



WOMEN'S QUALIFYING MARKS

2008 Women's Outdoor Track & Field Championship Qualifying Standards

| Event | FAT | MT |
|----------------------------------|---------------|---------|
| 100 meters..... | 11.75..... | ---- |
| 200 meters..... | 23.96..... | ---- |
| 400 meters..... | 54.61..... | 54.3 |
| 800 meters..... | 2:09.80..... | 2:09.5 |
| 1500 meters..... | 4:27.80..... | 4:27.5 |
| 3000 meter steeplechase..... | 10:50.25..... | 10:50.0 |
| 5000 meters..... | 16:52.00..... | 16:51.7 |
| 10,000 meters (automatic)..... | 33:30.00..... | 33:29.7 |
| 10,000 meters (provisional)..... | 35:00.00..... | 34:59.7 |
| 100-meter hurdles..... | 13.92..... | ---- |
| 400-meter hurdles..... | 1:00.82..... | 1:00.5 |
| 4x100 meter relay..... | 45.70..... | 45.4 |
| 4x400 meter relay..... | 3:42.00..... | 3:41.7 |

| Field Event | Metric |
|-------------------------------|--------------|
| High Jump..... | 1.75 |
| Pole Vault..... | 3.85 |
| Long Jump..... | 6.00 |
| Triple Jump..... | 12.32 |
| Shot Put..... | 14.30 |
| Discus..... | 47.30 |
| Hammer..... | 54.15 |
| Javelin..... | 43.45 |
| Heptathlon (automatic)..... | 5,500 points |
| Heptathlon (provisional)..... | 5,050 points |

2008 Women's Indoor Track & Field Championship Qualifying Standards

| Event | PROVISIONAL | | AUTOMATIC | | Field Event | Provisional (Metric) | Automatic (Metric) |
|-----------------------|-------------|---------|-----------|---------|--------------|-------------------------|-----------------------|
| | FAT | MT | FAT | MT | | | |
| 55 meters | 6.92 | ---- | 6.74 | ---- | High jump | 1.78 | 1.84 |
| 60 meters | 7.44 | ---- | 7.26 | ---- | Pole vault | 3.95 | 4.20 |
| 200 meters | 24.10 | ---- | 23.40 | ---- | Long jump | 6.10 | 6.40 |
| 400 meters | 54.70 | 54.4 | 52.70 | 52.4 | Triple jump | 12.65 | 13.30 |
| 800 meters | 2:09.40 | 2:09.1 | 2:05.40 | 2:05.1 | Shot put | 15.40 | 16.90 |
| Mile | 4:48.60 | 4:48.3 | 4:40.60 | 4:40.3 | Weight throw | 19.00 | 21.00 |
| 3000 meters | 9:34.80 | 9:34.5 | 9:15.80 | 9:15.5 | Pentathlon | 3,700 points | 4,050 points |
| 5000 meters | 16:46.60 | 16:46.3 | 16:09.60 | 16:09.3 | | | |
| 55-meter hurdles | 7.86 | ---- | 7.57 | ---- | | | |
| 60-meter hurdles | 8.43 | ---- | 8.14 | ---- | | | |
| 4x400 meter relay | 3:41.20 | 3:40.9 | 3:34.20 | 3:33.9 | | | |
| Distance medley relay | 11:32.00 | 11:31.7 | 11:11.00 | 11:10.7 | | | |

