

2008-09 Women's Track & Field EOY Stats

End-of-Year Statistics are calculated from meet results

Women's Indoor Best Times

1000 Meters			
Christal Washington - Virginia Tech Opener	Jan 16, 2009	2:52.02	
200 Meters			
Teona Rodgers - ACC Indoor Championship	Feb 28, 2009	23.42	
3000 Meters			
Susan Kuijken - NCAA Indoor Championship	Mar 14, 2009	8:56.27	
400 Meters			
Brittany St. Louis - New Balance Invitational	Feb 6, 2009	54.88	
4x400-Meter Relay			
Team A - ACC Indoor Championship	Feb 28, 2009	3:42.78	
Hshkeni Richemond Keyla Smith Christal Washington Auja Pughsley			
500-Meter Run			
Keyla Smith - New Balance Invitational	Feb 6, 2009	1:15.77	
5000 Meters			
Christina Woytalewicz - ACC Indoor Championship	Feb 27, 2009	16:59.69	
55 Meters			
Teona Rodgers - Tom Jones Invitational	Jan 24, 2009	7.02	
60 Meter Hurdles			
Teona Rodgers - ACC Indoor Championship	Feb 28, 2009	8.07	
60 Meters			
Danielle Jeffery - ACC Indoor Championship	Feb 28, 2009	7.38	
600 Meters			
Shannon Stuckman - Virginia Tech Opener	Jan 17, 2009	1:42.69	
800 Meters			
Christal Washington - Tyson Invitational	Feb 13, 2009	2:08.02	
Distance Medley Relay			
Team A - ACC Indoor Championship	Feb 27, 2009	11:12.96	
Linzi Snow Keyla Smith Lydia Willemse Susan Kuijken			
Mile Run			
Susan Kuijken - ACC Indoor Championship	Feb 28, 2009	4:34.11	
High Jump			
Tiara Swanagan - ACC Indoor Championship	Feb 27, 2009	5- 7	1.70m
Long Jump			
Kim Williams - ACC Indoor Championship	Feb 27, 2009	21- 2.75	6.47m
Pole Vault			
Liz Mabry - ACC Indoor Championship	Feb 28, 2009	13- 1.50	4.00m
Shot Put			
Kamorean Hayes - ACC Indoor Championship	Feb 28, 2009	52- 2	15.90m
Triple Jump			
Kim Williams - Virginia Tech Opener	Jan 16, 2009	46- 0.50	14.03m
Weight Throw			
Caila Coleman - ACC Indoor Championship	Feb 27, 2009	58- 2	17.73m

Women's Outdoor Best Times

100 Meter Hurdles				
Teona Rodgers - NCAA Regional Championship	May 29, 2009	13.42		
100 Meters				
Candyce McGrone - ACC Outdoor Championship	Apr 17, 2009	11.44		
1500 Meters				
Susan Kuijken - Mondo	Jun 27, 2009	4:05.86		
200 Meters				
Candyce McGrone - Disney Classic	Mar 21, 2009	23.17		
2000-Meter Steeplechase				
Lydia Willemse - Seminole Invitational	Apr 11, 2009	6:33.28		
3000 Meter Steeplechase				
Lydia Willemse - Payton Jordan Cardinal Invite	May 3, 2009	10:05.36		
3000 Meters				
Amanda Quick - Seminole Invitational	Apr 10, 2009	10:06.05		
400 Meter Hurdles				
Shannon Stuckman - Georgia Tech Invitational	May 16, 2009	1:01.50		
400 Meters				
Brittany St. Louis - ACC Outdoor Championship	Apr 18, 2009	52.97		
4x100-Meter Relay				
Team A - NCAA Outdoor Championship	Jun 12, 2009	43.33		
Nicole Marcus Candyce McGrone Danielle Jeffery Teona Rodgers				
4x200-Meter Relay				
Team A - FSU Relays	Mar 28, 2009	1:38.31		
Nicole Marcus Candyce McGrone Danielle Jeffery Teona Rodgers				
4x400-Meter Relay				
Team A - Penn Relays	Apr 25, 2009	3:34.00		
Hshkeni Richemond Brittany St. Louis Keyla Smith Christal Washington				
5000 Meters				
Susan Kuijken - ACC Outdoor Championship	Apr 18, 2009	16:31.68		
800 Meters				
Susan Kuijken - Georgia Tech Invitational	May 16, 2009	2:02.24		
Discus				
Kamorean Hayes - ACC Outdoor Championship	Apr 18, 2009	163-11	49.97m	
Hammer				
Caila Coleman - Seminole Invitational	Apr 11, 2009	156- 9	47.79m	
High Jump				
Danielle Jeffery - Disney Classic	Mar 21, 2009	5- 7.75	1.72m	
Javelin				
Amanda Carr - Seminole Invitational	Apr 10, 2009	120-11	36.86m	
Long Jump				
Kim Williams - Seminole Invitational	Apr 11, 2009	21- 0.75	6.42m	
Pole Vault				
Liz Mabry - ACC Outdoor Championship	Apr 18, 2009	13- 3.50	4.05m	
Shot Put				
Allyn Laughlin - NCAA Outdoor Championship	Jun 11, 2009	53- 0.75	16.17m	
Triple Jump				
Kim Williams - NCAA Regional Championship	May 30, 2009	45-10.50	13.98m	