

# FLORIDA STATE



women's track & field

2009 MEDIA GUIDE



**FASTER STRONGER UNCONQUERED**

# MIKE LONG TRACK

*Florida State's newest facility*



**Women's Locker Room**

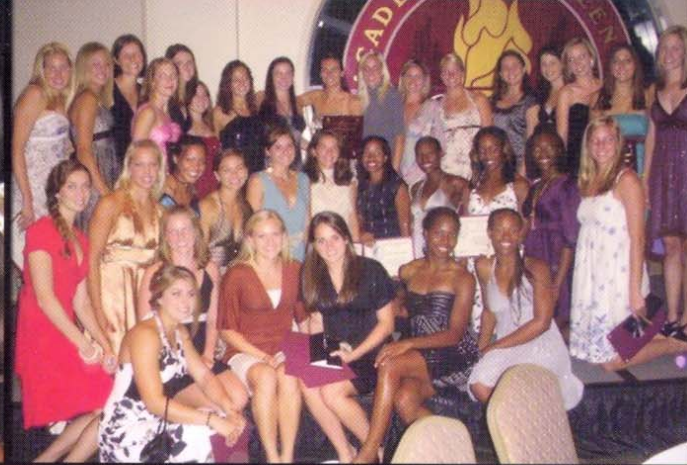


**Training Room**



**Two-Story Atrium and  
Trophy Display Area**





# 2009 SCHEDULE

## INDOOR SEASON

01/16/09	Clemson Invitational	Clemson, S.C.
	Virginia Tech Opener	Blacksburg, Va.
01/17/09	Clemson Invitational	Clemson, S.C.
	Virginia Tech Opener	Blacksburg, Va.
01/24/09	Tom Jones Memorial Invitational	Gainesville, Fla.
01/31/09	adidas Classic	Lincoln, Neb.
02/06/09	Gasparilla	Tampa, Fla.
	New Balance Collegiate Invitational	New York, N.Y.
02/07/09	New Balance Collegiate Invitational	New York, N.Y.
02/13/09	Tyson Invitational	Fayetteville, Ark.
02/14/09	Husky Classic	Seattle, Wash.
	Tyson Invitational	Fayetteville, Ark.
02/26/09	ACC Indoor Championship	Blacksburg, Va.
02/27/09	ACC Indoor Championship	Blacksburg, Va.
02/28/09	ACC Indoor Championship	Blacksburg, Va.
03/06/09	Arkansas Last Chance	Fayetteville, Ark.
03/07/09	NCAA Qualifier	Ames, Iowa
03/13/09	NCAA Indoor Championship	College Station, Texas
03/14/09	NCAA Indoor Championship	College Station, Texas

## OUTDOOR SEASON

03/06/09	North Florida Invitational	Jacksonville, Fla.
03/07/09	North Florida Invitational	Jacksonville, Fla.
03/21/09	Disney Classic	Orlando, Fla.
03/26/09	<b>FSU Relays</b>	<b>Mike Long Track</b>
03/27/09	<b>FSU Relays</b>	<b>Mike Long Track</b>
03/28/09	<b>FSU Relays</b>	<b>Mike Long Track</b>
04/01/09	Texas Relays	Austin, Texas
04/02/09	Texas Relays	Austin, Texas
04/03/09	Florida Relays	Gainesville, Fla.
	Texas Relays	Austin, Texas
04/04/09	Florida Relays	Gainesville, Fla.
	Texas Relays	Austin, Texas
04/10/09	<b>Seminole Invitational</b>	<b>Mike Long Track</b>
04/11/09	Seminole Invitational	Mike Long Track
04/16/09	ACC Outdoor Championship	Miami, Fla.
04/17/09	ACC Outdoor Championship	Miami, Fla.
04/18/09	ACC Outdoor Championship	Miami, Fla.
04/24/09	Penn Relays	Philadelphia, Pa.
04/25/09	Penn Relays	Philadelphia, Pa.
04/26/09	Penn Relays	Philadelphia, Pa.
05/02/09	Payton Jordan Cardinal Invitational	Palo Alto, Calif.
05/08/09	<b>Seminole Twilight</b>	<b>Mike Long Track</b>
05/09/09	<b>Seminole Twilight</b>	<b>Mike Long Track</b>
05/15/09	Reebok Invitational	Atlanta, Ga.
05/16/09	Reebok Invitational	Atlanta, Ga.
05/29/09	NCAA Regional Championship	Greensboro, N.C.
05/30/09	NCAA Regional Championship	Greensboro, N.C.
06/10/09	NCAA Outdoor Championship	Fayetteville, Ark.
06/11/09	NCAA Outdoor Championship	Fayetteville, Ark.
06/12/09	NCAA Outdoor Championship	Fayetteville, Ark.
06/13/09	at NCAA Outdoor Championships	Fayetteville, Ark.

