

1978 LADY VOL CROSS COUNTRY INVITATIONAL
INDIVIDUAL PERFORMANCES

1. B. Webb	Univ. of Tennessee	17:25
2. A. McCarthy	Morehead State	17:36
3. <u>R. GIAMPALMO</u>	<u>FLORIDA STATE UNIV.</u>	17:51
4. <u>K. MOORE</u>	<u>FLORIDA STATE UNIV.</u>	18:10
5. M. Witt	Univ. of Kentucky	18:14
6. B. Tieperman	Univ. of Tennessee	18:22
7. <u>L. LEDBETTER</u>	<u>FLORIDA STATE UNIV.</u>	18:24
8. <u>N. JAQUISH</u>	<u>FLORIDA STATE UNIV.</u>	18:30
9. <u>N. McCORMIC</u>	<u>FLORIDA STATE UNIV.</u>	18:42
10. <u>L. KINCH</u>	<u>FLORIDA STATE UNIV.</u>	18:54
11. L. Emery	Univ. of Tennessee	19:04
12. K. Jones	Univ of Kentucky	19:08
13. <u>D. ANDREW</u>	<u>FLORIDA STATE UNIV.</u>	19:17
14. C. Kirchner	Univ of Tennessee	19:20
15. J. Cobb	Univ. of Tennessee	19:24
16. A. Davis	Wake Forest	19:32
17. V. Renner	Eastern Kentucky	19:43
18. <u>L. SULLIVAN</u>	<u>FLORIDA STATE UNIV.</u>	19:47
19. J. Soldano	Univ. of Tennessee	19:50
20. H. Camdill	Morehead State	19:55
21. K. Jones	Univ. of Kentucky	19:59
22. J. Anderson	Univ. of Kentucky	20:09
23. K. Hydd	Western Kentucky	20:15
24. T. Spears	Eastern Kentucky	20:16
25. E. Christensen	Western Kentucky	20:16
26. M. Meeker	Univ. of Kentucky	20:27
27. K. Horn	Western Kentucky	20:28
28. R. Wright	Univ. of Tennessee	20:47
29. G. Christensen	Western Kentucky	20:49
30. B. Ferris	Morehead State	21:01
31. C. Ross	Wake Forest	21:02
32. B. Yu	Wake Forest	21:07
33. M. White	Eastern Kentucky	21:17
34. V. Holway	Western Kentucky	21:23
35. S. Brutscher	Morehead State	21:37
36. S. Seiler	Utt.	21:40
37. T. Griffen	Wake Forest	21:47
38. J. Terrell	Western Kentucky	21:48
39. T. Strickland	Western Kentucky	21:58
40. C. Delay	Morehead State	22:07
41. K. Kramer	Univ. of Kentucky	22:11
42. C. Cudney	Wake Forest	22:17
43. K. Lisch	Utt.	22:34
44. J. Remacle	Univ. of Kentucky	23:05
45. J Sisk	Morehead State	NT
46. C. Hoppe	Eastern Kentucky	NT

Distance: 5000 Meters

1978 LADY VOL CROSS COUNTRY INVITATIONAL
TEAM RESULTS

1. <u>FLORIDA STATE UNIVERSITY</u>	34
2. University of Tennessee	47
3. University of Kentucky	86
4. Morehead State University	127
5. Western Kentucky University	138
6. Wake Forest	148
7. Eastern Kentucky University	163

Big win for Lady Seminoles

Florida State's Lady Seminoles ran to what cross country coach Paul Toran called their biggest victory ever Saturday in beating two nationally ranked teams to win the Lady Vol Invitational at Knoxville, Tenn.

The FSU victory highlighted a busy day for area runners in which the FSU men's team participated in the Florida Invitational at Gainesville and 425 runners took part in the Harvest Run for Epilepsy in Tallahassee.

The Lady Seminoles, coming off a victory at the Azalea City Invitational last Saturday, won easily with 34 points. Host Tennessee, ranked 6th in the country by Harrier magazine, finished second with 47 points. Kentucky was fourth with 86 points and eighth-ranked Eastern Kentucky was fourth.

"This is easily the biggest win I've ever had as a coach," Toran said.

"I feel good we beat the two teams we did and I sure hope were ranked in the top 10 after this. The only team that's beaten us this year has been North Carolina State and it will probably be rated No. 1 or No. 2 in the country in the next poll."

Sophomore Rose Giampalmo, suffering from a nagging tendon injury, paced an impressive team effort that saw FSU place its first five runners in the top 10.

Giampalmo finished third overall in 17:51 for 5,000 meters. She trailed last year's NCAA runnerup, Brenda Webb of the Tennessee, who won the meet in 17:25.

The other FSU finishers were: Kathy Moore (4th in 18:10), Nancy Jaquish (8th in 18:30), Nancy McCormac (9th in 18:42), Lisa Kinch (10th in 18:54), Darien Andreu (13th in 19:17) and Leslie Sullivan (18th in 19:47).

"We had a super team effort," Toran said. "This is the first time we've beaten Tennessee in five years, it's the first time we've beaten them since I've been here."

"I hope this will go a long way towards giving the confidence to get a good place (in the top 10) in the nationals."

FSU takes its first step to the national meet Nov. 4 at Atlanta when it defends its two-time Region 3 title. If FSU wins or places second it will advance to the national meet in Denver on Nov. 18.