

Florida State's spirited track team has developed the distinction of beating people and winning friends.

Chief handshakers of Mike Long's winning Seminoles at last Saturday's Florida Relays were rival coaches. The same was true here yesterday when State rolled up a 79-43 dual meet victory over Roanoke College.

Roanoke's Elwood Fox, in his first season as track coach of the Virginia school, had nothing to be happy about. Track-minded Roanoke had a victory string of 27 dual meets going when it pulled into Tallahassee. The Maroons hadn't lost a dual meet since Clemson turned the trick back in 1953.

"I have to hand it to Florida State," Fox said. "This is the best track team I've seen anywhere in some time."

Sophomore Jim Casteel, the versatile Avondale Estates, Ga., athlete, was yesterday's top performer. He bagged three of State's first places in the 14 events, setting a school record in the 440-yard dash. Casteel toured the 440 in 48 seconds flat.

The Seminoles had two double winners in Jack Terwilliger (100 and 220-yard dashes) and Mike Conley (mile and two-mile runs). Conley's 10:01.9 effort in the two-mile resulted in a track record.

The summary:

440 dash—1. Casteel, FSU. 2. Ruff, FSU. 3. Sifton, R. :48.0. (school record).
100 dash—1. Terwilliger, FSU. 2. Bopp, R. and Butler, FSU (tie). 9.9.
High hurdles—1. Johnston, R. 2. Grizzard, FSU. 3. Emberger, R. :15.3.
300 run—1. Ruff, FSU. 2. Wise, R. 3. Nye, FSU. 2:03.0.
220 dash—1. Terwilliger, FSU. 2. Casteel, FSU. 3. Bopp, R. :22.4.
Shot put—1. Lawrence, FSU. 2. Hiss, R. 3. McDonald, FSU. 42' 10".
High jump—1. Emberger, R. 2. Stuffer, R. 3. Browning, FSU. 5' 4".
Broad jump—1. Casteel, FSU. 2. Dempsey, R. 3. Shaw, R. 22' 3/4".
Two-mile run—1. Conley, FSU. 2. Becker, R. 3. Keeney, FSU. 10:01.9 (track record).
Low hurdles—1. Casteel, FSU. 2. Johnston, R. 3. Grizzard, FSU. :24.5.
Discus—1. Fields, FSU. 2. Nellums, FSU. 3. Mike, FSU. 123' 11".
Mile relay—1. Roanoke (Wise, Light, Sifton, Bopp) 2. FSU. 3:24.5.
Pole vault—1. Elwood, FSU. 2. Ayers, FSU. 3. Emberger, R. 12' 6".