

# SUPPORT STAFF

## Tyler PEACOCK STRENGTH AND CONDITIONING COACH

Tyler Peacock enters his first season as full-time assistant strength coach for the Florida State track and field program. The 2005 graduate of Florida State University has volunteered with the track and field program for the past three years as a student. He has also worked with the football program during his stint as a student volunteer. He is a certified USA Weightlifting coach and pursuing a certification through the NSCA.



The FSU Strength and conditioning program is designed to improve athletic performance through an individualized regimen of stretching, lifting, speed, power, agility and conditioning drills. The goal of the program is to maximize the on-field performance of each athlete, while reducing the rise of injury. Our strength and conditioning staff is continuously researching and following the most scientifically sound and up-to-date principles of strength training to safely maximize the athletic potential of our players.

This is an exciting time for the strength and conditioning program. The goal is to provide the best athletes in the nation with the best resources and tools in the nation. The athletics department is committed to excellence in every area, this includes providing our athletes with the most state of the art facility and equipment as well as a full-time nutritionist on staff for student-athletes.

Before attaining his degree in exercise science with an emphasis on fitness at FSU, Peacock attended Palmetto High School in Palmetto, Fla. He has competed in Olympic style weightlifting on a collegiate national level for the last two years.

In addition to his sport specific duties, he is responsible for the maintenance of the facilities and equipment in the weight room.

## Eunice HERNANDEZ ATHLETIC TRAINER

Eunice Hernandez enters her third season with the Florida State track and field program. Hernandez assisted the men's and women's squads during the 2004-05 season that saw the men sweep both the indoor and outdoor conference championships and NCAA East Region title and the women produce multiple NCAA qualifiers and All-ACC honorees. Hernandez has the added responsibility of overseeing the Tully Gym athletic training facility. She is currently working on a master's degree in education with an emphasis on sports medicine from the University of Miami. She received her bachelor's degree in athletic training from Barry University in Miami Shores, Fla., in 1999.



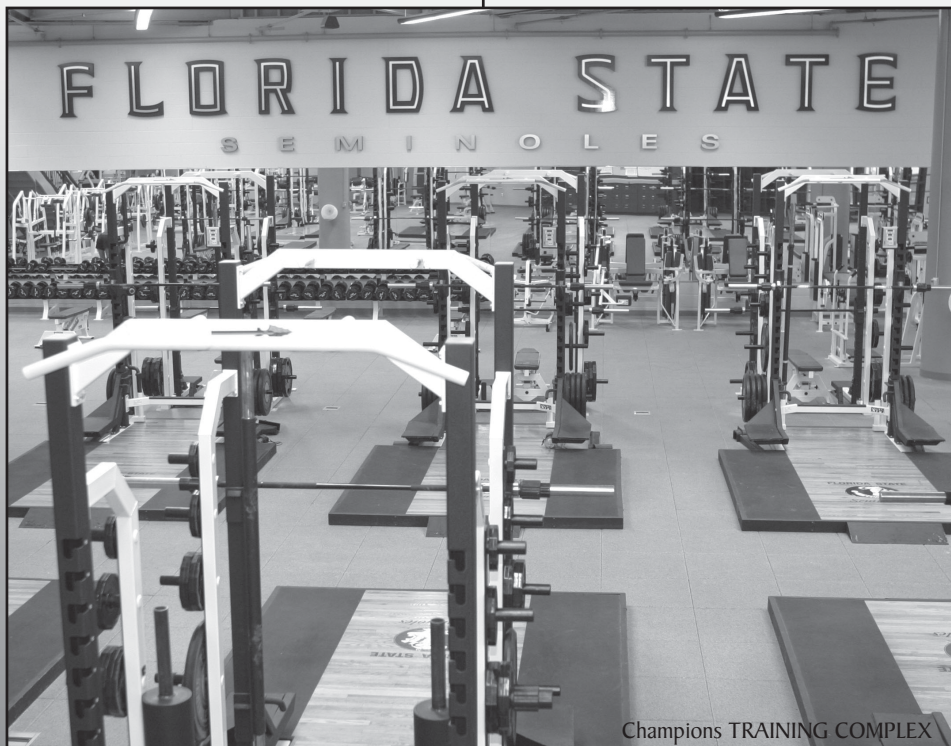
As a graduate assistant at the University of Miami, Hernandez worked with the men's and women's swimming and diving teams. The Miami, Fla., native assisted with the Hurricanes' football program during its 2001 BCS National Championship Rose Bowl title season and spent time working as an assistant athletic trainer with the semi-professional Miami Tropics football team.

## Stuart PEARCE ASSISTANT DIRECTOR OF EVENT MANAGEMENT

Stuart Pearce begins his fourth year with the Facilities Operations/Event Management Department working with the Mike Long Track Complex, and the Basketball Training Center. Pearce coordinates home events for cross country and men's and women's basketball while supervising the maintenance and upkeep of the track and basketball facilities on a daily basis.



The Tallahassee, Fla., native started his tenure at Florida State as an undergraduate seeking a bachelor's degree in Sport management. Pearce went on to earn his masters in Sport Administration from Florida State while working with the event management department as well as facilities. Upon graduation, Pearce spent a year working part time before being hired as the assistant director of event management. Pearce has been married to his wife Kerri for three years and they are proud parents of a daughter, Elizabeth Grace, and are expecting their second child early 2006.



Champions TRAINING COMPLEX

# ACADEMIC SUPPORT

## AN OVERVIEW OF AN AWARD-WINNING ACADEMIC SUPPORT PROGRAM

Academic, personal and professional support is essential to college success. At The Florida State University, an outstanding support program has been developed that enables student-athletes to reach their full potential. Florida State Athletic Academic Support Program Director, Mark Meloney states, "Our philosophy is to offer an academic support program integrated with the total University that will assist all student-athletes with the transition into college and provide continued support in all phases of academic and professional development, culminating with graduation, job placement or graduate school."

FSU's program operates on a "proactive" rather than "reactive" approach. The academic staff does not wait for crises to occur. They gather important background information on each entering student-athlete, build an academic profile, and develop individualized support programs which are tailored to the unique needs of each student-athlete. They also stay informed on the daily progress of the student-athletes through consistent communication with the Florida State faculty.

Over the past several years, the academic support unit had been housed in the \$126 million dollar, state-of-the-art University Center Complex which included private study carrels, a tutorial study area, and a computer lab outfitted with 20 IBM compatible computers and laser jet printers. Over the summer, however, academic support, along with several other departments, moved into their new home, the newly constructed Moore Athletic Center. The multi-million dollar structure, which is located in the north end zone of Doak Campbell Stadium, is the new home of Florida State athletics. Some of features of the new academic support area include a 32-station computer lab for student-athletes, 10 private tutorial rooms and a five-station "Learning Center" for student-athletes with learning deficiencies and/or disabilities. The compliance, student services, business, sports information and athletics marketing offices are also housed in the facility, providing a more efficient and functional department, thus allowing student-athletes an opportunity for balance and improved time-management. The academic support staff is comprised of a director, an administrative assistant, six academic counselors, several graduate assistants, individualized learning specialists and a cadre of approximately 50 tutors and mentors.

Meloney was named the program's Director in 1997 and brings 19 years of advising experience to the position. Over the past nine years, Meloney has played an integral role in the development of a comprehensive program of student-athlete support, which in 1996 won the "Program

## ATHLETIC ACADEMIC SUPPORT MISSION STATEMENT

THE PRIMARY FOCUS OF THE ATHLETIC ACADEMIC SUPPORT PROGRAM IS TO PROVIDE AN ENVIRONMENT WHICH FACILITATES THE ACADEMIC SUCCESS OF EACH STUDENT-ATHLETE. STUDENT SUCCESS IS ENCOURAGED THROUGH COMPETENT ACADEMIC COUNSELING, STUDY SKILLS DEVELOPMENT, INDIVIDUALIZED ASSESSMENT AND SUPPORT, AND A WIDE ARRAY OF TUTORIAL SERVICES.

of Excellence" award from *Athletic Management Magazine*.

### Hillard GOLDSMITH, III

Hillard Goldsmith enters his second season as an academic advisor for the Florida State University women's track and field and cross country programs and men's basketball. He returned to FSU after spending four years with the Florida Department of Corrections. Goldsmith, a four-year letterman at FSU, was a sprinter on the Seminoles' track and field squad that won 15 Metro Conference Championships. In 1990, Goldsmith, a team captain during his senior season, was the conference runner-up in the 400m dash.



In addition to his academic advising responsibilities, Goldsmith works with all prospective student-athletes during the pre-enrollment and admissions process. He works with coaches, prospective student-athletes and the university from the initial on-campus visit through the first day of orientation at the university.

Goldsmith received his bachelor's degree from Florida State in criminology in 1992 and earned a master's degree in criminology in 1995. Goldsmith is currently working on a master's degree in accounting.

### Aaron VAUSE

Aaron Vause, entering his sixth year in the academic advising department, handles the academic counseling for the men's track and field and cross country, and women's basketball programs. He began working as a graduate assistant in the FSU Athletic Academic Support Office in 2000 where he served



as an assistant to the football advisor for a year and a half.

In addition to his advising responsibilities, Vause works with all prospective student-athletes during the pre-enrollment process. He works with the coaches, prospective student-athletes and the university from their first on-campus visit, where admission requirements are discussed, until the first day of orientation at FSU. Additionally, Vause stepped into the role of liaison between the university and the NCAA Clearinghouse for Florida State Athletics in January. Over his tenure with the department, Vause has worked with many of the Seminole athletic teams including swimming and diving.

Vause earned his bachelor's degree in physical education from Florida State in 2000 and went on to receive a master's degree in physical education and sports administration in 2002. Vause also coached football at Godby High School in 1999.

## 2005 ESPN ACADEMIC ALL-AMERICANS

Garrett JOHNSON  
(2nd team)

Tom LANCASHIRE  
(2nd team)



# NCAA COMPLIANCE

THE FOLLOWING INFORMATION IS PROVIDED BY THE FLORIDA STATE OFFICE OF COMPLIANCE FOR PROSPECTIVE STUDENT ATHLETES. IT IS INTENDED AS A GUIDELINE TO INTRODUCE SOME OF THE RULES GOVERNING NCAA ATHLETIC INVOLVEMENT.

## WHO IS PERMITTED TO RECRUIT FOR FSU?

Only Florida State University coaches who have successfully completed the NCAA Recruiting Rules Examination on an annual basis may be involved in the recruitment process. Representatives of our athletics interests may not make any recruiting contacts. This includes letters, telephone calls or face-to-face contact on or off campus with a prospect or the prospect's parents.

## KEY TERMS YOU SHOULD KNOW

You become a prospective student-athlete if you have started classes for the ninth grade. Before the ninth grade, you become a prospective student-athlete if the college provides you (or your relatives or friends) any financial aid or other benefits that the college does not provide to prospective students generally.



**BOB MINNIX**  
Associate Athletics  
Director for Compliance

A contact is any face-to-face encounter between a prospect or the prospect's legal guardian and an institutional staff member or athletic representative during which any dialogue occurs in excess of an exchange of greeting. NOTE: At the Division I level, athletic representatives (boosters) may not contact you for the purpose of recruiting. A college coach may contact you in person off the college campus beginning July 1 after completion of your junior year in high school.



**HEATHER McATEE**  
Compliance  
Coordinator

An evaluation is any off-campus activity designed to assess your academic qualifications or athletic ability, including any visit to your high school (during which no contact occurs) or the observation of any practice or competition in which you participate.

During your senior year, you can have one expense-paid official visit to a particular campus. You may receive no more than five visits. During your official visit, which may not exceed 48 hours, you may receive round-trip transportation between your home and the campus, and you (and your parents) may receive meals, lodging and compli-



mentary admission to campus athletics events.

## PHONE CALLS AND LETTERS

Phone calls from faculty members and coaches (but not boosters) are permitted beginning July 1 after completion of your junior year. A college coach or faculty member is limited to one telephone call per week except when it is:

- ◆ During the five days immediately before your official visit to the university
- ◆ On the day of a coach's off-campus contact with you
- ◆ During the time beginning with the initial National Letter of Intent signing date in your sport through the two days after signing date

Letters from coaches and faculty members (but not boosters) are not permitted until September 1 at the beginning of your junior year in high school. A Division I university may provide you with the following printed materials:

- ◆ General correspondence, including letters, U.S. Postal Service post cards and institutional note cards
- ◆ Game programs, which may not include posters, and one Student Athlete Handbook can be provided only during official or unofficial visits to the university's campus
- ◆ NCAA educational information
- ◆ Pre-enrollment information subsequent to signing a National Letter of Intent with the university
- ◆ One athletic publication which may include only one color of printing inside the covers

- ◆ Official academic, admissions and student services publications published or videotapes produced by the institution and available to all students
- ◆ Schedule cards
- ◆ Questionnaires that may be provided prior to your junior year
- ◆ Summer camp brochures, which may be provided prior to your junior year.

## ALUMNI AND BOOSTERS DO'S AND DON'TS

You may forward information about prospective student-athletes to the appropriate coaches. You may have contact with a prospect regarding permissible pre-enrollment activities such as summer employment, provided the prospect has already signed a National Letter of Intent and the Compliance Office is aware that you are making these contacts in regard to employment.

You may have a telephone conversation with a prospect only if the prospect initiates the call. Such a call may not be prearranged by an institutional staff member and you are not permitted to have a recruiting conversation, but may exhibit normal civility. You must refer any questions about our athletics programs to an athletics department staff member/coach.

You may view a prospect's con test at your own initiative provided you do not contact the prospect or his/her parents. In addition, you may not contact a prospect's coach, principal, or counselor in an attempt to evaluate the prospect.

You may continue established family relationships with friends and neighbors. Contacts with sons and daughters of these families are permitted as long as they are not made for recruiting purposes or encouraged by Florida State University coaches.

You may not become involved in making arrangements to receive money or financial aid of any kind for a prospect or the prospect's family and friends.

You may not make contact with a prospective, student-athlete and his/her parents when the prospect is on campus for an official or unofficial recruiting visit.

You may not transport, pay or arrange for payment of transportation costs for a prospect, and his/her relatives or friends to visit campus (or elsewhere).

You may not pay or arrange for payment of summer camp registration fees for a prospect.

You may not provide anything to a prospect, the prospect's family or friends without prior approval from the athletics' Compliance Office.

# STUDENT SERVICES

## THE N.O.L.E.S. PROGRAM: NEW OPPORTUNITIES FOR LEADERSHIP, EDUCATION & SERVICE

### LIFE SKILLS

Developed by the Florida State University Department of Athletics, the NOLES program represents a commitment to the total growth and development of the student-athlete. This program establishes an administrative commitment to academic and athletic excellence. Those efforts will be supported with programs and services in personal development, career development and community service.

### PERSONAL DEVELOPMENT

Fostering the development of personal growth is a fundamental component of the NOLES program. These support programs ensure that the student-athlete will be provided opportunities to focus on personal growth issues such as values clarification, goal setting, fiscal planning, decision-making and personal responsibility. Programming focuses on helping student-athletes develop a healthy lifestyle while they are at Florida State and habits that will benefit them for life.



**PAM OVERTON**  
Associate Athletics  
Director/ Senior Woman  
Administrator

### CAREER DEVELOPMENT

Preparing for life after college sports is a major focus of the NOLES Career Development program. The program is designed to work cooperatively with the University's Career Services to acquaint students with the job search process, provide networking opportunities and ultimately assist with job placement. This program places a priority on the development of the total person, with the goal of developing individuals who will have rewarding careers and productive lifestyles after they leave Florida State.



**JOHN LATA**  
Director of Student  
Services

### COMMUNITY SERVICE

Serving the community is the focus of our Seminole Spirit program. Student-athletes are challenged to give service to our community and

individuals who are in need. With a clearly defined program of service, student-athletes are given the opportunity to develop the foundation for a lifelong commitment to volunteerism. The Seminole Spirit Student-Athlete Speakers' Bureau enables student-athletes to improve their speaking skills, develop effective communication and impact the lives of others through their service as role models in our community.

### LEADERSHIP DEVELOPMENT

The Florida State University Department of Athletics is committed to developing programs of excellence that foster leadership development. One of the foundations of building leaders is the Athletic Ambassadors program. The Athletic Ambassadors have the opportunity to attend seminars and listen to and learn from outstanding guest speakers. They learn skills that will benefit them not only as students, and as athletes, but as they pursue their goals after leaving Florida State. They learn how to build communication skills, and they have many opportunities to interact with groups in the community. These Ambassadors have an opportunity to achieve their greatest potential and use their leadership skills to positively influence others.

The Student-Athlete Advisory Council (SAAC) serves as the advisory board to the NOLES program and the athletics administration. The prestigious board, comprised of two representatives of each athletic team at FSU, also recom-



**JASON WILLIAMS**  
Assistant Director

## THE STUDENT ATHLETE ADVISORY COUNCIL

### SHAWN ALLEN, TRACK AND FIELD

Luke Beevor, Cross Country  
Laura Bowerman, Cross Country  
Carly Brieske, Softball  
James Coleman, Football  
Pete Crane, Swimming  
Lashaun Davis, Softball  
Miranda Foley, Tennis  
Rodney Gallon, Football  
Sarah Griffin, Volleyball  
Natasha Jacob, Softball

### GARRETT JOHNSON, TRACK AND FIELD

Alex Kennon, Swimming  
Christie Lautsch, Basketball  
LATOYA LEGREE, TRACK AND FIELD  
Hannah Linquist, Basketball  
Tapiwa Marobela, Tennis  
Courtney McCLOW, Swimming and Diving  
LAKENDRA MCCOLUMN, TRACK AND FIELD

Ali Mims, Soccer  
Mark Nicholis, Swimming  
LaQuinta Neely, Basketball  
Ruairi O'Connor, Baseball  
Stacy Rademacher, Swimming and Diving

Jason Rich, Basketball  
Shane Robinson, Baseball  
Katie Ronan, Swimming and Diving  
Kelly Rowland, Soccer  
Bradley Ruch, Golf  
Stefan Shaw, Tennis  
Jessica Skower, Volleyball  
Kristin Sordel, Golf  
Michelle Steakin, Golf  
Isaiah Swann, Basketball  
Maciek Sykut, Tennis  
Tony Thomas, Jr., Baseball  
Meredith Urban, Cross Country  
Adam Wallace, Golf

mends programming and serves as a liaison between student-athletes and the athletics administration. The Advisory Council plans and implements various events for student-athletes and serves as the department's most visible ambassadors. The SAAC hosts the annual Golden Nole banquet and plans such events as orientation for incoming student-athletes.



Shawn ALLEN



# UNIVERSITY FACTS

**BACKGROUND:** The Florida State University is one of eleven units of the Division of Colleges and Universities of the Florida Board of Education... It was established as the Seminary West of the Suwannee by an act of the Florida Legislature in 1851 and first offered instruction at the postsecondary level in 1857... Its Tallahassee campus has been the site of an institution of higher education longer than any other site in the state... In 1905, the Buckman Act reorganized higher education in the state and designated the Tallahassee school as the Florida Female College... In 1909, it was renamed Florida State College for Women... In 1947, the school returned to co-educational status, and the name was changed to The Florida State University... It has grown from an enrollment of 2,583 in 1946 to an enrollment of 38,886 in the Fall Semester 2004.

**ENROLLMENT (FALL 2004):** Total, 38,886... 77.1% undergrad, 19.2% grad, 3.6% unclassified... 77.9% in-state... 93.0% from the United States... students from all 50 states and the District of Columbia are in attendance... 20 states contributed over 100 students each... 23 foreign countries contributed over 25 students each... female, 56.7%... male, 43.3%... minority, 24.2%... international, 3.4%.

**ACREAGE:** Main Campus: 450.5 acres in Tallahassee, Leon County (main campus)... Panama City Branch: 25.6 acres in Panama City, Bay County... The university owns a total of 1,447.3 acres in Leon, Bay, Franklin, Sarasota, & Gadsden counties... Sites are leased in Marion and Leon counties in Florida, and other locations overseas.

**COLLEGES/PROGRAMS:** FSU has 17 major academic divisions: the Colleges of Arts and Sciences, Business, Communication, Education, Engineering, Human Sciences, Law, Medicine, and Social Science; and the Schools of Criminology and Criminal Justice, Motion Picture, Television, and Recording Arts, Information Studies, Music, Nursing, Social Work, Theatre, and Visual Arts and Dance.

**OPERATING BUDGET (2004-05):** \$918,184,056

**DEGREE PROGRAMS:** With 17 colleges and schools, students may take courses of study leading to the baccalaureate degree in 94 degree programs, to the master's degree in 107 degree programs, to the advanced master's degree in 1 program, to the specialist degree in 27 degree programs, to the doctorate degree in 73 degree programs, and to the professional degree in 2 degree programs.

**DEGREES AWARDED FOR 2003-04:** Bachelor, 6,578... Masters, 1,536... Doctorate, 271... Specialist, 57... Judge Doctorate, 208, Total, 8,650

**ENTERING FRESHMAN FACTS (FALL 2004):** The middle 50 percent High School GPA, 3.4-4.1; SAT score 1070-1260, ACT score 22-27.

**RETENTION RATE:** First year, 100%... second year, 86.2%... third year, 75.7%... fourth year, 71.8%.

**FACULTY/STAFF:** Total 2,191... FSU's faculty includes some past graduates, such as former astronauts Dr. Norm Thagard, who teaches Electrical Engineering, and Winston Scott who serves as Vice President of Student Affairs... FSU's faculty has included six dynamic Nobel Laureates: 11 members elected to National Academy of Sciences... five members of the American Academy of Arts and Sciences.

**EDUCATIONAL ADVANTAGES:** Florida State University has a uniqueness in providing programs that are consistent in excellence across the board, from fine arts and humanities to the hard sciences... The balance of programs is based on FSU's long tradition as a leading liberal arts institution combined with its position as one of the top 10 universities in generating research-based revenues... FSU is the most wired campus in Florida, and was recently ranked 18th most connected university in the nation by Yahoo! Internet Life.

**EDUCATIONAL OPPORTUNITIES ABROAD:** FSU offers a variety of overseas study opportunities for students during the regular academic year. FSU has study centers located in Florence, Italy; Panama City, Republic of Panama; Valencia, Spain; and London, England. Courses at the study centers are offered each semester and cover a wide range of subject areas perfect for meeting general and liberal studies requirements. International Programs also offers study programs, some general and some major specific, in Paris, France; Leysin, Switzerland; San Jose, Costa Rica; Moscow, Russia; Prague, Czech Republic; Gerakina, Greece; Dubrovnik, Croatia; Dublin, Ireland; Tianjin, China; Barga, Italy; Valencia, Spain; London, England, and Ho Chi Minh City, Vietnam. A summer Law program is offered in Oxford, England. There is one Linkage Institute (FLORICA) in Costa Rica, and there are Beyond Borders programs in Turrialba, Costa Rica; Kingston, Jamaica; and Dresden, Germany.

**EXTRACURRICULAR ACTIVITIES:** FSU has nearly 300 student organizations that allow students to find their own niche.

**FINANCIAL AID:** FSU offers two types of financial assistance: need-based and merit-based... Over \$160 million is given away for financial assistance each year.

**STUDENT/FACULTY RATIO:** 23-1... Many of the general education classes are large, lecture classes; however, over 70 percent of major classes have less than 40 students.

**RESEARCH:** The Florida State University has built a reputation as a strong research center in both the sciences and the humanities. It is expected that more than \$100 million in external funds will be generated this year by the university faculty and administration as supplements to state funds used for research. These external funds are in the form of contracts and grants from private foundations,

## 10 LEADING STATES OF ORIGIN

(Enrollment)	
Florida	30,278
Georgia	962
Virginia	401
Texas	350
New York	311
Pennsylvania	270
North Carolina	261
New Jersey	226
Maryland	222
Alabama	216

industries, and government agencies, and are used to support research, improve research facilities, and provide stipends for graduate students.

**SPONSORED RESEARCH (2003-04):** \$182,694,659

**LIBRARY HOLDINGS:** The FSU Libraries include 8 libraries on campus: The Robert Manning Strozier Library, Paul A. M. Dirac Science Library, Mildred and Claude Pepper Library, Warren Allen Music Library, Harold Goldstein Library and Information Studies Library, College of Law Library, College of Medicine Medical Library, and the College of Engineering Library. Collections contain more than 2.7 million volumes, of which more than 243,000 are available electronically as e-books. The library subscribes to more than 38,000 current serials including academic journals, professional and trade journals, and major newspapers from around the country and the globe in both paper and electronic formats. The Libraries also subscribe to more than 290 databases, many of which are available for searching anytime or anyplace Internet is available.

## Florida State Board of Trustees



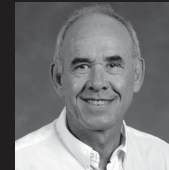
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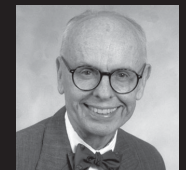
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# PROMINENT ALUMNI

## RITA COOLIDGE

Rita Coolidge, a two-time Grammy Award winner, has worked with Joe Cocker on his "Mad Dog and Englishman" tour and also toured and recorded with the likes of Eric Clapton, Jimi Hendrix, Bob Dylan, Leon Russell and Stephen Stills.

## LEE CORSO

Lee Corso, a college football analyst for ESPN, joined the network in 1987 after 28 years of football coaching experience at the college and professional levels. He is a game analyst for Thursday night telecasts and is a studio analyst for College GameDay.

## PAUL GLEASON

Paul Gleason is a very successful actor who has played a number of memorable roles including that of Clarence Beaks, the maligned courier of crop reports in "Trading Places" and the assistant principal in "The Breakfast Club."

## BARBARA HARRIS

Barbara Harris is the Editor-In-Chief of SHAPE Magazine, the largest national monthly health and fitness publication for women in the United States. She lettered in volleyball at FSU from 1974-77.

## TRAYLOR HOWARD

Traylor Howard is an actress best known for her role as "Sharon" in the ABC TV Series "Two Guys and a Girl." Her feature film credits include "Me, Myself & Irene," with Jim Carey (2000), "Dirty Work," and "Confessions of a Sexist Pig."

## GABRIELLE REECE

Gabrielle Reece began modeling in 1989 and has appeared on numerous magazine covers. She is internationally recognized as a top fashion model and spokesperson for several companies, including Nike. Reece co-wrote a book with Karen Karbo (July 1997) about her life as a pro volleyball player "Big Girl in the Middle."

## BURT REYNOLDS

Burt Reynolds, who has as enjoyed enormous success as an actor and director in feature films, television and stage productions, is a Golden Globe winner, Oscar nominee, Emmy Award winner, winner of 12 People's Choice Awards including five for favorite motion picture actor and three for favorite all-round male entertainer.

## DR. TONEA STEWART

Dr. Tonea Stewart is a professional actress, tenured Professor and Director of Theatre Arts at Alabama State University. As an actor, she is best known for her recurring role in "In the Heat of the Night" as Aunt Etta Kibbe.

## NORM THAGARD

Former NASA Astronaut, Norm Thagard, logged over 140 days in space during five space flights. He was a mission specialist on STS-7 in 1983 on Orbiter Challenger, the flight engineer on STS-51B in 1985, aboard Challenger and STS-30 in 1989, on Orbiter Atlantis, the payload commander on STS-42 in 1992, aboard the Shuttle Discovery and was the cosmonaut researcher on the Russian Mir 18 mission in 1995. He is currently on Faculty at FSU in the College of Engineering.

## OTHER DISTINGUISHED ALUMNI:

Paul Azinger, professional golfer  
Alan Ball, award-winning writer, received the 1999 Academy Award for Best Original Screenplay for "American Beauty"

John W. Bradley, actor, "The New Adventures of Robin Hood"  
Clifton Campbell, playwright  
Davis Gaines, performer, "The Phantom of the Opera"

Jane Geddes, professional golfer  
Parris Glendening, former Governor of Maryland  
Hubert Green, professional golfer  
Tara Dawn Holland Christensen, Miss America 1997

Linda Keever, Editor in Chief Florida Trend Magazine  
Tony LaRussa, Manager, St. Louis Cardinals

John Marks, Tallahassee Mayor  
DeLane Matthews, actress  
Michael Piontek, actor  
Henry Polic, actor  
Charles G. Rex, New York Philharmonic  
Victor Rivers, actor and spokesperson for The National Network To End Domestic Violence

Stephen J. Rothman, theatre director  
Winston Scott, former NASA astronaut  
Steven Sears, writer and producer  
Randy Ser, theatrical director  
Sonny Shroyer, actor, "The Dukes of Hazard"

Dr. Valint Vazsonyi, international concert pianist  
Claudia Waite, award-winning soprano  
Ellen Taaffe Zwilich, award-winning composer  
Linda Zoghby, opera singer



Rita Coolidge



Paul Gleason



Traylor Howard



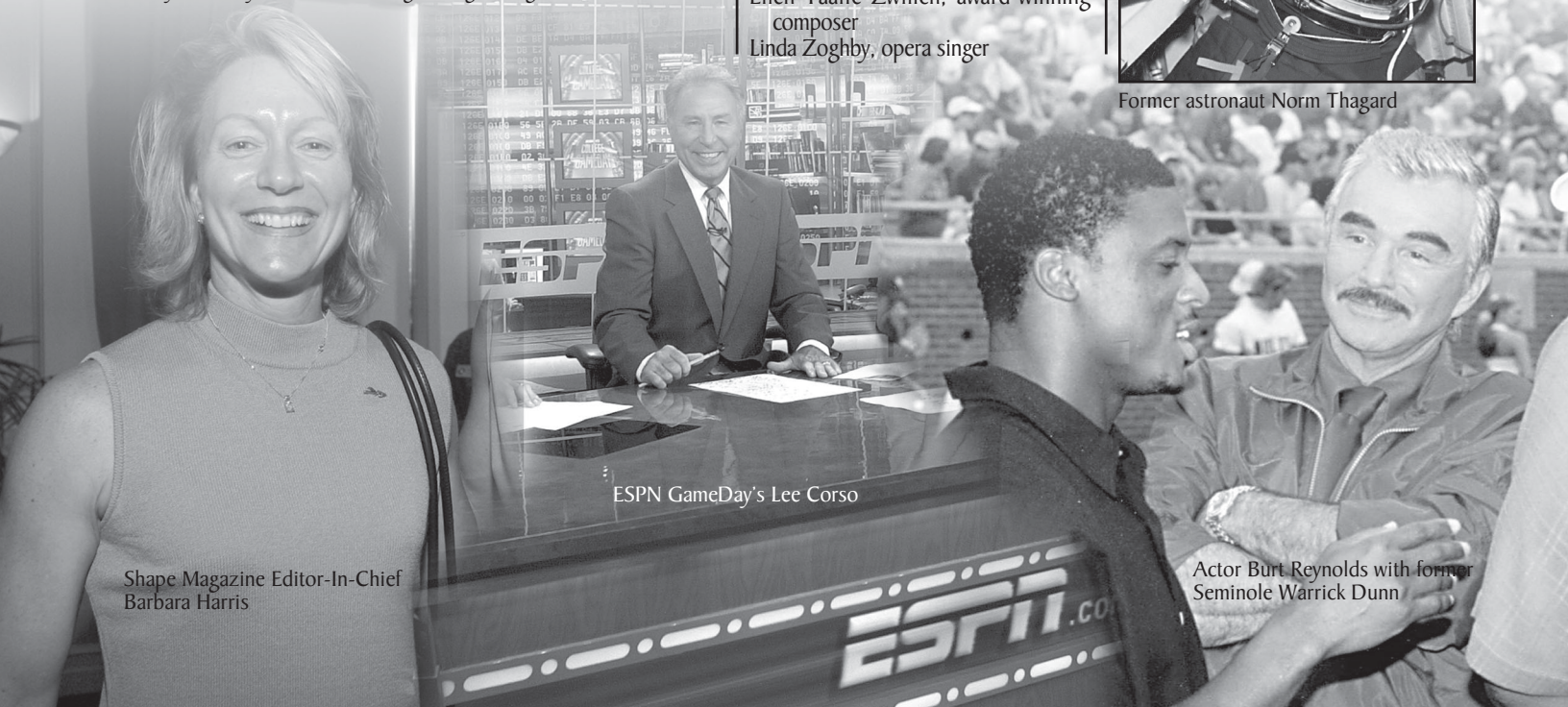
Gabrielle Reece



Dr. Tonea Stewart



Former astronaut Norm Thagard



Shape Magazine Editor-In-Chief  
Barbara Harris

ESPN GameDay's Lee Corso

Actor Burt Reynolds with former  
Seminole Warrick Dunn

# WOMEN'S QUALIFYING MARKS

## NCAA DIVISION I WOMEN'S INDOOR TRACK AND FIELD 2006 QUALIFYING STANDARDS

EVENT	(SEA LEVEL)			
	AUTOMATIC		PROVISIONAL	
	FAT	MT	FAT	MT
55 Meters	6.75@		6.92@	
60 Meters	7.27@		7.44@	
55-Meter Hurdles	7.58@		7.86@	
60-Meter Hurdles	8.15@		8.43@	
200 Meters				
(Under 200m/220 yds)*	23.70		24.30	
(200m/220 yds)*	23.50		24.10	
(Banked or Over 200m/220 yds)*	23.30		23.90	
400 Meters				
(Under 200m/220 yds)*	53.00	52.7	55.00	54.7
(200m/220 yds)*	52.70	52.4	54.70	54.4
(Banked or Over 200m/220 yds)*	52.40	52.1	54.40	54.1
800 Meters#				
(200m/220 yds or less)*	2:06.10	2:05.8	2:09.40	2:09.1
(Banked or Over 200m/220 yds)*	2:05.70	2:05.4	2:09.00	2:08.7
Mile#				
(200m/220 yds or less)*	4:39.10	4:38.8	4:47.60	4:47.3
(Banked or Over 200m/220 yds)*	4:38.50	4:38.2	4:47.00	4:46.7
3,000 Meters#				
(200m/220 yds or less)*	9:16.80	9:16.5	9:35.80	9:35.5
(Banked or Over 200m/220 yds)*	9:16.00	9:15.7	9:35.00	9:34.7
5,000 Meters#				
(200m/220 yds or less)*	16:11.60	16:11.3	16:46.60	16:46.3
(Banked or Over 200m/220 yds)*	16:10.00	16:09.7	16:45.00	16:44.7
1,600-Meter Relay				
(Under 200m/220 yds)*	3:35.90	3:35.6	3:42.40	3:42.1
(200m/220 yds)*	3:34.70	3:34.4	3:41.20	3:40.9
(Banked or Over 200m/220 yds)*	3:33.50	3:33.2	3:40.00	3:39.7
Mile Relay				
(Under 200m/220 yds)*	3:37.10	3:36.8	3:43.70	3:43.4
(200m/220 yds)*	3:35.90	3:35.6	3:42.50	3:42.2
(Banked or Over 200m/220 yds)*	3:34.70	3:34.4	3:41.30	3:41.0
Distance Medley Relay_Meters#				
(200m/220 yds or less)*	11:11.00	11:10.7	11:30.00	11:29.7
(Banked or Over 200m/220 yds)*	11:09.00	11:08.7	11:28.00	11:27.7
Distance Medley Relay_Yards#				
(200m/220 yds or less)*	11:14.50	11:14.2	11:34.20	11:33.9
(Banked or Over 200m/220 yds)*	11:12.50	11:12.2	11:32.20	11:31.9

@ Qualifying times attained at altitude of 6,000 feet and above, add .04 seconds. Times attained at altitude of 3,000-5,999 feet, add .02 seconds.

EVENT	METRIC	METRIC
High Jump	1.84	1.78
Pole Vault	4.20	3.95
Long Jump	6.40	6.10
Triple Jump	13.30	12.65
Shot Put	16.90	15.40
20-Pound Weight	21.00	19.00
Pentathlon	4,050 points	3,700 points

\*\_Size of track.

#\_Altitude adjustment available.

## NCAA WOMEN'S OUTDOOR TRACK AND FIELD 2006 REGIONAL QUALIFYING STANDARDS

EVENT	ALTITUDE ADJUSTMENT		
	FAT	MT	3K-5,999/6K+
100 Meters	11.75	--	+ .03/+ .07
200 Meters	23.96	--	+ .07/+ .14
400 Meters	54.61	54.3	+ .11/+ .21
800 Meters#	2:09.80	2:09.5	
1500 Meters#	4:27.80	4:27.5	
Mile#	4:49.60	4:49.3	
3,000-Meter Steeplechase#	10:50.25		10:50.0
5000 Meters#	16:52.00	16:51.7	
10,000 Meters# - Automatic	33:55.00	33:54.7	
10,000 Meters# - Provisional	35:00.00	34:59.7	
100-Meter Hurdles	13.92	--	+ .04/+ .08
400-Meters Hurdles	1:00.82	1:00.5	+ .11/+ .21
400-Meter Relay	45.70	45.4	+ .12/+ .28
440-Yard Relay	45.90	45.6	+ .12/+ .28
1,600-Meter Relay	3:42.00	3:41.7	+ .44/+ .84
Mile Relay	3:43.20	3:42.9	+ .44/+ .84

EVENTS	METRIC
High Jump	1.75
Pole Vault	3.80
Long Jump	5.97
Triple Jump	12.32
Shot Put	14.30
Discus	47.30
Javelin	43.45
Hammer	54.15
Heptathlon — Automatic	5,500 points
Heptathlon — Provisional	5,000 points

# - Altitude adjustment available



Leilani CARABALLO