FOR IMMEDIATE RELEASE

DATE: March 15, 2001

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FLORIDA STATE DOWNS CYCLONES 4-0 BEHIND WHITE-STOKES' TWO HITTER Freshmen van der Linden and Velasco get key RBI's as No. 16 FSU moves to 25-5.

Tallahassee, FL – After only being able to muster two hits against No. 18 Nebraska Wednesday night, the 16th-ranked Seminole softball team (25-5) was able to knock out nine hits and score four runs as they downed Iowa State (9-9) 4-0 Thursday afternoon. FSU used a solid pitching performance from Jen White-Stokes (8-2) and key hits from freshmen Elisa Velasco and Jessica van der Linden to bounce back from Wednesday's tough loss to Nebraska.

"We were able to get a lot more going at the plate today," said head coach Dr. JoAnne Graf. "It was nice to see some of our kids start to make contact and put the ball in play. Elisa got an opportunity to start today and she went 2 for 2 and Jen had another solid performance on the mound."

The Noles got the scoring started in the third inning when Serita Brooks drew a walk and then stole second and third. Brooks, an All-American from Tuscaloosa, AL, stole four bases on the day and she ended up scoring the game's first run when van der Linden knocked in her 17th RBI of the season on a single to left field. Brandi Stuart then doubled to center and Cyclone pitcher Erica Martinez proceeded to load the bases and then walked in the game's second run giving Velasco her seventh RBI of 2001.

Florida State then padded its lead in the fifth inning when White-Stokes helped her own cause with a two-out single to left center. Velasco then recorded her second hit of the day when she singled up the middle moving pinch runner Leah Armstrong to second. Senior shortstop Natalie Bennett then knocked in her 10th RBI of the season when she singled down the right field line scoring Armstrong and moving the Seminoles lead to 3-0. Florida State got its final run in the sixth when Brooks drew her second walk of the game and then stole second base. She was sacrificed to third by right fielder Kimmy Carter and then scored when she stole home on a failed pick off attempt.

White-Stokes, who recorded her second straight complete game shutout in her last two starts, shut the Cyclones down and didn't allow a hit after the third inning. She struck out four Iowa State batters and allowed just two walks. White-Stokes now leads the team with a 0.53 ERA and she recorded her fourth shutout and ninth complete game for the season. She is allowing just one walk for every four batters she strikes out.

The Seminoles open play in the Tallahassee Democrat/Seminole Invitational Tournament Friday, March 16 when they face Iowa State at 2:00 p.m. before facing Syracuse (3-6) at 4:00 p.m. at the Seminole Softball Complex. The Seminole Invitational features 14 teams from around the nation with games being played at the Seminole Softball Complex and the new Messer Field. Action takes place all weekend and all games are free to the public. Check www.seminoles.com for complete tournament information.

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The Automated ScoreBook

Iowa State at Florida State

Mar 15, 2001 at Tallahassee, FL (Seminole Softball Co)

Iowa State 0 (9-9)

Florida State 4 (25-5)

t				RBI					
iney Eanes ss									
di Blackmon cf	3	0	2	0	0	0	1	1	Ð
Gauren Cathey 3b	2	0	0	0	0	1	1	3	1
rica Martinez p/rf	1	0	0	0	2	1	0	0	0
findy Ogan c	3	0	0	0	0	2	7	0	4
aura Browning 1f	2	0	0	0	0	0	0	0	0
Amberly Lessenger 1f	1	0	0	0	0	0	0	0	0
Julia Lindsay 2b	2	0	0	0	0	0	3	2	0
Kelly Wardein dp	2	0	0	0	0	0	0	0	0
Kimi Yoshizawa 1b	2	0	0	0	0	0	6	0	1
Jil Hlavacek ph	1	Ð	0	0	G	0	0	0	8
Ashley Core rf	0	0	0	0	0	0	0	0	0
Kristin Ferguson p	. 0	0	0	0	0	0	0	2	0
Totals	22	0	2	0	2	4	18	8	6
Score by Innings			R	H	E				
Iowa State 600									
Florida State 002	011	τ.	. 4	٩	1				

E - Bennett. DP - Seminoles 1. LOB - ISU 6; Seminoles 9. 2B - Stuart. HBP - Lindsay; Wardein. SH - Cathey; Carter, SB - Blackmon; Brooks 4.

State	IP								Florida State				BF
Erica Martinez									Jen White-Stokes				
Kristin Ferguson	3.2	4	2	2	2	1	14	17					

Win - White-Stokes (8-2). Loss - Martinez (2-4). Save - None.

EB - White-Stokes 2. PB - Velasco.

Umpires -

Start: 3:00 Time: 1:50 Attendance: 132

Game: 3152001