in the ACC Tournament opener against North Carolina ... Went 5-for-8 with four runs scored and two RBI in the doubleheader against Troy (5/2) ... Tied for third during the tournament with three runs scored. Also drew three walks, tying her for second ... Collected five hits in the doubleheader to open the Maryland series (3/31).

High School:

Earned 4A All-State honors as a senior after posting a .517 average with 28 RBI, 34 runs, six home runs and .908 slugging percentage ... Named 2005 Player of the Year by The Times-Herald ... Collected GACA All-State and All-Region honors all four years of her prep career ... During her junior season she hit .429 with 29 runs, 35 RBI, five home runs and a .727 slugging percentage ... Four-year All-Coweta-Fayette County team member as well a three-time team MVP ... Also played for the Vikings varsity basketball team ... Three year member of the Northgate Honor Roll.



Travel Team:

Played with teammate Terese Gober for the Georgia Titans under the direction of Jody Bailey.

Personal:

Born January 9, 1988 ... Majoring in psychology ... Daughter of Herschel and Debbie Wynn.

Alameda's Account:

"Carly exemplifies what it means to be a student-athlete, competitor and team captain. She is amazing at what she does both on the field and in the classroom and has pushed this program to be the best that it can be."



ROBIN AHRBERG

R-Junior | Catcher | R/R | Stillwater, Okla. (Stillwater)

- **THREE-TIME FSU SOFTBALL LEADERSHIP COUNCIL MEMBER (2008, 2009, 2010)**
- **2008 COSIDA/ESPN THE MAGAZINE FIRST TEAM ACADEMIC ALL-DISTRICT**
- **2007 ALL-ACC ACADEMIC TEAM**
- **TWO-TIME ACC ACADEMIC HONOR ROLL (2007, 2009)**

Junior Season (2009):

Took a redshirt.

Sophomore Season (2008):

Appeared in 61 games, starting 23 of those at catcher and 34 as the designated player ... Posted 23 hits, including four home runs and seven doubles ... Drove in 31 runs and scored 23 runs ... Had seven multi-RBI games including four against ACC opponent, Virginia ... Hit first career home run, a game-winning shot against Jacksonville (2/19) that scored two runs ... Drove in the winning run twice and scored the winning run once ... Recorded just one error in 168 chances.

Freshman Season (2007):

Started 50 games on the season with 39 behind the dish and 14 as the designated player ... Ranked fourth on the team with 25 RBI ... Fifth on the team with nine multi-hit games to go along with four multi-RBI games ... Led the team and was nationally ranked in sacrifice bunts with 14 ... Named to the ACC All-Tournament Team after finishing second during the tournament with a .444 batting average ... Named to the Seminole Classic All-Tournament Team after recording four RBI, 14 putouts and four assists over the two-day tournament ... Seventh in the ACC with a pair of triples ... Scored the winning run four times, including South Carolina (2/17), while her lone game-winning RBI came at NC State (3/3) ... Notched a career-high four RBI and two runs in the victory over Georgia Southern (2/13) ... Made first career start against Samford (2/9) with a 1-for-2 performance including two sacrifices ... Recorded a single in the seventh inning against Alabama in Tuscaloosa Re-

gional and came around to score on a homerun by Jessica Gilmore ... Posted three put-outs against the Crimson Tide and two against California in NCAA tournament play.

High School:

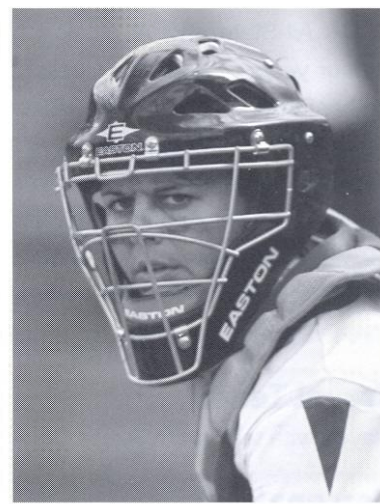
Capped a tremendous senior campaign, in which she hit .406 with 27 RBIs, with All-State honors from the Oklahoma High School Sports Magazine ... A four-year All-Frontier Conference selection, she earned All-Region honors as a senior and finished her career as the all-time SHS leaders in hits (154), RBIs (103) and doubles (33) ... Named Stillwater News Press Player of the Year as a junior as well as the Lady Pioneer's team MVP ... State finalist in both the shot put (fourth) and discus (sixth) ... Four-year member of the Stillwater Honor Roll.

Travel Team:

Coached by Dave Simmons on the Tulsa Eagles squad with fellow Seminole Kristie McConn that won the 2004 AFA 18U Championship.

Personal:

Born January 31, 1988 ... Majoring in sport management ... Daughter of Fred and Janet Ahrberg.



Alameda's Account:

"Robin is one of the most determined and inspirational players on this team. She provides a huge boost this season after she missed all of last year while taking a redshirt."

YEAR	AVG.	GP-GS	AB	R	H	CAREER STATS																	
						2B	3B	HR	RBI	TB	SLG%	BB	HBP	SO	GDP	OB%	SF	SH	SB-ATT	PO	A	E	FLD%
2007	.268	59-55	153	12	41	5	2	0	25	50	.327	24	2	25	1	.372	1	14	1-1	298	21	3	.991
2008	.277	61-57	155	23	43	7	0	4	31	62	.400	20	3	20	0	.369	1	6	1-2	156	11	1	.994
Total	.273	120-112	308	35	84	12	2	4	56	112	.364	44	5	45	1	.370	2	20	2-3	454	32	4	.992

MALLORY BORDEN

Junior | Infielder | R/R
 Jacksonville, Fla. (Trinity Christian/Sante Fe CC)



Sophomore Season (2009):

Played in 55 games and started in 52 of them as a sophomore ... Had 34 hits while finishing fifth on the team with two homeruns and 16 RBI and also scored 18 runs ... Posted a stolen base percentage of .800 going four of five on the year.

At Santa Fe (2008):

Finished with five home runs, 52 RBI and 14 doubles Made First Team All-Conference and Second Team All-State ... Made First Team Louisville Slugger/NFCA All-South Region ... Made Third Team NFCA All-America Team ... Was on the Mid-Florida Conference Champions team ... Was on the State Champions team ... Placed second at Nationals.



High School:

Two Final Four appearances in 2004 and 2005 ... Started on varsity for five years ... Awarded the National Scholar/Athlete Award by the United States Army Reserves for excelling in the classroom and on the field.

Personal:

Born June 1, 1989 ... Majoring in biology ... Daughter of J.R and Barbara Borden ... Has two sisters, Chelby and Hillary.

Alameda's Account:

"Mallory most certainly has a heart of gold as she is the perfect example of what it means to be a team player. She works hard for every opportunity that she is given."

CAREER STATS

YEAR	AVG.	GP-GS	AB	R	H	2B	3B	HR	RBI	TB	SLG%	BB	HBP	SO	GDP	OB%	SF	SH	SB-ATT	PO	A	E	FLD%
2009	.228	55-52	149	18	34	3	0	2	16	43	.289	9	2	33	1	.281	0	5	4-5	7	8	2	.882
TOTAL	.228	55-52	149	18	34	3	0	2	16	43	.289	9	2	33	1	.281	0	5	4-5	7	8	2	.882



ALLISON COLLINS

Junior | Catcher | R/R | Niceville, Fla. (Niceville)

Sophomore Season (2009):

Had three hits and scored four runs in three games started and 33 games played ... Did not commit an error in the field and finished tied for sixth on the team in walks drawn with nine.

Freshman Season (2008):

Appeared in 27 games, starting 23 as the designated player and four at catcher ... Picked up 18 hits in first season, including four home runs and six doubles ... Scored 10 runs and notched 22 RBI ... Had four games with three or more RBI ... Drove in the winning run on two occasions ... Committed a single error in 43 chances ... Notched a single stolen base and finished the season hitting at .217.

High School:

Three-time First Team All-Area ... Named to the First

Team All-State during senior season and was a First Team honorable mention in junior year ... Graduated Magna Cum Laude ... Active member of the Fellowship of Christian Athletes ... Two year member of the Key Club ... Two year member of the Junior Classical League (Latin Club).



Travel Team:

Played for High Intensity with fellow Seminole Sarah Hamilton ... Coached by her father, Doug Collins.

Personal:

Born August 7, 1989 ... Majoring in merchandising ... Daughter of Kelly and Doug Collins ... Nickname is Allie B ... Sister, Kayla, played softball at Florida State for two years ... Father, Doug, played football for Bear Bryant at Alabama and wore number 77.

Alameda's Account:

"Allison is a very powerful hitter and can be a real force. She adds something special to our lineup this season."

YEAR	CAREER STATS																						
	AVG.	GP-GS	AB	R	H	2B	3B	HR	RBI	TB	SLG%	BB	HBP	SO	GDP	OB%	SF	SH	SB-ATT	PO	A	E	FLD%
2008	.217	39-27	83	10	18	6	0	4	22	36	.434	9	1	24	0	.295	2	0	1-1	42	1	0	1.000
2009	.097	33-3	31	4	3	0	0	0	1	3	.097	9	0	8	0	.300	0	0	0-0	1	1	0	1.000
TOTAL	.184	72-30	114	14	21	6	0	4	23	39	.342	18	1	32	0	.296	2	0-1	1	43	2	0	1.000

SARAH HAMILTON

Junior | Pitcher | R/R | Tallahassee, Fla. (Chiles)

- 2010 PRESEASON ASA SOFTBALL TOP 50 WATCH LIST SELECTION
- 2010 FSU SOFTBALL LEADERSHIP COUNCIL MEMBER
- 2009 THIRD TEAM LOUISVILLE SLUGGER/NFCA DIVISION I ALL-AMERICAN
- 2009 ALL-ACC FIRST TEAM MEMBER
- 2009 ACC PITCHER OF THE YEAR
- TWO-TIME 2009 ACC PITCHER OF THE WEEK



Sophomore Season (2009):

Led the team in several pitching categories including appearances (42), innings pitched (201.2), complete games (15), shutouts (10/6), saves (2), ERA (0.83), strikeouts (311) and opposing batting average (1.55) ... Posted a record of 20-7 ... Allowed a home-run on average only once every 33.2 innings pitched ... Named Atlantic Coast Conference Pitcher of the Year ... Named All-ACC First Team Member ... Awarded Third Team Louisville Slugger/NFCA Division I All-American Honors ... Recognized as ACC Pitcher of the Week two different times.

Freshman Season (2008):

Appeared in 17 games with nine starts ... Posted a 8-1 record with first career save against Florida A&M (2/13) ... Threw 57.2 innings, allowing 19 earned runs and 35 hits ... Hit three batters and allowed three doubles, two home runs and a triple ... Walked 36 batters and struck out 79 ... Finished the season with a 1.46 ERA ... Tossed three complete-game shutouts ... Combined on a shutout with Terese Gober against Maryland ... Struck out 14 batters in a single game against Troy (2/27).

High School:

Had a high school career record of .328 batting average, 64 hits, 50 RBI and 21 doubles ... Holds the single game strikeout record at Chiles High School with 21 ... Broke school records for most strikeouts (677), most wins (37) and lowest ERA (0.56) ... Named to the All-Big Bend first team during sophomore, junior and se-

nior seasons ... All-Big Bend Player of the Year honoree during junior year ... Named the Wendy's Heisman award winner in 2007.

Travel Team:

Played for High Intensity with fellow Seminole Allison Collins ... Placed 13th at Gold Nationals in 2006.

Personal:

Born October 7, 1988 ... Majoring in business ... Daughter of Scott and Cindy Hamilton ... Nickname is Hammy.



Alameda's Account:

"Sarah is coming off a stellar 2009 season and has worked very hard both mentally and physically to become even better for 2010. She is a winner and has the drive to be the one called upon on for any type of situation in the circle."

CAREER STATS

YEAR	ERA	W-L	APP	GS	CG	SHO/CBO	SV	IP	H	R	ER	BB	SO	2B	3B	HR	BF	AVG	WP	HBP	SFA	SHA	BK
2008	1.46	8-1	17	9	5	3/1	1	57.2	35	19	12	36	79	3	2	1	245	.176	6	3	0	7	0
2009	0.83	20-7	42	30	15	10/6	2	201.2	108	31	24	43	311	22	0	6	776	.155	13	11	0	1	25
TOTAL	0.97	28-8	59	39	20	13/7	3	259.1	143	50	36	79	390	25	1	8	1021	.160	19	14	0	1	32



BRITTANY JOSEPH

Junior | Utility | R/R | Laurel, De. (Sussex Technical)

- 2008 ACC ACADEMIC HONOR ROLL

Sophomore Season (2009):

Finished second on the team in putouts while amassing an excellent fielding percentage of .970 ... Played in 58 games and started 53 of them ... Had 12 hits and scored 16 runs while driving in nine runs ... Stole four bases.

Freshman Season (2008):

Appeared in 28 games with 18 starts as the main utility for the Seminoles ... Started 12 games at second, two at third and four in right field ... Scored four runs and drove in one ... Batted .217 on the season with 10 hits, including two doubles ... Committed seven errors in 52 chances ... Drew two walks and struck out 17 times ... Suffered an injury in the second game of the Maryland doubleheader (4/05) that forced her to miss most of the remainder of the season ... Returned as a pinch runner against Michigan and again in the win over Chattanooga in the NCAA Tuscaloosa Regional.

High School:

First Team All-Conference all four years ... Three-time First Team All-State honoree ... Won Gatorade Rookie of the Year during freshman season ... Best Overall Player award recipient sophomore year ... Named Sports at the Beach MVP during sophomore season ... Led team in win at Delaware South First Annual Carpenter Cup Championship ... Led team in homeruns (8), RBI (37), batting average (.480), runs (30), stolen bases (14), hits (36), on base percentage (.529), slugging percentage (.920)



and ERA (1.52) during junior year ... Sussex Tech Outstanding Female Athlete in 2007 ... Louisville Slugger First Team All-American as a senior ... Team won state championship senior year ... Delaware Women's Alliance 2007 Outstanding Athlete.

Travel Team:

Played for Sussex Storm under Wayne Price and Delaware Magic under Randy Johnson.

Personal:

Born February 28, 1989 ... Majoring in physical education ... Daughter of Al and Laurie Joseph ... Nickname is D-Money.

Alameda's Account:

"Brittany is a true competitor that will be called upon this season to come through for us. She is a tough and scrappy ball player that gets better every time she steps out on to the field."

CAREER STATS

YEAR	AVG.	GP-GS	AB	R	H	2B	3B	HR	RBI	TB	SLG%	BB	HBP	SO	GDP	OB%	SF	SH	SB-ATT	PO	A	E	FLD%
2008	.217	28-18	46	4	10	2	0	0	1	12	.261	2	0	17	0	.250	0	0	0-0	30	15	7	.865
2009	.188	58-53	112	16	21	3	0	0	9	24	.214	13	3	43	0	.287	1	4	4-6	320	6	10	.970
TOTAL	.196	86-71	158	20	31	5	0	0	10	36	.228	15	3	60	0	.277	1	4	4-6	350	21	17	.956

JEN LAPICKI

Junior | Catcher | R/R | Oldwick, N.J. (Immaculata/Tennessee)

- 2009 COSIDA/ESPN THE MAGAZINE THIRD TEAM ACADEMIC ALL-AMERICAN
- 2009 COSIDA/ESPN THE MAGAZINE FIRST TEAM ACADEMIC ALL-DISTRICT
- 2008 ALL-SEC FRESHMAN TEAM MEMBER
- 2008 NFCA SCHOLAR-ATHLETE TEAM



At Tennessee (2009):

Started all 59 games at Tennessee as a sophomore ... Finished the year with a .286 batting average while posting 21 runs, 46 hits, eight doubles, one triple, five home runs, 28 RBI, a .441 slugging percentage and two stolen bases on two tries ... Third Team ESPN The Magazine Academic All-America Honoree ... ESPN The Magazine Academic All-District IV First Team selection.

At Tennessee (2008):

Chosen as a member of the All-Southeastern Conference Freshman Team after hitting .283 (49-of-173) with 11 doubles, a triple, six home runs and 43 RBIs during her freshman year ... Started

63 of 64 games with Tennessee in 2008, 54 of them at first base ... Twice earned SEC Freshman of the Week honors (3/3, 4/7) ... Delivered 12 multi-hit and 11 multi-RBI games in 2008 ... Named to the National Fastpitch Coaches Association (NFCA) Scholar-Athlete Team.

High School:

A first-team all-conference selection from 2004-07 ... Hit .528 in 2007 while breaking her own single-season records with 13 doubles and 18 extra-base hits...In her career, registered 39 doubles, 11 triples and 12 home runs while never committing an error at the catching position over four seasons ... Chosen as the Somerset County Player of the Year (2007) after helping Immaculata H.S. to a county championship with a 14-8 record ... Tabbed first-team all-county on three occasions (2005-07) and second-team all-county in 2004 ... Third-team all-public from 2005-07 and twice second-team all-area (2005, 2006) ... Named as a "Player to Watch" in 2006 ... Served two seasons as team captain while lettering in both softball (four times) and basketball (once) ... Spanish Honor Society (2004-07) and Students Against Drunk Driving (SADD) ... Honored as the 2005 New Jersey Science Fair Winner and was presented with the Mu Alpha Theta award for physics (2005).

Personal:

Born February 2, 1989 ... Daughter of Walter and Susan Lapicki.



Alameda's Account:

"Jen is a student-athlete that raised the bar at this program the moment she transferred from Tennessee. She pushes her physical limits and the limits of this team each and every time she steps on to the field."

CAREER STATS

YEAR	AVG.	GP-GS	AB	R	H	2B	3B	HR	RBI	TB	SLG%	BB	HBP	SO	GDP	OB%	SF	SH	SB-ATT	PO	A	E	FLD%
2008	.283	64-63	173	27	49	11	1	6	43	80	.462	20	3	36	1	.365	1	4	0-1	316	16	4	.988
2009	.286	59-59	161	21	46	8	1	5	28	71	.441	18	2	27	1	.361	2	3	2-2	377	16	1	.997
TOTAL	.284	123-122	334	48	95	19	2	11	71	151	.452	38	5	63	2	.363	3	7	2-3	693	32	5	.993



KRISTIE McCONN

Junior | Infielder | R/R | Broken Arrow, Okla. (Bishop Kelley)

- 2010 FSU SOFTBALL LEADERSHIP COUNCIL MEMBER
- 2009 ALL-ACC ACADEMIC TEAM
- 2009 ACC ACADEMIC HONOR ROLL

Sophomore Season (2009):

Started and played in 59 games as a sophomore ... Collected 30 hits, 21 runs (good for fourth on the team) and 16 RBI (tied for fifth on the team) ... Was a nightmare on the base paths for opposing teams, going 11-for-12 in stolen bases ... Finished third on the team in putouts (113) and second on the team in assists (72) ... Finished with the second highest fielding percentage (.974) of anyone that started 30 games.

Freshman Season (2008):

Appeared in 63 games with 54 starts at second ... Posted 21 hits with two doubles, a triple and a home run ... Her lone home run was a big two-run game-winning home run against Cal State Fullerton (3/22) ... Scored 19 runs and notched 11 RBI ... Drew 12 walks and had three sacrifice hits ... Committed just 13 errors in 212 chances ... Had two multiple-RBI games.

High School:

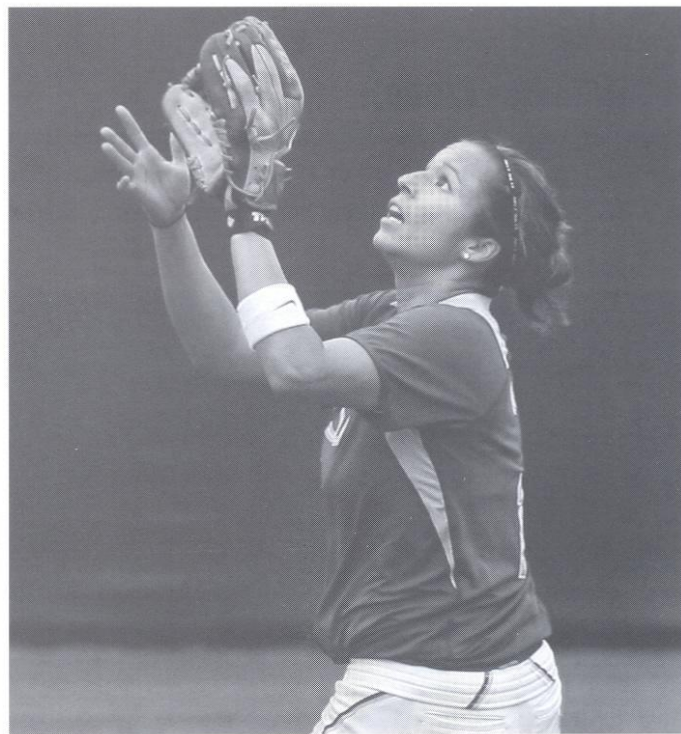
Named to the National Fastpitch Coaches Association All-Region second team in 2007 ... Four-year varsity letterwinner in softball at Bishop Kelly High School ... Made All-Region 7 Large East first team at third base in 2006 ... Named 2003 Defensive Player of the Year ... Ranks in the top ten of four categories in Bishop Kelley record books - second in triples (29), third in batting average (.392) and stolen bases (55) and sixth in hits (177) ... Was caught stealing only once in entire high school career.

Travel Team:

Played for Tulsa Eagles Gold, was coached by Dave Simmons.

Personal:

Born November 15, 1988 ... Majoring in business ... Daughter of Patric and Andrea McConn.



Alameda's Account:

"Kristie can best be described by one word: solid. She represents for her team every single day and never lets up in her pursuit to be a complete student-athlete."

YEAR	AVG.	GP-GS	AB	R	H	CAREER STATS																	
						2B	3B	HR	RBI	TB	SLG%	BB	HBP	SO	GDP	OB%	SF	SH	SB-ATT	PO	A	E	FLD%
2008	.188	63-54	112	19	21	2	1	1	11	28	.250	12	3	40	0	.283	0	3	1-1	142	57	13	.939
2009	.214	59-59	140	21	30	4	0	1	16	37	.264	9	7	32	0	.293	1	7	11-12	113	72	5	.974
TOTAL	.202	122-113	252	40	51	6	1	2	27	65	.258	21	10	72	0	.289	1	10	12-13	255	129	18	.955

ASHLEY STAGER

Junior | Infielder | R/R | Trinity, Fla. (J.W. Mitchell)

- **THREE-TIME FSU SOFTBALL LEADERSHIP COUNCIL MEMBER (2008, 2009, 2010)**
- **2009 SEMINOLE SOFTBALL FEMINA PERFECTA**



Sophomore Season (2009):

As a sophomore, tied for the lead on the team in games played and games started (60-60) ... Recorded 49 hits in 166 at bats, good for a .295 batting average ... Finished third on the team in slugging percentage (.446), second in homeruns (six), third in total bases (74) and tied for first in walks (25) ... Finished with an impressive .944 fielding percentage and tied for second on the team in assists (72).

(2/16) ... In 190 chances, committed just 16 errors ... Was hit by a pitch 17 times and drew 29 walks ... Earned the second ACC Player of the Week award of the season (2/18) ... Finished the season ranked third in the ACC for triples and fourth for walks.

High School:

First Team All-Conference (4 years) ... First Team All-North Sun Coast (4 years) ... First Team All-State (2 years) ... Won Offense (2 years) and Defense (4 years) MVP awards ... Member of the .300 Club (4 years) ... Heart and Hustle award winner ... Won Leadership Award (Team Captain) for two consecutive years ... Also won many Track and Field awards ... Honor Roll all four years ... First Team All-Conference for Academics ... Four year member of Interact Club ... Three year member of National Honor Society ... Two year class president ... Member of Future Business Leaders of America.

Freshman Season (2008):

Started all 66 games at short stop ... Hit .242 for the season with 39 hits, including eight doubles, three triples and four home runs ... Drove in 28 runs and scored 32 ... Stole nine bases and was caught stealing three times ... Had five multiple-RBI games including five in the win over Bethune Cookman



Travel Team:

Played for Florida Ultimate Gold, coached by her father, Tom Stager.

Personal:

Born September 27, 1988 ... Majoring in exercise science ... Daughter of Thomas and Kimberly Stager ... Nickname is Stag.

Alameda's Account:

"Ashley is a steady, consistent player that holds down the shortstop position for us. She has a knack for making plays that many of her teammates are in awe of."

CAREER STATS

YEAR	AVG.	GP-GS	AB	R	H	2B	3B	HR	RBI	TB	SLG%	BB	HBP	SO	GDP	OB%	SF	SH	SB-ATT	PO	A	E	FLD%
2008	.242	66-66	161	32	39	8	3	4	28	65	.404	29	17	39	0	.409	1	5	9-12	73	101	16	.916
2009	.295	60-60	166	32	49	5	1	6	31	74	.446	25	7	35	0	.405	2	6	13-20	62	72	8	.944
TOTAL	.269	126-126	327	64	88	13	4	10	59	139	.425	54	24	74	0	.407	3	11	22-32	135	173	24	.928



LAUREN VARSALONA

Junior | Pitcher | R/R | Knoxville, Tenn. (Karns/Indian River CC)

Sophomore Season (2009):

Claimed the position as the team's main relief pitcher, appearing in a relief role a team-high 18 times ... Had an excellent ERA of 3.00 and struck out more than a batter per inning with 31 strikeouts in 28 innings pitched ... Allowed only two home runs from the 123 batters she faced.

At Indian River (2008):

Was awarded the Pioneer Pride Award at Indian Rivers CC ... MVP at NFCA Classic Tournament ... Second team All-State ... First-Team All-Conference.

High School:

2006 All-District Tournament Team ... 2006 Cy Young Award ... Lowest ERA in Karns High School softball with a 0.66 ... Region II, District 3AAA 2005 and 2006 Champions ... 2004 Rookie of the Year ... Was nominated for the female Wendy's High School Heisman ... Staff member of high school year book ... Photography Editor senior year ... Involved in student council as a junior and was Senior Class President ... Academic Achiever all four years of high school.

Personal:

Born March 7, 1989 ... Majoring in finance ... Daughter of Nick and Judith Varsalona.



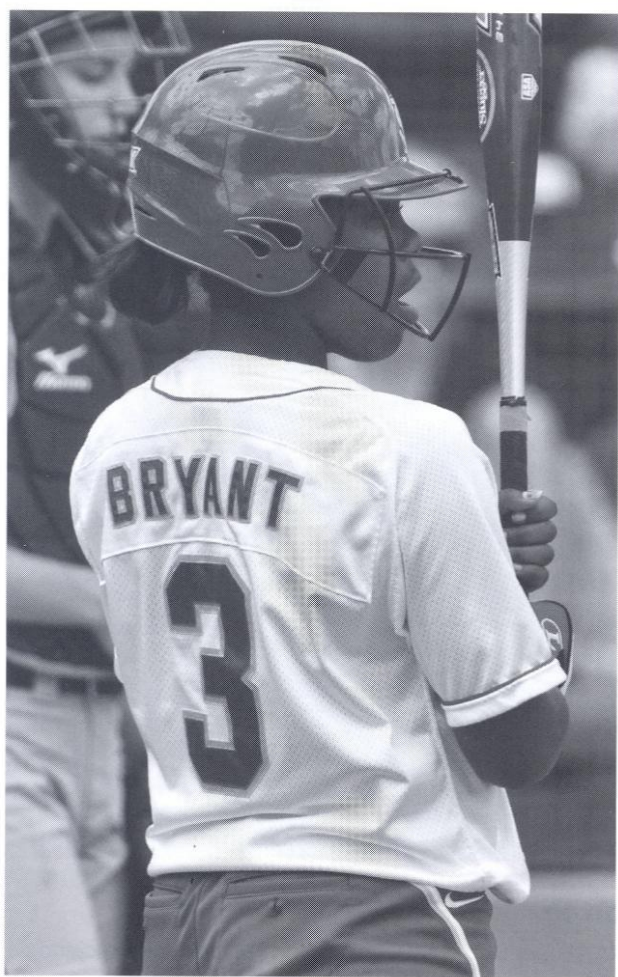
Alameda's Account:

"Lauren is such a dedicated team player that pushes her teammates to get better on a consistent basis. She has limited opportunity not because of fantastic ability but because of the staff around her but she knows that at any moment she could get her chance."

YEAR	ERA	W-L	APP	GS	CG	SHO/CBO	SV	IP	CAREER STATS														
									H	R	ER	BB	SO	2B	3B	HR	BF	AVG	WP	HBP	SFA	SHA	BK
2009	3.00	0-0	18	0	0	0/4	0	28.0	36	16	12	6	31	4	1	2	133	.293	4	3	0	0	1
TOTAL	3.00	0-0	18	0	0	0/4	0	28.0	36	16	12	6	31	4	1	2	133	.293	4	3	0	0	1

AMBER BRYANT

Sophomore | Outfielder | L/R | Ponoma, Calif. (Diamond Ranch)



Freshman Season (2009):

Recorded a perfect fielding percentage of 1.000 in 40 games played, including 12 starts ... Had nine hits and scored 10 runs as a redshirt freshman ... Stole three bases out of five attempts.

High School:

Coached by Don Fennell and Roddy Layton ... Was named Most Improved as a freshman ... Part of the Mt. Baldy Champions team in 2005 ... Led the team in stolen bases all four seasons ... Made Second Team All-League ... Led the team in batting average for three seasons ... Made First Team All-League in 2007 and 2008 ... Top 50 in stolen bases in the Southern Selection for freshmen ... Top 100 in batting average and stolen bases in the Southern Selection for sophomores ... Top 30 in stolen bases and Top 50 in batting average in the Southern Selection for juniors ... Top 30 in stolen bases and Top 100 in batting average in the Southern Selection for seniors ... Made the Principal's Honor roll ... Earned the Principal's "Rise in GPA" award.

Travel Team:

Played with the Southern California Aftershock 18U Gold under the direction of coach Eddie Telarroja.

Personal:

Born January 1, 1990 ... Majoring in psychology ... Daughter of Robert and Renee Bryant and stepdaughter of Patrel Bryant.

Alameda's Account:

"Amber is an amazing team player that is dedicated to getting better every day. She is a tremendous athlete and knows how to make plays on the field."

CAREER STATS

YEAR	AVG.	GP-GS	AB	R	H	2B	3B	HR	RBI	TB	SLG%	BB	HBP	SO	GDP	OB%	SF	SH	SB-ATT	PO	A	E	FLD%
2009	.220	40-12	41	10	9	1	0	0	2	10	.244	4	0	15	0	.289	0	0	3-5	4	0	0	1.000
TOTAL	.220	40-12	41	10	9	1	0	0	2	10	.244	4	0	15	0	.289	0	0	3-5	4	0	0	1.000



SHAYLA JACKSON

Sophomore | Outfielder | L/R
 Pembroke Pines (Pembroke Pines Charter)

- TWO-TIME FSU SOFTBALL LEADERSHIP COUNCIL MEMBER (2009, 2010)

Freshman Season (2009):

Started all 43 games she appeared in ... Posted a .315 batting average ... Ended the season with an impressive .905 fielding percentage ... Committed just two errors ... In her 146 at bats had 46 hits including, four doubles and a home run ... Stole eight bases ... Had least amount of strikeouts of anyone that started at least 40 games.

High School:

Named Miami Herald Player of the Year as a senior ... Offensive Player of the Year as a senior ... BCAA Scholar Athlete senior year ... As a Freshman was named to the Third Team All-County and Second Team All-State ... Named to the First Team All-County and All-State teams as a senior ... Named to the Louisville Slugger/NFCA High School All-Region team as a junior ... Named Offensive MVP as a junior ... Named to the First Team All-County and All-State teams as a junior ... Awarded the Jaguar Award as a freshman ... Was on the Honor Roll all four years of high school ... Was a Scholar Athlete as a senior ... Graduated with Silver Chord (250+ hours of Community Service) ... Graduated with Gold Chord (3.7 GPA or Higher all four years).

Travel Team:

Played for the Gold Coast Hurricanes "Gold" team under coach Marty Cooper and Jeff Norman ... Placed 3rd at ASA Gold Nationals in 2007 ... ASA Gold National Champions in 2008.



Personal:

Born November 27, 1989 ... Majoring in exercise science ... Daughter of Walter and Pamela Jackson.

Alameda's Account:

"Shayla isn't very flashy but she always gets it done on the field in a very consistent manner. She is a tremendous competitor and approaches each day with the desire to get better."

CAREER STATS

YEAR	AVG.	GP-GS	AB	R	H	2B	3B	HR	RBI	TB	SLG%	BB	HBP	SO	GDP	OB%	SF	SH	SB-ATT	PO	A	E	FLD%
2009	.220	40-12	41	10	9	1	0	0	2	10	.244	4	0	15	0	.289	0	0	3-5	4	0	0	1.000
TOTAL	.220	40-12	41	10	9	1	0	0	2	10	.244	4	0	15	0	.289	0	0	3-5	4	0	0	1.000

TIFFANI BROWN

Freshman | Utility | L/L | Tallahassee, Fla. (Godby)

High School: Named a First Team Tallahassee Democrat All-Big Bend selection after hitting at .435, notching 15 RBI, four doubles, a home run and 31 stolen bases last season.

Personal: Born April 6, 1991 ... Major is undecided ... Daughter of Tangi and Terry Brown.



Alameda's Account:

"Tiffani is an excellent athlete that has grown every day since she arrived on campus. She is a playmaker and we are very excited about what she adds to our team."

MORGAN BULLOCK

Freshman | Pitcher/Outfielder | L/R | Dacula, Ga. (Mill Creek)

• 2010 FSU SOFTBALL LEADERSHIP COUNCIL MEMBER

High School: Named Georgia High School AAAAA Player of the Year by the Georgia Athletic Coaches Association ... Led her Mill Creek High School squad to a 2008 AAAAA State Championship ... Accolades from senior season include Region 7AAAAA Player of the Year, Gwinnett County Player

of the Year, Gwinnett Daily Post Player and Player of the Year ... Had a .496 average with 34 stolen bases and 35 runs scored as a senior.

Personal: Born November 26, 1990 ... Major is marketing ... Daughter of Jay and Heidi Bullock.



Alameda's Account:

"Morgan has the ability to be an impact player right away as a rookie. She is a very mature freshman that will lead by example on the field and off it."

LAUREN MULLINS

Freshman | Outfielder | R/R | Wellington, Fla. (Wellington)

High School: Four-year varsity starter at Wellington High School ... Named a Sun-Sentinel First Team All-County and All-Conference selection as a senior ... Selected as a Palm Beach Post Second Team All-County honoree as a junior ... Named a team captain her junior and senior seasons ... Earned

rookie of the year honors as a freshman ... Member of National Honor Society and Sign Language Society ... Student Government Association member.

Personal: Born February 16, 1991 ... Majoring in communications ... Daughter of Jim and Rossana Mullins.



Alameda's Account:

"Lauren is a very hard working student-athlete that is going to be a great team player. She will provide great support for this team because she is so versatile on the field."



BRIAR STANLEY

Freshman | Catcher | R/R | Snohomish, Wash. (Monroe)

High School: Led Monroe High School in batting average and slugging percentage a remarkable four years in a row ... Named All-Area First Team in 2008 and 2009 ... All-State First Team selection in 2008 ... Member of All-Wesco First Team three years in a row from 2007 to 2009 ... Named to Wesco North First Team in both 2008 and 2009 ... Voted team MVP in 2008 and 2009 ...

Belted 10 homeruns and had a .500 batting average in her senior season ... Honor Roll student all four years of high school.

Personal: Born November 20, 1990 ... Majoring in sports management ... Daughter of Kent and Connie Stanley.

Alameda's Account:

"Briar is one of the most enthusiastic players on this team and really enjoys learning as much as possible from her coaches and teammates. She is very proud and excited to be a Florida State Seminole."



DALE TOWNSEND

Freshman | Pitcher | R/R | Live Oak, Fla. (Suwannee)

• 2010 FSU SOFTBALL LEADERSHIP COUNCIL MEMBER

High School: Varsity softball player for four years ... Named softball MVP in 2008 and 2009 ... Finished with the highest batting average on her team as a junior ... Also had the most stolen bases as a junior Named First Team All Area as a junior and senior ... Honor Roll student ... Named Homecoming

Queen as a senior ... FFA officer as a senior.

Personal: Born March 27, 1991 ... Majoring in environmental studies ... Daughter of Cliff and Angie Townsend ... Older sister, Laine, graduated from FSU.

Alameda's Account:

Dale does not shy away from hard work and goes out every day with the intention of getting better. She has a very bright future and will be called upon to add her ability to a great pitching staff.



THE OUTFIELDERS



THE INFIELDERS



2010 FLORIDA STATE SEMINOLES



THE CATCHERS



THE PITCHERS