Special to the Democrat

GAINESVILLE — Florida State's well-balanced track team put forth its best effort in history to dominate the 15th running of the Florida Relays here yesterday.

Coach Mike Long's Seminoles won six events, including every relay they entered, and shattered two Florida Relays records in outclassing the collegiate field.

WELL BALANCED

The success of the Seminoles, new to track prominence, was so well balanced it would be difficult to single out an individual.

It could be Jim Casteel of Avondale Estates. Ga., a sophomore recently returned from the service, who won the broad jump, anchored two winning relay teams and ran on another winning Seminole foursome.

Or it could be Senior Jack Terwilliger, the Dade City veteran who hooked up a couple of dandy duels with Duke's heralded Dave Sime. Sime won the 100-yard dash, as expected, in 9.7 seconds. But Terwilliger was right at his heels and didn't yield an inch to Sime in one of the relays.

Or dependable Mike Conley, the Gainesville distance specialist, who did his usual outstanding work.

Team points were not given officially. But an unofficial tabulation by the Associated Press showed Florida State dominating the meet with 39 points. Kentucky was second with 1834. Duke third with 14 1/6, and Louislana State's defending Southeastern Conference champions fourth with 1334.

Surprisingly, it was a slender young distance runner from Minnesota who was named the outstanding athlete among the 1.100 participating. Leonard Bud Edelen, Big Ten cross country champlon, ran two miles in record time to gain the distinction over Sime, Casteel, and Conley.

TWO RECORDS

The Seminoles, who face Reanoke College in a dual meet in Tallahassee Wednesday, zipped to new Florida Relays records in the mile relay and the sprint medley. The mile relay time of 3:14.4 bet tered the 3:16.8 by Louisiana State in 1956. And FSU's sprint medley clocking of 3:24.6 was five seconds better than LSU's 1957 mark.

Long, naturally, was pleased. "I thought it was a great job. Everyone went all out. If we can continue to improve, we can have a tremendous season." Long said.

Here's how the fired-up Seminoles took charge:

In the two-mile relay, Doyle Rulf moved the Seminoles up from fifth to first, Running the No. 3 leg, the Orlando speedster gave Conley a slight lead and the Gainesville senior breezed home ahead of North Carolina's anchor man.

Terwilliger, Gary Butner, Dick Elwood, and Casteel teamed to wrap up the quarter-mile relay.

The first Seminole record came in the sprint medley relay, when Casteel, Butner, Terwilliger, and Conley turned in a 3:24.6 time. Terwilliger faced the task of running 220 yards against Same in this event and ran neck-and-neck with the Duke flash all the way. Conley supplied the clincher as anchor man.

RELAY VICTORY

Terwilliger came right back to run a red-hot 48.6-second quarter-linke as the pace-setter for State's record-setting mile relay team. With a comfortable lead set up by Terwilliger, Conley, Ruff, and

Casteel poured it on to finish in 3:14.4. It was a schol record as well as a Florida Relays record.

Casteel surprised the broad jump field by leaping 22 feet, 10 inches for an individual first. And senior Jerry Henderson of Pensacola tossed the javelin 200 feet, 7½ inches for a first place in that event.

Terwilliger, who had run a 3.7 100-yard dash against Furman last Thursday, was only a stride behind Sime and the leaders in the 100-yard dash.

Elwood established a new Berninole record in the pole vault, although he finished fifth in a classy field. Elwood vaulted 13 feet, four inches, narrowly missed at 13-8.