From the Tallahassee Democrat April 19, 1970, page 2D

GAINESVILLE (AP) — Florida nailed down five firsts to sail to an easy victory Saturday over Florida State and three

Southeastern Conference track teams in the 4th annual Gulf

Coast Relays.

Keyed by a surprise win in the 220-yard dash by Roger Carson, the Gators scored 79 points to 69 for Florida State, Alabama's 46, 42 for Mississippi State and Auburn's 34.

Besides Carson's 21.8 winning performance, Florida took firsts in the long jump, 880, discus,

and high jump,

Although they won easily, the Gators took no part in the six meet records that fell.

Alabama's 440 relay team, anchored by Steve Williams, shaved two tenths of a second off its old mark of 41.2 set in 1968.

Ken Misner of Florida State ran the mile in 406.5 to shatter the 4:10.5 mark set in 1969 by Florida's John Parker. Parker placed third in Saturday's run. Mike Sullivan of Alabama was timed in a record 51.7 over the 440 intermediate high hurdles. The old record was 52.4 set by Charles Vickers of Florida State in 1968:

The Bulldogs' Bruce Beal hurled the javelin 238 feet, 11 inches, to better Gator Mike Burton's 1967 toss of 225 feet, four inches.

Tim St. Lawrence, the Tide's third record-setter of the meet, cleared 15 feet, six inches in the pole vault. He set last year's mark of 15 feet, three and a half inches.

Mississippi State's mile relay team was clocked in 3:14.2. The Bulldog team, anchored by Dale Gibson, beat Florida State's record of 3:14.8 set in 1968. ALABAMA, AUBURN, FLORIDA, FLORIDA STATE, MISSISSIPPI STATE FINALS

- Shot-1, Van Polidoro, Alabama, 51-8 3/4. 2, John Snyder, Florida State, 51-6%. 3, Chuck Crowder, Florida State, 51-3%. 4, Paul Comarato, Auburn, 50-9. 5, Ronny Gray, Miss. State, 50-4.
- Long Jump-1, Ron Coleman, Florida, 23-0. 2, Charles Galloway, Florida State, 22-11½. 3, Don Wagner, Florida State, 22-3 3/4. 4, J. B. Wilson, Miss. State, 22-1 3/4. 5, Mike Obrafta, Alabama, 22-1.
- 440 Relay-1, Alabama (Nike Sullivan, Jerry Cargile, Dick Chandler, Steve Williams), 41.0 (record, old record, 41.2, Alabama, 1968).
 2, Niss. State, 41.4. 3, Florida State, 41.5. 4, Auburn, 41.5. 5, Florida, 42.4.
- Mile— 1. Ken Hisner, Florida State, 4:06.5(record, old record, 4:10.5, John Parker, Florida, 1969). 2. Frank Betts, Florida, 4:07.3. 3. John Parker, Florida, 4:07.7. 4. Steve Atkinson, Florida, 4:08.3. 5. Roy Benjamin, Florida, 4:12.6.
- 120HH-1, Steve Richards, Auburn, 14.3. 2, Bomo Pennebaker, Miss. State, 14.4. 3, Roger Peterson, Florida State, 14.5. 4, John Fuss, Florida State, 14.6. 5, Barry Snyder, Alabama, 14.7.
- 440-- 1, Dale Gibson, Miss. State, 47.4. 2, Jim Dyson, Florida, 48.6. 3, Bobby Scott, Auburn, 48.8. 4, Mike Link, Florida State, 48.8. 5, Jerry Cargile, Alabama, 48.9.
- 1, Bobby Baker, Auburn, 9.9. 2, Frank Dowsing, Miss. State, 10.0. 3, Steve Williams, Alabama, 10.0. 4, Doug Brown, Florida State, 10.1. 5, Donnie Fuller, Auburn, 10.1.
- 1, Eamonn O'Keeffe, Florida, 1:50.4. 2, Benny Vaughn, Florida, 1:51.3. 2, Steve Oulman, Florida State, 1:51.8. 4, Bob Lang, Florida, 1:52.6. 5, Tommy Morrison, Miss. State, 1:53.1.
- Discus-1, John Courtney, Florida, 158-1. 2, George Frank, Florida State, 151-4. 3, John Snyder, Florida State, 150-1. 4, Bob Romer, Florida, 147-8. 5, Bill Johnston, Miss. State, 146-6.
- Triple Jump-1, Charles Galloway, Florida State, 47-6 3/4. 2, J. B. Wisson, Miss. State, 47-24. 3, Dave Parrish, Auburn, 46-94. 4, Mike Obrafta, Alabama, 45-%. 5, Grover Howard, Florida, 44-11. Hike Sullivan, Alabama, 51.7(record, old record, 52.4, Charles Vickers, Florida State, 1968). 2, Jerry Fannin, Florida, 52.3, Milton Bresler, Auburn, 52.9. 4, John Fuss, Florida State, 53.7. 5, Sam White, Alabama, 54.1.
- High Jump-1, Ron Jourdan, Florida, 6-8. 2, Jim Sauers, Florida State, 6-6. 3, Chuck Duff, Florida, 6-6. 4, Mike Pugh, Auburn, 6-2. 5, Harry Spear, Auburn, 6-0.
- 220-1, Roger Carson, Florida, 21.8. 2, Dickie Chander, Alabama, 21.8. 3, Greg Byrne, Miss. State, 22.2. 4, Steve Williams, Alabama, 22.3. 5, Bobby Baker, Auburn, 22.4.
- Javelin-1, Bruce Beal, Miss. State, 238-11(record, old record, 225-4, Mike Burton, Florida, 1967). 2, Barry Phillips, Alabama, 215-6.
 3, Glenn Perry, Florida, 210-10. 4, Alan Landis, Florida State, 196-0. 5, Roy Dunn, Florida State, 195-6.
 Pole Vault-1, Tim St. Lawrence, Alabama, 15-6(record, old record, 15-3½, St. Lawrence, 1969). 2, Scott Hurley, Florida, 15-6.

, Bill Jackson, Florida State, 15-0. 4, Joel Sarrett, Florida,

3, Bill Jackson, Florida State, 15-0. 4, Joel Sarrett, Florida, 14-6. 5, Jay Young, Florida State, 15-6.

3- Hile-1, Ken Hisner, Florida State, 14:24.2. 2, Mark Bir, Florida, 14:33.5. 3, Johnny Brown, Florida, 14:59.5. 4, Del Ramers, Florida State, 15:08.0. 5, Ron Mabers, Florida, 15:20.9.

Mile Relay-1, Hiss. State(Greg Burns, Charlie Helm, Don Bargers, Dale Gibson), 3:13.2(redord, old record, 3:14.8., Florida St., 1968).
2, Auburn, 3:13.5. 3, Alabama, 3:13.7. 4, Florida, 3:14.2. 5, Florida State, 3:14.7.
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