



Florida State Men's Top Performances

Note: This is a list of top performances eligible for official POP lists and championship qualifying. Conversions may be applied.

60 Meters

NCAA DI Auto 6.60

RANK	ATHLETE	TIME	MEET	MEET DATE
3✓	Hyman, Kemar	6.56	Auburn Indoor Invitational	Jan 21, 2012
7	Mitchell, Maurice	6.61	Arkansas Final Qualifier	Mar 2, 2012
16	Williams, Horatio	6.66	Arkansas Final Qualifier	Mar 2, 2012
44	Ambler, David	6.74	SPIRE NCAA Division I Indoor Track & Field Invitational	Feb 10, 2012
73	Madzivire, Paul	6.78	Razorback Invitational	Jan 27, 2012
195	van Lamoen, Rachmil	6.87	ACC Championship	Feb 23, 2012
501	Showler-Davis, Kieran	7.02	SPIRE NCAA Division I Indoor Track & Field Invitational	Feb 10, 2012
1026	Salgado, Daniel	7.24	ACC Championship	Feb 23, 2012
1457	Snow, Chris	7.48	ACC Championship	Feb 23, 2012

200 Meters

NCAA DI Auto 20.73

RANK	ATHLETE	TIME	MEET	MEET DATE
3✓	Mitchell, Maurice	20.70	Arkansas Final Qualifier	Mar 2, 2012
5	Williams, Horatio	20.83	Arkansas Final Qualifier	Mar 2, 2012
69	Newbold, Stephen	21.38	ACC Championship	Feb 23, 2012
202	van Lamoen, Rachmil	21.76	SPIRE NCAA Division I Indoor Track & Field Invitational	Feb 10, 2012
257	Showler-Davis, Kieran	21.86	SPIRE NCAA Division I Indoor Track & Field Invitational	Feb 10, 2012

400 Meters

NCAA DI Auto 46.00

RANK	ATHLETE	TIME	MEET	MEET DATE
55	Newbold, Stephen	47.34	SPIRE NCAA Division I Indoor Track & Field Invitational	Feb 10, 2012
366	Bolden, Ronald	49.24	ACC Championship	Feb 23, 2012
1011	Hyman, Maxwell	51.66	Auburn Indoor Invitational	Jan 21, 2012

800 Meters

NCAA DI Auto 1:47.30

RANK	ATHLETE	TIME	MEET	MEET DATE
28	Gibson, Darrin	1:48.78	Razorback Invitational	Jan 27, 2012
71	Navarrete, Pablo	1:49.99	SPIRE NCAA Division I Indoor Track & Field Invitational	Feb 10, 2012
161	del Valle, AJ	1:51.96	ACC Championship	Feb 23, 2012

RANK	ATHLETE	TIME	MEET	MEET DATE
1186	Grellner, John	2:02.40	ACC Championship	Feb 23, 2012

Mile

NCAA DI Auto 3:57.90

RANK	ATHLETE	TIME	MEET	MEET DATE
23	Forrester, David	3:59.13	Notre Dame Alex Wilson Invitational	Mar 2, 2012
320	del Valle, AJ	4:10.95	Notre Dame Alex Wilson Invitational	Mar 2, 2012
1200	Grellner, John	4:26.45	Razorback Invitational	Jan 27, 2012

3000 Meters

NCAA DI Auto 7:52.30

RANK	ATHLETE	TIME	MEET	MEET DATE
36	Forrester, David	7:57.93	SPIRE NCAA Division I Indoor Track & Field Invitational	Feb 10, 2012
228	Proctor, Seth	8:16.65	Razorback Invitational	Jan 27, 2012

5000 Meters

NCAA DI Auto 13:44.60

RANK	ATHLETE	TIME	MEET	MEET DATE
141	Proctor, Seth	14:25.91	SPIRE NCAA Division I Indoor Track & Field Invitational	Feb 10, 2012

60 Hurdles

NCAA DI Auto 7.70

RANK	ATHLETE	TIME	MEET	MEET DATE
54	Grant, Tremaine	7.94	Auburn Indoor Invitational	Jan 21, 2012
100	Byrd, Justin	8.05	SPIRE NCAA Division I Indoor Track & Field Invitational	Feb 10, 2012

RANK	ATHLETE	TIME	MEET	MEET DATE
249	Salgado, Daniel	8.28	ACC Championship	Feb 23, 2012
842	Snow, Chris	9.53	ACC Championship	Feb 23, 2012

4 x 400 Relay

NCAA DI Auto 3:06.50

RANK	TEAM	TIME	ATHLETES	MEET	MEET DATE
46	Florida State (D)	3:10.37	Mitchell, Newbold, Williams, Navarrete	SPIRE NCAA Division I Indoor Track & Field Invitational	Feb 10, 2012
114	Florida State (C)	3:13.42	O'Connor, Williams, Young, Newbold	Razorback Invitational	Jan 27, 2012
219	Florida State (A)	3:15.94	Grant, Williams, Gibson, Bolden	Auburn Indoor Invitational	Jan 21, 2012
798	Florida State (B)	3:25.11	Salgado, Navarrete, Hyman, Byrd	Auburn Indoor Invitational	Jan 21, 2012

Distance Medley Relay

NCAA DI Auto 9:31.00

RANK	TEAM	TIME	ATHLETES	MEET	MEET DATE
170	Florida State (B)	10:03.33	del Valle, Bolden, Gibson, Forrester	ACC Championship	Feb 23, 2012
370	Florida State (A)	10:24.44	Del Valle, Gibson, Navarrete, Grellner	Razorback Invitational	Jan 27, 2012

High Jump

NCAA DI Auto 2.24m

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
602	Salgado, Daniel	1.82m	5' 11.5"	ACC Championship	Feb 23, 2012

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
687	Snow, Chris	1.73m	5' 8"	ACC Championship	Feb 23, 2012

Pole Vault

NCAA DI Auto 5.50m

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
21	Barroilhet, Gonzalo	5.35m	17' 6.5"	ACC Championship	Feb 23, 2012
52	LaHaye, Andrew	5.20m	17' 0.75"	Arkansas Final Qualifier	Mar 2, 2012
149	Marcello, Drew	4.90m	16' 0.75"	SPIRE NCAA Division I Indoor Track & Field Invitational	Feb 10, 2012
231	Kennedy, John	4.75m	15' 7"	ACC Championship	Feb 23, 2012
450	Janson, Charles	4.30m	14' 1.25"	Auburn Indoor Invitational	Jan 21, 2012
616	Snow, Chris	3.79m	12' 5.25"	ACC Championship	Feb 23, 2012
686	Salgado, Daniel	3.29m	10' 9.5"	ACC Championship	Feb 23, 2012

Long Jump

NCAA DI Auto 8.00m

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
16	Madzivire, Paul	7.67m	25' 2"	ACC Championship	Feb 23, 2012
63	Brits, Stefan	7.37m	24' 2.25"	ACC Championship	Feb 23, 2012
99	Young, Phillip	7.28m	23' 10.75"	ACC Championship	Feb 23, 2012
782	Salgado, Daniel	6.34m	20' 9.75"	ACC Championship	Feb 23, 2012

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
1007	Snow, Chris	5.91m	19' 4.75"	ACC Championship	Feb 23, 2012

Triple Jump

NCAA DI Auto 16.30m

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
12	Young, Phillip	15.87m	52' 1"	Razorback Invitational	Jan 27, 2012

Shot Put

NCAA DI Auto 19.35m

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
11	Putman, Michael	19.20m	63' 0"	ACC Championship	Feb 23, 2012
479	Barroilhet, Gonzalo	13.56m	44' 6"	SPIRE NCAA Division I Indoor Track & Field Invitational	Feb 10, 2012
868	Snow, Chris	10.53m	34' 6.75"	ACC Championship	Feb 23, 2012
889	Salgado, Daniel	10.34m	33' 11.25"	ACC Championship	Feb 23, 2012

Weight Throw

NCAA DI Auto 21.50m

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
162	Sineus, Markindey	17.59m	57' 8.5"	Auburn Indoor Invitational	Jan 21, 2012

Heptathlon

NCAA DI Auto 5750

RANK	ATHLETE	POINTS	MEET	MEET DATE
174	Salgado, Daniel	4717	ACC Championship	Feb 23, 2012
256	Snow, Chris	4356	ACC Championship	Feb 23, 2012

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Florida State Men's Top Performances

Note: This is a list of top performances in all events. No conversions are applied. Wind-aided marks are excluded.

100 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
3	Mitchell, Maurice	10.03	NCAA Division I Championships	Jun 6, 2012
4	Hyman, Kemar	10.04	NCAA Division I Championships	Jun 6, 2012
26	Williams, Horatio	10.26	Georgia Tech Invitational	May 11, 2012
77	Ambler, David	10.44	ACC Outdoor Track & Field Championships	Apr 19, 2012
269	Showler-Davis, Kieran	10.66	ACC Outdoor Track & Field Championships	Apr 19, 2012
816	Barroilhet, Gonzalo	10.99	ACC Outdoor Track & Field Championships	Apr 19, 2012
1807	Salgado, Daniel	11.34	ACC Outdoor Track & Field Championships	Apr 19, 2012

200 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
2	Mitchell, Maurice	20.13	NCAA Division I East Preliminary Round	May 24, 2012

RANK	ATHLETE	TIME	MEET	MEET DATE
11	Williams, Horatio	20.47	NCAA Division I East Preliminary Round	May 24, 2012
87	Newbold, Stephen	20.99	NCAA Division I East Preliminary Round	May 24, 2012
165	van Lamoen, Rachmil	21.25	FSU Relays	Mar 21, 2012
243	Showler-Davis, Kieran	21.39	Bob Pollock Invitational	May 5, 2012
541	Ambler, David	21.80	USF Bulls Invitational	Mar 15, 2012

400 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
115	Newbold, Stephen	46.97	ACC Outdoor Track & Field Championships	Apr 19, 2012
377	Bolden, Ronald	48.18	Bob Pollock Invitational	May 5, 2012
896	Gibson, Terill	49.24	FSU Seminole Invitational	Apr 13, 2012
1254	Barroilhet, Gonzalo	49.82	NCAA Division I Championships	Jun 6, 2012
1270	Salgado, Daniel	49.84	FSU Relays	Mar 21, 2012
2294	Snow, Chris	51.22	FSU Relays	Mar 21, 2012

800 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
27	Gibson, Darrin	1:48.08	ACC Outdoor Track & Field Championships	Apr 19, 2012
224	Navarrete, Pablo	1:51.06	ACC Outdoor Track & Field Championships	Apr 19, 2012

RANK	ATHLETE	TIME	MEET	MEET DATE
1541	Grellner, John	1:56.51	FSU Relays	Mar 21, 2012

1500 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
25	Forrester, David	3:41.44	Virginia Challenge	May 12, 2012
75	Zivec, Jakub	3:44.65	Virginia Challenge	May 12, 2012
514	O'Neill, Breandan	3:52.22	Virginia Challenge	May 12, 2012
1363	Rudenko, Gleb	3:59.44	FSU Seminole Invitational	Apr 13, 2012
3660	Grellner, John	4:12.26	UNF Spring Break Invitational	Mar 2, 2012
6362	Barroilhet, Gonzalo	4:37.04	NCAA Division I Championships	Jun 6, 2012
7235	Salgado, Daniel	5:01.90	FSU Relays	Mar 21, 2012
7252	Snow, Chris	5:02.85	FSU Relays	Mar 21, 2012

3000 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
335	Quinn, Sean	8:47.62	FSU Seminole Invitational	Apr 13, 2012

5000 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
19	O'Neill, Breandan	13:41.56	Payton Jordan Cardinal Invitational	Apr 29, 2012
29	Fout, Michael	13:47.76	Payton Jordan Cardinal Invitational	Apr 29, 2012

RANK	ATHLETE	TIME	MEET	MEET DATE
631	Proctor, Seth	14:47.11	Virginia Challenge	May 12, 2012
918	Akbar, Marc	14:58.61	FSU Seminole Invitational	Apr 13, 2012
1010	Quinn, Sean	15:02.38	2012 Pepsi Florida Relays (College/Open)	Apr 6, 2012
1345	Cabrera, Dominick	15:15.84	2012 Pepsi Florida Relays (College/Open)	Apr 6, 2012

10,000 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
23	Fout, Michael	28:57.89	Stanford Invitational	Apr 6, 2012
62	Proctor, Seth	29:26.09	Stanford Invitational	Apr 6, 2012
67	O'Neill, Breandan	29:28.87	Stanford Invitational	Apr 6, 2012
814	Quinn, Sean	32:21.46	FSU Relays	Mar 21, 2012
1107	Cabrera, Dominick	33:06.70	FSU Relays	Mar 21, 2012

110 Hurdles

RANK	ATHLETE	TIME	MEET	MEET DATE
30	Barroilhet, Gonzalo	13.81	Bob Pollock Invitational	May 5, 2012
134	Byrd, Justin	14.30	ACC Outdoor Track & Field Championships	Apr 19, 2012
352	Salgado, Daniel	14.80	UNF North Florida Invitational	Mar 30, 2012
1698	Snow, Chris	17.41	FSU Relays	Mar 21, 2012

400 Hurdles

RANK	ATHLETE	TIME	MEET	MEET DATE
539	Hyman, Maxwell	54.99	FSU Seminole Invitational	Apr 13, 2012

4 x 100 Relay

RANK	TIME	MEET	MEET DATE
3	38.57	NCAA Division I Championships	Jun 6, 2012

4 x 400 Relay

RANK	TIME	MEET	MEET DATE
44	3:08.90	FSU Relays	Mar 21, 2012

Sprint Medley Relay

RANK	TIME	MEET	MEET DATE
14	3:20.88	2012 Pepsi Florida Relays (College/Open)	Apr 6, 2012

High Jump

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
182	Barroilhet, Gonzalo	2.06m	6' 9"	ACC Outdoor Track & Field Championships	Apr 19, 2012
920	Salgado, Daniel	1.88m	6' 2"	ACC Outdoor Track & Field Championships	Apr 19, 2012
1609	Snow, Chris	1.73m	5' 8"	FSU Relays	Mar 21, 2012

Pole Vault

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
11	Barroilhet, Gonzalo	5.45m	17' 10.5"	Georgia Tech Invitational	May 11, 2012

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
16	LaHaye, Andrew	5.40m	17' 8.5"	NCAA Division I Championships	Jun 6, 2012
100	Marcello, Drew	5.11m	16' 9.25"	FSU Seminole Invitational	Apr 13, 2012
385	Kennedy, John	4.70m	15' 5"	FSU Relays	Mar 21, 2012
632	Janson, Charles	4.46m	14' 7.5"	FSU Seminole Invitational	Apr 13, 2012
1299	Snow, Chris	3.85m	12' 7.5"	FSU Relays	Mar 21, 2012
1600	Salgado, Daniel	3.35m	10' 11.75"	FSU Relays	Mar 21, 2012

Long Jump

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
41	Brits, Stefan	7.61m	24' 11.75"	NCAA Division I East Preliminary Round	May 24, 2012
52	Madzivire, Paul	7.57m	24' 10"	Georgia Tech Invitational	May 11, 2012
92	Young, Phillip	7.44m	24' 5"	ACC Outdoor Track & Field Championships	Apr 19, 2012
448	Barroilhet, Gonzalo	6.96m	22' 10"	ACC Outdoor Track & Field Championships	Apr 19, 2012
967	Salgado, Daniel	6.60m	21' 8"	ACC Outdoor Track & Field Championships	Apr 19, 2012
2141	Snow, Chris	5.93m	19' 5.5"	USF Bulls Invitational	Mar 15, 2012

Triple Jump

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
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RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
8	Young, Phillip	16.30m	53' 5.75"	ACC Outdoor Track & Field Championships	Apr 19, 2012

Shot Put

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
33	Putman, Michael	18.51m	60' 8.75"	NCAA Division I East Preliminary Round	May 24, 2012
684	Barroilhet, Gonzalo	14.34m	47' 0.75"	ACC Outdoor Track & Field Championships	Apr 19, 2012
2112	Snow, Chris	10.96m	35' 11.5"	FSU Relays	Mar 21, 2012
2706	Salgado, Daniel	9.62m	31' 6.75"	FSU Relays	Mar 21, 2012

Discus

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
222	Putman, Michael	50.63m	166' 1"	Georgia Tech Invitational	May 11, 2012
393	Lhamonie, David	48.07m	157' 8"	2012 Pepsi Florida Relays (College/Open)	Apr 6, 2012
517	Barroilhet, Gonzalo	46.38m	152' 2"	Georgia Tech Invitational	May 11, 2012
1619	Andrews, Trevor	37.37m	122' 7"	FSU Seminole Invitational	Apr 13, 2012
2845	Salgado, Daniel	28.10m	92' 2"	FSU Relays	Mar 21, 2012
2981	Snow, Chris	26.44m	86' 9"	FSU Relays	Mar 21, 2012

Hammer

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
159	Sineus, Markindey	57.79m	189' 7"	ACC Outdoor Track & Field Championships	Apr 19, 2012
287	Andrews, Trevor	54.54m	178' 11"	USF Bulls Invitational	Mar 15, 2012
400	Lhamonie, David	52.35m	171' 9"	2012 Pepsi Florida Relays (College/Open)	Apr 6, 2012

Javelin

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
441	Barroilhet, Gonzalo	54.85m	179' 11"	NCAA Division I Championships	Jun 6, 2012
539	Singletary, Garrett	53.19m	174' 6"	USF Bulls Invitational	Mar 15, 2012
2009	Snow, Chris	39.12m	128' 4"	USF Bulls Invitational	Mar 15, 2012
2168	Salgado, Daniel	37.37m	122' 7"	FSU Relays	Mar 21, 2012

Decathlon

RANK	ATHLETE	POINTS	MEET	MEET DATE
2	Barroilhet, Gonzalo	8065	ACC Outdoor Track & Field Championships	Apr 19, 2012
308	Salgado, Daniel	6054	FSU Relays	Mar 21, 2012
418	Snow, Chris	5666	FSU Relays	Mar 21, 2012

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