



## Florida State Men's Top Performances

**Note:** This is a list of top performances eligible for official POP lists and championship qualifying. Conversions may be applied.

### 60 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
5	Locke, Dentarius	6.58	UNM Cherry and Silver Invitational	Jan 24, 2014
129	Franklin, John	6.84	UNM Cherry and Silver Invitational	Jan 24, 2014
148	Greene, Cejhae	6.85	Razorback Invitational	Jan 31, 2014
252	van Lamoen, Rachmil	6.91	ACC Indoor Track & Field Championships	Feb 27, 2014

### 200 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
22	Locke, Dentarius	21.02	ACC Indoor Track & Field Championships	Feb 27, 2014

### 400 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
14	Harris, James	46.15	ACC Indoor Track & Field Championships	Feb 27, 2014

RANK	ATHLETE	TIME	MEET	MEET DATE
24	Russell, Alonzo	46.55	UNM Cherry and Silver Invitational	Jan 24, 2014
27	Cherry, Michael	46.57	Razorback Invitational	Jan 31, 2014
232	Roy, Ricardo	48.49	Tyson Invitational	Feb 14, 2014
491	Rose, Christopher	49.52	Tyson Invitational	Feb 14, 2014
837	Ray, Namer	50.61	UAB Blazer Invitational	Jan 10, 2014
998	Rhoden, James	51.21	Auburn Indoor Invitational	Jan 18, 2014

## 800 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
76	Teixeira, Otniel	1:50.52	Tyson Invitational	Feb 14, 2014
180	Burton, Jake	1:52.14	Tyson Invitational	Feb 14, 2014
331	Morton, John Kemper	1:53.45	Tyson Invitational	Feb 14, 2014

## Mile

RANK	ATHLETE	TIME	MEET	MEET DATE
134	Zivec, Jakub	4:06.34	ACC Indoor Track & Field Championships	Feb 27, 2014
256	Teixeira, Otniel	4:09.42	Razorback Invitational	Jan 31, 2014
654	Morton, John Kemper	4:16.56	Razorback Invitational	Jan 31, 2014
983	Kelley, Bryce	4:21.04	Razorback Invitational	Jan 31, 2014
1131	Magee, Matthew	4:23.35	Auburn Indoor Invitational	Jan 18, 2014

### 3000 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
230	Blahnik, Bryant	8:16.54	Razorback Invitational	Jan 31, 2014
233	Zivec, Jakub	8:16.62	UW Husky Classic	Feb 14, 2014
778	Johnson, Kevin	8:36.72	Razorback Invitational	Jan 31, 2014

### 5000 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
108	Blahnik, Bryant	14:18.45	UW Husky Classic	Feb 14, 2014
137	Yarham, Glen	14:23.83	UW Husky Classic	Feb 14, 2014
254	Johnson, Kevin	14:37.26	UW Husky Classic	Feb 14, 2014

### 4 x 400 Relay

RANK	TEAM	TIME	ATHLETES	MEET	MEET DATE
9	Florida State (B)	3:06.79	Roy, Cherry, Harris, Russell	Alex Wilson Invitational	Feb 22, 2014
17	Florida State (C)	3:07.26	Locke, Russell, Harris, Roy	Tyson Invitational	Feb 14, 2014
20	Florida State (A)	3:07.70	Russell, Locke, Cherry, Harris	UAB Blazer Invitational	Jan 10, 2014

### Distance Medley Relay

RANK	TEAM	TIME	ATHLETES	MEET	MEET DATE
187	Florida State (A)	10:04.15	Morton, Roy, Teixeira, Kelley	Razorback Invitational	Jan 31, 2014

### High Jump

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
2	Harris, James	2.27m	7' 5.25"	UNM Cherry and Silver Invitational	Jan 24, 2014
23	King, Darius	2.18m	7' 1.75"	ACC Indoor Track & Field Championships	Feb 27, 2014
133	Hurtado-Arteaga, Cristobal	2.07m	6' 9.5"	ACC Indoor Track & Field Championships	Feb 27, 2014
247	Medich, Nick	2.00m	6' 6.75"	UNM Cherry and Silver Invitational	Jan 24, 2014

### Pole Vault

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
252	Ellis, Cayman	4.70m	15' 5"	UAB Blazer Invitational	Jan 10, 2014

### Long Jump

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
17	Madzivire, Paul	7.70m	25' 3.25"	ACC Indoor Track & Field Championships	Feb 27, 2014
28	Ramsey, Jalen	7.59m	24' 11"	UNM Cherry and Silver Invitational	Jan 24, 2014
47	Brits, Stefan	7.44m	24' 5"	ACC Indoor Track & Field Championships	Feb 27, 2014
521	Cain, Owen	6.68m	21' 11"	UAB Blazer Invitational	Jan 10, 2014

### Triple Jump

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
2	Reid, Jonathan	16.32m	53' 6.5"	Tyson Invitational	Feb 14, 2014

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
62	Cain, Owen	15.20m	49' 10.5"	UNM Cherry and Silver Invitational	Jan 24, 2014

### Shot Put

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
133	Droogsma, Austin	16.72m	54' 10.25"	Auburn Indoor Invitational	Jan 18, 2014
136	DaCosta, Chadrick	16.69m	54' 9.25"	ACC Indoor Track & Field Championships	Feb 27, 2014

### Weight Throw

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
100	Sineus, Markindey	18.81m	61' 8.5"	ACC Indoor Track & Field Championships	Feb 27, 2014





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### 100 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
4	Locke, Dentarius	10.06	FSU Twilight	May 9, 2014
45	Greene, Cejhae	10.32	FSU Twilight	May 9, 2014
242	Franklin, John	10.64	Georgia Tech Invitational	May 16, 2014
242	van Lamoen, Rachmil	10.64	FSU Relays (College/Open)	Mar 21, 2014
364	Madzivire, Paul	10.76	ACC Outdoor Track & Field Championships	Apr 17, 2014

### 200 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
39	Locke, Dentarius	20.75	ACC Outdoor Track & Field Championships	Apr 17, 2014
47	Harris, James	20.81	FSU Seminole Invitational	Apr 11, 2014
397	van Lamoen, Rachmil	21.69	Crimson Tide Invitational	Apr 5, 2014

### 400 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
10	Harris, James	45.56	Georgia Tech Invitational	May 16, 2014
24	Cherry, Michael	46.01	Georgia Tech Invitational	May 16, 2014
31	Russell, Alonzo	46.31	FSU Twilight	May 9, 2014
431	Roy, Ricardo	48.73	Georgia Tech Invitational	May 16, 2014
450	Rose, Christopher	48.81	FSU Relays (College/Open)	Mar 21, 2014

### 800 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
38	Teixeira, Otniel	1:48.74	Jace LaCoste Invitational	May 2, 2014
67	Burton, Jake	1:49.48	ACC Outdoor Track & Field Championships	Apr 17, 2014
577	Morton, John Kemper	1:54.18	FSU Seminole Invitational	Apr 11, 2014

### 1500 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
62	Zivec, Jakub	3:44.32	Virginia Challenge	May 9, 2014
328	Morton, John Kemper	3:50.68	Virginia Challenge	May 9, 2014
545	Teixeira, Otniel	3:53.87	FSU Relays (College/Open)	Mar 21, 2014

### 5000 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
136	Yarham, Glen	14:11.04	ACC Outdoor Track & Field Championships	Apr 17, 2014



RANK	ATHLETE	TIME	MEET	MEET DATE
933	Bridges, William	15:15.16	FSU Seminole Invitational	Apr 11, 2014
1107	Quinn, Sean	15:27.77	FSU Seminole Invitational	Apr 11, 2014

### 10,000 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
47	Yarham, Glen	29:15.53	ACC Outdoor Track & Field Championships	Apr 17, 2014
294	Blahnik, Bryant	30:54.47	ACC Outdoor Track & Field Championships	Apr 17, 2014
586	Quinn, Sean	33:18.23	FSU Relays (College/Open)	Mar 21, 2014

### 400 Hurdles

RANK	ATHLETE	TIME	MEET	MEET DATE
165	Ray, Namer	52.85	FSU Twilight	May 9, 2014
271	Rhoden, James	54.01	FSU Twilight	May 9, 2014

### 3000 Steeplechase

RANK	ATHLETE	TIME	MEET	MEET DATE
68	Seddon, Zak	8:58.53	Georgia Tech Invitational	May 16, 2014

### 4 x 100 Relay

RANK	TEAM	TIME	ATHLETES	MEET	MEET DATE
68	Florida State (B)	40.19	Franklin, Locke, Ramsey, Harris	ACC Outdoor Track & Field Championships	Apr 17, 2014

RANK	TEAM	TIME	ATHLETES	MEET	MEET DATE
120	Florida State (A)	40.49	Greene, Russell, van Lamoen, Madzivire	Crimson Tide Invitational	Apr 5, 2014

### 4 x 400 Relay

RANK	TEAM	TIME	ATHLETES	MEET	MEET DATE
34	Florida State (B)	3:06.76	Cherry, Russell, Locke, Harris	ACC Outdoor Track & Field Championships	Apr 17, 2014
123	Florida State (A)	3:10.38	Harris, Roy, Russell, Ray	Crimson Tide Invitational	Apr 5, 2014

### High Jump

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
9	Harris, James	2.21m	7' 3"	Crimson Tide Invitational	Apr 5, 2014
59	King, Darius	2.12m	6' 11.5"	FSU Relays (College/Open)	Mar 21, 2014
152	Hurtado-Arteaga, Cristobal	2.05m	6' 8.75"	FSU Twilight	May 9, 2014
178	Medich, Nick	2.04m	6' 8.25"	ACC Outdoor Track & Field Championships	Apr 17, 2014

### Pole Vault

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
172	Ellis, Cayman	4.90m	16' 0.75"	Jace LaCoste Invitational	May 2, 2014

### Long Jump

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
11	Madzivire, Paul	7.87m	25' 10"	FSU Twilight	May 9, 2014
42	Ramsey, Jalen	7.62m	25' 0"	ACC Outdoor Track & Field Championships	Apr 17, 2014

## Shot Put

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
92	Droogsma, Austin	17.44m	57' 2.75"	FSU Twilight	May 9, 2014
119	DaCosta, Chadrick	17.07m	56' 0"	FSU Seminole Invitational	Apr 11, 2014

## Discus

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
60	DaCosta, Chadrick	54.99m	180' 5"	Penn Relays	Apr 24, 2014
171	Droogsma, Austin	50.70m	166' 4"	FSU Twilight	May 9, 2014

## Hammer

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
45	Sineus, Markindey	62.55m	205' 2"	FSU Seminole Invitational	Apr 11, 2014

## Javelin

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
140	Singletary , Garrett	61.67m	202' 4"	FSU Twilight	May 9, 2014
344	Michaud, Travis	52.53m	172' 4"	FSU Seminole Invitational	Apr 11, 2014

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