

FSU Relays

Wednesday's heptathlon and decathlon results in the 11th Annual Florida State Relays:

Heptathlon

1. Candi Odom, Florida State 2,984; 2. Delethea Quarles, Liberty 2,859; 3. Heather Korol, Mississauga TC 2,806; 4. Nicole Hudson, North Carolina 2,799; 5. Kim Hill, Miami (O) 2,476; 6. Karen Grimm, Miami (O) 2,461; 7. Deb Schmidt, Miami (O) TC 2,363; 8. Betsy Saelens, Liberty 2,341; 9. Eilett Forrest, Bradley Univ. 2,329; 10. Tonya Harvy, North Carolina 1,895.

Decathlon

1. Orville Peterson, Liberty TC 3,903; 2. Morris Ellis, Eastern Mich. 3,827; 3. Henry Elliott, Liberty U. 3,743; 4. Mark McClure, Malone 3,709; 5. John Dunlop, Albion 3,509; 6. Jocelyn Langevin, So. Ill. 3,482; 7. Dennis McGorty, North Carolina 3,448; 8. Jim Gulick, LaSalle 3,425; 9. Wade Brantley, South Carolina 3,319; 10. John Bookout, So. Ill. 3,280; 11. Mason King, Liberty 3,112; 12. Rodney Atherton, Unatt. 3,070; 13. Steve Caws, Mississauga TC 2,616; 14. Anthony Emerson, Unatt. 2,508.

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Heptathlon

1. Candi Odom, Florida State 4,847; 2. Delethea Quarles, Liberty Univ. 4,788; 3. Nicole Hudson, North Carolina 4,633; 4. Heather Korol, Mississauga TC 4,509; 5. Karen Grimm, Miami (O) 4,327; 6. Deb Schmidt, Miami TC 4,154; 7. Kim Hill, Miami (O) 4,042; 8. Betsy Saelens, Liberty Univ. 3,916; 9. Eilett Forrest, Bradley Univ. 3,779; 10. Tonya Harvy, North Carolina 3,169.

Decathlon

1. Henry Elliott, Liberty Univ. 7,441; 2. Orville Peterson, Liberty TC 7,309; 3. Morris Ellis, Eastern Mich. 7,227; 4. Mark McClure, Malone 6,716; 5. John Dunlop, Albion 6,478; 6. Jim Gulick, LaSalle 6,328; 7. Jocelyn Langevin, So. Ill. 6,061; 8. John Bookout, So. Ill. 6,051; 9. Mason King, Liberty Univ. 5,947; 10. Rodney Atherton, Unatt. 5,831; 11. Dennis McGorty, No. Carolina 5,801; 12. Steve Caws, Mississauga TC 5,011.

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Division I winners at the Florida State relays Friday:

Men

400 shuttle hurdle relay—FSU (Whitehead, Carr, McIntosh, Lawson), 58.69. 110 high hurdles—Lawson (FSU), 13.83. 3000 steeplechase—Croghan (unattached), 8:57.69. Javelin (collegiate)—Fetters (FSU), 227-0. Javelin (open)—Rob Curtis (unattached), 251-6. 4x200 relay—Eastern Michigan, 1:25.11. Distance medley relay—Southern Illinois, 9:52.76.

Women

High jump—Holly Kelly (FSU), 5-10. Long jump—Batten (FSU), 19-10 $\frac{1}{4}$. Discus—Daugherty (FAMU), 157-4 $\frac{1}{2}$. Triple jump—McMillan (unattached), 37-7 $\frac{1}{4}$. 400 shuttle hurdle relay—FSU (Hightower, Blades, Odom, Batten), 57.8. Javelin—Solvie Watson (St. Vidar), 148-5. Distance medley relay—FSU (Nash, Harris, O'Reilly, Boyd), 11:47.86. 100 hurdles—Batten (FSU), 13.68. 100—Horton (FSU), 11.64. Shot put—Barker (Eastern Tenn. St.), 45-3. 5000—McCarthy (Miami, Oh.), 17:47.80. 4x200 relay—FSU (Horton, Batten, Hightower, Lyons), 1:28.69.

Odom wins heptathlon

FSU freshman Candi Odom ran the final event, the 800 meters, in 2:21.61 to hold off a challenge from second place finisher Delethea Quarles and claim the heptathlon championship of the 11th Annual Florida State Relays.

Odom, who led by 125 points at the beginning of the day, saw her lead slip to just 41 points going into the 800, but won the race to earn the title in the first collegiate heptathlon of her career. She finished with 4,847 points to outdistance Quarles of Liberty University who finished with 4,788.

In the final day of the men's decathlon competition, Henry Elliott of Liberty University came from behind to defeat his former teammate, Orville Peterson, 7,441 to 7,309, and take the victory. Elliott trailed by 20 points before the final event, the 1,500 meter run, but ran a 4:37.97 to 5:03.3 for Peterson. The point total also qualified Elliott for the 1989 NCAA Outdoor Championship in the decathlon.

The Florida State Relays regular competition begins today and continues through Saturday at Mike Long Track. For a meet preview, see page 6C.

FSU Relays finals feature the right stuff

By Jeannie Roberts

Democrat staff writer

Florida State Relays. Mike Long Track. Saturday finals.

All the essentials of a good track meet were there.

Runners with great bodies. Tights. Ben Gay. 10-K cups. Gunshots. Stopwatches. Relays. Batons.

Sand pits. Infield flags. Sunshine ... plenty of it. Shade under the training tent.

Track fans got eyefuls of great performances, but a few of them were staged despite circumstances that most knowledgeable track fan couldn't have known.

For instance:

• Florida State's Carrie Boyd won the women's 1,500-meter run easily in 4:33.82, a meet record. But unknown to almost everyone who watched her run, Boyd had accidentally worked a little too hard in training last week and was very tired.

"My legs are dead," Boyd said between gasps after her race. "We had a 200 workout on Tuesday, and I was the only distance runner there. We were supposed to do four sets of three (200-meter dashes). Then that was changed to three sets of three, but nobody told me so I did four."

Consequently, Boyd, who also won the 3,000 meters, said, "my legs don't really hurt, but they do feel like they're full of cement."

• The high-jump competition was packed with drama because South Carolina's Paul Wiechern, who won it with a personal-best jump of 7-feet, 3¼ inches, had a chance to better the Mike Long track record of 7-feet-5.

After all the other competitors were finished for the day, Wiechern, who cleared 7-3¼ on his third attempt, was given the choice of packing it up or trying for the meet and track record. "Might as well try it," he said, and he gave it three valiant attempts before acknowledging that it wasn't his fate Saturday to set a record.

"It's a little harder to jump by yourself," Wiechern, a senior, said, "because the competition against the others isn't there. But you shouldn't be jumping just to win the event. I also wanted to qualify (for the NCAA's)."

• Florida State's All-American triple jumper, Kim Batten, was a double winner, taking the 400-meter hurdles in 58.90 and as part of the 4X400 relay team, which won in 3:44.01. She's had exactly one day of training this season in that hurdles event.

"I feel good about this race," Batten said after the hurdles, "because it means if I start out doing this well this early in the season, I'll get better."

Because Batten has been so busy training for other events, and because the team has only two "skill days" of practice during the week, her training regimen consisted of "three hurdles at a race pace and five hurdles — that's about 200

meters — once. I'm pretty proud of myself. But I plan on at least getting down to a 56 — that's 56 flat I mean — and I won't stop until I do it. That means I've got a lot of hard work still to do."

And the meet served as a reminder to track fans that this area has produced some stellar athletes. Back to compete were at least two former high-school football and track stars — former Rickards player Ozzie Jackson, now at Akron University and Liberty University's Scott Queen, formerly of North Florida Christian — and a couple of former local college stars now running for Mazda Track Club — Reggie Davis, formerly of FAMU and former FSU star and Olympian Walt McCoy.

Davis took the 400-meter hurdles (49.89) in the Open division, saying "that's one of the best times so far this season." But because it was his first race this season, Davis said it served mostly diagnostic purposes Saturday. "This lets me know how much more I've got to work." Davis hinted that he's annoyed with some athletes' use of steroids, and said he's on a mission to come back and show them how to compete cleanly.

"I've been discouraged by some athletes who are competing and not being truthful lately," he said.

WOMEN

10,000m run — Julie Marney (JCCC), 40:50.5. 4x100m relay — Florida State (Hightower, Lyons, Horton, Kelly), 47.12. 800m run — Angela Harris (FSU), 2:15.79. 1,500m run — Carrie Boyd (FSU), 4:33.82. 400m hurdles — Kim Batten (FSU), 58.90. 4x800m relay — Florida A&M, 9:21.69. Sprint medley relay — Florida State (Lyons, Harris, Horton, Batten).

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Results Saturday of the Florida State Track and Field Relays at Mike Long Track:

MEN

Division I

Discus — Ron Harrer (unattached), 175-10. 800m run — Mark Dalley (EMU), 1:48.75. 4x100m relay — Miami-Dade South, 40.81. Hammer — Horatio Garcia (unattached), 202-8. 1,500m run — Matt Parker (Nike TC), 3:49.05. 400m hurdles — Dan Steele, (EIU), 52.22. 4x800m relay — Liberty, 7:46.04. Long jump — Cecil King (JCCC), 24-2¼. Shot put — Jeff Gannarelli (EIU), 59-3½. High jump — Paul Wiechern (USC), 7-3¼. 100m dash — Ray Boulton (USC), 10.89. Pole vault — Larry Carr (FSU), 17-5¼. Sprint medley relay — Eastern Michigan, 3:19.93. 400m dash — Antonio Pettigrew (MDCCS), 45.73. 4x1,500m relay — Southern Illinois, 15:46.89. Triple jump — Leo Peterson (Air Force), 51-0. 4x400m relay — 1. Liberty, 3:08.72.

Open

110m hurdles — Ron Stewart (Orlando TC), 14.15. 400m hurdles — Reggie Davis (Mazda TC), 49.89. High jump — Kenny Smith (unattached), 7-1½. 100m dash — Greg Barnes (unattached), 10.52. Pole vault — David Watson (unattached), 17-0¾. 200m dash — Robert Thomas (Miami TC), 21.36. 4x400m relay — Miami Dade South, 3:06.63.