



Florida State Women's Top Performances

Note: This is a list of top performances in all events. No conversions are applied. Wind-aided marks are excluded.

60 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
38	Pemberton, Marecia	7.37	ACC Championships	Feb 21, 2013
156	Zagre, Anne	7.55	ACC Championships	Feb 21, 2013
394	Smith, Bianca	7.69	Samford Multi and Invitational Indoor Track & Field Meet	Feb 8, 2013
716	Freeman, Der'Renae	7.82	Auburn Indoor Invitational	Jan 19, 2013
1683	Gray, Desmonae	8.14	Razorback Invitational	Jan 25, 2013
2368	Williams, Sierra	8.34	Crimson Tide Indoor Opener	Jan 12, 2013

200 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
238	Watson, Sage	24.59	Razorback Invitational	Jan 25, 2013
715	Smith, Bianca	25.39	Crimson Tide Indoor Opener	Jan 12, 2013
2075	Williams, Sierra	26.78	Auburn Indoor Invitational	Jan 19, 2013

400 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
62	Watson, Sage	54.36	Razorback Invitational	Jan 25, 2013
86	Ichite, Elizabeth	54.61	ACC Championships	Feb 21, 2013
313	Chandler, Sarah	56.38	Razorback Invitational	Jan 25, 2013
498	Ariol, Marsha	57.21	Razorback Invitational	Jan 25, 2013

800 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
64	Peel, Georgia	2:08.01	Auburn Indoor Invitational	Jan 19, 2013
214	Concepcion, Natalie	2:12.05	Auburn Indoor Invitational	Jan 19, 2013
1166	Marcinkiewicz, Ewa	2:21.11	Razorback Invitational	Jan 25, 2013
3427	Martinez, Alejandra	2:35.20	Razorback Invitational	Jan 25, 2013

Mile

RANK	ATHLETE	TIME	MEET	MEET DATE
3	Winslow, Amanda	4:31.08	NCAA Division I Indoor Championships	Mar 8, 2013
20	Peel, Georgia	4:37.21	UW Husky Classic	Feb 8, 2013
23	Quigley, Colleen	4:37.55	Razorback Invitational	Jan 25, 2013
215	Tyerman, Kayleigh	4:53.09	Auburn Indoor Invitational	Jan 19, 2013
653	Dunn, Jennifer	5:03.81	Auburn Indoor Invitational	Jan 19, 2013

3000 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
13	Winslow, Amanda	9:08.13	ACC Championships	Feb 21, 2013
24	Quigley, Colleen	9:13.79	ACC Championships	Feb 21, 2013
26	Parry, Jessica	9:15.97	UW Husky Classic	Feb 8, 2013
72	Tyerman, Kayleigh	9:28.44	ACC Championships	Feb 21, 2013
164	Peel, Georgia	9:41.04	ACC Championships	Feb 21, 2013
635	Dunn, Jennifer	10:06.86	ACC Championships	Feb 21, 2013

5000 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
37	Tyerman, Kayleigh	16:12.17	UW Husky Classic	Feb 8, 2013
140	Dunn, Jennifer	16:49.48	UW Husky Classic	Feb 8, 2013

60 Hurdles

RANK	ATHLETE	TIME	MEET	MEET DATE
20	Zagre, Anne	8.21	ACC Championships	Feb 21, 2013
165	Brits, Maryke	8.62	ACC Championships	Feb 21, 2013
392	Gray, Desmonae	8.87	Auburn Indoor Invitational	Jan 19, 2013
609	Sadieko, Grete	9.06	Auburn Indoor Invitational	Jan 19, 2013
693	Marcinkiewicz, Ewa	9.13	Razorback Invitational	Jan 25, 2013
753	Martinez, Alejandra	9.18	Razorback Invitational	Jan 25, 2013

4 x 400 Relay

RANK	TIME	MEET	MEET DATE
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RANK	TIME	MEET	MEET DATE
37	3:40.07	ACC Championships	Feb 21, 2013

Distance Medley Relay

RANK	TIME	MEET	MEET DATE
3	10:57.41	ACC Championships	Feb 21, 2013

High Jump

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
549	Drilling, Stacey	1.62m	5' 3.75"	Auburn Indoor Invitational	Jan 19, 2013
1375	Marcinkiewicz, Ewa	1.50m	4' 11"	Razorback Invitational	Jan 25, 2013
1375	Martinez, Alejandra	1.50m	4' 11"	Razorback Invitational	Jan 25, 2013

Pole Vault

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
108	Acton, Hannah	3.87m	12' 8.25"	Razorback Invitational	Jan 25, 2013
209	Jackson, Karly	3.70m	12' 1.5"	Tyson Invitational	Feb 8, 2013
400	Harwig, Anne	3.50m	11' 5.75"	Samford Multi and Invitational Indoor Track & Field Meet	Feb 8, 2013

Long Jump

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
50	Brits, Maryke	6.10m	20' 0.25"	ACC Championships	Feb 21, 2013

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
99	Freeman, Der'Renae	5.94m	19' 6"	ACC Championships	Feb 21, 2013
407	Chandler, Sarah	5.58m	18' 3.75"	ACC Championships	Feb 21, 2013
745	Marcinkiewicz, Ewa	5.37m	17' 7.5"	ACC Championships	Feb 21, 2013
1823	Martinez, Alejandra	4.90m	16' 1"	Razorback Invitational	Jan 25, 2013

Triple Jump

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
84	Marcinkiewicz, Ewa	12.33m	40' 5.5"	ACC Championships	Feb 21, 2013
118	Gray, Desmonae	12.20m	40' 0.5"	Crimson Tide Indoor Opener	Jan 12, 2013
297	Ileso, Izehi	11.68m	38' 4"	Tyson Invitational	Feb 8, 2013

Shot Put

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
50	Whalen, Chelsea	15.75m	51' 8.25"	ACC Championships	Feb 21, 2013
180	Johnson, Lakitta	14.26m	46' 9.5"	Crimson Tide Indoor Opener	Jan 12, 2013
424	Reiman, Victoria	13.08m	42' 11"	Crimson Tide Indoor Opener	Jan 12, 2013
1590	Sadieko, Grete	10.48m	34' 4.75"	Auburn Indoor Invitational	Jan 19, 2013
2463	Marcinkiewicz, Ewa	8.98m	29' 5.5"	ACC Championships	Feb 21, 2013

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
2474	Martinez, Alejandra	8.96m	29' 4.75"	Razorback Invitational	Jan 25, 2013

Weight Throw

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
68	Cherry-Bronson, Briana	19.06m	62' 6.5"	Auburn Indoor Invitational	Jan 19, 2013
153	Johnson, Lakitta	17.95m	58' 10.75"	ACC Championships	Feb 21, 2013

Pentathlon

RANK	ATHLETE	POINTS	MEET	MEET DATE
191	Marcinkiewicz, Ewa	3405	ACC Championships	Feb 21, 2013
389	Martinez, Alejandra	3117	Razorback Invitational	Jan 25, 2013



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Note: This is a list of top performances in all events. No conversions are applied. Wind-aided marks are excluded.

100 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
91	Pemberton, Marecia	11.64	FSU Seminole Invitational	Apr 12, 2013
274	Zagre, Anne	11.92	ACC Outdoor Track & Field Championships	Apr 18, 2013
444	Smith, Bianca	12.08	FSU Twilight	May 3, 2013
480	Freeman, Der'Renae	12.11	Florida Relays (College/Open)	Apr 4, 2013

200 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
203	Zagre, Anne	24.09	FSU Twilight	May 3, 2013
347	Pemberton, Marecia	24.41	FSU Seminole Invitational	Apr 12, 2013
385	Ichite, Elizabeth	24.48	FSU Twilight	May 3, 2013
475	Smith, Bianca	24.63	FSU Seminole Invitational	Apr 12, 2013
2061	Martinez, Alejandra	26.24	FSU Relays	Mar 22, 2013

400 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
48	Ichite, Elizabeth	53.07	ACC Outdoor Track & Field Championships	Apr 18, 2013
75	Watson, Sage	53.54	FSU Seminole Invitational	Apr 12, 2013
966	Chandler, Sarah	58.00	FSU Seminole Invitational	Apr 12, 2013

800 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
137	Winslow, Amanda	2:08.61	Virginia Challenge	May 10, 2013
171	Hall, Linden	2:09.28	Virginia Challenge	May 10, 2013
335	Peel, Georgia	2:11.69	Virginia Challenge	May 10, 2013
493	Concepcion, Natalie	2:13.24	ACC Outdoor Track & Field Championships	Apr 18, 2013

1500 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
4	Winslow, Amanda	4:10.79	Payton Jordan Invitational	Apr 28, 2013
15	Peel, Georgia	4:14.40	FSU Seminole Invitational	Apr 12, 2013
24	Quigley, Colleen	4:15.05	Virginia Challenge	May 10, 2013
27	Hall, Linden	4:15.51	NCAA Division I National Championships	Jun 5, 2013
101	Tyerman, Kayleigh	4:22.58	Virginia Challenge	May 10, 2013
447	Woodruff, Chelsi	4:33.29	FSU Relays	Mar 22, 2013

RANK	ATHLETE	TIME	MEET	MEET DATE
580	Concepcion, Natalie	4:35.38	FSU Relays	Mar 22, 2013
662	Butler, Jessica	4:36.59	FSU Seminole Invitational	Apr 12, 2013
1554	McMeekin , Katherine	4:48.08	FSU Seminole Invitational	Apr 12, 2013
1773	Thomas, Carly	4:50.33	FSU Twilight	May 3, 2013
1885	Cosgrove, Kailand	4:51.33	FSU Relays	Mar 22, 2013
2199	Aldridge, Alicia	4:54.24	FSU Seminole Invitational	Apr 12, 2013
2656	Griggs, Christine	4:58.25	FSU Relays	Mar 22, 2013
3281	Brodie, Chantelle	5:03.57	FSU Relays	Mar 22, 2013
4095	Midgett, Alexandra	5:11.77	FSU Relays	Mar 22, 2013

3000 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
6	Tyerman, Kayleigh	9:25.02	FSU Seminole Invitational	Apr 12, 2013
145	Dunn, Jennifer	9:58.58	FSU Seminole Invitational	Apr 12, 2013
426	Thomas, Carly	10:24.23	FSU Seminole Invitational	Apr 12, 2013

5000 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
13	Tyerman, Kayleigh	15:49.07	Payton Jordan Invitational	Apr 28, 2013

RANK	ATHLETE	TIME	MEET	MEET DATE
22	Winslow, Amanda	15:54.66	ACC Outdoor Track & Field Championships	Apr 18, 2013
28	Quigley, Colleen	15:58.90	ACC Outdoor Track & Field Championships	Apr 18, 2013
114	Peel, Georgia	16:26.09	Florida Relays (College/Open)	Apr 4, 2013
315	Dunn, Jennifer	16:56.17	Florida Relays (College/Open)	Apr 4, 2013
553	Thomas, Carly	17:23.57	Florida Relays (College/Open)	Apr 4, 2013
1312	Kelly, Kaitlyn	18:14.88	FSU Relays	Mar 22, 2013
1464	Ristow, Teresa	18:21.94	FSU Relays	Mar 22, 2013
1769	Salimone, Shelby	18:36.77	FSU Seminole Invitational	Apr 12, 2013
1849	Charlassier, Erica	18:40.02	FSU Seminole Invitational	Apr 12, 2013
2187	Swopes , Jensen	18:54.52	FSU Seminole Invitational	Apr 12, 2013
3367	Pagan, Allyson	20:02.89	FSU Relays	Mar 22, 2013
3467	Bartlett, Hollis	20:10.90	FSU Relays	Mar 22, 2013
3470	Atkinson, Cora	20:11.21	FSU Seminole Invitational	Apr 12, 2013
3783	Hibbard, Mollie	20:37.55	FSU Relays	Mar 22, 2013
3799	Slomins, Dana	20:38.65	FSU Relays	Mar 22, 2013
4181	McCloskey, Maggie	21:31.66	FSU Seminole Invitational	Apr 12, 2013
4324	Pulido , Ariadna	22:03.02	FSU Seminole Invitational	Apr 12, 2013

10,000 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
12	Tyerman, Kayleigh	33:20.74	NCAA Division I East Preliminary Round	May 23, 2013
112	Dunn, Jennifer	35:03.72	Virginia Challenge	May 10, 2013
287	Thomas, Carly	36:29.71	ACC Outdoor Track & Field Championships	Apr 18, 2013

100 Hurdles

RANK	ATHLETE	TIME	MEET	MEET DATE
12	Zagre, Anne	13.01	NCAA Division I National Championships	Jun 5, 2013
215	Brits, Maryke	14.07	Bulls Invitational	Mar 14, 2013
521	Sadieko, Grete	14.63	Florida Relays (College/Open)	Apr 4, 2013
849	Martinez, Alejandra	15.21	FSU Twilight	May 3, 2013

400 Hurdles

RANK	ATHLETE	TIME	MEET	MEET DATE
28	Watson, Sage	58.20	Florida Relays (College/Open)	Apr 4, 2013
164	Chandler, Sarah	1:00.73	ACC Outdoor Track & Field Championships	Apr 18, 2013
217	Ariol, Marsha	1:01.33	ACC Outdoor Track & Field Championships	Apr 18, 2013
471	Marcinkiewicz, Ewa	1:03.61	ACC Outdoor Track & Field Championships	Apr 18, 2013

3000 Steeplechase

RANK	ATHLETE	TIME	MEET	MEET DATE
2	Quigley, Colleen	9:38.23	NCAA Division I National Championships	Jun 5, 2013

4 x 100 Relay

RANK	TIME	MEET	MEET DATE
88	45.60	ACC Outdoor Track & Field Championships	Apr 18, 2013

4 x 400 Relay

RANK	TIME	MEET	MEET DATE
43	3:38.42	FSU Seminole Invitational	Apr 12, 2013

High Jump

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
521	Drilling, Stacey	1.63m	5' 4.25"	FSU Relays	Mar 22, 2013
521	Sadieko, Grete	1.63m	5' 4.25"	Bulls Invitational	Mar 14, 2013
689	Acton, Hannah	1.60m	5' 3"	UNF Spring Break Invitational	Mar 1, 2013
1773	Martinez, Alejandra	1.45m	4' 9"	UNF Spring Break Invitational	Mar 1, 2013

Pole Vault

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
69	Acton, Hannah	4.00m	13' 1.5"	NCAA Division I East Preliminary Round	May 23, 2013
203	Jackson, Karly	3.75m	12' 3.5"	ACC Outdoor Track & Field Championships	Apr 18, 2013
492	Harwig, Anne	3.45m	11' 3.75"	FSU Seminole Invitational	Apr 12, 2013

Long Jump

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
51	Brits, Maryke	6.13m	20' 1.5"	ACC Outdoor Track & Field Championships	Apr 18, 2013
88	Freeman, Der'Renae	6.04m	19' 9.75"	FSU Seminole Invitational	Apr 12, 2013
846	Ileso, Izehi	5.36m	17' 7"	FSU Relays	Mar 22, 2013
908	Sadieko, Grete	5.33m	17' 6"	FSU Relays	Mar 22, 2013
1203	Chandler, Sarah	5.19m	17' 0.5"	Bulls Invitational	Mar 14, 2013
1611	Martinez, Alejandra	5.02m	16' 5.75"	FSU Relays	Mar 22, 2013

Triple Jump

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
82	Ileso, Izehi	12.52m	41' 1"	ACC Outdoor Track & Field Championships	Apr 18, 2013
477	Marcinkiewicz, Ewa	11.43m	37' 6"	ACC Outdoor Track & Field Championships	Apr 18, 2013
947	Sewell, Michelle	10.60m	34' 9.5"	FSU Seminole Invitational	Apr 12, 2013

Shot Put

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
30	Whalen, Chelsea	16.45m	53' 11.75"	Georgia Tech Invitational	May 10, 2013
99	Knibb, Kellion	15.10m	49' 6.5"	FSU Seminole Invitational	Apr 12, 2013

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
109	Johnson, Lakitta	14.99m	49' 2.25"	ACC Outdoor Track & Field Championships	Apr 18, 2013
1281	Sadieko, Grete	11.10m	36' 5"	UNF Spring Break Invitational	Mar 1, 2013
1669	Martinez, Alejandra	10.44m	34' 3"	FSU Twilight	May 3, 2013

Discus

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
8	Knibb, Kellion	55.68m	182' 8"	Georgia Tech Invitational	May 10, 2013
499	Linder, Brittany	41.86m	137' 4"	Bulls Invitational	Mar 14, 2013
934	Campbell, BreeAnne	37.24m	122' 2"	FSU Seminole Invitational	Apr 12, 2013

Hammer

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
210	Cherry-Bronson, Briana	52.77m	173' 1"	Florida Relays (College/Open)	Apr 4, 2013

Javelin

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
24	Whalen, Chelsea	49.40m	162' 1"	NCAA Division I East Preliminary Round	May 23, 2013
188	Sadieko, Grete	42.83m	140' 6"	FSU Relays	Mar 22, 2013
199	Alvarez, Stacey	42.54m	139' 7"	Georgia Tech Invitational	May 10, 2013

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
2777	Martinez, Alejandra	18.90m	62' 0"	FSU Seminole Invitational	Apr 12, 2013

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