2003-04 Women's Track & Field EOY Stats

End-of-Year Statistics are calculated from meet results

Women's Indoor Best Times

200 Meters				
Kim Walker - Adidas Invitational	Feb 7.	2004	24.53	
300 Meters	,			
Evelyne Niako - Clemson Invitational	Dec 6,	2003	39.58	
3000 Meters	•			
Vicky Gill - Clemson Invitational	Dec 6,	2003	9:15.68	
400 Meters	•			
	Feb 20,	2004	54.41	
4x400-Meter Relay	,			
Team A - Adidas Invitational	Feb 7,	2004	3:43.70	
Dana Massiah Kim Adams LaKendra McColumn Tama				
500-Meter Run				
Kim Adams - Clemson Invitational	Dec 6.	2003	1:18.21	
5000 Meters	200 07	2003	1,10,71	
Vicky Gill - NCAA Indoor Championship	Mar 13	2004	16:00.62	
55 Meter Hurdles	nar 13,	2001	10.00.07	
Deanna Lane - Gator Invitational	Feb 1,	2004	8.13	
55 Meters	rcb i,	2001	0.15	
Kim Walker - Florida Intercollegiate	Jan 17,	2004	7.10	
60 Meter Hurdles	Uaii 17,	2004	7.10	
LaKendra McColumn - ACC Indoor Championship	Fob 21	2004	8.54	
60 Meters	reb zi,	2004	0.54	
Kim Walker - Adidas Invitational	Ech 7	2004	7.56	
800 Meters	Feb 7,	2004	7.50	
Helen Hofstede - Gator Invitational	mala 1	2004	2.12 00	
	reb 1,	2004	2:13.80	
Distance Medley Relay	T 1 01	0004	11.20.20	
Team A - ACC Indoor Championship			11:32.39	
Helen Hofstede Tamara Campbell Sydney Mondrago	n Natal	ie нugn	ies	
Mile Run	10	0004	4.20.15	
Natalie Hughes - NCAA Indoor Championship	Mar 13,	2004	4:39.17	
Pentathlon	_ , _		0.405	
Deanna Lane - Adidas Invitational	Feb 7,	2004	3496 pts	
High Jump	_ , _			4 = 0
Deanna Lane - Adidas Invitational	Feb 7,	2004	5- 2.25	1.58m
Long Jump				
Charlene Walker - Clemson Invitational	Jan 24,	2004	18-11.25	5.77m
Pole Vault				
Danielle Walker - Clemson Invitational	Dec 6,	2003	10- 0	3.05m
Shot Put				
Mandy Kinney - Clemson Invitational	Dec 6,	2003	44- 0.75	13.43m
Triple Jump				
LaToya LeGree - ACC Indoor Championship	Feb 21,	2004	41- 0.25	12.50m
Weight Throw				
Mandy Kinney - ACC Indoor Championship	Feb 21,	2004	54- 2.50	16.52m

Women's Outdoor Best Times

100 Meter Hurdles LaKendra McColumn - Reebok Invitational	May 15, 2004	13.70	
100 Meters	1107 107 2001	23.70	
Kim Walker - NCAA Regional Championship	May 29, 2004	11.56	
10000 Meters Vicky Gill - Cardinal Invitational	Apr 30, 2004	32.41 17	
1500 Meters	API 30, 2004	32.41.17	
Natalie Hughes - ACC Outdoor Championship	Apr 17, 2004	4:16.55	
200 Meters			
Evelyne Niako - Seminole Invitational 2000-Meter Steeplechase	Apr 10, 2004	23.62	
Rachel Springer - Seminole Invitational	Apr 10, 2004	7:10.92	
3.2K			
Meredith Urban - Seminole Invitational	Apr 10, 2004	11:05.37	
3000 Meter Steeplechase Helen Hofstede - NCAA Regional Championship	May 29, 2004	10:09.90	
3000 Meters	May 25, 2001	10.00.00	
Tina Biedenharn - FAMU Relays	Mar 13, 2004	11:56.18	
400 Meter Hurdles	7 15 0004	F0 60	
LaKendra McColumn - ACC Outdoor Championship 400 Meters	Apr 17, 2004	58.62	
Tamara Campbell - NCAA Regional Championship	May 29, 2004	53.22	
4x100-Meter Relay			
Team A - ACC Outdoor Championship Sharneka Brown Tamara Campbell Evelyne Niako	Apr 17, 2004	45.01	
4x200-Meter Relay	KIM Walker		
Team A - FSU Relays	Mar 20, 2004	1:35.17	
Tamara Campbell Sharneka Brown Evelyne Niako	Kim Walker		
4x400-Meter Relay Team A - at Florida	Marr 2 2004	3:38.48	
LaKendra McColumn Dana Massiah Tamara Campbel	May 2, 2004 ll Kim Adams	3.30.40	
5000 Meters			
Vicky Gill - ACC Outdoor Championship	Apr 17, 2004	16:13.34	
800 Meters Natalie Hughes - at Florida	May 2, 2004	2:07.94	
	May 2, 2004	4.07.94	
_	.		
Heptathlon Deanna Lane - FSU Relays	Mar 20, 2004		
Heptathlon Deanna Lane - FSU Relays Sprint Medley Relay	Mar 20, 2004	4874 pts	
Heptathlon Deanna Lane - FSU Relays Sprint Medley Relay Team A - Florida Relays	Mar 20, 2004 Mar 27, 2004	4874 pts	
Heptathlon Deanna Lane - FSU Relays Sprint Medley Relay Team A - Florida Relays Sydney Mondragon Deanna Lane Sharneka Brown	Mar 20, 2004 Mar 27, 2004	4874 pts	
Heptathlon Deanna Lane - FSU Relays Sprint Medley Relay Team A - Florida Relays	Mar 20, 2004 Mar 27, 2004	4874 pts	
Heptathlon Deanna Lane - FSU Relays Sprint Medley Relay Team A - Florida Relays Sydney Mondragon Deanna Lane Sharneka Brown Steeplechase Tina Biedenharn - Florida Relays Discus	Mar 20, 2004 Mar 27, 2004 Tamara Campbell Mar 27, 2004	4874 pts 3:59.58 12:43.94	
Heptathlon Deanna Lane - FSU Relays Sprint Medley Relay Team A - Florida Relays Sydney Mondragon Deanna Lane Sharneka Brown Steeplechase Tina Biedenharn - Florida Relays Discus Lindsey Nelson - NCAA Regional Championship	Mar 20, 2004 Mar 27, 2004 Tamara Campbell	4874 pts 3:59.58	49.69m
Heptathlon Deanna Lane - FSU Relays Sprint Medley Relay Team A - Florida Relays Sydney Mondragon Deanna Lane Sharneka Brown Steeplechase Tina Biedenharn - Florida Relays Discus Lindsey Nelson - NCAA Regional Championship Hammer	Mar 20, 2004 Mar 27, 2004 Tamara Campbell Mar 27, 2004 May 29, 2004	4874 pts 3:59.58 12:43.94	49.69m 50.90m
Heptathlon Deanna Lane - FSU Relays Sprint Medley Relay Team A - Florida Relays Sydney Mondragon Deanna Lane Sharneka Brown Steeplechase Tina Biedenharn - Florida Relays Discus Lindsey Nelson - NCAA Regional Championship	Mar 20, 2004 Mar 27, 2004 Tamara Campbell Mar 27, 2004 May 29, 2004	4874 pts 3:59.58 12:43.94 163- 0	
Heptathlon Deanna Lane - FSU Relays Sprint Medley Relay Team A - Florida Relays Sydney Mondragon Deanna Lane Sharneka Brown Steeplechase Tina Biedenharn - Florida Relays Discus Lindsey Nelson - NCAA Regional Championship Hammer Mandy Kinney - ACC Outdoor Championship High Jump Marla Jackson - ACC Outdoor Championship	Mar 20, 2004 Mar 27, 2004 Tamara Campbell Mar 27, 2004 May 29, 2004	4874 pts 3:59.58 12:43.94 163- 0	
Heptathlon Deanna Lane - FSU Relays Sprint Medley Relay Team A - Florida Relays Sydney Mondragon Deanna Lane Sharneka Brown Steeplechase Tina Biedenharn - Florida Relays Discus Lindsey Nelson - NCAA Regional Championship Hammer Mandy Kinney - ACC Outdoor Championship High Jump Marla Jackson - ACC Outdoor Championship Javelin	Mar 20, 2004 Mar 27, 2004 Tamara Campbell Mar 27, 2004 May 29, 2004 Apr 16, 2004 Apr 17, 2004	4874 pts 3:59.58 12:43.94 163- 0 167- 0 5- 7	50.90m 1.70m
Heptathlon Deanna Lane - FSU Relays Sprint Medley Relay Team A - Florida Relays Sydney Mondragon Deanna Lane Sharneka Brown Steeplechase Tina Biedenharn - Florida Relays Discus Lindsey Nelson - NCAA Regional Championship Hammer Mandy Kinney - ACC Outdoor Championship High Jump Marla Jackson - ACC Outdoor Championship	Mar 20, 2004 Mar 27, 2004 Tamara Campbell Mar 27, 2004 May 29, 2004 Apr 16, 2004	4874 pts 3:59.58 12:43.94 163- 0 167- 0	50.90m
Heptathlon Deanna Lane - FSU Relays Sprint Medley Relay Team A - Florida Relays Sydney Mondragon Deanna Lane Sharneka Brown Steeplechase Tina Biedenharn - Florida Relays Discus Lindsey Nelson - NCAA Regional Championship Hammer Mandy Kinney - ACC Outdoor Championship High Jump Marla Jackson - ACC Outdoor Championship Javelin Kate Purcell - NCAA Regional Championship Long Jump Charlene Walker - at Florida	Mar 20, 2004 Mar 27, 2004 Tamara Campbell Mar 27, 2004 May 29, 2004 Apr 16, 2004 Apr 17, 2004	4874 pts 3:59.58 12:43.94 163- 0 167- 0 5- 7	50.90m 1.70m
Heptathlon Deanna Lane - FSU Relays Sprint Medley Relay Team A - Florida Relays Sydney Mondragon Deanna Lane Sharneka Brown Steeplechase Tina Biedenharn - Florida Relays Discus Lindsey Nelson - NCAA Regional Championship Hammer Mandy Kinney - ACC Outdoor Championship High Jump Marla Jackson - ACC Outdoor Championship Javelin Kate Purcell - NCAA Regional Championship Long Jump Charlene Walker - at Florida Pole Vault	Mar 20, 2004 Mar 27, 2004 Tamara Campbell Mar 27, 2004 May 29, 2004 Apr 16, 2004 Apr 17, 2004 May 29, 2004 May 29, 2004 May 2, 2004	4874 pts 3:59.58 12:43.94 163- 0 167- 0 5- 7 145- 1 19- 3.25	50.90m 1.70m 44.23m 5.87m
Heptathlon Deanna Lane - FSU Relays Sprint Medley Relay Team A - Florida Relays Sydney Mondragon Deanna Lane Sharneka Brown Steeplechase Tina Biedenharn - Florida Relays Discus Lindsey Nelson - NCAA Regional Championship Hammer Mandy Kinney - ACC Outdoor Championship High Jump Marla Jackson - ACC Outdoor Championship Javelin Kate Purcell - NCAA Regional Championship Long Jump Charlene Walker - at Florida Pole Vault Lacy Janson - Texas Relays	Mar 20, 2004 Mar 27, 2004 Tamara Campbell Mar 27, 2004 May 29, 2004 Apr 16, 2004 Apr 17, 2004 May 29, 2004	4874 pts 3:59.58 12:43.94 163- 0 167- 0 5- 7 145- 1	50.90m 1.70m 44.23m
Heptathlon Deanna Lane - FSU Relays Sprint Medley Relay Team A - Florida Relays Sydney Mondragon Deanna Lane Sharneka Brown Steeplechase Tina Biedenharn - Florida Relays Discus Lindsey Nelson - NCAA Regional Championship Hammer Mandy Kinney - ACC Outdoor Championship High Jump Marla Jackson - ACC Outdoor Championship Javelin Kate Purcell - NCAA Regional Championship Long Jump Charlene Walker - at Florida Pole Vault	Mar 20, 2004 Mar 27, 2004 Tamara Campbell Mar 27, 2004 May 29, 2004 Apr 16, 2004 Apr 17, 2004 May 29, 2004 May 29, 2004 May 2, 2004	4874 pts 3:59.58 12:43.94 163- 0 167- 0 5- 7 145- 1 19- 3.25 13-11.25	50.90m 1.70m 44.23m 5.87m
Heptathlon Deanna Lane - FSU Relays Sprint Medley Relay Team A - Florida Relays Sydney Mondragon Deanna Lane Sharneka Brown Steeplechase Tina Biedenharn - Florida Relays Discus Lindsey Nelson - NCAA Regional Championship Hammer Mandy Kinney - ACC Outdoor Championship High Jump Marla Jackson - ACC Outdoor Championship Javelin Kate Purcell - NCAA Regional Championship Long Jump Charlene Walker - at Florida Pole Vault Lacy Janson - Texas Relays Shot Put	Mar 20, 2004 Mar 27, 2004 Tamara Campbell Mar 27, 2004 May 29, 2004 Apr 16, 2004 Apr 17, 2004 May 29, 2004 May 2, 2004 Apr 3, 2004	4874 pts 3:59.58 12:43.94 163- 0 167- 0 5- 7 145- 1 19- 3.25 13-11.25	50.90m 1.70m 44.23m 5.87m 4.25m