



# FLORIDA STATE UNIVERSITY

## WOMEN'S TRACK AND FIELD 2008 MEDIA GUIDE

KANDIA BATCHELOR  
Senior All-American  
4x400m Relay



SUSAN KUIJKEN  
Junior Two-Time All-America  
1500m



KEYLA SMITH  
Junior All-American  
4x400m Relay



Introducing Florida State's new 18,000-square-foot addition to the Mike Long Track Facility opening Spring 2008.



## PREPARE

120 full-length, oak lockers combined in both the women's and men's locker rooms.

## RELAX

Spacious student-athlete lounge to provide student-athletes with a sanctuary between classes.

## TRAIN

State-of-the-art medical preparation area totaling more than 500-square-feet.

## REFLECT

Two-story, vaulted entry displaying the rich tradition and history of track & field at FSU.

## HONOR

The Legends Plaza built to showcase the best and brightest of the Seminole Track Family.



**VALERIE FLOURNOY**  
Sophomore Regional Qualifier  
100m Hurdles

**TIARA SWANAGAN**  
Sophomore Regional Qualifier  
Triple Jump



**TORI ALLEN**  
Junior Regional Qualifier  
Pole Vault



**ALLYN LAUGHLIN**  
Sophomore Regional Qualifier  
Shot Put/Discus



**LYDIA WILLEMSE**  
Junior Regional Qualifier  
3000m Steeplechase



# 2008 Florida State Women's Track & Field Schedule

## INDOOR

DATE	OPPONENT	LOCATION	TIME
<b>JANUARY</b>			
11-12	... at Virginia Tech Opener	Blacksburg, Va.	All Day
18-19	... at Clemson Invitational	Clemson, S.C.	All Day
18-19	... Pole Vault Summit	Reno, Nev.	All Day
19	... at LSU Invitational	Baton Rouge, La.	All Day
25-26	... at Clemson Multi Meet	Clemson, S.C.	All Day

## FEBRUARY

1-2	... at Nebraska Invitational	Lincoln, Neb.	All Day
8-9	... at New Balance Collegiate Invitational	New York, N.Y.	All Day
15-16	... at Arkansas Tyson Invitational	Fayetteville, Ark.	All Day
29-1	... at ACC Championships	Chapel Hill, N.C.	All Day

## MARCH

7-8	... at Iowa State Last Chance Meet	Ames, Iowa	All Day
7-8	... at Notre Dame Invitational	Notre Dame, Ind.	All Day
14-15	... at NCAA Championships	Fayetteville, Ark.	All Day

## OUTDOOR

### MARCH

8	... at Florida A&M Relays	Tallahassee, Fla.	All Day
<b>21-22</b>	<b>... SNOWBIRD INVITATIONAL ... TALLAHASSEE, FLA. ... ALL DAY</b>		
<b>27-29</b>	<b>... FSU RELAYS ... TALLAHASSEE, FLA. ... ALL DAY</b>		

### APRIL

3-5	... at Texas Relays	Austin, Texas	All Day
4-5	... at Stanford Relays	Stanford, Calif.	All Day
4-5	... at Florida Relays	Gainesville, Fla.	All Day
<b>11-12</b>	<b>... SEMINOLE INVITATIONAL ... TALLAHASSEE, FLA. ... ALL DAY</b>		
17-19	... at ACC Championships	Atlanta, Ga.	All Day
24-26	... at Penn Relays	Philadelphia, Pa.	All Day
29	... at Payton Jordan Cardinal Invitational	Stanford, Calif.	All Day

### MAY

<b>10</b>	<b>... SEMINOLE TWILIGHT ... TALLAHASSEE, FLA. ... ALL DAY</b>		
16-17	... at Georgia Tech Invitational	Atlanta, Ga.	All Day
30-31	... at NCAA East Regional Championships	TBA	All Day

### JUNE

11-14	... at NCAA Championships	Des Moines, Iowa	All Day
27-6	... US Olympic Trials	Eugene, Ore.	

### AUGUST

8-24	... 2008 Summer Olympics	Beijing, China	
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HOME MEETS IN **BOLD** AT MIKE LONG TRACK

**DANA MASSIAH**  
Senior  
National Qualifier  
4x400m Relay

**HSHKENI RICHEMOND**  
Junior  
National Qualifier  
4x400m Relay

**DEBBIE HUSS**  
Senior  
National Qualifier  
10,000m

