

FSU QUICK FACTS

Location	Tallahassee, Florida
Founded	1857
Fnrollment	29,000
President	Sandy D'Alemberte
Nickname	Lady Seminoles
Home Arena	Tully Gym (2,500)
Affiliation	NCAA Division I
Conference	Atlantic Coast

Athletic Administration

Athletic Director	Bob Goin
Inter, Assist, Athletic Director	Cecile Reynaud
Administrative Assistant	Missy Garrett
Athletic Director Phone	(904) 644-1079
Assistant Director Phone	(904) 644-1091

Sports Information Staff

Director	Kob vviison
Volleyball SID	TBA
SID Office Phone	(904) 644-1091
SID Home Phone	ТВА
SID Office	Fax (904) 644-3451
Promotions and Marketing	Kim McWilliams

Volleyball Staff

Head Coach	Cecile Reynaud
Alma Mater	SW Missouri St, '75
Years at FSU	Entering 19th
Record at FSU	499-206 (.707)
Assistant Coach	Shelly Birkholz
Alma Mater	Florida State, '86
Assistant Coach	Sherri Cowling
Alma Mater	Florida State, '93
Volleyball Office Pho	ne(904) 644-1091
Volleyball Trainer	Shelly Lichter
Training Room Phone	904) 644-1091

1993 Season Results

Record24-10
ConferenceAtlantic Coast
Conference Record9-5
Regular Season Conference Finish3rd
Conference Tournament Finish2nd
Starters Returning/Lost3/3
Letterwinners Returning/Lost7/3
Newcomers4
Redshirt Freshmen



CONTENTS

TRAUEL ITINERARY

Welcome to Tallahassee	2-3
Florida State University	4-5
Support Staff	6-7
History of FSU Volleyball	8-9
1994 Outlook	
1994 Roster	
Head Coach Cecile Reynaud	
Assistant Coaches	
Player Profiles	
1993 Review	
1993 Results	
Letterwinners	
Final Player Stats	31-33
1993 Final ACC Standings	
Series Records	
Opponent Profiles	
Career Records	
Individual Single Season Record	
Team Records	40-41
Yearly Results	
1994 Schedule	

Minnesota Tournament

Radisson Hotel Metrodome 615 Washington Ave. SE Minneapolis, MN 55414 (612)379-8888 Sept. 15, 16, 17

Duke/North Carolina

Comfort Inn 3508 New Mt. Moriah Rd. Durham, NC 27707 (910)490-4949 Sept. 22, 23, 24

N.C. State

Courtyard Marriott 1041 Wake Towne Drive Raleigh, NC 27609 (910)821-3400 Oct. 6, 7, 8

Maryland

Holiday Inn Calverton 4095 Powder Mill Rd. Beltsville, MD 20705 (301)937-4422 Oct. 20, 21

Virginia

Hampton Inn 2035 India Rd. Charlottesville, VA 22902 (804)978-7888

Clemson

Comfort Inn 1305 Tiger Blvd. Clemson, SC 29633 (803)653-3600 Nov. 10, 11

Georgia Tech

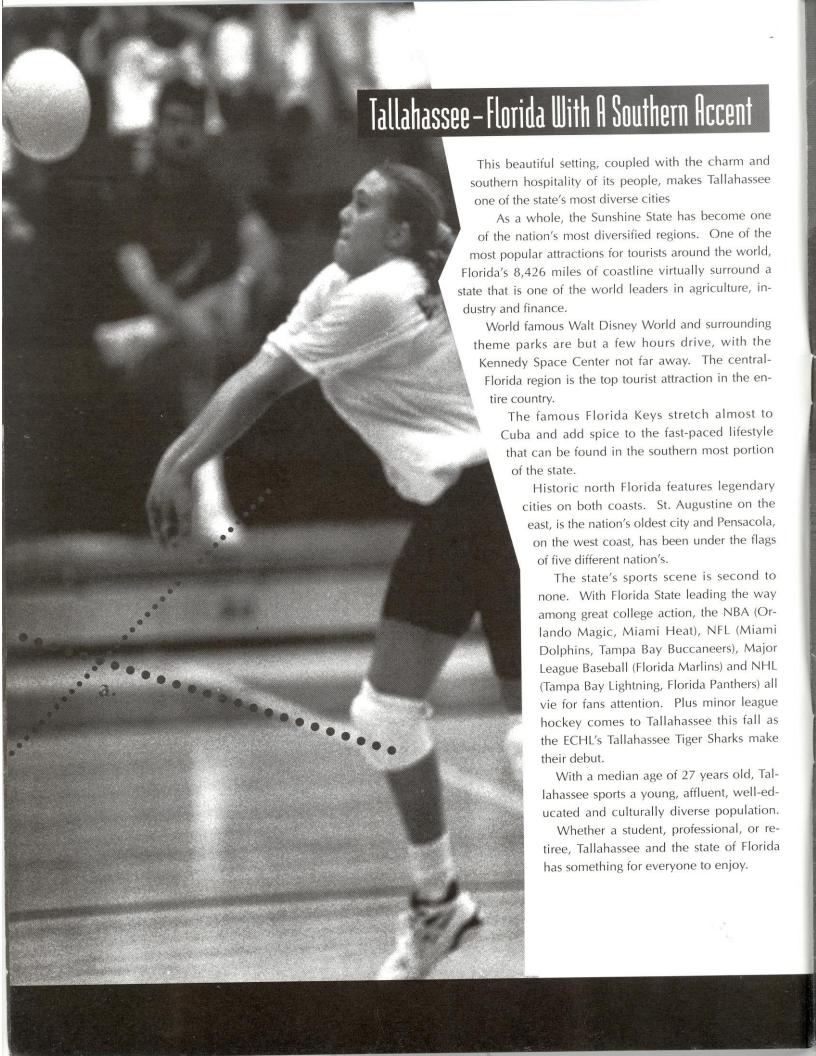
Courtyard Marriott 1132 Techwood Dr. Atlanta, GA 30332 (404)607-1112 Nov. 12

ACC Tournament

Omni Europa Chapel Hill, NC 27514 (910)968-4900 Nov. 16, 17, 18, 19

Georgia Holiday Classic

Courtyard Marriott 166 Finley St. Athens, GA 30601 (706)369-7000 Nov. 24, 25, 26







From its beginning as "The Seminary West of the Suwannee" in 1857, Florida State University has grown to stretch across 347 acres of rolling oak and pine-covered hills to comprise a campus which has educated millions of students over the last century.

Florida State University has boasted a heritage of service and scholarship since

the beginning when the legislature passed an act authorizing two state colleges – one east (now University of Florida) and one west of the meandering Suwannee River.

Starting with a 130-member coed enrollment in 1857, the Seminary survived the Civil War, reconstruction, radical social changes, and a variety of name changes to emerge in 1909 as the Florida State College for Women.

It was helped back into coed status in 1947 by a legislature anxious to open up the state's educational resources to thousands of degree-seeking ex-GI's from World War II. It also was granted a new name "Florida State University." The University's expanse and complexity today contrast vividly with its beginning. Six-

teen schools and colleges within the University serve more than 29,000 students who are enrolled in the 276 graduate and undergraduate degree programs and live and work among 1,500 faculty and 3,000 staff members. About 5,000 degrees are awarded every year.

In the past several years, the University has joined an elite group of universities

in the United States which produce more than 200 doctoral graduates annually. Emphasis on graduate research and study at the University continues to grow, and today more than 4,000 graduate students pursue a variety of degrees.

Student life at Florida State University also offers young people ample opportunity to acquire leadership skills and to

apply their classroom learning in student government, residence hall government, Greek social organizations, honors programs, departmental organizations and more than 200 other registered student organizations active on campus. The FSU Artist Series, the Distinguished Lecture Series and outstanding music, theater and dance production provide enjoyable evenings for the entire community.

Being a student at Florida State University means stepping into a tradition of more than 130 years of higher education. From its Flying High Circus to its Supercomputer Computations Research, Florida State provides a panorama of excitement, blending the educational and social sides of campus life.

FLORIDA STATE UNIVERSITY



Sandy D'Alemberte President Florida State University



Bob Goin Athletic Director Florida State University



Cecile Reynaud Interim Assistant Athletic Director Florida State University

UNIVERSITY FACTS

Enrollment 29,000
Faculty1,533
Staff3,038
Main campus347 acres
Female Student Ratio53%
Male Students Ratio47%
Average Age24
Sorority Houses16
Fraternity Houses17
Florida Students22,415
International Students778

SCHOOLS & COLLEGES

College of Arts and Sciences College of Business College of Communication School of Criminology College of Education College of Engineering, FAMU/FSU College of Human Sciences College of Law School of Library and Information Studies

School of Motion Picture, Television and Recording Arts

School of Music

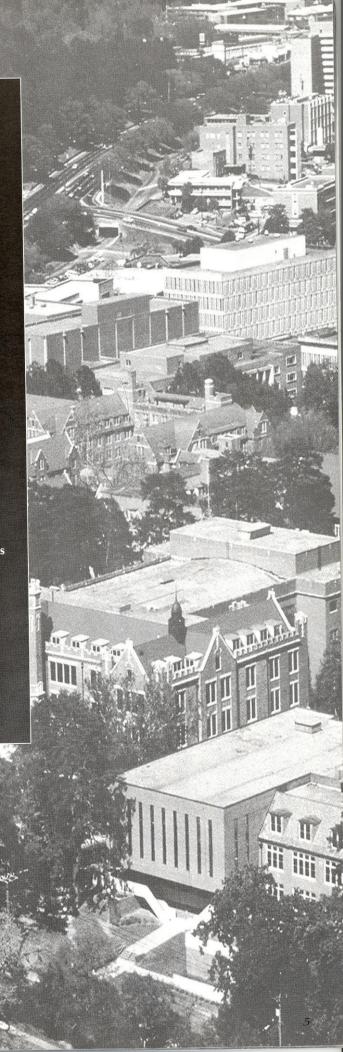
School of Nursing

College of Social Sciences

School of Social Work

School of Theatre

School of Visual Arts and Dance



ACADEMIC ADVISING

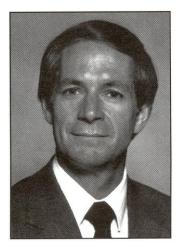
Florida State University is committed to the academic success of its student-athletes. Under the direction of Dr. Roger Grooters, the FSU athletic department's Academic Support Program is in place to meet the personal, academic and professional needs of each student-athlete.

Grooters and his staff aid student-athletes with admission, class scheduling, registration, and the normal progression towards a degree.

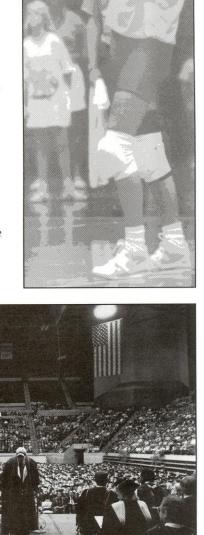
Unveiled this fall is a new state-of-the-art academic center as part of the new University Center. The center will provide study hall and tutoring rooms, as well as a resource area with study carols, computers and basic reference materials.

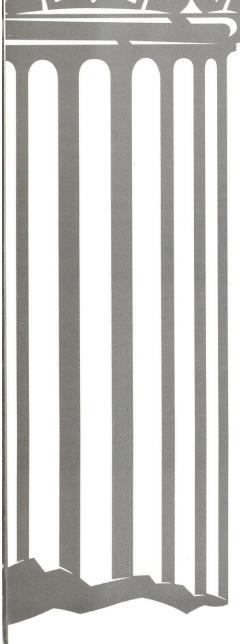
Regular class attendance is required in order to play volleyball at Florida State and attendance is closely monitored during the playing and practice seasons. Throughout the school year, nightly study halls and tutoring sessions help the student-athlete stay on course. Student-athletes have unlimited access to mentors who provide one-on-one tutoring. The academic support staff works closely with the faculty members at Florida State as well as with the athletic department's own office of Student Services.

For everyone in the Florida State athletic department—from coaches and academic support personnel to student services staff and administration—giving each student-athlete every opportunity to earn a degree is the primary goal. And every year, that goal is becoming reality for more and more Florida State student-athletes.

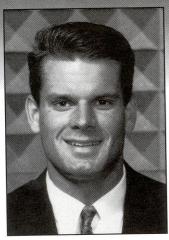


Dr. Roger Grooters Academic Support Director





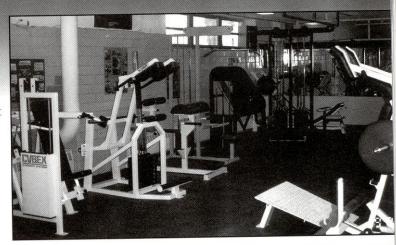
STRENGTH TRAINING & CONDITIONING

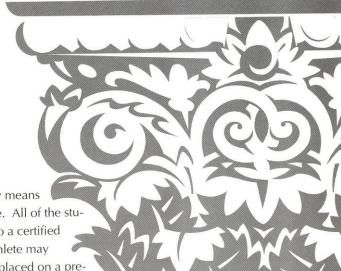


Ron Miller Strength & Conditioning Coach

Strength training and conditioning is an important part of an athlete's performance on the court. At Florida State, a supervised program is developed for volleyball, emphasizing the objectives of not building bodies, but strengthening and conditioning them. Strength coach Ron Miller individually customizes programs for each of the athletes beginning with pre-conditioning before the season gets underway. The workouts are modeled after the National Strength and Conditioning Association's volleyball training program.

Miller works with the players in sport specific training which includes conditioning the major muscles groups used in volleyball. FSU takes pride in customizing the programs to help student-athletes reach their maximum potential.





PREVENTION CARE & TREATMENT



Shelly Lichter Volleyball Trainer

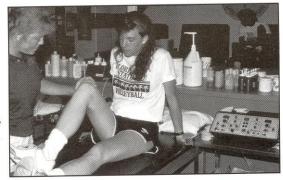
Being an athlete at Florida State University means receiving the best care and treatment possible. All of the student-athletes undergo pre-season screening so a certified trainer can detect any potential injuries an athlete may incur. If a problem is detected, the athlete is placed on a prevention care program which may include any kind of treatment from icing to exercising. The program is closely monitored by Volleyball Trainer Shelly Lichter.

Rehabilitation is another important component of the Seminole training room. Though preventing injuries is the main objective, they are unavoidable for the athletes who participate in sports. More serious injuries and illnesses are referred to the Seminole team physicians at the Tallahassee Orthopedic Center who, for

many years, have worked

in conjunction with the FSU training room in successfully rehabilitating numerous athletes after an injury.

Body fat measurements, nutrition counseling, and drug testing are all responsibilities of the athletic training team which is dedicated to providing the best care possible for all FSU student-athletes.



THE HISTORY OF



FSU VOLLEYBALL

TOURNAMENT HISTORY

Confere	ence T	ournaments		
CONF.	YEAR	SITE	Host	FINISH
METRO	1982	Tallahassee, FL	FSU	3rd Place
METRO	1983	Louisville, KY	Louisville	1st Place
METRO	1984	Columbia, SC	South Carolina	3rd Place
METRO	1985	Hattiesburg, MS	Southern Miss	1st Place
METRO	1986	Blacksburg, VA	Va. Tech	1st Place
METRO	1987	Memphis, TN	Memphis St.	1st Place
METRO	1988	Cincinnati, OH	Cincinnati	1st Place
METRO	1989	Tallahassee, FL	FSU	1st Place
METRO	1990	Louisville, KY	Louisville	3rd Place
ACC	1991	Charlottesville, VA	Virginia	3rd Place
ACC	1992	College Park, MD	Maryland	2nd Place
ACC	1993	Durham, NC	Duke	2nd Place

NCAA Championships

YEAR	SITE	RESULT	SCORE
1983	Tallahassee	Lost to Tennessee	15-12,15-12,1-15,10-15, 8-15
1985	Athens	Lost to Georgia	6-15, 1-15, 11-15
1987	Austin	Lost to Texas	6-15, 11-15, 9-15
1988	Tallahassee	Lost to Colorado State	3-15, 5-15, 15-9, 7-15
1989	Tallahassee	Lost to California	15-11, 11-15, 13-15, 13-15
1990	Lexington	Lost to Kentucky	12-15, 10-15, 15-10, 10-15
1992	Gainesville	Lost to Florida	9-15, 3-15, 10-15
1993	Tallahassee	Beat DePaul	15-8, 7-15, 15-10, 15-13
	Tallahassee	Lost to Pacific	6-15, 17-15, 6-15, 9-15

Player Achievement Awards

Metro Conference All-Tournament Team 1980 Marie Sanders

1300	Trianic daniers
	Shannon Lages
1982	Alicia Cross
	Karyn Palgut
	Marie Sanders
1983	Karyn Palgut*
	Sally Summer
	Marie Sanders
1984	Karyn Palgut
1985	Joan Morris*
	Donna Krai
	Julie Todd
1986	Joan Morris*
	Deanne Kaleta
	Julie Todd
	Julie Plattner
1987	Julie Todd*
	Nancy Gaspadarek
	Deanne Kaleta
1988	Deanne Kaleta*
	Nancy Gaspadarek
	Maggie Philgence
1989	Nancy Gaspadarek*
	Sonia Treveno
	Gabrielle Reece
	Maggie Philgence
1990	Maggie Philgence
* Most	Valuable Player of the Tournan

Metro All-Conference Players

Metro	All-Comerence riay
1985	Donna Krai
1986	Joan Morris Ioan Morris
	Julie Todd
1987	Nancy Gaspadarek
	Deanne Kaleta
	Julie Todd
1988	Nancy Gaspadarek
	Deanne Kaleta
	Maggie Philgence
1989	Nancy Gaspadarek
	Maggie Philgence
	Gabrielle Reece
1990	Maggie Philgence
	Cabrialla Daggo

Metro Rookie of the Year

1985	Lynne Fullhart
1986	Nancy Gaspadarek
1987	Maggie Philgence

Metro Coach of the Year

1988	Cecile R	Reynaud
1989	Cecile R	Revnaud

Atlantic Coast Conference **All-Tournament Team**

1991	Deanna Bosschaert
1992	Sherry Cowling
	Bianca Stevens
	Luiza Ramos (2nd Team
1993	Luiza Ramos
	Franci Rard

Atlantic Coast Conference Team

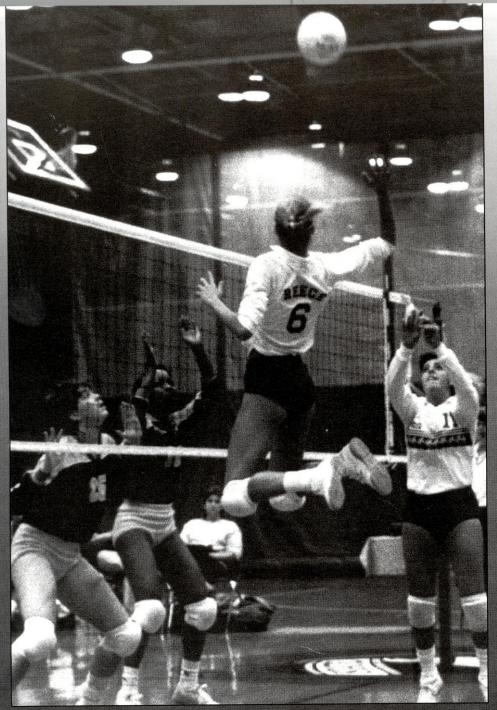
1991	Kristine Cousins (2nd Tean
1992	Sherry Cowling
	Bianca Stevens
	Luiza Ramos
1993	Luiza Ramos
	Vicki Zinkil (2nd Team)

Atlantic Coast Conference Coach of the Year

Cecile Reynaud

ACC Academic Honor Roll

1991	Catie Lotarski Jennifer McCall
1992	Vicki Zinkil Deanna Bosschaert
	Jennifer Cichy Jennifer McCall
1993	Deanna Bosschaert Catie Lotarski Jennifer McCall Franci Rard



Since its beginning in 1968 with a group of physical education students and a volunteer coach, Florida State volleyball has shed its club team roots to become one of the nation's premiere programs.

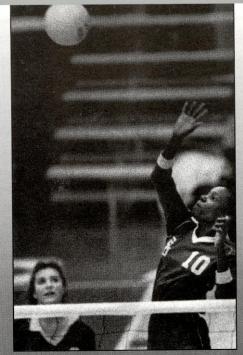
In its infancy it was not uncommon for the group of aspiring athletes and teachers to pay their own way to tournaments and share warm-up suits with the other women's club teams. The club struggled to become established in those early years as team members were faced with having to find a new volunteer head coach each of the program's first five years.

After Florida State made its first ever appearance at the AIAW National Tournament in 1971, Dr. Billie Jones assumed the coaching duties on a permanent basis for the next six seasons. Under Jones' direc-

tion the Seminoles amassed a 107-22 record, and volleyball at Florida State became a mainstay.

Success continued for the program as it returned to the AIAW National Tournament in 1973, '74 and '75, while competing for state and regional championships along the way. Popularity for the sport began to grow. Former FSU basketball head coach Hugh Durham and his wife Melinda were two of the team's biggest supporters, often attending home matches. In just a few short years, Florida State volleyball became recognized as one of the sport's upand-coming programs.

Current head coach Cecile Reynaud continued to build on the foundation laid by her predecessors. Under Reynaud's guidance FSU qualified for the AIAW Na-



FSU VOLLEYBALL COACHES

1968 - Martha Pat Moore

1969 - Dr. Judy Butcher

1970 - Dr. Billie Jones

1971 - Dr. Linda Warren

1972 -1975 Dr. Billie Jones (107-22)

1976 -1993 Cecile Reynaud (499-206)

tional Tournament three more times. After their third successive AIAW appearance in 1981, Florida State joined the NCAA and began competing in the Metro Conference in '82.

Before FSU joined the Atlantic Coast Conference in 1992, they had captured six Metro Conference titles. In three years of ACC play the Seminoles have an ACC regular season co-championship to their credit.

Since Florida State became a NCAA volleyball member in 1982, the Seminoles have qualified for the National Championship Tournament eight times, including six appearances in the last seven years.

Perhaps the most famous of the FSU volleyball alumni is Nike spokeswoman and world-class model Gabrielle Reece. After enjoying a standout career at Florida State, Reece has gone on to become a force in the Pro Beach Circuit. She also has a regular fitness column in *Elle Magazine* and appears on *MTV Sports*.

In the 26 years since its inception, Florida State volleyball has prided itself in giving athletes the opportunity to reach their full potential both on the court and in the classroom. Pride, tradition and success are all part of what is known as Seminole Volleyball.

ot one to shy away from a challenge, head coach Cecile Reynaud and her 1994 Seminole volleyball team are faced with perhaps their biggest in the program's history.

Not only does the team have to replace three starters from last year's squad, they also play what is arguably their toughest schedule ever.

The Tribe returns Deanna Bosschaert, Adria Ciraco, Catie Lotarski and Luiza Ramos for their senior years. The foursome will form the nucleus for this year's club, as they are the team's only upperclassmen. They are joined by sophomores Val Broussard, Patty Diamond and Sonia Preocanin, while the remainder of the roster is dotted with freshmen.

"We have a strong, balanced team this year," commented Reynaud. "The young players will be called upon early. Do not be surprised to see a couple of freshmen in the staring lineup."

Perhaps the biggest challenges facing Reynaud and her coaching staff will be establishing a starting lineup and finding a balance between youth and experience.

With an average height of 5-11 the Seminoles look to be strong at the net. Despite the loss of four year starter Vicki Zinkl, FSU will again, rely heavily on the blocking skills of its middle hitters. Sophomore Val Broussard is the Seminoles' only middle with collegiate playing experience. At 5-11, Broussard totalled 102 blocks as a freshman. Heidi Sorensen (5-11) used a red-shirt year to learn the

Florida State system and will contend for a playing time. A pair of freshmen, Susan Hawks (6-2) and Susan Johnson (6-1), have coaches anxiously awaiting their arrivals in Tallahassee as each one possesses the tools for a bright volleyball future.

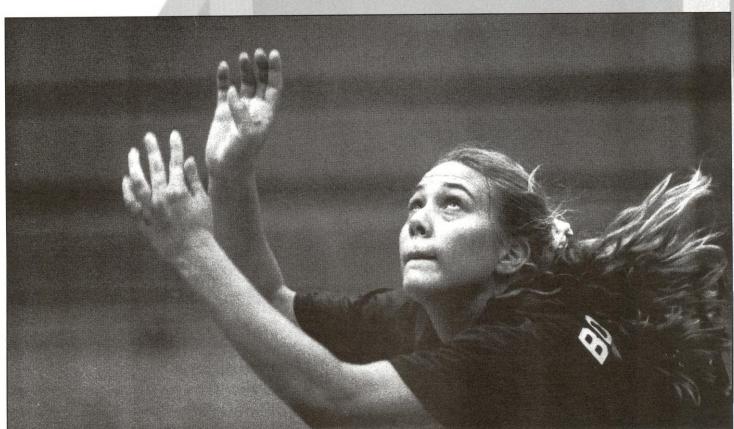
Leading the attack from the outside hitter's spot are Deanna Bosschaert and Luiza Ramos. Both are three year starters at the position and have already amassed over 1,000 kills each. Ramos, who also has 1,263 career digs, is a strong all-around player that should contend for All-American honors. Bosschaert brings a contagious enthusiasm to the game and with Ramos gives the Seminoles a 1-2 punch offensively and defensively.

Adria Ciraco has devel-

oped into a defensive specialist often called upon for her digging and passing skills from the back row. Catie Lotarski gained valuable experience last season when a rash of injuries forced her into a starting role. Both players will be looked to impart their volleyball knowledge to FSU's younger players.

Sophomore Sonia Preocanin is coming off an outstanding spring. She brings a strong block to the lineup and should contend for a starting spot after being used sparingly as a redshirt-freshman. A "smart hitter" who is adept at avoiding the block when attacking Laura Arnold comes in for her freshman year looking to "step right in" at the outside hitter position.

The setting responsibilities



OUTLOOK

fall on the shoulders of sophomore Patty Diamond. After spending her first year "learning the ropes," Diamond looks to continue the tradition of fine setters at Florida State. She will be pressed for playing time by freshman Maureen McCarthy who brings impressive prep credentials to FSU.

"This may be the most athletic team I have had," praised Reynaud. "It is going to give us the opportunity to run different types of offenses and will enable us to get to a lot of balls. The athleticism will also be evident in our net play."

The team athleticism and poise will be tested early. The Seminoles' 1994 schedule features 10 teams that qualified for NCAA post-season play last year. After kicking the year off at home against

Southern Illinois and Iowa, Florida State plays host to the Volleyball Monthly Invitational, featuring NCAA runner-up Penn St., National Invitational champion LSU, and traditional powerhouse UCLA, which held the nation's top ranking for eight weeks during the '93 season.

FSU plays a home-andhome series with intra-state rival Florida. A Final-Four participant last season, the Gators were blanked 15-0 in Tallahassee last year en route to a five game FSU victory, as the two teams split the series, winning one match each.

The Tribe travels to Minneapolis, MN for the Minnesota Tournament. The four team field consists of DePaul, Fresno State and Minnesota. Both DePaul and Minnesota quali-

fied for last year's NCAA Tournament, with the Seminoles defeating the Blue Demons in the opening round.

Florida State begins Atlantic Coast Conference play September 23rd when it travels to Durham, NC to take on the Duke Blue Devils in a rematch of last year's conference tournament championship match. The Seminoles look to break the Blue Devils hold on both the regular season and conference championships in 1994.

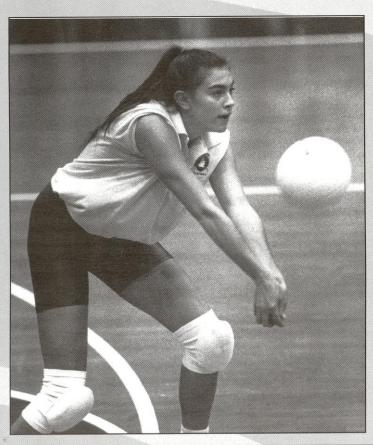
In addition to Florida, the Seminoles play an out of conference schedule that includes Florida Atlantic, Jacksonville, Notre Dame and Central Florida. All four teams make appearances in Tallahassee during the season.

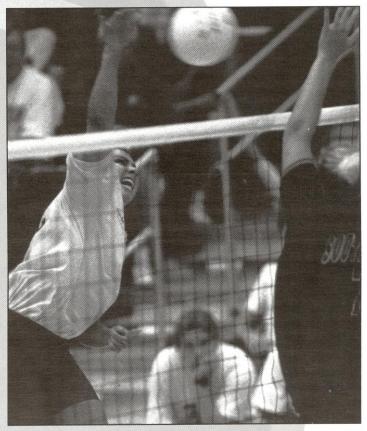
After the ACC Tournament

in Chapel Hill, NC, November 18-20, Florida State travels to the Georgia Holiday Classic for the Thanksgiving weekend to face South Florida, Memphis State and Georgia.

"We have put together a schedule that will either make or break us," added Reynaud. "This undoubtably is the toughest schedule we have had in my 18 years here. We are in a position that if we are able to knock some teams off early we can put ourselves firmly in the Top-20."

If Florida State is to make a third consecutive trip to the NCAA Tournament it will rely on the leadership of its seniors and hope that it's freshmen "grow-up" in a hurry. Under the guidance of Reynaud this is not only possible, but probable.







1994 ROSTER

Florida State Alphabetical Roster

No.	Name	Pos	Ht	Cl	Hometown
15	Laura Arnold	ОН	5-8	Fr	Stuart, FL (Martin County)
11	Deanna Bosschaert	OH	5-11	Sr	Tampa, FL (Berkeley Prep)
6	Valerie Broussard	MH	5-11	So	St. Martinville, LA (Episcopal School of Acadiana)
4	Adria Ciraco	MH	5-10	Sr	East Quoque, NY (Westhampton Beach)
1	Patty Diamond	S	5-10	So	Livonia, MI (Stevenson)
14	Susan Hawks	MH	6-2	Fr	Tampa, FL (Chamberlain)
13	Susan Johnson	MH	6-1	Fr	Ft. Wayne, IN (Northrop)
5	Catie Lotarski	ОН	5-10	Sr	West Chicago, IL (St. Francis)
8	Maureen McCarthy	S	5-9	Fr	Quincy, MA (North Quincy)
7	Sonia Preocanin	OH	6-2	So	Hamilton, Ontario (Hill Park Secondary)
12	Luiza Ramos	ОН	5-8	Sr	Fortaleza, Brazil (Ft. Myers)
9	Heidi Sorensen	МН	5-11	Fr	Lyons, CO (Longmont)

Florida State Numerical Roster

No.	Name	Pos	Ht (Cl	Hometown				
1	Patty Diamond	S	5-10	So	Livonia, MI (Stevenson)				
4 5 6	Adria Ciraco Catie Lotarski Valerie Broussard	MH OH MH	5-10	Sr Sr So	East Quoque, NY (Westhampton Beach) West Chicago, IL (St. Francis) St. Martinville, LA (Episcopal School of Acadiana)				
7	Sonia Preocanin	ОН	6-2	So	Hamilton, Ontario (Hill Park Secondary)				
8	Maureen McCarthy	S	5-9	Fr	Quincy, MA (North Quincy)				
9	Heidi Sorensen	МН	5-11	Fr	Lyons, CO (Longmont)				
11	Deanna Bosschaert	ОН	5-11	Sr	Tampa, FL (Berkeley Prep)				
12	Luiza Ramos	ОН	5-8	Sr	Fortaleza, Brazil (Ft. Myers)				
13	Susan Johnson	MH	6-1	Fr	Ft. Wayne, IN (Northrop)				
14 15 PRON	Susan Hawks Laura Arnold UNCIATIONS	MH OH		Fr Fr ASS	Tampa, FL (Chamberlain) Stuart, FL (Martin County) MAJORS				

Deanna Bosschaert (BO-shart)
Valerie Broussard (BRU-sard)
Adria Ciraco (AID-ree-a SIR-awco)
Catie Lotarski (La-TAR-ski)
Sonia Preocanin (Sawn-ya PREE-o-cannon)
Luiza Ramos (LOU-eesa Hawm-os)
Heidi Sorenson (Sore-en-sun)
Cecile Reynaud (Sa-seal Ra-NAWD)

Juniors: (0)
Sophomores: (3) Broussard, Diamond,
Preocanin
Redshirt Freshmen: (1) Sorensen
Freshmen: (4) Arnold, Hawks, Johnson,

Seniors: (4) Bosschaert, Ciraco, Lotarski,

Business: (2) Diamond, Preocanin
Early Childhood Development: (1) Lotarski
Dietetics: (2) Bosschaert, Broussard
Communication: (1) Ciraco
Biology: (1) Diamond
Computer Science: (1) Ramos
English: (1) Sorensen

BY POSITION

Setter: (2) Diamond, McCarthy Middle Hitter: (4) Broussard, Hawks, Johnson, Sorensen Outside Hitter: (6) Arnold, Bosschaert, Ciraco, Lotarski, Preocanin, Ramos



COACHES PROFILE CECILE REYNAUD

19th Season: Career Record 499-206 (.707), Alma Mater: SW Missouri State, 1975

ead Coach Cecile Reynaud can boast of many accomplishments during her 18 year career at Florida State. But ask her to name any and chances are the modest coach would shy away from listing personal achievements. More than likely she would talk about the pride she feels as her players graduate and receive their degrees or of the lasting friendships that have developed. Once the coach begins to talk about past and present players it does not take long to realize that each one has a special place in her heart. Reynaud establishes a rapport with her players that lasts well beyond their playing days.

What is amazing in this era of self promotion is that the veteran coach would not mention that she is on the verge of an accomplishment achieved only 10 other times in NCAA history.

Cecile Reynaud enters the 1994 season needing just one victory to gain membership in the 500 career win club. En route to this coaching milestone, Reynaud has compiled impressive credentials at Florida State. During her tenure, FSU has yet to encounter a losing season. With a 499-206 career mark, Reynaud is undoubtedly one of the most successful coaches in volleyball today.

Reynaud has guided Florida State to NCAA post-season play eight times, including tournament berths six of the last seven years. In 1993, the Seminoles made their best showing ever in the NCAA Tournament advancing into the second round. During the year FSU appeared in the Top-25 poll nine times. The Tribe enjoyed one of its highest rankings in the history of the program when it held down the 17th spot midway through the year. In addition, the teams' 24-10 record marked Reynaud's 17th 20win season at FSU.

Reynaud's successes are not limited to the volleyball court. During her tenure at FSU 97.4 percent of her athletes who played four years of volleyball have received their undergraduate degrees. Reynaud has served as a mentor to players that have gone on to enjoy careers as a world class model, television sports color commentator, olympian and of course professional volleyball, to name a few.

Her dedication and hardwork were recently rewarded when Florida State's director of intercollegiate athletics, Bob Goin, named Reynaud an interim assistant athletic director. In addition to her volleyball responsibilities, the new assistant AD is charged with overseeing all of FSU's non-revenue sports with the exception of women's basketball.

Since the 1982 season when FSU began NCAA competition, the Seminoles have tied for the regular season ACC title, captured six Metro Conference championships and made eight NCAA tournament appearances.

A two-time Metro Conference Coach of the Year, Reynaud was also honored as Coach of the Year by the Atlantic Coast Conference in 1992. She was also named Florida Association of Intercollegiate Athletics for Women Coach of the Year in 1991 and in 1989 she garnered AVCA South Region Coach of the Year accolades.

Presently, Reynaud is a member of the Volleyball Hall of Fame selection committee. She also serves on the AVCA ethics committee and is active on the USVBA Board of Directors and Executive Committee.

In 1983, she went to the international level and served as the assistant coach at the World University Games in Canada and in 1985 was head coach for the United States Junior National Team which toured Japan and China. She has been on the AVCA All-America Committee and was the Zone Coordinator for the 1986 and 1987 Olympic



Festivals. She has continued to serve as the commissioner for the Olympic Festival since 1988.

Reynaud participated in the 1990 Goodwill Games as the technical secretary and is past-president of the American Volleyball Coaches Association.

As an expert on the game, Reynaud has been a technical consultant for two Power Volleyball films and the third edition of the book "Power Volleyball." She has co-authored numerous articles pertaining to women's athletics and continues to be active on the speakers' circuit.

Reynaud has been an instructor at more than 35 camps across the country and hosts her own each year which attracts nearly 500 young volleyball players from across North America.

A 1975 graduate of Southwest Missouri State, Reynaud enjoyed an outstanding athletic career on the volleyball team and was twice named among the Outstanding College Athletes in America. In 1983, she was inducted into the school's Women's Athletic Hall of Fame.

Aside from the rigors of coaching, Reynaud has returned to the classroom at Florida State where she is in pursuit of a Ph.d in athletic administration.

COACHING RECORD



1976	33-14	State runner-up
1977	25-13	State champion 4th at Regionals
1978	28-14	State champion 1st at Regionals AIAW Nationals first round
1979	31-19	State runner-up 1st at Regionals AIAW Nationals second round
1980	43-14	State champion 3rd at Regionals
1981	43-8	State champion 1st at Regionals AIAW Nationals third round
1982	27-17	3rd in Metro Conference Metro Tournament 3rd place
1983	31-6	1st in Metro Conference, Metro Tournament 3rd place NCAA first round
1984	20-13	3rd in Metro Conference Metro Tournament 3rd place
1985	22-10	1st in Metro Conference Metro Tournament 1st place NCAA first round
1986	25-11	1st in Metro Conference Metro Tournament 1st place NCAA first round
1987	22-11	1st in Metro Conference Metro Tournament 1st place ^c NCAA first round
1988	28-8	1st in Metro Conference Metro Tournament 1st place NCAA first round
1989	30-5	1st in Metro Conference Metro Tournament 1st place NCAA first round
1990	25-10	3rd in Metro Conference Metro Tournament 3rd place NCAA first round
1991	16-15	5th in ACC ACC Tournament 3rd place

Tied 1st in ACC ACC Tournament 2nd place NCAA first round

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IIIUSI	CHREEN UICIUMES (Among Active Coaches)		
1.	Andy Banachowski (UCLA)	148	.833
2.	Linda Dollar (SW Missouri St)	238	.754
3.	Mick Haley (Texas)	164	.810
4.	Elaine Michaelis (BYU)	174	.796
5.	Geri Polvino (Eastern Kentucky)	359	.618
6.	Terry Pettit (Nebraska)	139	.802
7.	Barbara Viera (Delaware)	337	.622
8.	Stephanie Schleuder (Minnesota) 540	270	.667
9	Dick Bagge (Providence)	221	.707

7.	Barbara Viera (Delaware)	337	.622	22
8.	Stephanie Schleuder (Minnesota) 540	270	.667	21
9.	Dick Bagge (Providence)533	221	.707	17
10.	Dave Shoji (Hawaii)	115	.821	19
11.	Cecile Reynaud (Florida State)499	206	.708	18
12.	Russ Rose (Penn St)	102	.830	14
13.	Debby Colberg (Sacramento St)	151	.761	18
14.	100	179	.722	15
	,			

REYNAUD'S MILESTONE UICTORIES

100	vs. Lake City JC (1979)	15-5	15-11		
200	vs. Georgia (1981) 15-1	15-5			
300	vs. Northwestern (1985) 9-15	16-14	8-15	15-9	15-11
	vs. Memphis State (1989) 14-16				

26-8

24-10

27

21

20 32

28

19

17

213

.686

Coaches Profile



SHELLY BIRKHOLZ

ASSISTANT COACH, 8TH SEASON, FLORIDA STATE, 1986

Shelly Birkholz returns for her eighth year as an assistant coach at Florida State. Three years ago,

Birkholz returned to her position after a year's absence when she served as the Indiana women's coordinator for the Fellowship of Christian Athletes. Previously, Birkholz was the assistant from 1986 through the 1989 seasons during which the Lady Seminoles made three appearances in the NCAA tournament.

After a standout prep career at Hononegah High School in Roscoe, Illinois, Birkholz accepted a volleyball scholarship at FSU. Knee surgery side-lined her as a sophomore, however Birkholz continued to play an important role on the Lady Seminole team for the next two years.

Birkholz graduated from Florida State in 1986 with a degree in leisure services before she officially joined the coach-

ing staff. She continued her education and earned her Master's degree in 1988.

She currently coordinates recruiting, monitors the academic progress of the players and provides Reynaud with input on daily practices and matches. She also assists and participates in the team's training and workout sessions which led to her selection and top two finish at the American Gladiators competition held in Tallahassee in the spring of '92.

As one of the organizers of the FSU huddle for FCA, Birkholz continues her speaking engagements around the state. In 1991, she served as an administrative assistant for the volleyball delegation at the Olympic Festival in Los Angeles. Birkholz also coached the Big Bend USVBA 18 and older team in 1992 and assists in the Cecile Reynaud Volleyball Camp each summer.



SHERRY COWLING

ASSISTANT COACH,1ST SEASON,FLORIDA STATE, 1993

After playing her senior year for head coach Cecile Reynaud at Florida State, Sherri

Cowling returns to her alma mater as a member of the volleyball coaching staff. Upon receiving her undergraduate degree in economics, Cowling spent the last year as a high school history teacher and volleyball coach.

While at Florida State, Cowling established a new school record, since broken, when she registered 72 assists in a match vs. Duke. She was also honored by being named a GTE Academic All-American and to the American Volleyball Coaches Association All-South Region team.

In her only year of Atlantic Coast Conference competition she was voted to both the All-ACC and ACC All-Tournament squads. During the 1992 season Cowling was selected to the Gator Invitational, South Florida Invi-

tational, and Hofstra Invitational All-Tournament teams.

Prior to her transfer to Florida State the Miami, FL native played three seasons at Syracuse University. Before joining the Florida State staff Cowling was active in youth volleyball as a coach with the Big Bend Junior Volleyball Club.

In addition to assisting with the day-to-day volley-ball operation Cowling will work closely with FSU's setters as well as being involved in player recruitment.





#11 Deanna Bosschaert

5-11, SENIOR, OUTSIDE HITTER, TAMPA, FL (Berkeley Prep)

Offensive weapon with deadly accuracy from outside hitter position... member of FSU's 1,000 Kill Club...

already ranks fifth on the all-time service aces' chart with 128... should finish career listed among the Top 5 in kill attempts, kills and digs...holds Atlantic Coast Conference Tournament hitting percentage record at .653 set in 1991...1993: Put away her 1,000th career-kill in regular season finale vs. Troy State...recorded seven double-doubles on the year with six coming over a seven match period...registered 10 or more kills in 19 of 29 matches...hit over 40 percent in seven matches, including a season high 65.4 percent (20k, 3e, 26a) vs. Virginia...tallied team high kill totals in seven matches...missed last two matches of the ACC Tournament and both NCAA matches with an ankle sprain...injury occurred in opening match of the ACC Tournament vs. North Carolina when she landed on an opponent's foot after an attack...per game kill average of 3.45 was second highest on the team...1992: Started all 34 matches...pounded out a career high of 26 kills in the ACC Tournament title match against Duke...hit a career best .750 (10k, 1e, 12a) against Florida A&M...finished third on the team in kills (354), assists (39) and digs (297)...second in service aces (42) for the season...1991: Started in 28 of 30 matches her freshman year...hit a then career high 25 kills against Virginia at the ACC Tournament...named to the ACC All-Tournament team...led FSU in service aces (42), was third on the team in kills (289) and total blocks (67) for the season...HIGH SCHOOL: Originally from Ontario where she played for Parkside High School in Dundas...played on the Ontario Volleyball Midget All-Star team her freshman year...club team took the Provincial championship and fifth place in the national tournament...named MVP at the McMaster University High School Tournament...Provincial Volleyball team placed fourth at Nationals her junior year... played on Berkeley HS's Class 1A State Championship team in 1990 after moving to Tampa for her senior year...garnered All-State honors as a senior...also named to the All-County and All-Conference squads...St. Petersburg Times and Tampa Tribune Volleyball Player of the Year...PERSONAL: Enjoys playing beach volleyball, golf and basketball...engaged to marry Ontario native and FSU basketball player Stephen Gruel...majoring in dietetics... born November 10, 1973.

BOSSCHAERT AT FSU

ALKIA	1130	6000	_		DCT	CA	CE	ACT	RS	RA	BF	RE	BHE	DIG
MP	GP	K	E	IA	PCI	SA	SE	ASI	D 3	D/ C				
20	106	289	158	738	.177	42	77	60	7	60	8	75	6	236
30							56	30	10	20	3	42	8	297
34	121	354	1/2	8//	.207	42	30					27	(246
30	106	366	168	897	.221	44	74	33	2	55	6	3/	6	246
94	333	1009	498	2512	.203	128	207	132	19	135	17	154	20	779
	MP 30 34 30	30 106 34 121 30 106	MPGPK301062893412135430106366	MP GP K E 30 106 289 158 34 121 354 172 30 106 366 168	MP GP K E TA 30 106 289 158 738 34 121 354 172 877 30 106 366 168 897	MP GP K E TA PCT 30 106 289 158 738 .177 34 121 354 172 877 .207 30 106 366 168 897 .221	MP GP K E TA PCT SA 30 106 289 158 738 .177 42 34 121 354 172 877 .207 42 30 106 366 168 897 .221 44	MP GP K E TA PCT SA SE 30 106 289 158 738 .177 42 77 34 121 354 172 877 .207 42 56 30 106 366 168 897 .221 44 74	MP GP K E TA PCT SA SE AST 30 106 289 158 738 .177 42 77 60 34 121 354 172 877 .207 42 56 39 30 106 366 168 897 .221 44 74 33	MP GP K E TA PCT SA SE AST BS 30 106 289 158 738 .177 42 77 60 7 34 121 354 172 877 .207 42 56 39 10 30 106 366 168 897 .221 44 74 33 2	MP GP K E TA PCT SA SE AST BS BA 30 106 289 158 738 .177 42 77 60 7 60 34 121 354 172 877 .207 42 56 39 10 20 30 106 366 168 897 .221 44 74 33 2 55	MP GP K E TA PCT SA SE AST BS BA BE 30 106 289 158 738 .177 42 77 60 7 60 8 34 121 354 172 877 .207 42 56 39 10 20 3 30 106 366 168 897 .221 44 74 33 2 55 6	MP GP K E TA PCT SA SE AST BS BA BE RE 30 106 289 158 738 .177 42 77 60 7 60 8 75 34 121 354 172 877 .207 42 56 39 10 20 3 42 30 106 366 168 897 .221 44 74 33 2 55 6 37	MP GP K E TA PCT SA SE AST BS BA BE RE BHE 30 106 289 158 738 .177 42 77 60 7 60 8 75 6 34 121 354 172 877 .207 42 56 39 10 20 3 42 8 30 106 366 168 897 .221 44 74 33 2 55 6 37 6

BOSSCHAERT CAREER HIGHS

KILLS 26, vs. Duke (11/22/92) ATTACKS 62, vs. Duke (11/22/92)

HITTING % .750, vs. FAMU (10k 1e 12a) (10/13/92)

ACES 6, vs. Georgia Tech (11/10/91)

SOLO BLCKS 2, vs. NE Louisiana (9/5/91); vs. Minn (9/12/92)

BLCK ASSTS 5, vs. Loyola Marymount (9/13/91), Fl. International (9/21/91)

DIGS 22, vs. Maryland (10/18/91)

ASSISTS 5, vs. William & Mary (11/2/91); Georgia Tech (11/10/91)





#6 UALERIE BROUSSARD

5-11, SOPHOMORE, MIDDLE HITTER, ST. MARTINVILLE, LA (Episcopal)

Emerged as a future star after gaining valuable playing time as a freshman...will be

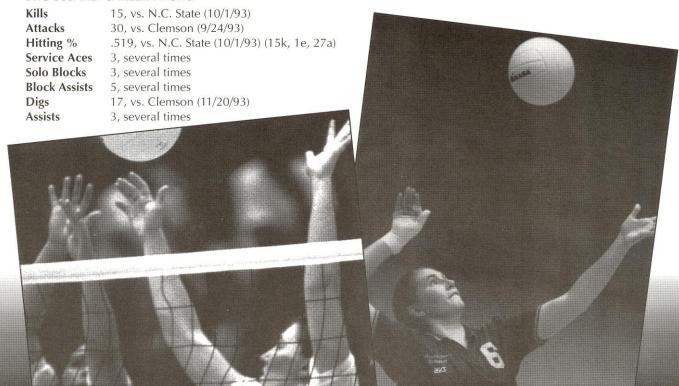
called upon to give the Seminoles a blocking threat defensively...Florida State's only middle hitter with collegiate playing experience...used 1992 redshirt year to learn the FSU system and adapt to college game...1993: One of two players to see action in all 116 games...teamed with Vicki Zinkil to give the Seminoles a solid blocking duo... registered 102 blocks...also tallied 19 solo blocks... reached double figure kills on six occasions...best allround performance came in a five game win over Clemson...hit 40 percent in the match, totalling 13 kills and 11 digs...Clemson match marked her only double-double of the season...came back the next night to turn in a then career high 14 digs vs. Georgia Tech...had a career high 15

kills in first meeting with N.C. State...hit a career best 51.9 percent in the match...led the team in kills in regular season finale win over Troy State...put away 11 balls in the match on 18 attempts...turned in a career best 17 dig performance in ACC Tournament semifinal victory over Clemson...one of four Seminoles to pound out double figure kills (10) in NCAA opening round win over DePaul... 1992: Opted for a medical redshirt after being diagnosed with stress fractures in both legs after summer workouts...HIGH SCHOOL: Led Episcopal School of Acadiana to four consecutive Louisiana state titles...named most valuable player at the 1991 state championship...selected Lafayette Advertiser / Pepsi All-Acadiana MVP...three time All-Acadiana and All-District player...twice an All-State selection...PERSONAL: Plans to major in dietetics at Florida State...born November 2,

BROUSSARD AT FSU

YEAR	MP	GP	K	E	TA	PCT	SA	SE	AST	BS	BA	BE	RE	BHE	DG
1993	34	120	218	92	567	.222	26	61	30	19	83	26	5	3	244

BROUSSARD CAREER HIGHS





#4 ADRIA CIRACO

5-10, SENIOR, MIDDLE HITTER, EAST QUOGUE, NY (Westhampton Beach)

Possesses strong defensive skills...role player often called upon to play the back row in crucial situations...used

primarily for passing and digging skills...unselfish, team player who will provide senior leadership...1993: Saw action in 29 matches, playing in 73 games...used primarily to spell Valerie Broussard in the back row...dug a career best 21 balls in first meeting against Duke...also registered a season high four kills and 12 attacks in the match...recorded career high seven assists in home win over Virginia...totalled 14 kills, 16 assists and 85 digs in limited playing time...pressed into action in mid-October due to injury to Franci Rard...11 of her 13 kills, and 13 of her 16 assists came in successive matches during that stretch...also tallied 34 digs during that four match span...played in every ACC and NCAA Tournament game... dug 14 balls during the ACC tourney...chipped in a pair of four dig performances in NCAA's...1992: Broke all but one of her career highs during her second season...started in the back row for senior

standout Bianca Stevens...fifth on the team in digs (233) and service aces (29)...had 14 digs versus Minnesota (9/11)...starter in 31 of 34 matches...1991: Played in 18 matches...had a career high of six kills on two occasions and picked up seven digs against South Florida... dug 32 balls on the year...HIGH SCHOOL: Finished an impressive prep career at Westhampton Beach HS where she excelled in volleyball, basketball and tennis...named Most Valuable Player of her '91 volleyball squad and a two-time MVP in tournament competition...four-time All-League winner and three-time All-Conference honoree...led her Long Island Big Apple club team to two regional championships and an East Coast title...club team won the New York State Silver Medal at the Empire Games in 1989...participated in the National Jr. Olympics in 1990 and '91...also selected All-League and All-Conference in tennis...named Outstanding Senior Athlete by the Westhampton Beach Coaches Association...PERSON-AL: Enjoys skiing and beach volleyball...majoring in child development...born April 30, 1973.

CIRACO AT FSU

YEAR	MP	GP	K	E	TA	PCT	SA	SE	AST	BA	BE	RE	BHE	DIG
1991	18	41	6	3	17	.176	5	13	1	4	3	6	3	32
1992			19			.058	29	37	11	6	1	11	5	233
1993	29	73	14	9	42	.119	2	13	16	2	1	9	0	85
Total							36							350

CIRACO CAREER HIGHS

KILLS ATTACKS 5, vs. McNeese St. (9/12/92)

ATTACKS

12, vs. Florida (9/5/92)

HITTING %

1.000, vs. Clemson (9/24/93) (1k, oe, 1a)

ACES

3, vs. USF (9/5/92)

SOLO BLCKS

BLCK ASSTS 2,

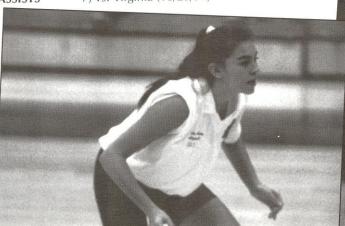
2, several times

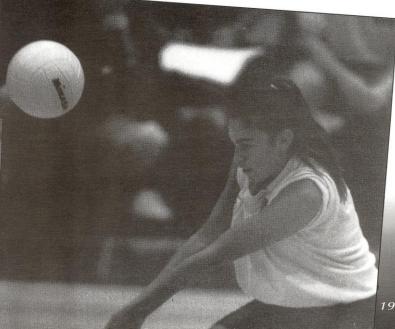
DIGS

21, vs. Duke (10/22/93)

ASSISTS

7, vs. Virginia (10/29/93)







PATTY DIAMOND

5-10, Sophomore, Setter, Livonia, MI (Stevenson)

Enters fall as heir apparent to the setter position...mobile athlete able to cover a lot of

ground...1992: Used primarily to spell Jennifer McCall...called upon in 33 games, playing in 19 matches...140 assists was second highest on the team...recorded 10 or more assists in six matches...dished out a career best 17 assists in win over Florida...totalled nine assists four times...ended season with seven kills, 42 digs and a .143 hitting percentage...played in both NCAA matches accounting for six assists and one dig in win over De-

Paul...saw action in the ACC Tournament championship match vs. Duke...dished 11 assists and chipped in four digs in the match...HIGH SCHOOL: Led squad to four District, one Regional, three Division and one Conference championship during her four years at Stevenson...selected to three All-Tournament teams...two-time All-State selection...named 1992 MVP and 1993 co-MVP of her high school team...earned 1992 Detroit Free Press Athlete of the Week honors...1993 AAU All-American...PERSONAL: Majoring in biological sciences... ardent Disney World and Mickey Mouse fan...born March 11, 1975.

DIAMOND AT FSU

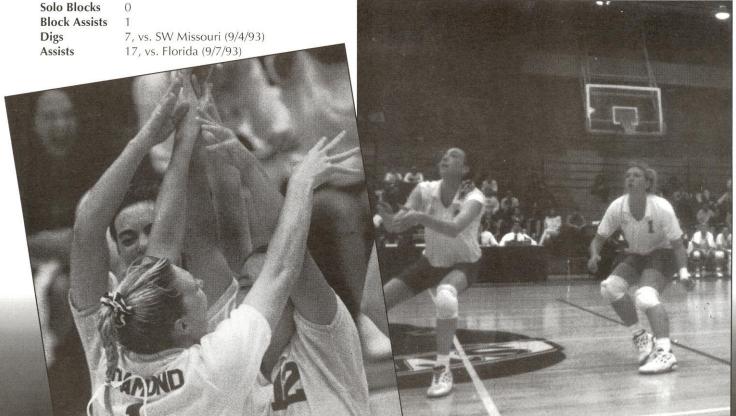
YEAR	MP	GP	K	E	TA	PCT	SA	SE	AST	BS	BA	BE	RE	BHE	DIG
1993	19	33	7	4	21	.143	7	9	140	0	3	1	1	8	42

DIAMOND CAREER HIGHS

Kills 2, vs. SW Missouri (9/4/93) Attacks 58, vs. SW Missouri (9/4/93)

Hitting % 1.000, at Clemson (11/6/94) (1k, 0e, 1a)

Service Aces Solo Blocks 0 **Block Assists** Digs





#5 CATIE LOTARSKI

5-10, SENIOR, OUTSIDE HITTER, CHICAGO, IL (St. Francis)

Florida State's seventh player off the bench...provides quality minutes... will give senior leadership...1993:

Saw action in 26 matches, playing in 73 games...assumed starting role when Luiza Ramos and Franci Rard went down with injuries...dug a career best 17 balls in win over Georgia Tech...strung together four consecutive matches with 10 or more digs after taking over for Ramos...put away a season best eight kills at Rice...offensive opportunities were limited averaging only 3.10 attacks per game...had a career high 24 attacks at Rice...totalled 57 kills, 23 assists and 158 digs in 1993...pressed back into starting role after Deanna Bosschaert went down injured in first match of ACC Tournament...registered double-digit digs in both NCAA matches and ACC Championship match...1992: Played in 18 games as a sopho-

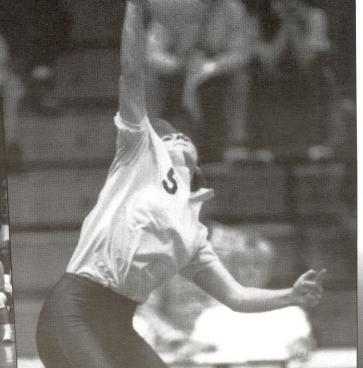
more...picked up 16 kills and nine digs during the season...had a career high nine kills against Florida A&M while hitting .692 (9k, 0e, 13a) for the match...1991: Played in 53 games as an outside hitter...hit a season high eight kills in the season opener against Northeast Louisiana...had 34 kills on 112 attempts...also picked up 69 digs...HIGH SCHOOL: Six-year varsity letter-winner at St. Francis...three-time Academic All-Conference in both volleyball and basketball...an All-Area selection in both volleyball and basketball...All-State first team in basketball and honorable mention in volleyball...Sun Times and Daily Herald's Basketball Player of the Week...Most Improved Player on the volleyball team...a 1991 AAU All-American...MVP of the St. Francis basketball team...PERSONAL: Enjoys all sports and working with young children...majoring in childhood development...born February 5, 1973.

LOTARSKI AT FSU

LOTARSKI CAREER HIGHS

YEAR	MP	GP	K	E	TA	PCT	SA	SE	AST	BS	BA	BE	RE	BHE	DG
1991	22	53	34	22	112	.107	7	5	1	1	12	4	23	2	69
1992	9	18	16	6	36	.277	0	3	2	O	0	0	1	0	9
1993	27	73	57	39	226	.080	15	22	23	0	20	5	25	4	158
Total	58	144	107	67	374	.107	22	30	26	1	32	9	49	6	236

9, vs. FAMU (10/13/92) KILLS 24, at Rice (9/19/93) **ATTACKS** .692, vs. FAMU (9k 0e 13a)(10/13/92) HITTING % **ACES** 3, several times 1, vs. NE Louisiana (9/5/91) **SOLO BLCKS** 4, vs. North Carolina (9/21/91) **BLCK ASSTS** 17, vs. Georgia Tech (9/25/93) DIGS 4, vs. Virginia (10/15/93) & vs. Pacific (12/5/93) **ASSISTS**





SONIA PREOCANIN

6-2, SOPHOMORE, OUTSIDE HITTER, HAMILTON, ONTARIO (Hill Park Secondary)

Provides quality depth at outside hitter spot...intimidating net player who is

called upon for blocking skills...adds levity to the team...one of two Canadians on the squad...played in high school with teammate Deanna Bosscheart...1993: Saw action in three matches, playing in seven games...played in all four games against Jacksonville...put up career numbers in that match, posting three kills, 12 attacks and two digs...also registered court time against

Southern Miss and Clemson...1992: Spent her first year in Tallahassee as a medical redshirt after injuring her knee the previous spring...HIGH SCHOOL: Captained her Hamilton team for three years...five-time MVP...was a stand out basketball player...played for the Raiders Club team in Canada...helped lead her Hill Park High School team to three city championships...received the Dofasco Award as the top business student...PERSONAL: An academic honor student working toward degree in finance...born January 9, 1973.

PREOCANIN AT FSU

YEAR	MP	GP	K	E	TA	PCT	SA	SE	AST	BS	BA	BE	RE	BHE	DG
1993	3	7	4	6	15	.133	3	1	1	0	2	1	3	0	2

PREOCANIN CAREER HIGHS

Kills

3, at lacksonville (9/27/93) 12, at Jacksonville (9/27/93)

Attacks Hitting %

Service Aces

2, vs. Southern Miss. (9/11/93)

Solo Blocks

Block Assists 2. at Jacksonville (9/27/93) 2, at Jacksonville (9/27/93)

