



COACHES & SUPPORT STAFF



Todd Kress

Head Coach • Cincinnati, '92 • 4th Season • 55-41 at FSU

Coaching Record

YEAR	RECORD	SCHOOL	POSITION
1992		Thomas More College	Assistant Coach
1993		Thomas More College	Assistant Coach
1994		Saint Ursula Academy	Assistant Coach
1995	11-21	Fairfield University	Head Coach
1996	23-12	Fairfield University	Head Coach
1997	25-10	Fairfield University	Head Coach
1998	35-2	Fairfield University	Head Coach
1999	10-15	Northern Illinois University	Head Coach
2000	24-9	Northern Illinois University	Head Coach
2001	24-6	Northern Illinois University	Head Coach
2002	21-13	Florida State University	Head Coach
2003	16-17	Florida State University	Head Coach
2004	18-11	Florida State University	Head Coach
TOTAL	207-116	(.641 Winning Percentage)	

Todd Kress, one of the most talented young coaches in the nation, enters his fourth season as head coach of the Florida State volleyball program. He was hired to coach the Seminoles on February 14, 2002.

On Oct. 15, 2004, Kress earned his 200th career victory in a thrilling 3-1 victory over North Carolina. Kress, who has an all-time coaching record of 207-116, became the second youngest active head coach to reach the 200-win milestone in such a short amount of time. His 64 percent winning percentage is ranked among the top of all Division I coaches in the country.

Prior to his arrival in Tallahassee, Kress spent seven years coaching at Fairfield University and Northern Illinois University, where he led three teams to the NCAA Tournament and compiled a record of 152-75.

In 2004, FSU accumulated a record of 18-11 after the Seminoles battled injuries and were faced with a fledgling setter and libero. Despite the inexperience, Florida State tied for fourth place in a tough ACC race. During his first season in 2002, with the experience of four seniors, Kress led the Seminoles to an overall record of 21-13, an ACC record of 10-6, a trip to the ACC Tournament Championship match and a berth in the NCAA Tournament. This marked the first time since 1998 that a Florida State team advanced to the national tournament. In 2003, Kress paced the Seminoles to a 16-17 mark and a trip to the second round of the ACC Championship to face a Top 5 Georgia Tech team.

Kress and senior middle blocker Amanda Santos made history as the conclusion of the 2004 campaign when Santos was named the program's first ever American Volleyball Coaches Association (AVCA) All-American. This was a major feat considering in the 36-year history of the FSU volleyball program that includes some of the program's greats like Gabrielle Reece, Maggie Philgence and Nancy Gaspardarek, 16 different players have earned

AVCA All-Region accolades, but no one has been named an AVCA All-American until Santos.

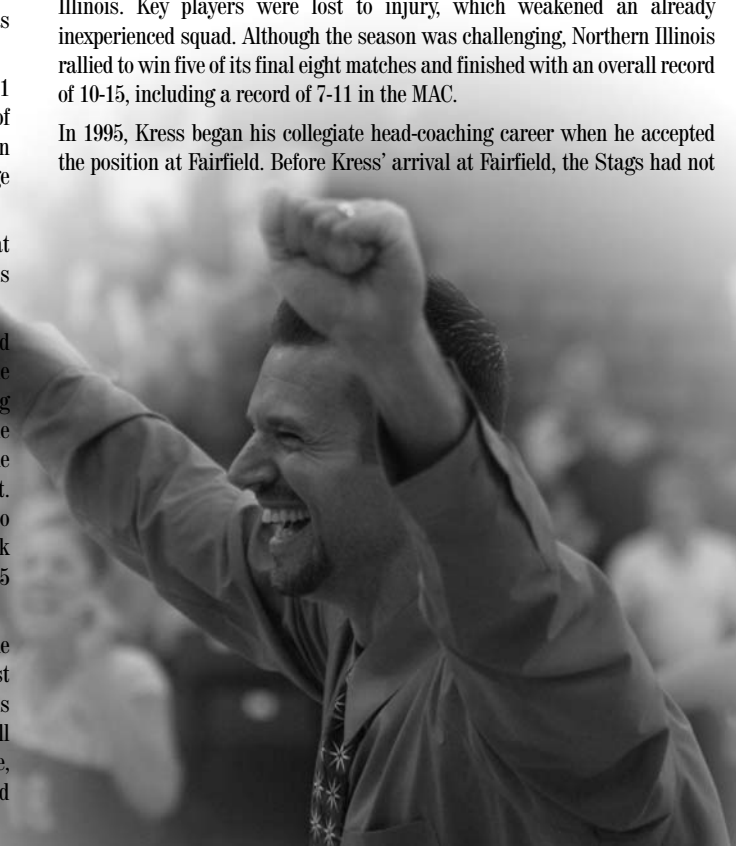
During the Kress era at FSU, two players have been named AVCA All-Region (Kristen Frye '02, Amanda Santos '04) and freshman Cassie McLaughlin earned East Region Rookie of the Year honors in 2003. Furthermore, Frye and Santos have been All-ACC first team members.

Before arriving to Florida State, Kress spent three years at Northern Illinois, where he led the Huskies to a 58-30 record. In his last season at Northern Illinois, Kress guided the Huskies to an overall record of 24-6, a 15-3 regular season record in the Mid-American Conference, the MAC tournament championship and a berth in the NCAA Tournament. In the 2001 season, Kress' Huskies won 21 of their final 23 matches and stormed through the MAC Tournament as they won all three matches by a score of 3-0. At the completion of the season, Kress was named the 2001 MAC Coach of the Year.

During his second year as the head coach of the Huskies, Kress paced Northern Illinois to a 24-9 mark. With a conference record of 12-6, Northern Illinois finished the 2000 season in third place in the MAC's Western Division. The 2000 season marked the 10th time in 13 seasons that the Huskies finished with 20 or more wins.

Kress faced much adversity in his first-season as head coach at Northern Illinois. Key players were lost to injury, which weakened an already inexperienced squad. Although the season was challenging, Northern Illinois rallied to win five of its final eight matches and finished with an overall record of 10-15, including a record of 7-11 in the MAC.

In 1995, Kress began his collegiate head-coaching career when he accepted the position at Fairfield. Before Kress' arrival at Fairfield, the Stags had not



VOLLEYBALL 05

Kress vs. Opponents at FSU

Alabama	0-1
Arkansas State	1-0
Brown	1-0
Central Florida	2-0
Clemson	3-3
Duke	1-4
Eastern Kentucky	1-0
EMU	1-0
Florida	0-2
Florida A&M	1-0
Florida Atlantic	1-0
Florida International	1-0
George Mason	0-1
Georgia	0-1
Georgia Tech	0-7
Houston	1-0
Illinois State	0-1
IUPUI	1-0
Jacksonville	2-0
Kansas State	0-1
Louisiana Lafayette	1-0
LSU	1-0
Louisiana Tech	1-0
Marshall	1-0
Maryland	3-3
Miami	1-3
Michigan	1-1
NC State	7-0
North Carolina	5-3
Oakland	1-0
Oregon	1-0
Pepperdine	0-1
Sam Houston State	1-0
South Alabama	1-0
South Florida	2-2
St. Mary's (CA)	0-1
Stetson	1-0
Troy	1-0
UC Irvine	0-1
Virginia	4-2
Virginia Tech	1-1
Wake Forest	3-2
Winthrop	1-0
Total	55-41

Kress vs. the Conferences at FSU

ACC	27-26
Atlantic Sun	6-0
Big 10	1-1
Big 12	0-1
Big East	1-1
Big South	1-0
Big West	0-1
Colonial Athletic	0-1
C-USA	3-2
IVY League	1-0
Mid-American	2-0
Mid-Continent	2-0
MEAC	1-0
Missouri Valley	0-1
Ohio Valley	1-0
Pac 10	1-0
SEC	1-4
Sun Belt	3-0
Western Athletic	1-0
West Coast	0-2

Kress vs. Ranked Opponents

Top 5	0-2
Top 10	0-3
Top 15	2-2
Top 20	0-1
Top 25	0-1
Total	2-10

vs. #3	0-1
vs. #4	0-2
vs. #6	0-1
vs. #7	0-1
vs. #8	0-1
vs. #11	1-0
vs. #12	1-1
vs. #15	0-1
vs. #20	0-1
vs. #24	0-1



posted a winning season in seven years. During his four-year stint at the helm of the program, Kress boasted a record of 94-45 and became the school's winningest volleyball coach. In his final two years, he guided his team to a 60-12 record and two NCAA Tournament appearances. In his final season at Fairfield in 1998, Kress led his team to the school's first ever national ranking, a 35-2 record, which included a 27-game winning streak, a 14-0 mark at home and an impressive victory over national powerhouse Notre Dame. The Stags won their third straight regular-season MAAC championship and second consecutive tournament championship. With a winning percentage of 94.6, Fairfield was ranked third nationally behind national champion Long Beach State and national runner-up Penn State. Following the season, Kress was named AVCA/District II Coach of the Year and MAAC Coach of the Year.

Fairfield earned its second consecutive regular-season MAAC title in 1997 as Kress led the Stags to a record of 25-10 overall and 9-0 in the conference. After winning the conference tournament championship, Fairfield advanced to face Ohio State in the first round of the NCAA Tournament. Following the completion of the season, Kress earned the title of

MAAC Co-Coach of the Year.

The 1996 season marked the first time in eight years that the Stags posted a winning record. After finishing his first season at Fairfield in 1995 with a record of 11-21, Kress was able to lead the Stags to a 23-12 record and the regular-season MAAC Championship in 1996. This became a standard at the university.

Kress served as an assistant at Saint Ursula Academy and Thomas More College prior to taking his first head coaching position at Fairfield. While at Saint Ursula Academy, Kress helped lead the squad to a 25-2 record, winning the 1994 Ohio Division II High School State Championship title. Kress was an assistant under Darrell McLean at Thomas More College during the 1992 and 1993 seasons. During those years, the Saints made back-to-back appearances in the NCAA Division III Tournament and earned two Association of Mideast Colleges Conference trophies. In 1993, Kress also directed the men's club team at the University of Cincinnati, his alma mater.

It was at Cincinnati that Kress began his coaching career. While completing his undergraduate education, he was a four-year starter for the Bearcats' club squad and served as head coach for two Junior Olympic programs and as an assistant for the Seton High School junior varsity.

After earning an Associate of Arts degree in Communications from Edison State College in Ohio in June of 1988, Kress earned a Bachelor of Fine Arts degree in broadcasting from Cincinnati in June of 1992.

Kress, a native of Sidney, Ohio, married the former Dani (DON-ee) Peterson in May of 1998. Also very passionate about volleyball, Dani was an assistant coach to Kress at both Northern Illinois and Fairfield for four seasons. The couple has two young sons, Trevor (4) and Trajan. Trajan was born on November 25, 2003.



*Todd, Dani,
Trevor (4)
and Trajan.*



Rita Buck-Crockett

Associate Head Coach • Iowa, '02 • 2nd Season

Rita Buck-Crockett was hired as associate head coach on March 9, 2004, and teamed up with head coach Todd Kress to guide the Seminoles to an 18-11 record during her first season. Buck-Crockett comes to Florida State from a long line of success as both a player and a coach at all levels. She most recently served as head coach at the University of Iowa from 1998-2003.

During her first campaign as an assistant to Kress at FSU, Buck-Crockett was partly responsible for developing middle blocker Amanda Santos into the program's first American Volleyball Coaches Association (AVCA) All-American. This was a major feat considering in the 36-year history of the FSU volleyball program that includes some of the program's greats like Gabrielle Reece, Maggie Philgence and Nancy Gaspardrek, 16 different players have earned AVCA All-Region accolades, but no one had been named an AVCA All-American until Santos.

In her six seasons at the University of Iowa, Buck-Crockett had three all-Big Ten selections including an all-region member and an all-USA Team selection. In 2001, Buck-Crockett coached Sarah Meyermann to an AVCA Midwest All-Region selection and all-Big Ten team member. Meyermann, an outside hitter, finished the season with 578 kills to rank sixth nationally. In 2000, Buck-Crockett and her coaching staff guided the Hawkeyes to a 15-win season, the most victories of an Iowa volleyball team since 1994. Buck-Crockett coached senior setter Fabiana de Abreu to the all-Big Ten team.

As a nationally respected coach, Buck-Crockett comes to FSU with a long history of success. She was a member of the 1980 and 1984 U.S. Olympic Volleyball teams with the 1984 team winning the silver medal. Buck-Crockett was also considered one of the best all-around volleyball players in the world. A 1984 issue of Sports Illustrated touted her as the world's best athlete and nicknamed her "The Rocket," because of her 42-inch vertical leap and her 100 mile-per-hour kills. In 1981, she was one of six players selected to the All-World Team. She has coached and played in the U.S., Japan, Italy and Switzerland over the last 17 years.

Buck-Crockett earned AIAW All-America honors at the University of Houston prior to joining the U.S. Olympic team to train for the 1980 Olympics. In 1981, she led the U.S. to a bronze medal at the World Cup in Osaka, Japan, and in 1982, that team won the bronze medal at the World Championships in Lima, Peru.

From 1982-86, Buck-Crockett was a member of the Daiei Team in Kobe, Japan. Her 1986 Daiei squad was the champion of the Japan League. She played beach volleyball on the Women's Professional Volleyball Association Tour from 1988-96 and played Major League Volleyball from 1986-87. Buck-Crockett was also a Major League Volleyball champion in both 1986 and 1987 and earned league MVP honors in 1986. In 1986, she teamed with Jackie Silva of Brazil to win the World Beach Volleyball Championship. The following season she was the league runner-up with Angela Rock (United States). From 1988 until 1993, she was a player for Matera, a professional league team in Matera, Italy, and also played in Rome. In 1991, she was voted the



Left -Right: René, Rita, Marrita (front), & Rose Mary

MVP of the Italian League, and her 1993 Rome team won the European Championship.

From 1993-98, Buck-Crockett coached and played in Switzerland for RTV Basel. During her tenure, her squads won titles including the Swiss Cup (1994-1996), the Swiss Championship (1995-1996) and participated in the European Cup of Champions (1995). Buck-Crockett was named most valuable player four times. In the summers of 2000 through 2002, Buck-Crockett was one of only three collegiate head coaches to coach some of the elite youth talent in the country at the USA Youth High Performance Camp at the Olympic Training Center in Salt Lake City and at the Olympic Training Center in Colorado Springs.

Buck-Crockett received a Bachelor of Liberal Studies/Communications degree from the University of Iowa in August of 2002. Buck-Crockett is married to René Buck and is the proud parent Florida State volleyball freshman Marrita Royster-Crockett.



COACHING EXPERIENCE	
86-88	Assistant Coach - Long Beach State University
93-98	RTV Basel Regional Athletic Club (Player-Coach)
95	Switzerland National Team
98-03	Head Coach - University of Iowa (50-123, 25-95 Big Ten)
2000	Head Coach at USA U-14 High Performance Camp in Salt Lake City
2001	Head Coach at USA High Performance Camp at the Olympic Training Center in Colorado Springs
2002	Head Coach at USA High Performance Camp at the Olympic Training Center in Colorado Springs
INTERNATIONAL/PROFESSIONAL EXPERIENCE	
78-84	USA Olympic & National Team
82-86	Daiei Team, Kobe (Japan)
86-87	Major League Volleyball (USA)
88-93	Matera and Rome (Italy)
88-93	WPVA (Women's Professional Volleyball)
94-95	AVP (American Volleyball Professional)
93-98	Switzerland - Player/Coach
00-01	USA Volleyball High Performance Staff
HONORS & ACHIEVEMENTS	
80	Member of the USA Olympic Team (Boycott)
81	Voted All-World Team
81	Bronze Medal, World Cup in Osaka, Japan
82	Bronze Medal, World Championships in Lima, Peru
84	Silver Medal, Olympic Games in Los Angeles
86	Champions of the Japan League
86	Major League Volleyball Champion (USA)
86	MVP Major League Volleyball
87	Major League Volleyball Champion (USA)
89	World Champion Beach Volleyball
91	Voted MVP of the Italian League
93	European Champion (Rome)
94-95	Voted by Sports Journalist "Best Player in Switzerland"
94-96	Swiss Cup Champion
95-96	Swiss Champion
95	European Cup of Champions
94-95	Voted by Sports Journalist "Best Player in Switzerland"
94-96	Swiss Cup Champion
95-96	Swiss Champion
95	European Cup of Champions
99	Inducted San Antonio Sports Hall of Fame



John Spinney

Associate Coach • Thomas More College, '03 • 1st Season

Florida State head coach Todd Kress announced the hiring of John Spinney as the new assistant coach for the Seminoles in April of 2005.

Spinney has been a longtime fixture in volleyball and has coached on the college, club, and elite levels since 1993. He also played with Kress on the University of Cincinnati's Men's Club Volleyball team. As an assistant at FSU, Spinney will work in large part with the setters, as well as coordinate recruiting and travel.

Spinney joins the Seminoles after a three year stint at Thomas More College in Crestview Hills, Ky., where he led his squad to the 2003 Division III NCAA Tournament for the first time since the 1999 season. He left Thomas More with a 59-53 record in three seasons.

In 1998, Spinney held a position under Kress at Fairfield University and helped his squad to the school's first ever national ranking, a 35-2 record, which included a 27-game winning streak, a 14-0 mark at home and an impressive victory over national powerhouse Notre Dame. The Stags won the regular-season MAAC championship and second consecutive tournament championship. With a winning percentage of 94.6, Fairfield was ranked third nationally behind national champion Long Beach State and national runner-up Penn State.

Prior to arriving at Fairfield, Spinney had a four year stint (1993-97) at the College of Mount St. Joseph where he served as an assistant and also an interim head coach during the 1994 campaign where he coached his team to a 36-7 mark. After leaving to Fairfield in 1998, he returned for the 1999 and 2000 seasons and helped guide Mount St. Joseph to two Elite Eight appearances in the NCAA Tournament.

Spinney has been a longtime club and elite volleyball coach in Cincinnati. Several of his former players have gone on to major Division I universities, including Clemson's Cindy Stern who was a 1999 second-team AVCA All-American and former USPV Dream Team member, and former FSU assistant coach, Jenny Fette. He was the Coaching Director for Cincy Classics and former coach for Team Z Volleyball Club.

Spinney is a native of Cincinnati, Ohio, and graduated magna cum laude from Thomas More College in 2003 with a bachelor's degree in business administration. He is a member of Mensa and currently resides in Tallahassee, Fla.



Eric Gramza

Strength & Conditioning Coach • 2nd Season

Eric Gramza joined the Florida State University staff in August of 2004 and is soon to start his second season as the strength and conditioning coach for the volleyball program. His primary responsibility is implementing volleyball's year round strength & conditioning program, as well as assisting with football and track & field.

Gramza graduated from the University of Wisconsin - La Crosse with a B.S. in Exercise Science. While at UW-L, he served as a student assistant for two years on the Strength & Conditioning Staff.

After graduation he joined the staff of the Orlando

Magic for the 2003-2004 season as the Intern strength & conditioning coach. Gramza worked closely with Tracy McGrady, Grant Hill and Juwan Howard.

Gramza is a Certified Strength & Conditioning Specialist (CSCS) through the NSCA, as well as a Level I club coach through USA Weightlifting.

While at FSU, he is pursuing his Masters Degree, as well as becoming a Registered Dietician.

Gramza, a native of Milwaukee, is single and currently resides in Tallahassee, Fla.



FLORIDA STATE

Support Staff



ASHLEY ANDERSON
Student Trainer



KRISTY COOK
Student Trainer



KRISTIN FRYE
Graduate Administrative Assistant



BRANDON GOODMAN
Sports Information Staff Photographer



MARY HUNTER
Team Manager



GARY LHOTSKY
Facility Coordinator



AMY LORD
Athletic Academic Support



ROBERT NEWELL
Seminole Athletic Marketing



JESSI PRAHL
Head Volleyball Trainer



TOMMY REYNOLDS
Equipment Manager



AMANDA SANTOS
Undergraduate Student Assistant



LAURIE SWIGER
Facility Coordinator